Fédération Française du Sport Adapté

Règlements sportifs

PARA NATATION ADAPTÉE

Règlements applicables 2025-2029
Mise à jour en décembre 2025

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Règlement Para Natation Adaptée

La Para Natation Adaptée est une discipline sportive qui se pratique en milieu aquatique.
Lors des épreuves, les sportifs, s'élancent au signal sonore pour parcourir une distance définie sans interruption. L'exécution de la nage est soumise à des contraintes réglementaires qui définissent les modalités de déplacement autorisées.
Le vainqueur de l'épreuve est le sportif qui réalise la distance annoncée plus rapidement que ses adversaires, tout en respectant l'ensemble des règles de la compétition.

Le but du règlement

Les règlements fixent les règles précises du déroulement des rencontres compétitives, organisées sous l'égide de la Fédération Française du Sport Adapté (FFSA). Le présent règlement doit être appliqué lors de chaque compétition du Sport Adapté en Para Natation Adaptée. La finalité de cette codification est de permettre la meilleure expression sportive de tout nageur, en fonction de ses capacités, dans des conditions garantissant sa sécurité.

Les règlements de références sont les règlements sportifs généraux de la FFSA

1. L'accès à la compétition

Conformément aux statuts et au règlement intérieur de la Fédération Française du Sport Adapté, tous les pratiquants, encadrants, officiels et dirigeants doivent être titulaires d'une licence pour la saison en cours pour participer ou organiser une épreuve, un entrainement, une activité proposée sous l'égide de la FFSA. (Règlements sportifs généraux 2025/2029 art 1.C.2. Licences)

Toute personne non licenciée sera considérée comme spectatrice.

Pour accéder à la compétition, les sportifs licenciés FFSA sont classés par le biais de tests en référence aux quatre domaines de compétences, dans des « classes » homogènes AB, BC, CD et DE et doivent réussir un des tests sécuritaires suivant :

L'« Explora'Nage » ou « Savoir Nager en Sécurité » pour les nageurs de la classe AB.
Le « Sauv'Nage » ou « Savoir Nager en Sécurité » pour les nageurs de classes BC,CD et DE.
Ces tests seront mis en place sous l'autorité d'une Ligue Sport Adapté. Ils pourront évoluer en fonction du niveau et du bilan observé à la fin de la première année d'olympiade. Les tests Explora'Nage et Sauv'Nage sont mis en œuvre sous la responsabilité d'un évaluateur certifié par la Fédération Française du Sport Adapté et à jour de sa licence.

Les organisateurs peuvent être :

- Une Ligue Sport Adapté.
- Un Comité Départemental Sport Adapté.
- Une structure affiliée à la Fédération Française du Sport Adapté.

Suite à la réussite du test « Sauv'Nage », « Explora'Nage » ou « Savoir Nager en Sécurité », la Ligue Sport Adapté transmettra un document attestant de la réussite au test à ciaa.ffsa@gmail.com

1.1 L'Explora' Nage

PARCOURS EXPLORA'NAGE, Le test se déroule en une seule séquence dans un bassin où le nageur n'a pas pied (grande profondeur)			
TACHES	**OBJECTIFS VISES**	**COMPETENCES** **Être capable de...**	**CRITERES DE REUSSITE**
1	**Enchaînement entrée dans l'eau et immersion :** Réaliser une entrée dans l'eau simple avec impulsion, une immersion totale et une remontée en surface.	Sauter du bord, Se laisser remonter.	Existence d'une impulsion, d'une immersion totale et d'une remontée verticale.
2	**Enchaînement déplacement ventral et immersion :** Enchaîner un déplacement en surface et en immersion.	Nager (12,5 m) Passer sous un obstacle (ex : lignes d'eau).	Déplacement sur le ventre, pas de passage à la verticale.
3	**Coulée dorsale :** Réaliser un changement d'orientation en immersion.	Ressortir de l'immersion en position dorsale.	Changement d'orientation horizontale.
4	**Déplacement dorsal :** Réaliser une propulsion dorsale.	Nager sur le dos (12,5m) pour terminer le parcours.	Déplacement sans temps d'arrêt en conservant la position dorsale.

1.2 Le Sauv'Nage

PARCOURS SAUV'NAGE, Le test se déroule en une seule séquence dans un bassin où le nageur n'a pas pied (grande profondeur) et sans lunettes.		
OBJECTIFS VISES	**COMPETENCES "ETRE CAPABLE DE..."**	**CRITERES DE REUSSITE**
1 - Entrée dans l'eau et immersion	Sauter dans l'eau et se laisser remonter passivement	Impulsion Immersion totale Remontée sans propulsion
2 – Flottaison ventrale	S'immobiliser en position ventrale (étoile de mer) pendant 5 secondes	Equilibre ventral maintenu en surface 5 secondes Epaules et bassin en surface
3 - Immersion orientée	Nager jusqu'à un cerceau posé sur l'eau et y rentrer	A réaliser sans prendre appui sur le cerceau
4 – Equilibre vertical	Rester en position verticale pendant 5secondes à l'intérieur du cerceau	Tête émergée, oreilles et bouche hors de l'eau Tenir 5 secondes
5 - Déplacement ventral et immersion	Alterner sur une distance de 15 à 20 mètres, un déplacement ventral et le passage sous des obstacles (3 à 4) disposés le long du parcours.	Déplacement sur le ventre Sortie du visage entre chaque obstacle
6-Flottaison dorsale	S'immobiliser pendant 5 secondes sur le dos.	Equilibre dorsal maintenu 5 secondes. Epaules et bassin en surface.
7 - Déplacement dorsal	Réaliser une propulsion dorsale. Nager sur le dos entre 15 et 20 mètres. La référence aux nages codifiées n'est pas obligatoire.	Déplacement sans temps d'arrêt en conservant la position dorsale.
8- Exploration de la profondeur	Aller chercher un objet à environ 1,80 m de profondeur et le remonter à la surface. L'enfant concrétise sa réussite en montrant l'objet à la surface. Il peut alors relâcher l'objet et terminer son parcours sur le dos et regagner le bord du bassin en bout de ligne d'eau.	Remonter l'objet. Le montrer au-dessus de la surface.

1.3 Savoir Nager en Sécurité

Le test se déroule en une seule séquence dans un bassin où le nageur n'a pas pied (grande profondeur) et sans lunettes.

Étape	Action Demandée	Critères de Réussite
1. Entrée dans l'eau	À partir du bord de la piscine, entrer dans l'eau en chute arrière.	L'entrée doit être maîtrisée.
2. Déplacement initial	Se déplacer sur une distance de 3,5 mètres en direction d'un obstacle.	Déplacement libre.
3. Franchissement	Franchir en immersion complète l'obstacle (ex: ligne d'eau) sur une distance de 1,5 mètre.	Immersion totale du corps sans toucher l'obstacle ou le fond.
4. Nage ventrale	Se déplacer sur le ventre sur une distance de 20 mètres.	Déplacement libre (sans nage codifiée exigée).
5. Surplace ventral	Au signal sonore (pendant la nage ventrale), réaliser un surplace vertical pendant 15 secondes.	Ne pas toucher le fond ou le mur. Tête émergée pendant 15 secondes. Reprendre le déplacement ensuite.
6. Demi-tour et dos	Faire demi-tour sans reprise d'appuis (ni au bord, ni au fond) et passer d'une position ventrale à une position dorsale.	Changement de position maîtrisé.
7. Nage dorsale	Se déplacer sur le dos sur une distance de 20 mètres.	Déplacement libre (sans nage codifiée exigée), en maintenant la position dorsale.
8. Surplace dorsal	Au signal sonore (pendant la nage dorsale), réaliser un surplace en position horizontale dorsale pendant 15 secondes.	Maintenir la flottaison dorsale sans appui pendant 15 secondes. Reprendre le déplacement ensuite.
9. Retour à l'immersion	Se retourner sur le ventre pour franchir à nouveau l'obstacle en immersion complète.	Immersion totale sans toucher l'obstacle ou le fond.
10. Retour au départ	Se déplacer sur le ventre pour revenir au point de départ.	Déplacement libre.
11. Ancrage sécurisé	S'ancrer de manière sécurisée sur un élément fixe et stable (bord du bassin, échelle, etc.).	S'accrocher fermement.

2. Les codifications des nages

2.1 NAGE LIBRE (VIRTUS)

Le nageur peut nager le style de nage qu'il souhaite.

Une partie quelconque du corps du nageur doit toucher le mur à la fin de chaque longueur et ne doit pas être immergé à l'arrivée.

Une partie quelconque du corps du nageur doit couper la surface de l'eau pendant toute la course à l'exception des virages et sur une distance de 15 mètres au plus (à la tête) après le départ et chaque virage.

Lors du virage et à l'arrivée, une partie quelconque du corps du nageur doit toucher le mur.

2.2 STYLE CRAWL

En Style Crawl, le nageur doit nager en position ventrale.

La position normale sur le ventre peut inclure un mouvement de roulis du corps inférieur à 90 degrés par rapport à l'horizontale. La position de la tête est indifférente.

A chaque cycle, les bras doivent être amenés en avant des épaules, alternativement, au-dessus de la surface de l'eau et ramenés en arrière des épaules, alternativement, au-dessous de la surface de l'eau.

La position des jambes est indifférente.

Lors du virage et à l'arrivée, une partie quelconque du corps du nageur doit toucher le mur.

2.3 ALTERNE

En Alterné, en position ventrale ou dorsale (la position peut changer pendant l'épreuve), à chaque cycle, les bras du nageur doivent être amenés en avant des épaules, alternativement, au-dessus de la surface de l'eau et ramenés en arrière des épaules, alternativement, au-dessous de la surface de l'eau.

Lors du virage et à l'arrivée, une partie quelconque du corps du nageur doit toucher le mur.

2.4 DOS (VIRTUS)

Au signal de départ et après le virage, le nageur doit se repousser du mur et nager sur le dos pendant toute la course.

La position normale sur le dos peut inclure un mouvement de roulis du corps inférieur à 90 degrés par rapport à l'horizontale. La position de la tête est indifférente.

Une partie quelconque du corps du nageur doit couper la surface de l'eau pendant toute la course. Il est permis que le nageur soit complètement immergé pendant le virage et sur une distance de 15 mètres au plus (à la tête) après le départ et chaque virage.

Lors du virage, une partie quelconque du corps du nageur doit toucher le mur. Pendant le virage, les épaules peuvent être tournées au-delà de la verticale de la poitrine, après quoi une seule traction continue du bras ou une traction simultanée des deux bras peut être faite pour amorcer le virage. Le nageur doit être retourné à une position sur le dos lorsqu'il quitte le mur.

A l'arrivée de la course, le nageur doit toucher le mur en étant sur le dos en restant dans son couloir.

2.5 STYLE DOS

Au signal de départ et après le virage, le nageur doit se repousser du mur et nager sur le dos pendant toute la course.

La position normale sur le dos peut inclure un mouvement de roulis du corps inférieur à 90 degrés par rapport à l'horizontale. La position de la tête est indifférente.

Une partie quelconque du corps du nageur doit couper la surface de l'eau pendant toute la course. Il est permis que le nageur soit complètement immergé pendant le virage, à l'arrivée et sur une distance de 15 mètres au plus (à la tête) après le départ et chaque virage.

Lors du virage, il faut qu'une partie quelconque du corps du nageur touche le mur. Pendant le virage, les épaules peuvent être tournées au-delà de la verticale de la poitrine, après quoi une seule traction continue du bras ou une traction simultanée des deux bras peut être faite pour amorcer le virage. Le nageur doit être revenu à une position sur le dos lorsqu'il quitte le mur.

A l'arrivée de la course, le nageur doit toucher le mur, peu importe sa position, sans propulsion ventrale.

2.6 NAGE DORSALE (Epreuve uniquement Ligue, départementale ou meeting)

Au signal de départ et après le virage, le nageur doit se repousser du mur et nager sur le dos lors de la première traction de bras.

La position normale sur le dos peut inclure un mouvement de roulis du corps inférieur à 90 degrés par rapport à l'horizontale. La position de la tête est indifférente.

Une partie quelconque du corps du nageur doit couper la surface de l'eau pendant toute la course. Il est permis que le nageur soit complètement immergé pendant le virage, à l'arrivée.

Lors du virage, une partie quelconque du corps du nageur doit toucher le mur. Le nageur doit être revenu à une position sur le dos lors de la première traction de bras.

Aux virages et à l'arrivée de la course, le nageur doit toucher le mur, peu importe sa position, sans propulsion ventrale.

2.7 SIMULTANE (Epreuve uniquement Ligue, départementale ou meeting)

En Simultané, un cycle de bras est défini de la façon suivante : les deux bras doivent être amenés en avant des épaules en même temps (en dessous ou au-dessus de l'eau), puis les deux bras doivent être ramenés vers l'arrière sous la surface de l'eau, en deçà ou au-delà de la ligne d'épaule, en même temps. La position du corps est ventrale ou dorsale.

A chaque virage et à l'arrivée de la course, le contact avec le mur doit se faire avec les deux mains simultanément.

2.8 BRASSE (VIRTUS)

Après le départ et après chaque virage, le nageur peut faire un mouvement de bras se prolongeant jusqu'aux jambes pendant lequel le nageur peut être submergé. Un seul mouvement vertical simultané des jambes est autorisé avant le premier mouvement de jambes.

A partir du début de la première traction de bras après le départ et après chaque virage, le corps doit rester en position ventrale. Dès le départ et tout au long de la course, le cycle des mouvements doit comporter un mouvement de bras et un mouvement de jambes dans cet ordre. Tous les mouvements des bras doivent être simultanés et dans le même plan horizontal sans mouvement alterné. Les mains doivent être poussées ensemble en avant à partir de la poitrine, au-dessous, au niveau ou au-dessus de l'eau. Les coudes doivent être sous la surface de l'eau, sauf avant le virage, pendant le virage, et pour la traction finale à l'arrivée. Les mains doivent être ramenées en arrière sur ou sous la surface de l'eau. Les mains ne doivent pas être ramenées au-delà de la ligne des hanches, sauf pendant la première traction après le départ et chaque virage.

Pendant chaque cycle complet, une partie quelconque de la tête du nageur doit couper la surface de l'eau. La tête doit couper la surface de l'eau avant que les mains ne se tournent vers l'intérieur au moment de la phase la plus large de la seconde traction. Tous les mouvements des jambes doivent être simultanés et dans le même plan horizontal sans mouvement alterné.

Les pieds doivent être tournés vers l'extérieur pendant la phase propulsive du mouvement de jambes. Couper la surface de l'eau avec ses pieds est autorisé si cela n'est pas suivi d'un mouvement vertical simultané vers le bas avec une intention de propulsion.

A chaque virage et à l'arrivée de la course, le contact avec le mur doit se faire avec les deux mains séparées simultanément.

2.9 STYLE BRASSE

En « Style-Brasse », le nageur doit garder la position ventrale tout au long de la course. Un cycle de bras est défini de la façon suivante : les deux bras doivent être amenés en avant des épaules en même temps, puis les deux bras doivent être ramenés vers l'arrière sous la surface de l'eau, en deçà ou au-delà de la ligne d'épaule, en même temps. Tous les mouvements des bras doivent être simultanés sans mouvement alterné. Pendant chaque cycle complet, une partie quelconque de la tête du nageur doit couper la surface de l'eau. Les mouvements des jambes sont libres.

A chaque virage et à l'arrivée de la course, le contact avec le mur doit se faire avec les deux mains simultanément.

2.10 PAPILLON (VIRTUS)

A partir du début de la première traction de bras après le départ et après chaque virage, le corps doit rester en position ventrale.

Les deux bras doivent être amenés en avant des épaules, simultanément au-dessus de la surface de l'eau et ramenés en arrière des épaules sous la surface de l'eau en même temps tout au long de la course.

Tous les mouvements des pieds doivent être verticaux et simultanés. Les jambes ou les pieds ne doivent pas être nécessairement au même niveau, ils ne doivent pas être orientés vers l'extérieur.

A chaque virage et à l'arrivée de la course, le contact avec le mur doit se faire avec les deux mains séparées simultanément.

Au départ et aux virages, le nageur est autorisé à faire un ou plusieurs mouvements de jambes et une traction de bras sous l'eau, ce qui doit lui permettre d'atteindre la surface. Il est permis au nageur d'être complètement immergé sur une distance de 15 mètres au plus (à la tête).

2.11 STYLE PAPILLON

A partir du début de la première traction de bras après le départ et après chaque virage, le corps doit rester en position ventrale.

Les deux bras doivent être amenés en avant des épaules, ensemble au-dessus de la surface de l'eau et ramenés en arrière des épaules en même temps tout au long de la course.

Tous les mouvements des pieds et des jambes sont indifférents.

A chaque virage et à l'arrivée de la course, le contact avec le mur doit se faire avec les deux mains simultanément.

Au départ et aux virages, le nageur est autorisé à faire un ou plusieurs mouvements de jambes et une traction de bras sous l'eau, ce qui doit lui permettre d'atteindre la surface. Il est permis au nageur d'être complètement immergé sur une distance de 15 mètres au plus (à la tête).

2.12 QUATRE NAGES (VIRTUS)

Dans les épreuves de Quatre-Nages individuelles, le nageur effectue les quatre nages dans l'ordre suivant : Papillon, Dos, Brasse et Nage Libre (nage différente des trois premières). Chaque nage doit couvrir un quart (1/4) de la distance.

Dans les épreuves de Relais Quatre-Nages, les nageurs effectueront les quatre nages dans l'ordre suivant : Dos, Brasse, Papillon et Nage Libre (nage différente des trois premières). Il y a quatre nageurs dans chaque équipe de relais.

Chaque partie s'achève conformément à la règle qui s'applique à la nage concernée.

2.13 COMBINE

Dans les épreuves de Combiné individuelles, le nageur effectue quatre nages dans l'ordre suivant : Papillon, Dos, Style-Brasse et Nage Libre (nage différente des trois premières). Chaque nage doit couvrir un quart (1/4) de la distance.

Dans les épreuves de Relais Combiné, les nageurs effectueront quatre nages dans l'ordre suivant : Dos, Style- Brasse, Papillon et Nage Libre (nage différente des trois premières). Il y a quatre nageurs dans chaque équipe de relais.

Chaque partie s'achève conformément à la règle qui s'applique à la nage concernée.

2.14 STYLE CRAWL/DOS

En Style Crawl/dos. La première moitié doit se nager en style crawl et la seconde moitié en dos.

La position normale sur le ventre peut inclure un mouvement de roulis du corps inférieur à 90 degrés par rapport à l'horizontale. La position de la tête est indifférente.

A chaque cycle, les bras doivent être amenés en avant des épaules, alternativement, au-dessus de la surface de l'eau et ramenés en arrière des épaules, alternativement, au-dessous de la surface de l'eau.

La position des jambes est indifférente.

En Dos, le nageur doit nager en position dorsale. La position normale sur le dos peut inclure un mouvement de roulis du corps inférieur à 90 degrés par rapport à l'horizontale. La position de la tête est indifférente.

Lors du virage style Crawl-style Crawl, une partie quelconque du corps du nageur doit toucher le mur.

Lors du virage Dos-Dos, il faut qu'une partie quelconque du corps du nageur touche le mur. Pendant le virage, les épaules peuvent être tournées au-delà de la verticale de la poitrine, après quoi une seule traction continue du bras ou une traction simultanée des deux bras peut être faite pour amorcer le virage. Le nageur doit être retourné à une position sur le dos lorsqu'il quitte le mur.

Lors du virage style Crawl-Dos, une partie quelconque du corps du nageur doit toucher le mur à la fin de chaque longueur et à l'arrivée sur le ventre. Le nageur doit quitter le mur en position dorsale.

Une partie quelconque du corps du nageur doit couper la surface de l'eau pendant toute la course. Il est permis que le nageur soit complètement immergé pendant le virage, à l'arrivée et sur une distance de 15 mètres au plus (à la tête) après le départ et chaque virage. A l'arrivée de la course, le nageur doit toucher le mur en étant sur le dos dans son couloir.

2.15 6 MINUTES NAGES-HYBRIDES

Le parcours doit être nagé en utilisant trois nages différentes parmi :

- La nage ventrale bras alternés,
- La nage ventrale bras simultanés,
- La nage dorsale bras alternés
- La nage dorsale bras simultanés.

Les deux premières nages sont parcourues sur une distance de 50 mètres chacune. La troisième nage est parcourue sur une distance minimum de 100 mètres et au-delà jusqu'à 6 minutes.

Une partie quelconque du corps du nageur doit toucher le mur à la fin de chaque longueur et à l'arrivée.

2.16 LES RELAIS

Lors des relais le premier relayeur doit prendre le départ avec le même process que celui de sa classe. Attention, lors des épreuves relais 4 nages ou relais combiné, le premier relayeur doit prendre le départ avec le même process que le départ dos de sa classe.

Dans les épreuves de relais, l'équipe sera disqualifiée si :

- Un des nageurs ne respecte pas la codification de la nage
- Un des nageurs ne couvre pas la distance de l'épreuve
- Si lors de la prise de relais un des nageurs coure ou rebondit sur le plot.
- Lors de la prise de relais, les pieds du nageur entrant dans l'eau ont perdu le contact avec le plot de départ avant que le coéquipier précédant ne touche le mur. Si un équipement de chronométrage est utilisé dans une compétition et que les plots sont équipés de détection de départ, les prises de relais jugées par un tel équipement doivent prévaloir sur le « arbitre » et le « starter ». Le contrôle incombe au responsable informatique (s'il y en a un) ou au deuxième « arbitre » (s'il y a un). La tolérance ou non dépend de l'équipement :
    - -0,03 centièmes pour Oméga. Un départ mesuré à -0,03 est correct ; à partir de -0,04 le relais est disqualifié.
    - Pas de tolérance pour les autres équipements (Stramatel, Seiko, Colorado Time System…) ; à partir de -0,01 inclus le relais est disqualifié.
- Un ou plusieurs membres de l'équipe sautent dans l'eau lorsque la course est en cours, avant que tous les nageurs de toutes les équipes n'aient fini la course.

Les membres d'une équipe de relais et leur ordre de départ doivent être précisés avant la course. Des remplacements ne peuvent avoir lieu que par suite d'une urgence médicale attestée.

3. Les acteurs

Conformément aux statuts et au règlement intérieur de la Fédération Française du Sport Adapté, tous les pratiquants, encadrants, officiels et dirigeants doivent être titulaires d'une licence pour la saison en cours pour participer ou organiser une épreuve, un entrainement, une activité proposée sous l'égide de la FFSA. (Règlements sportifs généraux 2025/2029 art 1.C.2. Licences)

3.1 Les nageurs

Conformément aux règlements sportifs généraux 2025/2029 les sportifs doivent être éligible à la FFSA (art 1. C.1. Eligibilité).

3.1.1 Les catégories d'âges (règlements sportifs généraux 2025/2029 art 3.B.4. Catégories)

Les différentes catégories d'âge en Sport Adapté sont les suivantes :

Catégorie	**Ages** À titre indicatif, se référer aux années d'âge par saison	**Année de naissance Saison 2025/2026**	**Année de naissance Saison 2026/2027**	**Année de naissance Saison 2027/2028**	**Année de naissance Saison 2028/2029**
Vétéran	A partir de la 41ème année	1985 et moins	1986 et moins	1987 et moins	1988 et moins
Adulte	A partir de la 22ème année	2004 et moins	2005 et moins	2006 et moins	2007 et moins
U21	19, 20, 21 ans. Pas de sur classement à demander pour cette catégorie pour aller en "adulte"	2007 à 2005	2008 à 2006	2009 à 2007	2010 à 2008
U18	17, 18 ans	2008, 2009	2009, 2010	2010, 2011	2011, 2012
U16	15, 16 ans	2010, 2011	2011, 2012	2012, 2013	2013, 2014
U14	13, 14 ans	2012, 2013	2013, 2014	2014, 2015	2015, 2016
U12	11, 12 ans	2014, 2015	2015, 2016	2016, 2017	2017, 2018
U10	8, 9, 10 ans	2016, 2017, 2018	2017,2018, 2019	2018, 2019, 2020	2019, 2020, 2021

3.1.2 Sur-classement (règlements sportifs généraux 2025/2029 art 3.B.4.2)

Un sur-classement est possible dans la catégorie d'âge immédiatement supérieure, sur présentation d'un certificat médical délivré par un médecin.

Un double sur-classement peut être demandé pour un projet sportif justifié, sur présentation d'un certificat médical délivré par un médecin du sport.

3.1.3 Classifications (règlements sportifs généraux 2025/2029 art 3.B.2.1)

Il existe 4 classes d'entrée en compétition pour les sportifs de la FFSA. Elles se distinguent par des compétences variables dans les domaines de l'autonomie, la socialisation, la communication et la motricité. Il en découle des hypothèses de capacités des sportifs.

Le sportif de la classe AB a 3 à 4 domaines de compétences largement déficitaires. Au regard des items des différents domaines, nous pouvons donc faire l'hypothèse que ce sportif, ancré dans le concret et le visible, est à minima capable de faire des choix simples, se situer dans un espace connu, d'être dans un groupe sans forcément y interagir, d'utiliser des outils simples. Si non, alors la question de l'intérêt de la compétition pour ces sportifs se pose : pratique de loisir, activités motrices... ?

Le sportif de la classe BC a 2 à 3 domaines de compétence impactés. Au regard des items des différents domaines, nous pouvons donc faire l'hypothèse que ce sportif, sait situer son corps dans un espace connu, ancré dans le réel, est capable à minima de s'orienter, d'interagir dans des relations privilégiées, d'élaborer des stratégies simples d'action

Le sportif de la classe CD a 2 à 3 domaines de compétence impactés. Au regard des items des différents domaines, nous pouvons donc faire l'hypothèse que ce sportif, sait situer son corps dans un espace connu, ancré dans le réel, est capable à minima de s'orienter, d'interagir dans des relations privilégiées, d'élaborer des stratégies simples d'action

Le sportif de la classe DE a au moins 2 domaines de compétences faiblement impactés. Au regard des items des différents domaines et du questionnaire complémentaire, nous pouvons donc faire l'hypothèse que ce sportif est capable de répondre aux attendus de la classe CD. Il peut, en plus, élaborer des stratégies complexes et faire preuve d'abstraction, de capacité de résolution de problème. Il a la capacité de création et d'innovation.

3.1.4 Spécificités du règlement Para Natation Adaptée par classe

3.1.4.1 Les spécificités de la classe AB

Caractéristique du Nageur Classe AB	Détail	Conséquence Directe pour l'Organisation en Natation
Compréhension des Règles	Ancré dans le concret et le visible.	Codification des Nages Adaptée : Les règles techniques (virages, arrivées, mouvements) ne prennent en compte que ce qui est visible pour le nageur.
Prise de Décision / Stratégie	Capable de faire des choix simples et d'utiliser des outils simples.	Format de Qualification Simplifié : Utilisation du format "à l'Australienne" (les X premiers de chaque série sont qualifiés pour la finale), évitant la complexité des repêchages basés sur le temps.
Orientation Spatiale	Capable de se situer dans un espace connu.	Accompagnement Individualisé : Le nageur est accompagné individuellement jusqu'au plot de départ et dans sa préparation juste avant le signal du starter pour assurer son repérage.

Classe AB **Test sécuritaire**	**Explora'nage ou Savoir Nager en Sécurité.**
Format de la compétition	Celui ou ceux qui touchent en premier sont qualifiés pour les finales. En fonction du nombre de séries, le nombre de qualifiés par série peut varier.
Aménagement	L'appellation « style » indique une adaptation de la nage. (Cfcodification des nages) Aménagement pour annoncer la dernière longueur. (Au-delà de 100m- on annonce le dernier 50 m ou dernier aller- retour). Accompagnement Individualisé : Le nageur est accompagné individuellement jusqu'au plot de départ et dans sa préparation juste avant le signal du Juge de départ pour assurer son repérage. Aide du chronométreur pour se mettre en position de départ. Le nageur est aidé à quitter le bassin par le biais des échelles ou le bord du bassin. Il est conduit à la zone « entraîneur » (ou à la chambre d'appel si elle n'existe pas) par l'officiel « Escorte ».
Position de départ **Commandements de départ**	En Nage Libre, Style Crawl et Style-Brasse : le départ peut s'effectuer sur le plot de départ ou à côté du plot En Dos : le départ doit s'effectuer dans l'eau, en contact avec le mur face au mur de départ. Le nageur doit avoir les pieds en contact avec le mur. Le dispositif de départ dos est interdit Un faux départ est autorisé. Au long coup de sifflet et à la commande en place du Juge de départ, le nageur aidé par un officiel Chronométreur, doit monter sur le plot de départ et se mettre en position de départ. L'officiel « Chronométreur » doit vérifier la position des pieds du nageur qui doivent être à l'avant du plot avec au moins un pied à l'avant du plot. Lors de l'épreuve de dos, le nageur doit sauter à l'eau au long coup de sifflet et à la commande en place du Juge de départ. A la commande verbale « **A vos marques** », le nageur doit conserver la position de départ. Lorsque tous les nageurs sont en position de départ, le départ est donné par un coup de sifflet bref du Juge de départ.
Epreuves ouvertes pour les classes AB	• Nage Libre (VIRTUS) • Style Dos (FFSA) • Style brasse (FFSA) • Style papillon (FFSA) **Epreuves de niveau régional et moins :** • Alterné (FFSA) • Simultané (FFSA) • Dorsal (FFSA)

3.1.4.2 Les spécificités de la classe BC

Caractéristique du Nageur Classe BC	Détail	Conséquence Directe pour l'Organisation en Natation
Capacités Cognitives	2 à 3 domaines de compétences impactés. Ancré dans le réel.	Codification des nages simplifiée : .
Orientation Spatiale	Capable de situer son corps dans un espace connu et de s'orienter a minima.	Accompagnement Identique à AB : Le nageur est accompagné individuellement jusqu'au plot de départ et dans sa préparation immédiate, pour renforcer les repères et la concentration.
Prise de Décision / Stratégie	Capable d'élaborer des stratégies simples d'action.	Format de Qualification Mixte : Accès à la finale identique à AB (les X premiers de chaque série sont qualifiés – format "à l'Australienne"). Repêchage au Temps Possible : Possibilité de compléter les finales si nécessaire avec des nageurs n'étant pas passés par le format "à l'Australienne" mais ayant réalisé un bon temps (repêchage basé sur la performance chronométrique).

Classe BC **Test sécuritaire**	**Sauv'nage ou Savoir Nager en Sécurité.**
Format de la compétition	Celui ou ceux qui touchent en premier sont qualifiés pour les finales. En fonction du nombre de séries, le nombre de qualifiés par série peut varier. Afin de compléter les finales, les meilleurs temps après les qualifiés à la place seront aussi qualifiés.
Aménagement	L'appellation « style » indique une adaptation de la nage. (Cfcodification des nages) Aménagement pour annoncer la dernière longueur. (Au-delà de 100m- on annonce le dernier 50 m ou dernier aller- retour). Accompagnement Individualisé : Le nageur est accompagné individuellement jusqu'au plot de départ et dans sa préparation juste avant le signal du Juge de départ pour assurer son repérage. Aide du chronométreur pour se mettre en position de départ.
Position de départ	En Nage Libre, Style Brasse, Papillon, Style Crawl/Dos et Combiné : le départ doit s'effectuer du plot de départ. En Dos ou combiné (relais) : le départ doit s'effectuer dans l'eau, en contact avec le mur face au mur de départ. Le nageur doit avoir au moins une des mains accrochées à l'étrier et les pieds en contact avec le mur même avec le dispositif de départ dos.
Commandements de départ	Un faux départ est autorisé. Au long coup de sifflet et à la commande en place du Juge de départ, le nageur aidé par un officiel Chronométreur, doit monter sur le plot de départ et se mettre en position de départ. L'officiel « Chronométreur » doit vérifier la position des pieds du nageur qui doivent être à l'avant du plot avec au moins un pied à l'avant du plot. Lors des épreuves de dos et dans les relais 4 nages, le nageur doit sauter à l'eau au long coup de sifflet et à la commande en place du Juge de départ. A la commande verbale « **A vos marques** », le nageur doit conserver la position de départ. Lorsque tous les nageurs sont en position de départ et immobiles, le départ est donné par un coup de sifflet bref Juge de départ.
Epreuves ouvertes pour les classes BC	• Nage Libre (VIRTUS) • Dos (VIRTUS) • Style Crawl-dos (FFSA) • Style brasse (FFSA) • Papillon (VIRTUS) • Combiné (pap, dos, Style-brasse, nage différente des trois précédentes) **Epreuves de niveau régional et moins :** • Alterné (FFSA), départ du plot, entrée par les pieds autorisée • Simultané (FFSA), départ du plot, entrée par les pieds autorisée • Dorsal (FFSA) départ dans l'eau

3.1.4.3 Les spécificités de la classe CD

Caractéristique du Nageur Classe CD	*Détail*	*Conséquence Directe pour l'Organisation en Natation*
Capacités Cognitives	2 à 3 domaines de compétences impactés. Ancré dans le réel. Capable d'élaborer des stratégies simples d'action.	Règles de Nage Classiques : Pas de conséquence sur la codification des nages (utilisation des règles Virtus, contrairement aux classes AB et BC qui nécessitent une codification "Style").
Conscience Spatiale & Stratégie	Sait situer son corps dans un espace connu.	Aide Technique à la Performance : Mise en place de repères des 15m dans le bassin pour aider le nageur à gérer sa phase sous-marine et sa transition en surface (élément stratégique).
Orientation et Départs	Capable de s'orienter a minima.	Soutien à la Concentration : Encadrement maintenu jusqu'au plot de départ pour assurer le positionnement, le calme et la bonne compréhension du signal.
Format de Qualification	Capacité à comprendre un système de classement structuré.	Qualification Classique par Série : Qualification en finale au classement des séries, ce qui est une formule plus proche de la compétition valide (le temps devient un facteur déterminant).

Classe CD	
Test sécuritaire	**Sauv'nage ou Savoir Nager en Sécurité.**
Format de la compétition	Mise en place d'un système de série classique ou les 8 premiers temps de l'ensemble desséries se qualifient pour la finale et le vainqueur de la finale remporte le titre de championde France.
Aménagement	Aménagement pour annoncer la dernière longueur. (Au-delà de 100m- on annonce le dernier 50 m ou dernier aller- retour). Des repères sous-marins seront placés au 15 m pour donner un repère aux nageurs et permettre une gestion de course.
Position de départ	En Nage Libre, Crawl-Dos, Papillon, Brasse, 4 nages (individuel), Alternée, Simultanée et Hybride : le départ doit s'effectuer sur le plot de départ. La position des mains est indifférente. En Dos et 4 nages (relais) : le départ doit s'effectuer dans l'eau, en contact avec le mur face au mur de départ. Le nageur doit avoir au moins une des mains accrochées à l'étrier et les pieds en contact avec le mur même avec le dispositif de départ dos
Commandements de départ	Aucun faux départ n'est autorisé. Au long coup de sifflet et à la commande en place du Juge de départ, le nageur doit monter sur le plot de départ et se mettre en position de départ. L'officiel Chronométreur doit vérifier la position des pieds du nageurs qui doivent être à l'avant du plot ou du bord avec au moins un pied à l'avant du plot. Lors des épreuves de dos et dans les relais 4 nages, le nageur doit sauter à l'eau au long coup de sifflet et à la commande en place du Juge de départ. Il est interdit de se tenir dans ou sur les trop-pleins ou d'accrocher les orteils au bord du trop-plein. A la commande verbale « **A vos marques** », le nageur doit conserver la position de départ. Lorsque tous les nageurs sont en position de départ et immobiles, le départ est donné par un coup de sifflet bref Juge de départ. Les épaules doivent entrer dans l'eau avant les genoux (plongeon), sauf lors des épreuves de dos et dans les relais 4 nages

Epreuves ouvertes pour la classe CD	• Nage Libre (VIRTUS) • Dos (VIRTUS) • Crawl-Dos (FFSA) en relais • Papillon (VIRTUS) • Brasse (VIRTUS) • 4 nages (VIRTUS) • Hybride (FFSA) **Epreuves de niveau régional et moins :** • Alterné (FFSA), départ du plot, entrée par les pieds autorisée • Simultané (FFSA), départ du plot, entrée par les pieds autorisée • Dorsal (FFSA) départ dans l'eau

3.1.4.4 Les spécificités de la classe DE

Caractéristique du Nageur Classe DE	Détail	Conséquence Directe pour l'Organisation en Natation
Capacités Cognitives	Au moins 2 domaines de compétences faiblement impactés. Capable de répondre aux attendus de la classe CD et d'élaborer des stratégies.	Codification et Règlement Standard : Aucune conséquence sur la codification des nages (règles Virtus appliquées), car le nageur possède la capacité d'abstraction requise pour les règles techniques.
Résolution de Problèmes/Stratégie	Fait preuve d'abstraction, de résolution de problème, de création et d'innovation.	Format de Qualification Classique : Qualification en finale au classement des séries (basée sur le temps ou la place)
Autonomie au Départ	Grande autonomie et compréhension du processus de compétition.	Soutien de Sécurité Maintenu : Le nageur est suivi jusqu'au plot de départ, principalement pour le contrôle des présences et la sécurité, mais avec une intervention minimale (par rapport aux autres classes).
Gestion Émotionnelle/Sensorielle	Le questionnaire complémentaire prend en compte la difficulté à gérer les émotions ou les stimuli sensoriels.	Aménagements Sensoriels : Prise en compte de l'utilisation d'aides sensorielles (boules Quiès, casque anti-bruit) en chambre d'appel. Accès à un espace calme possible pour gérer le stress et les surcharges sensorielles.

Classe DE	
Test sécuritaire	**Sauv'nage ou Savoir Nager en Sécurité.**
Format de la compétition	Mise en place d'un système de série classique ou les 8 premiers temps de l'ensemble des séries se qualifient pour la finale et le vainqueur de la finale remporte le titre de champion de France.
Aménagement	Aménagements Sensoriels : Prise en compte de l'utilisation d'aides sensorielles (boules Quiès, casque anti-bruit) en chambre d'appel. Accès à un espace calme possible pour gérer le stress et les surcharges sensorielles. Le nageur DE peut être autonome pour la procédure de réclamation (cf. 4.9.1)
Position de départ	En Nage Libre, Crawl-Dos, Papillon, Brasse, 4 nages (individuel), Alternée, Simultanée et Hybride : le départ doit s'effectuer sur le plot de départ. La position des mains est indifférente. En Dos : le départ doit s'effectuer dans l'eau, en contact avec le mur face au mur de départ. Le nageur doit avoir au moins une des mains accrochées à l'étrier et les pieds en contact avec le mur même avec le dispositif de départ dos
Commandements de départ	Aucun faux départ n'est autorisé. Au long coup de sifflet et à la commande en place du Juge de départ, le nageur doit monter sur le plot de départ et se mettre en position de départ. L'officiel Chronométreur doit vérifier la position des pieds du nageurs qui doivent être à l'avant du plot ou du bord avec au moins un pied à l'avant du plot. Lors des épreuves de dos et dans les relais 4 nages, le nageur doit sauter à l'eau au long coup de sifflet et à la commande en place du Juge de départ. Il est interdit de se tenir dans ou sur les trop-pleins ou d'accrocher les orteils au bord du trop-plein. A la commande verbale « **A vos marques** », le nageur doit conserver la position de départ. Lorsque tous les nageurs sont en position de départ et immobiles, le départ est donné par un coup de sifflet bref Juge de départ. Les épaules doivent entrer dans l'eau avant les genoux (plongeon), sauf lors des épreuves de dos et dans les relais 4 nages
Epreuves ouvertes pour la classe DE	• Nage Libre (VIRTUS) • Dos (VIRTUS) • Crawl-Dos (FFSA) en relais • Papillon (VIRTUS) • Brasse (VIRTUS) • 4 nages (VIRTUS) • Hybride (FFSA) **Epreuves de niveau régional et moins :** • Alterné (FFSA), départ du plot, entrée par les pieds autorisée • Simultané (FFSA), départ du plot, entrée par les pieds autorisée • Dorsal (FFSA) départ dans l'eau

3.2 Les officiels

Les officiels ont pour rôle de s'assurer que la compétition se déroule conformément au règlement Para Natation Adapté. Ils doivent être licenciés FFSA, à jour de leur formation et accrédité si l'organisateur a mis en place un système d'accréditation.

3.2.1 Rôle et Responsabilités

3.2.1.1 Les officiels coordonnateurs

Superviseur FFSA

Le Superviseur est la personne clé garantissant le bon déroulement de la compétition de para natation adaptée sur le plan sportif. Son rôle principal est de s'assurer que la compétition est organisée en respectant le règlement de la FFSA.
Il a la responsabilité de l'organisation sur plusieurs aspects cruciaux :

1. Gestion Informatique et Résultats : Il est responsable de la partie informatique et des résultats de la compétition. Il délègue cette tâche au responsable informatique.
2. Partie bassin : Il est responsable de l'organisation et du bon déroulement des épreuves dans le bassin. Il délègue cette tâche à l'arbitre
3. Chambre d'Appel : Il est responsable de la Chambre d'Appel, s'assurant que les nageurs sont prêts à temps. Il délègue cette tâche-au Contrôleur chambre d'appel
4. Podium et Cérémonie : Il est responsable de la partie podium et de la remise des récompenses. Il délègue cette tâche à l'Officiel podium.

En clair, le Superviseur détient la responsabilité globale de l'organisation sportive de l'événement.

Le Responsable informatique

Le responsable informatique est obligatoire uniquement pour les compétitions nationales. Le responsable informatique doit coordonner l'opération de chronométrage automatique. Il a la charge de vérifier les prises de relais en cas d'équipements automatiques (plots et plaques).
Il est garant de la validité des résultats diffusés.
Le responsable informatique doit contrôler les forfaits après les séries ou les finales, enregistrer les résultats sur les formules officielles, dresser la liste de tous les nouveaux records établis et conserver les résultats si nécessaires.

L'arbitre

L'Arbitre est la personne qui a l'autorité finale sur tout ce qui se passe dans le bassin.
Il affecte les autres officiels (chronométreurs, juges) à leurs postes. Il vérifie qu'ils sont tous présents et prêts avant chaque course.
Il s'assure que toutes les règles de la para natation adaptée sont appliquées par tout le monde. S'il n'y a pas de Superviseur, il tranche les problèmes d'organisation qui ne sont pas prévus par le règlement.
Il peut disqualifier un nageur s'il voit lui-même la faute, si un autre officiel lui signale une faute. Il prend la décision finale sur chaque disqualification.
Il surveille les arrivées, il utilise en priorité les résultats du chronométrage automatique (ou semi-automatique) s'il fonctionne.

Médiateur

Le médiateur fourni une réponse aux incohérences soulevées par les entraîneurs ou accompagnateurs ou les nageurs DE (directement impliqués). Il communique au superviseur toute information concernant les résultats, les engagements, la partie technique, et autres points de l'organisation. Il explique tout ce qui touche aux disqualifications. Si les entraîneurs/coachs ou les nageurs DE (directement impliqués) ne sont pas convaincu, le médiateur transmettra la fiche de réclamation pour que la procédure décrite au paragraphe 4.9.1 (Procédure de Réclamation) soit enclenchée.

Les responsables

Pour des raisons d'organisation des responsables peuvent être nommés pour faciliter la transmission des informations. (Exemple : Responsable chronométreur, s'assure que tous les temps sont pris correctement et intervient auprès du chronométreur en difficulté)

3.2.1.2 Les officiels Techniques

Juge de départ : le Starter

Il donne les départs, lorsque les nageurs remplissent les conditions de sécurité (cf. : 3.1.4.1, 3.1.4.2, 3.1.4.3, 3.1.4.4) et annonce le faux départ.

Juge de nage

Il s'assure que les règles relatives aux codifications de nage (paragraphe 2) de l'épreuve sont respectées

Juge de virage

Il s'assure que les nageurs respectent les règles en vigueur pour les virages (paragraphe 2), dès l'amorce du virage et cela jusqu'à la reprise de la nage.et à l'arrivée

Chronométreur

Prendre tous les temps des distances intermédiaires de son côté.
S'assure que toutes les conditions de sécurité du nageur sont remplies pour donner le départ.

3.2.1.3 Les officiels accompagnants

Contrôleur chambre d'appel

Il est responsable de la chambre d'appel. De ce fait il doit veiller à son bon fonctionnement en gérant l'entrer des nageurs en chambre d'appel. Nageur en tenue réglementaire (paragraphe 4.1). En s'assurant que les nageurs sortent de la chambre d'appel dans l'ordre et à la bonne épreuve.

Escorte

Il conduit les nageurs sur la plage de départ au signal du contrôleur de la chambre d'appel. Aide les nageurs de classe AB à quitter l'eau, à récupérer leurs affaires et les conduit sur la zone « entraineur » (ou à la chambre d'appel si la zone entraineur n'existe pas).

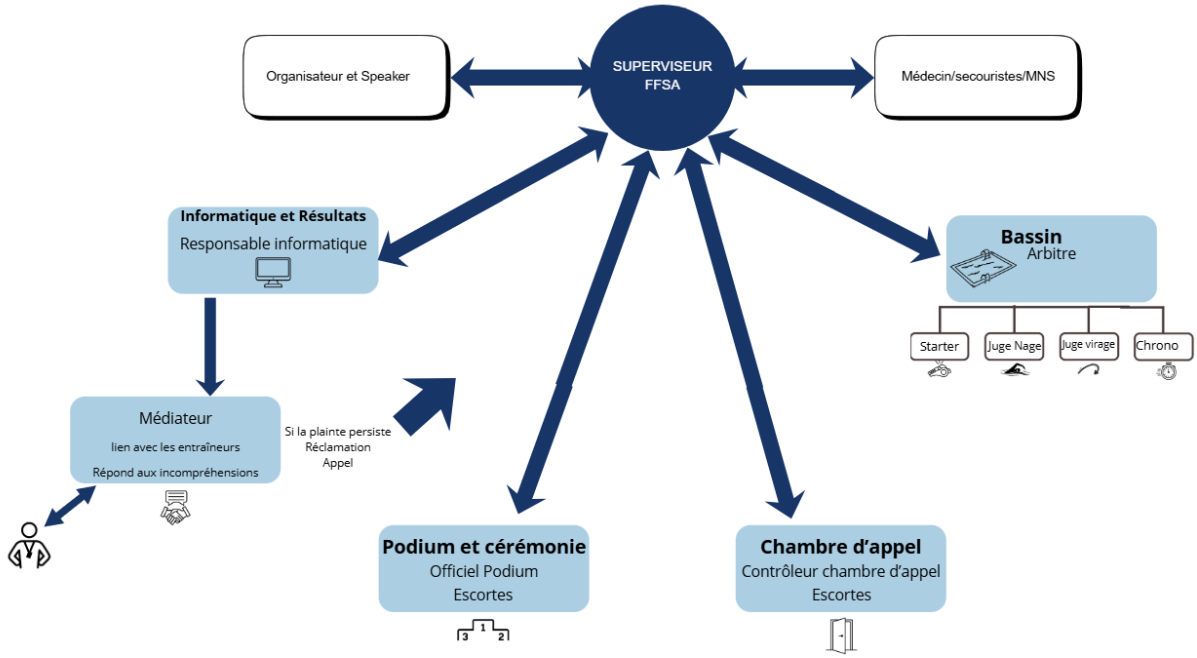
Officiel podium

L'Officiel Podium a la responsabilité de s'assurer que les nageurs (buste et épaules couverts) présents sur le podium correspondent strictement au classement officiel et validé de l'épreuve. Il s'assure d'avoir le bon nombre de médaille nécessaire au podium pour toute la compétition, du positionnement des nageurs et de l'ordre de remise des médailles (Bronze, Argent, Or).
L'officiel podium a la charge de la cérémonie d'entrée des officiels (si elle est prévue).

Speaker

Le speaker annonce l'épreuve et le numéro de série, présente les nageurs lors des finales. Il peut commenter la course. Il fait passer les messages urgents ou importants demandés par le Superviseur. Il annonce les résultats lors des podiums, en lien l'officiel podium.

3.2.2 Organisation et constitution d'un jury



Les officiels doivent prendre leur décision de manière autonome et indépendamment les uns des autres sauf indication contraire figurant dans le règlement de la Para Natation Adaptée.

Pour qu'une compétition régionale soit prise en compte dans le parcours de qualification du championnat de France SAJ ou championnat de France adulte, le jury devra être composé d'un officiel de niveau national (officiel au moins Level 1 ayant officié lors d'un championnat de France de para natation adaptée), dans au moins un des postes d'officiels arbitres, chronométreurs, escortes. Les autres officiels devront être au moins formés comme officiels régionaux (formation théorique)

Les championnats de France seront officiés par un starter et deux arbitres au moins Level 3 en formation. De plus, il faudra compter sur au moins deux juges de nage, un chronométreur, un juge de virage, chambre d'appel Level 2. Le reste du jury pourra être compléter par des Level 1.

3.3 Les staff

Est défini comme staff toutes personnes licenciées jouant un rôle dans l'accompagnement des sportifs en compétition. Ils seront accrédités si l'organisateur a mis en place un système d'accréditation. Toutes personnes ne rentrant pas dans cette définition aura accès à la zone spectateur.

3.3.1 Entraineur/Coach

Sont considérés comme Entraîneur ou Coach toute personne ayant un rôle d'entrainement (échauffement et récupération du nageur dans l'eau. De ce fait il a accès aux bassins lors de l'échauffement et de la récupération. Ils ont une zone qui leur est réservée (si possible) durant les épreuves des nageurs qu'ils entrainent. Ils peuvent se déplacer autour du bassin hors zones réservées aux arbitres et officiels. Ils peuvent de ce fait interroger le médiateur ou porter réclamation ou appel.

3.3.2. Accompagnateur

Sont considérés comme accompagnateurs toutes personnes ayant un rôle dans l'accompagnement du nageur, hors entraineurs : éducateur, responsable vie quotidienne, analyste vidéo etc… Des zones peuvent leurs être aménagées par l'organisateur, ils seront les seuls à y avoir accès avec ou sans nageurs Ils peuvent se déplacer autour du bassin hors zones réservées aux arbitres et officiels. Ils peuvent de ce fait interroger le médiateur ou porter réclamation ou appel.

3.3.3 Staff médical

Sont considérés comme Staff médical toutes personnes ayant en charge la santé des sportifs : Médecin, infirmière, kiné etc… Des zones peuvent leur être aménagées par l'organisateur, ils seront les seuls à y avoir accès avec ou sans nageurs Ils peuvent se déplacer autour du bassin hors zones réservées aux arbitres et officiels.

3.4 Spectateur(ice)

Le spectateur, ne figurant pas parmi les personnes tenues d'être licenciées, n'est pas autorisé à accéder aux zones techniques ni bord de bassin. Il aura pour mission de regarder, d'encourager, de respecter les nageurs et officiels, d'applaudir les efforts et de partager l'émotion du sport. Être spectateur, c'est contribuer à l'esprit du sport et au fair-play Des zones leur sont aménagées

4. Les compétitions

L'ensemble des compétitions doivent être inscrites sur le calendrier fédéral

Respecter le règlement intérieur de la piscine fait partie du règlement Para natation adaptée

4.1 Règles techniques communes

4.1.1 Tenue

Aucun nageur n'est autorisé à utiliser ou à porter un équipement ou un maillot de bain qui puisse améliorer sa vitesse, sa flottabilité ou son endurance pendant une compétition (tels que des gants palmés, palmes, nageoires, veste, etc.).

Les lunettes de natation sont autorisées. Les lunettes de vues (non adaptées à la pratique de la para natation adaptée) sont interdites.

Les nageurs doivent être pieds nus.

Seuls les maillots de bain une pièce sont autorisés. Les combinaisons doivent être homologuées FINA.

Aucun « strap (ruban), bande adhésive, » sur le corps n'est autorisé à moins qu'il ne soit autorisé par le médecin de la compétition.

Le port du bonnet de bain n'est pas obligatoire sauf si le règlement intérieur de la piscine l'oblige.

Le port de deux bonnets de bain est permis

Sur le podium les nageurs sont chaussés, le buste et épaules couverts

4.1.2 Epreuve

Les temps des nageurs sur chaque épreuve seront au centième de seconde près.

Dans la mesure du possible toutes les courses individuelles doivent être organisées en séparant d'au moins une ligne d'eau, les filles et les garçons.

Le nageur doit rester durant toute la course dans le même couloir, celui où il a été affecté. Il n'est pas permis de se pousser ou de faire un pas au fond de la piscine.

Il n'est pas permis de se propulser à l'aide de la ligne de couloir.

Gêner un autre nageur en nageant ou en passant à travers un autre couloir ou de toute autre manière disqualifiera le gêneur.

Aucune régulation de l'allure n'est autorisée. Il est strictement interdit (motif de disqualification) de suivre un nageur durant sa course, ni même de lui donner des indications de temps ou de vitesse

4.1.3 Fin d'épreuve

A la fin de la course, l'officiel Juge de départ signale par 2 coups de sifflet brefs la sortie des nageurs puis les officiels « chronométreurs » le confirment verbalement aux nageurs.

Dans les épreuves de relais les officiels chronométreurs indiquent à chaque nageur le moment où il doit sortir de l'eau, sauf pour le dernier nageur de chaque relais qui doit attendre la fin de la course.

Dans les épreuves de relais, l'équipe sera disqualifiée si :

- Lors de la prise de relais, les pieds du nageur entrant dans l'eau ont perdu le contact avec le plot de départ avant que le coéquipier précédant ne touche le mur. Si un équipement de chronométrage est utilisé dans une compétition et que les plots sont équipés de détection de départ, les prises de relais jugées par un tel équipement doivent prévaloir sur le « arbitre » et le « course starter ». Le contrôle incombe au superviseur (s'il y en a un) ou au deuxième « arbitre » (s'il y a un). La tolérance ou non dépend de l'équipement :
  - -0,03 centièmes pour Oméga. Un départ mesuré à -0,03 est correct ; à partir de -0,04 le relais est disqualifié.
  - Pas de tolérance pour les autres équipements (Stramatel, Seiko, Colorado Time System…) ; à partir de -0,01 inclus le relais est disqualifié.
- Un ou plusieurs membres de l'équipe sautent dans l'eau lorsque la course est en cours, avant que tous les nageurs de toutes les équipes n'aient fini la course.

Les membres d'une équipe de relais et leur ordre de départ doivent être précisés avant la course. Des remplacements ne peuvent avoir lieu que par suite d'une urgence médicale attestée.

4.2 Organisation

4.2.1 La sécurité

- Doit être conforme au Plan d'Organisation de la Surveillance et des Secours (POSS) de l'établissement où se déroule la compétition
- Doit être mise en place en fonction des spécificités locales de l'organisation des secours.

4.2.2 Répartition dans les séries et finales

Ordre d'attribution des couloirs dans les séries classiques et les finales.

Le couloir attribué au nageur ayant le meilleur temps d'engagement est défini ci- après pour chaque série ou finale :

Les

Nb de couloir dans la piscine		1er temps	2ème temps	3ème temps	4ème temps	5ème temps	6ème temps	7ème temps	8ème temps	9ème temps	10ème temps
5 couloirs	N° du couloir	N°3	N°4	N°2	N°5	N°1					
6 couloirs	N° du couloir	N°3	N°4	N°2	N°5	N°1	N°6				
8 couloirs	N° du couloir	N°4	N°5	N°3	N°6	N°2	N°7	N°1	N°8		
10 couloirs	N° du couloir	N°4	N°5	N°3	N°6	N°2	N°7	N°1	N°8	N°0	N°9

finales sont organisées lorsque toutes les séries par catégorie de l'épreuve ont eu lieu.

Elles doivent regrouper les nageurs concourant dans la même classe, la même catégorie et le même sexe. Pour des raisons d'organisation toutes modifications de cette règle sera précisée et validée lors de la réunion technique.

Ordre d'attribution des couloirs dans les séries qualificatives à « l'australienne » pour les finales

Pour les AB et BC

S'il n'y a qu'une série, les nageurs sont directement qualifiés en finale sans nager la série.

S'il y a 2 séries ou plus, toutes les séries de l 'épreuve seront distribuées à l'australienne. Le nageur ayant le 1er temps d'engagement sera placé dans la dernière série S, le 2ème temps dans la série précédente S-1, le 3ème dans la série précédente S-2, etc.

Pour les CD et DE, seules les 3 dernières séries sont distribuées à l'américaine :

S'il n'y a qu'une série, les nageurs sont directement qualifiés en finale sans nager la série.

S'il y a 2 séries, le nageur le plus rapide doit être placé dans la seconde série, le suivant dans la première, le suivant dans la seconde, le suivant dans la première, etc.

S'il y a 3 séries, le nageur le plus rapide sera placé dans la troisième série, le suivant dans la seconde, le suivant dans la première. Le quatrième nageur le plus rapide sera placé dans la troisième série, le cinquième dans la seconde série, le sixième dans la première série, et le septième dans la troisième série, etc.

S'il y a 4 séries ou plus, les trois dernières séries de l 'épreuve seront organisées conformément au § ci-dessus. Les séries précédant les trois dernières doivent être composées des nageurs suivants les plus rapides conformément au §4-2-3.

4.2.3 Répartition des nageurs dans les Séries (Classement au Temps)

Lorsque des séries sont organisées pour un classement final au temps la dernière série regroupe les nageurs avec les meilleurs temps d'engagement. L'avant-dernière série regroupe les nageurs avec les temps immédiatement suivants et ainsi de suite jusqu'à la première série.

Répartition dans les couloirs au sein de chaque série se fera selon le paragraphe 4.2.2 (Ordre d'attribution des couloirs dans les séries classiques)

Le classement se fera dans l'ordre des résultats lorsque toutes les séries par catégorie de l'épreuve ont eu lieu

4.2.4 Mode de qualification en finale

Pour la classe AB

Celui qui touche ou ceux qui touchent en premier sont qualifiés pour les finales. En fonction du nombre de séries, le nombre de qualifiés par série peut varier.

Exemple pour un bassin de 8 couloirs :
2 séries : 4 premiers de chaque série
3 séries : 2 premiers de chaque série donc 6 finalistes
4 séries : 2 premiers de chaque série

Les critères de qualification seront précisés lors de la réunion technique des championnats de France

Pour la classe BC

Celui qui touche ou ceux qui touchent en premier sont qualifiés pour les finales. En fonction du nombre de séries, le nombre de qualifiés par série peut varier. Afin de compléter les finales, les meilleurs temps après les qualifiés à la place seront aussi qualifiés.

Exemple pour un bassin de 8 couloirs :
2 séries : 4 premiers de chaque série
3 séries : 2 premiers de chaque série et les 2 meilleurs temps suivant.
4 séries : 2 premiers des 3 dernières séries et les 2 meilleurs temps suivant.

Les critères de qualification seront précisés lors de la réunion technique

Pour les classes CD et les DE

Les « N » premiers temps de l'ensemble des séries se qualifient pour la finale. « N » représente le nombre de ligne d'eau de la piscine.

4.2.5 Barrages (BC, CD et DE pour le repêchage)

Lorsque des nageurs terminent ex-aequo pour l'accès à une finale, ils doivent re-nager l'épreuve lors d'unbarrage à un moment convenu entre les entraîneurs. Le premier arrivé accèdera à la finale.

4.2.6 Classement

Pour les finales, les nageurs sont classés dans l'ordre d'arrivée. Les 3 premiers sont sur le podium.
Pour les 400 m et plus, le classement est au temps, les 3 premiers sont sur le podium.
Le classement pour l'épreuve de 6 minutes de Nages-Hybrides ne se fait pas au temps mais à la distance, au mètre réalisé dans les mêmes conditions.
Lors d'une finale ou sur les épreuves de 400 m et plus, si des nageurs arrivent ex-aequo, ils restent ex-aequo.

4.2.7 Disqualification

Tout nageur qui ne respecte pas le règlement sera disqualifié. Une fiche de disqualification est établie par l'arbitre en indiquant à minima :

Les motifs de la disqualification
La nage concernée
La série ou la finale
La ligne d'eau
La date et l'heure
La signature de l'arbitre.

4.3 Règlement des Meetings de Para Natation Adaptée (FFSA)

Organisation de la Compétition

Type de Bassin : La compétition peut s'effectuer en bassin de 25 m ou de 50 m.

Nages et Distances :

L'organisateur doit respecter les nages par classification des nageurs.
L'organisateur est libre de choisir les distances des nages et les épreuves (correspondant à chaque classification) pour son événement, cf. : 3.1.4.1, 3.1.4.2, 3.1.4.3, 3.1.4.4

Règlement Technique

Le règlement de la compétition est celui du règlement de Para Natation Adaptée

Reconnaissance et Officiels

Pour être reconnue officiellement, la compétition doit respecter la composition du jury :
Jury de Tête : Le jury de tête doit impérativement compter au moins un officiel formé et licencié à la FFSA (Fédération Française du Sport Adapté).

Titres Décernés

Contrairement aux Championnats (qui décernent des titres régionaux ou nationaux), les titres remis lors de ces meetings sont :

1. Vainqueur du nom du meeting
2. Deuxième du nom du meeting
3. Troisième du nom du meeting

Ces titres sont donc directement liés au nom de l'événement lui-même

4.4 Règlement des championnats de ligue (région)

Rôle et Enjeux

Les Championnats de Ligue conservent leur double objectif :

- Parcours de Qualification : Ils sont une étape cruciale pour la qualification aux Championnats de France (jeunes) et aux Championnats de France Adulte/Vétéran.
- Titres Régionaux : Ils décernent les titres de Champion Régional pour chaque classe (AB, BC, CD, DE, etc.) et pour chaque sexe.

Règlement Technique

Le règlement de la compétition est celui du règlement de Para Natation Adaptée

Exigences de Bassin

Championnat de Ligue : Les épreuves peuvent être nagées indifféremment en bassin de 25 m ou de 50 m.
Qualification pour les Championnats de France Jeunes (SAJ) : Les épreuves pour la qualification peuvent être effectuées en bassin de 25 m ou de 50 m.
Qualification pour le Championnat de France Adulte/Vétéran : Les épreuves pour la qualification devront être nagées exclusivement en bassin de 25m ou 50 m.

Nages et Distances

Épreuves par Classe : Les nageurs doivent effectuer les nages correspondant à leur classification., cf. : 3.1.4.1, 3.1.4.2, 3.1.4.3, 3.1.4.4.
Distances : Chaque ligue est responsable de la distance pour chaque nage proposée.

Organisation et Collaboration

Organisation : Les ligues doivent scrupuleusement respecter l'organisation des épreuves (type et contraintes de classification) et s'assurer de la présence des officiels qualifiés.
Flexibilité du Calendrier : Le Championnat de Ligue peut être organisé en collaboration avec les CDSA (Comités Départementaux du Sport Adapté) et se dérouler sur plusieurs journées dans le calendrier, en fonction de l'organisation sportive de chaque territoire.

Ces règles sont conçues pour garantir l'équité et l'adaptation des compétitions aux capacités spécifiques de chaque nageur classé

4.5 Règlement du challenge II2

Cette compétition est ouverte aux nageurs classifiés ou en cours de classification II2 par la fédération Virtus.
La Classe II2 Virtus concerne les athlètes présentant une déficience intellectuelle associée à une déficience supplémentaire significative (sur-handicap)

Compétitions et Épreuves :

- Il se déroule sur trois compétitions maximums.
- Les bassins utilisés sont de 25 m ou de 50 m.
- Les nageurs ont droit à un total de neuf épreuves maximums.

Classement et Points :

- Le vainqueur du Challenge est désigné par classe et par sexe : Vainqueur AB, Vainqueur BC, Vainqueur CD et Vainqueur DE.
- Le classement est établi en cumulant les meilleurs points obtenus lors des épreuves.
- Chaque épreuve est notée selon une table de cotation spécifique à la classe du nageur.
- Stratégies de points :
    - Un nageur peut choisir de faire seulement trois épreuves ; dans ce cas, le nombre de points le plus grand réalisé pour chaque épreuve sera retenu.
    - Un nageur peut choisir de faire neuf épreuves ; le nombre de points à la table de cotation pour chaque épreuve dans chaque classe sera pris en compte.

Récompenses :

- Le podium et la remise des récompenses du challenge II2 auront lieu lors de la soirée de gala du championnat de France Adulte/vétéran

4.6 Compétition par équipe

Cette compétition se déroule durant le championnat de France Adultes/ Vétérans et le SAJ. Elle n'aura lieu que si les programmes (en fonction du nombre de course) le permettent.

4.6.1 Coupe de France des Régions (championnat de France Adultes/Vétérans cf. : 4.8)

Les régions engagées peuvent présenter plusieurs équipes de 8 à 10 nageurs. Les relais peuvent être composés de nageurs de différents clubs d'une même région.
Si des nageurs ne participent pas au relais de leur région ou s'il n'y a pas assez de nageurs dans une région pour composer un relais alors les régions concernées peuvent composer des équipes « multi-régions » avec ces nageurs. Ils ne seront pas classés au titre de la coupe de France.

Les épreuves :

· 6 x 50 mètres Nage-Libre.
· 4 x 100 mètres Style Crawl/Dos

Seuls deux nageurs (ou nageuses) sont autorisés à participer aux deux relais.
La composition du relais 6x50 m Nage Libre doit comprendre au minimum :
· Deux féminines.
· Des nageurs issus au moins de deux classes différentes.

La composition du relais 4x100 m style crawl/dos doit comprendre au minimum :
· Deux féminines.
· Des nageurs issus au moins de deux classes différentes.

4.6.2 Coupe de France jeunes (championnat SAJ cf. : 4.7)

L'épreuve : 12x50 Nage Libre

Les relais peuvent être composés de nageurs de différents clubs d'une même région dans la limite de 2 relais par région sous réserve qu'au moins un relais soit composé de 6 nageurs différents.

Si des nageurs ne participent pas au relais de leur région ou s'il n'y a pas assez de nageurs dans une région pour composer un relais alors les régions concernées peuvent composer des équipes « multi-régions » avec ces nageurs. Ils ne seront pas classés au titre de la coupe de France.

Les nageurs se passent le relais tous les 50 mètres. Le classement se fait au temps. L'équipe qui gagne est celle qui a été la plus rapide.

Les équipes sont composées de 3 à 6 nageurs :
· Au moins une féminine
· Nageurs issus de deux classes différentes minimum

4.7 Le championnat SAJ

Le championnat de SAJ décerne le titre de champions de France dans les épreuves ouvertes dans sa catégorie d'âge pour chaque classe et chaque sexe.

Les catégories d'âge (paragraphe 3.1.1) ouvertes au SAJ sont :

- U14/U12
- U18/U16
- U21

4.7.1 Parcours de qualification

Pour participer au championnat de France SAJ, il faut avoir nagé au moins une épreuve dans le respect du règlement FFSA Para natation adaptée lors d'une compétition au moins de zone. Une demande de dérogation peut être faite auprès de la ligue pour participer à une compétition qualificative dans une autre ligue

4.7.2 Format de la compétition

Pour l'ensemble des classes :

Séries et finale pour toutes les épreuves. Les catégories d'âge ne sont pas groupées sauf décision de la commission sportive nationale.

S'il y a moins de nageurs que de lignes d'eau, les séries ne sont pas nagées et les sportifs sont directement qualifiés en finale.

Pour les BC, CD et DE :

En fonction du planning, les finales peuvent être supprimées, les séries seront alors distribuées comme prévu dans le paragraphe 4.2.3

4.7.3 Epreuves ouvertes au SAJ

Un nageur pourra s'engager dans 4 épreuves maximum

Epreuves classe AB	• **U14/U12** ○ 25 Style Crawl, 25 Style brasse, 25 Style Dos • **U18/U16** ○ 50 Nage Libre, 50 Style Crawl, 50 Style brasse, 50 Style Dos • **U21** 100 Nage Libre, 100 Style crawl, 100 Style brasse, 100 Style Dos
Epreuves classe BC	• **U14/U12** ○ 25 Nage Libre, 100 Nage Libre, 100 combiné, 50 Dos, 25 Papillon et 25 Style Brasse • **U18/U16** ○ 50 Nage Libre, 200 Nage Libre, 100 Combiné, 100 Dos, 50 Papillon et 50 Style brasse • **U21** ○ 50 Nage Libre, 200 Nage Libre, 200 Combiné, 100 Dos, 100 Papillon et 100 Style brasse
Epreuves classe CD	• **U14/U12** ○ 25 dos, 50 NL, 6 minutes nage hybride, 25 papillon et 50 brasse • **U18/U16** ○ 50 NL, 100 NL, 100 4N, 50 dos, 50 pap et 50 brasse • **U21** ○ 50NL, 200 NL, 200 4N, 100 dos, 100 pap et 100 brasse
Epreuves classe DE	• **U14/U12** ○ 25 dos, 50 NL, 6 minutes nage hybride, 25 papillon et 50 brasse • **U18/U16** ○ 50 NL, 100 NL, 100 4N, 50 dos, 50 pap et 50 brasse • **U21** ○ 50NL, 200 NL, 200 4N, 100 dos, 100 pap et 100 brasse

4.7.4 Qualifications pour le championnat de France Adultes/vétérans

Dans les Catégories U21 et U18/U16 les trois premiers de chaque épreuve lors des France SAJ se qualifient dans la même nage sur les distances de leur choix pour le championnat de France adultes/vétérans.
Chaque nageur U18 et U16, qualifié, devra avoir un certificat médical à jour lors du championnat de France Adultes/Vétérans comme stipulé dans le paragraphe 3.1.2

4.8 Le championnat de France Adultes/Vétérans

Le championnat Adultes/Vétérans décerne le titre de champions de France en Adultes et en Vétérans dans les épreuves ouvertes pour chaque classe et chaque sexe

4.8.1 Parcours de qualification

Lors du championnat de qualification validé par la ligue (championnat régional ou de zones) les nageurs remplissant les conditions suivantes pour chaque épreuve seront qualifiés pour le championnat de France Adultes/vétérans dans une limite de 4 épreuves par nageur :

	Vétérans	Adultes	U21, U18/U16
AB Dames	Les trois premiers de chaque épreuve seront qualifiés pour le Championnats de France. Ou en réalisant un temps équivalent à 2 points sur la table de cotation AB Dames	Les trois premiers de chaque épreuve seront qualifiés pour le Championnats deFrance. Ou en réalisant un temps équivalent à 100 points sur la table de cotation AB Dames	Les trois premiers de chaque épreuve au SAJ seront qualifiés pour le Championnats de France en Adultes
AB Messieurs	Les trois premiers de chaque épreuve seront qualifiés pour le Championnats deFrance. Ou en réalisant un temps équivalent à 2 points sur la table de cotation AB Messieurs	Les trois premiers de chaque épreuve seront qualifiés pour le Championnats deFrance. Ou en réalisant un temps équivalent à 100 points sur la table de cotation AB Messieurs	
BC Dames	En réalisant un temps équivalent à 2 points sur la table de cotation BC Dames	En réalisant un temps équivalent à 75 points sur la table de cotation BC Dames	
BC Messieurs	En réalisant un temps équivalent à 2 points sur la table de cotation BC Messieurs	En réalisant un temps équivalent à 25 points sur la table de cotation BC Messieurs	
CD Dames	En réalisant un temps équivalent à 2 points sur la table de cotation CD Dames	En réalisant un temps équivalent à 10 points sur la table de cotation CD Dames	
CD Messieurs	En réalisant un temps équivalent à 2 points sur la table de cotation CD Messieurs	En réalisant un temps équivalent à 25 points sur la table de cotation CD Messieurs	
DE Dames	En réalisant un temps équivalent à 2 points sur la table de cotation DE Dames	En réalisant un temps équivalent à 25 points sur la table de cotation DE Dames	
DE Messieurs	En réalisant un temps équivalent à 2 points sur la table de cotation DE Messieurs	En réalisant un temps équivalent à 25 points sur la table de cotation CD Messieurs	

4.8.2 Format de la compétition

Format de compétition	
Pour la Classe AB	Les séries et les finales sont ouvertes pour toutes les épreuves. S'il y a moins de nageurs que de lignes d'eau, les séries ne sont pas nagées et les sportifs sont directement qualifiés en finale. Les séniors et les vétérans ne nagent pas ensemble ni en séries ni en finale sauf décision de la commission sportive nationale.
Pour la classe BC	Séries et finale pour toutes les épreuves. S'il y a moins de nageurs que de lignes d'eau, la série ne sera pas nagée et les sportifs sont directement qualifiés en finale Les séniors et les vétérans ne nagent pas ensemble ni en séries ni en finale sauf décision de la commission sportive nationale. En fonction du planning, les finales peuvent être supprimées, les séries seront alors distribuées comme prévu dans le paragraphe 4.2.3.
Pour les classes CD et DE	Les épreuves sont nagées en séries et finales sauf pour les 400 m et plus. S'il y a moins de nageurs, dans une catégorie, que de lignes d'eau, la série ne sera pas nagée et les sportifs sont directement qualifiés en finale Les séniors et les vétérans nagent ensemble dans les séries. Les finales sont nagées par catégorie sauf décision de la commission sportive nationale. En fonction du planning, les finales peuvent être supprimées, les séries seront alors distribuées comme prévu dans le paragraphe 4.2.3

4.8.3 Epreuves ouvertes au France Adultes/Vétérans

Un nageur pourra s'engager dans 4 épreuves maximum

Epreuves classe AB	• Nage Libre (VIRTUS) : 50, 100, 200 • Style Dos (FFSA) : 50, 100 • Style brasse (FFSA) : 50, 100 • Style papillon (FFSA) : 50
Epreuves classe BC	• Nage Libre (VIRTUS) : 50, 100 et 200 • Dos (VIRTUS) : 50, 100 et 200 • Style Crawl-dos (FFSA) : 100 • Style brasse (FFSA) : 50, 100 • Papillon (VIRTUS) : 50, 100 et 200 • Combiné (pap, dos, Style-brasse, nage différente des trois précédentes) : 200
Epreuves classe CD	• Nage Libre (VIRTUS) : 50, 100, 200, 400, 800 et 1500 • Dos (VIRTUS) : 50, 100 et 200 • Papillon (VIRTUS) : 50, 100 et 200 • Brasse (VIRTUS) : 50, 100 et 200 • 4 nages (VIRTUS) : 200, 400
Epreuves classe DE	• Nage Libre (VIRTUS) : 50, 100, 200, 400, 800 et 1500 • Dos (VIRTUS) : 50, 100 et 200 • Papillon (VIRTUS) : 50, 100 et 200 • Brasse (VIRTUS) : 50, 100 et 200 • 4 nages (VIRTUS) : 200, 400

4.9 Réclamations et litiges

4.9.1 Procédure de réclamation championnat de France ou SAJ

Lors d'un championnat de France, en cas de contestation sur les résultats ou le déroulement d'une épreuve, le nageur (DE) ou son entraineur ou son accompagnateur (licencié FFSA) doit s'adresser au médiateur désigné lors de la réunion technique. Le médiateur vérifie les problèmes de classement, de chronométrage ou d'équipement ou explique les raisons de la disqualification.

En cas de désaccord, la contestation doit être formulée obligatoirement par écrit, accompagnée d'un dépôt de garantie de 50 € à l'ordre de la FFSA dans le délai fixé par l'organisateur et communiqué lors de la réunion technique.
Cette réclamation doit être soumise au superviseur de la compétition, dans le délai annoncé lors de la réunion technique, qui convoque la commission de réclamation. La commission juge la demande par rapport au règlement para natation adaptée et fait connaitre la décision par écrit.

Si le demandeur, qui est le nageur (DE) ou son entraineur ou son accompagnateur (licencié à la FFSA), n'est pas satisfait de la délibération du jury, il peut faire appel au près du superviseur, dans le délai annoncé lors de la réunion technique, et aura la possibilité de présenter toutes les preuves et vidéos en sa possession afin d'appuyer sa demande d'appel sans aucune ambiguïté.
L'appel devra être formulé obligatoirement par écrit, accompagné d'un dépôt de garantie de 100 € (50€+50€) à l'ordre de la FFSA. Le superviseur convoque la commission d'appel dès que possible. La commission juge la demande par rapport aux éléments apportés par le demandeur et fait connaitre la décision par écrit.

En cas de prise en compte de la réclamation ou de l'appel le dépôt de garantie est restitué au demandeur. En cas de rejet, le dépôt de garantie est conservé par la FFSA et une facture sera émise.

4.9.2 Commission de réclamation de la compétition

La Commission de réclamation est obligatoire pour les compétitions nationales. Elle est composée :

- Du superviseur – Président de la commission d'appel
- Du R.O.F.
- Du CTN de la discipline ou d'un membre de la commission para natation adaptée

A jour de leur licence FFSA.

4.9.3 Commission d'appel de la compétition

La Commission d'Appel est obligatoire pour les compétitions nationales. Elle est composée :

- Du superviseur – Président de la commission d'appel
- De l'Arbitre de la compétition
- Du R.O.F.
- Du CTN de la discipline ou d'un membre de la commission para natation adaptée
- De l'élu de la Fédération Française du Sport Adapté présent sur le Championnat qui représente le président ou à défaut membre élu du COL.
- De deux entraineurs à jour de leur licence FFSA (1 seul sera présent, s'il n'est pas concerné par l'appel)

4.9.4 Procédure de réclamation régionale, zone et départementale

Lors d'une compétition régionale, zone et département, il est possible de contester par écrit auprès du superviseur ou de l'arbitre (en l'absence de superviseur) après l'annonce officielle de la disqualification dans un délai fixé par l'organisateur. Le demandeur, devra être une personne licenciée à la FFSA. La décision de l'officiel FFSA sera définitive et sans appel.

4.10 Records de France

Les records de France seniors et vétérans sont mis à jour par le R.C.F. de la commission sportive nationale para natation adaptée, sur demande d'une personne licenciée à la FFSA.

Un record est établi lorsque :

- L'épreuve se déroule en bassin de 50m pour les records séniors et vétérans.
- Le chronométrage est automatique.
- Un officiel d'au moins niveau national FFSA est présent dans le jury de la compétition peu importe la fédération, sauf pour les compétitions internationales qui sont reconnues par la fédération internationale (VIRTUS, WPS, DSISO).
- L'épreuve est ouverte dans le programme des championnats de France.

Les records de France jeunes sont mis à jour par le R.C.F. de la commission sportive nationale para natation adaptée. Un record est établi lorsque :

- L'épreuve se déroule en bassin de 25 m lors du championnat de France SAJ de Para Natation Adaptée ou lors de compétitions internationales qui sont reconnues par la fédération internationale (VIRTUS, WPS, DSISO).
- Le chronométrage est au moins semi-automatique.

Les grilles des records sont établies de la façon suivante pour les épreuves ouvertes sur les compétitions nationales en AB, BC, CD et DE (nouveaux records à partir de la saison 2026 en lien avec la nouvelle classification) :

- Records de France U14 bassin de 25 mètres Masculin.
- Records de France jeune U14 bassin de 25 mètres Féminin.
- Records de France U18 bassin de 25 mètres Masculin.
- Records de France U18 bassin de 25 mètres Féminin.
- Records de France U21 bassin de 25 mètres Masculin.
- Records de France U21 et moins bassin de 25 mètres Féminin.
- Records de France Adultes bassin de 50 mètres Masculin.
- Records de France Adultes bassin de 50 mètres Féminin.
- Records de France Vétérans bassin de 50 mètres Masculin.
- Records de France Vétérans bassin de 50 mètres Féminin.

5. La Commission Sportive Nationale Para Natation Adaptée

La Commission Sportive Nationale se réserve le droit d'apporter des compléments aux règlements sportifs au cours de la paralympiade. Ces compléments seront publiés sur le site internet de la FFSA.

Référent Sportif Fédéral : Bertrand Sebire, bertrand.sebire@sportadapte.fr 0613659470
Référents Championnats Fédéraux : Patrick Rouger, patrickrouger@sfr.fr, et Yann Méheux, yann.meheux@orange.fr
Référent Officiel Fédéral : Jean Michel Riehl, president@sportadapte-aura.fr

Annexe table de cotation

Annexe Cahier des charges

Table de cotation 2026

Para Natation Adaptée

Valide du 16/09/2025 au 15/09/2026

Cette table de cotation a été créée par la commission sportive nationale Para Natation Adaptée

Elle définit un nombre de points par épreuves, par classe et par sexe en fonction du temps réalisé.

Elle est basée sur le temps du record de France en bassin de 50 m qui attribue 1000 points

Le calcul des points ou du temps respecte les formules suivantes :

formule de calcul des points en partant du temps : $P=1000x(RDF/T)^n$

formule de calcul du temps en partant des points : $T=RDF/\sqrt[n]{(P/1000)}$

Pour déterminer l'exposant "n", la commission a défini le temps au-delà duquel 1 point serait attribué.

Pour les 50 m : 3 fois le temps du RDF

Pour les 100 m : 2,5 fois le RDF

Pour les 200 m et + : 2 fois le RDF

distance	exposant "n"
50 m	6,287709823
100 m	7,538824784
> 200 m	9,965784285

Si un même temps donne différents points, les points attribués sont les plus forts. Par exemple, pour un temps au 50 NL CD de 23"06, le nombre de points sera de 1495

Points	50 NL CD
1495	00:23,05
1494	00:23,06
1493	00:23,06
1492	00:23,06
1491	00:23,06

Si le RDF est battu, le sportif marquera plus de 1000 points.

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1500	00:48,00	01:49,60	04:35,39	00:59,07	02:09,11	01:00,74	02:06,77	01:00,70	00:37,93	01:20,08	03:19,07	00:46,75	01:41,57	03:34,81	00:49,96	01:53,06	00:39,01	01:33,60	03:44,11	01:36,02	03:22,34
1499	00:48,01	01:49,61	04:35,41	00:59,07	02:09,12	01:00,75	02:06,78	01:00,70	00:37,94	01:20,08	03:19,09	00:46,75	01:41,58	03:34,82	00:49,97	01:53,07	00:39,02	01:33,61	03:44,13	01:36,03	03:22,35
1498	00:48,01	01:49,62	04:35,43	00:59,08	02:09,13	01:00,76	02:06,79	01:00,71	00:37,94	01:20,09	03:19,10	00:46,76	01:41,59	03:34,84	00:49,97	01:53,08	00:39,02	01:33,61	03:44,14	01:36,04	03:22,37
1497	00:48,02	01:49,63	04:35,45	00:59,08	02:09,14	01:00,76	02:06,80	01:00,72	00:37,95	01:20,10	03:19,11	00:46,76	01:41,59	03:34,85	00:49,98	01:53,09	00:39,02	01:33,62	03:44,16	01:36,05	03:22,38
1496	00:48,02	01:49,64	04:35,47	00:59,09	02:09,15	01:00,77	02:06,81	01:00,72	00:37,95	01:20,10	03:19,13	00:46,77	01:41,60	03:34,87	00:49,98	01:53,10	00:39,03	01:33,63	03:44,17	01:36,06	03:22,39
1495	00:48,03	01:49,65	04:35,49	00:59,10	02:09,16	01:00,78	02:06,82	01:00,73	00:37,95	01:20,11	03:19,14	00:46,77	01:41,61	03:34,88	00:49,99	01:53,11	00:39,03	01:33,64	03:44,19	01:36,07	03:22,41
1494	00:48,03	01:49,66	04:35,51	00:59,10	02:09,17	01:00,78	02:06,83	01:00,74	00:37,96	01:20,12	03:19,15	00:46,78	01:41,62	03:34,90	00:49,99	01:53,12	00:39,04	01:33,65	03:44,20	01:36,08	03:22,42
1493	00:48,04	01:49,67	04:35,52	00:59,11	02:09,19	01:00,79	02:06,84	01:00,74	00:37,96	01:20,13	03:19,17	00:46,78	01:41,63	03:34,91	00:50,00	01:53,13	00:39,04	01:33,66	03:44,22	01:36,08	03:22,43
1492	00:48,04	01:49,68	04:35,54	00:59,12	02:09,20	01:00,80	02:06,86	01:00,75	00:37,97	01:20,13	03:19,18	00:46,79	01:41,64	03:34,93	00:50,00	01:53,14	00:39,04	01:33,66	03:44,23	01:36,09	03:22,45
1491	00:48,05	01:49,69	04:35,56	00:59,12	02:09,21	01:00,80	02:06,87	01:00,76	00:37,97	01:20,14	03:19,19	00:46,79	01:41,65	03:34,94	00:50,01	01:53,15	00:39,05	01:33,67	03:44,25	01:36,10	03:22,46
1490	00:48,05	01:49,70	04:35,58	00:59,13	02:09,22	01:00,81	02:06,88	01:00,76	00:37,97	01:20,15	03:19,21	00:46,80	01:41,66	03:34,95	00:50,02	01:53,16	00:39,05	01:33,68	03:44,26	01:36,11	03:22,47
1489	00:48,06	01:49,71	04:35,60	00:59,13	02:09,23	01:00,82	02:06,89	01:00,77	00:37,98	01:20,15	03:19,22	00:46,80	01:41,67	03:34,97	00:50,02	01:53,17	00:39,06	01:33,69	03:44,28	01:36,12	03:22,49
1488	00:48,06	01:49,72	04:35,62	00:59,14	02:09,24	01:00,82	02:06,90	01:00,77	00:37,98	01:20,16	03:19,23	00:46,81	01:41,68	03:34,98	00:50,03	01:53,18	00:39,06	01:33,70	03:44,29	01:36,13	03:22,50
1487	00:48,07	01:49,73	04:35,63	00:59,15	02:09,26	01:00,83	02:06,91	01:00,78	00:37,99	01:20,17	03:19,25	00:46,81	01:41,69	03:35,00	00:50,03	01:53,19	00:39,07	01:33,71	03:44,31	01:36,14	03:22,51
1486	00:48,07	01:49,74	04:35,65	00:59,15	02:09,27	01:00,83	02:06,92	01:00,79	00:37,99	01:20,18	03:19,26	00:46,82	01:41,69	03:35,01	00:50,04	01:53,20	00:39,07	01:33,71	03:44,32	01:36,14	03:22,53
1485	00:48,08	01:49,75	04:35,67	00:59,16	02:09,28	01:00,84	02:06,93	01:00,79	00:37,99	01:20,18	03:19,27	00:46,82	01:41,70	03:35,03	00:50,04	01:53,21	00:39,07	01:33,72	03:44,34	01:36,15	03:22,54
1484	00:48,08	01:49,76	04:35,69	00:59,17	02:09,29	01:00,85	02:06,95	01:00,80	00:38,00	01:20,19	03:19,29	00:46,83	01:41,71	03:35,04	00:50,05	01:53,22	00:39,08	01:33,73	03:44,36	01:36,16	03:22,56
1483	00:48,09	01:49,77	04:35,71	00:59,17	02:09,30	01:00,85	02:06,96	01:00,81	00:38,00	01:20,20	03:19,30	00:46,83	01:41,72	03:35,06	00:50,05	01:53,23	00:39,08	01:33,74	03:44,37	01:36,17	03:22,57
1482	00:48,09	01:49,78	04:35,73	00:59,18	02:09,31	01:00,86	02:06,97	01:00,81	00:38,01	01:20,20	03:19,31	00:46,84	01:41,73	03:35,07	00:50,06	01:53,24	00:39,09	01:33,75	03:44,39	01:36,18	03:22,58
1481	00:48,10	01:49,79	04:35,75	00:59,19	02:09,32	01:00,87	02:06,98	01:00,82	00:38,01	01:20,21	03:19,33	00:46,84	01:41,74	03:35,09	00:50,06	01:53,25	00:39,09	01:33,76	03:44,40	01:36,19	03:22,60
1480	00:48,11	01:49,80	04:35,77	00:59,19	02:09,34	01:00,87	02:06,99	01:00,83	00:38,01	01:20,22	03:19,34	00:46,85	01:41,75	03:35,10	00:50,07	01:53,26	00:39,09	01:33,76	03:44,42	01:36,20	03:22,61
1479	00:48,11	01:49,81	04:35,78	00:59,20	02:09,35	01:00,88	02:07,00	01:00,83	00:38,02	01:20,23	03:19,36	00:46,85	01:41,76	03:35,11	00:50,07	01:53,27	00:39,10	01:33,77	03:44,43	01:36,20	03:22,62
1478	00:48,12	01:49,82	04:35,80	00:59,20	02:09,36	01:00,89	02:07,01	01:00,84	00:38,02	01:20,23	03:19,37	00:46,86	01:41,77	03:35,13	00:50,08	01:53,28	00:39,10	01:33,78	03:44,45	01:36,21	03:22,64
1477	00:48,12	01:49,83	04:35,82	00:59,21	02:09,37	01:00,89	02:07,03	01:00,85	00:38,03	01:20,24	03:19,38	00:46,86	01:41,78	03:35,14	00:50,08	01:53,29	00:39,11	01:33,79	03:44,46	01:36,22	03:22,65
1476	00:48,13	01:49,84	04:35,84	00:59,22	02:09,38	01:00,90	02:07,04	01:00,85	00:38,03	01:20,25	03:19,40	00:46,87	01:41,79	03:35,16	00:50,09	01:53,30	00:39,11	01:33,80	03:44,48	01:36,23	03:22,67
1475	00:48,13	01:49,85	04:35,86	00:59,22	02:09,39	01:00,91	02:07,05	01:00,86	00:38,03	01:20,25	03:19,41	00:46,87	01:41,79	03:35,17	00:50,10	01:53,31	00:39,12	01:33,81	03:44,49	01:36,24	03:22,68
1474	00:48,14	01:49,86	04:35,88	00:59,23	02:09,41	01:00,91	02:07,06	01:00,87	00:38,04	01:20,26	03:19,42	00:46,88	01:41,80	03:35,19	00:50,10	01:53,33	00:39,12	01:33,82	03:44,51	01:36,25	03:22,69
1473	00:48,14	01:49,87	04:35,90	00:59,24	02:09,42	01:00,92	02:07,07	01:00,87	00:38,04	01:20,27	03:19,44	00:46,88	01:41,81	03:35,20	00:50,11	01:53,34	00:39,12	01:33,82	03:44,52	01:36,26	03:22,71
1472	00:48,15	01:49,88	04:35,92	00:59,24	02:09,43	01:00,93	02:07,08	01:00,88	00:38,05	01:20,28	03:19,45	00:46,89	01:41,82	03:35,22	00:50,11	01:53,35	00:39,13	01:33,83	03:44,54	01:36,26	03:22,72
1471	00:48,15	01:49,89	04:35,93	00:59,25	02:09,44	01:00,93	02:07,09	01:00,89	00:38,05	01:20,28	03:19,46	00:46,89	01:41,83	03:35,23	00:50,12	01:53,36	00:39,13	01:33,84	03:44,55	01:36,27	03:22,73
1470	00:48,16	01:49,90	04:35,95	00:59,26	02:09,45	01:00,94	02:07,11	01:00,89	00:38,06	01:20,29	03:19,48	00:46,90	01:41,84	03:35,25	00:50,12	01:53,37	00:39,14	01:33,85	03:44,57	01:36,28	03:22,75
1469	00:48,16	01:49,91	04:35,97	00:59,26	02:09,46	01:00,95	02:07,12	01:00,90	00:38,06	01:20,30	03:19,49	00:46,90	01:41,85	03:35,26	00:50,13	01:53,38	00:39,14	01:33,86	03:44,58	01:36,29	03:22,76
1468	00:48,17	01:49,92	04:35,99	00:59,27	02:09,48	01:00,95	02:07,13	01:00,91	00:38,06	01:20,30	03:19,50	00:46,91	01:41,86	03:35,28	00:50,13	01:53,39	00:39,15	01:33,87	03:44,60	01:36,30	03:22,78
1467	00:48,17	01:49,93	04:36,01	00:59,27	02:09,49	01:00,96	02:07,14	01:00,91	00:38,07	01:20,31	03:19,52	00:46,91	01:41,87	03:35,29	00:50,14	01:53,40	00:39,15	01:33,87	03:44,61	01:36,31	03:22,79
1466	00:48,18	01:49,94	04:36,03	00:59,28	02:09,50	01:00,97	02:07,15	01:00,92	00:38,07	01:20,32	03:19,53	00:46,92	01:41,88	03:35,30	00:50,14	01:53,41	00:39,15	01:33,88	03:44,63	01:36,32	03:22,80
1465	00:48,18	01:49,95	04:36,05	00:59,29	02:09,51	01:00,97	02:07,16	01:00,93	00:38,08	01:20,33	03:19,55	00:46,92	01:41,89	03:35,32	00:50,15	01:53,42	00:39,16	01:33,89	03:44,65	01:36,33	03:22,82
1464	00:48,19	01:49,96	04:36,07	00:59,29	02:09,52	01:00,98	02:07,17	01:00,93	00:38,08	01:20,33	03:19,56	00:46,93	01:41,90	03:35,33	00:50,16	01:53,43	00:39,16	01:33,90	03:44,66	01:36,33	03:22,83
1463	00:48,19	01:49,97	04:36,09	00:59,30	02:09,53	01:00,99	02:07,19	01:00,94	00:38,08	01:20,34	03:19,57	00:46,93	01:41,90	03:35,35	00:50,16	01:53,44	00:39,17	01:33,91	03:44,68	01:36,34	03:22,85
1462	00:48,20	01:49,98	04:36,10	00:59,31	02:09,55	01:00,99	02:07,20	01:00,95	00:38,09	01:20,35	03:19,59	00:46,94	01:41,91	03:35,36	00:50,17	01:53,45	00:39,17	01:33,92	03:44,69	01:36,35	03:22,86
1461	00:48,20	01:49,99	04:36,12	00:59,31	02:09,56	01:01,00	02:07,21	01:00,95	00:38,09	01:20,36	03:19,60	00:46,94	01:41,92	03:35,38	00:50,17	01:53,46	00:39,18	01:33,93	03:44,71	01:36,36	03:22,87
1460	00:48,21	01:50,00	04:36,14	00:59,32	02:09,57	01:01,01	02:07,22	01:00,96	00:38,10	01:20,36	03:19,61	00:46,95	01:41,93	03:35,39	00:50,18	01:53,47	00:39,18	01:33,93	03:44,72	01:36,37	03:22,89
1459	00:48,21	01:50,01	04:36,16	00:59,33	02:09,58	01:01,01	02:07,23	01:00,97	00:38,10	01:20,37	03:19,63	00:46,95	01:41,94	03:35,41	00:50,18	01:53,48	00:39,18	01:33,94	03:44,74	01:36,38	03:22,90
1458	00:48,22	01:50,02	04:36,18	00:59,33	02:09,59	01:01,02	02:07,24	01:00,97	00:38,10	01:20,38	03:19,64	00:46,96	01:41,95	03:35,42	00:50,19	01:53,49	00:39,19	01:33,95	03:44,75	01:36,39	03:22,92
1457	00:48,23	01:50,03	04:36,20	00:59,34	02:09,61	01:01,03	02:07,26	01:00,98	00:38,11	01:20,38	03:19,66	00:46,96	01:41,96	03:35,44	00:50,19	01:53,50	00:39,19	01:33,96	03:44,77	01:36,40	03:22,93
1456	00:48,23	01:50,04	04:36,22	00:59,35	02:09,62	01:01,03	02:07,27	01:00,99	00:38,11	01:20,39	03:19,67	00:46,97	01:41,97	03:35,45	00:50,20	01:53,51	00:39,20	01:33,97	03:44,78	01:36,40	03:22,94
1455	00:48,24	01:50,05	04:36,24	00:59,35	02:09,63	01:01,04	02:07,28	01:00,99	00:38,12	01:20,40	03:19,68	00:46,97	01:41,98	03:35,47	00:50,20	01:53,52	00:39,20	01:33,98	03:44,80	01:36,41	03:22,96
1454	00:48,24	01:50,06	04:36,26	00:59,36	02:09,64	01:01,05	02:07,29	01:01,00	00:38,12	01:20,41	03:19,70	00:46,98	01:41,99	03:35,48	00:50,21	01:53,53	00:39,21	01:33,99	03:44,82	01:36,42	03:22,97
1453	00:48,25	01:50,07	04:36,28	00:59,37	02:09,65	01:01,05	02:07,30	01:01,01	00:38,13	01:20,41	03:19,71	00:46,98	01:42,00	03:35,50	00:50,22	01:53,54	00:39,21	01:33,99	03:44,83	01:36,43	03:22,99
1452	00:48,25	01:50,08	04:36,29	00:59,37	02:09,66	01:01,06	02:07,31	01:01,01	00:38,13	01:20,42	03:19,72	00:46,99	01:42,01	03:35,51	00:50,22	01:53,55	00:39,21	01:34,00	03:44,85	01:36,44	03:23,00
1451	00:48,26	01:50,09	04:36,31	00:59,38	02:09,68	01:01,07	02:07,33	01:01,02	00:38,13	01:20,43	03:19,74	00:46,99	01:42,02	03:35,53	00:50,23	01:53,56	00:39,22	01:34,01	03:44,86	01:36,45	03:23,01
1450	00:48,26	01:50,10	04:36,33	00:59,38	02:09,69	01:01,07	02:07,34	01:01,03	00:38,14	01:20,44	03:19,75	00:47,00	01:42,03	03:35,54	00:50,23	01:53,57	00:39,22	01:34,02	03:44,88	01:36,46	03:23,03
1449	00:48,27	01:50,11	04:36,35	00:59,39	02:09,70	01:01,08	02:07,35	01:01,03	00:38,14	01:20,44	03:19,77	00:47,00	01:42,03	03:35,56	00:50,24	01:53,58	00:39,23	01:34,03	03:44,89	01:36,47	03:23,04
1448	00:48,27	01:50,12	04:36,37	00:59,40	02:09,71	01:01,09	02:07,36	01:01,04	00:38,15	01:20,45	03:19,78	00:47,01	01:42,04	03:35,57	00:50,24	01:53,59	00:39,23	01:34,04	03:44,91	01:36,47	03:23,06
1447	00:48,28	01:50,13	04:36,39	00:59,40	02:09,72	01:01,09	02:07,37	01:01,05	00:38,15	01:20,46	03:19,79	00:47,01	01:42,05	03:35,59	00:50,25	01:53,60	00:39,24	01:34,05	03:44,92	01:36,48	03:23,07
1446	00:48,28	01:50,14	04:36,41	00:59,41	02:09,74	01:01,10	02:07,38	01:01,05	00:38,16	01:20,47	03:19,81	00:47,02	01:42,06	03:35,60	00:50,25	01:53,61	00:39,24	01:34,05	03:44,94	01:36,49	03:23,08
1445	00:48,29	01:50,15	04:36,43	00:59,42	02:09,75	01:01,11	02:07,40	01:01,06	00:38,16	01:20,47	03:19,82	00:47,02	01:42,07	03:35,62	00:50,26	01:53,62	00:39,24	01:34,06	03:44,96	01:36,50	03:23,10
1444	00:48,29	01:50,16	04:36,45	00:59,42	02:09,76	01:01,11	02:07,41	01:01,07	00:38,16	01:20,48	03:19,84	00:47,03	01:42,08	03:35,63	00:50,27	01:53,63	00:39,25	01:34,07	03:44,97	01:36,51	03:23,11
1443	00:48,30	01:50,17	04:36,47	00:59,43	02:09,77	01:01,12	02:07,42	01:01,07	00:38,17	01:20,49	03:19,85	00:47,04	01:42,09	03:35,65	00:50,27	01:53,65	00:39,25	01:34,08	03:44,99	01:36,52	03:23,13
1442	00:48,30	01:50,18	04:36,49	00:59,44	02:09,78	01:01,13	02:07,43	01:01,08	00:38,17	01:20,50	03:19,86	00:47,04	01:42,10	03:35,66	00:50,28	01:53,66	00:39,26	01:34,09	03:45,00	01:36,53	03:23,14
1441	00:48,31	01:50,19	04:36,51	00:59,44	02:09,80	01:01,13	02:07,44	01:01,09	00:38,18	01:20,50	03:19,88	00:47,05	01:42,11	03:35,68	00:50,28	01:53,67	00:39,26	01:34,10	03:45,02	01:36,54	03:23,15
1440	00:48,32	01:50,20	04:36,52	00:59,45	02:09,81	01:01,14	02:07,45	01:01,09	00:38,18	01:20,51	03:19,89	00:47,05	01:42,12	03:35,69	00:50,29	01:53,68	00:39,27	01:34,11	03:45,03	01:36,55	03:23,17

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1439	00:48,32	01:50,21	04:36,54	00:59,46	02:09,82	01:01,15	02:07,47	01:01,10	00:38,18	01:20,52	03:19,90	00:47,06	01:42,13	03:35,71	00:50,29	01:53,69	00:39,27	01:34,11	03:45,05	01:36,55	03:23,18
1438	00:48,33	01:50,22	04:36,56	00:59,46	02:09,83	01:01,15	02:07,48	01:01,11	00:38,19	01:20,52	03:19,92	00:47,06	01:42,14	03:35,72	00:50,30	01:53,70	00:39,27	01:34,12	03:45,07	01:36,56	03:23,20
1437	00:48,33	01:50,23	04:36,58	00:59,47	02:09,84	01:01,16	02:07,49	01:01,11	00:38,19	01:20,53	03:19,93	00:47,07	01:42,15	03:35,74	00:50,30	01:53,71	00:39,28	01:34,13	03:45,08	01:36,57	03:23,21
1436	00:48,34	01:50,24	04:36,60	00:59,48	02:09,85	01:01,17	02:07,50	01:01,12	00:38,20	01:20,54	03:19,95	00:47,07	01:42,16	03:35,75	00:50,31	01:53,72	00:39,28	01:34,14	03:45,10	01:36,58	03:23,23
1435	00:48,34	01:50,25	04:36,62	00:59,48	02:09,87	01:01,17	02:07,51	01:01,13	00:38,20	01:20,55	03:19,96	00:47,08	01:42,17	03:35,77	00:50,32	01:53,73	00:39,29	01:34,15	03:45,11	01:36,59	03:23,24
1434	00:48,35	01:50,26	04:36,64	00:59,49	02:09,88	01:01,18	02:07,52	01:01,13	00:38,21	01:20,55	03:19,97	00:47,08	01:42,18	03:35,78	00:50,32	01:53,74	00:39,29	01:34,16	03:45,13	01:36,60	03:23,25
1433	00:48,35	01:50,27	04:36,66	00:59,50	02:09,89	01:01,19	02:07,54	01:01,14	00:38,21	01:20,56	03:19,99	00:47,09	01:42,19	03:35,80	00:50,33	01:53,75	00:39,30	01:34,17	03:45,14	01:36,61	03:23,27
1432	00:48,36	01:50,28	04:36,68	00:59,50	02:09,90	01:01,19	02:07,55	01:01,15	00:38,21	01:20,57	03:20,00	00:47,09	01:42,19	03:35,81	00:50,33	01:53,76	00:39,30	01:34,18	03:45,16	01:36,62	03:23,28
1431	00:48,36	01:50,29	04:36,70	00:59,51	02:09,92	01:01,20	02:07,56	01:01,15	00:38,22	01:20,58	03:20,02	00:47,10	01:42,20	03:35,83	00:50,34	01:53,77	00:39,30	01:34,18	03:45,18	01:36,63	03:23,30
1430	00:48,37	01:50,30	04:36,72	00:59,52	02:09,93	01:01,21	02:07,57	01:01,16	00:38,22	01:20,58	03:20,03	00:47,10	01:42,21	03:35,84	00:50,34	01:53,78	00:39,31	01:34,19	03:45,19	01:36,63	03:23,31
1429	00:48,37	01:50,31	04:36,74	00:59,52	02:09,94	01:01,21	02:07,58	01:01,17	00:38,23	01:20,59	03:20,04	00:47,11	01:42,22	03:35,86	00:50,35	01:53,79	00:39,31	01:34,20	03:45,21	01:36,64	03:23,32
1428	00:48,38	01:50,32	04:36,76	00:59,53	02:09,95	01:01,22	02:07,60	01:01,17	00:38,23	01:20,60	03:20,06	00:47,11	01:42,23	03:35,87	00:50,35	01:53,80	00:39,32	01:34,21	03:45,22	01:36,65	03:23,34
1427	00:48,38	01:50,33	04:36,78	00:59,54	02:09,96	01:01,23	02:07,61	01:01,18	00:38,24	01:20,61	03:20,07	00:47,12	01:42,24	03:35,89	00:50,36	01:53,81	00:39,32	01:34,22	03:45,24	01:36,66	03:23,35
1426	00:48,39	01:50,34	04:36,80	00:59,54	02:09,98	01:01,23	02:07,62	01:01,19	00:38,24	01:20,61	03:20,09	00:47,12	01:42,25	03:35,90	00:50,37	01:53,82	00:39,33	01:34,23	03:45,25	01:36,67	03:23,37
1425	00:48,40	01:50,35	04:36,82	00:59,55	02:09,99	01:01,24	02:07,63	01:01,19	00:38,24	01:20,62	03:20,10	00:47,13	01:42,26	03:35,92	00:50,37	01:53,83	00:39,33	01:34,24	03:45,27	01:36,68	03:23,38
1424	00:48,40	01:50,36	04:36,83	00:59,56	02:10,00	01:01,25	02:07,64	01:01,20	00:38,25	01:20,63	03:20,11	00:47,13	01:42,27	03:35,93	00:50,38	01:53,85	00:39,34	01:34,25	03:45,29	01:36,69	03:23,40
1423	00:48,41	01:50,37	04:36,85	00:59,56	02:10,01	01:01,26	02:07,65	01:01,21	00:38,25	01:20,64	03:20,13	00:47,14	01:42,28	03:35,95	00:50,38	01:53,86	00:39,34	01:34,25	03:45,30	01:36,70	03:23,41
1422	00:48,41	01:50,38	04:36,87	00:59,57	02:10,02	01:01,26	02:07,67	01:01,21	00:38,26	01:20,64	03:20,14	00:47,14	01:42,29	03:35,96	00:50,39	01:53,87	00:39,34	01:34,26	03:45,32	01:36,71	03:23,43
1421	00:48,42	01:50,39	04:36,89	00:59,58	02:10,04	01:01,27	02:07,68	01:01,22	00:38,26	01:20,65	03:20,16	00:47,15	01:42,30	03:35,98	00:50,39	01:53,88	00:39,35	01:34,27	03:45,33	01:36,72	03:23,44
1420	00:48,42	01:50,40	04:36,91	00:59,58	02:10,05	01:01,28	02:07,69	01:01,23	00:38,27	01:20,66	03:20,17	00:47,16	01:42,31	03:35,99	00:50,40	01:53,89	00:39,35	01:34,28	03:45,35	01:36,72	03:23,45
1419	00:48,43	01:50,41	04:36,93	00:59,59	02:10,06	01:01,28	02:07,70	01:01,24	00:38,27	01:20,67	03:20,19	00:47,16	01:42,32	03:36,01	00:50,41	01:53,90	00:39,36	01:34,29	03:45,37	01:36,73	03:23,47
1418	00:48,43	01:50,42	04:36,95	00:59,60	02:10,07	01:01,29	02:07,71	01:01,24	00:38,27	01:20,67	03:20,20	00:47,17	01:42,33	03:36,03	00:50,41	01:53,91	00:39,36	01:34,30	03:45,38	01:36,74	03:23,48
1417	00:48,44	01:50,43	04:36,97	00:59,60	02:10,08	01:01,30	02:07,73	01:01,25	00:38,28	01:20,68	03:20,21	00:47,17	01:42,34	03:36,04	00:50,42	01:53,92	00:39,37	01:34,31	03:45,40	01:36,75	03:23,50
1416	00:48,44	01:50,44	04:36,99	00:59,61	02:10,10	01:01,30	02:07,74	01:01,26	00:38,28	01:20,69	03:20,23	00:47,18	01:42,35	03:36,06	00:50,42	01:53,93	00:39,37	01:34,32	03:45,41	01:36,76	03:23,51
1415	00:48,45	01:50,46	04:37,01	00:59,62	02:10,11	01:01,31	02:07,75	01:01,26	00:38,29	01:20,70	03:20,24	00:47,18	01:42,36	03:36,07	00:50,43	01:53,94	00:39,38	01:34,33	03:45,43	01:36,77	03:23,53
1414	00:48,46	01:50,47	04:37,03	00:59,62	02:10,12	01:01,32	02:07,76	01:01,27	00:38,29	01:20,70	03:20,26	00:47,19	01:42,37	03:36,09	00:50,43	01:53,95	00:39,38	01:34,33	03:45,45	01:36,78	03:23,54
1413	00:48,46	01:50,48	04:37,05	00:59,63	02:10,13	01:01,32	02:07,77	01:01,28	00:38,30	01:20,71	03:20,27	00:47,19	01:42,38	03:36,10	00:50,44	01:53,96	00:39,38	01:34,34	03:45,46	01:36,79	03:23,55
1412	00:48,47	01:50,49	04:37,07	00:59,64	02:10,15	01:01,33	02:07,79	01:01,28	00:38,30	01:20,72	03:20,28	00:47,20	01:42,39	03:36,12	00:50,44	01:53,97	00:39,39	01:34,35	03:45,48	01:36,80	03:23,57
1411	00:48,47	01:50,50	04:37,09	00:59,64	02:10,16	01:01,34	02:07,80	01:01,29	00:38,30	01:20,73	03:20,30	00:47,20	01:42,40	03:36,13	00:50,45	01:53,98	00:39,39	01:34,36	03:45,49	01:36,81	03:23,58
1410	00:48,48	01:50,51	04:37,11	00:59,65	02:10,17	01:01,34	02:07,81	01:01,30	00:38,31	01:20,74	03:20,31	00:47,21	01:42,40	03:36,15	00:50,46	01:53,99	00:39,40	01:34,37	03:45,51	01:36,82	03:23,60
1409	00:48,48	01:50,52	04:37,13	00:59,66	02:10,18	01:01,35	02:07,82	01:01,30	00:38,31	01:20,74	03:20,33	00:47,21	01:42,41	03:36,16	00:50,46	01:54,01	00:39,40	01:34,38	03:45,53	01:36,82	03:23,61
1408	00:48,49	01:50,53	04:37,15	00:59,66	02:10,19	01:01,36	02:07,83	01:01,31	00:38,32	01:20,75	03:20,34	00:47,22	01:42,42	03:36,18	00:50,47	01:54,02	00:39,41	01:34,39	03:45,54	01:36,83	03:23,63
1407	00:48,49	01:50,54	04:37,17	00:59,67	02:10,21	01:01,37	02:07,85	01:01,32	00:38,32	01:20,76	03:20,36	00:47,22	01:42,43	03:36,19	00:50,47	01:54,03	00:39,41	01:34,40	03:45,56	01:36,84	03:23,64
1406	00:48,50	01:50,55	04:37,19	00:59,68	02:10,22	01:01,37	02:07,86	01:01,32	00:38,33	01:20,77	03:20,37	00:47,23	01:42,44	03:36,21	00:50,48	01:54,04	00:39,42	01:34,41	03:45,57	01:36,85	03:23,66
1405	00:48,50	01:50,56	04:37,21	00:59,68	02:10,23	01:01,38	02:07,87	01:01,33	00:38,33	01:20,77	03:20,38	00:47,24	01:42,45	03:36,22	00:50,48	01:54,05	00:39,42	01:34,41	03:45,59	01:36,86	03:23,67
1404	00:48,51	01:50,57	04:37,23	00:59,69	02:10,24	01:01,39	02:07,88	01:01,34	00:38,33	01:20,78	03:20,40	00:47,24	01:42,46	03:36,24	00:50,49	01:54,06	00:39,42	01:34,42	03:45,61	01:36,87	03:23,69
1403	00:48,52	01:50,58	04:37,25	00:59,70	02:10,26	01:01,39	02:07,89	01:01,35	00:38,34	01:20,79	03:20,41	00:47,25	01:42,47	03:36,26	00:50,50	01:54,07	00:39,43	01:34,43	03:45,62	01:36,88	03:23,70
1402	00:48,52	01:50,59	04:37,27	00:59,70	02:10,27	01:01,40	02:07,91	01:01,35	00:38,34	01:20,80	03:20,43	00:47,25	01:42,48	03:36,27	00:50,50	01:54,08	00:39,43	01:34,44	03:45,64	01:36,89	03:23,71
1401	00:48,53	01:50,60	04:37,29	00:59,71	02:10,28	01:01,41	02:07,92	01:01,36	00:38,35	01:20,80	03:20,44	00:47,26	01:42,49	03:36,29	00:50,51	01:54,09	00:39,44	01:34,45	03:45,65	01:36,90	03:23,73
1400	00:48,53	01:50,61	04:37,31	00:59,72	02:10,29	01:01,41	02:07,93	01:01,37	00:38,35	01:20,81	03:20,46	00:47,26	01:42,50	03:36,30	00:50,51	01:54,10	00:39,44	01:34,46	03:45,67	01:36,91	03:23,74
1399	00:48,54	01:50,62	04:37,33	00:59,72	02:10,31	01:01,42	02:07,94	01:01,37	00:38,36	01:20,82	03:20,47	00:47,27	01:42,51	03:36,32	00:50,52	01:54,11	00:39,45	01:34,47	03:45,69	01:36,92	03:23,76
1398	00:48,54	01:50,63	04:37,35	00:59,73	02:10,32	01:01,43	02:07,96	01:01,38	00:38,36	01:20,83	03:20,49	00:47,27	01:42,52	03:36,33	00:50,52	01:54,12	00:39,45	01:34,48	03:45,70	01:36,93	03:23,77
1397	00:48,55	01:50,64	04:37,37	00:59,74	02:10,33	01:01,44	02:07,97	01:01,39	00:38,36	01:20,83	03:20,50	00:47,28	01:42,53	03:36,35	00:50,53	01:54,13	00:39,46	01:34,49	03:45,72	01:36,93	03:23,79
1396	00:48,55	01:50,65	04:37,39	00:59,74	02:10,34	01:01,44	02:07,98	01:01,39	00:38,37	01:20,84	03:20,51	00:47,28	01:42,54	03:36,36	00:50,54	01:54,15	00:39,46	01:34,49	03:45,74	01:36,94	03:23,80
1395	00:48,56	01:50,66	04:37,41	00:59,75	02:10,35	01:01,45	02:07,99	01:01,40	00:38,37	01:20,85	03:20,53	00:47,29	01:42,55	03:36,38	00:50,54	01:54,16	00:39,46	01:34,50	03:45,75	01:36,95	03:23,82
1394	00:48,57	01:50,67	04:37,43	00:59,76	02:10,37	01:01,46	02:08,00	01:01,41	00:38,38	01:20,86	03:20,54	00:47,29	01:42,56	03:36,40	00:50,55	01:54,17	00:39,47	01:34,51	03:45,77	01:36,96	03:23,83
1393	00:48,57	01:50,68	04:37,45	00:59,76	02:10,38	01:01,46	02:08,02	01:01,42	00:38,38	01:20,87	03:20,56	00:47,30	01:42,57	03:36,41	00:50,55	01:54,18	00:39,47	01:34,52	03:45,78	01:36,97	03:23,85
1392	00:48,58	01:50,70	04:37,47	00:59,77	02:10,39	01:01,47	02:08,03	01:01,42	00:38,39	01:20,87	03:20,57	00:47,31	01:42,58	03:36,43	00:50,56	01:54,19	00:39,48	01:34,53	03:45,80	01:36,98	03:23,86
1391	00:48,58	01:50,71	04:37,49	00:59,78	02:10,40	01:01,48	02:08,04	01:01,43	00:38,39	01:20,88	03:20,59	00:47,31	01:42,59	03:36,44	00:50,57	01:54,20	00:39,48	01:34,54	03:45,82	01:36,99	03:23,88
1390	00:48,59	01:50,72	04:37,51	00:59,79	02:10,42	01:01,48	02:08,05	01:01,44	00:38,40	01:20,89	03:20,60	00:47,32	01:42,60	03:36,46	00:50,57	01:54,21	00:39,49	01:34,55	03:45,83	01:37,00	03:23,89
1389	00:48,59	01:50,73	04:37,53	00:59,79	02:10,43	01:01,49	02:08,06	01:01,44	00:38,40	01:20,90	03:20,62	00:47,32	01:42,61	03:36,47	00:50,58	01:54,22	00:39,49	01:34,56	03:45,85	01:37,01	03:23,90
1388	00:48,60	01:50,74	04:37,55	00:59,80	02:10,44	01:01,50	02:08,08	01:01,45	00:38,40	01:20,90	03:20,63	00:47,33	01:42,62	03:36,49	00:50,58	01:54,23	00:39,50	01:34,57	03:45,87	01:37,02	03:23,92
1387	00:48,60	01:50,75	04:37,57	00:59,81	02:10,45	01:01,51	02:08,09	01:01,46	00:38,41	01:20,91	03:20,64	00:47,33	01:42,63	03:36,50	00:50,59	01:54,24	00:39,50	01:34,58	03:45,88	01:37,03	03:23,93
1386	00:48,61	01:50,76	04:37,59	00:59,81	02:10,47	01:01,51	02:08,10	01:01,46	00:38,41	01:20,92	03:20,66	00:47,34	01:42,64	03:36,52	00:50,59	01:54,25	00:39,50	01:34,58	03:45,90	01:37,04	03:23,95
1385	00:48,62	01:50,77	04:37,61	00:59,82	02:10,48	01:01,52	02:08,11	01:01,47	00:38,42	01:20,93	03:20,67	00:47,34	01:42,65	03:36,54	00:50,60	01:54,27	00:39,51	01:34,59	03:45,91	01:37,05	03:23,96
1384	00:48,62	01:50,78	04:37,63	00:59,83	02:10,49	01:01,53	02:08,13	01:01,48	00:38,42	01:20,93	03:20,69	00:47,35	01:42,66	03:36,55	00:50,61	01:54,28	00:39,51	01:34,60	03:45,93	01:37,05	03:23,98
1383	00:48,63	01:50,79	04:37,65	00:59,83	02:10,50	01:01,53	02:08,14	01:01,49	00:38,43	01:20,94	03:20,70	00:47,35	01:42,67	03:36,57	00:50,61	01:54,29	00:39,52	01:34,61	03:45,95	01:37,06	03:23,99
1382	00:48,63	01:50,80	04:37,67	00:59,84	02:10,52	01:01,54	02:08,15	01:01,49	00:38,43	01:20,95	03:20,72	00:47,36	01:42,68	03:36,58	00:50,62	01:54,30	00:39,52	01:34,62	03:45,96	01:37,07	03:24,01
1381	00:48,64	01:50,81	04:37,69	00:59,85	02:10,53	01:01,55	02:08,16	01:01,50	00:38,44	01:20,96	03:20,73	00:47,36	01:42,69	03:36,60	00:50,62	01:54,31	00:39,53	01:34,63	03:45,98	01:37,08	03:24,02
1380	00:48,64	01:50,82	04:37,71	00:59,85	02:10,54	01:01,55	02:08,18	01:01,51	00:38,44	01:20,97	03:20,75	00:47,37	01:42,70	03:36,61	00:50,63	01:54,32	00:39,53	01:34,64	03:46,00	01:37,09	03:24,04
1379	00:48,65	01:50,83	04:37,73	00:59,86	02:10,55	01:01,56	02:08,19	01:01,51	00:38,44	01:20,97	03:20,76	00:47,38	01:42,71	03:36,63	00:50,63	01:54,33	00:39,54	01:34,65	03:46,01	01:37,10	03:24,05

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1378	00:48,65	01:50,84	04:37,75	00:59,87	02:10,57	01:01,57	02:08,20	01:01,52	00:38,45	01:20,98	03:20,78	00:47,38	01:42,72	03:36,65	00:50,64	01:54,34	00:39,54	01:34,66	03:46,03	01:37,11	03:24,07
1377	00:48,66	01:50,85	04:37,77	00:59,87	02:10,58	01:01,58	02:08,21	01:01,53	00:38,45	01:20,99	03:20,79	00:47,39	01:42,73	03:36,66	00:50,65	01:54,35	00:39,55	01:34,67	03:46,05	01:37,12	03:24,08
1376	00:48,67	01:50,87	04:37,79	00:59,88	02:10,59	01:01,58	02:08,22	01:01,54	00:38,46	01:21,00	03:20,80	00:47,39	01:42,74	03:36,68	00:50,65	01:54,36	00:39,55	01:34,68	03:46,06	01:37,13	03:24,10
1375	00:48,67	01:50,88	04:37,81	00:59,89	02:10,60	01:01,59	02:08,24	01:01,54	00:38,46	01:21,00	03:20,82	00:47,40	01:42,75	03:36,69	00:50,66	01:54,38	00:39,56	01:34,68	03:46,08	01:37,14	03:24,11
1374	00:48,68	01:50,89	04:37,83	00:59,90	02:10,62	01:01,60	02:08,25	01:01,55	00:38,47	01:21,01	03:20,83	00:47,40	01:42,76	03:36,71	00:50,66	01:54,39	00:39,56	01:34,69	03:46,10	01:37,15	03:24,13
1373	00:48,68	01:50,90	04:37,85	00:59,90	02:10,63	01:01,60	02:08,26	01:01,56	00:38,47	01:21,02	03:20,85	00:47,41	01:42,77	03:36,73	00:50,67	01:54,40	00:39,56	01:34,70	03:46,11	01:37,16	03:24,14
1372	00:48,69	01:50,91	04:37,87	00:59,91	02:10,64	01:01,61	02:08,27	01:01,56	00:38,48	01:21,03	03:20,86	00:47,41	01:42,78	03:36,74	00:50,68	01:54,41	00:39,57	01:34,71	03:46,13	01:37,17	03:24,16
1371	00:48,69	01:50,92	04:37,89	00:59,92	02:10,66	01:01,62	02:08,29	01:01,57	00:38,48	01:21,04	03:20,88	00:47,42	01:42,79	03:36,76	00:50,68	01:54,42	00:39,57	01:34,72	03:46,15	01:37,18	03:24,17
1370	00:48,70	01:50,93	04:37,91	00:59,92	02:10,67	01:01,63	02:08,30	01:01,58	00:38,48	01:21,04	03:20,89	00:47,43	01:42,80	03:36,77	00:50,69	01:54,43	00:39,58	01:34,73	03:46,16	01:37,19	03:24,19
1369	00:48,71	01:50,94	04:37,93	00:59,93	02:10,68	01:01,63	02:08,31	01:01,59	00:38,49	01:21,05	03:20,91	00:47,43	01:42,81	03:36,79	00:50,69	01:54,44	00:39,58	01:34,74	03:46,18	01:37,20	03:24,20
1368	00:48,71	01:50,95	04:37,95	00:59,94	02:10,69	01:01,64	02:08,32	01:01,59	00:38,49	01:21,06	03:20,92	00:47,44	01:42,82	03:36,80	00:50,70	01:54,45	00:39,59	01:34,75	03:46,19	01:37,20	03:24,22
1367	00:48,72	01:50,96	04:37,97	00:59,94	02:10,71	01:01,65	02:08,34	01:01,60	00:38,50	01:21,07	03:20,94	00:47,44	01:42,83	03:36,82	00:50,71	01:54,46	00:39,59	01:34,76	03:46,21	01:37,21	03:24,23
1366	00:48,72	01:50,97	04:37,99	00:59,95	02:10,72	01:01,65	02:08,35	01:01,61	00:38,50	01:21,08	03:20,95	00:47,45	01:42,84	03:36,84	00:50,71	01:54,47	00:39,60	01:34,77	03:46,23	01:37,22	03:24,25
1365	00:48,73	01:50,98	04:38,01	00:59,96	02:10,73	01:01,66	02:08,36	01:01,61	00:38,51	01:21,08	03:20,97	00:47,45	01:42,85	03:36,85	00:50,72	01:54,49	00:39,60	01:34,78	03:46,24	01:37,23	03:24,26
1364	00:48,73	01:50,99	04:38,03	00:59,97	02:10,74	01:01,67	02:08,37	01:01,62	00:38,51	01:21,09	03:20,98	00:47,46	01:42,86	03:36,87	00:50,72	01:54,50	00:39,61	01:34,79	03:46,26	01:37,24	03:24,28
1363	00:48,74	01:51,01	04:38,05	00:59,97	02:10,76	01:01,68	02:08,39	01:01,63	00:38,52	01:21,10	03:21,00	00:47,46	01:42,87	03:36,88	00:50,73	01:54,51	00:39,61	01:34,79	03:46,28	01:37,25	03:24,29
1362	00:48,75	01:51,02	04:38,07	00:59,98	02:10,77	01:01,68	02:08,40	01:01,64	00:38,52	01:21,11	03:21,01	00:47,47	01:42,88	03:36,90	00:50,73	01:54,52	00:39,61	01:34,80	03:46,29	01:37,26	03:24,31
1361	00:48,75	01:51,03	04:38,09	00:59,99	02:10,78	01:01,69	02:08,41	01:01,64	00:38,52	01:21,11	03:21,03	00:47,47	01:42,89	03:36,92	00:50,74	01:54,53	00:39,62	01:34,81	03:46,31	01:37,27	03:24,32
1360	00:48,76	01:51,04	04:38,12	00:59,99	02:10,80	01:01,70	02:08,42	01:01,65	00:38,53	01:21,12	03:21,04	00:47,48	01:42,90	03:36,93	00:50,75	01:54,54	00:39,62	01:34,82	03:46,33	01:37,28	03:24,34
1359	00:48,76	01:51,05	04:38,14	01:00,00	02:10,81	01:01,71	02:08,44	01:01,66	00:38,53	01:21,13	03:21,06	00:47,49	01:42,91	03:36,95	00:50,75	01:54,55	00:39,63	01:34,83	03:46,34	01:37,29	03:24,35
1358	00:48,77	01:51,06	04:38,16	01:00,01	02:10,82	01:01,71	02:08,45	01:01,66	00:38,54	01:21,14	03:21,07	00:47,49	01:42,92	03:36,96	00:50,76	01:54,56	00:39,63	01:34,84	03:46,36	01:37,30	03:24,37
1357	00:48,77	01:51,07	04:38,18	01:00,01	02:10,83	01:01,72	02:08,46	01:01,67	00:38,54	01:21,15	03:21,08	00:47,50	01:42,93	03:36,98	00:50,76	01:54,58	00:39,64	01:34,85	03:46,38	01:37,31	03:24,38
1356	00:48,78	01:51,08	04:38,20	01:00,02	02:10,85	01:01,73	02:08,47	01:01,68	00:38,55	01:21,15	03:21,10	00:47,50	01:42,94	03:37,00	00:50,77	01:54,59	00:39,64	01:34,86	03:46,39	01:37,32	03:24,40
1355	00:48,78	01:51,09	04:38,22	01:00,03	02:10,86	01:01,73	02:08,49	01:01,69	00:38,55	01:21,16	03:21,11	00:47,51	01:42,95	03:37,01	00:50,78	01:54,60	00:39,65	01:34,87	03:46,41	01:37,33	03:24,41
1354	00:48,79	01:51,10	04:38,24	01:00,04	02:10,87	01:01,74	02:08,50	01:01,69	00:38,56	01:21,17	03:21,13	00:47,51	01:42,96	03:37,03	00:50,78	01:54,61	00:39,65	01:34,88	03:46,43	01:37,34	03:24,43
1353	00:48,80	01:51,11	04:38,26	01:00,04	02:10,88	01:01,75	02:08,51	01:01,70	00:38,56	01:21,18	03:21,14	00:47,52	01:42,97	03:37,04	00:50,79	01:54,62	00:39,66	01:34,89	03:46,45	01:37,35	03:24,44
1352	00:48,80	01:51,12	04:38,28	01:00,05	02:10,90	01:01,76	02:08,52	01:01,71	00:38,57	01:21,19	03:21,16	00:47,52	01:42,98	03:37,06	00:50,79	01:54,63	00:39,66	01:34,90	03:46,46	01:37,36	03:24,46
1351	00:48,81	01:51,14	04:38,30	01:00,06	02:10,91	01:01,76	02:08,54	01:01,72	00:38,57	01:21,19	03:21,17	00:47,53	01:42,99	03:37,08	00:50,80	01:54,64	00:39,67	01:34,91	03:46,48	01:37,37	03:24,47
1350	00:48,81	01:51,15	04:38,32	01:00,06	02:10,92	01:01,77	02:08,55	01:01,72	00:38,57	01:21,20	03:21,19	00:47,54	01:43,00	03:37,09	00:50,81	01:54,65	00:39,67	01:34,92	03:46,50	01:37,38	03:24,49
1349	00:48,82	01:51,16	04:38,34	01:00,07	02:10,94	01:01,78	02:08,56	01:01,73	00:38,58	01:21,21	03:21,20	00:47,54	01:43,01	03:37,11	00:50,81	01:54,67	00:39,68	01:34,92	03:46,51	01:37,39	03:24,50
1348	00:48,83	01:51,17	04:38,36	01:00,08	02:10,95	01:01,78	02:08,57	01:01,74	00:38,58	01:21,22	03:21,22	00:47,55	01:43,02	03:37,13	00:50,82	01:54,68	00:39,68	01:34,93	03:46,53	01:37,39	03:24,52
1347	00:48,83	01:51,18	04:38,38	01:00,08	02:10,96	01:01,79	02:08,59	01:01,74	00:38,59	01:21,23	03:21,23	00:47,55	01:43,03	03:37,14	00:50,82	01:54,69	00:39,68	01:34,94	03:46,55	01:37,40	03:24,53
1346	00:48,84	01:51,19	04:38,40	01:00,09	02:10,97	01:01,80	02:08,60	01:01,75	00:38,59	01:21,23	03:21,25	00:47,56	01:43,04	03:37,16	00:50,83	01:54,70	00:39,69	01:34,95	03:46,56	01:37,41	03:24,55
1345	00:48,84	01:51,20	04:38,42	01:00,10	02:10,99	01:01,81	02:08,61	01:01,76	00:38,60	01:21,24	03:21,26	00:47,56	01:43,05	03:37,17	00:50,84	01:54,71	00:39,69	01:34,96	03:46,58	01:37,42	03:24,56
1344	00:48,85	01:51,21	04:38,45	01:00,11	02:11,00	01:01,81	02:08,63	01:01,77	00:38,60	01:21,25	03:21,28	00:47,57	01:43,06	03:37,19	00:50,84	01:54,72	00:39,70	01:34,97	03:46,60	01:37,43	03:24,58
1343	00:48,85	01:51,22	04:38,47	01:00,11	02:11,01	01:01,82	02:08,64	01:01,77	00:38,61	01:21,26	03:21,29	00:47,58	01:43,07	03:37,21	00:50,85	01:54,73	00:39,70	01:34,98	03:46,61	01:37,44	03:24,60
1342	00:48,86	01:51,23	04:38,49	01:00,12	02:11,03	01:01,83	02:08,65	01:01,78	00:38,61	01:21,27	03:21,31	00:47,58	01:43,08	03:37,22	00:50,85	01:54,74	00:39,71	01:34,99	03:46,63	01:37,45	03:24,61
1341	00:48,87	01:51,24	04:38,51	01:00,13	02:11,04	01:01,84	02:08,66	01:01,79	00:38,62	01:21,27	03:21,32	00:47,59	01:43,09	03:37,24	00:50,86	01:54,76	00:39,71	01:35,00	03:46,65	01:37,46	03:24,63
1340	00:48,87	01:51,26	04:38,53	01:00,13	02:11,05	01:01,84	02:08,68	01:01,80	00:38,62	01:21,28	03:21,34	00:47,59	01:43,10	03:37,26	00:50,87	01:54,77	00:39,72	01:35,01	03:46,66	01:37,47	03:24,64
1339	00:48,88	01:51,27	04:38,55	01:00,14	02:11,07	01:01,85	02:08,69	01:01,80	00:38,62	01:21,29	03:21,35	00:47,60	01:43,11	03:37,27	00:50,87	01:54,78	00:39,72	01:35,02	03:46,68	01:37,48	03:24,66
1338	00:48,88	01:51,28	04:38,57	01:00,15	02:11,08	01:01,86	02:08,70	01:01,81	00:38,63	01:21,30	03:21,37	00:47,60	01:43,12	03:37,29	00:50,88	01:54,79	00:39,73	01:35,03	03:46,70	01:37,49	03:24,67
1337	00:48,89	01:51,29	04:38,59	01:00,16	02:11,09	01:01,87	02:08,71	01:01,82	00:38,63	01:21,31	03:21,38	00:47,61	01:43,13	03:37,30	00:50,88	01:54,80	00:39,73	01:35,04	03:46,72	01:37,50	03:24,69
1336	00:48,89	01:51,30	04:38,61	01:00,16	02:11,10	01:01,87	02:08,73	01:01,83	00:38,64	01:21,31	03:21,40	00:47,62	01:43,14	03:37,32	00:50,89	01:54,81	00:39,74	01:35,05	03:46,73	01:37,51	03:24,70
1335	00:48,90	01:51,31	04:38,63	01:00,17	02:11,12	01:01,88	02:08,74	01:01,83	00:38,64	01:21,32	03:21,42	00:47,62	01:43,15	03:37,34	00:50,90	01:54,82	00:39,74	01:35,06	03:46,75	01:37,52	03:24,72
1334	00:48,91	01:51,32	04:38,65	01:00,18	02:11,13	01:01,89	02:08,75	01:01,84	00:38,65	01:21,33	03:21,43	00:47,63	01:43,16	03:37,35	00:50,90	01:54,84	00:39,75	01:35,07	03:46,77	01:37,53	03:24,73
1333	00:48,91	01:51,33	04:38,68	01:00,18	02:11,14	01:01,89	02:08,77	01:01,85	00:38,65	01:21,34	03:21,45	00:47,63	01:43,17	03:37,37	00:50,91	01:54,85	00:39,75	01:35,08	03:46,78	01:37,54	03:24,75
1332	00:48,92	01:51,34	04:38,70	01:00,19	02:11,16	01:01,90	02:08,78	01:01,85	00:38,66	01:21,35	03:21,46	00:47,64	01:43,18	03:37,39	00:50,91	01:54,86	00:39,76	01:35,08	03:46,80	01:37,55	03:24,76
1331	00:48,92	01:51,36	04:38,72	01:00,20	02:11,17	01:01,91	02:08,79	01:01,86	00:38,66	01:21,36	03:21,48	00:47,64	01:43,19	03:37,40	00:50,92	01:54,87	00:39,76	01:35,09	03:46,82	01:37,56	03:24,78
1330	00:48,93	01:51,37	04:38,74	01:00,21	02:11,18	01:01,92	02:08,80	01:01,87	00:38,67	01:21,36	03:21,49	00:47,65	01:43,20	03:37,42	00:50,93	01:54,88	00:39,76	01:35,10	03:46,84	01:37,57	03:24,79
1329	00:48,94	01:51,38	04:38,76	01:00,21	02:11,20	01:01,92	02:08,82	01:01,88	00:38,67	01:21,37	03:21,51	00:47,65	01:43,21	03:37,43	00:50,93	01:54,89	00:39,77	01:35,11	03:46,85	01:37,58	03:24,81
1328	00:48,94	01:51,39	04:38,78	01:00,22	02:11,21	01:01,93	02:08,83	01:01,88	00:38,68	01:21,38	03:21,52	00:47,66	01:43,22	03:37,45	00:50,94	01:54,90	00:39,77	01:35,12	03:46,87	01:37,59	03:24,83
1327	00:48,95	01:51,40	04:38,80	01:00,23	02:11,22	01:01,94	02:08,84	01:01,89	00:38,68	01:21,39	03:21,54	00:47,67	01:43,23	03:37,47	00:50,95	01:54,92	00:39,78	01:35,13	03:46,89	01:37,60	03:24,84
1326	00:48,95	01:51,41	04:38,82	01:00,24	02:11,23	01:01,95	02:08,86	01:01,90	00:38,68	01:21,40	03:21,55	00:47,67	01:43,24	03:37,48	00:50,95	01:54,93	00:39,78	01:35,14	03:46,90	01:37,61	03:24,86
1325	00:48,96	01:51,42	04:38,84	01:00,24	02:11,25	01:01,95	02:08,87	01:01,91	00:38,69	01:21,40	03:21,57	00:47,68	01:43,25	03:37,50	00:50,96	01:54,94	00:39,79	01:35,15	03:46,92	01:37,62	03:24,87
1324	00:48,96	01:51,43	04:38,86	01:00,25	02:11,26	01:01,96	02:08,88	01:01,91	00:38,69	01:21,41	03:21,58	00:47,68	01:43,26	03:37,52	00:50,96	01:54,95	00:39,79	01:35,16	03:46,94	01:37,63	03:24,89
1323	00:48,97	01:51,44	04:38,89	01:00,26	02:11,27	01:01,97	02:08,89	01:01,92	00:38,70	01:21,42	03:21,60	00:47,69	01:43,27	03:37,53	00:50,97	01:54,96	00:39,80	01:35,17	03:46,96	01:37,64	03:24,90
1322	00:48,98	01:51,46	04:38,91	01:00,26	02:11,29	01:01,98	02:08,91	01:01,93	00:38,70	01:21,43	03:21,61	00:47,69	01:43,28	03:37,55	00:50,98	01:54,97	00:39,80	01:35,18	03:46,97	01:37,65	03:24,92
1321	00:48,98	01:51,47	04:38,93	01:00,27	02:11,30	01:01,98	02:08,92	01:01,94	00:38,71	01:21,44	03:21,63	00:47,70	01:43,29	03:37,57	00:50,98	01:54,98	00:39,81	01:35,19	03:46,99	01:37,66	03:24,93
1320	00:48,99	01:51,48	04:38,95	01:00,28	02:11,31	01:01,99	02:08,93	01:01,94	00:38,71	01:21,44	03:21,64	00:47,71	01:43,30	03:37,58	00:50,99	01:55,00	00:39,81	01:35,20	03:47,01	01:37,67	03:24,95
1319	00:48,99	01:51,49	04:38,97	01:00,29	02:11,33	01:02,00	02:08,95	01:01,95	00:38,72	01:21,45	03:21,66	00:47,71	01:43,32	03:37,60	00:50,99	01:55,01	00:39,82	01:35,21	03:47,02	01:37,68	03:24,97
1318	00:49,00	01:51,50	04:38,99	01:00,29	02:11,34	01:02,01	02:08,96	01:01,96	00:38,72	01:21,46	03:21,67	00:47,72	01:43,33	03:37,62	00:51,00	01:55,02	00:39,82	01:35,22	03:47,04	01:37,69	03:24,98

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1317	00:49,01	01:51,51	04:39,01	01:00,30	02:11,35	01:02,01	02:08,97	01:01,97	00:38,73	01:21,47	03:21,69	00:47,72	01:43,34	03:37,63	00:51,01	01:55,03	00:39,83	01:35,23	03:47,06	01:37,70	03:25,00
1316	00:49,01	01:51,52	04:39,03	01:00,31	02:11,37	01:02,02	02:08,99	01:01,97	00:38,73	01:21,48	03:21,70	00:47,73	01:43,35	03:37,65	00:51,01	01:55,04	00:39,83	01:35,24	03:47,08	01:37,71	03:25,01
1315	00:49,02	01:51,53	04:39,06	01:00,32	02:11,38	01:02,03	02:09,00	01:01,98	00:38,74	01:21,49	03:21,72	00:47,74	01:43,36	03:37,67	00:51,02	01:55,05	00:39,84	01:35,25	03:47,09	01:37,72	03:25,03
1314	00:49,02	01:51,55	04:39,08	01:00,32	02:11,39	01:02,04	02:09,01	01:01,99	00:38,74	01:21,49	03:21,74	00:47,74	01:43,37	03:37,68	00:51,03	01:55,07	00:39,84	01:35,26	03:47,11	01:37,73	03:25,04
1313	00:49,03	01:51,56	04:39,10	01:00,33	02:11,41	01:02,04	02:09,02	01:02,00	00:38,75	01:21,50	03:21,75	00:47,75	01:43,38	03:37,70	00:51,03	01:55,08	00:39,85	01:35,27	03:47,13	01:37,74	03:25,06
1312	00:49,04	01:51,57	04:39,12	01:00,34	02:11,42	01:02,05	02:09,04	01:02,00	00:38,75	01:21,51	03:21,77	00:47,75	01:43,39	03:37,72	00:51,04	01:55,09	00:39,85	01:35,28	03:47,15	01:37,74	03:25,08
1311	00:49,04	01:51,58	04:39,14	01:00,34	02:11,43	01:02,06	02:09,05	01:02,01	00:38,75	01:21,52	03:21,78	00:47,76	01:43,40	03:37,73	00:51,04	01:55,10	00:39,86	01:35,29	03:47,16	01:37,75	03:25,09
1310	00:49,05	01:51,59	04:39,16	01:00,35	02:11,45	01:02,07	02:09,06	01:02,02	00:38,76	01:21,53	03:21,80	00:47,76	01:43,41	03:37,75	00:51,05	01:55,11	00:39,86	01:35,29	03:47,18	01:37,76	03:25,11
1309	00:49,05	01:51,60	04:39,18	01:00,36	02:11,46	01:02,07	02:09,08	01:02,03	00:38,76	01:21,54	03:21,81	00:47,77	01:43,42	03:37,77	00:51,06	01:55,12	00:39,87	01:35,30	03:47,20	01:37,77	03:25,12
1308	00:49,06	01:51,61	04:39,21	01:00,37	02:11,47	01:02,08	02:09,09	01:02,03	00:38,77	01:21,54	03:21,83	00:47,78	01:43,43	03:37,78	00:51,06	01:55,14	00:39,87	01:35,31	03:47,22	01:37,78	03:25,14
1307	00:49,07	01:51,62	04:39,23	01:00,37	02:11,49	01:02,09	02:09,10	01:02,04	00:38,77	01:21,55	03:21,84	00:47,78	01:43,44	03:37,80	00:51,07	01:55,15	00:39,88	01:35,32	03:47,23	01:37,79	03:25,15
1306	00:49,07	01:51,64	04:39,25	01:00,38	02:11,50	01:02,10	02:09,12	01:02,05	00:38,78	01:21,56	03:21,86	00:47,79	01:43,45	03:37,82	00:51,07	01:55,16	00:39,88	01:35,33	03:47,25	01:37,80	03:25,17
1305	00:49,08	01:51,65	04:39,27	01:00,39	02:11,51	01:02,10	02:09,13	01:02,06	00:38,78	01:21,57	03:21,87	00:47,79	01:43,46	03:37,83	00:51,08	01:55,17	00:39,89	01:35,34	03:47,27	01:37,81	03:25,19
1304	00:49,08	01:51,66	04:39,29	01:00,40	02:11,53	01:02,11	02:09,14	01:02,06	00:38,79	01:21,58	03:21,89	00:47,80	01:43,47	03:37,85	00:51,09	01:55,18	00:39,89	01:35,35	03:47,28	01:37,82	03:25,20
1303	00:49,09	01:51,67	04:39,31	01:00,40	02:11,54	01:02,12	02:09,16	01:02,07	00:38,79	01:21,58	03:21,91	00:47,80	01:43,48	03:37,87	00:51,09	01:55,19	00:39,89	01:35,36	03:47,30	01:37,83	03:25,22
1302	00:49,10	01:51,68	04:39,33	01:00,41	02:11,55	01:02,13	02:09,17	01:02,08	00:38,80	01:21,59	03:21,92	00:47,81	01:43,49	03:37,88	00:51,10	01:55,21	00:39,90	01:35,37	03:47,32	01:37,84	03:25,23
1301	00:49,10	01:51,69	04:39,36	01:00,42	02:11,57	01:02,13	02:09,18	01:02,09	00:38,80	01:21,60	03:21,94	00:47,82	01:43,50	03:37,90	00:51,11	01:55,22	00:39,90	01:35,38	03:47,34	01:37,85	03:25,25
1300	00:49,11	01:51,70	04:39,38	01:00,43	02:11,58	01:02,14	02:09,19	01:02,09	00:38,81	01:21,61	03:21,95	00:47,82	01:43,51	03:37,92	00:51,11	01:55,23	00:39,91	01:35,39	03:47,36	01:37,86	03:25,26
1299	00:49,11	01:51,72	04:39,40	01:00,43	02:11,59	01:02,15	02:09,21	01:02,10	00:38,81	01:21,62	03:21,97	00:47,83	01:43,52	03:37,93	00:51,12	01:55,24	00:39,91	01:35,40	03:47,37	01:37,87	03:25,28
1298	00:49,12	01:51,73	04:39,42	01:00,44	02:11,61	01:02,16	02:09,22	01:02,11	00:38,82	01:21,63	03:21,98	00:47,83	01:43,54	03:37,95	00:51,12	01:55,25	00:39,92	01:35,41	03:47,39	01:37,88	03:25,30
1297	00:49,13	01:51,74	04:39,44	01:00,45	02:11,62	01:02,17	02:09,23	01:02,12	00:38,82	01:21,63	03:22,00	00:47,84	01:43,55	03:37,97	00:51,13	01:55,26	00:39,92	01:35,42	03:47,41	01:37,89	03:25,31
1296	00:49,13	01:51,75	04:39,46	01:00,45	02:11,63	01:02,17	02:09,25	01:02,12	00:38,83	01:21,64	03:22,02	00:47,85	01:43,56	03:37,98	00:51,14	01:55,28	00:39,93	01:35,43	03:47,43	01:37,90	03:25,33
1295	00:49,14	01:51,76	04:39,49	01:00,46	02:11,65	01:02,18	02:09,26	01:02,13	00:38,83	01:21,65	03:22,03	00:47,85	01:43,57	03:38,00	00:51,14	01:55,29	00:39,93	01:35,44	03:47,44	01:37,91	03:25,34
1294	00:49,14	01:51,77	04:39,51	01:00,47	02:11,66	01:02,19	02:09,27	01:02,14	00:38,84	01:21,66	03:22,05	00:47,86	01:43,58	03:38,02	00:51,15	01:55,30	00:39,94	01:35,45	03:47,46	01:37,92	03:25,36
1293	00:49,15	01:51,78	04:39,53	01:00,48	02:11,67	01:02,20	02:09,29	01:02,15	00:38,84	01:21,67	03:22,06	00:47,86	01:43,59	03:38,03	00:51,16	01:55,31	00:39,94	01:35,46	03:47,48	01:37,93	03:25,38
1292	00:49,16	01:51,80	04:39,55	01:00,48	02:11,69	01:02,20	02:09,30	01:02,16	00:38,84	01:21,68	03:22,08	00:47,87	01:43,60	03:38,05	00:51,16	01:55,32	00:39,95	01:35,47	03:47,50	01:37,94	03:25,39
1291	00:49,16	01:51,81	04:39,57	01:00,49	02:11,70	01:02,21	02:09,31	01:02,16	00:38,85	01:21,69	03:22,09	00:47,88	01:43,61	03:38,07	00:51,17	01:55,34	00:39,95	01:35,48	03:47,51	01:37,95	03:25,41
1290	00:49,17	01:51,82	04:39,59	01:00,50	02:11,72	01:02,22	02:09,33	01:02,17	00:38,85	01:21,69	03:22,11	00:47,88	01:43,62	03:38,09	00:51,17	01:55,35	00:39,96	01:35,49	03:47,53	01:37,96	03:25,42
1289	00:49,17	01:51,83	04:39,62	01:00,51	02:11,73	01:02,23	02:09,34	01:02,18	00:38,86	01:21,70	03:22,12	00:47,89	01:43,63	03:38,10	00:51,18	01:55,36	00:39,96	01:35,50	03:47,55	01:37,97	03:25,44
1288	00:49,18	01:51,84	04:39,64	01:00,51	02:11,74	01:02,23	02:09,35	01:02,19	00:38,86	01:21,71	03:22,14	00:47,89	01:43,64	03:38,12	00:51,19	01:55,37	00:39,97	01:35,51	03:47,57	01:37,98	03:25,46
1287	00:49,19	01:51,85	04:39,66	01:00,52	02:11,76	01:02,24	02:09,37	01:02,19	00:38,87	01:21,72	03:22,16	00:47,90	01:43,65	03:38,14	00:51,19	01:55,38	00:39,97	01:35,52	03:47,58	01:37,99	03:25,47
1286	00:49,19	01:51,86	04:39,68	01:00,53	02:11,77	01:02,25	02:09,38	01:02,20	00:38,87	01:21,73	03:22,17	00:47,90	01:43,66	03:38,15	00:51,20	01:55,39	00:39,98	01:35,53	03:47,60	01:38,00	03:25,49
1285	00:49,20	01:51,88	04:39,70	01:00,54	02:11,78	01:02,26	02:09,39	01:02,21	00:38,88	01:21,74	03:22,19	00:47,91	01:43,67	03:38,17	00:51,21	01:55,41	00:39,98	01:35,54	03:47,62	01:38,01	03:25,50
1284	00:49,20	01:51,89	04:39,72	01:00,54	02:11,80	01:02,26	02:09,41	01:02,22	00:38,88	01:21,74	03:22,20	00:47,92	01:43,68	03:38,19	00:51,21	01:55,42	00:39,99	01:35,55	03:47,64	01:38,03	03:25,52
1283	00:49,21	01:51,90	04:39,75	01:00,55	02:11,81	01:02,27	02:09,42	01:02,22	00:38,89	01:21,75	03:22,22	00:47,92	01:43,70	03:38,20	00:51,22	01:55,43	00:39,99	01:35,56	03:47,66	01:38,04	03:25,54
1282	00:49,22	01:51,91	04:39,77	01:00,56	02:11,82	01:02,28	02:09,43	01:02,23	00:38,89	01:21,76	03:22,24	00:47,93	01:43,71	03:38,22	00:51,23	01:55,44	00:40,00	01:35,57	03:47,67	01:38,05	03:25,55
1281	00:49,22	01:51,92	04:39,79	01:00,57	02:11,84	01:02,29	02:09,45	01:02,24	00:38,90	01:21,77	03:22,25	00:47,93	01:43,72	03:38,24	00:51,23	01:55,45	00:40,00	01:35,58	03:47,69	01:38,06	03:25,57
1280	00:49,23	01:51,93	04:39,81	01:00,57	02:11,85	01:02,30	02:09,46	01:02,25	00:38,90	01:21,78	03:22,27	00:47,94	01:43,73	03:38,26	00:51,24	01:55,47	00:40,01	01:35,59	03:47,71	01:38,07	03:25,58
1279	00:49,23	01:51,95	04:39,83	01:00,58	02:11,86	01:02,30	02:09,47	01:02,26	00:38,91	01:21,79	03:22,28	00:47,95	01:43,74	03:38,27	00:51,24	01:55,48	00:40,01	01:35,60	03:47,73	01:38,08	03:25,60
1278	00:49,24	01:51,96	04:39,86	01:00,59	02:11,88	01:02,31	02:09,49	01:02,26	00:38,91	01:21,79	03:22,30	00:47,95	01:43,75	03:38,29	00:51,25	01:55,49	00:40,02	01:35,61	03:47,74	01:38,09	03:25,62
1277	00:49,25	01:51,97	04:39,88	01:00,60	02:11,89	01:02,32	02:09,50	01:02,27	00:38,92	01:21,80	03:22,31	00:47,96	01:43,76	03:38,31	00:51,26	01:55,50	00:40,02	01:35,62	03:47,76	01:38,10	03:25,63
1276	00:49,25	01:51,98	04:39,90	01:00,60	02:11,91	01:02,33	02:09,51	01:02,28	00:38,92	01:21,81	03:22,33	00:47,96	01:43,77	03:38,32	00:51,26	01:55,51	00:40,03	01:35,63	03:47,78	01:38,11	03:25,65
1275	00:49,26	01:51,99	04:39,92	01:00,61	02:11,92	01:02,33	02:09,53	01:02,29	00:38,93	01:21,82	03:22,35	00:47,97	01:43,78	03:38,34	00:51,27	01:55,53	00:40,03	01:35,64	03:47,80	01:38,12	03:25,66
1274	00:49,27	01:52,00	04:39,94	01:00,62	02:11,93	01:02,34	02:09,54	01:02,29	00:38,93	01:21,83	03:22,36	00:47,98	01:43,79	03:38,36	00:51,28	01:55,54	00:40,04	01:35,65	03:47,82	01:38,13	03:25,68
1273	00:49,27	01:52,02	04:39,97	01:00,63	02:11,95	01:02,35	02:09,55	01:02,30	00:38,94	01:21,84	03:22,38	00:47,98	01:43,80	03:38,38	00:51,28	01:55,55	00:40,04	01:35,66	03:47,83	01:38,14	03:25,70
1272	00:49,28	01:52,03	04:39,99	01:00,63	02:11,96	01:02,36	02:09,57	01:02,31	00:38,94	01:21,85	03:22,39	00:47,99	01:43,81	03:38,39	00:51,29	01:55,56	00:40,05	01:35,67	03:47,85	01:38,15	03:25,71
1271	00:49,28	01:52,04	04:40,01	01:00,64	02:11,97	01:02,37	02:09,58	01:02,32	00:38,95	01:21,85	03:22,41	00:47,99	01:43,82	03:38,41	00:51,30	01:55,57	00:40,05	01:35,68	03:47,87	01:38,16	03:25,73
1270	00:49,29	01:52,05	04:40,03	01:00,65	02:11,99	01:02,37	02:09,60	01:02,33	00:38,95	01:21,86	03:22,43	00:48,00	01:43,84	03:38,43	00:51,30	01:55,59	00:40,06	01:35,69	03:47,89	01:38,17	03:25,75
1269	00:49,30	01:52,06	04:40,05	01:00,66	02:12,00	01:02,38	02:09,61	01:02,33	00:38,96	01:21,87	03:22,44	00:48,01	01:43,85	03:38,45	00:51,31	01:55,60	00:40,06	01:35,70	03:47,91	01:38,18	03:25,76
1268	00:49,30	01:52,07	04:40,08	01:00,67	02:12,02	01:02,39	02:09,62	01:02,34	00:38,96	01:21,88	03:22,46	00:48,01	01:43,86	03:38,46	00:51,32	01:55,61	00:40,07	01:35,71	03:47,92	01:38,19	03:25,78
1267	00:49,31	01:52,09	04:40,10	01:00,67	02:12,03	01:02,40	02:09,64	01:02,35	00:38,97	01:21,89	03:22,47	00:48,02	01:43,87	03:38,48	00:51,32	01:55,62	00:40,07	01:35,72	03:47,94	01:38,20	03:25,79
1266	00:49,31	01:52,10	04:40,12	01:00,68	02:12,04	01:02,40	02:09,65	01:02,36	00:38,97	01:21,90	03:22,49	00:48,02	01:43,88	03:38,50	00:51,33	01:55,64	00:40,08	01:35,73	03:47,96	01:38,21	03:25,81
1265	00:49,32	01:52,11	04:40,14	01:00,69	02:12,06	01:02,41	02:09,66	01:02,36	00:38,98	01:21,91	03:22,51	00:48,03	01:43,89	03:38,51	00:51,33	01:55,65	00:40,08	01:35,74	03:47,98	01:38,22	03:25,83
1264	00:49,33	01:52,12	04:40,17	01:00,70	02:12,07	01:02,42	02:09,68	01:02,37	00:38,98	01:21,91	03:22,52	00:48,04	01:43,90	03:38,53	00:51,34	01:55,66	00:40,09	01:35,75	03:48,00	01:38,23	03:25,84
1263	00:49,33	01:52,13	04:40,19	01:00,70	02:12,09	01:02,43	02:09,69	01:02,38	00:38,99	01:21,92	03:22,54	00:48,04	01:43,91	03:38,55	00:51,35	01:55,67	00:40,09	01:35,76	03:48,01	01:38,24	03:25,86
1262	00:49,34	01:52,14	04:40,21	01:00,71	02:12,10	01:02,44	02:09,70	01:02,39	00:38,99	01:21,93	03:22,55	00:48,05	01:43,92	03:38,57	00:51,35	01:55,68	00:40,10	01:35,77	03:48,03	01:38,25	03:25,88
1261	00:49,35	01:52,16	04:40,23	01:00,72	02:12,11	01:02,44	02:09,72	01:02,40	00:38,99	01:21,94	03:22,57	00:48,05	01:43,93	03:38,58	00:51,36	01:55,70	00:40,10	01:35,78	03:48,05	01:38,26	03:25,89
1260	00:49,35	01:52,17	04:40,25	01:00,73	02:12,13	01:02,45	02:09,73	01:02,40	00:39,00	01:21,95	03:22,59	00:48,06	01:43,94	03:38,60	00:51,37	01:55,71	00:40,11	01:35,79	03:48,07	01:38,27	03:25,91
1259	00:49,36	01:52,18	04:40,28	01:00,73	02:12,14	01:02,46	02:09,75	01:02,41	00:39,00	01:21,96	03:22,60	00:48,07	01:43,96	03:38,62	00:51,37	01:55,72	00:40,11	01:35,80	03:48,09	01:38,28	03:25,93
1258	00:49,36	01:52,19	04:40,30	01:00,74	02:12,15	01:02,47	02:09,76	01:02,42	00:39,01	01:21,97	03:22,62	00:48,07	01:43,97	03:38,64	00:51,38	01:55,73	00:40,12	01:35,81	03:48,11	01:38,29	03:25,94
1257	00:49,37	01:52,20	04:40,32	01:00,75	02:12,17	01:02,48	02:09,77	01:02,43	00:39,01	01:21,97	03:22,64	00:48,08	01:43,98	03:38,65	00:51,39	01:55,74	00:40,12	01:35,82	03:48,12	01:38,30	03:25,96

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1256	00:49,38	01:52,22	04:40,34	01:00,76	02:12,18	01:02,48	02:09,79	01:02,44	00:39,02	01:21,98	03:22,65	00:48,08	01:43,99	03:38,67	00:51,39	01:55,76	00:40,13	01:35,83	03:48,14	01:38,31	03:25,97
1255	00:49,38	01:52,23	04:40,37	01:00,76	02:12,20	01:02,49	02:09,80	01:02,44	00:39,02	01:21,99	03:22,67	00:48,09	01:44,00	03:38,69	00:51,40	01:55,77	00:40,13	01:35,84	03:48,16	01:38,32	03:25,99
1254	00:49,39	01:52,24	04:40,39	01:00,77	02:12,21	01:02,50	02:09,81	01:02,45	00:39,03	01:22,00	03:22,68	00:48,10	01:44,01	03:38,71	00:51,41	01:55,78	00:40,14	01:35,85	03:48,18	01:38,33	03:26,01
1253	00:49,40	01:52,25	04:40,41	01:00,78	02:12,22	01:02,51	02:09,83	01:02,46	00:39,03	01:22,01	03:22,70	00:48,10	01:44,02	03:38,72	00:51,41	01:55,79	00:40,14	01:35,86	03:48,20	01:38,34	03:26,02
1252	00:49,40	01:52,26	04:40,43	01:00,79	02:12,24	01:02,52	02:09,84	01:02,47	00:39,04	01:22,02	03:22,72	00:48,11	01:44,03	03:38,74	00:51,42	01:55,81	00:40,15	01:35,87	03:48,21	01:38,35	03:26,04
1251	00:49,41	01:52,27	04:40,46	01:00,80	02:12,25	01:02,52	02:09,85	01:02,47	00:39,04	01:22,03	03:22,73	00:48,12	01:44,04	03:38,76	00:51,43	01:55,82	00:40,15	01:35,88	03:48,23	01:38,36	03:26,06
1250	00:49,41	01:52,29	04:40,48	01:00,80	02:12,27	01:02,53	02:09,87	01:02,48	00:39,05	01:22,04	03:22,75	00:48,12	01:44,05	03:38,78	00:51,43	01:55,83	00:40,16	01:35,89	03:48,25	01:38,37	03:26,07
1249	00:49,42	01:52,30	04:40,50	01:00,81	02:12,28	01:02,54	02:09,88	01:02,49	00:39,05	01:22,04	03:22,77	00:48,13	01:44,07	03:38,79	00:51,44	01:55,84	00:40,16	01:35,90	03:48,27	01:38,39	03:26,09
1248	00:49,43	01:52,31	04:40,52	01:00,82	02:12,29	01:02,55	02:09,90	01:02,50	00:39,06	01:22,05	03:22,78	00:48,13	01:44,08	03:38,81	00:51,45	01:55,85	00:40,17	01:35,91	03:48,29	01:38,40	03:26,11
1247	00:49,43	01:52,32	04:40,55	01:00,83	02:12,31	01:02,55	02:09,91	01:02,51	00:39,06	01:22,06	03:22,80	00:48,14	01:44,09	03:38,83	00:51,45	01:55,87	00:40,17	01:35,92	03:48,31	01:38,41	03:26,12
1246	00:49,44	01:52,33	04:40,57	01:00,83	02:12,32	01:02,56	02:09,92	01:02,51	00:39,07	01:22,07	03:22,81	00:48,15	01:44,10	03:38,85	00:51,46	01:55,88	00:40,18	01:35,93	03:48,32	01:38,42	03:26,14
1245	00:49,45	01:52,35	04:40,59	01:00,84	02:12,34	01:02,57	02:09,94	01:02,52	00:39,07	01:22,08	03:22,83	00:48,15	01:44,11	03:38,86	00:51,46	01:55,89	00:40,18	01:35,94	03:48,34	01:38,43	03:26,16
1244	00:49,45	01:52,36	04:40,61	01:00,85	02:12,35	01:02,58	02:09,95	01:02,53	00:39,08	01:22,09	03:22,85	00:48,16	01:44,12	03:38,88	00:51,47	01:55,90	00:40,19	01:35,95	03:48,36	01:38,44	03:26,17
1243	00:49,46	01:52,37	04:40,64	01:00,86	02:12,37	01:02,59	02:09,97	01:02,54	00:39,08	01:22,10	03:22,86	00:48,16	01:44,13	03:38,90	00:51,48	01:55,92	00:40,20	01:35,96	03:48,38	01:38,45	03:26,19
1242	00:49,47	01:52,38	04:40,66	01:00,87	02:12,38	01:02,59	02:09,98	01:02,55	00:39,09	01:22,11	03:22,88	00:48,17	01:44,14	03:38,92	00:51,48	01:55,93	00:40,20	01:35,97	03:48,40	01:38,46	03:26,21
1241	00:49,47	01:52,39	04:40,68	01:00,87	02:12,39	01:02,60	02:09,99	01:02,55	00:39,09	01:22,11	03:22,90	00:48,18	01:44,15	03:38,93	00:51,49	01:55,94	00:40,21	01:35,98	03:48,42	01:38,47	03:26,22
1240	00:49,48	01:52,41	04:40,71	01:00,88	02:12,41	01:02,61	02:10,01	01:02,56	00:39,10	01:22,12	03:22,91	00:48,18	01:44,16	03:38,95	00:51,50	01:55,95	00:40,21	01:35,99	03:48,44	01:38,48	03:26,24
1239	00:49,48	01:52,42	04:40,73	01:00,89	02:12,42	01:02,62	02:10,02	01:02,57	00:39,10	01:22,13	03:22,93	00:48,19	01:44,18	03:38,97	00:51,50	01:55,97	00:40,22	01:36,00	03:48,45	01:38,49	03:26,26
1238	00:49,49	01:52,43	04:40,75	01:00,90	02:12,44	01:02,63	02:10,03	01:02,58	00:39,11	01:22,14	03:22,95	00:48,20	01:44,19	03:38,99	00:51,51	01:55,98	00:40,22	01:36,01	03:48,47	01:38,50	03:26,27
1237	00:49,50	01:52,44	04:40,77	01:00,90	02:12,45	01:02,64	02:10,05	01:02,59	00:39,11	01:22,15	03:22,96	00:48,20	01:44,20	03:39,01	00:51,52	01:55,99	00:40,23	01:36,02	03:48,49	01:38,51	03:26,29
1236	00:49,50	01:52,45	04:40,80	01:00,91	02:12,46	01:02,64	02:10,06	01:02,59	00:39,12	01:22,16	03:22,98	00:48,21	01:44,21	03:39,02	00:51,52	01:56,00	00:40,23	01:36,03	03:48,51	01:38,52	03:26,31
1235	00:49,51	01:52,47	04:40,82	01:00,92	02:12,48	01:02,65	02:10,08	01:02,60	00:39,12	01:22,17	03:22,99	00:48,21	01:44,22	03:39,04	00:51,53	01:56,02	00:40,24	01:36,04	03:48,53	01:38,53	03:26,32
1234	00:49,52	01:52,48	04:40,84	01:00,93	02:12,49	01:02,66	02:10,09	01:02,61	00:39,13	01:22,18	03:23,01	00:48,22	01:44,23	03:39,06	00:51,54	01:56,03	00:40,24	01:36,05	03:48,55	01:38,54	03:26,34
1233	00:49,52	01:52,49	04:40,86	01:00,94	02:12,51	01:02,67	02:10,10	01:02,62	00:39,13	01:22,18	03:23,03	00:48,23	01:44,24	03:39,08	00:51,54	01:56,04	00:40,25	01:36,06	03:48,57	01:38,55	03:26,36
1232	00:49,53	01:52,50	04:40,89	01:00,94	02:12,52	01:02,68	02:10,12	01:02,63	00:39,14	01:22,19	03:23,04	00:48,23	01:44,25	03:39,09	00:51,55	01:56,05	00:40,25	01:36,07	03:48,58	01:38,56	03:26,37
1231	00:49,54	01:52,52	04:40,91	01:00,95	02:12,54	01:02,68	02:10,13	01:02,64	00:39,14	01:22,20	03:23,06	00:48,24	01:44,27	03:39,11	00:51,56	01:56,07	00:40,26	01:36,08	03:48,60	01:38,57	03:26,39
1230	00:49,54	01:52,53	04:40,93	01:00,96	02:12,55	01:02,69	02:10,15	01:02,64	00:39,15	01:22,21	03:23,08	00:48,25	01:44,28	03:39,13	00:51,56	01:56,08	00:40,26	01:36,09	03:48,62	01:38,59	03:26,41
1229	00:49,55	01:52,54	04:40,96	01:00,97	02:12,56	01:02,70	02:10,16	01:02,65	00:39,15	01:22,22	03:23,09	00:48,25	01:44,29	03:39,15	00:51,57	01:56,09	00:40,27	01:36,11	03:48,64	01:38,60	03:26,42
1228	00:49,55	01:52,55	04:40,98	01:00,98	02:12,58	01:02,71	02:10,17	01:02,66	00:39,16	01:22,23	03:23,11	00:48,26	01:44,30	03:39,17	00:51,58	01:56,10	00:40,27	01:36,12	03:48,66	01:38,61	03:26,44
1227	00:49,56	01:52,56	04:41,00	01:00,98	02:12,59	01:02,72	02:10,19	01:02,67	00:39,16	01:22,24	03:23,13	00:48,26	01:44,31	03:39,18	00:51,58	01:56,12	00:40,28	01:36,13	03:48,68	01:38,62	03:26,46
1226	00:49,57	01:52,58	04:41,03	01:00,99	02:12,61	01:02,72	02:10,20	01:02,68	00:39,17	01:22,25	03:23,14	00:48,27	01:44,32	03:39,20	00:51,59	01:56,13	00:40,28	01:36,14	03:48,70	01:38,63	03:26,48
1225	00:49,57	01:52,59	04:41,05	01:01,00	02:12,62	01:02,73	02:10,22	01:02,68	00:39,17	01:22,26	03:23,16	00:48,28	01:44,33	03:39,22	00:51,60	01:56,14	00:40,29	01:36,15	03:48,71	01:38,64	03:26,49
1224	00:49,58	01:52,60	04:41,07	01:01,01	02:12,64	01:02,74	02:10,23	01:02,69	00:39,18	01:22,26	03:23,18	00:48,28	01:44,34	03:39,24	00:51,60	01:56,15	00:40,29	01:36,16	03:48,73	01:38,65	03:26,51
1223	00:49,59	01:52,61	04:41,09	01:01,01	02:12,65	01:02,75	02:10,25	01:02,70	00:39,19	01:22,27	03:23,19	00:48,29	01:44,36	03:39,26	00:51,61	01:56,17	00:40,30	01:36,17	03:48,75	01:38,66	03:26,53
1222	00:49,59	01:52,62	04:41,12	01:01,02	02:12,66	01:02,76	02:10,26	01:02,71	00:39,19	01:22,28	03:23,21	00:48,30	01:44,37	03:39,27	00:51,62	01:56,18	00:40,30	01:36,18	03:48,77	01:38,67	03:26,54
1221	00:49,60	01:52,64	04:41,14	01:01,03	02:12,68	01:02,76	02:10,27	01:02,72	00:39,20	01:22,29	03:23,23	00:48,30	01:44,38	03:39,29	00:51,62	01:56,19	00:40,31	01:36,19	03:48,79	01:38,68	03:26,56
1220	00:49,61	01:52,65	04:41,16	01:01,04	02:12,69	01:02,77	02:10,29	01:02,72	00:39,20	01:22,30	03:23,24	00:48,31	01:44,39	03:39,31	00:51,63	01:56,20	00:40,31	01:36,20	03:48,81	01:38,69	03:26,58
1219	00:49,61	01:52,66	04:41,19	01:01,05	02:12,71	01:02,78	02:10,30	01:02,73	00:39,21	01:22,31	03:23,26	00:48,31	01:44,40	03:39,33	00:51,64	01:56,22	00:40,32	01:36,21	03:48,83	01:38,70	03:26,59
1218	00:49,62	01:52,67	04:41,21	01:01,05	02:12,72	01:02,79	02:10,32	01:02,74	00:39,21	01:22,32	03:23,28	00:48,32	01:44,41	03:39,35	00:51,64	01:56,23	00:40,33	01:36,22	03:48,85	01:38,71	03:26,61
1217	00:49,63	01:52,69	04:41,23	01:01,06	02:12,74	01:02,80	02:10,33	01:02,75	00:39,22	01:22,33	03:23,29	00:48,33	01:44,42	03:39,36	00:51,65	01:56,24	00:40,33	01:36,23	03:48,87	01:38,72	03:26,63
1216	00:49,63	01:52,70	04:41,26	01:01,07	02:12,75	01:02,81	02:10,34	01:02,76	00:39,22	01:22,34	03:23,31	00:48,33	01:44,44	03:39,38	00:51,66	01:56,25	00:40,34	01:36,24	03:48,88	01:38,74	03:26,64
1215	00:49,64	01:52,71	04:41,28	01:01,08	02:12,77	01:02,81	02:10,36	01:02,77	00:39,23	01:22,35	03:23,33	00:48,34	01:44,45	03:39,40	00:51,66	01:56,27	00:40,34	01:36,25	03:48,90	01:38,75	03:26,66
1214	00:49,65	01:52,72	04:41,30	01:01,09	02:12,78	01:02,82	02:10,37	01:02,77	00:39,23	01:22,35	03:23,34	00:48,35	01:44,46	03:39,42	00:51,67	01:56,28	00:40,35	01:36,26	03:48,92	01:38,76	03:26,68
1213	00:49,65	01:52,74	04:41,33	01:01,09	02:12,79	01:02,83	02:10,39	01:02,78	00:39,24	01:22,36	03:23,36	00:48,35	01:44,47	03:39,44	00:51,68	01:56,29	00:40,35	01:36,27	03:48,94	01:38,77	03:26,70
1212	00:49,66	01:52,75	04:41,35	01:01,10	02:12,81	01:02,84	02:10,40	01:02,79	00:39,24	01:22,37	03:23,38	00:48,36	01:44,48	03:39,45	00:51,69	01:56,31	00:40,36	01:36,28	03:48,96	01:38,78	03:26,71
1211	00:49,66	01:52,76	04:41,37	01:01,11	02:12,82	01:02,85	02:10,42	01:02,80	00:39,25	01:22,38	03:23,39	00:48,36	01:44,49	03:39,47	00:51,69	01:56,32	00:40,36	01:36,29	03:48,98	01:38,79	03:26,73
1210	00:49,67	01:52,77	04:41,40	01:01,12	02:12,84	01:02,86	02:10,43	01:02,81	00:39,25	01:22,39	03:23,41	00:48,37	01:44,50	03:39,49	00:51,70	01:56,33	00:40,37	01:36,30	03:49,00	01:38,80	03:26,75
1209	00:49,68	01:52,78	04:41,42	01:01,13	02:12,85	01:02,86	02:10,44	01:02,82	00:39,26	01:22,40	03:23,43	00:48,38	01:44,52	03:39,51	00:51,71	01:56,34	00:40,37	01:36,31	03:49,02	01:38,81	03:26,76
1208	00:49,68	01:52,80	04:41,44	01:01,13	02:12,87	01:02,87	02:10,46	01:02,82	00:39,26	01:22,41	03:23,45	00:48,38	01:44,53	03:39,53	00:51,71	01:56,36	00:40,38	01:36,33	03:49,04	01:38,82	03:26,78
1207	00:49,69	01:52,81	04:41,47	01:01,14	02:12,88	01:02,88	02:10,47	01:02,83	00:39,27	01:22,42	03:23,46	00:48,39	01:44,54	03:39,55	00:51,72	01:56,37	00:40,38	01:36,34	03:49,05	01:38,83	03:26,80
1206	00:49,70	01:52,82	04:41,49	01:01,15	02:12,90	01:02,89	02:10,49	01:02,84	00:39,27	01:22,43	03:23,48	00:48,40	01:44,55	03:39,56	00:51,73	01:56,38	00:40,39	01:36,35	03:49,07	01:38,84	03:26,82
1205	00:49,70	01:52,83	04:41,51	01:01,16	02:12,91	01:02,90	02:10,50	01:02,85	00:39,28	01:22,44	03:23,50	00:48,40	01:44,56	03:39,58	00:51,73	01:56,39	00:40,39	01:36,36	03:49,09	01:38,85	03:26,83
1204	00:49,71	01:52,85	04:41,54	01:01,17	02:12,93	01:02,90	02:10,52	01:02,86	00:39,28	01:22,44	03:23,51	00:48,41	01:44,57	03:39,60	00:51,74	01:56,41	00:40,40	01:36,37	03:49,11	01:38,87	03:26,85
1203	00:49,72	01:52,86	04:41,56	01:01,18	02:12,94	01:02,91	02:10,53	01:02,86	00:39,29	01:22,45	03:23,53	00:48,42	01:44,58	03:39,62	00:51,75	01:56,42	00:40,40	01:36,38	03:49,13	01:38,88	03:26,87
1202	00:49,72	01:52,87	04:41,58	01:01,18	02:12,96	01:02,92	02:10,54	01:02,87	00:39,29	01:22,46	03:23,55	00:48,42	01:44,60	03:39,64	00:51,75	01:56,43	00:40,41	01:36,39	03:49,15	01:38,89	03:26,89
1201	00:49,73	01:52,88	04:41,61	01:01,19	02:12,97	01:02,93	02:10,56	01:02,88	00:39,30	01:22,47	03:23,56	00:48,43	01:44,61	03:39,66	00:51,76	01:56,45	00:40,42	01:36,40	03:49,17	01:38,90	03:26,90
1200	00:49,74	01:52,90	04:41,63	01:01,20	02:12,98	01:02,94	02:10,57	01:02,89	00:39,30	01:22,48	03:23,58	00:48,43	01:44,62	03:39,67	00:51,77	01:56,46	00:40,42	01:36,41	03:49,19	01:38,91	03:26,92
1199	00:49,74	01:52,91	04:41,65	01:01,21	02:13,00	01:02,95	02:10,59	01:02,90	00:39,31	01:22,49	03:23,60	00:48,44	01:44,63	03:39,69	00:51,77	01:56,47	00:40,43	01:36,42	03:49,21	01:38,92	03:26,94
1198	00:49,75	01:52,92	04:41,68	01:01,22	02:13,01	01:02,95	02:10,60	01:02,91	00:39,31	01:22,50	03:23,62	00:48,45	01:44,64	03:39,71	00:51,78	01:56,48	00:40,43	01:36,43	03:49,23	01:38,93	03:26,95
1197	00:49,76	01:52,93	04:41,70	01:01,22	02:13,03	01:02,96	02:10,62	01:02,91	00:39,32	01:22,51	03:23,63	00:48,45	01:44,65	03:39,73	00:51,79	01:56,50	00:40,44	01:36,44	03:49,25	01:38,94	03:26,97
1196	00:49,76	01:52,95	04:41,72	01:01,23	02:13,04	01:02,97	02:10,63	01:02,92	00:39,32	01:22,52	03:23,65	00:48,46	01:44,67	03:39,75	00:51,79	01:56,51	00:40,44	01:36,45	03:49,27	01:38,95	03:26,99

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1195	00:49,77	01:52,96	04:41,75	01:01,24	02:13,06	01:02,98	02:10,65	01:02,93	00:39,33	01:22,53	03:23,67	00:48,47	01:44,68	03:39,77	00:51,80	01:56,52	00:40,45	01:36,46	03:49,28	01:38,96	03:27,01
1194	00:49,78	01:52,97	04:41,77	01:01,25	02:13,07	01:02,99	02:10,66	01:02,94	00:39,33	01:22,54	03:23,68	00:48,47	01:44,69	03:39,78	00:51,81	01:56,54	00:40,45	01:36,47	03:49,30	01:38,97	03:27,02
1193	00:49,78	01:52,98	04:41,80	01:01,26	02:13,09	01:03,00	02:10,68	01:02,95	00:39,34	01:22,54	03:23,70	00:48,48	01:44,70	03:39,80	00:51,82	01:56,55	00:40,46	01:36,48	03:49,32	01:38,99	03:27,04
1192	00:49,79	01:53,00	04:41,82	01:01,26	02:13,10	01:03,01	02:10,69	01:02,96	00:39,35	01:22,55	03:23,72	00:48,49	01:44,71	03:39,82	00:51,82	01:56,56	00:40,46	01:36,50	03:49,34	01:39,00	03:27,06
1191	00:49,80	01:53,01	04:41,84	01:01,27	02:13,12	01:03,01	02:10,70	01:02,97	00:39,35	01:22,56	03:23,74	00:48,49	01:44,72	03:39,84	00:51,83	01:56,58	00:40,47	01:36,51	03:49,36	01:39,01	03:27,08
1190	00:49,80	01:53,02	04:41,87	01:01,28	02:13,13	01:03,02	02:10,72	01:02,97	00:39,36	01:22,57	03:23,75	00:48,50	01:44,74	03:39,86	00:51,84	01:56,59	00:40,47	01:36,52	03:49,38	01:39,02	03:27,09
1189	00:49,81	01:53,03	04:41,89	01:01,29	02:13,15	01:03,03	02:10,73	01:02,98	00:39,36	01:22,58	03:23,77	00:48,51	01:44,75	03:39,88	00:51,84	01:56,60	00:40,48	01:36,53	03:49,40	01:39,03	03:27,11
1188	00:49,82	01:53,05	04:41,91	01:01,30	02:13,16	01:03,04	02:10,75	01:02,99	00:39,37	01:22,59	03:23,79	00:48,51	01:44,76	03:39,90	00:51,85	01:56,61	00:40,49	01:36,54	03:49,42	01:39,04	03:27,13
1187	00:49,82	01:53,06	04:41,94	01:01,31	02:13,18	01:03,05	02:10,76	01:03,00	00:39,37	01:22,60	03:23,80	00:48,52	01:44,77	03:39,91	00:51,86	01:56,63	00:40,49	01:36,55	03:49,44	01:39,05	03:27,15
1186	00:49,83	01:53,07	04:41,96	01:01,31	02:13,19	01:03,06	02:10,78	01:03,01	00:39,38	01:22,61	03:23,82	00:48,53	01:44,78	03:39,93	00:51,86	01:56,64	00:40,50	01:36,56	03:49,46	01:39,06	03:27,16
1185	00:49,84	01:53,08	04:41,99	01:01,32	02:13,21	01:03,06	02:10,79	01:03,02	00:39,38	01:22,62	03:23,84	00:48,53	01:44,79	03:39,95	00:51,87	01:56,65	00:40,50	01:36,57	03:49,48	01:39,07	03:27,18
1184	00:49,84	01:53,10	04:42,01	01:01,33	02:13,22	01:03,07	02:10,81	01:03,02	00:39,39	01:22,63	03:23,86	00:48,54	01:44,81	03:39,97	00:51,88	01:56,67	00:40,51	01:36,58	03:49,50	01:39,09	03:27,20
1183	00:49,85	01:53,11	04:42,03	01:01,34	02:13,24	01:03,08	02:10,82	01:03,03	00:39,39	01:22,64	03:23,87	00:48,55	01:44,82	03:39,99	00:51,88	01:56,68	00:40,51	01:36,59	03:49,52	01:39,10	03:27,22
1182	00:49,86	01:53,12	04:42,06	01:01,35	02:13,25	01:03,09	02:10,84	01:03,04	00:39,40	01:22,65	03:23,89	00:48,55	01:44,83	03:40,01	00:51,89	01:56,69	00:40,52	01:36,60	03:49,54	01:39,11	03:27,23
1181	00:49,86	01:53,14	04:42,08	01:01,35	02:13,27	01:03,10	02:10,85	01:03,05	00:39,40	01:22,66	03:23,91	00:48,56	01:44,84	03:40,03	00:51,90	01:56,71	00:40,52	01:36,61	03:49,56	01:39,12	03:27,25
1180	00:49,87	01:53,15	04:42,11	01:01,36	02:13,28	01:03,11	02:10,87	01:03,06	00:39,41	01:22,67	03:23,92	00:48,56	01:44,85	03:40,04	00:51,91	01:56,72	00:40,53	01:36,63	03:49,58	01:39,13	03:27,27
1179	00:49,88	01:53,16	04:42,13	01:01,37	02:13,30	01:03,12	02:10,88	01:03,07	00:39,41	01:22,67	03:23,94	00:48,57	01:44,86	03:40,06	00:51,91	01:56,73	00:40,53	01:36,64	03:49,59	01:39,14	03:27,29
1178	00:49,88	01:53,17	04:42,15	01:01,38	02:13,31	01:03,12	02:10,89	01:03,08	00:39,42	01:22,68	03:23,96	00:48,58	01:44,88	03:40,08	00:51,92	01:56,75	00:40,54	01:36,65	03:49,61	01:39,15	03:27,30
1177	00:49,89	01:53,19	04:42,18	01:01,39	02:13,33	01:03,13	02:10,91	01:03,08	00:39,42	01:22,69	03:23,98	00:48,58	01:44,89	03:40,10	00:51,93	01:56,76	00:40,55	01:36,66	03:49,63	01:39,16	03:27,32
1176	00:49,90	01:53,20	04:42,20	01:01,40	02:13,34	01:03,14	02:10,92	01:03,09	00:39,43	01:22,70	03:23,99	00:48,59	01:44,90	03:40,12	00:51,93	01:56,77	00:40,55	01:36,67	03:49,65	01:39,17	03:27,34
1175	00:49,90	01:53,21	04:42,23	01:01,40	02:13,36	01:03,15	02:10,94	01:03,10	00:39,44	01:22,71	03:24,01	00:48,60	01:44,91	03:40,14	00:51,94	01:56,78	00:40,56	01:36,68	03:49,67	01:39,19	03:27,36
1174	00:49,91	01:53,22	04:42,25	01:01,41	02:13,37	01:03,16	02:10,95	01:03,11	00:39,44	01:22,72	03:24,03	00:48,60	01:44,92	03:40,16	00:51,95	01:56,80	00:40,56	01:36,69	03:49,69	01:39,20	03:27,37
1173	00:49,92	01:53,24	04:42,27	01:01,42	02:13,39	01:03,17	02:10,97	01:03,12	00:39,45	01:22,73	03:24,05	00:48,61	01:44,94	03:40,18	00:51,95	01:56,81	00:40,57	01:36,70	03:49,71	01:39,21	03:27,39
1172	00:49,92	01:53,25	04:42,30	01:01,43	02:13,40	01:03,18	02:10,98	01:03,13	00:39,45	01:22,74	03:24,06	00:48,62	01:44,95	03:40,20	00:51,96	01:56,82	00:40,57	01:36,71	03:49,73	01:39,22	03:27,41
1171	00:49,93	01:53,26	04:42,32	01:01,44	02:13,42	01:03,18	02:11,00	01:03,13	00:39,46	01:22,75	03:24,08	00:48,62	01:44,96	03:40,21	00:51,97	01:56,84	00:40,58	01:36,72	03:49,75	01:39,23	03:27,43
1170	00:49,94	01:53,28	04:42,35	01:01,45	02:13,43	01:03,19	02:11,01	01:03,14	00:39,46	01:22,76	03:24,10	00:48,63	01:44,97	03:40,23	00:51,98	01:56,85	00:40,58	01:36,73	03:49,77	01:39,24	03:27,45
1169	00:49,94	01:53,29	04:42,37	01:01,45	02:13,45	01:03,20	02:11,03	01:03,15	00:39,47	01:22,77	03:24,12	00:48,64	01:44,98	03:40,25	00:51,98	01:56,86	00:40,59	01:36,75	03:49,79	01:39,25	03:27,46
1168	00:49,95	01:53,30	04:42,40	01:01,46	02:13,46	01:03,21	02:11,04	01:03,16	00:39,47	01:22,78	03:24,13	00:48,64	01:44,99	03:40,27	00:51,99	01:56,88	00:40,59	01:36,76	03:49,81	01:39,26	03:27,48
1167	00:49,96	01:53,31	04:42,42	01:01,47	02:13,48	01:03,22	02:11,06	01:03,17	00:39,48	01:22,79	03:24,15	00:48,65	01:45,01	03:40,29	00:52,00	01:56,89	00:40,60	01:36,77	03:49,83	01:39,28	03:27,50
1166	00:49,96	01:53,33	04:42,44	01:01,48	02:13,49	01:03,23	02:11,07	01:03,18	00:39,48	01:22,80	03:24,17	00:48,66	01:45,02	03:40,31	00:52,00	01:56,90	00:40,61	01:36,78	03:49,85	01:39,29	03:27,52
1165	00:49,97	01:53,34	04:42,47	01:01,49	02:13,51	01:03,24	02:11,09	01:03,19	00:39,49	01:22,81	03:24,19	00:48,66	01:45,03	03:40,33	00:52,01	01:56,92	00:40,61	01:36,79	03:49,87	01:39,30	03:27,54
1164	00:49,98	01:53,35	04:42,49	01:01,50	02:13,52	01:03,24	02:11,10	01:03,20	00:39,49	01:22,81	03:24,20	00:48,67	01:45,04	03:40,35	00:52,02	01:56,93	00:40,62	01:36,80	03:49,89	01:39,31	03:27,55
1163	00:49,99	01:53,37	04:42,52	01:01,51	02:13,54	01:03,25	02:11,12	01:03,20	00:39,50	01:22,82	03:24,22	00:48,68	01:45,05	03:40,37	00:52,03	01:56,94	00:40,62	01:36,81	03:49,91	01:39,32	03:27,57
1162	00:49,99	01:53,38	04:42,54	01:01,51	02:13,55	01:03,26	02:11,13	01:03,21	00:39,51	01:22,83	03:24,24	00:48,68	01:45,07	03:40,38	00:52,03	01:56,96	00:40,63	01:36,82	03:49,93	01:39,33	03:27,59
1161	00:50,00	01:53,39	04:42,57	01:01,52	02:13,57	01:03,27	02:11,15	01:03,22	00:39,51	01:22,84	03:24,26	00:48,69	01:45,08	03:40,40	00:52,04	01:56,97	00:40,63	01:36,83	03:49,95	01:39,34	03:27,61
1160	00:50,01	01:53,41	04:42,59	01:01,53	02:13,58	01:03,28	02:11,16	01:03,23	00:39,52	01:22,85	03:24,27	00:48,70	01:45,09	03:40,42	00:52,05	01:56,98	00:40,64	01:36,84	03:49,97	01:39,35	03:27,62
1159	00:50,01	01:53,42	04:42,61	01:01,54	02:13,60	01:03,29	02:11,18	01:03,24	00:39,52	01:22,86	03:24,29	00:48,70	01:45,10	03:40,44	00:52,05	01:57,00	00:40,64	01:36,86	03:49,99	01:39,37	03:27,64
1158	00:50,02	01:53,43	04:42,64	01:01,55	02:13,61	01:03,30	02:11,19	01:03,25	00:39,53	01:22,87	03:24,31	00:48,71	01:45,11	03:40,46	00:52,06	01:57,01	00:40,65	01:36,87	03:50,01	01:39,38	03:27,66
1157	00:50,03	01:53,44	04:42,66	01:01,56	02:13,63	01:03,30	02:11,21	01:03,26	00:39,53	01:22,88	03:24,33	00:48,72	01:45,13	03:40,48	00:52,07	01:57,02	00:40,66	01:36,88	03:50,03	01:39,39	03:27,68
1156	00:50,03	01:53,46	04:42,69	01:01,56	02:13,65	01:03,31	02:11,22	01:03,26	00:39,54	01:22,89	03:24,35	00:48,72	01:45,14	03:40,50	00:52,08	01:57,04	00:40,66	01:36,89	03:50,05	01:39,40	03:27,70
1155	00:50,04	01:53,47	04:42,71	01:01,57	02:13,66	01:03,32	02:11,24	01:03,27	00:39,54	01:22,90	03:24,36	00:48,73	01:45,15	03:40,52	00:52,08	01:57,05	00:40,67	01:36,90	03:50,07	01:39,41	03:27,71
1154	00:50,05	01:53,48	04:42,74	01:01,58	02:13,68	01:03,33	02:11,25	01:03,28	00:39,55	01:22,91	03:24,38	00:48,74	01:45,16	03:40,54	00:52,09	01:57,06	00:40,67	01:36,91	03:50,09	01:39,42	03:27,73
1153	00:50,05	01:53,50	04:42,76	01:01,59	02:13,69	01:03,34	02:11,27	01:03,29	00:39,55	01:22,92	03:24,40	00:48,74	01:45,17	03:40,56	00:52,10	01:57,08	00:40,68	01:36,92	03:50,11	01:39,43	03:27,75
1152	00:50,06	01:53,51	04:42,79	01:01,60	02:13,71	01:03,35	02:11,28	01:03,30	00:39,56	01:22,93	03:24,42	00:48,75	01:45,19	03:40,58	00:52,10	01:57,09	00:40,68	01:36,93	03:50,13	01:39,45	03:27,77
1151	00:50,07	01:53,52	04:42,81	01:01,61	02:13,72	01:03,36	02:11,30	01:03,31	00:39,57	01:22,94	03:24,43	00:48,76	01:45,20	03:40,60	00:52,11	01:57,10	00:40,69	01:36,94	03:50,15	01:39,46	03:27,79
1150	00:50,07	01:53,54	04:42,84	01:01,62	02:13,74	01:03,37	02:11,31	01:03,32	00:39,57	01:22,95	03:24,45	00:48,76	01:45,21	03:40,61	00:52,12	01:57,12	00:40,70	01:36,96	03:50,17	01:39,47	03:27,81
1149	00:50,08	01:53,55	04:42,86	01:01,62	02:13,75	01:03,37	02:11,33	01:03,33	00:39,58	01:22,96	03:24,47	00:48,77	01:45,22	03:40,63	00:52,13	01:57,13	00:40,70	01:36,97	03:50,19	01:39,48	03:27,82
1148	00:50,09	01:53,56	04:42,88	01:01,63	02:13,77	01:03,38	02:11,34	01:03,33	00:39,58	01:22,97	03:24,49	00:48,78	01:45,24	03:40,65	00:52,13	01:57,15	00:40,71	01:36,98	03:50,21	01:39,49	03:27,84
1147	00:50,10	01:53,57	04:42,91	01:01,64	02:13,78	01:03,39	02:11,36	01:03,34	00:39,59	01:22,98	03:24,51	00:48,78	01:45,25	03:40,67	00:52,14	01:57,16	00:40,71	01:36,99	03:50,23	01:39,50	03:27,86
1146	00:50,10	01:53,59	04:42,93	01:01,65	02:13,80	01:03,40	02:11,37	01:03,35	00:39,59	01:22,99	03:24,52	00:48,79	01:45,26	03:40,69	00:52,15	01:57,17	00:40,72	01:37,00	03:50,25	01:39,51	03:27,88
1145	00:50,11	01:53,60	04:42,96	01:01,66	02:13,81	01:03,41	02:11,39	01:03,36	00:39,60	01:23,00	03:24,54	00:48,80	01:45,27	03:40,71	00:52,15	01:57,19	00:40,72	01:37,01	03:50,27	01:39,53	03:27,90
1144	00:50,12	01:53,61	04:42,98	01:01,67	02:13,83	01:03,42	02:11,40	01:03,37	00:39,60	01:23,01	03:24,56	00:48,80	01:45,28	03:40,73	00:52,16	01:57,20	00:40,73	01:37,02	03:50,29	01:39,54	03:27,91
1143	00:50,12	01:53,63	04:43,01	01:01,67	02:13,85	01:03,43	02:11,42	01:03,38	00:39,61	01:23,02	03:24,58	00:48,81	01:45,30	03:40,75	00:52,17	01:57,21	00:40,73	01:37,03	03:50,31	01:39,55	03:27,93
1142	00:50,13	01:53,64	04:43,03	01:01,68	02:13,86	01:03,44	02:11,43	01:03,39	00:39,61	01:23,02	03:24,60	00:48,82	01:45,31	03:40,77	00:52,18	01:57,23	00:40,74	01:37,05	03:50,33	01:39,56	03:27,95
1141	00:50,14	01:53,65	04:43,06	01:01,69	02:13,88	01:03,44	02:11,45	01:03,40	00:39,62	01:23,03	03:24,61	00:48,82	01:45,32	03:40,79	00:52,18	01:57,24	00:40,75	01:37,06	03:50,35	01:39,57	03:27,97
1140	00:50,14	01:53,67	04:43,08	01:01,70	02:13,89	01:03,45	02:11,47	01:03,40	00:39,63	01:23,04	03:24,63	00:48,83	01:45,33	03:40,81	00:52,19	01:57,25	00:40,75	01:37,07	03:50,37	01:39,58	03:27,99
1139	00:50,15	01:53,68	04:43,11	01:01,71	02:13,91	01:03,46	02:11,48	01:03,41	00:39,63	01:23,05	03:24,65	00:48,84	01:45,35	03:40,83	00:52,20	01:57,27	00:40,76	01:37,08	03:50,39	01:39,60	03:28,01
1138	00:50,16	01:53,69	04:43,13	01:01,72	02:13,92	01:03,47	02:11,50	01:03,42	00:39,64	01:23,06	03:24,67	00:48,85	01:45,36	03:40,85	00:52,21	01:57,28	00:40,76	01:37,09	03:50,41	01:39,61	03:28,02
1137	00:50,17	01:53,71	04:43,16	01:01,73	02:13,94	01:03,48	02:11,51	01:03,43	00:39,64	01:23,07	03:24,69	00:48,85	01:45,37	03:40,87	00:52,21	01:57,30	00:40,77	01:37,10	03:50,43	01:39,62	03:28,04
1136	00:50,17	01:53,72	04:43,18	01:01,74	02:13,95	01:03,49	02:11,53	01:03,44	00:39,65	01:23,08	03:24,70	00:48,86	01:45,38	03:40,89	00:52,22	01:57,31	00:40,77	01:37,11	03:50,45	01:39,63	03:28,06
1135	00:50,18	01:53,73	04:43,21	01:01,74	02:13,97	01:03,50	02:11,54	01:03,45	00:39,65	01:23,09	03:24,72	00:48,87	01:45,39	03:40,91	00:52,23	01:57,32	00:40,78	01:37,12	03:50,47	01:39,64	03:28,08

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1134	00:50,19	01:53,75	04:43,23	01:01,75	02:13,99	01:03,51	02:11,56	01:03,46	00:39,66	01:23,10	03:24,74	00:48,87	01:45,41	03:40,92	00:52,23	01:57,34	00:40,79	01:37,14	03:50,49	01:39,65	03:28,10
1133	00:50,19	01:53,76	04:43,26	01:01,76	02:14,00	01:03,52	02:11,57	01:03,47	00:39,66	01:23,11	03:24,76	00:48,88	01:45,42	03:40,94	00:52,24	01:57,35	00:40,79	01:37,15	03:50,51	01:39,67	03:28,12
1132	00:50,20	01:53,77	04:43,28	01:01,77	02:14,02	01:03,52	02:11,59	01:03,48	00:39,67	01:23,12	03:24,78	00:48,89	01:45,43	03:40,96	00:52,25	01:57,36	00:40,80	01:37,16	03:50,53	01:39,68	03:28,13
1131	00:50,21	01:53,79	04:43,31	01:01,78	02:14,03	01:03,53	02:11,60	01:03,48	00:39,68	01:23,13	03:24,79	00:48,89	01:45,44	03:40,98	00:52,26	01:57,38	00:40,80	01:37,17	03:50,55	01:39,69	03:28,15
1130	00:50,21	01:53,80	04:43,33	01:01,79	02:14,05	01:03,54	02:11,62	01:03,49	00:39,68	01:23,14	03:24,81	00:48,90	01:45,46	03:41,00	00:52,26	01:57,39	00:40,81	01:37,18	03:50,57	01:39,70	03:28,17
1129	00:50,22	01:53,81	04:43,36	01:01,80	02:14,06	01:03,55	02:11,63	01:03,50	00:39,69	01:23,15	03:24,83	00:48,91	01:45,47	03:41,02	00:52,27	01:57,41	00:40,81	01:37,19	03:50,60	01:39,71	03:28,19
1128	00:50,23	01:53,83	04:43,38	01:01,80	02:14,08	01:03,56	02:11,65	01:03,51	00:39,69	01:23,16	03:24,85	00:48,91	01:45,48	03:41,04	00:52,28	01:57,42	00:40,82	01:37,20	03:50,62	01:39,72	03:28,21
1127	00:50,24	01:53,84	04:43,41	01:01,81	02:14,10	01:03,57	02:11,67	01:03,52	00:39,70	01:23,17	03:24,87	00:48,92	01:45,49	03:41,06	00:52,29	01:57,43	00:40,83	01:37,22	03:50,64	01:39,74	03:28,23
1126	00:50,24	01:53,85	04:43,43	01:01,82	02:14,11	01:03,58	02:11,68	01:03,53	00:39,70	01:23,18	03:24,89	00:48,93	01:45,51	03:41,08	00:52,29	01:57,45	00:40,83	01:37,23	03:50,66	01:39,75	03:28,25
1125	00:50,25	01:53,87	04:43,46	01:01,83	02:14,13	01:03,59	02:11,70	01:03,54	00:39,71	01:23,19	03:24,90	00:48,93	01:45,52	03:41,10	00:52,30	01:57,46	00:40,84	01:37,24	03:50,68	01:39,76	03:28,26
1124	00:50,26	01:53,88	04:43,49	01:01,84	02:14,14	01:03,60	02:11,71	01:03,55	00:39,71	01:23,20	03:24,92	00:48,94	01:45,53	03:41,12	00:52,31	01:57,47	00:40,84	01:37,25	03:50,70	01:39,77	03:28,28
1123	00:50,26	01:53,89	04:43,51	01:01,85	02:14,16	01:03,61	02:11,73	01:03,56	00:39,72	01:23,21	03:24,94	00:48,95	01:45,54	03:41,14	00:52,32	01:57,49	00:40,85	01:37,26	03:50,72	01:39,78	03:28,30
1122	00:50,27	01:53,91	04:43,54	01:01,86	02:14,18	01:03,61	02:11,74	01:03,57	00:39,73	01:23,22	03:24,96	00:48,96	01:45,56	03:41,16	00:52,32	01:57,50	00:40,86	01:37,27	03:50,74	01:39,79	03:28,32
1121	00:50,28	01:53,92	04:43,56	01:01,87	02:14,19	01:03,62	02:11,76	01:03,57	00:39,73	01:23,23	03:24,98	00:48,96	01:45,57	03:41,18	00:52,33	01:57,52	00:40,86	01:37,28	03:50,76	01:39,81	03:28,34
1120	00:50,29	01:53,93	04:43,59	01:01,87	02:14,21	01:03,63	02:11,77	01:03,58	00:39,74	01:23,24	03:25,00	00:48,97	01:45,58	03:41,20	00:52,34	01:57,53	00:40,87	01:37,30	03:50,78	01:39,82	03:28,36
1119	00:50,29	01:53,95	04:43,61	01:01,88	02:14,22	01:03,64	02:11,79	01:03,59	00:39,74	01:23,25	03:25,01	00:48,98	01:45,59	03:41,22	00:52,35	01:57,54	00:40,87	01:37,31	03:50,80	01:39,83	03:28,38
1118	00:50,30	01:53,96	04:43,64	01:01,89	02:14,24	01:03,65	02:11,81	01:03,60	00:39,75	01:23,26	03:25,03	00:48,98	01:45,61	03:41,24	00:52,35	01:57,56	00:40,88	01:37,32	03:50,82	01:39,84	03:28,39
1117	00:50,31	01:53,97	04:43,66	01:01,90	02:14,26	01:03,66	02:11,82	01:03,61	00:39,75	01:23,27	03:25,05	00:48,99	01:45,62	03:41,26	00:52,36	01:57,57	00:40,88	01:37,33	03:50,84	01:39,85	03:28,41
1116	00:50,31	01:53,99	04:43,69	01:01,91	02:14,27	01:03,67	02:11,84	01:03,62	00:39,76	01:23,28	03:25,07	00:49,00	01:45,63	03:41,28	00:52,37	01:57,59	00:40,89	01:37,34	03:50,86	01:39,87	03:28,43
1115	00:50,32	01:54,00	04:43,71	01:01,92	02:14,29	01:03,68	02:11,85	01:03,63	00:39,77	01:23,29	03:25,09	00:49,00	01:45,64	03:41,30	00:52,38	01:57,60	00:40,90	01:37,35	03:50,88	01:39,88	03:28,45
1114	00:50,33	01:54,02	04:43,74	01:01,93	02:14,30	01:03,69	02:11,87	01:03,64	00:39,77	01:23,30	03:25,11	00:49,01	01:45,66	03:41,32	00:52,38	01:57,61	00:40,90	01:37,37	03:50,91	01:39,89	03:28,47
1113	00:50,34	01:54,03	04:43,77	01:01,94	02:14,32	01:03,70	02:11,88	01:03,65	00:39,78	01:23,31	03:25,12	00:49,02	01:45,67	03:41,34	00:52,39	01:57,63	00:40,91	01:37,38	03:50,93	01:39,90	03:28,49
1112	00:50,34	01:54,04	04:43,79	01:01,95	02:14,33	01:03,71	02:11,90	01:03,66	00:39,78	01:23,32	03:25,14	00:49,03	01:45,68	03:41,36	00:52,40	01:57,64	00:40,91	01:37,39	03:50,95	01:39,91	03:28,51
1111	00:50,35	01:54,06	04:43,82	01:01,95	02:14,35	01:03,71	02:11,92	01:03,67	00:39,79	01:23,33	03:25,16	00:49,03	01:45,69	03:41,38	00:52,41	01:57,66	00:40,92	01:37,40	03:50,97	01:39,93	03:28,53
1110	00:50,36	01:54,07	04:43,84	01:01,96	02:14,37	01:03,72	02:11,93	01:03,67	00:39,79	01:23,34	03:25,18	00:49,04	01:45,71	03:41,40	00:52,41	01:57,67	00:40,93	01:37,41	03:50,99	01:39,94	03:28,54
1109	00:50,36	01:54,08	04:43,87	01:01,97	02:14,38	01:03,73	02:11,95	01:03,68	00:39,80	01:23,35	03:25,20	00:49,05	01:45,72	03:41,42	00:52,42	01:57,68	00:40,93	01:37,42	03:51,01	01:39,95	03:28,56
1108	00:50,37	01:54,10	04:43,89	01:01,98	02:14,40	01:03,74	02:11,96	01:03,69	00:39,81	01:23,36	03:25,22	00:49,05	01:45,73	03:41,44	00:52,43	01:57,70	00:40,94	01:37,44	03:51,03	01:39,96	03:28,58
1107	00:50,38	01:54,11	04:43,92	01:01,99	02:14,42	01:03,75	02:11,98	01:03,70	00:39,81	01:23,37	03:25,24	00:49,06	01:45,74	03:41,46	00:52,44	01:57,71	00:40,94	01:37,45	03:51,05	01:39,97	03:28,60
1106	00:50,39	01:54,12	04:43,94	01:02,00	02:14,43	01:03,76	02:11,99	01:03,71	00:39,82	01:23,38	03:25,25	00:49,07	01:45,76	03:41,48	00:52,44	01:57,73	00:40,95	01:37,46	03:51,07	01:39,98	03:28,62
1105	00:50,39	01:54,14	04:43,97	01:02,01	02:14,45	01:03,77	02:12,01	01:03,72	00:39,82	01:23,39	03:25,27	00:49,07	01:45,77	03:41,50	00:52,45	01:57,74	00:40,95	01:37,47	03:51,09	01:40,00	03:28,64
1104	00:50,40	01:54,15	04:44,00	01:02,02	02:14,46	01:03,78	02:12,03	01:03,73	00:39,83	01:23,40	03:25,29	00:49,08	01:45,78	03:41,52	00:52,46	01:57,75	00:40,96	01:37,48	03:51,11	01:40,01	03:28,66
1103	00:50,41	01:54,17	04:44,02	01:02,03	02:14,48	01:03,79	02:12,04	01:03,74	00:39,83	01:23,41	03:25,31	00:49,09	01:45,80	03:41,54	00:52,47	01:57,77	00:40,97	01:37,49	03:51,14	01:40,02	03:28,68
1102	00:50,42	01:54,18	04:44,05	01:02,03	02:14,50	01:03,80	02:12,06	01:03,75	00:39,84	01:23,42	03:25,33	00:49,10	01:45,81	03:41,56	00:52,47	01:57,78	00:40,97	01:37,51	03:51,16	01:40,03	03:28,70
1101	00:50,42	01:54,19	04:44,07	01:02,04	02:14,51	01:03,81	02:12,07	01:03,76	00:39,85	01:23,43	03:25,35	00:49,10	01:45,82	03:41,58	00:52,48	01:57,80	00:40,98	01:37,52	03:51,18	01:40,04	03:28,72
1100	00:50,43	01:54,21	04:44,10	01:02,05	02:14,53	01:03,82	02:12,09	01:03,77	00:39,85	01:23,44	03:25,37	00:49,11	01:45,83	03:41,60	00:52,49	01:57,81	00:40,98	01:37,53	03:51,20	01:40,06	03:28,73
1099	00:50,44	01:54,22	04:44,13	01:02,06	02:14,54	01:03,82	02:12,11	01:03,78	00:39,86	01:23,45	03:25,39	00:49,12	01:45,85	03:41,62	00:52,50	01:57,83	00:40,99	01:37,54	03:51,22	01:40,07	03:28,75
1098	00:50,44	01:54,23	04:44,15	01:02,07	02:14,56	01:03,83	02:12,12	01:03,78	00:39,86	01:23,46	03:25,40	00:49,12	01:45,86	03:41,64	00:52,50	01:57,84	00:41,00	01:37,55	03:51,24	01:40,08	03:28,77
1097	00:50,45	01:54,25	04:44,18	01:02,08	02:14,58	01:03,84	02:12,14	01:03,79	00:39,87	01:23,47	03:25,42	00:49,13	01:45,87	03:41,66	00:52,51	01:57,85	00:41,00	01:37,56	03:51,26	01:40,09	03:28,79
1096	00:50,46	01:54,26	04:44,20	01:02,09	02:14,59	01:03,85	02:12,15	01:03,80	00:39,87	01:23,48	03:25,44	00:49,14	01:45,88	03:41,68	00:52,52	01:57,87	00:41,01	01:37,58	03:51,28	01:40,11	03:28,81
1095	00:50,47	01:54,28	04:44,23	01:02,10	02:14,61	01:03,86	02:12,17	01:03,81	00:39,88	01:23,49	03:25,46	00:49,15	01:45,90	03:41,70	00:52,53	01:57,88	00:41,01	01:37,59	03:51,30	01:40,12	03:28,83
1094	00:50,47	01:54,29	04:44,26	01:02,11	02:14,63	01:03,87	02:12,19	01:03,82	00:39,89	01:23,50	03:25,48	00:49,15	01:45,91	03:41,72	00:52,53	01:57,90	00:41,02	01:37,60	03:51,33	01:40,13	03:28,85
1093	00:50,48	01:54,30	04:44,28	01:02,12	02:14,64	01:03,88	02:12,20	01:03,83	00:39,89	01:23,51	03:25,50	00:49,16	01:45,92	03:41,74	00:52,54	01:57,91	00:41,03	01:37,61	03:51,35	01:40,14	03:28,87
1092	00:50,49	01:54,32	04:44,31	01:02,12	02:14,66	01:03,89	02:12,22	01:03,84	00:39,90	01:23,52	03:25,52	00:49,17	01:45,94	03:41,76	00:52,55	01:57,93	00:41,03	01:37,62	03:51,37	01:40,15	03:28,89
1091	00:50,50	01:54,33	04:44,33	01:02,13	02:14,68	01:03,90	02:12,23	01:03,85	00:39,90	01:23,53	03:25,54	00:49,17	01:45,95	03:41,78	00:52,56	01:57,94	00:41,04	01:37,64	03:51,39	01:40,17	03:28,91
1090	00:50,50	01:54,35	04:44,36	01:02,14	02:14,69	01:03,91	02:12,25	01:03,86	00:39,91	01:23,54	03:25,55	00:49,18	01:45,96	03:41,80	00:52,56	01:57,95	00:41,04	01:37,65	03:51,41	01:40,18	03:28,93
1089	00:50,51	01:54,36	04:44,39	01:02,15	02:14,71	01:03,92	02:12,27	01:03,87	00:39,92	01:23,55	03:25,57	00:49,19	01:45,97	03:41,82	00:52,57	01:57,97	00:41,05	01:37,66	03:51,43	01:40,19	03:28,94
1088	00:50,52	01:54,37	04:44,41	01:02,16	02:14,72	01:03,93	02:12,28	01:03,88	00:39,92	01:23,56	03:25,59	00:49,20	01:45,99	03:41,84	00:52,58	01:57,98	00:41,06	01:37,67	03:51,45	01:40,20	03:28,96
1087	00:50,53	01:54,39	04:44,44	01:02,17	02:14,74	01:03,94	02:12,30	01:03,89	00:39,93	01:23,57	03:25,61	00:49,20	01:46,00	03:41,87	00:52,59	01:58,00	00:41,06	01:37,68	03:51,47	01:40,21	03:28,98
1086	00:50,53	01:54,40	04:44,47	01:02,18	02:14,76	01:03,95	02:12,31	01:03,90	00:39,93	01:23,58	03:25,63	00:49,21	01:46,01	03:41,89	00:52,60	01:58,01	00:41,07	01:37,70	03:51,50	01:40,23	03:29,00
1085	00:50,54	01:54,42	04:44,49	01:02,19	02:14,77	01:03,95	02:12,33	01:03,91	00:39,94	01:23,59	03:25,65	00:49,22	01:46,03	03:41,91	00:52,60	01:58,03	00:41,07	01:37,71	03:51,52	01:40,24	03:29,02
1084	00:50,55	01:54,43	04:44,52	01:02,20	02:14,79	01:03,96	02:12,35	01:03,91	00:39,94	01:23,60	03:25,67	00:49,22	01:46,04	03:41,93	00:52,61	01:58,04	00:41,08	01:37,72	03:51,54	01:40,25	03:29,04
1083	00:50,55	01:54,44	04:44,54	01:02,21	02:14,81	01:03,97	02:12,36	01:03,92	00:39,95	01:23,61	03:25,69	00:49,23	01:46,05	03:41,95	00:52,62	01:58,05	00:41,09	01:37,73	03:51,56	01:40,26	03:29,06
1082	00:50,56	01:54,46	04:44,57	01:02,22	02:14,82	01:03,98	02:12,38	01:03,93	00:39,96	01:23,62	03:25,71	00:49,24	01:46,07	03:41,97	00:52,63	01:58,07	00:41,09	01:37,74	03:51,58	01:40,28	03:29,08
1081	00:50,57	01:54,47	04:44,60	01:02,22	02:14,84	01:03,99	02:12,40	01:03,94	00:39,96	01:23,63	03:25,73	00:49,25	01:46,08	03:41,99	00:52,63	01:58,08	00:41,10	01:37,75	03:51,60	01:40,29	03:29,10
1080	00:50,58	01:54,49	04:44,62	01:02,23	02:14,86	01:04,00	02:12,41	01:03,95	00:39,97	01:23,64	03:25,74	00:49,25	01:46,09	03:42,01	00:52,64	01:58,10	00:41,10	01:37,77	03:51,62	01:40,30	03:29,12
1079	00:50,58	01:54,50	04:44,65	01:02,24	02:14,87	01:04,01	02:12,43	01:03,96	00:39,97	01:23,65	03:25,76	00:49,26	01:46,10	03:42,03	00:52,65	01:58,11	00:41,11	01:37,78	03:51,65	01:40,31	03:29,14
1078	00:50,59	01:54,51	04:44,68	01:02,25	02:14,89	01:04,02	02:12,44	01:03,97	00:39,98	01:23,66	03:25,78	00:49,27	01:46,12	03:42,05	00:52,66	01:58,13	00:41,12	01:37,79	03:51,67	01:40,33	03:29,16
1077	00:50,60	01:54,53	04:44,70	01:02,26	02:14,91	01:04,03	02:12,46	01:03,98	00:39,99	01:23,67	03:25,80	00:49,28	01:46,13	03:42,07	00:52,67	01:58,14	00:41,12	01:37,80	03:51,69	01:40,34	03:29,18
1076	00:50,61	01:54,54	04:44,73	01:02,27	02:14,92	01:04,04	02:12,48	01:03,99	00:39,99	01:23,68	03:25,82	00:49,28	01:46,14	03:42,09	00:52,67	01:58,16	00:41,13	01:37,81	03:51,71	01:40,35	03:29,20
1075	00:50,61	01:54,56	04:44,76	01:02,28	02:14,94	01:04,05	02:12,49	01:04,00	00:40,00	01:23,69	03:25,84	00:49,29	01:46,16	03:42,11	00:52,68	01:58,17	00:41,13	01:37,83	03:51,73	01:40,36	03:29,22
1074	00:50,62	01:54,57	04:44,78	01:02,29	02:14,96	01:04,06	02:12,51	01:04,01	00:40,00	01:23,70	03:25,86	00:49,30	01:46,17	03:42,13	00:52,69	01:58,19	00:41,14	01:37,84	03:51,75	01:40,37	03:29,24

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1073	00:50,63	01:54,58	04:44,81	01:02,30	02:14,97	01:04,07	02:12,53	01:04,02	00:40,01	01:23,71	03:25,88	00:49,30	01:46,18	03:42,15	00:52,70	01:58,20	00:41,15	01:37,85	03:51,78	01:40,39	03:29,26
1072	00:50,64	01:54,60	04:44,84	01:02,31	02:14,99	01:04,08	02:12,54	01:04,03	00:40,02	01:23,72	03:25,90	00:49,31	01:46,20	03:42,17	00:52,70	01:58,21	00:41,15	01:37,86	03:51,80	01:40,40	03:29,27
1071	00:50,64	01:54,61	04:44,86	01:02,32	02:15,01	01:04,09	02:12,56	01:04,04	00:40,02	01:23,73	03:25,92	00:49,32	01:46,21	03:42,20	00:52,71	01:58,23	00:41,16	01:37,88	03:51,82	01:40,41	03:29,29
1070	00:50,65	01:54,63	04:44,89	01:02,33	02:15,02	01:04,10	02:12,57	01:04,05	00:40,03	01:23,75	03:25,94	00:49,33	01:46,22	03:42,22	00:52,72	01:58,24	00:41,16	01:37,89	03:51,84	01:40,42	03:29,31
1069	00:50,66	01:54,64	04:44,92	01:02,33	02:15,04	01:04,11	02:12,59	01:04,06	00:40,03	01:23,76	03:25,96	00:49,33	01:46,24	03:42,24	00:52,73	01:58,26	00:41,17	01:37,90	03:51,86	01:40,44	03:29,33
1068	00:50,67	01:54,66	04:44,94	01:02,34	02:15,06	01:04,12	02:12,61	01:04,07	00:40,04	01:23,77	03:25,98	00:49,34	01:46,25	03:42,26	00:52,74	01:58,27	00:41,18	01:37,91	03:51,88	01:40,45	03:29,35
1067	00:50,67	01:54,67	04:44,97	01:02,35	02:15,07	01:04,13	02:12,62	01:04,08	00:40,04	01:23,78	03:26,00	00:49,35	01:46,26	03:42,28	00:52,74	01:58,29	00:41,18	01:37,92	03:51,91	01:40,46	03:29,37
1066	00:50,68	01:54,68	04:45,00	01:02,36	02:15,09	01:04,13	02:12,64	01:04,09	00:40,05	01:23,79	03:26,01	00:49,36	01:46,28	03:42,30	00:52,75	01:58,30	00:41,19	01:37,94	03:51,93	01:40,47	03:29,39
1065	00:50,69	01:54,70	04:45,02	01:02,37	02:15,11	01:04,14	02:12,66	01:04,09	00:40,06	01:23,80	03:26,03	00:49,36	01:46,29	03:42,32	00:52,76	01:58,32	00:41,20	01:37,95	03:51,95	01:40,49	03:29,41
1064	00:50,70	01:54,71	04:45,05	01:02,38	02:15,12	01:04,15	02:12,67	01:04,10	00:40,06	01:23,81	03:26,05	00:49,37	01:46,30	03:42,34	00:52,77	01:58,33	00:41,20	01:37,96	03:51,97	01:40,50	03:29,43
1063	00:50,70	01:54,73	04:45,08	01:02,39	02:15,14	01:04,16	02:12,69	01:04,11	00:40,07	01:23,82	03:26,07	00:49,38	01:46,31	03:42,36	00:52,77	01:58,35	00:41,21	01:37,97	03:51,99	01:40,51	03:29,45
1062	00:50,71	01:54,74	04:45,10	01:02,40	02:15,16	01:04,17	02:12,71	01:04,12	00:40,07	01:23,83	03:26,09	00:49,39	01:46,33	03:42,38	00:52,78	01:58,36	00:41,21	01:37,99	03:52,02	01:40,52	03:29,47
1061	00:50,72	01:54,76	04:45,13	01:02,41	02:15,17	01:04,18	02:12,72	01:04,13	00:40,08	01:23,84	03:26,11	00:49,39	01:46,34	03:42,40	00:52,79	01:58,38	00:41,22	01:38,00	03:52,04	01:40,54	03:29,49
1060	00:50,73	01:54,77	04:45,16	01:02,42	02:15,19	01:04,19	02:12,74	01:04,14	00:40,09	01:23,85	03:26,13	00:49,40	01:46,35	03:42,43	00:52,80	01:58,39	00:41,23	01:38,01	03:52,06	01:40,55	03:29,51
1059	00:50,74	01:54,78	04:45,18	01:02,43	02:15,21	01:04,20	02:12,76	01:04,15	00:40,09	01:23,86	03:26,15	00:49,41	01:46,37	03:42,45	00:52,81	01:58,41	00:41,23	01:38,02	03:52,08	01:40,56	03:29,53
1058	00:50,74	01:54,80	04:45,21	01:02,44	02:15,22	01:04,21	02:12,77	01:04,16	00:40,10	01:23,87	03:26,17	00:49,41	01:46,38	03:42,47	00:52,81	01:58,42	00:41,24	01:38,03	03:52,10	01:40,58	03:29,55
1057	00:50,75	01:54,81	04:45,24	01:02,45	02:15,24	01:04,22	02:12,79	01:04,17	00:40,10	01:23,88	03:26,19	00:49,42	01:46,39	03:42,49	00:52,82	01:58,44	00:41,24	01:38,05	03:52,13	01:40,59	03:29,57
1056	00:50,76	01:54,83	04:45,27	01:02,46	02:15,26	01:04,23	02:12,81	01:04,18	00:40,11	01:23,89	03:26,21	00:49,43	01:46,41	03:42,51	00:52,83	01:58,45	00:41,25	01:38,06	03:52,15	01:40,60	03:29,59
1055	00:50,77	01:54,84	04:45,29	01:02,47	02:15,28	01:04,24	02:12,82	01:04,19	00:40,12	01:23,90	03:26,23	00:49,44	01:46,42	03:42,53	00:52,84	01:58,47	00:41,26	01:38,07	03:52,17	01:40,61	03:29,61
1054	00:50,77	01:54,86	04:45,32	01:02,48	02:15,29	01:04,25	02:12,84	01:04,20	00:40,12	01:23,91	03:26,25	00:49,44	01:46,43	03:42,55	00:52,85	01:58,48	00:41,26	01:38,08	03:52,19	01:40,63	03:29,63
1053	00:50,78	01:54,87	04:45,35	01:02,48	02:15,31	01:04,26	02:12,86	01:04,21	00:40,13	01:23,92	03:26,27	00:49,45	01:46,45	03:42,57	00:52,85	01:58,50	00:41,27	01:38,10	03:52,21	01:40,64	03:29,65
1052	00:50,79	01:54,88	04:45,37	01:02,49	02:15,33	01:04,27	02:12,87	01:04,22	00:40,14	01:23,93	03:26,29	00:49,46	01:46,46	03:42,59	00:52,86	01:58,51	00:41,28	01:38,11	03:52,24	01:40,65	03:29,67
1051	00:50,80	01:54,90	04:45,40	01:02,50	02:15,34	01:04,28	02:12,89	01:04,23	00:40,14	01:23,94	03:26,31	00:49,47	01:46,48	03:42,62	00:52,87	01:58,53	00:41,28	01:38,12	03:52,26	01:40,66	03:29,69
1050	00:50,80	01:54,91	04:45,43	01:02,51	02:15,36	01:04,29	02:12,91	01:04,24	00:40,15	01:23,95	03:26,33	00:49,47	01:46,49	03:42,64	00:52,88	01:58,54	00:41,29	01:38,13	03:52,28	01:40,68	03:29,71
1049	00:50,81	01:54,93	04:45,46	01:02,52	02:15,38	01:04,30	02:12,92	01:04,25	00:40,15	01:23,97	03:26,35	00:49,48	01:46,50	03:42,66	00:52,89	01:58,56	00:41,29	01:38,15	03:52,30	01:40,69	03:29,73
1048	00:50,82	01:54,94	04:45,48	01:02,53	02:15,40	01:04,31	02:12,94	01:04,26	00:40,16	01:23,98	03:26,37	00:49,49	01:46,52	03:42,68	00:52,89	01:58,57	00:41,30	01:38,16	03:52,32	01:40,70	03:29,75
1047	00:50,83	01:54,96	04:45,51	01:02,54	02:15,41	01:04,32	02:12,96	01:04,27	00:40,17	01:23,99	03:26,39	00:49,50	01:46,53	03:42,70	00:52,90	01:58,59	00:41,31	01:38,17	03:52,35	01:40,71	03:29,77
1046	00:50,84	01:54,97	04:45,54	01:02,55	02:15,43	01:04,33	02:12,97	01:04,28	00:40,17	01:24,00	03:26,41	00:49,50	01:46,54	03:42,72	00:52,91	01:58,60	00:41,31	01:38,18	03:52,37	01:40,73	03:29,79
1045	00:50,84	01:54,99	04:45,57	01:02,56	02:15,45	01:04,34	02:12,99	01:04,29	00:40,18	01:24,01	03:26,43	00:49,51	01:46,56	03:42,74	00:52,92	01:58,62	00:41,32	01:38,19	03:52,39	01:40,74	03:29,81
1044	00:50,85	01:55,00	04:45,59	01:02,57	02:15,46	01:04,35	02:13,01	01:04,30	00:40,18	01:24,02	03:26,45	00:49,52	01:46,57	03:42,77	00:52,93	01:58,63	00:41,33	01:38,21	03:52,41	01:40,75	03:29,83
1043	00:50,86	01:55,02	04:45,62	01:02,58	02:15,48	01:04,36	02:13,03	01:04,31	00:40,19	01:24,03	03:26,47	00:49,53	01:46,58	03:42,79	00:52,93	01:58,65	00:41,33	01:38,22	03:52,44	01:40,77	03:29,85
1042	00:50,87	01:55,03	04:45,65	01:02,59	02:15,50	01:04,37	02:13,04	01:04,32	00:40,20	01:24,04	03:26,49	00:49,53	01:46,60	03:42,81	00:52,94	01:58,66	00:41,34	01:38,23	03:52,46	01:40,78	03:29,87
1041	00:50,87	01:55,05	04:45,68	01:02,60	02:15,52	01:04,38	02:13,06	01:04,33	00:40,20	01:24,05	03:26,51	00:49,54	01:46,61	03:42,83	00:52,95	01:58,68	00:41,34	01:38,24	03:52,48	01:40,79	03:29,89
1040	00:50,88	01:55,06	04:45,70	01:02,61	02:15,53	01:04,39	02:13,08	01:04,34	00:40,21	01:24,06	03:26,53	00:49,55	01:46,62	03:42,85	00:52,96	01:58,69	00:41,35	01:38,26	03:52,50	01:40,80	03:29,91
1039	00:50,89	01:55,07	04:45,73	01:02,62	02:15,55	01:04,40	02:13,09	01:04,35	00:40,21	01:24,07	03:26,55	00:49,56	01:46,64	03:42,87	00:52,97	01:58,71	00:41,36	01:38,27	03:52,53	01:40,82	03:29,93
1038	00:50,90	01:55,09	04:45,76	01:02,63	02:15,57	01:04,41	02:13,11	01:04,36	00:40,22	01:24,08	03:26,57	00:49,57	01:46,65	03:42,89	00:52,97	01:58,72	00:41,36	01:38,28	03:52,55	01:40,83	03:29,95
1037	00:50,91	01:55,10	04:45,79	01:02,64	02:15,58	01:04,42	02:13,13	01:04,37	00:40,23	01:24,09	03:26,59	00:49,57	01:46,66	03:42,92	00:52,98	01:58,74	00:41,37	01:38,30	03:52,57	01:40,84	03:29,97
1036	00:50,91	01:55,12	04:45,81	01:02,65	02:15,60	01:04,43	02:13,14	01:04,38	00:40,23	01:24,10	03:26,61	00:49,58	01:46,68	03:42,94	00:52,99	01:58,75	00:41,38	01:38,31	03:52,59	01:40,86	03:29,99
1035	00:50,92	01:55,13	04:45,84	01:02,66	02:15,62	01:04,44	02:13,16	01:04,39	00:40,24	01:24,12	03:26,63	00:49,59	01:46,69	03:42,96	00:53,00	01:58,77	00:41,38	01:38,32	03:52,62	01:40,87	03:30,01
1034	00:50,93	01:55,15	04:45,87	01:02,67	02:15,64	01:04,45	02:13,18	01:04,40	00:40,25	01:24,13	03:26,65	00:49,60	01:46,71	03:42,98	00:53,01	01:58,78	00:41,39	01:38,33	03:52,64	01:40,88	03:30,03
1033	00:50,94	01:55,16	04:45,90	01:02,68	02:15,65	01:04,46	02:13,20	01:04,41	00:40,25	01:24,14	03:26,67	00:49,60	01:46,72	03:43,00	00:53,02	01:58,80	00:41,40	01:38,35	03:52,66	01:40,89	03:30,05
1032	00:50,94	01:55,18	04:45,92	01:02,69	02:15,67	01:04,47	02:13,21	01:04,42	00:40,26	01:24,15	03:26,69	00:49,61	01:46,73	03:43,02	00:53,02	01:58,81	00:41,40	01:38,36	03:52,68	01:40,91	03:30,07
1031	00:50,95	01:55,19	04:45,95	01:02,69	02:15,69	01:04,48	02:13,23	01:04,43	00:40,26	01:24,16	03:26,71	00:49,62	01:46,75	03:43,05	00:53,03	01:58,83	00:41,41	01:38,37	03:52,71	01:40,92	03:30,10
1030	00:50,96	01:55,21	04:45,98	01:02,70	02:15,71	01:04,49	02:13,25	01:04,44	00:40,27	01:24,17	03:26,73	00:49,63	01:46,76	03:43,07	00:53,04	01:58,84	00:41,41	01:38,38	03:52,73	01:40,93	03:30,12
1029	00:50,97	01:55,22	04:46,01	01:02,71	02:15,72	01:04,50	02:13,26	01:04,45	00:40,28	01:24,18	03:26,75	00:49,63	01:46,77	03:43,09	00:53,05	01:58,86	00:41,42	01:38,40	03:52,75	01:40,95	03:30,14
1028	00:50,98	01:55,24	04:46,04	01:02,72	02:15,74	01:04,51	02:13,28	01:04,46	00:40,28	01:24,19	03:26,77	00:49,64	01:46,79	03:43,11	00:53,06	01:58,87	00:41,43	01:38,41	03:52,77	01:40,96	03:30,16
1027	00:50,98	01:55,25	04:46,06	01:02,73	02:15,76	01:04,52	02:13,30	01:04,47	00:40,29	01:24,20	03:26,79	00:49,65	01:46,80	03:43,13	00:53,06	01:58,89	00:41,43	01:38,42	03:52,80	01:40,97	03:30,18
1026	00:50,99	01:55,27	04:46,09	01:02,74	02:15,78	01:04,53	02:13,32	01:04,48	00:40,30	01:24,21	03:26,81	00:49,66	01:46,82	03:43,15	00:53,07	01:58,90	00:41,44	01:38,43	03:52,82	01:40,99	03:30,20
1025	00:51,00	01:55,28	04:46,12	01:02,75	02:15,79	01:04,54	02:13,33	01:04,49	00:40,30	01:24,22	03:26,83	00:49,66	01:46,83	03:43,18	00:53,08	01:58,92	00:41,45	01:38,45	03:52,84	01:41,00	03:30,22
1024	00:51,01	01:55,30	04:46,15	01:02,76	02:15,81	01:04,55	02:13,35	01:04,50	00:40,31	01:24,23	03:26,85	00:49,67	01:46,84	03:43,20	00:53,09	01:58,94	00:41,45	01:38,46	03:52,87	01:41,01	03:30,24
1023	00:51,02	01:55,31	04:46,18	01:02,77	02:15,83	01:04,56	02:13,37	01:04,51	00:40,31	01:24,25	03:26,87	00:49,68	01:46,86	03:43,22	00:53,10	01:58,95	00:41,46	01:38,47	03:52,89	01:41,02	03:30,26
1022	00:51,02	01:55,33	04:46,20	01:02,78	02:15,85	01:04,57	02:13,38	01:04,52	00:40,32	01:24,26	03:26,89	00:49,69	01:46,87	03:43,24	00:53,11	01:58,97	00:41,47	01:38,49	03:52,91	01:41,04	03:30,28
1021	00:51,03	01:55,34	04:46,23	01:02,79	02:15,86	01:04,58	02:13,40	01:04,53	00:40,33	01:24,27	03:26,91	00:49,70	01:46,88	03:43,26	00:53,11	01:58,98	00:41,47	01:38,50	03:52,93	01:41,05	03:30,30
1020	00:51,04	01:55,36	04:46,26	01:02,80	02:15,88	01:04,59	02:13,42	01:04,54	00:40,33	01:24,28	03:26,93	00:49,70	01:46,90	03:43,29	00:53,12	01:59,00	00:41,48	01:38,51	03:52,96	01:41,06	03:30,32
1019	00:51,05	01:55,37	04:46,29	01:02,81	02:15,90	01:04,60	02:13,44	01:04,55	00:40,34	01:24,29	03:26,95	00:49,71	01:46,91	03:43,31	00:53,13	01:59,01	00:41,49	01:38,52	03:52,98	01:41,08	03:30,34
1018	00:51,05	01:55,39	04:46,32	01:02,82	02:15,92	01:04,61	02:13,45	01:04,56	00:40,35	01:24,30	03:26,97	00:49,72	01:46,93	03:43,33	00:53,14	01:59,03	00:41,49	01:38,54	03:53,00	01:41,09	03:30,36
1017	00:51,06	01:55,40	04:46,35	01:02,83	02:15,94	01:04,62	02:13,47	01:04,57	00:40,35	01:24,31	03:26,99	00:49,73	01:46,94	03:43,35	00:53,15	01:59,04	00:41,50	01:38,55	03:53,03	01:41,10	03:30,38
1016	00:51,07	01:55,42	04:46,37	01:02,84	02:15,95	01:04,63	02:13,49	01:04,58	00:40,36	01:24,32	03:27,01	00:49,73	01:46,95	03:43,37	00:53,16	01:59,06	00:41,51	01:38,56	03:53,05	01:41,12	03:30,40
1015	00:51,08	01:55,43	04:46,40	01:02,85	02:15,97	01:04,64	02:13,51	01:04,59	00:40,36	01:24,33	03:27,03	00:49,74	01:46,97	03:43,40	00:53,16	01:59,07	00:41,51	01:38,58	03:53,07	01:41,13	03:30,43
1014	00:51,09	01:55,45	04:46,43	01:02,86	02:15,99	01:04,65	02:13,52	01:04,60	00:40,37	01:24,34	03:27,05	00:49,75	01:46,98	03:43,42	00:53,17	01:59,09	00:41,52	01:38,59	03:53,09	01:41,14	03:30,45
1013	00:51,09	01:55,46	04:46,46	01:02,87	02:16,01	01:04,66	02:13,54	01:04,61	00:40,38	01:24,36	03:27,07	00:49,76	01:47,00	03:43,44	00:53,18	01:59,11	00:41,52	01:38,60	03:53,12	01:41,16	03:30,47

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1012	00:51,10	01:55,48	04:46,49	01:02,88	02:16,02	01:04,67	02:13,56	01:04,62	00:40,38	01:24,37	03:27,09	00:49,77	01:47,01	03:43,46	00:53,19	01:59,12	00:41,53	01:38,61	03:53,14	01:41,17	03:30,49
1011	00:51,11	01:55,49	04:46,52	01:02,89	02:16,04	01:04,68	02:13,58	01:04,63	00:40,39	01:24,38	03:27,11	00:49,77	01:47,02	03:43,48	00:53,20	01:59,14	00:41,54	01:38,63	03:53,16	01:41,18	03:30,51
1010	00:51,12	01:55,51	04:46,54	01:02,90	02:16,06	01:04,69	02:13,59	01:04,64	00:40,40	01:24,39	03:27,13	00:49,78	01:47,04	03:43,51	00:53,21	01:59,15	00:41,54	01:38,64	03:53,19	01:41,20	03:30,53
1009	00:51,13	01:55,52	04:46,57	01:02,91	02:16,08	01:04,70	02:13,61	01:04,65	00:40,40	01:24,40	03:27,15	00:49,79	01:47,05	03:43,53	00:53,21	01:59,17	00:41,55	01:38,65	03:53,21	01:41,21	03:30,55
1008	00:51,14	01:55,54	04:46,60	01:02,92	02:16,10	01:04,71	02:13,63	01:04,66	00:40,41	01:24,41	03:27,17	00:49,80	01:47,07	03:43,55	00:53,22	01:59,18	00:41,56	01:38,67	03:53,23	01:41,22	03:30,57
1007	00:51,14	01:55,55	04:46,63	01:02,93	02:16,11	01:04,72	02:13,65	01:04,67	00:40,42	01:24,42	03:27,19	00:49,80	01:47,08	03:43,57	00:53,23	01:59,20	00:41,56	01:38,68	03:53,26	01:41,24	03:30,59
1006	00:51,15	01:55,57	04:46,66	01:02,94	02:16,13	01:04,73	02:13,66	01:04,68	00:40,42	01:24,43	03:27,22	00:49,81	01:47,09	03:43,60	00:53,24	01:59,22	00:41,57	01:38,69	03:53,28	01:41,25	03:30,61
1005	00:51,16	01:55,58	04:46,69	01:02,95	02:16,15	01:04,74	02:13,68	01:04,69	00:40,43	01:24,44	03:27,24	00:49,82	01:47,11	03:43,62	00:53,25	01:59,23	00:41,58	01:38,70	03:53,30	01:41,26	03:30,63
1004	00:51,17	01:55,60	04:46,72	01:02,96	02:16,17	01:04,75	02:13,70	01:04,70	00:40,43	01:24,46	03:27,26	00:49,83	01:47,12	03:43,64	00:53,26	01:59,25	00:41,58	01:38,72	03:53,33	01:41,28	03:30,66
1003	00:51,18	01:55,61	04:46,74	01:02,97	02:16,19	01:04,76	02:13,72	01:04,71	00:40,44	01:24,47	03:27,28	00:49,84	01:47,14	03:43,66	00:53,26	01:59,26	00:41,59	01:38,73	03:53,35	01:41,29	03:30,68
1002	00:51,18	01:55,63	04:46,77	01:02,98	02:16,20	01:04,77	02:13,73	01:04,72	00:40,45	01:24,48	03:27,30	00:49,84	01:47,15	03:43,69	00:53,27	01:59,28	00:41,60	01:38,74	03:53,37	01:41,30	03:30,70
1001	00:51,19	01:55,64	04:46,80	01:02,99	02:16,22	01:04,78	02:13,75	01:04,73	00:40,45	01:24,49	03:27,32	00:49,85	01:47,17	03:43,71	00:53,28	01:59,29	00:41,60	01:38,76	03:53,40	01:41,32	03:30,72
1000	00:51,20	01:55,66	04:46,83	01:03,00	02:16,24	01:04,79	02:13,77	01:04,74	00:40,46	01:24,50	03:27,34	00:49,86	01:47,18	03:43,73	00:53,29	01:59,31	00:41,61	01:38,77	03:53,42	01:41,33	03:30,74
999	00:51,21	01:55,68	04:46,86	01:03,01	02:16,26	01:04,80	02:13,79	01:04,75	00:40,47	01:24,51	03:27,36	00:49,87	01:47,19	03:43,75	00:53,30	01:59,33	00:41,62	01:38,78	03:53,44	01:41,34	03:30,76
998	00:51,22	01:55,69	04:46,89	01:03,02	02:16,28	01:04,81	02:13,81	01:04,76	00:40,47	01:24,52	03:27,38	00:49,88	01:47,21	03:43,77	00:53,31	01:59,34	00:41,62	01:38,80	03:53,47	01:41,36	03:30,78
997	00:51,22	01:55,71	04:46,92	01:03,03	02:16,29	01:04,82	02:13,82	01:04,77	00:40,48	01:24,53	03:27,40	00:49,88	01:47,22	03:43,80	00:53,32	01:59,36	00:41,63	01:38,81	03:53,49	01:41,37	03:30,80
996	00:51,23	01:55,72	04:46,95	01:03,04	02:16,31	01:04,83	02:13,84	01:04,78	00:40,49	01:24,54	03:27,42	00:49,89	01:47,24	03:43,82	00:53,32	01:59,37	00:41,64	01:38,82	03:53,51	01:41,38	03:30,82
995	00:51,24	01:55,74	04:46,97	01:03,05	02:16,33	01:04,84	02:13,86	01:04,79	00:40,49	01:24,56	03:27,44	00:49,90	01:47,25	03:43,84	00:53,33	01:59,39	00:41,64	01:38,84	03:53,54	01:41,40	03:30,85
994	00:51,25	01:55,75	04:47,00	01:03,06	02:16,35	01:04,85	02:13,88	01:04,80	00:40,50	01:24,57	03:27,47	00:49,91	01:47,27	03:43,87	00:53,34	01:59,41	00:41,65	01:38,85	03:53,56	01:41,41	03:30,87
993	00:51,26	01:55,77	04:47,03	01:03,07	02:16,37	01:04,86	02:13,89	01:04,81	00:40,51	01:24,58	03:27,49	00:49,92	01:47,28	03:43,89	00:53,35	01:59,42	00:41,66	01:38,86	03:53,58	01:41,42	03:30,89
992	00:51,27	01:55,78	04:47,06	01:03,08	02:16,39	01:04,87	02:13,91	01:04,82	00:40,51	01:24,59	03:27,51	00:49,92	01:47,29	03:43,91	00:53,36	01:59,44	00:41,66	01:38,88	03:53,61	01:41,44	03:30,91
991	00:51,27	01:55,80	04:47,09	01:03,09	02:16,40	01:04,88	02:13,93	01:04,83	00:40,52	01:24,60	03:27,53	00:49,93	01:47,31	03:43,93	00:53,37	01:59,45	00:41,67	01:38,89	03:53,63	01:41,45	03:30,93
990	00:51,28	01:55,81	04:47,12	01:03,10	02:16,42	01:04,89	02:13,95	01:04,84	00:40,52	01:24,61	03:27,55	00:49,94	01:47,32	03:43,96	00:53,38	01:59,47	00:41,68	01:38,90	03:53,66	01:41,47	03:30,95
989	00:51,29	01:55,83	04:47,15	01:03,11	02:16,44	01:04,90	02:13,97	01:04,85	00:40,53	01:24,62	03:27,57	00:49,95	01:47,34	03:43,98	00:53,38	01:59,49	00:41,68	01:38,92	03:53,68	01:41,48	03:30,97
988	00:51,30	01:55,85	04:47,18	01:03,12	02:16,46	01:04,91	02:13,98	01:04,86	00:40,54	01:24,64	03:27,59	00:49,96	01:47,35	03:44,00	00:53,39	01:59,50	00:41,69	01:38,93	03:53,70	01:41,49	03:31,00
987	00:51,31	01:55,86	04:47,21	01:03,13	02:16,48	01:04,92	02:14,00	01:04,87	00:40,54	01:24,65	03:27,61	00:49,96	01:47,37	03:44,02	00:53,40	01:59,52	00:41,70	01:38,94	03:53,73	01:41,51	03:31,02
986	00:51,31	01:55,88	04:47,24	01:03,14	02:16,50	01:04,94	02:14,02	01:04,89	00:40,55	01:24,66	03:27,63	00:49,97	01:47,38	03:44,05	00:53,41	01:59,53	00:41,70	01:38,95	03:53,75	01:41,52	03:31,04
985	00:51,32	01:55,89	04:47,27	01:03,15	02:16,51	01:04,95	02:14,04	01:04,90	00:40,56	01:24,67	03:27,65	00:49,98	01:47,40	03:44,07	00:53,42	01:59,55	00:41,71	01:38,97	03:53,77	01:41,53	03:31,06
984	00:51,33	01:55,91	04:47,29	01:03,16	02:16,53	01:04,96	02:14,06	01:04,91	00:40,56	01:24,68	03:27,68	00:49,99	01:47,41	03:44,09	00:53,43	01:59,57	00:41,72	01:38,98	03:53,80	01:41,55	03:31,08
983	00:51,34	01:55,92	04:47,32	01:03,17	02:16,55	01:04,97	02:14,07	01:04,92	00:40,57	01:24,69	03:27,70	00:50,00	01:47,42	03:44,12	00:53,44	01:59,58	00:41,72	01:38,99	03:53,82	01:41,56	03:31,10
982	00:51,35	01:55,94	04:47,35	01:03,18	02:16,57	01:04,98	02:14,09	01:04,93	00:40,58	01:24,70	03:27,72	00:50,00	01:47,44	03:44,14	00:53,44	01:59,60	00:41,73	01:39,01	03:53,85	01:41,57	03:31,12
981	00:51,36	01:55,95	04:47,38	01:03,19	02:16,59	01:04,99	02:14,11	01:04,94	00:40,58	01:24,72	03:27,74	00:50,01	01:47,45	03:44,16	00:53,45	01:59,61	00:41,74	01:39,02	03:53,87	01:41,59	03:31,15
980	00:51,36	01:55,97	04:47,41	01:03,20	02:16,61	01:05,00	02:14,13	01:04,95	00:40,59	01:24,73	03:27,76	00:50,02	01:47,47	03:44,18	00:53,46	01:59,63	00:41,74	01:39,04	03:53,89	01:41,60	03:31,17
979	00:51,37	01:55,99	04:47,44	01:03,21	02:16,62	01:05,01	02:14,15	01:04,96	00:40,60	01:24,74	03:27,78	00:50,03	01:47,48	03:44,21	00:53,47	01:59,65	00:41,75	01:39,05	03:53,92	01:41,62	03:31,19
978	00:51,38	01:56,00	04:47,47	01:03,22	02:16,64	01:05,02	02:14,17	01:04,97	00:40,60	01:24,75	03:27,80	00:50,04	01:47,50	03:44,23	00:53,48	01:59,66	00:41,76	01:39,06	03:53,94	01:41,63	03:31,21
977	00:51,39	01:56,02	04:47,50	01:03,23	02:16,66	01:05,03	02:14,18	01:04,98	00:40,61	01:24,76	03:27,82	00:50,04	01:47,51	03:44,25	00:53,49	01:59,68	00:41,76	01:39,08	03:53,97	01:41,64	03:31,23
976	00:51,40	01:56,03	04:47,53	01:03,24	02:16,68	01:05,04	02:14,20	01:04,99	00:40,62	01:24,77	03:27,85	00:50,05	01:47,53	03:44,28	00:53,50	01:59,70	00:41,77	01:39,09	03:53,99	01:41,66	03:31,25
975	00:51,41	01:56,05	04:47,56	01:03,25	02:16,70	01:05,05	02:14,22	01:05,00	00:40,62	01:24,78	03:27,87	00:50,06	01:47,54	03:44,30	00:53,51	01:59,71	00:41,78	01:39,10	03:54,01	01:41,67	03:31,28
974	00:51,41	01:56,06	04:47,59	01:03,26	02:16,72	01:05,06	02:14,24	01:05,01	00:40,63	01:24,80	03:27,89	00:50,07	01:47,56	03:44,32	00:53,51	01:59,73	00:41,78	01:39,12	03:54,04	01:41,68	03:31,30
973	00:51,42	01:56,08	04:47,62	01:03,27	02:16,74	01:05,07	02:14,26	01:05,02	00:40,64	01:24,81	03:27,91	00:50,08	01:47,57	03:44,35	00:53,52	01:59,74	00:41,79	01:39,13	03:54,06	01:41,70	03:31,32
972	00:51,43	01:56,10	04:47,65	01:03,29	02:16,75	01:05,08	02:14,27	01:05,03	00:40,64	01:24,82	03:27,93	00:50,09	01:47,58	03:44,37	00:53,53	01:59,76	00:41,80	01:39,14	03:54,09	01:41,71	03:31,34
971	00:51,44	01:56,11	04:47,68	01:03,30	02:16,77	01:05,09	02:14,29	01:05,04	00:40,65	01:24,83	03:27,95	00:50,09	01:47,60	03:44,39	00:53,54	01:59,78	00:41,81	01:39,16	03:54,11	01:41,73	03:31,36
970	00:51,45	01:56,13	04:47,71	01:03,31	02:16,79	01:05,10	02:14,31	01:05,05	00:40,66	01:24,84	03:27,97	00:50,10	01:47,61	03:44,41	00:53,55	01:59,79	00:41,81	01:39,17	03:54,13	01:41,74	03:31,39
969	00:51,46	01:56,14	04:47,74	01:03,32	02:16,81	01:05,12	02:14,33	01:05,07	00:40,66	01:24,85	03:28,00	00:50,11	01:47,63	03:44,44	00:53,56	01:59,81	00:41,82	01:39,18	03:54,16	01:41,75	03:31,41
968	00:51,47	01:56,16	04:47,77	01:03,33	02:16,83	01:05,13	02:14,35	01:05,08	00:40,67	01:24,87	03:28,02	00:50,12	01:47,64	03:44,46	00:53,57	01:59,83	00:41,83	01:39,20	03:54,18	01:41,77	03:31,43
967	00:51,47	01:56,18	04:47,80	01:03,34	02:16,85	01:05,14	02:14,37	01:05,09	00:40,68	01:24,88	03:28,04	00:50,13	01:47,66	03:44,48	00:53,58	01:59,84	00:41,83	01:39,21	03:54,21	01:41,78	03:31,45
966	00:51,48	01:56,19	04:47,83	01:03,35	02:16,87	01:05,15	02:14,39	01:05,10	00:40,68	01:24,89	03:28,06	00:50,14	01:47,67	03:44,51	00:53,58	01:59,86	00:41,84	01:39,22	03:54,23	01:41,80	03:31,47
965	00:51,49	01:56,21	04:47,86	01:03,36	02:16,89	01:05,16	02:14,40	01:05,11	00:40,69	01:24,90	03:28,08	00:50,14	01:47,69	03:44,53	00:53,59	01:59,88	00:41,85	01:39,24	03:54,26	01:41,81	03:31,49
964	00:51,50	01:56,22	04:47,89	01:03,37	02:16,90	01:05,17	02:14,42	01:05,12	00:40,70	01:24,91	03:28,10	00:50,15	01:47,70	03:44,55	00:53,60	01:59,89	00:41,85	01:39,25	03:54,28	01:41,82	03:31,52
963	00:51,51	01:56,24	04:47,92	01:03,38	02:16,92	01:05,18	02:14,44	01:05,13	00:40,70	01:24,92	03:28,13	00:50,16	01:47,72	03:44,58	00:53,61	01:59,91	00:41,86	01:39,27	03:54,30	01:41,84	03:31,54
962	00:51,52	01:56,26	04:47,95	01:03,39	02:16,94	01:05,19	02:14,46	01:05,14	00:40,71	01:24,94	03:28,15	00:50,17	01:47,73	03:44,60	00:53,62	01:59,92	00:41,87	01:39,28	03:54,33	01:41,85	03:31,56
961	00:51,52	01:56,27	04:47,98	01:03,40	02:16,96	01:05,20	02:14,48	01:05,15	00:40,72	01:24,95	03:28,17	00:50,18	01:47,75	03:44,62	00:53,63	01:59,94	00:41,87	01:39,29	03:54,35	01:41,87	03:31,58
960	00:51,53	01:56,29	04:48,01	01:03,41	02:16,98	01:05,21	02:14,50	01:05,16	00:40,72	01:24,96	03:28,19	00:50,18	01:47,76	03:44,65	00:53,64	01:59,96	00:41,88	01:39,31	03:54,38	01:41,88	03:31,61
959	00:51,54	01:56,30	04:48,04	01:03,42	02:17,00	01:05,22	02:14,51	01:05,17	00:40,73	01:24,97	03:28,21	00:50,19	01:47,78	03:44,67	00:53,65	01:59,97	00:41,89	01:39,32	03:54,40	01:41,89	03:31,63
958	00:51,55	01:56,32	04:48,07	01:03,43	02:17,02	01:05,23	02:14,53	01:05,18	00:40,74	01:24,98	03:28,23	00:50,20	01:47,79	03:44,70	00:53,65	01:59,99	00:41,89	01:39,33	03:54,43	01:41,91	03:31,65
957	00:51,56	01:56,34	04:48,10	01:03,44	02:17,04	01:05,24	02:14,55	01:05,19	00:40,74	01:24,99	03:28,26	00:50,21	01:47,81	03:44,72	00:53,66	02:00,01	00:41,90	01:39,35	03:54,45	01:41,92	03:31,67
956	00:51,57	01:56,35	04:48,13	01:03,45	02:17,06	01:05,26	02:14,57	01:05,20	00:40,75	01:25,01	03:28,28	00:50,22	01:47,82	03:44,74	00:53,67	02:00,02	00:41,91	01:39,36	03:54,48	01:41,94	03:31,69
955	00:51,58	01:56,37	04:48,16	01:03,46	02:17,07	01:05,27	02:14,59	01:05,22	00:40,76	01:25,02	03:28,30	00:50,23	01:47,84	03:44,77	00:53,68	02:00,04	00:41,92	01:39,38	03:54,50	01:41,95	03:31,72
954	00:51,58	01:56,38	04:48,19	01:03,47	02:17,09	01:05,28	02:14,61	01:05,23	00:40,76	01:25,03	03:28,32	00:50,23	01:47,85	03:44,79	00:53,69	02:00,06	00:41,92	01:39,39	03:54,53	01:41,96	03:31,74
953	00:51,59	01:56,40	04:48,22	01:03,48	02:17,11	01:05,29	02:14,63	01:05,24	00:40,77	01:25,04	03:28,34	00:50,24	01:47,87	03:44,81	00:53,70	02:00,07	00:41,93	01:39,40	03:54,55	01:41,98	03:31,76
952	00:51,60	01:56,42	04:48,25	01:03,49	02:17,13	01:05,30	02:14,65	01:05,25	00:40,78	01:25,05	03:28,37	00:50,25	01:47,88	03:44,84	00:53,71	02:00,09	00:41,94	01:39,42	03:54,57	01:41,99	03:31,78

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
951	00:51,61	01:56,43	04:48,28	01:03,51	02:17,15	01:05,31	02:14,66	01:05,26	00:40,78	01:25,07	03:28,39	00:50,26	01:47,90	03:44,86	00:53,72	02:00,11	00:41,94	01:39,43	03:54,60	01:42,01	03:31,81
950	00:51,62	01:56,45	04:48,31	01:03,52	02:17,17	01:05,32	02:14,68	01:05,27	00:40,79	01:25,08	03:28,41	00:50,27	01:47,91	03:44,88	00:53,73	02:00,12	00:41,95	01:39,44	03:54,62	01:42,02	03:31,83
949	00:51,63	01:56,47	04:48,34	01:03,53	02:17,19	01:05,33	02:14,70	01:05,28	00:40,80	01:25,09	03:28,43	00:50,28	01:47,93	03:44,91	00:53,74	02:00,14	00:41,96	01:39,46	03:54,65	01:42,04	03:31,85
948	00:51,64	01:56,48	04:48,37	01:03,54	02:17,21	01:05,34	02:14,72	01:05,29	00:40,81	01:25,10	03:28,45	00:50,29	01:47,94	03:44,93	00:53,74	02:00,16	00:41,96	01:39,47	03:54,67	01:42,05	03:31,87
947	00:51,65	01:56,50	04:48,40	01:03,55	02:17,23	01:05,35	02:14,74	01:05,30	00:40,81	01:25,11	03:28,48	00:50,29	01:47,96	03:44,96	00:53,75	02:00,17	00:41,97	01:39,49	03:54,70	01:42,06	03:31,89
946	00:51,65	01:56,51	04:48,43	01:03,56	02:17,25	01:05,36	02:14,76	01:05,31	00:40,82	01:25,12	03:28,50	00:50,30	01:47,97	03:44,98	00:53,76	02:00,19	00:41,98	01:39,50	03:54,72	01:42,08	03:31,92
945	00:51,66	01:56,53	04:48,46	01:03,57	02:17,27	01:05,38	02:14,78	01:05,33	00:40,83	01:25,14	03:28,52	00:50,31	01:47,99	03:45,00	00:53,77	02:00,21	00:41,99	01:39,51	03:54,75	01:42,09	03:31,94
944	00:51,67	01:56,55	04:48,49	01:03,58	02:17,29	01:05,39	02:14,80	01:05,34	00:40,83	01:25,15	03:28,54	00:50,32	01:48,00	03:45,03	00:53,78	02:00,23	00:41,99	01:39,53	03:54,77	01:42,11	03:31,96
943	00:51,68	01:56,56	04:48,52	01:03,59	02:17,30	01:05,40	02:14,82	01:05,35	00:40,84	01:25,16	03:28,56	00:50,33	01:48,02	03:45,05	00:53,79	02:00,24	00:42,00	01:39,54	03:54,80	01:42,12	03:31,98
942	00:51,69	01:56,58	04:48,55	01:03,60	02:17,32	01:05,41	02:14,83	01:05,36	00:40,85	01:25,17	03:28,59	00:50,34	01:48,03	03:45,08	00:53,80	02:00,26	00:42,01	01:39,56	03:54,82	01:42,14	03:32,01
941	00:51,70	01:56,60	04:48,59	01:03,61	02:17,34	01:05,42	02:14,85	01:05,37	00:40,85	01:25,18	03:28,61	00:50,34	01:48,05	03:45,10	00:53,81	02:00,28	00:42,01	01:39,57	03:54,85	01:42,15	03:32,03
940	00:51,71	01:56,61	04:48,62	01:03,62	02:17,36	01:05,43	02:14,87	01:05,38	00:40,86	01:25,20	03:28,63	00:50,35	01:48,06	03:45,12	00:53,82	02:00,29	00:42,02	01:39,58	03:54,87	01:42,17	03:32,05
939	00:51,72	01:56,63	04:48,65	01:03,63	02:17,38	01:05,44	02:14,89	01:05,39	00:40,87	01:25,21	03:28,65	00:50,36	01:48,08	03:45,15	00:53,83	02:00,31	00:42,03	01:39,60	03:54,90	01:42,18	03:32,08
938	00:51,72	01:56,65	04:48,68	01:03,64	02:17,40	01:05,45	02:14,91	01:05,40	00:40,87	01:25,22	03:28,68	00:50,37	01:48,09	03:45,17	00:53,84	02:00,33	00:42,04	01:39,61	03:54,92	01:42,19	03:32,10
937	00:51,73	01:56,66	04:48,71	01:03,66	02:17,42	01:05,46	02:14,93	01:05,41	00:40,88	01:25,23	03:28,70	00:50,38	01:48,11	03:45,20	00:53,84	02:00,34	00:42,04	01:39,63	03:54,95	01:42,21	03:32,12
936	00:51,74	01:56,68	04:48,74	01:03,67	02:17,44	01:05,48	02:14,95	01:05,42	00:40,89	01:25,24	03:28,72	00:50,39	01:48,12	03:45,22	00:53,85	02:00,36	00:42,05	01:39,64	03:54,97	01:42,22	03:32,14
935	00:51,75	01:56,70	04:48,77	01:03,68	02:17,46	01:05,49	02:14,97	01:05,44	00:40,89	01:25,26	03:28,74	00:50,40	01:48,14	03:45,24	00:53,86	02:00,38	00:42,06	01:39,65	03:55,00	01:42,24	03:32,17
934	00:51,76	01:56,71	04:48,80	01:03,69	02:17,48	01:05,50	02:14,99	01:05,45	00:40,90	01:25,27	03:28,77	00:50,40	01:48,16	03:45,27	00:53,87	02:00,40	00:42,06	01:39,67	03:55,02	01:42,25	03:32,19
933	00:51,77	01:56,73	04:48,83	01:03,70	02:17,50	01:05,51	02:15,01	01:05,46	00:40,91	01:25,28	03:28,79	00:50,41	01:48,17	03:45,29	00:53,88	02:00,41	00:42,07	01:39,68	03:55,05	01:42,27	03:32,21
932	00:51,78	01:56,75	04:48,86	01:03,71	02:17,52	01:05,52	02:15,03	01:05,47	00:40,92	01:25,29	03:28,81	00:50,42	01:48,19	03:45,32	00:53,89	02:00,43	00:42,08	01:39,70	03:55,08	01:42,28	03:32,23
931	00:51,79	01:56,76	04:48,90	01:03,72	02:17,54	01:05,53	02:15,04	01:05,48	00:40,92	01:25,31	03:28,83	00:50,43	01:48,20	03:45,34	00:53,90	02:00,45	00:42,09	01:39,71	03:55,10	01:42,30	03:32,26
930	00:51,79	01:56,78	04:48,93	01:03,73	02:17,56	01:05,54	02:15,06	01:05,49	00:40,93	01:25,32	03:28,86	00:50,44	01:48,22	03:45,37	00:53,91	02:00,46	00:42,09	01:39,73	03:55,13	01:42,31	03:32,28
929	00:51,80	01:56,80	04:48,96	01:03,74	02:17,58	01:05,55	02:15,08	01:05,50	00:40,94	01:25,33	03:28,88	00:50,45	01:48,23	03:45,39	00:53,92	02:00,48	00:42,10	01:39,74	03:55,15	01:42,32	03:32,30
928	00:51,81	01:56,81	04:48,99	01:03,75	02:17,60	01:05,56	02:15,10	01:05,51	00:40,94	01:25,34	03:28,90	00:50,46	01:48,25	03:45,41	00:53,93	02:00,50	00:42,11	01:39,75	03:55,18	01:42,34	03:32,33
927	00:51,82	01:56,83	04:49,02	01:03,76	02:17,62	01:05,58	02:15,12	01:05,53	00:40,95	01:25,35	03:28,92	00:50,46	01:48,26	03:45,44	00:53,94	02:00,52	00:42,11	01:39,77	03:55,20	01:42,35	03:32,35
926	00:51,83	01:56,85	04:49,05	01:03,78	02:17,64	01:05,59	02:15,14	01:05,54	00:40,96	01:25,37	03:28,95	00:50,47	01:48,28	03:45,46	00:53,95	02:00,53	00:42,12	01:39,78	03:55,23	01:42,37	03:32,37
925	00:51,84	01:56,86	04:49,08	01:03,79	02:17,66	01:05,60	02:15,16	01:05,55	00:40,96	01:25,38	03:28,97	00:50,48	01:48,29	03:45,49	00:53,95	02:00,55	00:42,13	01:39,80	03:55,25	01:42,38	03:32,40
924	00:51,85	01:56,88	04:49,11	01:03,80	02:17,68	01:05,61	02:15,18	01:05,56	00:40,97	01:25,39	03:28,99	00:50,49	01:48,31	03:45,51	00:53,96	02:00,57	00:42,14	01:39,81	03:55,28	01:42,40	03:32,42
923	00:51,86	01:56,90	04:49,15	01:03,81	02:17,70	01:05,62	02:15,20	01:05,57	00:40,98	01:25,40	03:29,01	00:50,50	01:48,33	03:45,54	00:53,97	02:00,58	00:42,14	01:39,83	03:55,30	01:42,41	03:32,44
922	00:51,87	01:56,91	04:49,18	01:03,82	02:17,72	01:05,63	02:15,22	01:05,58	00:40,99	01:25,42	03:29,04	00:50,51	01:48,34	03:45,56	00:53,98	02:00,60	00:42,15	01:39,84	03:55,33	01:42,43	03:32,46
921	00:51,87	01:56,93	04:49,21	01:03,83	02:17,74	01:05,64	02:15,24	01:05,59	00:40,99	01:25,43	03:29,06	00:50,52	01:48,36	03:45,59	00:53,99	02:00,62	00:42,16	01:39,85	03:55,36	01:42,44	03:32,49
920	00:51,88	01:56,95	04:49,24	01:03,84	02:17,76	01:05,65	02:15,26	01:05,60	00:41,00	01:25,44	03:29,08	00:50,53	01:48,37	03:45,61	00:54,00	02:00,64	00:42,17	01:39,87	03:55,38	01:42,46	03:32,51
919	00:51,89	01:56,96	04:49,27	01:03,85	02:17,78	01:05,67	02:15,28	01:05,62	00:41,01	01:25,45	03:29,10	00:50,53	01:48,39	03:45,63	00:54,01	02:00,65	00:42,17	01:39,88	03:55,41	01:42,47	03:32,53
918	00:51,90	01:56,98	04:49,30	01:03,86	02:17,79	01:05,68	02:15,30	01:05,63	00:41,01	01:25,46	03:29,13	00:50,54	01:48,40	03:45,66	00:54,02	02:00,67	00:42,18	01:39,90	03:55,43	01:42,49	03:32,56
917	00:51,91	01:57,00	04:49,33	01:03,87	02:17,81	01:05,69	02:15,32	01:05,64	00:41,02	01:25,48	03:29,15	00:50,55	01:48,42	03:45,68	00:54,03	02:00,69	00:42,19	01:39,91	03:55,46	01:42,50	03:32,58
916	00:51,92	01:57,01	04:49,37	01:03,89	02:17,83	01:05,70	02:15,34	01:05,65	00:41,03	01:25,49	03:29,17	00:50,56	01:48,43	03:45,71	00:54,04	02:00,71	00:42,19	01:39,93	03:55,48	01:42,52	03:32,60
915	00:51,93	01:57,03	04:49,40	01:03,90	02:17,85	01:05,71	02:15,36	01:05,66	00:41,04	01:25,50	03:29,20	00:50,57	01:48,45	03:45,73	00:54,05	02:00,72	00:42,20	01:39,94	03:55,51	01:42,53	03:32,63
914	00:51,94	01:57,05	04:49,43	01:03,91	02:17,87	01:05,72	02:15,38	01:05,67	00:41,04	01:25,51	03:29,22	00:50,58	01:48,47	03:45,76	00:54,06	02:00,74	00:42,21	01:39,96	03:55,54	01:42,55	03:32,65
913	00:51,95	01:57,06	04:49,46	01:03,92	02:17,89	01:05,73	02:15,39	01:05,68	00:41,05	01:25,53	03:29,24	00:50,59	01:48,48	03:45,78	00:54,07	02:00,76	00:42,22	01:39,97	03:55,56	01:42,56	03:32,67
912	00:51,96	01:57,08	04:49,49	01:03,93	02:17,91	01:05,75	02:15,41	01:05,70	00:41,06	01:25,54	03:29,27	00:50,60	01:48,50	03:45,81	00:54,08	02:00,78	00:42,22	01:39,98	03:55,59	01:42,58	03:32,70
911	00:51,96	01:57,10	04:49,53	01:03,94	02:17,93	01:05,76	02:15,43	01:05,71	00:41,06	01:25,55	03:29,29	00:50,60	01:48,51	03:45,83	00:54,09	02:00,79	00:42,23	01:40,00	03:55,61	01:42,59	03:32,72
910	00:51,97	01:57,12	04:49,56	01:03,95	02:17,96	01:05,77	02:15,45	01:05,72	00:41,07	01:25,56	03:29,31	00:50,61	01:48,53	03:45,86	00:54,10	02:00,81	00:42,24	01:40,01	03:55,64	01:42,61	03:32,74
909	00:51,98	01:57,13	04:49,59	01:03,96	02:17,98	01:05,78	02:15,47	01:05,73	00:41,08	01:25,58	03:29,33	00:50,62	01:48,55	03:45,88	00:54,10	02:00,83	00:42,25	01:40,03	03:55,67	01:42,62	03:32,77
908	00:51,99	01:57,15	04:49,62	01:03,97	02:18,00	01:05,79	02:15,49	01:05,74	00:41,09	01:25,59	03:29,36	00:50,63	01:48,56	03:45,91	00:54,11	02:00,85	00:42,25	01:40,04	03:55,69	01:42,64	03:32,79
907	00:52,00	01:57,17	04:49,65	01:03,99	02:18,02	01:05,80	02:15,51	01:05,75	00:41,09	01:25,60	03:29,38	00:50,64	01:48,58	03:45,93	00:54,12	02:00,86	00:42,26	01:40,06	03:55,72	01:42,65	03:32,81
906	00:52,01	01:57,18	04:49,69	01:04,00	02:18,04	01:05,82	02:15,53	01:05,76	00:41,10	01:25,61	03:29,40	00:50,65	01:48,59	03:45,96	00:54,13	02:00,88	00:42,27	01:40,07	03:55,74	01:42,67	03:32,84
905	00:52,02	01:57,20	04:49,72	01:04,01	02:18,06	01:05,83	02:15,55	01:05,78	00:41,11	01:25,63	03:29,43	00:50,66	01:48,61	03:45,98	00:54,14	02:00,90	00:42,28	01:40,09	03:55,77	01:42,68	03:32,86
904	00:52,03	01:57,22	04:49,75	01:04,02	02:18,08	01:05,84	02:15,57	01:05,79	00:41,11	01:25,64	03:29,45	00:50,67	01:48,62	03:46,01	00:54,15	02:00,92	00:42,28	01:40,10	03:55,80	01:42,70	03:32,89
903	00:52,04	01:57,24	04:49,78	01:04,03	02:18,10	01:05,85	02:15,59	01:05,80	00:41,12	01:25,65	03:29,47	00:50,68	01:48,64	03:46,03	00:54,16	02:00,94	00:42,29	01:40,12	03:55,82	01:42,71	03:32,91
902	00:52,05	01:57,25	04:49,81	01:04,04	02:18,12	01:05,86	02:15,61	01:05,81	00:41,13	01:25,66	03:29,50	00:50,68	01:48,66	03:46,06	00:54,17	02:00,95	00:42,30	01:40,13	03:55,85	01:42,73	03:32,93
901	00:52,06	01:57,27	04:49,85	01:04,05	02:18,14	01:05,87	02:15,63	01:05,82	00:41,14	01:25,68	03:29,52	00:50,69	01:48,67	03:46,08	00:54,18	02:00,97	00:42,31	01:40,15	03:55,87	01:42,74	03:32,96
900	00:52,07	01:57,29	04:49,88	01:04,06	02:18,16	01:05,88	02:15,65	01:05,83	00:41,14	01:25,69	03:29,54	00:50,70	01:48,69	03:46,11	00:54,19	02:00,99	00:42,31	01:40,16	03:55,90	01:42,76	03:32,98
899	00:52,07	01:57,31	04:49,91	01:04,08	02:18,18	01:05,90	02:15,67	01:05,85	00:41,15	01:25,70	03:29,57	00:50,71	01:48,70	03:46,13	00:54,20	02:01,01	00:42,32	01:40,17	03:55,93	01:42,77	03:33,00
898	00:52,08	01:57,32	04:49,94	01:04,09	02:18,20	01:05,91	02:15,69	01:05,86	00:41,16	01:25,71	03:29,59	00:50,72	01:48,72	03:46,16	00:54,21	02:01,02	00:42,33	01:40,19	03:55,95	01:42,79	03:33,03
897	00:52,09	01:57,34	04:49,98	01:04,10	02:18,22	01:05,92	02:15,71	01:05,87	00:41,17	01:25,73	03:29,61	00:50,73	01:48,74	03:46,18	00:54,22	02:01,04	00:42,34	01:40,20	03:55,98	01:42,80	03:33,05
896	00:52,10	01:57,36	04:50,01	01:04,11	02:18,24	01:05,93	02:15,73	01:05,88	00:41,17	01:25,74	03:29,64	00:50,74	01:48,75	03:46,21	00:54,23	02:01,06	00:42,34	01:40,22	03:56,01	01:42,82	03:33,08
895	00:52,11	01:57,37	04:50,04	01:04,12	02:18,26	01:05,94	02:15,75	01:05,89	00:41,18	01:25,75	03:29,66	00:50,75	01:48,77	03:46,23	00:54,24	02:01,08	00:42,35	01:40,23	03:56,03	01:42,83	03:33,10
894	00:52,12	01:57,39	04:50,07	01:04,13	02:18,28	01:05,95	02:15,77	01:05,90	00:41,19	01:25,77	03:29,68	00:50,76	01:48,78	03:46,26	00:54,25	02:01,10	00:42,36	01:40,25	03:56,06	01:42,85	03:33,12
893	00:52,13	01:57,41	04:50,11	01:04,14	02:18,30	01:05,97	02:15,79	01:05,92	00:41,19	01:25,78	03:29,71	00:50,77	01:48,80	03:46,29	00:54,26	02:01,11	00:42,37	01:40,26	03:56,09	01:42,86	03:33,15
892	00:52,14	01:57,43	04:50,14	01:04,16	02:18,32	01:05,98	02:15,81	01:05,93	00:41,20	01:25,79	03:29,73	00:50,77	01:48,82	03:46,31	00:54,27	02:01,13	00:42,37	01:40,28	03:56,11	01:42,88	03:33,17
891	00:52,15	01:57,44	04:50,17	01:04,17	02:18,34	01:05,99	02:15,83	01:05,94	00:41,21	01:25,80	03:29,76	00:50,78	01:48,83	03:46,34	00:54,28	02:01,15	00:42,38	01:40,29	03:56,14	01:42,89	03:33,19

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
890	00:52,16	01:57,46	04:50,20	01:04,18	02:18,36	01:06,00	02:15,85	01:05,95	00:41,22	01:25,82	03:29,78	00:50,79	01:48,85	03:46,36	00:54,29	02:01,17	00:42,39	01:40,31	03:56,17	01:42,91	03:33,22
889	00:52,17	01:57,48	04:50,24	01:04,19	02:18,38	01:06,01	02:15,87	01:05,96	00:41,22	01:25,83	03:29,80	00:50,80	01:48,87	03:46,39	00:54,30	02:01,19	00:42,40	01:40,32	03:56,19	01:42,92	03:33,24
888	00:52,18	01:57,50	04:50,27	01:04,20	02:18,40	01:06,03	02:15,89	01:05,97	00:41,23	01:25,84	03:29,83	00:50,81	01:48,88	03:46,41	00:54,31	02:01,20	00:42,40	01:40,34	03:56,22	01:42,94	03:33,27
887	00:52,19	01:57,51	04:50,30	01:04,21	02:18,42	01:06,04	02:15,91	01:05,99	00:41,24	01:25,85	03:29,85	00:50,82	01:48,90	03:46,44	00:54,32	02:01,22	00:42,41	01:40,35	03:56,25	01:42,95	03:33,29
886	00:52,20	01:57,53	04:50,33	01:04,22	02:18,45	01:06,05	02:15,94	01:06,00	00:41,25	01:25,87	03:29,87	00:50,83	01:48,91	03:46,46	00:54,33	02:01,24	00:42,42	01:40,37	03:56,27	01:42,97	03:33,32
885	00:52,20	01:57,55	04:50,37	01:04,24	02:18,47	01:06,06	02:15,96	01:06,01	00:41,25	01:25,88	03:29,90	00:50,84	01:48,93	03:46,49	00:54,34	02:01,26	00:42,43	01:40,38	03:56,30	01:42,99	03:33,34
884	00:52,21	01:57,57	04:50,40	01:04,25	02:18,49	01:06,07	02:15,98	01:06,02	00:41,26	01:25,89	03:29,92	00:50,85	01:48,95	03:46,52	00:54,35	02:01,28	00:42,43	01:40,40	03:56,33	01:43,00	03:33,36
883	00:52,22	01:57,58	04:50,43	01:04,26	02:18,51	01:06,08	02:16,00	01:06,03	00:41,27	01:25,91	03:29,95	00:50,86	01:48,96	03:46,54	00:54,36	02:01,30	00:42,44	01:40,41	03:56,35	01:43,02	03:33,39
882	00:52,23	01:57,60	04:50,47	01:04,27	02:18,53	01:06,10	02:16,02	01:06,05	00:41,28	01:25,92	03:29,97	00:50,87	01:48,98	03:46,57	00:54,36	02:01,31	00:42,45	01:40,43	03:56,38	01:43,03	03:33,41
881	00:52,24	01:57,62	04:50,50	01:04,28	02:18,55	01:06,11	02:16,04	01:06,06	00:41,28	01:25,93	03:29,99	00:50,87	01:49,00	03:46,59	00:54,37	02:01,33	00:42,46	01:40,44	03:56,41	01:43,05	03:33,44
880	00:52,25	01:57,64	04:50,53	01:04,29	02:18,57	01:06,12	02:16,06	01:06,07	00:41,29	01:25,95	03:30,02	00:50,88	01:49,01	03:46,62	00:54,38	02:01,35	00:42,46	01:40,46	03:56,43	01:43,06	03:33,46
879	00:52,26	01:57,66	04:50,57	01:04,31	02:18,59	01:06,13	02:16,08	01:06,08	00:41,30	01:25,96	03:30,04	00:50,89	01:49,03	03:46,64	00:54,39	02:01,37	00:42,47	01:40,47	03:56,46	01:43,08	03:33,48
878	00:52,27	01:57,67	04:50,60	01:04,32	02:18,61	01:06,14	02:16,10	01:06,09	00:41,31	01:25,97	03:30,06	00:50,90	01:49,05	03:46,67	00:54,40	02:01,39	00:42,48	01:40,49	03:56,49	01:43,09	03:33,51
877	00:52,28	01:57,69	04:50,63	01:04,33	02:18,63	01:06,16	02:16,12	01:06,11	00:41,31	01:25,98	03:30,09	00:50,91	01:49,06	03:46,70	00:54,41	02:01,41	00:42,49	01:40,50	03:56,51	01:43,11	03:33,53
876	00:52,29	01:57,71	04:50,67	01:04,34	02:18,65	01:06,17	02:16,14	01:06,12	00:41,32	01:26,00	03:30,11	00:50,92	01:49,08	03:46,72	00:54,42	02:01,42	00:42,50	01:40,52	03:56,54	01:43,13	03:33,56
875	00:52,30	01:57,73	04:50,70	01:04,35	02:18,67	01:06,18	02:16,16	01:06,13	00:41,33	01:26,01	03:30,14	00:50,93	01:49,10	03:46,75	00:54,43	02:01,44	00:42,50	01:40,54	03:56,57	01:43,14	03:33,58
874	00:52,31	01:57,74	04:50,73	01:04,36	02:18,70	01:06,19	02:16,18	01:06,14	00:41,34	01:26,02	03:30,16	00:50,94	01:49,11	03:46,77	00:54,44	02:01,46	00:42,51	01:40,55	03:56,60	01:43,16	03:33,61
873	00:52,32	01:57,76	04:50,77	01:04,38	02:18,72	01:06,20	02:16,20	01:06,15	00:41,34	01:26,04	03:30,19	00:50,95	01:49,13	03:46,80	00:54,45	02:01,48	00:42,52	01:40,57	03:56,62	01:43,17	03:33,63
872	00:52,33	01:57,78	04:50,80	01:04,39	02:18,74	01:06,22	02:16,22	01:06,17	00:41,35	01:26,05	03:30,21	00:50,96	01:49,15	03:46,83	00:54,46	02:01,50	00:42,53	01:40,58	03:56,65	01:43,19	03:33,66
871	00:52,34	01:57,80	04:50,83	01:04,40	02:18,76	01:06,23	02:16,24	01:06,18	00:41,36	01:26,06	03:30,23	00:50,97	01:49,16	03:46,85	00:54,47	02:01,52	00:42,53	01:40,60	03:56,68	01:43,20	03:33,68
870	00:52,35	01:57,82	04:50,87	01:04,41	02:18,78	01:06,24	02:16,26	01:06,19	00:41,37	01:26,08	03:30,26	00:50,98	01:49,18	03:46,88	00:54,48	02:01,53	00:42,54	01:40,61	03:56,70	01:43,22	03:33,71
869	00:52,36	01:57,83	04:50,90	01:04,42	02:18,80	01:06,25	02:16,28	01:06,20	00:41,37	01:26,09	03:30,28	00:50,99	01:49,19	03:46,90	00:54,49	02:01,55	00:42,55	01:40,63	03:56,73	01:43,23	03:33,73
868	00:52,37	01:57,85	04:50,93	01:04,43	02:18,82	01:06,27	02:16,31	01:06,21	00:41,38	01:26,10	03:30,31	00:51,00	01:49,21	03:46,93	00:54,50	02:01,57	00:42,56	01:40,64	03:56,76	01:43,25	03:33,75
867	00:52,38	01:57,87	04:50,97	01:04,45	02:18,84	01:06,28	02:16,33	01:06,23	00:41,39	01:26,11	03:30,33	00:51,00	01:49,23	03:46,96	00:54,51	02:01,59	00:42,57	01:40,66	03:56,79	01:43,27	03:33,78
866	00:52,39	01:57,89	04:51,00	01:04,46	02:18,86	01:06,29	02:16,35	01:06,24	00:41,40	01:26,13	03:30,35	00:51,01	01:49,25	03:46,98	00:54,52	02:01,61	00:42,57	01:40,67	03:56,81	01:43,28	03:33,80
865	00:52,39	01:57,91	04:51,03	01:04,47	02:18,89	01:06,30	02:16,37	01:06,25	00:41,40	01:26,14	03:30,38	00:51,02	01:49,26	03:47,01	00:54,53	02:01,63	00:42,58	01:40,69	03:56,84	01:43,30	03:33,83
864	00:52,40	01:57,92	04:51,07	01:04,48	02:18,91	01:06,31	02:16,39	01:06,26	00:41,41	01:26,15	03:30,40	00:51,03	01:49,28	03:47,04	00:54,54	02:01,65	00:42,59	01:40,70	03:56,87	01:43,31	03:33,85
863	00:52,41	01:57,94	04:51,10	01:04,49	02:18,93	01:06,33	02:16,41	01:06,27	00:41,42	01:26,17	03:30,43	00:51,04	01:49,30	03:47,06	00:54,55	02:01,66	00:42,60	01:40,72	03:56,90	01:43,33	03:33,88
862	00:52,42	01:57,96	04:51,14	01:04,51	02:18,95	01:06,34	02:16,43	01:06,29	00:41,43	01:26,18	03:30,45	00:51,05	01:49,31	03:47,09	00:54,56	02:01,68	00:42,60	01:40,73	03:56,92	01:43,35	03:33,90
861	00:52,43	01:57,98	04:51,17	01:04,52	02:18,97	01:06,35	02:16,45	01:06,30	00:41,43	01:26,19	03:30,48	00:51,06	01:49,33	03:47,12	00:54,57	02:01,70	00:42,61	01:40,75	03:56,95	01:43,36	03:33,93
860	00:52,44	01:58,00	04:51,20	01:04,53	02:18,99	01:06,36	02:16,47	01:06,31	00:41,44	01:26,21	03:30,50	00:51,07	01:49,35	03:47,14	00:54,58	02:01,72	00:42,62	01:40,77	03:56,98	01:43,38	03:33,95
859	00:52,45	01:58,02	04:51,24	01:04,54	02:19,01	01:06,38	02:16,49	01:06,32	00:41,45	01:26,22	03:30,53	00:51,08	01:49,36	03:47,17	00:54,59	02:01,74	00:42,63	01:40,78	03:57,01	01:43,39	03:33,98
858	00:52,46	01:58,03	04:51,27	01:04,55	02:19,04	01:06,39	02:16,52	01:06,34	00:41,46	01:26,23	03:30,55	00:51,09	01:49,38	03:47,19	00:54,60	02:01,76	00:42,64	01:40,80	03:57,03	01:43,41	03:34,00
857	00:52,47	01:58,05	04:51,31	01:04,57	02:19,06	01:06,40	02:16,54	01:06,35	00:41,47	01:26,25	03:30,58	00:51,10	01:49,40	03:47,22	00:54,61	02:01,78	00:42,64	01:40,81	03:57,06	01:43,43	03:34,03
856	00:52,48	01:58,07	04:51,34	01:04,58	02:19,08	01:06,41	02:16,56	01:06,36	00:41,47	01:26,26	03:30,60	00:51,11	01:49,41	03:47,25	00:54,62	02:01,80	00:42,65	01:40,83	03:57,09	01:43,44	03:34,05
855	00:52,49	01:58,09	04:51,37	01:04,59	02:19,10	01:06,42	02:16,58	01:06,37	00:41,48	01:26,27	03:30,62	00:51,12	01:49,43	03:47,27	00:54,63	02:01,82	00:42,66	01:40,84	03:57,12	01:43,46	03:34,08
854	00:52,50	01:58,11	04:51,41	01:04,60	02:19,12	01:06,44	02:16,60	01:06,39	00:41,49	01:26,29	03:30,65	00:51,13	01:49,45	03:47,30	00:54,64	02:01,83	00:42,67	01:40,86	03:57,15	01:43,47	03:34,10
853	00:52,51	01:58,13	04:51,44	01:04,61	02:19,14	01:06,45	02:16,62	01:06,40	00:41,50	01:26,30	03:30,67	00:51,14	01:49,46	03:47,33	00:54,65	02:01,85	00:42,68	01:40,88	03:57,17	01:43,49	03:34,13
852	00:52,52	01:58,14	04:51,48	01:04,63	02:19,17	01:06,46	02:16,64	01:06,41	00:41,50	01:26,31	03:30,70	00:51,15	01:49,48	03:47,35	00:54,66	02:01,87	00:42,68	01:40,89	03:57,20	01:43,51	03:34,15
851	00:52,53	01:58,16	04:51,51	01:04,64	02:19,19	01:06,47	02:16,66	01:06,42	00:41,51	01:26,33	03:30,72	00:51,16	01:49,50	03:47,38	00:54,68	02:01,89	00:42,69	01:40,91	03:57,23	01:43,52	03:34,18
850	00:52,54	01:58,18	04:51,55	01:04,65	02:19,21	01:06,49	02:16,69	01:06,44	00:41,52	01:26,34	03:30,75	00:51,17	01:49,52	03:47,41	00:54,69	02:01,91	00:42,70	01:40,92	03:57,26	01:43,54	03:34,20
849	00:52,55	01:58,20	04:51,58	01:04,66	02:19,23	01:06,50	02:16,71	01:06,45	00:41,53	01:26,35	03:30,77	00:51,18	01:49,53	03:47,44	00:54,70	02:01,93	00:42,71	01:40,94	03:57,29	01:43,55	03:34,23
848	00:52,56	01:58,22	04:51,61	01:04,67	02:19,25	01:06,51	02:16,73	01:06,46	00:41,53	01:26,37	03:30,80	00:51,18	01:49,55	03:47,46	00:54,71	02:01,95	00:42,72	01:40,95	03:57,31	01:43,57	03:34,26
847	00:52,57	01:58,24	04:51,65	01:04,69	02:19,27	01:06,52	02:16,75	01:06,47	00:41,54	01:26,38	03:30,82	00:51,19	01:49,57	03:47,49	00:54,72	02:01,97	00:42,72	01:40,97	03:57,34	01:43,59	03:34,28
846	00:52,58	01:58,25	04:51,68	01:04,70	02:19,30	01:06,54	02:16,77	01:06,49	00:41,55	01:26,40	03:30,85	00:51,20	01:49,58	03:47,52	00:54,73	02:01,99	00:42,73	01:40,99	03:57,37	01:43,60	03:34,31
845	00:52,59	01:58,27	04:51,72	01:04,71	02:19,32	01:06,55	02:16,79	01:06,50	00:41,56	01:26,41	03:30,87	00:51,21	01:49,60	03:47,54	00:54,74	02:02,01	00:42,74	01:41,00	03:57,40	01:43,62	03:34,33
844	00:52,60	01:58,29	04:51,75	01:04,72	02:19,34	01:06,56	02:16,81	01:06,51	00:41,57	01:26,42	03:30,90	00:51,22	01:49,62	03:47,57	00:54,75	02:02,02	00:42,75	01:41,02	03:57,43	01:43,64	03:34,36
843	00:52,61	01:58,31	04:51,79	01:04,73	02:19,36	01:06,57	02:16,84	01:06,52	00:41,57	01:26,44	03:30,92	00:51,23	01:49,64	03:47,60	00:54,76	02:02,04	00:42,76	01:41,03	03:57,45	01:43,65	03:34,38
842	00:52,62	01:58,33	04:51,82	01:04,75	02:19,38	01:06,59	02:16,86	01:06,54	00:41,58	01:26,45	03:30,95	00:51,24	01:49,65	03:47,62	00:54,77	02:02,06	00:42,76	01:41,05	03:57,48	01:43,67	03:34,41
841	00:52,63	01:58,35	04:51,86	01:04,76	02:19,41	01:06,60	02:16,88	01:06,55	00:41,59	01:26,46	03:30,97	00:51,25	01:49,67	03:47,65	00:54,78	02:02,08	00:42,77	01:41,06	03:57,51	01:43,68	03:34,43
840	00:52,64	01:58,37	04:51,89	01:04,77	02:19,43	01:06,61	02:16,90	01:06,56	00:41,60	01:26,48	03:31,00	00:51,26	01:49,69	03:47,68	00:54,79	02:02,10	00:42,78	01:41,08	03:57,54	01:43,70	03:34,46
839	00:52,65	01:58,38	04:51,93	01:04,78	02:19,45	01:06,62	02:16,92	01:06,57	00:41,61	01:26,49	03:31,02	00:51,27	01:49,71	03:47,71	00:54,80	02:02,12	00:42,79	01:41,10	03:57,57	01:43,72	03:34,49
838	00:52,66	01:58,40	04:51,96	01:04,80	02:19,47	01:06,64	02:16,94	01:06,59	00:41,61	01:26,50	03:31,05	00:51,28	01:49,72	03:47,73	00:54,81	02:02,14	00:42,80	01:41,11	03:57,60	01:43,73	03:34,51
837	00:52,67	01:58,42	04:52,00	01:04,81	02:19,49	01:06,65	02:16,96	01:06,60	00:41,62	01:26,52	03:31,08	00:51,29	01:49,74	03:47,76	00:54,82	02:02,16	00:42,80	01:41,13	03:57,62	01:43,75	03:34,54
836	00:52,68	01:58,44	04:52,03	01:04,82	02:19,52	01:06,66	02:16,99	01:06,61	00:41,63	01:26,53	03:31,10	00:51,30	01:49,76	03:47,79	00:54,83	02:02,18	00:42,81	01:41,14	03:57,65	01:43,77	03:34,56
835	00:52,69	01:58,46	04:52,07	01:04,83	02:19,54	01:06,67	02:17,01	01:06,62	00:41,64	01:26,55	03:31,13	00:51,31	01:49,77	03:47,82	00:54,84	02:02,20	00:42,82	01:41,16	03:57,68	01:43,78	03:34,59
834	00:52,70	01:58,48	04:52,10	01:04,85	02:19,56	01:06,69	02:17,03	01:06,64	00:41,65	01:26,56	03:31,15	00:51,32	01:49,79	03:47,84	00:54,85	02:02,22	00:42,83	01:41,18	03:57,71	01:43,80	03:34,61
833	00:52,71	01:58,50	04:52,14	01:04,86	02:19,58	01:06,70	02:17,05	01:06,65	00:41,65	01:26,57	03:31,18	00:51,33	01:49,81	03:47,87	00:54,86	02:02,24	00:42,84	01:41,19	03:57,74	01:43,82	03:34,64
832	00:52,72	01:58,52	04:52,17	01:04,87	02:19,60	01:06,71	02:17,07	01:06,66	00:41,66	01:26,59	03:31,20	00:51,34	01:49,83	03:47,90	00:54,87	02:02,26	00:42,85	01:41,21	03:57,77	01:43,83	03:34,67
831	00:52,73	01:58,54	04:52,21	01:04,88	02:19,63	01:06,73	02:17,10	01:06,67	00:41,67	01:26,60	03:31,23	00:51,35	01:49,84	03:47,92	00:54,88	02:02,28	00:42,85	01:41,23	03:57,80	01:43,85	03:34,69
830	00:52,74	01:58,55	04:52,24	01:04,89	02:19,65	01:06,74	02:17,12	01:06,69	00:41,68	01:26,61	03:31,25	00:51,36	01:49,86	03:47,95	00:54,89	02:02,30	00:42,86	01:41,24	03:57,83	01:43,87	03:34,72

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
829	00:52,75	01:58,57	04:52,28	01:04,91	02:19,67	01:06,75	02:17,14	01:06,70	00:41,68	01:26,63	03:31,28	00:51,37	01:49,88	03:47,98	00:54,90	02:02,32	00:42,87	01:41,26	03:57,85	01:43,88	03:34,74
828	00:52,76	01:58,59	04:52,31	01:04,92	02:19,69	01:06,76	02:17,16	01:06,71	00:41,69	01:26,64	03:31,30	00:51,38	01:49,90	03:48,01	00:54,91	02:02,33	00:42,88	01:41,27	03:57,88	01:43,90	03:34,77
827	00:52,77	01:58,61	04:52,35	01:04,93	02:19,72	01:06,78	02:17,18	01:06,73	00:41,70	01:26,66	03:31,33	00:51,39	01:49,91	03:48,04	00:54,92	02:02,35	00:42,89	01:41,29	03:57,91	01:43,92	03:34,80
826	00:52,78	01:58,63	04:52,38	01:04,94	02:19,74	01:06,79	02:17,21	01:06,74	00:41,71	01:26,67	03:31,36	00:51,40	01:49,93	03:48,06	00:54,94	02:02,37	00:42,89	01:41,31	03:57,94	01:43,93	03:34,82
825	00:52,79	01:58,65	04:52,42	01:04,96	02:19,76	01:06,80	02:17,23	01:06,75	00:41,72	01:26,68	03:31,38	00:51,41	01:49,95	03:48,09	00:54,95	02:02,39	00:42,90	01:41,32	03:57,97	01:43,95	03:34,85
824	00:52,80	01:58,67	04:52,46	01:04,97	02:19,78	01:06,82	02:17,25	01:06,76	00:41,73	01:26,70	03:31,41	00:51,42	01:49,97	03:48,12	00:54,96	02:02,41	00:42,91	01:41,34	03:58,00	01:43,97	03:34,87
823	00:52,81	01:58,69	04:52,49	01:04,98	02:19,81	01:06,83	02:17,27	01:06,78	00:41,73	01:26,71	03:31,43	00:51,43	01:49,99	03:48,15	00:54,97	02:02,43	00:42,92	01:41,36	03:58,03	01:43,98	03:34,90
822	00:52,82	01:58,71	04:52,53	01:04,99	02:19,83	01:06,84	02:17,29	01:06,79	00:41,74	01:26,73	03:31,46	00:51,44	01:50,00	03:48,17	00:54,98	02:02,45	00:42,93	01:41,37	03:58,06	01:44,00	03:34,93
821	00:52,83	01:58,73	04:52,56	01:05,01	02:19,85	01:06,85	02:17,32	01:06,80	00:41,75	01:26,74	03:31,48	00:51,45	01:50,02	03:48,20	00:54,99	02:02,47	00:42,94	01:41,39	03:58,09	01:44,02	03:34,95
820	00:52,84	01:58,75	04:52,60	01:05,02	02:19,87	01:06,87	02:17,34	01:06,82	00:41,76	01:26,75	03:31,51	00:51,46	01:50,04	03:48,23	00:55,00	02:02,49	00:42,94	01:41,40	03:58,11	01:44,03	03:34,98
819	00:52,85	01:58,76	04:52,63	01:05,03	02:19,90	01:06,88	02:17,36	01:06,83	00:41,77	01:26,77	03:31,54	00:51,47	01:50,06	03:48,26	00:55,01	02:02,51	00:42,95	01:41,42	03:58,14	01:44,05	03:35,00
818	00:52,86	01:58,78	04:52,67	01:05,05	02:19,92	01:06,89	02:17,38	01:06,84	00:41,77	01:26,78	03:31,56	00:51,48	01:50,07	03:48,29	00:55,02	02:02,53	00:42,96	01:41,44	03:58,17	01:44,07	03:35,03
817	00:52,87	01:58,80	04:52,71	01:05,06	02:19,94	01:06,91	02:17,40	01:06,85	00:41,78	01:26,80	03:31,59	00:51,49	01:50,09	03:48,31	00:55,03	02:02,55	00:42,97	01:41,45	03:58,20	01:44,08	03:35,06
816	00:52,88	01:58,82	04:52,74	01:05,07	02:19,96	01:06,92	02:17,43	01:06,87	00:41,79	01:26,81	03:31,61	00:51,50	01:50,11	03:48,34	00:55,04	02:02,57	00:42,98	01:41,47	03:58,23	01:44,10	03:35,08
815	00:52,89	01:58,84	04:52,78	01:05,08	02:19,99	01:06,93	02:17,45	01:06,88	00:41,80	01:26,82	03:31,64	00:51,51	01:50,13	03:48,37	00:55,05	02:02,59	00:42,99	01:41,49	03:58,26	01:44,12	03:35,11
814	00:52,90	01:58,86	04:52,81	01:05,10	02:20,01	01:06,95	02:17,47	01:06,89	00:41,81	01:26,84	03:31,67	00:51,52	01:50,15	03:48,40	00:55,06	02:02,61	00:42,99	01:41,50	03:58,29	01:44,13	03:35,14
813	00:52,91	01:58,88	04:52,85	01:05,11	02:20,03	01:06,96	02:17,49	01:06,91	00:41,81	01:26,85	03:31,69	00:51,53	01:50,16	03:48,43	00:55,07	02:02,63	00:43,00	01:41,52	03:58,32	01:44,15	03:35,16
812	00:52,92	01:58,90	04:52,89	01:05,12	02:20,06	01:06,97	02:17,52	01:06,92	00:41,82	01:26,87	03:31,72	00:51,54	01:50,18	03:48,45	00:55,08	02:02,65	00:43,01	01:41,54	03:58,35	01:44,17	03:35,19
811	00:52,93	01:58,92	04:52,92	01:05,13	02:20,08	01:06,98	02:17,54	01:06,93	00:41,83	01:26,88	03:31,74	00:51,55	01:50,20	03:48,48	00:55,10	02:02,67	00:43,02	01:41,55	03:58,38	01:44,19	03:35,22
810	00:52,94	01:58,94	04:52,96	01:05,15	02:20,10	01:07,00	02:17,56	01:06,95	00:41,84	01:26,90	03:31,77	00:51,56	01:50,22	03:48,51	00:55,11	02:02,69	00:43,03	01:41,57	03:58,41	01:44,20	03:35,24
809	00:52,96	01:58,96	04:53,00	01:05,16	02:20,12	01:07,01	02:17,58	01:06,96	00:41,85	01:26,91	03:31,80	00:51,57	01:50,24	03:48,54	00:55,12	02:02,71	00:43,04	01:41,59	03:58,44	01:44,22	03:35,27
808	00:52,97	01:58,98	04:53,03	01:05,17	02:20,15	01:07,02	02:17,61	01:06,97	00:41,86	01:26,92	03:31,82	00:51,58	01:50,25	03:48,57	00:55,13	02:02,73	00:43,05	01:41,60	03:58,47	01:44,24	03:35,30
807	00:52,98	01:59,00	04:53,07	01:05,19	02:20,17	01:07,04	02:17,63	01:06,99	00:41,86	01:26,94	03:31,85	00:51,59	01:50,27	03:48,60	00:55,14	02:02,75	00:43,05	01:41,62	03:58,50	01:44,25	03:35,32
806	00:52,99	01:59,02	04:53,10	01:05,20	02:20,19	01:07,05	02:17,65	01:07,00	00:41,87	01:26,95	03:31,88	00:51,60	01:50,29	03:48,62	00:55,15	02:02,77	00:43,06	01:41,64	03:58,53	01:44,27	03:35,35
805	00:53,00	01:59,04	04:53,14	01:05,21	02:20,22	01:07,06	02:17,67	01:07,01	00:41,88	01:26,97	03:31,90	00:51,61	01:50,31	03:48,65	00:55,16	02:02,79	00:43,07	01:41,65	03:58,56	01:44,29	03:35,38
804	00:53,01	01:59,06	04:53,18	01:05,22	02:20,24	01:07,08	02:17,70	01:07,03	00:41,89	01:26,98	03:31,93	00:51,62	01:50,33	03:48,68	00:55,17	02:02,81	00:43,08	01:41,67	03:58,59	01:44,31	03:35,40
803	00:53,02	01:59,08	04:53,21	01:05,24	02:20,26	01:07,09	02:17,72	01:07,04	00:41,90	01:27,00	03:31,96	00:51,63	01:50,35	03:48,71	00:55,18	02:02,83	00:43,09	01:41,69	03:58,62	01:44,32	03:35,43
802	00:53,03	01:59,10	04:53,25	01:05,25	02:20,29	01:07,10	02:17,74	01:07,05	00:41,91	01:27,01	03:31,98	00:51,64	01:50,36	03:48,74	00:55,19	02:02,85	00:43,10	01:41,70	03:58,65	01:44,34	03:35,46
801	00:53,04	01:59,11	04:53,29	01:05,26	02:20,31	01:07,12	02:17,77	01:07,07	00:41,91	01:27,02	03:32,01	00:51,65	01:50,38	03:48,77	00:55,20	02:02,87	00:43,10	01:41,72	03:58,68	01:44,36	03:35,48
800	00:53,05	01:59,13	04:53,32	01:05,28	02:20,33	01:07,13	02:17,79	01:07,08	00:41,92	01:27,04	03:32,03	00:51,66	01:50,40	03:48,80	00:55,22	02:02,89	00:43,11	01:41,74	03:58,71	01:44,37	03:35,51
799	00:53,06	01:59,15	04:53,36	01:05,29	02:20,36	01:07,14	02:17,81	01:07,09	00:41,93	01:27,05	03:32,06	00:51,67	01:50,42	03:48,82	00:55,23	02:02,91	00:43,12	01:41,75	03:58,74	01:44,39	03:35,54
798	00:53,07	01:59,17	04:53,40	01:05,30	02:20,38	01:07,16	02:17,83	01:07,11	00:41,94	01:27,07	03:32,09	00:51,68	01:50,44	03:48,85	00:55,24	02:02,94	00:43,13	01:41,77	03:58,77	01:44,41	03:35,57
797	00:53,08	01:59,19	04:53,44	01:05,31	02:20,40	01:07,17	02:17,86	01:07,12	00:41,95	01:27,08	03:32,11	00:51,69	01:50,45	03:48,88	00:55,25	02:02,96	00:43,14	01:41,79	03:58,80	01:44,43	03:35,59
796	00:53,09	01:59,21	04:53,47	01:05,33	02:20,43	01:07,18	02:17,88	01:07,13	00:41,96	01:27,10	03:32,14	00:51,70	01:50,47	03:48,91	00:55,26	02:02,98	00:43,15	01:41,80	03:58,83	01:44,44	03:35,62
795	00:53,10	01:59,23	04:53,51	01:05,34	02:20,45	01:07,20	02:17,90	01:07,15	00:41,96	01:27,11	03:32,17	00:51,71	01:50,49	03:48,94	00:55,27	02:03,00	00:43,16	01:41,82	03:58,86	01:44,46	03:35,65
794	00:53,11	01:59,25	04:53,55	01:05,35	02:20,47	01:07,21	02:17,93	01:07,16	00:41,97	01:27,13	03:32,20	00:51,72	01:50,51	03:48,97	00:55,28	02:03,02	00:43,16	01:41,84	03:58,89	01:44,48	03:35,67
793	00:53,12	01:59,27	04:53,58	01:05,37	02:20,50	01:07,22	02:17,95	01:07,17	00:41,98	01:27,14	03:32,22	00:51,73	01:50,53	03:49,00	00:55,29	02:03,04	00:43,17	01:41,86	03:58,92	01:44,50	03:35,70
792	00:53,13	01:59,29	04:53,62	01:05,38	02:20,52	01:07,24	02:17,97	01:07,19	00:41,99	01:27,15	03:32,25	00:51,74	01:50,55	03:49,03	00:55,30	02:03,06	00:43,18	01:41,87	03:58,95	01:44,51	03:35,73
791	00:53,15	01:59,31	04:53,66	01:05,39	02:20,54	01:07,25	02:18,00	01:07,20	00:42,00	01:27,17	03:32,28	00:51,75	01:50,57	03:49,06	00:55,31	02:03,08	00:43,19	01:41,89	03:58,98	01:44,53	03:35,76
790	00:53,16	01:59,33	04:53,70	01:05,41	02:20,57	01:07,27	02:18,02	01:07,21	00:42,01	01:27,18	03:32,30	00:51,76	01:50,58	03:49,09	00:55,33	02:03,10	00:43,20	01:41,91	03:59,01	01:44,55	03:35,78
789	00:53,17	01:59,35	04:53,73	01:05,42	02:20,59	01:07,28	02:18,04	01:07,23	00:42,01	01:27,20	03:32,33	00:51,78	01:50,60	03:49,11	00:55,34	02:03,12	00:43,21	01:41,92	03:59,04	01:44,57	03:35,81
788	00:53,18	01:59,37	04:53,77	01:05,43	02:20,61	01:07,29	02:18,07	01:07,24	00:42,02	01:27,21	03:32,36	00:51,79	01:50,62	03:49,14	00:55,35	02:03,14	00:43,22	01:41,94	03:59,07	01:44,58	03:35,84
787	00:53,19	01:59,39	04:53,81	01:05,45	02:20,64	01:07,31	02:18,09	01:07,25	00:42,03	01:27,23	03:32,38	00:51,80	01:50,64	03:49,17	00:55,36	02:03,16	00:43,23	01:41,96	03:59,10	01:44,60	03:35,87
786	00:53,20	01:59,41	04:53,84	01:05,46	02:20,66	01:07,32	02:18,11	01:07,27	00:42,04	01:27,24	03:32,41	00:51,81	01:50,66	03:49,20	00:55,37	02:03,18	00:43,23	01:41,98	03:59,13	01:44,62	03:35,89
785	00:53,21	01:59,43	04:53,88	01:05,47	02:20,69	01:07,33	02:18,14	01:07,28	00:42,05	01:27,26	03:32,44	00:51,82	01:50,68	03:49,23	00:55,38	02:03,20	00:43,24	01:41,99	03:59,16	01:44,64	03:35,92
784	00:53,22	01:59,45	04:53,92	01:05,49	02:20,71	01:07,35	02:18,16	01:07,29	00:42,06	01:27,27	03:32,47	00:51,83	01:50,70	03:49,26	00:55,39	02:03,22	00:43,25	01:42,01	03:59,19	01:44,65	03:35,95
783	00:53,23	01:59,47	04:53,96	01:05,50	02:20,73	01:07,36	02:18,18	01:07,31	00:42,07	01:27,29	03:32,49	00:51,84	01:50,71	03:49,29	00:55,40	02:03,24	00:43,26	01:42,03	03:59,22	01:44,67	03:35,98
782	00:53,24	01:59,49	04:54,00	01:05,51	02:20,76	01:07,37	02:18,21	01:07,32	00:42,07	01:27,30	03:32,52	00:51,85	01:50,73	03:49,32	00:55,42	02:03,27	00:43,27	01:42,04	03:59,25	01:44,69	03:36,00
781	00:53,25	01:59,52	04:54,03	01:05,53	02:20,78	01:07,39	02:18,23	01:07,34	00:42,08	01:27,32	03:32,55	00:51,86	01:50,75	03:49,35	00:55,43	02:03,29	00:43,28	01:42,06	03:59,28	01:44,71	03:36,03
780	00:53,26	01:59,54	04:54,07	01:05,54	02:20,80	01:07,40	02:18,25	01:07,35	00:42,09	01:27,33	03:32,57	00:51,87	01:50,77	03:49,38	00:55,44	02:03,31	00:43,29	01:42,08	03:59,31	01:44,73	03:36,06
779	00:53,27	01:59,56	04:54,11	01:05,55	02:20,83	01:07,42	02:18,28	01:07,36	00:42,10	01:27,35	03:32,60	00:51,88	01:50,79	03:49,41	00:55,45	02:03,33	00:43,30	01:42,10	03:59,34	01:44,74	03:36,09
778	00:53,29	01:59,58	04:54,15	01:05,57	02:20,85	01:07,43	02:18,30	01:07,38	00:42,11	01:27,36	03:32,63	00:51,89	01:50,81	03:49,44	00:55,46	02:03,35	00:43,30	01:42,11	03:59,37	01:44,76	03:36,12
777	00:53,30	01:59,60	04:54,18	01:05,58	02:20,88	01:07,44	02:18,32	01:07,39	00:42,12	01:27,38	03:32,66	00:51,90	01:50,83	03:49,47	00:55,47	02:03,37	00:43,31	01:42,13	03:59,41	01:44,78	03:36,14
776	00:53,31	01:59,62	04:54,22	01:05,59	02:20,90	01:07,46	02:18,35	01:07,40	00:42,13	01:27,39	03:32,68	00:51,91	01:50,85	03:49,50	00:55,48	02:03,39	00:43,32	01:42,15	03:59,44	01:44,80	03:36,17
775	00:53,32	01:59,64	04:54,26	01:05,61	02:20,93	01:07,47	02:18,37	01:07,42	00:42,13	01:27,41	03:32,71	00:51,92	01:50,87	03:49,53	00:55,49	02:03,41	00:43,33	01:42,17	03:59,47	01:44,81	03:36,20
774	00:53,33	01:59,66	04:54,30	01:05,62	02:20,95	01:07,48	02:18,39	01:07,43	00:42,14	01:27,42	03:32,74	00:51,93	01:50,88	03:49,56	00:55,51	02:03,43	00:43,34	01:42,18	03:59,50	01:44,83	03:36,23
773	00:53,34	01:59,68	04:54,34	01:05,63	02:20,97	01:07,50	02:18,42	01:07,45	00:42,15	01:27,44	03:32,77	00:51,94	01:50,90	03:49,59	00:55,52	02:03,46	00:43,35	01:42,20	03:59,53	01:44,85	03:36,26
772	00:53,35	01:59,70	04:54,38	01:05,65	02:21,00	01:07,51	02:18,44	01:07,46	00:42,16	01:27,45	03:32,79	00:51,95	01:50,92	03:49,62	00:55,53	02:03,48	00:43,36	01:42,22	03:59,56	01:44,87	03:36,28
771	00:53,36	01:59,72	04:54,41	01:05,66	02:21,02	01:07,53	02:18,47	01:07,47	00:42,17	01:27,47	03:32,82	00:51,97	01:50,94	03:49,65	00:55,54	02:03,50	00:43,37	01:42,24	03:59,59	01:44,89	03:36,31
770	00:53,37	01:59,74	04:54,45	01:05,67	02:21,05	01:07,54	02:18,49	01:07,49	00:42,18	01:27,48	03:32,85	00:51,98	01:50,96	03:49,68	00:55,55	02:03,52	00:43,38	01:42,25	03:59,62	01:44,90	03:36,34
769	00:53,38	01:59,76	04:54,49	01:05,69	02:21,07	01:07,55	02:18,51	01:07,50	00:42,19	01:27,50	03:32,88	00:51,99	01:50,98	03:49,71	00:55,56	02:03,54	00:43,39	01:42,27	03:59,65	01:44,92	03:36,37

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
768	00:53,40	01:59,78	04:54,53	01:05,70	02:21,09	01:07,57	02:18,54	01:07,52	00:42,19	01:27,51	03:32,91	00:52,00	01:51,00	03:49,74	00:55,57	02:03,56	00:43,39	01:42,29	03:59,69	01:44,94	03:36,40
767	00:53,41	01:59,80	04:54,57	01:05,71	02:21,12	01:07,58	02:18,56	01:07,53	00:42,20	01:27,53	03:32,93	00:52,01	01:51,02	03:49,77	00:55,59	02:03,58	00:43,40	01:42,31	03:59,72	01:44,96	03:36,42
766	00:53,42	01:59,82	04:54,61	01:05,73	02:21,14	01:07,60	02:18,58	01:07,54	00:42,21	01:27,54	03:32,96	00:52,02	01:51,04	03:49,80	00:55,60	02:03,60	00:43,41	01:42,32	03:59,75	01:44,98	03:36,45
765	00:53,43	01:59,84	04:54,64	01:05,74	02:21,17	01:07,61	02:18,61	01:07,56	00:42,22	01:27,56	03:32,99	00:52,03	01:51,06	03:49,83	00:55,61	02:03,63	00:43,42	01:42,34	03:59,78	01:45,00	03:36,48
764	00:53,44	01:59,86	04:54,68	01:05,76	02:21,19	01:07,62	02:18,63	01:07,57	00:42,23	01:27,57	03:33,02	00:52,04	01:51,08	03:49,86	00:55,62	02:03,65	00:43,43	01:42,36	03:59,81	01:45,01	03:36,51
763	00:53,45	01:59,89	04:54,72	01:05,77	02:21,22	01:07,64	02:18,66	01:07,59	00:42,24	01:27,59	03:33,04	00:52,05	01:51,10	03:49,89	00:55,63	02:03,67	00:43,44	01:42,38	03:59,84	01:45,03	03:36,54
762	00:53,46	01:59,91	04:54,76	01:05,78	02:21,24	01:07,65	02:18,68	01:07,60	00:42,25	01:27,60	03:33,07	00:52,06	01:51,11	03:49,92	00:55,64	02:03,69	00:43,45	01:42,40	03:59,87	01:45,05	03:36,57
761	00:53,47	01:59,93	04:54,80	01:05,80	02:21,27	01:07,67	02:18,71	01:07,61	00:42,26	01:27,62	03:33,10	00:52,07	01:51,13	03:49,95	00:55,66	02:03,71	00:43,46	01:42,41	03:59,91	01:45,07	03:36,60
760	00:53,48	01:59,95	04:54,84	01:05,81	02:21,29	01:07,68	02:18,73	01:07,63	00:42,27	01:27,63	03:33,13	00:52,08	01:51,15	03:49,98	00:55,67	02:03,73	00:43,47	01:42,43	03:59,94	01:45,09	03:36,62
759	00:53,50	01:59,97	04:54,88	01:05,82	02:21,32	01:07,69	02:18,75	01:07,64	00:42,27	01:27,65	03:33,16	00:52,10	01:51,17	03:50,01	00:55,68	02:03,75	00:43,48	01:42,45	03:59,97	01:45,11	03:36,65
758	00:53,51	01:59,99	04:54,92	01:05,84	02:21,34	01:07,71	02:18,78	01:07,66	00:42,28	01:27,66	03:33,19	00:52,11	01:51,19	03:50,04	00:55,69	02:03,78	00:43,48	01:42,47	04:00,00	01:45,12	03:36,68
757	00:53,52	02:00,01	04:54,96	01:05,85	02:21,37	01:07,72	02:18,80	01:07,67	00:42,29	01:27,68	03:33,21	00:52,12	01:51,21	03:50,07	00:55,70	02:03,80	00:43,49	01:42,49	04:00,03	01:45,14	03:36,71
756	00:53,53	02:00,03	04:54,99	01:05,87	02:21,39	01:07,74	02:18,83	01:07,69	00:42,30	01:27,69	03:33,24	00:52,13	01:51,23	03:50,10	00:55,71	02:03,82	00:43,50	01:42,50	04:00,06	01:45,16	03:36,74
755	00:53,54	02:00,05	04:55,03	01:05,88	02:21,41	01:07,75	02:18,85	01:07,70	00:42,31	01:27,71	03:33,27	00:52,14	01:51,25	03:50,13	00:55,73	02:03,84	00:43,51	01:42,52	04:00,10	01:45,18	03:36,77
754	00:53,55	02:00,07	04:55,07	01:05,89	02:21,44	01:07,77	02:18,88	01:07,71	00:42,32	01:27,72	03:33,30	00:52,15	01:51,27	03:50,16	00:55,74	02:03,86	00:43,52	01:42,54	04:00,13	01:45,20	03:36,80
753	00:53,56	02:00,10	04:55,11	01:05,91	02:21,46	01:07,78	02:18,90	01:07,73	00:42,33	01:27,74	03:33,33	00:52,16	01:51,29	03:50,19	00:55,75	02:03,89	00:43,53	01:42,56	04:00,16	01:45,22	03:36,83
752	00:53,57	02:00,12	04:55,15	01:05,92	02:21,49	01:07,79	02:18,92	01:07,74	00:42,34	01:27,76	03:33,36	00:52,17	01:51,31	03:50,22	00:55,76	02:03,91	00:43,54	01:42,58	04:00,19	01:45,23	03:36,85
751	00:53,59	02:00,14	04:55,19	01:05,94	02:21,51	01:07,81	02:18,95	01:07,76	00:42,35	01:27,77	03:33,38	00:52,18	01:51,33	03:50,25	00:55,77	02:03,93	00:43,55	01:42,59	04:00,22	01:45,25	03:36,88
750	00:53,60	02:00,16	04:55,23	01:05,95	02:21,54	01:07,82	02:18,97	01:07,77	00:42,35	01:27,79	03:33,41	00:52,19	01:51,35	03:50,28	00:55,78	02:03,95	00:43,56	01:42,61	04:00,26	01:45,27	03:36,91
749	00:53,61	02:00,18	04:55,27	01:05,96	02:21,56	01:07,84	02:19,00	01:07,79	00:42,36	01:27,80	03:33,44	00:52,21	01:51,37	03:50,31	00:55,80	02:03,97	00:43,57	01:42,63	04:00,29	01:45,29	03:36,94
748	00:53,62	02:00,20	04:55,31	01:05,98	02:21,59	01:07,85	02:19,02	01:07,80	00:42,37	01:27,82	03:33,47	00:52,22	01:51,39	03:50,34	00:55,81	02:03,99	00:43,58	01:42,65	04:00,32	01:45,31	03:36,97
747	00:53,63	02:00,22	04:55,35	01:05,99	02:21,61	01:07,87	02:19,05	01:07,81	00:42,38	01:27,83	03:33,50	00:52,23	01:51,41	03:50,38	00:55,82	02:04,02	00:43,59	01:42,67	04:00,35	01:45,33	03:37,00
746	00:53,64	02:00,24	04:55,39	01:06,01	02:21,64	01:07,88	02:19,07	01:07,83	00:42,39	01:27,85	03:33,53	00:52,24	01:51,43	03:50,41	00:55,83	02:04,04	00:43,60	01:42,68	04:00,39	01:45,35	03:37,03
745	00:53,65	02:00,27	04:55,43	01:06,02	02:21,67	01:07,90	02:19,10	01:07,84	00:42,40	01:27,86	03:33,56	00:52,25	01:51,45	03:50,44	00:55,84	02:04,06	00:43,60	01:42,70	04:00,42	01:45,36	03:37,06
744	00:53,67	02:00,29	04:55,47	01:06,03	02:21,69	01:07,91	02:19,12	01:07,86	00:42,41	01:27,88	03:33,58	00:52,26	01:51,47	03:50,47	00:55,86	02:04,08	00:43,61	01:42,72	04:00,45	01:45,38	03:37,09
743	00:53,68	02:00,31	04:55,51	01:06,05	02:21,72	01:07,92	02:19,15	01:07,87	00:42,42	01:27,90	03:33,61	00:52,27	01:51,49	03:50,50	00:55,87	02:04,11	00:43,62	01:42,74	04:00,48	01:45,40	03:37,12
742	00:53,69	02:00,33	04:55,55	01:06,06	02:21,74	01:07,94	02:19,17	01:07,89	00:42,43	01:27,91	03:33,64	00:52,28	01:51,51	03:50,53	00:55,88	02:04,13	00:43,63	01:42,76	04:00,52	01:45,42	03:37,15
741	00:53,70	02:00,35	04:55,59	01:06,08	02:21,77	01:07,95	02:19,20	01:07,90	00:42,44	01:27,93	03:33,67	00:52,29	01:51,53	03:50,56	00:55,89	02:04,15	00:43,64	01:42,78	04:00,55	01:45,44	03:37,18
740	00:53,71	02:00,37	04:55,63	01:06,09	02:21,79	01:07,97	02:19,22	01:07,92	00:42,44	01:27,94	03:33,70	00:52,31	01:51,55	03:50,59	00:55,90	02:04,17	00:43,65	01:42,79	04:00,58	01:45,46	03:37,20
739	00:53,72	02:00,39	04:55,67	01:06,10	02:21,82	01:07,98	02:19,25	01:07,93	00:42,45	01:27,96	03:33,73	00:52,32	01:51,57	03:50,62	00:55,92	02:04,19	00:43,66	01:42,81	04:00,61	01:45,48	03:37,23
738	00:53,73	02:00,42	04:55,71	01:06,12	02:21,84	01:08,00	02:19,27	01:07,94	00:42,46	01:27,97	03:33,76	00:52,33	01:51,59	03:50,66	00:55,93	02:04,22	00:43,67	01:42,83	04:00,65	01:45,50	03:37,26
737	00:53,75	02:00,44	04:55,75	01:06,13	02:21,87	01:08,01	02:19,30	01:07,96	00:42,47	01:27,99	03:33,79	00:52,34	01:51,61	03:50,69	00:55,94	02:04,24	00:43,68	01:42,85	04:00,68	01:45,52	03:37,29
736	00:53,76	02:00,46	04:55,79	01:06,15	02:21,89	01:08,03	02:19,32	01:07,97	00:42,48	01:28,01	03:33,82	00:52,35	01:51,63	03:50,72	00:55,95	02:04,26	00:43,69	01:42,87	04:00,71	01:45,53	03:37,32
735	00:53,77	02:00,48	04:55,83	01:06,16	02:21,92	01:08,04	02:19,35	01:07,99	00:42,49	01:28,02	03:33,85	00:52,36	01:51,65	03:50,75	00:55,96	02:04,28	00:43,70	01:42,89	04:00,74	01:45,55	03:37,35
734	00:53,78	02:00,50	04:55,87	01:06,18	02:21,94	01:08,06	02:19,37	01:08,00	00:42,50	01:28,04	03:33,87	00:52,37	01:51,67	03:50,78	00:55,98	02:04,31	00:43,71	01:42,91	04:00,78	01:45,57	03:37,38
733	00:53,79	02:00,52	04:55,91	01:06,19	02:21,97	01:08,07	02:19,40	01:08,02	00:42,51	01:28,05	03:33,90	00:52,38	01:51,69	03:50,81	00:55,99	02:04,33	00:43,72	01:42,92	04:00,81	01:45,59	03:37,41
732	00:53,80	02:00,55	04:55,95	01:06,20	02:22,00	01:08,09	02:19,42	01:08,03	00:42,52	01:28,07	03:33,93	00:52,40	01:51,71	03:50,84	00:56,00	02:04,35	00:43,73	01:42,94	04:00,84	01:45,61	03:37,44
731	00:53,82	02:00,57	04:55,99	01:06,22	02:22,02	01:08,10	02:19,45	01:08,05	00:42,53	01:28,09	03:33,96	00:52,41	01:51,73	03:50,88	00:56,01	02:04,37	00:43,74	01:42,96	04:00,88	01:45,63	03:37,47
730	00:53,83	02:00,59	04:56,03	01:06,23	02:22,05	01:08,12	02:19,47	01:08,06	00:42,54	01:28,10	03:33,99	00:52,42	01:51,75	03:50,91	00:56,03	02:04,40	00:43,75	01:42,98	04:00,91	01:45,65	03:37,50
729	00:53,84	02:00,61	04:56,07	01:06,25	02:22,07	01:08,13	02:19,50	01:08,08	00:42,55	01:28,12	03:34,02	00:52,43	01:51,77	03:50,94	00:56,04	02:04,42	00:43,76	01:43,00	04:00,94	01:45,67	03:37,53
728	00:53,85	02:00,63	04:56,11	01:06,26	02:22,10	01:08,15	02:19,52	01:08,09	00:42,56	01:28,13	03:34,05	00:52,44	01:51,79	03:50,97	00:56,05	02:04,44	00:43,76	01:43,02	04:00,98	01:45,69	03:37,56
727	00:53,86	02:00,66	04:56,15	01:06,28	02:22,13	01:08,16	02:19,55	01:08,11	00:42,56	01:28,15	03:34,08	00:52,45	01:51,81	03:51,00	00:56,06	02:04,46	00:43,77	01:43,04	04:01,01	01:45,71	03:37,59
726	00:53,87	02:00,68	04:56,20	01:06,29	02:22,15	01:08,17	02:19,57	01:08,12	00:42,57	01:28,17	03:34,11	00:52,46	01:51,83	03:51,04	00:56,07	02:04,49	00:43,78	01:43,06	04:01,04	01:45,73	03:37,62
725	00:53,89	02:00,70	04:56,24	01:06,31	02:22,18	01:08,19	02:19,60	01:08,14	00:42,58	01:28,18	03:34,14	00:52,48	01:51,85	03:51,07	00:56,09	02:04,51	00:43,79	01:43,07	04:01,08	01:45,75	03:37,65
724	00:53,90	02:00,72	04:56,28	01:06,32	02:22,20	01:08,20	02:19,63	01:08,15	00:42,59	01:28,20	03:34,17	00:52,49	01:51,87	03:51,10	00:56,10	02:04,53	00:43,80	01:43,09	04:01,11	01:45,77	03:37,68
723	00:53,91	02:00,74	04:56,32	01:06,34	02:22,23	01:08,22	02:19,65	01:08,17	00:42,60	01:28,21	03:34,20	00:52,50	01:51,89	03:51,13	00:56,11	02:04,56	00:43,81	01:43,11	04:01,14	01:45,78	03:37,71
722	00:53,92	02:00,77	04:56,36	01:06,35	02:22,26	01:08,23	02:19,68	01:08,18	00:42,61	01:28,23	03:34,23	00:52,51	01:51,91	03:51,16	00:56,12	02:04,58	00:43,82	01:43,13	04:01,18	01:45,80	03:37,74
721	00:53,93	02:00,79	04:56,40	01:06,36	02:22,28	01:08,25	02:19,70	01:08,20	00:42,62	01:28,25	03:34,26	00:52,52	01:51,93	03:51,20	00:56,14	02:04,60	00:43,83	01:43,15	04:01,21	01:45,82	03:37,77
720	00:53,95	02:00,81	04:56,44	01:06,38	02:22,31	01:08,26	02:19,73	01:08,21	00:42,63	01:28,26	03:34,29	00:52,53	01:51,95	03:51,23	00:56,15	02:04,62	00:43,84	01:43,17	04:01,24	01:45,84	03:37,80
719	00:53,96	02:00,83	04:56,48	01:06,39	02:22,33	01:08,28	02:19,75	01:08,23	00:42,64	01:28,28	03:34,32	00:52,55	01:51,97	03:51,26	00:56,16	02:04,65	00:43,85	01:43,19	04:01,28	01:45,86	03:37,83
718	00:53,97	02:00,86	04:56,53	01:06,41	02:22,36	01:08,30	02:19,78	01:08,24	00:42,65	01:28,30	03:34,35	00:52,56	01:51,99	03:51,29	00:56,17	02:04,67	00:43,86	01:43,21	04:01,31	01:45,88	03:37,86
717	00:53,98	02:00,88	04:56,57	01:06,42	02:22,39	01:08,31	02:19,81	01:08,26	00:42,66	01:28,31	03:34,38	00:52,57	01:52,02	03:51,32	00:56,19	02:04,69	00:43,87	01:43,23	04:01,34	01:45,90	03:37,89
716	00:53,99	02:00,90	04:56,61	01:06,44	02:22,41	01:08,33	02:19,83	01:08,27	00:42,67	01:28,33	03:34,41	00:52,58	01:52,04	03:51,36	00:56,20	02:04,72	00:43,88	01:43,25	04:01,38	01:45,92	03:37,92
715	00:54,01	02:00,92	04:56,65	01:06,45	02:22,44	01:08,34	02:19,86	01:08,29	00:42,68	01:28,35	03:34,44	00:52,59	01:52,06	03:51,39	00:56,21	02:04,74	00:43,89	01:43,26	04:01,41	01:45,94	03:37,95
714	00:54,02	02:00,95	04:56,69	01:06,47	02:22,47	01:08,36	02:19,88	01:08,30	00:42,69	01:28,36	03:34,47	00:52,60	01:52,08	03:51,42	00:56,22	02:04,76	00:43,90	01:43,28	04:01,45	01:45,96	03:37,99
713	00:54,03	02:00,97	04:56,73	01:06,48	02:22,49	01:08,37	02:19,91	01:08,32	00:42,70	01:28,38	03:34,50	00:52,62	01:52,10	03:51,45	00:56,24	02:04,79	00:43,91	01:43,30	04:01,48	01:45,98	03:38,02
712	00:54,04	02:00,99	04:56,77	01:06,50	02:22,52	01:08,39	02:19,94	01:08,33	00:42,71	01:28,39	03:34,53	00:52,63	01:52,12	03:51,49	00:56,25	02:04,81	00:43,92	01:43,32	04:01,51	01:46,00	03:38,05
711	00:54,05	02:01,01	04:56,82	01:06,51	02:22,55	01:08,40	02:19,96	01:08,35	00:42,72	01:28,41	03:34,56	00:52,64	01:52,14	03:51,52	00:56,26	02:04,83	00:43,93	01:43,34	04:01,55	01:46,02	03:38,08
710	00:54,07	02:01,04	04:56,86	01:06,53	02:22,57	01:08,42	02:19,99	01:08,36	00:42,72	01:28,43	03:34,59	00:52,65	01:52,16	03:51,55	00:56,27	02:04,86	00:43,94	01:43,36	04:01,58	01:46,04	03:38,11
709	00:54,08	02:01,06	04:56,90	01:06,54	02:22,60	01:08,43	02:20,01	01:08,38	00:42,73	01:28,44	03:34,62	00:52,66	01:52,18	03:51,59	00:56,29	02:04,88	00:43,95	01:43,38	04:01,62	01:46,06	03:38,14
708	00:54,09	02:01,08	04:56,94	01:06,56	02:22,63	01:08,45	02:20,04	01:08,39	00:42,74	01:28,46	03:34,65	00:52,67	01:52,20	03:51,62	00:56,30	02:04,90	00:43,96	01:43,40	04:01,65	01:46,08	03:38,17

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
707	00:54,10	02:01,10	04:56,98	01:06,57	02:22,65	01:08,46	02:20,07	01:08,41	00:42,75	01:28,48	03:34,68	00:52,69	01:52,22	03:51,65	00:56,31	02:04,93	00:43,97	01:43,42	04:01,68	01:46,10	03:38,20
706	00:54,11	02:01,13	04:57,03	01:06,59	02:22,68	01:08,48	02:20,09	01:08,43	00:42,76	01:28,49	03:34,71	00:52,70	01:52,25	03:51,68	00:56,32	02:04,95	00:43,98	01:43,44	04:01,72	01:46,12	03:38,23
705	00:54,13	02:01,15	04:57,07	01:06,60	02:22,71	01:08,49	02:20,12	01:08,44	00:42,77	01:28,51	03:34,74	00:52,71	01:52,27	03:51,72	00:56,34	02:04,97	00:43,99	01:43,46	04:01,75	01:46,14	03:38,26
704	00:54,14	02:01,17	04:57,11	01:06,62	02:22,73	01:08,51	02:20,15	01:08,46	00:42,78	01:28,53	03:34,77	00:52,72	01:52,29	03:51,75	00:56,35	02:05,00	00:44,00	01:43,48	04:01,79	01:46,16	03:38,29
703	00:54,15	02:01,19	04:57,15	01:06,63	02:22,76	01:08,52	02:20,17	01:08,47	00:42,79	01:28,54	03:34,80	00:52,73	01:52,31	03:51,78	00:56,36	02:05,02	00:44,01	01:43,50	04:01,82	01:46,18	03:38,33
702	00:54,16	02:01,22	04:57,20	01:06,65	02:22,79	01:08,54	02:20,20	01:08,49	00:42,80	01:28,56	03:34,83	00:52,75	01:52,33	03:51,82	00:56,37	02:05,04	00:44,02	01:43,52	04:01,86	01:46,20	03:38,36
701	00:54,18	02:01,24	04:57,24	01:06,66	02:22,81	01:08,56	02:20,22	01:08,50	00:42,81	01:28,58	03:34,86	00:52,76	01:52,35	03:51,85	00:56,39	02:05,07	00:44,03	01:43,54	04:01,89	01:46,22	03:38,39
700	00:54,19	02:01,26	04:57,28	01:06,68	02:22,84	01:08,57	02:20,25	01:08,52	00:42,82	01:28,59	03:34,90	00:52,77	01:52,37	03:51,88	00:56,40	02:05,09	00:44,04	01:43,56	04:01,93	01:46,24	03:38,42
699	00:54,20	02:01,29	04:57,32	01:06,69	02:22,87	01:08,59	02:20,28	01:08,53	00:42,83	01:28,61	03:34,93	00:52,78	01:52,39	03:51,92	00:56,41	02:05,11	00:44,05	01:43,57	04:01,96	01:46,26	03:38,45
698	00:54,21	02:01,31	04:57,37	01:06,71	02:22,89	01:08,60	02:20,30	01:08,55	00:42,84	01:28,63	03:34,96	00:52,79	01:52,42	03:51,95	00:56,43	02:05,14	00:44,06	01:43,59	04:01,99	01:46,28	03:38,48
697	00:54,23	02:01,33	04:57,41	01:06,72	02:22,92	01:08,62	02:20,33	01:08,57	00:42,85	01:28,64	03:34,99	00:52,81	01:52,44	03:51,98	00:56,44	02:05,16	00:44,07	01:43,61	04:02,03	01:46,30	03:38,51
696	00:54,24	02:01,36	04:57,45	01:06,74	02:22,95	01:08,63	02:20,36	01:08,58	00:42,86	01:28,66	03:35,02	00:52,82	01:52,46	03:52,02	00:56,45	02:05,19	00:44,08	01:43,63	04:02,06	01:46,32	03:38,54
695	00:54,25	02:01,38	04:57,50	01:06,75	02:22,98	01:08,65	02:20,38	01:08,60	00:42,87	01:28,68	03:35,05	00:52,83	01:52,48	03:52,05	00:56,46	02:05,21	00:44,09	01:43,65	04:02,10	01:46,34	03:38,58
694	00:54,26	02:01,40	04:57,54	01:06,77	02:23,00	01:08,67	02:20,41	01:08,61	00:42,88	01:28,70	03:35,08	00:52,84	01:52,50	03:52,08	00:56,48	02:05,23	00:44,10	01:43,67	04:02,13	01:46,36	03:38,61
693	00:54,27	02:01,43	04:57,58	01:06,78	02:23,03	01:08,68	02:20,44	01:08,63	00:42,89	01:28,71	03:35,11	00:52,85	01:52,52	03:52,12	00:56,49	02:05,26	00:44,11	01:43,69	04:02,17	01:46,38	03:38,64
692	00:54,29	02:01,45	04:57,62	01:06,80	02:23,06	01:08,70	02:20,46	01:08,64	00:42,90	01:28,73	03:35,14	00:52,87	01:52,54	03:52,15	00:56,50	02:05,28	00:44,12	01:43,71	04:02,20	01:46,40	03:38,67
691	00:54,30	02:01,47	04:57,67	01:06,81	02:23,09	01:08,71	02:20,49	01:08,66	00:42,91	01:28,75	03:35,17	00:52,88	01:52,57	03:52,18	00:56,52	02:05,31	00:44,13	01:43,73	04:02,24	01:46,42	03:38,70
690	00:54,31	02:01,50	04:57,71	01:06,83	02:23,11	01:08,73	02:20,52	01:08,68	00:42,92	01:28,76	03:35,21	00:52,89	01:52,59	03:52,22	00:56,53	02:05,33	00:44,14	01:43,75	04:02,27	01:46,44	03:38,73
689	00:54,32	02:01,52	04:57,75	01:06,85	02:23,14	01:08,74	02:20,55	01:08,69	00:42,93	01:28,78	03:35,24	00:52,90	01:52,61	03:52,25	00:56,54	02:05,35	00:44,15	01:43,77	04:02,31	01:46,46	03:38,77
688	00:54,34	02:01,54	04:57,80	01:06,86	02:23,17	01:08,76	02:20,57	01:08,71	00:42,94	01:28,80	03:35,27	00:52,92	01:52,63	03:52,28	00:56,56	02:05,38	00:44,16	01:43,79	04:02,35	01:46,48	03:38,80
687	00:54,35	02:01,57	04:57,84	01:06,88	02:23,20	01:08,78	02:20,60	01:08,72	00:42,95	01:28,81	03:35,30	00:52,93	01:52,65	03:52,32	00:56,57	02:05,40	00:44,17	01:43,81	04:02,38	01:46,50	03:38,83
686	00:54,36	02:01,59	04:57,88	01:06,89	02:23,22	01:08,79	02:20,63	01:08,74	00:42,96	01:28,83	03:35,33	00:52,94	01:52,67	03:52,35	00:56,58	02:05,43	00:44,18	01:43,83	04:02,42	01:46,52	03:38,86
685	00:54,38	02:01,61	04:57,93	01:06,91	02:23,25	01:08,81	02:20,65	01:08,76	00:42,97	01:28,85	03:35,36	00:52,95	01:52,70	03:52,39	00:56,59	02:05,45	00:44,19	01:43,85	04:02,45	01:46,55	03:38,89
684	00:54,39	02:01,64	04:57,97	01:06,92	02:23,28	01:08,82	02:20,68	01:08,77	00:42,98	01:28,87	03:35,39	00:52,96	01:52,72	03:52,42	00:56,61	02:05,47	00:44,20	01:43,87	04:02,49	01:46,57	03:38,93
683	00:54,40	02:01,66	04:58,02	01:06,94	02:23,31	01:08,84	02:20,71	01:08,79	00:42,99	01:28,88	03:35,43	00:52,98	01:52,74	03:52,46	00:56,62	02:05,50	00:44,21	01:43,89	04:02,52	01:46,59	03:38,96
682	00:54,41	02:01,68	04:58,06	01:06,95	02:23,34	01:08,86	02:20,74	01:08,80	00:43,00	01:28,90	03:35,46	00:52,99	01:52,76	03:52,49	00:56,63	02:05,52	00:44,22	01:43,91	04:02,56	01:46,61	03:38,99
681	00:54,43	02:01,71	04:58,10	01:06,97	02:23,36	01:08,87	02:20,76	01:08,82	00:43,01	01:28,92	03:35,49	00:53,00	01:52,78	03:52,52	00:56,65	02:05,55	00:44,23	01:43,93	04:02,59	01:46,63	03:39,02
680	00:54,44	02:01,73	04:58,15	01:06,99	02:23,39	01:08,89	02:20,79	01:08,84	00:43,02	01:28,94	03:35,52	00:53,01	01:52,81	03:52,56	00:56,66	02:05,57	00:44,24	01:43,95	04:02,63	01:46,65	03:39,06
679	00:54,45	02:01,75	04:58,19	01:07,00	02:23,42	01:08,90	02:20,82	01:08,85	00:43,03	01:28,95	03:35,55	00:53,03	01:52,83	03:52,59	00:56,67	02:05,60	00:44,25	01:43,97	04:02,67	01:46,67	03:39,09
678	00:54,46	02:01,78	04:58,24	01:07,02	02:23,45	01:08,92	02:20,85	01:08,87	00:43,04	01:28,97	03:35,58	00:53,04	01:52,85	03:52,63	00:56,69	02:05,62	00:44,26	01:43,99	04:02,70	01:46,69	03:39,12
677	00:54,48	02:01,80	04:58,28	01:07,03	02:23,48	01:08,94	02:20,87	01:08,88	00:43,05	01:28,99	03:35,62	00:53,05	01:52,87	03:52,66	00:56,70	02:05,65	00:44,27	01:44,02	04:02,74	01:46,71	03:39,15
676	00:54,49	02:01,83	04:58,32	01:07,05	02:23,50	01:08,95	02:20,90	01:08,90	00:43,06	01:29,00	03:35,65	00:53,06	01:52,89	03:52,70	00:56,71	02:05,67	00:44,28	01:44,04	04:02,77	01:46,73	03:39,18
675	00:54,50	02:01,85	04:58,37	01:07,06	02:23,53	01:08,97	02:20,93	01:08,92	00:43,07	01:29,02	03:35,68	00:53,08	01:52,92	03:52,73	00:56,73	02:05,70	00:44,29	01:44,06	04:02,81	01:46,75	03:39,22
674	00:54,52	02:01,87	04:58,41	01:07,08	02:23,56	01:08,99	02:20,96	01:08,93	00:43,08	01:29,04	03:35,71	00:53,09	01:52,94	03:52,76	00:56,74	02:05,72	00:44,30	01:44,08	04:02,85	01:46,77	03:39,25
673	00:54,53	02:01,90	04:58,46	01:07,10	02:23,59	01:09,00	02:20,98	01:08,95	00:43,09	01:29,06	03:35,74	00:53,10	01:52,96	03:52,80	00:56,75	02:05,74	00:44,31	01:44,10	04:02,88	01:46,80	03:39,28
672	00:54,54	02:01,92	04:58,50	01:07,11	02:23,62	01:09,02	02:21,01	01:08,96	00:43,10	01:29,07	03:35,78	00:53,11	01:52,98	03:52,83	00:56,77	02:05,77	00:44,33	01:44,12	04:02,92	01:46,82	03:39,32
671	00:54,55	02:01,95	04:58,55	01:07,13	02:23,64	01:09,03	02:21,04	01:08,98	00:43,11	01:29,09	03:35,81	00:53,13	01:53,01	03:52,87	00:56,78	02:05,79	00:44,34	01:44,14	04:02,95	01:46,84	03:39,35
670	00:54,57	02:01,97	04:58,59	01:07,14	02:23,67	01:09,05	02:21,07	01:09,00	00:43,12	01:29,11	03:35,84	00:53,14	01:53,03	03:52,90	00:56,79	02:05,82	00:44,35	01:44,16	04:02,99	01:46,86	03:39,38
669	00:54,58	02:01,99	04:58,64	01:07,16	02:23,70	01:09,07	02:21,10	01:09,01	00:43,13	01:29,13	03:35,87	00:53,15	01:53,05	03:52,94	00:56,81	02:05,84	00:44,36	01:44,18	04:03,03	01:46,88	03:39,41
668	00:54,59	02:02,02	04:58,68	01:07,18	02:23,73	01:09,08	02:21,12	01:09,03	00:43,14	01:29,15	03:35,91	00:53,16	01:53,07	03:52,97	00:56,82	02:05,87	00:44,37	01:44,20	04:03,06	01:46,90	03:39,45
667	00:54,61	02:02,04	04:58,73	01:07,19	02:23,76	01:09,10	02:21,15	01:09,05	00:43,15	01:29,16	03:35,94	00:53,18	01:53,09	03:53,01	00:56,84	02:05,89	00:44,38	01:44,22	04:03,10	01:46,92	03:39,48
666	00:54,62	02:02,07	04:58,77	01:07,21	02:23,79	01:09,12	02:21,18	01:09,06	00:43,16	01:29,18	03:35,97	00:53,19	01:53,12	03:53,04	00:56,85	02:05,92	00:44,39	01:44,24	04:03,14	01:46,94	03:39,51
665	00:54,63	02:02,09	04:58,82	01:07,22	02:23,82	01:09,13	02:21,21	01:09,08	00:43,17	01:29,20	03:36,00	00:53,20	01:53,14	03:53,08	00:56,86	02:05,94	00:44,40	01:44,26	04:03,17	01:46,96	03:39,55
664	00:54,65	02:02,12	04:58,86	01:07,24	02:23,84	01:09,15	02:21,24	01:09,10	00:43,18	01:29,22	03:36,04	00:53,22	01:53,16	03:53,11	00:56,88	02:05,97	00:44,41	01:44,28	04:03,21	01:46,99	03:39,58
663	00:54,66	02:02,14	04:58,91	01:07,26	02:23,87	01:09,17	02:21,26	01:09,11	00:43,19	01:29,23	03:36,07	00:53,23	01:53,19	03:53,15	00:56,89	02:05,99	00:44,42	01:44,30	04:03,25	01:47,01	03:39,61
662	00:54,67	02:02,16	04:58,95	01:07,27	02:23,90	01:09,18	02:21,29	01:09,13	00:43,20	01:29,25	03:36,10	00:53,24	01:53,21	03:53,18	00:56,90	02:06,02	00:44,43	01:44,32	04:03,28	01:47,03	03:39,65
661	00:54,68	02:02,19	04:59,00	01:07,29	02:23,93	01:09,20	02:21,32	01:09,15	00:43,21	01:29,27	03:36,13	00:53,25	01:53,23	03:53,22	00:56,92	02:06,05	00:44,44	01:44,35	04:03,32	01:47,05	03:39,68
660	00:54,70	02:02,21	04:59,04	01:07,30	02:23,96	01:09,22	02:21,35	01:09,16	00:43,22	01:29,29	03:36,17	00:53,27	01:53,25	03:53,26	00:56,93	02:06,07	00:44,45	01:44,37	04:03,36	01:47,07	03:39,71
659	00:54,71	02:02,24	04:59,09	01:07,32	02:23,99	01:09,23	02:21,38	01:09,18	00:43,23	01:29,31	03:36,20	00:53,28	01:53,28	03:53,29	00:56,94	02:06,10	00:44,46	01:44,39	04:03,40	01:47,09	03:39,75
658	00:54,72	02:02,26	04:59,13	01:07,34	02:24,02	01:09,25	02:21,41	01:09,20	00:43,24	01:29,32	03:36,23	00:53,29	01:53,30	03:53,33	00:56,96	02:06,12	00:44,47	01:44,41	04:03,43	01:47,11	03:39,78
657	00:54,74	02:02,29	04:59,18	01:07,35	02:24,05	01:09,27	02:21,44	01:09,21	00:43,26	01:29,34	03:36,27	00:53,30	01:53,32	03:53,36	00:56,97	02:06,15	00:44,48	01:44,43	04:03,47	01:47,14	03:39,81
656	00:54,75	02:02,31	04:59,22	01:07,37	02:24,08	01:09,28	02:21,46	01:09,23	00:43,27	01:29,36	03:36,30	00:53,32	01:53,34	03:53,40	00:56,99	02:06,17	00:44,50	01:44,45	04:03,51	01:47,16	03:39,85
655	00:54,76	02:02,34	04:59,27	01:07,39	02:24,11	01:09,30	02:21,49	01:09,25	00:43,28	01:29,38	03:36,33	00:53,33	01:53,37	03:53,43	00:57,00	02:06,20	00:44,51	01:44,47	04:03,54	01:47,18	03:39,88
654	00:54,78	02:02,36	04:59,32	01:07,40	02:24,13	01:09,32	02:21,52	01:09,26	00:43,29	01:29,40	03:36,37	00:53,34	01:53,39	03:53,47	00:57,01	02:06,22	00:44,52	01:44,49	04:03,58	01:47,20	03:39,91
653	00:54,79	02:02,39	04:59,36	01:07,42	02:24,16	01:09,33	02:21,55	01:09,28	00:43,30	01:29,41	03:36,40	00:53,36	01:53,41	03:53,51	00:57,03	02:06,25	00:44,53	01:44,51	04:03,62	01:47,22	03:39,95
652	00:54,80	02:02,41	04:59,41	01:07,43	02:24,19	01:09,35	02:21,58	01:09,30	00:43,31	01:29,43	03:36,43	00:53,37	01:53,44	03:53,54	00:57,04	02:06,27	00:44,54	01:44,54	04:03,66	01:47,25	03:39,98
651	00:54,82	02:02,44	04:59,45	01:07,45	02:24,22	01:09,37	02:21,61	01:09,31	00:43,32	01:29,45	03:36,47	00:53,38	01:53,46	03:53,58	00:57,06	02:06,30	00:44,55	01:44,56	04:03,69	01:47,27	03:40,02
650	00:54,83	02:02,46	04:59,50	01:07,47	02:24,25	01:09,38	02:21,64	01:09,33	00:43,33	01:29,47	03:36,50	00:53,40	01:53,48	03:53,61	00:57,07	02:06,33	00:44,56	01:44,58	04:03,73	01:47,29	03:40,05
649	00:54,84	02:02,49	04:59,55	01:07,48	02:24,28	01:09,40	02:21,67	01:09,35	00:43,34	01:29,49	03:36,53	00:53,41	01:53,51	03:53,65	00:57,08	02:06,35	00:44,57	01:44,60	04:03,77	01:47,31	03:40,08
648	00:54,86	02:02,51	04:59,59	01:07,50	02:24,31	01:09,42	02:21,69	01:09,36	00:43,35	01:29,51	03:36,57	00:53,42	01:53,53	03:53,69	00:57,10	02:06,38	00:44,58	01:44,62	04:03,81	01:47,33	03:40,12
647	00:54,87	02:02,54	04:59,64	01:07,52	02:24,34	01:09,44	02:21,72	01:09,38	00:43,36	01:29,52	03:36,60	00:53,44	01:53,55	03:53,72	00:57,11	02:06,40	00:44,59	01:44,64	04:03,84	01:47,35	03:40,15

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
646	00:54,88	02:02,56	04:59,69	01:07,53	02:24,37	01:09,45	02:21,75	01:09,40	00:43,37	01:29,54	03:36,63	00:53,45	01:53,58	03:53,76	00:57,13	02:06,43	00:44,60	01:44,66	04:03,88	01:47,38	03:40,19
645	00:54,90	02:02,59	04:59,73	01:07,55	02:24,40	01:09,47	02:21,78	01:09,42	00:43,38	01:29,56	03:36,67	00:53,46	01:53,60	03:53,79	00:57,14	02:06,46	00:44,62	01:44,69	04:03,92	01:47,40	03:40,22
644	00:54,91	02:02,61	04:59,78	01:07,57	02:24,43	01:09,49	02:21,81	01:09,43	00:43,39	01:29,58	03:36,70	00:53,47	01:53,62	03:53,83	00:57,15	02:06,48	00:44,63	01:44,71	04:03,96	01:47,42	03:40,25
643	00:54,93	02:02,64	04:59,83	01:07,58	02:24,46	01:09,50	02:21,84	01:09,45	00:43,40	01:29,60	03:36,73	00:53,49	01:53,65	03:53,87	00:57,17	02:06,51	00:44,64	01:44,73	04:04,00	01:47,44	03:40,29
642	00:54,94	02:02,66	04:59,87	01:07,60	02:24,49	01:09,52	02:21,87	01:09,47	00:43,41	01:29,62	03:36,77	00:53,50	01:53,67	03:53,90	00:57,18	02:06,53	00:44,65	01:44,75	04:04,03	01:47,47	03:40,32
641	00:54,95	02:02,69	04:59,92	01:07,62	02:24,52	01:09,54	02:21,90	01:09,48	00:43,43	01:29,63	03:36,80	00:53,51	01:53,69	03:53,94	00:57,20	02:06,56	00:44,66	01:44,77	04:04,07	01:47,49	03:40,36
640	00:54,97	02:02,71	04:59,97	01:07,63	02:24,55	01:09,56	02:21,93	01:09,50	00:43,44	01:29,65	03:36,84	00:53,53	01:53,72	03:53,98	00:57,21	02:06,59	00:44,67	01:44,79	04:04,11	01:47,51	03:40,39
639	00:54,98	02:02,74	05:00,01	01:07,65	02:24,58	01:09,57	02:21,96	01:09,52	00:43,45	01:29,67	03:36,87	00:53,54	01:53,74	03:54,01	00:57,22	02:06,61	00:44,68	01:44,82	04:04,15	01:47,53	03:40,43
638	00:54,99	02:02,76	05:00,06	01:07,67	02:24,61	01:09,59	02:21,99	01:09,54	00:43,46	01:29,69	03:36,90	00:53,55	01:53,76	03:54,05	00:57,24	02:06,64	00:44,69	01:44,84	04:04,19	01:47,55	03:40,46
637	00:55,01	02:02,79	05:00,11	01:07,68	02:24,64	01:09,61	02:22,02	01:09,55	00:43,47	01:29,71	03:36,94	00:53,57	01:53,79	03:54,09	00:57,25	02:06,67	00:44,70	01:44,86	04:04,23	01:47,58	03:40,50
636	00:55,02	02:02,82	05:00,16	01:07,70	02:24,67	01:09,63	02:22,05	01:09,57	00:43,48	01:29,73	03:36,97	00:53,58	01:53,81	03:54,12	00:57,27	02:06,69	00:44,72	01:44,88	04:04,26	01:47,60	03:40,53
635	00:55,03	02:02,84	05:00,20	01:07,72	02:24,70	01:09,64	02:22,08	01:09,59	00:43,49	01:29,75	03:37,01	00:53,59	01:53,83	03:54,16	00:57,28	02:06,72	00:44,73	01:44,90	04:04,30	01:47,62	03:40,57
634	00:55,05	02:02,87	05:00,25	01:07,74	02:24,73	01:09,66	02:22,11	01:09,61	00:43,50	01:29,77	03:37,04	00:53,61	01:53,86	03:54,20	00:57,30	02:06,74	00:44,74	01:44,92	04:04,34	01:47,64	03:40,60
633	00:55,06	02:02,89	05:00,30	01:07,75	02:24,76	01:09,68	02:22,14	01:09,62	00:43,51	01:29,78	03:37,08	00:53,62	01:53,88	03:54,24	00:57,31	02:06,77	00:44,75	01:44,95	04:04,38	01:47,67	03:40,64
632	00:55,08	02:02,92	05:00,35	01:07,77	02:24,79	01:09,70	02:22,17	01:09,64	00:43,52	01:29,80	03:37,11	00:53,63	01:53,91	03:54,27	00:57,32	02:06,80	00:44,76	01:44,97	04:04,42	01:47,69	03:40,67
631	00:55,09	02:02,94	05:00,39	01:07,79	02:24,82	01:09,71	02:22,19	01:09,66	00:43,53	01:29,82	03:37,14	00:53,65	01:53,93	03:54,31	00:57,34	02:06,82	00:44,77	01:44,99	04:04,46	01:47,71	03:40,71
630	00:55,10	02:02,97	05:00,44	01:07,80	02:24,85	01:09,73	02:22,22	01:09,68	00:43,55	01:29,84	03:37,18	00:53,66	01:53,95	03:54,35	00:57,35	02:06,85	00:44,78	01:45,01	04:04,50	01:47,73	03:40,74
629	00:55,12	02:03,00	05:00,49	01:07,82	02:24,88	01:09,75	02:22,25	01:09,69	00:43,56	01:29,86	03:37,21	00:53,68	01:53,98	03:54,38	00:57,37	02:06,88	00:44,79	01:45,03	04:04,54	01:47,76	03:40,78
628	00:55,13	02:03,02	05:00,54	01:07,84	02:24,91	01:09,77	02:22,28	01:09,71	00:43,57	01:29,88	03:37,25	00:53,69	01:54,00	03:54,42	00:57,38	02:06,90	00:44,81	01:45,06	04:04,57	01:47,78	03:40,81
627	00:55,15	02:03,05	05:00,59	01:07,86	02:24,94	01:09,78	02:22,31	01:09,73	00:43,58	01:29,90	03:37,28	00:53,70	01:54,03	03:54,46	00:57,40	02:06,93	00:44,82	01:45,08	04:04,61	01:47,80	03:40,85
626	00:55,16	02:03,07	05:00,63	01:07,87	02:24,97	01:09,80	02:22,35	01:09,75	00:43,59	01:29,92	03:37,32	00:53,72	01:54,05	03:54,50	00:57,41	02:06,96	00:44,83	01:45,10	04:04,65	01:47,83	03:40,88
625	00:55,17	02:03,10	05:00,68	01:07,89	02:25,00	01:09,82	02:22,38	01:09,76	00:43,60	01:29,94	03:37,35	00:53,73	01:54,07	03:54,53	00:57,43	02:06,99	00:44,84	01:45,12	04:04,69	01:47,85	03:40,92
624	00:55,19	02:03,13	05:00,73	01:07,91	02:25,03	01:09,84	02:22,41	01:09,78	00:43,61	01:29,95	03:37,39	00:53,74	01:54,10	03:54,57	00:57,44	02:07,01	00:44,85	01:45,15	04:04,73	01:47,87	03:40,95
623	00:55,20	02:03,15	05:00,78	01:07,92	02:25,07	01:09,85	02:22,44	01:09,80	00:43,62	01:29,97	03:37,42	00:53,76	01:54,12	03:54,61	00:57,46	02:07,04	00:44,86	01:45,17	04:04,77	01:47,89	03:40,99
622	00:55,22	02:03,18	05:00,83	01:07,94	02:25,10	01:09,87	02:22,47	01:09,82	00:43,63	01:29,99	03:37,46	00:53,77	01:54,15	03:54,65	00:57,47	02:07,07	00:44,87	01:45,19	04:04,81	01:47,92	03:41,02
621	00:55,23	02:03,21	05:00,88	01:07,96	02:25,13	01:09,89	02:22,50	01:09,84	00:43,64	01:30,01	03:37,49	00:53,78	01:54,17	03:54,69	00:57,48	02:07,09	00:44,89	01:45,21	04:04,85	01:47,94	03:41,06
620	00:55,24	02:03,23	05:00,92	01:07,98	02:25,16	01:09,91	02:22,53	01:09,85	00:43,66	01:30,03	03:37,53	00:53,80	01:54,20	03:54,72	00:57,50	02:07,12	00:44,90	01:45,24	04:04,89	01:47,96	03:41,10
619	00:55,26	02:03,26	05:00,97	01:07,99	02:25,19	01:09,93	02:22,56	01:09,87	00:43,67	01:30,05	03:37,56	00:53,81	01:54,22	03:54,76	00:57,51	02:07,15	00:44,91	01:45,26	04:04,93	01:47,99	03:41,13
618	00:55,27	02:03,28	05:01,02	01:08,01	02:25,22	01:09,94	02:22,59	01:09,89	00:43,68	01:30,07	03:37,60	00:53,83	01:54,25	03:54,80	00:57,53	02:07,17	00:44,92	01:45,28	04:04,97	01:48,01	03:41,17
617	00:55,29	02:03,31	05:01,07	01:08,03	02:25,25	01:09,96	02:22,62	01:09,91	00:43,69	01:30,09	03:37,63	00:53,84	01:54,27	03:54,84	00:57,54	02:07,20	00:44,93	01:45,30	04:05,01	01:48,03	03:41,20
616	00:55,30	02:03,34	05:01,12	01:08,05	02:25,28	01:09,98	02:22,65	01:09,93	00:43,70	01:30,11	03:37,67	00:53,85	01:54,29	03:54,88	00:57,56	02:07,23	00:44,94	01:45,33	04:05,05	01:48,06	03:41,24
615	00:55,32	02:03,36	05:01,17	01:08,06	02:25,31	01:10,00	02:22,68	01:09,94	00:43,71	01:30,13	03:37,70	00:53,87	01:54,32	03:54,91	00:57,57	02:07,26	00:44,95	01:45,35	04:05,09	01:48,08	03:41,27
614	00:55,33	02:03,39	05:01,22	01:08,08	02:25,35	01:10,02	02:22,71	01:09,96	00:43,72	01:30,15	03:37,74	00:53,88	01:54,34	03:54,95	00:57,59	02:07,28	00:44,97	01:45,37	04:05,13	01:48,10	03:41,31
613	00:55,34	02:03,42	05:01,27	01:08,10	02:25,38	01:10,03	02:22,74	01:09,98	00:43,73	01:30,17	03:37,78	00:53,90	01:54,37	03:54,99	00:57,60	02:07,31	00:44,98	01:45,39	04:05,17	01:48,13	03:41,35
612	00:55,36	02:03,44	05:01,32	01:08,12	02:25,41	01:10,05	02:22,77	01:10,00	00:43,75	01:30,19	03:37,81	00:53,91	01:54,39	03:55,03	00:57,62	02:07,34	00:44,99	01:45,42	04:05,21	01:48,15	03:41,38
611	00:55,37	02:03,47	05:01,37	01:08,13	02:25,44	01:10,07	02:22,80	01:10,02	00:43,76	01:30,21	03:37,85	00:53,92	01:54,42	03:55,07	00:57,63	02:07,37	00:45,00	01:45,44	04:05,25	01:48,17	03:41,42
610	00:55,39	02:03,50	05:01,42	01:08,15	02:25,47	01:10,09	02:22,83	01:10,03	00:43,77	01:30,23	03:37,88	00:53,94	01:54,44	03:55,11	00:57,65	02:07,39	00:45,01	01:45,46	04:05,29	01:48,20	03:41,46
609	00:55,40	02:03,52	05:01,46	01:08,17	02:25,50	01:10,11	02:22,87	01:10,05	00:43,78	01:30,25	03:37,92	00:53,95	01:54,47	03:55,15	00:57,66	02:07,42	00:45,02	01:45,49	04:05,33	01:48,22	03:41,49
608	00:55,42	02:03,55	05:01,51	01:08,19	02:25,54	01:10,13	02:22,90	01:10,07	00:43,79	01:30,27	03:37,96	00:53,97	01:54,49	03:55,18	00:57,68	02:07,45	00:45,04	01:45,51	04:05,37	01:48,24	03:41,53
607	00:55,43	02:03,58	05:01,56	01:08,21	02:25,57	01:10,14	02:22,93	01:10,09	00:43,80	01:30,29	03:37,99	00:53,98	01:54,52	03:55,22	00:57,69	02:07,48	00:45,05	01:45,53	04:05,41	01:48,27	03:41,57
606	00:55,45	02:03,61	05:01,61	01:08,22	02:25,60	01:10,16	02:22,96	01:10,11	00:43,81	01:30,30	03:38,03	00:53,99	01:54,54	03:55,26	00:57,71	02:07,51	00:45,06	01:45,56	04:05,45	01:48,29	03:41,60
605	00:55,46	02:03,63	05:01,66	01:08,24	02:25,63	01:10,18	02:22,99	01:10,13	00:43,83	01:30,32	03:38,06	00:54,01	01:54,57	03:55,30	00:57,72	02:07,53	00:45,07	01:45,58	04:05,49	01:48,31	03:41,64
604	00:55,47	02:03,66	05:01,71	01:08,26	02:25,66	01:10,20	02:23,02	01:10,14	00:43,84	01:30,34	03:38,10	00:54,02	01:54,59	03:55,34	00:57,74	02:07,56	00:45,08	01:45,60	04:05,53	01:48,34	03:41,68
603	00:55,49	02:03,69	05:01,76	01:08,28	02:25,70	01:10,22	02:23,05	01:10,16	00:43,85	01:30,36	03:38,14	00:54,04	01:54,62	03:55,38	00:57,75	02:07,59	00:45,10	01:45,62	04:05,57	01:48,36	03:41,71
602	00:55,50	02:03,71	05:01,81	01:08,30	02:25,73	01:10,24	02:23,09	01:10,18	00:43,86	01:30,38	03:38,17	00:54,05	01:54,64	03:55,42	00:57,77	02:07,62	00:45,11	01:45,65	04:05,61	01:48,39	03:41,75
601	00:55,52	02:03,74	05:01,87	01:08,31	02:25,76	01:10,25	02:23,12	01:10,20	00:43,87	01:30,40	03:38,21	00:54,07	01:54,67	03:55,46	00:57,78	02:07,65	00:45,12	01:45,67	04:05,66	01:48,41	03:41,79
600	00:55,53	02:03,77	05:01,92	01:08,33	02:25,79	01:10,27	02:23,15	01:10,22	00:43,88	01:30,42	03:38,24	00:54,08	01:54,69	03:55,50	00:57,80	02:07,67	00:45,13	01:45,69	04:05,70	01:48,43	03:41,82
599	00:55,55	02:03,80	05:01,97	01:08,35	02:25,82	01:10,29	02:23,18	01:10,24	00:43,90	01:30,44	03:38,28	00:54,09	01:54,72	03:55,54	00:57,82	02:07,70	00:45,14	01:45,72	04:05,74	01:48,46	03:41,86
598	00:55,56	02:03,82	05:02,02	01:08,37	02:25,86	01:10,31	02:23,21	01:10,26	00:43,91	01:30,46	03:38,32	00:54,11	01:54,74	03:55,58	00:57,83	02:07,73	00:45,16	01:45,74	04:05,78	01:48,48	03:41,90
597	00:55,58	02:03,85	05:02,07	01:08,39	02:25,89	01:10,33	02:23,24	01:10,28	00:43,92	01:30,48	03:38,35	00:54,12	01:54,77	03:55,62	00:57,85	02:07,76	00:45,17	01:45,76	04:05,82	01:48,51	03:41,94
596	00:55,59	02:03,88	05:02,12	01:08,40	02:25,92	01:10,35	02:23,28	01:10,29	00:43,93	01:30,50	03:38,39	00:54,14	01:54,80	03:55,66	00:57,86	02:07,79	00:45,18	01:45,79	04:05,86	01:48,53	03:41,97
595	00:55,61	02:03,91	05:02,17	01:08,42	02:25,95	01:10,37	02:23,31	01:10,31	00:43,94	01:30,52	03:38,43	00:54,15	01:54,82	03:55,69	00:57,88	02:07,82	00:45,19	01:45,81	04:05,90	01:48,55	03:42,01
594	00:55,62	02:03,93	05:02,22	01:08,44	02:25,99	01:10,39	02:23,34	01:10,33	00:43,95	01:30,54	03:38,47	00:54,17	01:54,85	03:55,73	00:57,89	02:07,84	00:45,20	01:45,84	04:05,94	01:48,58	03:42,05
593	00:55,64	02:03,96	05:02,27	01:08,46	02:26,02	01:10,40	02:23,37	01:10,35	00:43,97	01:30,56	03:38,50	00:54,18	01:54,87	03:55,77	00:57,91	02:07,87	00:45,22	01:45,86	04:05,99	01:48,60	03:42,09
592	00:55,65	02:03,99	05:02,32	01:08,48	02:26,05	01:10,42	02:23,40	01:10,37	00:43,98	01:30,59	03:38,54	00:54,20	01:54,90	03:55,81	00:57,92	02:07,90	00:45,23	01:45,88	04:06,03	01:48,63	03:42,12
591	00:55,67	02:04,02	05:02,37	01:08,50	02:26,08	01:10,44	02:23,44	01:10,39	00:43,99	01:30,61	03:38,58	00:54,21	01:54,92	03:55,85	00:57,94	02:07,93	00:45,24	01:45,91	04:06,07	01:48,65	03:42,16
590	00:55,68	02:04,04	05:02,43	01:08,51	02:26,12	01:10,46	02:23,47	01:10,41	00:44,00	01:30,63	03:38,61	00:54,22	01:54,95	03:55,89	00:57,95	02:07,96	00:45,25	01:45,93	04:06,11	01:48,68	03:42,20
589	00:55,70	02:04,07	05:02,48	01:08,53	02:26,15	01:10,48	02:23,50	01:10,43	00:44,01	01:30,65	03:38,65	00:54,24	01:54,98	03:55,93	00:57,97	02:07,99	00:45,26	01:45,95	04:06,15	01:48,70	03:42,24
588	00:55,71	02:04,10	05:02,53	01:08,55	02:26,18	01:10,50	02:23,53	01:10,45	00:44,03	01:30,67	03:38,69	00:54,25	01:55,00	03:55,97	00:57,99	02:08,02	00:45,28	01:45,98	04:06,20	01:48,72	03:42,27
587	00:55,73	02:04,13	05:02,58	01:08,57	02:26,22	01:10,52	02:23,56	01:10,46	00:44,04	01:30,69	03:38,73	00:54,27	01:55,03	03:56,02	00:58,00	02:08,05	00:45,29	01:46,00	04:06,24	01:48,75	03:42,31
586	00:55,74	02:04,16	05:02,63	01:08,59	02:26,25	01:10,54	02:23,60	01:10,48	00:44,05	01:30,71	03:38,76	00:54,28	01:55,05	03:56,06	00:58,02	02:08,08	00:45,30	01:46,03	04:06,28	01:48,77	03:42,35

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
585	00:55,76	02:04,19	05:02,68	01:08,61	02:26,28	01:10,56	02:23,63	01:10,50	00:44,06	01:30,73	03:38,80	00:54,30	01:55,08	03:56,10	00:58,03	02:08,10	00:45,31	01:46,05	04:06,32	01:48,80	03:42,39
584	00:55,77	02:04,21	05:02,74	01:08,63	02:26,32	01:10,58	02:23,66	01:10,52	00:44,07	01:30,75	03:38,84	00:54,31	01:55,11	03:56,14	00:58,05	02:08,13	00:45,33	01:46,07	04:06,36	01:48,82	03:42,43
583	00:55,79	02:04,24	05:02,79	01:08,64	02:26,35	01:10,60	02:23,70	01:10,54	00:44,09	01:30,77	03:38,88	00:54,33	01:55,13	03:56,18	00:58,06	02:08,16	00:45,34	01:46,10	04:06,41	01:48,85	03:42,46
582	00:55,80	02:04,27	05:02,84	01:08,66	02:26,38	01:10,61	02:23,73	01:10,56	00:44,10	01:30,79	03:38,91	00:54,34	01:55,16	03:56,22	00:58,08	02:08,19	00:45,35	01:46,12	04:06,45	01:48,87	03:42,50
581	00:55,82	02:04,30	05:02,89	01:08,68	02:26,42	01:10,63	02:23,76	01:10,58	00:44,11	01:30,81	03:38,95	00:54,36	01:55,18	03:56,26	00:58,10	02:08,22	00:45,36	01:46,15	04:06,49	01:48,90	03:42,54
580	00:55,83	02:04,33	05:02,94	01:08,70	02:26,45	01:10,65	02:23,79	01:10,60	00:44,12	01:30,83	03:38,99	00:54,37	01:55,21	03:56,30	00:58,11	02:08,25	00:45,38	01:46,17	04:06,53	01:48,92	03:42,58
579	00:55,85	02:04,35	05:03,00	01:08,72	02:26,48	01:10,67	02:23,83	01:10,62	00:44,13	01:30,85	03:39,03	00:54,39	01:55,24	03:56,34	00:58,13	02:08,28	00:45,39	01:46,20	04:06,58	01:48,95	03:42,62
578	00:55,86	02:04,38	05:03,05	01:08,74	02:26,52	01:10,69	02:23,86	01:10,64	00:44,15	01:30,87	03:39,06	00:54,40	01:55,26	03:56,38	00:58,14	02:08,31	00:45,40	01:46,22	04:06,62	01:48,97	03:42,66
577	00:55,88	02:04,41	05:03,10	01:08,76	02:26,55	01:10,71	02:23,89	01:10,66	00:44,16	01:30,89	03:39,10	00:54,42	01:55,29	03:56,42	00:58,16	02:08,34	00:45,41	01:46,24	04:06,66	01:49,00	03:42,70
576	00:55,89	02:04,44	05:03,15	01:08,78	02:26,58	01:10,73	02:23,93	01:10,68	00:44,17	01:30,92	03:39,14	00:54,43	01:55,32	03:56,46	00:58,18	02:08,37	00:45,43	01:46,27	04:06,71	01:49,02	03:42,73
575	00:55,91	02:04,47	05:03,21	01:08,80	02:26,62	01:10,75	02:23,96	01:10,70	00:44,18	01:30,94	03:39,18	00:54,45	01:55,34	03:56,50	00:58,19	02:08,40	00:45,44	01:46,29	04:06,75	01:49,05	03:42,77
574	00:55,93	02:04,50	05:03,26	01:08,82	02:26,65	01:10,77	02:23,99	01:10,72	00:44,19	01:30,96	03:39,22	00:54,46	01:55,37	03:56,55	00:58,21	02:08,43	00:45,45	01:46,32	04:06,79	01:49,07	03:42,81
573	00:55,94	02:04,53	05:03,31	01:08,83	02:26,68	01:10,79	02:24,03	01:10,74	00:44,21	01:30,98	03:39,26	00:54,48	01:55,40	03:56,59	00:58,22	02:08,46	00:45,46	01:46,34	04:06,83	01:49,10	03:42,85
572	00:55,96	02:04,56	05:03,37	01:08,85	02:26,72	01:10,81	02:24,06	01:10,75	00:44,22	01:31,00	03:39,29	00:54,49	01:55,42	03:56,63	00:58,24	02:08,49	00:45,48	01:46,37	04:06,88	01:49,12	03:42,89
571	00:55,97	02:04,58	05:03,42	01:08,87	02:26,75	01:10,83	02:24,09	01:10,77	00:44,23	01:31,02	03:39,33	00:54,51	01:55,45	03:56,67	00:58,26	02:08,52	00:45,49	01:46,39	04:06,92	01:49,15	03:42,93
570	00:55,99	02:04,61	05:03,47	01:08,89	02:26,79	01:10,85	02:24,13	01:10,79	00:44,24	01:31,04	03:39,37	00:54,52	01:55,48	03:56,71	00:58,27	02:08,55	00:45,50	01:46,42	04:06,96	01:49,17	03:42,97
569	00:56,00	02:04,64	05:03,53	01:08,91	02:26,82	01:10,87	02:24,16	01:10,81	00:44,26	01:31,06	03:39,41	00:54,54	01:55,50	03:56,75	00:58,29	02:08,58	00:45,51	01:46,44	04:07,01	01:49,20	03:43,01
568	00:56,02	02:04,67	05:03,58	01:08,93	02:26,86	01:10,89	02:24,19	01:10,83	00:44,27	01:31,08	03:39,45	00:54,55	01:55,53	03:56,80	00:58,31	02:08,61	00:45,53	01:46,47	04:07,05	01:49,23	03:43,05
567	00:56,04	02:04,70	05:03,63	01:08,95	02:26,89	01:10,91	02:24,23	01:10,85	00:44,28	01:31,11	03:39,49	00:54,57	01:55,56	03:56,84	00:58,32	02:08,64	00:45,54	01:46,49	04:07,10	01:49,25	03:43,09
566	00:56,05	02:04,73	05:03,69	01:08,97	02:26,92	01:10,93	02:24,26	01:10,87	00:44,29	01:31,13	03:39,53	00:54,58	01:55,59	03:56,88	00:58,34	02:08,67	00:45,55	01:46,52	04:07,14	01:49,28	03:43,13
565	00:56,07	02:04,76	05:03,74	01:08,99	02:26,96	01:10,95	02:24,29	01:10,89	00:44,31	01:31,15	03:39,57	00:54,60	01:55,61	03:56,92	00:58,36	02:08,70	00:45,57	01:46,54	04:07,18	01:49,30	03:43,17
564	00:56,08	02:04,79	05:03,80	01:09,01	02:26,99	01:10,97	02:24,33	01:10,91	00:44,32	01:31,17	03:39,60	00:54,61	01:55,64	03:56,96	00:58,37	02:08,73	00:45,58	01:46,57	04:07,23	01:49,33	03:43,21
563	00:56,10	02:04,82	05:03,85	01:09,03	02:27,03	01:10,99	02:24,36	01:10,93	00:44,33	01:31,19	03:39,64	00:54,63	01:55,67	03:57,01	00:58,39	02:08,76	00:45,59	01:46,59	04:07,27	01:49,35	03:43,25
562	00:56,11	02:04,85	05:03,90	01:09,05	02:27,06	01:11,01	02:24,40	01:10,95	00:44,34	01:31,21	03:39,68	00:54,65	01:55,69	03:57,05	00:58,40	02:08,79	00:45,60	01:46,62	04:07,31	01:49,38	03:43,28
561	00:56,13	02:04,88	05:03,96	01:09,07	02:27,10	01:11,03	02:24,43	01:10,97	00:44,36	01:31,23	03:39,72	00:54,66	01:55,72	03:57,09	00:58,42	02:08,82	00:45,62	01:46,64	04:07,36	01:49,41	03:43,32
560	00:56,15	02:04,91	05:04,01	01:09,09	02:27,13	01:11,05	02:24,46	01:10,99	00:44,37	01:31,26	03:39,76	00:54,68	01:55,75	03:57,13	00:58,44	02:08,85	00:45,63	01:46,67	04:07,40	01:49,43	03:43,36
559	00:56,16	02:04,94	05:04,07	01:09,11	02:27,17	01:11,07	02:24,50	01:11,01	00:44,38	01:31,28	03:39,80	00:54,69	01:55,78	03:57,18	00:58,45	02:08,88	00:45,64	01:46,69	04:07,45	01:49,46	03:43,40
558	00:56,18	02:04,97	05:04,12	01:09,13	02:27,20	01:11,09	02:24,53	01:11,03	00:44,39	01:31,30	03:39,84	00:54,71	01:55,80	03:57,22	00:58,47	02:08,91	00:45,66	01:46,72	04:07,49	01:49,48	03:43,44
557	00:56,19	02:05,00	05:04,18	01:09,14	02:27,24	01:11,11	02:24,57	01:11,05	00:44,41	01:31,32	03:39,88	00:54,72	01:55,83	03:57,26	00:58,49	02:08,94	00:45,67	01:46,74	04:07,54	01:49,51	03:43,49
556	00:56,21	02:05,03	05:04,23	01:09,16	02:27,27	01:11,13	02:24,60	01:11,07	00:44,42	01:31,34	03:39,92	00:54,74	01:55,86	03:57,30	00:58,50	02:08,97	00:45,68	01:46,77	04:07,58	01:49,54	03:43,53
555	00:56,23	02:05,06	05:04,29	01:09,18	02:27,31	01:11,15	02:24,64	01:11,10	00:44,43	01:31,36	03:39,96	00:54,75	01:55,89	03:57,35	00:58,52	02:09,00	00:45,69	01:46,79	04:07,63	01:49,56	03:43,57
554	00:56,24	02:05,09	05:04,34	01:09,20	02:27,34	01:11,17	02:24,67	01:11,12	00:44,44	01:31,39	03:40,00	00:54,77	01:55,91	03:57,39	00:58,54	02:09,03	00:45,71	01:46,82	04:07,67	01:49,59	03:43,61
553	00:56,26	02:05,12	05:04,40	01:09,22	02:27,38	01:11,19	02:24,71	01:11,14	00:44,46	01:31,41	03:40,04	00:54,79	01:55,94	03:57,43	00:58,55	02:09,06	00:45,72	01:46,84	04:07,72	01:49,61	03:43,65
552	00:56,27	02:05,15	05:04,45	01:09,24	02:27,41	01:11,21	02:24,74	01:11,16	00:44,47	01:31,43	03:40,08	00:54,80	01:55,97	03:57,48	00:58,57	02:09,09	00:45,73	01:46,87	04:07,76	01:49,64	03:43,69
551	00:56,29	02:05,18	05:04,51	01:09,26	02:27,45	01:11,23	02:24,78	01:11,18	00:44,48	01:31,45	03:40,12	00:54,82	01:56,00	03:57,52	00:58,59	02:09,13	00:45,75	01:46,90	04:07,81	01:49,67	03:43,73
550	00:56,31	02:05,21	05:04,56	01:09,28	02:27,48	01:11,25	02:24,81	01:11,20	00:44,50	01:31,47	03:40,16	00:54,83	01:56,03	03:57,56	00:58,61	02:09,16	00:45,76	01:46,92	04:07,85	01:49,69	03:43,77
549	00:56,32	02:05,24	05:04,62	01:09,30	02:27,52	01:11,27	02:24,85	01:11,22	00:44,51	01:31,50	03:40,20	00:54,85	01:56,05	03:57,61	00:58,62	02:09,19	00:45,77	01:46,95	04:07,90	01:49,72	03:43,81
548	00:56,34	02:05,27	05:04,67	01:09,32	02:27,56	01:11,29	02:24,88	01:11,24	00:44,52	01:31,52	03:40,24	00:54,87	01:56,08	03:57,65	00:58,64	02:09,22	00:45,79	01:46,97	04:07,94	01:49,75	03:43,85
547	00:56,36	02:05,30	05:04,73	01:09,34	02:27,59	01:11,31	02:24,92	01:11,26	00:44,53	01:31,54	03:40,28	00:54,88	01:56,11	03:57,69	00:58,66	02:09,25	00:45,80	01:47,00	04:07,99	01:49,77	03:43,89
546	00:56,37	02:05,33	05:04,79	01:09,36	02:27,63	01:11,34	02:24,95	01:11,28	00:44,55	01:31,56	03:40,32	00:54,90	01:56,14	03:57,74	00:58,67	02:09,28	00:45,81	01:47,03	04:08,03	01:49,80	03:43,93
545	00:56,39	02:05,36	05:04,84	01:09,38	02:27,66	01:11,36	02:24,99	01:11,30	00:44,56	01:31,58	03:40,36	00:54,91	01:56,17	03:57,78	00:58,69	02:09,31	00:45,83	01:47,05	04:08,08	01:49,83	03:43,97
544	00:56,41	02:05,39	05:04,90	01:09,41	02:27,70	01:11,38	02:25,02	01:11,32	00:44,57	01:31,61	03:40,40	00:54,93	01:56,19	03:57,82	00:58,71	02:09,34	00:45,84	01:47,08	04:08,12	01:49,85	03:44,02
543	00:56,42	02:05,42	05:04,95	01:09,43	02:27,73	01:11,40	02:25,06	01:11,34	00:44,59	01:31,63	03:40,44	00:54,95	01:56,22	03:57,87	00:58,73	02:09,38	00:45,85	01:47,10	04:08,17	01:49,88	03:44,06
542	00:56,44	02:05,45	05:05,01	01:09,45	02:27,77	01:11,42	02:25,09	01:11,36	00:44,60	01:31,65	03:40,48	00:54,96	01:56,25	03:57,91	00:58,74	02:09,41	00:45,87	01:47,13	04:08,22	01:49,91	03:44,10
541	00:56,45	02:05,48	05:05,07	01:09,47	02:27,81	01:11,44	02:25,13	01:11,38	00:44,61	01:31,67	03:40,52	00:54,98	01:56,28	03:57,96	00:58,76	02:09,44	00:45,88	01:47,16	04:08,26	01:49,93	03:44,14
540	00:56,47	02:05,51	05:05,12	01:09,49	02:27,84	01:11,46	02:25,16	01:11,41	00:44,63	01:31,70	03:40,56	00:54,99	01:56,31	03:58,00	00:58,78	02:09,47	00:45,89	01:47,18	04:08,31	01:49,96	03:44,18
539	00:56,49	02:05,54	05:05,18	01:09,51	02:27,88	01:11,48	02:25,20	01:11,43	00:44,64	01:31,72	03:40,61	00:55,01	01:56,34	03:58,04	00:58,79	02:09,50	00:45,91	01:47,21	04:08,35	01:49,99	03:44,22
538	00:56,50	02:05,57	05:05,24	01:09,53	02:27,92	01:11,50	02:25,23	01:11,45	00:44,65	01:31,74	03:40,65	00:55,03	01:56,37	03:58,09	00:58,81	02:09,54	00:45,92	01:47,23	04:08,40	01:50,01	03:44,26
537	00:56,52	02:05,60	05:05,30	01:09,55	02:27,95	01:11,52	02:25,27	01:11,47	00:44,67	01:31,76	03:40,69	00:55,04	01:56,39	03:58,13	00:58,83	02:09,57	00:45,93	01:47,26	04:08,45	01:50,04	03:44,31
536	00:56,54	02:05,63	05:05,35	01:09,57	02:27,99	01:11,55	02:25,31	01:11,49	00:44,68	01:31,79	03:40,73	00:55,06	01:56,42	03:58,18	00:58,85	02:09,60	00:45,95	01:47,29	04:08,49	01:50,07	03:44,35
535	00:56,56	02:05,67	05:05,41	01:09,59	02:28,03	01:11,57	02:25,34	01:11,51	00:44,69	01:31,81	03:40,77	00:55,08	01:56,45	03:58,22	00:58,86	02:09,63	00:45,96	01:47,31	04:08,54	01:50,10	03:44,39
534	00:56,57	02:05,70	05:05,47	01:09,61	02:28,06	01:11,59	02:25,38	01:11,53	00:44,71	01:31,83	03:40,81	00:55,09	01:56,48	03:58,27	00:58,88	02:09,66	00:45,98	01:47,34	04:08,59	01:50,12	03:44,43
533	00:56,59	02:05,73	05:05,52	01:09,63	02:28,10	01:11,61	02:25,41	01:11,55	00:44,72	01:31,86	03:40,85	00:55,11	01:56,51	03:58,31	00:58,90	02:09,70	00:45,99	01:47,37	04:08,63	01:50,15	03:44,48
532	00:56,61	02:05,76	05:05,58	01:09,65	02:28,14	01:11,63	02:25,45	01:11,58	00:44,73	01:31,88	03:40,90	00:55,12	01:56,54	03:58,36	00:58,92	02:09,73	00:46,00	01:47,39	04:08,68	01:50,18	03:44,52
531	00:56,62	02:05,79	05:05,64	01:09,67	02:28,17	01:11,65	02:25,49	01:11,60	00:44,75	01:31,90	03:40,94	00:55,14	01:56,57	03:58,40	00:58,93	02:09,76	00:46,02	01:47,42	04:08,73	01:50,21	03:44,56
530	00:56,64	02:05,82	05:05,70	01:09,69	02:28,21	01:11,67	02:25,52	01:11,62	00:44,76	01:31,92	03:40,98	00:55,16	01:56,60	03:58,45	00:58,95	02:09,79	00:46,03	01:47,45	04:08,77	01:50,23	03:44,60
529	00:56,66	02:05,85	05:05,76	01:09,71	02:28,25	01:11,70	02:25,56	01:11,64	00:44,77	01:31,95	03:41,02	00:55,17	01:56,63	03:58,49	00:58,97	02:09,83	00:46,04	01:47,48	04:08,82	01:50,26	03:44,64
528	00:56,67	02:05,89	05:05,81	01:09,74	02:28,28	01:11,72	02:25,60	01:11,66	00:44,79	01:31,97	03:41,06	00:55,19	01:56,66	03:58,54	00:58,99	02:09,86	00:46,06	01:47,50	04:08,87	01:50,29	03:44,69
527	00:56,69	02:05,92	05:05,87	01:09,76	02:28,32	01:11,74	02:25,63	01:11,68	00:44,80	01:31,99	03:41,10	00:55,21	01:56,68	03:58,58	00:59,01	02:09,89	00:46,07	01:47,53	04:08,92	01:50,32	03:44,73
526	00:56,71	02:05,95	05:05,93	01:09,78	02:28,36	01:11,76	02:25,67	01:11,70	00:44,81	01:32,02	03:41,15	00:55,22	01:56,71	03:58,63	00:59,02	02:09,92	00:46,09	01:47,56	04:08,96	01:50,34	03:44,77
525	00:56,73	02:05,98	05:05,99	01:09,80	02:28,40	01:11,78	02:25,71	01:11,73	00:44,83	01:32,04	03:41,19	00:55,24	01:56,74	03:58,67	00:59,04	02:09,96	00:46,10	01:47,58	04:09,01	01:50,37	03:44,82

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
524	00:56,74	02:06,01	05:06,05	01:09,82	02:28,43	01:11,80	02:25,74	01:11,75	00:44,84	01:32,06	03:41,23	00:55,26	01:56,77	03:58,72	00:59,06	02:09,99	00:46,11	01:47,61	04:09,06	01:50,40	03:44,86
523	00:56,76	02:06,04	05:06,11	01:09,84	02:28,47	01:11,83	02:25,78	01:11,77	00:44,85	01:32,09	03:41,27	00:55,27	01:56,80	03:58,77	00:59,08	02:10,02	00:46,13	01:47,64	04:09,11	01:50,43	03:44,90
522	00:56,78	02:06,08	05:06,16	01:09,86	02:28,51	01:11,85	02:25,82	01:11,79	00:44,87	01:32,11	03:41,32	00:55,29	01:56,83	03:58,81	00:59,09	02:10,05	00:46,14	01:47,67	04:09,15	01:50,46	03:44,95
521	00:56,79	02:06,11	05:06,22	01:09,88	02:28,55	01:11,87	02:25,85	01:11,81	00:44,88	01:32,13	03:41,36	00:55,31	01:56,86	03:58,86	00:59,11	02:10,09	00:46,16	01:47,69	04:09,20	01:50,48	03:44,99
520	00:56,81	02:06,14	05:06,28	01:09,90	02:28,59	01:11,89	02:25,89	01:11,84	00:44,89	01:32,16	03:41,40	00:55,32	01:56,89	03:58,90	00:59,13	02:10,12	00:46,17	01:47,72	04:09,25	01:50,51	03:45,03
519	00:56,83	02:06,17	05:06,34	01:09,93	02:28,62	01:11,91	02:25,93	01:11,86	00:44,91	01:32,18	03:41,44	00:55,34	01:56,92	03:58,95	00:59,15	02:10,15	00:46,18	01:47,75	04:09,30	01:50,54	03:45,08
518	00:56,85	02:06,20	05:06,40	01:09,95	02:28,66	01:11,94	02:25,97	01:11,88	00:44,92	01:32,20	03:41,49	00:55,36	01:56,95	03:59,00	00:59,17	02:10,19	00:46,20	01:47,78	04:09,35	01:50,57	03:45,12
517	00:56,86	02:06,24	05:06,46	01:09,97	02:28,70	01:11,96	02:26,00	01:11,90	00:44,94	01:32,23	03:41,53	00:55,38	01:56,98	03:59,04	00:59,19	02:10,22	00:46,21	01:47,80	04:09,39	01:50,60	03:45,16
516	00:56,88	02:06,27	05:06,52	01:09,99	02:28,74	01:11,98	02:26,04	01:11,92	00:44,95	01:32,25	03:41,57	00:55,39	01:57,01	03:59,09	00:59,20	02:10,25	00:46,23	01:47,83	04:09,44	01:50,63	03:45,21
515	00:56,90	02:06,30	05:06,58	01:10,01	02:28,78	01:12,00	02:26,08	01:11,95	00:44,96	01:32,28	03:41,62	00:55,41	01:57,04	03:59,13	00:59,22	02:10,29	00:46,24	01:47,86	04:09,49	01:50,65	03:45,25
514	00:56,92	02:06,33	05:06,64	01:10,03	02:28,81	01:12,02	02:26,12	01:11,97	00:44,98	01:32,30	03:41,66	00:55,43	01:57,07	03:59,18	00:59,24	02:10,32	00:46,26	01:47,89	04:09,54	01:50,68	03:45,29
513	00:56,93	02:06,37	05:06,70	01:10,06	02:28,85	01:12,05	02:26,15	01:11,99	00:44,99	01:32,32	03:41,70	00:55,44	01:57,10	03:59,23	00:59,26	02:10,36	00:46,27	01:47,91	04:09,59	01:50,71	03:45,34
512	00:56,95	02:06,40	05:06,76	01:10,08	02:28,89	01:12,07	02:26,19	01:12,01	00:45,01	01:32,35	03:41,75	00:55,46	01:57,13	03:59,27	00:59,28	02:10,39	00:46,28	01:47,94	04:09,64	01:50,74	03:45,38
511	00:56,97	02:06,43	05:06,82	01:10,10	02:28,93	01:12,09	02:26,23	01:12,04	00:45,02	01:32,37	03:41,79	00:55,48	01:57,16	03:59,32	00:59,30	02:10,42	00:46,30	01:47,97	04:09,69	01:50,77	03:45,43
510	00:56,99	02:06,47	05:06,88	01:10,12	02:28,97	01:12,11	02:26,27	01:12,06	00:45,03	01:32,39	03:41,83	00:55,50	01:57,19	03:59,37	00:59,31	02:10,46	00:46,31	01:48,00	04:09,74	01:50,80	03:45,47
509	00:57,01	02:06,50	05:06,94	01:10,14	02:29,01	01:12,14	02:26,31	01:12,08	00:45,05	01:32,42	03:41,88	00:55,51	01:57,22	03:59,42	00:59,33	02:10,49	00:46,33	01:48,03	04:09,79	01:50,83	03:45,52
508	00:57,02	02:06,53	05:07,00	01:10,16	02:29,05	01:12,16	02:26,34	01:12,10	00:45,06	01:32,44	03:41,92	00:55,53	01:57,25	03:59,46	00:59,35	02:10,52	00:46,34	01:48,05	04:09,83	01:50,85	03:45,56
507	00:57,04	02:06,56	05:07,06	01:10,19	02:29,09	01:12,18	02:26,38	01:12,13	00:45,08	01:32,47	03:41,96	00:55,55	01:57,29	03:59,51	00:59,37	02:10,56	00:46,36	01:48,08	04:09,88	01:50,88	03:45,60
506	00:57,06	02:06,60	05:07,12	01:10,21	02:29,12	01:12,20	02:26,42	01:12,15	00:45,09	01:32,49	03:42,01	00:55,57	01:57,32	03:59,56	00:59,39	02:10,59	00:46,37	01:48,11	04:09,93	01:50,91	03:45,65
505	00:57,08	02:06,63	05:07,18	01:10,23	02:29,16	01:12,23	02:26,46	01:12,17	00:45,10	01:32,52	03:42,05	00:55,58	01:57,35	03:59,61	00:59,41	02:10,63	00:46,39	01:48,14	04:09,98	01:50,94	03:45,69
504	00:57,09	02:06,66	05:07,24	01:10,25	02:29,20	01:12,25	02:26,50	01:12,19	00:45,12	01:32,54	03:42,10	00:55,60	01:57,38	03:59,65	00:59,43	02:10,66	00:46,40	01:48,17	04:10,03	01:50,97	03:45,74
503	00:57,11	02:06,70	05:07,31	01:10,28	02:29,24	01:12,27	02:26,54	01:12,22	00:45,13	01:32,56	03:42,14	00:55,62	01:57,41	03:59,70	00:59,44	02:10,70	00:46,42	01:48,20	04:10,08	01:51,00	03:45,78
502	00:57,13	02:06,73	05:07,37	01:10,30	02:29,28	01:12,29	02:26,57	01:12,24	00:45,15	01:32,59	03:42,19	00:55,64	01:57,44	03:59,75	00:59,46	02:10,73	00:46,43	01:48,22	04:10,13	01:51,03	03:45,83
501	00:57,15	02:06,76	05:07,43	01:10,32	02:29,32	01:12,32	02:26,61	01:12,26	00:45,16	01:32,61	03:42,23	00:55,65	01:57,47	03:59,80	00:59,48	02:10,77	00:46,44	01:48,25	04:10,18	01:51,06	03:45,87
500	00:57,17	02:06,80	05:07,49	01:10,34	02:29,36	01:12,34	02:26,65	01:12,29	00:45,18	01:32,64	03:42,27	00:55,67	01:57,50	03:59,84	00:59,50	02:10,80	00:46,46	01:48,28	04:10,23	01:51,09	03:45,92
499	00:57,19	02:06,83	05:07,55	01:10,36	02:29,40	01:12,36	02:26,69	01:12,31	00:45,19	01:32,66	03:42,32	00:55,69	01:57,53	03:59,89	00:59,52	02:10,83	00:46,47	01:48,31	04:10,28	01:51,12	03:45,96
498	00:57,20	02:06,87	05:07,61	01:10,39	02:29,44	01:12,39	02:26,73	01:12,33	00:45,20	01:32,69	03:42,36	00:55,71	01:57,56	03:59,94	00:59,54	02:10,87	00:46,49	01:48,34	04:10,33	01:51,15	03:46,01
497	00:57,22	02:06,90	05:07,68	01:10,41	02:29,48	01:12,41	02:26,77	01:12,35	00:45,22	01:32,71	03:42,41	00:55,72	01:57,60	03:59,99	00:59,56	02:10,90	00:46,50	01:48,37	04:10,38	01:51,18	03:46,06
496	00:57,24	02:06,93	05:07,74	01:10,43	02:29,52	01:12,43	02:26,81	01:12,38	00:45,23	01:32,74	03:42,45	00:55,74	01:57,63	04:00,04	00:59,58	02:10,94	00:46,52	01:48,40	04:10,43	01:51,21	03:46,10
495	00:57,26	02:06,97	05:07,80	01:10,45	02:29,56	01:12,46	02:26,85	01:12,40	00:45,25	01:32,76	03:42,50	00:55,76	01:57,66	04:00,09	00:59,60	02:10,97	00:46,53	01:48,43	04:10,49	01:51,24	03:46,15
494	00:57,28	02:07,00	05:07,86	01:10,48	02:29,60	01:12,48	02:26,89	01:12,42	00:45,26	01:32,79	03:42,54	00:55,78	01:57,69	04:00,14	00:59,61	02:11,01	00:46,55	01:48,46	04:10,54	01:51,27	03:46,19
493	00:57,30	02:07,04	05:07,93	01:10,50	02:29,64	01:12,50	02:26,93	01:12,45	00:45,28	01:32,81	03:42,59	00:55,80	01:57,72	04:00,18	00:59,63	02:11,04	00:46,56	01:48,48	04:10,59	01:51,30	03:46,24
492	00:57,31	02:07,07	05:07,99	01:10,52	02:29,68	01:12,53	02:26,97	01:12,47	00:45,29	01:32,84	03:42,63	00:55,81	01:57,75	04:00,23	00:59,65	02:11,08	00:46,58	01:48,51	04:10,64	01:51,33	03:46,29
491	00:57,33	02:07,10	05:08,05	01:10,55	02:29,72	01:12,55	02:27,01	01:12,49	00:45,31	01:32,86	03:42,68	00:55,83	01:57,79	04:00,28	00:59,67	02:11,12	00:46,59	01:48,54	04:10,69	01:51,36	03:46,33
490	00:57,35	02:07,14	05:08,11	01:10,57	02:29,76	01:12,57	02:27,05	01:12,52	00:45,32	01:32,89	03:42,73	00:55,85	01:57,82	04:00,33	00:59,69	02:11,15	00:46,61	01:48,57	04:10,74	01:51,39	03:46,38
489	00:57,37	02:07,17	05:08,18	01:10,59	02:29,80	01:12,60	02:27,09	01:12,54	00:45,34	01:32,91	03:42,77	00:55,87	01:57,85	04:00,38	00:59,71	02:11,19	00:46,62	01:48,60	04:10,79	01:51,42	03:46,42
488	00:57,39	02:07,21	05:08,24	01:10,61	02:29,84	01:12,62	02:27,13	01:12,56	00:45,35	01:32,94	03:42,82	00:55,89	01:57,88	04:00,43	00:59,73	02:11,22	00:46,64	01:48,63	04:10,84	01:51,45	03:46,47
487	00:57,41	02:07,24	05:08,30	01:10,64	02:29,88	01:12,64	02:27,17	01:12,59	00:45,37	01:32,96	03:42,86	00:55,90	01:57,91	04:00,48	00:59,75	02:11,26	00:46,65	01:48,66	04:10,90	01:51,48	03:46,52
486	00:57,43	02:07,28	05:08,37	01:10,66	02:29,92	01:12,67	02:27,21	01:12,61	00:45,38	01:32,99	03:42,91	00:55,92	01:57,95	04:00,53	00:59,77	02:11,29	00:46,67	01:48,69	04:10,95	01:51,51	03:46,56
485	00:57,44	02:07,31	05:08,43	01:10,68	02:29,97	01:12,69	02:27,25	01:12,64	00:45,39	01:33,01	03:42,95	00:55,94	01:57,98	04:00,58	00:59,79	02:11,33	00:46,69	01:48,72	04:11,00	01:51,54	03:46,61
484	00:57,46	02:07,35	05:08,50	01:10,71	02:30,01	01:12,72	02:27,29	01:12,66	00:45,41	01:33,04	03:43,00	00:55,96	01:58,01	04:00,63	00:59,81	02:11,37	00:46,70	01:48,75	04:11,05	01:51,57	03:46,66
483	00:57,48	02:07,38	05:08,56	01:10,73	02:30,05	01:12,74	02:27,33	01:12,68	00:45,42	01:33,06	03:43,05	00:55,98	01:58,04	04:00,68	00:59,83	02:11,40	00:46,72	01:48,78	04:11,10	01:51,60	03:46,70
482	00:57,50	02:07,42	05:08,62	01:10,75	02:30,09	01:12,76	02:27,37	01:12,71	00:45,44	01:33,09	03:43,09	00:56,00	01:58,07	04:00,73	00:59,85	02:11,44	00:46,73	01:48,81	04:11,16	01:51,63	03:46,75
481	00:57,52	02:07,45	05:08,69	01:10,78	02:30,13	01:12,79	02:27,41	01:12,73	00:45,45	01:33,11	03:43,14	00:56,01	01:58,11	04:00,78	00:59,87	02:11,47	00:46,75	01:48,84	04:11,21	01:51,66	03:46,80
480	00:57,54	02:07,49	05:08,75	01:10,80	02:30,17	01:12,81	02:27,45	01:12,76	00:45,47	01:33,14	03:43,19	00:56,03	01:58,14	04:00,83	00:59,89	02:11,51	00:46,76	01:48,87	04:11,26	01:51,69	03:46,85
479	00:57,56	02:07,52	05:08,82	01:10,82	02:30,21	01:12,84	02:27,49	01:12,78	00:45,48	01:33,17	03:43,23	00:56,05	01:58,17	04:00,88	00:59,91	02:11,55	00:46,78	01:48,90	04:11,31	01:51,72	03:46,89
478	00:57,58	02:07,56	05:08,88	01:10,85	02:30,25	01:12,86	02:27,53	01:12,80	00:45,50	01:33,19	03:43,28	00:56,07	01:58,21	04:00,93	00:59,93	02:11,58	00:46,79	01:48,93	04:11,37	01:51,75	03:46,94
477	00:57,60	02:07,59	05:08,95	01:10,87	02:30,30	01:12,88	02:27,57	01:12,83	00:45,51	01:33,22	03:43,33	00:56,09	01:58,24	04:00,98	00:59,95	02:11,62	00:46,81	01:48,96	04:11,42	01:51,78	03:46,99
476	00:57,62	02:07,63	05:09,01	01:10,89	02:30,34	01:12,91	02:27,61	01:12,85	00:45,53	01:33,24	03:43,37	00:56,11	01:58,27	04:01,03	00:59,97	02:11,66	00:46,82	01:48,99	04:11,47	01:51,82	03:47,04
475	00:57,64	02:07,66	05:09,08	01:10,92	02:30,38	01:12,93	02:27,65	01:12,88	00:45,55	01:33,27	03:43,42	00:56,13	01:58,30	04:01,08	00:59,99	02:11,69	00:46,84	01:49,02	04:11,52	01:51,85	03:47,09
474	00:57,65	02:07,70	05:09,14	01:10,94	02:30,42	01:12,96	02:27,69	01:12,90	00:45,56	01:33,30	03:43,47	00:56,15	01:58,34	04:01,13	01:00,01	02:11,73	00:46,86	01:49,05	04:11,58	01:51,88	03:47,13
473	00:57,67	02:07,74	05:09,21	01:10,97	02:30,46	01:12,98	02:27,74	01:12,93	00:45,58	01:33,32	03:43,52	00:56,16	01:58,37	04:01,18	01:00,03	02:11,77	00:46,87	01:49,08	04:11,63	01:51,91	03:47,18
472	00:57,69	02:07,77	05:09,27	01:10,99	02:30,51	01:13,01	02:27,78	01:12,95	00:45,59	01:33,35	03:43,56	00:56,18	01:58,40	04:01,24	01:00,05	02:11,80	00:46,89	01:49,11	04:11,68	01:51,94	03:47,23
471	00:57,71	02:07,81	05:09,34	01:11,01	02:30,55	01:13,03	02:27,82	01:12,98	00:45,61	01:33,37	03:43,61	00:56,20	01:58,44	04:01,29	01:00,07	02:11,84	00:46,90	01:49,14	04:11,74	01:51,97	03:47,28
470	00:57,73	02:07,84	05:09,41	01:11,04	02:30,59	01:13,06	02:27,86	01:13,00	00:45,62	01:33,40	03:43,66	00:56,22	01:58,47	04:01,34	01:00,09	02:11,88	00:46,92	01:49,17	04:11,79	01:52,00	03:47,33
469	00:57,75	02:07,88	05:09,47	01:11,06	02:30,63	01:13,08	02:27,90	01:13,02	00:45,64	01:33,43	03:43,71	00:56,24	01:58,50	04:01,39	01:00,11	02:11,92	00:46,93	01:49,21	04:11,85	01:52,04	03:47,37
468	00:57,77	02:07,92	05:09,54	01:11,09	02:30,68	01:13,11	02:27,94	01:13,05	00:45,65	01:33,45	03:43,75	00:56,26	01:58,54	04:01,44	01:00,13	02:11,95	00:46,95	01:49,24	04:11,90	01:52,07	03:47,42
467	00:57,79	02:07,95	05:09,60	01:11,11	02:30,72	01:13,13	02:27,99	01:13,07	00:45,67	01:33,48	03:43,80	00:56,28	01:58,57	04:01,49	01:00,15	02:11,99	00:46,97	01:49,27	04:11,95	01:52,10	03:47,47
466	00:57,81	02:07,99	05:09,67	01:11,13	02:30,76	01:13,16	02:28,03	01:13,10	00:45,68	01:33,51	03:43,85	00:56,30	01:58,60	04:01,55	01:00,17	02:12,03	00:46,98	01:49,30	04:12,01	01:52,13	03:47,52
465	00:57,83	02:08,02	05:09,74	01:11,16	02:30,81	01:13,18	02:28,07	01:13,12	00:45,70	01:33,53	03:43,90	00:56,32	01:58,64	04:01,60	01:00,19	02:12,07	00:47,00	01:49,33	04:12,06	01:52,16	03:47,57
464	00:57,85	02:08,06	05:09,80	01:11,18	02:30,85	01:13,21	02:28,11	01:13,15	00:45,72	01:33,56	03:43,95	00:56,34	01:58,67	04:01,65	01:00,21	02:12,10	00:47,01	01:49,36	04:12,12	01:52,19	03:47,62

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
463	00:57,87	02:08,10	05:09,87	01:11,21	02:30,89	01:13,23	02:28,16	01:13,17	00:45,73	01:33,59	03:44,00	00:56,36	01:58,71	04:01,70	01:00,23	02:12,14	00:47,03	01:49,39	04:12,17	01:52,23	03:47,67
462	00:57,89	02:08,13	05:09,94	01:11,23	02:30,93	01:13,26	02:28,20	01:13,20	00:45,75	01:33,61	03:44,04	00:56,38	01:58,74	04:01,75	01:00,25	02:12,18	00:47,05	01:49,42	04:12,23	01:52,26	03:47,72
461	00:57,91	02:08,17	05:10,01	01:11,26	02:30,98	01:13,28	02:28,24	01:13,22	00:45,76	01:33,64	03:44,09	00:56,39	01:58,77	04:01,81	01:00,27	02:12,22	00:47,06	01:49,45	04:12,28	01:52,29	03:47,77
460	00:57,93	02:08,21	05:10,07	01:11,28	02:31,02	01:13,31	02:28,28	01:13,25	00:45,78	01:33,67	03:44,14	00:56,41	01:58,81	04:01,86	01:00,29	02:12,25	00:47,08	01:49,49	04:12,34	01:52,32	03:47,82
459	00:57,95	02:08,25	05:10,14	01:11,31	02:31,07	01:13,33	02:28,33	01:13,28	00:45,79	01:33,69	03:44,19	00:56,43	01:58,84	04:01,91	01:00,32	02:12,29	00:47,10	01:49,52	04:12,39	01:52,36	03:47,87
458	00:57,97	02:08,28	05:10,21	01:11,33	02:31,11	01:13,36	02:28,37	01:13,30	00:45,81	01:33,72	03:44,24	00:56,45	01:58,88	04:01,97	01:00,34	02:12,33	00:47,11	01:49,55	04:12,45	01:52,39	03:47,92
457	00:57,99	02:08,32	05:10,28	01:11,36	02:31,15	01:13,38	02:28,41	01:13,33	00:45,83	01:33,75	03:44,29	00:56,47	01:58,91	04:02,02	01:00,36	02:12,37	00:47,13	01:49,58	04:12,50	01:52,42	03:47,97
456	00:58,01	02:08,36	05:10,35	01:11,38	02:31,20	01:13,41	02:28,46	01:13,35	00:45,84	01:33,78	03:44,34	00:56,49	01:58,95	04:02,07	01:00,38	02:12,41	00:47,15	01:49,61	04:12,56	01:52,45	03:48,02
455	00:58,03	02:08,39	05:10,41	01:11,41	02:31,24	01:13,43	02:28,50	01:13,38	00:45,86	01:33,80	03:44,39	00:56,51	01:58,98	04:02,13	01:00,40	02:12,45	00:47,16	01:49,64	04:12,61	01:52,49	03:48,07
454	00:58,05	02:08,43	05:10,48	01:11,43	02:31,28	01:13,46	02:28,54	01:13,40	00:45,87	01:33,83	03:44,44	00:56,53	01:59,02	04:02,18	01:00,42	02:12,49	00:47,18	01:49,68	04:12,67	01:52,52	03:48,12
453	00:58,07	02:08,47	05:10,55	01:11,46	02:31,33	01:13,49	02:28,59	01:13,43	00:45,89	01:33,86	03:44,49	00:56,55	01:59,05	04:02,23	01:00,44	02:12,52	00:47,19	01:49,71	04:12,72	01:52,55	03:48,17
452	00:58,09	02:08,51	05:10,62	01:11,48	02:31,37	01:13,51	02:28,63	01:13,45	00:45,91	01:33,89	03:44,54	00:56,57	01:59,09	04:02,29	01:00,46	02:12,56	00:47,21	01:49,74	04:12,78	01:52,59	03:48,22
451	00:58,11	02:08,55	05:10,69	01:11,51	02:31,42	01:13,54	02:28,67	01:13,48	00:45,92	01:33,91	03:44,59	00:56,59	01:59,12	04:02,34	01:00,48	02:12,60	00:47,23	01:49,77	04:12,84	01:52,62	03:48,27
450	00:58,13	02:08,58	05:10,76	01:11,53	02:31,46	01:13,56	02:28,72	01:13,51	00:45,94	01:33,94	03:44,64	00:56,61	01:59,16	04:02,39	01:00,51	02:12,64	00:47,24	01:49,81	04:12,89	01:52,65	03:48,32
449	00:58,15	02:08,62	05:10,83	01:11,56	02:31,51	01:13,59	02:28,76	01:13,53	00:45,95	01:33,97	03:44,69	00:56,63	01:59,19	04:02,45	01:00,53	02:12,68	00:47,26	01:49,84	04:12,95	01:52,69	03:48,37
448	00:58,17	02:08,66	05:10,90	01:11,58	02:31,55	01:13,62	02:28,80	01:13,56	00:45,97	01:34,00	03:44,74	00:56,65	01:59,23	04:02,50	01:00,55	02:12,72	00:47,28	01:49,87	04:13,01	01:52,72	03:48,42
447	00:58,19	02:08,70	05:10,97	01:11,61	02:31,60	01:13,64	02:28,85	01:13,58	00:45,99	01:34,02	03:44,79	00:56,67	01:59,26	04:02,56	01:00,57	02:12,76	00:47,29	01:49,90	04:13,06	01:52,75	03:48,47
446	00:58,22	02:08,74	05:11,04	01:11,63	02:31,64	01:13,67	02:28,89	01:13,61	00:46,00	01:34,05	03:44,84	00:56,69	01:59,30	04:02,61	01:00,59	02:12,80	00:47,31	01:49,94	04:13,12	01:52,79	03:48,53
445	00:58,24	02:08,77	05:11,11	01:11,66	02:31,69	01:13,69	02:28,94	01:13,64	00:46,02	01:34,08	03:44,89	00:56,71	01:59,33	04:02,67	01:00,61	02:12,84	00:47,33	01:49,97	04:13,18	01:52,82	03:48,58
444	00:58,26	02:08,81	05:11,18	01:11,68	02:31,73	01:13,72	02:28,98	01:13,66	00:46,04	01:34,11	03:44,94	00:56,73	01:59,37	04:02,72	01:00,64	02:12,88	00:47,35	01:50,00	04:13,23	01:52,85	03:48,63
443	00:58,28	02:08,85	05:11,25	01:11,71	02:31,78	01:13,75	02:29,03	01:13,69	00:46,05	01:34,14	03:44,99	00:56,75	01:59,40	04:02,78	01:00,66	02:12,92	00:47,36	01:50,03	04:13,29	01:52,89	03:48,68
442	00:58,30	02:08,89	05:11,32	01:11,74	02:31,82	01:13,77	02:29,07	01:13,72	00:46,07	01:34,17	03:45,04	00:56,77	01:59,44	04:02,83	01:00,68	02:12,96	00:47,38	01:50,07	04:13,35	01:52,92	03:48,73
441	00:58,32	02:08,93	05:11,39	01:11,76	02:31,87	01:13,80	02:29,12	01:13,74	00:46,09	01:34,19	03:45,09	00:56,79	01:59,48	04:02,89	01:00,70	02:13,00	00:47,40	01:50,10	04:13,41	01:52,95	03:48,78
440	00:58,34	02:08,97	05:11,46	01:11,79	02:31,91	01:13,83	02:29,16	01:13,77	00:46,10	01:34,22	03:45,14	00:56,81	01:59,51	04:02,94	01:00,72	02:13,04	00:47,41	01:50,13	04:13,46	01:52,99	03:48,84
439	00:58,36	02:09,01	05:11,53	01:11,81	02:31,96	01:13,85	02:29,21	01:13,80	00:46,12	01:34,25	03:45,20	00:56,83	01:59,55	04:03,00	01:00,74	02:13,08	00:47,43	01:50,17	04:13,52	01:53,02	03:48,89
438	00:58,38	02:09,04	05:11,60	01:11,84	02:32,01	01:13,88	02:29,25	01:13,82	00:46,14	01:34,28	03:45,25	00:56,86	01:59,58	04:03,05	01:00,77	02:13,12	00:47,45	01:50,20	04:13,58	01:53,06	03:48,94
437	00:58,40	02:09,08	05:11,67	01:11,87	02:32,05	01:13,91	02:29,30	01:13,85	00:46,15	01:34,31	03:45,30	00:56,88	01:59,62	04:03,11	01:00,79	02:13,16	00:47,47	01:50,23	04:13,64	01:53,09	03:48,99
436	00:58,43	02:09,12	05:11,75	01:11,89	02:32,10	01:13,93	02:29,34	01:13,88	00:46,17	01:34,34	03:45,35	00:56,90	01:59,66	04:03,16	01:00,81	02:13,20	00:47,48	01:50,27	04:13,70	01:53,13	03:49,05
435	00:58,45	02:09,16	05:11,82	01:11,92	02:32,15	01:13,96	02:29,39	01:13,90	00:46,19	01:34,36	03:45,40	00:56,92	01:59,69	04:03,22	01:00,83	02:13,24	00:47,50	01:50,30	04:13,75	01:53,16	03:49,10
434	00:58,47	02:09,20	05:11,89	01:11,94	02:32,19	01:13,99	02:29,43	01:13,93	00:46,20	01:34,39	03:45,45	00:56,94	01:59,73	04:03,28	01:00,86	02:13,28	00:47,52	01:50,33	04:13,81	01:53,19	03:49,15
433	00:58,49	02:09,24	05:11,96	01:11,97	02:32,24	01:14,02	02:29,48	01:13,96	00:46,22	01:34,42	03:45,51	00:56,96	01:59,77	04:03,33	01:00,88	02:13,32	00:47,53	01:50,37	04:13,87	01:53,23	03:49,20
432	00:58,51	02:09,28	05:12,03	01:12,00	02:32,28	01:14,04	02:29,52	01:13,99	00:46,24	01:34,45	03:45,56	00:56,98	01:59,80	04:03,39	01:00,90	02:13,36	00:47,55	01:50,40	04:13,93	01:53,26	03:49,26
431	00:58,53	02:09,32	05:12,11	01:12,02	02:32,33	01:14,07	02:29,57	01:14,01	00:46,26	01:34,48	03:45,61	00:57,00	01:59,84	04:03,45	01:00,92	02:13,40	00:47,57	01:50,44	04:13,99	01:53,30	03:49,31
430	00:58,55	02:09,36	05:12,18	01:12,05	02:32,38	01:14,10	02:29,62	01:14,04	00:46,27	01:34,51	03:45,66	00:57,02	01:59,88	04:03,50	01:00,95	02:13,44	00:47,59	01:50,47	04:14,05	01:53,33	03:49,36
429	00:58,58	02:09,40	05:12,25	01:12,08	02:32,43	01:14,12	02:29,66	01:14,07	00:46,29	01:34,54	03:45,72	00:57,04	01:59,91	04:03,56	01:00,97	02:13,48	00:47,60	01:50,50	04:14,11	01:53,37	03:49,42
428	00:58,60	02:09,44	05:12,32	01:12,10	02:32,47	01:14,15	02:29,71	01:14,09	00:46,31	01:34,57	03:45,77	00:57,06	01:59,95	04:03,62	01:00,99	02:13,53	00:47,62	01:50,54	04:14,17	01:53,40	03:49,47
427	00:58,62	02:09,48	05:12,40	01:12,13	02:32,52	01:14,18	02:29,75	01:14,12	00:46,32	01:34,60	03:45,82	00:57,09	01:59,99	04:03,67	01:01,01	02:13,57	00:47,64	01:50,57	04:14,23	01:53,44	03:49,53
426	00:58,64	02:09,52	05:12,47	01:12,16	02:32,57	01:14,21	02:29,80	01:14,15	00:46,34	01:34,63	03:45,88	00:57,11	02:00,02	04:03,73	01:01,04	02:13,61	00:47,66	01:50,61	04:14,29	01:53,47	03:49,58
425	00:58,66	02:09,56	05:12,55	01:12,18	02:32,62	01:14,24	02:29,85	01:14,18	00:46,36	01:34,66	03:45,93	00:57,13	02:00,06	04:03,79	01:01,06	02:13,65	00:47,68	01:50,64	04:14,35	01:53,51	03:49,63
424	00:58,69	02:09,60	05:12,62	01:12,21	02:32,66	01:14,26	02:29,90	01:14,21	00:46,38	01:34,69	03:45,98	00:57,15	02:00,10	04:03,85	01:01,08	02:13,69	00:47,69	01:50,68	04:14,41	01:53,54	03:49,69
423	00:58,71	02:09,64	05:12,69	01:12,24	02:32,71	01:14,29	02:29,94	01:14,23	00:46,39	01:34,72	03:46,04	00:57,17	02:00,14	04:03,90	01:01,10	02:13,73	00:47,71	01:50,71	04:14,47	01:53,58	03:49,74
422	00:58,73	02:09,68	05:12,77	01:12,27	02:32,76	01:14,32	02:29,99	01:14,26	00:46,41	01:34,75	03:46,09	00:57,19	02:00,18	04:03,96	01:01,13	02:13,78	00:47,73	01:50,75	04:14,53	01:53,62	03:49,80
421	00:58,75	02:09,72	05:12,84	01:12,29	02:32,81	01:14,35	02:30,04	01:14,29	00:46,43	01:34,78	03:46,14	00:57,21	02:00,21	04:04,02	01:01,15	02:13,82	00:47,75	01:50,78	04:14,59	01:53,65	03:49,85
420	00:58,77	02:09,77	05:12,92	01:12,32	02:32,85	01:14,37	02:30,08	01:14,32	00:46,45	01:34,81	03:46,20	00:57,24	02:00,25	04:04,08	01:01,17	02:13,86	00:47,77	01:50,82	04:14,65	01:53,69	03:49,91
419	00:58,80	02:09,81	05:12,99	01:12,35	02:32,90	01:14,40	02:30,13	01:14,35	00:46,46	01:34,84	03:46,25	00:57,26	02:00,29	04:04,14	01:01,20	02:13,90	00:47,78	01:50,85	04:14,71	01:53,72	03:49,96
418	00:58,82	02:09,85	05:13,07	01:12,38	02:32,95	01:14,43	02:30,18	01:14,37	00:46,48	01:34,87	03:46,31	00:57,28	02:00,33	04:04,19	01:01,22	02:13,95	00:47,80	01:50,89	04:14,77	01:53,76	03:50,02
417	00:58,84	02:09,89	05:13,14	01:12,40	02:33,00	01:14,46	02:30,23	01:14,40	00:46,50	01:34,90	03:46,36	00:57,30	02:00,37	04:04,25	01:01,24	02:13,99	00:47,82	01:50,92	04:14,83	01:53,80	03:50,07
416	00:58,86	02:09,93	05:13,22	01:12,43	02:33,05	01:14,49	02:30,27	01:14,43	00:46,52	01:34,93	03:46,41	00:57,32	02:00,40	04:04,31	01:01,27	02:14,03	00:47,84	01:50,96	04:14,89	01:53,83	03:50,13
415	00:58,89	02:09,97	05:13,29	01:12,46	02:33,10	01:14,52	02:30,32	01:14,46	00:46,53	01:34,96	03:46,47	00:57,35	02:00,44	04:04,37	01:01,29	02:14,07	00:47,86	01:50,99	04:14,96	01:53,87	03:50,18
414	00:58,91	02:10,01	05:13,37	01:12,49	02:33,15	01:14,55	02:30,37	01:14,49	00:46,55	01:34,99	03:46,52	00:57,37	02:00,48	04:04,43	01:01,31	02:14,12	00:47,88	01:51,03	04:15,02	01:53,90	03:50,24
413	00:58,93	02:10,05	05:13,45	01:12,51	02:33,20	01:14,57	02:30,42	01:14,52	00:46,57	01:35,02	03:46,58	00:57,39	02:00,52	04:04,49	01:01,34	02:14,16	00:47,89	01:51,06	04:15,08	01:53,94	03:50,29
412	00:58,95	02:10,10	05:13,52	01:12,54	02:33,25	01:14,60	02:30,47	01:14,55	00:46,59	01:35,05	03:46,63	00:57,41	02:00,56	04:04,55	01:01,36	02:14,20	00:47,91	01:51,10	04:15,14	01:53,98	03:50,35
411	00:58,98	02:10,14	05:13,60	01:12,57	02:33,29	01:14,63	02:30,52	01:14,57	00:46,61	01:35,08	03:46,69	00:57,43	02:00,60	04:04,61	01:01,38	02:14,25	00:47,93	01:51,13	04:15,20	01:54,01	03:50,41
410	00:59,00	02:10,18	05:13,67	01:12,60	02:33,34	01:14,66	02:30,56	01:14,60	00:46,62	01:35,11	03:46,74	00:57,46	02:00,64	04:04,67	01:01,41	02:14,29	00:47,95	01:51,17	04:15,27	01:54,05	03:50,46
409	00:59,02	02:10,22	05:13,75	01:12,63	02:33,39	01:14,69	02:30,61	01:14,63	00:46,64	01:35,14	03:46,80	00:57,48	02:00,68	04:04,73	01:01,43	02:14,33	00:47,97	01:51,21	04:15,33	01:54,09	03:50,52
408	00:59,05	02:10,27	05:13,83	01:12,65	02:33,44	01:14,72	02:30,66	01:14,66	00:46,66	01:35,17	03:46,86	00:57,50	02:00,71	04:04,79	01:01,46	02:14,38	00:47,99	01:51,24	04:15,39	01:54,13	03:50,58
407	00:59,07	02:10,31	05:13,91	01:12,68	02:33,49	01:14,75	02:30,71	01:14,69	00:46,68	01:35,20	03:46,91	00:57,52	02:00,75	04:04,85	01:01,48	02:14,42	00:48,01	01:51,28	04:15,45	01:54,16	03:50,63
406	00:59,09	02:10,35	05:13,98	01:12,71	02:33,54	01:14,78	02:30,76	01:14,72	00:46,70	01:35,23	03:46,97	00:57,55	02:00,79	04:04,91	01:01,50	02:14,46	00:48,02	01:51,31	04:15,52	01:54,20	03:50,69
405	00:59,12	02:10,39	05:14,06	01:12,74	02:33,59	01:14,81	02:30,81	01:14,75	00:46,72	01:35,26	03:47,02	00:57,57	02:00,83	04:04,97	01:01,53	02:14,51	00:48,04	01:51,35	04:15,58	01:54,24	03:50,75
404	00:59,14	02:10,44	05:14,14	01:12,77	02:33,64	01:14,84	02:30,86	01:14,78	00:46,73	01:35,29	03:47,08	00:57,59	02:00,87	04:05,03	01:01,55	02:14,55	00:48,06	01:51,39	04:15,64	01:54,27	03:50,80
403	00:59,16	02:10,48	05:14,22	01:12,80	02:33,69	01:14,87	02:30,91	01:14,81	00:46,75	01:35,33	03:47,14	00:57,61	02:00,91	04:05,09	01:01,58	02:14,60	00:48,08	01:51,42	04:15,71	01:54,31	03:50,86

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
402	00:59,19	02:10,52	05:14,30	01:12,83	02:33,75	01:14,89	02:30,96	01:14,84	00:46,77	01:35,36	03:47,19	00:57,64	02:00,95	04:05,15	01:01,60	02:14,64	00:48,10	01:51,46	04:15,77	01:54,35	03:50,92
401	00:59,21	02:10,56	05:14,37	01:12,85	02:33,80	01:14,92	02:31,01	01:14,87	00:46,79	01:35,39	03:47,25	00:57,66	02:00,99	04:05,21	01:01,63	02:14,68	00:48,12	01:51,50	04:15,83	01:54,39	03:50,98
400	00:59,23	02:10,61	05:14,45	01:12,88	02:33,85	01:14,95	02:31,06	01:14,90	00:46,81	01:35,42	03:47,31	00:57,68	02:01,03	04:05,28	01:01,65	02:14,73	00:48,14	01:51,53	04:15,90	01:54,43	03:51,03
399	00:59,26	02:10,65	05:14,53	01:12,91	02:33,90	01:14,98	02:31,11	01:14,93	00:46,83	01:35,45	03:47,36	00:57,71	02:01,07	04:05,34	01:01,67	02:14,77	00:48,16	01:51,57	04:15,96	01:54,46	03:51,09
398	00:59,28	02:10,69	05:14,61	01:12,94	02:33,95	01:15,01	02:31,16	01:14,96	00:46,84	01:35,48	03:47,42	00:57,73	02:01,11	04:05,40	01:01,70	02:14,82	00:48,18	01:51,61	04:16,03	01:54,50	03:51,15
397	00:59,30	02:10,74	05:14,69	01:12,97	02:34,00	01:15,04	02:31,21	01:14,99	00:46,86	01:35,52	03:47,48	00:57,75	02:01,15	04:05,46	01:01,72	02:14,86	00:48,20	01:51,65	04:16,09	01:54,54	03:51,21
396	00:59,33	02:10,78	05:14,77	01:13,00	02:34,05	01:15,07	02:31,26	01:15,02	00:46,88	01:35,55	03:47,54	00:57,77	02:01,19	04:05,52	01:01,75	02:14,91	00:48,21	01:51,68	04:16,16	01:54,58	03:51,27
395	00:59,35	02:10,83	05:14,85	01:13,03	02:34,10	01:15,10	02:31,31	01:15,05	00:46,90	01:35,58	03:47,59	00:57,80	02:01,23	04:05,59	01:01,77	02:14,95	00:48,23	01:51,72	04:16,22	01:54,62	03:51,33
394	00:59,37	02:10,87	05:14,93	01:13,06	02:34,16	01:15,13	02:31,36	01:15,08	00:46,92	01:35,61	03:47,65	00:57,82	02:01,27	04:05,65	01:01,80	02:15,00	00:48,25	01:51,76	04:16,29	01:54,66	03:51,39
393	00:59,40	02:10,91	05:15,01	01:13,09	02:34,21	01:15,17	02:31,41	01:15,11	00:46,94	01:35,64	03:47,71	00:57,84	02:01,32	04:05,71	01:01,82	02:15,05	00:48,27	01:51,80	04:16,35	01:54,69	03:51,44
392	00:59,42	02:10,96	05:15,09	01:13,12	02:34,26	01:15,20	02:31,46	01:15,14	00:46,96	01:35,68	03:47,77	00:57,87	02:01,36	04:05,77	01:01,85	02:15,09	00:48,29	01:51,83	04:16,42	01:54,73	03:51,50
391	00:59,45	02:11,00	05:15,17	01:13,15	02:34,31	01:15,23	02:31,51	01:15,17	00:46,98	01:35,71	03:47,83	00:57,89	02:01,40	04:05,84	01:01,87	02:15,14	00:48,31	01:51,87	04:16,48	01:54,77	03:51,56
390	00:59,47	02:11,05	05:15,25	01:13,18	02:34,36	01:15,26	02:31,57	01:15,20	00:47,00	01:35,74	03:47,89	00:57,91	02:01,44	04:05,90	01:01,90	02:15,18	00:48,33	01:51,91	04:16,55	01:54,81	03:51,62
389	00:59,50	02:11,09	05:15,33	01:13,21	02:34,42	01:15,29	02:31,62	01:15,23	00:47,02	01:35,77	03:47,94	00:57,94	02:01,48	04:05,96	01:01,92	02:15,23	00:48,35	01:51,95	04:16,62	01:54,85	03:51,68
388	00:59,52	02:11,14	05:15,42	01:13,24	02:34,47	01:15,32	02:31,67	01:15,26	00:47,03	01:35,81	03:48,00	00:57,96	02:01,52	04:06,03	01:01,95	02:15,27	00:48,37	01:51,99	04:16,68	01:54,89	03:51,74
387	00:59,54	02:11,18	05:15,50	01:13,27	02:34,52	01:15,35	02:31,72	01:15,29	00:47,05	01:35,84	03:48,06	00:57,99	02:01,56	04:06,09	01:01,97	02:15,32	00:48,39	01:52,02	04:16,75	01:54,93	03:51,80
386	00:59,57	02:11,23	05:15,58	01:13,30	02:34,58	01:15,38	02:31,77	01:15,32	00:47,07	01:35,87	03:48,12	00:58,01	02:01,61	04:06,15	01:02,00	02:15,37	00:48,41	01:52,06	04:16,82	01:54,97	03:51,86
385	00:59,59	02:11,27	05:15,66	01:13,33	02:34,63	01:15,41	02:31,83	01:15,35	00:47,09	01:35,91	03:48,18	00:58,03	02:01,65	04:06,22	01:02,03	02:15,41	00:48,43	01:52,10	04:16,88	01:55,01	03:51,92
384	00:59,62	02:11,32	05:15,74	01:13,36	02:34,68	01:15,44	02:31,88	01:15,38	00:47,11	01:35,94	03:48,24	00:58,06	02:01,69	04:06,28	01:02,05	02:15,46	00:48,45	01:52,14	04:16,95	01:55,05	03:51,98
383	00:59,64	02:11,36	05:15,83	01:13,39	02:34,74	01:15,47	02:31,93	01:15,42	00:47,13	01:35,97	03:48,30	00:58,08	02:01,73	04:06,35	01:02,08	02:15,51	00:48,47	01:52,18	04:17,02	01:55,09	03:52,04
382	00:59,67	02:11,41	05:15,91	01:13,42	02:34,79	01:15,51	02:31,98	01:15,45	00:47,15	01:36,01	03:48,36	00:58,11	02:01,77	04:06,41	01:02,10	02:15,55	00:48,49	01:52,22	04:17,08	01:55,13	03:52,10
381	00:59,69	02:11,45	05:15,99	01:13,45	02:34,84	01:15,54	02:32,04	01:15,48	00:47,17	01:36,04	03:48,42	00:58,13	02:01,82	04:06,48	01:02,13	02:15,60	00:48,51	01:52,26	04:17,15	01:55,17	03:52,17
380	00:59,72	02:11,50	05:16,08	01:13,48	02:34,90	01:15,57	02:32,09	01:15,51	00:47,19	01:36,07	03:48,48	00:58,15	02:01,86	04:06,54	01:02,16	02:15,65	00:48,53	01:52,30	04:17,22	01:55,21	03:52,23
379	00:59,74	02:11,55	05:16,16	01:13,51	02:34,95	01:15,60	02:32,14	01:15,54	00:47,21	01:36,11	03:48,54	00:58,18	02:01,90	04:06,61	01:02,18	02:15,70	00:48,55	01:52,34	04:17,29	01:55,25	03:52,29
378	00:59,77	02:11,59	05:16,24	01:13,54	02:35,01	01:15,63	02:32,20	01:15,57	00:47,23	01:36,14	03:48,60	00:58,20	02:01,94	04:06,67	01:02,21	02:15,74	00:48,57	01:52,37	04:17,36	01:55,29	03:52,35
377	00:59,79	02:11,64	05:16,33	01:13,57	02:35,06	01:15,66	02:32,25	01:15,61	00:47,25	01:36,17	03:48,66	00:58,23	02:01,99	04:06,74	01:02,23	02:15,79	00:48,59	01:52,41	04:17,42	01:55,33	03:52,41
376	00:59,82	02:11,68	05:16,41	01:13,60	02:35,12	01:15,70	02:32,30	01:15,64	00:47,27	01:36,21	03:48,72	00:58,25	02:02,03	04:06,80	01:02,26	02:15,84	00:48,61	01:52,45	04:17,49	01:55,37	03:52,47
375	00:59,84	02:11,73	05:16,50	01:13,64	02:35,17	01:15,73	02:32,36	01:15,67	00:47,29	01:36,24	03:48,78	00:58,28	02:02,07	04:06,87	01:02,29	02:15,89	00:48,63	01:52,49	04:17,56	01:55,41	03:52,54
374	00:59,87	02:11,78	05:16,58	01:13,67	02:35,23	01:15,76	02:32,41	01:15,70	00:47,31	01:36,28	03:48,85	00:58,30	02:02,12	04:06,94	01:02,31	02:15,94	00:48,66	01:52,53	04:17,63	01:55,45	03:52,60
373	00:59,89	02:11,82	05:16,67	01:13,70	02:35,28	01:15,79	02:32,46	01:15,73	00:47,33	01:36,31	03:48,91	00:58,33	02:02,16	04:07,00	01:02,34	02:15,98	00:48,68	01:52,57	04:17,70	01:55,49	03:52,66
372	00:59,92	02:11,87	05:16,75	01:13,73	02:35,34	01:15,82	02:32,52	01:15,77	00:47,35	01:36,34	03:48,97	00:58,35	02:02,20	04:07,07	01:02,37	02:16,03	00:48,70	01:52,61	04:17,77	01:55,53	03:52,72
371	00:59,95	02:11,92	05:16,84	01:13,76	02:35,39	01:15,86	02:32,57	01:15,80	00:47,37	01:36,38	03:49,03	00:58,38	02:02,25	04:07,14	01:02,39	02:16,08	00:48,72	01:52,65	04:17,84	01:55,57	03:52,79
370	00:59,97	02:11,97	05:16,92	01:13,79	02:35,45	01:15,89	02:32,63	01:15,83	00:47,39	01:36,41	03:49,09	00:58,40	02:02,29	04:07,20	01:02,42	02:16,13	00:48,74	01:52,69	04:17,91	01:55,62	03:52,85
369	01:00,00	02:12,01	05:17,01	01:13,82	02:35,50	01:15,92	02:32,68	01:15,86	00:47,41	01:36,45	03:49,15	00:58,43	02:02,33	04:07,27	01:02,45	02:16,18	00:48,76	01:52,73	04:17,98	01:55,66	03:52,91
368	01:00,02	02:12,06	05:17,09	01:13,86	02:35,56	01:15,95	02:32,74	01:15,90	00:47,43	01:36,48	03:49,22	00:58,45	02:02,38	04:07,34	01:02,47	02:16,23	00:48,78	01:52,78	04:18,05	01:55,70	03:52,98
367	01:00,05	02:12,11	05:17,18	01:13,89	02:35,61	01:15,99	02:32,79	01:15,93	00:47,45	01:36,52	03:49,28	00:58,48	02:02,42	04:07,40	01:02,50	02:16,28	00:48,80	01:52,82	04:18,12	01:55,74	03:53,04
366	01:00,08	02:12,16	05:17,27	01:13,92	02:35,67	01:16,02	02:32,85	01:15,96	00:47,47	01:36,55	03:49,34	00:58,50	02:02,47	04:07,47	01:02,53	02:16,33	00:48,82	01:52,86	04:18,19	01:55,78	03:53,10
365	01:00,10	02:12,20	05:17,36	01:13,95	02:35,73	01:16,05	02:32,90	01:16,00	00:47,49	01:36,59	03:49,41	00:58,53	02:02,51	04:07,54	01:02,55	02:16,38	00:48,84	01:52,90	04:18,26	01:55,82	03:53,17
364	01:00,13	02:12,25	05:17,44	01:13,98	02:35,78	01:16,09	02:32,96	01:16,03	00:47,51	01:36,62	03:49,47	00:58,55	02:02,56	04:07,61	01:02,58	02:16,43	00:48,87	01:52,94	04:18,33	01:55,87	03:53,23
363	01:00,15	02:12,30	05:17,53	01:14,02	02:35,84	01:16,12	02:33,02	01:16,06	00:47,54	01:36,66	03:49,53	00:58,58	02:02,60	04:07,68	01:02,61	02:16,48	00:48,89	01:52,98	04:18,40	01:55,91	03:53,30
362	01:00,18	02:12,35	05:17,62	01:14,05	02:35,90	01:16,15	02:33,07	01:16,09	00:47,56	01:36,69	03:49,60	00:58,61	02:02,64	04:07,74	01:02,64	02:16,53	00:48,91	01:53,02	04:18,48	01:55,95	03:53,36
361	01:00,21	02:12,40	05:17,71	01:14,08	02:35,96	01:16,19	02:33,13	01:16,13	00:47,58	01:36,73	03:49,66	00:58,63	02:02,69	04:07,81	01:02,66	02:16,58	00:48,93	01:53,06	04:18,55	01:55,99	03:53,43
360	01:00,23	02:12,45	05:17,79	01:14,12	02:36,01	01:16,22	02:33,18	01:16,16	00:47,60	01:36,76	03:49,72	00:58,66	02:02,74	04:07,88	01:02,69	02:16,63	00:48,95	01:53,10	04:18,62	01:56,04	03:53,49
359	01:00,26	02:12,49	05:17,88	01:14,15	02:36,07	01:16,25	02:33,24	01:16,20	00:47,62	01:36,80	03:49,79	00:58,68	02:02,78	04:07,95	01:02,72	02:16,68	00:48,97	01:53,15	04:18,69	01:56,08	03:53,56
358	01:00,29	02:12,54	05:17,97	01:14,18	02:36,13	01:16,29	02:33,30	01:16,23	00:47,64	01:36,84	03:49,85	00:58,71	02:02,83	04:08,02	01:02,75	02:16,73	00:48,99	01:53,19	04:18,76	01:56,12	03:53,62
357	01:00,31	02:12,59	05:18,06	01:14,21	02:36,19	01:16,32	02:33,35	01:16,26	00:47,66	01:36,87	03:49,92	00:58,73	02:02,87	04:08,09	01:02,78	02:16,78	00:49,02	01:53,23	04:18,84	01:56,16	03:53,69
356	01:00,34	02:12,64	05:18,15	01:14,25	02:36,24	01:16,36	02:33,41	01:16,30	00:47,68	01:36,91	03:49,98	00:58,76	02:02,92	04:08,16	01:02,80	02:16,83	00:49,04	01:53,27	04:18,91	01:56,21	03:53,75
355	01:00,37	02:12,69	05:18,24	01:14,28	02:36,30	01:16,39	02:33,47	01:16,33	00:47,70	01:36,94	03:50,05	00:58,79	02:02,96	04:08,23	01:02,83	02:16,88	00:49,06	01:53,31	04:18,98	01:56,25	03:53,82
354	01:00,39	02:12,74	05:18,33	01:14,31	02:36,36	01:16,42	02:33,53	01:16,37	00:47,73	01:36,98	03:50,11	00:58,81	02:03,01	04:08,30	01:02,86	02:16,93	00:49,08	01:53,36	04:19,06	01:56,30	03:53,88
353	01:00,42	02:12,79	05:18,42	01:14,35	02:36,42	01:16,46	02:33,58	01:16,40	00:47,75	01:37,02	03:50,18	00:58,84	02:03,06	04:08,37	01:02,89	02:16,98	00:49,10	01:53,40	04:19,13	01:56,34	03:53,95
352	01:00,45	02:12,84	05:18,51	01:14,38	02:36,48	01:16,49	02:33,64	01:16,43	00:47,77	01:37,05	03:50,24	00:58,87	02:03,10	04:08,44	01:02,92	02:17,03	00:49,13	01:53,44	04:19,20	01:56,38	03:54,02
351	01:00,48	02:12,89	05:18,60	01:14,41	02:36,54	01:16,53	02:33,70	01:16,47	00:47,79	01:37,09	03:50,31	00:58,89	02:03,15	04:08,51	01:02,94	02:17,09	00:49,15	01:53,49	04:19,28	01:56,43	03:54,08
350	01:00,50	02:12,94	05:18,69	01:14,45	02:36,60	01:16,56	02:33,76	01:16,50	00:47,81	01:37,13	03:50,37	00:58,92	02:03,19	04:08,58	01:02,97	02:17,14	00:49,17	01:53,53	04:19,35	01:56,47	03:54,15
349	01:00,53	02:12,99	05:18,79	01:14,48	02:36,66	01:16,60	02:33,82	01:16,54	00:47,83	01:37,16	03:50,44	00:58,95	02:03,24	04:08,66	01:03,00	02:17,19	00:49,19	01:53,57	04:19,43	01:56,51	03:54,22
348	01:00,56	02:13,04	05:18,88	01:14,52	02:36,72	01:16,63	02:33,87	01:16,57	00:47,86	01:37,20	03:50,51	00:58,97	02:03,29	04:08,73	01:03,03	02:17,24	00:49,22	01:53,61	04:19,50	01:56,56	03:54,29
347	01:00,59	02:13,09	05:18,97	01:14,55	02:36,78	01:16,67	02:33,93	01:16,61	00:47,88	01:37,24	03:50,57	00:59,00	02:03,34	04:08,80	01:03,06	02:17,29	00:49,24	01:53,66	04:19,58	01:56,60	03:54,35
346	01:00,61	02:13,14	05:19,06	01:14,58	02:36,84	01:16,70	02:33,99	01:16,64	00:47,90	01:37,27	03:50,64	00:59,03	02:03,38	04:08,87	01:03,09	02:17,35	00:49,26	01:53,70	04:19,65	01:56,65	03:54,42
345	01:00,64	02:13,20	05:19,15	01:14,62	02:36,90	01:16,74	02:34,05	01:16,68	00:47,92	01:37,31	03:50,71	00:59,06	02:03,43	04:08,94	01:03,12	02:17,40	00:49,28	01:53,74	04:19,73	01:56,69	03:54,49
344	01:00,67	02:13,25	05:19,25	01:14,65	02:36,96	01:16,77	02:34,11	01:16,71	00:47,94	01:37,35	03:50,77	00:59,08	02:03,48	04:09,02	01:03,15	02:17,45	00:49,31	01:53,79	04:19,80	01:56,74	03:54,56
343	01:00,70	02:13,30	05:19,34	01:14,69	02:37,02	01:16,81	02:34,17	01:16,75	00:47,97	01:37,39	03:50,84	00:59,11	02:03,53	04:09,09	01:03,18	02:17,51	00:49,33	01:53,83	04:19,88	01:56,78	03:54,63
342	01:00,73	02:13,35	05:19,43	01:14,72	02:37,08	01:16,85	02:34,23	01:16,79	00:47,99	01:37,42	03:50,91	00:59,14	02:03,57	04:09,16	01:03,21	02:17,56	00:49,35	01:53,88	04:19,95	01:56,83	03:54,70

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
341	01:00,75	02:13,40	05:19,53	01:14,76	02:37,14	01:16,88	02:34,29	01:16,82	00:48,01	01:37,46	03:50,98	00:59,16	02:03,62	04:09,24	01:03,23	02:17,61	00:49,38	01:53,92	04:20,03	01:56,87	03:54,76
340	01:00,78	02:13,45	05:19,62	01:14,79	02:37,20	01:16,92	02:34,35	01:16,86	00:48,03	01:37,50	03:51,04	00:59,19	02:03,67	04:09,31	01:03,26	02:17,67	00:49,40	01:53,97	04:20,11	01:56,92	03:54,83
339	01:00,81	02:13,51	05:19,72	01:14,83	02:37,26	01:16,95	02:34,41	01:16,89	00:48,06	01:37,54	03:51,11	00:59,22	02:03,72	04:09,38	01:03,29	02:17,72	00:49,42	01:54,01	04:20,18	01:56,96	03:54,90
338	01:00,84	02:13,56	05:19,81	01:14,86	02:37,32	01:16,99	02:34,47	01:16,93	00:48,08	01:37,58	03:51,18	00:59,25	02:03,77	04:09,46	01:03,32	02:17,77	00:49,44	01:54,05	04:20,26	01:57,01	03:54,97
337	01:00,87	02:13,61	05:19,91	01:14,90	02:37,38	01:17,03	02:34,53	01:16,97	00:48,10	01:37,61	03:51,25	00:59,28	02:03,81	04:09,53	01:03,35	02:17,83	00:49,47	01:54,10	04:20,34	01:57,06	03:55,04
336	01:00,90	02:13,66	05:20,00	01:14,93	02:37,45	01:17,06	02:34,59	01:17,00	00:48,12	01:37,65	03:51,32	00:59,30	02:03,86	04:09,60	01:03,38	02:17,88	00:49,49	01:54,14	04:20,42	01:57,10	03:55,11
335	01:00,93	02:13,72	05:20,10	01:14,97	02:37,51	01:17,10	02:34,65	01:17,04	00:48,15	01:37,69	03:51,39	00:59,33	02:03,91	04:09,68	01:03,41	02:17,94	00:49,51	01:54,19	04:20,49	01:57,15	03:55,18
334	01:00,96	02:13,77	05:20,19	01:15,00	02:37,57	01:17,14	02:34,71	01:17,08	00:48,17	01:37,73	03:51,46	00:59,36	02:03,96	04:09,75	01:03,44	02:17,99	00:49,54	01:54,23	04:20,57	01:57,20	03:55,25
333	01:00,98	02:13,82	05:20,29	01:15,04	02:37,63	01:17,17	02:34,78	01:17,11	00:48,19	01:37,77	03:51,53	00:59,39	02:04,01	04:09,83	01:03,47	02:18,05	00:49,56	01:54,28	04:20,65	01:57,24	03:55,32
332	01:01,01	02:13,88	05:20,39	01:15,08	02:37,70	01:17,21	02:34,84	01:17,15	00:48,22	01:37,81	03:51,60	00:59,42	02:04,06	04:09,90	01:03,50	02:18,10	00:49,59	01:54,33	04:20,73	01:57,29	03:55,40
331	01:01,04	02:13,93	05:20,48	01:15,11	02:37,76	01:17,25	02:34,90	01:17,19	00:48,24	01:37,85	03:51,67	00:59,45	02:04,11	04:09,98	01:03,53	02:18,16	00:49,61	01:54,37	04:20,81	01:57,34	03:55,47
330	01:01,07	02:13,98	05:20,58	01:15,15	02:37,82	01:17,28	02:34,96	01:17,22	00:48,26	01:37,89	03:51,74	00:59,47	02:04,16	04:10,06	01:03,57	02:18,21	00:49,63	01:54,42	04:20,89	01:57,38	03:55,54
329	01:01,10	02:14,04	05:20,68	01:15,18	02:37,89	01:17,32	02:35,02	01:17,26	00:48,28	01:37,93	03:51,81	00:59,50	02:04,21	04:10,13	01:03,60	02:18,27	00:49,66	01:54,46	04:20,97	01:57,43	03:55,61
328	01:01,13	02:14,09	05:20,78	01:15,22	02:37,95	01:17,36	02:35,09	01:17,30	00:48,31	01:37,97	03:51,88	00:59,53	02:04,26	04:10,21	01:03,63	02:18,32	00:49,68	01:54,51	04:21,05	01:57,48	03:55,68
327	01:01,16	02:14,15	05:20,88	01:15,26	02:38,01	01:17,40	02:35,15	01:17,34	00:48,33	01:38,01	03:51,95	00:59,56	02:04,31	04:10,29	01:03,66	02:18,38	00:49,71	01:54,56	04:21,13	01:57,53	03:55,75
326	01:01,19	02:14,20	05:20,97	01:15,29	02:38,08	01:17,43	02:35,21	01:17,37	00:48,36	01:38,05	03:52,02	00:59,59	02:04,36	04:10,36	01:03,69	02:18,44	00:49,73	01:54,60	04:21,21	01:57,57	03:55,83
325	01:01,22	02:14,25	05:21,07	01:15,33	02:38,14	01:17,47	02:35,28	01:17,41	00:48,38	01:38,09	03:52,09	00:59,62	02:04,41	04:10,44	01:03,72	02:18,49	00:49,75	01:54,65	04:21,29	01:57,62	03:55,90
324	01:01,25	02:14,31	05:21,17	01:15,37	02:38,21	01:17,51	02:35,34	01:17,45	00:48,40	01:38,13	03:52,16	00:59,65	02:04,46	04:10,52	01:03,75	02:18,55	00:49,78	01:54,70	04:21,37	01:57,67	03:55,97
323	01:01,28	02:14,36	05:21,27	01:15,40	02:38,27	01:17,55	02:35,40	01:17,49	00:48,43	01:38,17	03:52,24	00:59,68	02:04,51	04:10,60	01:03,78	02:18,61	00:49,80	01:54,74	04:21,45	01:57,72	03:56,05
322	01:01,31	02:14,42	05:21,37	01:15,44	02:38,34	01:17,59	02:35,47	01:17,53	00:48,45	01:38,21	03:52,31	00:59,71	02:04,56	04:10,67	01:03,81	02:18,66	00:49,83	01:54,79	04:21,53	01:57,77	03:56,12
321	01:01,34	02:14,48	05:21,47	01:15,48	02:38,40	01:17,62	02:35,53	01:17,56	00:48,47	01:38,25	03:52,38	00:59,74	02:04,62	04:10,75	01:03,85	02:18,72	00:49,85	01:54,84	04:21,61	01:57,81	03:56,19
320	01:01,37	02:14,53	05:21,57	01:15,52	02:38,47	01:17,66	02:35,60	01:17,60	00:48,50	01:38,29	03:52,45	00:59,77	02:04,67	04:10,83	01:03,88	02:18,78	00:49,88	01:54,89	04:21,69	01:57,86	03:56,27
319	01:01,40	02:14,59	05:21,67	01:15,55	02:38,53	01:17,70	02:35,66	01:17,64	00:48,52	01:38,33	03:52,53	00:59,80	02:04,72	04:10,91	01:03,91	02:18,83	00:49,90	01:54,93	04:21,78	01:57,91	03:56,34
318	01:01,43	02:14,64	05:21,78	01:15,59	02:38,60	01:17,74	02:35,73	01:17,68	00:48,55	01:38,37	03:52,60	00:59,83	02:04,77	04:10,99	01:03,94	02:18,89	00:49,93	01:54,98	04:21,86	01:57,96	03:56,42
317	01:01,46	02:14,70	05:21,88	01:15,63	02:38,67	01:17,78	02:35,79	01:17,72	00:48,57	01:38,41	03:52,67	00:59,86	02:04,82	04:11,07	01:03,97	02:18,95	00:49,95	01:55,03	04:21,94	01:58,01	03:56,49
316	01:01,50	02:14,76	05:21,98	01:15,67	02:38,73	01:17,82	02:35,86	01:17,76	00:48,60	01:38,45	03:52,75	00:59,89	02:04,88	04:11,15	01:04,01	02:19,01	00:49,98	01:55,08	04:22,02	01:58,06	03:56,56
315	01:01,53	02:14,81	05:22,08	01:15,71	02:38,80	01:17,86	02:35,92	01:17,80	00:48,62	01:38,49	03:52,82	00:59,92	02:04,93	04:11,23	01:04,04	02:19,07	00:50,00	01:55,13	04:22,11	01:58,11	03:56,64
314	01:01,56	02:14,87	05:22,18	01:15,74	02:38,87	01:17,90	02:35,99	01:17,84	00:48,64	01:38,53	03:52,90	00:59,95	02:04,98	04:11,31	01:04,07	02:19,13	00:50,03	01:55,17	04:22,19	01:58,16	03:56,72
313	01:01,59	02:14,93	05:22,29	01:15,78	02:38,93	01:17,94	02:36,05	01:17,88	00:48,67	01:38,58	03:52,97	00:59,98	02:05,03	04:11,39	01:04,10	02:19,18	00:50,05	01:55,22	04:22,27	01:58,21	03:56,79
312	01:01,62	02:14,98	05:22,39	01:15,82	02:39,00	01:17,98	02:36,12	01:17,92	00:48,69	01:38,62	03:53,05	01:00,01	02:05,09	04:11,47	01:04,14	02:19,24	00:50,08	01:55,27	04:22,36	01:58,26	03:56,87
311	01:01,65	02:15,04	05:22,49	01:15,86	02:39,07	01:18,02	02:36,19	01:17,96	00:48,72	01:38,66	03:53,12	01:00,04	02:05,14	04:11,55	01:04,17	02:19,30	00:50,10	01:55,32	04:22,44	01:58,31	03:56,94
310	01:01,68	02:15,10	05:22,60	01:15,90	02:39,14	01:18,06	02:36,25	01:17,99	00:48,74	01:38,70	03:53,20	01:00,07	02:05,19	04:11,63	01:04,20	02:19,36	00:50,13	01:55,37	04:22,53	01:58,36	03:57,02
309	01:01,71	02:15,16	05:22,70	01:15,94	02:39,21	01:18,10	02:36,32	01:18,04	00:48,77	01:38,74	03:53,27	01:00,10	02:05,25	04:11,71	01:04,23	02:19,42	00:50,16	01:55,42	04:22,61	01:58,41	03:57,10
308	01:01,75	02:15,22	05:22,81	01:15,98	02:39,27	01:18,14	02:36,39	01:18,08	00:48,79	01:38,79	03:53,35	01:00,13	02:05,30	04:11,79	01:04,27	02:19,48	00:50,18	01:55,47	04:22,70	01:58,46	03:57,17
307	01:01,78	02:15,27	05:22,91	01:16,02	02:39,34	01:18,18	02:36,45	01:18,12	00:48,82	01:38,83	03:53,42	01:00,16	02:05,36	04:11,88	01:04,30	02:19,54	00:50,21	01:55,52	04:22,78	01:58,51	03:57,25
306	01:01,81	02:15,33	05:23,02	01:16,06	02:39,41	01:18,22	02:36,52	01:18,16	00:48,84	01:38,87	03:53,50	01:00,19	02:05,41	04:11,96	01:04,33	02:19,60	00:50,23	01:55,57	04:22,87	01:58,56	03:57,33
305	01:01,84	02:15,39	05:23,13	01:16,10	02:39,48	01:18,26	02:36,59	01:18,20	00:48,87	01:38,92	03:53,58	01:00,22	02:05,46	04:12,04	01:04,37	02:19,66	00:50,26	01:55,62	04:22,96	01:58,62	03:57,41
304	01:01,87	02:15,45	05:23,23	01:16,14	02:39,55	01:18,30	02:36,66	01:18,24	00:48,90	01:38,96	03:53,65	01:00,26	02:05,52	04:12,12	01:04,40	02:19,72	00:50,29	01:55,67	04:23,04	01:58,67	03:57,49
303	01:01,91	02:15,51	05:23,34	01:16,17	02:39,62	01:18,34	02:36,73	01:18,28	00:48,92	01:39,00	03:53,73	01:00,29	02:05,57	04:12,21	01:04,43	02:19,79	00:50,31	01:55,72	04:23,13	01:58,72	03:57,56
302	01:01,94	02:15,57	05:23,45	01:16,22	02:39,69	01:18,38	02:36,80	01:18,32	00:48,95	01:39,04	03:53,81	01:00,32	02:05,63	04:12,29	01:04,47	02:19,85	00:50,34	01:55,77	04:23,22	01:58,77	03:57,64
301	01:01,97	02:15,63	05:23,55	01:16,26	02:39,76	01:18,42	02:36,86	01:18,36	00:48,97	01:39,09	03:53,89	01:00,35	02:05,68	04:12,38	01:04,50	02:19,91	00:50,36	01:55,82	04:23,31	01:58,82	03:57,72
300	01:02,01	02:15,69	05:23,66	01:16,30	02:39,83	01:18,46	02:36,93	01:18,40	00:49,00	01:39,13	03:53,96	01:00,38	02:05,74	04:12,46	01:04,54	02:19,97	00:50,39	01:55,87	04:23,39	01:58,88	03:57,80
299	01:02,04	02:15,75	05:23,77	01:16,34	02:39,90	01:18,51	02:37,00	01:18,44	00:49,02	01:39,18	03:54,04	01:00,41	02:05,80	04:12,54	01:04,57	02:20,03	00:50,42	01:55,92	04:23,48	01:58,93	03:57,88
298	01:02,07	02:15,81	05:23,88	01:16,38	02:39,97	01:18,55	02:37,07	01:18,49	00:49,05	01:39,22	03:54,12	01:00,45	02:05,85	04:12,63	01:04,61	02:20,09	00:50,45	01:55,98	04:23,57	01:58,98	03:57,96
297	01:02,10	02:15,87	05:23,99	01:16,42	02:40,04	01:18,59	02:37,14	01:18,53	00:49,08	01:39,26	03:54,20	01:00,48	02:05,91	04:12,71	01:04,64	02:20,16	00:50,47	01:56,03	04:23,66	01:59,04	03:58,04
296	01:02,14	02:15,93	05:24,10	01:16,46	02:40,12	01:18,63	02:37,21	01:18,57	00:49,10	01:39,31	03:54,28	01:00,51	02:05,96	04:12,80	01:04,67	02:20,22	00:50,50	01:56,08	04:23,75	01:59,09	03:58,12
295	01:02,17	02:15,99	05:24,21	01:16,50	02:40,19	01:18,67	02:37,28	01:18,61	00:49,13	01:39,35	03:54,36	01:00,54	02:06,02	04:12,89	01:04,71	02:20,28	00:50,53	01:56,13	04:23,84	01:59,14	03:58,20
294	01:02,20	02:16,05	05:24,32	01:16,54	02:40,26	01:18,72	02:37,36	01:18,66	00:49,16	01:39,40	03:54,44	01:00,58	02:06,08	04:12,97	01:04,74	02:20,35	00:50,55	01:56,18	04:23,93	01:59,20	03:58,28
293	01:02,24	02:16,11	05:24,43	01:16,58	02:40,33	01:18,76	02:37,43	01:18,70	00:49,18	01:39,44	03:54,52	01:00,61	02:06,13	04:13,06	01:04,78	02:20,41	00:50,58	01:56,24	04:24,02	01:59,25	03:58,37
292	01:02,27	02:16,18	05:24,54	01:16,62	02:40,41	01:18,80	02:37,50	01:18,74	00:49,21	01:39,49	03:54,60	01:00,64	02:06,19	04:13,15	01:04,81	02:20,47	00:50,61	01:56,29	04:24,11	01:59,30	03:58,45
291	01:02,31	02:16,24	05:24,65	01:16,67	02:40,48	01:18,84	02:37,57	01:18,78	00:49,24	01:39,53	03:54,68	01:00,68	02:06,25	04:13,23	01:04,85	02:20,54	00:50,64	01:56,34	04:24,20	01:59,36	03:58,53
290	01:02,34	02:16,30	05:24,77	01:16,71	02:40,55	01:18,89	02:37,64	01:18,83	00:49,26	01:39,58	03:54,76	01:00,71	02:06,31	04:13,32	01:04,89	02:20,60	00:50,66	01:56,40	04:24,29	01:59,41	03:58,61
289	01:02,37	02:16,36	05:24,88	01:16,75	02:40,63	01:18,93	02:37,71	01:18,87	00:49,29	01:39,62	03:54,84	01:00,74	02:06,36	04:13,41	01:04,92	02:20,67	00:50,69	01:56,45	04:24,38	01:59,47	03:58,69
288	01:02,41	02:16,42	05:24,99	01:16,79	02:40,70	01:18,97	02:37,79	01:18,91	00:49,32	01:39,67	03:54,93	01:00,78	02:06,42	04:13,50	01:04,96	02:20,73	00:50,72	01:56,50	04:24,47	01:59,52	03:58,78
287	01:02,44	02:16,49	05:25,10	01:16,84	02:40,77	01:19,02	02:37,86	01:18,96	00:49,35	01:39,72	03:55,01	01:00,81	02:06,48	04:13,58	01:04,99	02:20,79	00:50,75	01:56,56	04:24,57	01:59,58	03:58,86
286	01:02,48	02:16,55	05:25,22	01:16,88	02:40,85	01:19,06	02:37,93	01:19,00	00:49,37	01:39,76	03:55,09	01:00,84	02:06,54	04:13,67	01:05,03	02:20,86	00:50,78	01:56,61	04:24,66	01:59,63	03:58,94
285	01:02,51	02:16,61	05:25,33	01:16,92	02:40,92	01:19,11	02:38,01	01:19,04	00:49,40	01:39,81	03:55,17	01:00,88	02:06,60	04:13,76	01:05,06	02:20,93	00:50,80	01:56,66	04:24,75	01:59,69	03:59,03
284	01:02,55	02:16,68	05:25,45	01:16,96	02:41,00	01:19,15	02:38,08	01:19,09	00:49,43	01:39,86	03:55,26	01:00,91	02:06,66	04:13,85	01:05,10	02:20,99	00:50,83	01:56,72	04:24,85	01:59,74	03:59,11
283	01:02,58	02:16,74	05:25,56	01:17,01	02:41,07	01:19,19	02:38,15	01:19,13	00:49,46	01:39,90	03:55,34	01:00,95	02:06,72	04:13,94	01:05,14	02:21,06	00:50,86	01:56,77	04:24,94	01:59,80	03:59,20
282	01:02,62	02:16,81	05:25,68	01:17,05	02:41,15	01:19,24	02:38,23	01:19,18	00:49,48	01:39,95	03:55,42	01:00,98	02:06,78	04:14,03	01:05,17	02:21,12	00:50,89	01:56,83	04:25,03	01:59,86	03:59,28
281	01:02,65	02:16,87	05:25,79	01:17,09	02:41,22	01:19,28	02:38,30	01:19,22	00:49,51	01:40,00	03:55,51	01:01,01	02:06,84	04:14,12	01:05,21	02:21,19	00:50,92	01:56,88	04:25,13	01:59,91	03:59,37

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
280	01:02,69	02:16,94	05:25,91	01:17,14	02:41,30	01:19,33	02:38,38	01:19,27	00:49,54	01:40,04	03:55,59	01:01,05	02:06,90	04:14,21	01:05,25	02:21,26	00:50,95	01:56,94	04:25,22	01:59,97	03:59,45
279	01:02,73	02:17,00	05:26,03	01:17,18	02:41,38	01:19,37	02:38,45	01:19,31	00:49,57	01:40,09	03:55,67	01:01,08	02:06,96	04:14,30	01:05,29	02:21,32	00:50,98	01:56,99	04:25,32	02:00,03	03:59,54
278	01:02,76	02:17,07	05:26,15	01:17,23	02:41,45	01:19,42	02:38,53	01:19,36	00:49,60	01:40,14	03:55,76	01:01,12	02:07,02	04:14,40	01:05,32	02:21,39	00:51,01	01:57,05	04:25,41	02:00,08	03:59,63
277	01:02,80	02:17,13	05:26,26	01:17,27	02:41,53	01:19,47	02:38,60	01:19,40	00:49,62	01:40,19	03:55,84	01:01,15	02:07,08	04:14,49	01:05,36	02:21,46	00:51,03	01:57,11	04:25,51	02:00,14	03:59,71
276	01:02,83	02:17,20	05:26,38	01:17,31	02:41,61	01:19,51	02:38,68	01:19,45	00:49,65	01:40,23	03:55,93	01:01,19	02:07,14	04:14,58	01:05,40	02:21,53	00:51,06	01:57,16	04:25,61	02:00,20	03:59,80
275	01:02,87	02:17,26	05:26,50	01:17,36	02:41,69	01:19,56	02:38,76	01:19,50	00:49,68	01:40,28	03:56,02	01:01,22	02:07,20	04:14,67	01:05,44	02:21,59	00:51,09	01:57,22	04:25,70	02:00,26	03:59,89
274	01:02,91	02:17,33	05:26,62	01:17,40	02:41,77	01:19,60	02:38,83	01:19,54	00:49,71	01:40,33	03:56,10	01:01,26	02:07,26	04:14,77	01:05,47	02:21,66	00:51,12	01:57,28	04:25,80	02:00,31	03:59,97
273	01:02,94	02:17,40	05:26,74	01:17,45	02:41,84	01:19,65	02:38,91	01:19,59	00:49,74	01:40,38	03:56,19	01:01,30	02:07,32	04:14,86	01:05,51	02:21,73	00:51,15	01:57,33	04:25,90	02:00,37	04:00,06
272	01:02,98	02:17,46	05:26,86	01:17,49	02:41,92	01:19,70	02:38,99	01:19,63	00:49,77	01:40,43	03:56,28	01:01,33	02:07,38	04:14,95	01:05,55	02:21,80	00:51,18	01:57,39	04:26,00	02:00,43	04:00,15
271	01:03,02	02:17,53	05:26,98	01:17,54	02:42,00	01:19,74	02:39,06	01:19,68	00:49,80	01:40,48	03:56,36	01:01,37	02:07,45	04:15,05	01:05,59	02:21,87	00:51,21	01:57,45	04:26,09	02:00,49	04:00,24
270	01:03,05	02:17,60	05:27,10	01:17,58	02:42,08	01:19,79	02:39,14	01:19,73	00:49,83	01:40,53	03:56,45	01:01,40	02:07,51	04:15,14	01:05,63	02:21,94	00:51,24	01:57,50	04:26,19	02:00,55	04:00,33
269	01:03,09	02:17,67	05:27,22	01:17,63	02:42,16	01:19,84	02:39,22	01:19,77	00:49,86	01:40,58	03:56,54	01:01,44	02:07,57	04:15,24	01:05,67	02:22,01	00:51,27	01:57,56	04:26,29	02:00,61	04:00,42
268	01:03,13	02:17,73	05:27,35	01:17,68	02:42,24	01:19,88	02:39,30	01:19,82	00:49,89	01:40,63	03:56,63	01:01,48	02:07,63	04:15,33	01:05,70	02:22,08	00:51,30	01:57,62	04:26,39	02:00,67	04:00,51
267	01:03,17	02:17,80	05:27,47	01:17,72	02:42,32	01:19,93	02:39,38	01:19,87	00:49,92	01:40,68	03:56,72	01:01,51	02:07,70	04:15,43	01:05,74	02:22,15	00:51,33	01:57,68	04:26,49	02:00,73	04:00,60
266	01:03,20	02:17,87	05:27,59	01:17,77	02:42,40	01:19,98	02:39,46	01:19,92	00:49,95	01:40,73	03:56,81	01:01,55	02:07,76	04:15,53	01:05,78	02:22,22	00:51,36	01:57,74	04:26,59	02:00,79	04:00,69
265	01:03,24	02:17,94	05:27,72	01:17,82	02:42,48	01:20,03	02:39,54	01:19,96	00:49,98	01:40,78	03:56,90	01:01,59	02:07,83	04:15,62	01:05,82	02:22,29	00:51,40	01:57,80	04:26,69	02:00,85	04:00,78
264	01:03,28	02:18,01	05:27,84	01:17,86	02:42,56	01:20,07	02:39,62	01:20,01	00:50,01	01:40,83	03:56,99	01:01,62	02:07,89	04:15,72	01:05,86	02:22,36	00:51,43	01:57,85	04:26,79	02:00,91	04:00,87
263	01:03,32	02:18,08	05:27,97	01:17,91	02:42,65	01:20,12	02:39,70	01:20,06	00:50,04	01:40,88	03:57,08	01:01,66	02:07,95	04:15,82	01:05,90	02:22,44	00:51,46	01:57,91	04:26,90	02:00,97	04:00,96
262	01:03,36	02:18,15	05:28,09	01:17,96	02:42,73	01:20,17	02:39,78	01:20,11	00:50,07	01:40,93	03:57,17	01:01,70	02:08,02	04:15,91	01:05,94	02:22,51	00:51,49	01:57,97	04:27,00	02:01,03	04:01,06
261	01:03,39	02:18,22	05:28,22	01:18,00	02:42,81	01:20,22	02:39,86	01:20,16	00:50,10	01:40,98	03:57,26	01:01,73	02:08,08	04:16,01	01:05,98	02:22,58	00:51,52	01:58,03	04:27,10	02:01,09	04:01,15
260	01:03,43	02:18,29	05:28,34	01:18,05	02:42,89	01:20,27	02:39,94	01:20,21	00:50,13	01:41,03	03:57,35	01:01,77	02:08,15	04:16,11	01:06,02	02:22,65	00:51,55	01:58,09	04:27,20	02:01,15	04:01,24
259	01:03,47	02:18,36	05:28,47	01:18,10	02:42,98	01:20,32	02:40,02	01:20,26	00:50,16	01:41,08	03:57,44	01:01,81	02:08,21	04:16,21	01:06,06	02:22,73	00:51,58	01:58,15	04:27,31	02:01,22	04:01,33
258	01:03,51	02:18,43	05:28,60	01:18,15	02:43,06	01:20,37	02:40,11	01:20,31	00:50,19	01:41,14	03:57,53	01:01,85	02:08,28	04:16,31	01:06,10	02:22,80	00:51,61	01:58,21	04:27,41	02:01,28	04:01,43
257	01:03,55	02:18,50	05:28,73	01:18,20	02:43,15	01:20,42	02:40,19	01:20,36	00:50,22	01:41,19	03:57,63	01:01,89	02:08,35	04:16,41	01:06,14	02:22,87	00:51,65	01:58,28	04:27,51	02:01,34	04:01,52
256	01:03,59	02:18,57	05:28,85	01:18,24	02:43,23	01:20,47	02:40,27	01:20,41	00:50,25	01:41,24	03:57,72	01:01,93	02:08,41	04:16,51	01:06,18	02:22,95	00:51,68	01:58,34	04:27,62	02:01,40	04:01,62
255	01:03,63	02:18,64	05:28,98	01:18,29	02:43,31	01:20,52	02:40,35	01:20,46	00:50,28	01:41,29	03:57,81	01:01,96	02:08,48	04:16,61	01:06,23	02:23,02	00:51,71	01:58,40	04:27,72	02:01,47	04:01,71
254	01:03,67	02:18,72	05:29,11	01:18,34	02:43,40	01:20,57	02:40,44	01:20,51	00:50,31	01:41,35	03:57,91	01:02,00	02:08,55	04:16,71	01:06,27	02:23,09	00:51,74	01:58,46	04:27,83	02:01,53	04:01,81
253	01:03,71	02:18,79	05:29,24	01:18,39	02:43,49	01:20,62	02:40,52	01:20,56	00:50,34	01:41,40	03:58,00	01:02,04	02:08,61	04:16,81	01:06,31	02:23,17	00:51,78	01:58,52	04:27,94	02:01,59	04:01,90
252	01:03,75	02:18,86	05:29,37	01:18,44	02:43,57	01:20,67	02:40,61	01:20,61	00:50,38	01:41,45	03:58,09	01:02,08	02:08,68	04:16,92	01:06,35	02:23,24	00:51,81	01:58,58	04:28,04	02:01,66	04:02,00
251	01:03,79	02:18,94	05:29,51	01:18,49	02:43,66	01:20,72	02:40,69	01:20,66	00:50,41	01:41,51	03:58,19	01:02,12	02:08,75	04:17,02	01:06,39	02:23,32	00:51,84	01:58,65	04:28,15	02:01,72	04:02,09
250	01:03,83	02:19,01	05:29,64	01:18,54	02:43,74	01:20,77	02:40,78	01:20,71	00:50,44	01:41,56	03:58,28	01:02,16	02:08,82	04:17,12	01:06,44	02:23,40	00:51,87	01:58,71	04:28,26	02:01,79	04:02,19
249	01:03,87	02:19,08	05:29,77	01:18,59	02:43,83	01:20,82	02:40,86	01:20,76	00:50,47	01:41,61	03:58,38	01:02,20	02:08,89	04:17,22	01:06,48	02:23,47	00:51,91	01:58,77	04:28,36	02:01,85	04:02,29
248	01:03,91	02:19,16	05:29,90	01:18,64	02:43,92	01:20,88	02:40,95	01:20,81	00:50,50	01:41,67	03:58,48	01:02,24	02:08,95	04:17,33	01:06,52	02:23,55	00:51,94	01:58,84	04:28,47	02:01,92	04:02,39
247	01:03,95	02:19,23	05:30,04	01:18,69	02:44,01	01:20,93	02:41,03	01:20,86	00:50,54	01:41,72	03:58,57	01:02,28	02:09,02	04:17,43	01:06,56	02:23,63	00:51,97	01:58,90	04:28,58	02:01,98	04:02,49
246	01:03,99	02:19,31	05:30,17	01:18,74	02:44,09	01:20,98	02:41,12	01:20,92	00:50,57	01:41,78	03:58,67	01:02,32	02:09,09	04:17,54	01:06,61	02:23,70	00:52,01	01:58,96	04:28,69	02:02,05	04:02,58
245	01:04,03	02:19,38	05:30,31	01:18,79	02:44,18	01:21,03	02:41,21	01:20,97	00:50,60	01:41,83	03:58,77	01:02,36	02:09,16	04:17,64	01:06,65	02:23,78	00:52,04	01:59,03	04:28,80	02:02,11	04:02,68
244	01:04,08	02:19,46	05:30,44	01:18,84	02:44,27	01:21,08	02:41,29	01:21,02	00:50,64	01:41,89	03:58,87	01:02,40	02:09,23	04:17,75	01:06,69	02:23,86	00:52,07	01:59,09	04:28,91	02:02,18	04:02,78
243	01:04,12	02:19,53	05:30,58	01:18,90	02:44,36	01:21,14	02:41,38	01:21,07	00:50,67	01:41,94	03:58,96	01:02,44	02:09,30	04:17,85	01:06,74	02:23,94	00:52,11	01:59,16	04:29,02	02:02,25	04:02,88
242	01:04,16	02:19,61	05:30,72	01:18,95	02:44,45	01:21,19	02:41,47	01:21,13	00:50,70	01:42,00	03:59,06	01:02,48	02:09,37	04:17,96	01:06,78	02:24,02	00:52,14	01:59,22	04:29,13	02:02,31	04:02,98
241	01:04,20	02:19,69	05:30,85	01:19,00	02:44,54	01:21,24	02:41,56	01:21,18	00:50,74	01:42,05	03:59,16	01:02,52	02:09,45	04:18,07	01:06,82	02:24,10	00:52,18	01:59,29	04:29,25	02:02,38	04:03,08
240	01:04,25	02:19,76	05:30,99	01:19,05	02:44,63	01:21,30	02:41,65	01:21,24	00:50,77	01:42,11	03:59,26	01:02,56	02:09,52	04:18,18	01:06,87	02:24,17	00:52,21	01:59,35	04:29,36	02:02,45	04:03,19
239	01:04,29	02:19,84	05:31,13	01:19,10	02:44,72	01:21,35	02:41,74	01:21,29	00:50,80	01:42,17	03:59,36	01:02,61	02:09,59	04:18,28	01:06,91	02:24,25	00:52,25	01:59,42	04:29,47	02:02,52	04:03,29
238	01:04,33	02:19,92	05:31,27	01:19,16	02:44,82	01:21,41	02:41,83	01:21,34	00:50,84	01:42,22	03:59,46	01:02,65	02:09,66	04:18,39	01:06,96	02:24,34	00:52,28	01:59,49	04:29,58	02:02,58	04:03,39
237	01:04,37	02:20,00	05:31,41	01:19,21	02:44,91	01:21,46	02:41,92	01:21,40	00:50,87	01:42,28	03:59,56	01:02,69	02:09,73	04:18,50	01:07,00	02:24,42	00:52,32	01:59,55	04:29,70	02:02,65	04:03,49
236	01:04,42	02:20,08	05:31,55	01:19,26	02:45,00	01:21,52	02:42,01	01:21,45	00:50,90	01:42,34	03:59,67	01:02,73	02:09,81	04:18,61	01:07,05	02:24,50	00:52,35	01:59,62	04:29,81	02:02,72	04:03,60
235	01:04,46	02:20,16	05:31,69	01:19,32	02:45,09	01:21,57	02:42,10	01:21,51	00:50,94	01:42,40	03:59,77	01:02,77	02:09,88	04:18,72	01:07,09	02:24,58	00:52,39	01:59,69	04:29,93	02:02,79	04:03,70
234	01:04,50	02:20,23	05:31,83	01:19,37	02:45,19	01:21,63	02:42,19	01:21,56	00:50,97	01:42,45	03:59,87	01:02,82	02:09,95	04:18,83	01:07,14	02:24,66	00:52,42	01:59,76	04:30,04	02:02,86	04:03,80
233	01:04,55	02:20,31	05:31,98	01:19,42	02:45,28	01:21,68	02:42,28	01:21,62	00:51,01	01:42,51	03:59,97	01:02,86	02:10,03	04:18,94	01:07,18	02:24,74	00:52,46	01:59,82	04:30,16	02:02,93	04:03,91
232	01:04,59	02:20,39	05:32,12	01:19,48	02:45,38	01:21,74	02:42,38	01:21,67	00:51,04	01:42,57	04:00,08	01:02,90	02:10,10	04:19,06	01:07,23	02:24,82	00:52,49	01:59,89	04:30,28	02:03,00	04:04,01
231	01:04,64	02:20,47	05:32,26	01:19,53	02:45,47	01:21,79	02:42,47	01:21,73	00:51,08	01:42,63	04:00,18	01:02,95	02:10,18	04:19,17	01:07,28	02:24,91	00:52,53	01:59,96	04:30,39	02:03,07	04:04,12
230	01:04,68	02:20,56	05:32,41	01:19,59	02:45,57	01:21,85	02:42,56	01:21,79	00:51,11	01:42,69	04:00,29	01:02,99	02:10,25	04:19,28	01:07,32	02:24,99	00:52,57	02:00,03	04:30,51	02:03,14	04:04,23
229	01:04,73	02:20,64	05:32,55	01:19,64	02:45,66	01:21,91	02:42,66	01:21,84	00:51,15	01:42,75	04:00,39	01:03,03	02:10,33	04:19,39	01:07,37	02:25,07	00:52,60	02:00,10	04:30,63	02:03,21	04:04,33
228	01:04,77	02:20,72	05:32,70	01:19,70	02:45,76	01:21,96	02:42,75	01:21,90	00:51,18	01:42,81	04:00,50	01:03,08	02:10,40	04:19,51	01:07,42	02:25,16	00:52,64	02:00,17	04:30,75	02:03,28	04:04,44
227	01:04,82	02:20,80	05:32,85	01:19,76	02:45,85	01:22,02	02:42,85	01:21,96	00:51,22	01:42,87	04:00,60	01:03,12	02:10,48	04:19,62	01:07,46	02:25,24	00:52,68	02:00,24	04:30,87	02:03,36	04:04,55
226	01:04,86	02:20,88	05:32,99	01:19,81	02:45,95	01:22,08	02:42,94	01:22,02	00:51,26	01:42,93	04:00,71	01:03,16	02:10,55	04:19,74	01:07,51	02:25,33	00:52,71	02:00,31	04:30,99	02:03,43	04:04,66
225	01:04,91	02:20,97	05:33,14	01:19,87	02:46,05	01:22,14	02:43,04	01:22,07	00:51,29	01:42,99	04:00,82	01:03,21	02:10,63	04:19,85	01:07,56	02:25,41	00:52,75	02:00,38	04:31,11	02:03,50	04:04,77
224	01:04,95	02:21,05	05:33,29	01:19,92	02:46,15	01:22,19	02:43,13	01:22,13	00:51,33	01:43,05	04:00,92	01:03,25	02:10,71	04:19,97	01:07,61	02:25,50	00:52,79	02:00,45	04:31,23	02:03,57	04:04,88
223	01:05,00	02:21,13	05:33,44	01:19,98	02:46,25	01:22,25	02:43,23	01:22,19	00:51,37	01:43,11	04:01,03	01:03,30	02:10,79	04:20,09	01:07,65	02:25,59	00:52,83	02:00,52	04:31,35	02:03,65	04:04,99
222	01:05,05	02:21,22	05:33,59	01:20,04	02:46,34	01:22,31	02:43,33	01:22,25	00:51,40	01:43,17	04:01,14	01:03,34	02:10,86	04:20,20	01:07,70	02:25,67	00:52,86	02:00,59	04:31,47	02:03,72	04:05,10
221	01:05,09	02:21,30	05:33,74	01:20,10	02:46,44	01:22,37	02:43,43	01:22,31	00:51,44	01:43,23	04:01,25	01:03,39	02:10,94	04:20,32	01:07,75	02:25,76	00:52,90	02:00,67	04:31,60	02:03,79	04:05,21
220	01:05,14	02:21,39	05:33,89	01:20,15	02:46,54	01:22,43	02:43,53	01:22,37	00:51,48	01:43,30	04:01,36	01:03,44	02:11,02	04:20,44	01:07,80	02:25,85	00:52,94	02:00,74	04:31,72	02:03,87	04:05,32

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
219	01:05,19	02:21,47	05:34,05	01:20,21	02:46,65	01:22,49	02:43,62	01:22,43	00:51,51	01:43,36	04:01,47	01:03,48	02:11,10	04:20,56	01:07,85	02:25,94	00:52,98	02:00,81	04:31,84	02:03,94	04:05,43
218	01:05,24	02:21,56	05:34,20	01:20,27	02:46,75	01:22,55	02:43,72	01:22,49	00:51,55	01:43,42	04:01,58	01:03,53	02:11,18	04:20,68	01:07,90	02:26,03	00:53,02	02:00,89	04:31,97	02:04,02	04:05,54
217	01:05,28	02:21,64	05:34,35	01:20,33	02:46,85	01:22,61	02:43,82	01:22,55	00:51,59	01:43,48	04:01,69	01:03,57	02:11,26	04:20,80	01:07,95	02:26,11	00:53,06	02:00,96	04:32,09	02:04,10	04:05,66
216	01:05,33	02:21,73	05:34,51	01:20,39	02:46,95	01:22,67	02:43,92	01:22,61	00:51,63	01:43,55	04:01,81	01:03,62	02:11,34	04:20,92	01:08,00	02:26,20	00:53,09	02:01,03	04:32,22	02:04,17	04:05,77
215	01:05,38	02:21,82	05:34,66	01:20,45	02:47,05	01:22,73	02:44,02	01:22,67	00:51,66	01:43,61	04:01,92	01:03,67	02:11,42	04:21,04	01:08,05	02:26,29	00:53,13	02:01,11	04:32,35	02:04,25	04:05,89
214	01:05,43	02:21,91	05:34,82	01:20,51	02:47,16	01:22,79	02:44,13	01:22,73	00:51,70	01:43,68	04:02,03	01:03,72	02:11,50	04:21,16	01:08,10	02:26,38	00:53,17	02:01,18	04:32,47	02:04,32	04:06,00
213	01:05,48	02:21,99	05:34,98	01:20,57	02:47,26	01:22,86	02:44,23	01:22,79	00:51,74	01:43,74	04:02,15	01:03,76	02:11,58	04:21,29	01:08,15	02:26,48	00:53,21	02:01,26	04:32,60	02:04,40	04:06,12
212	01:05,53	02:22,08	05:35,14	01:20,63	02:47,36	01:22,92	02:44,33	01:22,85	00:51,78	01:43,80	04:02,26	01:03,81	02:11,67	04:21,41	01:08,20	02:26,57	00:53,25	02:01,33	04:32,73	02:04,48	04:06,23
211	01:05,57	02:22,17	05:35,30	01:20,69	02:47,47	01:22,98	02:44,43	01:22,92	00:51,82	01:43,87	04:02,37	01:03,86	02:11,75	04:21,53	01:08,25	02:26,66	00:53,29	02:01,41	04:32,86	02:04,56	04:06,35
210	01:05,62	02:22,26	05:35,46	01:20,75	02:47,58	01:23,04	02:44,54	01:22,98	00:51,86	01:43,94	04:02,49	01:03,91	02:11,83	04:21,66	01:08,30	02:26,75	00:53,33	02:01,49	04:32,99	02:04,64	04:06,47
209	01:05,67	02:22,35	05:35,62	01:20,81	02:47,68	01:23,11	02:44,64	01:23,04	00:51,90	01:44,00	04:02,61	01:03,96	02:11,91	04:21,78	01:08,35	02:26,84	00:53,37	02:01,56	04:33,12	02:04,71	04:06,58
208	01:05,72	02:22,44	05:35,78	01:20,87	02:47,79	01:23,17	02:44,75	01:23,11	00:51,94	01:44,07	04:02,72	01:04,00	02:12,00	04:21,91	01:08,41	02:26,94	00:53,41	02:01,64	04:33,25	02:04,79	04:06,70
207	01:05,77	02:22,53	05:35,94	01:20,93	02:47,90	01:23,23	02:44,85	01:23,17	00:51,98	01:44,13	04:02,84	01:04,05	02:12,08	04:22,04	01:08,46	02:27,03	00:53,45	02:01,72	04:33,39	02:04,87	04:06,82
206	01:05,83	02:22,63	05:36,10	01:21,00	02:48,00	01:23,30	02:44,96	01:23,23	00:52,02	01:44,20	04:02,96	01:04,10	02:12,17	04:22,16	01:08,51	02:27,13	00:53,50	02:01,80	04:33,52	02:04,95	04:06,94
205	01:05,88	02:22,72	05:36,27	01:21,06	02:48,11	01:23,36	02:45,06	01:23,30	00:52,06	01:44,27	04:03,08	01:04,15	02:12,25	04:22,29	01:08,57	02:27,22	00:53,54	02:01,88	04:33,65	02:05,04	04:07,06
204	01:05,93	02:22,81	05:36,43	01:21,12	02:48,22	01:23,43	02:45,17	01:23,36	00:52,10	01:44,34	04:03,20	01:04,20	02:12,34	04:22,42	01:08,62	02:27,32	00:53,58	02:01,96	04:33,79	02:05,12	04:07,18
203	01:05,98	02:22,90	05:36,60	01:21,19	02:48,33	01:23,49	02:45,28	01:23,43	00:52,14	01:44,40	04:03,32	01:04,25	02:12,43	04:22,55	01:08,67	02:27,41	00:53,62	02:02,03	04:33,92	02:05,20	04:07,31
202	01:06,03	02:23,00	05:36,77	01:21,25	02:48,44	01:23,56	02:45,39	01:23,49	00:52,18	01:44,47	04:03,44	01:04,30	02:12,51	04:22,68	01:08,73	02:27,51	00:53,66	02:02,11	04:34,06	02:05,28	04:07,43
201	01:06,08	02:23,09	05:36,93	01:21,31	02:48,55	01:23,62	02:45,50	01:23,56	00:52,22	01:44,54	04:03,56	01:04,35	02:12,60	04:22,81	01:08,78	02:27,61	00:53,71	02:02,20	04:34,19	02:05,36	04:07,55
200	01:06,14	02:23,19	05:37,10	01:21,38	02:48,66	01:23,69	02:45,61	01:23,63	00:52,26	01:44,61	04:03,68	01:04,40	02:12,69	04:22,94	01:08,84	02:27,70	00:53,75	02:02,28	04:34,33	02:05,45	04:07,68
199	01:06,19	02:23,28	05:37,27	01:21,44	02:48,78	01:23,76	02:45,72	01:23,69	00:52,30	01:44,68	04:03,80	01:04,46	02:12,78	04:23,08	01:08,89	02:27,80	00:53,79	02:02,36	04:34,47	02:05,53	04:07,80
198	01:06,24	02:23,38	05:37,44	01:21,51	02:48,89	01:23,82	02:45,83	01:23,76	00:52,35	01:44,75	04:03,93	01:04,51	02:12,86	04:23,21	01:08,95	02:27,90	00:53,83	02:02,44	04:34,61	02:05,61	04:07,93
197	01:06,29	02:23,47	05:37,61	01:21,57	02:49,00	01:23,89	02:45,94	01:23,83	00:52,39	01:44,82	04:04,05	01:04,56	02:12,95	04:23,34	01:09,00	02:28,00	00:53,88	02:02,52	04:34,75	02:05,70	04:08,05
196	01:06,35	02:23,57	05:37,79	01:21,64	02:49,12	01:23,96	02:46,05	01:23,89	00:52,43	01:44,89	04:04,17	01:04,61	02:13,04	04:23,48	01:09,06	02:28,10	00:53,92	02:02,60	04:34,89	02:05,78	04:08,18
195	01:06,40	02:23,67	05:37,96	01:21,71	02:49,23	01:24,03	02:46,16	01:23,96	00:52,47	01:44,96	04:04,30	01:04,66	02:13,13	04:23,61	01:09,11	02:28,20	00:53,96	02:02,69	04:35,03	02:05,87	04:08,31
194	01:06,46	02:23,77	05:38,13	01:21,77	02:49,35	01:24,10	02:46,28	01:24,03	00:52,52	01:45,03	04:04,43	01:04,72	02:13,22	04:23,75	01:09,17	02:28,30	00:54,01	02:02,77	04:35,17	02:05,95	04:08,43
193	01:06,51	02:23,86	05:38,31	01:21,84	02:49,46	01:24,17	02:46,39	01:24,10	00:52,56	01:45,11	04:04,55	01:04,77	02:13,32	04:23,88	01:09,23	02:28,40	00:54,05	02:02,86	04:35,31	02:06,04	04:08,56
192	01:06,57	02:23,96	05:38,49	01:21,91	02:49,58	01:24,23	02:46,50	01:24,17	00:52,60	01:45,18	04:04,68	01:04,82	02:13,41	04:24,02	01:09,28	02:28,51	00:54,10	02:02,94	04:35,46	02:06,13	04:08,69
191	01:06,62	02:24,06	05:38,66	01:21,98	02:49,70	01:24,30	02:46,62	01:24,24	00:52,65	01:45,25	04:04,81	01:04,88	02:13,50	04:24,16	01:09,34	02:28,61	00:54,14	02:03,03	04:35,60	02:06,21	04:08,82
190	01:06,68	02:24,16	05:38,84	01:22,04	02:49,81	01:24,38	02:46,74	01:24,31	00:52,69	01:45,32	04:04,94	01:04,93	02:13,59	04:24,30	01:09,40	02:28,71	00:54,19	02:03,11	04:35,75	02:06,30	04:08,95
189	01:06,73	02:24,26	05:39,02	01:22,11	02:49,93	01:24,45	02:46,85	01:24,38	00:52,73	01:45,40	04:05,07	01:04,99	02:13,69	04:24,44	01:09,46	02:28,82	00:54,23	02:03,20	04:35,89	02:06,39	04:09,09
188	01:06,79	02:24,37	05:39,20	01:22,18	02:50,05	01:24,52	02:46,97	01:24,45	00:52,78	01:45,47	04:05,20	01:05,04	02:13,78	04:24,58	01:09,52	02:28,92	00:54,28	02:03,28	04:36,04	02:06,48	04:09,22
187	01:06,85	02:24,47	05:39,38	01:22,25	02:50,17	01:24,59	02:47,09	01:24,52	00:52,82	01:45,55	04:05,33	01:05,10	02:13,88	04:24,72	01:09,57	02:29,03	00:54,33	02:03,37	04:36,19	02:06,57	04:09,35
186	01:06,90	02:24,57	05:39,57	01:22,32	02:50,29	01:24,66	02:47,21	01:24,60	00:52,87	01:45,62	04:05,46	01:05,15	02:13,97	04:24,86	01:09,63	02:29,13	00:54,37	02:03,46	04:36,34	02:06,66	04:09,49
185	01:06,96	02:24,67	05:39,75	01:22,39	02:50,42	01:24,73	02:47,33	01:24,67	00:52,91	01:45,70	04:05,59	01:05,21	02:14,07	04:25,01	01:09,69	02:29,24	00:54,42	02:03,55	04:36,49	02:06,75	04:09,62
184	01:07,02	02:24,78	05:39,93	01:22,46	02:50,54	01:24,81	02:47,45	01:24,74	00:52,96	01:45,77	04:05,73	01:05,26	02:14,16	04:25,15	01:09,75	02:29,35	00:54,47	02:03,64	04:36,64	02:06,84	04:09,76
183	01:07,08	02:24,88	05:40,12	01:22,54	02:50,66	01:24,88	02:47,57	01:24,82	00:53,01	01:45,85	04:05,86	01:05,32	02:14,26	04:25,30	01:09,81	02:29,45	00:54,51	02:03,73	04:36,79	02:06,93	04:09,89
182	01:07,13	02:24,99	05:40,31	01:22,61	02:50,79	01:24,95	02:47,69	01:24,89	00:53,05	01:45,93	04:06,00	01:05,38	02:14,36	04:25,44	01:09,88	02:29,56	00:54,56	02:03,82	04:36,94	02:07,02	04:10,03
181	01:07,19	02:25,09	05:40,50	01:22,68	02:50,91	01:25,03	02:47,81	01:24,96	00:53,10	01:46,00	04:06,13	01:05,44	02:14,46	04:25,59	01:09,94	02:29,67	00:54,61	02:03,91	04:37,09	02:07,12	04:10,17
180	01:07,25	02:25,20	05:40,68	01:22,75	02:51,04	01:25,10	02:47,94	01:25,04	00:53,15	01:46,08	04:06,27	01:05,49	02:14,55	04:25,74	01:10,00	02:29,78	00:54,66	02:04,00	04:37,25	02:07,21	04:10,31
179	01:07,31	02:25,31	05:40,88	01:22,83	02:51,16	01:25,18	02:48,06	01:25,11	00:53,19	01:46,16	04:06,41	01:05,55	02:14,65	04:25,89	01:10,06	02:29,89	00:54,70	02:04,09	04:37,40	02:07,30	04:10,45
178	01:07,37	02:25,42	05:41,07	01:22,90	02:51,29	01:25,26	02:48,19	01:25,19	00:53,24	01:46,24	04:06,55	01:05,61	02:14,75	04:26,04	01:10,12	02:30,01	00:54,75	02:04,18	04:37,56	02:07,40	04:10,59
177	01:07,43	02:25,52	05:41,26	01:22,97	02:51,42	01:25,33	02:48,31	01:25,27	00:53,29	01:46,32	04:06,69	01:05,67	02:14,86	04:26,19	01:10,19	02:30,12	00:54,80	02:04,27	04:37,71	02:07,49	04:10,73
176	01:07,49	02:25,63	05:41,45	01:23,05	02:51,55	01:25,41	02:48,44	01:25,34	00:53,34	01:46,40	04:06,83	01:05,73	02:14,96	04:26,34	01:10,25	02:30,23	00:54,85	02:04,37	04:37,87	02:07,59	04:10,87
175	01:07,56	02:25,74	05:41,65	01:23,12	02:51,68	01:25,49	02:48,56	01:25,42	00:53,38	01:46,48	04:06,97	01:05,79	02:15,06	04:26,49	01:10,31	02:30,34	00:54,90	02:04,46	04:38,03	02:07,69	04:11,02
174	01:07,62	02:25,86	05:41,85	01:23,20	02:51,81	01:25,56	02:48,69	01:25,50	00:53,43	01:46,56	04:07,11	01:05,85	02:15,16	04:26,64	01:10,38	02:30,46	00:54,95	02:04,56	04:38,19	02:07,78	04:11,16
173	01:07,68	02:25,97	05:42,04	01:23,28	02:51,94	01:25,64	02:48,82	01:25,58	00:53,48	01:46,64	04:07,25	01:05,91	02:15,26	04:26,80	01:10,44	02:30,57	00:55,00	02:04,65	04:38,35	02:07,88	04:11,31
172	01:07,74	02:26,08	05:42,24	01:23,35	02:52,07	01:25,72	02:48,95	01:25,66	00:53,53	01:46,72	04:07,40	01:05,97	02:15,37	04:26,95	01:10,51	02:30,69	00:55,05	02:04,75	04:38,51	02:07,98	04:11,45
171	01:07,80	02:26,19	05:42,44	01:23,43	02:52,20	01:25,80	02:49,08	01:25,73	00:53,58	01:46,81	04:07,54	01:06,03	02:15,47	04:27,11	01:10,57	02:30,81	00:55,10	02:04,84	04:38,68	02:08,08	04:11,60
170	01:07,87	02:26,31	05:42,64	01:23,51	02:52,34	01:25,88	02:49,21	01:25,81	00:53,63	01:46,89	04:07,69	01:06,09	02:15,58	04:27,27	01:10,64	02:30,92	00:55,16	02:04,94	04:38,84	02:08,18	04:11,75
169	01:07,93	02:26,42	05:42,85	01:23,59	02:52,47	01:25,96	02:49,35	01:25,90	00:53,68	01:46,97	04:07,83	01:06,15	02:15,69	04:27,42	01:10,70	02:31,04	00:55,21	02:05,04	04:39,01	02:08,28	04:11,90
168	01:08,00	02:26,54	05:43,05	01:23,67	02:52,61	01:26,04	02:49,48	01:25,98	00:53,73	01:47,06	04:07,98	01:06,22	02:15,79	04:27,58	01:10,77	02:31,16	00:55,26	02:05,14	04:39,17	02:08,38	04:12,05
167	01:08,06	02:26,65	05:43,26	01:23,75	02:52,75	01:26,12	02:49,61	01:26,06	00:53,78	01:47,14	04:08,13	01:06,28	02:15,90	04:27,74	01:10,84	02:31,28	00:55,31	02:05,24	04:39,34	02:08,48	04:12,20
166	01:08,12	02:26,77	05:43,46	01:23,83	02:52,88	01:26,21	02:49,75	01:26,14	00:53,83	01:47,23	04:08,28	01:06,34	02:16,01	04:27,91	01:10,91	02:31,40	00:55,36	02:05,34	04:39,51	02:08,58	04:12,35
165	01:08,19	02:26,89	05:43,67	01:23,91	02:53,02	01:26,29	02:49,89	01:26,22	00:53,89	01:47,31	04:08,43	01:06,41	02:16,12	04:28,07	01:10,97	02:31,52	00:55,42	02:05,44	04:39,68	02:08,69	04:12,50
164	01:08,26	02:27,00	05:43,88	01:23,99	02:53,16	01:26,37	02:50,02	01:26,31	00:53,94	01:47,40	04:08,58	01:06,47	02:16,23	04:28,23	01:11,04	02:31,64	00:55,47	02:05,54	04:39,85	02:08,79	04:12,66
163	01:08,32	02:27,12	05:44,09	01:24,07	02:53,30	01:26,46	02:50,16	01:26,39	00:53,99	01:47,49	04:08,73	01:06,53	02:16,34	04:28,40	01:11,11	02:31,77	00:55,53	02:05,64	04:40,02	02:08,90	04:12,81
162	01:08,39	02:27,24	05:44,31	01:24,15	02:53,44	01:26,54	02:50,30	01:26,48	00:54,04	01:47,58	04:08,89	01:06,60	02:16,45	04:28,56	01:11,18	02:31,89	00:55,58	02:05,74	04:40,19	02:09,00	04:12,97
161	01:08,46	02:27,37	05:44,52	01:24,23	02:53,59	01:26,63	02:50,44	01:26,56	00:54,10	01:47,66	04:09,04	01:06,67	02:16,56	04:28,73	01:11,25	02:32,02	00:55,63	02:05,85	04:40,37	02:09,11	04:13,13
160	01:08,52	02:27,49	05:44,74	01:24,32	02:53,73	01:26,71	02:50,58	01:26,65	00:54,15	01:47,75	04:09,20	01:06,73	02:16,67	04:28,90	01:11,32	02:32,14	00:55,69	02:05,95	04:40,54	02:09,21	04:13,28
159	01:08,59	02:27,61	05:44,95	01:24,40	02:53,87	01:26,80	02:50,72	01:26,73	00:54,20	01:47,84	04:09,35	01:06,80	02:16,79	04:29,07	01:11,39	02:32,27	00:55,75	02:06,05	04:40,72	02:09,32	04:13,44

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
158	01:08,66	02:27,73	05:45,17	01:24,49	02:54,02	01:26,89	02:50,87	01:26,82	00:54,26	01:47,93	04:09,51	01:06,86	02:16,90	04:29,24	01:11,46	02:32,40	00:55,80	02:06,16	04:40,90	02:09,43	04:13,60
157	01:08,73	02:27,86	05:45,39	01:24,57	02:54,17	01:26,97	02:51,01	01:26,91	00:54,31	01:48,02	04:09,67	01:06,93	02:17,02	04:29,41	01:11,54	02:32,52	00:55,86	02:06,27	04:41,08	02:09,54	04:13,77
156	01:08,80	02:27,98	05:45,61	01:24,66	02:54,31	01:27,06	02:51,15	01:27,00	00:54,37	01:48,12	04:09,83	01:07,00	02:17,13	04:29,58	01:11,61	02:32,65	00:55,91	02:06,37	04:41,26	02:09,65	04:13,93
155	01:08,87	02:28,11	05:45,84	01:24,74	02:54,46	01:27,15	02:51,30	01:27,08	00:54,42	01:48,21	04:09,99	01:07,07	02:17,25	04:29,75	01:11,68	02:32,78	00:55,97	02:06,48	04:41,44	02:09,76	04:14,09
154	01:08,94	02:28,24	05:46,06	01:24,83	02:54,61	01:27,24	02:51,45	01:27,17	00:54,48	01:48,30	04:10,16	01:07,14	02:17,37	04:29,93	01:11,76	02:32,91	00:56,03	02:06,59	04:41,62	02:09,87	04:14,26
153	01:09,01	02:28,36	05:46,29	01:24,92	02:54,76	01:27,33	02:51,60	01:27,26	00:54,54	01:48,39	04:10,32	01:07,21	02:17,49	04:30,11	01:11,83	02:33,05	00:56,09	02:06,70	04:41,81	02:09,98	04:14,42
152	01:09,09	02:28,49	05:46,51	01:25,01	02:54,92	01:27,42	02:51,75	01:27,36	00:54,59	01:48,49	04:10,48	01:07,28	02:17,61	04:30,28	01:11,91	02:33,18	00:56,15	02:06,81	04:41,99	02:10,10	04:14,59
151	01:09,16	02:28,62	05:46,74	01:25,10	02:55,07	01:27,52	02:51,90	01:27,45	00:54,65	01:48,58	04:10,65	01:07,35	02:17,73	04:30,46	01:11,98	02:33,31	00:56,20	02:06,92	04:42,18	02:10,21	04:14,76
150	01:09,23	02:28,76	05:46,98	01:25,19	02:55,22	01:27,61	02:52,05	01:27,54	00:54,71	01:48,68	04:10,82	01:07,42	02:17,85	04:30,64	01:12,06	02:33,45	00:56,26	02:07,03	04:42,37	02:10,32	04:14,93
149	01:09,31	02:28,89	05:47,21	01:25,28	02:55,38	01:27,70	02:52,20	01:27,63	00:54,77	01:48,78	04:10,99	01:07,49	02:17,97	04:30,83	01:12,13	02:33,59	00:56,32	02:07,14	04:42,56	02:10,44	04:15,10
148	01:09,38	02:29,02	05:47,44	01:25,37	02:55,54	01:27,80	02:52,35	01:27,73	00:54,83	01:48,87	04:11,15	01:07,56	02:18,09	04:31,01	01:12,21	02:33,72	00:56,38	02:07,26	04:42,75	02:10,56	04:15,27
147	01:09,45	02:29,15	05:47,68	01:25,46	02:55,69	01:27,89	02:52,51	01:27,82	00:54,89	01:48,97	04:11,33	01:07,64	02:18,22	04:31,19	01:12,29	02:33,86	00:56,45	02:07,37	04:42,94	02:10,67	04:15,45
146	01:09,53	02:29,29	05:47,92	01:25,55	02:55,85	01:27,99	02:52,67	01:27,92	00:54,94	01:49,07	04:11,50	01:07,71	02:18,34	04:31,38	01:12,37	02:34,00	00:56,51	02:07,49	04:43,13	02:10,79	04:15,62
145	01:09,61	02:29,43	05:48,16	01:25,65	02:56,01	01:28,08	02:52,82	01:28,01	00:55,01	01:49,17	04:11,67	01:07,78	02:18,47	04:31,57	01:12,45	02:34,14	00:56,57	02:07,60	04:43,33	02:10,91	04:15,80
144	01:09,68	02:29,56	05:48,40	01:25,74	02:56,18	01:28,18	02:52,98	01:28,11	00:55,07	01:49,27	04:11,85	01:07,86	02:18,60	04:31,75	01:12,53	02:34,28	00:56,63	02:07,72	04:43,52	02:11,03	04:15,98
143	01:09,76	02:29,70	05:48,64	01:25,84	02:56,34	01:28,28	02:53,14	01:28,21	00:55,13	01:49,37	04:12,02	01:07,93	02:18,73	04:31,94	01:12,61	02:34,43	00:56,69	02:07,84	04:43,72	02:11,15	04:16,16
142	01:09,84	02:29,84	05:48,89	01:25,93	02:56,50	01:28,37	02:53,30	01:28,31	00:55,19	01:49,47	04:12,20	01:08,01	02:18,85	04:32,14	01:12,69	02:34,57	00:56,76	02:07,96	04:43,92	02:11,28	04:16,34
141	01:09,92	02:29,98	05:49,14	01:26,03	02:56,67	01:28,47	02:53,47	01:28,41	00:55,25	01:49,57	04:12,38	01:08,09	02:18,98	04:32,33	01:12,77	02:34,71	00:56,82	02:08,08	04:44,12	02:11,40	04:16,52
140	01:10,00	02:30,12	05:49,39	01:26,13	02:56,83	01:28,57	02:53,63	01:28,51	00:55,31	01:49,68	04:12,56	01:08,16	02:19,12	04:32,52	01:12,85	02:34,86	00:56,89	02:08,20	04:44,33	02:11,52	04:16,70
139	01:10,08	02:30,27	05:49,64	01:26,23	02:57,00	01:28,68	02:53,79	01:28,61	00:55,38	01:49,78	04:12,74	01:08,24	02:19,25	04:32,72	01:12,94	02:35,01	00:56,95	02:08,32	04:44,53	02:11,65	04:16,89
138	01:10,16	02:30,41	05:49,89	01:26,32	02:57,17	01:28,78	02:53,96	01:28,71	00:55,44	01:49,89	04:12,92	01:08,32	02:19,38	04:32,92	01:13,02	02:35,16	00:57,02	02:08,45	04:44,74	02:11,77	04:17,07
137	01:10,24	02:30,55	05:50,15	01:26,42	02:57,34	01:28,88	02:54,13	01:28,81	00:55,50	01:49,99	04:13,11	01:08,40	02:19,52	04:33,12	01:13,10	02:35,31	00:57,08	02:08,57	04:44,95	02:11,90	04:17,26
136	01:10,32	02:30,70	05:50,40	01:26,53	02:57,52	01:28,98	02:54,30	01:28,91	00:55,57	01:50,10	04:13,30	01:08,48	02:19,65	04:33,32	01:13,19	02:35,46	00:57,15	02:08,69	04:45,16	02:12,03	04:17,45
135	01:10,40	02:30,85	05:50,66	01:26,63	02:57,69	01:29,09	02:54,47	01:29,02	00:55,63	01:50,21	04:13,48	01:08,56	02:19,79	04:33,52	01:13,28	02:35,61	00:57,21	02:08,82	04:45,37	02:12,16	04:17,64
134	01:10,48	02:31,00	05:50,92	01:26,73	02:57,87	01:29,19	02:54,64	01:29,12	00:55,70	01:50,32	04:13,67	01:08,64	02:19,93	04:33,72	01:13,36	02:35,76	00:57,28	02:08,95	04:45,58	02:12,29	04:17,83
133	01:10,57	02:31,15	05:51,19	01:26,83	02:58,04	01:29,30	02:54,81	01:29,23	00:55,77	01:50,43	04:13,86	01:08,72	02:20,07	04:33,93	01:13,45	02:35,92	00:57,35	02:09,08	04:45,79	02:12,42	04:18,03
132	01:10,65	02:31,30	05:51,45	01:26,94	02:58,22	01:29,41	02:54,99	01:29,34	00:55,83	01:50,54	04:14,05	01:08,80	02:20,21	04:34,14	01:13,54	02:36,07	00:57,42	02:09,20	04:46,01	02:12,55	04:18,22
131	01:10,74	02:31,45	05:51,72	01:27,04	02:58,40	01:29,52	02:55,17	01:29,45	00:55,90	01:50,65	04:14,25	01:08,89	02:20,35	04:34,35	01:13,63	02:36,23	00:57,49	02:09,34	04:46,23	02:12,69	04:18,42
130	01:10,83	02:31,61	05:51,99	01:27,15	02:58,58	01:29,62	02:55,34	01:29,56	00:55,97	01:50,76	04:14,44	01:08,97	02:20,49	04:34,56	01:13,72	02:36,39	00:57,56	02:09,47	04:46,45	02:12,82	04:18,62
129	01:10,91	02:31,76	05:52,27	01:27,26	02:58,76	01:29,73	02:55,52	01:29,67	00:56,04	01:50,88	04:14,64	01:09,06	02:20,63	04:34,77	01:13,81	02:36,55	00:57,63	02:09,60	04:46,67	02:12,96	04:18,82
128	01:11,00	02:31,92	05:52,54	01:27,36	02:58,95	01:29,85	02:55,71	01:29,78	00:56,11	01:50,99	04:14,84	01:09,14	02:20,78	04:34,99	01:13,90	02:36,71	00:57,70	02:09,73	04:46,90	02:13,10	04:19,02
127	01:11,09	02:32,08	05:52,82	01:27,47	02:59,14	01:29,96	02:55,89	01:29,89	00:56,18	01:51,11	04:15,04	01:09,23	02:20,93	04:35,20	01:13,99	02:36,88	00:57,77	02:09,87	04:47,12	02:13,23	04:19,22
126	01:11,18	02:32,24	05:53,10	01:27,58	02:59,32	01:30,07	02:56,07	01:30,00	00:56,25	01:51,22	04:15,24	01:09,32	02:21,07	04:35,42	01:14,08	02:37,04	00:57,85	02:10,00	04:47,35	02:13,37	04:19,43
125	01:11,27	02:32,40	05:53,38	01:27,69	02:59,51	01:30,19	02:56,26	01:30,12	00:56,32	01:51,34	04:15,45	01:09,40	02:21,22	04:35,64	01:14,18	02:37,21	00:57,92	02:10,14	04:47,58	02:13,51	04:19,64
124	01:11,36	02:32,56	05:53,67	01:27,81	02:59,70	01:30,30	02:56,45	01:30,23	00:56,39	01:51,46	04:15,65	01:09,49	02:21,37	04:35,86	01:14,27	02:37,37	00:57,99	02:10,28	04:47,81	02:13,66	04:19,85
123	01:11,45	02:32,72	05:53,95	01:27,92	02:59,90	01:30,42	02:56,64	01:30,35	00:56,46	01:51,58	04:15,86	01:09,58	02:21,53	04:36,09	01:14,37	02:37,54	00:58,07	02:10,42	04:48,04	02:13,80	04:20,06
122	01:11,54	02:32,89	05:54,24	01:28,03	03:00,09	01:30,53	02:56,83	01:30,46	00:56,54	01:51,70	04:16,07	01:09,67	02:21,68	04:36,31	01:14,46	02:37,71	00:58,14	02:10,56	04:48,28	02:13,95	04:20,27
121	01:11,64	02:33,06	05:54,54	01:28,15	03:00,29	01:30,65	02:57,02	01:30,58	00:56,61	01:51,82	04:16,28	01:09,76	02:21,83	04:36,54	01:14,56	02:37,89	00:58,22	02:10,70	04:48,52	02:14,09	04:20,49
120	01:11,73	02:33,22	05:54,83	01:28,26	03:00,49	01:30,77	02:57,22	01:30,70	00:56,69	01:51,94	04:16,50	01:09,86	02:21,99	04:36,77	01:14,66	02:38,06	00:58,30	02:10,85	04:48,76	02:14,24	04:20,70
119	01:11,83	02:33,39	05:55,13	01:28,38	03:00,69	01:30,89	02:57,41	01:30,82	00:56,76	01:52,07	04:16,71	01:09,95	02:22,15	04:37,00	01:14,76	02:38,23	00:58,37	02:10,99	04:49,00	02:14,39	04:20,92
118	01:11,92	02:33,57	05:55,43	01:28,50	03:00,89	01:31,02	02:57,61	01:30,95	00:56,84	01:52,19	04:16,93	01:10,04	02:22,31	04:37,24	01:14,86	02:38,41	00:58,45	02:11,14	04:49,25	02:14,54	04:21,14
117	01:12,02	02:33,74	05:55,73	01:28,62	03:01,10	01:31,14	02:57,81	01:31,07	00:56,91	01:52,32	04:17,15	01:10,14	02:22,47	04:37,48	01:14,96	02:38,59	00:58,53	02:11,29	04:49,49	02:14,69	04:21,37
116	01:12,12	02:33,91	05:56,04	01:28,74	03:01,30	01:31,26	02:58,01	01:31,19	00:56,99	01:52,45	04:17,37	01:10,23	02:22,63	04:37,72	01:15,06	02:38,77	00:58,61	02:11,44	04:49,74	02:14,84	04:21,59
115	01:12,22	02:34,09	05:56,35	01:28,86	03:01,51	01:31,39	02:58,22	01:31,32	00:57,07	01:52,58	04:17,59	01:10,33	02:22,79	04:37,96	01:15,17	02:38,95	00:58,69	02:11,59	04:50,00	02:15,00	04:21,82
114	01:12,32	02:34,27	05:56,66	01:28,99	03:01,72	01:31,52	02:58,43	01:31,45	00:57,15	01:52,71	04:17,82	01:10,43	02:22,96	04:38,20	01:15,27	02:39,14	00:58,77	02:11,74	04:50,25	02:15,16	04:22,05
113	01:12,42	02:34,45	05:56,98	01:29,11	03:01,93	01:31,64	02:58,63	01:31,57	00:57,23	01:52,84	04:18,05	01:10,53	02:23,13	04:38,45	01:15,38	02:39,32	00:58,86	02:11,90	04:50,51	02:15,31	04:22,28
112	01:12,52	02:34,63	05:57,30	01:29,24	03:02,15	01:31,77	02:58,84	01:31,70	00:57,31	01:52,97	04:18,28	01:10,63	02:23,30	04:38,69	01:15,48	02:39,51	00:58,94	02:12,05	04:50,77	02:15,47	04:22,51
111	01:12,63	02:34,82	05:57,62	01:29,37	03:02,36	01:31,91	02:59,06	01:31,83	00:57,39	01:53,11	04:18,51	01:10,73	02:23,47	04:38,95	01:15,59	02:39,70	00:59,02	02:12,21	04:51,03	02:15,64	04:22,75
110	01:12,73	02:35,00	05:57,94	01:29,49	03:02,58	01:32,04	02:59,27	01:31,97	00:57,48	01:53,24	04:18,75	01:10,83	02:23,64	04:39,20	01:15,70	02:39,89	00:59,11	02:12,37	04:51,29	02:15,80	04:22,99
109	01:12,84	02:35,19	05:58,27	01:29,62	03:02,80	01:32,17	02:59,49	01:32,10	00:57,56	01:53,38	04:18,98	01:10,93	02:23,81	04:39,46	01:15,81	02:40,09	00:59,20	02:12,53	04:51,56	02:15,96	04:23,23
108	01:12,94	02:35,38	05:58,60	01:29,76	03:03,03	01:32,31	02:59,71	01:32,24	00:57,64	01:53,52	04:19,22	01:11,04	02:23,99	04:39,71	01:15,92	02:40,28	00:59,28	02:12,69	04:51,83	02:16,13	04:23,47
107	01:13,05	02:35,57	05:58,94	01:29,89	03:03,25	01:32,44	02:59,93	01:32,37	00:57,73	01:53,66	04:19,46	01:11,14	02:24,17	04:39,97	01:16,03	02:40,48	00:59,37	02:12,85	04:52,10	02:16,30	04:23,72
106	01:13,16	02:35,77	05:59,28	01:30,02	03:03,48	01:32,58	03:00,16	01:32,51	00:57,82	01:53,80	04:19,71	01:11,25	02:24,35	04:40,24	01:16,15	02:40,68	00:59,46	02:13,02	04:52,38	02:16,47	04:23,97
105	01:13,27	02:35,96	05:59,62	01:30,16	03:03,71	01:32,72	03:00,38	01:32,65	00:57,90	01:53,94	04:19,96	01:11,35	02:24,53	04:40,51	01:16,26	02:40,88	00:59,55	02:13,19	04:52,65	02:16,64	04:24,22
104	01:13,38	02:36,16	05:59,96	01:30,30	03:03,95	01:32,86	03:00,61	01:32,79	00:57,99	01:54,09	04:20,21	01:11,46	02:24,71	04:40,77	01:16,38	02:41,09	00:59,64	02:13,36	04:52,94	02:16,81	04:24,47
103	01:13,50	02:36,36	06:00,31	01:30,44	03:04,18	01:33,01	03:00,84	01:32,93	00:58,08	01:54,24	04:20,46	01:11,57	02:24,90	04:41,05	01:16,50	02:41,29	00:59,73	02:13,53	04:53,22	02:16,99	04:24,73
102	01:13,61	02:36,56	06:00,67	01:30,58	03:04,42	01:33,15	03:01,08	01:33,08	00:58,17	01:54,38	04:20,71	01:11,68	02:25,08	04:41,32	01:16,62	02:41,50	00:59,82	02:13,70	04:53,51	02:17,17	04:24,99
101	01:13,73	02:36,77	06:01,02	01:30,72	03:04,66	01:33,30	03:01,31	01:33,22	00:58,26	01:54,53	04:20,97	01:11,80	02:25,27	04:41,60	01:16,74	02:41,71	00:59,92	02:13,87	04:53,80	02:17,34	04:25,25
100	01:13,84	02:36,97	06:01,38	01:30,86	03:04,91	01:33,44	03:01,55	01:33,37	00:58,35	01:54,68	04:21,23	01:11,91	02:25,47	04:41,88	01:16,86	02:41,93	01:00,01	02:14,05	04:54,09	02:17,53	04:25,52
99	01:13,96	02:37,18	06:01,75	01:31,01	03:05,15	01:33,59	03:01,80	01:33,52	00:58,45	01:54,84	04:21,50	01:12,03	02:25,66	04:42,17	01:16,98	02:42,14	01:00,11	02:14,23	04:54,39	02:17,71	04:25,78
98	01:14,08	02:37,40	06:02,12	01:31,15	03:05,40	01:33,74	03:02,04	01:33,67	00:58,54	01:54,99	04:21,76	01:12,14	02:25,86	04:42,45	01:17,10	02:42,36	01:00,21	02:14,41	04:54,69	02:17,90	04:26,05

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
97	01:14,20	02:37,61	06:02,49	01:31,30	03:05,65	01:33,90	03:02,29	01:33,82	00:58,64	01:55,15	04:22,03	01:12,26	02:26,05	04:42,74	01:17,23	02:42,58	01:00,30	02:14,59	04:54,99	02:18,08	04:26,33
96	01:14,32	02:37,83	06:02,87	01:31,45	03:05,91	01:34,05	03:02,54	01:33,98	00:58,73	01:55,31	04:22,30	01:12,38	02:26,26	04:43,04	01:17,36	02:42,81	01:00,40	02:14,78	04:55,30	02:18,27	04:26,61
95	01:14,45	02:38,05	06:03,25	01:31,61	03:06,17	01:34,21	03:02,79	01:34,14	00:58,83	01:55,47	04:22,58	01:12,50	02:26,46	04:43,34	01:17,49	02:43,03	01:00,50	02:14,97	04:55,61	02:18,46	04:26,89
94	01:14,57	02:38,27	06:03,63	01:31,76	03:06,43	01:34,37	03:03,05	01:34,29	00:58,93	01:55,63	04:22,86	01:12,62	02:26,66	04:43,64	01:17,62	02:43,26	01:00,61	02:15,16	04:55,92	02:18,66	04:27,17
93	01:14,70	02:38,49	06:04,02	01:31,92	03:06,69	01:34,53	03:03,31	01:34,46	00:59,03	01:55,79	04:23,14	01:12,75	02:26,87	04:43,94	01:17,75	02:43,49	01:00,71	02:15,35	04:56,24	02:18,86	04:27,46
92	01:14,83	02:38,72	06:04,42	01:32,07	03:06,96	01:34,69	03:03,57	01:34,62	00:59,13	01:55,96	04:23,43	01:12,87	02:27,08	04:44,25	01:17,88	02:43,73	01:00,81	02:15,54	04:56,56	02:19,06	04:27,75
91	01:14,96	02:38,95	06:04,82	01:32,23	03:07,23	01:34,86	03:03,84	01:34,78	00:59,24	01:56,13	04:23,72	01:13,00	02:27,30	04:44,56	01:18,02	02:43,97	01:00,92	02:15,74	04:56,89	02:19,26	04:28,04
90	01:15,09	02:39,18	06:05,22	01:32,40	03:07,51	01:35,02	03:04,11	01:34,95	00:59,34	01:56,30	04:24,01	01:13,13	02:27,51	04:44,88	01:18,16	02:44,21	01:01,03	02:15,94	04:57,22	02:19,46	04:28,34
89	01:15,22	02:39,42	06:05,63	01:32,56	03:07,79	01:35,19	03:04,38	01:35,12	00:59,44	01:56,47	04:24,30	01:13,26	02:27,73	04:45,20	01:18,30	02:44,45	01:01,13	02:16,14	04:57,55	02:19,67	04:28,64
88	01:15,36	02:39,66	06:06,05	01:32,73	03:08,07	01:35,36	03:04,66	01:35,29	00:59,55	01:56,65	04:24,60	01:13,39	02:27,95	04:45,52	01:18,44	02:44,70	01:01,24	02:16,34	04:57,89	02:19,88	04:28,94
87	01:15,50	02:39,90	06:06,47	01:32,90	03:08,35	01:35,54	03:04,94	01:35,46	00:59,66	01:56,82	04:24,91	01:13,52	02:28,18	04:45,85	01:18,58	02:44,95	01:01,36	02:16,55	04:58,23	02:20,09	04:29,25
86	01:15,64	02:40,15	06:06,89	01:33,07	03:08,64	01:35,71	03:05,22	01:35,64	00:59,77	01:57,00	04:25,22	01:13,66	02:28,41	04:46,18	01:18,72	02:45,20	01:01,47	02:16,76	04:58,58	02:20,31	04:29,56
85	01:15,78	02:40,40	06:07,32	01:33,24	03:08,94	01:35,89	03:05,51	01:35,82	00:59,88	01:57,18	04:25,53	01:13,79	02:28,64	04:46,52	01:18,87	02:45,46	01:01,58	02:16,97	04:58,93	02:20,52	04:29,88
84	01:15,92	02:40,65	06:07,76	01:33,42	03:09,23	01:36,07	03:05,80	01:36,00	00:59,99	01:57,37	04:25,84	01:13,93	02:28,87	04:46,86	01:19,02	02:45,72	01:01,70	02:17,19	04:59,28	02:20,74	04:30,20
83	01:16,06	02:40,90	06:08,20	01:33,59	03:09,53	01:36,25	03:06,10	01:36,18	01:00,11	01:57,55	04:26,16	01:14,07	02:29,11	04:47,20	01:19,17	02:45,98	01:01,82	02:17,41	04:59,64	02:20,97	04:30,53
82	01:16,21	02:41,16	06:08,65	01:33,78	03:09,84	01:36,44	03:06,40	01:36,37	01:00,22	01:57,74	04:26,49	01:14,22	02:29,35	04:47,55	01:19,32	02:46,25	01:01,94	02:17,63	05:00,01	02:21,19	04:30,86
81	01:16,36	02:41,42	06:09,11	01:33,96	03:10,15	01:36,63	03:06,70	01:36,55	01:00,34	01:57,93	04:26,81	01:14,36	02:29,59	04:47,91	01:19,48	02:46,52	01:02,06	02:17,85	05:00,38	02:21,42	04:31,19
80	01:16,51	02:41,69	06:09,57	01:34,14	03:10,46	01:36,82	03:07,01	01:36,74	01:00,46	01:58,13	04:27,15	01:14,51	02:29,84	04:48,26	01:19,63	02:46,79	01:02,18	02:18,08	05:00,75	02:21,66	04:31,53
79	01:16,66	02:41,96	06:10,03	01:34,33	03:10,78	01:37,01	03:07,32	01:36,94	01:00,58	01:58,33	04:27,48	01:14,66	02:30,09	04:48,63	01:19,79	02:47,07	01:02,30	02:18,31	05:01,13	02:21,89	04:31,87
78	01:16,82	02:42,23	06:10,51	01:34,52	03:11,10	01:37,21	03:07,64	01:37,13	01:00,71	01:58,53	04:27,83	01:14,81	02:30,34	04:49,00	01:19,96	02:47,35	01:02,43	02:18,54	05:01,52	02:22,13	04:32,22
77	01:16,98	02:42,51	06:10,99	01:34,72	03:11,43	01:37,41	03:07,96	01:37,33	01:00,83	01:58,73	04:28,17	01:14,96	02:30,60	04:49,37	01:20,12	02:47,64	01:02,56	02:18,78	05:01,91	02:22,38	04:32,57
76	01:17,14	02:42,79	06:11,47	01:34,92	03:11,76	01:37,61	03:08,28	01:37,54	01:00,96	01:58,94	04:28,53	01:15,12	02:30,86	04:49,75	01:20,29	02:47,93	01:02,69	02:19,02	05:02,30	02:22,62	04:32,93
75	01:17,30	02:43,08	06:11,97	01:35,12	03:12,10	01:37,82	03:08,62	01:37,74	01:01,09	01:59,15	04:28,88	01:15,28	02:31,12	04:50,14	01:20,46	02:48,23	01:02,82	02:19,27	05:02,70	02:22,88	04:33,29
74	01:17,47	02:43,37	06:12,47	01:35,32	03:12,44	01:38,03	03:08,95	01:37,95	01:01,22	01:59,36	04:29,25	01:15,44	02:31,39	04:50,53	01:20,63	02:48,53	01:02,96	02:19,51	05:03,11	02:23,13	04:33,66
73	01:17,63	02:43,67	06:12,98	01:35,53	03:12,79	01:38,24	03:09,29	01:38,16	01:01,35	01:59,57	04:29,61	01:15,60	02:31,67	04:50,93	01:20,80	02:48,83	01:03,09	02:19,77	05:03,53	02:23,39	04:34,03
72	01:17,80	02:43,97	06:13,49	01:35,74	03:13,14	01:38,46	03:09,64	01:38,38	01:01,48	01:59,79	04:29,99	01:15,77	02:31,94	04:51,33	01:20,98	02:49,14	01:03,23	02:20,02	05:03,95	02:23,65	04:34,41
71	01:17,98	02:44,27	06:14,02	01:35,95	03:13,50	01:38,67	03:09,99	01:38,60	01:01,62	02:00,01	04:30,37	01:15,94	02:32,23	04:51,74	01:21,16	02:49,45	01:03,37	02:20,28	05:04,37	02:23,92	04:34,80
70	01:18,15	02:44,58	06:14,55	01:36,16	03:13,86	01:38,90	03:10,35	01:38,82	01:01,76	02:00,24	04:30,75	01:16,11	02:32,51	04:52,15	01:21,34	02:49,77	01:03,51	02:20,55	05:04,81	02:24,19	04:35,19
69	01:18,33	02:44,89	06:15,09	01:36,39	03:14,23	01:39,12	03:10,71	01:39,05	01:01,90	02:00,47	04:31,14	01:16,28	02:32,80	04:52,58	01:21,53	02:50,10	01:03,66	02:20,81	05:05,25	02:24,46	04:35,59
68	01:18,51	02:45,21	06:15,64	01:36,61	03:14,61	01:39,35	03:11,08	01:39,28	01:02,04	02:00,70	04:31,54	01:16,46	02:33,10	04:53,00	01:21,72	02:50,43	01:03,81	02:21,09	05:05,69	02:24,74	04:35,99
67	01:18,70	02:45,54	06:16,20	01:36,84	03:14,99	01:39,59	03:11,46	01:39,51	01:02,19	02:00,94	04:31,94	01:16,64	02:33,40	04:53,44	01:21,91	02:50,76	01:03,96	02:21,37	05:06,15	02:25,03	04:36,40
66	01:18,89	02:45,87	06:16,77	01:37,07	03:15,38	01:39,83	03:11,84	01:39,75	01:02,34	02:01,18	04:32,35	01:16,82	02:33,71	04:53,88	01:22,11	02:51,10	01:04,11	02:21,65	05:06,61	02:25,32	04:36,82
65	01:19,08	02:46,21	06:17,35	01:37,31	03:15,78	01:40,07	03:12,23	01:39,99	01:02,49	02:01,43	04:32,77	01:17,01	02:34,02	04:54,33	01:22,31	02:51,45	01:04,27	02:21,93	05:07,08	02:25,61	04:37,24
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63	01:19,47	02:46,90	06:18,53	01:37,79	03:16,59	01:40,57	03:13,03	01:40,49	01:02,80	02:01,93	04:33,63	01:17,39	02:34,66	04:55,26	01:22,72	02:52,16	01:04,59	02:22,52	05:08,05	02:26,22	04:38,12
62	01:19,68	02:47,25	06:19,14	01:38,04	03:17,01	01:40,82	03:13,44	01:40,75	01:02,96	02:02,19	04:34,07	01:17,59	02:34,99	04:55,73	01:22,93	02:52,53	01:04,75	02:22,83	05:08,54	02:26,53	04:38,56
61	01:19,88	02:47,61	06:19,76	01:38,29	03:17,44	01:41,09	03:13,86	01:41,01	01:03,13	02:02,46	04:34,52	01:17,79	02:35,32	04:56,22	01:23,14	02:52,90	01:04,92	02:23,14	05:09,05	02:26,85	04:39,02
60	01:20,09	02:47,98	06:20,39	01:38,55	03:17,87	01:41,35	03:14,28	01:41,27	01:03,29	02:02,72	04:34,97	01:18,00	02:35,66	04:56,71	01:23,36	02:53,28	01:05,09	02:23,45	05:09,56	02:27,17	04:39,48
59	01:20,31	02:48,35	06:21,03	01:38,82	03:18,31	01:41,62	03:14,72	01:41,54	01:03,46	02:03,00	04:35,44	01:18,21	02:36,01	04:57,21	01:23,59	02:53,67	01:05,27	02:23,77	05:10,08	02:27,50	04:39,95
58	01:20,53	02:48,74	06:21,69	01:39,08	03:18,76	01:41,90	03:15,16	01:41,82	01:03,63	02:03,28	04:35,91	01:18,42	02:36,37	04:57,72	01:23,81	02:54,06	01:05,44	02:24,10	05:10,61	02:27,83	04:40,43
57	01:20,75	02:49,13	06:22,35	01:39,36	03:19,22	01:42,18	03:15,61	01:42,10	01:03,81	02:03,56	04:36,39	01:18,64	02:36,73	04:58,24	01:24,05	02:54,46	01:05,62	02:24,43	05:11,16	02:28,17	04:40,92
56	01:20,98	02:49,52	06:23,03	01:39,64	03:19,69	01:42,47	03:16,07	01:42,39	01:03,99	02:03,85	04:36,88	01:18,86	02:37,10	04:58,77	01:24,28	02:54,87	01:05,81	02:24,77	05:11,71	02:28,52	04:41,42
55	01:21,21	02:49,93	06:23,73	01:39,92	03:20,17	01:42,76	03:16,54	01:42,68	01:04,17	02:04,15	04:37,38	01:19,08	02:37,47	04:59,31	01:24,52	02:55,29	01:06,00	02:25,11	05:12,27	02:28,88	04:41,93
54	01:21,45	02:50,34	06:24,43	01:40,22	03:20,65	01:43,06	03:17,02	01:42,98	01:04,36	02:04,45	04:37,89	01:19,31	02:37,85	04:59,86	01:24,77	02:55,72	01:06,19	02:25,47	05:12,85	02:29,24	04:42,45
53	01:21,69	02:50,77	06:25,15	01:40,52	03:21,15	01:43,37	03:17,51	01:43,29	01:04,55	02:04,76	04:38,42	01:19,55	02:38,25	05:00,42	01:25,02	02:56,16	01:06,39	02:25,83	05:13,44	02:29,61	04:42,98
52	01:21,94	02:51,20	06:25,89	01:40,82	03:21,66	01:43,68	03:18,01	01:43,60	01:04,75	02:05,08	04:38,95	01:19,79	02:38,65	05:01,00	01:25,28	02:56,60	01:06,59	02:26,20	05:14,04	02:29,99	04:43,52
51	01:22,19	02:51,64	06:26,64	01:41,13	03:22,18	01:44,01	03:18,52	01:43,93	01:04,95	02:05,40	04:39,49	01:20,04	02:39,06	05:01,59	01:25,54	02:57,06	01:06,80	02:26,58	05:14,65	02:30,37	04:44,08
50	01:22,45	02:52,09	06:27,41	01:41,45	03:22,71	01:44,33	03:19,04	01:44,25	01:05,15	02:05,73	04:40,05	01:20,29	02:39,47	05:02,19	01:25,81	02:57,52	01:07,01	02:26,96	05:15,27	02:30,77	04:44,64
49	01:22,71	02:52,55	06:28,20	01:41,78	03:23,26	01:44,67	03:19,57	01:44,59	01:05,36	02:06,07	04:40,62	01:20,55	02:39,90	05:02,80	01:26,09	02:58,00	01:07,22	02:27,36	05:15,91	02:31,17	04:45,22
48	01:22,99	02:53,03	06:29,00	01:42,11	03:23,81	01:45,01	03:20,12	01:44,93	01:05,58	02:06,41	04:41,20	01:20,81	02:40,34	05:03,43	01:26,37	02:58,49	01:07,44	02:27,76	05:16,57	02:31,59	04:45,81
47	01:23,26	02:53,51	06:29,83	01:42,45	03:24,38	01:45,37	03:20,68	01:45,28	01:05,80	02:06,76	04:41,79	01:21,09	02:40,79	05:04,07	01:26,66	02:58,99	01:07,67	02:28,17	05:17,24	02:32,01	04:46,41
46	01:23,55	02:54,01	06:30,67	01:42,81	03:24,97	01:45,73	03:21,25	01:45,64	01:06,02	02:07,13	04:42,40	01:21,36	02:41,25	05:04,72	01:26,96	02:59,50	01:07,90	02:28,60	05:17,92	02:32,45	04:47,03
45	01:23,84	02:54,51	06:31,53	01:43,17	03:25,57	01:46,10	03:21,84	01:46,01	01:06,26	02:07,50	04:43,02	01:21,65	02:41,72	05:05,40	01:27,26	03:00,02	01:08,14	02:29,03	05:18,62	02:32,89	04:47,67
44	01:24,14	02:55,03	06:32,41	01:43,53	03:26,18	01:46,48	03:22,44	01:46,39	01:06,49	02:07,88	04:43,66	01:21,94	02:42,20	05:06,09	01:27,58	03:00,56	01:08,38	02:29,47	05:19,34	02:33,35	04:48,32
43	01:24,45	02:55,57	06:33,32	01:43,91	03:26,81	01:46,87	03:23,06	01:46,78	01:06,74	02:08,27	04:44,32	01:22,24	02:42,70	05:06,79	01:27,90	03:01,11	01:08,63	02:29,93	05:20,08	02:33,82	04:48,98
42	01:24,77	02:56,12	06:34,25	01:44,30	03:27,46	01:47,27	03:23,69	01:47,18	01:06,99	02:08,67	04:44,99	01:22,55	02:43,21	05:07,52	01:28,23	03:01,68	01:08,89	02:30,40	05:20,84	02:34,30	04:49,66
41	01:25,09	02:56,68	06:35,21	01:44,70	03:28,12	01:47,68	03:24,35	01:47,60	01:07,24	02:09,08	04:45,68	01:22,87	02:43,73	05:08,26	01:28,57	03:02,26	01:09,15	02:30,88	05:21,61	02:34,79	04:50,37
40	01:25,43	02:57,26	06:36,19	01:45,12	03:28,80	01:48,10	03:25,02	01:48,02	01:07,51	02:09,51	04:46,39	01:23,19	02:44,27	05:09,03	01:28,91	03:02,86	01:09,43	02:31,38	05:22,41	02:35,30	04:51,09
39	01:25,77	02:57,86	06:37,19	01:45,54	03:29,51	01:48,54	03:25,71	01:48,46	01:07,78	02:09,94	04:47,12	01:23,53	02:44,82	05:09,81	01:29,27	03:03,47	01:09,71	02:31,89	05:23,23	02:35,82	04:51,83
38	01:26,13	02:58,47	06:38,23	01:45,98	03:30,23	01:48,99	03:26,42	01:48,90	01:08,06	02:10,39	04:47,87	01:23,87	02:45,39	05:10,62	01:29,64	03:04,10	01:10,00	02:32,41	05:24,08	02:36,36	04:52,59
37	01:26,49	02:59,10	06:39,30	01:46,43	03:30,97	01:49,45	03:27,15	01:49,37	01:08,35	02:10,85	04:48,64	01:24,23	02:45,97	05:11,46	01:30,02	03:04,76	01:10,29	02:32,95	05:24,94	02:36,91	04:53,37

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
36	01:26,87	02:59,76	06:40,40	01:46,89	03:31,74	01:49,93	03:27,90	01:49,84	01:08,65	02:11,33	04:49,43	01:24,60	02:46,58	05:12,31	01:30,42	03:05,43	01:10,60	02:33,51	05:25,84	02:37,49	04:54,18
35	01:27,26	03:00,43	06:41,53	01:47,37	03:32,53	01:50,42	03:28,68	01:50,34	01:08,96	02:11,82	04:50,25	01:24,98	02:47,20	05:13,20	01:30,82	03:06,12	01:10,92	02:34,08	05:26,76	02:38,07	04:55,01
34	01:27,66	03:01,12	06:42,70	01:47,87	03:33,35	01:50,93	03:29,49	01:50,85	01:09,28	02:12,33	04:51,10	01:25,37	02:47,84	05:14,11	01:31,24	03:06,84	01:11,24	02:34,67	05:27,71	02:38,68	04:55,87
33	01:28,08	03:01,84	06:43,91	01:48,38	03:34,20	01:51,46	03:30,32	01:51,38	01:09,61	02:12,85	04:51,97	01:25,78	02:48,51	05:15,05	01:31,68	03:07,58	01:11,58	02:35,29	05:28,70	02:39,31	04:56,76
32	01:28,51	03:02,59	06:45,16	01:48,91	03:35,08	01:52,01	03:31,18	01:51,92	01:09,95	02:13,40	04:52,87	01:26,20	02:49,20	05:16,03	01:32,13	03:08,35	01:11,93	02:35,92	05:29,71	02:39,96	04:57,68
31	01:28,96	03:03,36	06:46,45	01:49,46	03:35,98	01:52,58	03:32,07	01:52,49	01:10,30	02:13,96	04:53,81	01:26,63	02:49,91	05:17,03	01:32,59	03:09,14	01:12,30	02:36,58	05:30,77	02:40,64	04:58,63
30	01:29,43	03:04,16	06:47,79	01:50,04	03:36,92	01:53,16	03:32,99	01:53,08	01:10,67	02:14,54	04:54,78	01:27,09	02:50,65	05:18,08	01:33,08	03:09,97	01:12,68	02:37,26	05:31,86	02:41,34	04:59,61
29	01:29,91	03:04,99	06:49,18	01:50,63	03:37,90	01:53,78	03:33,95	01:53,69	01:11,05	02:15,15	04:55,78	01:27,56	02:51,42	05:19,16	01:33,58	03:10,82	01:13,07	02:37,97	05:32,99	02:42,07	05:00,63
28	01:30,41	03:05,85	06:50,62	01:51,25	03:38,92	01:54,41	03:34,95	01:54,32	01:11,45	02:15,78	04:56,82	01:28,05	02:52,22	05:20,29	01:34,10	03:11,72	01:13,48	02:38,71	05:34,16	02:42,82	05:01,69
27	01:30,94	03:06,75	06:52,12	01:51,90	03:39,98	01:55,08	03:35,99	01:54,99	01:11,86	02:16,44	04:57,91	01:28,56	02:53,06	05:21,46	01:34,65	03:12,64	01:13,91	02:39,48	05:35,38	02:43,61	05:02,80
26	01:31,49	03:07,69	06:53,69	01:52,57	03:41,08	01:55,77	03:37,07	01:55,68	01:12,30	02:17,12	04:59,04	01:29,09	02:53,93	05:22,68	01:35,22	03:13,61	01:14,35	02:40,28	05:36,65	02:44,43	05:03,94
25	01:32,06	03:08,66	06:55,32	01:53,27	03:42,24	01:56,49	03:38,21	01:56,40	01:12,75	02:17,84	05:00,22	01:29,65	02:54,83	05:23,95	01:35,82	03:14,62	01:14,82	02:41,11	05:37,98	02:45,29	05:05,14
24	01:32,66	03:09,69	06:57,02	01:54,01	03:43,44	01:57,25	03:39,39	01:57,16	01:13,22	02:18,59	05:01,45	01:30,23	02:55,78	05:25,28	01:36,44	03:15,68	01:15,30	02:41,99	05:39,37	02:46,19	05:06,40
23	01:33,29	03:10,76	06:58,81	01:54,79	03:44,71	01:58,05	03:40,63	01:57,96	01:13,72	02:19,37	05:02,74	01:30,85	02:56,78	05:26,67	01:37,10	03:16,78	01:15,81	02:42,91	05:40,82	02:47,13	05:07,71
22	01:33,95	03:11,89	07:00,68	01:55,60	03:46,04	01:58,89	03:41,94	01:58,79	01:14,24	02:20,19	05:04,10	01:31,49	02:57,82	05:28,13	01:37,78	03:17,95	01:16,35	02:43,87	05:42,35	02:48,12	05:09,08
21	01:34,65	03:13,08	07:02,65	01:56,46	03:47,43	01:59,77	03:43,31	01:59,68	01:14,79	02:21,06	05:05,52	01:32,17	02:58,92	05:29,67	01:38,51	03:19,17	01:16,92	02:44,88	05:43,95	02:49,16	05:10,53
20	01:35,38	03:14,33	07:04,72	01:57,37	03:48,91	02:00,70	03:44,76	02:00,61	01:15,38	02:21,98	05:07,02	01:32,89	03:00,08	05:31,29	01:39,28	03:20,47	01:17,52	02:45,95	05:45,64	02:50,26	05:12,05
19	01:36,17	03:15,66	07:06,91	01:58,33	03:50,47	02:01,69	03:46,30	02:01,60	01:15,99	02:22,95	05:08,60	01:33,65	03:01,31	05:33,00	01:40,09	03:21,83	01:18,15	02:47,09	05:47,42	02:51,42	05:13,66
18	01:37,00	03:17,07	07:09,24	01:59,35	03:52,13	02:02,74	03:47,92	02:02,65	01:16,65	02:23,98	05:10,28	01:34,46	03:02,62	05:34,81	01:40,96	03:23,29	01:18,83	02:48,29	05:49,31	02:52,65	05:15,37
17	01:37,88	03:18,57	07:11,71	02:00,44	03:53,90	02:03,86	03:49,66	02:03,77	01:17,35	02:25,07	05:12,07	01:35,32	03:04,01	05:36,73	01:41,88	03:24,83	01:19,55	02:49,57	05:51,32	02:53,97	05:17,18
16	01:38,83	03:20,17	07:14,34	02:01,61	03:55,79	02:05,06	03:51,51	02:04,97	01:18,10	02:26,24	05:13,97	01:36,24	03:05,49	05:38,79	01:42,86	03:26,49	01:20,32	02:50,94	05:53,46	02:55,37	05:19,12
15	01:39,85	03:21,89	07:17,16	02:02,86	03:57,82	02:06,35	03:53,50	02:06,25	01:18,90	02:27,50	05:16,01	01:37,24	03:07,09	05:40,99	01:43,93	03:28,26	01:21,15	02:52,41	05:55,76	02:56,88	05:21,19
14	01:40,95	03:23,75	07:20,20	02:04,22	04:00,00	02:07,75	03:55,65	02:07,65	01:19,77	02:28,86	05:18,20	01:38,31	03:08,81	05:43,36	01:45,07	03:30,18	01:22,04	02:53,99	05:58,23	02:58,50	05:23,42
13	01:42,15	03:25,76	07:23,48	02:05,69	04:02,37	02:09,26	03:57,98	02:09,16	01:20,72	02:30,33	05:20,58	01:39,47	03:10,67	05:45,92	01:46,32	03:32,25	01:23,02	02:55,71	06:00,90	03:00,27	05:25,84
12	01:43,46	03:27,96	07:27,06	02:07,30	04:04,96	02:10,92	04:00,52	02:10,82	01:21,75	02:31,93	05:23,17	01:40,75	03:12,71	05:48,71	01:47,68	03:34,52	01:24,08	02:57,59	06:03,81	03:02,19	05:28,46
11	01:44,90	03:30,37	07:30,98	02:09,07	04:07,80	02:12,74	04:03,31	02:12,64	01:22,89	02:33,69	05:26,00	01:42,15	03:14,95	05:51,77	01:49,18	03:37,01	01:25,25	02:59,65	06:07,00	03:04,31	05:31,34
10	01:46,50	03:33,05	07:35,31	02:11,05	04:10,96	02:14,77	04:06,41	02:14,66	01:24,16	02:35,65	05:29,13	01:43,71	03:17,43	05:55,15	01:50,85	03:39,77	01:26,55	03:01,94	06:10,53	03:06,65	05:34,53
9	01:48,30	03:36,05	07:40,15	02:13,26	04:14,49	02:17,05	04:09,87	02:16,94	01:25,58	02:37,84	05:32,63	01:45,47	03:20,21	05:58,92	01:52,72	03:42,86	01:28,01	03:04,50	06:14,47	03:09,28	05:38,08
8	01:50,35	03:39,45	07:45,62	02:15,78	04:18,50	02:19,64	04:13,81	02:19,53	01:27,20	02:40,33	05:36,58	01:47,46	03:23,36	06:03,19	01:54,85	03:46,37	01:29,68	03:07,40	06:18,92	03:12,26	05:42,10
7	01:52,72	03:43,37	07:51,91	02:18,69	04:23,11	02:22,63	04:18,34	02:22,52	01:29,07	02:43,19	05:41,12	01:49,77	03:26,99	06:08,09	01:57,32	03:50,42	01:31,60	03:10,75	06:24,03	03:15,69	05:46,72
6	01:55,51	03:47,98	07:59,26	02:22,14	04:28,55	02:26,17	04:23,68	02:26,06	01:31,28	02:46,56	05:46,44	01:52,49	03:31,27	06:13,83	02:00,23	03:55,18	01:33,88	03:14,69	06:30,02	03:19,74	05:52,12
5	01:58,91	03:53,56	08:08,11	02:26,32	04:35,12	02:30,48	04:30,14	02:30,36	01:33,97	02:50,64	05:52,84	01:55,80	03:36,44	06:20,73	02:03,77	04:00,94	01:36,64	03:19,46	06:37,22	03:24,63	05:58,62
4	02:03,21	04:00,58	08:19,16	02:31,60	04:43,39	02:35,91	04:38,25	02:35,79	01:37,36	02:55,77	06:00,83	01:59,98	03:42,94	06:29,35	02:08,24	04:08,17	01:40,13	03:25,45	06:46,21	03:30,77	06:06,75
3	02:08,98	04:09,94	08:33,78	02:38,70	04:54,41	02:43,21	04:49,07	02:43,08	01:41,92	03:02,60	06:11,40	02:05,60	03:51,61	06:40,75	02:14,24	04:17,83	01:44,82	03:33,44	06:58,11	03:38,97	06:17,49
2	02:17,57	04:23,75	08:55,12	02:49,27	05:10,68	02:54,08	05:05,05	02:53,95	01:48,71	03:12,69	06:26,82	02:13,97	04:04,41	06:57,40	02:23,18	04:32,07	01:51,80	03:45,23	07:15,47	03:51,07	06:33,16
1	02:33,60	04:49,15	09:33,66	03:09,00	05:40,60	03:14,37	05:34,43	03:14,22	02:01,38	03:31,25	06:54,68	02:29,58	04:27,95	07:27,46	02:39,87	04:58,28	02:04,83	04:06,92	07:46,84	04:13,32	07:01,48

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1500	00:26,57	00:58,64	02:12,12	04:43,95	09:40,20	18:50,64	00:30,54	01:05,08	02:45,94	00:34,45	01:14,07	02:46,18	00:30,35	01:11,03	02:37,73	02:22,19	05:49,37
1499	00:26,57	00:58,64	02:12,13	04:43,97	09:40,24	18:50,72	00:30,54	01:05,09	02:45,95	00:34,46	01:14,07	02:46,19	00:30,35	01:11,04	02:37,74	02:22,20	05:49,40
1498	00:26,58	00:58,65	02:12,14	04:43,99	09:40,28	18:50,79	00:30,54	01:05,10	02:45,96	00:34,46	01:14,08	02:46,20	00:30,35	01:11,05	02:37,75	02:22,20	05:49,42
1497	00:26,58	00:58,66	02:12,15	04:44,01	09:40,31	18:50,87	00:30,55	01:05,10	02:45,97	00:34,47	01:14,09	02:46,21	00:30,36	01:11,05	02:37,76	02:22,21	05:49,44
1496	00:26,58	00:58,66	02:12,16	04:44,03	09:40,35	18:50,94	00:30,55	01:05,11	02:45,98	00:34,47	01:14,09	02:46,22	00:30,36	01:11,06	02:37,77	02:22,22	05:49,47
1495	00:26,58	00:58,67	02:12,17	04:44,04	09:40,39	18:51,02	00:30,55	01:05,11	02:46,00	00:34,47	01:14,10	02:46,24	00:30,36	01:11,07	02:37,78	02:22,23	05:49,49
1494	00:26,59	00:58,67	02:12,18	04:44,06	09:40,43	18:51,10	00:30,56	01:05,12	02:46,01	00:34,48	01:14,11	02:46,25	00:30,37	01:11,07	02:37,79	02:22,24	05:49,51
1493	00:26,59	00:58,68	02:12,19	04:44,08	09:40,47	18:51,17	00:30,56	01:05,12	02:46,02	00:34,48	01:14,11	02:46,26	00:30,37	01:11,08	02:37,80	02:22,25	05:49,54
1492	00:26,59	00:58,68	02:12,19	04:44,10	09:40,51	18:51,25	00:30,56	01:05,13	02:46,03	00:34,48	01:14,12	02:46,27	00:30,37	01:11,09	02:37,81	02:22,26	05:49,56
1491	00:26,60	00:58,69	02:12,20	04:44,12	09:40,55	18:51,32	00:30,57	01:05,14	02:46,04	00:34,49	01:14,13	02:46,28	00:30,38	01:11,09	02:37,83	02:22,27	05:49,58
1490	00:26,60	00:58,69	02:12,21	04:44,14	09:40,59	18:51,40	00:30,57	01:05,14	02:46,05	00:34,49	01:14,13	02:46,29	00:30,38	01:11,10	02:37,84	02:22,28	05:49,61
1489	00:26,60	00:58,70	02:12,22	04:44,16	09:40,63	18:51,48	00:30,57	01:05,15	02:46,06	00:34,50	01:14,14	02:46,30	00:30,38	01:11,10	02:37,85	02:22,29	05:49,63
1488	00:26,60	00:58,70	02:12,23	04:44,18	09:40,67	18:51,55	00:30,58	01:05,15	02:46,07	00:34,50	01:14,15	02:46,31	00:30,39	01:11,11	02:37,86	02:22,30	05:49,65
1487	00:26,61	00:58,71	02:12,24	04:44,20	09:40,70	18:51,63	00:30,58	01:05,16	02:46,08	00:34,50	01:14,15	02:46,32	00:30,39	01:11,12	02:37,87	02:22,31	05:49,68
1486	00:26,61	00:58,71	02:12,25	04:44,22	09:40,74	18:51,70	00:30,58	01:05,16	02:46,10	00:34,51	01:14,16	02:46,34	00:30,39	01:11,12	02:37,88	02:22,32	05:49,70
1485	00:26,61	00:58,72	02:12,26	04:44,24	09:40,78	18:51,78	00:30,58	01:05,17	02:46,11	00:34,51	01:14,17	02:46,35	00:30,40	01:11,13	02:37,89	02:22,33	05:49,72
1484	00:26,62	00:58,72	02:12,27	04:44,25	09:40,82	18:51,86	00:30,59	01:05,18	02:46,12	00:34,51	01:14,17	02:46,36	00:30,40	01:11,14	02:37,90	02:22,34	05:49,75
1483	00:26,62	00:58,73	02:12,27	04:44,27	09:40,86	18:51,93	00:30,59	01:05,18	02:46,13	00:34,52	01:14,18	02:46,37	00:30,40	01:11,14	02:37,91	02:22,35	05:49,77
1482	00:26,62	00:58,73	02:12,28	04:44,29	09:40,90	18:52,01	00:30,59	01:05,19	02:46,14	00:34,52	01:14,19	02:46,38	00:30,41	01:11,15	02:37,92	02:22,36	05:49,80
1481	00:26,62	00:58,74	02:12,29	04:44,31	09:40,94	18:52,09	00:30,60	01:05,19	02:46,15	00:34,52	01:14,19	02:46,39	00:30,41	01:11,16	02:37,93	02:22,37	05:49,82
1480	00:26,63	00:58,74	02:12,30	04:44,33	09:40,98	18:52,16	00:30,60	01:05,20	02:46,16	00:34,53	01:14,20	02:46,40	00:30,41	01:11,16	02:37,94	02:22,38	05:49,84
1479	00:26,63	00:58,75	02:12,31	04:44,35	09:41,02	18:52,24	00:30,60	01:05,21	02:46,17	00:34,53	01:14,21	02:46,41	00:30,42	01:11,17	02:37,95	02:22,39	05:49,87
1478	00:26,63	00:58,75	02:12,32	04:44,37	09:41,06	18:52,32	00:30,61	01:05,21	02:46,19	00:34,54	01:14,21	02:46,43	00:30,42	01:11,17	02:37,96	02:22,40	05:49,89
1477	00:26,64	00:58,76	02:12,33	04:44,39	09:41,10	18:52,39	00:30,61	01:05,22	02:46,20	00:34,54	01:14,22	02:46,44	00:30,42	01:11,18	02:37,98	02:22,41	05:49,91
1476	00:26,64	00:58,77	02:12,34	04:44,41	09:41,14	18:52,47	00:30,61	01:05,22	02:46,21	00:34,54	01:14,23	02:46,45	00:30,43	01:11,19	02:37,99	02:22,42	05:49,94
1475	00:26,64	00:58,77	02:12,35	04:44,43	09:41,18	18:52,55	00:30,62	01:05,23	02:46,22	00:34,55	01:14,23	02:46,46	00:30,43	01:11,19	02:38,00	02:22,43	05:49,96
1474	00:26,64	00:58,78	02:12,36	04:44,45	09:41,22	18:52,63	00:30,62	01:05,23	02:46,23	00:34,55	01:14,24	02:46,47	00:30,43	01:11,20	02:38,01	02:22,44	05:49,99
1473	00:26,65	00:58,78	02:12,36	04:44,47	09:41,26	18:52,70	00:30,62	01:05,24	02:46,24	00:34,55	01:14,25	02:46,48	00:30,44	01:11,21	02:38,02	02:22,45	05:50,01
1472	00:26,65	00:58,79	02:12,37	04:44,49	09:41,30	18:52,78	00:30,63	01:05,25	02:46,25	00:34,56	01:14,25	02:46,49	00:30,44	01:11,21	02:38,03	02:22,45	05:50,03
1471	00:26,65	00:58,79	02:12,38	04:44,51	09:41,34	18:52,86	00:30,63	01:05,25	02:46,26	00:34,56	01:14,26	02:46,51	00:30,44	01:11,22	02:38,04	02:22,46	05:50,06
1470	00:26,66	00:58,80	02:12,39	04:44,53	09:41,37	18:52,93	00:30,63	01:05,26	02:46,28	00:34,57	01:14,27	02:46,52	00:30,45	01:11,23	02:38,05	02:22,47	05:50,08
1469	00:26,66	00:58,80	02:12,40	04:44,54	09:41,41	18:53,01	00:30,64	01:05,26	02:46,29	00:34,57	01:14,27	02:46,53	00:30,45	01:11,23	02:38,06	02:22,48	05:50,11
1468	00:26,66	00:58,81	02:12,41	04:44,56	09:41,45	18:53,09	00:30,64	01:05,27	02:46,30	00:34,57	01:14,28	02:46,54	00:30,45	01:11,24	02:38,07	02:22,49	05:50,13
1467	00:26,66	00:58,81	02:12,42	04:44,58	09:41,49	18:53,17	00:30,64	01:05,28	02:46,31	00:34,58	01:14,29	02:46,55	00:30,46	01:11,24	02:38,08	02:22,50	05:50,15
1466	00:26,67	00:58,82	02:12,43	04:44,60	09:41,53	18:53,24	00:30,65	01:05,28	02:46,32	00:34,58	01:14,29	02:46,56	00:30,46	01:11,25	02:38,09	02:22,51	05:50,18
1465	00:26,67	00:58,82	02:12,44	04:44,62	09:41,57	18:53,32	00:30,65	01:05,29	02:46,33	00:34,58	01:14,30	02:46,57	00:30,46	01:11,26	02:38,10	02:22,52	05:50,20
1464	00:26,67	00:58,83	02:12,45	04:44,64	09:41,61	18:53,40	00:30,65	01:05,29	02:46,34	00:34,59	01:14,31	02:46,59	00:30,47	01:11,26	02:38,12	02:22,53	05:50,23
1463	00:26,68	00:58,83	02:12,46	04:44,66	09:41,65	18:53,48	00:30,66	01:05,30	02:46,36	00:34,59	01:14,31	02:46,60	00:30,47	01:11,27	02:38,13	02:22,54	05:50,25
1462	00:26,68	00:58,84	02:12,46	04:44,68	09:41,69	18:53,56	00:30,66	01:05,31	02:46,37	00:34,60	01:14,32	02:46,61	00:30,47	01:11,28	02:38,14	02:22,55	05:50,27
1461	00:26,68	00:58,85	02:12,47	04:44,70	09:41,73	18:53,63	00:30,66	01:05,31	02:46,38	00:34,60	01:14,33	02:46,62	00:30,48	01:11,28	02:38,15	02:22,56	05:50,30
1460	00:26,68	00:58,85	02:12,48	04:44,72	09:41,77	18:53,71	00:30,67	01:05,32	02:46,39	00:34,60	01:14,33	02:46,63	00:30,48	01:11,29	02:38,16	02:22,57	05:50,32
1459	00:26,69	00:58,86	02:12,49	04:44,74	09:41,81	18:53,79	00:30,67	01:05,32	02:46,40	00:34,61	01:14,34	02:46,64	00:30,48	01:11,30	02:38,17	02:22,58	05:50,35
1458	00:26,69	00:58,86	02:12,50	04:44,76	09:41,85	18:53,87	00:30,67	01:05,33	02:46,41	00:34,61	01:14,35	02:46,65	00:30,49	01:11,30	02:38,18	02:22,59	05:50,37
1457	00:26,69	00:58,87	02:12,51	04:44,78	09:41,89	18:53,95	00:30,68	01:05,34	02:46,42	00:34,61	01:14,35	02:46,67	00:30,49	01:11,31	02:38,19	02:22,60	05:50,39
1456	00:26,70	00:58,87	02:12,52	04:44,80	09:41,93	18:54,02	00:30,68	01:05,34	02:46,44	00:34,62	01:14,36	02:46,68	00:30,49	01:11,32	02:38,20	02:22,61	05:50,42
1455	00:26,70	00:58,88	02:12,53	04:44,82	09:41,97	18:54,10	00:30,68	01:05,35	02:46,45	00:34,62	01:14,37	02:46,69	00:30,50	01:11,32	02:38,21	02:22,62	05:50,44
1454	00:26,70	00:58,88	02:12,54	04:44,84	09:42,01	18:54,18	00:30,69	01:05,35	02:46,46	00:34,63	01:14,37	02:46,70	00:30,50	01:11,33	02:38,22	02:22,63	05:50,47

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1453	00:26,71	00:58,89	02:12,55	04:44,86	09:42,05	18:54,26	00:30,69	01:05,36	02:46,47	00:34,63	01:14,38	02:46,71	00:30,50	01:11,34	02:38,23	02:22,64	05:50,49
1452	00:26,71	00:58,89	02:12,56	04:44,88	09:42,09	18:54,34	00:30,69	01:05,37	02:46,48	00:34,63	01:14,39	02:46,72	00:30,51	01:11,34	02:38,25	02:22,65	05:50,51
1451	00:26,71	00:58,90	02:12,56	04:44,90	09:42,13	18:54,41	00:30,70	01:05,37	02:46,49	00:34,64	01:14,39	02:46,73	00:30,51	01:11,35	02:38,26	02:22,66	05:50,54
1450	00:26,71	00:58,90	02:12,57	04:44,92	09:42,17	18:54,49	00:30,70	01:05,38	02:46,50	00:34,64	01:14,40	02:46,75	00:30,51	01:11,36	02:38,27	02:22,67	05:50,56
1449	00:26,72	00:58,91	02:12,58	04:44,94	09:42,21	18:54,57	00:30,70	01:05,38	02:46,52	00:34,65	01:14,41	02:46,76	00:30,52	01:11,36	02:38,28	02:22,68	05:50,59
1448	00:26,72	00:58,91	02:12,59	04:44,96	09:42,26	18:54,65	00:30,71	01:05,39	02:46,53	00:34,65	01:14,41	02:46,77	00:30,52	01:11,37	02:38,29	02:22,69	05:50,61
1447	00:26,72	00:58,92	02:12,60	04:44,98	09:42,30	18:54,73	00:30,71	01:05,40	02:46,54	00:34,65	01:14,42	02:46,78	00:30,52	01:11,37	02:38,30	02:22,70	05:50,64
1446	00:26,73	00:58,93	02:12,61	04:45,00	09:42,34	18:54,81	00:30,71	01:05,40	02:46,55	00:34,66	01:14,43	02:46,79	00:30,53	01:11,38	02:38,31	02:22,71	05:50,66
1445	00:26,73	00:58,93	02:12,62	04:45,02	09:42,38	18:54,89	00:30,72	01:05,41	02:46,56	00:34,66	01:14,44	02:46,80	00:30,53	01:11,39	02:38,32	02:22,72	05:50,68
1444	00:26,73	00:58,94	02:12,63	04:45,04	09:42,42	18:54,97	00:30,72	01:05,41	02:46,57	00:34,66	01:14,44	02:46,82	00:30,53	01:11,39	02:38,33	02:22,73	05:50,71
1443	00:26,73	00:58,94	02:12,64	04:45,06	09:42,46	18:55,04	00:30,72	01:05,42	02:46,59	00:34,67	01:14,45	02:46,83	00:30,54	01:11,40	02:38,34	02:22,74	05:50,73
1442	00:26,74	00:58,95	02:12,65	04:45,07	09:42,50	18:55,12	00:30,73	01:05,43	02:46,60	00:34,67	01:14,46	02:46,84	00:30,54	01:11,41	02:38,36	02:22,75	05:50,76
1441	00:26,74	00:58,95	02:12,66	04:45,09	09:42,54	18:55,20	00:30,73	01:05,43	02:46,61	00:34,68	01:14,46	02:46,85	00:30,54	01:11,41	02:38,37	02:22,76	05:50,78
1440	00:26,74	00:58,96	02:12,67	04:45,11	09:42,58	18:55,28	00:30,73	01:05,44	02:46,62	00:34,68	01:14,47	02:46,86	00:30,55	01:11,42	02:38,38	02:22,77	05:50,81
1439	00:26,75	00:58,96	02:12,68	04:45,13	09:42,62	18:55,36	00:30,74	01:05,44	02:46,63	00:34,68	01:14,48	02:46,87	00:30,55	01:11,43	02:38,39	02:22,78	05:50,83
1438	00:26,75	00:58,97	02:12,68	04:45,15	09:42,66	18:55,44	00:30,74	01:05,45	02:46,64	00:34,69	01:14,48	02:46,88	00:30,55	01:11,43	02:38,40	02:22,79	05:50,86
1437	00:26,75	00:58,97	02:12,69	04:45,17	09:42,70	18:55,52	00:30,75	01:05,46	02:46,66	00:34,69	01:14,49	02:46,90	00:30,56	01:11,44	02:38,41	02:22,80	05:50,88
1436	00:26,76	00:58,98	02:12,70	04:45,19	09:42,74	18:55,60	00:30,75	01:05,46	02:46,67	00:34,69	01:14,50	02:46,91	00:30,56	01:11,45	02:38,42	02:22,81	05:50,90
1435	00:26,76	00:58,99	02:12,71	04:45,21	09:42,78	18:55,68	00:30,75	01:05,47	02:46,68	00:34,70	01:14,50	02:46,92	00:30,56	01:11,45	02:38,43	02:22,82	05:50,93
1434	00:26,76	00:58,99	02:12,72	04:45,23	09:42,82	18:55,76	00:30,76	01:05,47	02:46,69	00:34,70	01:14,51	02:46,93	00:30,57	01:11,46	02:38,44	02:22,83	05:50,95
1433	00:26,76	00:59,00	02:12,73	04:45,25	09:42,86	18:55,84	00:30,76	01:05,48	02:46,70	00:34,71	01:14,52	02:46,94	00:30,57	01:11,47	02:38,46	02:22,84	05:50,98
1432	00:26,77	00:59,00	02:12,74	04:45,27	09:42,90	18:55,92	00:30,76	01:05,49	02:46,71	00:34,71	01:14,52	02:46,95	00:30,57	01:11,47	02:38,47	02:22,85	05:51,00
1431	00:26,77	00:59,01	02:12,75	04:45,29	09:42,95	18:56,00	00:30,77	01:05,49	02:46,73	00:34,71	01:14,53	02:46,97	00:30,58	01:11,48	02:38,48	02:22,86	05:51,03
1430	00:26,77	00:59,01	02:12,76	04:45,31	09:42,99	18:56,08	00:30,77	01:05,50	02:46,74	00:34,72	01:14,54	02:46,98	00:30,58	01:11,49	02:38,49	02:22,87	05:51,05
1429	00:26,78	00:59,02	02:12,77	04:45,33	09:43,03	18:56,16	00:30,77	01:05,50	02:46,75	00:34,72	01:14,55	02:46,99	00:30,58	01:11,49	02:38,50	02:22,88	05:51,08
1428	00:26,78	00:59,02	02:12,78	04:45,35	09:43,07	18:56,24	00:30,78	01:05,51	02:46,76	00:34,73	01:14,55	02:47,00	00:30,59	01:11,50	02:38,51	02:22,89	05:51,10
1427	00:26,78	00:59,03	02:12,79	04:45,37	09:43,11	18:56,31	00:30,78	01:05,52	02:46,77	00:34,73	01:14,56	02:47,01	00:30,59	01:11,51	02:38,52	02:22,90	05:51,13
1426	00:26,78	00:59,03	02:12,80	04:45,39	09:43,15	18:56,39	00:30,78	01:05,52	02:46,78	00:34,73	01:14,57	02:47,03	00:30,59	01:11,51	02:38,53	02:22,91	05:51,15
1425	00:26,79	00:59,04	02:12,81	04:45,41	09:43,19	18:56,47	00:30,79	01:05,53	02:46,80	00:34,74	01:14,57	02:47,04	00:30,60	01:11,52	02:38,54	02:22,92	05:51,18
1424	00:26,79	00:59,05	02:12,81	04:45,43	09:43,23	18:56,55	00:30,79	01:05,53	02:46,81	00:34,74	01:14,58	02:47,05	00:30,60	01:11,53	02:38,56	02:22,93	05:51,20
1423	00:26,79	00:59,05	02:12,82	04:45,45	09:43,27	18:56,63	00:30,79	01:05,54	02:46,82	00:34,74	01:14,59	02:47,06	00:30,60	01:11,53	02:38,57	02:22,94	05:51,22
1422	00:26,80	00:59,06	02:12,83	04:45,47	09:43,31	18:56,72	00:30,80	01:05,55	02:46,83	00:34,75	01:14,59	02:47,07	00:30,61	01:11,54	02:38,58	02:22,95	05:51,25
1421	00:26,80	00:59,06	02:12,84	04:45,49	09:43,36	18:56,80	00:30,80	01:05,55	02:46,84	00:34,75	01:14,60	02:47,08	00:30,61	01:11,55	02:38,59	02:22,96	05:51,27
1420	00:26,80	00:59,07	02:12,85	04:45,52	09:43,40	18:56,88	00:30,80	01:05,56	02:46,85	00:34,76	01:14,61	02:47,10	00:30,61	01:11,55	02:38,60	02:22,97	05:51,30
1419	00:26,81	00:59,07	02:12,86	04:45,54	09:43,44	18:56,96	00:30,81	01:05,56	02:46,87	00:34,76	01:14,61	02:47,11	00:30,62	01:11,56	02:38,61	02:22,98	05:51,32
1418	00:26,81	00:59,08	02:12,87	04:45,56	09:43,48	18:57,04	00:30,81	01:05,57	02:46,88	00:34,76	01:14,62	02:47,12	00:30,62	01:11,57	02:38,62	02:22,99	05:51,35
1417	00:26,81	00:59,08	02:12,88	04:45,58	09:43,52	18:57,12	00:30,81	01:05,58	02:46,89	00:34,77	01:14,63	02:47,13	00:30,62	01:11,57	02:38,63	02:23,00	05:51,37
1416	00:26,81	00:59,09	02:12,89	04:45,60	09:43,56	18:57,20	00:30,82	01:05,58	02:46,90	00:34,77	01:14,64	02:47,14	00:30,63	01:11,58	02:38,65	02:23,01	05:51,40
1415	00:26,82	00:59,10	02:12,90	04:45,62	09:43,60	18:57,28	00:30,82	01:05,59	02:46,91	00:34,78	01:14,64	02:47,16	00:30,63	01:11,59	02:38,66	02:23,02	05:51,42
1414	00:26,82	00:59,10	02:12,91	04:45,64	09:43,65	18:57,36	00:30,82	01:05,60	02:46,93	00:34,78	01:14,65	02:47,17	00:30,63	01:11,59	02:38,67	02:23,03	05:51,45
1413	00:26,82	00:59,11	02:12,92	04:45,66	09:43,69	18:57,44	00:30,83	01:05,60	02:46,94	00:34,78	01:14,66	02:47,18	00:30,64	01:11,60	02:38,68	02:23,04	05:51,47
1412	00:26,83	00:59,11	02:12,93	04:45,68	09:43,73	18:57,52	00:30,83	01:05,61	02:46,95	00:34,79	01:14,66	02:47,19	00:30,64	01:11,61	02:38,69	02:23,05	05:51,50
1411	00:26,83	00:59,12	02:12,94	04:45,70	09:43,77	18:57,60	00:30,83	01:05,61	02:46,96	00:34,79	01:14,67	02:47,20	00:30,65	01:11,61	02:38,70	02:23,06	05:51,52
1410	00:26,83	00:59,12	02:12,95	04:45,72	09:43,81	18:57,68	00:30,84	01:05,62	02:46,97	00:34,80	01:14,68	02:47,21	00:30,65	01:11,62	02:38,71	02:23,07	05:51,55
1409	00:26,84	00:59,13	02:12,96	04:45,74	09:43,85	18:57,76	00:30,84	01:05,63	02:46,98	00:34,80	01:14,68	02:47,23	00:30,65	01:11,63	02:38,72	02:23,08	05:51,57
1408	00:26,84	00:59,13	02:12,97	04:45,76	09:43,89	18:57,84	00:30,84	01:05,63	02:47,00	00:34,80	01:14,69	02:47,24	00:30,66	01:11,63	02:38,74	02:23,09	05:51,60
1407	00:26,84	00:59,14	02:12,97	04:45,78	09:43,94	18:57,93	00:30,85	01:05,64	02:47,01	00:34,81	01:14,70	02:47,25	00:30,66	01:11,64	02:38,75	02:23,10	05:51,62

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1406	00:26,85	00:59,15	02:12,98	04:45,80	09:43,98	18:58,01	00:30,85	01:05,64	02:47,02	00:34,81	01:14,71	02:47,26	00:30,66	01:11,65	02:38,76	02:23,11	05:51,65
1405	00:26,85	00:59,15	02:12,99	04:45,82	09:44,02	18:58,09	00:30,86	01:05,65	02:47,03	00:34,82	01:14,71	02:47,27	00:30,67	01:11,65	02:38,77	02:23,12	05:51,67
1404	00:26,85	00:59,16	02:13,00	04:45,84	09:44,06	18:58,17	00:30,86	01:05,66	02:47,04	00:34,82	01:14,72	02:47,29	00:30,67	01:11,66	02:38,78	02:23,13	05:51,70
1403	00:26,85	00:59,16	02:13,01	04:45,86	09:44,10	18:58,25	00:30,86	01:05,66	02:47,06	00:34,82	01:14,73	02:47,30	00:30,67	01:11,67	02:38,79	02:23,14	05:51,72
1402	00:26,86	00:59,17	02:13,02	04:45,88	09:44,14	18:58,33	00:30,87	01:05,67	02:47,07	00:34,83	01:14,73	02:47,31	00:30,68	01:11,67	02:38,80	02:23,15	05:51,75
1401	00:26,86	00:59,17	02:13,03	04:45,90	09:44,19	18:58,41	00:30,87	01:05,68	02:47,08	00:34,83	01:14,74	02:47,32	00:30,68	01:11,68	02:38,81	02:23,16	05:51,77
1400	00:26,86	00:59,18	02:13,04	04:45,92	09:44,23	18:58,50	00:30,87	01:05,68	02:47,09	00:34,84	01:14,75	02:47,33	00:30,68	01:11,69	02:38,83	02:23,17	05:51,80
1399	00:26,87	00:59,18	02:13,05	04:45,94	09:44,27	18:58,58	00:30,88	01:05,69	02:47,10	00:34,84	01:14,76	02:47,35	00:30,69	01:11,69	02:38,84	02:23,18	05:51,82
1398	00:26,87	00:59,19	02:13,06	04:45,96	09:44,31	18:58,66	00:30,88	01:05,69	02:47,12	00:34,84	01:14,76	02:47,36	00:30,69	01:11,70	02:38,85	02:23,19	05:51,85
1397	00:26,87	00:59,20	02:13,07	04:45,98	09:44,35	18:58,74	00:30,88	01:05,70	02:47,13	00:34,85	01:14,77	02:47,37	00:30,69	01:11,71	02:38,86	02:23,20	05:51,88
1396	00:26,88	00:59,20	02:13,08	04:46,00	09:44,40	18:58,82	00:30,89	01:05,71	02:47,14	00:34,85	01:14,78	02:47,38	00:30,70	01:11,72	02:38,87	02:23,21	05:51,90
1395	00:26,88	00:59,21	02:13,09	04:46,02	09:44,44	18:58,90	00:30,89	01:05,71	02:47,15	00:34,85	01:14,78	02:47,39	00:30,70	01:11,72	02:38,88	02:23,22	05:51,93
1394	00:26,88	00:59,21	02:13,10	04:46,04	09:44,48	18:58,99	00:30,89	01:05,72	02:47,16	00:34,86	01:14,79	02:47,41	00:30,70	01:11,73	02:38,89	02:23,24	05:51,95
1393	00:26,88	00:59,22	02:13,11	04:46,07	09:44,52	18:59,07	00:30,90	01:05,73	02:47,18	00:34,86	01:14,80	02:47,42	00:30,71	01:11,74	02:38,91	02:23,25	05:51,98
1392	00:26,89	00:59,22	02:13,12	04:46,09	09:44,56	18:59,15	00:30,90	01:05,73	02:47,19	00:34,87	01:14,81	02:47,43	00:30,71	01:11,74	02:38,92	02:23,26	05:52,00
1391	00:26,89	00:59,23	02:13,13	04:46,11	09:44,61	18:59,23	00:30,90	01:05,74	02:47,20	00:34,87	01:14,81	02:47,44	00:30,71	01:11,75	02:38,93	02:23,27	05:52,03
1390	00:26,89	00:59,24	02:13,14	04:46,13	09:44,65	18:59,31	00:30,91	01:05,74	02:47,21	00:34,87	01:14,82	02:47,45	00:30,72	01:11,76	02:38,94	02:23,28	05:52,05
1389	00:26,90	00:59,24	02:13,15	04:46,15	09:44,69	18:59,40	00:30,91	01:05,75	02:47,22	00:34,88	01:14,83	02:47,47	00:30,72	01:11,76	02:38,95	02:23,29	05:52,08
1388	00:26,90	00:59,25	02:13,16	04:46,17	09:44,73	18:59,48	00:30,92	01:05,76	02:47,24	00:34,88	01:14,83	02:47,48	00:30,73	01:11,77	02:38,96	02:23,30	05:52,10
1387	00:26,90	00:59,25	02:13,17	04:46,19	09:44,78	18:59,56	00:30,92	01:05,76	02:47,25	00:34,89	01:14,84	02:47,49	00:30,73	01:11,78	02:38,97	02:23,31	05:52,13
1386	00:26,91	00:59,26	02:13,18	04:46,21	09:44,82	18:59,64	00:30,92	01:05,77	02:47,26	00:34,89	01:14,85	02:47,50	00:30,73	01:11,78	02:38,99	02:23,32	05:52,15
1385	00:26,91	00:59,26	02:13,19	04:46,23	09:44,86	18:59,73	00:30,93	01:05,78	02:47,27	00:34,89	01:14,86	02:47,51	00:30,74	01:11,79	02:39,00	02:23,33	05:52,18
1384	00:26,91	00:59,27	02:13,20	04:46,25	09:44,90	18:59,81	00:30,93	01:05,78	02:47,29	00:34,90	01:14,86	02:47,53	00:30,74	01:11,80	02:39,01	02:23,34	05:52,21
1383	00:26,92	00:59,27	02:13,20	04:46,27	09:44,94	18:59,89	00:30,93	01:05,79	02:47,30	00:34,90	01:14,87	02:47,54	00:30,74	01:11,80	02:39,02	02:23,35	05:52,23
1382	00:26,92	00:59,28	02:13,21	04:46,29	09:44,99	18:59,97	00:30,94	01:05,79	02:47,31	00:34,91	01:14,88	02:47,55	00:30,75	01:11,81	02:39,03	02:23,36	05:52,26
1381	00:26,92	00:59,29	02:13,22	04:46,31	09:45,03	19:00,06	00:30,94	01:05,80	02:47,32	00:34,91	01:14,88	02:47,56	00:30,75	01:11,82	02:39,04	02:23,37	05:52,28
1380	00:26,92	00:59,29	02:13,23	04:46,33	09:45,07	19:00,14	00:30,94	01:05,81	02:47,33	00:34,91	01:14,89	02:47,58	00:30,75	01:11,82	02:39,06	02:23,38	05:52,31
1379	00:26,93	00:59,30	02:13,24	04:46,36	09:45,11	19:00,22	00:30,95	01:05,81	02:47,35	00:34,92	01:14,90	02:47,59	00:30,76	01:11,83	02:39,07	02:23,39	05:52,33
1378	00:26,93	00:59,30	02:13,25	04:46,38	09:45,16	19:00,31	00:30,95	01:05,82	02:47,36	00:34,92	01:14,91	02:47,60	00:30,76	01:11,84	02:39,08	02:23,40	05:52,36
1377	00:26,93	00:59,31	02:13,26	04:46,40	09:45,20	19:00,39	00:30,95	01:05,83	02:47,37	00:34,93	01:14,91	02:47,61	00:30,76	01:11,85	02:39,09	02:23,41	05:52,38
1376	00:26,94	00:59,31	02:13,27	04:46,42	09:45,24	19:00,47	00:30,96	01:05,83	02:47,38	00:34,93	01:14,92	02:47,62	00:30,77	01:11,85	02:39,10	02:23,42	05:52,41
1375	00:26,94	00:59,32	02:13,28	04:46,44	09:45,29	19:00,56	00:30,96	01:05,84	02:47,39	00:34,94	01:14,93	02:47,64	00:30,77	01:11,86	02:39,11	02:23,43	05:52,44
1374	00:26,94	00:59,33	02:13,29	04:46,46	09:45,33	19:00,64	00:30,97	01:05,85	02:47,41	00:34,94	01:14,93	02:47,65	00:30,77	01:11,87	02:39,13	02:23,44	05:52,46
1373	00:26,95	00:59,33	02:13,30	04:46,48	09:45,37	19:00,72	00:30,97	01:05,85	02:47,42	00:34,94	01:14,94	02:47,66	00:30,78	01:11,87	02:39,14	02:23,45	05:52,49
1372	00:26,95	00:59,34	02:13,31	04:46,50	09:45,41	19:00,81	00:30,97	01:05,86	02:47,43	00:34,95	01:14,95	02:47,67	00:30,78	01:11,88	02:39,15	02:23,46	05:52,51
1371	00:26,95	00:59,34	02:13,32	04:46,52	09:45,46	19:00,89	00:30,98	01:05,86	02:47,44	00:34,95	01:14,96	02:47,69	00:30,79	01:11,89	02:39,16	02:23,47	05:52,54
1370	00:26,96	00:59,35	02:13,33	04:46,54	09:45,50	19:00,97	00:30,98	01:05,87	02:47,46	00:34,96	01:14,96	02:47,70	00:30,79	01:11,89	02:39,17	02:23,49	05:52,56
1369	00:26,96	00:59,35	02:13,34	04:46,56	09:45,54	19:01,06	00:30,98	01:05,88	02:47,47	00:34,96	01:14,97	02:47,71	00:30,79	01:11,90	02:39,18	02:23,50	05:52,59
1368	00:26,96	00:59,36	02:13,35	04:46,59	09:45,59	19:01,14	00:30,99	01:05,88	02:47,48	00:34,96	01:14,98	02:47,72	00:30,80	01:11,91	02:39,19	02:23,51	05:52,62
1367	00:26,97	00:59,37	02:13,36	04:46,61	09:45,63	19:01,22	00:30,99	01:05,89	02:47,49	00:34,97	01:14,99	02:47,73	00:30,80	01:11,92	02:39,21	02:23,52	05:52,64
1366	00:26,97	00:59,37	02:13,37	04:46,63	09:45,67	19:01,31	00:30,99	01:05,90	02:47,50	00:34,97	01:14,99	02:47,75	00:30,80	01:11,92	02:39,22	02:23,53	05:52,67
1365	00:26,97	00:59,38	02:13,38	04:46,65	09:45,71	19:01,39	00:31,00	01:05,90	02:47,52	00:34,98	01:15,00	02:47,76	00:30,81	01:11,93	02:39,23	02:23,54	05:52,69
1364	00:26,97	00:59,38	02:13,39	04:46,67	09:45,76	19:01,47	00:31,00	01:05,91	02:47,53	00:34,98	01:15,01	02:47,77	00:30,81	01:11,94	02:39,24	02:23,55	05:52,72
1363	00:26,98	00:59,39	02:13,40	04:46,69	09:45,80	19:01,56	00:31,00	01:05,92	02:47,54	00:34,98	01:15,01	02:47,78	00:30,81	01:11,94	02:39,25	02:23,56	05:52,75
1362	00:26,98	00:59,40	02:13,41	04:46,71	09:45,84	19:01,64	00:31,01	01:05,92	02:47,55	00:34,99	01:15,02	02:47,80	00:30,82	01:11,95	02:39,27	02:23,57	05:52,77
1361	00:26,98	00:59,40	02:13,42	04:46,73	09:45,89	19:01,73	00:31,01	01:05,93	02:47,57	00:34,99	01:15,03	02:47,81	00:30,82	01:11,96	02:39,28	02:23,58	05:52,80
1360	00:26,99	00:59,41	02:13,43	04:46,75	09:45,93	19:01,81	00:31,02	01:05,94	02:47,58	00:35,00	01:15,04	02:47,82	00:30,83	01:11,96	02:39,29	02:23,59	05:52,82

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1359	00:26,99	00:59,41	02:13,44	04:46,78	09:45,97	19:01,90	00:31,02	01:05,94	02:47,59	00:35,00	01:15,04	02:47,83	00:30,83	01:11,97	02:39,30	02:23,60	05:52,85
1358	00:26,99	00:59,42	02:13,45	04:46,80	09:46,02	19:01,98	00:31,02	01:05,95	02:47,60	00:35,00	01:15,05	02:47,85	00:30,83	01:11,98	02:39,31	02:23,61	05:52,88
1357	00:27,00	00:59,42	02:13,46	04:46,82	09:46,06	19:02,06	00:31,03	01:05,95	02:47,62	00:35,01	01:15,06	02:47,86	00:30,84	01:11,99	02:39,32	02:23,62	05:52,90
1356	00:27,00	00:59,43	02:13,47	04:46,84	09:46,10	19:02,15	00:31,03	01:05,96	02:47,63	00:35,01	01:15,07	02:47,87	00:30,84	01:11,99	02:39,34	02:23,63	05:52,93
1355	00:27,00	00:59,44	02:13,48	04:46,86	09:46,15	19:02,23	00:31,03	01:05,97	02:47,64	00:35,02	01:15,07	02:47,88	00:30,84	01:12,00	02:39,35	02:23,64	05:52,95
1354	00:27,01	00:59,44	02:13,49	04:46,88	09:46,19	19:02,32	00:31,04	01:05,97	02:47,65	00:35,02	01:15,08	02:47,90	00:30,85	01:12,01	02:39,36	02:23,65	05:52,98
1353	00:27,01	00:59,45	02:13,50	04:46,90	09:46,23	19:02,40	00:31,04	01:05,98	02:47,67	00:35,02	01:15,09	02:47,91	00:30,85	01:12,01	02:39,37	02:23,66	05:53,01
1352	00:27,01	00:59,45	02:13,51	04:46,92	09:46,28	19:02,49	00:31,04	01:05,99	02:47,68	00:35,03	01:15,09	02:47,92	00:30,85	01:12,02	02:39,38	02:23,68	05:53,03
1351	00:27,02	00:59,46	02:13,52	04:46,95	09:46,32	19:02,57	00:31,05	01:05,99	02:47,69	00:35,03	01:15,10	02:47,93	00:30,86	01:12,03	02:39,39	02:23,69	05:53,06
1350	00:27,02	00:59,47	02:13,53	04:46,97	09:46,36	19:02,66	00:31,05	01:06,00	02:47,70	00:35,04	01:15,11	02:47,95	00:30,86	01:12,03	02:39,41	02:23,70	05:53,09
1349	00:27,02	00:59,47	02:13,54	04:46,99	09:46,41	19:02,74	00:31,06	01:06,01	02:47,72	00:35,04	01:15,12	02:47,96	00:30,86	01:12,04	02:39,42	02:23,71	05:53,11
1348	00:27,03	00:59,48	02:13,55	04:47,01	09:46,45	19:02,83	00:31,06	01:06,01	02:47,73	00:35,05	01:15,12	02:47,97	00:30,87	01:12,05	02:39,43	02:23,72	05:53,14
1347	00:27,03	00:59,48	02:13,56	04:47,03	09:46,49	19:02,91	00:31,06	01:06,02	02:47,74	00:35,05	01:15,13	02:47,98	00:30,87	01:12,06	02:39,44	02:23,73	05:53,16
1346	00:27,03	00:59,49	02:13,57	04:47,05	09:46,54	19:03,00	00:31,07	01:06,03	02:47,75	00:35,05	01:15,14	02:48,00	00:30,88	01:12,06	02:39,45	02:23,74	05:53,19
1345	00:27,04	00:59,49	02:13,58	04:47,07	09:46,58	19:03,08	00:31,07	01:06,03	02:47,77	00:35,06	01:15,15	02:48,01	00:30,88	01:12,07	02:39,47	02:23,75	05:53,22
1344	00:27,04	00:59,50	02:13,59	04:47,10	09:46,63	19:03,17	00:31,07	01:06,04	02:47,78	00:35,06	01:15,15	02:48,02	00:30,88	01:12,08	02:39,48	02:23,76	05:53,24
1343	00:27,04	00:59,51	02:13,60	04:47,12	09:46,67	19:03,25	00:31,08	01:06,05	02:47,79	00:35,07	01:15,16	02:48,03	00:30,89	01:12,08	02:39,49	02:23,77	05:53,27
1342	00:27,04	00:59,51	02:13,61	04:47,14	09:46,71	19:03,34	00:31,08	01:06,05	02:47,80	00:35,07	01:15,17	02:48,05	00:30,89	01:12,09	02:39,50	02:23,78	05:53,30
1341	00:27,05	00:59,52	02:13,62	04:47,16	09:46,76	19:03,42	00:31,09	01:06,06	02:47,82	00:35,07	01:15,18	02:48,06	00:30,89	01:12,10	02:39,51	02:23,79	05:53,32
1340	00:27,05	00:59,52	02:13,63	04:47,18	09:46,80	19:03,51	00:31,09	01:06,06	02:47,83	00:35,08	01:15,18	02:48,07	00:30,90	01:12,11	02:39,53	02:23,80	05:53,35
1339	00:27,05	00:59,53	02:13,64	04:47,20	09:46,85	19:03,60	00:31,09	01:06,07	02:47,84	00:35,08	01:15,19	02:48,08	00:30,90	01:12,11	02:39,54	02:23,81	05:53,38
1338	00:27,06	00:59,54	02:13,65	04:47,22	09:46,89	19:03,68	00:31,10	01:06,08	02:47,85	00:35,09	01:15,20	02:48,10	00:30,91	01:12,12	02:39,55	02:23,83	05:53,40
1337	00:27,06	00:59,54	02:13,66	04:47,25	09:46,93	19:03,77	00:31,10	01:06,08	02:47,87	00:35,09	01:15,21	02:48,11	00:30,91	01:12,13	02:39,56	02:23,84	05:53,43
1336	00:27,06	00:59,55	02:13,67	04:47,27	09:46,98	19:03,85	00:31,10	01:06,09	02:47,88	00:35,10	01:15,21	02:48,12	00:30,91	01:12,13	02:39,57	02:23,85	05:53,46
1335	00:27,07	00:59,55	02:13,68	04:47,29	09:47,02	19:03,94	00:31,11	01:06,10	02:47,89	00:35,10	01:15,22	02:48,13	00:30,92	01:12,14	02:39,59	02:23,86	05:53,48
1334	00:27,07	00:59,56	02:13,69	04:47,31	09:47,07	19:04,03	00:31,11	01:06,10	02:47,90	00:35,10	01:15,23	02:48,15	00:30,92	01:12,15	02:39,60	02:23,87	05:53,51
1333	00:27,07	00:59,57	02:13,70	04:47,33	09:47,11	19:04,11	00:31,11	01:06,11	02:47,92	00:35,11	01:15,24	02:48,16	00:30,92	01:12,16	02:39,61	02:23,88	05:53,53
1332	00:27,08	00:59,57	02:13,71	04:47,35	09:47,15	19:04,20	00:31,12	01:06,12	02:47,93	00:35,11	01:15,24	02:48,17	00:30,93	01:12,16	02:39,62	02:23,89	05:53,56
1331	00:27,08	00:59,58	02:13,72	04:47,38	09:47,20	19:04,28	00:31,12	01:06,12	02:47,94	00:35,12	01:15,25	02:48,18	00:30,93	01:12,17	02:39,63	02:23,90	05:53,59
1330	00:27,08	00:59,58	02:13,73	04:47,40	09:47,24	19:04,37	00:31,13	01:06,13	02:47,95	00:35,12	01:15,26	02:48,20	00:30,93	01:12,18	02:39,65	02:23,91	05:53,61
1329	00:27,09	00:59,59	02:13,74	04:47,42	09:47,29	19:04,46	00:31,13	01:06,14	02:47,97	00:35,12	01:15,27	02:48,21	00:30,94	01:12,18	02:39,66	02:23,92	05:53,64
1328	00:27,09	00:59,59	02:13,75	04:47,44	09:47,33	19:04,54	00:31,13	01:06,14	02:47,98	00:35,13	01:15,27	02:48,22	00:30,94	01:12,19	02:39,67	02:23,93	05:53,67
1327	00:27,09	00:59,60	02:13,76	04:47,46	09:47,38	19:04,63	00:31,14	01:06,15	02:47,99	00:35,13	01:15,28	02:48,24	00:30,95	01:12,20	02:39,68	02:23,94	05:53,69
1326	00:27,10	00:59,61	02:13,77	04:47,48	09:47,42	19:04,72	00:31,14	01:06,16	02:48,01	00:35,14	01:15,29	02:48,25	00:30,95	01:12,21	02:39,69	02:23,96	05:53,72
1325	00:27,10	00:59,61	02:13,78	04:47,51	09:47,46	19:04,80	00:31,14	01:06,16	02:48,02	00:35,14	01:15,30	02:48,26	00:30,95	01:12,21	02:39,71	02:23,97	05:53,75
1324	00:27,10	00:59,62	02:13,79	04:47,53	09:47,51	19:04,89	00:31,15	01:06,17	02:48,03	00:35,15	01:15,30	02:48,27	00:30,96	01:12,22	02:39,72	02:23,98	05:53,78
1323	00:27,11	00:59,62	02:13,80	04:47,55	09:47,55	19:04,98	00:31,15	01:06,18	02:48,04	00:35,15	01:15,31	02:48,29	00:30,96	01:12,23	02:39,73	02:23,99	05:53,80
1322	00:27,11	00:59,63	02:13,81	04:47,57	09:47,60	19:05,06	00:31,16	01:06,18	02:48,06	00:35,15	01:15,32	02:48,30	00:30,96	01:12,24	02:39,74	02:24,00	05:53,83
1321	00:27,11	00:59,64	02:13,82	04:47,59	09:47,64	19:05,15	00:31,16	01:06,19	02:48,07	00:35,16	01:15,33	02:48,31	00:30,97	01:12,24	02:39,75	02:24,01	05:53,86
1320	00:27,12	00:59,64	02:13,83	04:47,61	09:47,69	19:05,24	00:31,16	01:06,20	02:48,08	00:35,16	01:15,33	02:48,32	00:30,97	01:12,25	02:39,77	02:24,02	05:53,88
1319	00:27,12	00:59,65	02:13,84	04:47,64	09:47,73	19:05,32	00:31,17	01:06,20	02:48,09	00:35,17	01:15,34	02:48,34	00:30,98	01:12,26	02:39,78	02:24,03	05:53,91
1318	00:27,12	00:59,65	02:13,85	04:47,66	09:47,78	19:05,41	00:31,17	01:06,21	02:48,11	00:35,17	01:15,35	02:48,35	00:30,98	01:12,26	02:39,79	02:24,04	05:53,94
1317	00:27,13	00:59,66	02:13,86	04:47,68	09:47,82	19:05,50	00:31,17	01:06,22	02:48,12	00:35,18	01:15,36	02:48,36	00:30,98	01:12,27	02:39,80	02:24,05	05:53,96
1316	00:27,13	00:59,67	02:13,87	04:47,70	09:47,87	19:05,59	00:31,18	01:06,22	02:48,13	00:35,18	01:15,36	02:48,38	00:30,99	01:12,28	02:39,82	02:24,07	05:53,99
1315	00:27,13	00:59,67	02:13,88	04:47,72	09:47,91	19:05,67	00:31,18	01:06,23	02:48,15	00:35,18	01:15,37	02:48,39	00:30,99	01:12,29	02:39,83	02:24,08	05:54,02
1314	00:27,14	00:59,68	02:13,89	04:47,75	09:47,96	19:05,76	00:31,19	01:06,24	02:48,16	00:35,19	01:15,38	02:48,40	00:30,99	01:12,29	02:39,84	02:24,09	05:54,04
1313	00:27,14	00:59,68	02:13,90	04:47,77	09:48,00	19:05,85	00:31,19	01:06,24	02:48,17	00:35,19	01:15,39	02:48,41	00:31,00	01:12,30	02:39,85	02:24,10	05:54,07

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1312	00:27,14	00:59,69	02:13,91	04:47,79	09:48,05	19:05,94	00:31,19	01:06,25	02:48,18	00:35,20	01:15,39	02:48,43	00:31,00	01:12,31	02:39,86	02:24,11	05:54,10
1311	00:27,15	00:59,70	02:13,92	04:47,81	09:48,09	19:06,02	00:31,20	01:06,26	02:48,20	00:35,20	01:15,40	02:48,44	00:31,01	01:12,32	02:39,88	02:24,12	05:54,13
1310	00:27,15	00:59,70	02:13,93	04:47,83	09:48,14	19:06,11	00:31,20	01:06,26	02:48,21	00:35,21	01:15,41	02:48,45	00:31,01	01:12,32	02:39,89	02:24,13	05:54,15
1309	00:27,15	00:59,71	02:13,94	04:47,86	09:48,18	19:06,20	00:31,20	01:06,27	02:48,22	00:35,21	01:15,42	02:48,47	00:31,01	01:12,33	02:39,90	02:24,14	05:54,18
1308	00:27,16	00:59,71	02:13,95	04:47,88	09:48,23	19:06,29	00:31,21	01:06,28	02:48,24	00:35,21	01:15,43	02:48,48	00:31,02	01:12,34	02:39,91	02:24,15	05:54,21
1307	00:27,16	00:59,72	02:13,96	04:47,90	09:48,27	19:06,37	00:31,21	01:06,28	02:48,25	00:35,22	01:15,43	02:48,49	00:31,02	01:12,34	02:39,93	02:24,16	05:54,23
1306	00:27,16	00:59,73	02:13,97	04:47,92	09:48,32	19:06,46	00:31,22	01:06,29	02:48,26	00:35,22	01:15,44	02:48,50	00:31,02	01:12,35	02:39,94	02:24,18	05:54,26
1305	00:27,17	00:59,73	02:13,98	04:47,94	09:48,36	19:06,55	00:31,22	01:06,30	02:48,27	00:35,23	01:15,45	02:48,52	00:31,03	01:12,36	02:39,95	02:24,19	05:54,29
1304	00:27,17	00:59,74	02:13,99	04:47,97	09:48,41	19:06,64	00:31,22	01:06,30	02:48,29	00:35,23	01:15,46	02:48,53	00:31,03	01:12,37	02:39,96	02:24,20	05:54,32
1303	00:27,17	00:59,75	02:14,00	04:47,99	09:48,45	19:06,73	00:31,23	01:06,31	02:48,30	00:35,24	01:15,46	02:48,54	00:31,04	01:12,37	02:39,97	02:24,21	05:54,34
1302	00:27,18	00:59,75	02:14,01	04:48,01	09:48,50	19:06,82	00:31,23	01:06,32	02:48,31	00:35,24	01:15,47	02:48,56	00:31,04	01:12,38	02:39,99	02:24,22	05:54,37
1301	00:27,18	00:59,76	02:14,02	04:48,03	09:48,54	19:06,90	00:31,24	01:06,32	02:48,33	00:35,24	01:15,48	02:48,57	00:31,04	01:12,39	02:40,00	02:24,23	05:54,40
1300	00:27,18	00:59,76	02:14,03	04:48,06	09:48,59	19:06,99	00:31,24	01:06,33	02:48,34	00:35,25	01:15,49	02:48,58	00:31,05	01:12,40	02:40,01	02:24,24	05:54,43
1299	00:27,19	00:59,77	02:14,04	04:48,08	09:48,63	19:07,08	00:31,24	01:06,34	02:48,35	00:35,25	01:15,49	02:48,60	00:31,05	01:12,40	02:40,02	02:24,25	05:54,45
1298	00:27,19	00:59,78	02:14,06	04:48,10	09:48,68	19:07,17	00:31,25	01:06,34	02:48,37	00:35,26	01:15,50	02:48,61	00:31,05	01:12,41	02:40,04	02:24,26	05:54,48
1297	00:27,19	00:59,78	02:14,07	04:48,12	09:48,73	19:07,26	00:31,25	01:06,35	02:48,38	00:35,26	01:15,51	02:48,62	00:31,06	01:12,42	02:40,05	02:24,28	05:54,51
1296	00:27,20	00:59,79	02:14,08	04:48,14	09:48,77	19:07,35	00:31,25	01:06,36	02:48,39	00:35,27	01:15,52	02:48,64	00:31,06	01:12,43	02:40,06	02:24,29	05:54,53
1295	00:27,20	00:59,79	02:14,09	04:48,17	09:48,82	19:07,44	00:31,26	01:06,36	02:48,40	00:35,27	01:15,53	02:48,65	00:31,07	01:12,43	02:40,07	02:24,30	05:54,56
1294	00:27,20	00:59,80	02:14,10	04:48,19	09:48,86	19:07,53	00:31,26	01:06,37	02:48,42	00:35,27	01:15,53	02:48,66	00:31,07	01:12,44	02:40,09	02:24,31	05:54,59
1293	00:27,21	00:59,81	02:14,11	04:48,21	09:48,91	19:07,61	00:31,27	01:06,38	02:48,43	00:35,28	01:15,54	02:48,67	00:31,07	01:12,45	02:40,10	02:24,32	05:54,62
1292	00:27,21	00:59,81	02:14,12	04:48,23	09:48,95	19:07,70	00:31,27	01:06,39	02:48,44	00:35,28	01:15,55	02:48,69	00:31,08	01:12,46	02:40,11	02:24,33	05:54,64
1291	00:27,21	00:59,82	02:14,13	04:48,26	09:49,00	19:07,79	00:31,27	01:06,39	02:48,46	00:35,29	01:15,56	02:48,70	00:31,08	01:12,46	02:40,12	02:24,34	05:54,67
1290	00:27,22	00:59,82	02:14,14	04:48,28	09:49,04	19:07,88	00:31,28	01:06,40	02:48,47	00:35,29	01:15,56	02:48,71	00:31,09	01:12,47	02:40,14	02:24,35	05:54,70
1289	00:27,22	00:59,83	02:14,15	04:48,30	09:49,09	19:07,97	00:31,28	01:06,41	02:48,48	00:35,30	01:15,57	02:48,73	00:31,09	01:12,48	02:40,15	02:24,37	05:54,73
1288	00:27,22	00:59,84	02:14,16	04:48,32	09:49,14	19:08,06	00:31,29	01:06,41	02:48,50	00:35,30	01:15,58	02:48,74	00:31,09	01:12,49	02:40,16	02:24,38	05:54,76
1287	00:27,23	00:59,84	02:14,17	04:48,35	09:49,18	19:08,15	00:31,29	01:06,42	02:48,51	00:35,30	01:15,59	02:48,75	00:31,10	01:12,49	02:40,17	02:24,39	05:54,78
1286	00:27,23	00:59,85	02:14,18	04:48,37	09:49,23	19:08,24	00:31,29	01:06,43	02:48,52	00:35,31	01:15,60	02:48,77	00:31,10	01:12,50	02:40,19	02:24,40	05:54,81
1285	00:27,23	00:59,86	02:14,19	04:48,39	09:49,27	19:08,33	00:31,30	01:06,43	02:48,54	00:35,31	01:15,60	02:48,78	00:31,10	01:12,51	02:40,20	02:24,41	05:54,84
1284	00:27,24	00:59,86	02:14,20	04:48,41	09:49,32	19:08,42	00:31,30	01:06,44	02:48,55	00:35,32	01:15,61	02:48,79	00:31,11	01:12,52	02:40,21	02:24,42	05:54,87
1283	00:27,24	00:59,87	02:14,21	04:48,44	09:49,37	19:08,51	00:31,30	01:06,45	02:48,56	00:35,32	01:15,62	02:48,81	00:31,11	01:12,52	02:40,22	02:24,43	05:54,89
1282	00:27,24	00:59,87	02:14,22	04:48,46	09:49,41	19:08,60	00:31,31	01:06,45	02:48,58	00:35,33	01:15,63	02:48,82	00:31,12	01:12,53	02:40,24	02:24,44	05:54,92
1281	00:27,25	00:59,88	02:14,23	04:48,48	09:49,46	19:08,69	00:31,31	01:06,46	02:48,59	00:35,33	01:15,63	02:48,83	00:31,12	01:12,54	02:40,25	02:24,46	05:54,95
1280	00:27,25	00:59,89	02:14,24	04:48,50	09:49,51	19:08,78	00:31,32	01:06,47	02:48,60	00:35,34	01:15,64	02:48,85	00:31,12	01:12,55	02:40,26	02:24,47	05:54,98
1279	00:27,25	00:59,89	02:14,25	04:48,53	09:49,55	19:08,87	00:31,32	01:06,47	02:48,61	00:35,34	01:15,65	02:48,86	00:31,13	01:12,55	02:40,27	02:24,48	05:55,00
1278	00:27,26	00:59,90	02:14,26	04:48,55	09:49,60	19:08,96	00:31,32	01:06,48	02:48,63	00:35,34	01:15,66	02:48,87	00:31,13	01:12,56	02:40,29	02:24,49	05:55,03
1277	00:27,26	00:59,91	02:14,27	04:48,57	09:49,64	19:09,05	00:31,33	01:06,49	02:48,64	00:35,35	01:15,67	02:48,89	00:31,14	01:12,57	02:40,30	02:24,50	05:55,06
1276	00:27,26	00:59,91	02:14,29	04:48,59	09:49,69	19:09,14	00:31,33	01:06,50	02:48,65	00:35,35	01:15,67	02:48,90	00:31,14	01:12,58	02:40,31	02:24,51	05:55,09
1275	00:27,27	00:59,92	02:14,30	04:48,62	09:49,74	19:09,23	00:31,34	01:06,50	02:48,67	00:35,36	01:15,68	02:48,91	00:31,14	01:12,58	02:40,32	02:24,52	05:55,12
1274	00:27,27	00:59,92	02:14,31	04:48,64	09:49,78	19:09,32	00:31,34	01:06,51	02:48,68	00:35,36	01:15,69	02:48,92	00:31,15	01:12,59	02:40,34	02:24,53	05:55,14
1273	00:27,27	00:59,93	02:14,32	04:48,66	09:49,83	19:09,41	00:31,34	01:06,52	02:48,69	00:35,37	01:15,70	02:48,94	00:31,15	01:12,60	02:40,35	02:24,55	05:55,17
1272	00:27,28	00:59,94	02:14,33	04:48,69	09:49,88	19:09,50	00:31,35	01:06,52	02:48,71	00:35,37	01:15,71	02:48,95	00:31,15	01:12,61	02:40,36	02:24,56	05:55,20
1271	00:27,28	00:59,94	02:14,34	04:48,71	09:49,92	19:09,59	00:31,35	01:06,53	02:48,72	00:35,37	01:15,71	02:48,96	00:31,16	01:12,61	02:40,37	02:24,57	05:55,23
1270	00:27,28	00:59,95	02:14,35	04:48,73	09:49,97	19:09,68	00:31,36	01:06,54	02:48,73	00:35,38	01:15,72	02:48,98	00:31,16	01:12,62	02:40,39	02:24,58	05:55,26
1269	00:27,29	00:59,96	02:14,36	04:48,75	09:50,02	19:09,77	00:31,36	01:06,54	02:48,75	00:35,38	01:15,73	02:48,99	00:31,17	01:12,63	02:40,40	02:24,59	05:55,28
1268	00:27,29	00:59,96	02:14,37	04:48,78	09:50,06	19:09,86	00:31,36	01:06,55	02:48,76	00:35,39	01:15,74	02:49,01	00:31,17	01:12,64	02:40,41	02:24,60	05:55,31
1267	00:27,29	00:59,97	02:14,38	04:48,80	09:50,11	19:09,96	00:31,37	01:06,56	02:48,77	00:35,39	01:15,74	02:49,02	00:31,17	01:12,64	02:40,42	02:24,61	05:55,34
1266	00:27,30	00:59,97	02:14,39	04:48,82	09:50,16	19:10,05	00:31,37	01:06,56	02:48,79	00:35,40	01:15,75	02:49,03	00:31,18	01:12,65	02:40,44	02:24,63	05:55,37

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1265	00:27,30	00:59,98	02:14,40	04:48,85	09:50,20	19:10,14	00:31,37	01:06,57	02:48,80	00:35,40	01:15,76	02:49,05	00:31,18	01:12,66	02:40,45	02:24,64	05:55,40
1264	00:27,30	00:59,99	02:14,41	04:48,87	09:50,25	19:10,23	00:31,38	01:06,58	02:48,81	00:35,41	01:15,77	02:49,06	00:31,19	01:12,67	02:40,46	02:24,65	05:55,43
1263	00:27,31	00:59,99	02:14,42	04:48,89	09:50,30	19:10,32	00:31,38	01:06,59	02:48,83	00:35,41	01:15,78	02:49,07	00:31,19	01:12,67	02:40,48	02:24,66	05:55,45
1262	00:27,31	01:00,00	02:14,43	04:48,91	09:50,34	19:10,41	00:31,39	01:06,59	02:48,84	00:35,41	01:15,78	02:49,09	00:31,19	01:12,68	02:40,49	02:24,67	05:55,48
1261	00:27,31	01:00,01	02:14,44	04:48,94	09:50,39	19:10,50	00:31,39	01:06,60	02:48,85	00:35,42	01:15,79	02:49,10	00:31,20	01:12,69	02:40,50	02:24,68	05:55,51
1260	00:27,32	01:00,01	02:14,46	04:48,96	09:50,44	19:10,60	00:31,39	01:06,61	02:48,87	00:35,42	01:15,80	02:49,11	00:31,20	01:12,70	02:40,51	02:24,70	05:55,54
1259	00:27,32	01:00,02	02:14,47	04:48,98	09:50,48	19:10,69	00:31,40	01:06,61	02:48,88	00:35,43	01:15,81	02:49,13	00:31,21	01:12,70	02:40,53	02:24,71	05:55,57
1258	00:27,32	01:00,02	02:14,48	04:49,01	09:50,53	19:10,78	00:31,40	01:06,62	02:48,90	00:35,43	01:15,82	02:49,14	00:31,21	01:12,71	02:40,54	02:24,72	05:55,60
1257	00:27,33	01:00,03	02:14,49	04:49,03	09:50,58	19:10,87	00:31,41	01:06,63	02:48,91	00:35,44	01:15,82	02:49,15	00:31,21	01:12,72	02:40,55	02:24,73	05:55,62
1256	00:27,33	01:00,04	02:14,50	04:49,05	09:50,63	19:10,96	00:31,41	01:06,63	02:48,92	00:35,44	01:15,83	02:49,17	00:31,22	01:12,73	02:40,57	02:24,74	05:55,65
1255	00:27,33	01:00,04	02:14,51	04:49,08	09:50,67	19:11,05	00:31,41	01:06,64	02:48,94	00:35,45	01:15,84	02:49,18	00:31,22	01:12,74	02:40,58	02:24,75	05:55,68
1254	00:27,34	01:00,05	02:14,52	04:49,10	09:50,72	19:11,15	00:31,42	01:06,65	02:48,95	00:35,45	01:15,85	02:49,19	00:31,23	01:12,74	02:40,59	02:24,76	05:55,71
1253	00:27,34	01:00,06	02:14,53	04:49,12	09:50,77	19:11,24	00:31,42	01:06,66	02:48,96	00:35,46	01:15,86	02:49,21	00:31,23	01:12,75	02:40,60	02:24,78	05:55,74
1252	00:27,34	01:00,06	02:14,54	04:49,15	09:50,81	19:11,33	00:31,43	01:06,66	02:48,98	00:35,46	01:15,86	02:49,22	00:31,23	01:12,76	02:40,62	02:24,79	05:55,77
1251	00:27,35	01:00,07	02:14,55	04:49,17	09:50,86	19:11,42	00:31,43	01:06,67	02:48,99	00:35,46	01:15,87	02:49,23	00:31,24	01:12,77	02:40,63	02:24,80	05:55,79
1250	00:27,35	01:00,08	02:14,56	04:49,19	09:50,91	19:11,52	00:31,43	01:06,68	02:49,00	00:35,47	01:15,88	02:49,25	00:31,24	01:12,77	02:40,64	02:24,81	05:55,82
1249	00:27,36	01:00,08	02:14,57	04:49,21	09:50,96	19:11,61	00:31,44	01:06,68	02:49,02	00:35,47	01:15,89	02:49,26	00:31,25	01:12,78	02:40,66	02:24,82	05:55,85
1248	00:27,36	01:00,09	02:14,58	04:49,24	09:51,00	19:11,70	00:31,44	01:06,69	02:49,03	00:35,48	01:15,90	02:49,27	00:31,25	01:12,79	02:40,67	02:24,83	05:55,88
1247	00:27,36	01:00,09	02:14,60	04:49,26	09:51,05	19:11,79	00:31,45	01:06,70	02:49,04	00:35,48	01:15,90	02:49,29	00:31,25	01:12,80	02:40,68	02:24,85	05:55,91
1246	00:27,37	01:00,10	02:14,61	04:49,28	09:51,10	19:11,89	00:31,45	01:06,71	02:49,06	00:35,49	01:15,91	02:49,30	00:31,26	01:12,80	02:40,69	02:24,86	05:55,94
1245	00:27,37	01:00,11	02:14,62	04:49,31	09:51,15	19:11,98	00:31,45	01:06,71	02:49,07	00:35,49	01:15,92	02:49,32	00:31,26	01:12,81	02:40,71	02:24,87	05:55,97
1244	00:27,37	01:00,11	02:14,63	04:49,33	09:51,20	19:12,07	00:31,46	01:06,72	02:49,08	00:35,50	01:15,93	02:49,33	00:31,27	01:12,82	02:40,72	02:24,88	05:55,99
1243	00:27,38	01:00,12	02:14,64	04:49,35	09:51,24	19:12,16	00:31,46	01:06,73	02:49,10	00:35,50	01:15,94	02:49,34	00:31,27	01:12,83	02:40,73	02:24,89	05:56,02
1242	00:27,38	01:00,13	02:14,65	04:49,38	09:51,29	19:12,26	00:31,47	01:06,73	02:49,11	00:35,50	01:15,95	02:49,36	00:31,27	01:12,84	02:40,75	02:24,90	05:56,05
1241	00:27,38	01:00,13	02:14,66	04:49,40	09:51,34	19:12,35	00:31,47	01:06,74	02:49,13	00:35,51	01:15,95	02:49,37	00:31,28	01:12,84	02:40,76	02:24,92	05:56,08
1240	00:27,39	01:00,14	02:14,67	04:49,42	09:51,39	19:12,44	00:31,47	01:06,75	02:49,14	00:35,51	01:15,96	02:49,38	00:31,28	01:12,85	02:40,77	02:24,93	05:56,11
1239	00:27,39	01:00,15	02:14,68	04:49,45	09:51,43	19:12,54	00:31,48	01:06,76	02:49,15	00:35,52	01:15,97	02:49,40	00:31,29	01:12,86	02:40,79	02:24,94	05:56,14
1238	00:27,39	01:00,15	02:14,69	04:49,47	09:51,48	19:12,63	00:31,48	01:06,76	02:49,17	00:35,52	01:15,98	02:49,41	00:31,29	01:12,87	02:40,80	02:24,95	05:56,17
1237	00:27,40	01:00,16	02:14,70	04:49,50	09:51,53	19:12,72	00:31,49	01:06,77	02:49,18	00:35,53	01:15,99	02:49,43	00:31,29	01:12,87	02:40,81	02:24,96	05:56,20
1236	00:27,40	01:00,17	02:14,72	04:49,52	09:51,58	19:12,82	00:31,49	01:06,78	02:49,19	00:35,53	01:15,99	02:49,44	00:31,30	01:12,88	02:40,82	02:24,97	05:56,23
1235	00:27,40	01:00,17	02:14,73	04:49,54	09:51,63	19:12,91	00:31,49	01:06,78	02:49,21	00:35,54	01:16,00	02:49,45	00:31,30	01:12,89	02:40,84	02:24,99	05:56,25
1234	00:27,41	01:00,18	02:14,74	04:49,57	09:51,67	19:13,01	00:31,50	01:06,79	02:49,22	00:35,54	01:16,01	02:49,47	00:31,31	01:12,90	02:40,85	02:25,00	05:56,28
1233	00:27,41	01:00,18	02:14,75	04:49,59	09:51,72	19:13,10	00:31,50	01:06,80	02:49,24	00:35,55	01:16,02	02:49,48	00:31,31	01:12,91	02:40,86	02:25,01	05:56,31
1232	00:27,42	01:00,19	02:14,76	04:49,61	09:51,77	19:13,19	00:31,51	01:06,81	02:49,25	00:35,55	01:16,03	02:49,49	00:31,31	01:12,91	02:40,88	02:25,02	05:56,34
1231	00:27,42	01:00,20	02:14,77	04:49,64	09:51,82	19:13,29	00:31,51	01:06,81	02:49,26	00:35,56	01:16,03	02:49,51	00:31,32	01:12,92	02:40,89	02:25,03	05:56,37
1230	00:27,42	01:00,20	02:14,78	04:49,66	09:51,87	19:13,38	00:31,52	01:06,82	02:49,28	00:35,56	01:16,04	02:49,52	00:31,32	01:12,93	02:40,90	02:25,05	05:56,40
1229	00:27,43	01:00,21	02:14,79	04:49,68	09:51,92	19:13,47	00:31,52	01:06,83	02:49,29	00:35,56	01:16,05	02:49,54	00:31,33	01:12,94	02:40,92	02:25,06	05:56,43
1228	00:27,43	01:00,22	02:14,80	04:49,71	09:51,96	19:13,57	00:31,52	01:06,83	02:49,30	00:35,57	01:16,06	02:49,55	00:31,33	01:12,95	02:40,93	02:25,07	05:56,46
1227	00:27,43	01:00,22	02:14,81	04:49,73	09:52,01	19:13,66	00:31,53	01:06,84	02:49,32	00:35,57	01:16,07	02:49,56	00:31,33	01:12,95	02:40,94	02:25,08	05:56,49
1226	00:27,44	01:00,23	02:14,83	04:49,75	09:52,06	19:13,76	00:31,53	01:06,85	02:49,33	00:35,58	01:16,08	02:49,58	00:31,34	01:12,96	02:40,96	02:25,09	05:56,52
1225	00:27,44	01:00,24	02:14,84	04:49,78	09:52,11	19:13,85	00:31,54	01:06,86	02:49,35	00:35,58	01:16,08	02:49,59	00:31,34	01:12,97	02:40,97	02:25,10	05:56,54
1224	00:27,44	01:00,24	02:14,85	04:49,80	09:52,16	19:13,95	00:31,54	01:06,86	02:49,36	00:35,59	01:16,09	02:49,60	00:31,35	01:12,98	02:40,98	02:25,12	05:56,57
1223	00:27,45	01:00,25	02:14,86	04:49,83	09:52,21	19:14,04	00:31,54	01:06,87	02:49,37	00:35,59	01:16,10	02:49,62	00:31,35	01:12,98	02:40,99	02:25,13	05:56,60
1222	00:27,45	01:00,26	02:14,87	04:49,85	09:52,25	19:14,14	00:31,55	01:06,88	02:49,39	00:35,60	01:16,11	02:49,63	00:31,35	01:12,99	02:41,01	02:25,14	05:56,63
1221	00:27,45	01:00,26	02:14,88	04:49,87	09:52,30	19:14,23	00:31,55	01:06,88	02:49,40	00:35,60	01:16,12	02:49,65	00:31,36	01:13,00	02:41,02	02:25,15	05:56,66
1220	00:27,46	01:00,27	02:14,89	04:49,90	09:52,35	19:14,33	00:31,56	01:06,89	02:49,42	00:35,61	01:16,13	02:49,66	00:31,36	01:13,01	02:41,03	02:25,16	05:56,69
1219	00:27,46	01:00,28	02:14,90	04:49,92	09:52,40	19:14,42	00:31,56	01:06,90	02:49,43	00:35,61	01:16,13	02:49,67	00:31,37	01:13,02	02:41,05	02:25,18	05:56,72

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1218	00:27,46	01:00,28	02:14,91	04:49,95	09:52,45	19:14,52	00:31,56	01:06,91	02:49,44	00:35,62	01:16,14	02:49,69	00:31,37	01:13,02	02:41,06	02:25,19	05:56,75
1217	00:27,47	01:00,29	02:14,92	04:49,97	09:52,50	19:14,61	00:31,57	01:06,91	02:49,46	00:35,62	01:16,15	02:49,70	00:31,37	01:13,03	02:41,07	02:25,20	05:56,78
1216	00:27,47	01:00,30	02:14,94	04:49,99	09:52,55	19:14,71	00:31,57	01:06,92	02:49,47	00:35,62	01:16,16	02:49,72	00:31,38	01:13,04	02:41,09	02:25,21	05:56,81
1215	00:27,48	01:00,30	02:14,95	04:50,02	09:52,60	19:14,80	00:31,58	01:06,93	02:49,49	00:35,63	01:16,17	02:49,73	00:31,38	01:13,05	02:41,10	02:25,22	05:56,84
1214	00:27,48	01:00,31	02:14,96	04:50,04	09:52,64	19:14,90	00:31,58	01:06,94	02:49,50	00:35,63	01:16,18	02:49,74	00:31,39	01:13,06	02:41,11	02:25,24	05:56,87
1213	00:27,48	01:00,32	02:14,97	04:50,06	09:52,69	19:14,99	00:31,58	01:06,94	02:49,51	00:35,64	01:16,18	02:49,76	00:31,39	01:13,06	02:41,13	02:25,25	05:56,90
1212	00:27,49	01:00,32	02:14,98	04:50,09	09:52,74	19:15,09	00:31,59	01:06,95	02:49,53	00:35,64	01:16,19	02:49,77	00:31,40	01:13,07	02:41,14	02:25,26	05:56,93
1211	00:27,49	01:00,33	02:14,99	04:50,11	09:52,79	19:15,18	00:31,59	01:06,96	02:49,54	00:35,65	01:16,20	02:49,79	00:31,40	01:13,08	02:41,15	02:25,27	05:56,96
1210	00:27,49	01:00,33	02:15,00	04:50,14	09:52,84	19:15,28	00:31,60	01:06,97	02:49,56	00:35,65	01:16,21	02:49,80	00:31,40	01:13,09	02:41,17	02:25,28	05:56,99
1209	00:27,50	01:00,34	02:15,01	04:50,16	09:52,89	19:15,38	00:31,60	01:06,97	02:49,57	00:35,66	01:16,22	02:49,81	00:31,41	01:13,10	02:41,18	02:25,30	05:57,02
1208	00:27,50	01:00,35	02:15,03	04:50,19	09:52,94	19:15,47	00:31,61	01:06,98	02:49,58	00:35,66	01:16,23	02:49,83	00:31,41	01:13,10	02:41,19	02:25,31	05:57,05
1207	00:27,50	01:00,35	02:15,04	04:50,21	09:52,99	19:15,57	00:31,61	01:06,99	02:49,60	00:35,67	01:16,23	02:49,84	00:31,42	01:13,11	02:41,21	02:25,32	05:57,07
1206	00:27,51	01:00,36	02:15,05	04:50,23	09:53,04	19:15,66	00:31,61	01:06,99	02:49,61	00:35,67	01:16,24	02:49,86	00:31,42	01:13,12	02:41,22	02:25,33	05:57,10
1205	00:27,51	01:00,37	02:15,06	04:50,26	09:53,09	19:15,76	00:31,62	01:07,00	02:49,63	00:35,68	01:16,25	02:49,87	00:31,42	01:13,13	02:41,23	02:25,34	05:57,13
1204	00:27,52	01:00,37	02:15,07	04:50,28	09:53,14	19:15,86	00:31,62	01:07,01	02:49,64	00:35,68	01:16,26	02:49,89	00:31,43	01:13,14	02:41,25	02:25,36	05:57,16
1203	00:27,52	01:00,38	02:15,08	04:50,31	09:53,19	19:15,95	00:31,63	01:07,02	02:49,65	00:35,69	01:16,27	02:49,90	00:31,43	01:13,14	02:41,26	02:25,37	05:57,19
1202	00:27,52	01:00,39	02:15,09	04:50,33	09:53,24	19:16,05	00:31,63	01:07,02	02:49,67	00:35,69	01:16,28	02:49,91	00:31,44	01:13,15	02:41,27	02:25,38	05:57,22
1201	00:27,53	01:00,39	02:15,10	04:50,35	09:53,29	19:16,15	00:31,63	01:07,03	02:49,68	00:35,69	01:16,28	02:49,93	00:31,44	01:13,16	02:41,29	02:25,39	05:57,25
1200	00:27,53	01:00,40	02:15,12	04:50,38	09:53,34	19:16,24	00:31,64	01:07,04	02:49,70	00:35,70	01:16,29	02:49,94	00:31,44	01:13,17	02:41,30	02:25,41	05:57,28
1199	00:27,53	01:00,41	02:15,13	04:50,40	09:53,38	19:16,34	00:31,64	01:07,05	02:49,71	00:35,70	01:16,30	02:49,96	00:31,45	01:13,18	02:41,32	02:25,42	05:57,31
1198	00:27,54	01:00,41	02:15,14	04:50,43	09:53,43	19:16,44	00:31,65	01:07,05	02:49,73	00:35,71	01:16,31	02:49,97	00:31,45	01:13,19	02:41,33	02:25,43	05:57,34
1197	00:27,54	01:00,42	02:15,15	04:50,45	09:53,48	19:16,53	00:31,65	01:07,06	02:49,74	00:35,71	01:16,32	02:49,99	00:31,46	01:13,19	02:41,34	02:25,44	05:57,37
1196	00:27,54	01:00,43	02:15,16	04:50,48	09:53,53	19:16,63	00:31,66	01:07,07	02:49,75	00:35,72	01:16,33	02:50,00	00:31,46	01:13,20	02:41,36	02:25,45	05:57,40
1195	00:27,55	01:00,43	02:15,17	04:50,50	09:53,58	19:16,73	00:31,66	01:07,08	02:49,77	00:35,72	01:16,33	02:50,01	00:31,47	01:13,21	02:41,37	02:25,47	05:57,43
1194	00:27,55	01:00,44	02:15,18	04:50,52	09:53,63	19:16,82	00:31,66	01:07,08	02:49,78	00:35,73	01:16,34	02:50,03	00:31,47	01:13,22	02:41,38	02:25,48	05:57,46
1193	00:27,56	01:00,45	02:15,19	04:50,55	09:53,68	19:16,92	00:31,67	01:07,09	02:49,80	00:35,73	01:16,35	02:50,04	00:31,47	01:13,23	02:41,40	02:25,49	05:57,49
1192	00:27,56	01:00,46	02:15,21	04:50,57	09:53,73	19:17,02	00:31,67	01:07,10	02:49,81	00:35,74	01:16,36	02:50,06	00:31,48	01:13,23	02:41,41	02:25,50	05:57,52
1191	00:27,56	01:00,46	02:15,22	04:50,60	09:53,78	19:17,12	00:31,68	01:07,11	02:49,83	00:35,74	01:16,37	02:50,07	00:31,48	01:13,24	02:41,42	02:25,52	05:57,55
1190	00:27,57	01:00,47	02:15,23	04:50,62	09:53,83	19:17,21	00:31,68	01:07,11	02:49,84	00:35,75	01:16,38	02:50,09	00:31,49	01:13,25	02:41,44	02:25,53	05:57,58
1189	00:27,57	01:00,48	02:15,24	04:50,65	09:53,88	19:17,31	00:31,69	01:07,12	02:49,85	00:35,75	01:16,39	02:50,10	00:31,49	01:13,26	02:41,45	02:25,54	05:57,61
1188	00:27,57	01:00,48	02:15,25	04:50,67	09:53,93	19:17,41	00:31,69	01:07,13	02:49,87	00:35,76	01:16,39	02:50,11	00:31,50	01:13,27	02:41,46	02:25,55	05:57,64
1187	00:27,58	01:00,49	02:15,26	04:50,70	09:53,98	19:17,51	00:31,69	01:07,14	02:49,88	00:35,76	01:16,40	02:50,13	00:31,50	01:13,27	02:41,48	02:25,56	05:57,67
1186	00:27,58	01:00,50	02:15,27	04:50,72	09:54,03	19:17,60	00:31,70	01:07,14	02:49,90	00:35,77	01:16,41	02:50,14	00:31,50	01:13,28	02:41,49	02:25,58	05:57,70
1185	00:27,59	01:00,50	02:15,29	04:50,75	09:54,08	19:17,70	00:31,70	01:07,15	02:49,91	00:35,77	01:16,42	02:50,16	00:31,51	01:13,29	02:41,51	02:25,59	05:57,73
1184	00:27,59	01:00,51	02:15,30	04:50,77	09:54,13	19:17,80	00:31,71	01:07,16	02:49,93	00:35,78	01:16,43	02:50,17	00:31,51	01:13,30	02:41,52	02:25,60	05:57,76
1183	00:27,59	01:00,52	02:15,31	04:50,79	09:54,19	19:17,90	00:31,71	01:07,17	02:49,94	00:35,78	01:16,44	02:50,19	00:31,52	01:13,31	02:41,53	02:25,61	05:57,80
1182	00:27,60	01:00,52	02:15,32	04:50,82	09:54,24	19:18,00	00:31,72	01:07,17	02:49,95	00:35,79	01:16,45	02:50,20	00:31,52	01:13,32	02:41,55	02:25,63	05:57,83
1181	00:27,60	01:00,53	02:15,33	04:50,84	09:54,29	19:18,10	00:31,72	01:07,18	02:49,97	00:35,79	01:16,45	02:50,21	00:31,52	01:13,32	02:41,56	02:25,64	05:57,86
1180	00:27,60	01:00,54	02:15,34	04:50,87	09:54,34	19:18,19	00:31,72	01:07,19	02:49,98	00:35,80	01:16,46	02:50,23	00:31,53	01:13,33	02:41,57	02:25,65	05:57,89
1179	00:27,61	01:00,54	02:15,35	04:50,89	09:54,39	19:18,29	00:31,73	01:07,20	02:50,00	00:35,80	01:16,47	02:50,24	00:31,53	01:13,34	02:41,59	02:25,66	05:57,92
1178	00:27,61	01:00,55	02:15,37	04:50,92	09:54,44	19:18,39	00:31,73	01:07,20	02:50,01	00:35,80	01:16,48	02:50,26	00:31,54	01:13,35	02:41,60	02:25,68	05:57,95
1177	00:27,61	01:00,56	02:15,38	04:50,94	09:54,49	19:18,49	00:31,74	01:07,21	02:50,03	00:35,81	01:16,49	02:50,27	00:31,54	01:13,36	02:41,62	02:25,69	05:57,98
1176	00:27,62	01:00,56	02:15,39	04:50,97	09:54,54	19:18,59	00:31,74	01:07,22	02:50,04	00:35,81	01:16,50	02:50,29	00:31,55	01:13,37	02:41,63	02:25,70	05:58,01
1175	00:27,62	01:00,57	02:15,40	04:50,99	09:54,59	19:18,69	00:31,75	01:07,23	02:50,06	00:35,82	01:16,51	02:50,30	00:31,55	01:13,37	02:41,64	02:25,71	05:58,04
1174	00:27,63	01:00,58	02:15,41	04:51,02	09:54,64	19:18,79	00:31,75	01:07,23	02:50,07	00:35,82	01:16,51	02:50,32	00:31,55	01:13,38	02:41,66	02:25,73	05:58,07
1173	00:27,63	01:00,58	02:15,42	04:51,04	09:54,69	19:18,89	00:31,75	01:07,24	02:50,08	00:35,83	01:16,52	02:50,33	00:31,56	01:13,39	02:41,67	02:25,74	05:58,10
1172	00:27,63	01:00,59	02:15,44	04:51,07	09:54,74	19:18,98	00:31,76	01:07,25	02:50,10	00:35,83	01:16,53	02:50,35	00:31,56	01:13,40	02:41,68	02:25,75	05:58,13

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1171	00:27,64	01:00,60	02:15,45	04:51,09	09:54,79	19:19,08	00:31,76	01:07,26	02:50,11	00:35,84	01:16,54	02:50,36	00:31,57	01:13,41	02:41,70	02:25,76	05:58,16
1170	00:27,64	01:00,60	02:15,46	04:51,12	09:54,84	19:19,18	00:31,77	01:07,26	02:50,13	00:35,84	01:16,55	02:50,37	00:31,57	01:13,42	02:41,71	02:25,78	05:58,19
1169	00:27,64	01:00,61	02:15,47	04:51,14	09:54,90	19:19,28	00:31,77	01:07,27	02:50,14	00:35,85	01:16,56	02:50,39	00:31,58	01:13,42	02:41,73	02:25,79	05:58,22
1168	00:27,65	01:00,62	02:15,48	04:51,17	09:54,95	19:19,38	00:31,78	01:07,28	02:50,16	00:35,85	01:16,57	02:50,40	00:31,58	01:13,43	02:41,74	02:25,80	05:58,25
1167	00:27,65	01:00,63	02:15,49	04:51,19	09:55,00	19:19,48	00:31,78	01:07,29	02:50,17	00:35,86	01:16,58	02:50,42	00:31,58	01:13,44	02:41,75	02:25,81	05:58,28
1166	00:27,66	01:00,63	02:15,51	04:51,22	09:55,05	19:19,58	00:31,78	01:07,30	02:50,19	00:35,86	01:16,58	02:50,43	00:31,59	01:13,45	02:41,77	02:25,83	05:58,32
1165	00:27,66	01:00,64	02:15,52	04:51,24	09:55,10	19:19,68	00:31,79	01:07,30	02:50,20	00:35,87	01:16,59	02:50,45	00:31,59	01:13,46	02:41,78	02:25,84	05:58,35
1164	00:27,66	01:00,65	02:15,53	04:51,27	09:55,15	19:19,78	00:31,79	01:07,31	02:50,22	00:35,87	01:16,60	02:50,46	00:31,60	01:13,47	02:41,80	02:25,85	05:58,38
1163	00:27,67	01:00,65	02:15,54	04:51,29	09:55,20	19:19,88	00:31,80	01:07,32	02:50,23	00:35,88	01:16,61	02:50,48	00:31,60	01:13,47	02:41,81	02:25,86	05:58,41
1162	00:27,67	01:00,66	02:15,55	04:51,32	09:55,25	19:19,98	00:31,80	01:07,33	02:50,25	00:35,88	01:16,62	02:50,49	00:31,61	01:13,48	02:41,82	02:25,88	05:58,44
1161	00:27,68	01:00,67	02:15,56	04:51,34	09:55,31	19:20,08	00:31,81	01:07,33	02:50,26	00:35,89	01:16,63	02:50,51	00:31,61	01:13,49	02:41,84	02:25,89	05:58,47
1160	00:27,68	01:00,67	02:15,58	04:51,37	09:55,36	19:20,18	00:31,81	01:07,34	02:50,28	00:35,89	01:16,64	02:50,52	00:31,61	01:13,50	02:41,85	02:25,90	05:58,50
1159	00:27,68	01:00,68	02:15,59	04:51,39	09:55,41	19:20,28	00:31,81	01:07,35	02:50,29	00:35,90	01:16,65	02:50,54	00:31,62	01:13,51	02:41,87	02:25,91	05:58,53
1158	00:27,69	01:00,69	02:15,60	04:51,42	09:55,46	19:20,38	00:31,82	01:07,36	02:50,30	00:35,90	01:16,65	02:50,55	00:31,62	01:13,52	02:41,88	02:25,93	05:58,56
1157	00:27,69	01:00,69	02:15,61	04:51,44	09:55,51	19:20,48	00:31,82	01:07,36	02:50,32	00:35,91	01:16,66	02:50,57	00:31,63	01:13,52	02:41,89	02:25,94	05:58,59
1156	00:27,69	01:00,70	02:15,62	04:51,47	09:55,56	19:20,58	00:31,83	01:07,37	02:50,33	00:35,91	01:16,67	02:50,58	00:31,63	01:13,53	02:41,91	02:25,95	05:58,63
1155	00:27,70	01:00,71	02:15,63	04:51,49	09:55,62	19:20,69	00:31,83	01:07,38	02:50,35	00:35,92	01:16,68	02:50,60	00:31,64	01:13,54	02:41,92	02:25,96	05:58,66
1154	00:27,70	01:00,72	02:15,65	04:51,52	09:55,67	19:20,79	00:31,84	01:07,39	02:50,36	00:35,92	01:16,69	02:50,61	00:31,64	01:13,55	02:41,94	02:25,98	05:58,69
1153	00:27,71	01:00,72	02:15,66	04:51,55	09:55,72	19:20,89	00:31,84	01:07,40	02:50,38	00:35,93	01:16,70	02:50,63	00:31,65	01:13,56	02:41,95	02:25,99	05:58,72
1152	00:27,71	01:00,73	02:15,67	04:51,57	09:55,77	19:20,99	00:31,85	01:07,40	02:50,39	00:35,93	01:16,71	02:50,64	00:31,65	01:13,57	02:41,96	02:26,00	05:58,75
1151	00:27,71	01:00,74	02:15,68	04:51,60	09:55,82	19:21,09	00:31,85	01:07,41	02:50,41	00:35,94	01:16,72	02:50,65	00:31,65	01:13,57	02:41,98	02:26,01	05:58,78
1150	00:27,72	01:00,74	02:15,69	04:51,62	09:55,87	19:21,19	00:31,85	01:07,42	02:50,42	00:35,94	01:16,72	02:50,67	00:31,66	01:13,58	02:41,99	02:26,03	05:58,81
1149	00:27,72	01:00,75	02:15,71	04:51,65	09:55,93	19:21,29	00:31,86	01:07,43	02:50,44	00:35,95	01:16,73	02:50,68	00:31,66	01:13,59	02:42,01	02:26,04	05:58,84
1148	00:27,72	01:00,76	02:15,72	04:51,67	09:55,98	19:21,39	00:31,86	01:07,43	02:50,45	00:35,95	01:16,74	02:50,70	00:31,67	01:13,60	02:42,02	02:26,05	05:58,88
1147	00:27,73	01:00,76	02:15,73	04:51,70	09:56,03	19:21,49	00:31,87	01:07,44	02:50,47	00:35,96	01:16,75	02:50,71	00:31,67	01:13,61	02:42,03	02:26,07	05:58,91
1146	00:27,73	01:00,77	02:15,74	04:51,72	09:56,08	19:21,60	00:31,87	01:07,45	02:50,48	00:35,96	01:16,76	02:50,73	00:31,68	01:13,62	02:42,05	02:26,08	05:58,94
1145	00:27,74	01:00,78	02:15,75	04:51,75	09:56,14	19:21,70	00:31,88	01:07,46	02:50,50	00:35,97	01:16,77	02:50,74	00:31,68	01:13,63	02:42,06	02:26,09	05:58,97
1144	00:27,74	01:00,79	02:15,76	04:51,77	09:56,19	19:21,80	00:31,88	01:07,47	02:50,51	00:35,97	01:16,78	02:50,76	00:31,68	01:13,63	02:42,08	02:26,10	05:59,00
1143	00:27,74	01:00,79	02:15,78	04:51,80	09:56,24	19:21,90	00:31,88	01:07,47	02:50,53	00:35,98	01:16,79	02:50,77	00:31,69	01:13,64	02:42,09	02:26,12	05:59,03
1142	00:27,75	01:00,80	02:15,79	04:51,83	09:56,29	19:22,00	00:31,89	01:07,48	02:50,54	00:35,98	01:16,80	02:50,79	00:31,69	01:13,65	02:42,11	02:26,13	05:59,06
1141	00:27,75	01:00,81	02:15,80	04:51,85	09:56,34	19:22,11	00:31,89	01:07,49	02:50,56	00:35,99	01:16,80	02:50,80	00:31,70	01:13,66	02:42,12	02:26,14	05:59,10
1140	00:27,76	01:00,81	02:15,81	04:51,88	09:56,40	19:22,21	00:31,90	01:07,50	02:50,57	00:35,99	01:16,81	02:50,82	00:31,70	01:13,67	02:42,13	02:26,16	05:59,13
1139	00:27,76	01:00,82	02:15,82	04:51,90	09:56,45	19:22,31	00:31,90	01:07,50	02:50,59	00:36,00	01:16,82	02:50,83	00:31,71	01:13,68	02:42,15	02:26,17	05:59,16
1138	00:27,76	01:00,83	02:15,84	04:51,93	09:56,50	19:22,41	00:31,91	01:07,51	02:50,60	00:36,00	01:16,83	02:50,85	00:31,71	01:13,69	02:42,16	02:26,18	05:59,19
1137	00:27,77	01:00,84	02:15,85	04:51,95	09:56,55	19:22,52	00:31,91	01:07,52	02:50,62	00:36,01	01:16,84	02:50,86	00:31,72	01:13,69	02:42,18	02:26,19	05:59,22
1136	00:27,77	01:00,84	02:15,86	04:51,98	09:56,61	19:22,62	00:31,92	01:07,53	02:50,63	00:36,01	01:16,85	02:50,88	00:31,72	01:13,70	02:42,19	02:26,21	05:59,25
1135	00:27,77	01:00,85	02:15,87	04:52,01	09:56,66	19:22,72	00:31,92	01:07,54	02:50,65	00:36,02	01:16,86	02:50,89	00:31,72	01:13,71	02:42,21	02:26,22	05:59,29
1134	00:27,78	01:00,86	02:15,88	04:52,03	09:56,71	19:22,82	00:31,93	01:07,54	02:50,66	00:36,02	01:16,87	02:50,91	00:31,73	01:13,72	02:42,22	02:26,23	05:59,32
1133	00:27,78	01:00,86	02:15,90	04:52,06	09:56,77	19:22,93	00:31,93	01:07,55	02:50,68	00:36,03	01:16,88	02:50,92	00:31,73	01:13,73	02:42,23	02:26,25	05:59,35
1132	00:27,79	01:00,87	02:15,91	04:52,08	09:56,82	19:23,03	00:31,93	01:07,56	02:50,69	00:36,03	01:16,89	02:50,94	00:31,74	01:13,74	02:42,25	02:26,26	05:59,38
1131	00:27,79	01:00,88	02:15,92	04:52,11	09:56,87	19:23,13	00:31,94	01:07,57	02:50,71	00:36,04	01:16,89	02:50,96	00:31,74	01:13,75	02:42,26	02:26,27	05:59,41
1130	00:27,79	01:00,88	02:15,93	04:52,14	09:56,92	19:23,24	00:31,94	01:07,58	02:50,72	00:36,04	01:16,90	02:50,97	00:31,75	01:13,75	02:42,28	02:26,28	05:59,44
1129	00:27,80	01:00,89	02:15,94	04:52,16	09:56,98	19:23,34	00:31,95	01:07,58	02:50,74	00:36,05	01:16,91	02:50,99	00:31,75	01:13,76	02:42,29	02:26,30	05:59,48
1128	00:27,80	01:00,90	02:15,96	04:52,19	09:57,03	19:23,44	00:31,95	01:07,59	02:50,75	00:36,05	01:16,92	02:51,00	00:31,76	01:13,77	02:42,31	02:26,31	05:59,51
1127	00:27,81	01:00,91	02:15,97	04:52,21	09:57,08	19:23,55	00:31,96	01:07,60	02:50,77	00:36,06	01:16,93	02:51,02	00:31,76	01:13,78	02:42,32	02:26,32	05:59,54
1126	00:27,81	01:00,91	02:15,98	04:52,24	09:57,14	19:23,65	00:31,96	01:07,61	02:50,78	00:36,06	01:16,94	02:51,03	00:31,76	01:13,79	02:42,34	02:26,34	05:59,57
1125	00:27,81	01:00,92	02:15,99	04:52,27	09:57,19	19:23,75	00:31,97	01:07,62	02:50,80	00:36,07	01:16,95	02:51,05	00:31,77	01:13,80	02:42,35	02:26,35	05:59,60

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1124	00:27,82	01:00,93	02:16,01	04:52,29	09:57,24	19:23,86	00:31,97	01:07,62	02:50,81	00:36,07	01:16,96	02:51,06	00:31,77	01:13,81	02:42,36	02:26,36	05:59,64
1123	00:27,82	01:00,94	02:16,02	04:52,32	09:57,30	19:23,96	00:31,97	01:07,63	02:50,83	00:36,08	01:16,97	02:51,08	00:31,78	01:13,82	02:42,38	02:26,38	05:59,67
1122	00:27,83	01:00,94	02:16,03	04:52,34	09:57,35	19:24,07	00:31,98	01:07,64	02:50,85	00:36,08	01:16,98	02:51,09	00:31,78	01:13,82	02:42,39	02:26,39	05:59,70
1121	00:27,83	01:00,95	02:16,04	04:52,37	09:57,40	19:24,17	00:31,98	01:07,65	02:50,86	00:36,09	01:16,98	02:51,11	00:31,79	01:13,83	02:42,41	02:26,40	05:59,73
1120	00:27,83	01:00,96	02:16,05	04:52,40	09:57,46	19:24,27	00:31,99	01:07,66	02:50,88	00:36,09	01:16,99	02:51,12	00:31,79	01:13,84	02:42,42	02:26,42	05:59,77
1119	00:27,84	01:00,96	02:16,07	04:52,42	09:57,51	19:24,38	00:31,99	01:07,66	02:50,89	00:36,10	01:17,00	02:51,14	00:31,80	01:13,85	02:42,44	02:26,43	05:59,80
1118	00:27,84	01:00,97	02:16,08	04:52,45	09:57,56	19:24,48	00:32,00	01:07,67	02:50,91	00:36,10	01:17,01	02:51,15	00:31,80	01:13,86	02:42,45	02:26,44	05:59,83
1117	00:27,85	01:00,98	02:16,09	04:52,47	09:57,62	19:24,59	00:32,00	01:07,68	02:50,92	00:36,11	01:17,02	02:51,17	00:31,81	01:13,87	02:42,47	02:26,45	05:59,86
1116	00:27,85	01:00,99	02:16,10	04:52,50	09:57,67	19:24,69	00:32,01	01:07,69	02:50,94	00:36,11	01:17,03	02:51,18	00:31,81	01:13,88	02:42,48	02:26,47	05:59,89
1115	00:27,85	01:00,99	02:16,12	04:52,53	09:57,73	19:24,80	00:32,01	01:07,70	02:50,95	00:36,12	01:17,04	02:51,20	00:31,81	01:13,89	02:42,50	02:26,48	05:59,93
1114	00:27,86	01:01,00	02:16,13	04:52,55	09:57,78	19:24,90	00:32,02	01:07,70	02:50,97	00:36,12	01:17,05	02:51,22	00:31,82	01:13,89	02:42,51	02:26,49	05:59,96
1113	00:27,86	01:01,01	02:16,14	04:52,58	09:57,83	19:25,01	00:32,02	01:07,71	02:50,98	00:36,13	01:17,06	02:51,23	00:31,82	01:13,90	02:42,52	02:26,51	05:59,99
1112	00:27,87	01:01,01	02:16,15	04:52,61	09:57,89	19:25,11	00:32,02	01:07,72	02:51,00	00:36,13	01:17,07	02:51,25	00:31,83	01:13,91	02:42,54	02:26,52	06:00,02
1111	00:27,87	01:01,02	02:16,16	04:52,63	09:57,94	19:25,22	00:32,03	01:07,73	02:51,01	00:36,14	01:17,08	02:51,26	00:31,83	01:13,92	02:42,55	02:26,53	06:00,06
1110	00:27,87	01:01,03	02:16,18	04:52,66	09:57,99	19:25,32	00:32,03	01:07,74	02:51,03	00:36,15	01:17,09	02:51,28	00:31,84	01:13,93	02:42,57	02:26,55	06:00,09
1109	00:27,88	01:01,04	02:16,19	04:52,69	09:58,05	19:25,43	00:32,04	01:07,74	02:51,05	00:36,15	01:17,09	02:51,29	00:31,84	01:13,94	02:42,58	02:26,56	06:00,12
1108	00:27,88	01:01,04	02:16,20	04:52,71	09:58,10	19:25,53	00:32,04	01:07,75	02:51,06	00:36,16	01:17,10	02:51,31	00:31,85	01:13,95	02:42,60	02:26,57	06:00,15
1107	00:27,89	01:01,05	02:16,21	04:52,74	09:58,16	19:25,64	00:32,05	01:07,76	02:51,08	00:36,16	01:17,11	02:51,32	00:31,85	01:13,96	02:42,61	02:26,59	06:00,19
1106	00:27,89	01:01,06	02:16,23	04:52,77	09:58,21	19:25,75	00:32,05	01:07,77	02:51,09	00:36,17	01:17,12	02:51,34	00:31,86	01:13,96	02:42,63	02:26,60	06:00,22
1105	00:27,89	01:01,07	02:16,24	04:52,79	09:58,27	19:25,85	00:32,06	01:07,78	02:51,11	00:36,17	01:17,13	02:51,35	00:31,86	01:13,97	02:42,64	02:26,61	06:00,25
1104	00:27,90	01:01,07	02:16,25	04:52,82	09:58,32	19:25,96	00:32,06	01:07,78	02:51,12	00:36,18	01:17,14	02:51,37	00:31,86	01:13,98	02:42,66	02:26,63	06:00,29
1103	00:27,90	01:01,08	02:16,26	04:52,85	09:58,37	19:26,06	00:32,07	01:07,79	02:51,14	00:36,18	01:17,15	02:51,39	00:31,87	01:13,99	02:42,67	02:26,64	06:00,32
1102	00:27,91	01:01,09	02:16,28	04:52,87	09:58,43	19:26,17	00:32,07	01:07,80	02:51,15	00:36,19	01:17,16	02:51,40	00:31,87	01:14,00	02:42,69	02:26,65	06:00,35
1101	00:27,91	01:01,10	02:16,29	04:52,90	09:58,48	19:26,28	00:32,08	01:07,81	02:51,17	00:36,19	01:17,17	02:51,42	00:31,88	01:14,01	02:42,70	02:26,67	06:00,38
1100	00:27,91	01:01,10	02:16,30	04:52,93	09:58,54	19:26,38	00:32,08	01:07,82	02:51,18	00:36,20	01:17,18	02:51,43	00:31,88	01:14,02	02:42,72	02:26,68	06:00,42
1099	00:27,92	01:01,11	02:16,31	04:52,95	09:58,59	19:26,49	00:32,08	01:07,83	02:51,20	00:36,20	01:17,19	02:51,45	00:31,89	01:14,03	02:42,73	02:26,69	06:00,45
1098	00:27,92	01:01,12	02:16,33	04:52,98	09:58,65	19:26,59	00:32,09	01:07,83	02:51,22	00:36,21	01:17,20	02:51,46	00:31,89	01:14,04	02:42,75	02:26,71	06:00,48
1097	00:27,93	01:01,12	02:16,34	04:53,01	09:58,70	19:26,70	00:32,09	01:07,84	02:51,23	00:36,21	01:17,21	02:51,48	00:31,90	01:14,05	02:42,76	02:26,72	06:00,52
1096	00:27,93	01:01,13	02:16,35	04:53,03	09:58,76	19:26,81	00:32,10	01:07,85	02:51,25	00:36,22	01:17,22	02:51,50	00:31,90	01:14,05	02:42,78	02:26,73	06:00,55
1095	00:27,93	01:01,14	02:16,36	04:53,06	09:58,81	19:26,91	00:32,10	01:07,86	02:51,26	00:36,22	01:17,22	02:51,51	00:31,91	01:14,06	02:42,79	02:26,75	06:00,58
1094	00:27,94	01:01,15	02:16,38	04:53,09	09:58,87	19:27,02	00:32,11	01:07,87	02:51,28	00:36,23	01:17,23	02:51,53	00:31,91	01:14,07	02:42,81	02:26,76	06:00,61
1093	00:27,94	01:01,15	02:16,39	04:53,11	09:58,92	19:27,13	00:32,11	01:07,87	02:51,29	00:36,23	01:17,24	02:51,54	00:31,92	01:14,08	02:42,82	02:26,77	06:00,65
1092	00:27,95	01:01,16	02:16,40	04:53,14	09:58,98	19:27,24	00:32,12	01:07,88	02:51,31	00:36,24	01:17,25	02:51,56	00:31,92	01:14,09	02:42,84	02:26,79	06:00,68
1091	00:27,95	01:01,17	02:16,41	04:53,17	09:59,03	19:27,34	00:32,12	01:07,89	02:51,33	00:36,24	01:17,26	02:51,57	00:31,92	01:14,10	02:42,85	02:26,80	06:00,71
1090	00:27,95	01:01,18	02:16,43	04:53,19	09:59,09	19:27,45	00:32,13	01:07,90	02:51,34	00:36,25	01:17,27	02:51,59	00:31,93	01:14,11	02:42,87	02:26,81	06:00,75
1089	00:27,96	01:01,18	02:16,44	04:53,22	09:59,14	19:27,56	00:32,13	01:07,91	02:51,36	00:36,26	01:17,28	02:51,61	00:31,93	01:14,12	02:42,88	02:26,83	06:00,78
1088	00:27,96	01:01,19	02:16,45	04:53,25	09:59,20	19:27,67	00:32,14	01:07,92	02:51,37	00:36,26	01:17,29	02:51,62	00:31,94	01:14,13	02:42,90	02:26,84	06:00,81
1087	00:27,97	01:01,20	02:16,46	04:53,27	09:59,25	19:27,77	00:32,14	01:07,92	02:51,39	00:36,27	01:17,30	02:51,64	00:31,94	01:14,14	02:42,91	02:26,86	06:00,85
1086	00:27,97	01:01,21	02:16,48	04:53,30	09:59,31	19:27,88	00:32,15	01:07,93	02:51,41	00:36,27	01:17,31	02:51,65	00:31,95	01:14,14	02:42,93	02:26,87	06:00,88
1085	00:27,97	01:01,21	02:16,49	04:53,33	09:59,36	19:27,99	00:32,15	01:07,94	02:51,42	00:36,28	01:17,32	02:51,67	00:31,95	01:14,15	02:42,94	02:26,88	06:00,91
1084	00:27,98	01:01,22	02:16,50	04:53,36	09:59,42	19:28,10	00:32,15	01:07,95	02:51,44	00:36,28	01:17,33	02:51,68	00:31,96	01:14,16	02:42,96	02:26,90	06:00,95
1083	00:27,98	01:01,23	02:16,51	04:53,38	09:59,47	19:28,21	00:32,16	01:07,96	02:51,45	00:36,29	01:17,34	02:51,70	00:31,96	01:14,17	02:42,97	02:26,91	06:00,98
1082	00:27,99	01:01,24	02:16,53	04:53,41	09:59,53	19:28,31	00:32,16	01:07,97	02:51,47	00:36,29	01:17,35	02:51,72	00:31,97	01:14,18	02:42,99	02:26,92	06:01,01
1081	00:27,99	01:01,24	02:16,54	04:53,44	09:59,59	19:28,42	00:32,17	01:07,97	02:51,48	00:36,30	01:17,36	02:51,73	00:31,97	01:14,19	02:43,00	02:26,94	06:01,05
1080	00:28,00	01:01,25	02:16,55	04:53,46	09:59,64	19:28,53	00:32,17	01:07,98	02:51,50	00:36,30	01:17,37	02:51,75	00:31,98	01:14,20	02:43,02	02:26,95	06:01,08
1079	00:28,00	01:01,26	02:16,56	04:53,49	09:59,70	19:28,64	00:32,18	01:07,99	02:51,52	00:36,31	01:17,38	02:51,76	00:31,98	01:14,21	02:43,03	02:26,96	06:01,11
1078	00:28,00	01:01,27	02:16,58	04:53,52	09:59,75	19:28,75	00:32,18	01:08,00	02:51,53	00:36,31	01:17,39	02:51,78	00:31,99	01:14,22	02:43,05	02:26,98	06:01,15

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1077	00:28,01	01:01,27	02:16,59	04:53,55	09:59,81	19:28,86	00:32,19	01:08,01	02:51,55	00:36,32	01:17,39	02:51,80	00:31,99	01:14,23	02:43,06	02:26,99	06:01,18
1076	00:28,01	01:01,28	02:16,60	04:53,57	09:59,86	19:28,97	00:32,19	01:08,02	02:51,56	00:36,32	01:17,40	02:51,81	00:32,00	01:14,24	02:43,08	02:27,01	06:01,22
1075	00:28,02	01:01,29	02:16,61	04:53,60	09:59,92	19:29,08	00:32,20	01:08,02	02:51,58	00:36,33	01:17,41	02:51,83	00:32,00	01:14,24	02:43,09	02:27,02	06:01,25
1074	00:28,02	01:01,30	02:16,63	04:53,63	09:59,98	19:29,18	00:32,20	01:08,03	02:51,60	00:36,34	01:17,42	02:51,84	00:32,00	01:14,25	02:43,11	02:27,03	06:01,28
1073	00:28,02	01:01,30	02:16,64	04:53,66	10:00,03	19:29,29	00:32,21	01:08,04	02:51,61	00:36,34	01:17,43	02:51,86	00:32,01	01:14,26	02:43,12	02:27,05	06:01,32
1072	00:28,03	01:01,31	02:16,65	04:53,68	10:00,09	19:29,40	00:32,21	01:08,05	02:51,63	00:36,35	01:17,44	02:51,88	00:32,01	01:14,27	02:43,14	02:27,06	06:01,35
1071	00:28,03	01:01,32	02:16,67	04:53,71	10:00,15	19:29,51	00:32,22	01:08,06	02:51,64	00:36,35	01:17,45	02:51,89	00:32,02	01:14,28	02:43,15	02:27,07	06:01,38
1070	00:28,04	01:01,33	02:16,68	04:53,74	10:00,20	19:29,62	00:32,22	01:08,07	02:51,66	00:36,36	01:17,46	02:51,91	00:32,02	01:14,29	02:43,17	02:27,09	06:01,42
1069	00:28,04	01:01,33	02:16,69	04:53,77	10:00,26	19:29,73	00:32,23	01:08,07	02:51,68	00:36,36	01:17,47	02:51,93	00:32,03	01:14,30	02:43,18	02:27,10	06:01,45
1068	00:28,05	01:01,34	02:16,70	04:53,79	10:00,31	19:29,84	00:32,23	01:08,08	02:51,69	00:36,37	01:17,48	02:51,94	00:32,03	01:14,31	02:43,20	02:27,12	06:01,49
1067	00:28,05	01:01,35	02:16,72	04:53,82	10:00,37	19:29,95	00:32,24	01:08,09	02:51,71	00:36,37	01:17,49	02:51,96	00:32,04	01:14,32	02:43,21	02:27,13	06:01,52
1066	00:28,05	01:01,36	02:16,73	04:53,85	10:00,43	19:30,06	00:32,24	01:08,10	02:51,73	00:36,38	01:17,50	02:51,97	00:32,04	01:14,33	02:43,23	02:27,14	06:01,55
1065	00:28,06	01:01,37	02:16,74	04:53,88	10:00,48	19:30,17	00:32,25	01:08,11	02:51,74	00:36,38	01:17,51	02:51,99	00:32,05	01:14,34	02:43,25	02:27,16	06:01,59
1064	00:28,06	01:01,37	02:16,76	04:53,90	10:00,54	19:30,28	00:32,25	01:08,12	02:51,76	00:36,39	01:17,52	02:52,01	00:32,05	01:14,35	02:43,26	02:27,17	06:01,62
1063	00:28,07	01:01,38	02:16,77	04:53,93	10:00,60	19:30,39	00:32,26	01:08,13	02:51,77	00:36,39	01:17,53	02:52,02	00:32,06	01:14,35	02:43,28	02:27,18	06:01,66
1062	00:28,07	01:01,39	02:16,78	04:53,96	10:00,65	19:30,50	00:32,26	01:08,13	02:51,79	00:36,40	01:17,54	02:52,04	00:32,06	01:14,36	02:43,29	02:27,20	06:01,69
1061	00:28,07	01:01,40	02:16,79	04:53,99	10:00,71	19:30,61	00:32,26	01:08,14	02:51,81	00:36,41	01:17,55	02:52,05	00:32,07	01:14,37	02:43,31	02:27,21	06:01,72
1060	00:28,08	01:01,40	02:16,81	04:54,02	10:00,77	19:30,72	00:32,27	01:08,15	02:51,82	00:36,41	01:17,56	02:52,07	00:32,07	01:14,38	02:43,32	02:27,23	06:01,76
1059	00:28,08	01:01,41	02:16,82	04:54,04	10:00,82	19:30,84	00:32,27	01:08,16	02:51,84	00:36,42	01:17,57	02:52,09	00:32,08	01:14,39	02:43,34	02:27,24	06:01,79
1058	00:28,09	01:01,42	02:16,83	04:54,07	10:00,88	19:30,95	00:32,28	01:08,17	02:51,85	00:36,42	01:17,58	02:52,10	00:32,08	01:14,40	02:43,35	02:27,25	06:01,83
1057	00:28,09	01:01,43	02:16,85	04:54,10	10:00,94	19:31,06	00:32,28	01:08,18	02:51,87	00:36,43	01:17,59	02:52,12	00:32,09	01:14,41	02:43,37	02:27,27	06:01,86
1056	00:28,10	01:01,43	02:16,86	04:54,13	10:01,00	19:31,17	00:32,29	01:08,19	02:51,89	00:36,43	01:17,60	02:52,14	00:32,09	01:14,42	02:43,38	02:27,28	06:01,90
1055	00:28,10	01:01,44	02:16,87	04:54,16	10:01,05	19:31,28	00:32,29	01:08,19	02:51,90	00:36,44	01:17,61	02:52,15	00:32,10	01:14,43	02:43,40	02:27,30	06:01,93
1054	00:28,10	01:01,45	02:16,89	04:54,18	10:01,11	19:31,39	00:32,30	01:08,20	02:51,92	00:36,44	01:17,62	02:52,17	00:32,10	01:14,44	02:43,42	02:27,31	06:01,96
1053	00:28,11	01:01,46	02:16,90	04:54,21	10:01,17	19:31,50	00:32,30	01:08,21	02:51,94	00:36,45	01:17,63	02:52,19	00:32,11	01:14,45	02:43,43	02:27,32	06:02,00
1052	00:28,11	01:01,47	02:16,91	04:54,24	10:01,22	19:31,62	00:32,31	01:08,22	02:51,95	00:36,45	01:17,64	02:52,20	00:32,11	01:14,46	02:43,45	02:27,34	06:02,03
1051	00:28,12	01:01,47	02:16,92	04:54,27	10:01,28	19:31,73	00:32,31	01:08,23	02:51,97	00:36,46	01:17,65	02:52,22	00:32,11	01:14,47	02:43,46	02:27,35	06:02,07
1050	00:28,12	01:01,48	02:16,94	04:54,30	10:01,34	19:31,84	00:32,32	01:08,24	02:51,99	00:36,47	01:17,66	02:52,23	00:32,12	01:14,48	02:43,48	02:27,37	06:02,10
1049	00:28,13	01:01,49	02:16,95	04:54,32	10:01,40	19:31,95	00:32,32	01:08,25	02:52,00	00:36,47	01:17,67	02:52,25	00:32,12	01:14,49	02:43,49	02:27,38	06:02,14
1048	00:28,13	01:01,50	02:16,96	04:54,35	10:01,45	19:32,06	00:32,33	01:08,25	02:52,02	00:36,48	01:17,68	02:52,27	00:32,13	01:14,50	02:43,51	02:27,39	06:02,17
1047	00:28,13	01:01,50	02:16,98	04:54,38	10:01,51	19:32,18	00:32,33	01:08,26	02:52,04	00:36,48	01:17,69	02:52,28	00:32,13	01:14,50	02:43,52	02:27,41	06:02,21
1046	00:28,14	01:01,51	02:16,99	04:54,41	10:01,57	19:32,29	00:32,34	01:08,27	02:52,05	00:36,49	01:17,70	02:52,30	00:32,14	01:14,51	02:43,54	02:27,42	06:02,24
1045	00:28,14	01:01,52	02:17,00	04:54,44	10:01,63	19:32,40	00:32,34	01:08,28	02:52,07	00:36,49	01:17,70	02:52,32	00:32,14	01:14,52	02:43,56	02:27,44	06:02,28
1044	00:28,15	01:01,53	02:17,02	04:54,46	10:01,68	19:32,51	00:32,35	01:08,29	02:52,08	00:36,50	01:17,71	02:52,33	00:32,15	01:14,53	02:43,57	02:27,45	06:02,31
1043	00:28,15	01:01,54	02:17,03	04:54,49	10:01,74	19:32,63	00:32,35	01:08,30	02:52,10	00:36,50	01:17,72	02:52,35	00:32,15	01:14,54	02:43,59	02:27,47	06:02,35
1042	00:28,16	01:01,54	02:17,04	04:54,52	10:01,80	19:32,74	00:32,36	01:08,31	02:52,12	00:36,51	01:17,73	02:52,37	00:32,16	01:14,55	02:43,60	02:27,48	06:02,38
1041	00:28,16	01:01,55	02:17,06	04:54,55	10:01,86	19:32,85	00:32,36	01:08,31	02:52,13	00:36,52	01:17,74	02:52,38	00:32,16	01:14,56	02:43,62	02:27,49	06:02,42
1040	00:28,16	01:01,56	02:17,07	04:54,58	10:01,92	19:32,96	00:32,37	01:08,32	02:52,15	00:36,52	01:17,75	02:52,40	00:32,17	01:14,57	02:43,63	02:27,51	06:02,45
1039	00:28,17	01:01,57	02:17,08	04:54,61	10:01,97	19:33,08	00:32,37	01:08,33	02:52,17	00:36,53	01:17,76	02:52,42	00:32,17	01:14,58	02:43,65	02:27,52	06:02,49
1038	00:28,17	01:01,57	02:17,10	04:54,64	10:02,03	19:33,19	00:32,38	01:08,34	02:52,18	00:36,53	01:17,77	02:52,43	00:32,18	01:14,59	02:43,67	02:27,54	06:02,52
1037	00:28,18	01:01,58	02:17,11	04:54,66	10:02,09	19:33,30	00:32,38	01:08,35	02:52,20	00:36,54	01:17,78	02:52,45	00:32,18	01:14,60	02:43,68	02:27,55	06:02,56
1036	00:28,18	01:01,59	02:17,12	04:54,69	10:02,15	19:33,42	00:32,39	01:08,36	02:52,22	00:36,54	01:17,79	02:52,47	00:32,19	01:14,61	02:43,70	02:27,57	06:02,59
1035	00:28,19	01:01,60	02:17,14	04:54,72	10:02,21	19:33,53	00:32,39	01:08,37	02:52,23	00:36,55	01:17,80	02:52,48	00:32,19	01:14,62	02:43,71	02:27,58	06:02,63
1034	00:28,19	01:01,61	02:17,15	04:54,75	10:02,27	19:33,65	00:32,40	01:08,38	02:52,25	00:36,56	01:17,81	02:52,50	00:32,20	01:14,63	02:43,73	02:27,59	06:02,66
1033	00:28,19	01:01,61	02:17,16	04:54,78	10:02,32	19:33,76	00:32,40	01:08,38	02:52,27	00:36,56	01:17,82	02:52,52	00:32,20	01:14,64	02:43,75	02:27,61	06:02,70
1032	00:28,20	01:01,62	02:17,18	04:54,81	10:02,38	19:33,87	00:32,41	01:08,39	02:52,28	00:36,57	01:17,83	02:52,53	00:32,21	01:14,65	02:43,76	02:27,62	06:02,73
1031	00:28,20	01:01,63	02:17,19	04:54,84	10:02,44	19:33,99	00:32,41	01:08,40	02:52,30	00:36,57	01:17,84	02:52,55	00:32,21	01:14,66	02:43,78	02:27,64	06:02,77

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1030	00:28,21	01:01,64	02:17,20	04:54,86	10:02,50	19:34,10	00:32,42	01:08,41	02:52,32	00:36,58	01:17,85	02:52,57	00:32,22	01:14,67	02:43,79	02:27,65	06:02,80
1029	00:28,21	01:01,65	02:17,22	04:54,89	10:02,56	19:34,22	00:32,42	01:08,42	02:52,33	00:36,58	01:17,86	02:52,58	00:32,22	01:14,68	02:43,81	02:27,67	06:02,84
1028	00:28,22	01:01,65	02:17,23	04:54,92	10:02,62	19:34,33	00:32,43	01:08,43	02:52,35	00:36,59	01:17,87	02:52,60	00:32,23	01:14,69	02:43,83	02:27,68	06:02,87
1027	00:28,22	01:01,66	02:17,24	04:54,95	10:02,68	19:34,45	00:32,43	01:08,44	02:52,37	00:36,59	01:17,88	02:52,62	00:32,23	01:14,70	02:43,84	02:27,69	06:02,91
1026	00:28,22	01:01,67	02:17,26	04:54,98	10:02,74	19:34,56	00:32,44	01:08,45	02:52,39	00:36,60	01:17,89	02:52,63	00:32,24	01:14,71	02:43,86	02:27,71	06:02,94
1025	00:28,23	01:01,68	02:17,27	04:55,01	10:02,79	19:34,68	00:32,44	01:08,46	02:52,40	00:36,61	01:17,90	02:52,65	00:32,24	01:14,71	02:43,87	02:27,72	06:02,98
1024	00:28,23	01:01,69	02:17,28	04:55,04	10:02,85	19:34,79	00:32,45	01:08,46	02:52,42	00:36,61	01:17,91	02:52,67	00:32,25	01:14,72	02:43,89	02:27,74	06:03,02
1023	00:28,24	01:01,69	02:17,30	04:55,07	10:02,91	19:34,91	00:32,45	01:08,47	02:52,44	00:36,62	01:17,92	02:52,69	00:32,25	01:14,73	02:43,91	02:27,75	06:03,05
1022	00:28,24	01:01,70	02:17,31	04:55,09	10:02,97	19:35,02	00:32,46	01:08,48	02:52,45	00:36,62	01:17,93	02:52,70	00:32,26	01:14,74	02:43,92	02:27,77	06:03,09
1021	00:28,25	01:01,71	02:17,32	04:55,12	10:03,03	19:35,14	00:32,46	01:08,49	02:52,47	00:36,63	01:17,94	02:52,72	00:32,26	01:14,75	02:43,94	02:27,78	06:03,12
1020	00:28,25	01:01,72	02:17,34	04:55,15	10:03,09	19:35,25	00:32,47	01:08,50	02:52,49	00:36,63	01:17,95	02:52,74	00:32,27	01:14,76	02:43,95	02:27,80	06:03,16
1019	00:28,26	01:01,73	02:17,35	04:55,18	10:03,15	19:35,37	00:32,47	01:08,51	02:52,50	00:36,64	01:17,97	02:52,75	00:32,27	01:14,77	02:43,97	02:27,81	06:03,19
1018	00:28,26	01:01,73	02:17,36	04:55,21	10:03,21	19:35,48	00:32,48	01:08,52	02:52,52	00:36,65	01:17,98	02:52,77	00:32,28	01:14,78	02:43,99	02:27,83	06:03,23
1017	00:28,26	01:01,74	02:17,38	04:55,24	10:03,27	19:35,60	00:32,48	01:08,53	02:52,54	00:36,65	01:17,99	02:52,79	00:32,28	01:14,79	02:44,00	02:27,84	06:03,27
1016	00:28,27	01:01,75	02:17,39	04:55,27	10:03,33	19:35,72	00:32,49	01:08,54	02:52,55	00:36,66	01:18,00	02:52,80	00:32,29	01:14,80	02:44,02	02:27,85	06:03,30
1015	00:28,27	01:01,76	02:17,40	04:55,30	10:03,39	19:35,83	00:32,49	01:08,54	02:52,57	00:36,66	01:18,01	02:52,82	00:32,29	01:14,81	02:44,03	02:27,87	06:03,34
1014	00:28,28	01:01,77	02:17,42	04:55,33	10:03,45	19:35,95	00:32,50	01:08,55	02:52,59	00:36,67	01:18,02	02:52,84	00:32,30	01:14,82	02:44,05	02:27,88	06:03,37
1013	00:28,28	01:01,77	02:17,43	04:55,36	10:03,51	19:36,06	00:32,50	01:08,56	02:52,61	00:36,67	01:18,03	02:52,86	00:32,30	01:14,83	02:44,07	02:27,90	06:03,41
1012	00:28,29	01:01,78	02:17,45	04:55,39	10:03,57	19:36,18	00:32,51	01:08,57	02:52,62	00:36,68	01:18,04	02:52,87	00:32,31	01:14,84	02:44,08	02:27,91	06:03,44
1011	00:28,29	01:01,79	02:17,46	04:55,42	10:03,63	19:36,30	00:32,51	01:08,58	02:52,64	00:36,69	01:18,05	02:52,89	00:32,31	01:14,85	02:44,10	02:27,93	06:03,48
1010	00:28,30	01:01,80	02:17,47	04:55,44	10:03,69	19:36,41	00:32,52	01:08,59	02:52,66	00:36,69	01:18,06	02:52,91	00:32,32	01:14,86	02:44,12	02:27,94	06:03,52
1009	00:28,30	01:01,81	02:17,49	04:55,47	10:03,75	19:36,53	00:32,52	01:08,60	02:52,67	00:36,70	01:18,07	02:52,92	00:32,32	01:14,87	02:44,13	02:27,96	06:03,55
1008	00:28,30	01:01,81	02:17,50	04:55,50	10:03,81	19:36,65	00:32,53	01:08,61	02:52,69	00:36,70	01:18,08	02:52,94	00:32,33	01:14,88	02:44,15	02:27,97	06:03,59
1007	00:28,31	01:01,82	02:17,51	04:55,53	10:03,87	19:36,77	00:32,53	01:08,62	02:52,71	00:36,71	01:18,09	02:52,96	00:32,33	01:14,89	02:44,17	02:27,99	06:03,63
1006	00:28,31	01:01,83	02:17,53	04:55,56	10:03,93	19:36,88	00:32,54	01:08,63	02:52,73	00:36,72	01:18,10	02:52,98	00:32,34	01:14,90	02:44,18	02:28,00	06:03,66
1005	00:28,32	01:01,84	02:17,54	04:55,59	10:03,99	19:37,00	00:32,54	01:08,63	02:52,74	00:36,72	01:18,11	02:52,99	00:32,34	01:14,91	02:44,20	02:28,02	06:03,70
1004	00:28,32	01:01,85	02:17,55	04:55,62	10:04,05	19:37,12	00:32,55	01:08,64	02:52,76	00:36,73	01:18,12	02:53,01	00:32,35	01:14,92	02:44,21	02:28,03	06:03,73
1003	00:28,33	01:01,86	02:17,57	04:55,65	10:04,11	19:37,24	00:32,55	01:08,65	02:52,78	00:36,73	01:18,13	02:53,03	00:32,35	01:14,93	02:44,23	02:28,05	06:03,77
1002	00:28,33	01:01,86	02:17,58	04:55,68	10:04,17	19:37,35	00:32,56	01:08,66	02:52,80	00:36,74	01:18,14	02:53,05	00:32,36	01:14,94	02:44,25	02:28,06	06:03,81
1001	00:28,34	01:01,87	02:17,60	04:55,71	10:04,23	19:37,47	00:32,56	01:08,67	02:52,81	00:36,74	01:18,15	02:53,06	00:32,36	01:14,95	02:44,26	02:28,08	06:03,84
1000	00:28,34	01:01,88	02:17,61	04:55,74	10:04,29	19:37,59	00:32,57	01:08,68	02:52,83	00:36,75	01:18,16	02:53,08	00:32,37	01:14,96	02:44,28	02:28,09	06:03,88
999	00:28,34	01:01,89	02:17,62	04:55,77	10:04,35	19:37,71	00:32,58	01:08,69	02:52,85	00:36,76	01:18,17	02:53,10	00:32,38	01:14,97	02:44,30	02:28,10	06:03,92
998	00:28,35	01:01,90	02:17,64	04:55,80	10:04,41	19:37,83	00:32,58	01:08,70	02:52,86	00:36,76	01:18,18	02:53,11	00:32,38	01:14,98	02:44,31	02:28,12	06:03,95
997	00:28,35	01:01,90	02:17,65	04:55,83	10:04,47	19:37,95	00:32,59	01:08,71	02:52,88	00:36,77	01:18,19	02:53,13	00:32,39	01:14,99	02:44,33	02:28,13	06:03,99
996	00:28,36	01:01,91	02:17,67	04:55,86	10:04,53	19:38,06	00:32,59	01:08,72	02:52,90	00:36,77	01:18,20	02:53,15	00:32,39	01:15,00	02:44,35	02:28,15	06:04,03
995	00:28,36	01:01,92	02:17,68	04:55,89	10:04,59	19:38,18	00:32,60	01:08,73	02:52,92	00:36,78	01:18,21	02:53,17	00:32,40	01:15,01	02:44,36	02:28,16	06:04,06
994	00:28,37	01:01,93	02:17,69	04:55,92	10:04,66	19:38,30	00:32,60	01:08,73	02:52,93	00:36,79	01:18,22	02:53,18	00:32,40	01:15,02	02:44,38	02:28,18	06:04,10
993	00:28,37	01:01,94	02:17,71	04:55,95	10:04,72	19:38,42	00:32,61	01:08,74	02:52,95	00:36,79	01:18,23	02:53,20	00:32,41	01:15,03	02:44,40	02:28,19	06:04,14
992	00:28,38	01:01,95	02:17,72	04:55,98	10:04,78	19:38,54	00:32,61	01:08,75	02:52,97	00:36,80	01:18,24	02:53,22	00:32,41	01:15,04	02:44,41	02:28,21	06:04,17
991	00:28,38	01:01,95	02:17,73	04:56,01	10:04,84	19:38,66	00:32,62	01:08,76	02:52,99	00:36,80	01:18,25	02:53,24	00:32,42	01:15,05	02:44,43	02:28,22	06:04,21
990	00:28,39	01:01,96	02:17,75	04:56,04	10:04,90	19:38,78	00:32,62	01:08,77	02:53,00	00:36,81	01:18,26	02:53,25	00:32,42	01:15,06	02:44,45	02:28,24	06:04,25
989	00:28,39	01:01,97	02:17,76	04:56,07	10:04,96	19:38,90	00:32,63	01:08,78	02:53,02	00:36,81	01:18,27	02:53,27	00:32,43	01:15,07	02:44,46	02:28,25	06:04,28
988	00:28,39	01:01,98	02:17,78	04:56,10	10:05,02	19:39,02	00:32,63	01:08,79	02:53,04	00:36,82	01:18,29	02:53,29	00:32,43	01:15,08	02:44,48	02:28,27	06:04,32
987	00:28,40	01:01,99	02:17,79	04:56,13	10:05,08	19:39,14	00:32,64	01:08,80	02:53,06	00:36,83	01:18,30	02:53,31	00:32,44	01:15,09	02:44,50	02:28,28	06:04,36
986	00:28,40	01:02,00	02:17,80	04:56,16	10:05,15	19:39,26	00:32,64	01:08,81	02:53,07	00:36,83	01:18,31	02:53,33	00:32,44	01:15,10	02:44,51	02:28,30	06:04,40
985	00:28,41	01:02,00	02:17,82	04:56,19	10:05,21	19:39,38	00:32,65	01:08,82	02:53,09	00:36,84	01:18,32	02:53,34	00:32,45	01:15,11	02:44,53	02:28,31	06:04,43
984	00:28,41	01:02,01	02:17,83	04:56,22	10:05,27	19:39,50	00:32,65	01:08,83	02:53,11	00:36,84	01:18,33	02:53,36	00:32,45	01:15,12	02:44,55	02:28,33	06:04,47

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
983	00:28,42	01:02,02	02:17,85	04:56,25	10:05,33	19:39,62	00:32,66	01:08,84	02:53,13	00:36,85	01:18,34	02:53,38	00:32,46	01:15,13	02:44,56	02:28,35	06:04,51
982	00:28,42	01:02,03	02:17,86	04:56,28	10:05,39	19:39,74	00:32,66	01:08,85	02:53,15	00:36,86	01:18,35	02:53,40	00:32,46	01:15,14	02:44,58	02:28,36	06:04,54
981	00:28,43	01:02,04	02:17,88	04:56,31	10:05,45	19:39,86	00:32,67	01:08,85	02:53,16	00:36,86	01:18,36	02:53,41	00:32,47	01:15,15	02:44,60	02:28,38	06:04,58
980	00:28,43	01:02,05	02:17,89	04:56,34	10:05,52	19:39,98	00:32,67	01:08,86	02:53,18	00:36,87	01:18,37	02:53,43	00:32,47	01:15,16	02:44,61	02:28,39	06:04,62
979	00:28,44	01:02,05	02:17,90	04:56,37	10:05,58	19:40,10	00:32,68	01:08,87	02:53,20	00:36,87	01:18,38	02:53,45	00:32,48	01:15,17	02:44,63	02:28,41	06:04,66
978	00:28,44	01:02,06	02:17,92	04:56,40	10:05,64	19:40,22	00:32,69	01:08,88	02:53,22	00:36,88	01:18,39	02:53,47	00:32,48	01:15,18	02:44,65	02:28,42	06:04,69
977	00:28,45	01:02,07	02:17,93	04:56,43	10:05,70	19:40,34	00:32,69	01:08,89	02:53,23	00:36,89	01:18,40	02:53,48	00:32,49	01:15,19	02:44,66	02:28,44	06:04,73
976	00:28,45	01:02,08	02:17,95	04:56,46	10:05,76	19:40,46	00:32,70	01:08,90	02:53,25	00:36,89	01:18,41	02:53,50	00:32,50	01:15,20	02:44,68	02:28,45	06:04,77
975	00:28,45	01:02,09	02:17,96	04:56,49	10:05,83	19:40,59	00:32,70	01:08,91	02:53,27	00:36,90	01:18,42	02:53,52	00:32,50	01:15,21	02:44,70	02:28,47	06:04,81
974	00:28,46	01:02,10	02:17,97	04:56,52	10:05,89	19:40,71	00:32,71	01:08,92	02:53,29	00:36,90	01:18,43	02:53,54	00:32,51	01:15,22	02:44,71	02:28,48	06:04,84
973	00:28,46	01:02,11	02:17,99	04:56,55	10:05,95	19:40,83	00:32,71	01:08,93	02:53,31	00:36,91	01:18,44	02:53,56	00:32,51	01:15,23	02:44,73	02:28,50	06:04,88
972	00:28,47	01:02,11	02:18,00	04:56,58	10:06,01	19:40,95	00:32,72	01:08,94	02:53,32	00:36,92	01:18,45	02:53,57	00:32,52	01:15,24	02:44,75	02:28,51	06:04,92
971	00:28,47	01:02,12	02:18,02	04:56,61	10:06,08	19:41,07	00:32,72	01:08,95	02:53,34	00:36,92	01:18,47	02:53,59	00:32,52	01:15,25	02:44,77	02:28,53	06:04,96
970	00:28,48	01:02,13	02:18,03	04:56,65	10:06,14	19:41,19	00:32,73	01:08,96	02:53,36	00:36,93	01:18,48	02:53,61	00:32,53	01:15,26	02:44,78	02:28,54	06:04,99
969	00:28,48	01:02,14	02:18,05	04:56,68	10:06,20	19:41,32	00:32,73	01:08,97	02:53,38	00:36,93	01:18,49	02:53,63	00:32,53	01:15,27	02:44,80	02:28,56	06:05,03
968	00:28,49	01:02,15	02:18,06	04:56,71	10:06,27	19:41,44	00:32,74	01:08,98	02:53,39	00:36,94	01:18,50	02:53,65	00:32,54	01:15,28	02:44,82	02:28,57	06:05,07
967	00:28,49	01:02,16	02:18,07	04:56,74	10:06,33	19:41,56	00:32,74	01:08,99	02:53,41	00:36,95	01:18,51	02:53,66	00:32,54	01:15,29	02:44,83	02:28,59	06:05,11
966	00:28,50	01:02,16	02:18,09	04:56,77	10:06,39	19:41,68	00:32,75	01:09,00	02:53,43	00:36,95	01:18,52	02:53,68	00:32,55	01:15,30	02:44,85	02:28,60	06:05,15
965	00:28,50	01:02,17	02:18,10	04:56,80	10:06,45	19:41,81	00:32,76	01:09,01	02:53,45	00:36,96	01:18,53	02:53,70	00:32,55	01:15,32	02:44,87	02:28,62	06:05,18
964	00:28,51	01:02,18	02:18,12	04:56,83	10:06,52	19:41,93	00:32,76	01:09,01	02:53,47	00:36,96	01:18,54	02:53,72	00:32,56	01:15,33	02:44,89	02:28,64	06:05,22
963	00:28,51	01:02,19	02:18,13	04:56,86	10:06,58	19:42,05	00:32,77	01:09,02	02:53,49	00:36,97	01:18,55	02:53,74	00:32,56	01:15,34	02:44,90	02:28,65	06:05,26
962	00:28,52	01:02,20	02:18,15	04:56,89	10:06,64	19:42,18	00:32,77	01:09,03	02:53,50	00:36,98	01:18,56	02:53,75	00:32,57	01:15,35	02:44,92	02:28,67	06:05,30
961	00:28,52	01:02,21	02:18,16	04:56,92	10:06,71	19:42,30	00:32,78	01:09,04	02:53,52	00:36,98	01:18,57	02:53,77	00:32,58	01:15,36	02:44,94	02:28,68	06:05,34
960	00:28,52	01:02,22	02:18,17	04:56,95	10:06,77	19:42,42	00:32,78	01:09,05	02:53,54	00:36,99	01:18,58	02:53,79	00:32,58	01:15,37	02:44,95	02:28,70	06:05,37
959	00:28,53	01:02,22	02:18,19	04:56,98	10:06,83	19:42,55	00:32,79	01:09,06	02:53,56	00:37,00	01:18,60	02:53,81	00:32,59	01:15,38	02:44,97	02:28,71	06:05,41
958	00:28,53	01:02,23	02:18,20	04:57,02	10:06,90	19:42,67	00:32,79	01:09,07	02:53,58	00:37,00	01:18,61	02:53,83	00:32,59	01:15,39	02:44,99	02:28,73	06:05,45
957	00:28,54	01:02,24	02:18,22	04:57,05	10:06,96	19:42,79	00:32,80	01:09,08	02:53,59	00:37,01	01:18,62	02:53,85	00:32,60	01:15,40	02:45,01	02:28,74	06:05,49
956	00:28,54	01:02,25	02:18,23	04:57,08	10:07,02	19:42,92	00:32,80	01:09,09	02:53,61	00:37,01	01:18,63	02:53,86	00:32,60	01:15,41	02:45,02	02:28,76	06:05,53
955	00:28,55	01:02,26	02:18,25	04:57,11	10:07,09	19:43,04	00:32,81	01:09,10	02:53,63	00:37,02	01:18,64	02:53,88	00:32,61	01:15,42	02:45,04	02:28,78	06:05,57
954	00:28,55	01:02,27	02:18,26	04:57,14	10:07,15	19:43,17	00:32,81	01:09,11	02:53,65	00:37,03	01:18,65	02:53,90	00:32,61	01:15,43	02:45,06	02:28,79	06:05,60
953	00:28,56	01:02,28	02:18,28	04:57,17	10:07,22	19:43,29	00:32,82	01:09,12	02:53,67	00:37,03	01:18,66	02:53,92	00:32,62	01:15,44	02:45,08	02:28,81	06:05,64
952	00:28,56	01:02,29	02:18,29	04:57,20	10:07,28	19:43,42	00:32,83	01:09,13	02:53,69	00:37,04	01:18,67	02:53,94	00:32,62	01:15,45	02:45,09	02:28,82	06:05,68
951	00:28,57	01:02,29	02:18,31	04:57,23	10:07,34	19:43,54	00:32,83	01:09,14	02:53,70	00:37,04	01:18,68	02:53,95	00:32,63	01:15,46	02:45,11	02:28,84	06:05,72
950	00:28,57	01:02,30	02:18,32	04:57,27	10:07,41	19:43,67	00:32,84	01:09,15	02:53,72	00:37,05	01:18,69	02:53,97	00:32,64	01:15,47	02:45,13	02:28,85	06:05,76
949	00:28,58	01:02,31	02:18,33	04:57,30	10:07,47	19:43,79	00:32,84	01:09,16	02:53,74	00:37,06	01:18,70	02:53,99	00:32,64	01:15,48	02:45,15	02:28,87	06:05,80
948	00:28,58	01:02,32	02:18,35	04:57,33	10:07,54	19:43,92	00:32,85	01:09,17	02:53,76	00:37,06	01:18,72	02:54,01	00:32,65	01:15,49	02:45,16	02:28,89	06:05,84
947	00:28,59	01:02,33	02:18,36	04:57,36	10:07,60	19:44,04	00:32,85	01:09,18	02:53,78	00:37,07	01:18,73	02:54,03	00:32,65	01:15,50	02:45,18	02:28,90	06:05,87
946	00:28,59	01:02,34	02:18,38	04:57,39	10:07,67	19:44,17	00:32,86	01:09,19	02:53,80	00:37,08	01:18,74	02:54,05	00:32,66	01:15,51	02:45,20	02:28,92	06:05,91
945	00:28,60	01:02,35	02:18,39	04:57,42	10:07,73	19:44,29	00:32,86	01:09,20	02:53,81	00:37,08	01:18,75	02:54,07	00:32,66	01:15,52	02:45,22	02:28,93	06:05,95
944	00:28,60	01:02,35	02:18,41	04:57,46	10:07,79	19:44,42	00:32,87	01:09,21	02:53,83	00:37,09	01:18,76	02:54,08	00:32,67	01:15,54	02:45,23	02:28,95	06:05,99
943	00:28,61	01:02,36	02:18,42	04:57,49	10:07,86	19:44,55	00:32,88	01:09,22	02:53,85	00:37,09	01:18,77	02:54,10	00:32,67	01:15,55	02:45,25	02:28,96	06:06,03
942	00:28,61	01:02,37	02:18,44	04:57,52	10:07,92	19:44,67	00:32,88	01:09,23	02:53,87	00:37,10	01:18,78	02:54,12	00:32,68	01:15,56	02:45,27	02:28,98	06:06,07
941	00:28,62	01:02,38	02:18,45	04:57,55	10:07,99	19:44,80	00:32,89	01:09,24	02:53,89	00:37,11	01:18,79	02:54,14	00:32,68	01:15,57	02:45,29	02:29,00	06:06,11
940	00:28,62	01:02,39	02:18,47	04:57,58	10:08,05	19:44,92	00:32,89	01:09,25	02:53,91	00:37,11	01:18,80	02:54,16	00:32,69	01:15,58	02:45,30	02:29,01	06:06,15
939	00:28,63	01:02,40	02:18,48	04:57,61	10:08,12	19:45,05	00:32,90	01:09,26	02:53,92	00:37,12	01:18,82	02:54,18	00:32,70	01:15,59	02:45,32	02:29,03	06:06,19
938	00:28,63	01:02,41	02:18,50	04:57,65	10:08,18	19:45,18	00:32,90	01:09,27	02:53,94	00:37,13	01:18,83	02:54,20	00:32,70	01:15,60	02:45,34	02:29,04	06:06,22
937	00:28,63	01:02,42	02:18,51	04:57,68	10:08,25	19:45,30	00:32,91	01:09,28	02:53,96	00:37,13	01:18,84	02:54,21	00:32,71	01:15,61	02:45,36	02:29,06	06:06,26

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
936	00:28,64	01:02,43	02:18,53	04:57,71	10:08,31	19:45,43	00:32,91	01:09,29	02:53,98	00:37,14	01:18,85	02:54,23	00:32,71	01:15,62	02:45,37	02:29,08	06:06,30
935	00:28,64	01:02,43	02:18,54	04:57,74	10:08,38	19:45,56	00:32,92	01:09,30	02:54,00	00:37,14	01:18,86	02:54,25	00:32,72	01:15,63	02:45,39	02:29,09	06:06,34
934	00:28,65	01:02,44	02:18,56	04:57,77	10:08,44	19:45,69	00:32,93	01:09,30	02:54,02	00:37,15	01:18,87	02:54,27	00:32,72	01:15,64	02:45,41	02:29,11	06:06,38
933	00:28,65	01:02,45	02:18,57	04:57,81	10:08,51	19:45,81	00:32,93	01:09,31	02:54,04	00:37,16	01:18,88	02:54,29	00:32,73	01:15,65	02:45,43	02:29,12	06:06,42
932	00:28,66	01:02,46	02:18,59	04:57,84	10:08,58	19:45,94	00:32,94	01:09,32	02:54,06	00:37,16	01:18,89	02:54,31	00:32,73	01:15,66	02:45,44	02:29,14	06:06,46
931	00:28,66	01:02,47	02:18,60	04:57,87	10:08,64	19:46,07	00:32,94	01:09,33	02:54,07	00:37,17	01:18,90	02:54,33	00:32,74	01:15,67	02:45,46	02:29,16	06:06,50
930	00:28,67	01:02,48	02:18,62	04:57,90	10:08,71	19:46,20	00:32,95	01:09,34	02:54,09	00:37,18	01:18,92	02:54,34	00:32,75	01:15,69	02:45,48	02:29,17	06:06,54
929	00:28,67	01:02,49	02:18,63	04:57,93	10:08,77	19:46,32	00:32,95	01:09,35	02:54,11	00:37,18	01:18,93	02:54,36	00:32,75	01:15,70	02:45,50	02:29,19	06:06,58
928	00:28,68	01:02,50	02:18,65	04:57,97	10:08,84	19:46,45	00:32,96	01:09,36	02:54,13	00:37,19	01:18,94	02:54,38	00:32,76	01:15,71	02:45,52	02:29,20	06:06,62
927	00:28,68	01:02,51	02:18,66	04:58,00	10:08,90	19:46,58	00:32,97	01:09,37	02:54,15	00:37,20	01:18,95	02:54,40	00:32,76	01:15,72	02:45,53	02:29,22	06:06,66
926	00:28,69	01:02,51	02:18,68	04:58,03	10:08,97	19:46,71	00:32,97	01:09,38	02:54,17	00:37,20	01:18,96	02:54,42	00:32,77	01:15,73	02:45,55	02:29,24	06:06,70
925	00:28,69	01:02,52	02:18,69	04:58,06	10:09,04	19:46,84	00:32,98	01:09,39	02:54,19	00:37,21	01:18,97	02:54,44	00:32,77	01:15,74	02:45,57	02:29,25	06:06,74
924	00:28,70	01:02,53	02:18,71	04:58,09	10:09,10	19:46,97	00:32,98	01:09,40	02:54,21	00:37,21	01:18,98	02:54,46	00:32,78	01:15,75	02:45,59	02:29,27	06:06,78
923	00:28,70	01:02,54	02:18,72	04:58,13	10:09,17	19:47,10	00:32,99	01:09,41	02:54,23	00:37,22	01:19,00	02:54,48	00:32,79	01:15,76	02:45,61	02:29,29	06:06,82
922	00:28,71	01:02,55	02:18,74	04:58,16	10:09,23	19:47,23	00:32,99	01:09,42	02:54,24	00:37,23	01:19,01	02:54,50	00:32,79	01:15,77	02:45,62	02:29,30	06:06,86
921	00:28,71	01:02,56	02:18,75	04:58,19	10:09,30	19:47,35	00:33,00	01:09,43	02:54,26	00:37,23	01:19,02	02:54,52	00:32,80	01:15,78	02:45,64	02:29,32	06:06,90
920	00:28,72	01:02,57	02:18,77	04:58,22	10:09,37	19:47,48	00:33,00	01:09,44	02:54,28	00:37,24	01:19,03	02:54,53	00:32,80	01:15,79	02:45,66	02:29,33	06:06,94
919	00:28,72	01:02,58	02:18,78	04:58,26	10:09,43	19:47,61	00:33,01	01:09,45	02:54,30	00:37,25	01:19,04	02:54,55	00:32,81	01:15,80	02:45,68	02:29,35	06:06,98
918	00:28,73	01:02,59	02:18,80	04:58,29	10:09,50	19:47,74	00:33,02	01:09,46	02:54,32	00:37,25	01:19,05	02:54,57	00:32,81	01:15,82	02:45,70	02:29,37	06:07,02
917	00:28,73	01:02,60	02:18,81	04:58,32	10:09,57	19:47,87	00:33,02	01:09,47	02:54,34	00:37,26	01:19,06	02:54,59	00:32,82	01:15,83	02:45,71	02:29,38	06:07,06
916	00:28,74	01:02,60	02:18,83	04:58,36	10:09,63	19:48,00	00:33,03	01:09,48	02:54,36	00:37,27	01:19,07	02:54,61	00:32,82	01:15,84	02:45,73	02:29,40	06:07,10
915	00:28,74	01:02,61	02:18,84	04:58,39	10:09,70	19:48,13	00:33,03	01:09,49	02:54,38	00:37,27	01:19,09	02:54,63	00:32,83	01:15,85	02:45,75	02:29,42	06:07,14
914	00:28,75	01:02,62	02:18,86	04:58,42	10:09,77	19:48,26	00:33,04	01:09,50	02:54,40	00:37,28	01:19,10	02:54,65	00:32,84	01:15,86	02:45,77	02:29,43	06:07,18
913	00:28,75	01:02,63	02:18,87	04:58,45	10:09,83	19:48,39	00:33,04	01:09,51	02:54,42	00:37,29	01:19,11	02:54,67	00:32,84	01:15,87	02:45,79	02:29,45	06:07,22
912	00:28,76	01:02,64	02:18,89	04:58,49	10:09,90	19:48,53	00:33,05	01:09,52	02:54,43	00:37,29	01:19,12	02:54,69	00:32,85	01:15,88	02:45,81	02:29,47	06:07,26
911	00:28,76	01:02,65	02:18,90	04:58,52	10:09,97	19:48,66	00:33,06	01:09,53	02:54,45	00:37,30	01:19,13	02:54,71	00:32,85	01:15,89	02:45,82	02:29,48	06:07,30
910	00:28,77	01:02,66	02:18,92	04:58,55	10:10,04	19:48,79	00:33,06	01:09,54	02:54,47	00:37,31	01:19,14	02:54,73	00:32,86	01:15,90	02:45,84	02:29,50	06:07,34
909	00:28,77	01:02,67	02:18,93	04:58,58	10:10,10	19:48,92	00:33,07	01:09,55	02:54,49	00:37,31	01:19,16	02:54,74	00:32,86	01:15,91	02:45,86	02:29,51	06:07,38
908	00:28,78	01:02,68	02:18,95	04:58,62	10:10,17	19:49,05	00:33,07	01:09,56	02:54,51	00:37,32	01:19,17	02:54,76	00:32,87	01:15,93	02:45,88	02:29,53	06:07,42
907	00:28,78	01:02,69	02:18,96	04:58,65	10:10,24	19:49,18	00:33,08	01:09,58	02:54,53	00:37,32	01:19,18	02:54,78	00:32,88	01:15,94	02:45,90	02:29,55	06:07,46
906	00:28,79	01:02,70	02:18,98	04:58,68	10:10,31	19:49,31	00:33,09	01:09,59	02:54,55	00:37,33	01:19,19	02:54,80	00:32,88	01:15,95	02:45,92	02:29,56	06:07,50
905	00:28,79	01:02,70	02:19,00	04:58,72	10:10,37	19:49,44	00:33,09	01:09,60	02:54,57	00:37,34	01:19,20	02:54,82	00:32,89	01:15,96	02:45,93	02:29,58	06:07,54
904	00:28,80	01:02,71	02:19,01	04:58,75	10:10,44	19:49,58	00:33,10	01:09,61	02:54,59	00:37,34	01:19,21	02:54,84	00:32,89	01:15,97	02:45,95	02:29,60	06:07,58
903	00:28,80	01:02,72	02:19,03	04:58,78	10:10,51	19:49,71	00:33,10	01:09,62	02:54,61	00:37,35	01:19,23	02:54,86	00:32,90	01:15,98	02:45,97	02:29,61	06:07,62
902	00:28,81	01:02,73	02:19,04	04:58,82	10:10,58	19:49,84	00:33,11	01:09,63	02:54,63	00:37,36	01:19,24	02:54,88	00:32,91	01:15,99	02:45,99	02:29,63	06:07,67
901	00:28,81	01:02,74	02:19,06	04:58,85	10:10,64	19:49,97	00:33,11	01:09,64	02:54,65	00:37,36	01:19,25	02:54,90	00:32,91	01:16,00	02:46,01	02:29,65	06:07,71
900	00:28,82	01:02,75	02:19,07	04:58,88	10:10,71	19:50,11	00:33,12	01:09,65	02:54,67	00:37,37	01:19,26	02:54,92	00:32,92	01:16,01	02:46,03	02:29,66	06:07,75
899	00:28,82	01:02,76	02:19,09	04:58,92	10:10,78	19:50,24	00:33,13	01:09,66	02:54,69	00:37,38	01:19,27	02:54,94	00:32,92	01:16,03	02:46,04	02:29,68	06:07,79
898	00:28,83	01:02,77	02:19,10	04:58,95	10:10,85	19:50,37	00:33,13	01:09,67	02:54,71	00:37,38	01:19,28	02:54,96	00:32,93	01:16,04	02:46,06	02:29,70	06:07,83
897	00:28,83	01:02,78	02:19,12	04:58,98	10:10,92	19:50,50	00:33,14	01:09,68	02:54,73	00:37,39	01:19,30	02:54,98	00:32,93	01:16,05	02:46,08	02:29,71	06:07,87
896	00:28,84	01:02,79	02:19,13	04:59,02	10:10,99	19:50,64	00:33,14	01:09,69	02:54,74	00:37,40	01:19,31	02:55,00	00:32,94	01:16,06	02:46,10	02:29,73	06:07,91
895	00:28,84	01:02,80	02:19,15	04:59,05	10:11,05	19:50,77	00:33,15	01:09,70	02:54,76	00:37,40	01:19,32	02:55,02	00:32,95	01:16,07	02:46,12	02:29,75	06:07,95
894	00:28,85	01:02,81	02:19,17	04:59,08	10:11,12	19:50,90	00:33,16	01:09,71	02:54,78	00:37,41	01:19,33	02:55,04	00:32,95	01:16,08	02:46,14	02:29,76	06:07,99
893	00:28,85	01:02,82	02:19,18	04:59,12	10:11,19	19:51,04	00:33,16	01:09,72	02:54,80	00:37,42	01:19,34	02:55,06	00:32,96	01:16,09	02:46,16	02:29,78	06:08,04
892	00:28,86	01:02,83	02:19,20	04:59,15	10:11,26	19:51,17	00:33,17	01:09,73	02:54,82	00:37,42	01:19,35	02:55,08	00:32,96	01:16,11	02:46,17	02:29,80	06:08,08
891	00:28,86	01:02,83	02:19,21	04:59,18	10:11,33	19:51,31	00:33,17	01:09,74	02:54,84	00:37,43	01:19,37	02:55,10	00:32,97	01:16,12	02:46,19	02:29,81	06:08,12
890	00:28,87	01:02,84	02:19,23	04:59,22	10:11,40	19:51,44	00:33,18	01:09,75	02:54,86	00:37,44	01:19,38	02:55,12	00:32,98	01:16,13	02:46,21	02:29,83	06:08,16

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
889	00:28,88	01:02,85	02:19,24	04:59,25	10:11,47	19:51,58	00:33,19	01:09,76	02:54,88	00:37,44	01:19,39	02:55,14	00:32,98	01:16,14	02:46,23	02:29,85	06:08,20
888	00:28,88	01:02,86	02:19,26	04:59,29	10:11,54	19:51,71	00:33,19	01:09,77	02:54,90	00:37,45	01:19,40	02:55,16	00:32,99	01:16,15	02:46,25	02:29,87	06:08,24
887	00:28,89	01:02,87	02:19,28	04:59,32	10:11,60	19:51,84	00:33,20	01:09,78	02:54,92	00:37,46	01:19,41	02:55,18	00:32,99	01:16,16	02:46,27	02:29,88	06:08,28
886	00:28,89	01:02,88	02:19,29	04:59,35	10:11,67	19:51,98	00:33,20	01:09,79	02:54,94	00:37,46	01:19,43	02:55,19	00:33,00	01:16,17	02:46,29	02:29,90	06:08,33
885	00:28,90	01:02,89	02:19,31	04:59,39	10:11,74	19:52,11	00:33,21	01:09,80	02:54,96	00:37,47	01:19,44	02:55,21	00:33,01	01:16,18	02:46,31	02:29,92	06:08,37
884	00:28,90	01:02,90	02:19,32	04:59,42	10:11,81	19:52,25	00:33,21	01:09,81	02:54,98	00:37,48	01:19,45	02:55,23	00:33,01	01:16,20	02:46,33	02:29,93	06:08,41
883	00:28,91	01:02,91	02:19,34	04:59,46	10:11,88	19:52,39	00:33,22	01:09,82	02:55,00	00:37,48	01:19,46	02:55,25	00:33,02	01:16,21	02:46,34	02:29,95	06:08,45
882	00:28,91	01:02,92	02:19,35	04:59,49	10:11,95	19:52,52	00:33,23	01:09,83	02:55,02	00:37,49	01:19,47	02:55,27	00:33,02	01:16,22	02:46,36	02:29,97	06:08,49
881	00:28,92	01:02,93	02:19,37	04:59,52	10:12,02	19:52,66	00:33,23	01:09,84	02:55,04	00:37,50	01:19,48	02:55,29	00:33,03	01:16,23	02:46,38	02:29,98	06:08,54
880	00:28,92	01:02,94	02:19,39	04:59,56	10:12,09	19:52,79	00:33,24	01:09,85	02:55,06	00:37,50	01:19,50	02:55,31	00:33,03	01:16,24	02:46,40	02:30,00	06:08,58
879	00:28,93	01:02,95	02:19,40	04:59,59	10:12,16	19:52,93	00:33,24	01:09,87	02:55,08	00:37,51	01:19,51	02:55,33	00:33,04	01:16,25	02:46,42	02:30,02	06:08,62
878	00:28,93	01:02,96	02:19,42	04:59,63	10:12,23	19:53,06	00:33,25	01:09,88	02:55,10	00:37,52	01:19,52	02:55,35	00:33,05	01:16,26	02:46,44	02:30,04	06:08,66
877	00:28,94	01:02,97	02:19,43	04:59,66	10:12,30	19:53,20	00:33,26	01:09,89	02:55,12	00:37,53	01:19,53	02:55,37	00:33,05	01:16,28	02:46,46	02:30,05	06:08,70
876	00:28,94	01:02,98	02:19,45	04:59,69	10:12,37	19:53,34	00:33,26	01:09,90	02:55,14	00:37,53	01:19,54	02:55,39	00:33,06	01:16,29	02:46,48	02:30,07	06:08,75
875	00:28,95	01:02,99	02:19,47	04:59,73	10:12,44	19:53,47	00:33,27	01:09,91	02:55,16	00:37,54	01:19,56	02:55,41	00:33,06	01:16,30	02:46,50	02:30,09	06:08,79
874	00:28,95	01:03,00	02:19,48	04:59,76	10:12,51	19:53,61	00:33,28	01:09,92	02:55,18	00:37,55	01:19,57	02:55,43	00:33,07	01:16,31	02:46,52	02:30,10	06:08,83
873	00:28,96	01:03,00	02:19,50	04:59,80	10:12,58	19:53,75	00:33,28	01:09,93	02:55,20	00:37,55	01:19,58	02:55,45	00:33,08	01:16,32	02:46,53	02:30,12	06:08,87
872	00:28,96	01:03,01	02:19,51	04:59,83	10:12,65	19:53,89	00:33,29	01:09,94	02:55,22	00:37,56	01:19,59	02:55,48	00:33,08	01:16,33	02:46,55	02:30,14	06:08,92
871	00:28,97	01:03,02	02:19,53	04:59,87	10:12,72	19:54,02	00:33,29	01:09,95	02:55,24	00:37,57	01:19,61	02:55,50	00:33,09	01:16,35	02:46,57	02:30,16	06:08,96
870	00:28,97	01:03,03	02:19,55	04:59,90	10:12,79	19:54,16	00:33,30	01:09,96	02:55,26	00:37,57	01:19,62	02:55,52	00:33,09	01:16,36	02:46,59	02:30,17	06:09,00
869	00:28,98	01:03,04	02:19,56	04:59,94	10:12,86	19:54,30	00:33,31	01:09,97	02:55,28	00:37,58	01:19,63	02:55,54	00:33,10	01:16,37	02:46,61	02:30,19	06:09,04
868	00:28,99	01:03,05	02:19,58	04:59,97	10:12,94	19:54,44	00:33,31	01:09,98	02:55,30	00:37,59	01:19,64	02:55,56	00:33,11	01:16,38	02:46,63	02:30,21	06:09,09
867	00:28,99	01:03,06	02:19,59	05:00,01	10:13,01	19:54,58	00:33,32	01:09,99	02:55,32	00:37,59	01:19,65	02:55,58	00:33,11	01:16,39	02:46,65	02:30,23	06:09,13
866	00:29,00	01:03,07	02:19,61	05:00,04	10:13,08	19:54,71	00:33,32	01:10,00	02:55,34	00:37,60	01:19,67	02:55,60	00:33,12	01:16,40	02:46,67	02:30,24	06:09,17
865	00:29,00	01:03,08	02:19,63	05:00,08	10:13,15	19:54,85	00:33,33	01:10,01	02:55,36	00:37,61	01:19,68	02:55,62	00:33,13	01:16,42	02:46,69	02:30,26	06:09,21
864	00:29,01	01:03,09	02:19,64	05:00,11	10:13,22	19:54,99	00:33,34	01:10,02	02:55,38	00:37,61	01:19,69	02:55,64	00:33,13	01:16,43	02:46,71	02:30,28	06:09,26
863	00:29,01	01:03,10	02:19,66	05:00,14	10:13,29	19:55,13	00:33,34	01:10,04	02:55,40	00:37,62	01:19,70	02:55,66	00:33,14	01:16,44	02:46,73	02:30,30	06:09,30
862	00:29,02	01:03,11	02:19,68	05:00,18	10:13,36	19:55,27	00:33,35	01:10,05	02:55,42	00:37,63	01:19,71	02:55,68	00:33,14	01:16,45	02:46,75	02:30,31	06:09,34
861	00:29,02	01:03,12	02:19,69	05:00,21	10:13,43	19:55,41	00:33,35	01:10,06	02:55,45	00:37,64	01:19,73	02:55,70	00:33,15	01:16,46	02:46,77	02:30,33	06:09,39
860	00:29,03	01:03,13	02:19,71	05:00,25	10:13,50	19:55,55	00:33,36	01:10,07	02:55,47	00:37,64	01:19,74	02:55,72	00:33,16	01:16,47	02:46,79	02:30,35	06:09,43
859	00:29,03	01:03,14	02:19,72	05:00,28	10:13,58	19:55,69	00:33,37	01:10,08	02:55,49	00:37,65	01:19,75	02:55,74	00:33,16	01:16,49	02:46,80	02:30,37	06:09,47
858	00:29,04	01:03,15	02:19,74	05:00,32	10:13,65	19:55,83	00:33,37	01:10,09	02:55,51	00:37,66	01:19,76	02:55,76	00:33,17	01:16,50	02:46,82	02:30,38	06:09,52
857	00:29,04	01:03,16	02:19,76	05:00,36	10:13,72	19:55,97	00:33,38	01:10,10	02:55,53	00:37,66	01:19,78	02:55,78	00:33,17	01:16,51	02:46,84	02:30,40	06:09,56
856	00:29,05	01:03,17	02:19,77	05:00,39	10:13,79	19:56,11	00:33,39	01:10,11	02:55,55	00:37,67	01:19,79	02:55,80	00:33,18	01:16,52	02:46,86	02:30,42	06:09,60
855	00:29,05	01:03,18	02:19,79	05:00,43	10:13,86	19:56,25	00:33,39	01:10,12	02:55,57	00:37,68	01:19,80	02:55,82	00:33,19	01:16,53	02:46,88	02:30,44	06:09,65
854	00:29,06	01:03,19	02:19,81	05:00,46	10:13,94	19:56,39	00:33,40	01:10,13	02:55,59	00:37,68	01:19,81	02:55,84	00:33,19	01:16,55	02:46,90	02:30,45	06:09,69
853	00:29,07	01:03,20	02:19,82	05:00,50	10:14,01	19:56,53	00:33,40	01:10,14	02:55,61	00:37,69	01:19,83	02:55,86	00:33,20	01:16,56	02:46,92	02:30,47	06:09,73
852	00:29,07	01:03,21	02:19,84	05:00,53	10:14,08	19:56,67	00:33,41	01:10,15	02:55,63	00:37,70	01:19,84	02:55,88	00:33,21	01:16,57	02:46,94	02:30,49	06:09,78
851	00:29,08	01:03,22	02:19,86	05:00,57	10:14,15	19:56,81	00:33,42	01:10,17	02:55,65	00:37,71	01:19,85	02:55,90	00:33,21	01:16,58	02:46,96	02:30,51	06:09,82
850	00:29,08	01:03,23	02:19,87	05:00,60	10:14,23	19:56,95	00:33,42	01:10,18	02:55,67	00:37,71	01:19,86	02:55,93	00:33,22	01:16,59	02:46,98	02:30,52	06:09,86
849	00:29,09	01:03,24	02:19,89	05:00,64	10:14,30	19:57,09	00:33,43	01:10,19	02:55,69	00:37,72	01:19,88	02:55,95	00:33,22	01:16,61	02:47,00	02:30,54	06:09,91
848	00:29,09	01:03,25	02:19,91	05:00,67	10:14,37	19:57,23	00:33,44	01:10,20	02:55,71	00:37,73	01:19,89	02:55,97	00:33,23	01:16,62	02:47,02	02:30,56	06:09,95
847	00:29,10	01:03,26	02:19,92	05:00,71	10:14,44	19:57,38	00:33,44	01:10,21	02:55,73	00:37,73	01:19,90	02:55,99	00:33,24	01:16,63	02:47,04	02:30,58	06:09,99
846	00:29,10	01:03,27	02:19,94	05:00,74	10:14,52	19:57,52	00:33,45	01:10,22	02:55,75	00:37,74	01:19,91	02:56,01	00:33,24	01:16,64	02:47,06	02:30,60	06:10,04
845	00:29,11	01:03,28	02:19,96	05:00,78	10:14,59	19:57,66	00:33,45	01:10,23	02:55,78	00:37,75	01:19,93	02:56,03	00:33,25	01:16,65	02:47,08	02:30,61	06:10,08
844	00:29,11	01:03,29	02:19,97	05:00,82	10:14,66	19:57,80	00:33,46	01:10,24	02:55,80	00:37,75	01:19,94	02:56,05	00:33,26	01:16,67	02:47,10	02:30,63	06:10,13
843	00:29,12	01:03,30	02:19,99	05:00,85	10:14,74	19:57,94	00:33,47	01:10,25	02:55,82	00:37,76	01:19,95	02:56,07	00:33,26	01:16,68	02:47,12	02:30,65	06:10,17

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
842	00:29,13	01:03,31	02:20,01	05:00,89	10:14,81	19:58,09	00:33,47	01:10,26	02:55,84	00:37,77	01:19,96	02:56,09	00:33,27	01:16,69	02:47,14	02:30,67	06:10,21
841	00:29,13	01:03,32	02:20,02	05:00,92	10:14,88	19:58,23	00:33,48	01:10,28	02:55,86	00:37,78	01:19,98	02:56,11	00:33,27	01:16,70	02:47,16	02:30,69	06:10,26
840	00:29,14	01:03,33	02:20,04	05:00,96	10:14,96	19:58,37	00:33,49	01:10,29	02:55,88	00:37,78	01:19,99	02:56,13	00:33,28	01:16,71	02:47,18	02:30,70	06:10,30
839	00:29,14	01:03,34	02:20,06	05:01,00	10:15,03	19:58,52	00:33,49	01:10,30	02:55,90	00:37,79	01:20,00	02:56,16	00:33,29	01:16,73	02:47,20	02:30,72	06:10,35
838	00:29,15	01:03,35	02:20,07	05:01,03	10:15,10	19:58,66	00:33,50	01:10,31	02:55,92	00:37,80	01:20,01	02:56,18	00:33,29	01:16,74	02:47,22	02:30,74	06:10,39
837	00:29,15	01:03,36	02:20,09	05:01,07	10:15,18	19:58,80	00:33,50	01:10,32	02:55,94	00:37,80	01:20,03	02:56,20	00:33,30	01:16,75	02:47,24	02:30,76	06:10,44
836	00:29,16	01:03,37	02:20,11	05:01,10	10:15,25	19:58,95	00:33,51	01:10,33	02:55,96	00:37,81	01:20,04	02:56,22	00:33,31	01:16,76	02:47,26	02:30,78	06:10,48
835	00:29,16	01:03,38	02:20,12	05:01,14	10:15,32	19:59,09	00:33,52	01:10,34	02:55,99	00:37,82	01:20,05	02:56,24	00:33,31	01:16,77	02:47,28	02:30,79	06:10,52
834	00:29,17	01:03,39	02:20,14	05:01,18	10:15,40	19:59,24	00:33,52	01:10,35	02:56,01	00:37,83	01:20,06	02:56,26	00:33,32	01:16,79	02:47,30	02:30,81	06:10,57
833	00:29,18	01:03,40	02:20,16	05:01,21	10:15,47	19:59,38	00:33,53	01:10,36	02:56,03	00:37,83	01:20,08	02:56,28	00:33,32	01:16,80	02:47,32	02:30,83	06:10,61
832	00:29,18	01:03,41	02:20,17	05:01,25	10:15,55	19:59,52	00:33,54	01:10,38	02:56,05	00:37,84	01:20,09	02:56,30	00:33,33	01:16,81	02:47,34	02:30,85	06:10,66
831	00:29,19	01:03,42	02:20,19	05:01,29	10:15,62	19:59,67	00:33,54	01:10,39	02:56,07	00:37,85	01:20,10	02:56,33	00:33,34	01:16,82	02:47,36	02:30,87	06:10,70
830	00:29,19	01:03,43	02:20,21	05:01,32	10:15,69	19:59,81	00:33,55	01:10,40	02:56,09	00:37,86	01:20,12	02:56,35	00:33,34	01:16,84	02:47,38	02:30,88	06:10,75
829	00:29,20	01:03,44	02:20,22	05:01,36	10:15,77	19:59,96	00:33,56	01:10,41	02:56,11	00:37,86	01:20,13	02:56,37	00:33,35	01:16,85	02:47,40	02:30,90	06:10,79
828	00:29,20	01:03,45	02:20,24	05:01,39	10:15,84	20:00,10	00:33,56	01:10,42	02:56,13	00:37,87	01:20,14	02:56,39	00:33,36	01:16,86	02:47,42	02:30,92	06:10,84
827	00:29,21	01:03,46	02:20,26	05:01,43	10:15,92	20:00,25	00:33,57	01:10,43	02:56,16	00:37,88	01:20,15	02:56,41	00:33,36	01:16,87	02:47,44	02:30,94	06:10,88
826	00:29,21	01:03,47	02:20,28	05:01,47	10:15,99	20:00,40	00:33,58	01:10,44	02:56,18	00:37,88	01:20,17	02:56,43	00:33,37	01:16,89	02:47,46	02:30,96	06:10,93
825	00:29,22	01:03,48	02:20,29	05:01,50	10:16,07	20:00,54	00:33,58	01:10,46	02:56,20	00:37,89	01:20,18	02:56,45	00:33,38	01:16,90	02:47,48	02:30,98	06:10,97
824	00:29,23	01:03,49	02:20,31	05:01,54	10:16,14	20:00,69	00:33,59	01:10,47	02:56,22	00:37,90	01:20,19	02:56,47	00:33,38	01:16,91	02:47,50	02:30,99	06:11,02
823	00:29,23	01:03,50	02:20,33	05:01,58	10:16,22	20:00,83	00:33,59	01:10,48	02:56,24	00:37,91	01:20,21	02:56,50	00:33,39	01:16,92	02:47,52	02:31,01	06:11,06
822	00:29,24	01:03,51	02:20,34	05:01,61	10:16,29	20:00,98	00:33,60	01:10,49	02:56,26	00:37,91	01:20,22	02:56,52	00:33,40	01:16,93	02:47,54	02:31,03	06:11,11
821	00:29,24	01:03,52	02:20,36	05:01,65	10:16,37	20:01,13	00:33,61	01:10,50	02:56,28	00:37,92	01:20,23	02:56,54	00:33,40	01:16,95	02:47,56	02:31,05	06:11,15
820	00:29,25	01:03,53	02:20,38	05:01,69	10:16,44	20:01,27	00:33,61	01:10,51	02:56,31	00:37,93	01:20,24	02:56,56	00:33,41	01:16,96	02:47,58	02:31,07	06:11,20
819	00:29,25	01:03,54	02:20,39	05:01,73	10:16,52	20:01,42	00:33,62	01:10,52	02:56,33	00:37,94	01:20,26	02:56,58	00:33,41	01:16,97	02:47,60	02:31,09	06:11,24
818	00:29,26	01:03,55	02:20,41	05:01,76	10:16,60	20:01,57	00:33,63	01:10,53	02:56,35	00:37,94	01:20,27	02:56,60	00:33,42	01:16,98	02:47,63	02:31,11	06:11,29
817	00:29,27	01:03,56	02:20,43	05:01,80	10:16,67	20:01,72	00:33,63	01:10,55	02:56,37	00:37,95	01:20,28	02:56,63	00:33,43	01:17,00	02:47,65	02:31,12	06:11,34
816	00:29,27	01:03,57	02:20,45	05:01,84	10:16,75	20:01,86	00:33,64	01:10,56	02:56,39	00:37,96	01:20,30	02:56,65	00:33,43	01:17,01	02:47,67	02:31,14	06:11,38
815	00:29,28	01:03,58	02:20,46	05:01,87	10:16,82	20:02,01	00:33,65	01:10,57	02:56,41	00:37,97	01:20,31	02:56,67	00:33,44	01:17,02	02:47,69	02:31,16	06:11,43
814	00:29,28	01:03,59	02:20,48	05:01,91	10:16,90	20:02,16	00:33,65	01:10,58	02:56,44	00:37,97	01:20,32	02:56,69	00:33,45	01:17,03	02:47,71	02:31,18	06:11,47
813	00:29,29	01:03,60	02:20,50	05:01,95	10:16,97	20:02,31	00:33,66	01:10,59	02:56,46	00:37,98	01:20,34	02:56,71	00:33,45	01:17,05	02:47,73	02:31,20	06:11,52
812	00:29,29	01:03,61	02:20,52	05:01,99	10:17,05	20:02,46	00:33,67	01:10,60	02:56,48	00:37,99	01:20,35	02:56,73	00:33,46	01:17,06	02:47,75	02:31,22	06:11,56
811	00:29,30	01:03,62	02:20,53	05:02,02	10:17,13	20:02,61	00:33,67	01:10,62	02:56,50	00:38,00	01:20,36	02:56,76	00:33,47	01:17,07	02:47,77	02:31,24	06:11,61
810	00:29,31	01:03,63	02:20,55	05:02,06	10:17,20	20:02,75	00:33,68	01:10,63	02:56,52	00:38,00	01:20,38	02:56,78	00:33,47	01:17,08	02:47,79	02:31,25	06:11,66
809	00:29,31	01:03,64	02:20,57	05:02,10	10:17,28	20:02,90	00:33,69	01:10,64	02:56,55	00:38,01	01:20,39	02:56,80	00:33,48	01:17,10	02:47,81	02:31,27	06:11,70
808	00:29,32	01:03,65	02:20,59	05:02,13	10:17,36	20:03,05	00:33,69	01:10,65	02:56,57	00:38,02	01:20,40	02:56,82	00:33,49	01:17,11	02:47,83	02:31,29	06:11,75
807	00:29,32	01:03,67	02:20,60	05:02,17	10:17,43	20:03,20	00:33,70	01:10,66	02:56,59	00:38,02	01:20,42	02:56,84	00:33,49	01:17,12	02:47,85	02:31,31	06:11,79
806	00:29,33	01:03,68	02:20,62	05:02,21	10:17,51	20:03,35	00:33,71	01:10,67	02:56,61	00:38,03	01:20,43	02:56,87	00:33,50	01:17,14	02:47,87	02:31,33	06:11,84
805	00:29,33	01:03,69	02:20,64	05:02,25	10:17,59	20:03,50	00:33,71	01:10,68	02:56,63	00:38,04	01:20,44	02:56,89	00:33,51	01:17,15	02:47,89	02:31,35	06:11,89
804	00:29,34	01:03,70	02:20,66	05:02,29	10:17,66	20:03,65	00:33,72	01:10,70	02:56,66	00:38,05	01:20,45	02:56,91	00:33,51	01:17,16	02:47,92	02:31,37	06:11,93
803	00:29,35	01:03,71	02:20,67	05:02,32	10:17,74	20:03,80	00:33,73	01:10,71	02:56,68	00:38,05	01:20,47	02:56,93	00:33,52	01:17,17	02:47,94	02:31,39	06:11,98
802	00:29,35	01:03,72	02:20,69	05:02,36	10:17,82	20:03,95	00:33,73	01:10,72	02:56,70	00:38,06	01:20,48	02:56,95	00:33,53	01:17,19	02:47,96	02:31,41	06:12,03
801	00:29,36	01:03,73	02:20,71	05:02,40	10:17,90	20:04,10	00:33,74	01:10,73	02:56,72	00:38,07	01:20,49	02:56,98	00:33,53	01:17,20	02:47,98	02:31,42	06:12,07
800	00:29,36	01:03,74	02:20,73	05:02,44	10:17,97	20:04,25	00:33,75	01:10,74	02:56,74	00:38,08	01:20,51	02:57,00	00:33,54	01:17,21	02:48,00	02:31,44	06:12,12
799	00:29,37	01:03,75	02:20,74	05:02,47	10:18,05	20:04,41	00:33,75	01:10,75	02:56,77	00:38,09	01:20,52	02:57,02	00:33,55	01:17,22	02:48,02	02:31,46	06:12,17
798	00:29,38	01:03,76	02:20,76	05:02,51	10:18,13	20:04,56	00:33,76	01:10,77	02:56,79	00:38,09	01:20,53	02:57,04	00:33,55	01:17,24	02:48,04	02:31,48	06:12,21
797	00:29,38	01:03,77	02:20,78	05:02,55	10:18,21	20:04,71	00:33,77	01:10,78	02:56,81	00:38,10	01:20,55	02:57,07	00:33,56	01:17,25	02:48,06	02:31,50	06:12,26
796	00:29,39	01:03,78	02:20,80	05:02,59	10:18,28	20:04,86	00:33,77	01:10,79	02:56,83	00:38,11	01:20,56	02:57,09	00:33,57	01:17,26	02:48,08	02:31,52	06:12,31

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
795	00:29,39	01:03,79	02:20,81	05:02,63	10:18,36	20:05,01	00:33,78	01:10,80	02:56,85	00:38,12	01:20,58	02:57,11	00:33,57	01:17,28	02:48,11	02:31,54	06:12,35
794	00:29,40	01:03,80	02:20,83	05:02,67	10:18,44	20:05,16	00:33,79	01:10,81	02:56,88	00:38,12	01:20,59	02:57,13	00:33,58	01:17,29	02:48,13	02:31,56	06:12,40
793	00:29,40	01:03,81	02:20,85	05:02,70	10:18,52	20:05,32	00:33,79	01:10,83	02:56,90	00:38,13	01:20,60	02:57,16	00:33,59	01:17,30	02:48,15	02:31,58	06:12,45
792	00:29,41	01:03,82	02:20,87	05:02,74	10:18,60	20:05,47	00:33,80	01:10,84	02:56,92	00:38,14	01:20,62	02:57,18	00:33,59	01:17,31	02:48,17	02:31,60	06:12,49
791	00:29,42	01:03,83	02:20,89	05:02,78	10:18,68	20:05,62	00:33,81	01:10,85	02:56,94	00:38,15	01:20,63	02:57,20	00:33,60	01:17,33	02:48,19	02:31,62	06:12,54
790	00:29,42	01:03,85	02:20,90	05:02,82	10:18,75	20:05,78	00:33,81	01:10,86	02:56,97	00:38,15	01:20,64	02:57,22	00:33,61	01:17,34	02:48,21	02:31,63	06:12,59
789	00:29,43	01:03,86	02:20,92	05:02,86	10:18,83	20:05,93	00:33,82	01:10,87	02:56,99	00:38,16	01:20,66	02:57,25	00:33,61	01:17,35	02:48,23	02:31,65	06:12,64
788	00:29,43	01:03,87	02:20,94	05:02,90	10:18,91	20:06,08	00:33,83	01:10,89	02:57,01	00:38,17	01:20,67	02:57,27	00:33,62	01:17,37	02:48,25	02:31,67	06:12,68
787	00:29,44	01:03,88	02:20,96	05:02,93	10:18,99	20:06,24	00:33,83	01:10,90	02:57,03	00:38,18	01:20,68	02:57,29	00:33,63	01:17,38	02:48,28	02:31,69	06:12,73
786	00:29,45	01:03,89	02:20,98	05:02,97	10:19,07	20:06,39	00:33,84	01:10,91	02:57,06	00:38,18	01:20,70	02:57,31	00:33,63	01:17,39	02:48,30	02:31,71	06:12,78
785	00:29,45	01:03,90	02:20,99	05:03,01	10:19,15	20:06,54	00:33,85	01:10,92	02:57,08	00:38,19	01:20,71	02:57,34	00:33,64	01:17,41	02:48,32	02:31,73	06:12,83
784	00:29,46	01:03,91	02:21,01	05:03,05	10:19,23	20:06,70	00:33,86	01:10,93	02:57,10	00:38,20	01:20,72	02:57,36	00:33,65	01:17,42	02:48,34	02:31,75	06:12,87
783	00:29,46	01:03,92	02:21,03	05:03,09	10:19,31	20:06,85	00:33,86	01:10,95	02:57,12	00:38,21	01:20,74	02:57,38	00:33,65	01:17,43	02:48,36	02:31,77	06:12,92
782	00:29,47	01:03,93	02:21,05	05:03,13	10:19,39	20:07,01	00:33,87	01:10,96	02:57,15	00:38,22	01:20,75	02:57,40	00:33,66	01:17,45	02:48,38	02:31,79	06:12,97
781	00:29,48	01:03,94	02:21,07	05:03,17	10:19,47	20:07,16	00:33,88	01:10,97	02:57,17	00:38,22	01:20,77	02:57,43	00:33,67	01:17,46	02:48,41	02:31,81	06:13,02
780	00:29,48	01:03,95	02:21,08	05:03,21	10:19,55	20:07,32	00:33,88	01:10,98	02:57,19	00:38,23	01:20,78	02:57,45	00:33,67	01:17,47	02:48,43	02:31,83	06:13,07
779	00:29,49	01:03,96	02:21,10	05:03,24	10:19,62	20:07,47	00:33,89	01:10,99	02:57,22	00:38,24	01:20,79	02:57,47	00:33,68	01:17,48	02:48,45	02:31,85	06:13,11
778	00:29,49	01:03,98	02:21,12	05:03,28	10:19,70	20:07,63	00:33,90	01:11,01	02:57,24	00:38,25	01:20,81	02:57,50	00:33,69	01:17,50	02:48,47	02:31,87	06:13,16
777	00:29,50	01:03,99	02:21,14	05:03,32	10:19,78	20:07,78	00:33,90	01:11,02	02:57,26	00:38,25	01:20,82	02:57,52	00:33,70	01:17,51	02:48,49	02:31,89	06:13,21
776	00:29,51	01:04,00	02:21,16	05:03,36	10:19,86	20:07,94	00:33,91	01:11,03	02:57,28	00:38,26	01:20,83	02:57,54	00:33,70	01:17,52	02:48,51	02:31,91	06:13,26
775	00:29,51	01:04,01	02:21,18	05:03,40	10:19,95	20:08,10	00:33,92	01:11,04	02:57,31	00:38,27	01:20,85	02:57,56	00:33,71	01:17,54	02:48,54	02:31,93	06:13,31
774	00:29,52	01:04,02	02:21,19	05:03,44	10:20,03	20:08,25	00:33,92	01:11,05	02:57,33	00:38,28	01:20,86	02:57,59	00:33,72	01:17,55	02:48,56	02:31,95	06:13,36
773	00:29,52	01:04,03	02:21,21	05:03,48	10:20,11	20:08,41	00:33,93	01:11,07	02:57,35	00:38,29	01:20,88	02:57,61	00:33,72	01:17,56	02:48,58	02:31,97	06:13,40
772	00:29,53	01:04,04	02:21,23	05:03,52	10:20,19	20:08,57	00:33,94	01:11,08	02:57,38	00:38,29	01:20,89	02:57,63	00:33,73	01:17,58	02:48,60	02:31,99	06:13,45
771	00:29,54	01:04,05	02:21,25	05:03,56	10:20,27	20:08,72	00:33,95	01:11,09	02:57,40	00:38,30	01:20,90	02:57,66	00:33,74	01:17,59	02:48,62	02:32,01	06:13,50
770	00:29,54	01:04,06	02:21,27	05:03,60	10:20,35	20:08,88	00:33,95	01:11,10	02:57,42	00:38,31	01:20,92	02:57,68	00:33,74	01:17,60	02:48,65	02:32,03	06:13,55
769	00:29,55	01:04,07	02:21,29	05:03,64	10:20,43	20:09,04	00:33,96	01:11,12	02:57,45	00:38,32	01:20,93	02:57,70	00:33,75	01:17,62	02:48,67	02:32,05	06:13,60
768	00:29,56	01:04,09	02:21,30	05:03,68	10:20,51	20:09,20	00:33,97	01:11,13	02:57,47	00:38,33	01:20,95	02:57,73	00:33,76	01:17,63	02:48,69	02:32,06	06:13,65
767	00:29,56	01:04,10	02:21,32	05:03,72	10:20,59	20:09,36	00:33,97	01:11,14	02:57,49	00:38,33	01:20,96	02:57,75	00:33,76	01:17,64	02:48,71	02:32,08	06:13,70
766	00:29,57	01:04,11	02:21,34	05:03,76	10:20,67	20:09,51	00:33,98	01:11,15	02:57,52	00:38,34	01:20,97	02:57,77	00:33,77	01:17,66	02:48,73	02:32,10	06:13,74
765	00:29,57	01:04,12	02:21,36	05:03,80	10:20,75	20:09,67	00:33,99	01:11,16	02:57,54	00:38,35	01:20,99	02:57,80	00:33,78	01:17,67	02:48,76	02:32,12	06:13,79
764	00:29,58	01:04,13	02:21,38	05:03,84	10:20,84	20:09,83	00:33,99	01:11,18	02:57,56	00:38,36	01:21,00	02:57,82	00:33,79	01:17,68	02:48,78	02:32,14	06:13,84
763	00:29,59	01:04,14	02:21,40	05:03,88	10:20,92	20:09,99	00:34,00	01:11,19	02:57,59	00:38,37	01:21,02	02:57,84	00:33,79	01:17,70	02:48,80	02:32,16	06:13,89
762	00:29,59	01:04,15	02:21,41	05:03,92	10:21,00	20:10,15	00:34,01	01:11,20	02:57,61	00:38,37	01:21,03	02:57,87	00:33,80	01:17,71	02:48,82	02:32,18	06:13,94
761	00:29,60	01:04,16	02:21,43	05:03,96	10:21,08	20:10,31	00:34,02	01:11,21	02:57,63	00:38,38	01:21,04	02:57,89	00:33,81	01:17,73	02:48,84	02:32,20	06:13,99
760	00:29,60	01:04,17	02:21,45	05:04,00	10:21,16	20:10,47	00:34,02	01:11,23	02:57,66	00:38,39	01:21,06	02:57,91	00:33,81	01:17,74	02:48,87	02:32,22	06:14,04
759	00:29,61	01:04,19	02:21,47	05:04,04	10:21,24	20:10,63	00:34,03	01:11,24	02:57,68	00:38,40	01:21,07	02:57,94	00:33,82	01:17,75	02:48,89	02:32,24	06:14,09
758	00:29,62	01:04,20	02:21,49	05:04,08	10:21,33	20:10,79	00:34,04	01:11,25	02:57,70	00:38,41	01:21,09	02:57,96	00:33,83	01:17,77	02:48,91	02:32,27	06:14,14
757	00:29,62	01:04,21	02:21,51	05:04,12	10:21,41	20:10,95	00:34,04	01:11,26	02:57,73	00:38,41	01:21,10	02:57,98	00:33,84	01:17,78	02:48,93	02:32,29	06:14,19
756	00:29,63	01:04,22	02:21,53	05:04,16	10:21,49	20:11,11	00:34,05	01:11,28	02:57,75	00:38,42	01:21,11	02:58,01	00:33,84	01:17,79	02:48,96	02:32,31	06:14,24
755	00:29,64	01:04,23	02:21,55	05:04,20	10:21,57	20:11,27	00:34,06	01:11,29	02:57,77	00:38,43	01:21,13	02:58,03	00:33,85	01:17,81	02:48,98	02:32,33	06:14,29
754	00:29,64	01:04,24	02:21,56	05:04,24	10:21,66	20:11,43	00:34,07	01:11,30	02:57,80	00:38,44	01:21,14	02:58,05	00:33,86	01:17,82	02:49,00	02:32,35	06:14,34
753	00:29,65	01:04,25	02:21,58	05:04,28	10:21,74	20:11,59	00:34,07	01:11,31	02:57,82	00:38,45	01:21,16	02:58,08	00:33,86	01:17,83	02:49,02	02:32,37	06:14,39
752	00:29,65	01:04,26	02:21,60	05:04,32	10:21,82	20:11,76	00:34,08	01:11,33	02:57,84	00:38,45	01:21,17	02:58,10	00:33,87	01:17,85	02:49,05	02:32,39	06:14,44
751	00:29,66	01:04,28	02:21,62	05:04,36	10:21,91	20:11,92	00:34,09	01:11,34	02:57,87	00:38,46	01:21,19	02:58,13	00:33,88	01:17,86	02:49,07	02:32,41	06:14,49
750	00:29,67	01:04,29	02:21,64	05:04,40	10:21,99	20:12,08	00:34,09	01:11,35	02:57,89	00:38,47	01:21,20	02:58,15	00:33,89	01:17,88	02:49,09	02:32,43	06:14,54
749	00:29,67	01:04,30	02:21,66	05:04,44	10:22,07	20:12,24	00:34,10	01:11,36	02:57,92	00:38,48	01:21,21	02:58,17	00:33,89	01:17,89	02:49,11	02:32,45	06:14,59

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
748	00:29,68	01:04,31	02:21,68	05:04,48	10:22,15	20:12,40	00:34,11	01:11,38	02:57,94	00:38,49	01:21,23	02:58,20	00:33,90	01:17,90	02:49,14	02:32,47	06:14,64
747	00:29,69	01:04,32	02:21,70	05:04,52	10:22,24	20:12,57	00:34,12	01:11,39	02:57,96	00:38,50	01:21,24	02:58,22	00:33,91	01:17,92	02:49,16	02:32,49	06:14,69
746	00:29,69	01:04,33	02:21,72	05:04,56	10:22,32	20:12,73	00:34,12	01:11,40	02:57,99	00:38,50	01:21,26	02:58,24	00:33,91	01:17,93	02:49,18	02:32,51	06:14,74
745	00:29,70	01:04,34	02:21,74	05:04,61	10:22,41	20:12,89	00:34,13	01:11,41	02:58,01	00:38,51	01:21,27	02:58,27	00:33,92	01:17,94	02:49,20	02:32,53	06:14,79
744	00:29,70	01:04,36	02:21,75	05:04,65	10:22,49	20:13,06	00:34,14	01:11,43	02:58,04	00:38,52	01:21,29	02:58,29	00:33,93	01:17,96	02:49,23	02:32,55	06:14,84
743	00:29,71	01:04,37	02:21,77	05:04,69	10:22,57	20:13,22	00:34,15	01:11,44	02:58,06	00:38,53	01:21,30	02:58,32	00:33,94	01:17,97	02:49,25	02:32,57	06:14,89
742	00:29,72	01:04,38	02:21,79	05:04,73	10:22,66	20:13,38	00:34,15	01:11,45	02:58,08	00:38,54	01:21,32	02:58,34	00:33,94	01:17,99	02:49,27	02:32,59	06:14,94
741	00:29,72	01:04,39	02:21,81	05:04,77	10:22,74	20:13,55	00:34,16	01:11,47	02:58,11	00:38,54	01:21,33	02:58,37	00:33,95	01:18,00	02:49,30	02:32,61	06:14,99
740	00:29,73	01:04,40	02:21,83	05:04,81	10:22,83	20:13,71	00:34,17	01:11,48	02:58,13	00:38,55	01:21,34	02:58,39	00:33,96	01:18,01	02:49,32	02:32,63	06:15,04
739	00:29,74	01:04,41	02:21,85	05:04,85	10:22,91	20:13,88	00:34,18	01:11,49	02:58,16	00:38,56	01:21,36	02:58,41	00:33,97	01:18,03	02:49,34	02:32,65	06:15,09
738	00:29,74	01:04,42	02:21,87	05:04,89	10:23,00	20:14,04	00:34,18	01:11,50	02:58,18	00:38,57	01:21,37	02:58,44	00:33,97	01:18,04	02:49,37	02:32,67	06:15,14
737	00:29,75	01:04,44	02:21,89	05:04,94	10:23,08	20:14,21	00:34,19	01:11,52	02:58,20	00:38,58	01:21,39	02:58,46	00:33,98	01:18,06	02:49,39	02:32,69	06:15,19
736	00:29,76	01:04,45	02:21,91	05:04,98	10:23,17	20:14,37	00:34,20	01:11,53	02:58,23	00:38,59	01:21,40	02:58,49	00:33,99	01:18,07	02:49,41	02:32,72	06:15,25
735	00:29,76	01:04,46	02:21,93	05:05,02	10:23,25	20:14,54	00:34,20	01:11,54	02:58,25	00:38,59	01:21,42	02:58,51	00:33,99	01:18,08	02:49,43	02:32,74	06:15,30
734	00:29,77	01:04,47	02:21,95	05:05,06	10:23,34	20:14,70	00:34,21	01:11,56	02:58,28	00:38,60	01:21,43	02:58,54	00:34,00	01:18,10	02:49,46	02:32,76	06:15,35
733	00:29,78	01:04,48	02:21,97	05:05,10	10:23,42	20:14,87	00:34,22	01:11,57	02:58,30	00:38,61	01:21,45	02:58,56	00:34,01	01:18,11	02:49,48	02:32,78	06:15,40
732	00:29,78	01:04,49	02:21,99	05:05,14	10:23,51	20:15,04	00:34,23	01:11,58	02:58,33	00:38,62	01:21,46	02:58,58	00:34,02	01:18,13	02:49,50	02:32,80	06:15,45
731	00:29,79	01:04,51	02:22,01	05:05,19	10:23,59	20:15,20	00:34,23	01:11,59	02:58,35	00:38,63	01:21,48	02:58,61	00:34,02	01:18,14	02:49,53	02:32,82	06:15,50
730	00:29,79	01:04,52	02:22,02	05:05,23	10:23,68	20:15,37	00:34,24	01:11,61	02:58,37	00:38,64	01:21,49	02:58,63	00:34,03	01:18,16	02:49,55	02:32,84	06:15,55
729	00:29,80	01:04,53	02:22,04	05:05,27	10:23,76	20:15,54	00:34,25	01:11,62	02:58,40	00:38,64	01:21,51	02:58,66	00:34,04	01:18,17	02:49,57	02:32,86	06:15,61
728	00:29,81	01:04,54	02:22,06	05:05,31	10:23,85	20:15,71	00:34,26	01:11,63	02:58,42	00:38,65	01:21,52	02:58,68	00:34,05	01:18,18	02:49,60	02:32,88	06:15,66
727	00:29,81	01:04,55	02:22,08	05:05,35	10:23,94	20:15,87	00:34,26	01:11,65	02:58,45	00:38,66	01:21,54	02:58,71	00:34,05	01:18,20	02:49,62	02:32,90	06:15,71
726	00:29,82	01:04,56	02:22,10	05:05,40	10:24,02	20:16,04	00:34,27	01:11,66	02:58,47	00:38,67	01:21,55	02:58,73	00:34,06	01:18,21	02:49,64	02:32,93	06:15,76
725	00:29,83	01:04,58	02:22,12	05:05,44	10:24,11	20:16,21	00:34,28	01:11,67	02:58,50	00:38,68	01:21,57	02:58,76	00:34,07	01:18,23	02:49,67	02:32,95	06:15,81
724	00:29,83	01:04,59	02:22,14	05:05,48	10:24,19	20:16,38	00:34,29	01:11,69	02:58,52	00:38,69	01:21,58	02:58,78	00:34,08	01:18,24	02:49,69	02:32,97	06:15,87
723	00:29,84	01:04,60	02:22,16	05:05,52	10:24,28	20:16,55	00:34,29	01:11,70	02:58,55	00:38,70	01:21,60	02:58,81	00:34,08	01:18,26	02:49,71	02:32,99	06:15,92
722	00:29,85	01:04,61	02:22,18	05:05,57	10:24,37	20:16,72	00:34,30	01:11,71	02:58,57	00:38,70	01:21,61	02:58,83	00:34,09	01:18,27	02:49,74	02:33,01	06:15,97
721	00:29,85	01:04,62	02:22,20	05:05,61	10:24,45	20:16,88	00:34,31	01:11,73	02:58,60	00:38,71	01:21,63	02:58,86	00:34,10	01:18,28	02:49,76	02:33,03	06:16,02
720	00:29,86	01:04,64	02:22,22	05:05,65	10:24,54	20:17,05	00:34,32	01:11,74	02:58,62	00:38,72	01:21,64	02:58,88	00:34,11	01:18,30	02:49,79	02:33,05	06:16,07
719	00:29,87	01:04,65	02:22,24	05:05,69	10:24,63	20:17,22	00:34,32	01:11,75	02:58,65	00:38,73	01:21,66	02:58,91	00:34,11	01:18,31	02:49,81	02:33,07	06:16,13
718	00:29,87	01:04,66	02:22,26	05:05,74	10:24,72	20:17,39	00:34,33	01:11,77	02:58,67	00:38,74	01:21,67	02:58,93	00:34,12	01:18,33	02:49,83	02:33,10	06:16,18
717	00:29,88	01:04,67	02:22,28	05:05,78	10:24,80	20:17,56	00:34,34	01:11,78	02:58,70	00:38,75	01:21,69	02:58,96	00:34,13	01:18,34	02:49,86	02:33,12	06:16,23
716	00:29,89	01:04,68	02:22,30	05:05,82	10:24,89	20:17,73	00:34,35	01:11,79	02:58,72	00:38,76	01:21,70	02:58,98	00:34,14	01:18,36	02:49,88	02:33,14	06:16,28
715	00:29,89	01:04,70	02:22,32	05:05,86	10:24,98	20:17,91	00:34,35	01:11,81	02:58,75	00:38,76	01:21,72	02:59,01	00:34,14	01:18,37	02:49,90	02:33,16	06:16,34
714	00:29,90	01:04,71	02:22,34	05:05,91	10:25,07	20:18,08	00:34,36	01:11,82	02:58,77	00:38,77	01:21,73	02:59,03	00:34,15	01:18,39	02:49,93	02:33,18	06:16,39
713	00:29,91	01:04,72	02:22,36	05:05,95	10:25,15	20:18,25	00:34,37	01:11,83	02:58,80	00:38,78	01:21,75	02:59,06	00:34,16	01:18,40	02:49,95	02:33,20	06:16,44
712	00:29,91	01:04,73	02:22,38	05:05,99	10:25,24	20:18,42	00:34,38	01:11,85	02:58,82	00:38,79	01:21,76	02:59,08	00:34,17	01:18,41	02:49,98	02:33,22	06:16,50
711	00:29,92	01:04,74	02:22,40	05:06,04	10:25,33	20:18,59	00:34,39	01:11,86	02:58,85	00:38,80	01:21,78	02:59,11	00:34,17	01:18,43	02:50,00	02:33,25	06:16,55
710	00:29,93	01:04,76	02:22,42	05:06,08	10:25,42	20:18,76	00:34,39	01:11,87	02:58,87	00:38,81	01:21,79	02:59,13	00:34,18	01:18,44	02:50,02	02:33,27	06:16,60
709	00:29,93	01:04,77	02:22,44	05:06,12	10:25,51	20:18,94	00:34,40	01:11,89	02:58,90	00:38,82	01:21,81	02:59,16	00:34,19	01:18,46	02:50,05	02:33,29	06:16,66
708	00:29,94	01:04,78	02:22,46	05:06,17	10:25,60	20:19,11	00:34,41	01:11,90	02:58,92	00:38,82	01:21,82	02:59,18	00:34,20	01:18,47	02:50,07	02:33,31	06:16,71
707	00:29,95	01:04,79	02:22,48	05:06,21	10:25,68	20:19,28	00:34,42	01:11,91	02:58,95	00:38,83	01:21,84	02:59,21	00:34,21	01:18,49	02:50,10	02:33,33	06:16,76
706	00:29,95	01:04,80	02:22,50	05:06,25	10:25,77	20:19,45	00:34,42	01:11,93	02:58,97	00:38,84	01:21,85	02:59,23	00:34,21	01:18,50	02:50,12	02:33,35	06:16,82
705	00:29,96	01:04,82	02:22,52	05:06,30	10:25,86	20:19,63	00:34,43	01:11,94	02:59,00	00:38,85	01:21,87	02:59,26	00:34,22	01:18,52	02:50,14	02:33,38	06:16,87
704	00:29,97	01:04,83	02:22,54	05:06,34	10:25,95	20:19,80	00:34,44	01:11,95	02:59,03	00:38,86	01:21,88	02:59,28	00:34,23	01:18,53	02:50,17	02:33,40	06:16,92
703	00:29,97	01:04,84	02:22,56	05:06,38	10:26,04	20:19,98	00:34,45	01:11,97	02:59,05	00:38,87	01:21,90	02:59,31	00:34,24	01:18,55	02:50,19	02:33,42	06:16,98
702	00:29,98	01:04,85	02:22,58	05:06,43	10:26,13	20:20,15	00:34,46	01:11,98	02:59,08	00:38,88	01:21,92	02:59,34	00:34,24	01:18,56	02:50,22	02:33,44	06:17,03

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
701	00:29,99	01:04,87	02:22,60	05:06,47	10:26,22	20:20,32	00:34,46	01:11,99	02:59,10	00:38,89	01:21,93	02:59,36	00:34,25	01:18,58	02:50,24	02:33,46	06:17,09
700	00:29,99	01:04,88	02:22,62	05:06,52	10:26,31	20:20,50	00:34,47	01:12,01	02:59,13	00:38,89	01:21,95	02:59,39	00:34,26	01:18,59	02:50,27	02:33,49	06:17,14
699	00:30,00	01:04,89	02:22,64	05:06,56	10:26,40	20:20,67	00:34,48	01:12,02	02:59,15	00:38,90	01:21,96	02:59,41	00:34,27	01:18,61	02:50,29	02:33,51	06:17,19
698	00:30,01	01:04,90	02:22,67	05:06,60	10:26,49	20:20,85	00:34,49	01:12,03	02:59,18	00:38,91	01:21,98	02:59,44	00:34,27	01:18,62	02:50,31	02:33,53	06:17,25
697	00:30,01	01:04,91	02:22,69	05:06,65	10:26,58	20:21,03	00:34,49	01:12,05	02:59,20	00:38,92	01:21,99	02:59,46	00:34,28	01:18,64	02:50,34	02:33,55	06:17,30
696	00:30,02	01:04,93	02:22,71	05:06,69	10:26,67	20:21,20	00:34,50	01:12,06	02:59,23	00:38,93	01:22,01	02:59,49	00:34,29	01:18,65	02:50,36	02:33,57	06:17,36
695	00:30,03	01:04,94	02:22,73	05:06,74	10:26,76	20:21,38	00:34,51	01:12,08	02:59,26	00:38,94	01:22,02	02:59,52	00:34,30	01:18,67	02:50,39	02:33,60	06:17,41
694	00:30,04	01:04,95	02:22,75	05:06,78	10:26,85	20:21,55	00:34,52	01:12,09	02:59,28	00:38,95	01:22,04	02:59,54	00:34,31	01:18,68	02:50,41	02:33,62	06:17,47
693	00:30,04	01:04,96	02:22,77	05:06,83	10:26,94	20:21,73	00:34,53	01:12,10	02:59,31	00:38,96	01:22,06	02:59,57	00:34,31	01:18,70	02:50,44	02:33,64	06:17,52
692	00:30,05	01:04,98	02:22,79	05:06,87	10:27,03	20:21,91	00:34,53	01:12,12	02:59,33	00:38,97	01:22,07	02:59,59	00:34,32	01:18,71	02:50,46	02:33,66	06:17,57
691	00:30,06	01:04,99	02:22,81	05:06,91	10:27,12	20:22,09	00:34,54	01:12,13	02:59,36	00:38,98	01:22,09	02:59,62	00:34,33	01:18,73	02:50,49	02:33,69	06:17,63
690	00:30,06	01:05,00	02:22,83	05:06,96	10:27,21	20:22,26	00:34,55	01:12,15	02:59,39	00:38,98	01:22,10	02:59,65	00:34,34	01:18,74	02:50,51	02:33,71	06:17,68
689	00:30,07	01:05,01	02:22,85	05:07,00	10:27,31	20:22,44	00:34,56	01:12,16	02:59,41	00:38,99	01:22,12	02:59,67	00:34,35	01:18,76	02:50,54	02:33,73	06:17,74
688	00:30,08	01:05,03	02:22,87	05:07,05	10:27,40	20:22,62	00:34,57	01:12,17	02:59,44	00:39,00	01:22,13	02:59,70	00:34,35	01:18,77	02:50,56	02:33,75	06:17,79
687	00:30,08	01:05,04	02:22,89	05:07,09	10:27,49	20:22,80	00:34,57	01:12,19	02:59,46	00:39,01	01:22,15	02:59,72	00:34,36	01:18,79	02:50,59	02:33,78	06:17,85
686	00:30,09	01:05,05	02:22,91	05:07,14	10:27,58	20:22,98	00:34,58	01:12,20	02:59,49	00:39,02	01:22,17	02:59,75	00:34,37	01:18,80	02:50,61	02:33,80	06:17,90
685	00:30,10	01:05,06	02:22,93	05:07,18	10:27,67	20:23,15	00:34,59	01:12,21	02:59,52	00:39,03	01:22,18	02:59,78	00:34,38	01:18,82	02:50,64	02:33,82	06:17,96
684	00:30,10	01:05,08	02:22,96	05:07,23	10:27,76	20:23,33	00:34,60	01:12,23	02:59,54	00:39,04	01:22,20	02:59,80	00:34,39	01:18,83	02:50,66	02:33,84	06:18,02
683	00:30,11	01:05,09	02:22,98	05:07,27	10:27,86	20:23,51	00:34,61	01:12,24	02:59,57	00:39,05	01:22,21	02:59,83	00:34,39	01:18,85	02:50,69	02:33,87	06:18,07
682	00:30,12	01:05,10	02:23,00	05:07,32	10:27,95	20:23,69	00:34,61	01:12,26	02:59,60	00:39,06	01:22,23	02:59,86	00:34,40	01:18,86	02:50,71	02:33,89	06:18,13
681	00:30,13	01:05,12	02:23,02	05:07,36	10:28,04	20:23,87	00:34,62	01:12,27	02:59,62	00:39,07	01:22,25	02:59,88	00:34,41	01:18,88	02:50,74	02:33,91	06:18,18
680	00:30,13	01:05,13	02:23,04	05:07,41	10:28,13	20:24,05	00:34,63	01:12,28	02:59,65	00:39,07	01:22,26	02:59,91	00:34,42	01:18,89	02:50,76	02:33,93	06:18,24
679	00:30,14	01:05,14	02:23,06	05:07,45	10:28,23	20:24,24	00:34,64	01:12,30	02:59,68	00:39,08	01:22,28	02:59,94	00:34,43	01:18,91	02:50,79	02:33,96	06:18,29
678	00:30,15	01:05,15	02:23,08	05:07,50	10:28,32	20:24,42	00:34,65	01:12,31	02:59,70	00:39,09	01:22,29	02:59,96	00:34,43	01:18,93	02:50,81	02:33,98	06:18,35
677	00:30,15	01:05,17	02:23,10	05:07,55	10:28,41	20:24,60	00:34,65	01:12,33	02:59,73	00:39,10	01:22,31	02:59,99	00:34,44	01:18,94	02:50,84	02:34,00	06:18,41
676	00:30,16	01:05,18	02:23,12	05:07,59	10:28,51	20:24,78	00:34,66	01:12,34	02:59,76	00:39,11	01:22,33	03:00,02	00:34,45	01:18,96	02:50,86	02:34,02	06:18,46
675	00:30,17	01:05,19	02:23,15	05:07,64	10:28,60	20:24,96	00:34,67	01:12,36	02:59,78	00:39,12	01:22,34	03:00,04	00:34,46	01:18,97	02:50,89	02:34,05	06:18,52
674	00:30,18	01:05,20	02:23,17	05:07,68	10:28,69	20:25,14	00:34,68	01:12,37	02:59,81	00:39,13	01:22,36	03:00,07	00:34,47	01:18,99	02:50,91	02:34,07	06:18,57
673	00:30,18	01:05,22	02:23,19	05:07,73	10:28,79	20:25,33	00:34,69	01:12,38	02:59,84	00:39,14	01:22,38	03:00,10	00:34,47	01:19,00	02:50,94	02:34,09	06:18,63
672	00:30,19	01:05,23	02:23,21	05:07,77	10:28,88	20:25,51	00:34,70	01:12,40	02:59,86	00:39,15	01:22,39	03:00,12	00:34,48	01:19,02	02:50,96	02:34,12	06:18,69
671	00:30,20	01:05,24	02:23,23	05:07,82	10:28,97	20:25,69	00:34,70	01:12,41	02:59,89	00:39,16	01:22,41	03:00,15	00:34,49	01:19,03	02:50,99	02:34,14	06:18,74
670	00:30,20	01:05,26	02:23,25	05:07,87	10:29,07	20:25,88	00:34,71	01:12,43	02:59,92	00:39,17	01:22,42	03:00,18	00:34,50	01:19,05	02:51,02	02:34,16	06:18,80
669	00:30,21	01:05,27	02:23,27	05:07,91	10:29,16	20:26,06	00:34,72	01:12,44	02:59,94	00:39,18	01:22,44	03:00,20	00:34,51	01:19,07	02:51,04	02:34,19	06:18,86
668	00:30,22	01:05,28	02:23,30	05:07,96	10:29,26	20:26,24	00:34,73	01:12,46	02:59,97	00:39,19	01:22,46	03:00,23	00:34,52	01:19,08	02:51,07	02:34,21	06:18,91
667	00:30,23	01:05,29	02:23,32	05:08,01	10:29,35	20:26,43	00:34,74	01:12,47	03:00,00	00:39,19	01:22,47	03:00,26	00:34,52	01:19,10	02:51,09	02:34,23	06:18,97
666	00:30,23	01:05,31	02:23,34	05:08,05	10:29,45	20:26,61	00:34,75	01:12,48	03:00,02	00:39,20	01:22,49	03:00,29	00:34,53	01:19,11	02:51,12	02:34,25	06:19,03
665	00:30,24	01:05,32	02:23,36	05:08,10	10:29,54	20:26,80	00:34,75	01:12,50	03:00,05	00:39,21	01:22,51	03:00,31	00:34,54	01:19,13	02:51,14	02:34,28	06:19,09
664	00:30,25	01:05,33	02:23,38	05:08,14	10:29,64	20:26,98	00:34,76	01:12,51	03:00,08	00:39,22	01:22,52	03:00,34	00:34,55	01:19,14	02:51,17	02:34,30	06:19,14
663	00:30,25	01:05,35	02:23,40	05:08,19	10:29,73	20:27,17	00:34,77	01:12,53	03:00,11	00:39,23	01:22,54	03:00,37	00:34,56	01:19,16	02:51,20	02:34,32	06:19,20
662	00:30,26	01:05,36	02:23,43	05:08,24	10:29,83	20:27,35	00:34,78	01:12,54	03:00,13	00:39,24	01:22,56	03:00,39	00:34,56	01:19,18	02:51,22	02:34,35	06:19,26
661	00:30,27	01:05,37	02:23,45	05:08,28	10:29,92	20:27,54	00:34,79	01:12,56	03:00,16	00:39,25	01:22,57	03:00,42	00:34,57	01:19,19	02:51,25	02:34,37	06:19,31
660	00:30,28	01:05,39	02:23,47	05:08,33	10:30,02	20:27,73	00:34,80	01:12,57	03:00,19	00:39,26	01:22,59	03:00,45	00:34,58	01:19,21	02:51,27	02:34,40	06:19,37
659	00:30,28	01:05,40	02:23,49	05:08,38	10:30,11	20:27,91	00:34,80	01:12,59	03:00,22	00:39,27	01:22,61	03:00,48	00:34,59	01:19,22	02:51,30	02:34,42	06:19,43
658	00:30,29	01:05,41	02:23,51	05:08,43	10:30,21	20:28,10	00:34,81	01:12,60	03:00,24	00:39,28	01:22,62	03:00,50	00:34,60	01:19,24	02:51,33	02:34,44	06:19,49
657	00:30,30	01:05,43	02:23,53	05:08,47	10:30,31	20:28,29	00:34,82	01:12,62	03:00,27	00:39,29	01:22,64	03:00,53	00:34,61	01:19,26	02:51,35	02:34,47	06:19,55
656	00:30,31	01:05,44	02:23,56	05:08,52	10:30,40	20:28,48	00:34,83	01:12,63	03:00,30	00:39,30	01:22,66	03:00,56	00:34,61	01:19,27	02:51,38	02:34,49	06:19,60
655	00:30,31	01:05,45	02:23,58	05:08,57	10:30,50	20:28,66	00:34,84	01:12,64	03:00,33	00:39,31	01:22,67	03:00,59	00:34,62	01:19,29	02:51,41	02:34,51	06:19,66

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
654	00:30,32	01:05,47	02:23,60	05:08,61	10:30,60	20:28,85	00:34,85	01:12,66	03:00,35	00:39,32	01:22,69	03:00,61	00:34,63	01:19,30	02:51,43	02:34,54	06:19,72
653	00:30,33	01:05,48	02:23,62	05:08,66	10:30,69	20:29,04	00:34,85	01:12,67	03:00,38	00:39,33	01:22,71	03:00,64	00:34,64	01:19,32	02:51,46	02:34,56	06:19,78
652	00:30,33	01:05,49	02:23,64	05:08,71	10:30,79	20:29,23	00:34,86	01:12,69	03:00,41	00:39,34	01:22,72	03:00,67	00:34,65	01:19,34	02:51,48	02:34,58	06:19,84
651	00:30,34	01:05,51	02:23,67	05:08,76	10:30,89	20:29,42	00:34,87	01:12,70	03:00,44	00:39,35	01:22,74	03:00,70	00:34,66	01:19,35	02:51,51	02:34,61	06:19,90
650	00:30,35	01:05,52	02:23,69	05:08,80	10:30,98	20:29,61	00:34,88	01:12,72	03:00,46	00:39,36	01:22,76	03:00,73	00:34,67	01:19,37	02:51,54	02:34,63	06:19,95
649	00:30,36	01:05,53	02:23,71	05:08,85	10:31,08	20:29,80	00:34,89	01:12,73	03:00,49	00:39,37	01:22,77	03:00,75	00:34,67	01:19,38	02:51,56	02:34,66	06:20,01
648	00:30,36	01:05,55	02:23,73	05:08,90	10:31,18	20:29,99	00:34,90	01:12,75	03:00,52	00:39,38	01:22,79	03:00,78	00:34,68	01:19,40	02:51,59	02:34,68	06:20,07
647	00:30,37	01:05,56	02:23,76	05:08,95	10:31,28	20:30,18	00:34,91	01:12,76	03:00,55	00:39,39	01:22,81	03:00,81	00:34,69	01:19,42	02:51,62	02:34,70	06:20,13
646	00:30,38	01:05,57	02:23,78	05:09,00	10:31,37	20:30,37	00:34,91	01:12,78	03:00,58	00:39,39	01:22,82	03:00,84	00:34,70	01:19,43	02:51,64	02:34,73	06:20,19
645	00:30,39	01:05,59	02:23,80	05:09,04	10:31,47	20:30,56	00:34,92	01:12,79	03:00,60	00:39,40	01:22,84	03:00,87	00:34,71	01:19,45	02:51,67	02:34,75	06:20,25
644	00:30,39	01:05,60	02:23,82	05:09,09	10:31,57	20:30,75	00:34,93	01:12,81	03:00,63	00:39,41	01:22,86	03:00,89	00:34,72	01:19,47	02:51,70	02:34,78	06:20,31
643	00:30,40	01:05,61	02:23,84	05:09,14	10:31,67	20:30,95	00:34,94	01:12,82	03:00,66	00:39,42	01:22,88	03:00,92	00:34,73	01:19,48	02:51,72	02:34,80	06:20,37
642	00:30,41	01:05,63	02:23,87	05:09,19	10:31,77	20:31,14	00:34,95	01:12,84	03:00,69	00:39,43	01:22,89	03:00,95	00:34,73	01:19,50	02:51,75	02:34,82	06:20,43
641	00:30,42	01:05,64	02:23,89	05:09,24	10:31,87	20:31,33	00:34,96	01:12,85	03:00,72	00:39,44	01:22,91	03:00,98	00:34,74	01:19,52	02:51,78	02:34,85	06:20,49
640	00:30,42	01:05,65	02:23,91	05:09,28	10:31,97	20:31,52	00:34,97	01:12,87	03:00,75	00:39,45	01:22,93	03:01,01	00:34,75	01:19,53	02:51,80	02:34,87	06:20,55
639	00:30,43	01:05,67	02:23,94	05:09,33	10:32,07	20:31,72	00:34,97	01:12,88	03:00,77	00:39,46	01:22,94	03:01,04	00:34,76	01:19,55	02:51,83	02:34,90	06:20,61
638	00:30,44	01:05,68	02:23,96	05:09,38	10:32,16	20:31,91	00:34,98	01:12,90	03:00,80	00:39,47	01:22,96	03:01,06	00:34,77	01:19,56	02:51,86	02:34,92	06:20,67
637	00:30,45	01:05,69	02:23,98	05:09,43	10:32,26	20:32,10	00:34,99	01:12,91	03:00,83	00:39,48	01:22,98	03:01,09	00:34,78	01:19,58	02:51,89	02:34,95	06:20,73
636	00:30,45	01:05,71	02:24,00	05:09,48	10:32,36	20:32,30	00:35,00	01:12,93	03:00,86	00:39,49	01:23,00	03:01,12	00:34,79	01:19,60	02:51,91	02:34,97	06:20,79
635	00:30,46	01:05,72	02:24,03	05:09,53	10:32,46	20:32,49	00:35,01	01:12,94	03:00,89	00:39,50	01:23,01	03:01,15	00:34,79	01:19,61	02:51,94	02:34,99	06:20,85
634	00:30,47	01:05,74	02:24,05	05:09,58	10:32,56	20:32,69	00:35,02	01:12,96	03:00,92	00:39,51	01:23,03	03:01,18	00:34,80	01:19,63	02:51,97	02:35,02	06:20,91
633	00:30,48	01:05,75	02:24,07	05:09,63	10:32,66	20:32,88	00:35,03	01:12,97	03:00,95	00:39,52	01:23,05	03:01,21	00:34,81	01:19,65	02:51,99	02:35,04	06:20,97
632	00:30,49	01:05,76	02:24,09	05:09,68	10:32,76	20:33,08	00:35,04	01:12,99	03:00,97	00:39,53	01:23,07	03:01,24	00:34,82	01:19,66	02:52,02	02:35,07	06:21,03
631	00:30,49	01:05,78	02:24,12	05:09,72	10:32,87	20:33,27	00:35,04	01:13,01	03:01,00	00:39,54	01:23,08	03:01,26	00:34,83	01:19,68	02:52,05	02:35,09	06:21,09
630	00:30,50	01:05,79	02:24,14	05:09,77	10:32,97	20:33,47	00:35,05	01:13,02	03:01,03	00:39,55	01:23,10	03:01,29	00:34,84	01:19,70	02:52,08	02:35,12	06:21,15
629	00:30,51	01:05,80	02:24,16	05:09,82	10:33,07	20:33,67	00:35,06	01:13,04	03:01,06	00:39,56	01:23,12	03:01,32	00:34,85	01:19,71	02:52,10	02:35,14	06:21,21
628	00:30,52	01:05,82	02:24,19	05:09,87	10:33,17	20:33,86	00:35,07	01:13,05	03:01,09	00:39,57	01:23,14	03:01,35	00:34,86	01:19,73	02:52,13	02:35,17	06:21,27
627	00:30,52	01:05,83	02:24,21	05:09,92	10:33,27	20:34,06	00:35,08	01:13,07	03:01,12	00:39,58	01:23,15	03:01,38	00:34,86	01:19,75	02:52,16	02:35,19	06:21,33
626	00:30,53	01:05,85	02:24,23	05:09,97	10:33,37	20:34,26	00:35,09	01:13,08	03:01,15	00:39,59	01:23,17	03:01,41	00:34,87	01:19,77	02:52,19	02:35,22	06:21,39
625	00:30,54	01:05,86	02:24,26	05:10,02	10:33,47	20:34,46	00:35,10	01:13,10	03:01,18	00:39,60	01:23,19	03:01,44	00:34,88	01:19,78	02:52,21	02:35,24	06:21,45
624	00:30,55	01:05,87	02:24,28	05:10,07	10:33,57	20:34,66	00:35,11	01:13,11	03:01,21	00:39,61	01:23,21	03:01,47	00:34,89	01:19,80	02:52,24	02:35,27	06:21,51
623	00:30,56	01:05,89	02:24,30	05:10,12	10:33,68	20:34,85	00:35,12	01:13,13	03:01,23	00:39,62	01:23,22	03:01,50	00:34,90	01:19,82	02:52,27	02:35,29	06:21,58
622	00:30,56	01:05,90	02:24,33	05:10,17	10:33,78	20:35,05	00:35,12	01:13,14	03:01,26	00:39,63	01:23,24	03:01,53	00:34,91	01:19,83	02:52,30	02:35,32	06:21,64
621	00:30,57	01:05,92	02:24,35	05:10,22	10:33,88	20:35,25	00:35,13	01:13,16	03:01,29	00:39,64	01:23,26	03:01,56	00:34,92	01:19,85	02:52,32	02:35,34	06:21,70
620	00:30,58	01:05,93	02:24,37	05:10,27	10:33,98	20:35,45	00:35,14	01:13,18	03:01,32	00:39,65	01:23,28	03:01,58	00:34,93	01:19,87	02:52,35	02:35,37	06:21,76
619	00:30,59	01:05,94	02:24,40	05:10,32	10:34,09	20:35,65	00:35,15	01:13,19	03:01,35	00:39,66	01:23,29	03:01,61	00:34,94	01:19,88	02:52,38	02:35,39	06:21,82
618	00:30,59	01:05,96	02:24,42	05:10,37	10:34,19	20:35,85	00:35,16	01:13,21	03:01,38	00:39,67	01:23,31	03:01,64	00:34,94	01:19,90	02:52,41	02:35,42	06:21,88
617	00:30,60	01:05,97	02:24,44	05:10,42	10:34,29	20:36,05	00:35,17	01:13,22	03:01,41	00:39,68	01:23,33	03:01,67	00:34,95	01:19,92	02:52,44	02:35,44	06:21,95
616	00:30,61	01:05,99	02:24,47	05:10,47	10:34,39	20:36,26	00:35,18	01:13,24	03:01,44	00:39,69	01:23,35	03:01,70	00:34,96	01:19,94	02:52,46	02:35,47	06:22,01
615	00:30,62	01:06,00	02:24,49	05:10,52	10:34,50	20:36,46	00:35,19	01:13,25	03:01,47	00:39,70	01:23,37	03:01,73	00:34,97	01:19,95	02:52,49	02:35,49	06:22,07
614	00:30,63	01:06,02	02:24,51	05:10,57	10:34,60	20:36,66	00:35,20	01:13,27	03:01,50	00:39,71	01:23,38	03:01,76	00:34,98	01:19,97	02:52,52	02:35,52	06:22,13
613	00:30,63	01:06,03	02:24,54	05:10,63	10:34,71	20:36,86	00:35,21	01:13,29	03:01,53	00:39,72	01:23,40	03:01,79	00:34,99	01:19,99	02:52,55	02:35,54	06:22,20
612	00:30,64	01:06,04	02:24,56	05:10,68	10:34,81	20:37,06	00:35,22	01:13,30	03:01,56	00:39,73	01:23,42	03:01,82	00:35,00	01:20,00	02:52,58	02:35,57	06:22,26
611	00:30,65	01:06,06	02:24,58	05:10,73	10:34,91	20:37,27	00:35,22	01:13,32	03:01,59	00:39,75	01:23,44	03:01,85	00:35,01	01:20,02	02:52,61	02:35,59	06:22,32
610	00:30,66	01:06,07	02:24,61	05:10,78	10:35,02	20:37,47	00:35,23	01:13,33	03:01,62	00:39,76	01:23,46	03:01,88	00:35,02	01:20,04	02:52,63	02:35,62	06:22,38
609	00:30,67	01:06,09	02:24,63	05:10,83	10:35,12	20:37,67	00:35,24	01:13,35	03:01,65	00:39,77	01:23,47	03:01,91	00:35,03	01:20,06	02:52,66	02:35,65	06:22,45
608	00:30,67	01:06,10	02:24,66	05:10,88	10:35,23	20:37,88	00:35,25	01:13,37	03:01,68	00:39,78	01:23,49	03:01,94	00:35,04	01:20,07	02:52,69	02:35,67	06:22,51

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
607	00:30,68	01:06,12	02:24,68	05:10,93	10:35,33	20:38,08	00:35,26	01:13,38	03:01,71	00:39,79	01:23,51	03:01,97	00:35,04	01:20,09	02:52,72	02:35,70	06:22,57
606	00:30,69	01:06,13	02:24,70	05:10,98	10:35,44	20:38,29	00:35,27	01:13,40	03:01,74	00:39,80	01:23,53	03:02,00	00:35,05	01:20,11	02:52,75	02:35,72	06:22,64
605	00:30,70	01:06,15	02:24,73	05:11,04	10:35,54	20:38,49	00:35,28	01:13,41	03:01,77	00:39,81	01:23,55	03:02,03	00:35,06	01:20,13	02:52,78	02:35,75	06:22,70
604	00:30,71	01:06,16	02:24,75	05:11,09	10:35,65	20:38,70	00:35,29	01:13,43	03:01,80	00:39,82	01:23,57	03:02,06	00:35,07	01:20,14	02:52,80	02:35,77	06:22,76
603	00:30,71	01:06,17	02:24,78	05:11,14	10:35,75	20:38,90	00:35,30	01:13,45	03:01,83	00:39,83	01:23,58	03:02,09	00:35,08	01:20,16	02:52,83	02:35,80	06:22,83
602	00:30,72	01:06,19	02:24,80	05:11,19	10:35,86	20:39,11	00:35,31	01:13,46	03:01,86	00:39,84	01:23,60	03:02,12	00:35,09	01:20,18	02:52,86	02:35,83	06:22,89
601	00:30,73	01:06,20	02:24,82	05:11,24	10:35,97	20:39,32	00:35,32	01:13,48	03:01,89	00:39,85	01:23,62	03:02,15	00:35,10	01:20,20	02:52,89	02:35,85	06:22,95
600	00:30,74	01:06,22	02:24,85	05:11,29	10:36,07	20:39,52	00:35,33	01:13,49	03:01,92	00:39,86	01:23,64	03:02,18	00:35,11	01:20,22	02:52,92	02:35,88	06:23,02
599	00:30,75	01:06,23	02:24,87	05:11,35	10:36,18	20:39,73	00:35,34	01:13,51	03:01,95	00:39,87	01:23,66	03:02,21	00:35,12	01:20,23	02:52,95	02:35,90	06:23,08
598	00:30,75	01:06,25	02:24,90	05:11,40	10:36,29	20:39,94	00:35,35	01:13,53	03:01,98	00:39,88	01:23,68	03:02,24	00:35,13	01:20,25	02:52,98	02:35,93	06:23,15
597	00:30,76	01:06,26	02:24,92	05:11,45	10:36,39	20:40,15	00:35,35	01:13,54	03:02,01	00:39,89	01:23,70	03:02,27	00:35,14	01:20,27	02:53,01	02:35,96	06:23,21
596	00:30,77	01:06,28	02:24,94	05:11,50	10:36,50	20:40,36	00:35,36	01:13,56	03:02,04	00:39,90	01:23,71	03:02,31	00:35,15	01:20,29	02:53,04	02:35,98	06:23,28
595	00:30,78	01:06,29	02:24,97	05:11,56	10:36,61	20:40,57	00:35,37	01:13,58	03:02,07	00:39,91	01:23,73	03:02,34	00:35,16	01:20,30	02:53,07	02:36,01	06:23,34
594	00:30,79	01:06,31	02:24,99	05:11,61	10:36,71	20:40,78	00:35,38	01:13,59	03:02,10	00:39,92	01:23,75	03:02,37	00:35,17	01:20,32	02:53,09	02:36,04	06:23,40
593	00:30,80	01:06,32	02:25,02	05:11,66	10:36,82	20:40,99	00:35,39	01:13,61	03:02,13	00:39,93	01:23,77	03:02,40	00:35,18	01:20,34	02:53,12	02:36,06	06:23,47
592	00:30,80	01:06,34	02:25,04	05:11,71	10:36,93	20:41,20	00:35,40	01:13,63	03:02,17	00:39,95	01:23,79	03:02,43	00:35,18	01:20,36	02:53,15	02:36,09	06:23,53
591	00:30,81	01:06,35	02:25,07	05:11,77	10:37,04	20:41,41	00:35,41	01:13,64	03:02,20	00:39,96	01:23,81	03:02,46	00:35,19	01:20,38	02:53,18	02:36,12	06:23,60
590	00:30,82	01:06,37	02:25,09	05:11,82	10:37,15	20:41,62	00:35,42	01:13,66	03:02,23	00:39,97	01:23,83	03:02,49	00:35,20	01:20,39	02:53,21	02:36,14	06:23,66
589	00:30,83	01:06,38	02:25,12	05:11,87	10:37,25	20:41,83	00:35,43	01:13,68	03:02,26	00:39,98	01:23,85	03:02,52	00:35,21	01:20,41	02:53,24	02:36,17	06:23,73
588	00:30,84	01:06,40	02:25,14	05:11,93	10:37,36	20:42,04	00:35,44	01:13,69	03:02,29	00:39,99	01:23,86	03:02,55	00:35,22	01:20,43	02:53,27	02:36,20	06:23,80
587	00:30,85	01:06,41	02:25,17	05:11,98	10:37,47	20:42,25	00:35,45	01:13,71	03:02,32	00:40,00	01:23,88	03:02,58	00:35,23	01:20,45	02:53,30	02:36,22	06:23,86
586	00:30,85	01:06,43	02:25,19	05:12,03	10:37,58	20:42,46	00:35,46	01:13,73	03:02,35	00:40,01	01:23,90	03:02,62	00:35,24	01:20,47	02:53,33	02:36,25	06:23,93
585	00:30,86	01:06,44	02:25,22	05:12,09	10:37,69	20:42,68	00:35,47	01:13,74	03:02,38	00:40,02	01:23,92	03:02,65	00:35,25	01:20,49	02:53,36	02:36,28	06:23,99
584	00:30,87	01:06,46	02:25,24	05:12,14	10:37,80	20:42,89	00:35,48	01:13,76	03:02,41	00:40,03	01:23,94	03:02,68	00:35,26	01:20,50	02:53,39	02:36,30	06:24,06
583	00:30,88	01:06,47	02:25,27	05:12,19	10:37,91	20:43,10	00:35,49	01:13,78	03:02,45	00:40,04	01:23,96	03:02,71	00:35,27	01:20,52	02:53,42	02:36,33	06:24,12
582	00:30,89	01:06,49	02:25,29	05:12,25	10:38,02	20:43,32	00:35,50	01:13,79	03:02,48	00:40,05	01:23,98	03:02,74	00:35,28	01:20,54	02:53,45	02:36,36	06:24,19
581	00:30,90	01:06,50	02:25,32	05:12,30	10:38,13	20:43,53	00:35,51	01:13,81	03:02,51	00:40,06	01:24,00	03:02,77	00:35,29	01:20,56	02:53,48	02:36,38	06:24,26
580	00:30,90	01:06,52	02:25,34	05:12,36	10:38,24	20:43,75	00:35,52	01:13,83	03:02,54	00:40,08	01:24,02	03:02,80	00:35,30	01:20,58	02:53,51	02:36,41	06:24,32
579	00:30,91	01:06,53	02:25,37	05:12,41	10:38,35	20:43,96	00:35,53	01:13,84	03:02,57	00:40,09	01:24,04	03:02,84	00:35,31	01:20,60	02:53,54	02:36,44	06:24,39
578	00:30,92	01:06,55	02:25,39	05:12,46	10:38,46	20:44,18	00:35,54	01:13,86	03:02,60	00:40,10	01:24,06	03:02,87	00:35,32	01:20,61	02:53,57	02:36,46	06:24,46
577	00:30,93	01:06,56	02:25,42	05:12,52	10:38,57	20:44,40	00:35,55	01:13,88	03:02,63	00:40,11	01:24,07	03:02,90	00:35,33	01:20,63	02:53,60	02:36,49	06:24,52
576	00:30,94	01:06,58	02:25,44	05:12,57	10:38,68	20:44,61	00:35,56	01:13,89	03:02,67	00:40,12	01:24,09	03:02,93	00:35,34	01:20,65	02:53,63	02:36,52	06:24,59
575	00:30,95	01:06,59	02:25,47	05:12,63	10:38,79	20:44,83	00:35,57	01:13,91	03:02,70	00:40,13	01:24,11	03:02,96	00:35,35	01:20,67	02:53,66	02:36,55	06:24,66
574	00:30,96	01:06,61	02:25,49	05:12,68	10:38,91	20:45,05	00:35,58	01:13,93	03:02,73	00:40,14	01:24,13	03:02,99	00:35,36	01:20,69	02:53,69	02:36,57	06:24,72
573	00:30,96	01:06,62	02:25,52	05:12,74	10:39,02	20:45,26	00:35,59	01:13,95	03:02,76	00:40,15	01:24,15	03:03,03	00:35,37	01:20,71	02:53,72	02:36,60	06:24,79
572	00:30,97	01:06,64	02:25,54	05:12,79	10:39,13	20:45,48	00:35,60	01:13,96	03:02,79	00:40,16	01:24,17	03:03,06	00:35,38	01:20,73	02:53,75	02:36,63	06:24,86
571	00:30,98	01:06,65	02:25,57	05:12,85	10:39,24	20:45,70	00:35,61	01:13,98	03:02,83	00:40,18	01:24,19	03:03,09	00:35,39	01:20,74	02:53,78	02:36,66	06:24,93
570	00:30,99	01:06,67	02:25,59	05:12,90	10:39,35	20:45,92	00:35,62	01:14,00	03:02,86	00:40,19	01:24,21	03:03,12	00:35,40	01:20,76	02:53,81	02:36,68	06:24,99
569	00:31,00	01:06,69	02:25,62	05:12,96	10:39,47	20:46,14	00:35,63	01:14,01	03:02,89	00:40,20	01:24,23	03:03,16	00:35,41	01:20,78	02:53,84	02:36,71	06:25,06
568	00:31,01	01:06,70	02:25,65	05:13,01	10:39,58	20:46,36	00:35,64	01:14,03	03:02,92	00:40,21	01:24,25	03:03,19	00:35,42	01:20,80	02:53,87	02:36,74	06:25,13
567	00:31,02	01:06,72	02:25,67	05:13,07	10:39,69	20:46,58	00:35,65	01:14,05	03:02,96	00:40,22	01:24,27	03:03,22	00:35,43	01:20,82	02:53,90	02:36,77	06:25,20
566	00:31,03	01:06,73	02:25,70	05:13,12	10:39,81	20:46,80	00:35,66	01:14,07	03:02,99	00:40,23	01:24,29	03:03,25	00:35,44	01:20,84	02:53,94	02:36,79	06:25,27
565	00:31,03	01:06,75	02:25,72	05:13,18	10:39,92	20:47,02	00:35,67	01:14,08	03:03,02	00:40,24	01:24,31	03:03,29	00:35,45	01:20,86	02:53,97	02:36,82	06:25,34
564	00:31,04	01:06,76	02:25,75	05:13,23	10:40,03	20:47,24	00:35,68	01:14,10	03:03,05	00:40,25	01:24,33	03:03,32	00:35,46	01:20,88	02:54,00	02:36,85	06:25,40
563	00:31,05	01:06,78	02:25,78	05:13,29	10:40,15	20:47,47	00:35,69	01:14,12	03:03,09	00:40,27	01:24,35	03:03,35	00:35,47	01:20,90	02:54,03	02:36,88	06:25,47
562	00:31,06	01:06,80	02:25,80	05:13,34	10:40,26	20:47,69	00:35,70	01:14,14	03:03,12	00:40,28	01:24,37	03:03,38	00:35,48	01:20,91	02:54,06	02:36,91	06:25,54
561	00:31,07	01:06,81	02:25,83	05:13,40	10:40,38	20:47,91	00:35,71	01:14,15	03:03,15	00:40,29	01:24,39	03:03,42	00:35,49	01:20,93	02:54,09	02:36,93	06:25,61

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
560	00:31,08	01:06,83	02:25,85	05:13,46	10:40,49	20:48,14	00:35,72	01:14,17	03:03,18	00:40,30	01:24,41	03:03,45	00:35,50	01:20,95	02:54,12	02:36,96	06:25,68
559	00:31,09	01:06,84	02:25,88	05:13,51	10:40,61	20:48,36	00:35,73	01:14,19	03:03,22	00:40,31	01:24,43	03:03,48	00:35,51	01:20,97	02:54,15	02:36,99	06:25,75
558	00:31,10	01:06,86	02:25,91	05:13,57	10:40,72	20:48,58	00:35,74	01:14,21	03:03,25	00:40,32	01:24,45	03:03,51	00:35,52	01:20,99	02:54,18	02:37,02	06:25,82
557	00:31,10	01:06,87	02:25,93	05:13,63	10:40,84	20:48,81	00:35,75	01:14,22	03:03,28	00:40,33	01:24,47	03:03,55	00:35,53	01:21,01	02:54,22	02:37,05	06:25,89
556	00:31,11	01:06,89	02:25,96	05:13,68	10:40,95	20:49,03	00:35,76	01:14,24	03:03,32	00:40,35	01:24,49	03:03,58	00:35,54	01:21,03	02:54,25	02:37,07	06:25,96
555	00:31,12	01:06,91	02:25,99	05:13,74	10:41,07	20:49,26	00:35,77	01:14,26	03:03,35	00:40,36	01:24,51	03:03,61	00:35,55	01:21,05	02:54,28	02:37,10	06:26,03
554	00:31,13	01:06,92	02:26,01	05:13,80	10:41,18	20:49,49	00:35,78	01:14,28	03:03,38	00:40,37	01:24,53	03:03,65	00:35,56	01:21,07	02:54,31	02:37,13	06:26,10
553	00:31,14	01:06,94	02:26,04	05:13,85	10:41,30	20:49,71	00:35,79	01:14,29	03:03,42	00:40,38	01:24,55	03:03,68	00:35,57	01:21,09	02:54,34	02:37,16	06:26,17
552	00:31,15	01:06,95	02:26,06	05:13,91	10:41,42	20:49,94	00:35,80	01:14,31	03:03,45	00:40,39	01:24,57	03:03,71	00:35,58	01:21,11	02:54,37	02:37,19	06:26,24
551	00:31,16	01:06,97	02:26,09	05:13,97	10:41,53	20:50,17	00:35,81	01:14,33	03:03,48	00:40,40	01:24,59	03:03,75	00:35,59	01:21,13	02:54,40	02:37,22	06:26,31
550	00:31,17	01:06,99	02:26,12	05:14,02	10:41,65	20:50,39	00:35,82	01:14,35	03:03,52	00:40,42	01:24,61	03:03,78	00:35,60	01:21,15	02:54,44	02:37,25	06:26,38
549	00:31,18	01:07,00	02:26,14	05:14,08	10:41,77	20:50,62	00:35,83	01:14,37	03:03,55	00:40,43	01:24,63	03:03,81	00:35,61	01:21,17	02:54,47	02:37,27	06:26,45
548	00:31,18	01:07,02	02:26,17	05:14,14	10:41,88	20:50,85	00:35,84	01:14,38	03:03,58	00:40,44	01:24,65	03:03,85	00:35,62	01:21,19	02:54,50	02:37,30	06:26,52
547	00:31,19	01:07,04	02:26,20	05:14,20	10:42,00	20:51,08	00:35,85	01:14,40	03:03,62	00:40,45	01:24,67	03:03,88	00:35,63	01:21,21	02:54,53	02:37,33	06:26,59
546	00:31,20	01:07,05	02:26,22	05:14,25	10:42,12	20:51,31	00:35,86	01:14,42	03:03,65	00:40,46	01:24,69	03:03,92	00:35,64	01:21,23	02:54,56	02:37,36	06:26,66
545	00:31,21	01:07,07	02:26,25	05:14,31	10:42,24	20:51,54	00:35,87	01:14,44	03:03,68	00:40,47	01:24,71	03:03,95	00:35,65	01:21,24	02:54,60	02:37,39	06:26,73
544	00:31,22	01:07,08	02:26,28	05:14,37	10:42,36	20:51,77	00:35,88	01:14,46	03:03,72	00:40,49	01:24,73	03:03,98	00:35,66	01:21,26	02:54,63	02:37,42	06:26,80
543	00:31,23	01:07,10	02:26,31	05:14,43	10:42,48	20:52,00	00:35,89	01:14,47	03:03,75	00:40,50	01:24,75	03:04,02	00:35,67	01:21,28	02:54,66	02:37,45	06:26,87
542	00:31,24	01:07,12	02:26,33	05:14,49	10:42,59	20:52,23	00:35,90	01:14,49	03:03,79	00:40,51	01:24,78	03:04,05	00:35,68	01:21,30	02:54,69	02:37,48	06:26,95
541	00:31,25	01:07,13	02:26,36	05:14,54	10:42,71	20:52,47	00:35,91	01:14,51	03:03,82	00:40,52	01:24,80	03:04,09	00:35,69	01:21,32	02:54,73	02:37,51	06:27,02
540	00:31,26	01:07,15	02:26,39	05:14,60	10:42,83	20:52,70	00:35,92	01:14,53	03:03,85	00:40,53	01:24,82	03:04,12	00:35,70	01:21,34	02:54,76	02:37,54	06:27,09
539	00:31,27	01:07,17	02:26,41	05:14,66	10:42,95	20:52,93	00:35,93	01:14,55	03:03,89	00:40,55	01:24,84	03:04,15	00:35,71	01:21,36	02:54,79	02:37,56	06:27,16
538	00:31,28	01:07,18	02:26,44	05:14,72	10:43,07	20:53,17	00:35,94	01:14,57	03:03,92	00:40,56	01:24,86	03:04,19	00:35,72	01:21,38	02:54,82	02:37,59	06:27,23
537	00:31,29	01:07,20	02:26,47	05:14,78	10:43,19	20:53,40	00:35,96	01:14,58	03:03,96	00:40,57	01:24,88	03:04,22	00:35,73	01:21,40	02:54,86	02:37,62	06:27,31
536	00:31,29	01:07,22	02:26,50	05:14,84	10:43,31	20:53,63	00:35,97	01:14,60	03:03,99	00:40,58	01:24,90	03:04,26	00:35,75	01:21,42	02:54,89	02:37,65	06:27,38
535	00:31,30	01:07,23	02:26,52	05:14,90	10:43,43	20:53,87	00:35,98	01:14,62	03:04,03	00:40,59	01:24,92	03:04,29	00:35,76	01:21,44	02:54,92	02:37,68	06:27,45
534	00:31,31	01:07,25	02:26,55	05:14,96	10:43,55	20:54,10	00:35,99	01:14,64	03:04,06	00:40,61	01:24,94	03:04,33	00:35,77	01:21,46	02:54,95	02:37,71	06:27,52
533	00:31,32	01:07,27	02:26,58	05:15,01	10:43,67	20:54,34	00:36,00	01:14,66	03:04,09	00:40,62	01:24,96	03:04,36	00:35,78	01:21,49	02:54,99	02:37,74	06:27,60
532	00:31,33	01:07,28	02:26,61	05:15,07	10:43,80	20:54,58	00:36,01	01:14,68	03:04,13	00:40,63	01:24,98	03:04,40	00:35,79	01:21,51	02:55,02	02:37,77	06:27,67
531	00:31,34	01:07,30	02:26,63	05:15,13	10:43,92	20:54,81	00:36,02	01:14,70	03:04,16	00:40,64	01:25,01	03:04,43	00:35,80	01:21,53	02:55,05	02:37,80	06:27,74
530	00:31,35	01:07,32	02:26,66	05:15,19	10:44,04	20:55,05	00:36,03	01:14,71	03:04,20	00:40,65	01:25,03	03:04,46	00:35,81	01:21,55	02:55,09	02:37,83	06:27,82
529	00:31,36	01:07,33	02:26,69	05:15,25	10:44,16	20:55,29	00:36,04	01:14,73	03:04,23	00:40,67	01:25,05	03:04,50	00:35,82	01:21,57	02:55,12	02:37,86	06:27,89
528	00:31,37	01:07,35	02:26,72	05:15,31	10:44,28	20:55,53	00:36,05	01:14,75	03:04,27	00:40,68	01:25,07	03:04,53	00:35,83	01:21,59	02:55,15	02:37,89	06:27,96
527	00:31,38	01:07,37	02:26,75	05:15,37	10:44,41	20:55,77	00:36,06	01:14,77	03:04,30	00:40,69	01:25,09	03:04,57	00:35,84	01:21,61	02:55,19	02:37,92	06:28,04
526	00:31,39	01:07,38	02:26,77	05:15,43	10:44,53	20:56,00	00:36,07	01:14,79	03:04,34	00:40,70	01:25,11	03:04,61	00:35,85	01:21,63	02:55,22	02:37,95	06:28,11
525	00:31,40	01:07,40	02:26,80	05:15,49	10:44,65	20:56,24	00:36,08	01:14,81	03:04,37	00:40,72	01:25,13	03:04,64	00:35,86	01:21,65	02:55,25	02:37,98	06:28,18
524	00:31,41	01:07,42	02:26,83	05:15,55	10:44,78	20:56,49	00:36,10	01:14,83	03:04,41	00:40,73	01:25,16	03:04,68	00:35,87	01:21,67	02:55,29	02:38,01	06:28,26
523	00:31,42	01:07,44	02:26,86	05:15,61	10:44,90	20:56,73	00:36,11	01:14,85	03:04,44	00:40,74	01:25,18	03:04,71	00:35,88	01:21,69	02:55,32	02:38,04	06:28,33
522	00:31,43	01:07,45	02:26,89	05:15,67	10:45,02	20:56,97	00:36,12	01:14,87	03:04,48	00:40,75	01:25,20	03:04,75	00:35,90	01:21,71	02:55,35	02:38,07	06:28,41
521	00:31,44	01:07,47	02:26,91	05:15,74	10:45,15	20:57,21	00:36,13	01:14,88	03:04,52	00:40,77	01:25,22	03:04,78	00:35,91	01:21,73	02:55,39	02:38,10	06:28,48
520	00:31,45	01:07,49	02:26,94	05:15,80	10:45,27	20:57,45	00:36,14	01:14,90	03:04,55	00:40,78	01:25,24	03:04,82	00:35,92	01:21,75	02:55,42	02:38,13	06:28,56
519	00:31,46	01:07,50	02:26,97	05:15,86	10:45,40	20:57,69	00:36,15	01:14,92	03:04,59	00:40,79	01:25,26	03:04,85	00:35,93	01:21,77	02:55,46	02:38,16	06:28,63
518	00:31,47	01:07,52	02:27,00	05:15,92	10:45,52	20:57,94	00:36,16	01:14,94	03:04,62	00:40,80	01:25,29	03:04,89	00:35,94	01:21,79	02:55,49	02:38,19	06:28,71
517	00:31,48	01:07,54	02:27,03	05:15,98	10:45,65	20:58,18	00:36,17	01:14,96	03:04,66	00:40,82	01:25,31	03:04,93	00:35,95	01:21,82	02:55,52	02:38,22	06:28,78
516	00:31,48	01:07,56	02:27,06	05:16,04	10:45,77	20:58,43	00:36,18	01:14,98	03:04,69	00:40,83	01:25,33	03:04,96	00:35,96	01:21,84	02:55,56	02:38,26	06:28,86
515	00:31,49	01:07,57	02:27,08	05:16,10	10:45,90	20:58,67	00:36,20	01:15,00	03:04,73	00:40,84	01:25,35	03:05,00	00:35,97	01:21,86	02:55,59	02:38,29	06:28,93
514	00:31,50	01:07,59	02:27,11	05:16,16	10:46,02	20:58,92	00:36,21	01:15,02	03:04,77	00:40,85	01:25,37	03:05,03	00:35,98	01:21,88	02:55,63	02:38,32	06:29,01

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
513	00:31,51	01:07,61	02:27,14	05:16,23	10:46,15	20:59,16	00:36,22	01:15,04	03:04,80	00:40,87	01:25,40	03:05,07	00:36,00	01:21,90	02:55,66	02:38,35	06:29,09
512	00:31,52	01:07,63	02:27,17	05:16,29	10:46,28	20:59,41	00:36,23	01:15,06	03:04,84	00:40,88	01:25,42	03:05,11	00:36,01	01:21,92	02:55,69	02:38,38	06:29,16
511	00:31,53	01:07,64	02:27,20	05:16,35	10:46,40	20:59,66	00:36,24	01:15,08	03:04,87	00:40,89	01:25,44	03:05,14	00:36,02	01:21,94	02:55,73	02:38,41	06:29,24
510	00:31,54	01:07,66	02:27,23	05:16,41	10:46,53	20:59,90	00:36,25	01:15,10	03:04,91	00:40,90	01:25,46	03:05,18	00:36,03	01:21,96	02:55,76	02:38,44	06:29,32
509	00:31,55	01:07,68	02:27,26	05:16,47	10:46,66	21:00,15	00:36,26	01:15,12	03:04,95	00:40,92	01:25,48	03:05,21	00:36,04	01:21,98	02:55,80	02:38,47	06:29,39
508	00:31,56	01:07,70	02:27,29	05:16,54	10:46,79	21:00,40	00:36,27	01:15,14	03:04,98	00:40,93	01:25,51	03:05,25	00:36,05	01:22,01	02:55,83	02:38,50	06:29,47
507	00:31,57	01:07,71	02:27,32	05:16,60	10:46,91	21:00,65	00:36,29	01:15,16	03:05,02	00:40,94	01:25,53	03:05,29	00:36,06	01:22,03	02:55,87	02:38,54	06:29,55
506	00:31,58	01:07,73	02:27,35	05:16,66	10:47,04	21:00,90	00:36,30	01:15,18	03:05,06	00:40,96	01:25,55	03:05,32	00:36,07	01:22,05	02:55,90	02:38,57	06:29,62
505	00:31,59	01:07,75	02:27,37	05:16,73	10:47,17	21:01,15	00:36,31	01:15,19	03:05,09	00:40,97	01:25,57	03:05,36	00:36,09	01:22,07	02:55,94	02:38,60	06:29,70
504	00:31,60	01:07,77	02:27,40	05:16,79	10:47,30	21:01,40	00:36,32	01:15,21	03:05,13	00:40,98	01:25,60	03:05,40	00:36,10	01:22,09	02:55,97	02:38,63	06:29,78
503	00:31,61	01:07,79	02:27,43	05:16,85	10:47,43	21:01,65	00:36,33	01:15,23	03:05,17	00:40,99	01:25,62	03:05,44	00:36,11	01:22,11	02:56,01	02:38,66	06:29,86
502	00:31,62	01:07,80	02:27,46	05:16,91	10:47,56	21:01,90	00:36,34	01:15,25	03:05,20	00:41,01	01:25,64	03:05,47	00:36,12	01:22,14	02:56,04	02:38,69	06:29,93
501	00:31,63	01:07,82	02:27,49	05:16,98	10:47,69	21:02,16	00:36,35	01:15,27	03:05,24	00:41,02	01:25,66	03:05,51	00:36,13	01:22,16	02:56,08	02:38,72	06:30,01
500	00:31,64	01:07,84	02:27,52	05:17,04	10:47,82	21:02,41	00:36,37	01:15,29	03:05,28	00:41,03	01:25,69	03:05,55	00:36,14	01:22,18	02:56,11	02:38,76	06:30,09
499	00:31,65	01:07,86	02:27,55	05:17,11	10:47,95	21:02,66	00:36,38	01:15,31	03:05,32	00:41,05	01:25,71	03:05,58	00:36,15	01:22,20	02:56,15	02:38,79	06:30,17
498	00:31,66	01:07,88	02:27,58	05:17,17	10:48,08	21:02,92	00:36,39	01:15,33	03:05,35	00:41,06	01:25,73	03:05,62	00:36,17	01:22,22	02:56,18	02:38,82	06:30,25
497	00:31,67	01:07,89	02:27,61	05:17,23	10:48,21	21:03,17	00:36,40	01:15,35	03:05,39	00:41,07	01:25,76	03:05,66	00:36,18	01:22,24	02:56,22	02:38,85	06:30,33
496	00:31,68	01:07,91	02:27,64	05:17,30	10:48,34	21:03,43	00:36,41	01:15,37	03:05,43	00:41,09	01:25,78	03:05,70	00:36,19	01:22,27	02:56,25	02:38,88	06:30,40
495	00:31,69	01:07,93	02:27,67	05:17,36	10:48,47	21:03,68	00:36,42	01:15,39	03:05,47	00:41,10	01:25,80	03:05,73	00:36,20	01:22,29	02:56,29	02:38,92	06:30,48
494	00:31,70	01:07,95	02:27,70	05:17,43	10:48,60	21:03,94	00:36,44	01:15,41	03:05,50	00:41,11	01:25,82	03:05,77	00:36,21	01:22,31	02:56,33	02:38,95	06:30,56
493	00:31,71	01:07,97	02:27,73	05:17,49	10:48,73	21:04,20	00:36,45	01:15,44	03:05,54	00:41,13	01:25,85	03:05,81	00:36,22	01:22,33	02:56,36	02:38,98	06:30,64
492	00:31,72	01:07,98	02:27,76	05:17,56	10:48,87	21:04,45	00:36,46	01:15,46	03:05,58	00:41,14	01:25,87	03:05,85	00:36,24	01:22,35	02:56,40	02:39,01	06:30,72
491	00:31,73	01:08,00	02:27,79	05:17,62	10:49,00	21:04,71	00:36,47	01:15,48	03:05,62	00:41,15	01:25,89	03:05,89	00:36,25	01:22,38	02:56,43	02:39,05	06:30,80
490	00:31,74	01:08,02	02:27,82	05:17,69	10:49,13	21:04,97	00:36,48	01:15,50	03:05,65	00:41,17	01:25,92	03:05,92	00:36,26	01:22,40	02:56,47	02:39,08	06:30,88
489	00:31,76	01:08,04	02:27,85	05:17,75	10:49,26	21:05,23	00:36,49	01:15,52	03:05,69	00:41,18	01:25,94	03:05,96	00:36,27	01:22,42	02:56,51	02:39,11	06:30,96
488	00:31,77	01:08,06	02:27,88	05:17,82	10:49,40	21:05,49	00:36,51	01:15,54	03:05,73	00:41,19	01:25,96	03:06,00	00:36,28	01:22,44	02:56,54	02:39,14	06:31,04
487	00:31,78	01:08,08	02:27,91	05:17,88	10:49,53	21:05,75	00:36,52	01:15,56	03:05,77	00:41,21	01:25,99	03:06,04	00:36,29	01:22,47	02:56,58	02:39,18	06:31,12
486	00:31,79	01:08,10	02:27,94	05:17,95	10:49,66	21:06,01	00:36,53	01:15,58	03:05,81	00:41,22	01:26,01	03:06,08	00:36,31	01:22,49	02:56,62	02:39,21	06:31,20
485	00:31,80	01:08,11	02:27,97	05:18,01	10:49,80	21:06,27	00:36,54	01:15,60	03:05,85	00:41,23	01:26,03	03:06,11	00:36,32	01:22,51	02:56,65	02:39,24	06:31,28
484	00:31,81	01:08,13	02:28,00	05:18,08	10:49,93	21:06,54	00:36,55	01:15,62	03:05,88	00:41,25	01:26,06	03:06,15	00:36,33	01:22,53	02:56,69	02:39,28	06:31,36
483	00:31,82	01:08,15	02:28,03	05:18,14	10:50,07	21:06,80	00:36,57	01:15,64	03:05,92	00:41,26	01:26,08	03:06,19	00:36,34	01:22,56	02:56,73	02:39,31	06:31,45
482	00:31,83	01:08,17	02:28,07	05:18,21	10:50,20	21:07,06	00:36,58	01:15,66	03:05,96	00:41,27	01:26,10	03:06,23	00:36,35	01:22,58	02:56,76	02:39,34	06:31,53
481	00:31,84	01:08,19	02:28,10	05:18,28	10:50,34	21:07,33	00:36,59	01:15,68	03:06,00	00:41,29	01:26,13	03:06,27	00:36,37	01:22,60	02:56,80	02:39,38	06:31,61
480	00:31,85	01:08,21	02:28,13	05:18,34	10:50,48	21:07,59	00:36,60	01:15,70	03:06,04	00:41,30	01:26,15	03:06,31	00:36,38	01:22,63	02:56,84	02:39,41	06:31,69
479	00:31,86	01:08,23	02:28,16	05:18,41	10:50,61	21:07,86	00:36,61	01:15,72	03:06,08	00:41,31	01:26,18	03:06,35	00:36,39	01:22,65	02:56,87	02:39,44	06:31,77
478	00:31,87	01:08,25	02:28,19	05:18,48	10:50,75	21:08,12	00:36,63	01:15,74	03:06,12	00:41,33	01:26,20	03:06,39	00:36,40	01:22,67	02:56,91	02:39,48	06:31,86
477	00:31,88	01:08,26	02:28,22	05:18,54	10:50,88	21:08,39	00:36,64	01:15,77	03:06,16	00:41,34	01:26,22	03:06,43	00:36,41	01:22,69	02:56,95	02:39,51	06:31,94
476	00:31,89	01:08,28	02:28,25	05:18,61	10:51,02	21:08,66	00:36,65	01:15,79	03:06,20	00:41,36	01:26,25	03:06,46	00:36,43	01:22,72	02:56,98	02:39,54	06:32,02
475	00:31,90	01:08,30	02:28,28	05:18,68	10:51,16	21:08,92	00:36,66	01:15,81	03:06,23	00:41,37	01:26,27	03:06,50	00:36,44	01:22,74	02:57,02	02:39,58	06:32,10
474	00:31,91	01:08,32	02:28,31	05:18,75	10:51,30	21:09,19	00:36,68	01:15,83	03:06,27	00:41,38	01:26,30	03:06,54	00:36,45	01:22,76	02:57,06	02:39,61	06:32,19
473	00:31,92	01:08,34	02:28,35	05:18,81	10:51,43	21:09,46	00:36,69	01:15,85	03:06,31	00:41,40	01:26,32	03:06,58	00:36,46	01:22,79	02:57,10	02:39,64	06:32,27
472	00:31,93	01:08,36	02:28,38	05:18,88	10:51,57	21:09,73	00:36,70	01:15,87	03:06,35	00:41,41	01:26,34	03:06,62	00:36,48	01:22,81	02:57,13	02:39,68	06:32,35
471	00:31,94	01:08,38	02:28,41	05:18,95	10:51,71	21:10,00	00:36,71	01:15,89	03:06,39	00:41,42	01:26,37	03:06,66	00:36,49	01:22,83	02:57,17	02:39,71	06:32,44
470	00:31,96	01:08,40	02:28,44	05:19,02	10:51,85	21:10,27	00:36,73	01:15,91	03:06,43	00:41,44	01:26,39	03:06,70	00:36,50	01:22,86	02:57,21	02:39,75	06:32,52
469	00:31,97	01:08,42	02:28,47	05:19,08	10:51,99	21:10,54	00:36,74	01:15,94	03:06,47	00:41,45	01:26,42	03:06,74	00:36,51	01:22,88	02:57,25	02:39,78	06:32,60
468	00:31,98	01:08,44	02:28,50	05:19,15	10:52,13	21:10,82	00:36,75	01:15,96	03:06,51	00:41,47	01:26,44	03:06,78	00:36,52	01:22,90	02:57,29	02:39,81	06:32,69
467	00:31,99	01:08,46	02:28,54	05:19,22	10:52,27	21:11,09	00:36,76	01:15,98	03:06,55	00:41,48	01:26,47	03:06,82	00:36,54	01:22,93	02:57,32	02:39,85	06:32,77

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
466	00:32,00	01:08,48	02:28,57	05:19,29	10:52,41	21:11,36	00:36,78	01:16,00	03:06,59	00:41,50	01:26,49	03:06,86	00:36,55	01:22,95	02:57,36	02:39,88	06:32,86
465	00:32,01	01:08,50	02:28,60	05:19,36	10:52,55	21:11,64	00:36,79	01:16,02	03:06,63	00:41,51	01:26,52	03:06,90	00:36,56	01:22,97	02:57,40	02:39,92	06:32,94
464	00:32,02	01:08,51	02:28,63	05:19,43	10:52,69	21:11,91	00:36,80	01:16,04	03:06,67	00:41,52	01:26,54	03:06,94	00:36,57	01:23,00	02:57,44	02:39,95	06:33,03
463	00:32,03	01:08,53	02:28,66	05:19,50	10:52,83	21:12,19	00:36,81	01:16,07	03:06,71	00:41,54	01:26,57	03:06,98	00:36,59	01:23,02	02:57,48	02:39,99	06:33,11
462	00:32,04	01:08,55	02:28,70	05:19,57	10:52,97	21:12,46	00:36,83	01:16,09	03:06,75	00:41,55	01:26,59	03:07,02	00:36,60	01:23,05	02:57,52	02:40,02	06:33,20
461	00:32,05	01:08,57	02:28,73	05:19,64	10:53,12	21:12,74	00:36,84	01:16,11	03:06,79	00:41,57	01:26,62	03:07,06	00:36,61	01:23,07	02:57,55	02:40,06	06:33,28
460	00:32,07	01:08,59	02:28,76	05:19,71	10:53,26	21:13,02	00:36,85	01:16,13	03:06,84	00:41,58	01:26,64	03:07,11	00:36,63	01:23,09	02:57,59	02:40,09	06:33,37
459	00:32,08	01:08,61	02:28,79	05:19,78	10:53,40	21:13,29	00:36,86	01:16,15	03:06,88	00:41,60	01:26,67	03:07,15	00:36,64	01:23,12	02:57,63	02:40,13	06:33,45
458	00:32,09	01:08,63	02:28,83	05:19,85	10:53,54	21:13,57	00:36,88	01:16,18	03:06,92	00:41,61	01:26,69	03:07,19	00:36,65	01:23,14	02:57,67	02:40,16	06:33,54
457	00:32,10	01:08,65	02:28,86	05:19,92	10:53,69	21:13,85	00:36,89	01:16,20	03:06,96	00:41,62	01:26,72	03:07,23	00:36,66	01:23,16	02:57,71	02:40,20	06:33,63
456	00:32,11	01:08,67	02:28,89	05:19,99	10:53,83	21:14,13	00:36,90	01:16,22	03:07,00	00:41,64	01:26,74	03:07,27	00:36,68	01:23,19	02:57,75	02:40,23	06:33,71
455	00:32,12	01:08,69	02:28,92	05:20,06	10:53,98	21:14,41	00:36,92	01:16,24	03:07,04	00:41,65	01:26,77	03:07,31	00:36,69	01:23,21	02:57,79	02:40,27	06:33,80
454	00:32,13	01:08,71	02:28,96	05:20,13	10:54,12	21:14,69	00:36,93	01:16,26	03:07,08	00:41,67	01:26,79	03:07,35	00:36,70	01:23,24	02:57,83	02:40,30	06:33,89
453	00:32,14	01:08,73	02:28,99	05:20,20	10:54,26	21:14,98	00:36,94	01:16,29	03:07,12	00:41,68	01:26,82	03:07,39	00:36,71	01:23,26	02:57,87	02:40,34	06:33,97
452	00:32,15	01:08,75	02:29,02	05:20,27	10:54,41	21:15,26	00:36,95	01:16,31	03:07,16	00:41,70	01:26,84	03:07,44	00:36,73	01:23,29	02:57,91	02:40,37	06:34,06
451	00:32,17	01:08,77	02:29,06	05:20,34	10:54,56	21:15,54	00:36,97	01:16,33	03:07,21	00:41,71	01:26,87	03:07,48	00:36,74	01:23,31	02:57,94	02:40,41	06:34,15
450	00:32,18	01:08,79	02:29,09	05:20,41	10:54,70	21:15,83	00:36,98	01:16,35	03:07,25	00:41,73	01:26,89	03:07,52	00:36,75	01:23,34	02:57,98	02:40,44	06:34,24
449	00:32,19	01:08,81	02:29,12	05:20,48	10:54,85	21:16,11	00:36,99	01:16,38	03:07,29	00:41,74	01:26,92	03:07,56	00:36,77	01:23,36	02:58,02	02:40,48	06:34,32
448	00:32,20	01:08,83	02:29,16	05:20,55	10:54,99	21:16,40	00:37,01	01:16,40	03:07,33	00:41,76	01:26,94	03:07,60	00:36,78	01:23,38	02:58,06	02:40,52	06:34,41
447	00:32,21	01:08,86	02:29,19	05:20,63	10:55,14	21:16,68	00:37,02	01:16,42	03:07,37	00:41,77	01:26,97	03:07,64	00:36,79	01:23,41	02:58,10	02:40,55	06:34,50
446	00:32,22	01:08,88	02:29,22	05:20,70	10:55,29	21:16,97	00:37,03	01:16,44	03:07,42	00:41,79	01:27,00	03:07,69	00:36,81	01:23,43	02:58,14	02:40,59	06:34,59
445	00:32,23	01:08,90	02:29,26	05:20,77	10:55,44	21:17,26	00:37,05	01:16,47	03:07,46	00:41,80	01:27,02	03:07,73	00:36,82	01:23,46	02:58,18	02:40,62	06:34,68
444	00:32,25	01:08,92	02:29,29	05:20,84	10:55,58	21:17,55	00:37,06	01:16,49	03:07,50	00:41,82	01:27,05	03:07,77	00:36,83	01:23,48	02:58,22	02:40,66	06:34,77
443	00:32,26	01:08,94	02:29,32	05:20,92	10:55,73	21:17,84	00:37,07	01:16,51	03:07,54	00:41,83	01:27,07	03:07,81	00:36,85	01:23,51	02:58,26	02:40,70	06:34,86
442	00:32,27	01:08,96	02:29,36	05:20,99	10:55,88	21:18,13	00:37,09	01:16,54	03:07,59	00:41,85	01:27,10	03:07,86	00:36,86	01:23,53	02:58,31	02:40,73	06:34,95
441	00:32,28	01:08,98	02:29,39	05:21,06	10:56,03	21:18,42	00:37,10	01:16,56	03:07,63	00:41,86	01:27,13	03:07,90	00:36,87	01:23,56	02:58,35	02:40,77	06:35,04
440	00:32,29	01:09,00	02:29,43	05:21,13	10:56,18	21:18,71	00:37,11	01:16,58	03:07,67	00:41,88	01:27,15	03:07,94	00:36,88	01:23,58	02:58,39	02:40,81	06:35,13
439	00:32,30	01:09,02	02:29,46	05:21,21	10:56,33	21:19,00	00:37,13	01:16,60	03:07,71	00:41,89	01:27,18	03:07,98	00:36,90	01:23,61	02:58,43	02:40,84	06:35,22
438	00:32,32	01:09,04	02:29,49	05:21,28	10:56,48	21:19,29	00:37,14	01:16,63	03:07,76	00:41,91	01:27,21	03:08,03	00:36,91	01:23,63	02:58,47	02:40,88	06:35,31
437	00:32,33	01:09,06	02:29,53	05:21,36	10:56,63	21:19,59	00:37,15	01:16,65	03:07,80	00:41,92	01:27,23	03:08,07	00:36,93	01:23,66	02:58,51	02:40,92	06:35,40
436	00:32,34	01:09,08	02:29,56	05:21,43	10:56,78	21:19,88	00:37,17	01:16,67	03:07,84	00:41,94	01:27,26	03:08,11	00:36,94	01:23,69	02:58,55	02:40,95	06:35,49
435	00:32,35	01:09,10	02:29,60	05:21,50	10:56,93	21:20,17	00:37,18	01:16,70	03:07,89	00:41,95	01:27,28	03:08,16	00:36,95	01:23,71	02:58,59	02:40,99	06:35,58
434	00:32,36	01:09,13	02:29,63	05:21,58	10:57,08	21:20,47	00:37,19	01:16,72	03:07,93	00:41,97	01:27,31	03:08,20	00:36,97	01:23,74	02:58,63	02:41,03	06:35,67
433	00:32,38	01:09,15	02:29,67	05:21,65	10:57,24	21:20,77	00:37,21	01:16,74	03:07,97	00:41,98	01:27,34	03:08,24	00:36,98	01:23,76	02:58,67	02:41,07	06:35,76
432	00:32,39	01:09,17	02:29,70	05:21,73	10:57,39	21:21,06	00:37,22	01:16,77	03:08,02	00:42,00	01:27,36	03:08,29	00:36,99	01:23,79	02:58,72	02:41,10	06:35,85
431	00:32,40	01:09,19	02:29,74	05:21,80	10:57,54	21:21,36	00:37,23	01:16,79	03:08,06	00:42,01	01:27,39	03:08,33	00:37,01	01:23,81	02:58,76	02:41,14	06:35,95
430	00:32,41	01:09,21	02:29,77	05:21,88	10:57,69	21:21,66	00:37,25	01:16,82	03:08,10	00:42,03	01:27,42	03:08,38	00:37,02	01:23,84	02:58,80	02:41,18	06:36,04
429	00:32,42	01:09,23	02:29,81	05:21,95	10:57,85	21:21,96	00:37,26	01:16,84	03:08,15	00:42,04	01:27,45	03:08,42	00:37,03	01:23,87	02:58,84	02:41,22	06:36,13
428	00:32,44	01:09,25	02:29,84	05:22,03	10:58,00	21:22,26	00:37,28	01:16,86	03:08,19	00:42,06	01:27,47	03:08,46	00:37,05	01:23,89	02:58,88	02:41,25	06:36,22
427	00:32,45	01:09,27	02:29,88	05:22,10	10:58,16	21:22,56	00:37,29	01:16,89	03:08,24	00:42,08	01:27,50	03:08,51	00:37,06	01:23,92	02:58,92	02:41,29	06:36,32
426	00:32,46	01:09,30	02:29,91	05:22,18	10:58,31	21:22,86	00:37,30	01:16,91	03:08,28	00:42,09	01:27,53	03:08,55	00:37,08	01:23,94	02:58,97	02:41,33	06:36,41
425	00:32,47	01:09,32	02:29,95	05:22,25	10:58,47	21:23,17	00:37,32	01:16,93	03:08,32	00:42,11	01:27,55	03:08,60	00:37,09	01:23,97	02:59,01	02:41,37	06:36,50
424	00:32,48	01:09,34	02:29,98	05:22,33	10:58,62	21:23,47	00:37,33	01:16,96	03:08,37	00:42,12	01:27,58	03:08,64	00:37,10	01:24,00	02:59,05	02:41,41	06:36,60
423	00:32,50	01:09,36	02:30,02	05:22,41	10:58,78	21:23,77	00:37,35	01:16,98	03:08,41	00:42,14	01:27,61	03:08,69	00:37,12	01:24,02	02:59,09	02:41,44	06:36,69
422	00:32,51	01:09,38	02:30,05	05:22,48	10:58,94	21:24,08	00:37,36	01:17,01	03:08,46	00:42,15	01:27,64	03:08,73	00:37,13	01:24,05	02:59,14	02:41,48	06:36,79
421	00:32,52	01:09,40	02:30,09	05:22,56	10:59,09	21:24,38	00:37,37	01:17,03	03:08,50	00:42,17	01:27,66	03:08,78	00:37,14	01:24,08	02:59,18	02:41,52	06:36,88
420	00:32,53	01:09,43	02:30,13	05:22,64	10:59,25	21:24,69	00:37,39	01:17,06	03:08,55	00:42,19	01:27,69	03:08,82	00:37,16	01:24,10	02:59,22	02:41,56	06:36,97

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
419	00:32,54	01:09,45	02:30,16	05:22,71	10:59,41	21:25,00	00:37,40	01:17,08	03:08,59	00:42,20	01:27,72	03:08,87	00:37,17	01:24,13	02:59,26	02:41,60	06:37,07
418	00:32,56	01:09,47	02:30,20	05:22,79	10:59,57	21:25,31	00:37,42	01:17,10	03:08,64	00:42,22	01:27,75	03:08,91	00:37,19	01:24,15	02:59,31	02:41,64	06:37,16
417	00:32,57	01:09,49	02:30,23	05:22,87	10:59,72	21:25,61	00:37,43	01:17,13	03:08,68	00:42,23	01:27,78	03:08,96	00:37,20	01:24,18	02:59,35	02:41,67	06:37,26
416	00:32,58	01:09,51	02:30,27	05:22,95	10:59,88	21:25,92	00:37,45	01:17,15	03:08,73	00:42,25	01:27,80	03:09,00	00:37,22	01:24,21	02:59,39	02:41,71	06:37,36
415	00:32,59	01:09,54	02:30,31	05:23,03	11:00,04	21:26,24	00:37,46	01:17,18	03:08,78	00:42,27	01:27,83	03:09,05	00:37,23	01:24,24	02:59,44	02:41,75	06:37,45
414	00:32,61	01:09,56	02:30,34	05:23,10	11:00,20	21:26,55	00:37,47	01:17,20	03:08,82	00:42,28	01:27,86	03:09,09	00:37,24	01:24,26	02:59,48	02:41,79	06:37,55
413	00:32,62	01:09,58	02:30,38	05:23,18	11:00,36	21:26,86	00:37,49	01:17,23	03:08,87	00:42,30	01:27,89	03:09,14	00:37,26	01:24,29	02:59,52	02:41,83	06:37,64
412	00:32,63	01:09,60	02:30,42	05:23,26	11:00,52	21:27,17	00:37,50	01:17,25	03:08,91	00:42,32	01:27,92	03:09,19	00:37,27	01:24,32	02:59,57	02:41,87	06:37,74
411	00:32,64	01:09,63	02:30,45	05:23,34	11:00,68	21:27,49	00:37,52	01:17,28	03:08,96	00:42,33	01:27,94	03:09,23	00:37,29	01:24,34	02:59,61	02:41,91	06:37,84
410	00:32,66	01:09,65	02:30,49	05:23,42	11:00,85	21:27,80	00:37,53	01:17,30	03:09,01	00:42,35	01:27,97	03:09,28	00:37,30	01:24,37	02:59,65	02:41,95	06:37,94
409	00:32,67	01:09,67	02:30,53	05:23,50	11:01,01	21:28,12	00:37,55	01:17,33	03:09,05	00:42,37	01:28,00	03:09,32	00:37,32	01:24,40	02:59,70	02:41,99	06:38,03
408	00:32,68	01:09,69	02:30,56	05:23,58	11:01,17	21:28,43	00:37,56	01:17,35	03:09,10	00:42,38	01:28,03	03:09,37	00:37,33	01:24,43	02:59,74	02:42,03	06:38,13
407	00:32,70	01:09,72	02:30,60	05:23,66	11:01,33	21:28,75	00:37,58	01:17,38	03:09,14	00:42,40	01:28,06	03:09,42	00:37,35	01:24,45	02:59,79	02:42,07	06:38,23
406	00:32,71	01:09,74	02:30,64	05:23,74	11:01,50	21:29,07	00:37,59	01:17,40	03:09,19	00:42,41	01:28,09	03:09,46	00:37,36	01:24,48	02:59,83	02:42,11	06:38,33
405	00:32,72	01:09,76	02:30,67	05:23,82	11:01,66	21:29,39	00:37,61	01:17,43	03:09,24	00:42,43	01:28,12	03:09,51	00:37,37	01:24,51	02:59,88	02:42,15	06:38,43
404	00:32,73	01:09,79	02:30,71	05:23,90	11:01,82	21:29,71	00:37,62	01:17,45	03:09,28	00:42,45	01:28,14	03:09,56	00:37,39	01:24,54	02:59,92	02:42,19	06:38,52
403	00:32,75	01:09,81	02:30,75	05:23,98	11:01,99	21:30,03	00:37,63	01:17,48	03:09,33	00:42,46	01:28,17	03:09,61	00:37,40	01:24,56	02:59,97	02:42,23	06:38,62
402	00:32,76	01:09,83	02:30,79	05:24,06	11:02,15	21:30,35	00:37,65	01:17,50	03:09,38	00:42,48	01:28,20	03:09,65	00:37,42	01:24,59	03:00,01	02:42,27	06:38,72
401	00:32,77	01:09,85	02:30,82	05:24,14	11:02,32	21:30,67	00:37,66	01:17,53	03:09,43	00:42,50	01:28,23	03:09,70	00:37,43	01:24,62	03:00,06	02:42,31	06:38,82
400	00:32,79	01:09,88	02:30,86	05:24,22	11:02,48	21:31,00	00:37,68	01:17,56	03:09,47	00:42,52	01:28,26	03:09,75	00:37,45	01:24,65	03:00,10	02:42,35	06:38,92
399	00:32,80	01:09,90	02:30,90	05:24,30	11:02,65	21:31,32	00:37,69	01:17,58	03:09,52	00:42,53	01:28,29	03:09,80	00:37,46	01:24,68	03:00,15	02:42,39	06:39,02
398	00:32,81	01:09,92	02:30,94	05:24,38	11:02,82	21:31,65	00:37,71	01:17,61	03:09,57	00:42,55	01:28,32	03:09,84	00:37,48	01:24,70	03:00,19	02:42,43	06:39,12
397	00:32,83	01:09,95	02:30,98	05:24,47	11:02,99	21:31,97	00:37,72	01:17,63	03:09,62	00:42,57	01:28,35	03:09,89	00:37,49	01:24,73	03:00,24	02:42,47	06:39,22
396	00:32,84	01:09,97	02:31,01	05:24,55	11:03,15	21:32,30	00:37,74	01:17,66	03:09,67	00:42,58	01:28,38	03:09,94	00:37,51	01:24,76	03:00,28	02:42,52	06:39,33
395	00:32,85	01:09,99	02:31,05	05:24,63	11:03,32	21:32,63	00:37,76	01:17,69	03:09,71	00:42,60	01:28,41	03:09,99	00:37,52	01:24,79	03:00,33	02:42,56	06:39,43
394	00:32,86	01:10,02	02:31,09	05:24,71	11:03,49	21:32,95	00:37,77	01:17,71	03:09,76	00:42,62	01:28,44	03:10,04	00:37,54	01:24,82	03:00,37	02:42,60	06:39,53
393	00:32,88	01:10,04	02:31,13	05:24,80	11:03,66	21:33,28	00:37,79	01:17,74	03:09,81	00:42,63	01:28,47	03:10,08	00:37,55	01:24,85	03:00,42	02:42,64	06:39,63
392	00:32,89	01:10,06	02:31,17	05:24,88	11:03,83	21:33,62	00:37,80	01:17,76	03:09,86	00:42,65	01:28,50	03:10,13	00:37,57	01:24,87	03:00,47	02:42,68	06:39,73
391	00:32,90	01:10,09	02:31,21	05:24,96	11:04,00	21:33,95	00:37,82	01:17,79	03:09,91	00:42,67	01:28,53	03:10,18	00:37,58	01:24,90	03:00,51	02:42,72	06:39,83
390	00:32,92	01:10,11	02:31,25	05:25,05	11:04,17	21:34,28	00:37,83	01:17,82	03:09,96	00:42,69	01:28,56	03:10,23	00:37,60	01:24,93	03:00,56	02:42,76	06:39,94
389	00:32,93	01:10,14	02:31,28	05:25,13	11:04,34	21:34,61	00:37,85	01:17,84	03:10,00	00:42,70	01:28,59	03:10,28	00:37,61	01:24,96	03:00,61	02:42,81	06:40,04
388	00:32,95	01:10,16	02:31,32	05:25,21	11:04,51	21:34,95	00:37,86	01:17,87	03:10,05	00:42,72	01:28,62	03:10,33	00:37,63	01:24,99	03:00,65	02:42,85	06:40,14
387	00:32,96	01:10,18	02:31,36	05:25,30	11:04,68	21:35,28	00:37,88	01:17,90	03:10,10	00:42,74	01:28,65	03:10,38	00:37,65	01:25,02	03:00,70	02:42,89	06:40,25
386	00:32,97	01:10,21	02:31,40	05:25,38	11:04,86	21:35,62	00:37,89	01:17,92	03:10,15	00:42,76	01:28,68	03:10,43	00:37,66	01:25,05	03:00,75	02:42,93	06:40,35
385	00:32,99	01:10,23	02:31,44	05:25,47	11:05,03	21:35,96	00:37,91	01:17,95	03:10,20	00:42,77	01:28,71	03:10,48	00:37,68	01:25,08	03:00,79	02:42,98	06:40,46
384	00:33,00	01:10,26	02:31,48	05:25,55	11:05,20	21:36,29	00:37,93	01:17,98	03:10,25	00:42,79	01:28,74	03:10,53	00:37,69	01:25,11	03:00,84	02:43,02	06:40,56
383	00:33,01	01:10,28	02:31,52	05:25,64	11:05,38	21:36,63	00:37,94	01:18,00	03:10,30	00:42,81	01:28,77	03:10,58	00:37,71	01:25,14	03:00,89	02:43,06	06:40,67
382	00:33,03	01:10,31	02:31,56	05:25,72	11:05,55	21:36,97	00:37,96	01:18,03	03:10,35	00:42,83	01:28,80	03:10,63	00:37,72	01:25,17	03:00,93	02:43,10	06:40,77
381	00:33,04	01:10,33	02:31,60	05:25,81	11:05,73	21:37,32	00:37,97	01:18,06	03:10,40	00:42,85	01:28,83	03:10,68	00:37,74	01:25,20	03:00,98	02:43,15	06:40,88
380	00:33,05	01:10,35	02:31,64	05:25,89	11:05,90	21:37,66	00:37,99	01:18,09	03:10,45	00:42,86	01:28,86	03:10,73	00:37,75	01:25,23	03:01,03	02:43,19	06:40,98
379	00:33,07	01:10,38	02:31,68	05:25,98	11:06,08	21:38,00	00:38,00	01:18,11	03:10,50	00:42,88	01:28,89	03:10,78	00:37,77	01:25,26	03:01,08	02:43,23	06:41,09
378	00:33,08	01:10,40	02:31,72	05:26,07	11:06,26	21:38,34	00:38,02	01:18,14	03:10,55	00:42,90	01:28,93	03:10,83	00:37,79	01:25,29	03:01,13	02:43,28	06:41,19
377	00:33,10	01:10,43	02:31,76	05:26,15	11:06,43	21:38,69	00:38,04	01:18,17	03:10,60	00:42,92	01:28,96	03:10,88	00:37,80	01:25,32	03:01,17	02:43,32	06:41,30
376	00:33,11	01:10,45	02:31,80	05:26,24	11:06,61	21:39,04	00:38,05	01:18,20	03:10,65	00:42,94	01:28,99	03:10,93	00:37,82	01:25,35	03:01,22	02:43,36	06:41,41
375	00:33,12	01:10,48	02:31,84	05:26,33	11:06,79	21:39,38	00:38,07	01:18,22	03:10,71	00:42,95	01:29,02	03:10,98	00:37,83	01:25,38	03:01,27	02:43,41	06:41,51
374	00:33,14	01:10,50	02:31,88	05:26,41	11:06,97	21:39,73	00:38,08	01:18,25	03:10,76	00:42,97	01:29,05	03:11,03	00:37,85	01:25,41	03:01,32	02:43,45	06:41,62
373	00:33,15	01:10,53	02:31,92	05:26,50	11:07,15	21:40,08	00:38,10	01:18,28	03:10,81	00:42,99	01:29,08	03:11,08	00:37,87	01:25,44	03:01,37	02:43,49	06:41,73

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
372	00:33,17	01:10,55	02:31,96	05:26,59	11:07,33	21:40,43	00:38,12	01:18,31	03:10,86	00:43,01	01:29,11	03:11,13	00:37,88	01:25,47	03:01,42	02:43,54	06:41,84
371	00:33,18	01:10,58	02:32,01	05:26,68	11:07,51	21:40,78	00:38,13	01:18,33	03:10,91	00:43,03	01:29,15	03:11,19	00:37,90	01:25,50	03:01,47	02:43,58	06:41,95
370	00:33,20	01:10,60	02:32,05	05:26,77	11:07,69	21:41,13	00:38,15	01:18,36	03:10,96	00:43,05	01:29,18	03:11,24	00:37,92	01:25,53	03:01,52	02:43,63	06:42,06
369	00:33,21	01:10,63	02:32,09	05:26,86	11:07,87	21:41,49	00:38,17	01:18,39	03:11,01	00:43,06	01:29,21	03:11,29	00:37,93	01:25,56	03:01,56	02:43,67	06:42,16
368	00:33,22	01:10,65	02:32,13	05:26,94	11:08,05	21:41,84	00:38,18	01:18,42	03:11,07	00:43,08	01:29,24	03:11,34	00:37,95	01:25,59	03:01,61	02:43,72	06:42,27
367	00:33,24	01:10,68	02:32,17	05:27,03	11:08,23	21:42,20	00:38,20	01:18,45	03:11,12	00:43,10	01:29,28	03:11,39	00:37,96	01:25,62	03:01,66	02:43,76	06:42,38
366	00:33,25	01:10,71	02:32,21	05:27,12	11:08,42	21:42,55	00:38,22	01:18,48	03:11,17	00:43,12	01:29,31	03:11,45	00:37,98	01:25,65	03:01,71	02:43,81	06:42,49
365	00:33,27	01:10,73	02:32,25	05:27,21	11:08,60	21:42,91	00:38,23	01:18,50	03:11,22	00:43,14	01:29,34	03:11,50	00:38,00	01:25,68	03:01,76	02:43,85	06:42,61
364	00:33,28	01:10,76	02:32,30	05:27,30	11:08,78	21:43,27	00:38,25	01:18,53	03:11,28	00:43,16	01:29,37	03:11,55	00:38,01	01:25,71	03:01,81	02:43,90	06:42,72
363	00:33,30	01:10,78	02:32,34	05:27,39	11:08,97	21:43,63	00:38,27	01:18,56	03:11,33	00:43,18	01:29,40	03:11,61	00:38,03	01:25,74	03:01,86	02:43,94	06:42,83
362	00:33,31	01:10,81	02:32,38	05:27,48	11:09,15	21:43,99	00:38,28	01:18,59	03:11,38	00:43,20	01:29,44	03:11,66	00:38,05	01:25,78	03:01,91	02:43,99	06:42,94
361	00:33,33	01:10,83	02:32,42	05:27,58	11:09,34	21:44,35	00:38,30	01:18,62	03:11,43	00:43,21	01:29,47	03:11,71	00:38,06	01:25,81	03:01,96	02:44,03	06:43,05
360	00:33,34	01:10,86	02:32,47	05:27,67	11:09,53	21:44,72	00:38,32	01:18,65	03:11,49	00:43,23	01:29,50	03:11,76	00:38,08	01:25,84	03:02,01	02:44,08	06:43,16
359	00:33,35	01:10,89	02:32,51	05:27,76	11:09,71	21:45,08	00:38,33	01:18,68	03:11,54	00:43,25	01:29,54	03:11,82	00:38,10	01:25,87	03:02,07	02:44,12	06:43,28
358	00:33,37	01:10,91	02:32,55	05:27,85	11:09,90	21:45,45	00:38,35	01:18,71	03:11,59	00:43,27	01:29,57	03:11,87	00:38,11	01:25,90	03:02,12	02:44,17	06:43,39
357	00:33,38	01:10,94	02:32,59	05:27,94	11:10,09	21:45,81	00:38,37	01:18,73	03:11,65	00:43,29	01:29,60	03:11,93	00:38,13	01:25,93	03:02,17	02:44,21	06:43,50
356	00:33,40	01:10,97	02:32,64	05:28,03	11:10,28	21:46,18	00:38,38	01:18,76	03:11,70	00:43,31	01:29,64	03:11,98	00:38,15	01:25,97	03:02,22	02:44,26	06:43,61
355	00:33,41	01:10,99	02:32,68	05:28,13	11:10,47	21:46,55	00:38,40	01:18,79	03:11,76	00:43,33	01:29,67	03:12,03	00:38,17	01:26,00	03:02,27	02:44,31	06:43,73
354	00:33,43	01:11,02	02:32,72	05:28,22	11:10,66	21:46,92	00:38,42	01:18,82	03:11,81	00:43,35	01:29,70	03:12,09	00:38,18	01:26,03	03:02,32	02:44,35	06:43,84
353	00:33,44	01:11,05	02:32,77	05:28,31	11:10,85	21:47,29	00:38,44	01:18,85	03:11,87	00:43,37	01:29,74	03:12,14	00:38,20	01:26,06	03:02,37	02:44,40	06:43,96
352	00:33,46	01:11,07	02:32,81	05:28,41	11:11,04	21:47,66	00:38,45	01:18,88	03:11,92	00:43,39	01:29,77	03:12,20	00:38,22	01:26,10	03:02,43	02:44,45	06:44,07
351	00:33,47	01:11,10	02:32,85	05:28,50	11:11,23	21:48,04	00:38,47	01:18,91	03:11,97	00:43,41	01:29,80	03:12,25	00:38,23	01:26,13	03:02,48	02:44,49	06:44,19
350	00:33,49	01:11,13	02:32,90	05:28,59	11:11,42	21:48,41	00:38,49	01:18,94	03:12,03	00:43,43	01:29,84	03:12,31	00:38,25	01:26,16	03:02,53	02:44,54	06:44,30
349	00:33,50	01:11,15	02:32,94	05:28,69	11:11,61	21:48,79	00:38,51	01:18,97	03:12,09	00:43,45	01:29,87	03:12,36	00:38,27	01:26,19	03:02,58	02:44,59	06:44,42
348	00:33,52	01:11,18	02:32,99	05:28,78	11:11,81	21:49,16	00:38,52	01:19,00	03:12,14	00:43,47	01:29,91	03:12,42	00:38,29	01:26,23	03:02,64	02:44,64	06:44,54
347	00:33,54	01:11,21	02:33,03	05:28,88	11:12,00	21:49,54	00:38,54	01:19,03	03:12,20	00:43,49	01:29,94	03:12,47	00:38,30	01:26,26	03:02,69	02:44,68	06:44,65
346	00:33,55	01:11,23	02:33,07	05:28,97	11:12,20	21:49,92	00:38,56	01:19,06	03:12,25	00:43,51	01:29,98	03:12,53	00:38,32	01:26,29	03:02,74	02:44,73	06:44,77
345	00:33,57	01:11,26	02:33,12	05:29,07	11:12,39	21:50,30	00:38,58	01:19,09	03:12,31	00:43,53	01:30,01	03:12,59	00:38,34	01:26,32	03:02,79	02:44,78	06:44,89
344	00:33,58	01:11,29	02:33,16	05:29,16	11:12,59	21:50,68	00:38,59	01:19,12	03:12,36	00:43,55	01:30,04	03:12,64	00:38,36	01:26,36	03:02,85	02:44,83	06:45,01
343	00:33,60	01:11,32	02:33,21	05:29,26	11:12,78	21:51,07	00:38,61	01:19,15	03:12,42	00:43,57	01:30,08	03:12,70	00:38,38	01:26,39	03:02,90	02:44,88	06:45,12
342	00:33,61	01:11,34	02:33,25	05:29,36	11:12,98	21:51,45	00:38,63	01:19,18	03:12,48	00:43,59	01:30,11	03:12,75	00:38,39	01:26,43	03:02,95	02:44,92	06:45,24
341	00:33,63	01:11,37	02:33,30	05:29,45	11:13,18	21:51,83	00:38,65	01:19,22	03:12,53	00:43,61	01:30,15	03:12,81	00:38,41	01:26,46	03:03,01	02:44,97	06:45,36
340	00:33,64	01:11,40	02:33,34	05:29,55	11:13,38	21:52,22	00:38,67	01:19,25	03:12,59	00:43,63	01:30,18	03:12,87	00:38,43	01:26,49	03:03,06	02:45,02	06:45,48
339	00:33,66	01:11,43	02:33,39	05:29,65	11:13,58	21:52,61	00:38,68	01:19,28	03:12,65	00:43,65	01:30,22	03:12,92	00:38,45	01:26,53	03:03,12	02:45,07	06:45,60
338	00:33,68	01:11,46	02:33,43	05:29,75	11:13,78	21:53,00	00:38,70	01:19,31	03:12,70	00:43,67	01:30,26	03:12,98	00:38,46	01:26,56	03:03,17	02:45,12	06:45,72
337	00:33,69	01:11,48	02:33,48	05:29,84	11:13,98	21:53,39	00:38,72	01:19,34	03:12,76	00:43,69	01:30,29	03:13,04	00:38,48	01:26,59	03:03,22	02:45,17	06:45,84
336	00:33,71	01:11,51	02:33,52	05:29,94	11:14,18	21:53,78	00:38,74	01:19,37	03:12,82	00:43,71	01:30,33	03:13,10	00:38,50	01:26,63	03:03,28	02:45,22	06:45,96
335	00:33,72	01:11,54	02:33,57	05:30,04	11:14,38	21:54,17	00:38,76	01:19,40	03:12,88	00:43,73	01:30,36	03:13,15	00:38,52	01:26,66	03:03,33	02:45,27	06:46,08
334	00:33,74	01:11,57	02:33,62	05:30,14	11:14,58	21:54,57	00:38,78	01:19,43	03:12,93	00:43,75	01:30,40	03:13,21	00:38,54	01:26,70	03:03,39	02:45,32	06:46,21
333	00:33,76	01:11,60	02:33,66	05:30,24	11:14,78	21:54,96	00:38,79	01:19,47	03:12,99	00:43,77	01:30,43	03:13,27	00:38,56	01:26,73	03:03,44	02:45,37	06:46,33
332	00:33,77	01:11,63	02:33,71	05:30,34	11:14,99	21:55,36	00:38,81	01:19,50	03:13,05	00:43,79	01:30,47	03:13,33	00:38,57	01:26,77	03:03,50	02:45,42	06:46,45
331	00:33,79	01:11,65	02:33,76	05:30,44	11:15,19	21:55,76	00:38,83	01:19,53	03:13,11	00:43,82	01:30,51	03:13,39	00:38,59	01:26,80	03:03,56	02:45,47	06:46,57
330	00:33,80	01:11,68	02:33,80	05:30,54	11:15,40	21:56,16	00:38,85	01:19,56	03:13,17	00:43,84	01:30,54	03:13,45	00:38,61	01:26,84	03:03,61	02:45,52	06:46,70
329	00:33,82	01:11,71	02:33,85	05:30,64	11:15,60	21:56,56	00:38,87	01:19,59	03:13,23	00:43,86	01:30,58	03:13,51	00:38,63	01:26,87	03:03,67	02:45,57	06:46,82
328	00:33,84	01:11,74	02:33,90	05:30,74	11:15,81	21:56,96	00:38,89	01:19,62	03:13,28	00:43,88	01:30,62	03:13,56	00:38,65	01:26,91	03:03,72	02:45,62	06:46,95
327	00:33,85	01:11,77	02:33,94	05:30,84	11:16,02	21:57,36	00:38,91	01:19,66	03:13,34	00:43,90	01:30,65	03:13,62	00:38,67	01:26,94	03:03,78	02:45,67	06:47,07
326	00:33,87	01:11,80	02:33,99	05:30,94	11:16,22	21:57,77	00:38,93	01:19,69	03:13,40	00:43,92	01:30,69	03:13,68	00:38,69	01:26,98	03:03,84	02:45,72	06:47,20

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
325	00:33,89	01:11,83	02:34,04	05:31,05	11:16,43	21:58,18	00:38,94	01:19,72	03:13,46	00:43,94	01:30,73	03:13,74	00:38,71	01:27,01	03:03,89	02:45,77	06:47,32
324	00:33,90	01:11,86	02:34,09	05:31,15	11:16,64	21:58,58	00:38,96	01:19,75	03:13,52	00:43,96	01:30,76	03:13,80	00:38,72	01:27,05	03:03,95	02:45,82	06:47,45
323	00:33,92	01:11,89	02:34,13	05:31,25	11:16,85	21:58,99	00:38,98	01:19,79	03:13,58	00:43,99	01:30,80	03:13,86	00:38,74	01:27,08	03:04,01	02:45,87	06:47,57
322	00:33,94	01:11,92	02:34,18	05:31,35	11:17,06	21:59,40	00:39,00	01:19,82	03:13,64	00:44,01	01:30,84	03:13,92	00:38,76	01:27,12	03:04,06	02:45,92	06:47,70
321	00:33,95	01:11,95	02:34,23	05:31,46	11:17,27	21:59,81	00:39,02	01:19,85	03:13,70	00:44,03	01:30,88	03:13,98	00:38,78	01:27,15	03:04,12	02:45,98	06:47,83
320	00:33,97	01:11,98	02:34,28	05:31,56	11:17,49	22:00,23	00:39,04	01:19,89	03:13,76	00:44,05	01:30,91	03:14,04	00:38,80	01:27,19	03:04,18	02:46,03	06:47,96
319	00:33,99	01:12,01	02:34,33	05:31,67	11:17,70	22:00,64	00:39,06	01:19,92	03:13,83	00:44,07	01:30,95	03:14,11	00:38,82	01:27,23	03:04,24	02:46,08	06:48,08
318	00:34,00	01:12,04	02:34,38	05:31,77	11:17,91	22:01,06	00:39,08	01:19,95	03:13,89	00:44,10	01:30,99	03:14,17	00:38,84	01:27,26	03:04,29	02:46,13	06:48,21
317	00:34,02	01:12,07	02:34,42	05:31,88	11:18,13	22:01,48	00:39,10	01:19,99	03:13,95	00:44,12	01:31,03	03:14,23	00:38,86	01:27,30	03:04,35	02:46,18	06:48,34
316	00:34,04	01:12,10	02:34,47	05:31,98	11:18,34	22:01,90	00:39,12	01:20,02	03:14,01	00:44,14	01:31,06	03:14,29	00:38,88	01:27,34	03:04,41	02:46,24	06:48,47
315	00:34,06	01:12,13	02:34,52	05:32,09	11:18,56	22:02,32	00:39,14	01:20,05	03:14,07	00:44,16	01:31,10	03:14,35	00:38,90	01:27,37	03:04,47	02:46,29	06:48,60
314	00:34,07	01:12,16	02:34,57	05:32,19	11:18,77	22:02,74	00:39,16	01:20,09	03:14,13	00:44,18	01:31,14	03:14,41	00:38,92	01:27,41	03:04,53	02:46,34	06:48,73
313	00:34,09	01:12,19	02:34,62	05:32,30	11:18,99	22:03,16	00:39,18	01:20,12	03:14,19	00:44,21	01:31,18	03:14,48	00:38,94	01:27,45	03:04,59	02:46,40	06:48,86
312	00:34,11	01:12,22	02:34,67	05:32,41	11:19,21	22:03,59	00:39,20	01:20,15	03:14,26	00:44,23	01:31,22	03:14,54	00:38,96	01:27,48	03:04,65	02:46,45	06:48,99
311	00:34,12	01:12,25	02:34,72	05:32,51	11:19,43	22:04,01	00:39,22	01:20,19	03:14,32	00:44,25	01:31,26	03:14,60	00:38,98	01:27,52	03:04,71	02:46,50	06:49,13
310	00:34,14	01:12,28	02:34,77	05:32,62	11:19,65	22:04,44	00:39,24	01:20,22	03:14,38	00:44,27	01:31,30	03:14,66	00:39,00	01:27,56	03:04,77	02:46,56	06:49,26
309	00:34,16	01:12,31	02:34,82	05:32,73	11:19,87	22:04,87	00:39,26	01:20,26	03:14,45	00:44,30	01:31,34	03:14,73	00:39,02	01:27,60	03:04,83	02:46,61	06:49,39
308	00:34,18	01:12,34	02:34,87	05:32,84	11:20,09	22:05,30	00:39,28	01:20,29	03:14,51	00:44,32	01:31,37	03:14,79	00:39,04	01:27,63	03:04,89	02:46,67	06:49,52
307	00:34,20	01:12,37	02:34,92	05:32,94	11:20,31	22:05,73	00:39,30	01:20,33	03:14,57	00:44,34	01:31,41	03:14,85	00:39,06	01:27,67	03:04,95	02:46,72	06:49,66
306	00:34,21	01:12,40	02:34,97	05:33,05	11:20,53	22:06,17	00:39,32	01:20,36	03:14,64	00:44,37	01:31,45	03:14,92	00:39,08	01:27,71	03:05,01	02:46,77	06:49,79
305	00:34,23	01:12,44	02:35,02	05:33,16	11:20,76	22:06,60	00:39,34	01:20,40	03:14,70	00:44,39	01:31,49	03:14,98	00:39,10	01:27,75	03:05,07	02:46,83	06:49,93
304	00:34,25	01:12,47	02:35,07	05:33,27	11:20,98	22:07,04	00:39,36	01:20,43	03:14,76	00:44,41	01:31,53	03:15,05	00:39,12	01:27,79	03:05,13	02:46,88	06:50,06
303	00:34,27	01:12,50	02:35,13	05:33,38	11:21,21	22:07,48	00:39,38	01:20,47	03:14,83	00:44,44	01:31,57	03:15,11	00:39,14	01:27,82	03:05,19	02:46,94	06:50,20
302	00:34,28	01:12,53	02:35,18	05:33,49	11:21,43	22:07,92	00:39,40	01:20,50	03:14,89	00:44,46	01:31,61	03:15,18	00:39,16	01:27,86	03:05,25	02:47,00	06:50,33
301	00:34,30	01:12,56	02:35,23	05:33,60	11:21,66	22:08,36	00:39,42	01:20,54	03:14,96	00:44,48	01:31,65	03:15,24	00:39,18	01:27,90	03:05,31	02:47,05	06:50,47
300	00:34,32	01:12,60	02:35,28	05:33,72	11:21,89	22:08,81	00:39,44	01:20,57	03:15,02	00:44,51	01:31,69	03:15,31	00:39,20	01:27,94	03:05,38	02:47,11	06:50,61
299	00:34,34	01:12,63	02:35,33	05:33,83	11:22,12	22:09,25	00:39,46	01:20,61	03:15,09	00:44,53	01:31,73	03:15,37	00:39,22	01:27,98	03:05,44	02:47,16	06:50,74
298	00:34,36	01:12,66	02:35,38	05:33,94	11:22,35	22:09,70	00:39,49	01:20,64	03:15,15	00:44,55	01:31,78	03:15,44	00:39,24	01:28,02	03:05,50	02:47,22	06:50,88
297	00:34,38	01:12,69	02:35,44	05:34,05	11:22,58	22:10,15	00:39,51	01:20,68	03:15,22	00:44,58	01:31,82	03:15,50	00:39,26	01:28,06	03:05,56	02:47,28	06:51,02
296	00:34,39	01:12,72	02:35,49	05:34,17	11:22,81	22:10,60	00:39,53	01:20,72	03:15,29	00:44,60	01:31,86	03:15,57	00:39,29	01:28,10	03:05,63	02:47,33	06:51,16
295	00:34,41	01:12,76	02:35,54	05:34,28	11:23,04	22:11,05	00:39,55	01:20,75	03:15,35	00:44,62	01:31,90	03:15,64	00:39,31	01:28,14	03:05,69	02:47,39	06:51,30
294	00:34,43	01:12,79	02:35,60	05:34,39	11:23,27	22:11,50	00:39,57	01:20,79	03:15,42	00:44,65	01:31,94	03:15,70	00:39,33	01:28,18	03:05,75	02:47,45	06:51,44
293	00:34,45	01:12,82	02:35,65	05:34,51	11:23,50	22:11,96	00:39,59	01:20,83	03:15,49	00:44,67	01:31,98	03:15,77	00:39,35	01:28,22	03:05,82	02:47,50	06:51,58
292	00:34,47	01:12,86	02:35,70	05:34,62	11:23,74	22:12,41	00:39,61	01:20,86	03:15,55	00:44,70	01:32,02	03:15,84	00:39,37	01:28,26	03:05,88	02:47,56	06:51,72
291	00:34,49	01:12,89	02:35,76	05:34,74	11:23,97	22:12,87	00:39,64	01:20,90	03:15,62	00:44,72	01:32,07	03:15,90	00:39,39	01:28,30	03:05,94	02:47,62	06:51,86
290	00:34,51	01:12,92	02:35,81	05:34,85	11:24,21	22:13,33	00:39,66	01:20,94	03:15,69	00:44,75	01:32,11	03:15,97	00:39,41	01:28,34	03:06,01	02:47,68	06:52,01
289	00:34,53	01:12,96	02:35,86	05:34,97	11:24,45	22:13,80	00:39,68	01:20,97	03:15,76	00:44,77	01:32,15	03:16,04	00:39,43	01:28,38	03:06,07	02:47,73	06:52,15
288	00:34,54	01:12,99	02:35,92	05:35,09	11:24,69	22:14,26	00:39,70	01:21,01	03:15,82	00:44,80	01:32,19	03:16,11	00:39,46	01:28,42	03:06,14	02:47,79	06:52,29
287	00:34,56	01:13,02	02:35,97	05:35,20	11:24,93	22:14,73	00:39,72	01:21,05	03:15,89	00:44,82	01:32,23	03:16,18	00:39,48	01:28,46	03:06,20	02:47,85	06:52,44
286	00:34,58	01:13,06	02:36,03	05:35,32	11:25,17	22:15,19	00:39,74	01:21,09	03:15,96	00:44,85	01:32,28	03:16,24	00:39,50	01:28,50	03:06,27	02:47,91	06:52,58
285	00:34,60	01:13,09	02:36,08	05:35,44	11:25,41	22:15,66	00:39,77	01:21,12	03:16,03	00:44,87	01:32,32	03:16,31	00:39,52	01:28,54	03:06,33	02:47,97	06:52,73
284	00:34,62	01:13,12	02:36,14	05:35,56	11:25,65	22:16,13	00:39,79	01:21,16	03:16,10	00:44,90	01:32,36	03:16,38	00:39,54	01:28,58	03:06,40	02:48,03	06:52,87
283	00:34,64	01:13,16	02:36,19	05:35,68	11:25,89	22:16,61	00:39,81	01:21,20	03:16,17	00:44,92	01:32,41	03:16,45	00:39,57	01:28,62	03:06,46	02:48,09	06:53,02
282	00:34,66	01:13,19	02:36,25	05:35,79	11:26,13	22:17,08	00:39,83	01:21,24	03:16,24	00:44,95	01:32,45	03:16,52	00:39,59	01:28,66	03:06,53	02:48,15	06:53,16
281	00:34,68	01:13,23	02:36,30	05:35,91	11:26,38	22:17,56	00:39,86	01:21,28	03:16,31	00:44,97	01:32,49	03:16,59	00:39,61	01:28,71	03:06,60	02:48,21	06:53,31
280	00:34,70	01:13,26	02:36,36	05:36,03	11:26,62	22:18,04	00:39,88	01:21,31	03:16,38	00:45,00	01:32,54	03:16,66	00:39,63	01:28,75	03:06,66	02:48,27	06:53,46
279	00:34,72	01:13,30	02:36,42	05:36,16	11:26,87	22:18,52	00:39,90	01:21,35	03:16,45	00:45,02	01:32,58	03:16,73	00:39,66	01:28,79	03:06,73	02:48,33	06:53,61

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
278	00:34,74	01:13,33	02:36,47	05:36,28	11:27,12	22:19,00	00:39,92	01:21,39	03:16,52	00:45,05	01:32,63	03:16,80	00:39,68	01:28,83	03:06,80	02:48,39	06:53,76
277	00:34,76	01:13,37	02:36,53	05:36,40	11:27,37	22:19,48	00:39,95	01:21,43	03:16,59	00:45,07	01:32,67	03:16,87	00:39,70	01:28,88	03:06,87	02:48,45	06:53,91
276	00:34,78	01:13,40	02:36,59	05:36,52	11:27,62	22:19,97	00:39,97	01:21,47	03:16,66	00:45,10	01:32,71	03:16,95	00:39,72	01:28,92	03:06,93	02:48,51	06:54,06
275	00:34,80	01:13,44	02:36,64	05:36,64	11:27,87	22:20,46	00:39,99	01:21,51	03:16,73	00:45,13	01:32,76	03:17,02	00:39,75	01:28,96	03:07,00	02:48,57	06:54,21
274	00:34,82	01:13,47	02:36,70	05:36,77	11:28,12	22:20,95	00:40,02	01:21,55	03:16,81	00:45,15	01:32,80	03:17,09	00:39,77	01:29,00	03:07,07	02:48,63	06:54,36
273	00:34,84	01:13,51	02:36,76	05:36,89	11:28,37	22:21,44	00:40,04	01:21,59	03:16,88	00:45,18	01:32,85	03:17,16	00:39,79	01:29,05	03:07,14	02:48,70	06:54,51
272	00:34,86	01:13,54	02:36,81	05:37,01	11:28,62	22:21,93	00:40,06	01:21,63	03:16,95	00:45,20	01:32,89	03:17,24	00:39,82	01:29,09	03:07,21	02:48,76	06:54,66
271	00:34,88	01:13,58	02:36,87	05:37,14	11:28,88	22:22,43	00:40,09	01:21,67	03:17,02	00:45,23	01:32,94	03:17,31	00:39,84	01:29,13	03:07,28	02:48,82	06:54,82
270	00:34,90	01:13,62	02:36,93	05:37,26	11:29,13	22:22,93	00:40,11	01:21,71	03:17,10	00:45,26	01:32,98	03:17,38	00:39,86	01:29,18	03:07,35	02:48,88	06:54,97
269	00:34,92	01:13,65	02:36,99	05:37,39	11:29,39	22:23,43	00:40,13	01:21,75	03:17,17	00:45,28	01:33,03	03:17,45	00:39,89	01:29,22	03:07,42	02:48,95	06:55,12
268	00:34,94	01:13,69	02:37,05	05:37,51	11:29,65	22:23,93	00:40,16	01:21,79	03:17,24	00:45,31	01:33,08	03:17,53	00:39,91	01:29,27	03:07,49	02:49,01	06:55,28
267	00:34,96	01:13,73	02:37,11	05:37,64	11:29,91	22:24,44	00:40,18	01:21,83	03:17,32	00:45,34	01:33,12	03:17,60	00:39,93	01:29,31	03:07,56	02:49,07	06:55,44
266	00:34,98	01:13,76	02:37,17	05:37,77	11:30,17	22:24,94	00:40,21	01:21,87	03:17,39	00:45,37	01:33,17	03:17,68	00:39,96	01:29,35	03:07,63	02:49,14	06:55,59
265	00:35,00	01:13,80	02:37,23	05:37,90	11:30,43	22:25,45	00:40,23	01:21,91	03:17,47	00:45,39	01:33,22	03:17,75	00:39,98	01:29,40	03:07,70	02:49,20	06:55,75
264	00:35,03	01:13,84	02:37,29	05:38,02	11:30,69	22:25,96	00:40,25	01:21,95	03:17,54	00:45,42	01:33,26	03:17,83	00:40,01	01:29,44	03:07,77	02:49,26	06:55,91
263	00:35,05	01:13,87	02:37,35	05:38,15	11:30,95	22:26,47	00:40,28	01:21,99	03:17,62	00:45,45	01:33,31	03:17,90	00:40,03	01:29,49	03:07,84	02:49,33	06:56,07
262	00:35,07	01:13,91	02:37,41	05:38,28	11:31,22	22:26,99	00:40,30	01:22,03	03:17,69	00:45,47	01:33,36	03:17,98	00:40,05	01:29,53	03:07,91	02:49,39	06:56,22
261	00:35,09	01:13,95	02:37,47	05:38,41	11:31,48	22:27,50	00:40,33	01:22,08	03:17,77	00:45,50	01:33,40	03:18,05	00:40,08	01:29,58	03:07,98	02:49,46	06:56,38
260	00:35,11	01:13,99	02:37,53	05:38,54	11:31,75	22:28,02	00:40,35	01:22,12	03:17,84	00:45,53	01:33,45	03:18,13	00:40,10	01:29,63	03:08,06	02:49,52	06:56,54
259	00:35,13	01:14,02	02:37,59	05:38,67	11:32,02	22:28,55	00:40,38	01:22,16	03:17,92	00:45,56	01:33,50	03:18,21	00:40,13	01:29,67	03:08,13	02:49,59	06:56,71
258	00:35,15	01:14,06	02:37,65	05:38,81	11:32,29	22:29,07	00:40,40	01:22,20	03:18,00	00:45,59	01:33,55	03:18,28	00:40,15	01:29,72	03:08,20	02:49,65	06:56,87
257	00:35,18	01:14,10	02:37,71	05:38,94	11:32,56	22:29,59	00:40,43	01:22,24	03:18,07	00:45,61	01:33,60	03:18,36	00:40,18	01:29,76	03:08,28	02:49,72	06:57,03
256	00:35,20	01:14,14	02:37,77	05:39,07	11:32,83	22:30,12	00:40,45	01:22,29	03:18,15	00:45,64	01:33,64	03:18,44	00:40,20	01:29,81	03:08,35	02:49,79	06:57,19
255	00:35,22	01:14,18	02:37,83	05:39,20	11:33,10	22:30,65	00:40,48	01:22,33	03:18,23	00:45,67	01:33,69	03:18,52	00:40,23	01:29,86	03:08,42	02:49,85	06:57,36
254	00:35,24	01:14,22	02:37,90	05:39,34	11:33,37	22:31,19	00:40,50	01:22,37	03:18,31	00:45,70	01:33,74	03:18,59	00:40,25	01:29,90	03:08,50	02:49,92	06:57,52
253	00:35,26	01:14,25	02:37,96	05:39,47	11:33,65	22:31,72	00:40,53	01:22,41	03:18,39	00:45,73	01:33,79	03:18,67	00:40,28	01:29,95	03:08,57	02:49,99	06:57,69
252	00:35,29	01:14,29	02:38,02	05:39,61	11:33,92	22:32,26	00:40,55	01:22,46	03:18,47	00:45,76	01:33,84	03:18,75	00:40,30	01:30,00	03:08,65	02:50,06	06:57,85
251	00:35,31	01:14,33	02:38,08	05:39,74	11:34,20	22:32,80	00:40,58	01:22,50	03:18,54	00:45,79	01:33,89	03:18,83	00:40,33	01:30,05	03:08,72	02:50,12	06:58,02
250	00:35,33	01:14,37	02:38,15	05:39,88	11:34,48	22:33,34	00:40,60	01:22,55	03:18,62	00:45,82	01:33,94	03:18,91	00:40,35	01:30,09	03:08,80	02:50,19	06:58,19
249	00:35,35	01:14,41	02:38,21	05:40,01	11:34,76	22:33,88	00:40,63	01:22,59	03:18,70	00:45,84	01:33,99	03:18,99	00:40,38	01:30,14	03:08,87	02:50,26	06:58,36
248	00:35,38	01:14,45	02:38,28	05:40,15	11:35,04	22:34,43	00:40,66	01:22,63	03:18,78	00:45,87	01:34,04	03:19,07	00:40,41	01:30,19	03:08,95	02:50,33	06:58,52
247	00:35,40	01:14,49	02:38,34	05:40,29	11:35,32	22:34,98	00:40,68	01:22,68	03:18,86	00:45,90	01:34,09	03:19,15	00:40,43	01:30,24	03:09,03	02:50,40	06:58,69
246	00:35,42	01:14,53	02:38,40	05:40,43	11:35,60	22:35,53	00:40,71	01:22,72	03:18,95	00:45,93	01:34,14	03:19,23	00:40,46	01:30,29	03:09,10	02:50,47	06:58,86
245	00:35,44	01:14,57	02:38,47	05:40,57	11:35,89	22:36,09	00:40,73	01:22,77	03:19,03	00:45,96	01:34,19	03:19,32	00:40,48	01:30,33	03:09,18	02:50,54	06:59,04
244	00:35,47	01:14,61	02:38,53	05:40,71	11:36,17	22:36,64	00:40,76	01:22,81	03:19,11	00:45,99	01:34,24	03:19,40	00:40,51	01:30,38	03:09,26	02:50,61	06:59,21
243	00:35,49	01:14,65	02:38,60	05:40,85	11:36,46	22:37,20	00:40,79	01:22,86	03:19,19	00:46,02	01:34,29	03:19,48	00:40,54	01:30,43	03:09,34	02:50,68	06:59,38
242	00:35,51	01:14,69	02:38,66	05:40,99	11:36,75	22:37,76	00:40,81	01:22,90	03:19,27	00:46,05	01:34,35	03:19,56	00:40,56	01:30,48	03:09,42	02:50,75	06:59,55
241	00:35,54	01:14,73	02:38,73	05:41,13	11:37,04	22:38,33	00:40,84	01:22,95	03:19,36	00:46,08	01:34,40	03:19,64	00:40,59	01:30,53	03:09,49	02:50,82	06:59,73
240	00:35,56	01:14,78	02:38,80	05:41,27	11:37,33	22:38,89	00:40,87	01:22,99	03:19,44	00:46,11	01:34,45	03:19,73	00:40,62	01:30,58	03:09,57	02:50,89	06:59,90
239	00:35,58	01:14,82	02:38,86	05:41,42	11:37,62	22:39,46	00:40,90	01:23,04	03:19,52	00:46,14	01:34,50	03:19,81	00:40,64	01:30,63	03:09,65	02:50,96	07:00,08
238	00:35,61	01:14,86	02:38,93	05:41,56	11:37,91	22:40,04	00:40,92	01:23,09	03:19,61	00:46,17	01:34,55	03:19,90	00:40,67	01:30,68	03:09,73	02:51,03	07:00,26
237	00:35,63	01:14,90	02:39,00	05:41,70	11:38,21	22:40,61	00:40,95	01:23,13	03:19,69	00:46,21	01:34,61	03:19,98	00:40,70	01:30,73	03:09,81	02:51,11	07:00,43
236	00:35,66	01:14,94	02:39,06	05:41,85	11:38,50	22:41,19	00:40,98	01:23,18	03:19,78	00:46,24	01:34,66	03:20,06	00:40,73	01:30,78	03:09,89	02:51,18	07:00,61
235	00:35,68	01:14,99	02:39,13	05:41,99	11:38,80	22:41,77	00:41,01	01:23,23	03:19,86	00:46,27	01:34,71	03:20,15	00:40,75	01:30,84	03:09,97	02:51,25	07:00,79
234	00:35,70	01:15,03	02:39,20	05:42,14	11:39,10	22:42,35	00:41,03	01:23,27	03:19,95	00:46,30	01:34,77	03:20,24	00:40,78	01:30,89	03:10,06	02:51,32	07:00,97
233	00:35,73	01:15,07	02:39,27	05:42,29	11:39,40	22:42,94	00:41,06	01:23,32	03:20,03	00:46,33	01:34,82	03:20,32	00:40,81	01:30,94	03:10,14	02:51,40	07:01,15
232	00:35,75	01:15,11	02:39,34	05:42,44	11:39,70	22:43,53	00:41,09	01:23,37	03:20,12	00:46,36	01:34,87	03:20,41	00:40,84	01:30,99	03:10,22	02:51,47	07:01,33

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
231	00:35,78	01:15,16	02:39,41	05:42,58	11:40,01	22:44,12	00:41,12	01:23,42	03:20,21	00:46,39	01:34,93	03:20,50	00:40,87	01:31,04	03:10,30	02:51,55	07:01,52
230	00:35,80	01:15,20	02:39,48	05:42,73	11:40,31	22:44,71	00:41,15	01:23,46	03:20,29	00:46,43	01:34,98	03:20,58	00:40,89	01:31,09	03:10,38	02:51,62	07:01,70
229	00:35,83	01:15,24	02:39,55	05:42,88	11:40,62	22:45,31	00:41,17	01:23,51	03:20,38	00:46,46	01:35,04	03:20,67	00:40,92	01:31,15	03:10,47	02:51,70	07:01,89
228	00:35,85	01:15,29	02:39,62	05:43,03	11:40,93	22:45,91	00:41,20	01:23,56	03:20,47	00:46,49	01:35,09	03:20,76	00:40,95	01:31,20	03:10,55	02:51,77	07:02,07
227	00:35,88	01:15,33	02:39,69	05:43,19	11:41,24	22:46,51	00:41,23	01:23,61	03:20,56	00:46,52	01:35,15	03:20,85	00:40,98	01:31,25	03:10,64	02:51,85	07:02,26
226	00:35,90	01:15,37	02:39,76	05:43,34	11:41,55	22:47,11	00:41,26	01:23,66	03:20,65	00:46,56	01:35,21	03:20,94	00:41,01	01:31,31	03:10,72	02:51,92	07:02,44
225	00:35,93	01:15,42	02:39,83	05:43,49	11:41,86	22:47,72	00:41,29	01:23,71	03:20,74	00:46,59	01:35,26	03:21,03	00:41,04	01:31,36	03:10,80	02:52,00	07:02,63
224	00:35,95	01:15,46	02:39,90	05:43,64	11:42,17	22:48,33	00:41,32	01:23,76	03:20,82	00:46,62	01:35,32	03:21,12	00:41,07	01:31,41	03:10,89	02:52,08	07:02,82
223	00:35,98	01:15,51	02:39,97	05:43,80	11:42,49	22:48,95	00:41,35	01:23,81	03:20,92	00:46,66	01:35,37	03:21,21	00:41,09	01:31,47	03:10,98	02:52,15	07:03,01
222	00:36,00	01:15,55	02:40,04	05:43,95	11:42,80	22:49,57	00:41,38	01:23,86	03:21,01	00:46,69	01:35,43	03:21,30	00:41,12	01:31,52	03:11,06	02:52,23	07:03,20
221	00:36,03	01:15,60	02:40,12	05:44,11	11:43,12	22:50,19	00:41,41	01:23,91	03:21,10	00:46,72	01:35,49	03:21,39	00:41,15	01:31,58	03:11,15	02:52,31	07:03,39
220	00:36,06	01:15,64	02:40,19	05:44,27	11:43,44	22:50,81	00:41,44	01:23,96	03:21,19	00:46,76	01:35,55	03:21,48	00:41,18	01:31,63	03:11,24	02:52,39	07:03,59
219	00:36,08	01:15,69	02:40,26	05:44,42	11:43,76	22:51,44	00:41,47	01:24,01	03:21,28	00:46,79	01:35,60	03:21,57	00:41,21	01:31,69	03:11,32	02:52,47	07:03,78
218	00:36,11	01:15,74	02:40,34	05:44,58	11:44,09	22:52,07	00:41,50	01:24,06	03:21,37	00:46,82	01:35,66	03:21,66	00:41,24	01:31,74	03:11,41	02:52,55	07:03,97
217	00:36,14	01:15,78	02:40,41	05:44,74	11:44,41	22:52,70	00:41,53	01:24,11	03:21,47	00:46,86	01:35,72	03:21,76	00:41,27	01:31,80	03:11,50	02:52,63	07:04,17
216	00:36,16	01:15,83	02:40,48	05:44,90	11:44,74	22:53,34	00:41,56	01:24,16	03:21,56	00:46,89	01:35,78	03:21,85	00:41,30	01:31,86	03:11,59	02:52,71	07:04,37
215	00:36,19	01:15,88	02:40,56	05:45,06	11:45,07	22:53,98	00:41,59	01:24,21	03:21,65	00:46,93	01:35,84	03:21,94	00:41,33	01:31,91	03:11,68	02:52,79	07:04,56
214	00:36,22	01:15,92	02:40,63	05:45,22	11:45,40	22:54,62	00:41,62	01:24,27	03:21,75	00:46,96	01:35,90	03:22,04	00:41,37	01:31,97	03:11,77	02:52,87	07:04,76
213	00:36,24	01:15,97	02:40,71	05:45,38	11:45,73	22:55,27	00:41,65	01:24,32	03:21,84	00:47,00	01:35,96	03:22,13	00:41,40	01:32,03	03:11,86	02:52,95	07:04,96
212	00:36,27	01:16,02	02:40,79	05:45,55	11:46,06	22:55,92	00:41,68	01:24,37	03:21,94	00:47,03	01:36,02	03:22,23	00:41,43	01:32,08	03:11,95	02:53,03	07:05,16
211	00:36,30	01:16,06	02:40,86	05:45,71	11:46,40	22:56,57	00:41,71	01:24,42	03:22,03	00:47,07	01:36,08	03:22,33	00:41,46	01:32,14	03:12,04	02:53,11	07:05,37
210	00:36,32	01:16,11	02:40,94	05:45,88	11:46,73	22:57,22	00:41,75	01:24,48	03:22,13	00:47,10	01:36,14	03:22,42	00:41,49	01:32,20	03:12,13	02:53,20	07:05,57
209	00:36,35	01:16,16	02:41,02	05:46,04	11:47,07	22:57,88	00:41,78	01:24,53	03:22,23	00:47,14	01:36,20	03:22,52	00:41,52	01:32,26	03:12,22	02:53,28	07:05,77
208	00:36,38	01:16,21	02:41,09	05:46,21	11:47,41	22:58,55	00:41,81	01:24,58	03:22,32	00:47,18	01:36,26	03:22,62	00:41,55	01:32,32	03:12,31	02:53,36	07:05,98
207	00:36,41	01:16,26	02:41,17	05:46,38	11:47,76	22:59,21	00:41,84	01:24,64	03:22,42	00:47,21	01:36,32	03:22,71	00:41,58	01:32,38	03:12,41	02:53,45	07:06,18
206	00:36,44	01:16,31	02:41,25	05:46,54	11:48,10	22:59,89	00:41,87	01:24,69	03:22,52	00:47,25	01:36,38	03:22,81	00:41,62	01:32,44	03:12,50	02:53,53	07:06,39
205	00:36,46	01:16,36	02:41,33	05:46,71	11:48,45	23:00,56	00:41,91	01:24,75	03:22,62	00:47,28	01:36,44	03:22,91	00:41,65	01:32,50	03:12,60	02:53,61	07:06,60
204	00:36,49	01:16,41	02:41,41	05:46,88	11:48,79	23:01,24	00:41,94	01:24,80	03:22,72	00:47,32	01:36,51	03:23,01	00:41,68	01:32,56	03:12,69	02:53,70	07:06,81
203	00:36,52	01:16,46	02:41,49	05:47,05	11:49,14	23:01,92	00:41,97	01:24,86	03:22,82	00:47,36	01:36,57	03:23,11	00:41,71	01:32,62	03:12,78	02:53,79	07:07,02
202	00:36,55	01:16,51	02:41,57	05:47,23	11:49,49	23:02,60	00:42,00	01:24,91	03:22,92	00:47,40	01:36,63	03:23,21	00:41,75	01:32,68	03:12,88	02:53,87	07:07,23
201	00:36,58	01:16,56	02:41,65	05:47,40	11:49,85	23:03,29	00:42,04	01:24,97	03:23,02	00:47,43	01:36,70	03:23,31	00:41,78	01:32,74	03:12,98	02:53,96	07:07,44
200	00:36,61	01:16,61	02:41,73	05:47,57	11:50,20	23:03,98	00:42,07	01:25,02	03:23,12	00:47,47	01:36,76	03:23,42	00:41,81	01:32,80	03:13,07	02:54,05	07:07,66
199	00:36,64	01:16,66	02:41,81	05:47,75	11:50,56	23:04,68	00:42,10	01:25,08	03:23,22	00:47,51	01:36,83	03:23,52	00:41,85	01:32,86	03:13,17	02:54,13	07:07,87
198	00:36,67	01:16,71	02:41,89	05:47,92	11:50,92	23:05,38	00:42,14	01:25,14	03:23,33	00:47,55	01:36,89	03:23,62	00:41,88	01:32,92	03:13,27	02:54,22	07:08,09
197	00:36,70	01:16,76	02:41,97	05:48,10	11:51,28	23:06,08	00:42,17	01:25,20	03:23,43	00:47,58	01:36,96	03:23,72	00:41,91	01:32,99	03:13,37	02:54,31	07:08,31
196	00:36,72	01:16,81	02:42,06	05:48,28	11:51,64	23:06,79	00:42,21	01:25,25	03:23,53	00:47,62	01:37,02	03:23,83	00:41,95	01:33,05	03:13,46	02:54,40	07:08,52
195	00:36,75	01:16,86	02:42,14	05:48,46	11:52,01	23:07,50	00:42,24	01:25,31	03:23,64	00:47,66	01:37,09	03:23,93	00:41,98	01:33,11	03:13,56	02:54,49	07:08,74
194	00:36,78	01:16,92	02:42,22	05:48,64	11:52,38	23:08,22	00:42,28	01:25,37	03:23,74	00:47,70	01:37,15	03:24,04	00:42,02	01:33,18	03:13,66	02:54,58	07:08,97
193	00:36,82	01:16,97	02:42,31	05:48,82	11:52,75	23:08,94	00:42,31	01:25,43	03:23,85	00:47,74	01:37,22	03:24,14	00:42,05	01:33,24	03:13,76	02:54,67	07:09,19
192	00:36,85	01:17,02	02:42,39	05:49,00	11:53,12	23:09,66	00:42,34	01:25,49	03:23,96	00:47,78	01:37,29	03:24,25	00:42,08	01:33,30	03:13,87	02:54,76	07:09,41
191	00:36,88	01:17,08	02:42,48	05:49,18	11:53,49	23:10,39	00:42,38	01:25,55	03:24,06	00:47,82	01:37,35	03:24,36	00:42,12	01:33,37	03:13,97	02:54,85	07:09,64
190	00:36,91	01:17,13	02:42,56	05:49,37	11:53,87	23:11,13	00:42,42	01:25,61	03:24,17	00:47,86	01:37,42	03:24,47	00:42,16	01:33,43	03:14,07	02:54,94	07:09,86
189	00:36,94	01:17,18	02:42,65	05:49,55	11:54,25	23:11,86	00:42,45	01:25,67	03:24,28	00:47,90	01:37,49	03:24,57	00:42,19	01:33,50	03:14,17	02:55,04	07:10,09
188	00:36,97	01:17,24	02:42,74	05:49,74	11:54,63	23:12,60	00:42,49	01:25,73	03:24,39	00:47,94	01:37,56	03:24,68	00:42,23	01:33,56	03:14,28	02:55,13	07:10,32
187	00:37,00	01:17,29	02:42,82	05:49,93	11:55,01	23:13,35	00:42,52	01:25,79	03:24,50	00:47,98	01:37,63	03:24,79	00:42,26	01:33,63	03:14,38	02:55,22	07:10,55
186	00:37,03	01:17,35	02:42,91	05:50,11	11:55,39	23:14,10	00:42,56	01:25,85	03:24,61	00:48,02	01:37,70	03:24,90	00:42,30	01:33,70	03:14,48	02:55,32	07:10,78
185	00:37,06	01:17,40	02:43,00	05:50,30	11:55,78	23:14,85	00:42,60	01:25,91	03:24,72	00:48,06	01:37,77	03:25,01	00:42,33	01:33,76	03:14,59	02:55,41	07:11,02

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
184	00:37,10	01:17,46	02:43,09	05:50,49	11:56,17	23:15,61	00:42,63	01:25,97	03:24,83	00:48,10	01:37,84	03:25,12	00:42,37	01:33,83	03:14,70	02:55,51	07:11,25
183	00:37,13	01:17,51	02:43,18	05:50,69	11:56,56	23:16,38	00:42,67	01:26,03	03:24,94	00:48,15	01:37,91	03:25,24	00:42,41	01:33,90	03:14,80	02:55,60	07:11,49
182	00:37,16	01:17,57	02:43,27	05:50,88	11:56,96	23:17,14	00:42,71	01:26,10	03:25,05	00:48,19	01:37,98	03:25,35	00:42,44	01:33,97	03:14,91	02:55,70	07:11,72
181	00:37,19	01:17,63	02:43,36	05:51,07	11:57,35	23:17,92	00:42,74	01:26,16	03:25,17	00:48,23	01:38,05	03:25,46	00:42,48	01:34,04	03:15,02	02:55,80	07:11,96
180	00:37,23	01:17,68	02:43,45	05:51,27	11:57,75	23:18,69	00:42,78	01:26,22	03:25,28	00:48,27	01:38,12	03:25,58	00:42,52	01:34,11	03:15,13	02:55,90	07:12,20
179	00:37,26	01:17,74	02:43,54	05:51,46	11:58,15	23:19,48	00:42,82	01:26,29	03:25,40	00:48,32	01:38,20	03:25,69	00:42,56	01:34,18	03:15,23	02:55,99	07:12,44
178	00:37,29	01:17,80	02:43,63	05:51,66	11:58,56	23:20,26	00:42,86	01:26,35	03:25,51	00:48,36	01:38,27	03:25,81	00:42,59	01:34,25	03:15,34	02:56,09	07:12,69
177	00:37,33	01:17,86	02:43,72	05:51,86	11:58,96	23:21,05	00:42,90	01:26,41	03:25,63	00:48,40	01:38,34	03:25,92	00:42,63	01:34,32	03:15,45	02:56,19	07:12,93
176	00:37,36	01:17,92	02:43,82	05:52,06	11:59,37	23:21,85	00:42,94	01:26,48	03:25,74	00:48,45	01:38,42	03:26,04	00:42,67	01:34,39	03:15,57	02:56,29	07:13,18
175	00:37,39	01:17,98	02:43,91	05:52,26	11:59,78	23:22,65	00:42,97	01:26,54	03:25,86	00:48,49	01:38,49	03:26,16	00:42,71	01:34,46	03:15,68	02:56,39	07:13,43
174	00:37,43	01:18,03	02:44,00	05:52,46	12:00,20	23:23,46	00:43,01	01:26,61	03:25,98	00:48,53	01:38,57	03:26,28	00:42,75	01:34,53	03:15,79	02:56,49	07:13,67
173	00:37,46	01:18,09	02:44,10	05:52,67	12:00,61	23:24,27	00:43,05	01:26,68	03:26,10	00:48,58	01:38,64	03:26,40	00:42,79	01:34,60	03:15,90	02:56,60	07:13,93
172	00:37,50	01:18,15	02:44,19	05:52,87	12:01,03	23:25,09	00:43,09	01:26,74	03:26,22	00:48,62	01:38,72	03:26,52	00:42,83	01:34,67	03:16,02	02:56,70	07:14,18
171	00:37,53	01:18,22	02:44,29	05:53,08	12:01,45	23:25,91	00:43,13	01:26,81	03:26,34	00:48,67	01:38,79	03:26,64	00:42,87	01:34,75	03:16,13	02:56,80	07:14,43
170	00:37,57	01:18,28	02:44,39	05:53,29	12:01,88	23:26,74	00:43,17	01:26,88	03:26,46	00:48,71	01:38,87	03:26,76	00:42,91	01:34,82	03:16,25	02:56,91	07:14,69
169	00:37,60	01:18,34	02:44,49	05:53,50	12:02,31	23:27,57	00:43,21	01:26,95	03:26,58	00:48,76	01:38,95	03:26,88	00:42,95	01:34,90	03:16,36	02:57,01	07:14,95
168	00:37,64	01:18,40	02:44,58	05:53,71	12:02,74	23:28,41	00:43,25	01:27,01	03:26,71	00:48,81	01:39,02	03:27,01	00:42,99	01:34,97	03:16,48	02:57,12	07:15,20
167	00:37,67	01:18,46	02:44,68	05:53,92	12:03,17	23:29,25	00:43,29	01:27,08	03:26,83	00:48,85	01:39,10	03:27,13	00:43,03	01:35,05	03:16,60	02:57,22	07:15,47
166	00:37,71	01:18,52	02:44,78	05:54,13	12:03,61	23:30,10	00:43,34	01:27,15	03:26,96	00:48,90	01:39,18	03:27,25	00:43,07	01:35,12	03:16,72	02:57,33	07:15,73
165	00:37,74	01:18,59	02:44,88	05:54,35	12:04,05	23:30,96	00:43,38	01:27,22	03:27,08	00:48,95	01:39,26	03:27,38	00:43,11	01:35,20	03:16,84	02:57,44	07:15,99
164	00:37,78	01:18,65	02:44,98	05:54,56	12:04,49	23:31,82	00:43,42	01:27,29	03:27,21	00:48,99	01:39,34	03:27,51	00:43,15	01:35,27	03:16,96	02:57,55	07:16,26
163	00:37,82	01:18,71	02:45,08	05:54,78	12:04,93	23:32,69	00:43,46	01:27,36	03:27,33	00:49,04	01:39,42	03:27,63	00:43,20	01:35,35	03:17,08	02:57,66	07:16,53
162	00:37,85	01:18,78	02:45,18	05:55,00	12:05,38	23:33,56	00:43,50	01:27,44	03:27,46	00:49,09	01:39,50	03:27,76	00:43,24	01:35,43	03:17,20	02:57,76	07:16,80
161	00:37,89	01:18,84	02:45,29	05:55,22	12:05,83	23:34,44	00:43,55	01:27,51	03:27,59	00:49,14	01:39,59	03:27,89	00:43,28	01:35,51	03:17,32	02:57,88	07:17,07
160	00:37,93	01:18,91	02:45,39	05:55,44	12:06,28	23:35,32	00:43,59	01:27,58	03:27,72	00:49,19	01:39,67	03:28,02	00:43,32	01:35,59	03:17,44	02:57,99	07:17,34
159	00:37,97	01:18,97	02:45,49	05:55,67	12:06,74	23:36,21	00:43,63	01:27,65	03:27,85	00:49,23	01:39,75	03:28,15	00:43,37	01:35,67	03:17,57	02:58,10	07:17,62
158	00:38,01	01:19,04	02:45,60	05:55,89	12:07,20	23:37,11	00:43,68	01:27,73	03:27,98	00:49,28	01:39,83	03:28,28	00:43,41	01:35,75	03:17,69	02:58,21	07:17,89
157	00:38,04	01:19,11	02:45,71	05:56,12	12:07,67	23:38,01	00:43,72	01:27,80	03:28,12	00:49,33	01:39,92	03:28,42	00:43,45	01:35,83	03:17,82	02:58,32	07:18,17
156	00:38,08	01:19,17	02:45,81	05:56,35	12:08,13	23:38,92	00:43,77	01:27,87	03:28,25	00:49,38	01:40,00	03:28,55	00:43,50	01:35,91	03:17,95	02:58,44	07:18,45
155	00:38,12	01:19,24	02:45,92	05:56,58	12:08,60	23:39,84	00:43,81	01:27,95	03:28,38	00:49,43	01:40,09	03:28,69	00:43,54	01:35,99	03:18,07	02:58,55	07:18,74
154	00:38,16	01:19,31	02:46,03	05:56,81	12:09,08	23:40,76	00:43,86	01:28,02	03:28,52	00:49,49	01:40,17	03:28,82	00:43,59	01:36,07	03:18,20	02:58,67	07:19,02
153	00:38,20	01:19,38	02:46,13	05:57,04	12:09,55	23:41,69	00:43,90	01:28,10	03:28,66	00:49,54	01:40,26	03:28,96	00:43,63	01:36,16	03:18,33	02:58,79	07:19,31
152	00:38,24	01:19,45	02:46,24	05:57,28	12:10,03	23:42,63	00:43,95	01:28,18	03:28,79	00:49,59	01:40,35	03:29,09	00:43,68	01:36,24	03:18,46	02:58,90	07:19,60
151	00:38,28	01:19,52	02:46,35	05:57,51	12:10,52	23:43,57	00:43,99	01:28,25	03:28,93	00:49,64	01:40,44	03:29,23	00:43,72	01:36,32	03:18,60	02:59,02	07:19,89
150	00:38,32	01:19,59	02:46,47	05:57,75	12:11,00	23:44,52	00:44,04	01:28,33	03:29,07	00:49,69	01:40,52	03:29,37	00:43,77	01:36,41	03:18,73	02:59,14	07:20,18
149	00:38,36	01:19,66	02:46,58	05:57,99	12:11,49	23:45,47	00:44,09	01:28,41	03:29,21	00:49,75	01:40,61	03:29,51	00:43,82	01:36,49	03:18,86	02:59,26	07:20,48
148	00:38,40	01:19,73	02:46,69	05:58,24	12:11,99	23:46,44	00:44,13	01:28,49	03:29,35	00:49,80	01:40,70	03:29,66	00:43,86	01:36,58	03:19,00	02:59,38	07:20,77
147	00:38,44	01:19,80	02:46,80	05:58,48	12:12,49	23:47,41	00:44,18	01:28,57	03:29,49	00:49,85	01:40,79	03:29,80	00:43,91	01:36,67	03:19,13	02:59,51	07:21,07
146	00:38,49	01:19,87	02:46,92	05:58,73	12:12,99	23:48,39	00:44,23	01:28,65	03:29,64	00:49,91	01:40,89	03:29,94	00:43,96	01:36,76	03:19,27	02:59,63	07:21,38
145	00:38,53	01:19,95	02:47,03	05:58,97	12:13,49	23:49,37	00:44,28	01:28,73	03:29,78	00:49,96	01:40,98	03:30,09	00:44,01	01:36,84	03:19,40	02:59,75	07:21,68
144	00:38,57	01:20,02	02:47,15	05:59,22	12:14,00	23:50,36	00:44,33	01:28,81	03:29,93	00:50,02	01:41,07	03:30,23	00:44,06	01:36,93	03:19,54	02:59,88	07:21,99
143	00:38,61	01:20,09	02:47,27	05:59,47	12:14,52	23:51,37	00:44,38	01:28,89	03:30,08	00:50,07	01:41,16	03:30,38	00:44,10	01:37,02	03:19,68	03:00,00	07:22,30
142	00:38,66	01:20,17	02:47,38	05:59,73	12:15,03	23:52,37	00:44,43	01:28,98	03:30,22	00:50,13	01:41,26	03:30,53	00:44,15	01:37,11	03:19,82	03:00,13	07:22,61
141	00:38,70	01:20,24	02:47,50	05:59,98	12:15,56	23:53,39	00:44,48	01:29,06	03:30,37	00:50,18	01:41,35	03:30,68	00:44,20	01:37,20	03:19,97	03:00,26	07:22,92
140	00:38,74	01:20,32	02:47,62	06:00,24	12:16,08	23:54,41	00:44,53	01:29,14	03:30,52	00:50,24	01:41,45	03:30,83	00:44,25	01:37,30	03:20,11	03:00,39	07:23,24
139	00:38,79	01:20,39	02:47,74	06:00,50	12:16,61	23:55,45	00:44,58	01:29,23	03:30,67	00:50,30	01:41,55	03:30,98	00:44,30	01:37,39	03:20,25	03:00,52	07:23,56
138	00:38,83	01:20,47	02:47,86	06:00,76	12:17,14	23:56,49	00:44,63	01:29,31	03:30,83	00:50,36	01:41,64	03:31,13	00:44,35	01:37,48	03:20,40	03:00,65	07:23,88

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
137	00:38,88	01:20,55	02:47,99	06:01,02	12:17,68	23:57,54	00:44,68	01:29,40	03:30,98	00:50,41	01:41,74	03:31,29	00:44,41	01:37,58	03:20,54	03:00,78	07:24,20
136	00:38,92	01:20,63	02:48,11	06:01,29	12:18,23	23:58,59	00:44,73	01:29,49	03:31,14	00:50,47	01:41,84	03:31,44	00:44,46	01:37,67	03:20,69	03:00,91	07:24,53
135	00:38,97	01:20,71	02:48,23	06:01,56	12:18,77	23:59,66	00:44,78	01:29,58	03:31,29	00:50,53	01:41,94	03:31,60	00:44,51	01:37,77	03:20,84	03:01,05	07:24,86
134	00:39,01	01:20,79	02:48,36	06:01,83	12:19,32	24:00,73	00:44,84	01:29,66	03:31,45	00:50,59	01:42,04	03:31,76	00:44,56	01:37,86	03:20,99	03:01,18	07:25,19
133	00:39,06	01:20,87	02:48,49	06:02,10	12:19,88	24:01,82	00:44,89	01:29,75	03:31,61	00:50,65	01:42,14	03:31,92	00:44,62	01:37,96	03:21,14	03:01,32	07:25,53
132	00:39,11	01:20,95	02:48,61	06:02,37	12:20,44	24:02,91	00:44,95	01:29,84	03:31,77	00:50,71	01:42,24	03:32,08	00:44,67	01:38,06	03:21,29	03:01,46	07:25,86
131	00:39,16	01:21,03	02:48,74	06:02,65	12:21,01	24:04,01	00:45,00	01:29,93	03:31,93	00:50,77	01:42,35	03:32,24	00:44,72	01:38,16	03:21,45	03:01,59	07:26,20
130	00:39,20	01:21,11	02:48,87	06:02,93	12:21,58	24:05,12	00:45,05	01:30,02	03:32,09	00:50,84	01:42,45	03:32,40	00:44,78	01:38,26	03:21,60	03:01,73	07:26,55
129	00:39,25	01:21,19	02:49,00	06:03,21	12:22,15	24:06,24	00:45,11	01:30,12	03:32,26	00:50,90	01:42,56	03:32,57	00:44,83	01:38,36	03:21,76	03:01,87	07:26,89
128	00:39,30	01:21,28	02:49,14	06:03,49	12:22,73	24:07,37	00:45,17	01:30,21	03:32,42	00:50,96	01:42,66	03:32,73	00:44,89	01:38,46	03:21,92	03:02,02	07:27,24
127	00:39,35	01:21,36	02:49,27	06:03,78	12:23,31	24:08,51	00:45,22	01:30,30	03:32,59	00:51,03	01:42,77	03:32,90	00:44,94	01:38,56	03:22,07	03:02,16	07:27,60
126	00:39,40	01:21,45	02:49,40	06:04,07	12:23,90	24:09,66	00:45,28	01:30,40	03:32,76	00:51,09	01:42,88	03:33,07	00:45,00	01:38,66	03:22,24	03:02,30	07:27,95
125	00:39,45	01:21,53	02:49,54	06:04,36	12:24,50	24:10,82	00:45,34	01:30,49	03:32,93	00:51,15	01:42,99	03:33,24	00:45,06	01:38,77	03:22,40	03:02,45	07:28,31
124	00:39,50	01:21,62	02:49,68	06:04,65	12:25,10	24:11,99	00:45,39	01:30,59	03:33,10	00:51,22	01:43,10	03:33,41	00:45,12	01:38,87	03:22,56	03:02,60	07:28,67
123	00:39,55	01:21,71	02:49,81	06:04,95	12:25,71	24:13,17	00:45,45	01:30,69	03:33,28	00:51,29	01:43,21	03:33,58	00:45,17	01:38,98	03:22,72	03:02,75	07:29,03
122	00:39,60	01:21,80	02:49,95	06:05,25	12:26,32	24:14,36	00:45,51	01:30,79	03:33,45	00:51,35	01:43,32	03:33,76	00:45,23	01:39,09	03:22,89	03:02,90	07:29,40
121	00:39,65	01:21,89	02:50,09	06:05,55	12:26,93	24:15,56	00:45,57	01:30,89	03:33,63	00:51,42	01:43,43	03:33,94	00:45,29	01:39,20	03:23,06	03:03,05	07:29,77
120	00:39,71	01:21,98	02:50,23	06:05,85	12:27,56	24:16,77	00:45,63	01:30,99	03:33,80	00:51,49	01:43,54	03:34,11	00:45,35	01:39,31	03:23,23	03:03,20	07:30,15
119	00:39,76	01:22,07	02:50,38	06:06,16	12:28,18	24:18,00	00:45,69	01:31,09	03:33,98	00:51,56	01:43,66	03:34,29	00:45,41	01:39,42	03:23,40	03:03,35	07:30,53
118	00:39,81	01:22,16	02:50,52	06:06,47	12:28,82	24:19,23	00:45,75	01:31,19	03:34,17	00:51,63	01:43,78	03:34,48	00:45,47	01:39,53	03:23,57	03:03,51	07:30,91
117	00:39,87	01:22,25	02:50,67	06:06,78	12:29,46	24:20,48	00:45,82	01:31,29	03:34,35	00:51,70	01:43,89	03:34,66	00:45,53	01:39,64	03:23,74	03:03,67	07:31,29
116	00:39,92	01:22,35	02:50,81	06:07,10	12:30,10	24:21,74	00:45,88	01:31,40	03:34,53	00:51,77	01:44,01	03:34,84	00:45,60	01:39,75	03:23,92	03:03,82	07:31,68
115	00:39,97	01:22,44	02:50,96	06:07,42	12:30,75	24:23,01	00:45,94	01:31,50	03:34,72	00:51,84	01:44,13	03:35,03	00:45,66	01:39,87	03:24,10	03:03,98	07:32,08
114	00:40,03	01:22,54	02:51,11	06:07,74	12:31,41	24:24,29	00:46,01	01:31,61	03:34,91	00:51,91	01:44,25	03:35,22	00:45,72	01:39,98	03:24,28	03:04,14	07:32,47
113	00:40,09	01:22,63	02:51,26	06:08,07	12:32,08	24:25,59	00:46,07	01:31,71	03:35,10	00:51,98	01:44,37	03:35,41	00:45,79	01:40,10	03:24,46	03:04,31	07:32,87
112	00:40,14	01:22,73	02:51,42	06:08,40	12:32,75	24:26,89	00:46,13	01:31,82	03:35,29	00:52,06	01:44,50	03:35,60	00:45,85	01:40,22	03:24,64	03:04,47	07:33,28
111	00:40,20	01:22,83	02:51,57	06:08,73	12:33,43	24:28,21	00:46,20	01:31,93	03:35,48	00:52,13	01:44,62	03:35,80	00:45,92	01:40,34	03:24,82	03:04,64	07:33,68
110	00:40,26	01:22,93	02:51,73	06:09,06	12:34,11	24:29,55	00:46,27	01:32,04	03:35,68	00:52,21	01:44,75	03:35,99	00:45,98	01:40,46	03:25,01	03:04,81	07:34,10
109	00:40,32	01:23,03	02:51,88	06:09,40	12:34,80	24:30,90	00:46,33	01:32,15	03:35,88	00:52,28	01:44,87	03:36,19	00:46,05	01:40,58	03:25,20	03:04,98	07:34,51
108	00:40,38	01:23,13	02:52,04	06:09,74	12:35,50	24:32,26	00:46,40	01:32,27	03:36,08	00:52,36	01:45,00	03:36,39	00:46,12	01:40,70	03:25,39	03:05,15	07:34,93
107	00:40,44	01:23,23	02:52,20	06:10,09	12:36,21	24:33,63	00:46,47	01:32,38	03:36,28	00:52,44	01:45,13	03:36,59	00:46,19	01:40,83	03:25,58	03:05,32	07:35,36
106	00:40,50	01:23,34	02:52,37	06:10,44	12:36,92	24:35,02	00:46,54	01:32,50	03:36,48	00:52,51	01:45,26	03:36,80	00:46,25	01:40,95	03:25,77	03:05,49	07:35,79
105	00:40,56	01:23,44	02:52,53	06:10,79	12:37,64	24:36,42	00:46,61	01:32,61	03:36,69	00:52,59	01:45,40	03:37,00	00:46,32	01:41,08	03:25,97	03:05,67	07:36,22
104	00:40,62	01:23,55	02:52,70	06:11,15	12:38,37	24:37,84	00:46,68	01:32,73	03:36,90	00:52,67	01:45,53	03:37,21	00:46,40	01:41,21	03:26,17	03:05,85	07:36,66
103	00:40,68	01:23,66	02:52,86	06:11,51	12:39,10	24:39,28	00:46,75	01:32,85	03:37,11	00:52,75	01:45,66	03:37,42	00:46,47	01:41,34	03:26,37	03:06,03	07:37,10
102	00:40,74	01:23,76	02:53,03	06:11,87	12:39,85	24:40,73	00:46,83	01:32,97	03:37,32	00:52,84	01:45,80	03:37,63	00:46,54	01:41,47	03:26,57	03:06,21	07:37,55
101	00:40,81	01:23,87	02:53,20	06:12,24	12:40,60	24:42,19	00:46,90	01:33,09	03:37,53	00:52,92	01:45,94	03:37,85	00:46,61	01:41,60	03:26,77	03:06,40	07:38,00
100	00:40,87	01:23,98	02:53,38	06:12,61	12:41,36	24:43,67	00:46,97	01:33,21	03:37,75	00:53,00	01:46,08	03:38,07	00:46,69	01:41,74	03:26,98	03:06,58	07:38,46
99	00:40,94	01:24,10	02:53,55	06:12,99	12:42,13	24:45,17	00:47,05	01:33,34	03:37,97	00:53,09	01:46,22	03:38,29	00:46,76	01:41,87	03:27,19	03:06,77	07:38,92
98	00:41,00	01:24,21	02:53,73	06:13,37	12:42,90	24:46,68	00:47,13	01:33,46	03:38,19	00:53,17	01:46,36	03:38,51	00:46,84	01:42,01	03:27,40	03:06,96	07:39,39
97	00:41,07	01:24,32	02:53,91	06:13,75	12:43,69	24:48,21	00:47,20	01:33,59	03:38,42	00:53,26	01:46,51	03:38,73	00:46,91	01:42,15	03:27,61	03:07,15	07:39,86
96	00:41,14	01:24,44	02:54,09	06:14,14	12:44,48	24:49,76	00:47,28	01:33,72	03:38,65	00:53,35	01:46,66	03:38,96	00:46,99	01:42,29	03:27,83	03:07,35	07:40,34
95	00:41,21	01:24,56	02:54,27	06:14,53	12:45,29	24:51,33	00:47,36	01:33,85	03:38,88	00:53,44	01:46,80	03:39,19	00:47,07	01:42,43	03:28,05	03:07,54	07:40,83
94	00:41,28	01:24,68	02:54,46	06:14,93	12:46,10	24:52,91	00:47,44	01:33,98	03:39,11	00:53,53	01:46,95	03:39,43	00:47,15	01:42,57	03:28,27	03:07,74	07:41,32
93	00:41,35	01:24,80	02:54,64	06:15,33	12:46,92	24:54,51	00:47,52	01:34,11	03:39,34	00:53,62	01:47,11	03:39,66	00:47,23	01:42,72	03:28,49	03:07,95	07:41,81
92	00:41,42	01:24,92	02:54,83	06:15,74	12:47,75	24:56,14	00:47,60	01:34,25	03:39,58	00:53,71	01:47,26	03:39,90	00:47,31	01:42,87	03:28,72	03:08,15	07:42,31
91	00:41,49	01:25,04	02:55,03	06:16,15	12:48,60	24:57,78	00:47,68	01:34,39	03:39,82	00:53,80	01:47,41	03:40,14	00:47,39	01:43,02	03:28,95	03:08,36	07:42,82

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
90	00:41,56	01:25,17	02:55,22	06:16,57	12:49,45	24:59,44	00:47,77	01:34,52	03:40,07	00:53,90	01:47,57	03:40,38	00:47,47	01:43,17	03:29,18	03:08,56	07:43,33
89	00:41,64	01:25,29	02:55,42	06:16,99	12:50,31	25:01,12	00:47,85	01:34,67	03:40,31	00:53,99	01:47,73	03:40,63	00:47,56	01:43,32	03:29,41	03:08,78	07:43,85
88	00:41,71	01:25,42	02:55,62	06:17,42	12:51,19	25:02,82	00:47,94	01:34,81	03:40,56	00:54,09	01:47,89	03:40,88	00:47,64	01:43,48	03:29,65	03:08,99	07:44,38
87	00:41,79	01:25,55	02:55,82	06:17,85	12:52,07	25:04,55	00:48,03	01:34,95	03:40,82	00:54,19	01:48,06	03:41,14	00:47,73	01:43,63	03:29,89	03:09,21	07:44,91
86	00:41,87	01:25,68	02:56,02	06:18,29	12:52,97	25:06,30	00:48,11	01:35,10	03:41,07	00:54,29	01:48,22	03:41,39	00:47,82	01:43,79	03:30,14	03:09,43	07:45,45
85	00:41,94	01:25,81	02:56,23	06:18,74	12:53,88	25:08,06	00:48,20	01:35,24	03:41,33	00:54,39	01:48,39	03:41,65	00:47,91	01:43,95	03:30,38	03:09,65	07:46,00
84	00:42,02	01:25,95	02:56,44	06:19,19	12:54,79	25:09,86	00:48,29	01:35,39	03:41,60	00:54,49	01:48,56	03:41,92	00:48,00	01:44,12	03:30,63	03:09,87	07:46,55
83	00:42,10	01:26,09	02:56,65	06:19,64	12:55,73	25:11,67	00:48,39	01:35,55	03:41,86	00:54,60	01:48,73	03:42,18	00:48,09	01:44,28	03:30,89	03:10,10	07:47,11
82	00:42,18	01:26,22	02:56,86	06:20,10	12:56,67	25:13,51	00:48,48	01:35,70	03:42,13	00:54,70	01:48,91	03:42,45	00:48,18	01:44,45	03:31,14	03:10,33	07:47,68
81	00:42,27	01:26,36	02:57,08	06:20,57	12:57,63	25:15,38	00:48,57	01:35,86	03:42,41	00:54,81	01:49,09	03:42,73	00:48,28	01:44,62	03:31,40	03:10,57	07:48,26
80	00:42,35	01:26,51	02:57,30	06:21,05	12:58,60	25:17,27	00:48,67	01:36,01	03:42,68	00:54,92	01:49,27	03:43,00	00:48,37	01:44,79	03:31,67	03:10,81	07:48,84
79	00:42,43	01:26,65	02:57,53	06:21,53	12:59,58	25:19,18	00:48,77	01:36,17	03:42,96	00:55,03	01:49,45	03:43,29	00:48,47	01:44,97	03:31,93	03:11,05	07:49,43
78	00:42,52	01:26,80	02:57,75	06:22,02	13:00,58	25:21,13	00:48,87	01:36,34	03:43,25	00:55,14	01:49,63	03:43,57	00:48,57	01:45,15	03:32,21	03:11,29	07:50,03
77	00:42,61	01:26,95	02:57,98	06:22,51	13:01,59	25:23,10	00:48,97	01:36,50	03:43,54	00:55,25	01:49,82	03:43,86	00:48,67	01:45,33	03:32,48	03:11,54	07:50,64
76	00:42,70	01:27,10	02:58,22	06:23,01	13:02,62	25:25,10	00:49,07	01:36,67	03:43,83	00:55,37	01:50,01	03:44,16	00:48,77	01:45,51	03:32,76	03:11,79	07:51,26
75	00:42,79	01:27,25	02:58,46	06:23,52	13:03,66	25:27,12	00:49,17	01:36,84	03:44,13	00:55,48	01:50,21	03:44,45	00:48,87	01:45,69	03:33,04	03:12,05	07:51,89
74	00:42,88	01:27,41	02:58,70	06:24,04	13:04,71	25:29,18	00:49,28	01:37,01	03:44,43	00:55,60	01:50,40	03:44,76	00:48,98	01:45,88	03:33,33	03:12,31	07:52,52
73	00:42,97	01:27,56	02:58,94	06:24,56	13:05,78	25:31,27	00:49,39	01:37,19	03:44,74	00:55,72	01:50,60	03:45,06	00:49,08	01:46,07	03:33,62	03:12,57	07:53,17
72	00:43,07	01:27,72	02:59,19	06:25,10	13:06,87	25:33,39	00:49,49	01:37,36	03:45,05	00:55,85	01:50,80	03:45,38	00:49,19	01:46,27	03:33,92	03:12,83	07:53,82
71	00:43,16	01:27,89	02:59,44	06:25,64	13:07,98	25:35,55	00:49,60	01:37,55	03:45,37	00:55,97	01:51,01	03:45,69	00:49,30	01:46,46	03:34,22	03:13,11	07:54,49
70	00:43,26	01:28,05	02:59,70	06:26,19	13:09,10	25:37,73	00:49,72	01:37,73	03:45,69	00:56,10	01:51,22	03:46,01	00:49,41	01:46,67	03:34,52	03:13,38	07:55,17
69	00:43,36	01:28,22	02:59,95	06:26,74	13:10,24	25:39,95	00:49,83	01:37,92	03:46,01	00:56,22	01:51,43	03:46,34	00:49,52	01:46,87	03:34,83	03:13,66	07:55,85
68	00:43,46	01:28,39	03:00,22	06:27,31	13:11,40	25:42,21	00:49,95	01:38,11	03:46,34	00:56,36	01:51,65	03:46,67	00:49,64	01:47,08	03:35,15	03:13,94	07:56,55
67	00:43,56	01:28,57	03:00,49	06:27,89	13:12,58	25:44,51	00:50,06	01:38,30	03:46,68	00:56,49	01:51,87	03:47,01	00:49,76	01:47,29	03:35,47	03:14,23	07:57,26
66	00:43,67	01:28,74	03:00,76	06:28,47	13:13,77	25:46,84	00:50,18	01:38,49	03:47,02	00:56,62	01:52,09	03:47,35	00:49,88	01:47,50	03:35,79	03:14,53	07:57,98
65	00:43,77	01:28,92	03:01,04	06:29,07	13:14,99	25:49,21	00:50,31	01:38,69	03:47,37	00:56,76	01:52,32	03:47,70	00:50,00	01:47,72	03:36,12	03:14,82	07:58,71
64	00:43,88	01:29,11	03:01,32	06:29,67	13:16,23	25:51,62	00:50,43	01:38,90	03:47,73	00:56,90	01:52,55	03:48,05	00:50,12	01:47,94	03:36,46	03:15,13	07:59,46
63	00:43,99	01:29,29	03:01,61	06:30,29	13:17,49	25:54,08	00:50,56	01:39,10	03:48,09	00:57,04	01:52,78	03:48,42	00:50,25	01:48,17	03:36,80	03:15,44	08:00,22
62	00:44,10	01:29,48	03:01,90	06:30,92	13:18,77	25:56,57	00:50,68	01:39,32	03:48,45	00:57,19	01:53,02	03:48,78	00:50,37	01:48,40	03:37,15	03:15,75	08:00,99
61	00:44,22	01:29,68	03:02,19	06:31,56	13:20,07	25:59,12	00:50,82	01:39,53	03:48,82	00:57,34	01:53,27	03:49,16	00:50,50	01:48,63	03:37,50	03:16,07	08:01,77
60	00:44,33	01:29,87	03:02,50	06:32,21	13:21,40	26:01,70	00:50,95	01:39,75	03:49,20	00:57,49	01:53,52	03:49,54	00:50,64	01:48,87	03:37,87	03:16,39	08:02,57
59	00:44,45	01:30,07	03:02,80	06:32,87	13:22,75	26:04,34	00:51,09	01:39,97	03:49,59	00:57,64	01:53,77	03:49,92	00:50,77	01:49,11	03:38,23	03:16,73	08:03,39
58	00:44,57	01:30,28	03:03,12	06:33,54	13:24,13	26:07,02	00:51,23	01:40,20	03:49,99	00:57,80	01:54,03	03:50,32	00:50,91	01:49,36	03:38,61	03:17,06	08:04,22
57	00:44,70	01:30,49	03:03,44	06:34,23	13:25,54	26:09,76	00:51,37	01:40,43	03:50,39	00:57,96	01:54,29	03:50,72	00:51,05	01:49,61	03:38,99	03:17,41	08:05,06
56	00:44,82	01:30,70	03:03,76	06:34,93	13:26,97	26:12,55	00:51,51	01:40,67	03:50,80	00:58,12	01:54,56	03:51,13	00:51,20	01:49,87	03:39,38	03:17,76	08:05,92
55	00:44,95	01:30,92	03:04,10	06:35,65	13:28,43	26:15,40	00:51,66	01:40,91	03:51,21	00:58,29	01:54,83	03:51,55	00:51,34	01:50,13	03:39,78	03:18,12	08:06,80
54	00:45,08	01:31,14	03:04,44	06:36,37	13:29,92	26:18,30	00:51,81	01:41,15	03:51,64	00:58,46	01:55,11	03:51,98	00:51,49	01:50,40	03:40,18	03:18,48	08:07,70
53	00:45,22	01:31,36	03:04,78	06:37,12	13:31,44	26:21,26	00:51,96	01:41,40	03:52,08	00:58,63	01:55,40	03:52,41	00:51,65	01:50,68	03:40,59	03:18,85	08:08,62
52	00:45,35	01:31,59	03:05,14	06:37,88	13:32,99	26:24,29	00:52,12	01:41,66	03:52,52	00:58,81	01:55,69	03:52,86	00:51,80	01:50,96	03:41,02	03:19,24	08:09,55
51	00:45,49	01:31,83	03:05,50	06:38,65	13:34,58	26:27,38	00:52,28	01:41,92	03:52,97	00:58,99	01:55,99	03:53,31	00:51,96	01:51,24	03:41,45	03:19,62	08:10,51
50	00:45,64	01:32,07	03:05,87	06:39,45	13:36,20	26:30,54	00:52,45	01:42,19	03:53,44	00:59,18	01:56,30	03:53,77	00:52,13	01:51,53	03:41,89	03:20,02	08:11,48
49	00:45,78	01:32,32	03:06,24	06:40,26	13:37,85	26:33,76	00:52,62	01:42,46	03:53,91	00:59,37	01:56,61	03:54,25	00:52,29	01:51,83	03:42,34	03:20,43	08:12,48
48	00:45,93	01:32,57	03:06,63	06:41,09	13:39,55	26:37,07	00:52,79	01:42,74	03:54,39	00:59,57	01:56,93	03:54,73	00:52,47	01:52,14	03:42,80	03:20,84	08:13,50
47	00:46,09	01:32,83	03:07,02	06:41,94	13:41,28	26:40,44	00:52,97	01:43,03	03:54,89	00:59,77	01:57,25	03:55,23	00:52,64	01:52,45	03:43,27	03:21,27	08:14,54
46	00:46,25	01:33,10	03:07,43	06:42,80	13:43,05	26:43,90	00:53,15	01:43,33	03:55,40	00:59,97	01:57,59	03:55,74	00:52,82	01:52,77	03:43,75	03:21,70	08:15,61
45	00:46,41	01:33,37	03:07,84	06:43,69	13:44,87	26:47,44	00:53,33	01:43,63	03:55,92	01:00,18	01:57,93	03:56,26	00:53,01	01:53,10	03:44,25	03:22,15	08:16,71
44	00:46,57	01:33,65	03:08,27	06:44,60	13:46,73	26:51,07	00:53,53	01:43,94	03:56,45	01:00,40	01:58,28	03:56,79	00:53,20	01:53,44	03:44,75	03:22,60	08:17,83

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
43	00:46,74	01:33,93	03:08,70	06:45,54	13:48,64	26:54,79	00:53,72	01:44,25	03:57,00	01:00,62	01:58,65	03:57,34	00:53,39	01:53,79	03:45,27	03:23,07	08:18,98
42	00:46,92	01:34,23	03:09,15	06:46,50	13:50,60	26:58,61	00:53,92	01:44,58	03:57,56	01:00,84	01:59,02	03:57,90	00:53,59	01:54,14	03:45,80	03:23,55	08:20,16
41	00:47,10	01:34,53	03:09,60	06:47,48	13:52,61	27:02,53	00:54,13	01:44,92	03:58,13	01:01,08	01:59,40	03:58,48	00:53,80	01:54,51	03:46,35	03:24,04	08:21,37
40	00:47,29	01:34,84	03:10,07	06:48,49	13:54,68	27:06,55	00:54,34	01:45,26	03:58,72	01:01,32	01:59,79	03:59,07	00:54,01	01:54,88	03:46,91	03:24,55	08:22,61
39	00:47,48	01:35,16	03:10,56	06:49,53	13:56,80	27:10,69	00:54,56	01:45,61	03:59,33	01:01,57	02:00,19	03:59,68	00:54,23	01:55,27	03:47,49	03:25,07	08:23,89
38	00:47,67	01:35,49	03:11,06	06:50,60	13:58,99	27:14,95	00:54,79	01:45,98	03:59,95	01:01,82	02:00,61	04:00,30	00:54,45	01:55,67	03:48,08	03:25,61	08:25,20
37	00:47,88	01:35,82	03:11,57	06:51,70	14:01,23	27:19,33	00:55,02	01:46,35	04:00,60	01:02,08	02:01,03	04:00,95	00:54,68	01:56,08	03:48,69	03:26,16	08:26,56
36	00:48,08	01:36,17	03:12,09	06:52,83	14:03,55	27:23,84	00:55,26	01:46,74	04:01,26	01:02,35	02:01,47	04:01,61	00:54,92	01:56,50	03:49,32	03:26,72	08:27,95
35	00:48,30	01:36,53	03:12,64	06:54,00	14:05,94	27:28,49	00:55,51	01:47,14	04:01,94	01:02,63	02:01,93	04:02,29	00:55,17	01:56,94	03:49,97	03:27,31	08:29,39
34	00:48,52	01:36,90	03:13,20	06:55,21	14:08,40	27:33,30	00:55,77	01:47,55	04:02,65	01:02,92	02:02,40	04:03,00	00:55,42	01:57,39	03:50,64	03:27,91	08:30,87
33	00:48,75	01:37,29	03:13,78	06:56,45	14:10,95	27:38,26	00:56,03	01:47,98	04:03,38	01:03,22	02:02,88	04:03,73	00:55,69	01:57,85	03:51,34	03:28,54	08:32,41
32	00:48,99	01:37,69	03:14,38	06:57,74	14:13,58	27:43,38	00:56,31	01:48,42	04:04,13	01:03,53	02:03,39	04:04,48	00:55,96	01:58,34	03:52,05	03:29,18	08:33,99
31	00:49,24	01:38,10	03:15,00	06:59,08	14:16,30	27:48,69	00:56,59	01:48,88	04:04,91	01:03,85	02:03,91	04:05,26	00:56,24	01:58,84	03:52,79	03:29,85	08:35,63
30	00:49,50	01:38,53	03:15,64	07:00,46	14:19,12	27:54,19	00:56,89	01:49,35	04:05,71	01:04,19	02:04,45	04:06,07	00:56,54	01:59,35	03:53,56	03:30,54	08:37,33
29	00:49,77	01:38,97	03:16,31	07:01,89	14:22,05	27:59,90	00:57,20	01:49,85	04:06,55	01:04,54	02:05,01	04:06,91	00:56,84	01:59,89	03:54,35	03:31,26	08:39,09
28	00:50,05	01:39,43	03:17,00	07:03,38	14:25,09	28:05,82	00:57,52	01:50,36	04:07,42	01:04,90	02:05,59	04:07,78	00:57,16	02:00,45	03:55,18	03:32,00	08:40,93
27	00:50,34	01:39,91	03:17,72	07:04,92	14:28,26	28:11,98	00:57,85	01:50,89	04:08,33	01:05,27	02:06,20	04:08,68	00:57,49	02:01,03	03:56,04	03:32,78	08:42,83
26	00:50,64	01:40,42	03:18,47	07:06,54	14:31,55	28:18,40	00:58,20	01:51,45	04:09,27	01:05,67	02:06,83	04:09,63	00:57,84	02:01,64	03:56,94	03:33,59	08:44,81
25	00:50,96	01:40,94	03:19,25	07:08,22	14:34,99	28:25,10	00:58,56	01:52,03	04:10,25	01:06,08	02:07,49	04:10,61	00:58,20	02:02,27	03:57,87	03:34,43	08:46,88
24	00:51,29	01:41,49	03:20,07	07:09,98	14:38,58	28:32,10	00:58,94	01:52,64	04:11,28	01:06,51	02:08,19	04:11,64	00:58,58	02:02,94	03:58,85	03:35,31	08:49,05
23	00:51,64	01:42,06	03:20,93	07:11,82	14:42,34	28:39,43	00:59,34	01:53,28	04:12,35	01:06,96	02:08,91	04:12,72	00:58,98	02:03,63	03:59,87	03:36,23	08:51,31
22	00:52,00	01:42,67	03:21,83	07:13,75	14:46,28	28:47,11	00:59,76	01:53,95	04:13,48	01:07,43	02:09,68	04:13,85	00:59,40	02:04,37	04:00,94	03:37,20	08:53,69
21	00:52,39	01:43,30	03:22,77	07:15,78	14:50,43	28:55,19	01:00,21	01:54,65	04:14,67	01:07,93	02:10,48	04:15,04	00:59,84	02:05,14	04:02,07	03:38,21	08:56,18
20	00:52,80	01:43,97	03:23,77	07:17,92	14:54,80	29:03,71	01:00,68	01:55,40	04:15,92	01:08,46	02:11,32	04:16,29	01:00,30	02:05,95	04:03,26	03:39,28	08:58,81
19	00:53,23	01:44,68	03:24,82	07:20,18	14:59,42	29:12,71	01:01,17	01:56,18	04:17,24	01:09,02	02:12,22	04:17,61	01:00,80	02:06,81	04:04,51	03:40,42	09:01,59
18	00:53,69	01:45,43	03:25,93	07:22,57	15:04,31	29:22,24	01:01,70	01:57,02	04:18,64	01:09,62	02:13,17	04:19,01	01:01,32	02:07,72	04:05,84	03:41,61	09:04,54
17	00:54,18	01:46,24	03:27,12	07:25,12	15:09,51	29:32,38	01:02,27	01:57,91	04:20,12	01:10,26	02:14,19	04:20,50	01:01,88	02:08,69	04:07,26	03:42,89	09:07,67
16	00:54,70	01:47,09	03:28,38	07:27,83	15:15,06	29:43,19	01:02,87	01:58,86	04:21,71	01:10,94	02:15,27	04:22,09	01:02,48	02:09,73	04:08,77	03:44,25	09:11,01
15	00:55,27	01:48,02	03:29,73	07:30,74	15:21,01	29:54,78	01:03,52	01:59,89	04:23,41	01:11,67	02:16,43	04:23,79	01:03,13	02:10,85	04:10,38	03:45,71	09:14,59
14	00:55,88	01:49,01	03:31,19	07:33,87	15:27,40	30:07,25	01:04,22	02:00,99	04:25,24	01:12,46	02:17,69	04:25,63	01:03,82	02:12,05	04:12,12	03:47,27	09:18,45
13	00:56,54	01:50,09	03:32,77	07:37,26	15:34,33	30:20,74	01:04,98	02:02,18	04:27,22	01:13,32	02:19,05	04:27,61	01:04,58	02:13,35	04:14,00	03:48,97	09:22,62
12	00:57,26	01:51,26	03:34,48	07:40,95	15:41,86	30:35,42	01:05,81	02:03,49	04:29,38	01:14,26	02:20,53	04:29,77	01:05,41	02:14,78	04:16,05	03:50,82	09:27,15
11	00:58,06	01:52,55	03:36,36	07:44,99	15:50,12	30:51,52	01:06,73	02:04,92	04:31,74	01:15,29	02:22,16	04:32,13	01:06,32	02:16,34	04:18,30	03:52,84	09:32,13
10	00:58,95	01:53,98	03:38,44	07:49,46	15:59,25	31:09,31	01:07,75	02:06,51	04:34,35	01:16,44	02:23,97	04:34,75	01:07,33	02:18,08	04:20,78	03:55,08	09:37,62
9	00:59,95	01:55,59	03:40,76	07:54,45	16:09,45	31:29,18	01:08,89	02:08,29	04:37,27	01:17,73	02:26,00	04:37,67	01:08,47	02:20,02	04:23,55	03:57,58	09:43,76
8	01:01,08	01:57,41	03:43,39	08:00,09	16:20,97	31:51,64	01:10,20	02:10,31	04:40,56	01:19,20	02:28,30	04:40,97	01:09,76	02:22,23	04:26,68	04:00,40	09:50,70
7	01:02,39	01:59,51	03:46,40	08:06,56	16:34,20	32:17,42	01:11,70	02:12,64	04:44,35	01:20,90	02:30,95	04:44,76	01:11,26	02:24,77	04:30,28	04:03,64	09:58,67
6	01:03,94	02:01,98	03:49,93	08:14,15	16:49,70	32:47,62	01:13,48	02:15,38	04:48,78	01:22,91	02:34,07	04:49,20	01:13,03	02:27,76	04:34,49	04:07,44	10:08,00
5	01:05,82	02:04,96	03:54,18	08:23,27	17:08,34	33:23,95	01:15,64	02:18,69	04:54,11	01:25,35	02:37,84	04:54,54	01:15,18	02:31,37	04:39,56	04:12,01	10:19,23
4	01:08,20	02:08,71	03:59,48	08:34,67	17:31,63	34:09,33	01:18,38	02:22,86	05:00,77	01:28,44	02:42,58	05:01,21	01:17,90	02:35,92	04:45,89	04:17,72	10:33,25
3	01:11,39	02:13,72	04:06,49	08:49,74	18:02,43	35:09,35	01:22,05	02:28,42	05:09,58	01:32,58	02:48,90	05:10,03	01:21,54	02:41,99	04:54,27	04:25,26	10:51,80
2	01:16,15	02:21,11	04:16,73	09:11,74	18:47,38	36:36,94	01:27,51	02:36,62	05:22,44	01:38,74	02:58,24	05:22,90	01:26,97	02:50,94	05:06,48	04:36,28	11:18,86
1	01:25,02	02:34,70	04:35,22	09:51,48	20:08,58	39:15,18	01:37,71	02:51,70	05:45,66	01:50,25	03:15,40	05:46,16	01:37,11	03:07,40	05:28,56	04:56,18	12:07,76

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1500	00:26,57	00:58,64	02:12,12	04:43,95	09:40,20	18:18,50	00:30,54	01:05,08	02:45,94	00:34,45	01:14,07	02:46,18	00:29,95	01:11,03	02:37,73	02:22,19	05:49,37
1499	00:26,57	00:58,64	02:12,13	04:43,97	09:40,24	18:18,58	00:30,54	01:05,09	02:45,95	00:34,46	01:14,07	02:46,19	00:29,95	01:11,04	02:37,74	02:22,20	05:49,40
1498	00:26,58	00:58,65	02:12,14	04:43,99	09:40,28	18:18,65	00:30,54	01:05,10	02:45,96	00:34,46	01:14,08	02:46,20	00:29,95	01:11,05	02:37,75	02:22,20	05:49,42
1497	00:26,58	00:58,66	02:12,15	04:44,01	09:40,31	18:18,73	00:30,55	01:05,10	02:45,97	00:34,47	01:14,09	02:46,21	00:29,95	01:11,05	02:37,76	02:22,21	05:49,44
1496	00:26,58	00:58,66	02:12,16	04:44,03	09:40,35	18:18,80	00:30,55	01:05,11	02:45,98	00:34,47	01:14,09	02:46,22	00:29,96	01:11,06	02:37,77	02:22,22	05:49,47
1495	00:26,58	00:58,67	02:12,17	04:44,04	09:40,39	18:18,87	00:30,55	01:05,11	02:46,00	00:34,47	01:14,10	02:46,24	00:29,96	01:11,07	02:37,78	02:22,23	05:49,49
1494	00:26,59	00:58,67	02:12,18	04:44,06	09:40,43	18:18,95	00:30,56	01:05,12	02:46,01	00:34,48	01:14,11	02:46,25	00:29,96	01:11,07	02:37,79	02:22,24	05:49,51
1493	00:26,59	00:58,68	02:12,19	04:44,08	09:40,47	18:19,02	00:30,56	01:05,12	02:46,02	00:34,48	01:14,11	02:46,26	00:29,97	01:11,08	02:37,80	02:22,25	05:49,54
1492	00:26,59	00:58,68	02:12,19	04:44,10	09:40,51	18:19,09	00:30,56	01:05,13	02:46,03	00:34,48	01:14,12	02:46,27	00:29,97	01:11,09	02:37,81	02:22,26	05:49,56
1491	00:26,60	00:58,69	02:12,20	04:44,12	09:40,55	18:19,17	00:30,57	01:05,14	02:46,04	00:34,49	01:14,13	02:46,28	00:29,97	01:11,09	02:37,83	02:22,27	05:49,58
1490	00:26,60	00:58,69	02:12,21	04:44,14	09:40,59	18:19,24	00:30,57	01:05,14	02:46,05	00:34,49	01:14,13	02:46,29	00:29,98	01:11,10	02:37,84	02:22,28	05:49,61
1489	00:26,60	00:58,70	02:12,22	04:44,16	09:40,63	18:19,32	00:30,57	01:05,15	02:46,06	00:34,50	01:14,14	02:46,30	00:29,98	01:11,10	02:37,85	02:22,29	05:49,63
1488	00:26,60	00:58,70	02:12,23	04:44,18	09:40,67	18:19,39	00:30,58	01:05,15	02:46,07	00:34,50	01:14,15	02:46,31	00:29,98	01:11,11	02:37,86	02:22,30	05:49,65
1487	00:26,61	00:58,71	02:12,24	04:44,20	09:40,70	18:19,46	00:30,58	01:05,16	02:46,08	00:34,50	01:14,15	02:46,32	00:29,99	01:11,12	02:37,87	02:22,31	05:49,68
1486	00:26,61	00:58,71	02:12,25	04:44,22	09:40,74	18:19,54	00:30,58	01:05,16	02:46,10	00:34,51	01:14,16	02:46,34	00:29,99	01:11,12	02:37,88	02:22,32	05:49,70
1485	00:26,61	00:58,72	02:12,26	04:44,24	09:40,78	18:19,61	00:30,58	01:05,17	02:46,11	00:34,51	01:14,17	02:46,35	00:29,99	01:11,13	02:37,89	02:22,33	05:49,72
1484	00:26,62	00:58,72	02:12,27	04:44,25	09:40,82	18:19,69	00:30,59	01:05,18	02:46,12	00:34,51	01:14,17	02:46,36	00:30,00	01:11,14	02:37,90	02:22,34	05:49,75
1483	00:26,62	00:58,73	02:12,27	04:44,27	09:40,86	18:19,76	00:30,59	01:05,18	02:46,13	00:34,52	01:14,18	02:46,37	00:30,00	01:11,14	02:37,91	02:22,35	05:49,77
1482	00:26,62	00:58,73	02:12,28	04:44,29	09:40,90	18:19,84	00:30,59	01:05,19	02:46,14	00:34,52	01:14,19	02:46,38	00:30,00	01:11,15	02:37,92	02:22,36	05:49,80
1481	00:26,62	00:58,74	02:12,29	04:44,31	09:40,94	18:19,91	00:30,60	01:05,19	02:46,15	00:34,52	01:14,19	02:46,39	00:30,01	01:11,16	02:37,93	02:22,37	05:49,82
1480	00:26,63	00:58,74	02:12,30	04:44,33	09:40,98	18:19,99	00:30,60	01:05,20	02:46,16	00:34,53	01:14,20	02:46,40	00:30,01	01:11,16	02:37,94	02:22,38	05:49,84
1479	00:26,63	00:58,75	02:12,31	04:44,35	09:41,02	18:20,06	00:30,60	01:05,21	02:46,17	00:34,53	01:14,21	02:46,41	00:30,01	01:11,17	02:37,95	02:22,39	05:49,87
1478	00:26,63	00:58,75	02:12,32	04:44,37	09:41,06	18:20,13	00:30,61	01:05,21	02:46,19	00:34,54	01:14,21	02:46,43	00:30,02	01:11,17	02:37,96	02:22,40	05:49,89
1477	00:26,64	00:58,76	02:12,33	04:44,39	09:41,10	18:20,21	00:30,61	01:05,22	02:46,20	00:34,54	01:14,22	02:46,44	00:30,02	01:11,18	02:37,98	02:22,41	05:49,91
1476	00:26,64	00:58,77	02:12,34	04:44,41	09:41,14	18:20,28	00:30,61	01:05,22	02:46,21	00:34,54	01:14,23	02:46,45	00:30,02	01:11,19	02:37,99	02:22,42	05:49,94
1475	00:26,64	00:58,77	02:12,35	04:44,43	09:41,18	18:20,36	00:30,62	01:05,23	02:46,22	00:34,55	01:14,23	02:46,46	00:30,03	01:11,19	02:38,00	02:22,43	05:49,96
1474	00:26,64	00:58,78	02:12,36	04:44,45	09:41,22	18:20,43	00:30,62	01:05,23	02:46,23	00:34,55	01:14,24	02:46,47	00:30,03	01:11,20	02:38,01	02:22,44	05:49,99
1473	00:26,65	00:58,78	02:12,36	04:44,47	09:41,26	18:20,51	00:30,62	01:05,24	02:46,24	00:34,55	01:14,25	02:46,48	00:30,03	01:11,21	02:38,02	02:22,45	05:50,01
1472	00:26,65	00:58,79	02:12,37	04:44,49	09:41,30	18:20,58	00:30,63	01:05,25	02:46,25	00:34,56	01:14,25	02:46,49	00:30,04	01:11,21	02:38,03	02:22,45	05:50,03
1471	00:26,65	00:58,79	02:12,38	04:44,51	09:41,34	18:20,66	00:30,63	01:05,25	02:46,26	00:34,56	01:14,26	02:46,51	00:30,04	01:11,22	02:38,04	02:22,46	05:50,06
1470	00:26,66	00:58,80	02:12,39	04:44,53	09:41,37	18:20,73	00:30,63	01:05,26	02:46,28	00:34,57	01:14,27	02:46,52	00:30,04	01:11,23	02:38,05	02:22,47	05:50,08
1469	00:26,66	00:58,80	02:12,40	04:44,54	09:41,41	18:20,81	00:30,64	01:05,26	02:46,29	00:34,57	01:14,27	02:46,53	00:30,04	01:11,23	02:38,06	02:22,48	05:50,11
1468	00:26,66	00:58,81	02:12,41	04:44,56	09:41,45	18:20,88	00:30,64	01:05,27	02:46,30	00:34,57	01:14,28	02:46,54	00:30,05	01:11,24	02:38,07	02:22,49	05:50,13
1467	00:26,66	00:58,81	02:12,42	04:44,58	09:41,49	18:20,96	00:30,64	01:05,28	02:46,31	00:34,58	01:14,29	02:46,55	00:30,05	01:11,24	02:38,08	02:22,50	05:50,15
1466	00:26,67	00:58,82	02:12,43	04:44,60	09:41,53	18:21,04	00:30,65	01:05,28	02:46,32	00:34,58	01:14,29	02:46,56	00:30,05	01:11,25	02:38,09	02:22,51	05:50,18
1465	00:26,67	00:58,82	02:12,44	04:44,62	09:41,57	18:21,11	00:30,65	01:05,29	02:46,33	00:34,58	01:14,30	02:46,57	00:30,06	01:11,26	02:38,10	02:22,52	05:50,20
1464	00:26,67	00:58,83	02:12,45	04:44,64	09:41,61	18:21,19	00:30,65	01:05,29	02:46,34	00:34,59	01:14,31	02:46,59	00:30,06	01:11,26	02:38,12	02:22,53	05:50,23
1463	00:26,68	00:58,83	02:12,46	04:44,66	09:41,65	18:21,26	00:30,66	01:05,30	02:46,36	00:34,59	01:14,31	02:46,60	00:30,06	01:11,27	02:38,13	02:22,54	05:50,25
1462	00:26,68	00:58,84	02:12,46	04:44,68	09:41,69	18:21,34	00:30,66	01:05,31	02:46,37	00:34,60	01:14,32	02:46,61	00:30,07	01:11,28	02:38,14	02:22,55	05:50,27
1461	00:26,68	00:58,85	02:12,47	04:44,70	09:41,73	18:21,41	00:30,66	01:05,31	02:46,38	00:34,60	01:14,33	02:46,62	00:30,07	01:11,28	02:38,15	02:22,56	05:50,30
1460	00:26,68	00:58,85	02:12,48	04:44,72	09:41,77	18:21,49	00:30,67	01:05,32	02:46,39	00:34,60	01:14,33	02:46,63	00:30,07	01:11,29	02:38,16	02:22,57	05:50,32
1459	00:26,69	00:58,86	02:12,49	04:44,74	09:41,81	18:21,56	00:30,67	01:05,32	02:46,40	00:34,61	01:14,34	02:46,64	00:30,08	01:11,30	02:38,17	02:22,58	05:50,35
1458	00:26,69	00:58,86	02:12,50	04:44,76	09:41,85	18:21,64	00:30,67	01:05,33	02:46,41	00:34,61	01:14,35	02:46,65	00:30,08	01:11,30	02:38,18	02:22,59	05:50,37
1457	00:26,69	00:58,87	02:12,51	04:44,78	09:41,89	18:21,72	00:30,68	01:05,34	02:46,42	00:34,61	01:14,35	02:46,67	00:30,08	01:11,31	02:38,19	02:22,60	05:50,39
1456	00:26,70	00:58,87	02:12,52	04:44,80	09:41,93	18:21,79	00:30,68	01:05,34	02:46,44	00:34,62	01:14,36	02:46,68	00:30,09	01:11,32	02:38,20	02:22,61	05:50,42
1455	00:26,70	00:58,88	02:12,53	04:44,82	09:41,97	18:21,87	00:30,68	01:05,35	02:46,45	00:34,62	01:14,37	02:46,69	00:30,09	01:11,32	02:38,21	02:22,62	05:50,44
1454	00:26,70	00:58,88	02:12,54	04:44,84	09:42,01	18:21,94	00:30,69	01:05,35	02:46,46	00:34,63	01:14,37	02:46,70	00:30,09	01:11,33	02:38,22	02:22,63	05:50,47

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1453	00:26,71	00:58,89	02:12,55	04:44,86	09:42,05	18:22,02	00:30,69	01:05,36	02:46,47	00:34,63	01:14,38	02:46,71	00:30,10	01:11,34	02:38,23	02:22,64	05:50,49
1452	00:26,71	00:58,89	02:12,56	04:44,88	09:42,09	18:22,10	00:30,69	01:05,37	02:46,48	00:34,63	01:14,39	02:46,72	00:30,10	01:11,34	02:38,25	02:22,65	05:50,51
1451	00:26,71	00:58,90	02:12,56	04:44,90	09:42,13	18:22,17	00:30,70	01:05,37	02:46,49	00:34,64	01:14,39	02:46,73	00:30,10	01:11,35	02:38,26	02:22,66	05:50,54
1450	00:26,71	00:58,90	02:12,57	04:44,92	09:42,17	18:22,25	00:30,70	01:05,38	02:46,50	00:34,64	01:14,40	02:46,75	00:30,11	01:11,36	02:38,27	02:22,67	05:50,56
1449	00:26,72	00:58,91	02:12,58	04:44,94	09:42,21	18:22,32	00:30,70	01:05,38	02:46,52	00:34,65	01:14,41	02:46,76	00:30,11	01:11,36	02:38,28	02:22,68	05:50,59
1448	00:26,72	00:58,91	02:12,59	04:44,96	09:42,26	18:22,40	00:30,71	01:05,39	02:46,53	00:34,65	01:14,41	02:46,77	00:30,11	01:11,37	02:38,29	02:22,69	05:50,61
1447	00:26,72	00:58,92	02:12,60	04:44,98	09:42,30	18:22,48	00:30,71	01:05,40	02:46,54	00:34,65	01:14,42	02:46,78	00:30,12	01:11,37	02:38,30	02:22,70	05:50,64
1446	00:26,73	00:58,93	02:12,61	04:45,00	09:42,34	18:22,55	00:30,71	01:05,40	02:46,55	00:34,66	01:14,43	02:46,79	00:30,12	01:11,38	02:38,31	02:22,71	05:50,66
1445	00:26,73	00:58,93	02:12,62	04:45,02	09:42,38	18:22,63	00:30,72	01:05,41	02:46,56	00:34,66	01:14,44	02:46,80	00:30,12	01:11,39	02:38,32	02:22,72	05:50,68
1444	00:26,73	00:58,94	02:12,63	04:45,04	09:42,42	18:22,71	00:30,72	01:05,41	02:46,57	00:34,66	01:14,44	02:46,82	00:30,13	01:11,39	02:38,33	02:22,73	05:50,71
1443	00:26,73	00:58,94	02:12,64	04:45,06	09:42,46	18:22,78	00:30,72	01:05,42	02:46,59	00:34,67	01:14,45	02:46,83	00:30,13	01:11,40	02:38,34	02:22,74	05:50,73
1442	00:26,74	00:58,95	02:12,65	04:45,07	09:42,50	18:22,86	00:30,73	01:05,43	02:46,60	00:34,67	01:14,46	02:46,84	00:30,13	01:11,41	02:38,36	02:22,75	05:50,76
1441	00:26,74	00:58,95	02:12,66	04:45,09	09:42,54	18:22,94	00:30,73	01:05,43	02:46,61	00:34,68	01:14,46	02:46,85	00:30,14	01:11,41	02:38,37	02:22,76	05:50,78
1440	00:26,74	00:58,96	02:12,67	04:45,11	09:42,58	18:23,01	00:30,73	01:05,44	02:46,62	00:34,68	01:14,47	02:46,86	00:30,14	01:11,42	02:38,38	02:22,77	05:50,81
1439	00:26,75	00:58,96	02:12,68	04:45,13	09:42,62	18:23,09	00:30,74	01:05,44	02:46,63	00:34,68	01:14,48	02:46,87	00:30,14	01:11,43	02:38,39	02:22,78	05:50,83
1438	00:26,75	00:58,97	02:12,68	04:45,15	09:42,66	18:23,17	00:30,74	01:05,45	02:46,64	00:34,69	01:14,48	02:46,88	00:30,15	01:11,43	02:38,40	02:22,79	05:50,86
1437	00:26,75	00:58,97	02:12,69	04:45,17	09:42,70	18:23,24	00:30,75	01:05,46	02:46,66	00:34,69	01:14,49	02:46,90	00:30,15	01:11,44	02:38,41	02:22,80	05:50,88
1436	00:26,76	00:58,98	02:12,70	04:45,19	09:42,74	18:23,32	00:30,75	01:05,46	02:46,67	00:34,69	01:14,50	02:46,91	00:30,15	01:11,45	02:38,42	02:22,81	05:50,90
1435	00:26,76	00:58,99	02:12,71	04:45,21	09:42,78	18:23,40	00:30,75	01:05,47	02:46,68	00:34,70	01:14,50	02:46,92	00:30,16	01:11,45	02:38,43	02:22,82	05:50,93
1434	00:26,76	00:58,99	02:12,72	04:45,23	09:42,82	18:23,48	00:30,76	01:05,47	02:46,69	00:34,70	01:14,51	02:46,93	00:30,16	01:11,46	02:38,44	02:22,83	05:50,95
1433	00:26,76	00:59,00	02:12,73	04:45,25	09:42,86	18:23,55	00:30,76	01:05,48	02:46,70	00:34,71	01:14,52	02:46,94	00:30,16	01:11,47	02:38,46	02:22,84	05:50,98
1432	00:26,77	00:59,00	02:12,74	04:45,27	09:42,90	18:23,63	00:30,76	01:05,49	02:46,71	00:34,71	01:14,52	02:46,95	00:30,17	01:11,47	02:38,47	02:22,85	05:51,00
1431	00:26,77	00:59,01	02:12,75	04:45,29	09:42,95	18:23,71	00:30,77	01:05,49	02:46,73	00:34,71	01:14,53	02:46,97	00:30,17	01:11,48	02:38,48	02:22,86	05:51,03
1430	00:26,77	00:59,01	02:12,76	04:45,31	09:42,99	18:23,79	00:30,77	01:05,50	02:46,74	00:34,72	01:14,54	02:46,98	00:30,17	01:11,49	02:38,49	02:22,87	05:51,05
1429	00:26,78	00:59,02	02:12,77	04:45,33	09:43,03	18:23,86	00:30,77	01:05,50	02:46,75	00:34,72	01:14,55	02:46,99	00:30,18	01:11,49	02:38,50	02:22,88	05:51,08
1428	00:26,78	00:59,02	02:12,78	04:45,35	09:43,07	18:23,94	00:30,78	01:05,51	02:46,76	00:34,73	01:14,55	02:47,00	00:30,18	01:11,50	02:38,51	02:22,89	05:51,10
1427	00:26,78	00:59,03	02:12,79	04:45,37	09:43,11	18:24,02	00:30,78	01:05,52	02:46,77	00:34,73	01:14,56	02:47,01	00:30,18	01:11,51	02:38,52	02:22,90	05:51,13
1426	00:26,78	00:59,03	02:12,80	04:45,39	09:43,15	18:24,10	00:30,78	01:05,52	02:46,78	00:34,73	01:14,57	02:47,03	00:30,19	01:11,51	02:38,53	02:22,91	05:51,15
1425	00:26,79	00:59,04	02:12,81	04:45,41	09:43,19	18:24,17	00:30,79	01:05,53	02:46,80	00:34,74	01:14,57	02:47,04	00:30,19	01:11,52	02:38,54	02:22,92	05:51,18
1424	00:26,79	00:59,05	02:12,81	04:45,43	09:43,23	18:24,25	00:30,79	01:05,53	02:46,81	00:34,74	01:14,58	02:47,05	00:30,19	01:11,53	02:38,56	02:22,93	05:51,20
1423	00:26,79	00:59,05	02:12,82	04:45,45	09:43,27	18:24,33	00:30,79	01:05,54	02:46,82	00:34,74	01:14,59	02:47,06	00:30,20	01:11,53	02:38,57	02:22,94	05:51,22
1422	00:26,80	00:59,06	02:12,83	04:45,47	09:43,31	18:24,41	00:30,80	01:05,55	02:46,83	00:34,75	01:14,59	02:47,07	00:30,20	01:11,54	02:38,58	02:22,95	05:51,25
1421	00:26,80	00:59,06	02:12,84	04:45,49	09:43,36	18:24,48	00:30,80	01:05,55	02:46,84	00:34,75	01:14,60	02:47,08	00:30,20	01:11,55	02:38,59	02:22,96	05:51,27
1420	00:26,80	00:59,07	02:12,85	04:45,52	09:43,40	18:24,56	00:30,80	01:05,56	02:46,85	00:34,76	01:14,61	02:47,10	00:30,21	01:11,55	02:38,60	02:22,97	05:51,30
1419	00:26,81	00:59,07	02:12,86	04:45,54	09:43,44	18:24,64	00:30,81	01:05,56	02:46,87	00:34,76	01:14,61	02:47,11	00:30,21	01:11,56	02:38,61	02:22,98	05:51,32
1418	00:26,81	00:59,08	02:12,87	04:45,56	09:43,48	18:24,72	00:30,81	01:05,57	02:46,88	00:34,76	01:14,62	02:47,12	00:30,21	01:11,57	02:38,62	02:22,99	05:51,35
1417	00:26,81	00:59,08	02:12,88	04:45,58	09:43,52	18:24,80	00:30,81	01:05,58	02:46,89	00:34,77	01:14,63	02:47,13	00:30,22	01:11,57	02:38,63	02:23,00	05:51,37
1416	00:26,81	00:59,09	02:12,89	04:45,60	09:43,56	18:24,88	00:30,82	01:05,58	02:46,90	00:34,77	01:14,64	02:47,14	00:30,22	01:11,58	02:38,65	02:23,01	05:51,40
1415	00:26,82	00:59,10	02:12,90	04:45,62	09:43,60	18:24,95	00:30,82	01:05,59	02:46,91	00:34,78	01:14,64	02:47,16	00:30,22	01:11,59	02:38,66	02:23,02	05:51,42
1414	00:26,82	00:59,10	02:12,91	04:45,64	09:43,65	18:25,03	00:30,82	01:05,60	02:46,93	00:34,78	01:14,65	02:47,17	00:30,23	01:11,59	02:38,67	02:23,03	05:51,45
1413	00:26,82	00:59,11	02:12,92	04:45,66	09:43,69	18:25,11	00:30,83	01:05,60	02:46,94	00:34,78	01:14,66	02:47,18	00:30,23	01:11,60	02:38,68	02:23,04	05:51,47
1412	00:26,83	00:59,11	02:12,93	04:45,68	09:43,73	18:25,19	00:30,83	01:05,61	02:46,95	00:34,79	01:14,66	02:47,19	00:30,23	01:11,61	02:38,69	02:23,05	05:51,50
1411	00:26,83	00:59,12	02:12,94	04:45,70	09:43,77	18:25,27	00:30,83	01:05,61	02:46,96	00:34,79	01:14,67	02:47,20	00:30,24	01:11,61	02:38,70	02:23,06	05:51,52
1410	00:26,83	00:59,12	02:12,95	04:45,72	09:43,81	18:25,35	00:30,84	01:05,62	02:46,97	00:34,80	01:14,68	02:47,21	00:30,24	01:11,62	02:38,71	02:23,07	05:51,55
1409	00:26,84	00:59,13	02:12,96	04:45,74	09:43,85	18:25,43	00:30,84	01:05,63	02:46,98	00:34,80	01:14,68	02:47,23	00:30,24	01:11,63	02:38,72	02:23,08	05:51,57
1408	00:26,84	00:59,13	02:12,97	04:45,76	09:43,89	18:25,50	00:30,84	01:05,63	02:47,00	00:34,80	01:14,69	02:47,24	00:30,25	01:11,63	02:38,74	02:23,09	05:51,60
1407	00:26,84	00:59,14	02:12,97	04:45,78	09:43,94	18:25,58	00:30,85	01:05,64	02:47,01	00:34,81	01:14,70	02:47,25	00:30,25	01:11,64	02:38,75	02:23,10	05:51,62

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1406	00:26,85	00:59,15	02:12,98	04:45,80	09:43,98	18:25,66	00:30,85	01:05,64	02:47,02	00:34,81	01:14,71	02:47,26	00:30,26	01:11,65	02:38,76	02:23,11	05:51,65
1405	00:26,85	00:59,15	02:12,99	04:45,82	09:44,02	18:25,74	00:30,86	01:05,65	02:47,03	00:34,82	01:14,71	02:47,27	00:30,26	01:11,65	02:38,77	02:23,12	05:51,67
1404	00:26,85	00:59,16	02:13,00	04:45,84	09:44,06	18:25,82	00:30,86	01:05,66	02:47,04	00:34,82	01:14,72	02:47,29	00:30,26	01:11,66	02:38,78	02:23,13	05:51,70
1403	00:26,85	00:59,16	02:13,01	04:45,86	09:44,10	18:25,90	00:30,86	01:05,66	02:47,06	00:34,82	01:14,73	02:47,30	00:30,27	01:11,67	02:38,79	02:23,14	05:51,72
1402	00:26,86	00:59,17	02:13,02	04:45,88	09:44,14	18:25,98	00:30,87	01:05,67	02:47,07	00:34,83	01:14,73	02:47,31	00:30,27	01:11,67	02:38,80	02:23,15	05:51,75
1401	00:26,86	00:59,17	02:13,03	04:45,90	09:44,19	18:26,06	00:30,87	01:05,68	02:47,08	00:34,83	01:14,74	02:47,32	00:30,27	01:11,68	02:38,81	02:23,16	05:51,77
1400	00:26,86	00:59,18	02:13,04	04:45,92	09:44,23	18:26,14	00:30,87	01:05,68	02:47,09	00:34,84	01:14,75	02:47,33	00:30,28	01:11,69	02:38,83	02:23,17	05:51,80
1399	00:26,87	00:59,18	02:13,05	04:45,94	09:44,27	18:26,22	00:30,88	01:05,69	02:47,10	00:34,84	01:14,76	02:47,35	00:30,28	01:11,69	02:38,84	02:23,18	05:51,82
1398	00:26,87	00:59,19	02:13,06	04:45,96	09:44,31	18:26,29	00:30,88	01:05,69	02:47,12	00:34,84	01:14,76	02:47,36	00:30,28	01:11,70	02:38,85	02:23,19	05:51,85
1397	00:26,87	00:59,20	02:13,07	04:45,98	09:44,35	18:26,37	00:30,88	01:05,70	02:47,13	00:34,85	01:14,77	02:47,37	00:30,29	01:11,71	02:38,86	02:23,20	05:51,88
1396	00:26,88	00:59,20	02:13,08	04:46,00	09:44,40	18:26,45	00:30,89	01:05,71	02:47,14	00:34,85	01:14,78	02:47,38	00:30,29	01:11,72	02:38,87	02:23,21	05:51,90
1395	00:26,88	00:59,21	02:13,09	04:46,02	09:44,44	18:26,53	00:30,89	01:05,71	02:47,15	00:34,85	01:14,78	02:47,39	00:30,29	01:11,72	02:38,88	02:23,22	05:51,93
1394	00:26,88	00:59,21	02:13,10	04:46,04	09:44,48	18:26,61	00:30,89	01:05,72	02:47,16	00:34,86	01:14,79	02:47,41	00:30,30	01:11,73	02:38,89	02:23,24	05:51,95
1393	00:26,88	00:59,22	02:13,11	04:46,07	09:44,52	18:26,69	00:30,90	01:05,73	02:47,18	00:34,86	01:14,80	02:47,42	00:30,30	01:11,74	02:38,91	02:23,25	05:51,98
1392	00:26,89	00:59,22	02:13,12	04:46,09	09:44,56	18:26,77	00:30,90	01:05,73	02:47,19	00:34,87	01:14,81	02:47,43	00:30,30	01:11,74	02:38,92	02:23,26	05:52,00
1391	00:26,89	00:59,23	02:13,13	04:46,11	09:44,61	18:26,85	00:30,90	01:05,74	02:47,20	00:34,87	01:14,81	02:47,44	00:30,31	01:11,75	02:38,93	02:23,27	05:52,03
1390	00:26,89	00:59,24	02:13,14	04:46,13	09:44,65	18:26,93	00:30,91	01:05,74	02:47,21	00:34,87	01:14,82	02:47,45	00:30,31	01:11,76	02:38,94	02:23,28	05:52,05
1389	00:26,90	00:59,24	02:13,15	04:46,15	09:44,69	18:27,01	00:30,91	01:05,75	02:47,22	00:34,88	01:14,83	02:47,47	00:30,31	01:11,76	02:38,95	02:23,29	05:52,08
1388	00:26,90	00:59,25	02:13,16	04:46,17	09:44,73	18:27,09	00:30,92	01:05,76	02:47,24	00:34,88	01:14,83	02:47,48	00:30,32	01:11,77	02:38,96	02:23,30	05:52,10
1387	00:26,90	00:59,25	02:13,17	04:46,19	09:44,78	18:27,17	00:30,92	01:05,76	02:47,25	00:34,89	01:14,84	02:47,49	00:30,32	01:11,78	02:38,97	02:23,31	05:52,13
1386	00:26,91	00:59,26	02:13,18	04:46,21	09:44,82	18:27,25	00:30,92	01:05,77	02:47,26	00:34,89	01:14,85	02:47,50	00:30,32	01:11,78	02:38,99	02:23,32	05:52,15
1385	00:26,91	00:59,26	02:13,19	04:46,23	09:44,86	18:27,33	00:30,93	01:05,78	02:47,27	00:34,89	01:14,86	02:47,51	00:30,33	01:11,79	02:39,00	02:23,33	05:52,18
1384	00:26,91	00:59,27	02:13,20	04:46,25	09:44,90	18:27,41	00:30,93	01:05,78	02:47,29	00:34,90	01:14,86	02:47,53	00:30,33	01:11,80	02:39,01	02:23,34	05:52,21
1383	00:26,92	00:59,27	02:13,20	04:46,27	09:44,94	18:27,49	00:30,93	01:05,79	02:47,30	00:34,90	01:14,87	02:47,54	00:30,33	01:11,80	02:39,02	02:23,35	05:52,23
1382	00:26,92	00:59,28	02:13,21	04:46,29	09:44,99	18:27,57	00:30,94	01:05,79	02:47,31	00:34,91	01:14,88	02:47,55	00:30,34	01:11,81	02:39,03	02:23,36	05:52,26
1381	00:26,92	00:59,29	02:13,22	04:46,31	09:45,03	18:27,65	00:30,94	01:05,80	02:47,32	00:34,91	01:14,88	02:47,56	00:30,34	01:11,82	02:39,04	02:23,37	05:52,28
1380	00:26,92	00:59,29	02:13,23	04:46,33	09:45,07	18:27,73	00:30,94	01:05,81	02:47,33	00:34,91	01:14,89	02:47,58	00:30,35	01:11,82	02:39,06	02:23,38	05:52,31
1379	00:26,93	00:59,30	02:13,24	04:46,36	09:45,11	18:27,81	00:30,95	01:05,81	02:47,35	00:34,92	01:14,90	02:47,59	00:30,35	01:11,83	02:39,07	02:23,39	05:52,33
1378	00:26,93	00:59,30	02:13,25	04:46,38	09:45,16	18:27,90	00:30,95	01:05,82	02:47,36	00:34,92	01:14,91	02:47,60	00:30,35	01:11,84	02:39,08	02:23,40	05:52,36
1377	00:26,93	00:59,31	02:13,26	04:46,40	09:45,20	18:27,98	00:30,95	01:05,83	02:47,37	00:34,93	01:14,91	02:47,61	00:30,36	01:11,85	02:39,09	02:23,41	05:52,38
1376	00:26,94	00:59,31	02:13,27	04:46,42	09:45,24	18:28,06	00:30,96	01:05,83	02:47,38	00:34,93	01:14,92	02:47,62	00:30,36	01:11,85	02:39,10	02:23,42	05:52,41
1375	00:26,94	00:59,32	02:13,28	04:46,44	09:45,29	18:28,14	00:30,96	01:05,84	02:47,39	00:34,94	01:14,93	02:47,64	00:30,36	01:11,86	02:39,11	02:23,43	05:52,44
1374	00:26,94	00:59,33	02:13,29	04:46,46	09:45,33	18:28,22	00:30,97	01:05,85	02:47,41	00:34,94	01:14,93	02:47,65	00:30,37	01:11,87	02:39,13	02:23,44	05:52,46
1373	00:26,95	00:59,33	02:13,30	04:46,48	09:45,37	18:28,30	00:30,97	01:05,85	02:47,42	00:34,94	01:14,94	02:47,66	00:30,37	01:11,87	02:39,14	02:23,45	05:52,49
1372	00:26,95	00:59,34	02:13,31	04:46,50	09:45,41	18:28,38	00:30,97	01:05,86	02:47,43	00:34,95	01:14,95	02:47,67	00:30,37	01:11,88	02:39,15	02:23,46	05:52,51
1371	00:26,95	00:59,34	02:13,32	04:46,52	09:45,46	18:28,46	00:30,98	01:05,86	02:47,44	00:34,95	01:14,96	02:47,69	00:30,38	01:11,89	02:39,16	02:23,47	05:52,54
1370	00:26,96	00:59,35	02:13,33	04:46,54	09:45,50	18:28,54	00:30,98	01:05,87	02:47,46	00:34,96	01:14,96	02:47,70	00:30,38	01:11,89	02:39,17	02:23,49	05:52,56
1369	00:26,96	00:59,35	02:13,34	04:46,56	09:45,54	18:28,62	00:30,98	01:05,88	02:47,47	00:34,96	01:14,97	02:47,71	00:30,38	01:11,90	02:39,18	02:23,50	05:52,59
1368	00:26,96	00:59,36	02:13,35	04:46,59	09:45,59	18:28,71	00:30,99	01:05,88	02:47,48	00:34,96	01:14,98	02:47,72	00:30,39	01:11,91	02:39,19	02:23,51	05:52,62
1367	00:26,97	00:59,37	02:13,36	04:46,61	09:45,63	18:28,79	00:30,99	01:05,89	02:47,49	00:34,97	01:14,99	02:47,73	00:30,39	01:11,92	02:39,21	02:23,52	05:52,64
1366	00:26,97	00:59,37	02:13,37	04:46,63	09:45,67	18:28,87	00:30,99	01:05,90	02:47,50	00:34,97	01:14,99	02:47,75	00:30,39	01:11,92	02:39,22	02:23,53	05:52,67
1365	00:26,97	00:59,38	02:13,38	04:46,65	09:45,71	18:28,95	00:31,00	01:05,90	02:47,52	00:34,98	01:15,00	02:47,76	00:30,40	01:11,93	02:39,23	02:23,54	05:52,69
1364	00:26,97	00:59,38	02:13,39	04:46,67	09:45,76	18:29,03	00:31,00	01:05,91	02:47,53	00:34,98	01:15,01	02:47,77	00:30,40	01:11,94	02:39,24	02:23,55	05:52,72
1363	00:26,98	00:59,39	02:13,40	04:46,69	09:45,80	18:29,11	00:31,00	01:05,92	02:47,54	00:34,98	01:15,01	02:47,78	00:30,40	01:11,94	02:39,25	02:23,56	05:52,75
1362	00:26,98	00:59,40	02:13,41	04:46,71	09:45,84	18:29,19	00:31,01	01:05,92	02:47,55	00:34,99	01:15,02	02:47,80	00:30,41	01:11,95	02:39,27	02:23,57	05:52,77
1361	00:26,98	00:59,40	02:13,42	04:46,73	09:45,89	18:29,28	00:31,01	01:05,93	02:47,57	00:34,99	01:15,03	02:47,81	00:30,41	01:11,96	02:39,28	02:23,58	05:52,80
1360	00:26,99	00:59,41	02:13,43	04:46,75	09:45,93	18:29,36	00:31,02	01:05,94	02:47,58	00:35,00	01:15,04	02:47,82	00:30,42	01:11,96	02:39,29	02:23,59	05:52,82

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1359	00:26,99	00:59,41	02:13,44	04:46,78	09:45,97	18:29,44	00:31,02	01:05,94	02:47,59	00:35,00	01:15,04	02:47,83	00:30,42	01:11,97	02:39,30	02:23,60	05:52,85
1358	00:26,99	00:59,42	02:13,45	04:46,80	09:46,02	18:29,52	00:31,02	01:05,95	02:47,60	00:35,00	01:15,05	02:47,85	00:30,42	01:11,98	02:39,31	02:23,61	05:52,88
1357	00:27,00	00:59,42	02:13,46	04:46,82	09:46,06	18:29,60	00:31,03	01:05,95	02:47,62	00:35,01	01:15,06	02:47,86	00:30,43	01:11,99	02:39,32	02:23,62	05:52,90
1356	00:27,00	00:59,43	02:13,47	04:46,84	09:46,10	18:29,69	00:31,03	01:05,96	02:47,63	00:35,01	01:15,07	02:47,87	00:30,43	01:11,99	02:39,34	02:23,63	05:52,93
1355	00:27,00	00:59,44	02:13,48	04:46,86	09:46,15	18:29,77	00:31,03	01:05,97	02:47,64	00:35,02	01:15,07	02:47,88	00:30,43	01:12,00	02:39,35	02:23,64	05:52,95
1354	00:27,01	00:59,44	02:13,49	04:46,88	09:46,19	18:29,85	00:31,04	01:05,97	02:47,65	00:35,02	01:15,08	02:47,90	00:30,44	01:12,01	02:39,36	02:23,65	05:52,98
1353	00:27,01	00:59,45	02:13,50	04:46,90	09:46,23	18:29,93	00:31,04	01:05,98	02:47,67	00:35,02	01:15,09	02:47,91	00:30,44	01:12,01	02:39,37	02:23,66	05:53,01
1352	00:27,01	00:59,45	02:13,51	04:46,92	09:46,28	18:30,02	00:31,04	01:05,99	02:47,68	00:35,03	01:15,09	02:47,92	00:30,44	01:12,02	02:39,38	02:23,68	05:53,03
1351	00:27,02	00:59,46	02:13,52	04:46,95	09:46,32	18:30,10	00:31,05	01:05,99	02:47,69	00:35,03	01:15,10	02:47,93	00:30,45	01:12,03	02:39,39	02:23,69	05:53,06
1350	00:27,02	00:59,47	02:13,53	04:46,97	09:46,36	18:30,18	00:31,05	01:06,00	02:47,70	00:35,04	01:15,11	02:47,95	00:30,45	01:12,03	02:39,41	02:23,70	05:53,09
1349	00:27,02	00:59,47	02:13,54	04:46,99	09:46,41	18:30,26	00:31,06	01:06,01	02:47,72	00:35,04	01:15,12	02:47,96	00:30,45	01:12,04	02:39,42	02:23,71	05:53,11
1348	00:27,03	00:59,48	02:13,55	04:47,01	09:46,45	18:30,35	00:31,06	01:06,01	02:47,73	00:35,05	01:15,12	02:47,97	00:30,46	01:12,05	02:39,43	02:23,72	05:53,14
1347	00:27,03	00:59,48	02:13,56	04:47,03	09:46,49	18:30,43	00:31,06	01:06,02	02:47,74	00:35,05	01:15,13	02:47,98	00:30,46	01:12,06	02:39,44	02:23,73	05:53,16
1346	00:27,03	00:59,49	02:13,57	04:47,05	09:46,54	18:30,51	00:31,07	01:06,03	02:47,75	00:35,05	01:15,14	02:48,00	00:30,47	01:12,06	02:39,45	02:23,74	05:53,19
1345	00:27,04	00:59,49	02:13,58	04:47,07	09:46,58	18:30,59	00:31,07	01:06,03	02:47,77	00:35,06	01:15,15	02:48,01	00:30,47	01:12,07	02:39,47	02:23,75	05:53,22
1344	00:27,04	00:59,50	02:13,59	04:47,10	09:46,63	18:30,68	00:31,07	01:06,04	02:47,78	00:35,06	01:15,15	02:48,02	00:30,47	01:12,08	02:39,48	02:23,76	05:53,24
1343	00:27,04	00:59,51	02:13,60	04:47,12	09:46,67	18:30,76	00:31,08	01:06,05	02:47,79	00:35,07	01:15,16	02:48,03	00:30,48	01:12,08	02:39,49	02:23,77	05:53,27
1342	00:27,04	00:59,51	02:13,61	04:47,14	09:46,71	18:30,84	00:31,08	01:06,05	02:47,80	00:35,07	01:15,17	02:48,05	00:30,48	01:12,09	02:39,50	02:23,78	05:53,30
1341	00:27,05	00:59,52	02:13,62	04:47,16	09:46,76	18:30,93	00:31,09	01:06,06	02:47,82	00:35,07	01:15,18	02:48,06	00:30,48	01:12,10	02:39,51	02:23,79	05:53,32
1340	00:27,05	00:59,52	02:13,63	04:47,18	09:46,80	18:31,01	00:31,09	01:06,06	02:47,83	00:35,08	01:15,18	02:48,07	00:30,49	01:12,11	02:39,53	02:23,80	05:53,35
1339	00:27,05	00:59,53	02:13,64	04:47,20	09:46,85	18:31,09	00:31,09	01:06,07	02:47,84	00:35,08	01:15,19	02:48,08	00:30,49	01:12,11	02:39,54	02:23,81	05:53,38
1338	00:27,06	00:59,54	02:13,65	04:47,22	09:46,89	18:31,18	00:31,10	01:06,08	02:47,85	00:35,09	01:15,20	02:48,10	00:30,49	01:12,12	02:39,55	02:23,83	05:53,40
1337	00:27,06	00:59,54	02:13,66	04:47,25	09:46,93	18:31,26	00:31,10	01:06,08	02:47,87	00:35,09	01:15,21	02:48,11	00:30,50	01:12,13	02:39,56	02:23,84	05:53,43
1336	00:27,06	00:59,55	02:13,67	04:47,27	09:46,98	18:31,34	00:31,10	01:06,09	02:47,88	00:35,10	01:15,21	02:48,12	00:30,50	01:12,13	02:39,57	02:23,85	05:53,46
1335	00:27,07	00:59,55	02:13,68	04:47,29	09:47,02	18:31,43	00:31,11	01:06,10	02:47,89	00:35,10	01:15,22	02:48,13	00:30,51	01:12,14	02:39,59	02:23,86	05:53,48
1334	00:27,07	00:59,56	02:13,69	04:47,31	09:47,07	18:31,51	00:31,11	01:06,10	02:47,90	00:35,10	01:15,23	02:48,15	00:30,51	01:12,15	02:39,60	02:23,87	05:53,51
1333	00:27,07	00:59,57	02:13,70	04:47,33	09:47,11	18:31,59	00:31,11	01:06,11	02:47,92	00:35,11	01:15,24	02:48,16	00:30,51	01:12,16	02:39,61	02:23,88	05:53,53
1332	00:27,08	00:59,57	02:13,71	04:47,35	09:47,15	18:31,68	00:31,12	01:06,12	02:47,93	00:35,11	01:15,24	02:48,17	00:30,52	01:12,16	02:39,62	02:23,89	05:53,56
1331	00:27,08	00:59,58	02:13,72	04:47,38	09:47,20	18:31,76	00:31,12	01:06,12	02:47,94	00:35,12	01:15,25	02:48,18	00:30,52	01:12,17	02:39,63	02:23,90	05:53,59
1330	00:27,08	00:59,58	02:13,73	04:47,40	09:47,24	18:31,84	00:31,13	01:06,13	02:47,95	00:35,12	01:15,26	02:48,20	00:30,52	01:12,18	02:39,65	02:23,91	05:53,61
1329	00:27,09	00:59,59	02:13,74	04:47,42	09:47,29	18:31,93	00:31,13	01:06,14	02:47,97	00:35,12	01:15,27	02:48,21	00:30,53	01:12,18	02:39,66	02:23,92	05:53,64
1328	00:27,09	00:59,59	02:13,75	04:47,44	09:47,33	18:32,01	00:31,13	01:06,14	02:47,98	00:35,13	01:15,27	02:48,22	00:30,53	01:12,19	02:39,67	02:23,93	05:53,67
1327	00:27,09	00:59,60	02:13,76	04:47,46	09:47,38	18:32,10	00:31,14	01:06,15	02:47,99	00:35,13	01:15,28	02:48,24	00:30,53	01:12,20	02:39,68	02:23,94	05:53,69
1326	00:27,10	00:59,61	02:13,77	04:47,48	09:47,42	18:32,18	00:31,14	01:06,16	02:48,01	00:35,14	01:15,29	02:48,25	00:30,54	01:12,21	02:39,69	02:23,96	05:53,72
1325	00:27,10	00:59,61	02:13,78	04:47,51	09:47,46	18:32,26	00:31,14	01:06,16	02:48,02	00:35,14	01:15,30	02:48,26	00:30,54	01:12,21	02:39,71	02:23,97	05:53,75
1324	00:27,10	00:59,62	02:13,79	04:47,53	09:47,51	18:32,35	00:31,15	01:06,17	02:48,03	00:35,15	01:15,30	02:48,27	00:30,55	01:12,22	02:39,72	02:23,98	05:53,78
1323	00:27,11	00:59,62	02:13,80	04:47,55	09:47,55	18:32,43	00:31,15	01:06,18	02:48,04	00:35,15	01:15,31	02:48,29	00:30,55	01:12,23	02:39,73	02:23,99	05:53,80
1322	00:27,11	00:59,63	02:13,81	04:47,57	09:47,60	18:32,52	00:31,16	01:06,18	02:48,06	00:35,15	01:15,32	02:48,30	00:30,55	01:12,24	02:39,74	02:24,00	05:53,83
1321	00:27,11	00:59,64	02:13,82	04:47,59	09:47,64	18:32,60	00:31,16	01:06,19	02:48,07	00:35,16	01:15,33	02:48,31	00:30,56	01:12,24	02:39,75	02:24,01	05:53,86
1320	00:27,12	00:59,64	02:13,83	04:47,61	09:47,69	18:32,69	00:31,16	01:06,20	02:48,08	00:35,16	01:15,33	02:48,32	00:30,56	01:12,25	02:39,77	02:24,02	05:53,88
1319	00:27,12	00:59,65	02:13,84	04:47,64	09:47,73	18:32,77	00:31,17	01:06,20	02:48,09	00:35,17	01:15,34	02:48,34	00:30,56	01:12,26	02:39,78	02:24,03	05:53,91
1318	00:27,12	00:59,65	02:13,85	04:47,66	09:47,78	18:32,86	00:31,17	01:06,21	02:48,11	00:35,17	01:15,35	02:48,35	00:30,57	01:12,26	02:39,79	02:24,04	05:53,94
1317	00:27,13	00:59,66	02:13,86	04:47,68	09:47,82	18:32,94	00:31,17	01:06,22	02:48,12	00:35,18	01:15,36	02:48,36	00:30,57	01:12,27	02:39,80	02:24,05	05:53,96
1316	00:27,13	00:59,67	02:13,87	04:47,70	09:47,87	18:33,03	00:31,18	01:06,22	02:48,13	00:35,18	01:15,36	02:48,38	00:30,58	01:12,28	02:39,82	02:24,07	05:53,99
1315	00:27,13	00:59,67	02:13,88	04:47,72	09:47,91	18:33,11	00:31,18	01:06,23	02:48,15	00:35,18	01:15,37	02:48,39	00:30,58	01:12,29	02:39,83	02:24,08	05:54,02
1314	00:27,14	00:59,68	02:13,89	04:47,75	09:47,96	18:33,20	00:31,19	01:06,24	02:48,16	00:35,19	01:15,38	02:48,40	00:30,58	01:12,29	02:39,84	02:24,09	05:54,04
1313	00:27,14	00:59,68	02:13,90	04:47,77	09:48,00	18:33,28	00:31,19	01:06,24	02:48,17	00:35,19	01:15,39	02:48,41	00:30,59	01:12,30	02:39,85	02:24,10	05:54,07

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1312	00:27,14	00:59,69	02:13,91	04:47,79	09:48,05	18:33,37	00:31,19	01:06,25	02:48,18	00:35,20	01:15,39	02:48,43	00:30,59	01:12,31	02:39,86	02:24,11	05:54,10
1311	00:27,15	00:59,70	02:13,92	04:47,81	09:48,09	18:33,45	00:31,20	01:06,26	02:48,20	00:35,20	01:15,40	02:48,44	00:30,59	01:12,32	02:39,88	02:24,12	05:54,13
1310	00:27,15	00:59,70	02:13,93	04:47,83	09:48,14	18:33,54	00:31,20	01:06,26	02:48,21	00:35,21	01:15,41	02:48,45	00:30,60	01:12,32	02:39,89	02:24,13	05:54,15
1309	00:27,15	00:59,71	02:13,94	04:47,86	09:48,18	18:33,62	00:31,20	01:06,27	02:48,22	00:35,21	01:15,42	02:48,47	00:30,60	01:12,33	02:39,90	02:24,14	05:54,18
1308	00:27,16	00:59,71	02:13,95	04:47,88	09:48,23	18:33,71	00:31,21	01:06,28	02:48,24	00:35,21	01:15,43	02:48,48	00:30,60	01:12,34	02:39,91	02:24,15	05:54,21
1307	00:27,16	00:59,72	02:13,96	04:47,90	09:48,27	18:33,79	00:31,21	01:06,28	02:48,25	00:35,22	01:15,43	02:48,49	00:30,61	01:12,34	02:39,93	02:24,16	05:54,23
1306	00:27,16	00:59,73	02:13,97	04:47,92	09:48,32	18:33,88	00:31,22	01:06,29	02:48,26	00:35,22	01:15,44	02:48,50	00:30,61	01:12,35	02:39,94	02:24,18	05:54,26
1305	00:27,17	00:59,73	02:13,98	04:47,94	09:48,36	18:33,96	00:31,22	01:06,30	02:48,27	00:35,23	01:15,45	02:48,52	00:30,62	01:12,36	02:39,95	02:24,19	05:54,29
1304	00:27,17	00:59,74	02:13,99	04:47,97	09:48,41	18:34,05	00:31,22	01:06,30	02:48,29	00:35,23	01:15,46	02:48,53	00:30,62	01:12,37	02:39,96	02:24,20	05:54,32
1303	00:27,17	00:59,75	02:14,00	04:47,99	09:48,45	18:34,13	00:31,23	01:06,31	02:48,30	00:35,24	01:15,46	02:48,54	00:30,62	01:12,37	02:39,97	02:24,21	05:54,34
1302	00:27,18	00:59,75	02:14,01	04:48,01	09:48,50	18:34,22	00:31,23	01:06,32	02:48,31	00:35,24	01:15,47	02:48,56	00:30,63	01:12,38	02:39,99	02:24,22	05:54,37
1301	00:27,18	00:59,76	02:14,02	04:48,03	09:48,54	18:34,31	00:31,24	01:06,32	02:48,33	00:35,24	01:15,48	02:48,57	00:30,63	01:12,39	02:40,00	02:24,23	05:54,40
1300	00:27,18	00:59,76	02:14,03	04:48,06	09:48,59	18:34,39	00:31,24	01:06,33	02:48,34	00:35,25	01:15,49	02:48,58	00:30,63	01:12,40	02:40,01	02:24,24	05:54,43
1299	00:27,19	00:59,77	02:14,04	04:48,08	09:48,63	18:34,48	00:31,24	01:06,34	02:48,35	00:35,25	01:15,49	02:48,60	00:30,64	01:12,40	02:40,02	02:24,25	05:54,45
1298	00:27,19	00:59,78	02:14,06	04:48,10	09:48,68	18:34,56	00:31,25	01:06,34	02:48,37	00:35,26	01:15,50	02:48,61	00:30,64	01:12,41	02:40,04	02:24,26	05:54,48
1297	00:27,19	00:59,78	02:14,07	04:48,12	09:48,73	18:34,65	00:31,25	01:06,35	02:48,38	00:35,26	01:15,51	02:48,62	00:30,65	01:12,42	02:40,05	02:24,28	05:54,51
1296	00:27,20	00:59,79	02:14,08	04:48,14	09:48,77	18:34,74	00:31,25	01:06,36	02:48,39	00:35,27	01:15,52	02:48,64	00:30,65	01:12,43	02:40,06	02:24,29	05:54,53
1295	00:27,20	00:59,79	02:14,09	04:48,17	09:48,82	18:34,82	00:31,26	01:06,36	02:48,40	00:35,27	01:15,53	02:48,65	00:30,65	01:12,43	02:40,07	02:24,30	05:54,56
1294	00:27,20	00:59,80	02:14,10	04:48,19	09:48,86	18:34,91	00:31,26	01:06,37	02:48,42	00:35,27	01:15,53	02:48,66	00:30,66	01:12,44	02:40,09	02:24,31	05:54,59
1293	00:27,21	00:59,81	02:14,11	04:48,21	09:48,91	18:35,00	00:31,27	01:06,38	02:48,43	00:35,28	01:15,54	02:48,67	00:30,66	01:12,45	02:40,10	02:24,32	05:54,62
1292	00:27,21	00:59,81	02:14,12	04:48,23	09:48,95	18:35,08	00:31,27	01:06,39	02:48,44	00:35,28	01:15,55	02:48,69	00:30,66	01:12,46	02:40,11	02:24,33	05:54,64
1291	00:27,21	00:59,82	02:14,13	04:48,26	09:49,00	18:35,17	00:31,27	01:06,39	02:48,46	00:35,29	01:15,56	02:48,70	00:30,67	01:12,46	02:40,12	02:24,34	05:54,67
1290	00:27,22	00:59,82	02:14,14	04:48,28	09:49,04	18:35,26	00:31,28	01:06,40	02:48,47	00:35,29	01:15,56	02:48,71	00:30,67	01:12,47	02:40,14	02:24,35	05:54,70
1289	00:27,22	00:59,83	02:14,15	04:48,30	09:49,09	18:35,34	00:31,28	01:06,41	02:48,48	00:35,30	01:15,57	02:48,73	00:30,68	01:12,48	02:40,15	02:24,37	05:54,73
1288	00:27,22	00:59,84	02:14,16	04:48,32	09:49,14	18:35,43	00:31,29	01:06,41	02:48,50	00:35,30	01:15,58	02:48,74	00:30,68	01:12,49	02:40,16	02:24,38	05:54,76
1287	00:27,23	00:59,84	02:14,17	04:48,35	09:49,18	18:35,52	00:31,29	01:06,42	02:48,51	00:35,30	01:15,59	02:48,75	00:30,68	01:12,49	02:40,17	02:24,39	05:54,78
1286	00:27,23	00:59,85	02:14,18	04:48,37	09:49,23	18:35,60	00:31,29	01:06,43	02:48,52	00:35,31	01:15,60	02:48,77	00:30,69	01:12,50	02:40,19	02:24,40	05:54,81
1285	00:27,23	00:59,86	02:14,19	04:48,39	09:49,27	18:35,69	00:31,30	01:06,43	02:48,54	00:35,31	01:15,60	02:48,78	00:30,69	01:12,51	02:40,20	02:24,41	05:54,84
1284	00:27,24	00:59,86	02:14,20	04:48,41	09:49,32	18:35,78	00:31,30	01:06,44	02:48,55	00:35,32	01:15,61	02:48,79	00:30,70	01:12,52	02:40,21	02:24,42	05:54,87
1283	00:27,24	00:59,87	02:14,21	04:48,44	09:49,37	18:35,87	00:31,30	01:06,45	02:48,56	00:35,32	01:15,62	02:48,81	00:30,70	01:12,52	02:40,22	02:24,43	05:54,89
1282	00:27,24	00:59,87	02:14,22	04:48,46	09:49,41	18:35,95	00:31,31	01:06,45	02:48,58	00:35,33	01:15,63	02:48,82	00:30,70	01:12,53	02:40,24	02:24,44	05:54,92
1281	00:27,25	00:59,88	02:14,23	04:48,48	09:49,46	18:36,04	00:31,31	01:06,46	02:48,59	00:35,33	01:15,63	02:48,83	00:30,71	01:12,54	02:40,25	02:24,46	05:54,95
1280	00:27,25	00:59,89	02:14,24	04:48,50	09:49,51	18:36,13	00:31,32	01:06,47	02:48,60	00:35,34	01:15,64	02:48,85	00:30,71	01:12,55	02:40,26	02:24,47	05:54,98
1279	00:27,25	00:59,89	02:14,25	04:48,53	09:49,55	18:36,21	00:31,32	01:06,47	02:48,61	00:35,34	01:15,65	02:48,86	00:30,71	01:12,55	02:40,27	02:24,48	05:55,00
1278	00:27,26	00:59,90	02:14,26	04:48,55	09:49,60	18:36,30	00:31,32	01:06,48	02:48,63	00:35,34	01:15,66	02:48,87	00:30,72	01:12,56	02:40,29	02:24,49	05:55,03
1277	00:27,26	00:59,91	02:14,27	04:48,57	09:49,64	18:36,39	00:31,33	01:06,49	02:48,64	00:35,35	01:15,67	02:48,89	00:30,72	01:12,57	02:40,30	02:24,50	05:55,06
1276	00:27,26	00:59,91	02:14,29	04:48,59	09:49,69	18:36,48	00:31,33	01:06,50	02:48,65	00:35,35	01:15,67	02:48,90	00:30,73	01:12,58	02:40,31	02:24,51	05:55,09
1275	00:27,27	00:59,92	02:14,30	04:48,62	09:49,74	18:36,57	00:31,34	01:06,50	02:48,67	00:35,36	01:15,68	02:48,91	00:30,73	01:12,58	02:40,32	02:24,52	05:55,12
1274	00:27,27	00:59,92	02:14,31	04:48,64	09:49,78	18:36,65	00:31,34	01:06,51	02:48,68	00:35,36	01:15,69	02:48,92	00:30,73	01:12,59	02:40,34	02:24,53	05:55,14
1273	00:27,27	00:59,93	02:14,32	04:48,66	09:49,83	18:36,74	00:31,34	01:06,52	02:48,69	00:35,37	01:15,70	02:48,94	00:30,74	01:12,60	02:40,35	02:24,55	05:55,17
1272	00:27,28	00:59,94	02:14,33	04:48,69	09:49,88	18:36,83	00:31,35	01:06,52	02:48,71	00:35,37	01:15,71	02:48,95	00:30,74	01:12,61	02:40,36	02:24,56	05:55,20
1271	00:27,28	00:59,94	02:14,34	04:48,71	09:49,92	18:36,92	00:31,35	01:06,53	02:48,72	00:35,37	01:15,71	02:48,96	00:30,74	01:12,61	02:40,37	02:24,57	05:55,23
1270	00:27,28	00:59,95	02:14,35	04:48,73	09:49,97	18:37,01	00:31,36	01:06,54	02:48,73	00:35,38	01:15,72	02:48,98	00:30,75	01:12,62	02:40,39	02:24,58	05:55,26
1269	00:27,29	00:59,96	02:14,36	04:48,75	09:50,02	18:37,09	00:31,36	01:06,54	02:48,75	00:35,38	01:15,73	02:48,99	00:30,75	01:12,63	02:40,40	02:24,59	05:55,28
1268	00:27,29	00:59,96	02:14,37	04:48,78	09:50,06	18:37,18	00:31,36	01:06,55	02:48,76	00:35,39	01:15,74	02:49,01	00:30,76	01:12,64	02:40,41	02:24,60	05:55,31
1267	00:27,29	00:59,97	02:14,38	04:48,80	09:50,11	18:37,27	00:31,37	01:06,56	02:48,77	00:35,39	01:15,74	02:49,02	00:30,76	01:12,64	02:40,42	02:24,61	05:55,34
1266	00:27,30	00:59,97	02:14,39	04:48,82	09:50,16	18:37,36	00:31,37	01:06,56	02:48,79	00:35,40	01:15,75	02:49,03	00:30,76	01:12,65	02:40,44	02:24,63	05:55,37

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1265	00:27,30	00:59,98	02:14,40	04:48,85	09:50,20	18:37,45	00:31,37	01:06,57	02:48,80	00:35,40	01:15,76	02:49,05	00:30,77	01:12,66	02:40,45	02:24,64	05:55,40
1264	00:27,30	00:59,99	02:14,41	04:48,87	09:50,25	18:37,54	00:31,38	01:06,58	02:48,81	00:35,41	01:15,77	02:49,06	00:30,77	01:12,67	02:40,46	02:24,65	05:55,43
1263	00:27,31	00:59,99	02:14,42	04:48,89	09:50,30	18:37,63	00:31,38	01:06,59	02:48,83	00:35,41	01:15,78	02:49,07	00:30,78	01:12,67	02:40,48	02:24,66	05:55,45
1262	00:27,31	01:00,00	02:14,43	04:48,91	09:50,34	18:37,71	00:31,39	01:06,59	02:48,84	00:35,41	01:15,78	02:49,09	00:30,78	01:12,68	02:40,49	02:24,67	05:55,48
1261	00:27,31	01:00,01	02:14,44	04:48,94	09:50,39	18:37,80	00:31,39	01:06,60	02:48,85	00:35,42	01:15,79	02:49,10	00:30,78	01:12,69	02:40,50	02:24,68	05:55,51
1260	00:27,32	01:00,01	02:14,46	04:48,96	09:50,44	18:37,89	00:31,39	01:06,61	02:48,87	00:35,42	01:15,80	02:49,11	00:30,79	01:12,70	02:40,51	02:24,70	05:55,54
1259	00:27,32	01:00,02	02:14,47	04:48,98	09:50,48	18:37,98	00:31,40	01:06,61	02:48,88	00:35,43	01:15,81	02:49,13	00:30,79	01:12,70	02:40,53	02:24,71	05:55,57
1258	00:27,32	01:00,02	02:14,48	04:49,01	09:50,53	18:38,07	00:31,40	01:06,62	02:48,90	00:35,43	01:15,82	02:49,14	00:30,80	01:12,71	02:40,54	02:24,72	05:55,60
1257	00:27,33	01:00,03	02:14,49	04:49,03	09:50,58	18:38,16	00:31,41	01:06,63	02:48,91	00:35,44	01:15,82	02:49,15	00:30,80	01:12,72	02:40,55	02:24,73	05:55,62
1256	00:27,33	01:00,04	02:14,50	04:49,05	09:50,63	18:38,25	00:31,41	01:06,63	02:48,92	00:35,44	01:15,83	02:49,17	00:30,80	01:12,73	02:40,57	02:24,74	05:55,65
1255	00:27,33	01:00,04	02:14,51	04:49,08	09:50,67	18:38,34	00:31,41	01:06,64	02:48,94	00:35,45	01:15,84	02:49,18	00:30,81	01:12,74	02:40,58	02:24,75	05:55,68
1254	00:27,34	01:00,05	02:14,52	04:49,10	09:50,72	18:38,43	00:31,42	01:06,65	02:48,95	00:35,45	01:15,85	02:49,19	00:30,81	01:12,74	02:40,59	02:24,76	05:55,71
1253	00:27,34	01:00,06	02:14,53	04:49,12	09:50,77	18:38,52	00:31,42	01:06,66	02:48,96	00:35,46	01:15,86	02:49,21	00:30,81	01:12,75	02:40,60	02:24,78	05:55,74
1252	00:27,34	01:00,06	02:14,54	04:49,15	09:50,81	18:38,61	00:31,43	01:06,66	02:48,98	00:35,46	01:15,86	02:49,22	00:30,82	01:12,76	02:40,62	02:24,79	05:55,77
1251	00:27,35	01:00,07	02:14,55	04:49,17	09:50,86	18:38,70	00:31,43	01:06,67	02:48,99	00:35,46	01:15,87	02:49,23	00:30,82	01:12,77	02:40,63	02:24,80	05:55,79
1250	00:27,35	01:00,08	02:14,56	04:49,19	09:50,91	18:38,79	00:31,43	01:06,68	02:49,00	00:35,47	01:15,88	02:49,25	00:30,83	01:12,77	02:40,64	02:24,81	05:55,82
1249	00:27,36	01:00,08	02:14,57	04:49,21	09:50,96	18:38,88	00:31,44	01:06,68	02:49,02	00:35,47	01:15,89	02:49,26	00:30,83	01:12,78	02:40,66	02:24,82	05:55,85
1248	00:27,36	01:00,09	02:14,58	04:49,24	09:51,00	18:38,97	00:31,44	01:06,69	02:49,03	00:35,48	01:15,90	02:49,27	00:30,83	01:12,79	02:40,67	02:24,83	05:55,88
1247	00:27,36	01:00,09	02:14,60	04:49,26	09:51,05	18:39,06	00:31,45	01:06,70	02:49,04	00:35,48	01:15,90	02:49,29	00:30,84	01:12,80	02:40,68	02:24,85	05:55,91
1246	00:27,37	01:00,10	02:14,61	04:49,28	09:51,10	18:39,15	00:31,45	01:06,71	02:49,06	00:35,49	01:15,91	02:49,30	00:30,84	01:12,80	02:40,69	02:24,86	05:55,94
1245	00:27,37	01:00,11	02:14,62	04:49,31	09:51,15	18:39,24	00:31,45	01:06,71	02:49,07	00:35,49	01:15,92	02:49,32	00:30,85	01:12,81	02:40,71	02:24,87	05:55,97
1244	00:27,37	01:00,11	02:14,63	04:49,33	09:51,20	18:39,33	00:31,46	01:06,72	02:49,08	00:35,50	01:15,93	02:49,33	00:30,85	01:12,82	02:40,72	02:24,88	05:55,99
1243	00:27,38	01:00,12	02:14,64	04:49,35	09:51,24	18:39,42	00:31,46	01:06,73	02:49,10	00:35,50	01:15,94	02:49,34	00:30,85	01:12,83	02:40,73	02:24,89	05:56,02
1242	00:27,38	01:00,13	02:14,65	04:49,38	09:51,29	18:39,51	00:31,47	01:06,73	02:49,11	00:35,50	01:15,95	02:49,36	00:30,86	01:12,84	02:40,75	02:24,90	05:56,05
1241	00:27,38	01:00,13	02:14,66	04:49,40	09:51,34	18:39,60	00:31,47	01:06,74	02:49,13	00:35,51	01:15,95	02:49,37	00:30,86	01:12,84	02:40,76	02:24,92	05:56,08
1240	00:27,39	01:00,14	02:14,67	04:49,42	09:51,39	18:39,69	00:31,47	01:06,75	02:49,14	00:35,51	01:15,96	02:49,38	00:30,87	01:12,85	02:40,77	02:24,93	05:56,11
1239	00:27,39	01:00,15	02:14,68	04:49,45	09:51,43	18:39,78	00:31,48	01:06,76	02:49,15	00:35,52	01:15,97	02:49,40	00:30,87	01:12,86	02:40,79	02:24,94	05:56,14
1238	00:27,39	01:00,15	02:14,69	04:49,47	09:51,48	18:39,87	00:31,48	01:06,76	02:49,17	00:35,52	01:15,98	02:49,41	00:30,87	01:12,87	02:40,80	02:24,95	05:56,17
1237	00:27,40	01:00,16	02:14,70	04:49,50	09:51,53	18:39,96	00:31,49	01:06,77	02:49,18	00:35,53	01:15,99	02:49,43	00:30,88	01:12,87	02:40,81	02:24,96	05:56,20
1236	00:27,40	01:00,17	02:14,72	04:49,52	09:51,58	18:40,05	00:31,49	01:06,78	02:49,19	00:35,53	01:15,99	02:49,44	00:30,88	01:12,88	02:40,82	02:24,97	05:56,23
1235	00:27,40	01:00,17	02:14,73	04:49,54	09:51,63	18:40,14	00:31,49	01:06,78	02:49,21	00:35,54	01:16,00	02:49,45	00:30,89	01:12,89	02:40,84	02:24,99	05:56,25
1234	00:27,41	01:00,18	02:14,74	04:49,57	09:51,67	18:40,23	00:31,50	01:06,79	02:49,22	00:35,54	01:16,01	02:49,47	00:30,89	01:12,90	02:40,85	02:25,00	05:56,28
1233	00:27,41	01:00,18	02:14,75	04:49,59	09:51,72	18:40,33	00:31,50	01:06,80	02:49,24	00:35,55	01:16,02	02:49,48	00:30,89	01:12,91	02:40,86	02:25,01	05:56,31
1232	00:27,42	01:00,19	02:14,76	04:49,61	09:51,77	18:40,42	00:31,51	01:06,81	02:49,25	00:35,55	01:16,03	02:49,49	00:30,90	01:12,91	02:40,88	02:25,02	05:56,34
1231	00:27,42	01:00,20	02:14,77	04:49,64	09:51,82	18:40,51	00:31,51	01:06,81	02:49,26	00:35,56	01:16,03	02:49,51	00:30,90	01:12,92	02:40,89	02:25,03	05:56,37
1230	00:27,42	01:00,20	02:14,78	04:49,66	09:51,87	18:40,60	00:31,52	01:06,82	02:49,28	00:35,56	01:16,04	02:49,52	00:30,91	01:12,93	02:40,90	02:25,05	05:56,40
1229	00:27,43	01:00,21	02:14,79	04:49,68	09:51,92	18:40,69	00:31,52	01:06,83	02:49,29	00:35,56	01:16,05	02:49,54	00:30,91	01:12,94	02:40,92	02:25,06	05:56,43
1228	00:27,43	01:00,22	02:14,80	04:49,71	09:51,96	18:40,78	00:31,52	01:06,83	02:49,30	00:35,57	01:16,06	02:49,55	00:30,91	01:12,95	02:40,93	02:25,07	05:56,46
1227	00:27,43	01:00,22	02:14,81	04:49,73	09:52,01	18:40,87	00:31,53	01:06,84	02:49,32	00:35,57	01:16,07	02:49,56	00:30,92	01:12,95	02:40,94	02:25,08	05:56,49
1226	00:27,44	01:00,23	02:14,83	04:49,75	09:52,06	18:40,97	00:31,53	01:06,85	02:49,33	00:35,58	01:16,08	02:49,58	00:30,92	01:12,96	02:40,96	02:25,09	05:56,52
1225	00:27,44	01:00,24	02:14,84	04:49,78	09:52,11	18:41,06	00:31,54	01:06,86	02:49,35	00:35,58	01:16,08	02:49,59	00:30,93	01:12,97	02:40,97	02:25,10	05:56,54
1224	00:27,44	01:00,24	02:14,85	04:49,80	09:52,16	18:41,15	00:31,54	01:06,86	02:49,36	00:35,59	01:16,09	02:49,60	00:30,93	01:12,98	02:40,98	02:25,12	05:56,57
1223	00:27,45	01:00,25	02:14,86	04:49,83	09:52,21	18:41,24	00:31,54	01:06,87	02:49,37	00:35,59	01:16,10	02:49,62	00:30,93	01:12,98	02:40,99	02:25,13	05:56,60
1222	00:27,45	01:00,26	02:14,87	04:49,85	09:52,25	18:41,33	00:31,55	01:06,88	02:49,39	00:35,60	01:16,11	02:49,63	00:30,94	01:12,99	02:41,01	02:25,14	05:56,63
1221	00:27,45	01:00,26	02:14,88	04:49,87	09:52,30	18:41,43	00:31,55	01:06,88	02:49,40	00:35,60	01:16,12	02:49,65	00:30,94	01:13,00	02:41,02	02:25,15	05:56,66
1220	00:27,46	01:00,27	02:14,89	04:49,90	09:52,35	18:41,52	00:31,56	01:06,89	02:49,42	00:35,61	01:16,13	02:49,66	00:30,95	01:13,01	02:41,03	02:25,16	05:56,69
1219	00:27,46	01:00,28	02:14,90	04:49,92	09:52,40	18:41,61	00:31,56	01:06,90	02:49,43	00:35,61	01:16,13	02:49,67	00:30,95	01:13,02	02:41,05	02:25,18	05:56,72

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1218	00:27,46	01:00,28	02:14,91	04:49,95	09:52,45	18:41,70	00:31,56	01:06,91	02:49,44	00:35,62	01:16,14	02:49,69	00:30,95	01:13,02	02:41,06	02:25,19	05:56,75
1217	00:27,47	01:00,29	02:14,92	04:49,97	09:52,50	18:41,79	00:31,57	01:06,91	02:49,46	00:35,62	01:16,15	02:49,70	00:30,96	01:13,03	02:41,07	02:25,20	05:56,78
1216	00:27,47	01:00,30	02:14,94	04:49,99	09:52,55	18:41,89	00:31,57	01:06,92	02:49,47	00:35,62	01:16,16	02:49,72	00:30,96	01:13,04	02:41,09	02:25,21	05:56,81
1215	00:27,48	01:00,30	02:14,95	04:50,02	09:52,60	18:41,98	00:31,58	01:06,93	02:49,49	00:35,63	01:16,17	02:49,73	00:30,97	01:13,05	02:41,10	02:25,22	05:56,84
1214	00:27,48	01:00,31	02:14,96	04:50,04	09:52,64	18:42,07	00:31,58	01:06,94	02:49,50	00:35,63	01:16,18	02:49,74	00:30,97	01:13,06	02:41,11	02:25,24	05:56,87
1213	00:27,48	01:00,32	02:14,97	04:50,06	09:52,69	18:42,16	00:31,58	01:06,94	02:49,51	00:35,64	01:16,18	02:49,76	00:30,97	01:13,06	02:41,13	02:25,25	05:56,90
1212	00:27,49	01:00,32	02:14,98	04:50,09	09:52,74	18:42,26	00:31,59	01:06,95	02:49,53	00:35,64	01:16,19	02:49,77	00:30,98	01:13,07	02:41,14	02:25,26	05:56,93
1211	00:27,49	01:00,33	02:14,99	04:50,11	09:52,79	18:42,35	00:31,59	01:06,96	02:49,54	00:35,65	01:16,20	02:49,79	00:30,98	01:13,08	02:41,15	02:25,27	05:56,96
1210	00:27,49	01:00,33	02:15,00	04:50,14	09:52,84	18:42,44	00:31,60	01:06,97	02:49,56	00:35,65	01:16,21	02:49,80	00:30,99	01:13,09	02:41,17	02:25,28	05:56,99
1209	00:27,50	01:00,34	02:15,01	04:50,16	09:52,89	18:42,54	00:31,60	01:06,97	02:49,57	00:35,66	01:16,22	02:49,81	00:30,99	01:13,10	02:41,18	02:25,30	05:57,02
1208	00:27,50	01:00,35	02:15,03	04:50,19	09:52,94	18:42,63	00:31,61	01:06,98	02:49,58	00:35,66	01:16,23	02:49,83	00:30,99	01:13,10	02:41,19	02:25,31	05:57,05
1207	00:27,50	01:00,35	02:15,04	04:50,21	09:52,99	18:42,72	00:31,61	01:06,99	02:49,60	00:35,67	01:16,23	02:49,84	00:31,00	01:13,11	02:41,21	02:25,32	05:57,07
1206	00:27,51	01:00,36	02:15,05	04:50,23	09:53,04	18:42,82	00:31,61	01:06,99	02:49,61	00:35,67	01:16,24	02:49,86	00:31,00	01:13,12	02:41,22	02:25,33	05:57,10
1205	00:27,51	01:00,37	02:15,06	04:50,26	09:53,09	18:42,91	00:31,62	01:07,00	02:49,63	00:35,68	01:16,25	02:49,87	00:31,01	01:13,13	02:41,23	02:25,34	05:57,13
1204	00:27,52	01:00,37	02:15,07	04:50,28	09:53,14	18:43,00	00:31,62	01:07,01	02:49,64	00:35,68	01:16,26	02:49,89	00:31,01	01:13,14	02:41,25	02:25,36	05:57,16
1203	00:27,52	01:00,38	02:15,08	04:50,31	09:53,19	18:43,10	00:31,63	01:07,02	02:49,65	00:35,69	01:16,27	02:49,90	00:31,01	01:13,14	02:41,26	02:25,37	05:57,19
1202	00:27,52	01:00,39	02:15,09	04:50,33	09:53,24	18:43,19	00:31,63	01:07,02	02:49,67	00:35,69	01:16,28	02:49,91	00:31,02	01:13,15	02:41,27	02:25,38	05:57,22
1201	00:27,53	01:00,39	02:15,10	04:50,35	09:53,29	18:43,29	00:31,63	01:07,03	02:49,68	00:35,69	01:16,28	02:49,93	00:31,02	01:13,16	02:41,29	02:25,39	05:57,25
1200	00:27,53	01:00,40	02:15,12	04:50,38	09:53,34	18:43,38	00:31,64	01:07,04	02:49,70	00:35,70	01:16,29	02:49,94	00:31,03	01:13,17	02:41,30	02:25,41	05:57,28
1199	00:27,53	01:00,41	02:15,13	04:50,40	09:53,38	18:43,47	00:31,64	01:07,05	02:49,71	00:35,70	01:16,30	02:49,96	00:31,03	01:13,18	02:41,32	02:25,42	05:57,31
1198	00:27,54	01:00,41	02:15,14	04:50,43	09:53,43	18:43,57	00:31,65	01:07,05	02:49,73	00:35,71	01:16,31	02:49,97	00:31,04	01:13,19	02:41,33	02:25,43	05:57,34
1197	00:27,54	01:00,42	02:15,15	04:50,45	09:53,48	18:43,66	00:31,65	01:07,06	02:49,74	00:35,71	01:16,32	02:49,99	00:31,04	01:13,19	02:41,34	02:25,44	05:57,37
1196	00:27,54	01:00,43	02:15,16	04:50,48	09:53,53	18:43,76	00:31,66	01:07,07	02:49,75	00:35,72	01:16,33	02:50,00	00:31,04	01:13,20	02:41,36	02:25,45	05:57,40
1195	00:27,55	01:00,43	02:15,17	04:50,50	09:53,58	18:43,85	00:31,66	01:07,08	02:49,77	00:35,72	01:16,33	02:50,01	00:31,05	01:13,21	02:41,37	02:25,47	05:57,43
1194	00:27,55	01:00,44	02:15,18	04:50,52	09:53,63	18:43,94	00:31,66	01:07,08	02:49,78	00:35,73	01:16,34	02:50,03	00:31,05	01:13,22	02:41,38	02:25,48	05:57,46
1193	00:27,56	01:00,45	02:15,19	04:50,55	09:53,68	18:44,04	00:31,67	01:07,09	02:49,80	00:35,73	01:16,35	02:50,04	00:31,06	01:13,23	02:41,40	02:25,49	05:57,49
1192	00:27,56	01:00,46	02:15,21	04:50,57	09:53,73	18:44,13	00:31,67	01:07,10	02:49,81	00:35,74	01:16,36	02:50,06	00:31,06	01:13,23	02:41,41	02:25,50	05:57,52
1191	00:27,56	01:00,46	02:15,22	04:50,60	09:53,78	18:44,23	00:31,68	01:07,11	02:49,83	00:35,74	01:16,37	02:50,07	00:31,06	01:13,24	02:41,42	02:25,52	05:57,55
1190	00:27,57	01:00,47	02:15,23	04:50,62	09:53,83	18:44,32	00:31,68	01:07,11	02:49,84	00:35,75	01:16,38	02:50,09	00:31,07	01:13,25	02:41,44	02:25,53	05:57,58
1189	00:27,57	01:00,48	02:15,24	04:50,65	09:53,88	18:44,42	00:31,69	01:07,12	02:49,85	00:35,75	01:16,39	02:50,10	00:31,07	01:13,26	02:41,45	02:25,54	05:57,61
1188	00:27,57	01:00,48	02:15,25	04:50,67	09:53,93	18:44,51	00:31,69	01:07,13	02:49,87	00:35,76	01:16,39	02:50,11	00:31,08	01:13,27	02:41,46	02:25,55	05:57,64
1187	00:27,58	01:00,49	02:15,26	04:50,70	09:53,98	18:44,61	00:31,69	01:07,14	02:49,88	00:35,76	01:16,40	02:50,13	00:31,08	01:13,27	02:41,48	02:25,56	05:57,67
1186	00:27,58	01:00,50	02:15,27	04:50,72	09:54,03	18:44,70	00:31,70	01:07,14	02:49,90	00:35,77	01:16,41	02:50,14	00:31,09	01:13,28	02:41,49	02:25,58	05:57,70
1185	00:27,59	01:00,50	02:15,29	04:50,75	09:54,08	18:44,80	00:31,70	01:07,15	02:49,91	00:35,77	01:16,42	02:50,16	00:31,09	01:13,29	02:41,51	02:25,59	05:57,73
1184	00:27,59	01:00,51	02:15,30	04:50,77	09:54,13	18:44,89	00:31,71	01:07,16	02:49,93	00:35,78	01:16,43	02:50,17	00:31,09	01:13,30	02:41,52	02:25,60	05:57,76
1183	00:27,59	01:00,52	02:15,31	04:50,79	09:54,19	18:44,99	00:31,71	01:07,17	02:49,94	00:35,78	01:16,44	02:50,19	00:31,10	01:13,31	02:41,53	02:25,61	05:57,80
1182	00:27,60	01:00,52	02:15,32	04:50,82	09:54,24	18:45,08	00:31,72	01:07,17	02:49,95	00:35,79	01:16,45	02:50,20	00:31,10	01:13,32	02:41,55	02:25,63	05:57,83
1181	00:27,60	01:00,53	02:15,33	04:50,84	09:54,29	18:45,18	00:31,72	01:07,18	02:49,97	00:35,79	01:16,45	02:50,21	00:31,11	01:13,32	02:41,56	02:25,64	05:57,86
1180	00:27,60	01:00,54	02:15,34	04:50,87	09:54,34	18:45,28	00:31,72	01:07,19	02:49,98	00:35,80	01:16,46	02:50,23	00:31,11	01:13,33	02:41,57	02:25,65	05:57,89
1179	00:27,61	01:00,54	02:15,35	04:50,89	09:54,39	18:45,37	00:31,73	01:07,20	02:50,00	00:35,80	01:16,47	02:50,24	00:31,11	01:13,34	02:41,59	02:25,66	05:57,92
1178	00:27,61	01:00,55	02:15,37	04:50,92	09:54,44	18:45,47	00:31,73	01:07,20	02:50,01	00:35,80	01:16,48	02:50,26	00:31,12	01:13,35	02:41,60	02:25,68	05:57,95
1177	00:27,61	01:00,56	02:15,38	04:50,94	09:54,49	18:45,56	00:31,74	01:07,21	02:50,03	00:35,81	01:16,49	02:50,27	00:31,12	01:13,36	02:41,62	02:25,69	05:57,98
1176	00:27,62	01:00,56	02:15,39	04:50,97	09:54,54	18:45,66	00:31,74	01:07,22	02:50,04	00:35,81	01:16,50	02:50,29	00:31,13	01:13,37	02:41,63	02:25,70	05:58,01
1175	00:27,62	01:00,57	02:15,40	04:50,99	09:54,59	18:45,75	00:31,75	01:07,23	02:50,06	00:35,82	01:16,51	02:50,30	00:31,13	01:13,37	02:41,64	02:25,71	05:58,04
1174	00:27,63	01:00,58	02:15,41	04:51,02	09:54,64	18:45,85	00:31,75	01:07,23	02:50,07	00:35,82	01:16,51	02:50,32	00:31,14	01:13,38	02:41,66	02:25,73	05:58,07
1173	00:27,63	01:00,58	02:15,42	04:51,04	09:54,69	18:45,95	00:31,75	01:07,24	02:50,08	00:35,83	01:16,52	02:50,33	00:31,14	01:13,39	02:41,67	02:25,74	05:58,10
1172	00:27,63	01:00,59	02:15,44	04:51,07	09:54,74	18:46,04	00:31,76	01:07,25	02:50,10	00:35,83	01:16,53	02:50,35	00:31,14	01:13,40	02:41,68	02:25,75	05:58,13

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1171	00:27,64	01:00,60	02:15,45	04:51,09	09:54,79	18:46,14	00:31,76	01:07,26	02:50,11	00:35,84	01:16,54	02:50,36	00:31,15	01:13,41	02:41,70	02:25,76	05:58,16
1170	00:27,64	01:00,60	02:15,46	04:51,12	09:54,84	18:46,24	00:31,77	01:07,26	02:50,13	00:35,84	01:16,55	02:50,37	00:31,15	01:13,42	02:41,71	02:25,78	05:58,19
1169	00:27,64	01:00,61	02:15,47	04:51,14	09:54,90	18:46,33	00:31,77	01:07,27	02:50,14	00:35,85	01:16,56	02:50,39	00:31,16	01:13,42	02:41,73	02:25,79	05:58,22
1168	00:27,65	01:00,62	02:15,48	04:51,17	09:54,95	18:46,43	00:31,78	01:07,28	02:50,16	00:35,85	01:16,57	02:50,40	00:31,16	01:13,43	02:41,74	02:25,80	05:58,25
1167	00:27,65	01:00,63	02:15,49	04:51,19	09:55,00	18:46,53	00:31,78	01:07,29	02:50,17	00:35,86	01:16,58	02:50,42	00:31,17	01:13,44	02:41,75	02:25,81	05:58,28
1166	00:27,66	01:00,63	02:15,51	04:51,22	09:55,05	18:46,62	00:31,78	01:07,30	02:50,19	00:35,86	01:16,58	02:50,43	00:31,17	01:13,45	02:41,77	02:25,83	05:58,32
1165	00:27,66	01:00,64	02:15,52	04:51,24	09:55,10	18:46,72	00:31,79	01:07,30	02:50,20	00:35,87	01:16,59	02:50,45	00:31,17	01:13,46	02:41,78	02:25,84	05:58,35
1164	00:27,66	01:00,65	02:15,53	04:51,27	09:55,15	18:46,82	00:31,79	01:07,31	02:50,22	00:35,87	01:16,60	02:50,46	00:31,18	01:13,47	02:41,80	02:25,85	05:58,38
1163	00:27,67	01:00,65	02:15,54	04:51,29	09:55,20	18:46,91	00:31,80	01:07,32	02:50,23	00:35,88	01:16,61	02:50,48	00:31,18	01:13,47	02:41,81	02:25,86	05:58,41
1162	00:27,67	01:00,66	02:15,55	04:51,32	09:55,25	18:47,01	00:31,80	01:07,33	02:50,25	00:35,88	01:16,62	02:50,49	00:31,19	01:13,48	02:41,82	02:25,88	05:58,44
1161	00:27,68	01:00,67	02:15,56	04:51,34	09:55,31	18:47,11	00:31,81	01:07,33	02:50,26	00:35,89	01:16,63	02:50,51	00:31,19	01:13,49	02:41,84	02:25,89	05:58,47
1160	00:27,68	01:00,67	02:15,58	04:51,37	09:55,36	18:47,21	00:31,81	01:07,34	02:50,28	00:35,89	01:16,64	02:50,52	00:31,19	01:13,50	02:41,85	02:25,90	05:58,50
1159	00:27,68	01:00,68	02:15,59	04:51,39	09:55,41	18:47,30	00:31,81	01:07,35	02:50,29	00:35,90	01:16,65	02:50,54	00:31,20	01:13,51	02:41,87	02:25,91	05:58,53
1158	00:27,69	01:00,69	02:15,60	04:51,42	09:55,46	18:47,40	00:31,82	01:07,36	02:50,30	00:35,90	01:16,65	02:50,55	00:31,20	01:13,52	02:41,88	02:25,93	05:58,56
1157	00:27,69	01:00,69	02:15,61	04:51,44	09:55,51	18:47,50	00:31,82	01:07,36	02:50,32	00:35,91	01:16,66	02:50,57	00:31,21	01:13,52	02:41,89	02:25,94	05:58,59
1156	00:27,69	01:00,70	02:15,62	04:51,47	09:55,56	18:47,60	00:31,83	01:07,37	02:50,33	00:35,91	01:16,67	02:50,58	00:31,21	01:13,53	02:41,91	02:25,95	05:58,63
1155	00:27,70	01:00,71	02:15,63	04:51,49	09:55,62	18:47,70	00:31,83	01:07,38	02:50,35	00:35,92	01:16,68	02:50,60	00:31,22	01:13,54	02:41,92	02:25,96	05:58,66
1154	00:27,70	01:00,72	02:15,65	04:51,52	09:55,67	18:47,79	00:31,84	01:07,39	02:50,36	00:35,92	01:16,69	02:50,61	00:31,22	01:13,55	02:41,94	02:25,98	05:58,69
1153	00:27,71	01:00,72	02:15,66	04:51,55	09:55,72	18:47,89	00:31,84	01:07,40	02:50,38	00:35,93	01:16,70	02:50,63	00:31,22	01:13,56	02:41,95	02:25,99	05:58,72
1152	00:27,71	01:00,73	02:15,67	04:51,57	09:55,77	18:47,99	00:31,85	01:07,40	02:50,39	00:35,93	01:16,71	02:50,64	00:31,23	01:13,57	02:41,96	02:26,00	05:58,75
1151	00:27,71	01:00,74	02:15,68	04:51,60	09:55,82	18:48,09	00:31,85	01:07,41	02:50,41	00:35,94	01:16,72	02:50,65	00:31,23	01:13,57	02:41,98	02:26,01	05:58,78
1150	00:27,72	01:00,74	02:15,69	04:51,62	09:55,87	18:48,19	00:31,85	01:07,42	02:50,42	00:35,94	01:16,72	02:50,67	00:31,24	01:13,58	02:41,99	02:26,03	05:58,81
1149	00:27,72	01:00,75	02:15,71	04:51,65	09:55,93	18:48,29	00:31,86	01:07,43	02:50,44	00:35,95	01:16,73	02:50,68	00:31,24	01:13,59	02:42,01	02:26,04	05:58,84
1148	00:27,72	01:00,76	02:15,72	04:51,67	09:55,98	18:48,38	00:31,86	01:07,43	02:50,45	00:35,95	01:16,74	02:50,70	00:31,25	01:13,60	02:42,02	02:26,05	05:58,88
1147	00:27,73	01:00,76	02:15,73	04:51,70	09:56,03	18:48,48	00:31,87	01:07,44	02:50,47	00:35,96	01:16,75	02:50,71	00:31,25	01:13,61	02:42,03	02:26,07	05:58,91
1146	00:27,73	01:00,77	02:15,74	04:51,72	09:56,08	18:48,58	00:31,87	01:07,45	02:50,48	00:35,96	01:16,76	02:50,73	00:31,26	01:13,62	02:42,05	02:26,08	05:58,94
1145	00:27,74	01:00,78	02:15,75	04:51,75	09:56,14	18:48,68	00:31,88	01:07,46	02:50,50	00:35,97	01:16,77	02:50,74	00:31,26	01:13,63	02:42,06	02:26,09	05:58,97
1144	00:27,74	01:00,79	02:15,76	04:51,77	09:56,19	18:48,78	00:31,88	01:07,47	02:50,51	00:35,97	01:16,78	02:50,76	00:31,26	01:13,63	02:42,08	02:26,10	05:59,00
1143	00:27,74	01:00,79	02:15,78	04:51,80	09:56,24	18:48,88	00:31,88	01:07,47	02:50,53	00:35,98	01:16,79	02:50,77	00:31,27	01:13,64	02:42,09	02:26,12	05:59,03
1142	00:27,75	01:00,80	02:15,79	04:51,83	09:56,29	18:48,98	00:31,89	01:07,48	02:50,54	00:35,98	01:16,80	02:50,79	00:31,27	01:13,65	02:42,11	02:26,13	05:59,06
1141	00:27,75	01:00,81	02:15,80	04:51,85	09:56,34	18:49,08	00:31,89	01:07,49	02:50,56	00:35,99	01:16,80	02:50,80	00:31,28	01:13,66	02:42,12	02:26,14	05:59,10
1140	00:27,76	01:00,81	02:15,81	04:51,88	09:56,40	18:49,18	00:31,90	01:07,50	02:50,57	00:35,99	01:16,81	02:50,82	00:31,28	01:13,67	02:42,13	02:26,16	05:59,13
1139	00:27,76	01:00,82	02:15,82	04:51,90	09:56,45	18:49,28	00:31,90	01:07,50	02:50,59	00:36,00	01:16,82	02:50,83	00:31,29	01:13,68	02:42,15	02:26,17	05:59,16
1138	00:27,76	01:00,83	02:15,84	04:51,93	09:56,50	18:49,37	00:31,91	01:07,51	02:50,60	00:36,00	01:16,83	02:50,85	00:31,29	01:13,69	02:42,16	02:26,18	05:59,19
1137	00:27,77	01:00,84	02:15,85	04:51,95	09:56,55	18:49,47	00:31,91	01:07,52	02:50,62	00:36,01	01:16,84	02:50,86	00:31,29	01:13,69	02:42,18	02:26,19	05:59,22
1136	00:27,77	01:00,84	02:15,86	04:51,98	09:56,61	18:49,57	00:31,92	01:07,53	02:50,63	00:36,01	01:16,85	02:50,88	00:31,30	01:13,70	02:42,19	02:26,21	05:59,25
1135	00:27,77	01:00,85	02:15,87	04:52,01	09:56,66	18:49,67	00:31,92	01:07,54	02:50,65	00:36,02	01:16,86	02:50,89	00:31,30	01:13,71	02:42,21	02:26,22	05:59,29
1134	00:27,78	01:00,86	02:15,88	04:52,03	09:56,71	18:49,77	00:31,93	01:07,54	02:50,66	00:36,02	01:16,87	02:50,91	00:31,31	01:13,72	02:42,22	02:26,23	05:59,32
1133	00:27,78	01:00,86	02:15,90	04:52,06	09:56,77	18:49,87	00:31,93	01:07,55	02:50,68	00:36,03	01:16,88	02:50,92	00:31,31	01:13,73	02:42,23	02:26,25	05:59,35
1132	00:27,79	01:00,87	02:15,91	04:52,08	09:56,82	18:49,97	00:31,93	01:07,56	02:50,69	00:36,03	01:16,89	02:50,94	00:31,32	01:13,74	02:42,25	02:26,26	05:59,38
1131	00:27,79	01:00,88	02:15,92	04:52,11	09:56,87	18:50,07	00:31,94	01:07,57	02:50,71	00:36,04	01:16,89	02:50,96	00:31,32	01:13,75	02:42,26	02:26,27	05:59,41
1130	00:27,79	01:00,88	02:15,93	04:52,14	09:56,92	18:50,17	00:31,94	01:07,58	02:50,72	00:36,04	01:16,90	02:50,97	00:31,33	01:13,75	02:42,28	02:26,28	05:59,44
1129	00:27,80	01:00,89	02:15,94	04:52,16	09:56,98	18:50,27	00:31,95	01:07,58	02:50,74	00:36,05	01:16,91	02:50,99	00:31,33	01:13,76	02:42,29	02:26,30	05:59,48
1128	00:27,80	01:00,90	02:15,96	04:52,19	09:57,03	18:50,38	00:31,95	01:07,59	02:50,75	00:36,05	01:16,92	02:51,00	00:31,33	01:13,77	02:42,31	02:26,31	05:59,51
1127	00:27,81	01:00,91	02:15,97	04:52,21	09:57,08	18:50,48	00:31,96	01:07,60	02:50,77	00:36,06	01:16,93	02:51,02	00:31,34	01:13,78	02:42,32	02:26,32	05:59,54
1126	00:27,81	01:00,91	02:15,98	04:52,24	09:57,14	18:50,58	00:31,96	01:07,61	02:50,78	00:36,06	01:16,94	02:51,03	00:31,34	01:13,79	02:42,34	02:26,34	05:59,57
1125	00:27,81	01:00,92	02:15,99	04:52,27	09:57,19	18:50,68	00:31,97	01:07,62	02:50,80	00:36,07	01:16,95	02:51,05	00:31,35	01:13,80	02:42,35	02:26,35	05:59,60

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1124	00:27,82	01:00,93	02:16,01	04:52,29	09:57,24	18:50,78	00:31,97	01:07,62	02:50,81	00:36,07	01:16,96	02:51,06	00:31,35	01:13,81	02:42,36	02:26,36	05:59,64
1123	00:27,82	01:00,94	02:16,02	04:52,32	09:57,30	18:50,88	00:31,97	01:07,63	02:50,83	00:36,08	01:16,97	02:51,08	00:31,36	01:13,82	02:42,38	02:26,38	05:59,67
1122	00:27,83	01:00,94	02:16,03	04:52,34	09:57,35	18:50,98	00:31,98	01:07,64	02:50,85	00:36,08	01:16,98	02:51,09	00:31,36	01:13,82	02:42,39	02:26,39	05:59,70
1121	00:27,83	01:00,95	02:16,04	04:52,37	09:57,40	18:51,08	00:31,98	01:07,65	02:50,86	00:36,09	01:16,98	02:51,11	00:31,37	01:13,83	02:42,41	02:26,40	05:59,73
1120	00:27,83	01:00,96	02:16,05	04:52,40	09:57,46	18:51,18	00:31,99	01:07,66	02:50,88	00:36,09	01:16,99	02:51,12	00:31,37	01:13,84	02:42,42	02:26,42	05:59,77
1119	00:27,84	01:00,96	02:16,07	04:52,42	09:57,51	18:51,28	00:31,99	01:07,66	02:50,89	00:36,10	01:17,00	02:51,14	00:31,37	01:13,85	02:42,44	02:26,43	05:59,80
1118	00:27,84	01:00,97	02:16,08	04:52,45	09:57,56	18:51,39	00:32,00	01:07,67	02:50,91	00:36,10	01:17,01	02:51,15	00:31,38	01:13,86	02:42,45	02:26,44	05:59,83
1117	00:27,85	01:00,98	02:16,09	04:52,47	09:57,62	18:51,49	00:32,00	01:07,68	02:50,92	00:36,11	01:17,02	02:51,17	00:31,38	01:13,87	02:42,47	02:26,45	05:59,86
1116	00:27,85	01:00,99	02:16,10	04:52,50	09:57,67	18:51,59	00:32,01	01:07,69	02:50,94	00:36,11	01:17,03	02:51,18	00:31,39	01:13,88	02:42,48	02:26,47	05:59,89
1115	00:27,85	01:00,99	02:16,12	04:52,53	09:57,73	18:51,69	00:32,01	01:07,70	02:50,95	00:36,12	01:17,04	02:51,20	00:31,39	01:13,89	02:42,50	02:26,48	05:59,93
1114	00:27,86	01:01,00	02:16,13	04:52,55	09:57,78	18:51,79	00:32,02	01:07,70	02:50,97	00:36,12	01:17,05	02:51,22	00:31,40	01:13,89	02:42,51	02:26,49	05:59,96
1113	00:27,86	01:01,01	02:16,14	04:52,58	09:57,83	18:51,89	00:32,02	01:07,71	02:50,98	00:36,13	01:17,06	02:51,23	00:31,40	01:13,90	02:42,52	02:26,51	05:59,99
1112	00:27,87	01:01,01	02:16,15	04:52,61	09:57,89	18:52,00	00:32,02	01:07,72	02:51,00	00:36,13	01:17,07	02:51,25	00:31,41	01:13,91	02:42,54	02:26,52	06:00,02
1111	00:27,87	01:01,02	02:16,16	04:52,63	09:57,94	18:52,10	00:32,03	01:07,73	02:51,01	00:36,14	01:17,08	02:51,26	00:31,41	01:13,92	02:42,55	02:26,53	06:00,06
1110	00:27,87	01:01,03	02:16,18	04:52,66	09:57,99	18:52,20	00:32,03	01:07,74	02:51,03	00:36,15	01:17,09	02:51,28	00:31,41	01:13,93	02:42,57	02:26,55	06:00,09
1109	00:27,88	01:01,04	02:16,19	04:52,69	09:58,05	18:52,30	00:32,04	01:07,74	02:51,05	00:36,15	01:17,09	02:51,29	00:31,42	01:13,94	02:42,58	02:26,56	06:00,12
1108	00:27,88	01:01,04	02:16,20	04:52,71	09:58,10	18:52,41	00:32,04	01:07,75	02:51,06	00:36,16	01:17,10	02:51,31	00:31,42	01:13,95	02:42,60	02:26,57	06:00,15
1107	00:27,89	01:01,05	02:16,21	04:52,74	09:58,16	18:52,51	00:32,05	01:07,76	02:51,08	00:36,16	01:17,11	02:51,32	00:31,43	01:13,96	02:42,61	02:26,59	06:00,19
1106	00:27,89	01:01,06	02:16,23	04:52,77	09:58,21	18:52,61	00:32,05	01:07,77	02:51,09	00:36,17	01:17,12	02:51,34	00:31,43	01:13,96	02:42,63	02:26,60	06:00,22
1105	00:27,89	01:01,07	02:16,24	04:52,79	09:58,27	18:52,71	00:32,06	01:07,78	02:51,11	00:36,17	01:17,13	02:51,35	00:31,44	01:13,97	02:42,64	02:26,61	06:00,25
1104	00:27,90	01:01,07	02:16,25	04:52,82	09:58,32	18:52,82	00:32,06	01:07,78	02:51,12	00:36,18	01:17,14	02:51,37	00:31,44	01:13,98	02:42,66	02:26,63	06:00,29
1103	00:27,90	01:01,08	02:16,26	04:52,85	09:58,37	18:52,92	00:32,07	01:07,79	02:51,14	00:36,18	01:17,15	02:51,39	00:31,45	01:13,99	02:42,67	02:26,64	06:00,32
1102	00:27,91	01:01,09	02:16,28	04:52,87	09:58,43	18:53,02	00:32,07	01:07,80	02:51,15	00:36,19	01:17,16	02:51,40	00:31,45	01:14,00	02:42,69	02:26,65	06:00,35
1101	00:27,91	01:01,10	02:16,29	04:52,90	09:58,48	18:53,13	00:32,08	01:07,81	02:51,17	00:36,19	01:17,17	02:51,42	00:31,45	01:14,01	02:42,70	02:26,67	06:00,38
1100	00:27,91	01:01,10	02:16,30	04:52,93	09:58,54	18:53,23	00:32,08	01:07,82	02:51,18	00:36,20	01:17,18	02:51,43	00:31,46	01:14,02	02:42,72	02:26,68	06:00,42
1099	00:27,92	01:01,11	02:16,31	04:52,95	09:58,59	18:53,33	00:32,08	01:07,83	02:51,20	00:36,20	01:17,19	02:51,45	00:31,46	01:14,03	02:42,73	02:26,69	06:00,45
1098	00:27,92	01:01,12	02:16,33	04:52,98	09:58,65	18:53,44	00:32,09	01:07,83	02:51,22	00:36,21	01:17,20	02:51,46	00:31,47	01:14,04	02:42,75	02:26,71	06:00,48
1097	00:27,93	01:01,12	02:16,34	04:53,01	09:58,70	18:53,54	00:32,09	01:07,84	02:51,23	00:36,21	01:17,21	02:51,48	00:31,47	01:14,05	02:42,76	02:26,72	06:00,52
1096	00:27,93	01:01,13	02:16,35	04:53,03	09:58,76	18:53,64	00:32,10	01:07,85	02:51,25	00:36,22	01:17,22	02:51,50	00:31,48	01:14,05	02:42,78	02:26,73	06:00,55
1095	00:27,93	01:01,14	02:16,36	04:53,06	09:58,81	18:53,75	00:32,10	01:07,86	02:51,26	00:36,22	01:17,22	02:51,51	00:31,48	01:14,06	02:42,79	02:26,75	06:00,58
1094	00:27,94	01:01,15	02:16,38	04:53,09	09:58,87	18:53,85	00:32,11	01:07,87	02:51,28	00:36,23	01:17,23	02:51,53	00:31,49	01:14,07	02:42,81	02:26,76	06:00,61
1093	00:27,94	01:01,15	02:16,39	04:53,11	09:58,92	18:53,96	00:32,11	01:07,87	02:51,29	00:36,23	01:17,24	02:51,54	00:31,49	01:14,08	02:42,82	02:26,77	06:00,65
1092	00:27,95	01:01,16	02:16,40	04:53,14	09:58,98	18:54,06	00:32,12	01:07,88	02:51,31	00:36,24	01:17,25	02:51,56	00:31,50	01:14,09	02:42,84	02:26,79	06:00,68
1091	00:27,95	01:01,17	02:16,41	04:53,17	09:59,03	18:54,16	00:32,12	01:07,89	02:51,33	00:36,24	01:17,26	02:51,57	00:31,50	01:14,10	02:42,85	02:26,80	06:00,71
1090	00:27,95	01:01,18	02:16,43	04:53,19	09:59,09	18:54,27	00:32,13	01:07,90	02:51,34	00:36,25	01:17,27	02:51,59	00:31,51	01:14,11	02:42,87	02:26,81	06:00,75
1089	00:27,96	01:01,18	02:16,44	04:53,22	09:59,14	18:54,37	00:32,13	01:07,91	02:51,36	00:36,26	01:17,28	02:51,61	00:31,51	01:14,12	02:42,88	02:26,83	06:00,78
1088	00:27,96	01:01,19	02:16,45	04:53,25	09:59,20	18:54,48	00:32,14	01:07,92	02:51,37	00:36,26	01:17,29	02:51,62	00:31,51	01:14,13	02:42,90	02:26,84	06:00,81
1087	00:27,97	01:01,20	02:16,46	04:53,27	09:59,25	18:54,58	00:32,14	01:07,92	02:51,39	00:36,27	01:17,30	02:51,64	00:31,52	01:14,14	02:42,91	02:26,86	06:00,85
1086	00:27,97	01:01,21	02:16,48	04:53,30	09:59,31	18:54,69	00:32,15	01:07,93	02:51,41	00:36,27	01:17,31	02:51,65	00:31,52	01:14,14	02:42,93	02:26,87	06:00,88
1085	00:27,97	01:01,21	02:16,49	04:53,33	09:59,36	18:54,79	00:32,15	01:07,94	02:51,42	00:36,28	01:17,32	02:51,67	00:31,53	01:14,15	02:42,94	02:26,88	06:00,91
1084	00:27,98	01:01,22	02:16,50	04:53,36	09:59,42	18:54,90	00:32,15	01:07,95	02:51,44	00:36,28	01:17,33	02:51,68	00:31,53	01:14,16	02:42,96	02:26,90	06:00,95
1083	00:27,98	01:01,23	02:16,51	04:53,38	09:59,47	18:55,00	00:32,16	01:07,96	02:51,45	00:36,29	01:17,34	02:51,70	00:31,54	01:14,17	02:42,97	02:26,91	06:00,98
1082	00:27,99	01:01,24	02:16,53	04:53,41	09:59,53	18:55,11	00:32,16	01:07,97	02:51,47	00:36,29	01:17,35	02:51,72	00:31,54	01:14,18	02:42,99	02:26,92	06:01,01
1081	00:27,99	01:01,24	02:16,54	04:53,44	09:59,59	18:55,21	00:32,17	01:07,97	02:51,48	00:36,30	01:17,36	02:51,73	00:31,55	01:14,19	02:43,00	02:26,94	06:01,05
1080	00:28,00	01:01,25	02:16,55	04:53,46	09:59,64	18:55,32	00:32,17	01:07,98	02:51,50	00:36,30	01:17,37	02:51,75	00:31,55	01:14,20	02:43,02	02:26,95	06:01,08
1079	00:28,00	01:01,26	02:16,56	04:53,49	09:59,70	18:55,42	00:32,18	01:07,99	02:51,52	00:36,31	01:17,38	02:51,76	00:31,56	01:14,21	02:43,03	02:26,96	06:01,11
1078	00:28,00	01:01,27	02:16,58	04:53,52	09:59,75	18:55,53	00:32,18	01:08,00	02:51,53	00:36,31	01:17,39	02:51,78	00:31,56	01:14,22	02:43,05	02:26,98	06:01,15

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1077	00:28,01	01:01,27	02:16,59	04:53,55	09:59,81	18:55,64	00:32,19	01:08,01	02:51,55	00:36,32	01:17,39	02:51,80	00:31,57	01:14,23	02:43,06	02:26,99	06:01,18
1076	00:28,01	01:01,28	02:16,60	04:53,57	09:59,86	18:55,74	00:32,19	01:08,02	02:51,56	00:36,32	01:17,40	02:51,81	00:31,57	01:14,24	02:43,08	02:27,01	06:01,22
1075	00:28,02	01:01,29	02:16,61	04:53,60	09:59,92	18:55,85	00:32,20	01:08,02	02:51,58	00:36,33	01:17,41	02:51,83	00:31,57	01:14,24	02:43,09	02:27,02	06:01,25
1074	00:28,02	01:01,30	02:16,63	04:53,63	09:59,98	18:55,95	00:32,20	01:08,03	02:51,60	00:36,34	01:17,42	02:51,84	00:31,58	01:14,25	02:43,11	02:27,03	06:01,28
1073	00:28,02	01:01,30	02:16,64	04:53,66	10:00,03	18:56,06	00:32,21	01:08,04	02:51,61	00:36,34	01:17,43	02:51,86	00:31,58	01:14,26	02:43,12	02:27,05	06:01,32
1072	00:28,03	01:01,31	02:16,65	04:53,68	10:00,09	18:56,17	00:32,21	01:08,05	02:51,63	00:36,35	01:17,44	02:51,88	00:31,59	01:14,27	02:43,14	02:27,06	06:01,35
1071	00:28,03	01:01,32	02:16,67	04:53,71	10:00,15	18:56,27	00:32,22	01:08,06	02:51,64	00:36,35	01:17,45	02:51,89	00:31,59	01:14,28	02:43,15	02:27,07	06:01,38
1070	00:28,04	01:01,33	02:16,68	04:53,74	10:00,20	18:56,38	00:32,22	01:08,07	02:51,66	00:36,36	01:17,46	02:51,91	00:31,60	01:14,29	02:43,17	02:27,09	06:01,42
1069	00:28,04	01:01,33	02:16,69	04:53,77	10:00,26	18:56,49	00:32,23	01:08,07	02:51,68	00:36,36	01:17,47	02:51,93	00:31,60	01:14,30	02:43,18	02:27,10	06:01,45
1068	00:28,05	01:01,34	02:16,70	04:53,79	10:00,31	18:56,59	00:32,23	01:08,08	02:51,69	00:36,37	01:17,48	02:51,94	00:31,61	01:14,31	02:43,20	02:27,12	06:01,49
1067	00:28,05	01:01,35	02:16,72	04:53,82	10:00,37	18:56,70	00:32,24	01:08,09	02:51,71	00:36,37	01:17,49	02:51,96	00:31,61	01:14,32	02:43,21	02:27,13	06:01,52
1066	00:28,05	01:01,36	02:16,73	04:53,85	10:00,43	18:56,81	00:32,24	01:08,10	02:51,73	00:36,38	01:17,50	02:51,97	00:31,62	01:14,33	02:43,23	02:27,14	06:01,55
1065	00:28,06	01:01,37	02:16,74	04:53,88	10:00,48	18:56,91	00:32,25	01:08,11	02:51,74	00:36,38	01:17,51	02:51,99	00:31,62	01:14,34	02:43,25	02:27,16	06:01,59
1064	00:28,06	01:01,37	02:16,76	04:53,90	10:00,54	18:57,02	00:32,25	01:08,12	02:51,76	00:36,39	01:17,52	02:52,01	00:31,63	01:14,35	02:43,26	02:27,17	06:01,62
1063	00:28,07	01:01,38	02:16,77	04:53,93	10:00,60	18:57,13	00:32,26	01:08,13	02:51,77	00:36,39	01:17,53	02:52,02	00:31,63	01:14,35	02:43,28	02:27,18	06:01,66
1062	00:28,07	01:01,39	02:16,78	04:53,96	10:00,65	18:57,23	00:32,26	01:08,13	02:51,79	00:36,40	01:17,54	02:52,04	00:31,64	01:14,36	02:43,29	02:27,20	06:01,69
1061	00:28,07	01:01,40	02:16,79	04:53,99	10:00,71	18:57,34	00:32,26	01:08,14	02:51,81	00:36,41	01:17,55	02:52,05	00:31,64	01:14,37	02:43,31	02:27,21	06:01,72
1060	00:28,08	01:01,40	02:16,81	04:54,02	10:00,77	18:57,45	00:32,27	01:08,15	02:51,82	00:36,41	01:17,56	02:52,07	00:31,65	01:14,38	02:43,32	02:27,23	06:01,76
1059	00:28,08	01:01,41	02:16,82	04:54,04	10:00,82	18:57,56	00:32,27	01:08,16	02:51,84	00:36,42	01:17,57	02:52,09	00:31,65	01:14,39	02:43,34	02:27,24	06:01,79
1058	00:28,09	01:01,42	02:16,83	04:54,07	10:00,88	18:57,67	00:32,28	01:08,17	02:51,85	00:36,42	01:17,58	02:52,10	00:31,65	01:14,40	02:43,35	02:27,25	06:01,83
1057	00:28,09	01:01,43	02:16,85	04:54,10	10:00,94	18:57,77	00:32,28	01:08,18	02:51,87	00:36,43	01:17,59	02:52,12	00:31,66	01:14,41	02:43,37	02:27,27	06:01,86
1056	00:28,10	01:01,43	02:16,86	04:54,13	10:01,00	18:57,88	00:32,29	01:08,19	02:51,89	00:36,43	01:17,60	02:52,14	00:31,66	01:14,42	02:43,38	02:27,28	06:01,90
1055	00:28,10	01:01,44	02:16,87	04:54,16	10:01,05	18:57,99	00:32,29	01:08,19	02:51,90	00:36,44	01:17,61	02:52,15	00:31,67	01:14,43	02:43,40	02:27,30	06:01,93
1054	00:28,10	01:01,45	02:16,89	04:54,18	10:01,11	18:58,10	00:32,30	01:08,20	02:51,92	00:36,44	01:17,62	02:52,17	00:31,67	01:14,44	02:43,42	02:27,31	06:01,96
1053	00:28,11	01:01,46	02:16,90	04:54,21	10:01,17	18:58,21	00:32,30	01:08,21	02:51,94	00:36,45	01:17,63	02:52,19	00:31,68	01:14,45	02:43,43	02:27,32	06:02,00
1052	00:28,11	01:01,47	02:16,91	04:54,24	10:01,22	18:58,31	00:32,31	01:08,22	02:51,95	00:36,45	01:17,64	02:52,20	00:31,68	01:14,46	02:43,45	02:27,34	06:02,03
1051	00:28,12	01:01,47	02:16,92	04:54,27	10:01,28	18:58,42	00:32,31	01:08,23	02:51,97	00:36,46	01:17,65	02:52,22	00:31,69	01:14,47	02:43,46	02:27,35	06:02,07
1050	00:28,12	01:01,48	02:16,94	04:54,30	10:01,34	18:58,53	00:32,32	01:08,24	02:51,99	00:36,47	01:17,66	02:52,23	00:31,69	01:14,48	02:43,48	02:27,37	06:02,10
1049	00:28,13	01:01,49	02:16,95	04:54,32	10:01,40	18:58,64	00:32,32	01:08,25	02:52,00	00:36,47	01:17,67	02:52,25	00:31,70	01:14,49	02:43,49	02:27,38	06:02,14
1048	00:28,13	01:01,50	02:16,96	04:54,35	10:01,45	18:58,75	00:32,33	01:08,25	02:52,02	00:36,48	01:17,68	02:52,27	00:31,70	01:14,50	02:43,51	02:27,39	06:02,17
1047	00:28,13	01:01,50	02:16,98	04:54,38	10:01,51	18:58,86	00:32,33	01:08,26	02:52,04	00:36,48	01:17,69	02:52,28	00:31,71	01:14,50	02:43,52	02:27,41	06:02,21
1046	00:28,14	01:01,51	02:16,99	04:54,41	10:01,57	18:58,97	00:32,34	01:08,27	02:52,05	00:36,49	01:17,70	02:52,30	00:31,71	01:14,51	02:43,54	02:27,42	06:02,24
1045	00:28,14	01:01,52	02:17,00	04:54,44	10:01,63	18:59,08	00:32,34	01:08,28	02:52,07	00:36,49	01:17,70	02:52,32	00:31,72	01:14,52	02:43,56	02:27,44	06:02,28
1044	00:28,15	01:01,53	02:17,02	04:54,46	10:01,68	18:59,19	00:32,35	01:08,29	02:52,08	00:36,50	01:17,71	02:52,33	00:31,72	01:14,53	02:43,57	02:27,45	06:02,31
1043	00:28,15	01:01,54	02:17,03	04:54,49	10:01,74	18:59,30	00:32,35	01:08,30	02:52,10	00:36,50	01:17,72	02:52,35	00:31,73	01:14,54	02:43,59	02:27,47	06:02,35
1042	00:28,16	01:01,54	02:17,04	04:54,52	10:01,80	18:59,41	00:32,36	01:08,31	02:52,12	00:36,51	01:17,73	02:52,37	00:31,73	01:14,55	02:43,60	02:27,48	06:02,38
1041	00:28,16	01:01,55	02:17,06	04:54,55	10:01,86	18:59,52	00:32,36	01:08,31	02:52,13	00:36,52	01:17,74	02:52,38	00:31,74	01:14,56	02:43,62	02:27,49	06:02,42
1040	00:28,16	01:01,56	02:17,07	04:54,58	10:01,92	18:59,63	00:32,37	01:08,32	02:52,15	00:36,52	01:17,75	02:52,40	00:31,74	01:14,57	02:43,63	02:27,51	06:02,45
1039	00:28,17	01:01,57	02:17,08	04:54,61	10:01,97	18:59,74	00:32,37	01:08,33	02:52,17	00:36,53	01:17,76	02:52,42	00:31,75	01:14,58	02:43,65	02:27,52	06:02,49
1038	00:28,17	01:01,57	02:17,10	04:54,64	10:02,03	18:59,85	00:32,38	01:08,34	02:52,18	00:36,53	01:17,77	02:52,43	00:31,75	01:14,59	02:43,67	02:27,54	06:02,52
1037	00:28,18	01:01,58	02:17,11	04:54,66	10:02,09	18:59,96	00:32,38	01:08,35	02:52,20	00:36,54	01:17,78	02:52,45	00:31,76	01:14,60	02:43,68	02:27,55	06:02,56
1036	00:28,18	01:01,59	02:17,12	04:54,69	10:02,15	19:00,07	00:32,39	01:08,36	02:52,22	00:36,54	01:17,79	02:52,47	00:31,76	01:14,61	02:43,70	02:27,57	06:02,59
1035	00:28,19	01:01,60	02:17,14	04:54,72	10:02,21	19:00,18	00:32,39	01:08,37	02:52,23	00:36,55	01:17,80	02:52,48	00:31,77	01:14,62	02:43,71	02:27,58	06:02,63
1034	00:28,19	01:01,61	02:17,15	04:54,75	10:02,27	19:00,29	00:32,40	01:08,38	02:52,25	00:36,56	01:17,81	02:52,50	00:31,77	01:14,63	02:43,73	02:27,59	06:02,66
1033	00:28,19	01:01,61	02:17,16	04:54,78	10:02,32	19:00,40	00:32,40	01:08,38	02:52,27	00:36,56	01:17,82	02:52,52	00:31,78	01:14,64	02:43,75	02:27,61	06:02,70
1032	00:28,20	01:01,62	02:17,18	04:54,81	10:02,38	19:00,51	00:32,41	01:08,39	02:52,28	00:36,57	01:17,83	02:52,53	00:31,78	01:14,65	02:43,76	02:27,62	06:02,73
1031	00:28,20	01:01,63	02:17,19	04:54,84	10:02,44	19:00,62	00:32,41	01:08,40	02:52,30	00:36,57	01:17,84	02:52,55	00:31,79	01:14,66	02:43,78	02:27,64	06:02,77

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1030	00:28,21	01:01,64	02:17,20	04:54,86	10:02,50	19:00,73	00:32,42	01:08,41	02:52,32	00:36,58	01:17,85	02:52,57	00:31,79	01:14,67	02:43,79	02:27,65	06:02,80
1029	00:28,21	01:01,65	02:17,22	04:54,89	10:02,56	19:00,84	00:32,42	01:08,42	02:52,33	00:36,58	01:17,86	02:52,58	00:31,80	01:14,68	02:43,81	02:27,67	06:02,84
1028	00:28,22	01:01,65	02:17,23	04:54,92	10:02,62	19:00,95	00:32,43	01:08,43	02:52,35	00:36,59	01:17,87	02:52,60	00:31,80	01:14,69	02:43,83	02:27,68	06:02,87
1027	00:28,22	01:01,66	02:17,24	04:54,95	10:02,68	19:01,07	00:32,43	01:08,44	02:52,37	00:36,59	01:17,88	02:52,62	00:31,80	01:14,70	02:43,84	02:27,69	06:02,91
1026	00:28,22	01:01,67	02:17,26	04:54,98	10:02,74	19:01,18	00:32,44	01:08,45	02:52,39	00:36,60	01:17,89	02:52,63	00:31,81	01:14,71	02:43,86	02:27,71	06:02,94
1025	00:28,23	01:01,68	02:17,27	04:55,01	10:02,79	19:01,29	00:32,44	01:08,46	02:52,40	00:36,61	01:17,90	02:52,65	00:31,81	01:14,71	02:43,87	02:27,72	06:02,98
1024	00:28,23	01:01,69	02:17,28	04:55,04	10:02,85	19:01,40	00:32,45	01:08,46	02:52,42	00:36,61	01:17,91	02:52,67	00:31,82	01:14,72	02:43,89	02:27,74	06:03,02
1023	00:28,24	01:01,69	02:17,30	04:55,07	10:02,91	19:01,51	00:32,45	01:08,47	02:52,44	00:36,62	01:17,92	02:52,69	00:31,82	01:14,73	02:43,91	02:27,75	06:03,05
1022	00:28,24	01:01,70	02:17,31	04:55,09	10:02,97	19:01,62	00:32,46	01:08,48	02:52,45	00:36,62	01:17,93	02:52,70	00:31,83	01:14,74	02:43,92	02:27,77	06:03,09
1021	00:28,25	01:01,71	02:17,32	04:55,12	10:03,03	19:01,74	00:32,46	01:08,49	02:52,47	00:36,63	01:17,94	02:52,72	00:31,83	01:14,75	02:43,94	02:27,78	06:03,12
1020	00:28,25	01:01,72	02:17,34	04:55,15	10:03,09	19:01,85	00:32,47	01:08,50	02:52,49	00:36,63	01:17,95	02:52,74	00:31,84	01:14,76	02:43,95	02:27,80	06:03,16
1019	00:28,26	01:01,73	02:17,35	04:55,18	10:03,15	19:01,96	00:32,47	01:08,51	02:52,50	00:36,64	01:17,97	02:52,75	00:31,84	01:14,77	02:43,97	02:27,81	06:03,19
1018	00:28,26	01:01,73	02:17,36	04:55,21	10:03,21	19:02,07	00:32,48	01:08,52	02:52,52	00:36,65	01:17,98	02:52,77	00:31,85	01:14,78	02:43,99	02:27,83	06:03,23
1017	00:28,26	01:01,74	02:17,38	04:55,24	10:03,27	19:02,19	00:32,48	01:08,53	02:52,54	00:36,65	01:17,99	02:52,79	00:31,85	01:14,79	02:44,00	02:27,84	06:03,27
1016	00:28,27	01:01,75	02:17,39	04:55,27	10:03,33	19:02,30	00:32,49	01:08,54	02:52,55	00:36,66	01:18,00	02:52,80	00:31,86	01:14,80	02:44,02	02:27,85	06:03,30
1015	00:28,27	01:01,76	02:17,40	04:55,30	10:03,39	19:02,41	00:32,49	01:08,54	02:52,57	00:36,66	01:18,01	02:52,82	00:31,86	01:14,81	02:44,03	02:27,87	06:03,34
1014	00:28,28	01:01,77	02:17,42	04:55,33	10:03,45	19:02,52	00:32,50	01:08,55	02:52,59	00:36,67	01:18,02	02:52,84	00:31,87	01:14,82	02:44,05	02:27,88	06:03,37
1013	00:28,28	01:01,77	02:17,43	04:55,36	10:03,51	19:02,64	00:32,50	01:08,56	02:52,61	00:36,67	01:18,03	02:52,86	00:31,87	01:14,83	02:44,07	02:27,90	06:03,41
1012	00:28,29	01:01,78	02:17,45	04:55,39	10:03,57	19:02,75	00:32,51	01:08,57	02:52,62	00:36,68	01:18,04	02:52,87	00:31,88	01:14,84	02:44,08	02:27,91	06:03,44
1011	00:28,29	01:01,79	02:17,46	04:55,42	10:03,63	19:02,86	00:32,51	01:08,58	02:52,64	00:36,69	01:18,05	02:52,89	00:31,88	01:14,85	02:44,10	02:27,93	06:03,48
1010	00:28,30	01:01,80	02:17,47	04:55,44	10:03,69	19:02,98	00:32,52	01:08,59	02:52,66	00:36,69	01:18,06	02:52,91	00:31,89	01:14,86	02:44,12	02:27,94	06:03,52
1009	00:28,30	01:01,81	02:17,49	04:55,47	10:03,75	19:03,09	00:32,52	01:08,60	02:52,67	00:36,70	01:18,07	02:52,92	00:31,89	01:14,87	02:44,13	02:27,96	06:03,55
1008	00:28,30	01:01,81	02:17,50	04:55,50	10:03,81	19:03,21	00:32,53	01:08,61	02:52,69	00:36,70	01:18,08	02:52,94	00:31,90	01:14,88	02:44,15	02:27,97	06:03,59
1007	00:28,31	01:01,82	02:17,51	04:55,53	10:03,87	19:03,32	00:32,53	01:08,62	02:52,71	00:36,71	01:18,09	02:52,96	00:31,90	01:14,89	02:44,17	02:27,99	06:03,63
1006	00:28,31	01:01,83	02:17,53	04:55,56	10:03,93	19:03,43	00:32,54	01:08,63	02:52,73	00:36,72	01:18,10	02:52,98	00:31,91	01:14,90	02:44,18	02:28,00	06:03,66
1005	00:28,32	01:01,84	02:17,54	04:55,59	10:03,99	19:03,55	00:32,54	01:08,63	02:52,74	00:36,72	01:18,11	02:52,99	00:31,91	01:14,91	02:44,20	02:28,02	06:03,70
1004	00:28,32	01:01,85	02:17,55	04:55,62	10:04,05	19:03,66	00:32,55	01:08,64	02:52,76	00:36,73	01:18,12	02:53,01	00:31,92	01:14,92	02:44,21	02:28,03	06:03,73
1003	00:28,33	01:01,86	02:17,57	04:55,65	10:04,11	19:03,78	00:32,55	01:08,65	02:52,78	00:36,73	01:18,13	02:53,03	00:31,92	01:14,93	02:44,23	02:28,05	06:03,77
1002	00:28,33	01:01,86	02:17,58	04:55,68	10:04,17	19:03,89	00:32,56	01:08,66	02:52,80	00:36,74	01:18,14	02:53,05	00:31,93	01:14,94	02:44,25	02:28,06	06:03,81
1001	00:28,34	01:01,87	02:17,60	04:55,71	10:04,23	19:04,01	00:32,56	01:08,67	02:52,81	00:36,74	01:18,15	02:53,06	00:31,93	01:14,95	02:44,26	02:28,08	06:03,84
1000	00:28,34	01:01,88	02:17,61	04:55,74	10:04,29	19:04,12	00:32,57	01:08,68	02:52,83	00:36,75	01:18,16	02:53,08	00:31,94	01:14,96	02:44,28	02:28,09	06:03,88
999	00:28,34	01:01,89	02:17,62	04:55,77	10:04,35	19:04,23	00:32,58	01:08,69	02:52,85	00:36,76	01:18,17	02:53,10	00:31,95	01:14,97	02:44,30	02:28,10	06:03,92
998	00:28,35	01:01,90	02:17,64	04:55,80	10:04,41	19:04,35	00:32,58	01:08,70	02:52,86	00:36,76	01:18,18	02:53,11	00:31,95	01:14,98	02:44,31	02:28,12	06:03,95
997	00:28,35	01:01,90	02:17,65	04:55,83	10:04,47	19:04,46	00:32,59	01:08,71	02:52,88	00:36,77	01:18,19	02:53,13	00:31,96	01:14,99	02:44,33	02:28,13	06:03,99
996	00:28,36	01:01,91	02:17,67	04:55,86	10:04,53	19:04,58	00:32,59	01:08,72	02:52,90	00:36,77	01:18,20	02:53,15	00:31,96	01:15,00	02:44,35	02:28,15	06:04,03
995	00:28,36	01:01,92	02:17,68	04:55,89	10:04,59	19:04,70	00:32,60	01:08,73	02:52,92	00:36,78	01:18,21	02:53,17	00:31,97	01:15,01	02:44,36	02:28,16	06:04,06
994	00:28,37	01:01,93	02:17,69	04:55,92	10:04,66	19:04,81	00:32,60	01:08,73	02:52,93	00:36,79	01:18,22	02:53,18	00:31,97	01:15,02	02:44,38	02:28,18	06:04,10
993	00:28,37	01:01,94	02:17,71	04:55,95	10:04,72	19:04,93	00:32,61	01:08,74	02:52,95	00:36,79	01:18,23	02:53,20	00:31,98	01:15,03	02:44,40	02:28,19	06:04,14
992	00:28,38	01:01,95	02:17,72	04:55,98	10:04,78	19:05,04	00:32,61	01:08,75	02:52,97	00:36,80	01:18,24	02:53,22	00:31,98	01:15,04	02:44,41	02:28,21	06:04,17
991	00:28,38	01:01,95	02:17,73	04:56,01	10:04,84	19:05,16	00:32,62	01:08,76	02:52,99	00:36,80	01:18,25	02:53,24	00:31,99	01:15,05	02:44,43	02:28,22	06:04,21
990	00:28,39	01:01,96	02:17,75	04:56,04	10:04,90	19:05,27	00:32,62	01:08,77	02:53,00	00:36,81	01:18,26	02:53,25	00:31,99	01:15,06	02:44,45	02:28,24	06:04,25
989	00:28,39	01:01,97	02:17,76	04:56,07	10:04,96	19:05,39	00:32,63	01:08,78	02:53,02	00:36,81	01:18,27	02:53,27	00:32,00	01:15,07	02:44,46	02:28,25	06:04,28
988	00:28,39	01:01,98	02:17,78	04:56,10	10:05,02	19:05,51	00:32,63	01:08,79	02:53,04	00:36,82	01:18,29	02:53,29	00:32,00	01:15,08	02:44,48	02:28,27	06:04,32
987	00:28,40	01:01,99	02:17,79	04:56,13	10:05,08	19:05,62	00:32,64	01:08,80	02:53,06	00:36,83	01:18,30	02:53,31	00:32,01	01:15,09	02:44,50	02:28,28	06:04,36
986	00:28,40	01:02,00	02:17,80	04:56,16	10:05,15	19:05,74	00:32,64	01:08,81	02:53,07	00:36,83	01:18,31	02:53,33	00:32,01	01:15,10	02:44,51	02:28,30	06:04,40
985	00:28,41	01:02,00	02:17,82	04:56,19	10:05,21	19:05,86	00:32,65	01:08,82	02:53,09	00:36,84	01:18,32	02:53,34	00:32,02	01:15,11	02:44,53	02:28,31	06:04,43
984	00:28,41	01:02,01	02:17,83	04:56,22	10:05,27	19:05,97	00:32,65	01:08,83	02:53,11	00:36,84	01:18,33	02:53,36	00:32,02	01:15,12	02:44,55	02:28,33	06:04,47

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
983	00:28,42	01:02,02	02:17,85	04:56,25	10:05,33	19:06,09	00:32,66	01:08,84	02:53,13	00:36,85	01:18,34	02:53,38	00:32,03	01:15,13	02:44,56	02:28,35	06:04,51
982	00:28,42	01:02,03	02:17,86	04:56,28	10:05,39	19:06,21	00:32,66	01:08,85	02:53,15	00:36,86	01:18,35	02:53,40	00:32,03	01:15,14	02:44,58	02:28,36	06:04,54
981	00:28,43	01:02,04	02:17,88	04:56,31	10:05,45	19:06,32	00:32,67	01:08,85	02:53,16	00:36,86	01:18,36	02:53,41	00:32,04	01:15,15	02:44,60	02:28,38	06:04,58
980	00:28,43	01:02,05	02:17,89	04:56,34	10:05,52	19:06,44	00:32,67	01:08,86	02:53,18	00:36,87	01:18,37	02:53,43	00:32,04	01:15,16	02:44,61	02:28,39	06:04,62
979	00:28,44	01:02,05	02:17,90	04:56,37	10:05,58	19:06,56	00:32,68	01:08,87	02:53,20	00:36,87	01:18,38	02:53,45	00:32,05	01:15,17	02:44,63	02:28,41	06:04,66
978	00:28,44	01:02,06	02:17,92	04:56,40	10:05,64	19:06,68	00:32,69	01:08,88	02:53,22	00:36,88	01:18,39	02:53,47	00:32,05	01:15,18	02:44,65	02:28,42	06:04,69
977	00:28,45	01:02,07	02:17,93	04:56,43	10:05,70	19:06,79	00:32,69	01:08,89	02:53,23	00:36,89	01:18,40	02:53,48	00:32,06	01:15,19	02:44,66	02:28,44	06:04,73
976	00:28,45	01:02,08	02:17,95	04:56,46	10:05,76	19:06,91	00:32,70	01:08,90	02:53,25	00:36,89	01:18,41	02:53,50	00:32,06	01:15,20	02:44,68	02:28,45	06:04,77
975	00:28,45	01:02,09	02:17,96	04:56,49	10:05,83	19:07,03	00:32,70	01:08,91	02:53,27	00:36,90	01:18,42	02:53,52	00:32,07	01:15,21	02:44,70	02:28,47	06:04,81
974	00:28,46	01:02,10	02:17,97	04:56,52	10:05,89	19:07,15	00:32,71	01:08,92	02:53,29	00:36,90	01:18,43	02:53,54	00:32,07	01:15,22	02:44,71	02:28,48	06:04,84
973	00:28,46	01:02,11	02:17,99	04:56,55	10:05,95	19:07,27	00:32,71	01:08,93	02:53,31	00:36,91	01:18,44	02:53,56	00:32,08	01:15,23	02:44,73	02:28,50	06:04,88
972	00:28,47	01:02,11	02:18,00	04:56,58	10:06,01	19:07,39	00:32,72	01:08,94	02:53,32	00:36,92	01:18,45	02:53,57	00:32,08	01:15,24	02:44,75	02:28,51	06:04,92
971	00:28,47	01:02,12	02:18,02	04:56,61	10:06,08	19:07,50	00:32,72	01:08,95	02:53,34	00:36,92	01:18,47	02:53,59	00:32,09	01:15,25	02:44,77	02:28,53	06:04,96
970	00:28,48	01:02,13	02:18,03	04:56,65	10:06,14	19:07,62	00:32,73	01:08,96	02:53,36	00:36,93	01:18,48	02:53,61	00:32,10	01:15,26	02:44,78	02:28,54	06:04,99
969	00:28,48	01:02,14	02:18,05	04:56,68	10:06,20	19:07,74	00:32,73	01:08,97	02:53,38	00:36,93	01:18,49	02:53,63	00:32,10	01:15,27	02:44,80	02:28,56	06:05,03
968	00:28,49	01:02,15	02:18,06	04:56,71	10:06,27	19:07,86	00:32,74	01:08,98	02:53,39	00:36,94	01:18,50	02:53,65	00:32,11	01:15,28	02:44,82	02:28,57	06:05,07
967	00:28,49	01:02,16	02:18,07	04:56,74	10:06,33	19:07,98	00:32,74	01:08,99	02:53,41	00:36,95	01:18,51	02:53,66	00:32,11	01:15,29	02:44,83	02:28,59	06:05,11
966	00:28,50	01:02,16	02:18,09	04:56,77	10:06,39	19:08,10	00:32,75	01:09,00	02:53,43	00:36,95	01:18,52	02:53,68	00:32,12	01:15,30	02:44,85	02:28,60	06:05,15
965	00:28,50	01:02,17	02:18,10	04:56,80	10:06,45	19:08,22	00:32,76	01:09,01	02:53,45	00:36,96	01:18,53	02:53,70	00:32,12	01:15,32	02:44,87	02:28,62	06:05,18
964	00:28,51	01:02,18	02:18,12	04:56,83	10:06,52	19:08,34	00:32,76	01:09,01	02:53,47	00:36,96	01:18,54	02:53,72	00:32,13	01:15,33	02:44,89	02:28,64	06:05,22
963	00:28,51	01:02,19	02:18,13	04:56,86	10:06,58	19:08,46	00:32,77	01:09,02	02:53,49	00:36,97	01:18,55	02:53,74	00:32,13	01:15,34	02:44,90	02:28,65	06:05,26
962	00:28,52	01:02,20	02:18,15	04:56,89	10:06,64	19:08,58	00:32,77	01:09,03	02:53,50	00:36,98	01:18,56	02:53,75	00:32,14	01:15,35	02:44,92	02:28,67	06:05,30
961	00:28,52	01:02,21	02:18,16	04:56,92	10:06,71	19:08,70	00:32,78	01:09,04	02:53,52	00:36,98	01:18,57	02:53,77	00:32,14	01:15,36	02:44,94	02:28,68	06:05,34
960	00:28,52	01:02,22	02:18,17	04:56,95	10:06,77	19:08,82	00:32,78	01:09,05	02:53,54	00:36,99	01:18,58	02:53,79	00:32,15	01:15,37	02:44,95	02:28,70	06:05,37
959	00:28,53	01:02,22	02:18,19	04:56,98	10:06,83	19:08,94	00:32,79	01:09,06	02:53,56	00:37,00	01:18,60	02:53,81	00:32,15	01:15,38	02:44,97	02:28,71	06:05,41
958	00:28,53	01:02,23	02:18,20	04:57,02	10:06,90	19:09,06	00:32,79	01:09,07	02:53,58	00:37,00	01:18,61	02:53,83	00:32,16	01:15,39	02:44,99	02:28,73	06:05,45
957	00:28,54	01:02,24	02:18,22	04:57,05	10:06,96	19:09,18	00:32,80	01:09,08	02:53,59	00:37,01	01:18,62	02:53,85	00:32,16	01:15,40	02:45,01	02:28,74	06:05,49
956	00:28,54	01:02,25	02:18,23	04:57,08	10:07,02	19:09,30	00:32,80	01:09,09	02:53,61	00:37,01	01:18,63	02:53,86	00:32,17	01:15,41	02:45,02	02:28,76	06:05,53
955	00:28,55	01:02,26	02:18,25	04:57,11	10:07,09	19:09,42	00:32,81	01:09,10	02:53,63	00:37,02	01:18,64	02:53,88	00:32,17	01:15,42	02:45,04	02:28,78	06:05,57
954	00:28,55	01:02,27	02:18,26	04:57,14	10:07,15	19:09,54	00:32,81	01:09,11	02:53,65	00:37,03	01:18,65	02:53,90	00:32,18	01:15,43	02:45,06	02:28,79	06:05,60
953	00:28,56	01:02,28	02:18,28	04:57,17	10:07,22	19:09,66	00:32,82	01:09,12	02:53,67	00:37,03	01:18,66	02:53,92	00:32,19	01:15,44	02:45,08	02:28,81	06:05,64
952	00:28,56	01:02,29	02:18,29	04:57,20	10:07,28	19:09,78	00:32,83	01:09,13	02:53,69	00:37,04	01:18,67	02:53,94	00:32,19	01:15,45	02:45,09	02:28,82	06:05,68
951	00:28,57	01:02,29	02:18,31	04:57,23	10:07,34	19:09,90	00:32,83	01:09,14	02:53,70	00:37,04	01:18,68	02:53,95	00:32,20	01:15,46	02:45,11	02:28,84	06:05,72
950	00:28,57	01:02,30	02:18,32	04:57,27	10:07,41	19:10,02	00:32,84	01:09,15	02:53,72	00:37,05	01:18,69	02:53,97	00:32,20	01:15,47	02:45,13	02:28,85	06:05,76
949	00:28,58	01:02,31	02:18,33	04:57,30	10:07,47	19:10,15	00:32,84	01:09,16	02:53,74	00:37,06	01:18,70	02:53,99	00:32,21	01:15,48	02:45,15	02:28,87	06:05,80
948	00:28,58	01:02,32	02:18,35	04:57,33	10:07,54	19:10,27	00:32,85	01:09,17	02:53,76	00:37,06	01:18,72	02:54,01	00:32,21	01:15,49	02:45,16	02:28,89	06:05,84
947	00:28,59	01:02,33	02:18,36	04:57,36	10:07,60	19:10,39	00:32,85	01:09,18	02:53,78	00:37,07	01:18,73	02:54,03	00:32,22	01:15,50	02:45,18	02:28,90	06:05,87
946	00:28,59	01:02,34	02:18,38	04:57,39	10:07,67	19:10,51	00:32,86	01:09,19	02:53,80	00:37,08	01:18,74	02:54,05	00:32,22	01:15,51	02:45,20	02:28,92	06:05,91
945	00:28,60	01:02,35	02:18,39	04:57,42	10:07,73	19:10,63	00:32,86	01:09,20	02:53,81	00:37,08	01:18,75	02:54,07	00:32,23	01:15,52	02:45,22	02:28,93	06:05,95
944	00:28,60	01:02,35	02:18,41	04:57,46	10:07,79	19:10,76	00:32,87	01:09,21	02:53,83	00:37,09	01:18,76	02:54,08	00:32,23	01:15,54	02:45,23	02:28,95	06:05,99
943	00:28,61	01:02,36	02:18,42	04:57,49	10:07,86	19:10,88	00:32,88	01:09,22	02:53,85	00:37,09	01:18,77	02:54,10	00:32,24	01:15,55	02:45,25	02:28,96	06:06,03
942	00:28,61	01:02,37	02:18,44	04:57,52	10:07,92	19:11,00	00:32,88	01:09,23	02:53,87	00:37,10	01:18,78	02:54,12	00:32,24	01:15,56	02:45,27	02:28,98	06:06,07
941	00:28,62	01:02,38	02:18,45	04:57,55	10:07,99	19:11,12	00:32,89	01:09,24	02:53,89	00:37,11	01:18,79	02:54,14	00:32,25	01:15,57	02:45,29	02:29,00	06:06,11
940	00:28,62	01:02,39	02:18,47	04:57,58	10:08,05	19:11,25	00:32,89	01:09,25	02:53,91	00:37,11	01:18,80	02:54,16	00:32,26	01:15,58	02:45,30	02:29,01	06:06,15
939	00:28,63	01:02,40	02:18,48	04:57,61	10:08,12	19:11,37	00:32,90	01:09,26	02:53,92	00:37,12	01:18,82	02:54,18	00:32,26	01:15,59	02:45,32	02:29,03	06:06,19
938	00:28,63	01:02,41	02:18,50	04:57,65	10:08,18	19:11,49	00:32,90	01:09,27	02:53,94	00:37,13	01:18,83	02:54,20	00:32,27	01:15,60	02:45,34	02:29,04	06:06,22
937	00:28,63	01:02,42	02:18,51	04:57,68	10:08,25	19:11,62	00:32,91	01:09,28	02:53,96	00:37,13	01:18,84	02:54,21	00:32,27	01:15,61	02:45,36	02:29,06	06:06,26

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
936	00:28,64	01:02,43	02:18,53	04:57,71	10:08,31	19:11,74	00:32,91	01:09,29	02:53,98	00:37,14	01:18,85	02:54,23	00:32,28	01:15,62	02:45,37	02:29,08	06:06,30
935	00:28,64	01:02,43	02:18,54	04:57,74	10:08,38	19:11,86	00:32,92	01:09,30	02:54,00	00:37,14	01:18,86	02:54,25	00:32,28	01:15,63	02:45,39	02:29,09	06:06,34
934	00:28,65	01:02,44	02:18,56	04:57,77	10:08,44	19:11,99	00:32,93	01:09,30	02:54,02	00:37,15	01:18,87	02:54,27	00:32,29	01:15,64	02:45,41	02:29,11	06:06,38
933	00:28,65	01:02,45	02:18,57	04:57,81	10:08,51	19:12,11	00:32,93	01:09,31	02:54,04	00:37,16	01:18,88	02:54,29	00:32,29	01:15,65	02:45,43	02:29,12	06:06,42
932	00:28,66	01:02,46	02:18,59	04:57,84	10:08,58	19:12,23	00:32,94	01:09,32	02:54,06	00:37,16	01:18,89	02:54,31	00:32,30	01:15,66	02:45,44	02:29,14	06:06,46
931	00:28,66	01:02,47	02:18,60	04:57,87	10:08,64	19:12,36	00:32,94	01:09,33	02:54,07	00:37,17	01:18,90	02:54,33	00:32,31	01:15,67	02:45,46	02:29,16	06:06,50
930	00:28,67	01:02,48	02:18,62	04:57,90	10:08,71	19:12,48	00:32,95	01:09,34	02:54,09	00:37,18	01:18,92	02:54,34	00:32,31	01:15,69	02:45,48	02:29,17	06:06,54
929	00:28,67	01:02,49	02:18,63	04:57,93	10:08,77	19:12,61	00:32,95	01:09,35	02:54,11	00:37,18	01:18,93	02:54,36	00:32,32	01:15,70	02:45,50	02:29,19	06:06,58
928	00:28,68	01:02,50	02:18,65	04:57,97	10:08,84	19:12,73	00:32,96	01:09,36	02:54,13	00:37,19	01:18,94	02:54,38	00:32,32	01:15,71	02:45,52	02:29,20	06:06,62
927	00:28,68	01:02,51	02:18,66	04:58,00	10:08,90	19:12,86	00:32,97	01:09,37	02:54,15	00:37,20	01:18,95	02:54,40	00:32,33	01:15,72	02:45,53	02:29,22	06:06,66
926	00:28,69	01:02,51	02:18,68	04:58,03	10:08,97	19:12,98	00:32,97	01:09,38	02:54,17	00:37,20	01:18,96	02:54,42	00:32,33	01:15,73	02:45,55	02:29,24	06:06,70
925	00:28,69	01:02,52	02:18,69	04:58,06	10:09,04	19:13,11	00:32,98	01:09,39	02:54,19	00:37,21	01:18,97	02:54,44	00:32,34	01:15,74	02:45,57	02:29,25	06:06,74
924	00:28,70	01:02,53	02:18,71	04:58,09	10:09,10	19:13,23	00:32,98	01:09,40	02:54,21	00:37,21	01:18,98	02:54,46	00:32,34	01:15,75	02:45,59	02:29,27	06:06,78
923	00:28,70	01:02,54	02:18,72	04:58,13	10:09,17	19:13,36	00:32,99	01:09,41	02:54,23	00:37,22	01:19,00	02:54,48	00:32,35	01:15,76	02:45,61	02:29,29	06:06,82
922	00:28,71	01:02,55	02:18,74	04:58,16	10:09,23	19:13,48	00:32,99	01:09,42	02:54,24	00:37,23	01:19,01	02:54,50	00:32,36	01:15,77	02:45,62	02:29,30	06:06,86
921	00:28,71	01:02,56	02:18,75	04:58,19	10:09,30	19:13,61	00:33,00	01:09,43	02:54,26	00:37,23	01:19,02	02:54,52	00:32,36	01:15,78	02:45,64	02:29,32	06:06,90
920	00:28,72	01:02,57	02:18,77	04:58,22	10:09,37	19:13,73	00:33,00	01:09,44	02:54,28	00:37,24	01:19,03	02:54,53	00:32,37	01:15,79	02:45,66	02:29,33	06:06,94
919	00:28,72	01:02,58	02:18,78	04:58,26	10:09,43	19:13,86	00:33,01	01:09,45	02:54,30	00:37,25	01:19,04	02:54,55	00:32,37	01:15,80	02:45,68	02:29,35	06:06,98
918	00:28,73	01:02,59	02:18,80	04:58,29	10:09,50	19:13,98	00:33,02	01:09,46	02:54,32	00:37,25	01:19,05	02:54,57	00:32,38	01:15,82	02:45,70	02:29,37	06:07,02
917	00:28,73	01:02,60	02:18,81	04:58,32	10:09,57	19:14,11	00:33,02	01:09,47	02:54,34	00:37,26	01:19,06	02:54,59	00:32,38	01:15,83	02:45,71	02:29,38	06:07,06
916	00:28,74	01:02,60	02:18,83	04:58,36	10:09,63	19:14,24	00:33,03	01:09,48	02:54,36	00:37,27	01:19,07	02:54,61	00:32,39	01:15,84	02:45,73	02:29,40	06:07,10
915	00:28,74	01:02,61	02:18,84	04:58,39	10:09,70	19:14,36	00:33,03	01:09,49	02:54,38	00:37,27	01:19,09	02:54,63	00:32,39	01:15,85	02:45,75	02:29,42	06:07,14
914	00:28,75	01:02,62	02:18,86	04:58,42	10:09,77	19:14,49	00:33,04	01:09,50	02:54,40	00:37,28	01:19,10	02:54,65	00:32,40	01:15,86	02:45,77	02:29,43	06:07,18
913	00:28,75	01:02,63	02:18,87	04:58,45	10:09,83	19:14,62	00:33,04	01:09,51	02:54,42	00:37,29	01:19,11	02:54,67	00:32,41	01:15,87	02:45,79	02:29,45	06:07,22
912	00:28,76	01:02,64	02:18,89	04:58,49	10:09,90	19:14,74	00:33,05	01:09,52	02:54,43	00:37,29	01:19,12	02:54,69	00:32,41	01:15,88	02:45,81	02:29,47	06:07,26
911	00:28,76	01:02,65	02:18,90	04:58,52	10:09,97	19:14,87	00:33,06	01:09,53	02:54,45	00:37,30	01:19,13	02:54,71	00:32,42	01:15,89	02:45,82	02:29,48	06:07,30
910	00:28,77	01:02,66	02:18,92	04:58,55	10:10,04	19:15,00	00:33,06	01:09,54	02:54,47	00:37,31	01:19,14	02:54,73	00:32,42	01:15,90	02:45,84	02:29,50	06:07,34
909	00:28,77	01:02,67	02:18,93	04:58,58	10:10,10	19:15,13	00:33,07	01:09,55	02:54,49	00:37,31	01:19,16	02:54,74	00:32,43	01:15,91	02:45,86	02:29,51	06:07,38
908	00:28,78	01:02,68	02:18,95	04:58,62	10:10,17	19:15,25	00:33,07	01:09,56	02:54,51	00:37,32	01:19,17	02:54,76	00:32,43	01:15,93	02:45,88	02:29,53	06:07,42
907	00:28,78	01:02,69	02:18,96	04:58,65	10:10,24	19:15,38	00:33,08	01:09,58	02:54,53	00:37,32	01:19,18	02:54,78	00:32,44	01:15,94	02:45,90	02:29,55	06:07,46
906	00:28,79	01:02,70	02:18,98	04:58,68	10:10,31	19:15,51	00:33,09	01:09,59	02:54,55	00:37,33	01:19,19	02:54,80	00:32,45	01:15,95	02:45,92	02:29,56	06:07,50
905	00:28,79	01:02,70	02:19,00	04:58,72	10:10,37	19:15,64	00:33,09	01:09,60	02:54,57	00:37,34	01:19,20	02:54,82	00:32,45	01:15,96	02:45,93	02:29,58	06:07,54
904	00:28,80	01:02,71	02:19,01	04:58,75	10:10,44	19:15,77	00:33,10	01:09,61	02:54,59	00:37,34	01:19,21	02:54,84	00:32,46	01:15,97	02:45,95	02:29,60	06:07,58
903	00:28,80	01:02,72	02:19,03	04:58,78	10:10,51	19:15,89	00:33,10	01:09,62	02:54,61	00:37,35	01:19,23	02:54,86	00:32,46	01:15,98	02:45,97	02:29,61	06:07,62
902	00:28,81	01:02,73	02:19,04	04:58,82	10:10,58	19:16,02	00:33,11	01:09,63	02:54,63	00:37,36	01:19,24	02:54,88	00:32,47	01:15,99	02:45,99	02:29,63	06:07,67
901	00:28,81	01:02,74	02:19,06	04:58,85	10:10,64	19:16,15	00:33,11	01:09,64	02:54,65	00:37,36	01:19,25	02:54,90	00:32,47	01:16,00	02:46,01	02:29,65	06:07,71
900	00:28,82	01:02,75	02:19,07	04:58,88	10:10,71	19:16,28	00:33,12	01:09,65	02:54,67	00:37,37	01:19,26	02:54,92	00:32,48	01:16,01	02:46,03	02:29,66	06:07,75
899	00:28,82	01:02,76	02:19,09	04:58,92	10:10,78	19:16,41	00:33,13	01:09,66	02:54,69	00:37,38	01:19,27	02:54,94	00:32,49	01:16,03	02:46,04	02:29,68	06:07,79
898	00:28,83	01:02,77	02:19,10	04:58,95	10:10,85	19:16,54	00:33,13	01:09,67	02:54,71	00:37,38	01:19,28	02:54,96	00:32,49	01:16,04	02:46,06	02:29,70	06:07,83
897	00:28,83	01:02,78	02:19,12	04:58,98	10:10,92	19:16,67	00:33,14	01:09,68	02:54,73	00:37,39	01:19,30	02:54,98	00:32,50	01:16,05	02:46,08	02:29,71	06:07,87
896	00:28,84	01:02,79	02:19,13	04:59,02	10:10,99	19:16,80	00:33,14	01:09,69	02:54,74	00:37,40	01:19,31	02:55,00	00:32,50	01:16,06	02:46,10	02:29,73	06:07,91
895	00:28,84	01:02,80	02:19,15	04:59,05	10:11,05	19:16,93	00:33,15	01:09,70	02:54,76	00:37,40	01:19,32	02:55,02	00:32,51	01:16,07	02:46,12	02:29,75	06:07,95
894	00:28,85	01:02,81	02:19,17	04:59,08	10:11,12	19:17,06	00:33,16	01:09,71	02:54,78	00:37,41	01:19,33	02:55,04	00:32,51	01:16,08	02:46,14	02:29,76	06:07,99
893	00:28,85	01:02,82	02:19,18	04:59,12	10:11,19	19:17,19	00:33,16	01:09,72	02:54,80	00:37,42	01:19,34	02:55,06	00:32,52	01:16,09	02:46,16	02:29,78	06:08,04
892	00:28,86	01:02,83	02:19,20	04:59,15	10:11,26	19:17,32	00:33,17	01:09,73	02:54,82	00:37,42	01:19,35	02:55,08	00:32,53	01:16,11	02:46,17	02:29,80	06:08,08
891	00:28,86	01:02,83	02:19,21	04:59,18	10:11,33	19:17,45	00:33,17	01:09,74	02:54,84	00:37,43	01:19,37	02:55,10	00:32,53	01:16,12	02:46,19	02:29,81	06:08,12
890	00:28,87	01:02,84	02:19,23	04:59,22	10:11,40	19:17,58	00:33,18	01:09,75	02:54,86	00:37,44	01:19,38	02:55,12	00:32,54	01:16,13	02:46,21	02:29,83	06:08,16

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
889	00:28,88	01:02,85	02:19,24	04:59,25	10:11,47	19:17,71	00:33,19	01:09,76	02:54,88	00:37,44	01:19,39	02:55,14	00:32,54	01:16,14	02:46,23	02:29,85	06:08,20
888	00:28,88	01:02,86	02:19,26	04:59,29	10:11,54	19:17,84	00:33,19	01:09,77	02:54,90	00:37,45	01:19,40	02:55,16	00:32,55	01:16,15	02:46,25	02:29,87	06:08,24
887	00:28,89	01:02,87	02:19,28	04:59,32	10:11,60	19:17,97	00:33,20	01:09,78	02:54,92	00:37,46	01:19,41	02:55,18	00:32,55	01:16,16	02:46,27	02:29,88	06:08,28
886	00:28,89	01:02,88	02:19,29	04:59,35	10:11,67	19:18,10	00:33,20	01:09,79	02:54,94	00:37,46	01:19,43	02:55,19	00:32,56	01:16,17	02:46,29	02:29,90	06:08,33
885	00:28,90	01:02,89	02:19,31	04:59,39	10:11,74	19:18,23	00:33,21	01:09,80	02:54,96	00:37,47	01:19,44	02:55,21	00:32,57	01:16,18	02:46,31	02:29,92	06:08,37
884	00:28,90	01:02,90	02:19,32	04:59,42	10:11,81	19:18,36	00:33,21	01:09,81	02:54,98	00:37,48	01:19,45	02:55,23	00:32,57	01:16,20	02:46,33	02:29,93	06:08,41
883	00:28,91	01:02,91	02:19,34	04:59,46	10:11,88	19:18,49	00:33,22	01:09,82	02:55,00	00:37,48	01:19,46	02:55,25	00:32,58	01:16,21	02:46,34	02:29,95	06:08,45
882	00:28,91	01:02,92	02:19,35	04:59,49	10:11,95	19:18,63	00:33,23	01:09,83	02:55,02	00:37,49	01:19,47	02:55,27	00:32,58	01:16,22	02:46,36	02:29,97	06:08,49
881	00:28,92	01:02,93	02:19,37	04:59,52	10:12,02	19:18,76	00:33,23	01:09,84	02:55,04	00:37,50	01:19,48	02:55,29	00:32,59	01:16,23	02:46,38	02:29,98	06:08,54
880	00:28,92	01:02,94	02:19,39	04:59,56	10:12,09	19:18,89	00:33,24	01:09,85	02:55,06	00:37,50	01:19,50	02:55,31	00:32,60	01:16,24	02:46,40	02:30,00	06:08,58
879	00:28,93	01:02,95	02:19,40	04:59,59	10:12,16	19:19,02	00:33,24	01:09,87	02:55,08	00:37,51	01:19,51	02:55,33	00:32,60	01:16,25	02:46,42	02:30,02	06:08,62
878	00:28,93	01:02,96	02:19,42	04:59,63	10:12,23	19:19,16	00:33,25	01:09,88	02:55,10	00:37,52	01:19,52	02:55,35	00:32,61	01:16,26	02:46,44	02:30,04	06:08,66
877	00:28,94	01:02,97	02:19,43	04:59,66	10:12,30	19:19,29	00:33,26	01:09,89	02:55,12	00:37,53	01:19,53	02:55,37	00:32,61	01:16,28	02:46,46	02:30,05	06:08,70
876	00:28,94	01:02,98	02:19,45	04:59,69	10:12,37	19:19,42	00:33,26	01:09,90	02:55,14	00:37,53	01:19,54	02:55,39	00:32,62	01:16,29	02:46,48	02:30,07	06:08,75
875	00:28,95	01:02,99	02:19,47	04:59,73	10:12,44	19:19,55	00:33,27	01:09,91	02:55,16	00:37,54	01:19,56	02:55,41	00:32,63	01:16,30	02:46,50	02:30,09	06:08,79
874	00:28,95	01:03,00	02:19,48	04:59,76	10:12,51	19:19,69	00:33,28	01:09,92	02:55,18	00:37,55	01:19,57	02:55,43	00:32,63	01:16,31	02:46,52	02:30,10	06:08,83
873	00:28,96	01:03,00	02:19,50	04:59,80	10:12,58	19:19,82	00:33,28	01:09,93	02:55,20	00:37,55	01:19,58	02:55,45	00:32,64	01:16,32	02:46,53	02:30,12	06:08,87
872	00:28,96	01:03,01	02:19,51	04:59,83	10:12,65	19:19,95	00:33,29	01:09,94	02:55,22	00:37,56	01:19,59	02:55,48	00:32,64	01:16,33	02:46,55	02:30,14	06:08,92
871	00:28,97	01:03,02	02:19,53	04:59,87	10:12,72	19:20,09	00:33,29	01:09,95	02:55,24	00:37,57	01:19,61	02:55,50	00:32,65	01:16,35	02:46,57	02:30,16	06:08,96
870	00:28,97	01:03,03	02:19,55	04:59,90	10:12,79	19:20,22	00:33,30	01:09,96	02:55,26	00:37,57	01:19,62	02:55,52	00:32,66	01:16,36	02:46,59	02:30,17	06:09,00
869	00:28,98	01:03,04	02:19,56	04:59,94	10:12,86	19:20,35	00:33,31	01:09,97	02:55,28	00:37,58	01:19,63	02:55,54	00:32,66	01:16,37	02:46,61	02:30,19	06:09,04
868	00:28,99	01:03,05	02:19,58	04:59,97	10:12,94	19:20,49	00:33,31	01:09,98	02:55,30	00:37,59	01:19,64	02:55,56	00:32,67	01:16,38	02:46,63	02:30,21	06:09,09
867	00:28,99	01:03,06	02:19,59	05:00,01	10:13,01	19:20,62	00:33,32	01:09,99	02:55,32	00:37,59	01:19,65	02:55,58	00:32,67	01:16,39	02:46,65	02:30,23	06:09,13
866	00:29,00	01:03,07	02:19,61	05:00,04	10:13,08	19:20,76	00:33,32	01:10,00	02:55,34	00:37,60	01:19,67	02:55,60	00:32,68	01:16,40	02:46,67	02:30,24	06:09,17
865	00:29,00	01:03,08	02:19,63	05:00,08	10:13,15	19:20,89	00:33,33	01:10,01	02:55,36	00:37,61	01:19,68	02:55,62	00:32,69	01:16,42	02:46,69	02:30,26	06:09,21
864	00:29,01	01:03,09	02:19,64	05:00,11	10:13,22	19:21,03	00:33,34	01:10,02	02:55,38	00:37,61	01:19,69	02:55,64	00:32,69	01:16,43	02:46,71	02:30,28	06:09,26
863	00:29,01	01:03,10	02:19,66	05:00,14	10:13,29	19:21,16	00:33,34	01:10,04	02:55,40	00:37,62	01:19,70	02:55,66	00:32,70	01:16,44	02:46,73	02:30,30	06:09,30
862	00:29,02	01:03,11	02:19,68	05:00,18	10:13,36	19:21,30	00:33,35	01:10,05	02:55,42	00:37,63	01:19,71	02:55,68	00:32,70	01:16,45	02:46,75	02:30,31	06:09,34
861	00:29,02	01:03,12	02:19,69	05:00,21	10:13,43	19:21,43	00:33,35	01:10,06	02:55,45	00:37,64	01:19,73	02:55,70	00:32,71	01:16,46	02:46,77	02:30,33	06:09,39
860	00:29,03	01:03,13	02:19,71	05:00,25	10:13,50	19:21,57	00:33,36	01:10,07	02:55,47	00:37,64	01:19,74	02:55,72	00:32,72	01:16,47	02:46,79	02:30,35	06:09,43
859	00:29,03	01:03,14	02:19,72	05:00,28	10:13,58	19:21,70	00:33,37	01:10,08	02:55,49	00:37,65	01:19,75	02:55,74	00:32,72	01:16,49	02:46,80	02:30,37	06:09,47
858	00:29,04	01:03,15	02:19,74	05:00,32	10:13,65	19:21,84	00:33,37	01:10,09	02:55,51	00:37,66	01:19,76	02:55,76	00:32,73	01:16,50	02:46,82	02:30,38	06:09,52
857	00:29,04	01:03,16	02:19,76	05:00,36	10:13,72	19:21,97	00:33,38	01:10,10	02:55,53	00:37,66	01:19,78	02:55,78	00:32,73	01:16,51	02:46,84	02:30,40	06:09,56
856	00:29,05	01:03,17	02:19,77	05:00,39	10:13,79	19:22,11	00:33,39	01:10,11	02:55,55	00:37,67	01:19,79	02:55,80	00:32,74	01:16,52	02:46,86	02:30,42	06:09,60
855	00:29,05	01:03,18	02:19,79	05:00,43	10:13,86	19:22,25	00:33,39	01:10,12	02:55,57	00:37,68	01:19,80	02:55,82	00:32,75	01:16,53	02:46,88	02:30,44	06:09,65
854	00:29,06	01:03,19	02:19,81	05:00,46	10:13,94	19:22,38	00:33,40	01:10,13	02:55,59	00:37,68	01:19,81	02:55,84	00:32,75	01:16,55	02:46,90	02:30,45	06:09,69
853	00:29,07	01:03,20	02:19,82	05:00,50	10:14,01	19:22,52	00:33,40	01:10,14	02:55,61	00:37,69	01:19,83	02:55,86	00:32,76	01:16,56	02:46,92	02:30,47	06:09,73
852	00:29,07	01:03,21	02:19,84	05:00,53	10:14,08	19:22,66	00:33,41	01:10,15	02:55,63	00:37,70	01:19,84	02:55,88	00:32,76	01:16,57	02:46,94	02:30,49	06:09,78
851	00:29,08	01:03,22	02:19,86	05:00,57	10:14,15	19:22,79	00:33,42	01:10,17	02:55,65	00:37,71	01:19,85	02:55,90	00:32,77	01:16,58	02:46,96	02:30,51	06:09,82
850	00:29,08	01:03,23	02:19,87	05:00,60	10:14,23	19:22,93	00:33,42	01:10,18	02:55,67	00:37,71	01:19,86	02:55,93	00:32,78	01:16,59	02:46,98	02:30,52	06:09,86
849	00:29,09	01:03,24	02:19,89	05:00,64	10:14,30	19:23,07	00:33,43	01:10,19	02:55,69	00:37,72	01:19,88	02:55,95	00:32,78	01:16,61	02:47,00	02:30,54	06:09,91
848	00:29,09	01:03,25	02:19,91	05:00,67	10:14,37	19:23,21	00:33,44	01:10,20	02:55,71	00:37,73	01:19,89	02:55,97	00:32,79	01:16,62	02:47,02	02:30,56	06:09,95
847	00:29,10	01:03,26	02:19,92	05:00,71	10:14,44	19:23,34	00:33,44	01:10,21	02:55,73	00:37,73	01:19,90	02:55,99	00:32,79	01:16,63	02:47,04	02:30,58	06:09,99
846	00:29,10	01:03,27	02:19,94	05:00,74	10:14,52	19:23,48	00:33,45	01:10,22	02:55,75	00:37,74	01:19,91	02:56,01	00:32,80	01:16,64	02:47,06	02:30,60	06:10,04
845	00:29,11	01:03,28	02:19,96	05:00,78	10:14,59	19:23,62	00:33,45	01:10,23	02:55,78	00:37,75	01:19,93	02:56,03	00:32,81	01:16,65	02:47,08	02:30,61	06:10,08
844	00:29,11	01:03,29	02:19,97	05:00,82	10:14,66	19:23,76	00:33,46	01:10,24	02:55,80	00:37,75	01:19,94	02:56,05	00:32,81	01:16,67	02:47,10	02:30,63	06:10,13
843	00:29,12	01:03,30	02:19,99	05:00,85	10:14,74	19:23,90	00:33,47	01:10,25	02:55,82	00:37,76	01:19,95	02:56,07	00:32,82	01:16,68	02:47,12	02:30,65	06:10,17

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
842	00:29,13	01:03,31	02:20,01	05:00,89	10:14,81	19:24,03	00:33,47	01:10,26	02:55,84	00:37,77	01:19,96	02:56,09	00:32,83	01:16,69	02:47,14	02:30,67	06:10,21
841	00:29,13	01:03,32	02:20,02	05:00,92	10:14,88	19:24,17	00:33,48	01:10,28	02:55,86	00:37,78	01:19,98	02:56,11	00:32,83	01:16,70	02:47,16	02:30,69	06:10,26
840	00:29,14	01:03,33	02:20,04	05:00,96	10:14,96	19:24,31	00:33,49	01:10,29	02:55,88	00:37,78	01:19,99	02:56,13	00:32,84	01:16,71	02:47,18	02:30,70	06:10,30
839	00:29,14	01:03,34	02:20,06	05:01,00	10:15,03	19:24,45	00:33,49	01:10,30	02:55,90	00:37,79	01:20,00	02:56,16	00:32,84	01:16,73	02:47,20	02:30,72	06:10,35
838	00:29,15	01:03,35	02:20,07	05:01,03	10:15,10	19:24,59	00:33,50	01:10,31	02:55,92	00:37,80	01:20,01	02:56,18	00:32,85	01:16,74	02:47,22	02:30,74	06:10,39
837	00:29,15	01:03,36	02:20,09	05:01,07	10:15,18	19:24,73	00:33,50	01:10,32	02:55,94	00:37,80	01:20,03	02:56,20	00:32,86	01:16,75	02:47,24	02:30,76	06:10,44
836	00:29,16	01:03,37	02:20,11	05:01,10	10:15,25	19:24,87	00:33,51	01:10,33	02:55,96	00:37,81	01:20,04	02:56,22	00:32,86	01:16,76	02:47,26	02:30,78	06:10,48
835	00:29,16	01:03,38	02:20,12	05:01,14	10:15,32	19:25,01	00:33,52	01:10,34	02:55,99	00:37,82	01:20,05	02:56,24	00:32,87	01:16,77	02:47,28	02:30,79	06:10,52
834	00:29,17	01:03,39	02:20,14	05:01,18	10:15,40	19:25,15	00:33,52	01:10,35	02:56,01	00:37,83	01:20,06	02:56,26	00:32,88	01:16,79	02:47,30	02:30,81	06:10,57
833	00:29,18	01:03,40	02:20,16	05:01,21	10:15,47	19:25,29	00:33,53	01:10,36	02:56,03	00:37,83	01:20,08	02:56,28	00:32,88	01:16,80	02:47,32	02:30,83	06:10,61
832	00:29,18	01:03,41	02:20,17	05:01,25	10:15,55	19:25,43	00:33,54	01:10,38	02:56,05	00:37,84	01:20,09	02:56,30	00:32,89	01:16,81	02:47,34	02:30,85	06:10,66
831	00:29,19	01:03,42	02:20,19	05:01,29	10:15,62	19:25,57	00:33,54	01:10,39	02:56,07	00:37,85	01:20,10	02:56,33	00:32,89	01:16,82	02:47,36	02:30,87	06:10,70
830	00:29,19	01:03,43	02:20,21	05:01,32	10:15,69	19:25,71	00:33,55	01:10,40	02:56,09	00:37,86	01:20,12	02:56,35	00:32,90	01:16,84	02:47,38	02:30,88	06:10,75
829	00:29,20	01:03,44	02:20,22	05:01,36	10:15,77	19:25,85	00:33,56	01:10,41	02:56,11	00:37,86	01:20,13	02:56,37	00:32,91	01:16,85	02:47,40	02:30,90	06:10,79
828	00:29,20	01:03,45	02:20,24	05:01,39	10:15,84	19:25,99	00:33,56	01:10,42	02:56,13	00:37,87	01:20,14	02:56,39	00:32,91	01:16,86	02:47,42	02:30,92	06:10,84
827	00:29,21	01:03,46	02:20,26	05:01,43	10:15,92	19:26,14	00:33,57	01:10,43	02:56,16	00:37,88	01:20,15	02:56,41	00:32,92	01:16,87	02:47,44	02:30,94	06:10,88
826	00:29,21	01:03,47	02:20,28	05:01,47	10:15,99	19:26,28	00:33,58	01:10,44	02:56,18	00:37,88	01:20,17	02:56,43	00:32,93	01:16,89	02:47,46	02:30,96	06:10,93
825	00:29,22	01:03,48	02:20,29	05:01,50	10:16,07	19:26,42	00:33,58	01:10,46	02:56,20	00:37,89	01:20,18	02:56,45	00:32,93	01:16,90	02:47,48	02:30,98	06:10,97
824	00:29,23	01:03,49	02:20,31	05:01,54	10:16,14	19:26,56	00:33,59	01:10,47	02:56,22	00:37,90	01:20,19	02:56,47	00:32,94	01:16,91	02:47,50	02:30,99	06:11,02
823	00:29,23	01:03,50	02:20,33	05:01,58	10:16,22	19:26,70	00:33,59	01:10,48	02:56,24	00:37,91	01:20,21	02:56,50	00:32,95	01:16,92	02:47,52	02:31,01	06:11,06
822	00:29,24	01:03,51	02:20,34	05:01,61	10:16,29	19:26,85	00:33,60	01:10,49	02:56,26	00:37,91	01:20,22	02:56,52	00:32,95	01:16,93	02:47,54	02:31,03	06:11,11
821	00:29,24	01:03,52	02:20,36	05:01,65	10:16,37	19:26,99	00:33,61	01:10,50	02:56,28	00:37,92	01:20,23	02:56,54	00:32,96	01:16,95	02:47,56	02:31,05	06:11,15
820	00:29,25	01:03,53	02:20,38	05:01,69	10:16,44	19:27,13	00:33,61	01:10,51	02:56,31	00:37,93	01:20,24	02:56,56	00:32,96	01:16,96	02:47,58	02:31,07	06:11,20
819	00:29,25	01:03,54	02:20,39	05:01,73	10:16,52	19:27,27	00:33,62	01:10,52	02:56,33	00:37,94	01:20,26	02:56,58	00:32,97	01:16,97	02:47,60	02:31,09	06:11,24
818	00:29,26	01:03,55	02:20,41	05:01,76	10:16,60	19:27,42	00:33,63	01:10,53	02:56,35	00:37,94	01:20,27	02:56,60	00:32,98	01:16,98	02:47,63	02:31,11	06:11,29
817	00:29,27	01:03,56	02:20,43	05:01,80	10:16,67	19:27,56	00:33,63	01:10,55	02:56,37	00:37,95	01:20,28	02:56,63	00:32,98	01:17,00	02:47,65	02:31,12	06:11,34
816	00:29,27	01:03,57	02:20,45	05:01,84	10:16,75	19:27,70	00:33,64	01:10,56	02:56,39	00:37,96	01:20,30	02:56,65	00:32,99	01:17,01	02:47,67	02:31,14	06:11,38
815	00:29,28	01:03,58	02:20,46	05:01,87	10:16,82	19:27,85	00:33,65	01:10,57	02:56,41	00:37,97	01:20,31	02:56,67	00:33,00	01:17,02	02:47,69	02:31,16	06:11,43
814	00:29,28	01:03,59	02:20,48	05:01,91	10:16,90	19:27,99	00:33,65	01:10,58	02:56,44	00:37,97	01:20,32	02:56,69	00:33,00	01:17,03	02:47,71	02:31,18	06:11,47
813	00:29,29	01:03,60	02:20,50	05:01,95	10:16,97	19:28,14	00:33,66	01:10,59	02:56,46	00:37,98	01:20,34	02:56,71	00:33,01	01:17,05	02:47,73	02:31,20	06:11,52
812	00:29,29	01:03,61	02:20,52	05:01,99	10:17,05	19:28,28	00:33,67	01:10,60	02:56,48	00:37,99	01:20,35	02:56,73	00:33,02	01:17,06	02:47,75	02:31,22	06:11,56
811	00:29,30	01:03,62	02:20,53	05:02,02	10:17,13	19:28,42	00:33,67	01:10,62	02:56,50	00:38,00	01:20,36	02:56,76	00:33,02	01:17,07	02:47,77	02:31,24	06:11,61
810	00:29,31	01:03,63	02:20,55	05:02,06	10:17,20	19:28,57	00:33,68	01:10,63	02:56,52	00:38,00	01:20,38	02:56,78	00:33,03	01:17,08	02:47,79	02:31,25	06:11,66
809	00:29,31	01:03,64	02:20,57	05:02,10	10:17,28	19:28,71	00:33,69	01:10,64	02:56,55	00:38,01	01:20,39	02:56,80	00:33,04	01:17,10	02:47,81	02:31,27	06:11,70
808	00:29,32	01:03,65	02:20,59	05:02,13	10:17,36	19:28,86	00:33,69	01:10,65	02:56,57	00:38,02	01:20,40	02:56,82	00:33,04	01:17,11	02:47,83	02:31,29	06:11,75
807	00:29,32	01:03,67	02:20,60	05:02,17	10:17,43	19:29,00	00:33,70	01:10,66	02:56,59	00:38,02	01:20,42	02:56,84	00:33,05	01:17,12	02:47,85	02:31,31	06:11,79
806	00:29,33	01:03,68	02:20,62	05:02,21	10:17,51	19:29,15	00:33,71	01:10,67	02:56,61	00:38,03	01:20,43	02:56,87	00:33,05	01:17,14	02:47,87	02:31,33	06:11,84
805	00:29,33	01:03,69	02:20,64	05:02,25	10:17,59	19:29,30	00:33,71	01:10,68	02:56,63	00:38,04	01:20,44	02:56,89	00:33,06	01:17,15	02:47,89	02:31,35	06:11,89
804	00:29,34	01:03,70	02:20,66	05:02,29	10:17,66	19:29,44	00:33,72	01:10,70	02:56,66	00:38,05	01:20,45	02:56,91	00:33,07	01:17,16	02:47,92	02:31,37	06:11,93
803	00:29,35	01:03,71	02:20,67	05:02,32	10:17,74	19:29,59	00:33,73	01:10,71	02:56,68	00:38,05	01:20,47	02:56,93	00:33,07	01:17,17	02:47,94	02:31,39	06:11,98
802	00:29,35	01:03,72	02:20,69	05:02,36	10:17,82	19:29,73	00:33,73	01:10,72	02:56,70	00:38,06	01:20,48	02:56,95	00:33,08	01:17,19	02:47,96	02:31,41	06:12,03
801	00:29,36	01:03,73	02:20,71	05:02,40	10:17,90	19:29,88	00:33,74	01:10,73	02:56,72	00:38,07	01:20,49	02:56,98	00:33,09	01:17,20	02:47,98	02:31,42	06:12,07
800	00:29,36	01:03,74	02:20,73	05:02,44	10:17,97	19:30,03	00:33,75	01:10,74	02:56,74	00:38,08	01:20,51	02:57,00	00:33,09	01:17,21	02:48,00	02:31,44	06:12,12
799	00:29,37	01:03,75	02:20,74	05:02,47	10:18,05	19:30,17	00:33,75	01:10,75	02:56,77	00:38,09	01:20,52	02:57,02	00:33,10	01:17,22	02:48,02	02:31,46	06:12,17
798	00:29,38	01:03,76	02:20,76	05:02,51	10:18,13	19:30,32	00:33,76	01:10,77	02:56,79	00:38,09	01:20,53	02:57,04	00:33,11	01:17,24	02:48,04	02:31,48	06:12,21
797	00:29,38	01:03,77	02:20,78	05:02,55	10:18,21	19:30,47	00:33,77	01:10,78	02:56,81	00:38,10	01:20,55	02:57,07	00:33,11	01:17,25	02:48,06	02:31,50	06:12,26
796	00:29,39	01:03,78	02:20,80	05:02,59	10:18,28	19:30,62	00:33,77	01:10,79	02:56,83	00:38,11	01:20,56	02:57,09	00:33,12	01:17,26	02:48,08	02:31,52	06:12,31

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
795	00:29,39	01:03,79	02:20,81	05:02,63	10:18,36	19:30,76	00:33,78	01:10,80	02:56,85	00:38,12	01:20,58	02:57,11	00:33,13	01:17,28	02:48,11	02:31,54	06:12,35
794	00:29,40	01:03,80	02:20,83	05:02,67	10:18,44	19:30,91	00:33,79	01:10,81	02:56,88	00:38,12	01:20,59	02:57,13	00:33,13	01:17,29	02:48,13	02:31,56	06:12,40
793	00:29,40	01:03,81	02:20,85	05:02,70	10:18,52	19:31,06	00:33,79	01:10,83	02:56,90	00:38,13	01:20,60	02:57,16	00:33,14	01:17,30	02:48,15	02:31,58	06:12,45
792	00:29,41	01:03,82	02:20,87	05:02,74	10:18,60	19:31,21	00:33,80	01:10,84	02:56,92	00:38,14	01:20,62	02:57,18	00:33,15	01:17,31	02:48,17	02:31,60	06:12,49
791	00:29,42	01:03,83	02:20,89	05:02,78	10:18,68	19:31,36	00:33,81	01:10,85	02:56,94	00:38,15	01:20,63	02:57,20	00:33,15	01:17,33	02:48,19	02:31,62	06:12,54
790	00:29,42	01:03,85	02:20,90	05:02,82	10:18,75	19:31,50	00:33,81	01:10,86	02:56,97	00:38,15	01:20,64	02:57,22	00:33,16	01:17,34	02:48,21	02:31,63	06:12,59
789	00:29,43	01:03,86	02:20,92	05:02,86	10:18,83	19:31,65	00:33,82	01:10,87	02:56,99	00:38,16	01:20,66	02:57,25	00:33,17	01:17,35	02:48,23	02:31,65	06:12,64
788	00:29,43	01:03,87	02:20,94	05:02,90	10:18,91	19:31,80	00:33,83	01:10,89	02:57,01	00:38,17	01:20,67	02:57,27	00:33,17	01:17,37	02:48,25	02:31,67	06:12,68
787	00:29,44	01:03,88	02:20,96	05:02,93	10:18,99	19:31,95	00:33,83	01:10,90	02:57,03	00:38,18	01:20,68	02:57,29	00:33,18	01:17,38	02:48,28	02:31,69	06:12,73
786	00:29,45	01:03,89	02:20,98	05:02,97	10:19,07	19:32,10	00:33,84	01:10,91	02:57,06	00:38,18	01:20,70	02:57,31	00:33,19	01:17,39	02:48,30	02:31,71	06:12,78
785	00:29,45	01:03,90	02:20,99	05:03,01	10:19,15	19:32,25	00:33,85	01:10,92	02:57,08	00:38,19	01:20,71	02:57,34	00:33,19	01:17,41	02:48,32	02:31,73	06:12,83
784	00:29,46	01:03,91	02:21,01	05:03,05	10:19,23	19:32,40	00:33,86	01:10,93	02:57,10	00:38,20	01:20,72	02:57,36	00:33,20	01:17,42	02:48,34	02:31,75	06:12,87
783	00:29,46	01:03,92	02:21,03	05:03,09	10:19,31	19:32,55	00:33,86	01:10,95	02:57,12	00:38,21	01:20,74	02:57,38	00:33,21	01:17,43	02:48,36	02:31,77	06:12,92
782	00:29,47	01:03,93	02:21,05	05:03,13	10:19,39	19:32,70	00:33,87	01:10,96	02:57,15	00:38,22	01:20,75	02:57,40	00:33,21	01:17,45	02:48,38	02:31,79	06:12,97
781	00:29,48	01:03,94	02:21,07	05:03,17	10:19,47	19:32,85	00:33,88	01:10,97	02:57,17	00:38,22	01:20,77	02:57,43	00:33,22	01:17,46	02:48,41	02:31,81	06:13,02
780	00:29,48	01:03,95	02:21,08	05:03,21	10:19,55	19:33,00	00:33,88	01:10,98	02:57,19	00:38,23	01:20,78	02:57,45	00:33,23	01:17,47	02:48,43	02:31,83	06:13,07
779	00:29,49	01:03,96	02:21,10	05:03,24	10:19,62	19:33,15	00:33,89	01:10,99	02:57,22	00:38,24	01:20,79	02:57,47	00:33,23	01:17,48	02:48,45	02:31,85	06:13,11
778	00:29,49	01:03,98	02:21,12	05:03,28	10:19,70	19:33,31	00:33,90	01:11,01	02:57,24	00:38,25	01:20,81	02:57,50	00:33,24	01:17,50	02:48,47	02:31,87	06:13,16
777	00:29,50	01:03,99	02:21,14	05:03,32	10:19,78	19:33,46	00:33,90	01:11,02	02:57,26	00:38,25	01:20,82	02:57,52	00:33,25	01:17,51	02:48,49	02:31,89	06:13,21
776	00:29,51	01:04,00	02:21,16	05:03,36	10:19,86	19:33,61	00:33,91	01:11,03	02:57,28	00:38,26	01:20,83	02:57,54	00:33,25	01:17,52	02:48,51	02:31,91	06:13,26
775	00:29,51	01:04,01	02:21,18	05:03,40	10:19,95	19:33,76	00:33,92	01:11,04	02:57,31	00:38,27	01:20,85	02:57,56	00:33,26	01:17,54	02:48,54	02:31,93	06:13,31
774	00:29,52	01:04,02	02:21,19	05:03,44	10:20,03	19:33,91	00:33,92	01:11,05	02:57,33	00:38,28	01:20,86	02:57,59	00:33,27	01:17,55	02:48,56	02:31,95	06:13,36
773	00:29,52	01:04,03	02:21,21	05:03,48	10:20,11	19:34,06	00:33,93	01:11,07	02:57,35	00:38,29	01:20,88	02:57,61	00:33,28	01:17,56	02:48,58	02:31,97	06:13,40
772	00:29,53	01:04,04	02:21,23	05:03,52	10:20,19	19:34,22	00:33,94	01:11,08	02:57,38	00:38,29	01:20,89	02:57,63	00:33,28	01:17,58	02:48,60	02:31,99	06:13,45
771	00:29,54	01:04,05	02:21,25	05:03,56	10:20,27	19:34,37	00:33,95	01:11,09	02:57,40	00:38,30	01:20,90	02:57,66	00:33,29	01:17,59	02:48,62	02:32,01	06:13,50
770	00:29,54	01:04,06	02:21,27	05:03,60	10:20,35	19:34,52	00:33,95	01:11,10	02:57,42	00:38,31	01:20,92	02:57,68	00:33,30	01:17,60	02:48,65	02:32,03	06:13,55
769	00:29,55	01:04,07	02:21,29	05:03,64	10:20,43	19:34,68	00:33,96	01:11,12	02:57,45	00:38,32	01:20,93	02:57,70	00:33,30	01:17,62	02:48,67	02:32,05	06:13,60
768	00:29,56	01:04,09	02:21,30	05:03,68	10:20,51	19:34,83	00:33,97	01:11,13	02:57,47	00:38,33	01:20,95	02:57,73	00:33,31	01:17,63	02:48,69	02:32,06	06:13,65
767	00:29,56	01:04,10	02:21,32	05:03,72	10:20,59	19:34,98	00:33,97	01:11,14	02:57,49	00:38,33	01:20,96	02:57,75	00:33,32	01:17,64	02:48,71	02:32,08	06:13,70
766	00:29,57	01:04,11	02:21,34	05:03,76	10:20,67	19:35,14	00:33,98	01:11,15	02:57,52	00:38,34	01:20,97	02:57,77	00:33,32	01:17,66	02:48,73	02:32,10	06:13,74
765	00:29,57	01:04,12	02:21,36	05:03,80	10:20,75	19:35,29	00:33,99	01:11,16	02:57,54	00:38,35	01:20,99	02:57,80	00:33,33	01:17,67	02:48,76	02:32,12	06:13,79
764	00:29,58	01:04,13	02:21,38	05:03,84	10:20,84	19:35,45	00:33,99	01:11,18	02:57,56	00:38,36	01:21,00	02:57,82	00:33,34	01:17,68	02:48,78	02:32,14	06:13,84
763	00:29,59	01:04,14	02:21,40	05:03,88	10:20,92	19:35,60	00:34,00	01:11,19	02:57,59	00:38,37	01:21,02	02:57,84	00:33,34	01:17,70	02:48,80	02:32,16	06:13,89
762	00:29,59	01:04,15	02:21,41	05:03,92	10:21,00	19:35,75	00:34,01	01:11,20	02:57,61	00:38,37	01:21,03	02:57,87	00:33,35	01:17,71	02:48,82	02:32,18	06:13,94
761	00:29,60	01:04,16	02:21,43	05:03,96	10:21,08	19:35,91	00:34,02	01:11,21	02:57,63	00:38,38	01:21,04	02:57,89	00:33,36	01:17,73	02:48,84	02:32,20	06:13,99
760	00:29,60	01:04,17	02:21,45	05:04,00	10:21,16	19:36,06	00:34,02	01:11,23	02:57,66	00:38,39	01:21,06	02:57,91	00:33,36	01:17,74	02:48,87	02:32,22	06:14,04
759	00:29,61	01:04,19	02:21,47	05:04,04	10:21,24	19:36,22	00:34,03	01:11,24	02:57,68	00:38,40	01:21,07	02:57,94	00:33,37	01:17,75	02:48,89	02:32,24	06:14,09
758	00:29,62	01:04,20	02:21,49	05:04,08	10:21,33	19:36,38	00:34,04	01:11,25	02:57,70	00:38,41	01:21,09	02:57,96	00:33,38	01:17,77	02:48,91	02:32,27	06:14,14
757	00:29,62	01:04,21	02:21,51	05:04,12	10:21,41	19:36,53	00:34,04	01:11,26	02:57,73	00:38,41	01:21,10	02:57,98	00:33,39	01:17,78	02:48,93	02:32,29	06:14,19
756	00:29,63	01:04,22	02:21,53	05:04,16	10:21,49	19:36,69	00:34,05	01:11,28	02:57,75	00:38,42	01:21,11	02:58,01	00:33,39	01:17,79	02:48,96	02:32,31	06:14,24
755	00:29,64	01:04,23	02:21,55	05:04,20	10:21,57	19:36,84	00:34,06	01:11,29	02:57,77	00:38,43	01:21,13	02:58,03	00:33,40	01:17,81	02:48,98	02:32,33	06:14,29
754	00:29,64	01:04,24	02:21,56	05:04,24	10:21,66	19:37,00	00:34,07	01:11,30	02:57,80	00:38,44	01:21,14	02:58,05	00:33,41	01:17,82	02:49,00	02:32,35	06:14,34
753	00:29,65	01:04,25	02:21,58	05:04,28	10:21,74	19:37,16	00:34,07	01:11,31	02:57,82	00:38,45	01:21,16	02:58,08	00:33,41	01:17,83	02:49,02	02:32,37	06:14,39
752	00:29,65	01:04,26	02:21,60	05:04,32	10:21,82	19:37,31	00:34,08	01:11,33	02:57,84	00:38,45	01:21,17	02:58,10	00:33,42	01:17,85	02:49,05	02:32,39	06:14,44
751	00:29,66	01:04,28	02:21,62	05:04,36	10:21,91	19:37,47	00:34,09	01:11,34	02:57,87	00:38,46	01:21,19	02:58,13	00:33,43	01:17,86	02:49,07	02:32,41	06:14,49
750	00:29,67	01:04,29	02:21,64	05:04,40	10:21,99	19:37,63	00:34,09	01:11,35	02:57,89	00:38,47	01:21,20	02:58,15	00:33,44	01:17,88	02:49,09	02:32,43	06:14,54
749	00:29,67	01:04,30	02:21,66	05:04,44	10:22,07	19:37,79	00:34,10	01:11,36	02:57,92	00:38,48	01:21,21	02:58,17	00:33,44	01:17,89	02:49,11	02:32,45	06:14,59

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
748	00:29,68	01:04,31	02:21,68	05:04,48	10:22,15	19:37,94	00:34,11	01:11,38	02:57,94	00:38,49	01:21,23	02:58,20	00:33,45	01:17,90	02:49,14	02:32,47	06:14,64
747	00:29,69	01:04,32	02:21,70	05:04,52	10:22,24	19:38,10	00:34,12	01:11,39	02:57,96	00:38,50	01:21,24	02:58,22	00:33,46	01:17,92	02:49,16	02:32,49	06:14,69
746	00:29,69	01:04,33	02:21,72	05:04,56	10:22,32	19:38,26	00:34,12	01:11,40	02:57,99	00:38,50	01:21,26	02:58,24	00:33,46	01:17,93	02:49,18	02:32,51	06:14,74
745	00:29,70	01:04,34	02:21,74	05:04,61	10:22,41	19:38,42	00:34,13	01:11,41	02:58,01	00:38,51	01:21,27	02:58,27	00:33,47	01:17,94	02:49,20	02:32,53	06:14,79
744	00:29,70	01:04,36	02:21,75	05:04,65	10:22,49	19:38,58	00:34,14	01:11,43	02:58,04	00:38,52	01:21,29	02:58,29	00:33,48	01:17,96	02:49,23	02:32,55	06:14,84
743	00:29,71	01:04,37	02:21,77	05:04,69	10:22,57	19:38,74	00:34,15	01:11,44	02:58,06	00:38,53	01:21,30	02:58,32	00:33,49	01:17,97	02:49,25	02:32,57	06:14,89
742	00:29,72	01:04,38	02:21,79	05:04,73	10:22,66	19:38,90	00:34,15	01:11,45	02:58,08	00:38,54	01:21,32	02:58,34	00:33,49	01:17,99	02:49,27	02:32,59	06:14,94
741	00:29,72	01:04,39	02:21,81	05:04,77	10:22,74	19:39,06	00:34,16	01:11,47	02:58,11	00:38,54	01:21,33	02:58,37	00:33,50	01:18,00	02:49,30	02:32,61	06:14,99
740	00:29,73	01:04,40	02:21,83	05:04,81	10:22,83	19:39,22	00:34,17	01:11,48	02:58,13	00:38,55	01:21,34	02:58,39	00:33,51	01:18,01	02:49,32	02:32,63	06:15,04
739	00:29,74	01:04,41	02:21,85	05:04,85	10:22,91	19:39,38	00:34,18	01:11,49	02:58,16	00:38,56	01:21,36	02:58,41	00:33,51	01:18,03	02:49,34	02:32,65	06:15,09
738	00:29,74	01:04,42	02:21,87	05:04,89	10:23,00	19:39,54	00:34,18	01:11,50	02:58,18	00:38,57	01:21,37	02:58,44	00:33,52	01:18,04	02:49,37	02:32,67	06:15,14
737	00:29,75	01:04,44	02:21,89	05:04,94	10:23,08	19:39,70	00:34,19	01:11,52	02:58,20	00:38,58	01:21,39	02:58,46	00:33,53	01:18,06	02:49,39	02:32,69	06:15,19
736	00:29,76	01:04,45	02:21,91	05:04,98	10:23,17	19:39,86	00:34,20	01:11,53	02:58,23	00:38,59	01:21,40	02:58,49	00:33,54	01:18,07	02:49,41	02:32,72	06:15,25
735	00:29,76	01:04,46	02:21,93	05:05,02	10:23,25	19:40,02	00:34,20	01:11,54	02:58,25	00:38,59	01:21,42	02:58,51	00:33,54	01:18,08	02:49,43	02:32,74	06:15,30
734	00:29,77	01:04,47	02:21,95	05:05,06	10:23,34	19:40,18	00:34,21	01:11,56	02:58,28	00:38,60	01:21,43	02:58,54	00:33,55	01:18,10	02:49,46	02:32,76	06:15,35
733	00:29,78	01:04,48	02:21,97	05:05,10	10:23,42	19:40,34	00:34,22	01:11,57	02:58,30	00:38,61	01:21,45	02:58,56	00:33,56	01:18,11	02:49,48	02:32,78	06:15,40
732	00:29,78	01:04,49	02:21,99	05:05,14	10:23,51	19:40,50	00:34,23	01:11,58	02:58,33	00:38,62	01:21,46	02:58,58	00:33,56	01:18,13	02:49,50	02:32,80	06:15,45
731	00:29,79	01:04,51	02:22,01	05:05,19	10:23,59	19:40,66	00:34,23	01:11,59	02:58,35	00:38,63	01:21,48	02:58,61	00:33,57	01:18,14	02:49,53	02:32,82	06:15,50
730	00:29,79	01:04,52	02:22,02	05:05,23	10:23,68	19:40,83	00:34,24	01:11,61	02:58,37	00:38,64	01:21,49	02:58,63	00:33,58	01:18,16	02:49,55	02:32,84	06:15,55
729	00:29,80	01:04,53	02:22,04	05:05,27	10:23,76	19:40,99	00:34,25	01:11,62	02:58,40	00:38,64	01:21,51	02:58,66	00:33,59	01:18,17	02:49,57	02:32,86	06:15,61
728	00:29,81	01:04,54	02:22,06	05:05,31	10:23,85	19:41,15	00:34,26	01:11,63	02:58,42	00:38,65	01:21,52	02:58,68	00:33,59	01:18,18	02:49,60	02:32,88	06:15,66
727	00:29,81	01:04,55	02:22,08	05:05,35	10:23,94	19:41,31	00:34,26	01:11,65	02:58,45	00:38,66	01:21,54	02:58,71	00:33,60	01:18,20	02:49,62	02:32,90	06:15,71
726	00:29,82	01:04,56	02:22,10	05:05,40	10:24,02	19:41,48	00:34,27	01:11,66	02:58,47	00:38,67	01:21,55	02:58,73	00:33,61	01:18,21	02:49,64	02:32,93	06:15,76
725	00:29,83	01:04,58	02:22,12	05:05,44	10:24,11	19:41,64	00:34,28	01:11,67	02:58,50	00:38,68	01:21,57	02:58,76	00:33,62	01:18,23	02:49,67	02:32,95	06:15,81
724	00:29,83	01:04,59	02:22,14	05:05,48	10:24,19	19:41,81	00:34,29	01:11,69	02:58,52	00:38,69	01:21,58	02:58,78	00:33,62	01:18,24	02:49,69	02:32,97	06:15,87
723	00:29,84	01:04,60	02:22,16	05:05,52	10:24,28	19:41,97	00:34,29	01:11,70	02:58,55	00:38,70	01:21,60	02:58,81	00:33,63	01:18,26	02:49,71	02:32,99	06:15,92
722	00:29,85	01:04,61	02:22,18	05:05,57	10:24,37	19:42,13	00:34,30	01:11,71	02:58,57	00:38,70	01:21,61	02:58,83	00:33,64	01:18,27	02:49,74	02:33,01	06:15,97
721	00:29,85	01:04,62	02:22,20	05:05,61	10:24,45	19:42,30	00:34,31	01:11,73	02:58,60	00:38,71	01:21,63	02:58,86	00:33,65	01:18,28	02:49,76	02:33,03	06:16,02
720	00:29,86	01:04,64	02:22,22	05:05,65	10:24,54	19:42,46	00:34,32	01:11,74	02:58,62	00:38,72	01:21,64	02:58,88	00:33,65	01:18,30	02:49,79	02:33,05	06:16,07
719	00:29,87	01:04,65	02:22,24	05:05,69	10:24,63	19:42,63	00:34,32	01:11,75	02:58,65	00:38,73	01:21,66	02:58,91	00:33,66	01:18,31	02:49,81	02:33,07	06:16,13
718	00:29,87	01:04,66	02:22,26	05:05,74	10:24,72	19:42,79	00:34,33	01:11,77	02:58,67	00:38,74	01:21,67	02:58,93	00:33,67	01:18,33	02:49,83	02:33,10	06:16,18
717	00:29,88	01:04,67	02:22,28	05:05,78	10:24,80	19:42,96	00:34,34	01:11,78	02:58,70	00:38,75	01:21,69	02:58,96	00:33,68	01:18,34	02:49,86	02:33,12	06:16,23
716	00:29,89	01:04,68	02:22,30	05:05,82	10:24,89	19:43,12	00:34,35	01:11,79	02:58,72	00:38,76	01:21,70	02:58,98	00:33,68	01:18,36	02:49,88	02:33,14	06:16,28
715	00:29,89	01:04,70	02:22,32	05:05,86	10:24,98	19:43,29	00:34,35	01:11,81	02:58,75	00:38,76	01:21,72	02:59,01	00:33,69	01:18,37	02:49,90	02:33,16	06:16,34
714	00:29,90	01:04,71	02:22,34	05:05,91	10:25,07	19:43,46	00:34,36	01:11,82	02:58,77	00:38,77	01:21,73	02:59,03	00:33,70	01:18,39	02:49,93	02:33,18	06:16,39
713	00:29,91	01:04,72	02:22,36	05:05,95	10:25,15	19:43,62	00:34,37	01:11,83	02:58,80	00:38,78	01:21,75	02:59,06	00:33,71	01:18,40	02:49,95	02:33,20	06:16,44
712	00:29,91	01:04,73	02:22,38	05:05,99	10:25,24	19:43,79	00:34,38	01:11,85	02:58,82	00:38,79	01:21,76	02:59,08	00:33,71	01:18,41	02:49,98	02:33,22	06:16,50
711	00:29,92	01:04,74	02:22,40	05:06,04	10:25,33	19:43,96	00:34,39	01:11,86	02:58,85	00:38,80	01:21,78	02:59,11	00:33,72	01:18,43	02:50,00	02:33,25	06:16,55
710	00:29,93	01:04,76	02:22,42	05:06,08	10:25,42	19:44,12	00:34,39	01:11,87	02:58,87	00:38,81	01:21,79	02:59,13	00:33,73	01:18,44	02:50,02	02:33,27	06:16,60
709	00:29,93	01:04,77	02:22,44	05:06,12	10:25,51	19:44,29	00:34,40	01:11,89	02:58,90	00:38,82	01:21,81	02:59,16	00:33,74	01:18,46	02:50,05	02:33,29	06:16,66
708	00:29,94	01:04,78	02:22,46	05:06,17	10:25,60	19:44,46	00:34,41	01:11,90	02:58,92	00:38,82	01:21,82	02:59,18	00:33,74	01:18,47	02:50,07	02:33,31	06:16,71
707	00:29,95	01:04,79	02:22,48	05:06,21	10:25,68	19:44,63	00:34,42	01:11,91	02:58,95	00:38,83	01:21,84	02:59,21	00:33,75	01:18,49	02:50,10	02:33,33	06:16,76
706	00:29,95	01:04,80	02:22,50	05:06,25	10:25,77	19:44,79	00:34,42	01:11,93	02:58,97	00:38,84	01:21,85	02:59,23	00:33,76	01:18,50	02:50,12	02:33,35	06:16,82
705	00:29,96	01:04,82	02:22,52	05:06,30	10:25,86	19:44,96	00:34,43	01:11,94	02:59,00	00:38,85	01:21,87	02:59,26	00:33,77	01:18,52	02:50,14	02:33,38	06:16,87
704	00:29,97	01:04,83	02:22,54	05:06,34	10:25,95	19:45,13	00:34,44	01:11,95	02:59,03	00:38,86	01:21,88	02:59,28	00:33,77	01:18,53	02:50,17	02:33,40	06:16,92
703	00:29,97	01:04,84	02:22,56	05:06,38	10:26,04	19:45,30	00:34,45	01:11,97	02:59,05	00:38,87	01:21,90	02:59,31	00:33,78	01:18,55	02:50,19	02:33,42	06:16,98
702	00:29,98	01:04,85	02:22,58	05:06,43	10:26,13	19:45,47	00:34,46	01:11,98	02:59,08	00:38,88	01:21,92	02:59,34	00:33,79	01:18,56	02:50,22	02:33,44	06:17,03

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
701	00:29,99	01:04,87	02:22,60	05:06,47	10:26,22	19:45,64	00:34,46	01:11,99	02:59,10	00:38,89	01:21,93	02:59,36	00:33,80	01:18,58	02:50,24	02:33,46	06:17,09
700	00:29,99	01:04,88	02:22,62	05:06,52	10:26,31	19:45,81	00:34,47	01:12,01	02:59,13	00:38,89	01:21,95	02:59,39	00:33,80	01:18,59	02:50,27	02:33,49	06:17,14
699	00:30,00	01:04,89	02:22,64	05:06,56	10:26,40	19:45,98	00:34,48	01:12,02	02:59,15	00:38,90	01:21,96	02:59,41	00:33,81	01:18,61	02:50,29	02:33,51	06:17,19
698	00:30,01	01:04,90	02:22,67	05:06,60	10:26,49	19:46,15	00:34,49	01:12,03	02:59,18	00:38,91	01:21,98	02:59,44	00:33,82	01:18,62	02:50,31	02:33,53	06:17,25
697	00:30,01	01:04,91	02:22,69	05:06,65	10:26,58	19:46,32	00:34,49	01:12,05	02:59,20	00:38,92	01:21,99	02:59,46	00:33,83	01:18,64	02:50,34	02:33,55	06:17,30
696	00:30,02	01:04,93	02:22,71	05:06,69	10:26,67	19:46,49	00:34,50	01:12,06	02:59,23	00:38,93	01:22,01	02:59,49	00:33,84	01:18,65	02:50,36	02:33,57	06:17,36
695	00:30,03	01:04,94	02:22,73	05:06,74	10:26,76	19:46,66	00:34,51	01:12,08	02:59,26	00:38,94	01:22,02	02:59,52	00:33,84	01:18,67	02:50,39	02:33,60	06:17,41
694	00:30,04	01:04,95	02:22,75	05:06,78	10:26,85	19:46,83	00:34,52	01:12,09	02:59,28	00:38,95	01:22,04	02:59,54	00:33,85	01:18,68	02:50,41	02:33,62	06:17,47
693	00:30,04	01:04,96	02:22,77	05:06,83	10:26,94	19:47,01	00:34,53	01:12,10	02:59,31	00:38,96	01:22,06	02:59,57	00:33,86	01:18,70	02:50,44	02:33,64	06:17,52
692	00:30,05	01:04,98	02:22,79	05:06,87	10:27,03	19:47,18	00:34,53	01:12,12	02:59,33	00:38,97	01:22,07	02:59,59	00:33,87	01:18,71	02:50,46	02:33,66	06:17,57
691	00:30,06	01:04,99	02:22,81	05:06,91	10:27,12	19:47,35	00:34,54	01:12,13	02:59,36	00:38,98	01:22,09	02:59,62	00:33,87	01:18,73	02:50,49	02:33,69	06:17,63
690	00:30,06	01:05,00	02:22,83	05:06,96	10:27,21	19:47,52	00:34,55	01:12,15	02:59,39	00:38,98	01:22,10	02:59,65	00:33,88	01:18,74	02:50,51	02:33,71	06:17,68
689	00:30,07	01:05,01	02:22,85	05:07,00	10:27,31	19:47,70	00:34,56	01:12,16	02:59,41	00:38,99	01:22,12	02:59,67	00:33,89	01:18,76	02:50,54	02:33,73	06:17,74
688	00:30,08	01:05,03	02:22,87	05:07,05	10:27,40	19:47,87	00:34,57	01:12,17	02:59,44	00:39,00	01:22,13	02:59,70	00:33,90	01:18,77	02:50,56	02:33,75	06:17,79
687	00:30,08	01:05,04	02:22,89	05:07,09	10:27,49	19:48,04	00:34,57	01:12,19	02:59,46	00:39,01	01:22,15	02:59,72	00:33,91	01:18,79	02:50,59	02:33,78	06:17,85
686	00:30,09	01:05,05	02:22,91	05:07,14	10:27,58	19:48,22	00:34,58	01:12,20	02:59,49	00:39,02	01:22,17	02:59,75	00:33,91	01:18,80	02:50,61	02:33,80	06:17,90
685	00:30,10	01:05,06	02:22,93	05:07,18	10:27,67	19:48,39	00:34,59	01:12,21	02:59,52	00:39,03	01:22,18	02:59,78	00:33,92	01:18,82	02:50,64	02:33,82	06:17,96
684	00:30,10	01:05,08	02:22,96	05:07,23	10:27,76	19:48,56	00:34,60	01:12,23	02:59,54	00:39,04	01:22,20	02:59,80	00:33,93	01:18,83	02:50,66	02:33,84	06:18,02
683	00:30,11	01:05,09	02:22,98	05:07,27	10:27,86	19:48,74	00:34,61	01:12,24	02:59,57	00:39,05	01:22,21	02:59,83	00:33,94	01:18,85	02:50,69	02:33,87	06:18,07
682	00:30,12	01:05,10	02:23,00	05:07,32	10:27,95	19:48,91	00:34,61	01:12,26	02:59,60	00:39,06	01:22,23	02:59,86	00:33,94	01:18,86	02:50,71	02:33,89	06:18,13
681	00:30,13	01:05,12	02:23,02	05:07,36	10:28,04	19:49,09	00:34,62	01:12,27	02:59,62	00:39,07	01:22,25	02:59,88	00:33,95	01:18,88	02:50,74	02:33,91	06:18,18
680	00:30,13	01:05,13	02:23,04	05:07,41	10:28,13	19:49,26	00:34,63	01:12,28	02:59,65	00:39,07	01:22,26	02:59,91	00:33,96	01:18,89	02:50,76	02:33,93	06:18,24
679	00:30,14	01:05,14	02:23,06	05:07,45	10:28,23	19:49,44	00:34,64	01:12,30	02:59,68	00:39,08	01:22,28	02:59,94	00:33,97	01:18,91	02:50,79	02:33,96	06:18,29
678	00:30,15	01:05,15	02:23,08	05:07,50	10:28,32	19:49,62	00:34,65	01:12,31	02:59,70	00:39,09	01:22,29	02:59,96	00:33,98	01:18,93	02:50,81	02:33,98	06:18,35
677	00:30,15	01:05,17	02:23,10	05:07,55	10:28,41	19:49,79	00:34,65	01:12,33	02:59,73	00:39,10	01:22,31	02:59,99	00:33,98	01:18,94	02:50,84	02:34,00	06:18,41
676	00:30,16	01:05,18	02:23,12	05:07,59	10:28,51	19:49,97	00:34,66	01:12,34	02:59,76	00:39,11	01:22,33	03:00,02	00:33,99	01:18,96	02:50,86	02:34,02	06:18,46
675	00:30,17	01:05,19	02:23,15	05:07,64	10:28,60	19:50,14	00:34,67	01:12,36	02:59,78	00:39,12	01:22,34	03:00,04	00:34,00	01:18,97	02:50,89	02:34,05	06:18,52
674	00:30,18	01:05,20	02:23,17	05:07,68	10:28,69	19:50,32	00:34,68	01:12,37	02:59,81	00:39,13	01:22,36	03:00,07	00:34,01	01:18,99	02:50,91	02:34,07	06:18,57
673	00:30,18	01:05,22	02:23,19	05:07,73	10:28,79	19:50,50	00:34,69	01:12,38	02:59,84	00:39,14	01:22,38	03:00,10	00:34,02	01:19,00	02:50,94	02:34,09	06:18,63
672	00:30,19	01:05,23	02:23,21	05:07,77	10:28,88	19:50,68	00:34,70	01:12,40	02:59,86	00:39,15	01:22,39	03:00,12	00:34,02	01:19,02	02:50,96	02:34,12	06:18,69
671	00:30,20	01:05,24	02:23,23	05:07,82	10:28,97	19:50,85	00:34,70	01:12,41	02:59,89	00:39,16	01:22,41	03:00,15	00:34,03	01:19,03	02:50,99	02:34,14	06:18,74
670	00:30,20	01:05,26	02:23,25	05:07,87	10:29,07	19:51,03	00:34,71	01:12,43	02:59,92	00:39,17	01:22,42	03:00,18	00:34,04	01:19,05	02:51,02	02:34,16	06:18,80
669	00:30,21	01:05,27	02:23,27	05:07,91	10:29,16	19:51,21	00:34,72	01:12,44	02:59,94	00:39,18	01:22,44	03:00,20	00:34,05	01:19,07	02:51,04	02:34,19	06:18,86
668	00:30,22	01:05,28	02:23,30	05:07,96	10:29,26	19:51,39	00:34,73	01:12,46	02:59,97	00:39,19	01:22,46	03:00,23	00:34,06	01:19,08	02:51,07	02:34,21	06:18,91
667	00:30,23	01:05,29	02:23,32	05:08,01	10:29,35	19:51,57	00:34,74	01:12,47	03:00,00	00:39,19	01:22,47	03:00,26	00:34,06	01:19,10	02:51,09	02:34,23	06:18,97
666	00:30,23	01:05,31	02:23,34	05:08,05	10:29,45	19:51,75	00:34,75	01:12,48	03:00,02	00:39,20	01:22,49	03:00,29	00:34,07	01:19,11	02:51,12	02:34,25	06:19,03
665	00:30,24	01:05,32	02:23,36	05:08,10	10:29,54	19:51,93	00:34,75	01:12,50	03:00,05	00:39,21	01:22,51	03:00,31	00:34,08	01:19,13	02:51,14	02:34,28	06:19,09
664	00:30,25	01:05,33	02:23,38	05:08,14	10:29,64	19:52,11	00:34,76	01:12,51	03:00,08	00:39,22	01:22,52	03:00,34	00:34,09	01:19,14	02:51,17	02:34,30	06:19,14
663	00:30,25	01:05,35	02:23,40	05:08,19	10:29,73	19:52,29	00:34,77	01:12,53	03:00,11	00:39,23	01:22,54	03:00,37	00:34,10	01:19,16	02:51,20	02:34,32	06:19,20
662	00:30,26	01:05,36	02:23,43	05:08,24	10:29,83	19:52,47	00:34,78	01:12,54	03:00,13	00:39,24	01:22,56	03:00,39	00:34,11	01:19,18	02:51,22	02:34,35	06:19,26
661	00:30,27	01:05,37	02:23,45	05:08,28	10:29,92	19:52,65	00:34,79	01:12,56	03:00,16	00:39,25	01:22,57	03:00,42	00:34,11	01:19,19	02:51,25	02:34,37	06:19,31
660	00:30,28	01:05,39	02:23,47	05:08,33	10:30,02	19:52,83	00:34,80	01:12,57	03:00,19	00:39,26	01:22,59	03:00,45	00:34,12	01:19,21	02:51,27	02:34,40	06:19,37
659	00:30,28	01:05,40	02:23,49	05:08,38	10:30,11	19:53,01	00:34,80	01:12,59	03:00,22	00:39,27	01:22,61	03:00,48	00:34,13	01:19,22	02:51,30	02:34,42	06:19,43
658	00:30,29	01:05,41	02:23,51	05:08,43	10:30,21	19:53,19	00:34,81	01:12,60	03:00,24	00:39,28	01:22,62	03:00,50	00:34,14	01:19,24	02:51,33	02:34,44	06:19,49
657	00:30,30	01:05,43	02:23,53	05:08,47	10:30,31	19:53,38	00:34,82	01:12,62	03:00,27	00:39,29	01:22,64	03:00,53	00:34,15	01:19,26	02:51,35	02:34,47	06:19,55
656	00:30,31	01:05,44	02:23,56	05:08,52	10:30,40	19:53,56	00:34,83	01:12,63	03:00,30	00:39,30	01:22,66	03:00,56	00:34,16	01:19,27	02:51,38	02:34,49	06:19,60
655	00:30,31	01:05,45	02:23,58	05:08,57	10:30,50	19:53,74	00:34,84	01:12,64	03:00,33	00:39,31	01:22,67	03:00,59	00:34,16	01:19,29	02:51,41	02:34,51	06:19,66

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
654	00:30,32	01:05,47	02:23,60	05:08,61	10:30,60	19:53,93	00:34,85	01:12,66	03:00,35	00:39,32	01:22,69	03:00,61	00:34,17	01:19,30	02:51,43	02:34,54	06:19,72
653	00:30,33	01:05,48	02:23,62	05:08,66	10:30,69	19:54,11	00:34,85	01:12,67	03:00,38	00:39,33	01:22,71	03:00,64	00:34,18	01:19,32	02:51,46	02:34,56	06:19,78
652	00:30,33	01:05,49	02:23,64	05:08,71	10:30,79	19:54,29	00:34,86	01:12,69	03:00,41	00:39,34	01:22,72	03:00,67	00:34,19	01:19,34	02:51,48	02:34,58	06:19,84
651	00:30,34	01:05,51	02:23,67	05:08,76	10:30,89	19:54,48	00:34,87	01:12,70	03:00,44	00:39,35	01:22,74	03:00,70	00:34,20	01:19,35	02:51,51	02:34,61	06:19,90
650	00:30,35	01:05,52	02:23,69	05:08,80	10:30,98	19:54,66	00:34,88	01:12,72	03:00,46	00:39,36	01:22,76	03:00,73	00:34,20	01:19,37	02:51,54	02:34,63	06:19,95
649	00:30,36	01:05,53	02:23,71	05:08,85	10:31,08	19:54,84	00:34,89	01:12,73	03:00,49	00:39,37	01:22,77	03:00,75	00:34,21	01:19,38	02:51,56	02:34,66	06:20,01
648	00:30,36	01:05,55	02:23,73	05:08,90	10:31,18	19:55,03	00:34,90	01:12,75	03:00,52	00:39,38	01:22,79	03:00,78	00:34,22	01:19,40	02:51,59	02:34,68	06:20,07
647	00:30,37	01:05,56	02:23,76	05:08,95	10:31,28	19:55,22	00:34,91	01:12,76	03:00,55	00:39,39	01:22,81	03:00,81	00:34,23	01:19,42	02:51,62	02:34,70	06:20,13
646	00:30,38	01:05,57	02:23,78	05:09,00	10:31,37	19:55,40	00:34,91	01:12,78	03:00,58	00:39,39	01:22,82	03:00,84	00:34,24	01:19,43	02:51,64	02:34,73	06:20,19
645	00:30,39	01:05,59	02:23,80	05:09,04	10:31,47	19:55,59	00:34,92	01:12,79	03:00,60	00:39,40	01:22,84	03:00,87	00:34,25	01:19,45	02:51,67	02:34,75	06:20,25
644	00:30,39	01:05,60	02:23,82	05:09,09	10:31,57	19:55,77	00:34,93	01:12,81	03:00,63	00:39,41	01:22,86	03:00,89	00:34,26	01:19,47	02:51,70	02:34,78	06:20,31
643	00:30,40	01:05,61	02:23,84	05:09,14	10:31,67	19:55,96	00:34,94	01:12,82	03:00,66	00:39,42	01:22,88	03:00,92	00:34,26	01:19,48	02:51,72	02:34,80	06:20,37
642	00:30,41	01:05,63	02:23,87	05:09,19	10:31,77	19:56,15	00:34,95	01:12,84	03:00,69	00:39,43	01:22,89	03:00,95	00:34,27	01:19,50	02:51,75	02:34,82	06:20,43
641	00:30,42	01:05,64	02:23,89	05:09,24	10:31,87	19:56,33	00:34,96	01:12,85	03:00,72	00:39,44	01:22,91	03:00,98	00:34,28	01:19,52	02:51,78	02:34,85	06:20,49
640	00:30,42	01:05,65	02:23,91	05:09,28	10:31,97	19:56,52	00:34,97	01:12,87	03:00,75	00:39,45	01:22,93	03:01,01	00:34,29	01:19,53	02:51,80	02:34,87	06:20,55
639	00:30,43	01:05,67	02:23,94	05:09,33	10:32,07	19:56,71	00:34,97	01:12,88	03:00,77	00:39,46	01:22,94	03:01,04	00:34,30	01:19,55	02:51,83	02:34,90	06:20,61
638	00:30,44	01:05,68	02:23,96	05:09,38	10:32,16	19:56,90	00:34,98	01:12,90	03:00,80	00:39,47	01:22,96	03:01,06	00:34,31	01:19,56	02:51,86	02:34,92	06:20,67
637	00:30,45	01:05,69	02:23,98	05:09,43	10:32,26	19:57,08	00:34,99	01:12,91	03:00,83	00:39,48	01:22,98	03:01,09	00:34,32	01:19,58	02:51,89	02:34,95	06:20,73
636	00:30,45	01:05,71	02:24,00	05:09,48	10:32,36	19:57,27	00:35,00	01:12,93	03:00,86	00:39,49	01:23,00	03:01,12	00:34,32	01:19,60	02:51,91	02:34,97	06:20,79
635	00:30,46	01:05,72	02:24,03	05:09,53	10:32,46	19:57,46	00:35,01	01:12,94	03:00,89	00:39,50	01:23,01	03:01,15	00:34,33	01:19,61	02:51,94	02:34,99	06:20,85
634	00:30,47	01:05,74	02:24,05	05:09,58	10:32,56	19:57,65	00:35,02	01:12,96	03:00,92	00:39,51	01:23,03	03:01,18	00:34,34	01:19,63	02:51,97	02:35,02	06:20,91
633	00:30,48	01:05,75	02:24,07	05:09,63	10:32,66	19:57,84	00:35,03	01:12,97	03:00,95	00:39,52	01:23,05	03:01,21	00:34,35	01:19,65	02:51,99	02:35,04	06:20,97
632	00:30,49	01:05,76	02:24,09	05:09,68	10:32,76	19:58,03	00:35,04	01:12,99	03:00,97	00:39,53	01:23,07	03:01,24	00:34,36	01:19,66	02:52,02	02:35,07	06:21,03
631	00:30,49	01:05,78	02:24,12	05:09,72	10:32,87	19:58,22	00:35,04	01:13,01	03:01,00	00:39,54	01:23,08	03:01,26	00:34,37	01:19,68	02:52,05	02:35,09	06:21,09
630	00:30,50	01:05,79	02:24,14	05:09,77	10:32,97	19:58,41	00:35,05	01:13,02	03:01,03	00:39,55	01:23,10	03:01,29	00:34,38	01:19,70	02:52,08	02:35,12	06:21,15
629	00:30,51	01:05,80	02:24,16	05:09,82	10:33,07	19:58,60	00:35,06	01:13,04	03:01,06	00:39,56	01:23,12	03:01,32	00:34,38	01:19,71	02:52,10	02:35,14	06:21,21
628	00:30,52	01:05,82	02:24,19	05:09,87	10:33,17	19:58,80	00:35,07	01:13,05	03:01,09	00:39,57	01:23,14	03:01,35	00:34,39	01:19,73	02:52,13	02:35,17	06:21,27
627	00:30,52	01:05,83	02:24,21	05:09,92	10:33,27	19:58,99	00:35,08	01:13,07	03:01,12	00:39,58	01:23,15	03:01,38	00:34,40	01:19,75	02:52,16	02:35,19	06:21,33
626	00:30,53	01:05,85	02:24,23	05:09,97	10:33,37	19:59,18	00:35,09	01:13,08	03:01,15	00:39,59	01:23,17	03:01,41	00:34,41	01:19,77	02:52,19	02:35,22	06:21,39
625	00:30,54	01:05,86	02:24,26	05:10,02	10:33,47	19:59,37	00:35,10	01:13,10	03:01,18	00:39,60	01:23,19	03:01,44	00:34,42	01:19,78	02:52,21	02:35,24	06:21,45
624	00:30,55	01:05,87	02:24,28	05:10,07	10:33,57	19:59,56	00:35,11	01:13,11	03:01,21	00:39,61	01:23,21	03:01,47	00:34,43	01:19,80	02:52,24	02:35,27	06:21,51
623	00:30,56	01:05,89	02:24,30	05:10,12	10:33,68	19:59,76	00:35,12	01:13,13	03:01,23	00:39,62	01:23,22	03:01,50	00:34,44	01:19,82	02:52,27	02:35,29	06:21,58
622	00:30,56	01:05,90	02:24,33	05:10,17	10:33,78	19:59,95	00:35,12	01:13,14	03:01,26	00:39,63	01:23,24	03:01,53	00:34,45	01:19,83	02:52,30	02:35,32	06:21,64
621	00:30,57	01:05,92	02:24,35	05:10,22	10:33,88	20:00,14	00:35,13	01:13,16	03:01,29	00:39,64	01:23,26	03:01,56	00:34,45	01:19,85	02:52,32	02:35,34	06:21,70
620	00:30,58	01:05,93	02:24,37	05:10,27	10:33,98	20:00,34	00:35,14	01:13,18	03:01,32	00:39,65	01:23,28	03:01,58	00:34,46	01:19,87	02:52,35	02:35,37	06:21,76
619	00:30,59	01:05,94	02:24,40	05:10,32	10:34,09	20:00,53	00:35,15	01:13,19	03:01,35	00:39,66	01:23,29	03:01,61	00:34,47	01:19,88	02:52,38	02:35,39	06:21,82
618	00:30,59	01:05,96	02:24,42	05:10,37	10:34,19	20:00,73	00:35,16	01:13,21	03:01,38	00:39,67	01:23,31	03:01,64	00:34,48	01:19,90	02:52,41	02:35,42	06:21,88
617	00:30,60	01:05,97	02:24,44	05:10,42	10:34,29	20:00,92	00:35,17	01:13,22	03:01,41	00:39,68	01:23,33	03:01,67	00:34,49	01:19,92	02:52,44	02:35,44	06:21,95
616	00:30,61	01:05,99	02:24,47	05:10,47	10:34,39	20:01,12	00:35,18	01:13,24	03:01,44	00:39,69	01:23,35	03:01,70	00:34,50	01:19,94	02:52,46	02:35,47	06:22,01
615	00:30,62	01:06,00	02:24,49	05:10,52	10:34,50	20:01,31	00:35,19	01:13,25	03:01,47	00:39,70	01:23,37	03:01,73	00:34,51	01:19,95	02:52,49	02:35,49	06:22,07
614	00:30,63	01:06,02	02:24,51	05:10,57	10:34,60	20:01,51	00:35,20	01:13,27	03:01,50	00:39,71	01:23,38	03:01,76	00:34,52	01:19,97	02:52,52	02:35,52	06:22,13
613	00:30,63	01:06,03	02:24,54	05:10,63	10:34,71	20:01,71	00:35,21	01:13,29	03:01,53	00:39,72	01:23,40	03:01,79	00:34,53	01:19,99	02:52,55	02:35,54	06:22,20
612	00:30,64	01:06,04	02:24,56	05:10,68	10:34,81	20:01,90	00:35,22	01:13,30	03:01,56	00:39,73	01:23,42	03:01,82	00:34,53	01:20,00	02:52,58	02:35,57	06:22,26
611	00:30,65	01:06,06	02:24,58	05:10,73	10:34,91	20:02,10	00:35,22	01:13,32	03:01,59	00:39,75	01:23,44	03:01,85	00:34,54	01:20,02	02:52,61	02:35,59	06:22,32
610	00:30,66	01:06,07	02:24,61	05:10,78	10:35,02	20:02,30	00:35,23	01:13,33	03:01,62	00:39,76	01:23,46	03:01,88	00:34,55	01:20,04	02:52,63	02:35,62	06:22,38
609	00:30,67	01:06,09	02:24,63	05:10,83	10:35,12	20:02,50	00:35,24	01:13,35	03:01,65	00:39,77	01:23,47	03:01,91	00:34,56	01:20,06	02:52,66	02:35,65	06:22,45
608	00:30,67	01:06,10	02:24,66	05:10,88	10:35,23	20:02,69	00:35,25	01:13,37	03:01,68	00:39,78	01:23,49	03:01,94	00:34,57	01:20,07	02:52,69	02:35,67	06:22,51

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
607	00:30,68	01:06,12	02:24,68	05:10,93	10:35,33	20:02,89	00:35,26	01:13,38	03:01,71	00:39,79	01:23,51	03:01,97	00:34,58	01:20,09	02:52,72	02:35,70	06:22,57
606	00:30,69	01:06,13	02:24,70	05:10,98	10:35,44	20:03,09	00:35,27	01:13,40	03:01,74	00:39,80	01:23,53	03:02,00	00:34,59	01:20,11	02:52,75	02:35,72	06:22,64
605	00:30,70	01:06,15	02:24,73	05:11,04	10:35,54	20:03,29	00:35,28	01:13,41	03:01,77	00:39,81	01:23,55	03:02,03	00:34,60	01:20,13	02:52,78	02:35,75	06:22,70
604	00:30,71	01:06,16	02:24,75	05:11,09	10:35,65	20:03,49	00:35,29	01:13,43	03:01,80	00:39,82	01:23,57	03:02,06	00:34,61	01:20,14	02:52,80	02:35,77	06:22,76
603	00:30,71	01:06,17	02:24,78	05:11,14	10:35,75	20:03,69	00:35,30	01:13,45	03:01,83	00:39,83	01:23,58	03:02,09	00:34,62	01:20,16	02:52,83	02:35,80	06:22,83
602	00:30,72	01:06,19	02:24,80	05:11,19	10:35,86	20:03,89	00:35,31	01:13,46	03:01,86	00:39,84	01:23,60	03:02,12	00:34,62	01:20,18	02:52,86	02:35,83	06:22,89
601	00:30,73	01:06,20	02:24,82	05:11,24	10:35,97	20:04,09	00:35,32	01:13,48	03:01,89	00:39,85	01:23,62	03:02,15	00:34,63	01:20,20	02:52,89	02:35,85	06:22,95
600	00:30,74	01:06,22	02:24,85	05:11,29	10:36,07	20:04,29	00:35,33	01:13,49	03:01,92	00:39,86	01:23,64	03:02,18	00:34,64	01:20,22	02:52,92	02:35,88	06:23,02
599	00:30,75	01:06,23	02:24,87	05:11,35	10:36,18	20:04,50	00:35,34	01:13,51	03:01,95	00:39,87	01:23,66	03:02,21	00:34,65	01:20,23	02:52,95	02:35,90	06:23,08
598	00:30,75	01:06,25	02:24,90	05:11,40	10:36,29	20:04,70	00:35,35	01:13,53	03:01,98	00:39,88	01:23,68	03:02,24	00:34,66	01:20,25	02:52,98	02:35,93	06:23,15
597	00:30,76	01:06,26	02:24,92	05:11,45	10:36,39	20:04,90	00:35,35	01:13,54	03:02,01	00:39,89	01:23,70	03:02,27	00:34,67	01:20,27	02:53,01	02:35,96	06:23,21
596	00:30,77	01:06,28	02:24,94	05:11,50	10:36,50	20:05,10	00:35,36	01:13,56	03:02,04	00:39,90	01:23,71	03:02,31	00:34,68	01:20,29	02:53,04	02:35,98	06:23,28
595	00:30,78	01:06,29	02:24,97	05:11,56	10:36,61	20:05,31	00:35,37	01:13,58	03:02,07	00:39,91	01:23,73	03:02,34	00:34,69	01:20,30	02:53,07	02:36,01	06:23,34
594	00:30,79	01:06,31	02:24,99	05:11,61	10:36,71	20:05,51	00:35,38	01:13,59	03:02,10	00:39,92	01:23,75	03:02,37	00:34,70	01:20,32	02:53,09	02:36,04	06:23,40
593	00:30,80	01:06,32	02:25,02	05:11,66	10:36,82	20:05,71	00:35,39	01:13,61	03:02,13	00:39,93	01:23,77	03:02,40	00:34,71	01:20,34	02:53,12	02:36,06	06:23,47
592	00:30,80	01:06,34	02:25,04	05:11,71	10:36,93	20:05,92	00:35,40	01:13,63	03:02,17	00:39,95	01:23,79	03:02,43	00:34,72	01:20,36	02:53,15	02:36,09	06:23,53
591	00:30,81	01:06,35	02:25,07	05:11,77	10:37,04	20:06,12	00:35,41	01:13,64	03:02,20	00:39,96	01:23,81	03:02,46	00:34,73	01:20,38	02:53,18	02:36,12	06:23,60
590	00:30,82	01:06,37	02:25,09	05:11,82	10:37,15	20:06,33	00:35,42	01:13,66	03:02,23	00:39,97	01:23,83	03:02,49	00:34,74	01:20,39	02:53,21	02:36,14	06:23,66
589	00:30,83	01:06,38	02:25,12	05:11,87	10:37,25	20:06,53	00:35,43	01:13,68	03:02,26	00:39,98	01:23,85	03:02,52	00:34,75	01:20,41	02:53,24	02:36,17	06:23,73
588	00:30,84	01:06,40	02:25,14	05:11,93	10:37,36	20:06,74	00:35,44	01:13,69	03:02,29	00:39,99	01:23,86	03:02,55	00:34,75	01:20,43	02:53,27	02:36,20	06:23,80
587	00:30,85	01:06,41	02:25,17	05:11,98	10:37,47	20:06,94	00:35,45	01:13,71	03:02,32	00:40,00	01:23,88	03:02,58	00:34,76	01:20,45	02:53,30	02:36,22	06:23,86
586	00:30,85	01:06,43	02:25,19	05:12,03	10:37,58	20:07,15	00:35,46	01:13,73	03:02,35	00:40,01	01:23,90	03:02,62	00:34,77	01:20,47	02:53,33	02:36,25	06:23,93
585	00:30,86	01:06,44	02:25,22	05:12,09	10:37,69	20:07,36	00:35,47	01:13,74	03:02,38	00:40,02	01:23,92	03:02,65	00:34,78	01:20,49	02:53,36	02:36,28	06:23,99
584	00:30,87	01:06,46	02:25,24	05:12,14	10:37,80	20:07,56	00:35,48	01:13,76	03:02,41	00:40,03	01:23,94	03:02,68	00:34,79	01:20,50	02:53,39	02:36,30	06:24,06
583	00:30,88	01:06,47	02:25,27	05:12,19	10:37,91	20:07,77	00:35,49	01:13,78	03:02,45	00:40,04	01:23,96	03:02,71	00:34,80	01:20,52	02:53,42	02:36,33	06:24,12
582	00:30,89	01:06,49	02:25,29	05:12,25	10:38,02	20:07,98	00:35,50	01:13,79	03:02,48	00:40,05	01:23,98	03:02,74	00:34,81	01:20,54	02:53,45	02:36,36	06:24,19
581	00:30,90	01:06,50	02:25,32	05:12,30	10:38,13	20:08,19	00:35,51	01:13,81	03:02,51	00:40,06	01:24,00	03:02,77	00:34,82	01:20,56	02:53,48	02:36,38	06:24,26
580	00:30,90	01:06,52	02:25,34	05:12,36	10:38,24	20:08,40	00:35,52	01:13,83	03:02,54	00:40,08	01:24,02	03:02,80	00:34,83	01:20,58	02:53,51	02:36,41	06:24,32
579	00:30,91	01:06,53	02:25,37	05:12,41	10:38,35	20:08,61	00:35,53	01:13,84	03:02,57	00:40,09	01:24,04	03:02,84	00:34,84	01:20,60	02:53,54	02:36,44	06:24,39
578	00:30,92	01:06,55	02:25,39	05:12,46	10:38,46	20:08,82	00:35,54	01:13,86	03:02,60	00:40,10	01:24,06	03:02,87	00:34,85	01:20,61	02:53,57	02:36,46	06:24,46
577	00:30,93	01:06,56	02:25,42	05:12,52	10:38,57	20:09,03	00:35,55	01:13,88	03:02,63	00:40,11	01:24,07	03:02,90	00:34,86	01:20,63	02:53,60	02:36,49	06:24,52
576	00:30,94	01:06,58	02:25,44	05:12,57	10:38,68	20:09,24	00:35,56	01:13,89	03:02,67	00:40,12	01:24,09	03:02,93	00:34,87	01:20,65	02:53,63	02:36,52	06:24,59
575	00:30,95	01:06,59	02:25,47	05:12,63	10:38,79	20:09,45	00:35,57	01:13,91	03:02,70	00:40,13	01:24,11	03:02,96	00:34,88	01:20,67	02:53,66	02:36,55	06:24,66
574	00:30,96	01:06,61	02:25,49	05:12,68	10:38,91	20:09,66	00:35,58	01:13,93	03:02,73	00:40,14	01:24,13	03:02,99	00:34,89	01:20,69	02:53,69	02:36,57	06:24,72
573	00:30,96	01:06,62	02:25,52	05:12,74	10:39,02	20:09,87	00:35,59	01:13,95	03:02,76	00:40,15	01:24,15	03:03,03	00:34,90	01:20,71	02:53,72	02:36,60	06:24,79
572	00:30,97	01:06,64	02:25,54	05:12,79	10:39,13	20:10,08	00:35,60	01:13,96	03:02,79	00:40,16	01:24,17	03:03,06	00:34,91	01:20,73	02:53,75	02:36,63	06:24,86
571	00:30,98	01:06,65	02:25,57	05:12,85	10:39,24	20:10,30	00:35,61	01:13,98	03:02,83	00:40,18	01:24,19	03:03,09	00:34,92	01:20,74	02:53,78	02:36,66	06:24,93
570	00:30,99	01:06,67	02:25,59	05:12,90	10:39,35	20:10,51	00:35,62	01:14,00	03:02,86	00:40,19	01:24,21	03:03,12	00:34,93	01:20,76	02:53,81	02:36,68	06:24,99
569	00:31,00	01:06,69	02:25,62	05:12,96	10:39,47	20:10,72	00:35,63	01:14,01	03:02,89	00:40,20	01:24,23	03:03,16	00:34,94	01:20,78	02:53,84	02:36,71	06:25,06
568	00:31,01	01:06,70	02:25,65	05:13,01	10:39,58	20:10,94	00:35,64	01:14,03	03:02,92	00:40,21	01:24,25	03:03,19	00:34,95	01:20,80	02:53,87	02:36,74	06:25,13
567	00:31,02	01:06,72	02:25,67	05:13,07	10:39,69	20:11,15	00:35,65	01:14,05	03:02,96	00:40,22	01:24,27	03:03,22	00:34,96	01:20,82	02:53,90	02:36,77	06:25,20
566	00:31,03	01:06,73	02:25,70	05:13,12	10:39,81	20:11,36	00:35,66	01:14,07	03:02,99	00:40,23	01:24,29	03:03,25	00:34,97	01:20,84	02:53,94	02:36,79	06:25,27
565	00:31,03	01:06,75	02:25,72	05:13,18	10:39,92	20:11,58	00:35,67	01:14,08	03:03,02	00:40,24	01:24,31	03:03,29	00:34,98	01:20,86	02:53,97	02:36,82	06:25,34
564	00:31,04	01:06,76	02:25,75	05:13,23	10:40,03	20:11,79	00:35,68	01:14,10	03:03,05	00:40,25	01:24,33	03:03,32	00:34,99	01:20,88	02:54,00	02:36,85	06:25,40
563	00:31,05	01:06,78	02:25,78	05:13,29	10:40,15	20:12,01	00:35,69	01:14,12	03:03,09	00:40,27	01:24,35	03:03,35	00:35,00	01:20,90	02:54,03	02:36,88	06:25,47
562	00:31,06	01:06,80	02:25,80	05:13,34	10:40,26	20:12,23	00:35,70	01:14,14	03:03,12	00:40,28	01:24,37	03:03,38	00:35,01	01:20,91	02:54,06	02:36,91	06:25,54
561	00:31,07	01:06,81	02:25,83	05:13,40	10:40,38	20:12,44	00:35,71	01:14,15	03:03,15	00:40,29	01:24,39	03:03,42	00:35,02	01:20,93	02:54,09	02:36,93	06:25,61

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
560	00:31,08	01:06,83	02:25,85	05:13,46	10:40,49	20:12,66	00:35,72	01:14,17	03:03,18	00:40,30	01:24,41	03:03,45	00:35,03	01:20,95	02:54,12	02:36,96	06:25,68
559	00:31,09	01:06,84	02:25,88	05:13,51	10:40,61	20:12,88	00:35,73	01:14,19	03:03,22	00:40,31	01:24,43	03:03,48	00:35,04	01:20,97	02:54,15	02:36,99	06:25,75
558	00:31,10	01:06,86	02:25,91	05:13,57	10:40,72	20:13,10	00:35,74	01:14,21	03:03,25	00:40,32	01:24,45	03:03,51	00:35,05	01:20,99	02:54,18	02:37,02	06:25,82
557	00:31,10	01:06,87	02:25,93	05:13,63	10:40,84	20:13,31	00:35,75	01:14,22	03:03,28	00:40,33	01:24,47	03:03,55	00:35,06	01:21,01	02:54,22	02:37,05	06:25,89
556	00:31,11	01:06,89	02:25,96	05:13,68	10:40,95	20:13,53	00:35,76	01:14,24	03:03,32	00:40,35	01:24,49	03:03,58	00:35,07	01:21,03	02:54,25	02:37,07	06:25,96
555	00:31,12	01:06,91	02:25,99	05:13,74	10:41,07	20:13,75	00:35,77	01:14,26	03:03,35	00:40,36	01:24,51	03:03,61	00:35,08	01:21,05	02:54,28	02:37,10	06:26,03
554	00:31,13	01:06,92	02:26,01	05:13,80	10:41,18	20:13,97	00:35,78	01:14,28	03:03,38	00:40,37	01:24,53	03:03,65	00:35,09	01:21,07	02:54,31	02:37,13	06:26,10
553	00:31,14	01:06,94	02:26,04	05:13,85	10:41,30	20:14,19	00:35,79	01:14,29	03:03,42	00:40,38	01:24,55	03:03,68	00:35,10	01:21,09	02:54,34	02:37,16	06:26,17
552	00:31,15	01:06,95	02:26,06	05:13,91	10:41,42	20:14,41	00:35,80	01:14,31	03:03,45	00:40,39	01:24,57	03:03,71	00:35,11	01:21,11	02:54,37	02:37,19	06:26,24
551	00:31,16	01:06,97	02:26,09	05:13,97	10:41,53	20:14,63	00:35,81	01:14,33	03:03,48	00:40,40	01:24,59	03:03,75	00:35,12	01:21,13	02:54,40	02:37,22	06:26,31
550	00:31,17	01:06,99	02:26,12	05:14,02	10:41,65	20:14,86	00:35,82	01:14,35	03:03,52	00:40,42	01:24,61	03:03,78	00:35,13	01:21,15	02:54,44	02:37,25	06:26,38
549	00:31,18	01:07,00	02:26,14	05:14,08	10:41,77	20:15,08	00:35,83	01:14,37	03:03,55	00:40,43	01:24,63	03:03,81	00:35,14	01:21,17	02:54,47	02:37,27	06:26,45
548	00:31,18	01:07,02	02:26,17	05:14,14	10:41,88	20:15,30	00:35,84	01:14,38	03:03,58	00:40,44	01:24,65	03:03,85	00:35,15	01:21,19	02:54,50	02:37,30	06:26,52
547	00:31,19	01:07,04	02:26,20	05:14,20	10:42,00	20:15,52	00:35,85	01:14,40	03:03,62	00:40,45	01:24,67	03:03,88	00:35,16	01:21,21	02:54,53	02:37,33	06:26,59
546	00:31,20	01:07,05	02:26,22	05:14,25	10:42,12	20:15,75	00:35,86	01:14,42	03:03,65	00:40,46	01:24,69	03:03,92	00:35,17	01:21,23	02:54,56	02:37,36	06:26,66
545	00:31,21	01:07,07	02:26,25	05:14,31	10:42,24	20:15,97	00:35,87	01:14,44	03:03,68	00:40,47	01:24,71	03:03,95	00:35,18	01:21,24	02:54,60	02:37,39	06:26,73
544	00:31,22	01:07,08	02:26,28	05:14,37	10:42,36	20:16,19	00:35,88	01:14,46	03:03,72	00:40,49	01:24,73	03:03,98	00:35,19	01:21,26	02:54,63	02:37,42	06:26,80
543	00:31,23	01:07,10	02:26,31	05:14,43	10:42,48	20:16,42	00:35,89	01:14,47	03:03,75	00:40,50	01:24,75	03:04,02	00:35,20	01:21,28	02:54,66	02:37,45	06:26,87
542	00:31,24	01:07,12	02:26,33	05:14,49	10:42,59	20:16,64	00:35,90	01:14,49	03:03,79	00:40,51	01:24,78	03:04,05	00:35,21	01:21,30	02:54,69	02:37,48	06:26,95
541	00:31,25	01:07,13	02:26,36	05:14,54	10:42,71	20:16,87	00:35,91	01:14,51	03:03,82	00:40,52	01:24,80	03:04,09	00:35,22	01:21,32	02:54,73	02:37,51	06:27,02
540	00:31,26	01:07,15	02:26,39	05:14,60	10:42,83	20:17,09	00:35,92	01:14,53	03:03,85	00:40,53	01:24,82	03:04,12	00:35,23	01:21,34	02:54,76	02:37,54	06:27,09
539	00:31,27	01:07,17	02:26,41	05:14,66	10:42,95	20:17,32	00:35,93	01:14,55	03:03,89	00:40,55	01:24,84	03:04,15	00:35,24	01:21,36	02:54,79	02:37,56	06:27,16
538	00:31,28	01:07,18	02:26,44	05:14,72	10:43,07	20:17,55	00:35,94	01:14,57	03:03,92	00:40,56	01:24,86	03:04,19	00:35,25	01:21,38	02:54,82	02:37,59	06:27,23
537	00:31,29	01:07,20	02:26,47	05:14,78	10:43,19	20:17,77	00:35,96	01:14,58	03:03,96	00:40,57	01:24,88	03:04,22	00:35,26	01:21,40	02:54,86	02:37,62	06:27,31
536	00:31,29	01:07,22	02:26,50	05:14,84	10:43,31	20:18,00	00:35,97	01:14,60	03:03,99	00:40,58	01:24,90	03:04,26	00:35,27	01:21,42	02:54,89	02:37,65	06:27,38
535	00:31,30	01:07,23	02:26,52	05:14,90	10:43,43	20:18,23	00:35,98	01:14,62	03:04,03	00:40,59	01:24,92	03:04,29	00:35,28	01:21,44	02:54,92	02:37,68	06:27,45
534	00:31,31	01:07,25	02:26,55	05:14,96	10:43,55	20:18,46	00:35,99	01:14,64	03:04,06	00:40,61	01:24,94	03:04,33	00:35,29	01:21,46	02:54,95	02:37,71	06:27,52
533	00:31,32	01:07,27	02:26,58	05:15,01	10:43,67	20:18,69	00:36,00	01:14,66	03:04,09	00:40,62	01:24,96	03:04,36	00:35,30	01:21,49	02:54,99	02:37,74	06:27,60
532	00:31,33	01:07,28	02:26,61	05:15,07	10:43,80	20:18,92	00:36,01	01:14,68	03:04,13	00:40,63	01:24,98	03:04,40	00:35,31	01:21,51	02:55,02	02:37,77	06:27,67
531	00:31,34	01:07,30	02:26,63	05:15,13	10:43,92	20:19,15	00:36,02	01:14,70	03:04,16	00:40,64	01:25,01	03:04,43	00:35,32	01:21,53	02:55,05	02:37,80	06:27,74
530	00:31,35	01:07,32	02:26,66	05:15,19	10:44,04	20:19,38	00:36,03	01:14,71	03:04,20	00:40,65	01:25,03	03:04,46	00:35,33	01:21,55	02:55,09	02:37,83	06:27,82
529	00:31,36	01:07,33	02:26,69	05:15,25	10:44,16	20:19,61	00:36,04	01:14,73	03:04,23	00:40,67	01:25,05	03:04,50	00:35,34	01:21,57	02:55,12	02:37,86	06:27,89
528	00:31,37	01:07,35	02:26,72	05:15,31	10:44,28	20:19,84	00:36,05	01:14,75	03:04,27	00:40,68	01:25,07	03:04,53	00:35,35	01:21,59	02:55,15	02:37,89	06:27,96
527	00:31,38	01:07,37	02:26,75	05:15,37	10:44,41	20:20,07	00:36,06	01:14,77	03:04,30	00:40,69	01:25,09	03:04,57	00:35,37	01:21,61	02:55,19	02:37,92	06:28,04
526	00:31,39	01:07,38	02:26,77	05:15,43	10:44,53	20:20,31	00:36,07	01:14,79	03:04,34	00:40,70	01:25,11	03:04,61	00:35,38	01:21,63	02:55,22	02:37,95	06:28,11
525	00:31,40	01:07,40	02:26,80	05:15,49	10:44,65	20:20,54	00:36,08	01:14,81	03:04,37	00:40,72	01:25,13	03:04,64	00:35,39	01:21,65	02:55,25	02:37,98	06:28,18
524	00:31,41	01:07,42	02:26,83	05:15,55	10:44,78	20:20,77	00:36,10	01:14,83	03:04,41	00:40,73	01:25,16	03:04,68	00:35,40	01:21,67	02:55,29	02:38,01	06:28,26
523	00:31,42	01:07,44	02:26,86	05:15,61	10:44,90	20:21,01	00:36,11	01:14,85	03:04,44	00:40,74	01:25,18	03:04,71	00:35,41	01:21,69	02:55,32	02:38,04	06:28,33
522	00:31,43	01:07,45	02:26,89	05:15,67	10:45,02	20:21,24	00:36,12	01:14,87	03:04,48	00:40,75	01:25,20	03:04,75	00:35,42	01:21,71	02:55,35	02:38,07	06:28,41
521	00:31,44	01:07,47	02:26,91	05:15,74	10:45,15	20:21,48	00:36,13	01:14,88	03:04,52	00:40,77	01:25,22	03:04,78	00:35,43	01:21,73	02:55,39	02:38,10	06:28,48
520	00:31,45	01:07,49	02:26,94	05:15,80	10:45,27	20:21,71	00:36,14	01:14,90	03:04,55	00:40,78	01:25,24	03:04,82	00:35,44	01:21,75	02:55,42	02:38,13	06:28,56
519	00:31,46	01:07,50	02:26,97	05:15,86	10:45,40	20:21,95	00:36,15	01:14,92	03:04,59	00:40,79	01:25,26	03:04,85	00:35,45	01:21,77	02:55,46	02:38,16	06:28,63
518	00:31,47	01:07,52	02:27,00	05:15,92	10:45,52	20:22,18	00:36,16	01:14,94	03:04,62	00:40,80	01:25,29	03:04,89	00:35,46	01:21,79	02:55,49	02:38,19	06:28,71
517	00:31,48	01:07,54	02:27,03	05:15,98	10:45,65	20:22,42	00:36,17	01:14,96	03:04,66	00:40,82	01:25,31	03:04,93	00:35,47	01:21,82	02:55,52	02:38,22	06:28,78
516	00:31,48	01:07,56	02:27,06	05:16,04	10:45,77	20:22,66	00:36,18	01:14,98	03:04,69	00:40,83	01:25,33	03:04,96	00:35,48	01:21,84	02:55,56	02:38,26	06:28,86
515	00:31,49	01:07,57	02:27,08	05:16,10	10:45,90	20:22,90	00:36,20	01:15,00	03:04,73	00:40,84	01:25,35	03:05,00	00:35,50	01:21,86	02:55,59	02:38,29	06:28,93
514	00:31,50	01:07,59	02:27,11	05:16,16	10:46,02	20:23,14	00:36,21	01:15,02	03:04,77	00:40,85	01:25,37	03:05,03	00:35,51	01:21,88	02:55,63	02:38,32	06:29,01

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
513	00:31,51	01:07,61	02:27,14	05:16,23	10:46,15	20:23,37	00:36,22	01:15,04	03:04,80	00:40,87	01:25,40	03:05,07	00:35,52	01:21,90	02:55,66	02:38,35	06:29,09
512	00:31,52	01:07,63	02:27,17	05:16,29	10:46,28	20:23,61	00:36,23	01:15,06	03:04,84	00:40,88	01:25,42	03:05,11	00:35,53	01:21,92	02:55,69	02:38,38	06:29,16
511	00:31,53	01:07,64	02:27,20	05:16,35	10:46,40	20:23,85	00:36,24	01:15,08	03:04,87	00:40,89	01:25,44	03:05,14	00:35,54	01:21,94	02:55,73	02:38,41	06:29,24
510	00:31,54	01:07,66	02:27,23	05:16,41	10:46,53	20:24,09	00:36,25	01:15,10	03:04,91	00:40,90	01:25,46	03:05,18	00:35,55	01:21,96	02:55,76	02:38,44	06:29,32
509	00:31,55	01:07,68	02:27,26	05:16,47	10:46,66	20:24,34	00:36,26	01:15,12	03:04,95	00:40,92	01:25,48	03:05,21	00:35,56	01:21,98	02:55,80	02:38,47	06:29,39
508	00:31,56	01:07,70	02:27,29	05:16,54	10:46,79	20:24,58	00:36,27	01:15,14	03:04,98	00:40,93	01:25,51	03:05,25	00:35,57	01:22,01	02:55,83	02:38,50	06:29,47
507	00:31,57	01:07,71	02:27,32	05:16,60	10:46,91	20:24,82	00:36,29	01:15,16	03:05,02	00:40,94	01:25,53	03:05,29	00:35,58	01:22,03	02:55,87	02:38,54	06:29,55
506	00:31,58	01:07,73	02:27,35	05:16,66	10:47,04	20:25,06	00:36,30	01:15,18	03:05,06	00:40,96	01:25,55	03:05,32	00:35,59	01:22,05	02:55,90	02:38,57	06:29,62
505	00:31,59	01:07,75	02:27,37	05:16,73	10:47,17	20:25,31	00:36,31	01:15,19	03:05,09	00:40,97	01:25,57	03:05,36	00:35,61	01:22,07	02:55,94	02:38,60	06:29,70
504	00:31,60	01:07,77	02:27,40	05:16,79	10:47,30	20:25,55	00:36,32	01:15,21	03:05,13	00:40,98	01:25,60	03:05,40	00:35,62	01:22,09	02:55,97	02:38,63	06:29,78
503	00:31,61	01:07,79	02:27,43	05:16,85	10:47,43	20:25,79	00:36,33	01:15,23	03:05,17	00:40,99	01:25,62	03:05,44	00:35,63	01:22,11	02:56,01	02:38,66	06:29,86
502	00:31,62	01:07,80	02:27,46	05:16,91	10:47,56	20:26,04	00:36,34	01:15,25	03:05,20	00:41,01	01:25,64	03:05,47	00:35,64	01:22,14	02:56,04	02:38,69	06:29,93
501	00:31,63	01:07,82	02:27,49	05:16,98	10:47,69	20:26,28	00:36,35	01:15,27	03:05,24	00:41,02	01:25,66	03:05,51	00:35,65	01:22,16	02:56,08	02:38,72	06:30,01
500	00:31,64	01:07,84	02:27,52	05:17,04	10:47,82	20:26,53	00:36,37	01:15,29	03:05,28	00:41,03	01:25,69	03:05,55	00:35,66	01:22,18	02:56,11	02:38,76	06:30,09
499	00:31,65	01:07,86	02:27,55	05:17,11	10:47,95	20:26,78	00:36,38	01:15,31	03:05,32	00:41,05	01:25,71	03:05,58	00:35,67	01:22,20	02:56,15	02:38,79	06:30,17
498	00:31,66	01:07,88	02:27,58	05:17,17	10:48,08	20:27,02	00:36,39	01:15,33	03:05,35	00:41,06	01:25,73	03:05,62	00:35,69	01:22,22	02:56,18	02:38,82	06:30,25
497	00:31,67	01:07,89	02:27,61	05:17,23	10:48,21	20:27,27	00:36,40	01:15,35	03:05,39	00:41,07	01:25,76	03:05,66	00:35,70	01:22,24	02:56,22	02:38,85	06:30,33
496	00:31,68	01:07,91	02:27,64	05:17,30	10:48,34	20:27,52	00:36,41	01:15,37	03:05,43	00:41,09	01:25,78	03:05,70	00:35,71	01:22,27	02:56,25	02:38,88	06:30,40
495	00:31,69	01:07,93	02:27,67	05:17,36	10:48,47	20:27,77	00:36,42	01:15,39	03:05,47	00:41,10	01:25,80	03:05,73	00:35,72	01:22,29	02:56,29	02:38,92	06:30,48
494	00:31,70	01:07,95	02:27,70	05:17,43	10:48,60	20:28,02	00:36,44	01:15,41	03:05,50	00:41,11	01:25,82	03:05,77	00:35,73	01:22,31	02:56,33	02:38,95	06:30,56
493	00:31,71	01:07,97	02:27,73	05:17,49	10:48,73	20:28,27	00:36,45	01:15,44	03:05,54	00:41,13	01:25,85	03:05,81	00:35,74	01:22,33	02:56,36	02:38,98	06:30,64
492	00:31,72	01:07,98	02:27,76	05:17,56	10:48,87	20:28,52	00:36,46	01:15,46	03:05,58	00:41,14	01:25,87	03:05,85	00:35,75	01:22,35	02:56,40	02:39,01	06:30,72
491	00:31,73	01:08,00	02:27,79	05:17,62	10:49,00	20:28,77	00:36,47	01:15,48	03:05,62	00:41,15	01:25,89	03:05,89	00:35,77	01:22,38	02:56,43	02:39,05	06:30,80
490	00:31,74	01:08,02	02:27,82	05:17,69	10:49,13	20:29,02	00:36,48	01:15,50	03:05,65	00:41,17	01:25,92	03:05,92	00:35,78	01:22,40	02:56,47	02:39,08	06:30,88
489	00:31,76	01:08,04	02:27,85	05:17,75	10:49,26	20:29,27	00:36,49	01:15,52	03:05,69	00:41,18	01:25,94	03:05,96	00:35,79	01:22,42	02:56,51	02:39,11	06:30,96
488	00:31,77	01:08,06	02:27,88	05:17,82	10:49,40	20:29,52	00:36,51	01:15,54	03:05,73	00:41,19	01:25,96	03:06,00	00:35,80	01:22,44	02:56,54	02:39,14	06:31,04
487	00:31,78	01:08,08	02:27,91	05:17,88	10:49,53	20:29,78	00:36,52	01:15,56	03:05,77	00:41,21	01:25,99	03:06,04	00:35,81	01:22,47	02:56,58	02:39,18	06:31,12
486	00:31,79	01:08,10	02:27,94	05:17,95	10:49,66	20:30,03	00:36,53	01:15,58	03:05,81	00:41,22	01:26,01	03:06,08	00:35,82	01:22,49	02:56,62	02:39,21	06:31,20
485	00:31,80	01:08,11	02:27,97	05:18,01	10:49,80	20:30,28	00:36,54	01:15,60	03:05,85	00:41,23	01:26,03	03:06,11	00:35,84	01:22,51	02:56,65	02:39,24	06:31,28
484	00:31,81	01:08,13	02:28,00	05:18,08	10:49,93	20:30,54	00:36,55	01:15,62	03:05,88	00:41,25	01:26,06	03:06,15	00:35,85	01:22,53	02:56,69	02:39,28	06:31,36
483	00:31,82	01:08,15	02:28,03	05:18,14	10:50,07	20:30,79	00:36,57	01:15,64	03:05,92	00:41,26	01:26,08	03:06,19	00:35,86	01:22,56	02:56,73	02:39,31	06:31,45
482	00:31,83	01:08,17	02:28,07	05:18,21	10:50,20	20:31,05	00:36,58	01:15,66	03:05,96	00:41,27	01:26,10	03:06,23	00:35,87	01:22,58	02:56,76	02:39,34	06:31,53
481	00:31,84	01:08,19	02:28,10	05:18,28	10:50,34	20:31,31	00:36,59	01:15,68	03:06,00	00:41,29	01:26,13	03:06,27	00:35,88	01:22,60	02:56,80	02:39,38	06:31,61
480	00:31,85	01:08,21	02:28,13	05:18,34	10:50,48	20:31,56	00:36,60	01:15,70	03:06,04	00:41,30	01:26,15	03:06,31	00:35,89	01:22,63	02:56,84	02:39,41	06:31,69
479	00:31,86	01:08,23	02:28,16	05:18,41	10:50,61	20:31,82	00:36,61	01:15,72	03:06,08	00:41,31	01:26,18	03:06,35	00:35,91	01:22,65	02:56,87	02:39,44	06:31,77
478	00:31,87	01:08,25	02:28,19	05:18,48	10:50,75	20:32,08	00:36,63	01:15,74	03:06,12	00:41,33	01:26,20	03:06,39	00:35,92	01:22,67	02:56,91	02:39,48	06:31,86
477	00:31,88	01:08,26	02:28,22	05:18,54	10:50,88	20:32,34	00:36,64	01:15,77	03:06,16	00:41,34	01:26,22	03:06,43	00:35,93	01:22,69	02:56,95	02:39,51	06:31,94
476	00:31,89	01:08,28	02:28,25	05:18,61	10:51,02	20:32,60	00:36,65	01:15,79	03:06,20	00:41,36	01:26,25	03:06,46	00:35,94	01:22,72	02:56,98	02:39,54	06:32,02
475	00:31,90	01:08,30	02:28,28	05:18,68	10:51,16	20:32,86	00:36,66	01:15,81	03:06,23	00:41,37	01:26,27	03:06,50	00:35,95	01:22,74	02:57,02	02:39,58	06:32,10
474	00:31,91	01:08,32	02:28,31	05:18,75	10:51,30	20:33,12	00:36,68	01:15,83	03:06,27	00:41,38	01:26,30	03:06,54	00:35,97	01:22,76	02:57,06	02:39,61	06:32,19
473	00:31,92	01:08,34	02:28,35	05:18,81	10:51,43	20:33,38	00:36,69	01:15,85	03:06,31	00:41,40	01:26,32	03:06,58	00:35,98	01:22,79	02:57,10	02:39,64	06:32,27
472	00:31,93	01:08,36	02:28,38	05:18,88	10:51,57	20:33,64	00:36,70	01:15,87	03:06,35	00:41,41	01:26,34	03:06,62	00:35,99	01:22,81	02:57,13	02:39,68	06:32,35
471	00:31,94	01:08,38	02:28,41	05:18,95	10:51,71	20:33,91	00:36,71	01:15,89	03:06,39	00:41,42	01:26,37	03:06,66	00:36,00	01:22,83	02:57,17	02:39,71	06:32,44
470	00:31,96	01:08,40	02:28,44	05:19,02	10:51,85	20:34,17	00:36,73	01:15,91	03:06,43	00:41,44	01:26,39	03:06,70	00:36,02	01:22,86	02:57,21	02:39,75	06:32,52
469	00:31,97	01:08,42	02:28,47	05:19,08	10:51,99	20:34,43	00:36,74	01:15,94	03:06,47	00:41,45	01:26,42	03:06,74	00:36,03	01:22,88	02:57,25	02:39,78	06:32,60
468	00:31,98	01:08,44	02:28,50	05:19,15	10:52,13	20:34,70	00:36,75	01:15,96	03:06,51	00:41,47	01:26,44	03:06,78	00:36,04	01:22,90	02:57,29	02:39,81	06:32,69
467	00:31,99	01:08,46	02:28,54	05:19,22	10:52,27	20:34,96	00:36,76	01:15,98	03:06,55	00:41,48	01:26,47	03:06,82	00:36,05	01:22,93	02:57,32	02:39,85	06:32,77

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
466	00:32,00	01:08,48	02:28,57	05:19,29	10:52,41	20:35,23	00:36,78	01:16,00	03:06,59	00:41,50	01:26,49	03:06,86	00:36,06	01:22,95	02:57,36	02:39,88	06:32,86
465	00:32,01	01:08,50	02:28,60	05:19,36	10:52,55	20:35,49	00:36,79	01:16,02	03:06,63	00:41,51	01:26,52	03:06,90	00:36,08	01:22,97	02:57,40	02:39,92	06:32,94
464	00:32,02	01:08,51	02:28,63	05:19,43	10:52,69	20:35,76	00:36,80	01:16,04	03:06,67	00:41,52	01:26,54	03:06,94	00:36,09	01:23,00	02:57,44	02:39,95	06:33,03
463	00:32,03	01:08,53	02:28,66	05:19,50	10:52,83	20:36,03	00:36,81	01:16,07	03:06,71	00:41,54	01:26,57	03:06,98	00:36,10	01:23,02	02:57,48	02:39,99	06:33,11
462	00:32,04	01:08,55	02:28,70	05:19,57	10:52,97	20:36,30	00:36,83	01:16,09	03:06,75	00:41,55	01:26,59	03:07,02	00:36,11	01:23,05	02:57,52	02:40,02	06:33,20
461	00:32,05	01:08,57	02:28,73	05:19,64	10:53,12	20:36,56	00:36,84	01:16,11	03:06,79	00:41,57	01:26,62	03:07,06	00:36,13	01:23,07	02:57,55	02:40,06	06:33,28
460	00:32,07	01:08,59	02:28,76	05:19,71	10:53,26	20:36,83	00:36,85	01:16,13	03:06,84	00:41,58	01:26,64	03:07,11	00:36,14	01:23,09	02:57,59	02:40,09	06:33,37
459	00:32,08	01:08,61	02:28,79	05:19,78	10:53,40	20:37,10	00:36,86	01:16,15	03:06,88	00:41,60	01:26,67	03:07,15	00:36,15	01:23,12	02:57,63	02:40,13	06:33,45
458	00:32,09	01:08,63	02:28,83	05:19,85	10:53,54	20:37,38	00:36,88	01:16,18	03:06,92	00:41,61	01:26,69	03:07,19	00:36,16	01:23,14	02:57,67	02:40,16	06:33,54
457	00:32,10	01:08,65	02:28,86	05:19,92	10:53,69	20:37,65	00:36,89	01:16,20	03:06,96	00:41,62	01:26,72	03:07,23	00:36,18	01:23,16	02:57,71	02:40,20	06:33,63
456	00:32,11	01:08,67	02:28,89	05:19,99	10:53,83	20:37,92	00:36,90	01:16,22	03:07,00	00:41,64	01:26,74	03:07,27	00:36,19	01:23,19	02:57,75	02:40,23	06:33,71
455	00:32,12	01:08,69	02:28,92	05:20,06	10:53,98	20:38,19	00:36,92	01:16,24	03:07,04	00:41,65	01:26,77	03:07,31	00:36,20	01:23,21	02:57,79	02:40,27	06:33,80
454	00:32,13	01:08,71	02:28,96	05:20,13	10:54,12	20:38,46	00:36,93	01:16,26	03:07,08	00:41,67	01:26,79	03:07,35	00:36,21	01:23,24	02:57,83	02:40,30	06:33,89
453	00:32,14	01:08,73	02:28,99	05:20,20	10:54,26	20:38,74	00:36,94	01:16,29	03:07,12	00:41,68	01:26,82	03:07,39	00:36,23	01:23,26	02:57,87	02:40,34	06:33,97
452	00:32,15	01:08,75	02:29,02	05:20,27	10:54,41	20:39,01	00:36,95	01:16,31	03:07,16	00:41,70	01:26,84	03:07,44	00:36,24	01:23,29	02:57,91	02:40,37	06:34,06
451	00:32,17	01:08,77	02:29,06	05:20,34	10:54,56	20:39,29	00:36,97	01:16,33	03:07,21	00:41,71	01:26,87	03:07,48	00:36,25	01:23,31	02:57,94	02:40,41	06:34,15
450	00:32,18	01:08,79	02:29,09	05:20,41	10:54,70	20:39,57	00:36,98	01:16,35	03:07,25	00:41,73	01:26,89	03:07,52	00:36,27	01:23,34	02:57,98	02:40,44	06:34,24
449	00:32,19	01:08,81	02:29,12	05:20,48	10:54,85	20:39,84	00:36,99	01:16,38	03:07,29	00:41,74	01:26,92	03:07,56	00:36,28	01:23,36	02:58,02	02:40,48	06:34,32
448	00:32,20	01:08,83	02:29,16	05:20,55	10:54,99	20:40,12	00:37,01	01:16,40	03:07,33	00:41,76	01:26,94	03:07,60	00:36,29	01:23,38	02:58,06	02:40,52	06:34,41
447	00:32,21	01:08,86	02:29,19	05:20,63	10:55,14	20:40,40	00:37,02	01:16,42	03:07,37	00:41,77	01:26,97	03:07,64	00:36,30	01:23,41	02:58,10	02:40,55	06:34,50
446	00:32,22	01:08,88	02:29,22	05:20,70	10:55,29	20:40,68	00:37,03	01:16,44	03:07,42	00:41,79	01:27,00	03:07,69	00:36,32	01:23,43	02:58,14	02:40,59	06:34,59
445	00:32,23	01:08,90	02:29,26	05:20,77	10:55,44	20:40,96	00:37,05	01:16,47	03:07,46	00:41,80	01:27,02	03:07,73	00:36,33	01:23,46	02:58,18	02:40,62	06:34,68
444	00:32,25	01:08,92	02:29,29	05:20,84	10:55,58	20:41,24	00:37,06	01:16,49	03:07,50	00:41,82	01:27,05	03:07,77	00:36,34	01:23,48	02:58,22	02:40,66	06:34,77
443	00:32,26	01:08,94	02:29,32	05:20,92	10:55,73	20:41,52	00:37,07	01:16,51	03:07,54	00:41,83	01:27,07	03:07,81	00:36,36	01:23,51	02:58,26	02:40,70	06:34,86
442	00:32,27	01:08,96	02:29,36	05:20,99	10:55,88	20:41,80	00:37,09	01:16,54	03:07,59	00:41,85	01:27,10	03:07,86	00:36,37	01:23,53	02:58,31	02:40,73	06:34,95
441	00:32,28	01:08,98	02:29,39	05:21,06	10:56,03	20:42,08	00:37,10	01:16,56	03:07,63	00:41,86	01:27,13	03:07,90	00:36,38	01:23,56	02:58,35	02:40,77	06:35,04
440	00:32,29	01:09,00	02:29,43	05:21,13	10:56,18	20:42,36	00:37,11	01:16,58	03:07,67	00:41,88	01:27,15	03:07,94	00:36,39	01:23,58	02:58,39	02:40,81	06:35,13
439	00:32,30	01:09,02	02:29,46	05:21,21	10:56,33	20:42,65	00:37,13	01:16,60	03:07,71	00:41,89	01:27,18	03:07,98	00:36,41	01:23,61	02:58,43	02:40,84	06:35,22
438	00:32,32	01:09,04	02:29,49	05:21,28	10:56,48	20:42,93	00:37,14	01:16,63	03:07,76	00:41,91	01:27,21	03:08,03	00:36,42	01:23,63	02:58,47	02:40,88	06:35,31
437	00:32,33	01:09,06	02:29,53	05:21,36	10:56,63	20:43,22	00:37,15	01:16,65	03:07,80	00:41,92	01:27,23	03:08,07	00:36,43	01:23,66	02:58,51	02:40,92	06:35,40
436	00:32,34	01:09,08	02:29,56	05:21,43	10:56,78	20:43,50	00:37,17	01:16,67	03:07,84	00:41,94	01:27,26	03:08,11	00:36,45	01:23,69	02:58,55	02:40,95	06:35,49
435	00:32,35	01:09,10	02:29,60	05:21,50	10:56,93	20:43,79	00:37,18	01:16,70	03:07,89	00:41,95	01:27,28	03:08,16	00:36,46	01:23,71	02:58,59	02:40,99	06:35,58
434	00:32,36	01:09,13	02:29,63	05:21,58	10:57,08	20:44,08	00:37,19	01:16,72	03:07,93	00:41,97	01:27,31	03:08,20	00:36,47	01:23,74	02:58,63	02:41,03	06:35,67
433	00:32,38	01:09,15	02:29,67	05:21,65	10:57,24	20:44,36	00:37,21	01:16,74	03:07,97	00:41,98	01:27,34	03:08,24	00:36,49	01:23,76	02:58,67	02:41,07	06:35,76
432	00:32,39	01:09,17	02:29,70	05:21,73	10:57,39	20:44,65	00:37,22	01:16,77	03:08,02	00:42,00	01:27,36	03:08,29	00:36,50	01:23,79	02:58,72	02:41,10	06:35,85
431	00:32,40	01:09,19	02:29,74	05:21,80	10:57,54	20:44,94	00:37,23	01:16,79	03:08,06	00:42,01	01:27,39	03:08,33	00:36,51	01:23,81	02:58,76	02:41,14	06:35,95
430	00:32,41	01:09,21	02:29,77	05:21,88	10:57,69	20:45,23	00:37,25	01:16,82	03:08,10	00:42,03	01:27,42	03:08,38	00:36,53	01:23,84	02:58,80	02:41,18	06:36,04
429	00:32,42	01:09,23	02:29,81	05:21,95	10:57,85	20:45,52	00:37,26	01:16,84	03:08,15	00:42,04	01:27,45	03:08,42	00:36,54	01:23,87	02:58,84	02:41,22	06:36,13
428	00:32,44	01:09,25	02:29,84	05:22,03	10:58,00	20:45,82	00:37,28	01:16,86	03:08,19	00:42,06	01:27,47	03:08,46	00:36,56	01:23,89	02:58,88	02:41,25	06:36,22
427	00:32,45	01:09,27	02:29,88	05:22,10	10:58,16	20:46,11	00:37,29	01:16,89	03:08,24	00:42,08	01:27,50	03:08,51	00:36,57	01:23,92	02:58,92	02:41,29	06:36,32
426	00:32,46	01:09,30	02:29,91	05:22,18	10:58,31	20:46,40	00:37,30	01:16,91	03:08,28	00:42,09	01:27,53	03:08,55	00:36,58	01:23,94	02:58,97	02:41,33	06:36,41
425	00:32,47	01:09,32	02:29,95	05:22,25	10:58,47	20:46,70	00:37,32	01:16,93	03:08,32	00:42,11	01:27,55	03:08,60	00:36,60	01:23,97	02:59,01	02:41,37	06:36,50
424	00:32,48	01:09,34	02:29,98	05:22,33	10:58,62	20:46,99	00:37,33	01:16,96	03:08,37	00:42,12	01:27,58	03:08,64	00:36,61	01:24,00	02:59,05	02:41,41	06:36,60
423	00:32,50	01:09,36	02:30,02	05:22,41	10:58,78	20:47,29	00:37,35	01:16,98	03:08,41	00:42,14	01:27,61	03:08,69	00:36,62	01:24,02	02:59,09	02:41,44	06:36,69
422	00:32,51	01:09,38	02:30,05	05:22,48	10:58,94	20:47,58	00:37,36	01:17,01	03:08,46	00:42,15	01:27,64	03:08,73	00:36,64	01:24,05	02:59,14	02:41,48	06:36,79
421	00:32,52	01:09,40	02:30,09	05:22,56	10:59,09	20:47,88	00:37,37	01:17,03	03:08,50	00:42,17	01:27,66	03:08,78	00:36,65	01:24,08	02:59,18	02:41,52	06:36,88
420	00:32,53	01:09,43	02:30,13	05:22,64	10:59,25	20:48,18	00:37,39	01:17,06	03:08,55	00:42,19	01:27,69	03:08,82	00:36,67	01:24,10	02:59,22	02:41,56	06:36,97

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
419	00:32,54	01:09,45	02:30,16	05:22,71	10:59,41	20:48,48	00:37,40	01:17,08	03:08,59	00:42,20	01:27,72	03:08,87	00:36,68	01:24,13	02:59,26	02:41,60	06:37,07
418	00:32,56	01:09,47	02:30,20	05:22,79	10:59,57	20:48,77	00:37,42	01:17,10	03:08,64	00:42,22	01:27,75	03:08,91	00:36,69	01:24,15	02:59,31	02:41,64	06:37,16
417	00:32,57	01:09,49	02:30,23	05:22,87	10:59,72	20:49,07	00:37,43	01:17,13	03:08,68	00:42,23	01:27,78	03:08,96	00:36,71	01:24,18	02:59,35	02:41,67	06:37,26
416	00:32,58	01:09,51	02:30,27	05:22,95	10:59,88	20:49,38	00:37,45	01:17,15	03:08,73	00:42,25	01:27,80	03:09,00	00:36,72	01:24,21	02:59,39	02:41,71	06:37,36
415	00:32,59	01:09,54	02:30,31	05:23,03	11:00,04	20:49,68	00:37,46	01:17,18	03:08,78	00:42,27	01:27,83	03:09,05	00:36,74	01:24,24	02:59,44	02:41,75	06:37,45
414	00:32,61	01:09,56	02:30,34	05:23,10	11:00,20	20:49,98	00:37,47	01:17,20	03:08,82	00:42,28	01:27,86	03:09,09	00:36,75	01:24,26	02:59,48	02:41,79	06:37,55
413	00:32,62	01:09,58	02:30,38	05:23,18	11:00,36	20:50,28	00:37,49	01:17,23	03:08,87	00:42,30	01:27,89	03:09,14	00:36,76	01:24,29	02:59,52	02:41,83	06:37,64
412	00:32,63	01:09,60	02:30,42	05:23,26	11:00,52	20:50,59	00:37,50	01:17,25	03:08,91	00:42,32	01:27,92	03:09,19	00:36,78	01:24,32	02:59,57	02:41,87	06:37,74
411	00:32,64	01:09,63	02:30,45	05:23,34	11:00,68	20:50,89	00:37,52	01:17,28	03:08,96	00:42,33	01:27,94	03:09,23	00:36,79	01:24,34	02:59,61	02:41,91	06:37,84
410	00:32,66	01:09,65	02:30,49	05:23,42	11:00,85	20:51,20	00:37,53	01:17,30	03:09,01	00:42,35	01:27,97	03:09,28	00:36,81	01:24,37	02:59,65	02:41,95	06:37,94
409	00:32,67	01:09,67	02:30,53	05:23,50	11:01,01	20:51,50	00:37,55	01:17,33	03:09,05	00:42,37	01:28,00	03:09,32	00:36,82	01:24,40	02:59,70	02:41,99	06:38,03
408	00:32,68	01:09,69	02:30,56	05:23,58	11:01,17	20:51,81	00:37,56	01:17,35	03:09,10	00:42,38	01:28,03	03:09,37	00:36,83	01:24,43	02:59,74	02:42,03	06:38,13
407	00:32,70	01:09,72	02:30,60	05:23,66	11:01,33	20:52,12	00:37,58	01:17,38	03:09,14	00:42,40	01:28,06	03:09,42	00:36,85	01:24,45	02:59,79	02:42,07	06:38,23
406	00:32,71	01:09,74	02:30,64	05:23,74	11:01,50	20:52,43	00:37,59	01:17,40	03:09,19	00:42,41	01:28,09	03:09,46	00:36,86	01:24,48	02:59,83	02:42,11	06:38,33
405	00:32,72	01:09,76	02:30,67	05:23,82	11:01,66	20:52,74	00:37,61	01:17,43	03:09,24	00:42,43	01:28,12	03:09,51	00:36,88	01:24,51	02:59,88	02:42,15	06:38,43
404	00:32,73	01:09,79	02:30,71	05:23,90	11:01,82	20:53,05	00:37,62	01:17,45	03:09,28	00:42,45	01:28,14	03:09,56	00:36,89	01:24,54	02:59,92	02:42,19	06:38,52
403	00:32,75	01:09,81	02:30,75	05:23,98	11:01,99	20:53,36	00:37,63	01:17,48	03:09,33	00:42,46	01:28,17	03:09,61	00:36,91	01:24,56	02:59,97	02:42,23	06:38,62
402	00:32,76	01:09,83	02:30,79	05:24,06	11:02,15	20:53,67	00:37,65	01:17,50	03:09,38	00:42,48	01:28,20	03:09,65	00:36,92	01:24,59	03:00,01	02:42,27	06:38,72
401	00:32,77	01:09,85	02:30,82	05:24,14	11:02,32	20:53,99	00:37,66	01:17,53	03:09,43	00:42,50	01:28,23	03:09,70	00:36,94	01:24,62	03:00,06	02:42,31	06:38,82
400	00:32,79	01:09,88	02:30,86	05:24,22	11:02,48	20:54,30	00:37,68	01:17,56	03:09,47	00:42,52	01:28,26	03:09,75	00:36,95	01:24,65	03:00,10	02:42,35	06:38,92
399	00:32,80	01:09,90	02:30,90	05:24,30	11:02,65	20:54,62	00:37,69	01:17,58	03:09,52	00:42,53	01:28,29	03:09,80	00:36,97	01:24,68	03:00,15	02:42,39	06:39,02
398	00:32,81	01:09,92	02:30,94	05:24,38	11:02,82	20:54,93	00:37,71	01:17,61	03:09,57	00:42,55	01:28,32	03:09,84	00:36,98	01:24,70	03:00,19	02:42,43	06:39,12
397	00:32,83	01:09,95	02:30,98	05:24,47	11:02,99	20:55,25	00:37,72	01:17,63	03:09,62	00:42,57	01:28,35	03:09,89	00:37,00	01:24,73	03:00,24	02:42,47	06:39,22
396	00:32,84	01:09,97	02:31,01	05:24,55	11:03,15	20:55,57	00:37,74	01:17,66	03:09,67	00:42,58	01:28,38	03:09,94	00:37,01	01:24,76	03:00,28	02:42,52	06:39,33
395	00:32,85	01:09,99	02:31,05	05:24,63	11:03,32	20:55,89	00:37,76	01:17,69	03:09,71	00:42,60	01:28,41	03:09,99	00:37,02	01:24,79	03:00,33	02:42,56	06:39,43
394	00:32,86	01:10,02	02:31,09	05:24,71	11:03,49	20:56,21	00:37,77	01:17,71	03:09,76	00:42,62	01:28,44	03:10,04	00:37,04	01:24,82	03:00,37	02:42,60	06:39,53
393	00:32,88	01:10,04	02:31,13	05:24,80	11:03,66	20:56,53	00:37,79	01:17,74	03:09,81	00:42,63	01:28,47	03:10,08	00:37,05	01:24,85	03:00,42	02:42,64	06:39,63
392	00:32,89	01:10,06	02:31,17	05:24,88	11:03,83	20:56,85	00:37,80	01:17,76	03:09,86	00:42,65	01:28,50	03:10,13	00:37,07	01:24,87	03:00,47	02:42,68	06:39,73
391	00:32,90	01:10,09	02:31,21	05:24,96	11:04,00	20:57,17	00:37,82	01:17,79	03:09,91	00:42,67	01:28,53	03:10,18	00:37,08	01:24,90	03:00,51	02:42,72	06:39,83
390	00:32,92	01:10,11	02:31,25	05:25,05	11:04,17	20:57,49	00:37,83	01:17,82	03:09,96	00:42,69	01:28,56	03:10,23	00:37,10	01:24,93	03:00,56	02:42,76	06:39,94
389	00:32,93	01:10,14	02:31,28	05:25,13	11:04,34	20:57,82	00:37,85	01:17,84	03:10,00	00:42,70	01:28,59	03:10,28	00:37,12	01:24,96	03:00,61	02:42,81	06:40,04
388	00:32,95	01:10,16	02:31,32	05:25,21	11:04,51	20:58,14	00:37,86	01:17,87	03:10,05	00:42,72	01:28,62	03:10,33	00:37,13	01:24,99	03:00,65	02:42,85	06:40,14
387	00:32,96	01:10,18	02:31,36	05:25,30	11:04,68	20:58,47	00:37,88	01:17,90	03:10,10	00:42,74	01:28,65	03:10,38	00:37,15	01:25,02	03:00,70	02:42,89	06:40,25
386	00:32,97	01:10,21	02:31,40	05:25,38	11:04,86	20:58,79	00:37,89	01:17,92	03:10,15	00:42,76	01:28,68	03:10,43	00:37,16	01:25,05	03:00,75	02:42,93	06:40,35
385	00:32,99	01:10,23	02:31,44	05:25,47	11:05,03	20:59,12	00:37,91	01:17,95	03:10,20	00:42,77	01:28,71	03:10,48	00:37,18	01:25,08	03:00,79	02:42,98	06:40,46
384	00:33,00	01:10,26	02:31,48	05:25,55	11:05,20	20:59,45	00:37,93	01:17,98	03:10,25	00:42,79	01:28,74	03:10,53	00:37,19	01:25,11	03:00,84	02:43,02	06:40,56
383	00:33,01	01:10,28	02:31,52	05:25,64	11:05,38	20:59,78	00:37,94	01:18,00	03:10,30	00:42,81	01:28,77	03:10,58	00:37,21	01:25,14	03:00,89	02:43,06	06:40,67
382	00:33,03	01:10,31	02:31,56	05:25,72	11:05,55	21:00,11	00:37,96	01:18,03	03:10,35	00:42,83	01:28,80	03:10,63	00:37,22	01:25,17	03:00,93	02:43,10	06:40,77
381	00:33,04	01:10,33	02:31,60	05:25,81	11:05,73	21:00,44	00:37,97	01:18,06	03:10,40	00:42,85	01:28,83	03:10,68	00:37,24	01:25,20	03:00,98	02:43,15	06:40,88
380	00:33,05	01:10,35	02:31,64	05:25,89	11:05,90	21:00,77	00:37,99	01:18,09	03:10,45	00:42,86	01:28,86	03:10,73	00:37,25	01:25,23	03:01,03	02:43,19	06:40,98
379	00:33,07	01:10,38	02:31,68	05:25,98	11:06,08	21:01,11	00:38,00	01:18,11	03:10,50	00:42,88	01:28,89	03:10,78	00:37,27	01:25,26	03:01,08	02:43,23	06:41,09
378	00:33,08	01:10,40	02:31,72	05:26,07	11:06,26	21:01,44	00:38,02	01:18,14	03:10,55	00:42,90	01:28,93	03:10,83	00:37,28	01:25,29	03:01,13	02:43,28	06:41,19
377	00:33,10	01:10,43	02:31,76	05:26,15	11:06,43	21:01,78	00:38,04	01:18,17	03:10,60	00:42,92	01:28,96	03:10,88	00:37,30	01:25,32	03:01,17	02:43,32	06:41,30
376	00:33,11	01:10,45	02:31,80	05:26,24	11:06,61	21:02,11	00:38,05	01:18,20	03:10,65	00:42,94	01:28,99	03:10,93	00:37,32	01:25,35	03:01,22	02:43,36	06:41,41
375	00:33,12	01:10,48	02:31,84	05:26,33	11:06,79	21:02,45	00:38,07	01:18,22	03:10,71	00:42,95	01:29,02	03:10,98	00:37,33	01:25,38	03:01,27	02:43,41	06:41,51
374	00:33,14	01:10,50	02:31,88	05:26,41	11:06,97	21:02,79	00:38,08	01:18,25	03:10,76	00:42,97	01:29,05	03:11,03	00:37,35	01:25,41	03:01,32	02:43,45	06:41,62
373	00:33,15	01:10,53	02:31,92	05:26,50	11:07,15	21:03,13	00:38,10	01:18,28	03:10,81	00:42,99	01:29,08	03:11,08	00:37,36	01:25,44	03:01,37	02:43,49	06:41,73

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
372	00:33,17	01:10,55	02:31,96	05:26,59	11:07,33	21:03,47	00:38,12	01:18,31	03:10,86	00:43,01	01:29,11	03:11,13	00:37,38	01:25,47	03:01,42	02:43,54	06:41,84
371	00:33,18	01:10,58	02:32,01	05:26,68	11:07,51	21:03,81	00:38,13	01:18,33	03:10,91	00:43,03	01:29,15	03:11,19	00:37,40	01:25,50	03:01,47	02:43,58	06:41,95
370	00:33,20	01:10,60	02:32,05	05:26,77	11:07,69	21:04,15	00:38,15	01:18,36	03:10,96	00:43,05	01:29,18	03:11,24	00:37,41	01:25,53	03:01,52	02:43,63	06:42,06
369	00:33,21	01:10,63	02:32,09	05:26,86	11:07,87	21:04,50	00:38,17	01:18,39	03:11,01	00:43,06	01:29,21	03:11,29	00:37,43	01:25,56	03:01,56	02:43,67	06:42,16
368	00:33,22	01:10,65	02:32,13	05:26,94	11:08,05	21:04,84	00:38,18	01:18,42	03:11,07	00:43,08	01:29,24	03:11,34	00:37,44	01:25,59	03:01,61	02:43,72	06:42,27
367	00:33,24	01:10,68	02:32,17	05:27,03	11:08,23	21:05,19	00:38,20	01:18,45	03:11,12	00:43,10	01:29,28	03:11,39	00:37,46	01:25,62	03:01,66	02:43,76	06:42,38
366	00:33,25	01:10,71	02:32,21	05:27,12	11:08,42	21:05,53	00:38,22	01:18,48	03:11,17	00:43,12	01:29,31	03:11,45	00:37,48	01:25,65	03:01,71	02:43,81	06:42,49
365	00:33,27	01:10,73	02:32,25	05:27,21	11:08,60	21:05,88	00:38,23	01:18,50	03:11,22	00:43,14	01:29,34	03:11,50	00:37,49	01:25,68	03:01,76	02:43,85	06:42,61
364	00:33,28	01:10,76	02:32,30	05:27,30	11:08,78	21:06,23	00:38,25	01:18,53	03:11,28	00:43,16	01:29,37	03:11,55	00:37,51	01:25,71	03:01,81	02:43,90	06:42,72
363	00:33,30	01:10,78	02:32,34	05:27,39	11:08,97	21:06,58	00:38,27	01:18,56	03:11,33	00:43,18	01:29,40	03:11,61	00:37,53	01:25,74	03:01,86	02:43,94	06:42,83
362	00:33,31	01:10,81	02:32,38	05:27,48	11:09,15	21:06,93	00:38,28	01:18,59	03:11,38	00:43,20	01:29,44	03:11,66	00:37,54	01:25,78	03:01,91	02:43,99	06:42,94
361	00:33,33	01:10,83	02:32,42	05:27,58	11:09,34	21:07,28	00:38,30	01:18,62	03:11,43	00:43,21	01:29,47	03:11,71	00:37,56	01:25,81	03:01,96	02:44,03	06:43,05
360	00:33,34	01:10,86	02:32,47	05:27,67	11:09,53	21:07,63	00:38,32	01:18,65	03:11,49	00:43,23	01:29,50	03:11,76	00:37,58	01:25,84	03:02,01	02:44,08	06:43,16
359	00:33,35	01:10,89	02:32,51	05:27,76	11:09,71	21:07,99	00:38,33	01:18,68	03:11,54	00:43,25	01:29,54	03:11,82	00:37,59	01:25,87	03:02,07	02:44,12	06:43,28
358	00:33,37	01:10,91	02:32,55	05:27,85	11:09,90	21:08,34	00:38,35	01:18,71	03:11,59	00:43,27	01:29,57	03:11,87	00:37,61	01:25,90	03:02,12	02:44,17	06:43,39
357	00:33,38	01:10,94	02:32,59	05:27,94	11:10,09	21:08,70	00:38,37	01:18,73	03:11,65	00:43,29	01:29,60	03:11,93	00:37,63	01:25,93	03:02,17	02:44,21	06:43,50
356	00:33,40	01:10,97	02:32,64	05:28,03	11:10,28	21:09,06	00:38,38	01:18,76	03:11,70	00:43,31	01:29,64	03:11,98	00:37,64	01:25,97	03:02,22	02:44,26	06:43,61
355	00:33,41	01:10,99	02:32,68	05:28,13	11:10,47	21:09,41	00:38,40	01:18,79	03:11,76	00:43,33	01:29,67	03:12,03	00:37,66	01:26,00	03:02,27	02:44,31	06:43,73
354	00:33,43	01:11,02	02:32,72	05:28,22	11:10,66	21:09,77	00:38,42	01:18,82	03:11,81	00:43,35	01:29,70	03:12,09	00:37,68	01:26,03	03:02,32	02:44,35	06:43,84
353	00:33,44	01:11,05	02:32,77	05:28,31	11:10,85	21:10,13	00:38,44	01:18,85	03:11,87	00:43,37	01:29,74	03:12,14	00:37,69	01:26,06	03:02,37	02:44,40	06:43,96
352	00:33,46	01:11,07	02:32,81	05:28,41	11:11,04	21:10,50	00:38,45	01:18,88	03:11,92	00:43,39	01:29,77	03:12,20	00:37,71	01:26,10	03:02,43	02:44,45	06:44,07
351	00:33,47	01:11,10	02:32,85	05:28,50	11:11,23	21:10,86	00:38,47	01:18,91	03:11,97	00:43,41	01:29,80	03:12,25	00:37,73	01:26,13	03:02,48	02:44,49	06:44,19
350	00:33,49	01:11,13	02:32,90	05:28,59	11:11,42	21:11,22	00:38,49	01:18,94	03:12,03	00:43,43	01:29,84	03:12,31	00:37,74	01:26,16	03:02,53	02:44,54	06:44,30
349	00:33,50	01:11,15	02:32,94	05:28,69	11:11,61	21:11,59	00:38,51	01:18,97	03:12,09	00:43,45	01:29,87	03:12,36	00:37,76	01:26,19	03:02,58	02:44,59	06:44,42
348	00:33,52	01:11,18	02:32,99	05:28,78	11:11,81	21:11,95	00:38,52	01:19,00	03:12,14	00:43,47	01:29,91	03:12,42	00:37,78	01:26,23	03:02,64	02:44,64	06:44,54
347	00:33,54	01:11,21	02:33,03	05:28,88	11:12,00	21:12,32	00:38,54	01:19,03	03:12,20	00:43,49	01:29,94	03:12,47	00:37,80	01:26,26	03:02,69	02:44,68	06:44,65
346	00:33,55	01:11,23	02:33,07	05:28,97	11:12,20	21:12,69	00:38,56	01:19,06	03:12,25	00:43,51	01:29,98	03:12,53	00:37,81	01:26,29	03:02,74	02:44,73	06:44,77
345	00:33,57	01:11,26	02:33,12	05:29,07	11:12,39	21:13,06	00:38,58	01:19,09	03:12,31	00:43,53	01:30,01	03:12,59	00:37,83	01:26,32	03:02,79	02:44,78	06:44,89
344	00:33,58	01:11,29	02:33,16	05:29,16	11:12,59	21:13,43	00:38,59	01:19,12	03:12,36	00:43,55	01:30,04	03:12,64	00:37,85	01:26,36	03:02,85	02:44,83	06:45,01
343	00:33,60	01:11,32	02:33,21	05:29,26	11:12,78	21:13,80	00:38,61	01:19,15	03:12,42	00:43,57	01:30,08	03:12,70	00:37,87	01:26,39	03:02,90	02:44,88	06:45,12
342	00:33,61	01:11,34	02:33,25	05:29,36	11:12,98	21:14,17	00:38,63	01:19,18	03:12,48	00:43,59	01:30,11	03:12,75	00:37,88	01:26,43	03:02,95	02:44,92	06:45,24
341	00:33,63	01:11,37	02:33,30	05:29,45	11:13,18	21:14,55	00:38,65	01:19,22	03:12,53	00:43,61	01:30,15	03:12,81	00:37,90	01:26,46	03:03,01	02:44,97	06:45,36
340	00:33,64	01:11,40	02:33,34	05:29,55	11:13,38	21:14,92	00:38,67	01:19,25	03:12,59	00:43,63	01:30,18	03:12,87	00:37,92	01:26,49	03:03,06	02:45,02	06:45,48
339	00:33,66	01:11,43	02:33,39	05:29,65	11:13,58	21:15,30	00:38,68	01:19,28	03:12,65	00:43,65	01:30,22	03:12,92	00:37,94	01:26,53	03:03,12	02:45,07	06:45,60
338	00:33,68	01:11,46	02:33,43	05:29,75	11:13,78	21:15,68	00:38,70	01:19,31	03:12,70	00:43,67	01:30,26	03:12,98	00:37,95	01:26,56	03:03,17	02:45,12	06:45,72
337	00:33,69	01:11,48	02:33,48	05:29,84	11:13,98	21:16,06	00:38,72	01:19,34	03:12,76	00:43,69	01:30,29	03:13,04	00:37,97	01:26,59	03:03,22	02:45,17	06:45,84
336	00:33,71	01:11,51	02:33,52	05:29,94	11:14,18	21:16,44	00:38,74	01:19,37	03:12,82	00:43,71	01:30,33	03:13,10	00:37,99	01:26,63	03:03,28	02:45,22	06:45,96
335	00:33,72	01:11,54	02:33,57	05:30,04	11:14,38	21:16,82	00:38,76	01:19,40	03:12,88	00:43,73	01:30,36	03:13,15	00:38,01	01:26,66	03:03,33	02:45,27	06:46,08
334	00:33,74	01:11,57	02:33,62	05:30,14	11:14,58	21:17,20	00:38,78	01:19,43	03:12,93	00:43,75	01:30,40	03:13,21	00:38,03	01:26,70	03:03,39	02:45,32	06:46,21
333	00:33,76	01:11,60	02:33,66	05:30,24	11:14,78	21:17,59	00:38,79	01:19,47	03:12,99	00:43,77	01:30,43	03:13,27	00:38,04	01:26,73	03:03,44	02:45,37	06:46,33
332	00:33,77	01:11,63	02:33,71	05:30,34	11:14,99	21:17,97	00:38,81	01:19,50	03:13,05	00:43,79	01:30,47	03:13,33	00:38,06	01:26,77	03:03,50	02:45,42	06:46,45
331	00:33,79	01:11,65	02:33,76	05:30,44	11:15,19	21:18,36	00:38,83	01:19,53	03:13,11	00:43,82	01:30,51	03:13,39	00:38,08	01:26,80	03:03,56	02:45,47	06:46,57
330	00:33,80	01:11,68	02:33,80	05:30,54	11:15,40	21:18,75	00:38,85	01:19,56	03:13,17	00:43,84	01:30,54	03:13,45	00:38,10	01:26,84	03:03,61	02:45,52	06:46,70
329	00:33,82	01:11,71	02:33,85	05:30,64	11:15,60	21:19,14	00:38,87	01:19,59	03:13,23	00:43,86	01:30,58	03:13,51	00:38,12	01:26,87	03:03,67	02:45,57	06:46,82
328	00:33,84	01:11,74	02:33,90	05:30,74	11:15,81	21:19,53	00:38,89	01:19,62	03:13,28	00:43,88	01:30,62	03:13,56	00:38,14	01:26,91	03:03,72	02:45,62	06:46,95
327	00:33,85	01:11,77	02:33,94	05:30,84	11:16,02	21:19,92	00:38,91	01:19,66	03:13,34	00:43,90	01:30,65	03:13,62	00:38,15	01:26,94	03:03,78	02:45,67	06:47,07
326	00:33,87	01:11,80	02:33,99	05:30,94	11:16,22	21:20,32	00:38,93	01:19,69	03:13,40	00:43,92	01:30,69	03:13,68	00:38,17	01:26,98	03:03,84	02:45,72	06:47,20

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
325	00:33,89	01:11,83	02:34,04	05:31,05	11:16,43	21:20,71	00:38,94	01:19,72	03:13,46	00:43,94	01:30,73	03:13,74	00:38,19	01:27,01	03:03,89	02:45,77	06:47,32
324	00:33,90	01:11,86	02:34,09	05:31,15	11:16,64	21:21,11	00:38,96	01:19,75	03:13,52	00:43,96	01:30,76	03:13,80	00:38,21	01:27,05	03:03,95	02:45,82	06:47,45
323	00:33,92	01:11,89	02:34,13	05:31,25	11:16,85	21:21,50	00:38,98	01:19,79	03:13,58	00:43,99	01:30,80	03:13,86	00:38,23	01:27,08	03:04,01	02:45,87	06:47,57
322	00:33,94	01:11,92	02:34,18	05:31,35	11:17,06	21:21,90	00:39,00	01:19,82	03:13,64	00:44,01	01:30,84	03:13,92	00:38,25	01:27,12	03:04,06	02:45,92	06:47,70
321	00:33,95	01:11,95	02:34,23	05:31,46	11:17,27	21:22,30	00:39,02	01:19,85	03:13,70	00:44,03	01:30,88	03:13,98	00:38,27	01:27,15	03:04,12	02:45,98	06:47,83
320	00:33,97	01:11,98	02:34,28	05:31,56	11:17,49	21:22,70	00:39,04	01:19,89	03:13,76	00:44,05	01:30,91	03:14,04	00:38,29	01:27,19	03:04,18	02:46,03	06:47,96
319	00:33,99	01:12,01	02:34,33	05:31,67	11:17,70	21:23,11	00:39,06	01:19,92	03:13,83	00:44,07	01:30,95	03:14,11	00:38,30	01:27,23	03:04,24	02:46,08	06:48,08
318	00:34,00	01:12,04	02:34,38	05:31,77	11:17,91	21:23,51	00:39,08	01:19,95	03:13,89	00:44,10	01:30,99	03:14,17	00:38,32	01:27,26	03:04,29	02:46,13	06:48,21
317	00:34,02	01:12,07	02:34,42	05:31,88	11:18,13	21:23,92	00:39,10	01:19,99	03:13,95	00:44,12	01:31,03	03:14,23	00:38,34	01:27,30	03:04,35	02:46,18	06:48,34
316	00:34,04	01:12,10	02:34,47	05:31,98	11:18,34	21:24,32	00:39,12	01:20,02	03:14,01	00:44,14	01:31,06	03:14,29	00:38,36	01:27,34	03:04,41	02:46,24	06:48,47
315	00:34,06	01:12,13	02:34,52	05:32,09	11:18,56	21:24,73	00:39,14	01:20,05	03:14,07	00:44,16	01:31,10	03:14,35	00:38,38	01:27,37	03:04,47	02:46,29	06:48,60
314	00:34,07	01:12,16	02:34,57	05:32,19	11:18,77	21:25,14	00:39,16	01:20,09	03:14,13	00:44,18	01:31,14	03:14,41	00:38,40	01:27,41	03:04,53	02:46,34	06:48,73
313	00:34,09	01:12,19	02:34,62	05:32,30	11:18,99	21:25,55	00:39,18	01:20,12	03:14,19	00:44,21	01:31,18	03:14,48	00:38,42	01:27,45	03:04,59	02:46,40	06:48,86
312	00:34,11	01:12,22	02:34,67	05:32,41	11:19,21	21:25,97	00:39,20	01:20,15	03:14,26	00:44,23	01:31,22	03:14,54	00:38,44	01:27,48	03:04,65	02:46,45	06:48,99
311	00:34,12	01:12,25	02:34,72	05:32,51	11:19,43	21:26,38	00:39,22	01:20,19	03:14,32	00:44,25	01:31,26	03:14,60	00:38,46	01:27,52	03:04,71	02:46,50	06:49,13
310	00:34,14	01:12,28	02:34,77	05:32,62	11:19,65	21:26,80	00:39,24	01:20,22	03:14,38	00:44,27	01:31,30	03:14,66	00:38,48	01:27,56	03:04,77	02:46,56	06:49,26
309	00:34,16	01:12,31	02:34,82	05:32,73	11:19,87	21:27,21	00:39,26	01:20,26	03:14,45	00:44,30	01:31,34	03:14,73	00:38,50	01:27,60	03:04,83	02:46,61	06:49,39
308	00:34,18	01:12,34	02:34,87	05:32,84	11:20,09	21:27,63	00:39,28	01:20,29	03:14,51	00:44,32	01:31,37	03:14,79	00:38,52	01:27,63	03:04,89	02:46,67	06:49,52
307	00:34,20	01:12,37	02:34,92	05:32,94	11:20,31	21:28,05	00:39,30	01:20,33	03:14,57	00:44,34	01:31,41	03:14,85	00:38,54	01:27,67	03:04,95	02:46,72	06:49,66
306	00:34,21	01:12,40	02:34,97	05:33,05	11:20,53	21:28,48	00:39,32	01:20,36	03:14,64	00:44,37	01:31,45	03:14,92	00:38,56	01:27,71	03:05,01	02:46,77	06:49,79
305	00:34,23	01:12,44	02:35,02	05:33,16	11:20,76	21:28,90	00:39,34	01:20,40	03:14,70	00:44,39	01:31,49	03:14,98	00:38,58	01:27,75	03:05,07	02:46,83	06:49,93
304	00:34,25	01:12,47	02:35,07	05:33,27	11:20,98	21:29,32	00:39,36	01:20,43	03:14,76	00:44,41	01:31,53	03:15,05	00:38,60	01:27,79	03:05,13	02:46,88	06:50,06
303	00:34,27	01:12,50	02:35,13	05:33,38	11:21,21	21:29,75	00:39,38	01:20,47	03:14,83	00:44,44	01:31,57	03:15,11	00:38,62	01:27,82	03:05,19	02:46,94	06:50,20
302	00:34,28	01:12,53	02:35,18	05:33,49	11:21,43	21:30,18	00:39,40	01:20,50	03:14,89	00:44,46	01:31,61	03:15,18	00:38,64	01:27,86	03:05,25	02:47,00	06:50,33
301	00:34,30	01:12,56	02:35,23	05:33,60	11:21,66	21:30,61	00:39,42	01:20,54	03:14,96	00:44,48	01:31,65	03:15,24	00:38,66	01:27,90	03:05,31	02:47,05	06:50,47
300	00:34,32	01:12,60	02:35,28	05:33,72	11:21,89	21:31,04	00:39,44	01:20,57	03:15,02	00:44,51	01:31,69	03:15,31	00:38,68	01:27,94	03:05,38	02:47,11	06:50,61
299	00:34,34	01:12,63	02:35,33	05:33,83	11:22,12	21:31,47	00:39,46	01:20,61	03:15,09	00:44,53	01:31,73	03:15,37	00:38,70	01:27,98	03:05,44	02:47,16	06:50,74
298	00:34,36	01:12,66	02:35,38	05:33,94	11:22,35	21:31,90	00:39,49	01:20,64	03:15,15	00:44,55	01:31,78	03:15,44	00:38,72	01:28,02	03:05,50	02:47,22	06:50,88
297	00:34,38	01:12,69	02:35,44	05:34,05	11:22,58	21:32,34	00:39,51	01:20,68	03:15,22	00:44,58	01:31,82	03:15,50	00:38,74	01:28,06	03:05,56	02:47,28	06:51,02
296	00:34,39	01:12,72	02:35,49	05:34,17	11:22,81	21:32,78	00:39,53	01:20,72	03:15,29	00:44,60	01:31,86	03:15,57	00:38,76	01:28,10	03:05,63	02:47,33	06:51,16
295	00:34,41	01:12,76	02:35,54	05:34,28	11:23,04	21:33,22	00:39,55	01:20,75	03:15,35	00:44,62	01:31,90	03:15,64	00:38,78	01:28,14	03:05,69	02:47,39	06:51,30
294	00:34,43	01:12,79	02:35,60	05:34,39	11:23,27	21:33,66	00:39,57	01:20,79	03:15,42	00:44,65	01:31,94	03:15,70	00:38,81	01:28,18	03:05,75	02:47,45	06:51,44
293	00:34,45	01:12,82	02:35,65	05:34,51	11:23,50	21:34,10	00:39,59	01:20,83	03:15,49	00:44,67	01:31,98	03:15,77	00:38,83	01:28,22	03:05,82	02:47,50	06:51,58
292	00:34,47	01:12,86	02:35,70	05:34,62	11:23,74	21:34,54	00:39,61	01:20,86	03:15,55	00:44,70	01:32,02	03:15,84	00:38,85	01:28,26	03:05,88	02:47,56	06:51,72
291	00:34,49	01:12,89	02:35,76	05:34,74	11:23,97	21:34,99	00:39,64	01:20,90	03:15,62	00:44,72	01:32,07	03:15,90	00:38,87	01:28,30	03:05,94	02:47,62	06:51,86
290	00:34,51	01:12,92	02:35,81	05:34,85	11:24,21	21:35,44	00:39,66	01:20,94	03:15,69	00:44,75	01:32,11	03:15,97	00:38,89	01:28,34	03:06,01	02:47,68	06:52,01
289	00:34,53	01:12,96	02:35,86	05:34,97	11:24,45	21:35,89	00:39,68	01:20,97	03:15,76	00:44,77	01:32,15	03:16,04	00:38,91	01:28,38	03:06,07	02:47,73	06:52,15
288	00:34,54	01:12,99	02:35,92	05:35,09	11:24,69	21:36,34	00:39,70	01:21,01	03:15,82	00:44,80	01:32,19	03:16,11	00:38,93	01:28,42	03:06,14	02:47,79	06:52,29
287	00:34,56	01:13,02	02:35,97	05:35,20	11:24,93	21:36,79	00:39,72	01:21,05	03:15,89	00:44,82	01:32,23	03:16,18	00:38,95	01:28,46	03:06,20	02:47,85	06:52,44
286	00:34,58	01:13,06	02:36,03	05:35,32	11:25,17	21:37,24	00:39,74	01:21,09	03:15,96	00:44,85	01:32,28	03:16,24	00:38,98	01:28,50	03:06,27	02:47,91	06:52,58
285	00:34,60	01:13,09	02:36,08	05:35,44	11:25,41	21:37,70	00:39,77	01:21,12	03:16,03	00:44,87	01:32,32	03:16,31	00:39,00	01:28,54	03:06,33	02:47,97	06:52,73
284	00:34,62	01:13,12	02:36,14	05:35,56	11:25,65	21:38,16	00:39,79	01:21,16	03:16,10	00:44,90	01:32,36	03:16,38	00:39,02	01:28,58	03:06,40	02:48,03	06:52,87
283	00:34,64	01:13,16	02:36,19	05:35,68	11:25,89	21:38,62	00:39,81	01:21,20	03:16,17	00:44,92	01:32,41	03:16,45	00:39,04	01:28,62	03:06,46	02:48,09	06:53,02
282	00:34,66	01:13,19	02:36,25	05:35,79	11:26,13	21:39,08	00:39,83	01:21,24	03:16,24	00:44,95	01:32,45	03:16,52	00:39,06	01:28,66	03:06,53	02:48,15	06:53,16
281	00:34,68	01:13,23	02:36,30	05:35,91	11:26,38	21:39,54	00:39,86	01:21,28	03:16,31	00:44,97	01:32,49	03:16,59	00:39,09	01:28,71	03:06,60	02:48,21	06:53,31
280	00:34,70	01:13,26	02:36,36	05:36,03	11:26,62	21:40,01	00:39,88	01:21,31	03:16,38	00:45,00	01:32,54	03:16,66	00:39,11	01:28,75	03:06,66	02:48,27	06:53,46
279	00:34,72	01:13,30	02:36,42	05:36,16	11:26,87	21:40,47	00:39,90	01:21,35	03:16,45	00:45,02	01:32,58	03:16,73	00:39,13	01:28,79	03:06,73	02:48,33	06:53,61

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
278	00:34,74	01:13,33	02:36,47	05:36,28	11:27,12	21:40,94	00:39,92	01:21,39	03:16,52	00:45,05	01:32,63	03:16,80	00:39,15	01:28,83	03:06,80	02:48,39	06:53,76
277	00:34,76	01:13,37	02:36,53	05:36,40	11:27,37	21:41,41	00:39,95	01:21,43	03:16,59	00:45,07	01:32,67	03:16,87	00:39,17	01:28,88	03:06,87	02:48,45	06:53,91
276	00:34,78	01:13,40	02:36,59	05:36,52	11:27,62	21:41,88	00:39,97	01:21,47	03:16,66	00:45,10	01:32,71	03:16,95	00:39,20	01:28,92	03:06,93	02:48,51	06:54,06
275	00:34,80	01:13,44	02:36,64	05:36,64	11:27,87	21:42,36	00:39,99	01:21,51	03:16,73	00:45,13	01:32,76	03:17,02	00:39,22	01:28,96	03:07,00	02:48,57	06:54,21
274	00:34,82	01:13,47	02:36,70	05:36,77	11:28,12	21:42,84	00:40,02	01:21,55	03:16,81	00:45,15	01:32,80	03:17,09	00:39,24	01:29,00	03:07,07	02:48,63	06:54,36
273	00:34,84	01:13,51	02:36,76	05:36,89	11:28,37	21:43,31	00:40,04	01:21,59	03:16,88	00:45,18	01:32,85	03:17,16	00:39,27	01:29,05	03:07,14	02:48,70	06:54,51
272	00:34,86	01:13,54	02:36,81	05:37,01	11:28,62	21:43,79	00:40,06	01:21,63	03:16,95	00:45,20	01:32,89	03:17,24	00:39,29	01:29,09	03:07,21	02:48,76	06:54,66
271	00:34,88	01:13,58	02:36,87	05:37,14	11:28,88	21:44,28	00:40,09	01:21,67	03:17,02	00:45,23	01:32,94	03:17,31	00:39,31	01:29,13	03:07,28	02:48,82	06:54,82
270	00:34,90	01:13,62	02:36,93	05:37,26	11:29,13	21:44,76	00:40,11	01:21,71	03:17,10	00:45,26	01:32,98	03:17,38	00:39,33	01:29,18	03:07,35	02:48,88	06:54,97
269	00:34,92	01:13,65	02:36,99	05:37,39	11:29,39	21:45,25	00:40,13	01:21,75	03:17,17	00:45,28	01:33,03	03:17,45	00:39,36	01:29,22	03:07,42	02:48,95	06:55,12
268	00:34,94	01:13,69	02:37,05	05:37,51	11:29,65	21:45,73	00:40,16	01:21,79	03:17,24	00:45,31	01:33,08	03:17,53	00:39,38	01:29,27	03:07,49	02:49,01	06:55,28
267	00:34,96	01:13,73	02:37,11	05:37,64	11:29,91	21:46,22	00:40,18	01:21,83	03:17,32	00:45,34	01:33,12	03:17,60	00:39,40	01:29,31	03:07,56	02:49,07	06:55,44
266	00:34,98	01:13,76	02:37,17	05:37,77	11:30,17	21:46,71	00:40,21	01:21,87	03:17,39	00:45,37	01:33,17	03:17,68	00:39,43	01:29,35	03:07,63	02:49,14	06:55,59
265	00:35,00	01:13,80	02:37,23	05:37,90	11:30,43	21:47,21	00:40,23	01:21,91	03:17,47	00:45,39	01:33,22	03:17,75	00:39,45	01:29,40	03:07,70	02:49,20	06:55,75
264	00:35,03	01:13,84	02:37,29	05:38,02	11:30,69	21:47,70	00:40,25	01:21,95	03:17,54	00:45,42	01:33,26	03:17,83	00:39,48	01:29,44	03:07,77	02:49,26	06:55,91
263	00:35,05	01:13,87	02:37,35	05:38,15	11:30,95	21:48,20	00:40,28	01:21,99	03:17,62	00:45,45	01:33,31	03:17,90	00:39,50	01:29,49	03:07,84	02:49,33	06:56,07
262	00:35,07	01:13,91	02:37,41	05:38,28	11:31,22	21:48,70	00:40,30	01:22,03	03:17,69	00:45,47	01:33,36	03:17,98	00:39,52	01:29,53	03:07,91	02:49,39	06:56,22
261	00:35,09	01:13,95	02:37,47	05:38,41	11:31,48	21:49,21	00:40,33	01:22,08	03:17,77	00:45,50	01:33,40	03:18,05	00:39,55	01:29,58	03:07,98	02:49,46	06:56,38
260	00:35,11	01:13,99	02:37,53	05:38,54	11:31,75	21:49,71	00:40,35	01:22,12	03:17,84	00:45,53	01:33,45	03:18,13	00:39,57	01:29,63	03:08,06	02:49,52	06:56,54
259	00:35,13	01:14,02	02:37,59	05:38,67	11:32,02	21:50,22	00:40,38	01:22,16	03:17,92	00:45,56	01:33,50	03:18,21	00:39,60	01:29,67	03:08,13	02:49,59	06:56,71
258	00:35,15	01:14,06	02:37,65	05:38,81	11:32,29	21:50,73	00:40,40	01:22,20	03:18,00	00:45,59	01:33,55	03:18,28	00:39,62	01:29,72	03:08,20	02:49,65	06:56,87
257	00:35,18	01:14,10	02:37,71	05:38,94	11:32,56	21:51,24	00:40,43	01:22,24	03:18,07	00:45,61	01:33,60	03:18,36	00:39,64	01:29,76	03:08,28	02:49,72	06:57,03
256	00:35,20	01:14,14	02:37,77	05:39,07	11:32,83	21:51,75	00:40,45	01:22,29	03:18,15	00:45,64	01:33,64	03:18,44	00:39,67	01:29,81	03:08,35	02:49,79	06:57,19
255	00:35,22	01:14,18	02:37,83	05:39,20	11:33,10	21:52,26	00:40,48	01:22,33	03:18,23	00:45,67	01:33,69	03:18,52	00:39,69	01:29,86	03:08,42	02:49,85	06:57,36
254	00:35,24	01:14,22	02:37,90	05:39,34	11:33,37	21:52,78	00:40,50	01:22,37	03:18,31	00:45,70	01:33,74	03:18,59	00:39,72	01:29,90	03:08,50	02:49,92	06:57,52
253	00:35,26	01:14,25	02:37,96	05:39,47	11:33,65	21:53,30	00:40,53	01:22,41	03:18,39	00:45,73	01:33,79	03:18,67	00:39,74	01:29,95	03:08,57	02:49,99	06:57,69
252	00:35,29	01:14,29	02:38,02	05:39,61	11:33,92	21:53,82	00:40,55	01:22,46	03:18,47	00:45,76	01:33,84	03:18,75	00:39,77	01:30,00	03:08,65	02:50,06	06:57,85
251	00:35,31	01:14,33	02:38,08	05:39,74	11:34,20	21:54,35	00:40,58	01:22,50	03:18,54	00:45,79	01:33,89	03:18,83	00:39,79	01:30,05	03:08,72	02:50,12	06:58,02
250	00:35,33	01:14,37	02:38,15	05:39,88	11:34,48	21:54,87	00:40,60	01:22,55	03:18,62	00:45,82	01:33,94	03:18,91	00:39,82	01:30,09	03:08,80	02:50,19	06:58,19
249	00:35,35	01:14,41	02:38,21	05:40,01	11:34,76	21:55,40	00:40,63	01:22,59	03:18,70	00:45,84	01:33,99	03:18,99	00:39,84	01:30,14	03:08,87	02:50,26	06:58,36
248	00:35,38	01:14,45	02:38,28	05:40,15	11:35,04	21:55,93	00:40,66	01:22,63	03:18,78	00:45,87	01:34,04	03:19,07	00:39,87	01:30,19	03:08,95	02:50,33	06:58,52
247	00:35,40	01:14,49	02:38,34	05:40,29	11:35,32	21:56,47	00:40,68	01:22,68	03:18,86	00:45,90	01:34,09	03:19,15	00:39,90	01:30,24	03:09,03	02:50,40	06:58,69
246	00:35,42	01:14,53	02:38,40	05:40,43	11:35,60	21:57,00	00:40,71	01:22,72	03:18,95	00:45,93	01:34,14	03:19,23	00:39,92	01:30,29	03:09,10	02:50,47	06:58,86
245	00:35,44	01:14,57	02:38,47	05:40,57	11:35,89	21:57,54	00:40,73	01:22,77	03:19,03	00:45,96	01:34,19	03:19,32	00:39,95	01:30,33	03:09,18	02:50,54	06:59,04
244	00:35,47	01:14,61	02:38,53	05:40,71	11:36,17	21:58,08	00:40,76	01:22,81	03:19,11	00:45,99	01:34,24	03:19,40	00:39,97	01:30,38	03:09,26	02:50,61	06:59,21
243	00:35,49	01:14,65	02:38,60	05:40,85	11:36,46	21:58,63	00:40,79	01:22,86	03:19,19	00:46,02	01:34,29	03:19,48	00:40,00	01:30,43	03:09,34	02:50,68	06:59,38
242	00:35,51	01:14,69	02:38,66	05:40,99	11:36,75	21:59,17	00:40,81	01:22,90	03:19,27	00:46,05	01:34,35	03:19,56	00:40,03	01:30,48	03:09,42	02:50,75	06:59,55
241	00:35,54	01:14,73	02:38,73	05:41,13	11:37,04	21:59,72	00:40,84	01:22,95	03:19,36	00:46,08	01:34,40	03:19,64	00:40,05	01:30,53	03:09,49	02:50,82	06:59,73
240	00:35,56	01:14,78	02:38,80	05:41,27	11:37,33	22:00,27	00:40,87	01:22,99	03:19,44	00:46,11	01:34,45	03:19,73	00:40,08	01:30,58	03:09,57	02:50,89	06:59,90
239	00:35,58	01:14,82	02:38,86	05:41,42	11:37,62	22:00,82	00:40,90	01:23,04	03:19,52	00:46,14	01:34,50	03:19,81	00:40,10	01:30,63	03:09,65	02:50,96	07:00,08
238	00:35,61	01:14,86	02:38,93	05:41,56	11:37,91	22:01,38	00:40,92	01:23,09	03:19,61	00:46,17	01:34,55	03:19,90	00:40,13	01:30,68	03:09,73	02:51,03	07:00,26
237	00:35,63	01:14,90	02:39,00	05:41,70	11:38,21	22:01,94	00:40,95	01:23,13	03:19,69	00:46,21	01:34,61	03:19,98	00:40,16	01:30,73	03:09,81	02:51,11	07:00,43
236	00:35,66	01:14,94	02:39,06	05:41,85	11:38,50	22:02,50	00:40,98	01:23,18	03:19,78	00:46,24	01:34,66	03:20,06	00:40,19	01:30,78	03:09,89	02:51,18	07:00,61
235	00:35,68	01:14,99	02:39,13	05:41,99	11:38,80	22:03,06	00:41,01	01:23,23	03:19,86	00:46,27	01:34,71	03:20,15	00:40,21	01:30,84	03:09,97	02:51,25	07:00,79
234	00:35,70	01:15,03	02:39,20	05:42,14	11:39,10	22:03,63	00:41,03	01:23,27	03:19,95	00:46,30	01:34,77	03:20,24	00:40,24	01:30,89	03:10,06	02:51,32	07:00,97
233	00:35,73	01:15,07	02:39,27	05:42,29	11:39,40	22:04,20	00:41,06	01:23,32	03:20,03	00:46,33	01:34,82	03:20,32	00:40,27	01:30,94	03:10,14	02:51,40	07:01,15
232	00:35,75	01:15,11	02:39,34	05:42,44	11:39,70	22:04,77	00:41,09	01:23,37	03:20,12	00:46,36	01:34,87	03:20,41	00:40,29	01:30,99	03:10,22	02:51,47	07:01,33

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
231	00:35,78	01:15,16	02:39,41	05:42,58	11:40,01	22:05,34	00:41,12	01:23,42	03:20,21	00:46,39	01:34,93	03:20,50	00:40,32	01:31,04	03:10,30	02:51,55	07:01,52
230	00:35,80	01:15,20	02:39,48	05:42,73	11:40,31	22:05,92	00:41,15	01:23,46	03:20,29	00:46,43	01:34,98	03:20,58	00:40,35	01:31,09	03:10,38	02:51,62	07:01,70
229	00:35,83	01:15,24	02:39,55	05:42,88	11:40,62	22:06,50	00:41,17	01:23,51	03:20,38	00:46,46	01:35,04	03:20,67	00:40,38	01:31,15	03:10,47	02:51,70	07:01,89
228	00:35,85	01:15,29	02:39,62	05:43,03	11:40,93	22:07,08	00:41,20	01:23,56	03:20,47	00:46,49	01:35,09	03:20,76	00:40,41	01:31,20	03:10,55	02:51,77	07:02,07
227	00:35,88	01:15,33	02:39,69	05:43,19	11:41,24	22:07,67	00:41,23	01:23,61	03:20,56	00:46,52	01:35,15	03:20,85	00:40,43	01:31,25	03:10,64	02:51,85	07:02,26
226	00:35,90	01:15,37	02:39,76	05:43,34	11:41,55	22:08,26	00:41,26	01:23,66	03:20,65	00:46,56	01:35,21	03:20,94	00:40,46	01:31,31	03:10,72	02:51,92	07:02,44
225	00:35,93	01:15,42	02:39,83	05:43,49	11:41,86	22:08,85	00:41,29	01:23,71	03:20,74	00:46,59	01:35,26	03:21,03	00:40,49	01:31,36	03:10,80	02:52,00	07:02,63
224	00:35,95	01:15,46	02:39,90	05:43,64	11:42,17	22:09,44	00:41,32	01:23,76	03:20,82	00:46,62	01:35,32	03:21,12	00:40,52	01:31,41	03:10,89	02:52,08	07:02,82
223	00:35,98	01:15,51	02:39,97	05:43,80	11:42,49	22:10,04	00:41,35	01:23,81	03:20,92	00:46,66	01:35,37	03:21,21	00:40,55	01:31,47	03:10,98	02:52,15	07:03,01
222	00:36,00	01:15,55	02:40,04	05:43,95	11:42,80	22:10,64	00:41,38	01:23,86	03:21,01	00:46,69	01:35,43	03:21,30	00:40,58	01:31,52	03:11,06	02:52,23	07:03,20
221	00:36,03	01:15,60	02:40,12	05:44,11	11:43,12	22:11,24	00:41,41	01:23,91	03:21,10	00:46,72	01:35,49	03:21,39	00:40,61	01:31,58	03:11,15	02:52,31	07:03,39
220	00:36,06	01:15,64	02:40,19	05:44,27	11:43,44	22:11,85	00:41,44	01:23,96	03:21,19	00:46,76	01:35,55	03:21,48	00:40,64	01:31,63	03:11,24	02:52,39	07:03,59
219	00:36,08	01:15,69	02:40,26	05:44,42	11:43,76	22:12,46	00:41,47	01:24,01	03:21,28	00:46,79	01:35,60	03:21,57	00:40,67	01:31,69	03:11,32	02:52,47	07:03,78
218	00:36,11	01:15,74	02:40,34	05:44,58	11:44,09	22:13,07	00:41,50	01:24,06	03:21,37	00:46,82	01:35,66	03:21,66	00:40,70	01:31,74	03:11,41	02:52,55	07:03,97
217	00:36,14	01:15,78	02:40,41	05:44,74	11:44,41	22:13,69	00:41,53	01:24,11	03:21,47	00:46,86	01:35,72	03:21,76	00:40,73	01:31,80	03:11,50	02:52,63	07:04,17
216	00:36,16	01:15,83	02:40,48	05:44,90	11:44,74	22:14,30	00:41,56	01:24,16	03:21,56	00:46,89	01:35,78	03:21,85	00:40,76	01:31,86	03:11,59	02:52,71	07:04,37
215	00:36,19	01:15,88	02:40,56	05:45,06	11:45,07	22:14,93	00:41,59	01:24,21	03:21,65	00:46,93	01:35,84	03:21,94	00:40,79	01:31,91	03:11,68	02:52,79	07:04,56
214	00:36,22	01:15,92	02:40,63	05:45,22	11:45,40	22:15,55	00:41,62	01:24,27	03:21,75	00:46,96	01:35,90	03:22,04	00:40,82	01:31,97	03:11,77	02:52,87	07:04,76
213	00:36,24	01:15,97	02:40,71	05:45,38	11:45,73	22:16,18	00:41,65	01:24,32	03:21,84	00:47,00	01:35,96	03:22,13	00:40,85	01:32,03	03:11,86	02:52,95	07:04,96
212	00:36,27	01:16,02	02:40,79	05:45,55	11:46,06	22:16,81	00:41,68	01:24,37	03:21,94	00:47,03	01:36,02	03:22,23	00:40,88	01:32,08	03:11,95	02:53,03	07:05,16
211	00:36,30	01:16,06	02:40,86	05:45,71	11:46,40	22:17,44	00:41,71	01:24,42	03:22,03	00:47,07	01:36,08	03:22,33	00:40,91	01:32,14	03:12,04	02:53,11	07:05,37
210	00:36,32	01:16,11	02:40,94	05:45,88	11:46,73	22:18,08	00:41,75	01:24,48	03:22,13	00:47,10	01:36,14	03:22,42	00:40,94	01:32,20	03:12,13	02:53,20	07:05,57
209	00:36,35	01:16,16	02:41,02	05:46,04	11:47,07	22:18,72	00:41,78	01:24,53	03:22,23	00:47,14	01:36,20	03:22,52	00:40,97	01:32,26	03:12,22	02:53,28	07:05,77
208	00:36,38	01:16,21	02:41,09	05:46,21	11:47,41	22:19,37	00:41,81	01:24,58	03:22,32	00:47,18	01:36,26	03:22,62	00:41,00	01:32,32	03:12,31	02:53,36	07:05,98
207	00:36,41	01:16,26	02:41,17	05:46,38	11:47,76	22:20,01	00:41,84	01:24,64	03:22,42	00:47,21	01:36,32	03:22,71	00:41,03	01:32,38	03:12,41	02:53,45	07:06,18
206	00:36,44	01:16,31	02:41,25	05:46,54	11:48,10	22:20,67	00:41,87	01:24,69	03:22,52	00:47,25	01:36,38	03:22,81	00:41,06	01:32,44	03:12,50	02:53,53	07:06,39
205	00:36,46	01:16,36	02:41,33	05:46,71	11:48,45	22:21,32	00:41,91	01:24,75	03:22,62	00:47,28	01:36,44	03:22,91	00:41,10	01:32,50	03:12,60	02:53,61	07:06,60
204	00:36,49	01:16,41	02:41,41	05:46,88	11:48,79	22:21,98	00:41,94	01:24,80	03:22,72	00:47,32	01:36,51	03:23,01	00:41,13	01:32,56	03:12,69	02:53,70	07:06,81
203	00:36,52	01:16,46	02:41,49	05:47,05	11:49,14	22:22,64	00:41,97	01:24,86	03:22,82	00:47,36	01:36,57	03:23,11	00:41,16	01:32,62	03:12,78	02:53,79	07:07,02
202	00:36,55	01:16,51	02:41,57	05:47,23	11:49,49	22:23,31	00:42,00	01:24,91	03:22,92	00:47,40	01:36,63	03:23,21	00:41,19	01:32,68	03:12,88	02:53,87	07:07,23
201	00:36,58	01:16,56	02:41,65	05:47,40	11:49,85	22:23,98	00:42,04	01:24,97	03:23,02	00:47,43	01:36,70	03:23,31	00:41,22	01:32,74	03:12,98	02:53,96	07:07,44
200	00:36,61	01:16,61	02:41,73	05:47,57	11:50,20	22:24,65	00:42,07	01:25,02	03:23,12	00:47,47	01:36,76	03:23,42	00:41,26	01:32,80	03:13,07	02:54,05	07:07,66
199	00:36,64	01:16,66	02:41,81	05:47,75	11:50,56	22:25,32	00:42,10	01:25,08	03:23,22	00:47,51	01:36,83	03:23,52	00:41,29	01:32,86	03:13,17	02:54,13	07:07,87
198	00:36,67	01:16,71	02:41,89	05:47,92	11:50,92	22:26,00	00:42,14	01:25,14	03:23,33	00:47,55	01:36,89	03:23,62	00:41,32	01:32,92	03:13,27	02:54,22	07:08,09
197	00:36,70	01:16,76	02:41,97	05:48,10	11:51,28	22:26,69	00:42,17	01:25,20	03:23,43	00:47,58	01:36,96	03:23,72	00:41,36	01:32,99	03:13,37	02:54,31	07:08,31
196	00:36,72	01:16,81	02:42,06	05:48,28	11:51,64	22:27,38	00:42,21	01:25,25	03:23,53	00:47,62	01:37,02	03:23,83	00:41,39	01:33,05	03:13,46	02:54,40	07:08,52
195	00:36,75	01:16,86	02:42,14	05:48,46	11:52,01	22:28,07	00:42,24	01:25,31	03:23,64	00:47,66	01:37,09	03:23,93	00:41,42	01:33,11	03:13,56	02:54,49	07:08,74
194	00:36,78	01:16,92	02:42,22	05:48,64	11:52,38	22:28,76	00:42,28	01:25,37	03:23,74	00:47,70	01:37,15	03:24,04	00:41,46	01:33,18	03:13,66	02:54,58	07:08,97
193	00:36,82	01:16,97	02:42,31	05:48,82	11:52,75	22:29,46	00:42,31	01:25,43	03:23,85	00:47,74	01:37,22	03:24,14	00:41,49	01:33,24	03:13,76	02:54,67	07:09,19
192	00:36,85	01:17,02	02:42,39	05:49,00	11:53,12	22:30,17	00:42,34	01:25,49	03:23,96	00:47,78	01:37,29	03:24,25	00:41,53	01:33,30	03:13,87	02:54,76	07:09,41
191	00:36,88	01:17,08	02:42,48	05:49,18	11:53,49	22:30,87	00:42,38	01:25,55	03:24,06	00:47,82	01:37,35	03:24,36	00:41,56	01:33,37	03:13,97	02:54,85	07:09,64
190	00:36,91	01:17,13	02:42,56	05:49,37	11:53,87	22:31,59	00:42,42	01:25,61	03:24,17	00:47,86	01:37,42	03:24,47	00:41,60	01:33,43	03:14,07	02:54,94	07:09,86
189	00:36,94	01:17,18	02:42,65	05:49,55	11:54,25	22:32,30	00:42,45	01:25,67	03:24,28	00:47,90	01:37,49	03:24,57	00:41,63	01:33,50	03:14,17	02:55,04	07:10,09
188	00:36,97	01:17,24	02:42,74	05:49,74	11:54,63	22:33,02	00:42,49	01:25,73	03:24,39	00:47,94	01:37,56	03:24,68	00:41,67	01:33,56	03:14,28	02:55,13	07:10,32
187	00:37,00	01:17,29	02:42,82	05:49,93	11:55,01	22:33,75	00:42,52	01:25,79	03:24,50	00:47,98	01:37,63	03:24,79	00:41,70	01:33,63	03:14,38	02:55,22	07:10,55
186	00:37,03	01:17,35	02:42,91	05:50,11	11:55,39	22:34,48	00:42,56	01:25,85	03:24,61	00:48,02	01:37,70	03:24,90	00:41,74	01:33,70	03:14,48	02:55,32	07:10,78
185	00:37,06	01:17,40	02:43,00	05:50,30	11:55,78	22:35,21	00:42,60	01:25,91	03:24,72	00:48,06	01:37,77	03:25,01	00:41,77	01:33,76	03:14,59	02:55,41	07:11,02

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
184	00:37,10	01:17,46	02:43,09	05:50,49	11:56,17	22:35,95	00:42,63	01:25,97	03:24,83	00:48,10	01:37,84	03:25,12	00:41,81	01:33,83	03:14,70	02:55,51	07:11,25
183	00:37,13	01:17,51	02:43,18	05:50,69	11:56,56	22:36,69	00:42,67	01:26,03	03:24,94	00:48,15	01:37,91	03:25,24	00:41,84	01:33,90	03:14,80	02:55,60	07:11,49
182	00:37,16	01:17,57	02:43,27	05:50,88	11:56,96	22:37,43	00:42,71	01:26,10	03:25,05	00:48,19	01:37,98	03:25,35	00:41,88	01:33,97	03:14,91	02:55,70	07:11,72
181	00:37,19	01:17,63	02:43,36	05:51,07	11:57,35	22:38,18	00:42,74	01:26,16	03:25,17	00:48,23	01:38,05	03:25,46	00:41,92	01:34,04	03:15,02	02:55,80	07:11,96
180	00:37,23	01:17,68	02:43,45	05:51,27	11:57,75	22:38,94	00:42,78	01:26,22	03:25,28	00:48,27	01:38,12	03:25,58	00:41,95	01:34,11	03:15,13	02:55,90	07:12,20
179	00:37,26	01:17,74	02:43,54	05:51,46	11:58,15	22:39,70	00:42,82	01:26,29	03:25,40	00:48,32	01:38,20	03:25,69	00:41,99	01:34,18	03:15,23	02:55,99	07:12,44
178	00:37,29	01:17,80	02:43,63	05:51,66	11:58,56	22:40,46	00:42,86	01:26,35	03:25,51	00:48,36	01:38,27	03:25,81	00:42,03	01:34,25	03:15,34	02:56,09	07:12,69
177	00:37,33	01:17,86	02:43,72	05:51,86	11:58,96	22:41,23	00:42,90	01:26,41	03:25,63	00:48,40	01:38,34	03:25,92	00:42,07	01:34,32	03:15,45	02:56,19	07:12,93
176	00:37,36	01:17,92	02:43,82	05:52,06	11:59,37	22:42,01	00:42,94	01:26,48	03:25,74	00:48,45	01:38,42	03:26,04	00:42,10	01:34,39	03:15,57	02:56,29	07:13,18
175	00:37,39	01:17,98	02:43,91	05:52,26	11:59,78	22:42,79	00:42,97	01:26,54	03:25,86	00:48,49	01:38,49	03:26,16	00:42,14	01:34,46	03:15,68	02:56,39	07:13,43
174	00:37,43	01:18,03	02:44,00	05:52,46	12:00,20	22:43,57	00:43,01	01:26,61	03:25,98	00:48,53	01:38,57	03:26,28	00:42,18	01:34,53	03:15,79	02:56,49	07:13,67
173	00:37,46	01:18,09	02:44,10	05:52,67	12:00,61	22:44,36	00:43,05	01:26,68	03:26,10	00:48,58	01:38,64	03:26,40	00:42,22	01:34,60	03:15,90	02:56,60	07:13,93
172	00:37,50	01:18,15	02:44,19	05:52,87	12:01,03	22:45,15	00:43,09	01:26,74	03:26,22	00:48,62	01:38,72	03:26,52	00:42,26	01:34,67	03:16,02	02:56,70	07:14,18
171	00:37,53	01:18,22	02:44,29	05:53,08	12:01,45	22:45,95	00:43,13	01:26,81	03:26,34	00:48,67	01:38,79	03:26,64	00:42,30	01:34,75	03:16,13	02:56,80	07:14,43
170	00:37,57	01:18,28	02:44,39	05:53,29	12:01,88	22:46,76	00:43,17	01:26,88	03:26,46	00:48,71	01:38,87	03:26,76	00:42,34	01:34,82	03:16,25	02:56,91	07:14,69
169	00:37,60	01:18,34	02:44,49	05:53,50	12:02,31	22:47,57	00:43,21	01:26,95	03:26,58	00:48,76	01:38,95	03:26,88	00:42,38	01:34,90	03:16,36	02:57,01	07:14,95
168	00:37,64	01:18,40	02:44,58	05:53,71	12:02,74	22:48,38	00:43,25	01:27,01	03:26,71	00:48,81	01:39,02	03:27,01	00:42,42	01:34,97	03:16,48	02:57,12	07:15,20
167	00:37,67	01:18,46	02:44,68	05:53,92	12:03,17	22:49,20	00:43,29	01:27,08	03:26,83	00:48,85	01:39,10	03:27,13	00:42,46	01:35,05	03:16,60	02:57,22	07:15,47
166	00:37,71	01:18,52	02:44,78	05:54,13	12:03,61	22:50,03	00:43,34	01:27,15	03:26,96	00:48,90	01:39,18	03:27,25	00:42,50	01:35,12	03:16,72	02:57,33	07:15,73
165	00:37,74	01:18,59	02:44,88	05:54,35	12:04,05	22:50,86	00:43,38	01:27,22	03:27,08	00:48,95	01:39,26	03:27,38	00:42,54	01:35,20	03:16,84	02:57,44	07:15,99
164	00:37,78	01:18,65	02:44,98	05:54,56	12:04,49	22:51,69	00:43,42	01:27,29	03:27,21	00:48,99	01:39,34	03:27,51	00:42,58	01:35,27	03:16,96	02:57,55	07:16,26
163	00:37,82	01:18,71	02:45,08	05:54,78	12:04,93	22:52,53	00:43,46	01:27,36	03:27,33	00:49,04	01:39,42	03:27,63	00:42,62	01:35,35	03:17,08	02:57,66	07:16,53
162	00:37,85	01:18,78	02:45,18	05:55,00	12:05,38	22:53,38	00:43,50	01:27,44	03:27,46	00:49,09	01:39,50	03:27,76	00:42,66	01:35,43	03:17,20	02:57,76	07:16,80
161	00:37,89	01:18,84	02:45,29	05:55,22	12:05,83	22:54,24	00:43,55	01:27,51	03:27,59	00:49,14	01:39,59	03:27,89	00:42,71	01:35,51	03:17,32	02:57,88	07:17,07
160	00:37,93	01:18,91	02:45,39	05:55,44	12:06,28	22:55,10	00:43,59	01:27,58	03:27,72	00:49,19	01:39,67	03:28,02	00:42,75	01:35,59	03:17,44	02:57,99	07:17,34
159	00:37,97	01:18,97	02:45,49	05:55,67	12:06,74	22:55,96	00:43,63	01:27,65	03:27,85	00:49,23	01:39,75	03:28,15	00:42,79	01:35,67	03:17,57	02:58,10	07:17,62
158	00:38,01	01:19,04	02:45,60	05:55,89	12:07,20	22:56,83	00:43,68	01:27,73	03:27,98	00:49,28	01:39,83	03:28,28	00:42,83	01:35,75	03:17,69	02:58,21	07:17,89
157	00:38,04	01:19,11	02:45,71	05:56,12	12:07,67	22:57,71	00:43,72	01:27,80	03:28,12	00:49,33	01:39,92	03:28,42	00:42,88	01:35,83	03:17,82	02:58,32	07:18,17
156	00:38,08	01:19,17	02:45,81	05:56,35	12:08,13	22:58,59	00:43,77	01:27,87	03:28,25	00:49,38	01:40,00	03:28,55	00:42,92	01:35,91	03:17,95	02:58,44	07:18,45
155	00:38,12	01:19,24	02:45,92	05:56,58	12:08,60	22:59,48	00:43,81	01:27,95	03:28,38	00:49,43	01:40,09	03:28,69	00:42,96	01:35,99	03:18,07	02:58,55	07:18,74
154	00:38,16	01:19,31	02:46,03	05:56,81	12:09,08	23:00,38	00:43,86	01:28,02	03:28,52	00:49,49	01:40,17	03:28,82	00:43,01	01:36,07	03:18,20	02:58,67	07:19,02
153	00:38,20	01:19,38	02:46,13	05:57,04	12:09,55	23:01,28	00:43,90	01:28,10	03:28,66	00:49,54	01:40,26	03:28,96	00:43,05	01:36,16	03:18,33	02:58,79	07:19,31
152	00:38,24	01:19,45	02:46,24	05:57,28	12:10,03	23:02,19	00:43,95	01:28,18	03:28,79	00:49,59	01:40,35	03:29,09	00:43,10	01:36,24	03:18,46	02:58,90	07:19,60
151	00:38,28	01:19,52	02:46,35	05:57,51	12:10,52	23:03,11	00:43,99	01:28,25	03:28,93	00:49,64	01:40,44	03:29,23	00:43,14	01:36,32	03:18,60	02:59,02	07:19,89
150	00:38,32	01:19,59	02:46,47	05:57,75	12:11,00	23:04,03	00:44,04	01:28,33	03:29,07	00:49,69	01:40,52	03:29,37	00:43,19	01:36,41	03:18,73	02:59,14	07:20,18
149	00:38,36	01:19,66	02:46,58	05:57,99	12:11,49	23:04,96	00:44,09	01:28,41	03:29,21	00:49,75	01:40,61	03:29,51	00:43,23	01:36,49	03:18,86	02:59,26	07:20,48
148	00:38,40	01:19,73	02:46,69	05:58,24	12:11,99	23:05,89	00:44,13	01:28,49	03:29,35	00:49,80	01:40,70	03:29,66	00:43,28	01:36,58	03:19,00	02:59,38	07:20,77
147	00:38,44	01:19,80	02:46,80	05:58,48	12:12,49	23:06,84	00:44,18	01:28,57	03:29,49	00:49,85	01:40,79	03:29,80	00:43,33	01:36,67	03:19,13	02:59,51	07:21,07
146	00:38,49	01:19,87	02:46,92	05:58,73	12:12,99	23:07,79	00:44,23	01:28,65	03:29,64	00:49,91	01:40,89	03:29,94	00:43,37	01:36,76	03:19,27	02:59,63	07:21,38
145	00:38,53	01:19,95	02:47,03	05:58,97	12:13,49	23:08,75	00:44,28	01:28,73	03:29,78	00:49,96	01:40,98	03:30,09	00:43,42	01:36,84	03:19,40	02:59,75	07:21,68
144	00:38,57	01:20,02	02:47,15	05:59,22	12:14,00	23:09,71	00:44,33	01:28,81	03:29,93	00:50,02	01:41,07	03:30,23	00:43,47	01:36,93	03:19,54	02:59,88	07:21,99
143	00:38,61	01:20,09	02:47,27	05:59,47	12:14,52	23:10,68	00:44,38	01:28,89	03:30,08	00:50,07	01:41,16	03:30,38	00:43,52	01:37,02	03:19,68	03:00,00	07:22,30
142	00:38,66	01:20,17	02:47,38	05:59,73	12:15,03	23:11,66	00:44,43	01:28,98	03:30,22	00:50,13	01:41,26	03:30,53	00:43,57	01:37,11	03:19,82	03:00,13	07:22,61
141	00:38,70	01:20,24	02:47,50	05:59,98	12:15,56	23:12,65	00:44,48	01:29,06	03:30,37	00:50,18	01:41,35	03:30,68	00:43,62	01:37,20	03:19,97	03:00,26	07:22,92
140	00:38,74	01:20,32	02:47,62	06:00,24	12:16,08	23:13,64	00:44,53	01:29,14	03:30,52	00:50,24	01:41,45	03:30,83	00:43,67	01:37,30	03:20,11	03:00,39	07:23,24
139	00:38,79	01:20,39	02:47,74	06:00,50	12:16,61	23:14,65	00:44,58	01:29,23	03:30,67	00:50,30	01:41,55	03:30,98	00:43,71	01:37,39	03:20,25	03:00,52	07:23,56
138	00:38,83	01:20,47	02:47,86	06:00,76	12:17,14	23:15,66	00:44,63	01:29,31	03:30,83	00:50,36	01:41,64	03:31,13	00:43,77	01:37,48	03:20,40	03:00,65	07:23,88

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
137	00:38,88	01:20,55	02:47,99	06:01,02	12:17,68	23:16,68	00:44,68	01:29,40	03:30,98	00:50,41	01:41,74	03:31,29	00:43,82	01:37,58	03:20,54	03:00,78	07:24,20
136	00:38,92	01:20,63	02:48,11	06:01,29	12:18,23	23:17,70	00:44,73	01:29,49	03:31,14	00:50,47	01:41,84	03:31,44	00:43,87	01:37,67	03:20,69	03:00,91	07:24,53
135	00:38,97	01:20,71	02:48,23	06:01,56	12:18,77	23:18,74	00:44,78	01:29,58	03:31,29	00:50,53	01:41,94	03:31,60	00:43,92	01:37,77	03:20,84	03:01,05	07:24,86
134	00:39,01	01:20,79	02:48,36	06:01,83	12:19,32	23:19,78	00:44,84	01:29,66	03:31,45	00:50,59	01:42,04	03:31,76	00:43,97	01:37,86	03:20,99	03:01,18	07:25,19
133	00:39,06	01:20,87	02:48,49	06:02,10	12:19,88	23:20,84	00:44,89	01:29,75	03:31,61	00:50,65	01:42,14	03:31,92	00:44,02	01:37,96	03:21,14	03:01,32	07:25,53
132	00:39,11	01:20,95	02:48,61	06:02,37	12:20,44	23:21,90	00:44,95	01:29,84	03:31,77	00:50,71	01:42,24	03:32,08	00:44,08	01:38,06	03:21,29	03:01,46	07:25,86
131	00:39,16	01:21,03	02:48,74	06:02,65	12:21,01	23:22,97	00:45,00	01:29,93	03:31,93	00:50,77	01:42,35	03:32,24	00:44,13	01:38,16	03:21,45	03:01,59	07:26,20
130	00:39,20	01:21,11	02:48,87	06:02,93	12:21,58	23:24,05	00:45,05	01:30,02	03:32,09	00:50,84	01:42,45	03:32,40	00:44,18	01:38,26	03:21,60	03:01,73	07:26,55
129	00:39,25	01:21,19	02:49,00	06:03,21	12:22,15	23:25,13	00:45,11	01:30,12	03:32,26	00:50,90	01:42,56	03:32,57	00:44,24	01:38,36	03:21,76	03:01,87	07:26,89
128	00:39,30	01:21,28	02:49,14	06:03,49	12:22,73	23:26,23	00:45,17	01:30,21	03:32,42	00:50,96	01:42,66	03:32,73	00:44,29	01:38,46	03:21,92	03:02,02	07:27,24
127	00:39,35	01:21,36	02:49,27	06:03,78	12:23,31	23:27,34	00:45,22	01:30,30	03:32,59	00:51,03	01:42,77	03:32,90	00:44,35	01:38,56	03:22,07	03:02,16	07:27,60
126	00:39,40	01:21,45	02:49,40	06:04,07	12:23,90	23:28,46	00:45,28	01:30,40	03:32,76	00:51,09	01:42,88	03:33,07	00:44,40	01:38,66	03:22,24	03:02,30	07:27,95
125	00:39,45	01:21,53	02:49,54	06:04,36	12:24,50	23:29,58	00:45,34	01:30,49	03:32,93	00:51,15	01:42,99	03:33,24	00:44,46	01:38,77	03:22,40	03:02,45	07:28,31
124	00:39,50	01:21,62	02:49,68	06:04,65	12:25,10	23:30,72	00:45,39	01:30,59	03:33,10	00:51,22	01:43,10	03:33,41	00:44,52	01:38,87	03:22,56	03:02,60	07:28,67
123	00:39,55	01:21,71	02:49,81	06:04,95	12:25,71	23:31,87	00:45,45	01:30,69	03:33,28	00:51,29	01:43,21	03:33,58	00:44,57	01:38,98	03:22,72	03:02,75	07:29,03
122	00:39,60	01:21,80	02:49,95	06:05,25	12:26,32	23:33,02	00:45,51	01:30,79	03:33,45	00:51,35	01:43,32	03:33,76	00:44,63	01:39,09	03:22,89	03:02,90	07:29,40
121	00:39,65	01:21,89	02:50,09	06:05,55	12:26,93	23:34,19	00:45,57	01:30,89	03:33,63	00:51,42	01:43,43	03:33,94	00:44,69	01:39,20	03:23,06	03:03,05	07:29,77
120	00:39,71	01:21,98	02:50,23	06:05,85	12:27,56	23:35,37	00:45,63	01:30,99	03:33,80	00:51,49	01:43,54	03:34,11	00:44,75	01:39,31	03:23,23	03:03,20	07:30,15
119	00:39,76	01:22,07	02:50,38	06:06,16	12:28,18	23:36,56	00:45,69	01:31,09	03:33,98	00:51,56	01:43,66	03:34,29	00:44,81	01:39,42	03:23,40	03:03,35	07:30,53
118	00:39,81	01:22,16	02:50,52	06:06,47	12:28,82	23:37,76	00:45,75	01:31,19	03:34,17	00:51,63	01:43,78	03:34,48	00:44,87	01:39,53	03:23,57	03:03,51	07:30,91
117	00:39,87	01:22,25	02:50,67	06:06,78	12:29,46	23:38,97	00:45,82	01:31,29	03:34,35	00:51,70	01:43,89	03:34,66	00:44,93	01:39,64	03:23,74	03:03,67	07:31,29
116	00:39,92	01:22,35	02:50,81	06:07,10	12:30,10	23:40,19	00:45,88	01:31,40	03:34,53	00:51,77	01:44,01	03:34,84	00:44,99	01:39,75	03:23,92	03:03,82	07:31,68
115	00:39,97	01:22,44	02:50,96	06:07,42	12:30,75	23:41,43	00:45,94	01:31,50	03:34,72	00:51,84	01:44,13	03:35,03	00:45,05	01:39,87	03:24,10	03:03,98	07:32,08
114	00:40,03	01:22,54	02:51,11	06:07,74	12:31,41	23:42,67	00:46,01	01:31,61	03:34,91	00:51,91	01:44,25	03:35,22	00:45,12	01:39,98	03:24,28	03:04,14	07:32,47
113	00:40,09	01:22,63	02:51,26	06:08,07	12:32,08	23:43,93	00:46,07	01:31,71	03:35,10	00:51,98	01:44,37	03:35,41	00:45,18	01:40,10	03:24,46	03:04,31	07:32,87
112	00:40,14	01:22,73	02:51,42	06:08,40	12:32,75	23:45,20	00:46,13	01:31,82	03:35,29	00:52,06	01:44,50	03:35,60	00:45,24	01:40,22	03:24,64	03:04,47	07:33,28
111	00:40,20	01:22,83	02:51,57	06:08,73	12:33,43	23:46,48	00:46,20	01:31,93	03:35,48	00:52,13	01:44,62	03:35,80	00:45,31	01:40,34	03:24,82	03:04,64	07:33,68
110	00:40,26	01:22,93	02:51,73	06:09,06	12:34,11	23:47,78	00:46,27	01:32,04	03:35,68	00:52,21	01:44,75	03:35,99	00:45,37	01:40,46	03:25,01	03:04,81	07:34,10
109	00:40,32	01:23,03	02:51,88	06:09,40	12:34,80	23:49,09	00:46,33	01:32,15	03:35,88	00:52,28	01:44,87	03:36,19	00:45,44	01:40,58	03:25,20	03:04,98	07:34,51
108	00:40,38	01:23,13	02:52,04	06:09,74	12:35,50	23:50,41	00:46,40	01:32,27	03:36,08	00:52,36	01:45,00	03:36,39	00:45,51	01:40,70	03:25,39	03:05,15	07:34,93
107	00:40,44	01:23,23	02:52,20	06:10,09	12:36,21	23:51,75	00:46,47	01:32,38	03:36,28	00:52,44	01:45,13	03:36,59	00:45,57	01:40,83	03:25,58	03:05,32	07:35,36
106	00:40,50	01:23,34	02:52,37	06:10,44	12:36,92	23:53,10	00:46,54	01:32,50	03:36,48	00:52,51	01:45,26	03:36,80	00:45,64	01:40,95	03:25,77	03:05,49	07:35,79
105	00:40,56	01:23,44	02:52,53	06:10,79	12:37,64	23:54,46	00:46,61	01:32,61	03:36,69	00:52,59	01:45,40	03:37,00	00:45,71	01:41,08	03:25,97	03:05,67	07:36,22
104	00:40,62	01:23,55	02:52,70	06:11,15	12:38,37	23:55,84	00:46,68	01:32,73	03:36,90	00:52,67	01:45,53	03:37,21	00:45,78	01:41,21	03:26,17	03:05,85	07:36,66
103	00:40,68	01:23,66	02:52,86	06:11,51	12:39,10	23:57,23	00:46,75	01:32,85	03:37,11	00:52,75	01:45,66	03:37,42	00:45,85	01:41,34	03:26,37	03:06,03	07:37,10
102	00:40,74	01:23,76	02:53,03	06:11,87	12:39,85	23:58,64	00:46,83	01:32,97	03:37,32	00:52,84	01:45,80	03:37,63	00:45,92	01:41,47	03:26,57	03:06,21	07:37,55
101	00:40,81	01:23,87	02:53,20	06:12,24	12:40,60	24:00,06	00:46,90	01:33,09	03:37,53	00:52,92	01:45,94	03:37,85	00:45,99	01:41,60	03:26,77	03:06,40	07:38,00
100	00:40,87	01:23,98	02:53,38	06:12,61	12:41,36	24:01,50	00:46,97	01:33,21	03:37,75	00:53,00	01:46,08	03:38,07	00:46,07	01:41,74	03:26,98	03:06,58	07:38,46
99	00:40,94	01:24,10	02:53,55	06:12,99	12:42,13	24:02,96	00:47,05	01:33,34	03:37,97	00:53,09	01:46,22	03:38,29	00:46,14	01:41,87	03:27,19	03:06,77	07:38,92
98	00:41,00	01:24,21	02:53,73	06:13,37	12:42,90	24:04,43	00:47,13	01:33,46	03:38,19	00:53,17	01:46,36	03:38,51	00:46,21	01:42,01	03:27,40	03:06,96	07:39,39
97	00:41,07	01:24,32	02:53,91	06:13,75	12:43,69	24:05,91	00:47,20	01:33,59	03:38,42	00:53,26	01:46,51	03:38,73	00:46,29	01:42,15	03:27,61	03:07,15	07:39,86
96	00:41,14	01:24,44	02:54,09	06:14,14	12:44,48	24:07,42	00:47,28	01:33,72	03:38,65	00:53,35	01:46,66	03:38,96	00:46,37	01:42,29	03:27,83	03:07,35	07:40,34
95	00:41,21	01:24,56	02:54,27	06:14,53	12:45,29	24:08,94	00:47,36	01:33,85	03:38,88	00:53,44	01:46,80	03:39,19	00:46,44	01:42,43	03:28,05	03:07,54	07:40,83
94	00:41,28	01:24,68	02:54,46	06:14,93	12:46,10	24:10,48	00:47,44	01:33,98	03:39,11	00:53,53	01:46,95	03:39,43	00:46,52	01:42,57	03:28,27	03:07,74	07:41,32
93	00:41,35	01:24,80	02:54,64	06:15,33	12:46,92	24:12,04	00:47,52	01:34,11	03:39,34	00:53,62	01:47,11	03:39,66	00:46,60	01:42,72	03:28,49	03:07,95	07:41,81
92	00:41,42	01:24,92	02:54,83	06:15,74	12:47,75	24:13,61	00:47,60	01:34,25	03:39,58	00:53,71	01:47,26	03:39,90	00:46,68	01:42,87	03:28,72	03:08,15	07:42,31
91	00:41,49	01:25,04	02:55,03	06:16,15	12:48,60	24:15,21	00:47,68	01:34,39	03:39,82	00:53,80	01:47,41	03:40,14	00:46,76	01:43,02	03:28,95	03:08,36	07:42,82

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
90	00:41,56	01:25,17	02:55,22	06:16,57	12:49,45	24:16,82	00:47,77	01:34,52	03:40,07	00:53,90	01:47,57	03:40,38	00:46,84	01:43,17	03:29,18	03:08,56	07:43,33
89	00:41,64	01:25,29	02:55,42	06:16,99	12:50,31	24:18,46	00:47,85	01:34,67	03:40,31	00:53,99	01:47,73	03:40,63	00:46,93	01:43,32	03:29,41	03:08,78	07:43,85
88	00:41,71	01:25,42	02:55,62	06:17,42	12:51,19	24:20,11	00:47,94	01:34,81	03:40,56	00:54,09	01:47,89	03:40,88	00:47,01	01:43,48	03:29,65	03:08,99	07:44,38
87	00:41,79	01:25,55	02:55,82	06:17,85	12:52,07	24:21,79	00:48,03	01:34,95	03:40,82	00:54,19	01:48,06	03:41,14	00:47,10	01:43,63	03:29,89	03:09,21	07:44,91
86	00:41,87	01:25,68	02:56,02	06:18,29	12:52,97	24:23,48	00:48,11	01:35,10	03:41,07	00:54,29	01:48,22	03:41,39	00:47,18	01:43,79	03:30,14	03:09,43	07:45,45
85	00:41,94	01:25,81	02:56,23	06:18,74	12:53,88	24:25,20	00:48,20	01:35,24	03:41,33	00:54,39	01:48,39	03:41,65	00:47,27	01:43,95	03:30,38	03:09,65	07:46,00
84	00:42,02	01:25,95	02:56,44	06:19,19	12:54,79	24:26,94	00:48,29	01:35,39	03:41,60	00:54,49	01:48,56	03:41,92	00:47,36	01:44,12	03:30,63	03:09,87	07:46,55
83	00:42,10	01:26,09	02:56,65	06:19,64	12:55,73	24:28,71	00:48,39	01:35,55	03:41,86	00:54,60	01:48,73	03:42,18	00:47,45	01:44,28	03:30,89	03:10,10	07:47,11
82	00:42,18	01:26,22	02:56,86	06:20,10	12:56,67	24:30,49	00:48,48	01:35,70	03:42,13	00:54,70	01:48,91	03:42,45	00:47,54	01:44,45	03:31,14	03:10,33	07:47,68
81	00:42,27	01:26,36	02:57,08	06:20,57	12:57,63	24:32,31	00:48,57	01:35,86	03:42,41	00:54,81	01:49,09	03:42,73	00:47,64	01:44,62	03:31,40	03:10,57	07:48,26
80	00:42,35	01:26,51	02:57,30	06:21,05	12:58,60	24:34,14	00:48,67	01:36,01	03:42,68	00:54,92	01:49,27	03:43,00	00:47,73	01:44,79	03:31,67	03:10,81	07:48,84
79	00:42,43	01:26,65	02:57,53	06:21,53	12:59,58	24:36,00	00:48,77	01:36,17	03:42,96	00:55,03	01:49,45	03:43,29	00:47,83	01:44,97	03:31,93	03:11,05	07:49,43
78	00:42,52	01:26,80	02:57,75	06:22,02	13:00,58	24:37,89	00:48,87	01:36,34	03:43,25	00:55,14	01:49,63	03:43,57	00:47,92	01:45,15	03:32,21	03:11,29	07:50,03
77	00:42,61	01:26,95	02:57,98	06:22,51	13:01,59	24:39,81	00:48,97	01:36,50	03:43,54	00:55,25	01:49,82	03:43,86	00:48,02	01:45,33	03:32,48	03:11,54	07:50,64
76	00:42,70	01:27,10	02:58,22	06:23,01	13:02,62	24:41,75	00:49,07	01:36,67	03:43,83	00:55,37	01:50,01	03:44,16	00:48,12	01:45,51	03:32,76	03:11,79	07:51,26
75	00:42,79	01:27,25	02:58,46	06:23,52	13:03,66	24:43,72	00:49,17	01:36,84	03:44,13	00:55,48	01:50,21	03:44,45	00:48,22	01:45,69	03:33,04	03:12,05	07:51,89
74	00:42,88	01:27,41	02:58,70	06:24,04	13:04,71	24:45,72	00:49,28	01:37,01	03:44,43	00:55,60	01:50,40	03:44,76	00:48,33	01:45,88	03:33,33	03:12,31	07:52,52
73	00:42,97	01:27,56	02:58,94	06:24,56	13:05,78	24:47,75	00:49,39	01:37,19	03:44,74	00:55,72	01:50,60	03:45,06	00:48,43	01:46,07	03:33,62	03:12,57	07:53,17
72	00:43,07	01:27,72	02:59,19	06:25,10	13:06,87	24:49,81	00:49,49	01:37,36	03:45,05	00:55,85	01:50,80	03:45,38	00:48,54	01:46,27	03:33,92	03:12,83	07:53,82
71	00:43,16	01:27,89	02:59,44	06:25,64	13:07,98	24:51,90	00:49,60	01:37,55	03:45,37	00:55,97	01:51,01	03:45,69	00:48,64	01:46,46	03:34,22	03:13,11	07:54,49
70	00:43,26	01:28,05	02:59,70	06:26,19	13:09,10	24:54,03	00:49,72	01:37,73	03:45,69	00:56,10	01:51,22	03:46,01	00:48,75	01:46,67	03:34,52	03:13,38	07:55,17
69	00:43,36	01:28,22	02:59,95	06:26,74	13:10,24	24:56,19	00:49,83	01:37,92	03:46,01	00:56,22	01:51,43	03:46,34	00:48,87	01:46,87	03:34,83	03:13,66	07:55,85
68	00:43,46	01:28,39	03:00,22	06:27,31	13:11,40	24:58,38	00:49,95	01:38,11	03:46,34	00:56,36	01:51,65	03:46,67	00:48,98	01:47,08	03:35,15	03:13,94	07:56,55
67	00:43,56	01:28,57	03:00,49	06:27,89	13:12,58	25:00,61	00:50,06	01:38,30	03:46,68	00:56,49	01:51,87	03:47,01	00:49,09	01:47,29	03:35,47	03:14,23	07:57,26
66	00:43,67	01:28,74	03:00,76	06:28,47	13:13,77	25:02,87	00:50,18	01:38,49	03:47,02	00:56,62	01:52,09	03:47,35	00:49,21	01:47,50	03:35,79	03:14,53	07:57,98
65	00:43,77	01:28,92	03:01,04	06:29,07	13:14,99	25:05,18	00:50,31	01:38,69	03:47,37	00:56,76	01:52,32	03:47,70	00:49,33	01:47,72	03:36,12	03:14,82	07:58,71
64	00:43,88	01:29,11	03:01,32	06:29,67	13:16,23	25:07,52	00:50,43	01:38,90	03:47,73	00:56,90	01:52,55	03:48,05	00:49,45	01:47,94	03:36,46	03:15,13	07:59,46
63	00:43,99	01:29,29	03:01,61	06:30,29	13:17,49	25:09,91	00:50,56	01:39,10	03:48,09	00:57,04	01:52,78	03:48,42	00:49,58	01:48,17	03:36,80	03:15,44	08:00,22
62	00:44,10	01:29,48	03:01,90	06:30,92	13:18,77	25:12,33	00:50,68	01:39,32	03:48,45	00:57,19	01:53,02	03:48,78	00:49,70	01:48,40	03:37,15	03:15,75	08:00,99
61	00:44,22	01:29,68	03:02,19	06:31,56	13:20,07	25:14,80	00:50,82	01:39,53	03:48,82	00:57,34	01:53,27	03:49,16	00:49,83	01:48,63	03:37,50	03:16,07	08:01,77
60	00:44,33	01:29,87	03:02,50	06:32,21	13:21,40	25:17,32	00:50,95	01:39,75	03:49,20	00:57,49	01:53,52	03:49,54	00:49,96	01:48,87	03:37,87	03:16,39	08:02,57
59	00:44,45	01:30,07	03:02,80	06:32,87	13:22,75	25:19,88	00:51,09	01:39,97	03:49,59	00:57,64	01:53,77	03:49,92	00:50,10	01:49,11	03:38,23	03:16,73	08:03,39
58	00:44,57	01:30,28	03:03,12	06:33,54	13:24,13	25:22,49	00:51,23	01:40,20	03:49,99	00:57,80	01:54,03	03:50,32	00:50,23	01:49,36	03:38,61	03:17,06	08:04,22
57	00:44,70	01:30,49	03:03,44	06:34,23	13:25,54	25:25,15	00:51,37	01:40,43	03:50,39	00:57,96	01:54,29	03:50,72	00:50,37	01:49,61	03:38,99	03:17,41	08:05,06
56	00:44,82	01:30,70	03:03,76	06:34,93	13:26,97	25:27,86	00:51,51	01:40,67	03:50,80	00:58,12	01:54,56	03:51,13	00:50,52	01:49,87	03:39,38	03:17,76	08:05,92
55	00:44,95	01:30,92	03:04,10	06:35,65	13:28,43	25:30,62	00:51,66	01:40,91	03:51,21	00:58,29	01:54,83	03:51,55	00:50,66	01:50,13	03:39,78	03:18,12	08:06,80
54	00:45,08	01:31,14	03:04,44	06:36,37	13:29,92	25:33,44	00:51,81	01:41,15	03:51,64	00:58,46	01:55,11	03:51,98	00:50,81	01:50,40	03:40,18	03:18,48	08:07,70
53	00:45,22	01:31,36	03:04,78	06:37,12	13:31,44	25:36,32	00:51,96	01:41,40	03:52,08	00:58,63	01:55,40	03:52,41	00:50,96	01:50,68	03:40,59	03:18,85	08:08,62
52	00:45,35	01:31,59	03:05,14	06:37,88	13:32,99	25:39,26	00:52,12	01:41,66	03:52,52	00:58,81	01:55,69	03:52,86	00:51,11	01:50,96	03:41,02	03:19,24	08:09,55
51	00:45,49	01:31,83	03:05,50	06:38,65	13:34,58	25:42,26	00:52,28	01:41,92	03:52,97	00:58,99	01:55,99	03:53,31	00:51,27	01:51,24	03:41,45	03:19,62	08:10,51
50	00:45,64	01:32,07	03:05,87	06:39,45	13:36,20	25:45,33	00:52,45	01:42,19	03:53,44	00:59,18	01:56,30	03:53,77	00:51,43	01:51,53	03:41,89	03:20,02	08:11,48
49	00:45,78	01:32,32	03:06,24	06:40,26	13:37,85	25:48,47	00:52,62	01:42,46	03:53,91	00:59,37	01:56,61	03:54,25	00:51,60	01:51,83	03:42,34	03:20,43	08:12,48
48	00:45,93	01:32,57	03:06,63	06:41,09	13:39,55	25:51,67	00:52,79	01:42,74	03:54,39	00:59,57	01:56,93	03:54,73	00:51,77	01:52,14	03:42,80	03:20,84	08:13,50
47	00:46,09	01:32,83	03:07,02	06:41,94	13:41,28	25:54,95	00:52,97	01:43,03	03:54,89	00:59,77	01:57,25	03:55,23	00:51,94	01:52,45	03:43,27	03:21,27	08:14,54
46	00:46,25	01:33,10	03:07,43	06:42,80	13:43,05	25:58,31	00:53,15	01:43,33	03:55,40	00:59,97	01:57,59	03:55,74	00:52,12	01:52,77	03:43,75	03:21,70	08:15,61
45	00:46,41	01:33,37	03:07,84	06:43,69	13:44,87	26:01,75	00:53,33	01:43,63	03:55,92	01:00,18	01:57,93	03:56,26	00:52,30	01:53,10	03:44,25	03:22,15	08:16,71
44	00:46,57	01:33,65	03:08,27	06:44,60	13:46,73	26:05,28	00:53,53	01:43,94	03:56,45	01:00,40	01:58,28	03:56,79	00:52,49	01:53,44	03:44,75	03:22,60	08:17,83

FFSA Table Cotation Para Natation Adaptée 2026 - Dames

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
43	00:46,74	01:33,93	03:08,70	06:45,54	13:48,64	26:08,90	00:53,72	01:44,25	03:57,00	01:00,62	01:58,65	03:57,34	00:52,68	01:53,79	03:45,27	03:23,07	08:18,98
42	00:46,92	01:34,23	03:09,15	06:46,50	13:50,60	26:12,60	00:53,92	01:44,58	03:57,56	01:00,84	01:59,02	03:57,90	00:52,88	01:54,14	03:45,80	03:23,55	08:20,16
41	00:47,10	01:34,53	03:09,60	06:47,48	13:52,61	26:16,41	00:54,13	01:44,92	03:58,13	01:01,08	01:59,40	03:58,48	00:53,08	01:54,51	03:46,35	03:24,04	08:21,37
40	00:47,29	01:34,84	03:10,07	06:48,49	13:54,68	26:20,32	00:54,34	01:45,26	03:58,72	01:01,32	01:59,79	03:59,07	00:53,29	01:54,88	03:46,91	03:24,55	08:22,61
39	00:47,48	01:35,16	03:10,56	06:49,53	13:56,80	26:24,34	00:54,56	01:45,61	03:59,33	01:01,57	02:00,19	03:59,68	00:53,51	01:55,27	03:47,49	03:25,07	08:23,89
38	00:47,67	01:35,49	03:11,06	06:50,60	13:58,99	26:28,48	00:54,79	01:45,98	03:59,95	01:01,82	02:00,61	04:00,30	00:53,73	01:55,67	03:48,08	03:25,61	08:25,20
37	00:47,88	01:35,82	03:11,57	06:51,70	14:01,23	26:32,73	00:55,02	01:46,35	04:00,60	01:02,08	02:01,03	04:00,95	00:53,96	01:56,08	03:48,69	03:26,16	08:26,56
36	00:48,08	01:36,17	03:12,09	06:52,83	14:03,55	26:37,12	00:55,26	01:46,74	04:01,26	01:02,35	02:01,47	04:01,61	00:54,19	01:56,50	03:49,32	03:26,72	08:27,95
35	00:48,30	01:36,53	03:12,64	06:54,00	14:05,94	26:41,64	00:55,51	01:47,14	04:01,94	01:02,63	02:01,93	04:02,29	00:54,44	01:56,94	03:49,97	03:27,31	08:29,39
34	00:48,52	01:36,90	03:13,20	06:55,21	14:08,40	26:46,30	00:55,77	01:47,55	04:02,65	01:02,92	02:02,40	04:03,00	00:54,69	01:57,39	03:50,64	03:27,91	08:30,87
33	00:48,75	01:37,29	03:13,78	06:56,45	14:10,95	26:51,12	00:56,03	01:47,98	04:03,38	01:03,22	02:02,88	04:03,73	00:54,95	01:57,85	03:51,34	03:28,54	08:32,41
32	00:48,99	01:37,69	03:14,38	06:57,74	14:13,58	26:56,11	00:56,31	01:48,42	04:04,13	01:03,53	02:03,39	04:04,48	00:55,22	01:58,34	03:52,05	03:29,18	08:33,99
31	00:49,24	01:38,10	03:15,00	06:59,08	14:16,30	27:01,26	00:56,59	01:48,88	04:04,91	01:03,85	02:03,91	04:05,26	00:55,50	01:58,84	03:52,79	03:29,85	08:35,63
30	00:49,50	01:38,53	03:15,64	07:00,46	14:19,12	27:06,61	00:56,89	01:49,35	04:05,71	01:04,19	02:04,45	04:06,07	00:55,79	01:59,35	03:53,56	03:30,54	08:37,33
29	00:49,77	01:38,97	03:16,31	07:01,89	14:22,05	27:12,15	00:57,20	01:49,85	04:06,55	01:04,54	02:05,01	04:06,91	00:56,09	01:59,89	03:54,35	03:31,26	08:39,09
28	00:50,05	01:39,43	03:17,00	07:03,38	14:25,09	27:17,91	00:57,52	01:50,36	04:07,42	01:04,90	02:05,59	04:07,78	00:56,40	02:00,45	03:55,18	03:32,00	08:40,93
27	00:50,34	01:39,91	03:17,72	07:04,92	14:28,26	27:23,89	00:57,85	01:50,89	04:08,33	01:05,27	02:06,20	04:08,68	00:56,73	02:01,03	03:56,04	03:32,78	08:42,83
26	00:50,64	01:40,42	03:18,47	07:06,54	14:31,55	27:30,13	00:58,20	01:51,45	04:09,27	01:05,67	02:06,83	04:09,63	00:57,07	02:01,64	03:56,94	03:33,59	08:44,81
25	00:50,96	01:40,94	03:19,25	07:08,22	14:34,99	27:36,64	00:58,56	01:52,03	04:10,25	01:06,08	02:07,49	04:10,61	00:57,43	02:02,27	03:57,87	03:34,43	08:46,88
24	00:51,29	01:41,49	03:20,07	07:09,98	14:38,58	27:43,44	00:58,94	01:52,64	04:11,28	01:06,51	02:08,19	04:11,64	00:57,80	02:02,94	03:58,85	03:35,31	08:49,05
23	00:51,64	01:42,06	03:20,93	07:11,82	14:42,34	27:50,56	00:59,34	01:53,28	04:12,35	01:06,96	02:08,91	04:12,72	00:58,20	02:03,63	03:59,87	03:36,23	08:51,31
22	00:52,00	01:42,67	03:21,83	07:13,75	14:46,28	27:58,02	00:59,76	01:53,95	04:13,48	01:07,43	02:09,68	04:13,85	00:58,61	02:04,37	04:00,94	03:37,20	08:53,69
21	00:52,39	01:43,30	03:22,77	07:15,78	14:50,43	28:05,88	01:00,21	01:54,65	04:14,67	01:07,93	02:10,48	04:15,04	00:59,04	02:05,14	04:02,07	03:38,21	08:56,18
20	00:52,80	01:43,97	03:23,77	07:17,92	14:54,80	28:14,15	01:00,68	01:55,40	04:15,92	01:08,46	02:11,32	04:16,29	00:59,50	02:05,95	04:03,26	03:39,28	08:58,81
19	00:53,23	01:44,68	03:24,82	07:20,18	14:59,42	28:22,89	01:01,17	01:56,18	04:17,24	01:09,02	02:12,22	04:17,61	00:59,99	02:06,81	04:04,51	03:40,42	09:01,59
18	00:53,69	01:45,43	03:25,93	07:22,57	15:04,31	28:32,16	01:01,70	01:57,02	04:18,64	01:09,62	02:13,17	04:19,01	01:00,51	02:07,72	04:05,84	03:41,61	09:04,54
17	00:54,18	01:46,24	03:27,12	07:25,12	15:09,51	28:42,00	01:02,27	01:57,91	04:20,12	01:10,26	02:14,19	04:20,50	01:01,06	02:08,69	04:07,26	03:42,89	09:07,67
16	00:54,70	01:47,09	03:28,38	07:27,83	15:15,06	28:52,51	01:02,87	01:58,86	04:21,71	01:10,94	02:15,27	04:22,09	01:01,65	02:09,73	04:08,77	03:44,25	09:11,01
15	00:55,27	01:48,02	03:29,73	07:30,74	15:21,01	29:03,77	01:03,52	01:59,89	04:23,41	01:11,67	02:16,43	04:23,79	01:02,29	02:10,85	04:10,38	03:45,71	09:14,59
14	00:55,88	01:49,01	03:31,19	07:33,87	15:27,40	29:15,88	01:04,22	02:00,99	04:25,24	01:12,46	02:17,69	04:25,63	01:02,98	02:12,05	04:12,12	03:47,27	09:18,45
13	00:56,54	01:50,09	03:32,77	07:37,26	15:34,33	29:28,99	01:04,98	02:02,18	04:27,22	01:13,32	02:19,05	04:27,61	01:03,72	02:13,35	04:14,00	03:48,97	09:22,62
12	00:57,26	01:51,26	03:34,48	07:40,95	15:41,86	29:43,25	01:05,81	02:03,49	04:29,38	01:14,26	02:20,53	04:29,77	01:04,54	02:14,78	04:16,05	03:50,82	09:27,15
11	00:58,06	01:52,55	03:36,36	07:44,99	15:50,12	29:58,89	01:06,73	02:04,92	04:31,74	01:15,29	02:22,16	04:32,13	01:05,44	02:16,34	04:18,30	03:52,84	09:32,13
10	00:58,95	01:53,98	03:38,44	07:49,46	15:59,25	30:16,18	01:07,75	02:06,51	04:34,35	01:16,44	02:23,97	04:34,75	01:06,44	02:18,08	04:20,78	03:55,08	09:37,62
9	00:59,95	01:55,59	03:40,76	07:54,45	16:09,45	30:35,48	01:08,89	02:08,29	04:37,27	01:17,73	02:26,00	04:37,67	01:07,56	02:20,02	04:23,55	03:57,58	09:43,76
8	01:01,08	01:57,41	03:43,39	08:00,09	16:20,97	30:57,30	01:10,20	02:10,31	04:40,56	01:19,20	02:28,30	04:40,97	01:08,84	02:22,23	04:26,68	04:00,40	09:50,70
7	01:02,39	01:59,51	03:46,40	08:06,56	16:34,20	31:22,36	01:11,70	02:12,64	04:44,35	01:20,90	02:30,95	04:44,76	01:10,32	02:24,77	04:30,28	04:03,64	09:58,67
6	01:03,94	02:01,98	03:49,93	08:14,15	16:49,70	31:51,70	01:13,48	02:15,38	04:48,78	01:22,91	02:34,07	04:49,20	01:12,06	02:27,76	04:34,49	04:07,44	10:08,00
5	01:05,82	02:04,96	03:54,18	08:23,27	17:08,34	32:26,99	01:15,64	02:18,69	04:54,11	01:25,35	02:37,84	04:54,54	01:14,18	02:31,37	04:39,56	04:12,01	10:19,23
4	01:08,20	02:08,71	03:59,48	08:34,67	17:31,63	33:11,08	01:18,38	02:22,86	05:00,77	01:28,44	02:42,58	05:01,21	01:16,86	02:35,92	04:45,89	04:17,72	10:33,25
3	01:11,39	02:13,72	04:06,49	08:49,74	18:02,43	34:09,39	01:22,05	02:28,42	05:09,58	01:32,58	02:48,90	05:10,03	01:20,46	02:41,99	04:54,27	04:25,26	10:51,80
2	01:16,15	02:21,11	04:16,73	09:11,74	18:47,38	35:34,50	01:27,51	02:36,62	05:22,44	01:38,74	02:58,24	05:22,90	01:25,82	02:50,94	05:06,48	04:36,28	11:18,86
1	01:25,02	02:34,70	04:35,22	09:51,48	20:08,58	38:08,24	01:37,71	02:51,70	05:45,66	01:50,25	03:15,40	05:46,16	01:35,82	03:07,40	05:28,56	04:56,18	12:07,76

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1500	00:34,50	01:27,76	03:26,55	00:44,30	01:37,59	00:44,29	01:49,45	00:45,34	00:28,17	01:02,50	02:21,62	00:37,34	01:18,78	02:59,07	00:38,66	01:24,83	00:31,48	01:09,92	02:47,96	01:14,03	02:46,47
1499	00:34,51	01:27,77	03:26,57	00:44,30	01:37,60	00:44,29	01:49,46	00:45,34	00:28,18	01:02,50	02:21,63	00:37,35	01:18,78	02:59,09	00:38,66	01:24,84	00:31,49	01:09,92	02:47,97	01:14,04	02:46,48
1498	00:34,51	01:27,78	03:26,58	00:44,31	01:37,60	00:44,30	01:49,47	00:45,35	00:28,18	01:02,51	02:21,64	00:37,35	01:18,79	02:59,10	00:38,66	01:24,85	00:31,49	01:09,93	02:47,98	01:14,04	02:46,49
1497	00:34,51	01:27,78	03:26,59	00:44,31	01:37,61	00:44,30	01:49,48	00:45,35	00:28,18	01:02,51	02:21,65	00:37,35	01:18,80	02:59,11	00:38,67	01:24,86	00:31,49	01:09,94	02:47,99	01:14,05	02:46,50
1496	00:34,52	01:27,79	03:26,61	00:44,32	01:37,62	00:44,31	01:49,49	00:45,36	00:28,19	01:02,52	02:21,66	00:37,36	01:18,80	02:59,12	00:38,67	01:24,86	00:31,50	01:09,94	02:48,00	01:14,06	02:46,51
1495	00:34,52	01:27,80	03:26,62	00:44,32	01:37,63	00:44,31	01:49,50	00:45,36	00:28,19	01:02,52	02:21,67	00:37,36	01:18,81	02:59,13	00:38,68	01:24,87	00:31,50	01:09,95	02:48,01	01:14,06	02:46,52
1494	00:34,52	01:27,81	03:26,64	00:44,33	01:37,64	00:44,32	01:49,51	00:45,37	00:28,19	01:02,53	02:21,68	00:37,37	01:18,82	02:59,15	00:38,68	01:24,88	00:31,50	01:09,95	02:48,02	01:14,07	02:46,53
1493	00:34,53	01:27,82	03:26,65	00:44,33	01:37,65	00:44,32	01:49,52	00:45,37	00:28,19	01:02,54	02:21,69	00:37,37	01:18,83	02:59,16	00:38,68	01:24,89	00:31,51	01:09,96	02:48,03	01:14,08	02:46,55
1492	00:34,53	01:27,82	03:26,66	00:44,34	01:37,66	00:44,33	01:49,53	00:45,38	00:28,20	01:02,54	02:21,70	00:37,37	01:18,83	02:59,17	00:38,69	01:24,89	00:31,51	01:09,97	02:48,05	01:14,08	02:46,56
1491	00:34,53	01:27,83	03:26,68	00:44,34	01:37,67	00:44,33	01:49,54	00:45,38	00:28,20	01:02,55	02:21,70	00:37,38	01:18,84	02:59,18	00:38,69	01:24,90	00:31,51	01:09,97	02:48,06	01:14,09	02:46,57
1490	00:34,54	01:27,84	03:26,69	00:44,35	01:37,67	00:44,34	01:49,55	00:45,39	00:28,20	01:02,55	02:21,71	00:37,38	01:18,85	02:59,19	00:38,70	01:24,91	00:31,52	01:09,98	02:48,07	01:14,10	02:46,58
1489	00:34,54	01:27,85	03:26,71	00:44,35	01:37,68	00:44,34	01:49,56	00:45,39	00:28,21	01:02,56	02:21,72	00:37,39	01:18,85	02:59,21	00:38,70	01:24,92	00:31,52	01:09,98	02:48,08	01:14,10	02:46,59
1488	00:34,55	01:27,85	03:26,72	00:44,36	01:37,69	00:44,35	01:49,57	00:45,40	00:28,21	01:02,56	02:21,73	00:37,39	01:18,86	02:59,22	00:38,70	01:24,92	00:31,52	01:09,99	02:48,09	01:14,11	02:46,60
1487	00:34,55	01:27,86	03:26,73	00:44,36	01:37,70	00:44,35	01:49,58	00:45,40	00:28,21	01:02,57	02:21,74	00:37,39	01:18,87	02:59,23	00:38,71	01:24,93	00:31,53	01:10,00	02:48,10	01:14,11	02:46,61
1486	00:34,55	01:27,87	03:26,75	00:44,37	01:37,71	00:44,36	01:49,59	00:45,41	00:28,22	01:02,57	02:21,75	00:37,40	01:18,88	02:59,24	00:38,71	01:24,94	00:31,53	01:10,00	02:48,11	01:14,12	02:46,62
1485	00:34,56	01:27,88	03:26,76	00:44,37	01:37,72	00:44,36	01:49,60	00:45,41	00:28,22	01:02,58	02:21,76	00:37,40	01:18,88	02:59,25	00:38,72	01:24,95	00:31,53	01:10,01	02:48,13	01:14,13	02:46,64
1484	00:34,56	01:27,89	03:26,78	00:44,37	01:37,73	00:44,37	01:49,61	00:45,42	00:28,22	01:02,59	02:21,77	00:37,41	01:18,89	02:59,27	00:38,72	01:24,95	00:31,54	01:10,02	02:48,14	01:14,13	02:46,65
1483	00:34,56	01:27,89	03:26,79	00:44,38	01:37,74	00:44,37	01:49,62	00:45,42	00:28,22	01:02,59	02:21,78	00:37,41	01:18,90	02:59,28	00:38,73	01:24,96	00:31,54	01:10,02	02:48,15	01:14,14	02:46,66
1482	00:34,57	01:27,90	03:26,80	00:44,38	01:37,74	00:44,37	01:49,63	00:45,43	00:28,23	01:02,60	02:21,79	00:37,41	01:18,90	02:59,29	00:38,73	01:24,97	00:31,54	01:10,03	02:48,16	01:14,15	02:46,67
1481	00:34,57	01:27,91	03:26,82	00:44,39	01:37,75	00:44,38	01:49,64	00:45,43	00:28,23	01:02,60	02:21,80	00:37,42	01:18,91	02:59,30	00:38,73	01:24,98	00:31,55	01:10,03	02:48,17	01:14,15	02:46,68
1480	00:34,58	01:27,92	03:26,83	00:44,39	01:37,76	00:44,38	01:49,65	00:45,44	00:28,23	01:02,61	02:21,81	00:37,42	01:18,92	02:59,32	00:38,74	01:24,98	00:31,55	01:10,04	02:48,18	01:14,16	02:46,69
1479	00:34,58	01:27,92	03:26,85	00:44,40	01:37,77	00:44,39	01:49,66	00:45,44	00:28,24	01:02,61	02:21,82	00:37,43	01:18,92	02:59,33	00:38,74	01:24,99	00:31,55	01:10,05	02:48,19	01:14,17	02:46,70
1478	00:34,58	01:27,93	03:26,86	00:44,40	01:37,78	00:44,39	01:49,67	00:45,45	00:28,24	01:02,62	02:21,83	00:37,43	01:18,93	02:59,34	00:38,75	01:25,00	00:31,56	01:10,05	02:48,20	01:14,17	02:46,71
1477	00:34,59	01:27,94	03:26,87	00:44,41	01:37,79	00:44,40	01:49,68	00:45,45	00:28,24	01:02,62	02:21,84	00:37,43	01:18,94	02:59,35	00:38,75	01:25,01	00:31,56	01:10,06	02:48,22	01:14,18	02:46,73
1476	00:34,59	01:27,95	03:26,89	00:44,41	01:37,80	00:44,40	01:49,69	00:45,46	00:28,25	01:02,63	02:21,85	00:37,44	01:18,95	02:59,36	00:38,75	01:25,01	00:31,56	01:10,07	02:48,23	01:14,19	02:46,74
1475	00:34,59	01:27,96	03:26,90	00:44,42	01:37,81	00:44,41	01:49,70	00:45,46	00:28,25	01:02,64	02:21,86	00:37,44	01:18,95	02:59,38	00:38,76	01:25,02	00:31,57	01:10,07	02:48,24	01:14,19	02:46,75
1474	00:34,60	01:27,96	03:26,92	00:44,42	01:37,81	00:44,41	01:49,71	00:45,47	00:28,25	01:02,64	02:21,87	00:37,45	01:18,96	02:59,39	00:38,76	01:25,03	00:31,57	01:10,08	02:48,25	01:14,20	02:46,76
1473	00:34,60	01:27,97	03:26,93	00:44,43	01:37,82	00:44,42	01:49,72	00:45,47	00:28,25	01:02,65	02:21,88	00:37,45	01:18,97	02:59,40	00:38,77	01:25,04	00:31,57	01:10,09	02:48,26	01:14,21	02:46,77
1472	00:34,61	01:27,98	03:26,94	00:44,43	01:37,83	00:44,42	01:49,73	00:45,48	00:28,26	01:02,65	02:21,89	00:37,45	01:18,97	02:59,41	00:38,77	01:25,04	00:31,58	01:10,09	02:48,27	01:14,21	02:46,78
1471	00:34,61	01:27,99	03:26,96	00:44,44	01:37,84	00:44,43	01:49,74	00:45,48	00:28,26	01:02,66	02:21,90	00:37,46	01:18,98	02:59,43	00:38,78	01:25,05	00:31,58	01:10,10	02:48,29	01:14,22	02:46,79
1470	00:34,61	01:28,00	03:26,97	00:44,44	01:37,85	00:44,43	01:49,75	00:45,49	00:28,26	01:02,66	02:21,91	00:37,46	01:18,99	02:59,44	00:38,78	01:25,06	00:31,58	01:10,10	02:48,30	01:14,23	02:46,81
1469	00:34,62	01:28,00	03:26,99	00:44,45	01:37,86	00:44,44	01:49,76	00:45,49	00:28,27	01:02,67	02:21,92	00:37,47	01:19,00	02:59,45	00:38,78	01:25,07	00:31,59	01:10,11	02:48,31	01:14,23	02:46,82
1468	00:34,62	01:28,01	03:27,00	00:44,45	01:37,87	00:44,44	01:49,77	00:45,50	00:28,27	01:02,68	02:21,93	00:37,47	01:19,00	02:59,46	00:38,79	01:25,08	00:31,59	01:10,12	02:48,32	01:14,24	02:46,83
1467	00:34,62	01:28,02	03:27,01	00:44,46	01:37,88	00:44,45	01:49,78	00:45,50	00:28,27	01:02,68	02:21,94	00:37,47	01:19,01	02:59,47	00:38,79	01:25,08	00:31,59	01:10,12	02:48,33	01:14,25	02:46,84
1466	00:34,63	01:28,03	03:27,03	00:44,46	01:37,88	00:44,45	01:49,79	00:45,51	00:28,28	01:02,69	02:21,95	00:37,48	01:19,02	02:59,49	00:38,80	01:25,09	00:31,60	01:10,13	02:48,34	01:14,25	02:46,85
1465	00:34,63	01:28,04	03:27,04	00:44,47	01:37,89	00:44,46	01:49,80	00:45,51	00:28,28	01:02,69	02:21,96	00:37,48	01:19,02	02:59,50	00:38,80	01:25,10	00:31,60	01:10,14	02:48,35	01:14,26	02:46,86
1464	00:34,64	01:28,04	03:27,06	00:44,47	01:37,90	00:44,46	01:49,81	00:45,52	00:28,28	01:02,70	02:21,96	00:37,49	01:19,03	02:59,51	00:38,80	01:25,11	00:31,60	01:10,14	02:48,37	01:14,27	02:46,87
1463	00:34,64	01:28,05	03:27,07	00:44,48	01:37,91	00:44,47	01:49,82	00:45,52	00:28,29	01:02,70	02:21,97	00:37,49	01:19,04	02:59,52	00:38,81	01:25,11	00:31,61	01:10,15	02:48,38	01:14,28	02:46,89
1462	00:34,64	01:28,06	03:27,09	00:44,48	01:37,92	00:44,47	01:49,83	00:45,53	00:28,29	01:02,71	02:21,98	00:37,50	01:19,05	02:59,54	00:38,81	01:25,12	00:31,61	01:10,16	02:48,39	01:14,28	02:46,90
1461	00:34,65	01:28,07	03:27,10	00:44,49	01:37,93	00:44,48	01:49,84	00:45,53	00:28,29	01:02,72	02:21,99	00:37,50	01:19,05	02:59,55	00:38,82	01:25,13	00:31,62	01:10,16	02:48,40	01:14,29	02:46,91
1460	00:34,65	01:28,08	03:27,11	00:44,49	01:37,94	00:44,48	01:49,85	00:45,54	00:28,29	01:02,72	02:22,00	00:37,50	01:19,06	02:59,56	00:38,82	01:25,14	00:31,62	01:10,17	02:48,41	01:14,30	02:46,92
1459	00:34,65	01:28,08	03:27,13	00:44,49	01:37,95	00:44,49	01:49,86	00:45,54	00:28,30	01:02,73	02:22,01	00:37,51	01:19,07	02:59,57	00:38,83	01:25,14	00:31,62	01:10,17	02:48,42	01:14,30	02:46,93
1458	00:34,66	01:28,09	03:27,14	00:44,50	01:37,96	00:44,49	01:49,87	00:45,55	00:28,30	01:02,73	02:22,02	00:37,51	01:19,07	02:59,59	00:38,83	01:25,15	00:31,63	01:10,18	02:48,43	01:14,31	02:46,94
1457	00:34,66	01:28,10	03:27,16	00:44,50	01:37,96	00:44,50	01:49,88	00:45,55	00:28,30	01:02,74	02:22,03	00:37,52	01:19,08	02:59,60	00:38,83	01:25,16	00:31,63	01:10,19	02:48,45	01:14,32	02:46,95
1456	00:34,67	01:28,11	03:27,17	00:44,51	01:37,97	00:44,50	01:49,89	00:45,56	00:28,31	01:02,74	02:22,04	00:37,52	01:19,09	02:59,61	00:38,84	01:25,17	00:31,63	01:10,19	02:48,46	01:14,32	02:46,97
1455	00:34,67	01:28,12	03:27,19	00:44,51	01:37,98	00:44,50	01:49,90	00:45,56	00:28,31	01:02,75	02:22,05	00:37,52	01:19,10	02:59,62	00:38,84	01:25,18	00:31,64	01:10,20	02:48,47	01:14,33	02:46,98
1454	00:34,67	01:28,12	03:27,20	00:44,52	01:37,99	00:44,51	01:49,91	00:45,57	00:28,31	01:02,76	02:22,06	00:37,53	01:19,10	02:59,63	00:38,85	01:25,18	00:31,64	01:10,21	02:48,48	01:14,34	02:46,99
1453	00:34,68	01:28,13	03:27,21	00:44,52	01:38,00	00:44,51	01:49,92	00:45,57	00:28,32	01:02,76	02:22,07	00:37,53	01:19,11	02:59,65	00:38,85	01:25,19	00:31,64	01:10,21	02:48,49	01:14,34	02:47,00
1452	00:34,68	01:28,14	03:27,23	00:44,53	01:38,01	00:44,52	01:49,93	00:45,58	00:28,32	01:02,77	02:22,08	00:37,54	01:19,12	02:59,66	00:38,86	01:25,20	00:31,65	01:10,22	02:48,50	01:14,35	02:47,01
1451	00:34,68	01:28,15	03:27,24	00:44,53	01:38,02	00:44,52	01:49,94	00:45,58	00:28,32	01:02,77	02:22,09	00:37,54	01:19,12	02:59,67	00:38,86	01:25,21	00:31,65	01:10,23	02:48,52	01:14,36	02:47,02
1450	00:34,69	01:28,16	03:27,26	00:44,54	01:38,03	00:44,53	01:49,95	00:45,59	00:28,33	01:02,78	02:22,10	00:37,54	01:19,13	02:59,68	00:38,86	01:25,21	00:31,65	01:10,23	02:48,53	01:14,36	02:47,03
1449	00:34,69	01:28,16	03:27,27	00:44,54	01:38,04	00:44,53	01:49,96	00:45,59	00:28,33	01:02,78	02:22,11	00:37,55	01:19,14	02:59,70	00:38,87	01:25,22	00:31,66	01:10,24	02:48,54	01:14,37	02:47,05
1448	00:34,70	01:28,17	03:27,29	00:44,55	01:38,05	00:44,54	01:49,97	00:45,60	00:28,33	01:02,79	02:22,12	00:37,55	01:19,15	02:59,71	00:38,87	01:25,23	00:31,66	01:10,24	02:48,55	01:14,38	02:47,06
1447	00:34,70	01:28,18	03:27,30	00:44,55	01:38,05	00:44,54	01:49,98	00:45,60	00:28,34	01:02,80	02:22,13	00:37,56	01:19,15	02:59,72	00:38,88	01:25,24	00:31,66	01:10,25	02:48,56	01:14,38	02:47,07
1446	00:34,70	01:28,19	03:27,31	00:44,56	01:38,06	00:44,55	01:49,99	00:45,61	00:28,34	01:02,80	02:22,14	00:37,56	01:19,16	02:59,73	00:38,88	01:25,25	00:31,67	01:10,26	02:48,57	01:14,39	02:47,08
1445	00:34,71	01:28,20	03:27,33	00:44,56	01:38,07	00:44,55	01:50,00	00:45,61	00:28,34	01:02,81	02:22,15	00:37,57	01:19,17	02:59,75	00:38,89	01:25,25	00:31,67	01:10,26	02:48,59	01:14,40	02:47,09
1444	00:34,71	01:28,20	03:27,34	00:44,57	01:38,08	00:44,56	01:50,01	00:45,62	00:28,34	01:02,81	02:22,16	00:37,57	01:19,18	02:59,76	00:38,89	01:25,26	00:31,67	01:10,27	02:48,60	01:14,40	02:47,10
1443	00:34,72	01:28,21	03:27,36	00:44,57	01:38,09	00:44,56	01:50,02	00:45,62	00:28,35	01:02,82	02:22,17	00:37,57	01:19,18	02:59,77	00:38,89	01:25,27	00:31,68	01:10,28	02:48,61	01:14,41	02:47,12
1442	00:34,72	01:28,22	03:27,37	00:44,58	01:38,10	00:44,57	01:50,03	00:45,63	00:28,35	01:02,82	02:22,18	00:37,58	01:19,19	02:59,78	00:38,90	01:25,28	00:31,68	01:10,28	02:48,62	01:14,42	02:47,13
1441	00:34,72	01:28,23	03:27,39	00:44,58	01:38,11	00:44,57	01:50,04	00:45,63	00:28,35	01:02,83	02:22,19	00:37,58	01:19,20	02:59,80	00:38,90	01:25,29	00:31,68	01:10,29	02:48,63	01:14,42	02:47,14
1440	00:34,73	01:28,24	03:27,40	00:44,59	01:38,12	00:44,58	01:50,05	00:45,64	00:28,36	01:02,84	02:22,20	00:37,59	01:19,20	02:59,81	00:38,91	01:25,29	00:31,69	01:10,30	02:48,65	01:14,43	02:47,15
1439	00:34,73	01:28,25	03:27,42	00:44,59	01:38,13	00:44,58	01:50,06	00:45,64	00:28,36	01:02,84	02:22,21	00:37,59	01:19,21	02:59,82	00:38,91	01:25,30	00:31,69	01:10,30	02:48,66	01:14,44	02:47,16
1438	00:34,73	01:28,25	03:27,43	00:44,60	01:38,14	00:44,59	01:50,07	00:45,65	00:28,36	01:02,85	02:22,22	00:37,59	01:19,22	02:59,83	00:38,92	01:25,31	00:31,69	01:10,31	02:48,67	01:14,45	02:47,17
1437	00:34,74	01:28,26	03:27,44	00:44,60	01:38,14	00:44,59	01:50,08	00:45,65	00:28,37	01:02,85	02:22,23	00:37,60	01:19,23	02:59,85	00:38,92	01:25,32	00:31,70	01:10,32	02:48,68	01:14,45	02:47,19
1436	00:34,74	01:28,27	03:27,46	00:44,61	01:38,15	00:44,60	01:50,09	00:45,66	00:28,37	01:02,86	02:22,24	00:37,60	01:19,23	02:59,86	00:38,92	01:25,32	00:31,70	01:10,32	02:48,69	01:14,46	02:47,20
1435	00:34,75	01:28,28	03:27,47	00:44,61	01:38,16	00:44,60	01:50,10	00:45,66	00:28,37	01:02,86	02:22,25	00:37,61	01:19,24	02:59,87	00:38,93	01:25,33	00:31,71	01:10,33	02:48,70	01:14,47	02:47,21

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1434	00:34,75	01:28,29	03:27,49	00:44,62	01:38,17	00:44,61	01:50,11	00:45,67	00:28,38	01:02,87	02:22,26	00:37,61	01:19,25	02:59,88	00:38,93	01:25,34	00:31,71	01:10,34	02:48,72	01:14,47	02:47,22
1433	00:34,75	01:28,29	03:27,50	00:44,62	01:38,18	00:44,61	01:50,12	00:45,67	00:28,38	01:02,88	02:22,27	00:37,61	01:19,26	02:59,90	00:38,94	01:25,35	00:31,71	01:10,34	02:48,73	01:14,48	02:47,23
1432	00:34,76	01:28,30	03:27,52	00:44,63	01:38,19	00:44,62	01:50,13	00:45,68	00:28,38	01:02,88	02:22,28	00:37,62	01:19,26	02:59,91	00:38,94	01:25,36	00:31,72	01:10,35	02:48,74	01:14,49	02:47,24
1431	00:34,76	01:28,31	03:27,53	00:44,63	01:38,20	00:44,62	01:50,14	00:45,68	00:28,39	01:02,89	02:22,29	00:37,62	01:19,27	02:59,92	00:38,95	01:25,36	00:31,72	01:10,35	02:48,75	01:14,49	02:47,26
1430	00:34,77	01:28,32	03:27,55	00:44,64	01:38,21	00:44,63	01:50,15	00:45,69	00:28,39	01:02,89	02:22,30	00:37,63	01:19,28	02:59,93	00:38,95	01:25,37	00:31,72	01:10,36	02:48,76	01:14,50	02:47,27
1429	00:34,77	01:28,33	03:27,56	00:44,64	01:38,22	00:44,63	01:50,16	00:45,69	00:28,39	01:02,90	02:22,31	00:37,63	01:19,29	02:59,95	00:38,95	01:25,38	00:31,73	01:10,37	02:48,77	01:14,51	02:47,28
1428	00:34,77	01:28,34	03:27,57	00:44,65	01:38,23	00:44,64	01:50,17	00:45,70	00:28,39	01:02,91	02:22,32	00:37,64	01:19,29	02:59,96	00:38,96	01:25,39	00:31,73	01:10,37	02:48,79	01:14,51	02:47,29
1427	00:34,78	01:28,34	03:27,59	00:44,65	01:38,24	00:44,64	01:50,18	00:45,70	00:28,40	01:02,91	02:22,33	00:37,64	01:19,30	02:59,97	00:38,96	01:25,40	00:31,73	01:10,38	02:48,80	01:14,52	02:47,30
1426	00:34,78	01:28,35	03:27,60	00:44,66	01:38,24	00:44,65	01:50,19	00:45,71	00:28,40	01:02,92	02:22,34	00:37,64	01:19,31	02:59,99	00:38,97	01:25,40	00:31,74	01:10,39	02:48,81	01:14,53	02:47,31
1425	00:34,78	01:28,36	03:27,62	00:44,66	01:38,25	00:44,65	01:50,20	00:45,71	00:28,40	01:02,92	02:22,35	00:37,65	01:19,31	03:00,00	00:38,97	01:25,41	00:31,74	01:10,39	02:48,82	01:14,53	02:47,33
1424	00:34,79	01:28,37	03:27,63	00:44,67	01:38,26	00:44,66	01:50,21	00:45,72	00:28,41	01:02,93	02:22,36	00:37,65	01:19,32	03:00,01	00:38,98	01:25,42	00:31,74	01:10,40	02:48,83	01:14,54	02:47,34
1423	00:34,79	01:28,38	03:27,65	00:44,67	01:38,27	00:44,66	01:50,22	00:45,72	00:28,41	01:02,94	02:22,37	00:37,66	01:19,33	03:00,02	00:38,98	01:25,43	00:31,75	01:10,41	02:48,85	01:14,55	02:47,35
1422	00:34,80	01:28,38	03:27,66	00:44,68	01:38,28	00:44,67	01:50,23	00:45,73	00:28,41	01:02,94	02:22,38	00:37,66	01:19,34	03:00,04	00:38,98	01:25,44	00:31,75	01:10,41	02:48,86	01:14,56	02:47,36
1421	00:34,80	01:28,39	03:27,68	00:44,68	01:38,29	00:44,67	01:50,24	00:45,73	00:28,42	01:02,95	02:22,39	00:37,67	01:19,34	03:00,05	00:38,99	01:25,44	00:31,75	01:10,42	02:48,87	01:14,56	02:47,37
1420	00:34,80	01:28,40	03:27,69	00:44,69	01:38,30	00:44,68	01:50,25	00:45,74	00:28,42	01:02,95	02:22,40	00:37,67	01:19,35	03:00,06	00:38,99	01:25,45	00:31,76	01:10,43	02:48,88	01:14,57	02:47,39
1419	00:34,81	01:28,41	03:27,71	00:44,69	01:38,31	00:44,68	01:50,26	00:45,74	00:28,42	01:02,96	02:22,41	00:37,67	01:19,36	03:00,07	00:39,00	01:25,46	00:31,76	01:10,43	02:48,89	01:14,58	02:47,40
1418	00:34,81	01:28,42	03:27,72	00:44,70	01:38,32	00:44,69	01:50,27	00:45,75	00:28,43	01:02,96	02:22,42	00:37,68	01:19,37	03:00,09	00:39,00	01:25,47	00:31,77	01:10,44	02:48,91	01:14,58	02:47,41
1417	00:34,82	01:28,43	03:27,74	00:44,70	01:38,33	00:44,69	01:50,28	00:45,75	00:28,43	01:02,97	02:22,43	00:37,68	01:19,37	03:00,10	00:39,01	01:25,48	00:31,77	01:10,45	02:48,92	01:14,59	02:47,42
1416	00:34,82	01:28,43	03:27,75	00:44,71	01:38,34	00:44,70	01:50,29	00:45,76	00:28,43	01:02,98	02:22,44	00:37,69	01:19,38	03:00,11	00:39,01	01:25,48	00:31,77	01:10,45	02:48,93	01:14,60	02:47,43
1415	00:34,82	01:28,44	03:27,77	00:44,71	01:38,35	00:44,70	01:50,30	00:45,76	00:28,44	01:02,98	02:22,45	00:37,69	01:19,39	03:00,13	00:39,02	01:25,49	00:31,78	01:10,46	02:48,94	01:14,60	02:47,44
1414	00:34,83	01:28,45	03:27,78	00:44,72	01:38,35	00:44,71	01:50,31	00:45,77	00:28,44	01:02,99	02:22,46	00:37,69	01:19,40	03:00,14	00:39,02	01:25,50	00:31,78	01:10,47	02:48,95	01:14,61	02:47,46
1413	00:34,83	01:28,46	03:27,80	00:44,72	01:38,36	00:44,71	01:50,32	00:45,77	00:28,44	01:02,99	02:22,47	00:37,70	01:19,40	03:00,15	00:39,02	01:25,51	00:31,78	01:10,47	02:48,97	01:14,62	02:47,47
1412	00:34,84	01:28,47	03:27,81	00:44,73	01:38,37	00:44,72	01:50,33	00:45,78	00:28,45	01:03,00	02:22,48	00:37,70	01:19,41	03:00,16	00:39,03	01:25,52	00:31,79	01:10,48	02:48,98	01:14,63	02:47,48
1411	00:34,84	01:28,48	03:27,82	00:44,73	01:38,38	00:44,72	01:50,34	00:45,78	00:28,45	01:03,01	02:22,49	00:37,71	01:19,42	03:00,18	00:39,03	01:25,52	00:31,79	01:10,49	02:48,99	01:14,63	02:47,49
1410	00:34,84	01:28,48	03:27,84	00:44,74	01:38,39	00:44,73	01:50,35	00:45,79	00:28,45	01:03,01	02:22,50	00:37,71	01:19,43	03:00,19	00:39,04	01:25,53	00:31,79	01:10,49	02:49,00	01:14,64	02:47,50
1409	00:34,85	01:28,49	03:27,85	00:44,74	01:38,40	00:44,73	01:50,36	00:45,79	00:28,46	01:03,02	02:22,51	00:37,72	01:19,43	03:00,20	00:39,04	01:25,54	00:31,80	01:10,50	02:49,01	01:14,65	02:47,52
1408	00:34,85	01:28,50	03:27,87	00:44,75	01:38,41	00:44,74	01:50,37	00:45,80	00:28,46	01:03,02	02:22,52	00:37,72	01:19,44	03:00,21	00:39,05	01:25,55	00:31,80	01:10,51	02:49,03	01:14,65	02:47,53
1407	00:34,85	01:28,51	03:27,88	00:44,75	01:38,42	00:44,74	01:50,39	00:45,80	00:28,46	01:03,03	02:22,53	00:37,72	01:19,45	03:00,23	00:39,05	01:25,56	00:31,81	01:10,51	02:49,04	01:14,66	02:47,54
1406	00:34,86	01:28,52	03:27,90	00:44,76	01:38,43	00:44,75	01:50,40	00:45,81	00:28,46	01:03,04	02:22,54	00:37,73	01:19,46	03:00,24	00:39,06	01:25,56	00:31,81	01:10,52	02:49,05	01:14,67	02:47,55
1405	00:34,86	01:28,53	03:27,91	00:44,76	01:38,44	00:44,75	01:50,41	00:45,81	00:28,47	01:03,04	02:22,55	00:37,73	01:19,46	03:00,25	00:39,06	01:25,57	00:31,81	01:10,53	02:49,06	01:14,67	02:47,56
1404	00:34,87	01:28,53	03:27,93	00:44,77	01:38,45	00:44,76	01:50,42	00:45,82	00:28,47	01:03,05	02:22,56	00:37,74	01:19,47	03:00,27	00:39,06	01:25,58	00:31,82	01:10,53	02:49,07	01:14,68	02:47,58
1403	00:34,87	01:28,54	03:27,94	00:44,77	01:38,46	00:44,76	01:50,43	00:45,82	00:28,47	01:03,05	02:22,57	00:37,74	01:19,48	03:00,28	00:39,07	01:25,59	00:31,82	01:10,54	02:49,09	01:14,69	02:47,59
1402	00:34,87	01:28,55	03:27,96	00:44,78	01:38,47	00:44,77	01:50,44	00:45,83	00:28,48	01:03,06	02:22,58	00:37,75	01:19,49	03:00,29	00:39,07	01:25,60	00:31,82	01:10,55	02:49,10	01:14,70	02:47,60
1401	00:34,88	01:28,56	03:27,97	00:44,78	01:38,48	00:44,77	01:50,45	00:45,83	00:28,48	01:03,07	02:22,59	00:37,75	01:19,49	03:00,31	00:39,08	01:25,60	00:31,83	01:10,55	02:49,11	01:14,70	02:47,61
1400	00:34,88	01:28,57	03:27,99	00:44,79	01:38,48	00:44,78	01:50,46	00:45,84	00:28,48	01:03,07	02:22,60	00:37,75	01:19,50	03:00,32	00:39,08	01:25,61	00:31,83	01:10,56	02:49,12	01:14,71	02:47,62
1399	00:34,89	01:28,58	03:28,00	00:44,79	01:38,49	00:44,78	01:50,47	00:45,85	00:28,49	01:03,08	02:22,61	00:37,76	01:19,51	03:00,33	00:39,09	01:25,62	00:31,83	01:10,57	02:49,13	01:14,72	02:47,64
1398	00:34,89	01:28,58	03:28,02	00:44,80	01:38,50	00:44,79	01:50,48	00:45,85	00:28,49	01:03,08	02:22,62	00:37,76	01:19,52	03:00,34	00:39,09	01:25,63	00:31,84	01:10,57	02:49,15	01:14,72	02:47,65
1397	00:34,89	01:28,59	03:28,03	00:44,80	01:38,51	00:44,79	01:50,49	00:45,86	00:28,49	01:03,09	02:22,63	00:37,77	01:19,52	03:00,36	00:39,10	01:25,64	00:31,84	01:10,58	02:49,16	01:14,73	02:47,66
1396	00:34,90	01:28,60	03:28,05	00:44,81	01:38,52	00:44,80	01:50,50	00:45,86	00:28,50	01:03,10	02:22,64	00:37,77	01:19,53	03:00,37	00:39,10	01:25,64	00:31,84	01:10,59	02:49,17	01:14,74	02:47,67
1395	00:34,90	01:28,61	03:28,06	00:44,81	01:38,53	00:44,80	01:50,51	00:45,87	00:28,50	01:03,10	02:22,65	00:37,78	01:19,54	03:00,38	00:39,10	01:25,65	00:31,85	01:10,59	02:49,18	01:14,75	02:47,68
1394	00:34,91	01:28,62	03:28,08	00:44,82	01:38,54	00:44,81	01:50,52	00:45,87	00:28,50	01:03,11	02:22,66	00:37,78	01:19,55	03:00,40	00:39,11	01:25,66	00:31,85	01:10,60	02:49,20	01:14,75	02:47,70
1393	00:34,91	01:28,63	03:28,09	00:44,82	01:38,55	00:44,81	01:50,53	00:45,88	00:28,51	01:03,11	02:22,67	00:37,78	01:19,55	03:00,41	00:39,11	01:25,67	00:31,86	01:10,61	02:49,21	01:14,76	02:47,71
1392	00:34,91	01:28,63	03:28,11	00:44,83	01:38,56	00:44,82	01:50,54	00:45,88	00:28,51	01:03,12	02:22,69	00:37,79	01:19,56	03:00,42	00:39,12	01:25,68	00:31,86	01:10,61	02:49,22	01:14,77	02:47,72
1391	00:34,92	01:28,64	03:28,12	00:44,83	01:38,57	00:44,82	01:50,55	00:45,89	00:28,51	01:03,13	02:22,70	00:37,79	01:19,57	03:00,43	00:39,12	01:25,69	00:31,86	01:10,62	02:49,23	01:14,77	02:47,73
1390	00:34,92	01:28,65	03:28,14	00:44,84	01:38,58	00:44,83	01:50,56	00:45,89	00:28,52	01:03,13	02:22,71	00:37,80	01:19,58	03:00,45	00:39,13	01:25,69	00:31,87	01:10,63	02:49,24	01:14,78	02:47,74
1389	00:34,93	01:28,66	03:28,15	00:44,84	01:38,59	00:44,83	01:50,57	00:45,90	00:28,52	01:03,14	02:22,72	00:37,80	01:19,58	03:00,46	00:39,13	01:25,70	00:31,87	01:10,63	02:49,26	01:14,79	02:47,76
1388	00:34,93	01:28,67	03:28,17	00:44,85	01:38,60	00:44,84	01:50,58	00:45,90	00:28,52	01:03,14	02:22,73	00:37,81	01:19,59	03:00,47	00:39,14	01:25,71	00:31,87	01:10,64	02:49,27	01:14,80	02:47,77
1387	00:34,93	01:28,68	03:28,18	00:44,85	01:38,61	00:44,84	01:50,60	00:45,91	00:28,53	01:03,15	02:22,74	00:37,81	01:19,60	03:00,49	00:39,14	01:25,72	00:31,88	01:10,65	02:49,28	01:14,80	02:47,78
1386	00:34,94	01:28,69	03:28,20	00:44,86	01:38,62	00:44,85	01:50,61	00:45,91	00:28,53	01:03,16	02:22,75	00:37,82	01:19,61	03:00,50	00:39,14	01:25,73	00:31,88	01:10,65	02:49,29	01:14,81	02:47,79
1385	00:34,94	01:28,69	03:28,21	00:44,86	01:38,63	00:44,86	01:50,62	00:45,92	00:28,53	01:03,16	02:22,76	00:37,82	01:19,62	03:00,51	00:39,15	01:25,73	00:31,88	01:10,66	02:49,31	01:14,82	02:47,81
1384	00:34,95	01:28,70	03:28,23	00:44,87	01:38,64	00:44,86	01:50,63	00:45,92	00:28,54	01:03,17	02:22,77	00:37,82	01:19,62	03:00,53	00:39,15	01:25,74	00:31,89	01:10,67	02:49,32	01:14,82	02:47,82
1383	00:34,95	01:28,71	03:28,24	00:44,88	01:38,64	00:44,87	01:50,64	00:45,93	00:28,54	01:03,17	02:22,78	00:37,83	01:19,63	03:00,54	00:39,16	01:25,75	00:31,89	01:10,67	02:49,33	01:14,83	02:47,83
1382	00:34,95	01:28,72	03:28,26	00:44,88	01:38,65	00:44,87	01:50,65	00:45,93	00:28,54	01:03,18	02:22,79	00:37,83	01:19,64	03:00,55	00:39,16	01:25,76	00:31,90	01:10,68	02:49,34	01:14,84	02:47,84
1381	00:34,96	01:28,73	03:28,27	00:44,89	01:38,66	00:44,88	01:50,66	00:45,94	00:28,55	01:03,19	02:22,80	00:37,84	01:19,65	03:00,57	00:39,17	01:25,77	00:31,90	01:10,69	02:49,35	01:14,85	02:47,85
1380	00:34,96	01:28,74	03:28,29	00:44,89	01:38,67	00:44,88	01:50,67	00:45,95	00:28,55	01:03,19	02:22,81	00:37,84	01:19,65	03:00,58	00:39,17	01:25,78	00:31,90	01:10,69	02:49,37	01:14,85	02:47,87
1379	00:34,97	01:28,75	03:28,30	00:44,90	01:38,68	00:44,89	01:50,68	00:45,95	00:28,55	01:03,20	02:22,82	00:37,85	01:19,66	03:00,59	00:39,18	01:25,78	00:31,91	01:10,70	02:49,38	01:14,86	02:47,88
1378	00:34,97	01:28,75	03:28,32	00:44,90	01:38,69	00:44,89	01:50,69	00:45,96	00:28,56	01:03,20	02:22,83	00:37,85	01:19,67	03:00,60	00:39,18	01:25,79	00:31,91	01:10,71	02:49,39	01:14,87	02:47,89
1377	00:34,97	01:28,76	03:28,33	00:44,91	01:38,70	00:44,90	01:50,70	00:45,96	00:28,56	01:03,21	02:22,84	00:37,85	01:19,68	03:00,62	00:39,18	01:25,80	00:31,91	01:10,71	02:49,40	01:14,87	02:47,90
1376	00:34,98	01:28,77	03:28,35	00:44,91	01:38,71	00:44,90	01:50,71	00:45,97	00:28,56	01:03,22	02:22,85	00:37,86	01:19,68	03:00,63	00:39,19	01:25,81	00:31,92	01:10,72	02:49,42	01:14,88	02:47,92
1375	00:34,98	01:28,78	03:28,36	00:44,92	01:38,72	00:44,91	01:50,72	00:45,97	00:28,57	01:03,22	02:22,86	00:37,86	01:19,69	03:00,64	00:39,19	01:25,82	00:31,92	01:10,73	02:49,43	01:14,89	02:47,93
1374	00:34,99	01:28,79	03:28,38	00:44,92	01:38,73	00:44,91	01:50,73	00:45,98	00:28,57	01:03,23	02:22,87	00:37,87	01:19,70	03:00,66	00:39,20	01:25,83	00:31,93	01:10,74	02:49,44	01:14,90	02:47,94
1373	00:34,99	01:28,80	03:28,39	00:44,93	01:38,74	00:44,92	01:50,74	00:45,98	00:28,57	01:03,23	02:22,88	00:37,87	01:19,71	03:00,67	00:39,20	01:25,83	00:31,93	01:10,74	02:49,45	01:14,90	02:47,95
1372	00:34,99	01:28,81	03:28,41	00:44,93	01:38,75	00:44,92	01:50,75	00:45,99	00:28,58	01:03,24	02:22,89	00:37,88	01:19,71	03:00,68	00:39,21	01:25,84	00:31,93	01:10,75	02:49,47	01:14,91	02:47,96
1371	00:35,00	01:28,81	03:28,43	00:44,94	01:38,76	00:44,93	01:50,77	00:45,99	00:28,58	01:03,25	02:22,90	00:37,88	01:19,72	03:00,70	00:39,21	01:25,85	00:31,94	01:10,76	02:49,48	01:14,92	02:47,98
1370	00:35,00	01:28,82	03:28,44	00:44,94	01:38,77	00:44,93	01:50,78	00:46,00	00:28,58	01:03,25	02:22,91	00:37,88	01:19,73	03:00,71	00:39,22	01:25,86	00:31,94	01:10,76	02:49,49	01:14,92	02:47,99
1369	00:35,01	01:28,83	03:28,46	00:44,95	01:38,78	00:44,94	01:50,79	00:46,00	00:28,59	01:03,26	02:22,92	00:37,89	01:19,74	03:00,72	00:39,22	01:25,87	00:31,94	01:10,77	02:49,50	01:14,93	02:48,00

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1368	00:35,01	01:28,84	03:28,47	00:44,95	01:38,79	00:44,94	01:50,80	00:46,01	00:28,59	01:03,26	02:22,93	00:37,89	01:19,75	03:00,74	00:39,23	01:25,88	00:31,95	01:10,78	02:49,52	01:14,94	02:48,01
1367	00:35,02	01:28,85	03:28,49	00:44,96	01:38,80	00:44,95	01:50,81	00:46,01	00:28,59	01:03,27	02:22,94	00:37,90	01:19,75	03:00,75	00:39,23	01:25,88	00:31,95	01:10,78	02:49,53	01:14,95	02:48,03
1366	00:35,02	01:28,86	03:28,50	00:44,96	01:38,81	00:44,95	01:50,82	00:46,02	00:28,60	01:03,28	02:22,96	00:37,90	01:19,76	03:00,76	00:39,23	01:25,89	00:31,95	01:10,79	02:49,54	01:14,95	02:48,04
1365	00:35,02	01:28,87	03:28,52	00:44,97	01:38,82	00:44,96	01:50,83	00:46,03	00:28,60	01:03,28	02:22,97	00:37,91	01:19,77	03:00,78	00:39,24	01:25,90	00:31,96	01:10,80	02:49,55	01:14,96	02:48,05
1364	00:35,03	01:28,87	03:28,53	00:44,97	01:38,83	00:44,96	01:50,84	00:46,03	00:28,60	01:03,29	02:22,98	00:37,91	01:19,78	03:00,79	00:39,24	01:25,91	00:31,96	01:10,80	02:49,57	01:14,97	02:48,06
1363	00:35,03	01:28,88	03:28,55	00:44,98	01:38,84	00:44,97	01:50,85	00:46,04	00:28,61	01:03,30	02:22,99	00:37,92	01:19,78	03:00,80	00:39,25	01:25,92	00:31,97	01:10,81	02:49,58	01:14,98	02:48,08
1362	00:35,04	01:28,89	03:28,56	00:44,98	01:38,85	00:44,97	01:50,86	00:46,04	00:28,61	01:03,30	02:23,00	00:37,92	01:19,79	03:00,82	00:39,25	01:25,93	00:31,97	01:10,82	02:49,59	01:14,98	02:48,09
1361	00:35,04	01:28,90	03:28,58	00:44,99	01:38,85	00:44,98	01:50,87	00:46,05	00:28,61	01:03,31	02:23,01	00:37,92	01:19,80	03:00,83	00:39,26	01:25,93	00:31,97	01:10,82	02:49,60	01:14,99	02:48,10
1360	00:35,04	01:28,91	03:28,59	00:44,99	01:38,86	00:44,99	01:50,88	00:46,05	00:28,62	01:03,31	02:23,02	00:37,93	01:19,81	03:00,84	00:39,26	01:25,94	00:31,98	01:10,83	02:49,62	01:15,00	02:48,11
1359	00:35,05	01:28,92	03:28,61	00:45,00	01:38,87	00:44,99	01:50,89	00:46,06	00:28,62	01:03,32	02:23,03	00:37,93	01:19,82	03:00,86	00:39,27	01:25,95	00:31,98	01:10,84	02:49,63	01:15,01	02:48,12
1358	00:35,05	01:28,93	03:28,62	00:45,01	01:38,88	00:45,00	01:50,91	00:46,06	00:28,62	01:03,33	02:23,04	00:37,94	01:19,82	03:00,87	00:39,27	01:25,96	00:31,98	01:10,85	02:49,64	01:15,01	02:48,14
1357	00:35,06	01:28,93	03:28,64	00:45,01	01:38,89	00:45,00	01:50,92	00:46,07	00:28,63	01:03,33	02:23,05	00:37,94	01:19,83	03:00,88	00:39,28	01:25,97	00:31,99	01:10,85	02:49,65	01:15,02	02:48,15
1356	00:35,06	01:28,94	03:28,66	00:45,02	01:38,90	00:45,01	01:50,93	00:46,07	00:28,63	01:03,34	02:23,06	00:37,95	01:19,84	03:00,90	00:39,28	01:25,98	00:31,99	01:10,86	02:49,67	01:15,03	02:48,16
1355	00:35,06	01:28,95	03:28,67	00:45,02	01:38,91	00:45,01	01:50,94	00:46,08	00:28,63	01:03,35	02:23,07	00:37,95	01:19,85	03:00,91	00:39,29	01:25,98	00:32,00	01:10,87	02:49,68	01:15,03	02:48,17
1354	00:35,07	01:28,96	03:28,69	00:45,03	01:38,92	00:45,02	01:50,95	00:46,08	00:28,64	01:03,35	02:23,08	00:37,96	01:19,85	03:00,92	00:39,29	01:25,99	00:32,00	01:10,87	02:49,69	01:15,04	02:48,19
1353	00:35,07	01:28,97	03:28,70	00:45,03	01:38,93	00:45,02	01:50,96	00:46,09	00:28,64	01:03,36	02:23,09	00:37,96	01:19,86	03:00,94	00:39,29	01:26,00	00:32,00	01:10,88	02:49,70	01:15,05	02:48,20
1352	00:35,08	01:28,98	03:28,72	00:45,04	01:38,94	00:45,03	01:50,97	00:46,10	00:28,64	01:03,36	02:23,10	00:37,96	01:19,87	03:00,95	00:39,30	01:26,01	00:32,01	01:10,89	02:49,72	01:15,06	02:48,21
1351	00:35,08	01:28,99	03:28,73	00:45,04	01:38,95	00:45,03	01:50,98	00:46,10	00:28,65	01:03,37	02:23,11	00:37,97	01:19,88	03:00,96	00:39,30	01:26,02	00:32,01	01:10,89	02:49,73	01:15,06	02:48,22
1350	00:35,08	01:29,00	03:28,75	00:45,05	01:38,96	00:45,04	01:50,99	00:46,11	00:28,65	01:03,38	02:23,12	00:37,97	01:19,89	03:00,98	00:39,31	01:26,03	00:32,01	01:10,90	02:49,74	01:15,07	02:48,24
1349	00:35,09	01:29,00	03:28,76	00:45,05	01:38,97	00:45,04	01:51,00	00:46,11	00:28,65	01:03,38	02:23,14	00:37,98	01:19,89	03:00,99	00:39,31	01:26,03	00:32,02	01:10,91	02:49,75	01:15,08	02:48,25
1348	00:35,09	01:29,01	03:28,78	00:45,06	01:38,98	00:45,05	01:51,01	00:46,12	00:28,66	01:03,39	02:23,15	00:37,98	01:19,90	03:01,00	00:39,32	01:26,04	00:32,02	01:10,91	02:49,77	01:15,09	02:48,26
1347	00:35,10	01:29,02	03:28,79	00:45,06	01:38,99	00:45,05	01:51,03	00:46,12	00:28,66	01:03,39	02:23,16	00:37,99	01:19,91	03:01,02	00:39,32	01:26,05	00:32,03	01:10,92	02:49,78	01:15,09	02:48,27
1346	00:35,10	01:29,03	03:28,81	00:45,07	01:39,00	00:45,06	01:51,04	00:46,13	00:28,66	01:03,40	02:23,17	00:37,99	01:19,92	03:01,03	00:39,33	01:26,06	00:32,03	01:10,93	02:49,79	01:15,10	02:48,29
1345	00:35,11	01:29,04	03:28,83	00:45,07	01:39,01	00:45,06	01:51,05	00:46,13	00:28,67	01:03,41	02:23,18	00:38,00	01:19,93	03:01,04	00:39,33	01:26,07	00:32,03	01:10,94	02:49,80	01:15,11	02:48,30
1344	00:35,11	01:29,05	03:28,84	00:45,08	01:39,02	00:45,07	01:51,06	00:46,14	00:28,67	01:03,41	02:23,19	00:38,00	01:19,93	03:01,06	00:39,34	01:26,08	00:32,04	01:10,94	02:49,82	01:15,12	02:48,31
1343	00:35,11	01:29,06	03:28,86	00:45,09	01:39,03	00:45,08	01:51,07	00:46,14	00:28,67	01:03,42	02:23,20	00:38,01	01:19,94	03:01,07	00:39,34	01:26,09	00:32,04	01:10,95	02:49,83	01:15,12	02:48,32
1342	00:35,12	01:29,07	03:28,87	00:45,09	01:39,04	00:45,08	01:51,08	00:46,15	00:28,68	01:03,43	02:23,21	00:38,01	01:19,95	03:01,09	00:39,35	01:26,09	00:32,05	01:10,96	02:49,84	01:15,13	02:48,34
1341	00:35,12	01:29,07	03:28,89	00:45,10	01:39,05	00:45,09	01:51,09	00:46,16	00:28,68	01:03,43	02:23,22	00:38,01	01:19,96	03:01,10	00:39,35	01:26,10	00:32,05	01:10,96	02:49,85	01:15,14	02:48,35
1340	00:35,13	01:29,08	03:28,90	00:45,10	01:39,06	00:45,09	01:51,10	00:46,16	00:28,68	01:03,44	02:23,23	00:38,02	01:19,96	03:01,11	00:39,35	01:26,11	00:32,05	01:10,97	02:49,87	01:15,15	02:48,36
1339	00:35,13	01:29,09	03:28,92	00:45,11	01:39,07	00:45,10	01:51,11	00:46,17	00:28,69	01:03,45	02:23,24	00:38,02	01:19,97	03:01,13	00:39,36	01:26,12	00:32,06	01:10,98	02:49,88	01:15,15	02:48,37
1338	00:35,13	01:29,10	03:28,94	00:45,11	01:39,08	00:45,10	01:51,12	00:46,17	00:28,69	01:03,45	02:23,25	00:38,03	01:19,98	03:01,14	00:39,36	01:26,13	00:32,06	01:10,98	02:49,89	01:15,16	02:48,39
1337	00:35,14	01:29,11	03:28,95	00:45,12	01:39,09	00:45,11	01:51,14	00:46,18	00:28,69	01:03,46	02:23,26	00:38,03	01:19,99	03:01,15	00:39,37	01:26,14	00:32,06	01:10,99	02:49,91	01:15,17	02:48,40
1336	00:35,14	01:29,12	03:28,97	00:45,12	01:39,10	00:45,11	01:51,15	00:46,18	00:28,70	01:03,46	02:23,27	00:38,04	01:20,00	03:01,17	00:39,37	01:26,15	00:32,07	01:11,00	02:49,92	01:15,18	02:48,41
1335	00:35,15	01:29,13	03:28,98	00:45,13	01:39,11	00:45,12	01:51,16	00:46,19	00:28,70	01:03,47	02:23,29	00:38,04	01:20,00	03:01,18	00:39,38	01:26,15	00:32,07	01:11,01	02:49,93	01:15,18	02:48,43
1334	00:35,15	01:29,14	03:29,00	00:45,13	01:39,12	00:45,12	01:51,17	00:46,19	00:28,70	01:03,48	02:23,30	00:38,05	01:20,01	03:01,19	00:39,38	01:26,16	00:32,08	01:11,01	02:49,94	01:15,19	02:48,44
1333	00:35,16	01:29,15	03:29,01	00:45,14	01:39,13	00:45,13	01:51,18	00:46,20	00:28,71	01:03,48	02:23,31	00:38,05	01:20,02	03:01,21	00:39,39	01:26,17	00:32,08	01:11,02	02:49,96	01:15,20	02:48,45
1332	00:35,16	01:29,15	03:29,03	00:45,14	01:39,14	00:45,13	01:51,19	00:46,20	00:28,71	01:03,49	02:23,32	00:38,05	01:20,03	03:01,22	00:39,39	01:26,18	00:32,08	01:11,03	02:49,97	01:15,21	02:48,46
1331	00:35,16	01:29,16	03:29,05	00:45,15	01:39,15	00:45,14	01:51,20	00:46,21	00:28,71	01:03,50	02:23,33	00:38,06	01:20,04	03:01,23	00:39,40	01:26,19	00:32,09	01:11,03	02:49,98	01:15,21	02:48,48
1330	00:35,17	01:29,17	03:29,06	00:45,15	01:39,16	00:45,15	01:51,21	00:46,22	00:28,72	01:03,50	02:23,34	00:38,06	01:20,04	03:01,25	00:39,40	01:26,20	00:32,09	01:11,04	02:50,00	01:15,22	02:48,49
1329	00:35,17	01:29,18	03:29,08	00:45,16	01:39,17	00:45,15	01:51,22	00:46,22	00:28,72	01:03,51	02:23,35	00:38,07	01:20,05	03:01,26	00:39,41	01:26,21	00:32,09	01:11,05	02:50,01	01:15,23	02:48,50
1328	00:35,18	01:29,19	03:29,09	00:45,17	01:39,18	00:45,16	01:51,23	00:46,23	00:28,72	01:03,51	02:23,36	00:38,07	01:20,06	03:01,28	00:39,41	01:26,21	00:32,10	01:11,06	02:50,02	01:15,24	02:48,51
1327	00:35,18	01:29,20	03:29,11	00:45,17	01:39,19	00:45,16	01:51,25	00:46,23	00:28,73	01:03,52	02:23,37	00:38,08	01:20,07	03:01,29	00:39,42	01:26,22	00:32,10	01:11,06	02:50,03	01:15,24	02:48,53
1326	00:35,19	01:29,21	03:29,12	00:45,18	01:39,20	00:45,17	01:51,26	00:46,24	00:28,73	01:03,53	02:23,38	00:38,08	01:20,08	03:01,30	00:39,42	01:26,23	00:32,11	01:11,07	02:50,05	01:15,25	02:48,54
1325	00:35,19	01:29,22	03:29,14	00:45,18	01:39,21	00:45,17	01:51,27	00:46,24	00:28,73	01:03,53	02:23,39	00:38,09	01:20,08	03:01,32	00:39,43	01:26,24	00:32,11	01:11,08	02:50,06	01:15,26	02:48,55
1324	00:35,19	01:29,23	03:29,16	00:45,19	01:39,22	00:45,18	01:51,28	00:46,25	00:28,74	01:03,54	02:23,40	00:38,09	01:20,09	03:01,33	00:39,43	01:26,25	00:32,11	01:11,08	02:50,07	01:15,27	02:48,57
1323	00:35,20	01:29,23	03:29,17	00:45,19	01:39,23	00:45,18	01:51,29	00:46,25	00:28,74	01:03,55	02:23,41	00:38,10	01:20,10	03:01,34	00:39,43	01:26,26	00:32,12	01:11,09	02:50,09	01:15,27	02:48,58
1322	00:35,20	01:29,24	03:29,19	00:45,20	01:39,24	00:45,19	01:51,30	00:46,26	00:28,75	01:03,55	02:23,43	00:38,10	01:20,11	03:01,36	00:39,44	01:26,27	00:32,12	01:11,10	02:50,10	01:15,28	02:48,59
1321	00:35,21	01:29,25	03:29,20	00:45,20	01:39,25	00:45,19	01:51,31	00:46,27	00:28,75	01:03,56	02:23,44	00:38,10	01:20,12	03:01,37	00:39,44	01:26,27	00:32,13	01:11,11	02:50,11	01:15,29	02:48,60
1320	00:35,21	01:29,26	03:29,22	00:45,21	01:39,26	00:45,20	01:51,32	00:46,27	00:28,75	01:03,57	02:23,45	00:38,11	01:20,12	03:01,39	00:39,45	01:26,28	00:32,13	01:11,11	02:50,12	01:15,30	02:48,62
1319	00:35,21	01:29,27	03:29,24	00:45,21	01:39,27	00:45,20	01:51,34	00:46,28	00:28,76	01:03,57	02:23,46	00:38,11	01:20,13	03:01,40	00:39,45	01:26,29	00:32,13	01:11,12	02:50,14	01:15,30	02:48,63
1318	00:35,22	01:29,28	03:29,25	00:45,22	01:39,28	00:45,21	01:51,35	00:46,28	00:28,76	01:03,58	02:23,47	00:38,12	01:20,14	03:01,41	00:39,46	01:26,30	00:32,14	01:11,13	02:50,15	01:15,31	02:48,64
1317	00:35,22	01:29,29	03:29,27	00:45,23	01:39,29	00:45,22	01:51,36	00:46,29	00:28,76	01:03,58	02:23,48	00:38,12	01:20,15	03:01,43	00:39,46	01:26,31	00:32,14	01:11,13	02:50,16	01:15,32	02:48,66
1316	00:35,23	01:29,30	03:29,28	00:45,23	01:39,30	00:45,22	01:51,37	00:46,29	00:28,77	01:03,59	02:23,49	00:38,13	01:20,16	03:01,44	00:39,47	01:26,32	00:32,15	01:11,14	02:50,18	01:15,33	02:48,67
1315	00:35,23	01:29,31	03:29,30	00:45,24	01:39,31	00:45,23	01:51,38	00:46,30	00:28,77	01:03,60	02:23,50	00:38,13	01:20,16	03:01,45	00:39,47	01:26,33	00:32,15	01:11,15	02:50,19	01:15,33	02:48,68
1314	00:35,24	01:29,32	03:29,32	00:45,24	01:39,32	00:45,23	01:51,39	00:46,30	00:28,77	01:03,60	02:23,51	00:38,14	01:20,17	03:01,47	00:39,48	01:26,34	00:32,15	01:11,16	02:50,20	01:15,34	02:48,69
1313	00:35,24	01:29,32	03:29,33	00:45,25	01:39,33	00:45,24	01:51,40	00:46,31	00:28,78	01:03,61	02:23,52	00:38,14	01:20,18	03:01,48	00:39,48	01:26,34	00:32,16	01:11,16	02:50,21	01:15,35	02:48,71
1312	00:35,24	01:29,33	03:29,35	00:45,25	01:39,34	00:45,24	01:51,41	00:46,32	00:28,78	01:03,62	02:23,54	00:38,15	01:20,19	03:01,50	00:39,49	01:26,35	00:32,16	01:11,17	02:50,23	01:15,36	02:48,72
1311	00:35,25	01:29,34	03:29,36	00:45,26	01:39,35	00:45,25	01:51,42	00:46,32	00:28,78	01:03,62	02:23,55	00:38,15	01:20,20	03:01,51	00:39,49	01:26,36	00:32,16	01:11,18	02:50,24	01:15,36	02:48,73
1310	00:35,25	01:29,35	03:29,38	00:45,26	01:39,36	00:45,25	01:51,44	00:46,33	00:28,79	01:03,63	02:23,56	00:38,16	01:20,21	03:01,52	00:39,50	01:26,37	00:32,17	01:11,18	02:50,25	01:15,37	02:48,75
1309	00:35,26	01:29,36	03:29,40	00:45,27	01:39,37	00:45,26	01:51,45	00:46,33	00:28,79	01:03,64	02:23,57	00:38,16	01:20,21	03:01,54	00:39,50	01:26,38	00:32,17	01:11,19	02:50,27	01:15,38	02:48,76
1308	00:35,26	01:29,37	03:29,41	00:45,27	01:39,38	00:45,27	01:51,46	00:46,34	00:28,79	01:03,64	02:23,58	00:38,16	01:20,22	03:01,55	00:39,51	01:26,39	00:32,18	01:11,20	02:50,28	01:15,39	02:48,77
1307	00:35,27	01:29,38	03:29,43	00:45,28	01:39,39	00:45,27	01:51,47	00:46,34	00:28,80	01:03,65	02:23,59	00:38,17	01:20,23	03:01,57	00:39,51	01:26,40	00:32,18	01:11,21	02:50,29	01:15,39	02:48,78
1306	00:35,27	01:29,39	03:29,44	00:45,29	01:39,40	00:45,28	01:51,48	00:46,35	00:28,80	01:03,66	02:23,60	00:38,17	01:20,24	03:01,58	00:39,52	01:26,41	00:32,18	01:11,21	02:50,31	01:15,40	02:48,80
1305	00:35,27	01:29,40	03:29,46	00:45,29	01:39,41	00:45,28	01:51,49	00:46,36	00:28,80	01:03,66	02:23,61	00:38,18	01:20,25	03:01,59	00:39,52	01:26,41	00:32,19	01:11,22	02:50,32	01:15,41	02:48,81
1304	00:35,28	01:29,41	03:29,48	00:45,30	01:39,42	00:45,29	01:51,50	00:46,36	00:28,81	01:03,67	02:23,62	00:38,18	01:20,25	03:01,61	00:39,53	01:26,42	00:32,19	01:11,23	02:50,33	01:15,42	02:48,82
1303	00:35,28	01:29,42	03:29,49	00:45,30	01:39,43	00:45,29	01:51,52	00:46,37	00:28,81	01:03,67	02:23,63	00:38,19	01:20,26	03:01,62	00:39,53	01:26,43	00:32,20	01:11,23	02:50,35	01:15,42	02:48,84

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1302	00:35,29	01:29,42	03:29,51	00:45,31	01:39,44	00:45,30	01:51,53	00:46,37	00:28,81	01:03,68	02:23,65	00:38,19	01:20,27	03:01,64	00:39,54	01:26,44	00:32,20	01:11,24	02:50,36	01:15,43	02:48,85
1301	00:35,29	01:29,43	03:29,52	00:45,31	01:39,45	00:45,30	01:51,54	00:46,38	00:28,82	01:03,69	02:23,66	00:38,20	01:20,28	03:01,65	00:39,54	01:26,45	00:32,20	01:11,25	02:50,37	01:15,44	02:48,86
1300	00:35,30	01:29,44	03:29,54	00:45,32	01:39,46	00:45,31	01:51,55	00:46,38	00:28,82	01:03,69	02:23,67	00:38,20	01:20,29	03:01,66	00:39,55	01:26,46	00:32,21	01:11,26	02:50,38	01:15,45	02:48,88
1299	00:35,30	01:29,45	03:29,56	00:45,32	01:39,47	00:45,31	01:51,56	00:46,39	00:28,83	01:03,70	02:23,68	00:38,21	01:20,29	03:01,68	00:39,55	01:26,47	00:32,21	01:11,26	02:50,40	01:15,46	02:48,89
1298	00:35,30	01:29,46	03:29,57	00:45,33	01:39,48	00:45,32	01:51,57	00:46,39	00:28,83	01:03,71	02:23,69	00:38,21	01:20,30	03:01,69	00:39,55	01:26,48	00:32,22	01:11,27	02:50,41	01:15,46	02:48,90
1297	00:35,31	01:29,47	03:29,59	00:45,34	01:39,49	00:45,33	01:51,58	00:46,40	00:28,83	01:03,71	02:23,70	00:38,22	01:20,31	03:01,71	00:39,56	01:26,48	00:32,22	01:11,28	02:50,42	01:15,47	02:48,91
1296	00:35,31	01:29,48	03:29,61	00:45,34	01:39,50	00:45,33	01:51,60	00:46,41	00:28,84	01:03,72	02:23,71	00:38,22	01:20,32	03:01,72	00:39,56	01:26,49	00:32,22	01:11,29	02:50,44	01:15,48	02:48,93
1295	00:35,32	01:29,49	03:29,62	00:45,35	01:39,51	00:45,34	01:51,61	00:46,41	00:28,84	01:03,73	02:23,72	00:38,23	01:20,33	03:01,73	00:39,57	01:26,50	00:32,23	01:11,29	02:50,45	01:15,49	02:48,94
1294	00:35,32	01:29,50	03:29,64	00:45,35	01:39,52	00:45,34	01:51,62	00:46,42	00:28,84	01:03,73	02:23,73	00:38,23	01:20,34	03:01,75	00:39,57	01:26,51	00:32,23	01:11,30	02:50,46	01:15,49	02:48,95
1293	00:35,33	01:29,51	03:29,65	00:45,36	01:39,53	00:45,35	01:51,63	00:46,42	00:28,85	01:03,74	02:23,75	00:38,24	01:20,34	03:01,76	00:39,58	01:26,52	00:32,24	01:11,31	02:50,48	01:15,50	02:48,97
1292	00:35,33	01:29,52	03:29,67	00:45,36	01:39,54	00:45,35	01:51,64	00:46,43	00:28,85	01:03,75	02:23,76	00:38,24	01:20,35	03:01,78	00:39,58	01:26,53	00:32,24	01:11,31	02:50,49	01:15,51	02:48,98
1291	00:35,34	01:29,52	03:29,69	00:45,37	01:39,55	00:45,36	01:51,65	00:46,43	00:28,85	01:03,75	02:23,77	00:38,24	01:20,36	03:01,79	00:39,59	01:26,54	00:32,24	01:11,32	02:50,50	01:15,52	02:48,99
1290	00:35,34	01:29,53	03:29,70	00:45,37	01:39,56	00:45,37	01:51,66	00:46,44	00:28,86	01:03,76	02:23,78	00:38,25	01:20,37	03:01,80	00:39,59	01:26,55	00:32,25	01:11,33	02:50,52	01:15,53	02:49,01
1289	00:35,34	01:29,54	03:29,72	00:45,38	01:39,57	00:45,37	01:51,68	00:46,45	00:28,86	01:03,77	02:23,79	00:38,25	01:20,38	03:01,82	00:39,60	01:26,56	00:32,25	01:11,34	02:50,53	01:15,53	02:49,02
1288	00:35,35	01:29,55	03:29,74	00:45,39	01:39,58	00:45,38	01:51,69	00:46,45	00:28,86	01:03,77	02:23,80	00:38,26	01:20,39	03:01,83	00:39,60	01:26,56	00:32,26	01:11,34	02:50,54	01:15,54	02:49,03
1287	00:35,35	01:29,56	03:29,75	00:45,39	01:39,59	00:45,38	01:51,70	00:46,46	00:28,87	01:03,78	02:23,81	00:38,26	01:20,39	03:01,85	00:39,61	01:26,57	00:32,26	01:11,35	02:50,56	01:15,55	02:49,05
1286	00:35,36	01:29,57	03:29,77	00:45,40	01:39,60	00:45,39	01:51,71	00:46,46	00:28,87	01:03,79	02:23,82	00:38,27	01:20,40	03:01,86	00:39,61	01:26,58	00:32,26	01:11,36	02:50,57	01:15,56	02:49,06
1285	00:35,36	01:29,58	03:29,78	00:45,40	01:39,61	00:45,39	01:51,72	00:46,47	00:28,88	01:03,79	02:23,83	00:38,27	01:20,41	03:01,88	00:39,62	01:26,59	00:32,27	01:11,37	02:50,58	01:15,56	02:49,07
1284	00:35,37	01:29,59	03:29,80	00:45,41	01:39,62	00:45,40	01:51,73	00:46,48	00:28,88	01:03,80	02:23,85	00:38,28	01:20,42	03:01,89	00:39,62	01:26,60	00:32,27	01:11,37	02:50,60	01:15,57	02:49,09
1283	00:35,37	01:29,60	03:29,82	00:45,41	01:39,63	00:45,40	01:51,74	00:46,48	00:28,88	01:03,81	02:23,86	00:38,28	01:20,43	03:01,90	00:39,63	01:26,61	00:32,28	01:11,38	02:50,61	01:15,58	02:49,10
1282	00:35,37	01:29,61	03:29,83	00:45,42	01:39,64	00:45,41	01:51,76	00:46,49	00:28,89	01:03,81	02:23,87	00:38,29	01:20,44	03:01,92	00:39,63	01:26,62	00:32,28	01:11,39	02:50,62	01:15,59	02:49,11
1281	00:35,38	01:29,62	03:29,85	00:45,43	01:39,65	00:45,42	01:51,77	00:46,49	00:28,89	01:03,82	02:23,88	00:38,29	01:20,44	03:01,93	00:39,64	01:26,63	00:32,28	01:11,40	02:50,64	01:15,60	02:49,12
1280	00:35,38	01:29,63	03:29,87	00:45,43	01:39,66	00:45,42	01:51,78	00:46,50	00:28,89	01:03,83	02:23,89	00:38,30	01:20,45	03:01,95	00:39,64	01:26,64	00:32,29	01:11,40	02:50,65	01:15,60	02:49,14
1279	00:35,39	01:29,64	03:29,88	00:45,44	01:39,67	00:45,43	01:51,79	00:46,50	00:28,90	01:03,83	02:23,90	00:38,30	01:20,46	03:01,96	00:39,65	01:26,65	00:32,29	01:11,41	02:50,66	01:15,61	02:49,15
1278	00:35,39	01:29,65	03:29,90	00:45,44	01:39,68	00:45,43	01:51,80	00:46,51	00:28,90	01:03,84	02:23,91	00:38,31	01:20,47	03:01,98	00:39,65	01:26,65	00:32,30	01:11,42	02:50,68	01:15,62	02:49,16
1277	00:35,40	01:29,65	03:29,92	00:45,45	01:39,69	00:45,44	01:51,81	00:46,52	00:28,90	01:03,85	02:23,93	00:38,31	01:20,48	03:01,99	00:39,66	01:26,66	00:32,30	01:11,43	02:50,69	01:15,63	02:49,18
1276	00:35,40	01:29,66	03:29,93	00:45,45	01:39,70	00:45,44	01:51,83	00:46,52	00:28,91	01:03,85	02:23,94	00:38,32	01:20,49	03:02,00	00:39,66	01:26,67	00:32,30	01:11,43	02:50,70	01:15,63	02:49,19
1275	00:35,41	01:29,67	03:29,95	00:45,46	01:39,71	00:45,45	01:51,84	00:46,53	00:28,91	01:03,86	02:23,95	00:38,32	01:20,49	03:02,02	00:39,67	01:26,68	00:32,31	01:11,44	02:50,72	01:15,64	02:49,20
1274	00:35,41	01:29,68	03:29,97	00:45,46	01:39,72	00:45,46	01:51,85	00:46,53	00:28,91	01:03,87	02:23,96	00:38,33	01:20,50	03:02,03	00:39,67	01:26,69	00:32,31	01:11,45	02:50,73	01:15,65	02:49,22
1273	00:35,41	01:29,69	03:29,98	00:45,47	01:39,74	00:45,46	01:51,86	00:46,54	00:28,92	01:03,87	02:23,97	00:38,33	01:20,51	03:02,05	00:39,68	01:26,70	00:32,32	01:11,46	02:50,74	01:15,66	02:49,23
1272	00:35,42	01:29,70	03:30,00	00:45,48	01:39,75	00:45,47	01:51,87	00:46,54	00:28,92	01:03,88	02:23,98	00:38,33	01:20,52	03:02,06	00:39,68	01:26,71	00:32,32	01:11,46	02:50,76	01:15,67	02:49,24
1271	00:35,42	01:29,71	03:30,02	00:45,48	01:39,76	00:45,47	01:51,88	00:46,55	00:28,93	01:03,89	02:23,99	00:38,34	01:20,53	03:02,08	00:39,69	01:26,72	00:32,32	01:11,47	02:50,77	01:15,67	02:49,26
1270	00:35,43	01:29,72	03:30,03	00:45,49	01:39,77	00:45,48	01:51,90	00:46,56	00:28,93	01:03,89	02:24,00	00:38,34	01:20,54	03:02,09	00:39,69	01:26,73	00:32,33	01:11,48	02:50,78	01:15,68	02:49,27
1269	00:35,43	01:29,73	03:30,05	00:45,49	01:39,78	00:45,48	01:51,91	00:46,56	00:28,93	01:03,90	02:24,02	00:38,35	01:20,54	03:02,10	00:39,70	01:26,74	00:32,33	01:11,48	02:50,80	01:15,69	02:49,28
1268	00:35,44	01:29,74	03:30,06	00:45,50	01:39,79	00:45,49	01:51,92	00:46,57	00:28,94	01:03,91	02:24,03	00:38,35	01:20,55	03:02,12	00:39,70	01:26,74	00:32,34	01:11,49	02:50,81	01:15,70	02:49,30
1267	00:35,44	01:29,75	03:30,08	00:45,50	01:39,80	00:45,50	01:51,93	00:46,57	00:28,94	01:03,91	02:24,04	00:38,36	01:20,56	03:02,13	00:39,71	01:26,75	00:32,34	01:11,50	02:50,82	01:15,71	02:49,31
1266	00:35,45	01:29,76	03:30,10	00:45,51	01:39,81	00:45,50	01:51,94	00:46,58	00:28,94	01:03,92	02:24,05	00:38,36	01:20,57	03:02,15	00:39,71	01:26,76	00:32,34	01:11,51	02:50,84	01:15,71	02:49,32
1265	00:35,45	01:29,77	03:30,11	00:45,52	01:39,82	00:45,51	01:51,95	00:46,59	00:28,95	01:03,93	02:24,06	00:38,37	01:20,58	03:02,16	00:39,72	01:26,77	00:32,35	01:11,51	02:50,85	01:15,72	02:49,34
1264	00:35,45	01:29,78	03:30,13	00:45,52	01:39,83	00:45,51	01:51,97	00:46,59	00:28,95	01:03,93	02:24,07	00:38,37	01:20,59	03:02,18	00:39,72	01:26,78	00:32,35	01:11,52	02:50,87	01:15,73	02:49,35
1263	00:35,46	01:29,79	03:30,15	00:45,53	01:39,84	00:45,52	01:51,98	00:46,60	00:28,95	01:03,94	02:24,08	00:38,38	01:20,59	03:02,19	00:39,73	01:26,79	00:32,36	01:11,53	02:50,88	01:15,74	02:49,37
1262	00:35,46	01:29,80	03:30,16	00:45,53	01:39,85	00:45,52	01:51,99	00:46,60	00:28,96	01:03,95	02:24,10	00:38,38	01:20,60	03:02,21	00:39,73	01:26,80	00:32,36	01:11,54	02:50,89	01:15,75	02:49,38
1261	00:35,47	01:29,80	03:30,18	00:45,54	01:39,86	00:45,53	01:52,00	00:46,61	00:28,96	01:03,95	02:24,11	00:38,39	01:20,61	03:02,22	00:39,74	01:26,81	00:32,36	01:11,54	02:50,91	01:15,75	02:49,39
1260	00:35,47	01:29,81	03:30,20	00:45,54	01:39,87	00:45,54	01:52,01	00:46,61	00:28,97	01:03,96	02:24,12	00:38,39	01:20,62	03:02,23	00:39,74	01:26,82	00:32,37	01:11,55	02:50,92	01:15,76	02:49,41
1259	00:35,48	01:29,82	03:30,22	00:45,55	01:39,88	00:45,54	01:52,02	00:46,62	00:28,97	01:03,97	02:24,13	00:38,40	01:20,63	03:02,25	00:39,75	01:26,83	00:32,37	01:11,56	02:50,93	01:15,77	02:49,42
1258	00:35,48	01:29,83	03:30,23	00:45,56	01:39,89	00:45,55	01:52,04	00:46,63	00:28,97	01:03,97	02:24,14	00:38,40	01:20,64	03:02,26	00:39,75	01:26,84	00:32,38	01:11,57	02:50,95	01:15,78	02:49,43
1257	00:35,49	01:29,84	03:30,25	00:45,56	01:39,90	00:45,55	01:52,05	00:46,63	00:28,98	01:03,98	02:24,15	00:38,41	01:20,65	03:02,28	00:39,76	01:26,84	00:32,38	01:11,58	02:50,96	01:15,79	02:49,45
1256	00:35,49	01:29,85	03:30,27	00:45,57	01:39,91	00:45,56	01:52,06	00:46,64	00:28,98	01:03,99	02:24,16	00:38,41	01:20,65	03:02,29	00:39,76	01:26,85	00:32,38	01:11,58	02:50,97	01:15,79	02:49,46
1255	00:35,49	01:29,86	03:30,28	00:45,57	01:39,92	00:45,56	01:52,07	00:46,64	00:28,98	01:03,99	02:24,18	00:38,42	01:20,66	03:02,31	00:39,77	01:26,86	00:32,39	01:11,59	02:50,99	01:15,80	02:49,47
1254	00:35,50	01:29,87	03:30,30	00:45,58	01:39,93	00:45,57	01:52,08	00:46,65	00:28,99	01:04,00	02:24,19	00:38,42	01:20,67	03:02,32	00:39,77	01:26,87	00:32,39	01:11,60	02:51,00	01:15,81	02:49,49
1253	00:35,50	01:29,88	03:30,32	00:45,59	01:39,94	00:45,58	01:52,10	00:46,66	00:28,99	01:04,01	02:24,20	00:38,43	01:20,68	03:02,34	00:39,78	01:26,88	00:32,40	01:11,61	02:51,02	01:15,82	02:49,50
1252	00:35,51	01:29,89	03:30,33	00:45,59	01:39,96	00:45,58	01:52,11	00:46,66	00:28,99	01:04,01	02:24,21	00:38,43	01:20,69	03:02,35	00:39,78	01:26,89	00:32,40	01:11,61	02:51,03	01:15,83	02:49,51
1251	00:35,51	01:29,90	03:30,35	00:45,60	01:39,97	00:45,59	01:52,12	00:46,67	00:29,00	01:04,02	02:24,22	00:38,44	01:20,70	03:02,37	00:39,79	01:26,90	00:32,41	01:11,62	02:51,04	01:15,83	02:49,53
1250	00:35,52	01:29,91	03:30,37	00:45,60	01:39,98	00:45,59	01:52,13	00:46,67	00:29,00	01:04,03	02:24,23	00:38,44	01:20,71	03:02,38	00:39,79	01:26,91	00:32,41	01:11,63	02:51,06	01:15,84	02:49,54
1249	00:35,52	01:29,92	03:30,38	00:45,61	01:39,99	00:45,60	01:52,14	00:46,68	00:29,01	01:04,03	02:24,25	00:38,45	01:20,71	03:02,39	00:39,80	01:26,92	00:32,41	01:11,64	02:51,07	01:15,85	02:49,55
1248	00:35,53	01:29,93	03:30,40	00:45,61	01:40,00	00:45,60	01:52,16	00:46,69	00:29,01	01:04,04	02:24,26	00:38,45	01:20,72	03:02,41	00:39,80	01:26,93	00:32,42	01:11,64	02:51,08	01:15,86	02:49,57
1247	00:35,53	01:29,94	03:30,42	00:45,62	01:40,01	00:45,61	01:52,17	00:46,69	00:29,01	01:04,05	02:24,27	00:38,46	01:20,73	03:02,42	00:39,81	01:26,94	00:32,42	01:11,65	02:51,10	01:15,87	02:49,58
1246	00:35,54	01:29,95	03:30,43	00:45,63	01:40,02	00:45,62	01:52,18	00:46,70	00:29,02	01:04,05	02:24,28	00:38,46	01:20,74	03:02,44	00:39,81	01:26,95	00:32,43	01:11,66	02:51,11	01:15,87	02:49,60
1245	00:35,54	01:29,96	03:30,45	00:45,63	01:40,03	00:45,62	01:52,19	00:46,70	00:29,02	01:04,06	02:24,29	00:38,47	01:20,75	03:02,45	00:39,82	01:26,96	00:32,43	01:11,67	02:51,13	01:15,88	02:49,61
1244	00:35,54	01:29,97	03:30,47	00:45,64	01:40,04	00:45,63	01:52,20	00:46,71	00:29,02	01:04,07	02:24,30	00:38,47	01:20,76	03:02,47	00:39,82	01:26,96	00:32,43	01:11,67	02:51,14	01:15,89	02:49,62
1243	00:35,55	01:29,98	03:30,49	00:45,64	01:40,05	00:45,63	01:52,21	00:46,72	00:29,03	01:04,07	02:24,32	00:38,48	01:20,77	03:02,48	00:39,83	01:26,97	00:32,44	01:11,68	02:51,15	01:15,90	02:49,64
1242	00:35,55	01:29,99	03:30,50	00:45,65	01:40,06	00:45,64	01:52,23	00:46,72	00:29,03	01:04,08	02:24,33	00:38,48	01:20,77	03:02,50	00:39,83	01:26,98	00:32,44	01:11,69	02:51,17	01:15,91	02:49,65
1241	00:35,56	01:30,00	03:30,52	00:45,65	01:40,07	00:45,65	01:52,24	00:46,73	00:29,04	01:04,09	02:24,34	00:38,49	01:20,78	03:02,51	00:39,84	01:26,99	00:32,45	01:11,70	02:51,18	01:15,91	02:49,66
1240	00:35,56	01:30,00	03:30,54	00:45,66	01:40,08	00:45,65	01:52,25	00:46,73	00:29,04	01:04,09	02:24,35	00:38,49	01:20,79	03:02,53	00:39,84	01:27,00	00:32,45	01:11,70	02:51,19	01:15,92	02:49,68
1239	00:35,57	01:30,01	03:30,55	00:45,67	01:40,09	00:45,66	01:52,26	00:46,74	00:29,04	01:04,10	02:24,36	00:38,50	01:20,80	03:02,54	00:39,85	01:27,01	00:32,45	01:11,71	02:51,21	01:15,93	02:49,69
1238	00:35,57	01:30,02	03:30,57	00:45,67	01:40,10	00:45,66	01:52,27	00:46,75	00:29,05	01:04,11	02:24,37	00:38,50	01:20,81	03:02,56	00:39,85	01:27,02	00:32,46	01:11,72	02:51,22	01:15,94	02:49,71
1237	00:35,58	01:30,03	03:30,59	00:45,68	01:40,12	00:45,67	01:52,29	00:46,75	00:29,05	01:04,12	02:24,39	00:38,51	01:20,82	03:02,57	00:39,86	01:27,03	00:32,46	01:11,73	02:51,24	01:15,95	02:49,72

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1236	00:35,58	01:30,04	03:30,60	00:45,68	01:40,13	00:45,67	01:52,30	00:46,76	00:29,05	01:04,12	02:24,40	00:38,51	01:20,83	03:02,59	00:39,86	01:27,04	00:32,47	01:11,74	02:51,25	01:15,95	02:49,73
1235	00:35,59	01:30,05	03:30,62	00:45,69	01:40,14	00:45,68	01:52,31	00:46,76	00:29,06	01:04,13	02:24,41	00:38,52	01:20,83	03:02,60	00:39,87	01:27,05	00:32,47	01:11,74	02:51,26	01:15,96	02:49,75
1234	00:35,59	01:30,06	03:30,64	00:45,70	01:40,15	00:45,69	01:52,32	00:46,77	00:29,06	01:04,14	02:24,42	00:38,52	01:20,84	03:02,62	00:39,87	01:27,06	00:32,48	01:11,75	02:51,28	01:15,97	02:49,76
1233	00:35,59	01:30,07	03:30,66	00:45,70	01:40,16	00:45,69	01:52,34	00:46,78	00:29,07	01:04,14	02:24,43	00:38,53	01:20,85	03:02,63	00:39,88	01:27,07	00:32,48	01:11,76	02:51,29	01:15,98	02:49,77
1232	00:35,60	01:30,08	03:30,67	00:45,71	01:40,17	00:45,70	01:52,35	00:46,78	00:29,07	01:04,15	02:24,44	00:38,53	01:20,86	03:02,65	00:39,88	01:27,08	00:32,48	01:11,77	02:51,31	01:15,99	02:49,79
1231	00:35,60	01:30,09	03:30,69	00:45,71	01:40,18	00:45,70	01:52,36	00:46,79	00:29,07	01:04,16	02:24,46	00:38,54	01:20,87	03:02,66	00:39,89	01:27,09	00:32,49	01:11,77	02:51,32	01:16,00	02:49,80
1230	00:35,61	01:30,10	03:30,71	00:45,72	01:40,19	00:45,71	01:52,37	00:46,79	00:29,08	01:04,16	02:24,47	00:38,54	01:20,88	03:02,68	00:39,89	01:27,10	00:32,49	01:11,78	02:51,33	01:16,00	02:49,82
1229	00:35,61	01:30,11	03:30,72	00:45,73	01:40,20	00:45,72	01:52,38	00:46,80	00:29,08	01:04,17	02:24,48	00:38,54	01:20,89	03:02,69	00:39,90	01:27,10	00:32,50	01:11,79	02:51,35	01:16,01	02:49,83
1228	00:35,62	01:30,12	03:30,74	00:45,73	01:40,21	00:45,72	01:52,40	00:46,81	00:29,08	01:04,18	02:24,49	00:38,55	01:20,90	03:02,71	00:39,90	01:27,11	00:32,50	01:11,80	02:51,36	01:16,02	02:49,84
1227	00:35,62	01:30,13	03:30,76	00:45,74	01:40,22	00:45,73	01:52,41	00:46,81	00:29,09	01:04,18	02:24,50	00:38,55	01:20,90	03:02,72	00:39,91	01:27,12	00:32,51	01:11,80	02:51,38	01:16,03	02:49,86
1226	00:35,63	01:30,14	03:30,78	00:45,74	01:40,23	00:45,73	01:52,42	00:46,82	00:29,09	01:04,19	02:24,51	00:38,56	01:20,91	03:02,74	00:39,92	01:27,13	00:32,51	01:11,81	02:51,39	01:16,04	02:49,87
1225	00:35,63	01:30,15	03:30,79	00:45,75	01:40,24	00:45,74	01:52,43	00:46,82	00:29,10	01:04,20	02:24,53	00:38,56	01:20,92	03:02,75	00:39,92	01:27,14	00:32,51	01:11,82	02:51,40	01:16,05	02:49,89
1224	00:35,64	01:30,16	03:30,81	00:45,76	01:40,26	00:45,75	01:52,44	00:46,83	00:29,10	01:04,21	02:24,54	00:38,57	01:20,93	03:02,77	00:39,93	01:27,15	00:32,52	01:11,83	02:51,42	01:16,05	02:49,90
1223	00:35,64	01:30,17	03:30,83	00:45,76	01:40,27	00:45,75	01:52,46	00:46,84	00:29,10	01:04,21	02:24,55	00:38,58	01:20,94	03:02,78	00:39,93	01:27,16	00:32,52	01:11,84	02:51,43	01:16,06	02:49,91
1222	00:35,65	01:30,18	03:30,85	00:45,77	01:40,28	00:45,76	01:52,47	00:46,84	00:29,11	01:04,22	02:24,56	00:38,58	01:20,95	03:02,80	00:39,94	01:27,17	00:32,53	01:11,84	02:51,45	01:16,07	02:49,93
1221	00:35,65	01:30,19	03:30,86	00:45,77	01:40,29	00:45,76	01:52,48	00:46,85	00:29,11	01:04,23	02:24,57	00:38,59	01:20,96	03:02,81	00:39,94	01:27,18	00:32,53	01:11,85	02:51,46	01:16,08	02:49,94
1220	00:35,65	01:30,20	03:30,88	00:45,78	01:40,30	00:45,77	01:52,49	00:46,85	00:29,11	01:04,23	02:24,59	00:38,59	01:20,97	03:02,83	00:39,95	01:27,19	00:32,53	01:11,86	02:51,47	01:16,09	02:49,95
1219	00:35,66	01:30,21	03:30,90	00:45,79	01:40,31	00:45,78	01:52,51	00:46,86	00:29,12	01:04,24	02:24,60	00:38,60	01:20,97	03:02,84	00:39,95	01:27,20	00:32,54	01:11,87	02:51,49	01:16,09	02:49,97
1218	00:35,66	01:30,22	03:30,91	00:45,79	01:40,32	00:45,78	01:52,52	00:46,87	00:29,12	01:04,25	02:24,61	00:38,60	01:20,98	03:02,86	00:39,96	01:27,21	00:32,54	01:11,87	02:51,50	01:16,10	02:49,98
1217	00:35,67	01:30,23	03:30,93	00:45,80	01:40,33	00:45,79	01:52,53	00:46,87	00:29,13	01:04,25	02:24,62	00:38,61	01:20,99	03:02,87	00:39,96	01:27,22	00:32,55	01:11,88	02:51,52	01:16,11	02:50,00
1216	00:35,67	01:30,24	03:30,95	00:45,80	01:40,34	00:45,79	01:52,54	00:46,88	00:29,13	01:04,26	02:24,63	00:38,61	01:21,00	03:02,89	00:39,97	01:27,23	00:32,55	01:11,89	02:51,53	01:16,12	02:50,01
1215	00:35,68	01:30,25	03:30,97	00:45,81	01:40,35	00:45,80	01:52,55	00:46,89	00:29,13	01:04,27	02:24,65	00:38,62	01:21,01	03:02,90	00:39,97	01:27,24	00:32,56	01:11,90	02:51,54	01:16,13	02:50,02
1214	00:35,68	01:30,26	03:30,98	00:45,81	01:40,36	00:45,81	01:52,57	00:46,89	00:29,14	01:04,28	02:24,66	00:38,62	01:21,02	03:02,92	00:39,98	01:27,25	00:32,56	01:11,91	02:51,56	01:16,14	02:50,04
1213	00:35,69	01:30,27	03:31,00	00:45,82	01:40,38	00:45,81	01:52,58	00:46,90	00:29,14	01:04,28	02:24,67	00:38,63	01:21,03	03:02,93	00:39,98	01:27,26	00:32,56	01:11,91	02:51,57	01:16,14	02:50,05
1212	00:35,69	01:30,28	03:31,02	00:45,83	01:40,39	00:45,82	01:52,59	00:46,90	00:29,15	01:04,29	02:24,68	00:38,63	01:21,04	03:02,95	00:39,99	01:27,27	00:32,57	01:11,92	02:51,59	01:16,15	02:50,07
1211	00:35,70	01:30,29	03:31,04	00:45,83	01:40,40	00:45,82	01:52,60	00:46,91	00:29,15	01:04,30	02:24,69	00:38,64	01:21,05	03:02,96	00:39,99	01:27,28	00:32,57	01:11,93	02:51,60	01:16,16	02:50,08
1210	00:35,70	01:30,30	03:31,05	00:45,84	01:40,41	00:45,83	01:52,62	00:46,92	00:29,15	01:04,30	02:24,71	00:38,64	01:21,05	03:02,98	00:40,00	01:27,28	00:32,58	01:11,94	02:51,62	01:16,17	02:50,10
1209	00:35,71	01:30,31	03:31,07	00:45,85	01:40,42	00:45,84	01:52,63	00:46,92	00:29,16	01:04,31	02:24,72	00:38,65	01:21,06	03:02,99	00:40,00	01:27,29	00:32,58	01:11,95	02:51,63	01:16,18	02:50,11
1208	00:35,71	01:30,32	03:31,09	00:45,85	01:40,43	00:45,84	01:52,64	00:46,93	00:29,16	01:04,32	02:24,73	00:38,65	01:21,07	03:03,01	00:40,01	01:27,30	00:32,59	01:11,95	02:51,64	01:16,19	02:50,12
1207	00:35,72	01:30,33	03:31,11	00:45,86	01:40,44	00:45,85	01:52,65	00:46,93	00:29,16	01:04,32	02:24,74	00:38,66	01:21,08	03:03,02	00:40,01	01:27,31	00:32,59	01:11,96	02:51,66	01:16,19	02:50,14
1206	00:35,72	01:30,34	03:31,12	00:45,86	01:40,45	00:45,85	01:52,67	00:46,94	00:29,17	01:04,33	02:24,75	00:38,66	01:21,09	03:03,04	00:40,02	01:27,32	00:32,59	01:11,97	02:51,67	01:16,20	02:50,15
1205	00:35,72	01:30,35	03:31,14	00:45,87	01:40,46	00:45,86	01:52,68	00:46,95	00:29,17	01:04,34	02:24,77	00:38,67	01:21,10	03:03,05	00:40,03	01:27,33	00:32,60	01:11,98	02:51,69	01:16,21	02:50,17
1204	00:35,73	01:30,36	03:31,16	00:45,88	01:40,48	00:45,87	01:52,69	00:46,95	00:29,18	01:04,35	02:24,78	00:38,67	01:21,11	03:03,07	00:40,03	01:27,34	00:32,60	01:11,99	02:51,70	01:16,22	02:50,18
1203	00:35,73	01:30,37	03:31,18	00:45,88	01:40,49	00:45,87	01:52,70	00:46,96	00:29,18	01:04,35	02:24,79	00:38,68	01:21,12	03:03,08	00:40,04	01:27,35	00:32,61	01:11,99	02:51,72	01:16,23	02:50,19
1202	00:35,74	01:30,38	03:31,19	00:45,89	01:40,50	00:45,88	01:52,72	00:46,97	00:29,18	01:04,36	02:24,80	00:38,68	01:21,13	03:03,10	00:40,04	01:27,36	00:32,61	01:12,00	02:51,73	01:16,24	02:50,21
1201	00:35,74	01:30,39	03:31,21	00:45,89	01:40,51	00:45,88	01:52,73	00:46,97	00:29,19	01:04,37	02:24,81	00:38,69	01:21,13	03:03,11	00:40,05	01:27,37	00:32,62	01:12,01	02:51,74	01:16,24	02:50,22
1200	00:35,75	01:30,40	03:31,23	00:45,90	01:40,52	00:45,89	01:52,74	00:46,98	00:29,19	01:04,37	02:24,83	00:38,69	01:21,14	03:03,13	00:40,05	01:27,38	00:32,62	01:12,02	02:51,76	01:16,25	02:50,24
1199	00:35,75	01:30,41	03:31,25	00:45,91	01:40,53	00:45,90	01:52,75	00:46,98	00:29,20	01:04,38	02:24,84	00:38,70	01:21,15	03:03,14	00:40,06	01:27,39	00:32,62	01:12,03	02:51,77	01:16,26	02:50,25
1198	00:35,76	01:30,42	03:31,27	00:45,91	01:40,54	00:45,90	01:52,77	00:46,99	00:29,20	01:04,39	02:24,85	00:38,70	01:21,16	03:03,16	00:40,06	01:27,40	00:32,63	01:12,03	02:51,79	01:16,27	02:50,27
1197	00:35,76	01:30,43	03:31,28	00:45,92	01:40,55	00:45,91	01:52,78	00:47,00	00:29,20	01:04,40	02:24,86	00:38,71	01:21,17	03:03,17	00:40,07	01:27,41	00:32,63	01:12,04	02:51,80	01:16,28	02:50,28
1196	00:35,77	01:30,44	03:31,30	00:45,92	01:40,56	00:45,91	01:52,79	00:47,00	00:29,21	01:04,40	02:24,87	00:38,71	01:21,18	03:03,19	00:40,07	01:27,42	00:32,64	01:12,05	02:51,82	01:16,29	02:50,29
1195	00:35,77	01:30,45	03:31,32	00:45,93	01:40,58	00:45,92	01:52,80	00:47,01	00:29,21	01:04,41	02:24,89	00:38,72	01:21,19	03:03,21	00:40,08	01:27,43	00:32,64	01:12,06	02:51,83	01:16,30	02:50,31
1194	00:35,78	01:30,46	03:31,34	00:45,94	01:40,59	00:45,93	01:52,82	00:47,02	00:29,21	01:04,42	02:24,90	00:38,72	01:21,20	03:03,22	00:40,08	01:27,44	00:32,65	01:12,06	02:51,85	01:16,30	02:50,32
1193	00:35,78	01:30,47	03:31,35	00:45,94	01:40,60	00:45,93	01:52,83	00:47,02	00:29,22	01:04,42	02:24,91	00:38,73	01:21,21	03:03,24	00:40,09	01:27,45	00:32,65	01:12,07	02:51,86	01:16,31	02:50,34
1192	00:35,79	01:30,48	03:31,37	00:45,95	01:40,61	00:45,94	01:52,84	00:47,03	00:29,22	01:04,43	02:24,92	00:38,73	01:21,22	03:03,25	00:40,09	01:27,46	00:32,65	01:12,08	02:51,87	01:16,32	02:50,35
1191	00:35,79	01:30,49	03:31,39	00:45,95	01:40,62	00:45,94	01:52,85	00:47,03	00:29,23	01:04,44	02:24,94	00:38,74	01:21,22	03:03,27	00:40,10	01:27,47	00:32,66	01:12,09	02:51,89	01:16,33	02:50,37
1190	00:35,80	01:30,50	03:31,41	00:45,96	01:40,63	00:45,95	01:52,87	00:47,04	00:29,23	01:04,45	02:24,95	00:38,74	01:21,23	03:03,28	00:40,10	01:27,48	00:32,66	01:12,10	02:51,90	01:16,34	02:50,38
1189	00:35,80	01:30,51	03:31,43	00:45,97	01:40,64	00:45,96	01:52,88	00:47,05	00:29,23	01:04,45	02:24,96	00:38,75	01:21,24	03:03,30	00:40,11	01:27,49	00:32,67	01:12,11	02:51,92	01:16,35	02:50,39
1188	00:35,81	01:30,52	03:31,44	00:45,97	01:40,65	00:45,96	01:52,89	00:47,05	00:29,24	01:04,46	02:24,97	00:38,75	01:21,25	03:03,31	00:40,12	01:27,50	00:32,67	01:12,11	02:51,93	01:16,36	02:50,41
1187	00:35,81	01:30,53	03:31,46	00:45,98	01:40,66	00:45,97	01:52,90	00:47,06	00:29,24	01:04,47	02:24,98	00:38,76	01:21,26	03:03,33	00:40,12	01:27,51	00:32,68	01:12,12	02:51,95	01:16,36	02:50,42
1186	00:35,82	01:30,54	03:31,48	00:45,99	01:40,68	00:45,98	01:52,92	00:47,07	00:29,25	01:04,47	02:25,00	00:38,76	01:21,27	03:03,34	00:40,13	01:27,52	00:32,68	01:12,13	02:51,96	01:16,37	02:50,44
1185	00:35,82	01:30,55	03:31,50	00:45,99	01:40,69	00:45,98	01:52,93	00:47,07	00:29,25	01:04,48	02:25,01	00:38,77	01:21,28	03:03,36	00:40,13	01:27,53	00:32,69	01:12,14	02:51,98	01:16,38	02:50,45
1184	00:35,82	01:30,56	03:31,51	00:46,00	01:40,70	00:45,99	01:52,94	00:47,08	00:29,25	01:04,49	02:25,02	00:38,77	01:21,29	03:03,38	00:40,14	01:27,54	00:32,69	01:12,15	02:51,99	01:16,39	02:50,47
1183	00:35,83	01:30,57	03:31,53	00:46,00	01:40,71	00:45,99	01:52,95	00:47,08	00:29,26	01:04,50	02:25,03	00:38,78	01:21,30	03:03,39	00:40,14	01:27,55	00:32,69	01:12,15	02:52,00	01:16,40	02:50,48
1182	00:35,83	01:30,58	03:31,55	00:46,01	01:40,72	00:46,00	01:52,97	00:47,09	00:29,26	01:04,50	02:25,05	00:38,78	01:21,31	03:03,41	00:40,15	01:27,56	00:32,70	01:12,16	02:52,02	01:16,41	02:50,50
1181	00:35,84	01:30,59	03:31,57	00:46,02	01:40,73	00:46,01	01:52,98	00:47,10	00:29,27	01:04,51	02:25,06	00:38,79	01:21,32	03:03,42	00:40,15	01:27,57	00:32,70	01:12,17	02:52,03	01:16,41	02:50,51
1180	00:35,84	01:30,60	03:31,59	00:46,02	01:40,74	00:46,01	01:52,99	00:47,10	00:29,27	01:04,52	02:25,07	00:38,80	01:21,32	03:03,44	00:40,16	01:27,58	00:32,71	01:12,18	02:52,05	01:16,42	02:50,52
1179	00:35,85	01:30,61	03:31,60	00:46,03	01:40,76	00:46,02	01:53,00	00:47,11	00:29,27	01:04,53	02:25,08	00:38,80	01:21,33	03:03,45	00:40,16	01:27,59	00:32,71	01:12,19	02:52,06	01:16,43	02:50,54
1178	00:35,85	01:30,62	03:31,62	00:46,03	01:40,77	00:46,03	01:53,02	00:47,12	00:29,28	01:04,53	02:25,10	00:38,81	01:21,34	03:03,47	00:40,17	01:27,60	00:32,72	01:12,19	02:52,08	01:16,44	02:50,55
1177	00:35,86	01:30,63	03:31,64	00:46,04	01:40,78	00:46,03	01:53,03	00:47,12	00:29,28	01:04,54	02:25,11	00:38,81	01:21,35	03:03,48	00:40,18	01:27,61	00:32,72	01:12,20	02:52,09	01:16,45	02:50,57
1176	00:35,86	01:30,64	03:31,66	00:46,05	01:40,79	00:46,04	01:53,04	00:47,13	00:29,29	01:04,55	02:25,12	00:38,82	01:21,36	03:03,50	00:40,18	01:27,62	00:32,73	01:12,21	02:52,11	01:16,46	02:50,58
1175	00:35,87	01:30,65	03:31,68	00:46,05	01:40,80	00:46,04	01:53,06	00:47,14	00:29,29	01:04,55	02:25,13	00:38,82	01:21,37	03:03,52	00:40,19	01:27,63	00:32,73	01:12,22	02:52,12	01:16,47	02:50,60
1174	00:35,87	01:30,66	03:31,69	00:46,06	01:40,81	00:46,05	01:53,07	00:47,14	00:29,29	01:04,56	02:25,14	00:38,83	01:21,38	03:03,53	00:40,19	01:27,64	00:32,73	01:12,23	02:52,14	01:16,48	02:50,61
1173	00:35,88	01:30,67	03:31,71	00:46,07	01:40,82	00:46,06	01:53,08	00:47,15	00:29,30	01:04,57	02:25,16	00:38,83	01:21,39	03:03,55	00:40,20	01:27,65	00:32,74	01:12,23	02:52,15	01:16,48	02:50,63
1172	00:35,88	01:30,68	03:31,73	00:46,07	01:40,83	00:46,06	01:53,09	00:47,15	00:29,30	01:04,58	02:25,17	00:38,84	01:21,40	03:03,56	00:40,20	01:27,66	00:32,74	01:12,24	02:52,17	01:16,49	02:50,64
1171	00:35,89	01:30,69	03:31,75	00:46,08	01:40,85	00:46,07	01:53,11	00:47,16	00:29,30	01:04,58	02:25,18	00:38,84	01:21,41	03:03,58	00:40,21	01:27,66	00:32,75	01:12,25	02:52,18	01:16,50	02:50,66

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1170	00:35,89	01:30,70	03:31,77	00:46,08	01:40,86	00:46,08	01:53,12	00:47,17	00:29,31	01:04,59	02:25,19	00:38,85	01:21,42	03:03,59	00:40,21	01:27,67	00:32,75	01:12,26	02:52,20	01:16,51	02:50,67
1169	00:35,90	01:30,71	03:31,79	00:46,09	01:40,87	00:46,08	01:53,13	00:47,17	00:29,31	01:04,60	02:25,21	00:38,85	01:21,43	03:03,61	00:40,22	01:27,68	00:32,76	01:12,27	02:52,21	01:16,52	02:50,68
1168	00:35,90	01:30,72	03:31,80	00:46,10	01:40,88	00:46,09	01:53,15	00:47,18	00:29,32	01:04,61	02:25,22	00:38,86	01:21,44	03:03,63	00:40,22	01:27,69	00:32,76	01:12,28	02:52,23	01:16,53	02:50,70
1167	00:35,91	01:30,73	03:31,82	00:46,10	01:40,89	00:46,09	01:53,16	00:47,19	00:29,32	01:04,61	02:25,23	00:38,86	01:21,44	03:03,64	00:40,23	01:27,70	00:32,77	01:12,28	02:52,24	01:16,54	02:50,71
1166	00:35,91	01:30,74	03:31,84	00:46,11	01:40,90	00:46,10	01:53,17	00:47,19	00:29,32	01:04,62	02:25,24	00:38,87	01:21,45	03:03,66	00:40,24	01:27,71	00:32,77	01:12,29	02:52,25	01:16,54	02:50,73
1165	00:35,92	01:30,75	03:31,86	00:46,12	01:40,91	00:46,11	01:53,18	00:47,20	00:29,33	01:04,63	02:25,26	00:38,87	01:21,46	03:03,67	00:40,24	01:27,72	00:32,77	01:12,30	02:52,27	01:16,55	02:50,74
1164	00:35,92	01:30,76	03:31,88	00:46,12	01:40,93	00:46,11	01:53,20	00:47,21	00:29,33	01:04,63	02:25,27	00:38,88	01:21,47	03:03,69	00:40,25	01:27,73	00:32,78	01:12,31	02:52,28	01:16,56	02:50,76
1163	00:35,93	01:30,77	03:31,89	00:46,13	01:40,94	00:46,12	01:53,21	00:47,21	00:29,34	01:04,64	02:25,28	00:38,88	01:21,48	03:03,71	00:40,25	01:27,74	00:32,78	01:12,32	02:52,30	01:16,57	02:50,77
1162	00:35,93	01:30,78	03:31,91	00:46,14	01:40,95	00:46,13	01:53,22	00:47,22	00:29,34	01:04,65	02:25,29	00:38,89	01:21,49	03:03,72	00:40,26	01:27,75	00:32,79	01:12,33	02:52,31	01:16,58	02:50,79
1161	00:35,94	01:30,79	03:31,93	00:46,14	01:40,96	00:46,13	01:53,24	00:47,23	00:29,34	01:04,66	02:25,31	00:38,90	01:21,50	03:03,74	00:40,26	01:27,76	00:32,79	01:12,33	02:52,33	01:16,59	02:50,80
1160	00:35,94	01:30,80	03:31,95	00:46,15	01:40,97	00:46,14	01:53,25	00:47,23	00:29,35	01:04,66	02:25,32	00:38,90	01:21,51	03:03,75	00:40,27	01:27,77	00:32,80	01:12,34	02:52,34	01:16,60	02:50,82
1159	00:35,95	01:30,81	03:31,97	00:46,15	01:40,98	00:46,14	01:53,26	00:47,24	00:29,35	01:04,67	02:25,33	00:38,91	01:21,52	03:03,77	00:40,27	01:27,78	00:32,80	01:12,35	02:52,36	01:16,61	02:50,83
1158	00:35,95	01:30,83	03:31,99	00:46,16	01:41,00	00:46,15	01:53,27	00:47,24	00:29,36	01:04,68	02:25,34	00:38,91	01:21,53	03:03,78	00:40,28	01:27,79	00:32,81	01:12,36	02:52,37	01:16,61	02:50,85
1157	00:35,96	01:30,84	03:32,00	00:46,17	01:41,01	00:46,16	01:53,29	00:47,25	00:29,36	01:04,69	02:25,36	00:38,92	01:21,54	03:03,80	00:40,28	01:27,80	00:32,81	01:12,37	02:52,39	01:16,62	02:50,86
1156	00:35,96	01:30,85	03:32,02	00:46,17	01:41,02	00:46,16	01:53,30	00:47,26	00:29,37	01:04,69	02:25,37	00:38,92	01:21,55	03:03,82	00:40,29	01:27,82	00:32,81	01:12,37	02:52,40	01:16,63	02:50,88
1155	00:35,97	01:30,86	03:32,04	00:46,18	01:41,03	00:46,17	01:53,31	00:47,26	00:29,37	01:04,70	02:25,38	00:38,93	01:21,56	03:03,83	00:40,30	01:27,83	00:32,82	01:12,38	02:52,42	01:16,64	02:50,89
1154	00:35,97	01:30,87	03:32,06	00:46,19	01:41,04	00:46,18	01:53,33	00:47,27	00:29,37	01:04,71	02:25,40	00:38,93	01:21,57	03:03,85	00:40,30	01:27,84	00:32,82	01:12,39	02:52,43	01:16,65	02:50,91
1153	00:35,98	01:30,88	03:32,08	00:46,19	01:41,05	00:46,18	01:53,34	00:47,28	00:29,38	01:04,72	02:25,41	00:38,94	01:21,57	03:03,86	00:40,31	01:27,85	00:32,83	01:12,40	02:52,45	01:16,66	02:50,92
1152	00:35,98	01:30,89	03:32,10	00:46,20	01:41,07	00:46,19	01:53,35	00:47,28	00:29,38	01:04,72	02:25,42	00:38,94	01:21,58	03:03,88	00:40,31	01:27,86	00:32,83	01:12,41	02:52,46	01:16,67	02:50,94
1151	00:35,99	01:30,90	03:32,12	00:46,20	01:41,08	00:46,20	01:53,37	00:47,29	00:29,39	01:04,73	02:25,43	00:38,95	01:21,59	03:03,90	00:40,32	01:27,87	00:32,84	01:12,42	02:52,48	01:16,68	02:50,95
1150	00:35,99	01:30,91	03:32,13	00:46,21	01:41,09	00:46,20	01:53,38	00:47,30	00:29,39	01:04,74	02:25,45	00:38,95	01:21,60	03:03,91	00:40,32	01:27,88	00:32,84	01:12,42	02:52,49	01:16,69	02:50,97
1149	00:36,00	01:30,92	03:32,15	00:46,22	01:41,10	00:46,21	01:53,39	00:47,30	00:29,39	01:04,75	02:25,46	00:38,96	01:21,61	03:03,93	00:40,33	01:27,89	00:32,85	01:12,43	02:52,51	01:16,69	02:50,98
1148	00:36,00	01:30,93	03:32,17	00:46,22	01:41,11	00:46,21	01:53,40	00:47,31	00:29,40	01:04,75	02:25,47	00:38,97	01:21,62	03:03,94	00:40,33	01:27,90	00:32,85	01:12,44	02:52,52	01:16,70	02:51,00
1147	00:36,01	01:30,94	03:32,19	00:46,23	01:41,12	00:46,22	01:53,42	00:47,32	00:29,40	01:04,76	02:25,48	00:38,97	01:21,63	03:03,96	00:40,34	01:27,91	00:32,86	01:12,45	02:52,54	01:16,71	02:51,01
1146	00:36,01	01:30,95	03:32,21	00:46,24	01:41,14	00:46,23	01:53,43	00:47,32	00:29,41	01:04,77	02:25,50	00:38,98	01:21,64	03:03,98	00:40,35	01:27,92	00:32,86	01:12,46	02:52,55	01:16,72	02:51,03
1145	00:36,02	01:30,96	03:32,23	00:46,24	01:41,15	00:46,23	01:53,44	00:47,33	00:29,41	01:04,78	02:25,51	00:38,98	01:21,65	03:03,99	00:40,35	01:27,93	00:32,86	01:12,47	02:52,57	01:16,73	02:51,04
1144	00:36,02	01:30,97	03:32,25	00:46,25	01:41,16	00:46,24	01:53,46	00:47,34	00:29,41	01:04,78	02:25,52	00:38,99	01:21,66	03:04,01	00:40,36	01:27,94	00:32,87	01:12,48	02:52,58	01:16,74	02:51,06
1143	00:36,03	01:30,98	03:32,26	00:46,26	01:41,17	00:46,25	01:53,47	00:47,34	00:29,42	01:04,79	02:25,54	00:38,99	01:21,67	03:04,03	00:40,36	01:27,95	00:32,87	01:12,48	02:52,60	01:16,75	02:51,07
1142	00:36,03	01:30,99	03:32,28	00:46,26	01:41,18	00:46,25	01:53,48	00:47,35	00:29,42	01:04,80	02:25,55	00:39,00	01:21,68	03:04,04	00:40,37	01:27,96	00:32,88	01:12,49	02:52,61	01:16,76	02:51,09
1141	00:36,04	01:31,00	03:32,30	00:46,27	01:41,19	00:46,26	01:53,50	00:47,36	00:29,43	01:04,81	02:25,56	00:39,00	01:21,69	03:04,06	00:40,37	01:27,97	00:32,88	01:12,50	02:52,63	01:16,77	02:51,10
1140	00:36,04	01:31,01	03:32,32	00:46,28	01:41,21	00:46,27	01:53,51	00:47,36	00:29,43	01:04,81	02:25,57	00:39,01	01:21,70	03:04,07	00:40,38	01:27,98	00:32,89	01:12,51	02:52,65	01:16,77	02:51,12
1139	00:36,05	01:31,02	03:32,34	00:46,28	01:41,22	00:46,27	01:53,52	00:47,37	00:29,43	01:04,82	02:25,59	00:39,01	01:21,71	03:04,09	00:40,39	01:27,99	00:32,89	01:12,52	02:52,66	01:16,78	02:51,13
1138	00:36,05	01:31,04	03:32,36	00:46,29	01:41,23	00:46,28	01:53,54	00:47,38	00:29,44	01:04,83	02:25,60	00:39,02	01:21,72	03:04,11	00:40,39	01:28,00	00:32,90	01:12,53	02:52,68	01:16,79	02:51,15
1137	00:36,06	01:31,05	03:32,38	00:46,29	01:41,24	00:46,29	01:53,55	00:47,38	00:29,44	01:04,84	02:25,61	00:39,02	01:21,73	03:04,12	00:40,40	01:28,01	00:32,90	01:12,53	02:52,69	01:16,80	02:51,16
1136	00:36,06	01:31,06	03:32,39	00:46,30	01:41,25	00:46,29	01:53,56	00:47,39	00:29,45	01:04,84	02:25,62	00:39,03	01:21,74	03:04,14	00:40,40	01:28,02	00:32,91	01:12,54	02:52,71	01:16,81	02:51,18
1135	00:36,07	01:31,07	03:32,41	00:46,31	01:41,26	00:46,30	01:53,58	00:47,40	00:29,45	01:04,85	02:25,64	00:39,04	01:21,75	03:04,16	00:40,41	01:28,03	00:32,91	01:12,55	02:52,72	01:16,82	02:51,19
1134	00:36,07	01:31,08	03:32,43	00:46,31	01:41,28	00:46,30	01:53,59	00:47,40	00:29,45	01:04,86	02:25,65	00:39,04	01:21,75	03:04,17	00:40,41	01:28,04	00:32,92	01:12,56	02:52,74	01:16,83	02:51,21
1133	00:36,08	01:31,09	03:32,45	00:46,32	01:41,29	00:46,31	01:53,60	00:47,41	00:29,46	01:04,87	02:25,66	00:39,05	01:21,76	03:04,19	00:40,42	01:28,05	00:32,92	01:12,57	02:52,75	01:16,84	02:51,22
1132	00:36,08	01:31,10	03:32,47	00:46,33	01:41,30	00:46,32	01:53,62	00:47,42	00:29,46	01:04,87	02:25,68	00:39,05	01:21,77	03:04,20	00:40,42	01:28,06	00:32,92	01:12,58	02:52,77	01:16,85	02:51,24
1131	00:36,09	01:31,11	03:32,49	00:46,33	01:41,31	00:46,32	01:53,63	00:47,42	00:29,47	01:04,88	02:25,69	00:39,06	01:21,78	03:04,22	00:40,43	01:28,07	00:32,93	01:12,59	02:52,78	01:16,85	02:51,25
1130	00:36,09	01:31,12	03:32,51	00:46,34	01:41,32	00:46,33	01:53,64	00:47,43	00:29,47	01:04,89	02:25,70	00:39,06	01:21,79	03:04,24	00:40,44	01:28,08	00:32,93	01:12,59	02:52,80	01:16,86	02:51,27
1129	00:36,10	01:31,13	03:32,53	00:46,35	01:41,34	00:46,34	01:53,66	00:47,44	00:29,48	01:04,90	02:25,72	00:39,07	01:21,80	03:04,25	00:40,44	01:28,09	00:32,94	01:12,60	02:52,81	01:16,87	02:51,28
1128	00:36,10	01:31,14	03:32,55	00:46,35	01:41,35	00:46,34	01:53,67	00:47,44	00:29,48	01:04,90	02:25,73	00:39,07	01:21,81	03:04,27	00:40,45	01:28,10	00:32,94	01:12,61	02:52,83	01:16,88	02:51,30
1127	00:36,11	01:31,15	03:32,56	00:46,36	01:41,36	00:46,35	01:53,68	00:47,45	00:29,48	01:04,91	02:25,74	00:39,08	01:21,82	03:04,29	00:40,45	01:28,11	00:32,95	01:12,62	02:52,84	01:16,89	02:51,31
1126	00:36,11	01:31,16	03:32,58	00:46,37	01:41,37	00:46,36	01:53,70	00:47,46	00:29,49	01:04,92	02:25,75	00:39,09	01:21,83	03:04,30	00:40,46	01:28,12	00:32,95	01:12,63	02:52,86	01:16,90	02:51,33
1125	00:36,12	01:31,17	03:32,60	00:46,37	01:41,38	00:46,36	01:53,71	00:47,46	00:29,49	01:04,93	02:25,77	00:39,09	01:21,84	03:04,32	00:40,46	01:28,13	00:32,96	01:12,64	02:52,87	01:16,91	02:51,34
1124	00:36,12	01:31,19	03:32,62	00:46,38	01:41,40	00:46,37	01:53,72	00:47,47	00:29,50	01:04,94	02:25,78	00:39,10	01:21,85	03:04,34	00:40,47	01:28,14	00:32,96	01:12,64	02:52,89	01:16,92	02:51,36
1123	00:36,13	01:31,20	03:32,64	00:46,39	01:41,41	00:46,38	01:53,74	00:47,48	00:29,50	01:04,94	02:25,79	00:39,10	01:21,86	03:04,35	00:40,48	01:28,15	00:32,97	01:12,65	02:52,91	01:16,93	02:51,37
1122	00:36,13	01:31,21	03:32,66	00:46,39	01:41,42	00:46,38	01:53,75	00:47,48	00:29,50	01:04,95	02:25,81	00:39,11	01:21,87	03:04,37	00:40,48	01:28,16	00:32,97	01:12,66	02:52,92	01:16,94	02:51,39
1121	00:36,14	01:31,22	03:32,68	00:46,40	01:41,43	00:46,39	01:53,76	00:47,49	00:29,51	01:04,96	02:25,82	00:39,11	01:21,88	03:04,38	00:40,49	01:28,17	00:32,98	01:12,67	02:52,94	01:16,95	02:51,40
1120	00:36,14	01:31,23	03:32,70	00:46,41	01:41,44	00:46,40	01:53,78	00:47,50	00:29,51	01:04,97	02:25,83	00:39,12	01:21,89	03:04,40	00:40,49	01:28,18	00:32,98	01:12,68	02:52,95	01:16,95	02:51,42
1119	00:36,15	01:31,24	03:32,72	00:46,41	01:41,46	00:46,40	01:53,79	00:47,50	00:29,52	01:04,97	02:25,85	00:39,12	01:21,90	03:04,42	00:40,50	01:28,19	00:32,98	01:12,69	02:52,97	01:16,96	02:51,43
1118	00:36,15	01:31,25	03:32,74	00:46,42	01:41,47	00:46,41	01:53,80	00:47,51	00:29,52	01:04,98	02:25,86	00:39,13	01:21,91	03:04,43	00:40,51	01:28,21	00:32,99	01:12,70	02:52,98	01:16,97	02:51,45
1117	00:36,16	01:31,26	03:32,75	00:46,43	01:41,48	00:46,42	01:53,82	00:47,52	00:29,53	01:04,99	02:25,87	00:39,14	01:21,92	03:04,45	00:40,51	01:28,22	00:32,99	01:12,71	02:53,00	01:16,98	02:51,47
1116	00:36,16	01:31,27	03:32,77	00:46,43	01:41,49	00:46,42	01:53,83	00:47,52	00:29,53	01:05,00	02:25,88	00:39,14	01:21,93	03:04,47	00:40,52	01:28,23	00:33,00	01:12,71	02:53,01	01:16,99	02:51,48
1115	00:36,17	01:31,28	03:32,79	00:46,44	01:41,50	00:46,43	01:53,84	00:47,53	00:29,53	01:05,00	02:25,90	00:39,15	01:21,94	03:04,48	00:40,52	01:28,24	00:33,00	01:12,72	02:53,03	01:17,00	02:51,50
1114	00:36,17	01:31,29	03:32,81	00:46,45	01:41,52	00:46,44	01:53,86	00:47,54	00:29,54	01:05,01	02:25,91	00:39,15	01:21,95	03:04,50	00:40,53	01:28,25	00:33,01	01:12,73	02:53,05	01:17,01	02:51,51
1113	00:36,18	01:31,30	03:32,83	00:46,45	01:41,53	00:46,44	01:53,87	00:47,54	00:29,54	01:05,02	02:25,92	00:39,16	01:21,96	03:04,52	00:40,53	01:28,26	00:33,01	01:12,74	02:53,06	01:17,02	02:51,53
1112	00:36,18	01:31,32	03:32,85	00:46,46	01:41,54	00:46,45	01:53,88	00:47,55	00:29,55	01:05,03	02:25,94	00:39,16	01:21,97	03:04,53	00:40,54	01:28,27	00:33,02	01:12,75	02:53,08	01:17,03	02:51,54
1111	00:36,19	01:31,33	03:32,87	00:46,47	01:41,55	00:46,46	01:53,90	00:47,56	00:29,55	01:05,04	02:25,95	00:39,17	01:21,98	03:04,55	00:40,55	01:28,28	00:33,02	01:12,76	02:53,09	01:17,04	02:51,56
1110	00:36,19	01:31,34	03:32,89	00:46,47	01:41,56	00:46,46	01:53,91	00:47,56	00:29,56	01:05,04	02:25,96	00:39,17	01:21,99	03:04,57	00:40,55	01:28,29	00:33,03	01:12,77	02:53,11	01:17,05	02:51,57
1109	00:36,20	01:31,35	03:32,91	00:46,48	01:41,58	00:46,47	01:53,93	00:47,57	00:29,56	01:05,05	02:25,98	00:39,18	01:22,00	03:04,58	00:40,56	01:28,30	00:33,03	01:12,77	02:53,12	01:17,06	02:51,59
1108	00:36,20	01:31,36	03:32,93	00:46,49	01:41,59	00:46,48	01:53,94	00:47,58	00:29,56	01:05,06	02:25,99	00:39,19	01:22,01	03:04,60	00:40,56	01:28,31	00:33,04	01:12,78	02:53,14	01:17,06	02:51,60
1107	00:36,21	01:31,37	03:32,95	00:46,49	01:41,60	00:46,48	01:53,95	00:47,58	00:29,57	01:05,07	02:26,00	00:39,19	01:22,02	03:04,62	00:40,57	01:28,32	00:33,04	01:12,79	02:53,15	01:17,07	02:51,62
1106	00:36,22	01:31,38	03:32,97	00:46,50	01:41,61	00:46,49	01:53,97	00:47,59	00:29,57	01:05,07	02:26,02	00:39,20	01:22,03	03:04,63	00:40,57	01:28,33	00:33,05	01:12,80	02:53,17	01:17,08	02:51,64
1105	00:36,22	01:31,39	03:32,99	00:46,51	01:41,63	00:46,50	01:53,98	00:47,60	00:29,58	01:05,08	02:26,03	00:39,20	01:22,04	03:04,65	00:40,58	01:28,34	00:33,05	01:12,81	02:53,19	01:17,09	02:51,65

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1104	00:36,23	01:31,40	03:33,00	00:46,51	01:41,64	00:46,50	01:53,99	00:47,60	00:29,58	01:05,09	02:26,04	00:39,21	01:22,05	03:04,67	00:40,59	01:28,35	00:33,06	01:12,82	02:53,20	01:17,10	02:51,67
1103	00:36,23	01:31,41	03:33,02	00:46,52	01:41,65	00:46,51	01:54,01	00:47,61	00:29,59	01:05,10	02:26,06	00:39,21	01:22,06	03:04,68	00:40,59	01:28,36	00:33,06	01:12,83	02:53,22	01:17,11	02:51,68
1102	00:36,24	01:31,42	03:33,04	00:46,53	01:41,66	00:46,52	01:54,02	00:47,62	00:29,59	01:05,11	02:26,07	00:39,22	01:22,07	03:04,70	00:40,60	01:28,37	00:33,07	01:12,84	02:53,23	01:17,12	02:51,70
1101	00:36,24	01:31,44	03:33,06	00:46,53	01:41,67	00:46,52	01:54,04	00:47,63	00:29,59	01:05,11	02:26,08	00:39,23	01:22,08	03:04,72	00:40,60	01:28,38	00:33,07	01:12,84	02:53,25	01:17,13	02:51,71
1100	00:36,25	01:31,45	03:33,08	00:46,54	01:41,69	00:46,53	01:54,05	00:47,63	00:29,60	01:05,12	02:26,10	00:39,23	01:22,09	03:04,73	00:40,61	01:28,40	00:33,07	01:12,85	02:53,26	01:17,14	02:51,73
1099	00:36,25	01:31,46	03:33,10	00:46,55	01:41,70	00:46,54	01:54,06	00:47,64	00:29,60	01:05,13	02:26,11	00:39,24	01:22,10	03:04,75	00:40,62	01:28,41	00:33,08	01:12,86	02:53,28	01:17,15	02:51,75
1098	00:36,26	01:31,47	03:33,12	00:46,55	01:41,71	00:46,54	01:54,08	00:47,65	00:29,61	01:05,14	02:26,12	00:39,24	01:22,11	03:04,77	00:40,62	01:28,42	00:33,08	01:12,87	02:53,30	01:17,16	02:51,76
1097	00:36,26	01:31,48	03:33,14	00:46,56	01:41,72	00:46,55	01:54,09	00:47,65	00:29,61	01:05,15	02:26,14	00:39,25	01:22,12	03:04,79	00:40,63	01:28,43	00:33,09	01:12,88	02:53,31	01:17,17	02:51,78
1096	00:36,27	01:31,49	03:33,16	00:46,57	01:41,74	00:46,56	01:54,10	00:47,66	00:29,62	01:05,15	02:26,15	00:39,25	01:22,13	03:04,80	00:40,63	01:28,44	00:33,09	01:12,89	02:53,33	01:17,18	02:51,79
1095	00:36,27	01:31,50	03:33,18	00:46,57	01:41,75	00:46,56	01:54,12	00:47,67	00:29,62	01:05,16	02:26,16	00:39,26	01:22,14	03:04,82	00:40,64	01:28,45	00:33,10	01:12,90	02:53,34	01:17,19	02:51,81
1094	00:36,28	01:31,51	03:33,20	00:46,58	01:41,76	00:46,57	01:54,13	00:47,67	00:29,62	01:05,17	02:26,18	00:39,26	01:22,15	03:04,84	00:40,65	01:28,46	00:33,10	01:12,91	02:53,36	01:17,19	02:51,82
1093	00:36,28	01:31,52	03:33,22	00:46,59	01:41,77	00:46,58	01:54,15	00:47,68	00:29,63	01:05,18	02:26,19	00:39,27	01:22,16	03:04,85	00:40,65	01:28,47	00:33,11	01:12,91	02:53,38	01:17,20	02:51,84
1092	00:36,29	01:31,54	03:33,24	00:46,59	01:41,78	00:46,58	01:54,16	00:47,69	00:29,63	01:05,18	02:26,20	00:39,28	01:22,17	03:04,87	00:40,66	01:28,48	00:33,11	01:12,92	02:53,39	01:17,21	02:51,86
1091	00:36,29	01:31,55	03:33,26	00:46,60	01:41,80	00:46,59	01:54,17	00:47,69	00:29,64	01:05,19	02:26,22	00:39,28	01:22,18	03:04,89	00:40,66	01:28,49	00:33,12	01:12,93	02:53,41	01:17,22	02:51,87
1090	00:36,30	01:31,56	03:33,28	00:46,61	01:41,81	00:46,60	01:54,19	00:47,70	00:29,64	01:05,20	02:26,23	00:39,29	01:22,19	03:04,90	00:40,67	01:28,50	00:33,12	01:12,94	02:53,42	01:17,23	02:51,89
1089	00:36,30	01:31,57	03:33,30	00:46,61	01:41,82	00:46,60	01:54,20	00:47,71	00:29,65	01:05,21	02:26,24	00:39,29	01:22,20	03:04,92	00:40,67	01:28,51	00:33,13	01:12,95	02:53,44	01:17,24	02:51,90
1088	00:36,31	01:31,58	03:33,32	00:46,62	01:41,83	00:46,61	01:54,22	00:47,72	00:29,65	01:05,22	02:26,26	00:39,30	01:22,21	03:04,94	00:40,68	01:28,52	00:33,13	01:12,96	02:53,46	01:17,25	02:51,92
1087	00:36,31	01:31,59	03:33,34	00:46,63	01:41,85	00:46,62	01:54,23	00:47,72	00:29,65	01:05,22	02:26,27	00:39,31	01:22,22	03:04,96	00:40,69	01:28,53	00:33,14	01:12,97	02:53,47	01:17,26	02:51,93
1086	00:36,32	01:31,60	03:33,36	00:46,63	01:41,86	00:46,62	01:54,24	00:47,73	00:29,66	01:05,23	02:26,28	00:39,31	01:22,23	03:04,97	00:40,69	01:28,55	00:33,14	01:12,98	02:53,49	01:17,27	02:51,95
1085	00:36,33	01:31,61	03:33,38	00:46,64	01:41,87	00:46,63	01:54,26	00:47,74	00:29,66	01:05,24	02:26,30	00:39,32	01:22,24	03:04,99	00:40,70	01:28,56	00:33,15	01:12,99	02:53,50	01:17,28	02:51,97
1084	00:36,33	01:31,62	03:33,40	00:46,65	01:41,88	00:46,64	01:54,27	00:47,74	00:29,67	01:05,25	02:26,31	00:39,32	01:22,25	03:05,01	00:40,70	01:28,57	00:33,15	01:12,99	02:53,52	01:17,29	02:51,98
1083	00:36,34	01:31,64	03:33,42	00:46,65	01:41,90	00:46,64	01:54,28	00:47,75	00:29,67	01:05,26	02:26,32	00:39,33	01:22,26	03:05,02	00:40,71	01:28,58	00:33,16	01:13,00	02:53,54	01:17,30	02:52,00
1082	00:36,34	01:31,65	03:33,44	00:46,66	01:41,91	00:46,65	01:54,30	00:47,76	00:29,68	01:05,26	02:26,34	00:39,33	01:22,27	03:05,04	00:40,72	01:28,59	00:33,16	01:13,01	02:53,55	01:17,31	02:52,01
1081	00:36,35	01:31,66	03:33,46	00:46,67	01:41,92	00:46,66	01:54,31	00:47,76	00:29,68	01:05,27	02:26,35	00:39,34	01:22,28	03:05,06	00:40,72	01:28,60	00:33,17	01:13,02	02:53,57	01:17,32	02:52,03
1080	00:36,35	01:31,67	03:33,48	00:46,68	01:41,93	00:46,67	01:54,33	00:47,77	00:29,68	01:05,28	02:26,37	00:39,35	01:22,29	03:05,08	00:40,73	01:28,61	00:33,17	01:13,03	02:53,58	01:17,33	02:52,05
1079	00:36,36	01:31,68	03:33,49	00:46,68	01:41,95	00:46,67	01:54,34	00:47,78	00:29,69	01:05,29	02:26,38	00:39,35	01:22,30	03:05,09	00:40,73	01:28,62	00:33,18	01:13,04	02:53,60	01:17,34	02:52,06
1078	00:36,36	01:31,69	03:33,51	00:46,69	01:41,96	00:46,68	01:54,36	00:47,79	00:29,69	01:05,30	02:26,39	00:39,36	01:22,31	03:05,11	00:40,74	01:28,63	00:33,18	01:13,05	02:53,62	01:17,35	02:52,08
1077	00:36,37	01:31,70	03:33,53	00:46,70	01:41,97	00:46,69	01:54,37	00:47,79	00:29,70	01:05,30	02:26,41	00:39,36	01:22,32	03:05,13	00:40,75	01:28,64	00:33,19	01:13,06	02:53,63	01:17,36	02:52,09
1076	00:36,37	01:31,71	03:33,55	00:46,70	01:41,98	00:46,69	01:54,38	00:47,80	00:29,70	01:05,31	02:26,42	00:39,37	01:22,33	03:05,14	00:40,75	01:28,65	00:33,19	01:13,07	02:53,65	01:17,36	02:52,11
1075	00:36,38	01:31,73	03:33,57	00:46,71	01:42,00	00:46,70	01:54,40	00:47,81	00:29,71	01:05,32	02:26,43	00:39,37	01:22,34	03:05,16	00:40,76	01:28,67	00:33,20	01:13,08	02:53,67	01:17,37	02:52,13
1074	00:36,38	01:31,74	03:33,59	00:46,72	01:42,01	00:46,71	01:54,41	00:47,81	00:29,71	01:05,33	02:26,45	00:39,38	01:22,35	03:05,18	00:40,76	01:28,68	00:33,20	01:13,08	02:53,68	01:17,38	02:52,14
1073	00:36,39	01:31,75	03:33,61	00:46,72	01:42,02	00:46,71	01:54,43	00:47,82	00:29,72	01:05,34	02:26,46	00:39,39	01:22,36	03:05,20	00:40,77	01:28,69	00:33,21	01:13,09	02:53,70	01:17,39	02:52,16
1072	00:36,40	01:31,76	03:33,63	00:46,73	01:42,03	00:46,72	01:54,44	00:47,83	00:29,72	01:05,34	02:26,47	00:39,39	01:22,37	03:05,21	00:40,78	01:28,70	00:33,21	01:13,10	02:53,71	01:17,40	02:52,17
1071	00:36,40	01:31,77	03:33,65	00:46,74	01:42,05	00:46,73	01:54,45	00:47,84	00:29,72	01:05,35	02:26,49	00:39,40	01:22,38	03:05,23	00:40,78	01:28,71	00:33,22	01:13,11	02:53,73	01:17,41	02:52,19
1070	00:36,41	01:31,78	03:33,67	00:46,74	01:42,06	00:46,73	01:54,47	00:47,84	00:29,73	01:05,36	02:26,50	00:39,40	01:22,39	03:05,25	00:40,79	01:28,72	00:33,22	01:13,12	02:53,75	01:17,42	02:52,21
1069	00:36,41	01:31,79	03:33,69	00:46,75	01:42,07	00:46,74	01:54,48	00:47,85	00:29,73	01:05,37	02:26,52	00:39,41	01:22,40	03:05,27	00:40,79	01:28,73	00:33,23	01:13,13	02:53,76	01:17,43	02:52,22
1068	00:36,42	01:31,81	03:33,71	00:46,76	01:42,09	00:46,75	01:54,50	00:47,86	00:29,74	01:05,38	02:26,53	00:39,42	01:22,41	03:05,28	00:40,80	01:28,74	00:33,23	01:13,14	02:53,78	01:17,44	02:52,24
1067	00:36,42	01:31,82	03:33,73	00:46,77	01:42,10	00:46,76	01:54,51	00:47,86	00:29,74	01:05,39	02:26,54	00:39,42	01:22,42	03:05,30	00:40,81	01:28,75	00:33,24	01:13,15	02:53,80	01:17,45	02:52,26
1066	00:36,43	01:31,83	03:33,75	00:46,77	01:42,11	00:46,76	01:54,52	00:47,87	00:29,75	01:05,39	02:26,56	00:39,43	01:22,43	03:05,32	00:40,81	01:28,76	00:33,24	01:13,16	02:53,81	01:17,46	02:52,27
1065	00:36,43	01:31,84	03:33,77	00:46,78	01:42,12	00:46,77	01:54,54	00:47,88	00:29,75	01:05,40	02:26,57	00:39,43	01:22,44	03:05,34	00:40,82	01:28,78	00:33,25	01:13,17	02:53,83	01:17,47	02:52,29
1064	00:36,44	01:31,85	03:33,80	00:46,79	01:42,14	00:46,78	01:54,55	00:47,89	00:29,75	01:05,41	02:26,58	00:39,44	01:22,45	03:05,35	00:40,83	01:28,79	00:33,25	01:13,18	02:53,84	01:17,48	02:52,30
1063	00:36,44	01:31,86	03:33,82	00:46,79	01:42,15	00:46,78	01:54,57	00:47,89	00:29,76	01:05,42	02:26,60	00:39,44	01:22,46	03:05,37	00:40,83	01:28,80	00:33,26	01:13,18	02:53,86	01:17,49	02:52,32
1062	00:36,45	01:31,87	03:33,84	00:46,80	01:42,16	00:46,79	01:54,58	00:47,90	00:29,76	01:05,43	02:26,61	00:39,45	01:22,47	03:05,39	00:40,84	01:28,81	00:33,26	01:13,19	02:53,88	01:17,50	02:52,34
1061	00:36,46	01:31,89	03:33,86	00:46,81	01:42,17	00:46,80	01:54,60	00:47,91	00:29,77	01:05,43	02:26,63	00:39,46	01:22,48	03:05,41	00:40,84	01:28,82	00:33,27	01:13,20	02:53,89	01:17,51	02:52,35
1060	00:36,46	01:31,90	03:33,88	00:46,81	01:42,19	00:46,80	01:54,61	00:47,91	00:29,77	01:05,44	02:26,64	00:39,46	01:22,49	03:05,42	00:40,85	01:28,83	00:33,27	01:13,21	02:53,91	01:17,52	02:52,37
1059	00:36,47	01:31,91	03:33,90	00:46,82	01:42,20	00:46,81	01:54,63	00:47,92	00:29,78	01:05,45	02:26,65	00:39,47	01:22,50	03:05,44	00:40,86	01:28,84	00:33,28	01:13,22	02:53,93	01:17,53	02:52,39
1058	00:36,47	01:31,92	03:33,92	00:46,83	01:42,21	00:46,82	01:54,64	00:47,93	00:29,78	01:05,46	02:26,67	00:39,47	01:22,51	03:05,46	00:40,86	01:28,85	00:33,28	01:13,23	02:53,94	01:17,54	02:52,40
1057	00:36,48	01:31,93	03:33,94	00:46,84	01:42,23	00:46,83	01:54,65	00:47,94	00:29,79	01:05,47	02:26,68	00:39,48	01:22,52	03:05,48	00:40,87	01:28,86	00:33,29	01:13,24	02:53,96	01:17,55	02:52,42
1056	00:36,48	01:31,94	03:33,96	00:46,84	01:42,24	00:46,83	01:54,67	00:47,94	00:29,79	01:05,48	02:26,70	00:39,49	01:22,53	03:05,49	00:40,87	01:28,88	00:33,29	01:13,25	02:53,98	01:17,56	02:52,43
1055	00:36,49	01:31,95	03:33,98	00:46,85	01:42,25	00:46,84	01:54,68	00:47,95	00:29,80	01:05,48	02:26,71	00:39,49	01:22,54	03:05,51	00:40,88	01:28,89	00:33,30	01:13,26	02:53,99	01:17,57	02:52,45
1054	00:36,49	01:31,97	03:34,00	00:46,86	01:42,26	00:46,85	01:54,70	00:47,96	00:29,80	01:05,49	02:26,72	00:39,50	01:22,55	03:05,53	00:40,89	01:28,90	00:33,30	01:13,27	02:54,01	01:17,58	02:52,47
1053	00:36,50	01:31,98	03:34,02	00:46,86	01:42,28	00:46,85	01:54,71	00:47,96	00:29,80	01:05,50	02:26,74	00:39,50	01:22,56	03:05,55	00:40,89	01:28,91	00:33,31	01:13,28	02:54,03	01:17,59	02:52,48
1052	00:36,50	01:31,99	03:34,04	00:46,87	01:42,29	00:46,86	01:54,73	00:47,97	00:29,81	01:05,51	02:26,75	00:39,51	01:22,57	03:05,56	00:40,90	01:28,92	00:33,31	01:13,29	02:54,04	01:17,60	02:52,50
1051	00:36,51	01:32,00	03:34,06	00:46,88	01:42,30	00:46,87	01:54,74	00:47,98	00:29,81	01:05,52	02:26,77	00:39,52	01:22,58	03:05,58	00:40,91	01:28,93	00:33,32	01:13,29	02:54,06	01:17,61	02:52,52
1050	00:36,52	01:32,01	03:34,08	00:46,88	01:42,32	00:46,87	01:54,75	00:47,99	00:29,82	01:05,52	02:26,78	00:39,52	01:22,59	03:05,60	00:40,91	01:28,94	00:33,32	01:13,30	02:54,08	01:17,62	02:52,53
1049	00:36,52	01:32,02	03:34,10	00:46,89	01:42,33	00:46,88	01:54,77	00:47,99	00:29,82	01:05,53	02:26,79	00:39,53	01:22,60	03:05,62	00:40,92	01:28,95	00:33,33	01:13,31	02:54,09	01:17,63	02:52,55
1048	00:36,53	01:32,04	03:34,12	00:46,90	01:42,34	00:46,89	01:54,78	00:48,00	00:29,83	01:05,54	02:26,81	00:39,53	01:22,61	03:05,63	00:40,92	01:28,97	00:33,33	01:13,32	02:54,11	01:17,64	02:52,57
1047	00:36,53	01:32,05	03:34,14	00:46,91	01:42,35	00:46,90	01:54,80	00:48,01	00:29,83	01:05,55	02:26,82	00:39,54	01:22,63	03:05,65	00:40,93	01:28,98	00:33,34	01:13,33	02:54,13	01:17,65	02:52,58
1046	00:36,54	01:32,06	03:34,16	00:46,91	01:42,37	00:46,90	01:54,81	00:48,02	00:29,84	01:05,56	02:26,84	00:39,55	01:22,64	03:05,67	00:40,94	01:28,99	00:33,34	01:13,34	02:54,14	01:17,66	02:52,60
1045	00:36,54	01:32,07	03:34,18	00:46,92	01:42,38	00:46,91	01:54,83	00:48,02	00:29,84	01:05,57	02:26,85	00:39,55	01:22,65	03:05,69	00:40,94	01:29,00	00:33,35	01:13,35	02:54,16	01:17,67	02:52,62
1044	00:36,55	01:32,08	03:34,20	00:46,93	01:42,39	00:46,92	01:54,84	00:48,03	00:29,84	01:05,57	02:26,86	00:39,56	01:22,66	03:05,71	00:40,95	01:29,01	00:33,35	01:13,36	02:54,18	01:17,68	02:52,63
1043	00:36,55	01:32,09	03:34,22	00:46,93	01:42,41	00:46,92	01:54,86	00:48,04	00:29,85	01:05,58	02:26,88	00:39,56	01:22,67	03:05,72	00:40,95	01:29,02	00:33,36	01:13,37	02:54,19	01:17,68	02:52,65
1042	00:36,56	01:32,11	03:34,24	00:46,94	01:42,42	00:46,93	01:54,87	00:48,04	00:29,85	01:05,59	02:26,89	00:39,57	01:22,68	03:05,74	00:40,96	01:29,03	00:33,36	01:13,38	02:54,21	01:17,69	02:52,67
1041	00:36,57	01:32,12	03:34,26	00:46,95	01:42,43	00:46,94	01:54,89	00:48,05	00:29,86	01:05,60	02:26,91	00:39,58	01:22,69	03:05,76	00:40,97	01:29,04	00:33,37	01:13,39	02:54,23	01:17,70	02:52,68
1040	00:36,57	01:32,13	03:34,29	00:46,96	01:42,45	00:46,95	01:54,90	00:48,06	00:29,86	01:05,61	02:26,92	00:39,58	01:22,70	03:05,78	00:40,97	01:29,06	00:33,37	01:13,40	02:54,24	01:17,71	02:52,70
1039	00:36,58	01:32,14	03:34,31	00:46,96	01:42,46	00:46,95	01:54,92	00:48,07	00:29,87	01:05,62	02:26,93	00:39,59	01:22,71	03:05,80	00:40,98	01:29,07	00:33,38	01:13,41	02:54,26	01:17,72	02:52,72

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
1038	00:36,58	01:32,15	03:34,33	00:46,97	01:42,47	00:46,96	01:54,93	00:48,07	00:29,87	01:05,62	02:26,95	00:39,59	01:22,72	03:05,81	00:40,99	01:29,08	00:33,38	01:13,42	02:54,28	01:17,73	02:52,73
1037	00:36,59	01:32,16	03:34,35	00:46,98	01:42,48	00:46,97	01:54,94	00:48,08	00:29,88	01:05,63	02:26,96	00:39,60	01:22,73	03:05,83	00:40,99	01:29,09	00:33,39	01:13,43	02:54,29	01:17,74	02:52,75
1036	00:36,59	01:32,18	03:34,37	00:46,98	01:42,50	00:46,98	01:54,96	00:48,09	00:29,88	01:05,64	02:26,98	00:39,61	01:22,74	03:05,85	00:41,00	01:29,10	00:33,39	01:13,43	02:54,31	01:17,75	02:52,77
1035	00:36,60	01:32,19	03:34,39	00:46,99	01:42,51	00:46,98	01:54,97	00:48,10	00:29,89	01:05,65	02:26,99	00:39,61	01:22,75	03:05,87	00:41,01	01:29,11	00:33,40	01:13,44	02:54,33	01:17,76	02:52,78
1034	00:36,60	01:32,20	03:34,41	00:47,00	01:42,52	00:46,99	01:54,99	00:48,10	00:29,89	01:05,66	02:27,01	00:39,62	01:22,76	03:05,89	00:41,01	01:29,12	00:33,40	01:13,45	02:54,34	01:17,77	02:52,80
1033	00:36,61	01:32,21	03:34,43	00:47,01	01:42,54	00:47,00	01:55,00	00:48,11	00:29,90	01:05,67	02:27,02	00:39,62	01:22,77	03:05,90	00:41,02	01:29,14	00:33,41	01:13,46	02:54,36	01:17,78	02:52,82
1032	00:36,62	01:32,22	03:34,45	00:47,01	01:42,55	00:47,00	01:55,02	00:48,12	00:29,90	01:05,68	02:27,03	00:39,63	01:22,78	03:05,92	00:41,02	01:29,15	00:33,41	01:13,47	02:54,38	01:17,79	02:52,83
1031	00:36,62	01:32,24	03:34,47	00:47,02	01:42,56	00:47,01	01:55,03	00:48,13	00:29,90	01:05,68	02:27,05	00:39,64	01:22,79	03:05,94	00:41,03	01:29,16	00:33,42	01:13,48	02:54,39	01:17,80	02:52,85
1030	00:36,63	01:32,25	03:34,49	00:47,03	01:42,58	00:47,02	01:55,05	00:48,13	00:29,91	01:05,69	02:27,06	00:39,64	01:22,80	03:05,96	00:41,04	01:29,17	00:33,42	01:13,49	02:54,41	01:17,81	02:52,87
1029	00:36,63	01:32,26	03:34,51	00:47,04	01:42,59	00:47,03	01:55,06	00:48,14	00:29,91	01:05,70	02:27,08	00:39,65	01:22,82	03:05,98	00:41,04	01:29,18	00:33,43	01:13,50	02:54,43	01:17,82	02:52,88
1028	00:36,64	01:32,27	03:34,53	00:47,04	01:42,60	00:47,03	01:55,08	00:48,15	00:29,92	01:05,71	02:27,09	00:39,66	01:22,83	03:05,99	00:41,05	01:29,19	00:33,43	01:13,51	02:54,45	01:17,83	02:52,90
1027	00:36,64	01:32,28	03:34,56	00:47,05	01:42,62	00:47,04	01:55,09	00:48,16	00:29,92	01:05,72	02:27,11	00:39,66	01:22,84	03:06,01	00:41,06	01:29,20	00:33,44	01:13,52	02:54,46	01:17,84	02:52,92
1026	00:36,65	01:32,30	03:34,58	00:47,06	01:42,63	00:47,05	01:55,11	00:48,16	00:29,93	01:05,73	02:27,12	00:39,67	01:22,85	03:06,03	00:41,06	01:29,22	00:33,44	01:13,53	02:54,48	01:17,85	02:52,93
1025	00:36,66	01:32,31	03:34,60	00:47,06	01:42,64	00:47,05	01:55,12	00:48,17	00:29,93	01:05,73	02:27,13	00:39,67	01:22,86	03:06,05	00:41,07	01:29,23	00:33,45	01:13,54	02:54,50	01:17,86	02:52,95
1024	00:36,66	01:32,32	03:34,62	00:47,07	01:42,66	00:47,06	01:55,14	00:48,18	00:29,94	01:05,74	02:27,15	00:39,68	01:22,87	03:06,07	00:41,07	01:29,24	00:33,45	01:13,55	02:54,51	01:17,87	02:52,97
1023	00:36,67	01:32,33	03:34,64	00:47,08	01:42,67	00:47,07	01:55,15	00:48,19	00:29,94	01:05,75	02:27,16	00:39,69	01:22,88	03:06,08	00:41,08	01:29,25	00:33,46	01:13,56	02:54,53	01:17,88	02:52,98
1022	00:36,67	01:32,34	03:34,66	00:47,09	01:42,68	00:47,08	01:55,17	00:48,19	00:29,95	01:05,76	02:27,18	00:39,69	01:22,89	03:06,10	00:41,09	01:29,26	00:33,46	01:13,57	02:54,55	01:17,89	02:53,00
1021	00:36,68	01:32,36	03:34,68	00:47,09	01:42,70	00:47,08	01:55,18	00:48,20	00:29,95	01:05,77	02:27,19	00:39,70	01:22,90	03:06,12	00:41,09	01:29,27	00:33,47	01:13,58	02:54,57	01:17,90	02:53,02
1020	00:36,68	01:32,37	03:34,70	00:47,10	01:42,71	00:47,09	01:55,20	00:48,21	00:29,96	01:05,78	02:27,21	00:39,70	01:22,91	03:06,14	00:41,10	01:29,29	00:33,47	01:13,59	02:54,58	01:17,92	02:53,04
1019	00:36,69	01:32,38	03:34,72	00:47,11	01:42,72	00:47,10	01:55,21	00:48,22	00:29,96	01:05,79	02:27,22	00:39,71	01:22,92	03:06,16	00:41,11	01:29,30	00:33,48	01:13,60	02:54,60	01:17,93	02:53,05
1018	00:36,70	01:32,39	03:34,75	00:47,12	01:42,74	00:47,11	01:55,23	00:48,22	00:29,96	01:05,79	02:27,24	00:39,72	01:22,93	03:06,18	00:41,11	01:29,31	00:33,48	01:13,61	02:54,62	01:17,94	02:53,07
1017	00:36,70	01:32,40	03:34,77	00:47,12	01:42,75	00:47,11	01:55,24	00:48,23	00:29,97	01:05,80	02:27,25	00:39,72	01:22,94	03:06,19	00:41,12	01:29,32	00:33,49	01:13,62	02:54,63	01:17,95	02:53,09
1016	00:36,71	01:32,42	03:34,79	00:47,13	01:42,76	00:47,12	01:55,26	00:48,24	00:29,97	01:05,81	02:27,27	00:39,73	01:22,96	03:06,21	00:41,13	01:29,33	00:33,50	01:13,62	02:54,65	01:17,96	02:53,10
1015	00:36,71	01:32,43	03:34,81	00:47,14	01:42,78	00:47,13	01:55,27	00:48,25	00:29,98	01:05,82	02:27,28	00:39,74	01:22,97	03:06,23	00:41,13	01:29,34	00:33,50	01:13,63	02:54,67	01:17,97	02:53,12
1014	00:36,72	01:32,44	03:34,83	00:47,15	01:42,79	00:47,14	01:55,29	00:48,25	00:29,98	01:05,83	02:27,29	00:39,74	01:22,98	03:06,25	00:41,14	01:29,36	00:33,51	01:13,64	02:54,69	01:17,98	02:53,14
1013	00:36,72	01:32,45	03:34,85	00:47,15	01:42,80	00:47,14	01:55,30	00:48,26	00:29,99	01:05,84	02:27,31	00:39,75	01:22,99	03:06,27	00:41,15	01:29,37	00:33,51	01:13,65	02:54,70	01:17,99	02:53,16
1012	00:36,73	01:32,46	03:34,87	00:47,16	01:42,82	00:47,15	01:55,32	00:48,27	00:29,99	01:05,85	02:27,32	00:39,75	01:23,00	03:06,29	00:41,15	01:29,38	00:33,52	01:13,66	02:54,72	01:18,00	02:53,17
1011	00:36,74	01:32,48	03:34,89	00:47,17	01:42,83	00:47,16	01:55,33	00:48,28	00:30,00	01:05,85	02:27,34	00:39,76	01:23,01	03:06,31	00:41,16	01:29,39	00:33,52	01:13,67	02:54,74	01:18,01	02:53,19
1010	00:36,74	01:32,49	03:34,92	00:47,18	01:42,84	00:47,17	01:55,35	00:48,28	00:30,00	01:05,86	02:27,35	00:39,77	01:23,02	03:06,32	00:41,16	01:29,40	00:33,53	01:13,68	02:54,76	01:18,02	02:53,21
1009	00:36,75	01:32,50	03:34,94	00:47,18	01:42,86	00:47,17	01:55,36	00:48,29	00:30,01	01:05,87	02:27,37	00:39,77	01:23,03	03:06,34	00:41,17	01:29,41	00:33,53	01:13,69	02:54,77	01:18,03	02:53,22
1008	00:36,75	01:32,51	03:34,96	00:47,19	01:42,87	00:47,18	01:55,38	00:48,30	00:30,01	01:05,88	02:27,38	00:39,78	01:23,04	03:06,36	00:41,18	01:29,43	00:33,54	01:13,70	02:54,79	01:18,04	02:53,24
1007	00:36,76	01:32,52	03:34,98	00:47,20	01:42,88	00:47,19	01:55,39	00:48,31	00:30,02	01:05,89	02:27,40	00:39,79	01:23,05	03:06,38	00:41,18	01:29,44	00:33,54	01:13,71	02:54,81	01:18,05	02:53,26
1006	00:36,77	01:32,54	03:35,00	00:47,21	01:42,90	00:47,20	01:55,41	00:48,31	00:30,02	01:05,90	02:27,41	00:39,79	01:23,06	03:06,40	00:41,19	01:29,45	00:33,55	01:13,72	02:54,83	01:18,06	02:53,28
1005	00:36,77	01:32,55	03:35,02	00:47,21	01:42,91	00:47,20	01:55,42	00:48,32	00:30,03	01:05,91	02:27,43	00:39,80	01:23,08	03:06,42	00:41,20	01:29,46	00:33,55	01:13,73	02:54,84	01:18,07	02:53,29
1004	00:36,78	01:32,56	03:35,04	00:47,22	01:42,93	00:47,21	01:55,44	00:48,33	00:30,03	01:05,92	02:27,44	00:39,80	01:23,09	03:06,44	00:41,20	01:29,47	00:33,56	01:13,74	02:54,86	01:18,08	02:53,31
1003	00:36,78	01:32,57	03:35,07	00:47,23	01:42,94	00:47,22	01:55,45	00:48,34	00:30,04	01:05,92	02:27,46	00:39,81	01:23,10	03:06,45	00:41,21	01:29,48	00:33,56	01:13,75	02:54,88	01:18,09	02:53,33
1002	00:36,79	01:32,59	03:35,09	00:47,23	01:42,95	00:47,22	01:55,47	00:48,34	00:30,04	01:05,93	02:27,47	00:39,82	01:23,11	03:06,47	00:41,22	01:29,50	00:33,57	01:13,76	02:54,89	01:18,10	02:53,35
1001	00:36,79	01:32,60	03:35,11	00:47,24	01:42,97	00:47,23	01:55,48	00:48,35	00:30,05	01:05,94	02:27,49	00:39,82	01:23,12	03:06,49	00:41,22	01:29,51	00:33,57	01:13,77	02:54,91	01:18,11	02:53,36
1000	00:36,80	01:32,61	03:35,13	00:47,25	01:42,98	00:47,24	01:55,50	00:48,36	00:30,05	01:05,95	02:27,50	00:39,83	01:23,13	03:06,51	00:41,23	01:29,52	00:33,58	01:13,78	02:54,93	01:18,12	02:53,38
999	00:36,81	01:32,62	03:35,15	00:47,26	01:42,99	00:47,25	01:55,52	00:48,37	00:30,05	01:05,96	02:27,51	00:39,84	01:23,14	03:06,53	00:41,24	01:29,53	00:33,59	01:13,79	02:54,95	01:18,13	02:53,40
998	00:36,81	01:32,63	03:35,17	00:47,27	01:43,01	00:47,26	01:55,53	00:48,38	00:30,06	01:05,97	02:27,53	00:39,84	01:23,15	03:06,55	00:41,24	01:29,54	00:33,59	01:13,80	02:54,97	01:18,14	02:53,41
997	00:36,82	01:32,65	03:35,19	00:47,27	01:43,02	00:47,26	01:55,55	00:48,38	00:30,06	01:05,98	02:27,54	00:39,85	01:23,16	03:06,57	00:41,25	01:29,56	00:33,60	01:13,81	02:54,98	01:18,15	02:53,43
996	00:36,82	01:32,66	03:35,22	00:47,28	01:43,03	00:47,27	01:55,56	00:48,39	00:30,07	01:05,99	02:27,56	00:39,86	01:23,17	03:06,59	00:41,26	01:29,57	00:33,60	01:13,82	02:55,00	01:18,16	02:53,45
995	00:36,83	01:32,67	03:35,24	00:47,29	01:43,05	00:47,28	01:55,58	00:48,40	00:30,07	01:05,99	02:27,57	00:39,86	01:23,19	03:06,60	00:41,26	01:29,58	00:33,61	01:13,83	02:55,02	01:18,17	02:53,47
994	00:36,84	01:32,68	03:35,26	00:47,30	01:43,06	00:47,29	01:55,59	00:48,41	00:30,08	01:06,00	02:27,59	00:39,87	01:23,20	03:06,62	00:41,27	01:29,59	00:33,61	01:13,84	02:55,04	01:18,18	02:53,48
993	00:36,84	01:32,70	03:35,28	00:47,30	01:43,08	00:47,29	01:55,61	00:48,41	00:30,08	01:06,01	02:27,60	00:39,87	01:23,21	03:06,64	00:41,28	01:29,60	00:33,62	01:13,85	02:55,05	01:18,19	02:53,50
992	00:36,85	01:32,71	03:35,30	00:47,31	01:43,09	00:47,30	01:55,62	00:48,42	00:30,09	01:06,02	02:27,62	00:39,88	01:23,22	03:06,66	00:41,28	01:29,62	00:33,62	01:13,86	02:55,07	01:18,20	02:53,52
991	00:36,85	01:32,72	03:35,33	00:47,32	01:43,10	00:47,31	01:55,64	00:48,43	00:30,09	01:06,03	02:27,63	00:39,89	01:23,23	03:06,68	00:41,29	01:29,63	00:33,63	01:13,87	02:55,09	01:18,21	02:53,54
990	00:36,86	01:32,73	03:35,35	00:47,33	01:43,12	00:47,32	01:55,65	00:48,44	00:30,10	01:06,04	02:27,65	00:39,89	01:23,24	03:06,70	00:41,30	01:29,64	00:33,63	01:13,88	02:55,11	01:18,22	02:53,55
989	00:36,86	01:32,75	03:35,37	00:47,33	01:43,13	00:47,32	01:55,67	00:48,45	00:30,10	01:06,05	02:27,66	00:39,90	01:23,25	03:06,72	00:41,30	01:29,65	00:33,64	01:13,89	02:55,12	01:18,23	02:53,57
988	00:36,87	01:32,76	03:35,39	00:47,34	01:43,15	00:47,33	01:55,69	00:48,45	00:30,11	01:06,06	02:27,68	00:39,91	01:23,26	03:06,74	00:41,31	01:29,66	00:33,64	01:13,90	02:55,14	01:18,25	02:53,59
987	00:36,88	01:32,77	03:35,41	00:47,35	01:43,16	00:47,34	01:55,70	00:48,46	00:30,11	01:06,06	02:27,69	00:39,91	01:23,27	03:06,76	00:41,32	01:29,68	00:33,65	01:13,91	02:55,16	01:18,26	02:53,61
986	00:36,88	01:32,78	03:35,43	00:47,36	01:43,17	00:47,35	01:55,72	00:48,47	00:30,12	01:06,07	02:27,71	00:39,92	01:23,29	03:06,77	00:41,32	01:29,69	00:33,66	01:13,92	02:55,18	01:18,27	02:53,63
985	00:36,89	01:32,80	03:35,46	00:47,36	01:43,19	00:47,35	01:55,73	00:48,48	00:30,12	01:06,08	02:27,72	00:39,93	01:23,30	03:06,79	00:41,33	01:29,70	00:33,66	01:13,93	02:55,20	01:18,28	02:53,64
984	00:36,89	01:32,81	03:35,48	00:47,37	01:43,20	00:47,36	01:55,75	00:48,48	00:30,13	01:06,09	02:27,74	00:39,93	01:23,31	03:06,81	00:41,34	01:29,71	00:33,67	01:13,94	02:55,21	01:18,29	02:53,66
983	00:36,90	01:32,82	03:35,50	00:47,38	01:43,21	00:47,37	01:55,76	00:48,49	00:30,13	01:06,10	02:27,75	00:39,94	01:23,32	03:06,83	00:41,34	01:29,72	00:33,67	01:13,95	02:55,23	01:18,30	02:53,68
982	00:36,91	01:32,83	03:35,52	00:47,39	01:43,23	00:47,38	01:55,78	00:48,50	00:30,14	01:06,11	02:27,77	00:39,95	01:23,33	03:06,85	00:41,35	01:29,74	00:33,68	01:13,96	02:55,25	01:18,31	02:53,70
981	00:36,91	01:32,85	03:35,54	00:47,39	01:43,24	00:47,38	01:55,79	00:48,51	00:30,14	01:06,12	02:27,78	00:39,95	01:23,34	03:06,87	00:41,36	01:29,75	00:33,68	01:13,97	02:55,27	01:18,32	02:53,71
980	00:36,92	01:32,86	03:35,57	00:47,40	01:43,26	00:47,39	01:55,81	00:48,52	00:30,15	01:06,13	02:27,80	00:39,96	01:23,35	03:06,89	00:41,36	01:29,76	00:33,69	01:13,98	02:55,28	01:18,33	02:53,73
979	00:36,92	01:32,87	03:35,59	00:47,41	01:43,27	00:47,40	01:55,83	00:48,52	00:30,15	01:06,14	02:27,81	00:39,96	01:23,36	03:06,91	00:41,37	01:29,77	00:33,69	01:13,99	02:55,30	01:18,34	02:53,75
978	00:36,93	01:32,88	03:35,61	00:47,42	01:43,28	00:47,41	01:55,84	00:48,53	00:30,16	01:06,14	02:27,83	00:39,97	01:23,38	03:06,93	00:41,38	01:29,78	00:33,70	01:14,00	02:55,32	01:18,35	02:53,77
977	00:36,94	01:32,90	03:35,63	00:47,43	01:43,30	00:47,42	01:55,86	00:48,54	00:30,16	01:06,15	02:27,84	00:39,98	01:23,39	03:06,95	00:41,38	01:29,80	00:33,70	01:14,01	02:55,34	01:18,36	02:53,79
976	00:36,94	01:32,91	03:35,66	00:47,43	01:43,31	00:47,42	01:55,87	00:48,55	00:30,17	01:06,16	02:27,86	00:39,98	01:23,40	03:06,97	00:41,39	01:29,81	00:33,71	01:14,02	02:55,36	01:18,37	02:53,80
975	00:36,95	01:32,92	03:35,68	00:47,44	01:43,33	00:47,43	01:55,89	00:48,56	00:30,17	01:06,17	02:27,88	00:39,99	01:23,41	03:06,98	00:41,40	01:29,82	00:33,72	01:14,03	02:55,37	01:18,38	02:53,82
974	00:36,95	01:32,93	03:35,70	00:47,45	01:43,34	00:47,44	01:55,90	00:48,56	00:30,18	01:06,18	02:27,89	00:40,00	01:23,42	03:07,00	00:41,40	01:29,83	00:33,72	01:14,04	02:55,39	01:18,39	02:53,84
973	00:36,96	01:32,95	03:35,72	00:47,46	01:43,35	00:47,45	01:55,92	00:48,57	00:30,18	01:06,19	02:27,91	00:40,00	01:23,43	03:07,02	00:41,41	01:29,85	00:33,73	01:14,05	02:55,41	01:18,40	02:53,86

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
972	00:36,97	01:32,96	03:35,74	00:47,46	01:43,37	00:47,45	01:55,94	00:48,58	00:30,19	01:06,20	02:27,92	00:40,01	01:23,44	03:07,04	00:41,42	01:29,86	00:33,73	01:14,06	02:55,43	01:18,41	02:53,87
971	00:36,97	01:32,97	03:35,77	00:47,47	01:43,38	00:47,46	01:55,95	00:48,59	00:30,19	01:06,21	02:27,94	00:40,02	01:23,46	03:07,06	00:41,42	01:29,87	00:33,74	01:14,07	02:55,45	01:18,43	02:53,89
970	00:36,98	01:32,98	03:35,79	00:47,48	01:43,40	00:47,47	01:55,97	00:48,59	00:30,20	01:06,22	02:27,95	00:40,02	01:23,47	03:07,08	00:41,43	01:29,88	00:33,74	01:14,08	02:55,47	01:18,44	02:53,91
969	00:36,98	01:33,00	03:35,81	00:47,49	01:43,41	00:47,48	01:55,98	00:48,60	00:30,20	01:06,23	02:27,97	00:40,03	01:23,48	03:07,10	00:41,44	01:29,89	00:33,75	01:14,09	02:55,48	01:18,45	02:53,93
968	00:36,99	01:33,01	03:35,83	00:47,50	01:43,43	00:47,48	01:56,00	00:48,61	00:30,21	01:06,24	02:27,98	00:40,04	01:23,49	03:07,12	00:41,44	01:29,91	00:33,75	01:14,10	02:55,50	01:18,46	02:53,95
967	00:37,00	01:33,02	03:35,86	00:47,50	01:43,44	00:47,49	01:56,02	00:48,62	00:30,21	01:06,24	02:28,00	00:40,04	01:23,50	03:07,14	00:41,45	01:29,92	00:33,76	01:14,11	02:55,52	01:18,47	02:53,96
966	00:37,00	01:33,04	03:35,88	00:47,51	01:43,45	00:47,50	01:56,03	00:48,63	00:30,22	01:06,25	02:28,01	00:40,05	01:23,51	03:07,16	00:41,46	01:29,93	00:33,77	01:14,12	02:55,54	01:18,48	02:53,98
965	00:37,01	01:33,05	03:35,90	00:47,52	01:43,47	00:47,51	01:56,05	00:48,63	00:30,22	01:06,26	02:28,03	00:40,06	01:23,52	03:07,18	00:41,46	01:29,94	00:33,77	01:14,13	02:55,56	01:18,49	02:54,00
964	00:37,02	01:33,06	03:35,92	00:47,53	01:43,48	00:47,52	01:56,06	00:48,64	00:30,23	01:06,27	02:28,04	00:40,06	01:23,54	03:07,20	00:41,47	01:29,96	00:33,78	01:14,14	02:55,57	01:18,50	02:54,02
963	00:37,02	01:33,07	03:35,95	00:47,53	01:43,50	00:47,52	01:56,08	00:48,65	00:30,23	01:06,28	02:28,06	00:40,07	01:23,55	03:07,22	00:41,48	01:29,97	00:33,78	01:14,15	02:55,59	01:18,51	02:54,04
962	00:37,03	01:33,09	03:35,97	00:47,54	01:43,51	00:47,53	01:56,10	00:48,66	00:30,24	01:06,29	02:28,07	00:40,08	01:23,56	03:07,24	00:41,48	01:29,98	00:33,79	01:14,16	02:55,61	01:18,52	02:54,06
961	00:37,03	01:33,10	03:35,99	00:47,55	01:43,52	00:47,54	01:56,11	00:48,67	00:30,24	01:06,30	02:28,09	00:40,08	01:23,57	03:07,26	00:41,49	01:29,99	00:33,79	01:14,17	02:55,63	01:18,53	02:54,07
960	00:37,04	01:33,11	03:36,01	00:47,56	01:43,54	00:47,55	01:56,13	00:48,67	00:30,25	01:06,31	02:28,11	00:40,09	01:23,58	03:07,28	00:41,50	01:30,01	00:33,80	01:14,18	02:55,65	01:18,54	02:54,09
959	00:37,05	01:33,13	03:36,04	00:47,57	01:43,55	00:47,56	01:56,14	00:48,68	00:30,25	01:06,32	02:28,12	00:40,10	01:23,59	03:07,30	00:41,51	01:30,02	00:33,80	01:14,19	02:55,67	01:18,56	02:54,11
958	00:37,05	01:33,14	03:36,06	00:47,57	01:43,57	00:47,56	01:56,16	00:48,69	00:30,26	01:06,33	02:28,14	00:40,10	01:23,60	03:07,31	00:41,51	01:30,03	00:33,81	01:14,20	02:55,68	01:18,57	02:54,13
957	00:37,06	01:33,15	03:36,08	00:47,58	01:43,58	00:47,57	01:56,18	00:48,70	00:30,26	01:06,34	02:28,15	00:40,11	01:23,62	03:07,33	00:41,52	01:30,04	00:33,82	01:14,21	02:55,70	01:18,58	02:54,15
956	00:37,06	01:33,16	03:36,10	00:47,59	01:43,60	00:47,58	01:56,19	00:48,71	00:30,27	01:06,34	02:28,17	00:40,12	01:23,63	03:07,35	00:41,53	01:30,06	00:33,82	01:14,22	02:55,72	01:18,59	02:54,16
955	00:37,07	01:33,18	03:36,13	00:47,60	01:43,61	00:47,59	01:56,21	00:48,72	00:30,27	01:06,35	02:28,18	00:40,12	01:23,64	03:07,37	00:41,53	01:30,07	00:33,83	01:14,23	02:55,74	01:18,60	02:54,18
954	00:37,08	01:33,19	03:36,15	00:47,61	01:43,63	00:47,60	01:56,22	00:48,72	00:30,28	01:06,36	02:28,20	00:40,13	01:23,65	03:07,39	00:41,54	01:30,08	00:33,83	01:14,24	02:55,76	01:18,61	02:54,20
953	00:37,08	01:33,20	03:36,17	00:47,61	01:43,64	00:47,60	01:56,24	00:48,73	00:30,28	01:06,37	02:28,21	00:40,14	01:23,66	03:07,41	00:41,55	01:30,09	00:33,84	01:14,25	02:55,78	01:18,62	02:54,22
952	00:37,09	01:33,22	03:36,19	00:47,62	01:43,65	00:47,61	01:56,26	00:48,74	00:30,29	01:06,38	02:28,23	00:40,14	01:23,67	03:07,43	00:41,55	01:30,11	00:33,84	01:14,26	02:55,80	01:18,63	02:54,24
951	00:37,10	01:33,23	03:36,22	00:47,63	01:43,67	00:47,62	01:56,27	00:48,75	00:30,29	01:06,39	02:28,25	00:40,15	01:23,69	03:07,45	00:41,56	01:30,12	00:33,85	01:14,27	02:55,81	01:18,64	02:54,26
950	00:37,10	01:33,24	03:36,24	00:47,64	01:43,68	00:47,63	01:56,29	00:48,76	00:30,30	01:06,40	02:28,26	00:40,16	01:23,70	03:07,47	00:41,57	01:30,13	00:33,86	01:14,28	02:55,83	01:18,65	02:54,27
949	00:37,11	01:33,26	03:36,26	00:47,65	01:43,70	00:47,63	01:56,30	00:48,76	00:30,30	01:06,41	02:28,28	00:40,16	01:23,71	03:07,49	00:41,57	01:30,14	00:33,86	01:14,29	02:55,85	01:18,66	02:54,29
948	00:37,11	01:33,27	03:36,29	00:47,65	01:43,71	00:47,64	01:56,32	00:48,77	00:30,31	01:06,42	02:28,29	00:40,17	01:23,72	03:07,51	00:41,58	01:30,16	00:33,87	01:14,30	02:55,87	01:18,68	02:54,31
947	00:37,12	01:33,28	03:36,31	00:47,66	01:43,73	00:47,65	01:56,34	00:48,78	00:30,31	01:06,43	02:28,31	00:40,18	01:23,73	03:07,53	00:41,59	01:30,17	00:33,87	01:14,31	02:55,89	01:18,69	02:54,33
946	00:37,13	01:33,29	03:36,33	00:47,67	01:43,74	00:47,66	01:56,35	00:48,79	00:30,32	01:06,44	02:28,32	00:40,18	01:23,74	03:07,55	00:41,60	01:30,18	00:33,88	01:14,33	02:55,91	01:18,70	02:54,35
945	00:37,13	01:33,31	03:36,35	00:47,68	01:43,76	00:47,67	01:56,37	00:48,80	00:30,32	01:06,45	02:28,34	00:40,19	01:23,76	03:07,57	00:41,60	01:30,19	00:33,88	01:14,34	02:55,93	01:18,71	02:54,37
944	00:37,14	01:33,32	03:36,38	00:47,69	01:43,77	00:47,67	01:56,39	00:48,81	00:30,33	01:06,46	02:28,36	00:40,20	01:23,77	03:07,59	00:41,61	01:30,21	00:33,89	01:14,35	02:55,94	01:18,72	02:54,39
943	00:37,15	01:33,33	03:36,40	00:47,69	01:43,78	00:47,68	01:56,40	00:48,81	00:30,33	01:06,47	02:28,37	00:40,20	01:23,78	03:07,61	00:41,62	01:30,22	00:33,89	01:14,36	02:55,96	01:18,73	02:54,40
942	00:37,15	01:33,35	03:36,42	00:47,70	01:43,80	00:47,69	01:56,42	00:48,82	00:30,34	01:06,47	02:28,39	00:40,21	01:23,79	03:07,63	00:41,62	01:30,23	00:33,90	01:14,37	02:55,98	01:18,74	02:54,42
941	00:37,16	01:33,36	03:36,45	00:47,71	01:43,81	00:47,70	01:56,44	00:48,83	00:30,34	01:06,48	02:28,40	00:40,22	01:23,80	03:07,65	00:41,63	01:30,25	00:33,91	01:14,38	02:56,00	01:18,75	02:54,44
940	00:37,16	01:33,37	03:36,47	00:47,72	01:43,83	00:47,71	01:56,45	00:48,84	00:30,35	01:06,49	02:28,42	00:40,22	01:23,82	03:07,67	00:41,64	01:30,26	00:33,91	01:14,39	02:56,02	01:18,76	02:54,46
939	00:37,17	01:33,39	03:36,49	00:47,73	01:43,84	00:47,72	01:56,47	00:48,85	00:30,35	01:06,50	02:28,43	00:40,23	01:23,83	03:07,69	00:41,64	01:30,27	00:33,92	01:14,40	02:56,04	01:18,77	02:54,48
938	00:37,18	01:33,40	03:36,52	00:47,73	01:43,86	00:47,72	01:56,48	00:48,85	00:30,36	01:06,51	02:28,45	00:40,24	01:23,84	03:07,71	00:41,65	01:30,28	00:33,92	01:14,41	02:56,06	01:18,79	02:54,50
937	00:37,18	01:33,41	03:36,54	00:47,74	01:43,87	00:47,73	01:56,50	00:48,86	00:30,36	01:06,52	02:28,47	00:40,24	01:23,85	03:07,73	00:41,66	01:30,30	00:33,93	01:14,42	02:56,08	01:18,80	02:54,52
936	00:37,19	01:33,43	03:36,56	00:47,75	01:43,89	00:47,74	01:56,52	00:48,87	00:30,37	01:06,53	02:28,48	00:40,25	01:23,86	03:07,75	00:41,67	01:30,31	00:33,94	01:14,43	02:56,09	01:18,81	02:54,53
935	00:37,20	01:33,44	03:36,59	00:47,76	01:43,90	00:47,75	01:56,53	00:48,88	00:30,37	01:06,54	02:28,50	00:40,26	01:23,87	03:07,77	00:41,67	01:30,32	00:33,94	01:14,44	02:56,11	01:18,82	02:54,55
934	00:37,20	01:33,45	03:36,61	00:47,77	01:43,92	00:47,76	01:56,55	00:48,89	00:30,38	01:06,55	02:28,51	00:40,26	01:23,89	03:07,79	00:41,68	01:30,33	00:33,95	01:14,45	02:56,13	01:18,83	02:54,57
933	00:37,21	01:33,47	03:36,63	00:47,77	01:43,93	00:47,76	01:56,57	00:48,90	00:30,38	01:06,56	02:28,53	00:40,27	01:23,90	03:07,81	00:41,69	01:30,35	00:33,95	01:14,46	02:56,15	01:18,84	02:54,59
932	00:37,21	01:33,48	03:36,66	00:47,78	01:43,95	00:47,77	01:56,58	00:48,90	00:30,39	01:06,57	02:28,55	00:40,28	01:23,91	03:07,83	00:41,69	01:30,36	00:33,96	01:14,47	02:56,17	01:18,85	02:54,61
931	00:37,22	01:33,49	03:36,68	00:47,79	01:43,96	00:47,78	01:56,60	00:48,91	00:30,39	01:06,58	02:28,56	00:40,29	01:23,92	03:07,85	00:41,70	01:30,37	00:33,96	01:14,48	02:56,19	01:18,86	02:54,63
930	00:37,23	01:33,51	03:36,70	00:47,80	01:43,98	00:47,79	01:56,62	00:48,92	00:30,40	01:06,59	02:28,58	00:40,29	01:23,93	03:07,87	00:41,71	01:30,39	00:33,97	01:14,49	02:56,21	01:18,88	02:54,65
929	00:37,23	01:33,52	03:36,73	00:47,81	01:43,99	00:47,80	01:56,63	00:48,93	00:30,40	01:06,60	02:28,59	00:40,30	01:23,95	03:07,89	00:41,72	01:30,40	00:33,98	01:14,50	02:56,23	01:18,89	02:54,67
928	00:37,24	01:33,53	03:36,75	00:47,81	01:44,01	00:47,80	01:56,65	00:48,94	00:30,41	01:06,61	02:28,61	00:40,31	01:23,96	03:07,91	00:41,72	01:30,41	00:33,98	01:14,51	02:56,25	01:18,90	02:54,68
927	00:37,25	01:33,55	03:36,77	00:47,82	01:44,02	00:47,81	01:56,67	00:48,95	00:30,41	01:06,62	02:28,63	00:40,31	01:23,97	03:07,93	00:41,73	01:30,42	00:33,99	01:14,53	02:56,27	01:18,91	02:54,70
926	00:37,25	01:33,56	03:36,80	00:47,83	01:44,04	00:47,82	01:56,68	00:48,95	00:30,42	01:06,63	02:28,64	00:40,32	01:23,98	03:07,95	00:41,74	01:30,44	00:33,99	01:14,54	02:56,28	01:18,92	02:54,72
925	00:37,26	01:33,57	03:36,82	00:47,84	01:44,05	00:47,83	01:56,70	00:48,96	00:30,42	01:06,64	02:28,66	00:40,33	01:23,99	03:07,97	00:41,74	01:30,45	00:34,00	01:14,55	02:56,30	01:18,93	02:54,74
924	00:37,27	01:33,59	03:36,84	00:47,85	01:44,07	00:47,84	01:56,72	00:48,97	00:30,43	01:06,65	02:28,67	00:40,33	01:24,01	03:08,00	00:41,75	01:30,46	00:34,00	01:14,56	02:56,32	01:18,94	02:54,76
923	00:37,27	01:33,60	03:36,87	00:47,86	01:44,08	00:47,85	01:56,73	00:48,98	00:30,44	01:06,65	02:28,69	00:40,34	01:24,02	03:08,02	00:41,76	01:30,48	00:34,01	01:14,57	02:56,34	01:18,95	02:54,78
922	00:37,28	01:33,61	03:36,89	00:47,86	01:44,10	00:47,85	01:56,75	00:48,99	00:30,44	01:06,66	02:28,71	00:40,35	01:24,03	03:08,04	00:41,77	01:30,49	00:34,02	01:14,58	02:56,36	01:18,97	02:54,80
921	00:37,28	01:33,63	03:36,91	00:47,87	01:44,11	00:47,86	01:56,77	00:49,00	00:30,45	01:06,67	02:28,72	00:40,35	01:24,04	03:08,06	00:41,77	01:30,50	00:34,02	01:14,59	02:56,38	01:18,98	02:54,82
920	00:37,29	01:33,64	03:36,94	00:47,88	01:44,13	00:47,87	01:56,78	00:49,01	00:30,45	01:06,68	02:28,74	00:40,36	01:24,05	03:08,08	00:41,78	01:30,52	00:34,03	01:14,60	02:56,40	01:18,99	02:54,84
919	00:37,30	01:33,65	03:36,96	00:47,89	01:44,14	00:47,88	01:56,80	00:49,01	00:30,46	01:06,69	02:28,76	00:40,37	01:24,07	03:08,10	00:41,79	01:30,53	00:34,03	01:14,61	02:56,42	01:19,00	02:54,86
918	00:37,30	01:33,67	03:36,98	00:47,90	01:44,16	00:47,89	01:56,82	00:49,02	00:30,46	01:06,70	02:28,77	00:40,38	01:24,08	03:08,12	00:41,79	01:30,54	00:34,04	01:14,62	02:56,44	01:19,01	02:54,87
917	00:37,31	01:33,68	03:37,01	00:47,91	01:44,17	00:47,90	01:56,84	00:49,03	00:30,47	01:06,71	02:28,79	00:40,38	01:24,09	03:08,14	00:41,80	01:30,55	00:34,05	01:14,63	02:56,46	01:19,02	02:54,89
916	00:37,32	01:33,69	03:37,03	00:47,91	01:44,19	00:47,90	01:56,85	00:49,04	00:30,47	01:06,72	02:28,80	00:40,39	01:24,10	03:08,16	00:41,81	01:30,57	00:34,05	01:14,64	02:56,48	01:19,03	02:54,91
915	00:37,32	01:33,71	03:37,06	00:47,92	01:44,20	00:47,91	01:56,87	00:49,05	00:30,48	01:06,73	02:28,82	00:40,40	01:24,12	03:08,18	00:41,82	01:30,58	00:34,06	01:14,65	02:56,50	01:19,05	02:54,93
914	00:37,33	01:33,72	03:37,08	00:47,93	01:44,22	00:47,92	01:56,89	00:49,06	00:30,48	01:06,74	02:28,84	00:40,40	01:24,13	03:08,20	00:41,82	01:30,59	00:34,06	01:14,67	02:56,52	01:19,06	02:54,95
913	00:37,34	01:33,73	03:37,10	00:47,94	01:44,23	00:47,93	01:56,90	00:49,07	00:30,49	01:06,75	02:28,85	00:40,41	01:24,14	03:08,22	00:41,83	01:30,61	00:34,07	01:14,68	02:56,53	01:19,07	02:54,97
912	00:37,34	01:33,75	03:37,13	00:47,95	01:44,25	00:47,94	01:56,92	00:49,07	00:30,49	01:06,76	02:28,87	00:40,42	01:24,15	03:08,24	00:41,84	01:30,62	00:34,08	01:14,69	02:56,55	01:19,08	02:54,99
911	00:37,35	01:33,76	03:37,15	00:47,96	01:44,26	00:47,95	01:56,94	00:49,08	00:30,50	01:06,77	02:28,89	00:40,42	01:24,16	03:08,26	00:41,85	01:30,63	00:34,08	01:14,70	02:56,57	01:19,09	02:55,01
910	00:37,36	01:33,78	03:37,18	00:47,96	01:44,28	00:47,95	01:56,95	00:49,09	00:30,50	01:06,78	02:28,90	00:40,43	01:24,18	03:08,28	00:41,85	01:30,65	00:34,09	01:14,71	02:56,59	01:19,10	02:55,03
909	00:37,36	01:33,79	03:37,20	00:47,97	01:44,29	00:47,96	01:56,97	00:49,10	00:30,51	01:06,79	02:28,92	00:40,44	01:24,19	03:08,30	00:41,86	01:30,66	00:34,09	01:14,72	02:56,61	01:19,11	02:55,05
908	00:37,37	01:33,80	03:37,22	00:47,98	01:44,31	00:47,97	01:56,99	00:49,11	00:30,51	01:06,80	02:28,94	00:40,45	01:24,20	03:08,32	00:41,87	01:30,67	00:34,10	01:14,73	02:56,63	01:19,13	02:55,07
907	00:37,38	01:33,82	03:37,25	00:47,99	01:44,32	00:47,98	01:57,01	00:49,12	00:30,52	01:06,81	02:28,95	00:40,45	01:24,21	03:08,35	00:41,88	01:30,69	00:34,11	01:14,74	02:56,65	01:19,14	02:55,09

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
906	00:37,38	01:33,83	03:37,27	00:48,00	01:44,34	00:47,99	01:57,02	00:49,13	00:30,53	01:06,82	02:28,97	00:40,46	01:24,23	03:08,37	00:41,88	01:30,70	00:34,11	01:14,75	02:56,67	01:19,15	02:55,11
905	00:37,39	01:33,84	03:37,30	00:48,01	01:44,35	00:48,00	01:57,04	00:49,13	00:30,53	01:06,83	02:28,98	00:40,47	01:24,24	03:08,39	00:41,89	01:30,71	00:34,12	01:14,76	02:56,69	01:19,16	02:55,13
904	00:37,40	01:33,86	03:37,32	00:48,01	01:44,37	00:48,00	01:57,06	00:49,14	00:30,54	01:06,84	02:29,00	00:40,47	01:24,25	03:08,41	00:41,90	01:30,73	00:34,12	01:14,77	02:56,71	01:19,17	02:55,14
903	00:37,40	01:33,87	03:37,34	00:48,02	01:44,38	00:48,01	01:57,07	00:49,15	00:30,54	01:06,85	02:29,02	00:40,48	01:24,26	03:08,43	00:41,90	01:30,74	00:34,13	01:14,79	02:56,73	01:19,18	02:55,16
902	00:37,41	01:33,89	03:37,37	00:48,03	01:44,40	00:48,02	01:57,09	00:49,16	00:30,55	01:06,86	02:29,03	00:40,49	01:24,28	03:08,45	00:41,91	01:30,75	00:34,14	01:14,80	02:56,75	01:19,20	02:55,18
901	00:37,42	01:33,90	03:37,39	00:48,04	01:44,41	00:48,03	01:57,11	00:49,17	00:30,55	01:06,87	02:29,05	00:40,50	01:24,29	03:08,47	00:41,92	01:30,77	00:34,14	01:14,81	02:56,77	01:19,21	02:55,20
900	00:37,42	01:33,91	03:37,42	00:48,05	01:44,43	00:48,04	01:57,13	00:49,18	00:30,56	01:06,88	02:29,07	00:40,50	01:24,30	03:08,49	00:41,93	01:30,78	00:34,15	01:14,82	02:56,79	01:19,22	02:55,22
899	00:37,43	01:33,93	03:37,44	00:48,06	01:44,44	00:48,05	01:57,14	00:49,19	00:30,56	01:06,89	02:29,08	00:40,51	01:24,31	03:08,51	00:41,93	01:30,79	00:34,15	01:14,83	02:56,81	01:19,23	02:55,24
898	00:37,44	01:33,94	03:37,47	00:48,07	01:44,46	00:48,06	01:57,16	00:49,19	00:30,57	01:06,90	02:29,10	00:40,52	01:24,32	03:08,53	00:41,94	01:30,81	00:34,16	01:14,84	02:56,83	01:19,24	02:55,26
897	00:37,44	01:33,95	03:37,49	00:48,07	01:44,48	00:48,06	01:57,18	00:49,20	00:30,57	01:06,91	02:29,12	00:40,52	01:24,34	03:08,56	00:41,95	01:30,82	00:34,17	01:14,85	02:56,85	01:19,25	02:55,28
896	00:37,45	01:33,97	03:37,51	00:48,08	01:44,49	00:48,07	01:57,19	00:49,21	00:30,58	01:06,92	02:29,13	00:40,53	01:24,35	03:08,58	00:41,96	01:30,83	00:34,17	01:14,86	02:56,87	01:19,27	02:55,30
895	00:37,46	01:33,98	03:37,54	00:48,09	01:44,51	00:48,08	01:57,21	00:49,22	00:30,58	01:06,93	02:29,15	00:40,54	01:24,36	03:08,60	00:41,96	01:30,85	00:34,18	01:14,87	02:56,89	01:19,28	02:55,32
894	00:37,46	01:34,00	03:37,56	00:48,10	01:44,52	00:48,09	01:57,23	00:49,23	00:30,59	01:06,94	02:29,17	00:40,55	01:24,37	03:08,62	00:41,97	01:30,86	00:34,18	01:14,88	02:56,91	01:19,29	02:55,34
893	00:37,47	01:34,01	03:37,59	00:48,11	01:44,54	00:48,10	01:57,25	00:49,24	00:30,60	01:06,95	02:29,18	00:40,55	01:24,39	03:08,64	00:41,98	01:30,87	00:34,19	01:14,90	02:56,93	01:19,30	02:55,36
892	00:37,48	01:34,02	03:37,61	00:48,12	01:44,55	00:48,11	01:57,26	00:49,25	00:30,60	01:06,96	02:29,20	00:40,56	01:24,40	03:08,66	00:41,99	01:30,89	00:34,20	01:14,91	02:56,95	01:19,31	02:55,38
891	00:37,48	01:34,04	03:37,64	00:48,13	01:44,57	00:48,12	01:57,28	00:49,26	00:30,61	01:06,97	02:29,22	00:40,57	01:24,41	03:08,68	00:41,99	01:30,90	00:34,20	01:14,92	02:56,97	01:19,33	02:55,40
890	00:37,49	01:34,05	03:37,66	00:48,13	01:44,58	00:48,12	01:57,30	00:49,26	00:30,61	01:06,98	02:29,23	00:40,58	01:24,42	03:08,70	00:42,00	01:30,91	00:34,21	01:14,93	02:56,99	01:19,34	02:55,42
889	00:37,50	01:34,07	03:37,68	00:48,14	01:44,60	00:48,13	01:57,32	00:49,27	00:30,62	01:06,99	02:29,25	00:40,58	01:24,44	03:08,73	00:42,01	01:30,93	00:34,21	01:14,94	02:57,01	01:19,35	02:55,44
888	00:37,50	01:34,08	03:37,71	00:48,15	01:44,62	00:48,14	01:57,33	00:49,28	00:30,62	01:07,00	02:29,27	00:40,59	01:24,45	03:08,75	00:42,02	01:30,94	00:34,22	01:14,95	02:57,03	01:19,36	02:55,46
887	00:37,51	01:34,09	03:37,73	00:48,16	01:44,63	00:48,15	01:57,35	00:49,29	00:30,63	01:07,01	02:29,29	00:40,60	01:24,46	03:08,77	00:42,02	01:30,96	00:34,23	01:14,96	02:57,05	01:19,37	02:55,48
886	00:37,52	01:34,11	03:37,76	00:48,17	01:44,65	00:48,16	01:57,37	00:49,30	00:30,63	01:07,02	02:29,30	00:40,60	01:24,48	03:08,79	00:42,03	01:30,97	00:34,23	01:14,97	02:57,07	01:19,38	02:55,50
885	00:37,52	01:34,12	03:37,78	00:48,18	01:44,66	00:48,17	01:57,39	00:49,31	00:30,64	01:07,03	02:29,32	00:40,61	01:24,49	03:08,81	00:42,04	01:30,98	00:34,24	01:14,99	02:57,09	01:19,40	02:55,52
884	00:37,53	01:34,14	03:37,81	00:48,19	01:44,68	00:48,18	01:57,40	00:49,32	00:30,65	01:07,04	02:29,34	00:40,62	01:24,50	03:08,83	00:42,05	01:31,00	00:34,24	01:15,00	02:57,11	01:19,41	02:55,54
883	00:37,54	01:34,15	03:37,83	00:48,19	01:44,69	00:48,18	01:57,42	00:49,33	00:30,65	01:07,05	02:29,35	00:40,63	01:24,51	03:08,85	00:42,05	01:31,01	00:34,25	01:15,01	02:57,13	01:19,42	02:55,56
882	00:37,54	01:34,17	03:37,86	00:48,20	01:44,71	00:48,19	01:57,44	00:49,34	00:30,66	01:07,06	02:29,37	00:40,63	01:24,53	03:08,87	00:42,06	01:31,02	00:34,26	01:15,02	02:57,15	01:19,43	02:55,58
881	00:37,55	01:34,18	03:37,88	00:48,21	01:44,73	00:48,20	01:57,46	00:49,34	00:30,66	01:07,07	02:29,39	00:40,64	01:24,54	03:08,90	00:42,07	01:31,04	00:34,26	01:15,03	02:57,17	01:19,44	02:55,60
880	00:37,56	01:34,19	03:37,91	00:48,22	01:44,74	00:48,21	01:57,48	00:49,35	00:30,67	01:07,08	02:29,40	00:40,65	01:24,55	03:08,92	00:42,08	01:31,05	00:34,27	01:15,04	02:57,19	01:19,46	02:55,62
879	00:37,56	01:34,21	03:37,93	00:48,23	01:44,76	00:48,22	01:57,49	00:49,36	00:30,67	01:07,09	02:29,42	00:40,66	01:24,56	03:08,94	00:42,08	01:31,06	00:34,28	01:15,05	02:57,21	01:19,47	02:55,64
878	00:37,57	01:34,22	03:37,96	00:48,24	01:44,77	00:48,23	01:57,51	00:49,37	00:30,68	01:07,10	02:29,44	00:40,66	01:24,58	03:08,96	00:42,09	01:31,08	00:34,28	01:15,06	02:57,23	01:19,48	02:55,66
877	00:37,58	01:34,24	03:37,98	00:48,25	01:44,79	00:48,24	01:57,53	00:49,38	00:30,68	01:07,11	02:29,46	00:40,67	01:24,59	03:08,98	00:42,10	01:31,09	00:34,29	01:15,08	02:57,25	01:19,49	02:55,68
876	00:37,58	01:34,25	03:38,01	00:48,26	01:44,80	00:48,25	01:57,55	00:49,39	00:30,69	01:07,12	02:29,47	00:40,68	01:24,60	03:09,00	00:42,11	01:31,11	00:34,29	01:15,09	02:57,27	01:19,50	02:55,70
875	00:37,59	01:34,26	03:38,03	00:48,26	01:44,82	00:48,25	01:57,56	00:49,40	00:30,69	01:07,13	02:29,49	00:40,68	01:24,62	03:09,03	00:42,11	01:31,12	00:34,30	01:15,10	02:57,29	01:19,52	02:55,72
874	00:37,60	01:34,28	03:38,06	00:48,27	01:44,84	00:48,26	01:57,58	00:49,41	00:30,70	01:07,14	02:29,51	00:40,69	01:24,63	03:09,05	00:42,12	01:31,13	00:34,31	01:15,11	02:57,31	01:19,53	02:55,74
873	00:37,60	01:34,29	03:38,08	00:48,28	01:44,85	00:48,27	01:57,60	00:49,42	00:30,71	01:07,15	02:29,52	00:40,70	01:24,64	03:09,07	00:42,13	01:31,15	00:34,31	01:15,12	02:57,33	01:19,54	02:55,76
872	00:37,61	01:34,31	03:38,11	00:48,29	01:44,87	00:48,28	01:57,62	00:49,42	00:30,71	01:07,16	02:29,54	00:40,71	01:24,65	03:09,09	00:42,14	01:31,16	00:34,32	01:15,13	02:57,35	01:19,55	02:55,78
871	00:37,62	01:34,32	03:38,13	00:48,30	01:44,88	00:48,29	01:57,64	00:49,43	00:30,72	01:07,17	02:29,56	00:40,71	01:24,67	03:09,11	00:42,15	01:31,18	00:34,33	01:15,14	02:57,37	01:19,56	02:55,80
870	00:37,62	01:34,34	03:38,16	00:48,31	01:44,90	00:48,30	01:57,65	00:49,44	00:30,72	01:07,18	02:29,58	00:40,72	01:24,68	03:09,13	00:42,15	01:31,19	00:34,33	01:15,16	02:57,39	01:19,58	02:55,82
869	00:37,63	01:34,35	03:38,18	00:48,32	01:44,92	00:48,31	01:57,67	00:49,45	00:30,73	01:07,19	02:29,59	00:40,73	01:24,69	03:09,16	00:42,16	01:31,20	00:34,34	01:15,17	02:57,41	01:19,59	02:55,84
868	00:37,64	01:34,37	03:38,21	00:48,33	01:44,93	00:48,32	01:57,69	00:49,46	00:30,73	01:07,20	02:29,61	00:40,74	01:24,71	03:09,18	00:42,17	01:31,22	00:34,34	01:15,18	02:57,43	01:19,60	02:55,86
867	00:37,64	01:34,38	03:38,23	00:48,33	01:44,95	00:48,32	01:57,71	00:49,47	00:30,74	01:07,21	02:29,63	00:40,74	01:24,72	03:09,20	00:42,18	01:31,23	00:34,35	01:15,19	02:57,45	01:19,61	02:55,88
866	00:37,65	01:34,39	03:38,26	00:48,34	01:44,96	00:48,33	01:57,73	00:49,48	00:30,75	01:07,22	02:29,64	00:40,75	01:24,73	03:09,22	00:42,18	01:31,24	00:34,36	01:15,20	02:57,47	01:19,63	02:55,90
865	00:37,66	01:34,41	03:38,28	00:48,35	01:44,98	00:48,34	01:57,74	00:49,49	00:30,75	01:07,23	02:29,66	00:40,76	01:24,74	03:09,24	00:42,19	01:31,26	00:34,36	01:15,21	02:57,49	01:19,64	02:55,92
864	00:37,67	01:34,42	03:38,31	00:48,36	01:45,00	00:48,35	01:57,76	00:49,50	00:30,76	01:07,24	02:29,68	00:40,77	01:24,76	03:09,27	00:42,20	01:31,27	00:34,37	01:15,22	02:57,51	01:19,65	02:55,94
863	00:37,67	01:34,44	03:38,33	00:48,37	01:45,01	00:48,36	01:57,78	00:49,51	00:30,76	01:07,25	02:29,70	00:40,77	01:24,77	03:09,29	00:42,21	01:31,29	00:34,38	01:15,24	02:57,54	01:19,66	02:55,96
862	00:37,68	01:34,45	03:38,36	00:48,38	01:45,03	00:48,37	01:57,80	00:49,52	00:30,77	01:07,26	02:29,71	00:40,78	01:24,78	03:09,31	00:42,22	01:31,30	00:34,38	01:15,25	02:57,56	01:19,67	02:55,98
861	00:37,69	01:34,47	03:38,39	00:48,39	01:45,04	00:48,38	01:57,82	00:49,52	00:30,77	01:07,27	02:29,73	00:40,79	01:24,80	03:09,33	00:42,22	01:31,31	00:34,39	01:15,26	02:57,58	01:19,69	02:56,00
860	00:37,69	01:34,48	03:38,41	00:48,40	01:45,06	00:48,39	01:57,83	00:49,53	00:30,78	01:07,28	02:29,75	00:40,80	01:24,81	03:09,35	00:42,23	01:31,33	00:34,40	01:15,27	02:57,60	01:19,70	02:56,02
859	00:37,70	01:34,50	03:38,44	00:48,41	01:45,08	00:48,40	01:57,85	00:49,54	00:30,79	01:07,29	02:29,77	00:40,80	01:24,82	03:09,38	00:42,24	01:31,34	00:34,40	01:15,28	02:57,62	01:19,71	02:56,04
858	00:37,71	01:34,51	03:38,46	00:48,42	01:45,09	00:48,40	01:57,87	00:49,55	00:30,79	01:07,30	02:29,78	00:40,81	01:24,84	03:09,40	00:42,25	01:31,36	00:34,41	01:15,29	02:57,64	01:19,72	02:56,07
857	00:37,71	01:34,53	03:38,49	00:48,42	01:45,11	00:48,41	01:57,89	00:49,56	00:30,80	01:07,31	02:29,80	00:40,82	01:24,85	03:09,42	00:42,25	01:31,37	00:34,41	01:15,31	02:57,66	01:19,74	02:56,09
856	00:37,72	01:34,54	03:38,51	00:48,43	01:45,13	00:48,42	01:57,91	00:49,57	00:30,80	01:07,32	02:29,82	00:40,83	01:24,86	03:09,44	00:42,26	01:31,39	00:34,42	01:15,32	02:57,68	01:19,75	02:56,11
855	00:37,73	01:34,55	03:38,54	00:48,44	01:45,14	00:48,43	01:57,93	00:49,58	00:30,81	01:07,33	02:29,84	00:40,83	01:24,88	03:09,46	00:42,27	01:31,40	00:34,43	01:15,33	02:57,70	01:19,76	02:56,13
854	00:37,74	01:34,57	03:38,56	00:48,45	01:45,16	00:48,44	01:57,94	00:49,59	00:30,81	01:07,35	02:29,85	00:40,84	01:24,89	03:09,49	00:42,28	01:31,41	00:34,43	01:15,34	02:57,72	01:19,77	02:56,15
853	00:37,74	01:34,58	03:38,59	00:48,46	01:45,17	00:48,45	01:57,96	00:49,60	00:30,82	01:07,36	02:29,87	00:40,85	01:24,90	03:09,51	00:42,29	01:31,43	00:34,44	01:15,35	02:57,74	01:19,79	02:56,17
852	00:37,75	01:34,60	03:38,62	00:48,47	01:45,19	00:48,46	01:57,98	00:49,61	00:30,83	01:07,37	02:29,89	00:40,86	01:24,92	03:09,53	00:42,29	01:31,44	00:34,45	01:15,36	02:57,76	01:19,80	02:56,19
851	00:37,76	01:34,61	03:38,64	00:48,48	01:45,21	00:48,47	01:58,00	00:49,62	00:30,83	01:07,38	02:29,91	00:40,87	01:24,93	03:09,55	00:42,30	01:31,46	00:34,45	01:15,38	02:57,79	01:19,81	02:56,21
850	00:37,76	01:34,63	03:38,67	00:48,49	01:45,22	00:48,48	01:58,02	00:49,63	00:30,84	01:07,39	02:29,93	00:40,87	01:24,94	03:09,58	00:42,31	01:31,47	00:34,46	01:15,39	02:57,81	01:19,82	02:56,23
849	00:37,77	01:34,64	03:38,69	00:48,50	01:45,24	00:48,49	01:58,04	00:49,64	00:30,84	01:07,40	02:29,94	00:40,88	01:24,95	03:09,60	00:42,32	01:31,49	00:34,47	01:15,40	02:57,83	01:19,83	02:56,25
848	00:37,78	01:34,66	03:38,72	00:48,51	01:45,26	00:48,50	01:58,05	00:49,64	00:30,85	01:07,41	02:29,96	00:40,89	01:24,97	03:09,62	00:42,33	01:31,50	00:34,47	01:15,41	02:57,85	01:19,85	02:56,27
847	00:37,78	01:34,67	03:38,74	00:48,51	01:45,27	00:48,50	01:58,07	00:49,65	00:30,85	01:07,42	02:29,98	00:40,90	01:24,98	03:09,64	00:42,33	01:31,51	00:34,48	01:15,42	02:57,87	01:19,86	02:56,29
846	00:37,79	01:34,69	03:38,77	00:48,52	01:45,29	00:48,51	01:58,09	00:49,66	00:30,86	01:07,43	02:30,00	00:40,90	01:24,99	03:09,67	00:42,34	01:31,53	00:34,49	01:15,43	02:57,89	01:19,87	02:56,31
845	00:37,80	01:34,70	03:38,80	00:48,53	01:45,31	00:48,52	01:58,11	00:49,67	00:30,87	01:07,44	02:30,01	00:40,91	01:25,01	03:09,69	00:42,35	01:31,54	00:34,49	01:15,45	02:57,91	01:19,88	02:56,33
844	00:37,81	01:34,72	03:38,82	00:48,54	01:45,32	00:48,53	01:58,13	00:49,68	00:30,87	01:07,45	02:30,03	00:40,92	01:25,02	03:09,71	00:42,36	01:31,56	00:34,50	01:15,46	02:57,93	01:19,90	02:56,36
843	00:37,81	01:34,73	03:38,85	00:48,55	01:45,34	00:48,54	01:58,15	00:49,69	00:30,88	01:07,46	02:30,05	00:40,93	01:25,03	03:09,73	00:42,37	01:31,57	00:34,50	01:15,47	02:57,95	01:19,91	02:56,38
842	00:37,82	01:34,75	03:38,87	00:48,56	01:45,36	00:48,55	01:58,17	00:49,70	00:30,88	01:07,47	02:30,07	00:40,93	01:25,05	03:09,76	00:42,37	01:31,59	00:34,51	01:15,48	02:57,97	01:19,92	02:56,40
841	00:37,83	01:34,76	03:38,90	00:48,57	01:45,37	00:48,56	01:58,18	00:49,71	00:30,89	01:07,48	02:30,09	00:40,94	01:25,06	03:09,78	00:42,38	01:31,60	00:34,52	01:15,49	02:58,00	01:19,94	02:56,42

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
840	00:37,83	01:34,78	03:38,93	00:48,58	01:45,39	00:48,57	01:58,20	00:49,72	00:30,89	01:07,49	02:30,10	00:40,95	01:25,07	03:09,80	00:42,39	01:31,61	00:34,52	01:15,51	02:58,02	01:19,95	02:56,44
839	00:37,84	01:34,79	03:38,95	00:48,59	01:45,41	00:48,58	01:58,22	00:49,73	00:30,90	01:07,50	02:30,12	00:40,96	01:25,09	03:09,82	00:42,40	01:31,63	00:34,53	01:15,52	02:58,04	01:19,96	02:56,46
838	00:37,85	01:34,81	03:38,98	00:48,60	01:45,42	00:48,59	01:58,24	00:49,74	00:30,91	01:07,51	02:30,14	00:40,97	01:25,10	03:09,85	00:42,41	01:31,64	00:34,54	01:15,53	02:58,06	01:19,97	02:56,48
837	00:37,86	01:34,82	03:39,01	00:48,61	01:45,44	00:48,60	01:58,26	00:49,75	00:30,91	01:07,53	02:30,16	00:40,97	01:25,12	03:09,87	00:42,41	01:31,66	00:34,54	01:15,54	02:58,08	01:19,99	02:56,50
836	00:37,86	01:34,84	03:39,03	00:48,62	01:45,46	00:48,61	01:58,28	00:49,76	00:30,92	01:07,54	02:30,18	00:40,98	01:25,13	03:09,89	00:42,42	01:31,67	00:34,55	01:15,55	02:58,10	01:20,00	02:56,52
835	00:37,87	01:34,85	03:39,06	00:48,62	01:45,47	00:48,61	01:58,30	00:49,77	00:30,92	01:07,55	02:30,19	00:40,99	01:25,14	03:09,92	00:42,43	01:31,69	00:34,56	01:15,57	02:58,12	01:20,01	02:56,55
834	00:37,88	01:34,87	03:39,08	00:48,63	01:45,49	00:48,62	01:58,31	00:49,78	00:30,93	01:07,56	02:30,21	00:41,00	01:25,16	03:09,94	00:42,44	01:31,70	00:34,56	01:15,58	02:58,15	01:20,02	02:56,57
833	00:37,89	01:34,88	03:39,11	00:48,64	01:45,51	00:48,63	01:58,33	00:49,79	00:30,94	01:07,57	02:30,23	00:41,00	01:25,17	03:09,96	00:42,45	01:31,72	00:34,57	01:15,59	02:58,17	01:20,04	02:56,59
832	00:37,89	01:34,90	03:39,14	00:48,65	01:45,52	00:48,64	01:58,35	00:49,80	00:30,94	01:07,58	02:30,25	00:41,01	01:25,18	03:09,98	00:42,45	01:31,73	00:34,58	01:15,60	02:58,19	01:20,05	02:56,61
831	00:37,90	01:34,91	03:39,16	00:48,66	01:45,54	00:48,65	01:58,37	00:49,81	00:30,95	01:07,59	02:30,27	00:41,02	01:25,20	03:10,01	00:42,46	01:31,75	00:34,58	01:15,61	02:58,21	01:20,06	02:56,63
830	00:37,91	01:34,93	03:39,19	00:48,67	01:45,56	00:48,66	01:58,39	00:49,81	00:30,95	01:07,60	02:30,28	00:41,03	01:25,21	03:10,03	00:42,47	01:31,76	00:34,59	01:15,63	02:58,23	01:20,07	02:56,65
829	00:37,91	01:34,94	03:39,22	00:48,68	01:45,57	00:48,67	01:58,41	00:49,82	00:30,96	01:07,61	02:30,30	00:41,04	01:25,22	03:10,05	00:42,48	01:31,77	00:34,60	01:15,64	02:58,25	01:20,09	02:56,67
828	00:37,92	01:34,96	03:39,24	00:48,69	01:45,59	00:48,68	01:58,43	00:49,83	00:30,97	01:07,62	02:30,32	00:41,04	01:25,24	03:10,08	00:42,49	01:31,79	00:34,60	01:15,65	02:58,27	01:20,10	02:56,69
827	00:37,93	01:34,97	03:39,27	00:48,70	01:45,61	00:48,69	01:58,45	00:49,84	00:30,97	01:07,63	02:30,34	00:41,05	01:25,25	03:10,10	00:42,49	01:31,80	00:34,61	01:15,66	02:58,30	01:20,11	02:56,72
826	00:37,94	01:34,99	03:39,30	00:48,71	01:45,62	00:48,70	01:58,47	00:49,85	00:30,98	01:07,64	02:30,36	00:41,06	01:25,26	03:10,12	00:42,50	01:31,82	00:34,62	01:15,67	02:58,32	01:20,13	02:56,74
825	00:37,94	01:35,00	03:39,32	00:48,72	01:45,64	00:48,71	01:58,49	00:49,86	00:30,98	01:07,65	02:30,37	00:41,07	01:25,28	03:10,15	00:42,51	01:31,83	00:34,62	01:15,69	02:58,34	01:20,14	02:56,76
824	00:37,95	01:35,02	03:39,35	00:48,73	01:45,66	00:48,72	01:58,50	00:49,87	00:30,99	01:07,67	02:30,39	00:41,08	01:25,29	03:10,17	00:42,52	01:31,85	00:34,63	01:15,70	02:58,36	01:20,15	02:56,78
823	00:37,96	01:35,03	03:39,38	00:48,74	01:45,68	00:48,73	01:58,52	00:49,88	00:31,00	01:07,68	02:30,41	00:41,08	01:25,31	03:10,19	00:42,53	01:31,86	00:34,64	01:15,71	02:58,38	01:20,16	02:56,80
822	00:37,97	01:35,05	03:39,40	00:48,75	01:45,69	00:48,74	01:58,54	00:49,89	00:31,00	01:07,69	02:30,43	00:41,09	01:25,32	03:10,21	00:42,54	01:31,88	00:34,64	01:15,72	02:58,40	01:20,18	02:56,82
821	00:37,97	01:35,06	03:39,43	00:48,76	01:45,71	00:48,75	01:58,56	00:49,90	00:31,01	01:07,70	02:30,45	00:41,10	01:25,33	03:10,24	00:42,54	01:31,89	00:34,65	01:15,74	02:58,43	01:20,19	02:56,85
820	00:37,98	01:35,08	03:39,46	00:48,77	01:45,73	00:48,75	01:58,58	00:49,91	00:31,01	01:07,71	02:30,47	00:41,11	01:25,35	03:10,26	00:42,55	01:31,91	00:34,66	01:15,75	02:58,45	01:20,20	02:56,87
819	00:37,99	01:35,10	03:39,48	00:48,77	01:45,74	00:48,76	01:58,60	00:49,92	00:31,02	01:07,72	02:30,49	00:41,12	01:25,36	03:10,28	00:42,56	01:31,92	00:34,66	01:15,76	02:58,47	01:20,22	02:56,89
818	00:37,99	01:35,11	03:39,51	00:48,78	01:45,76	00:48,77	01:58,62	00:49,93	00:31,03	01:07,73	02:30,50	00:41,12	01:25,38	03:10,31	00:42,57	01:31,94	00:34,67	01:15,77	02:58,49	01:20,23	02:56,91
817	00:38,00	01:35,13	03:39,54	00:48,79	01:45,78	00:48,78	01:58,64	00:49,94	00:31,03	01:07,74	02:30,52	00:41,13	01:25,39	03:10,33	00:42,58	01:31,95	00:34,68	01:15,78	02:58,51	01:20,24	02:56,93
816	00:38,01	01:35,14	03:39,56	00:48,80	01:45,80	00:48,79	01:58,66	00:49,95	00:31,04	01:07,75	02:30,54	00:41,14	01:25,40	03:10,35	00:42,59	01:31,97	00:34,68	01:15,80	02:58,54	01:20,26	02:56,95
815	00:38,02	01:35,16	03:39,59	00:48,81	01:45,81	00:48,80	01:58,68	00:49,96	00:31,04	01:07,76	02:30,56	00:41,15	01:25,42	03:10,38	00:42,59	01:31,98	00:34,69	01:15,81	02:58,56	01:20,27	02:56,98
814	00:38,02	01:35,17	03:39,62	00:48,82	01:45,83	00:48,81	01:58,70	00:49,97	00:31,05	01:07,78	02:30,58	00:41,16	01:25,43	03:10,40	00:42,60	01:32,00	00:34,70	01:15,82	02:58,58	01:20,28	02:57,00
813	00:38,03	01:35,19	03:39,65	00:48,83	01:45,85	00:48,82	01:58,72	00:49,98	00:31,06	01:07,79	02:30,60	00:41,16	01:25,44	03:10,42	00:42,61	01:32,01	00:34,70	01:15,83	02:58,60	01:20,29	02:57,02
812	00:38,04	01:35,20	03:39,67	00:48,84	01:45,86	00:48,83	01:58,74	00:49,99	00:31,06	01:07,80	02:30,61	00:41,17	01:25,46	03:10,45	00:42,62	01:32,03	00:34,71	01:15,85	02:58,62	01:20,31	02:57,04
811	00:38,05	01:35,22	03:39,70	00:48,85	01:45,88	00:48,84	01:58,75	00:50,00	00:31,07	01:07,81	02:30,63	00:41,18	01:25,47	03:10,47	00:42,63	01:32,04	00:34,72	01:15,86	02:58,65	01:20,32	02:57,06
810	00:38,05	01:35,24	03:39,73	00:48,86	01:45,90	00:48,85	01:58,77	00:50,01	00:31,07	01:07,82	02:30,65	00:41,19	01:25,49	03:10,50	00:42,64	01:32,06	00:34,72	01:15,87	02:58,67	01:20,33	02:57,09
809	00:38,06	01:35,25	03:39,75	00:48,87	01:45,92	00:48,86	01:58,79	00:50,02	00:31,08	01:07,83	02:30,67	00:41,20	01:25,50	03:10,52	00:42,64	01:32,07	00:34,73	01:15,88	02:58,69	01:20,35	02:57,11
808	00:38,07	01:35,27	03:39,78	00:48,88	01:45,93	00:48,87	01:58,81	00:50,03	00:31,09	01:07,84	02:30,69	00:41,20	01:25,51	03:10,54	00:42,65	01:32,09	00:34,74	01:15,90	02:58,71	01:20,36	02:57,13
807	00:38,08	01:35,28	03:39,81	00:48,89	01:45,95	00:48,88	01:58,83	00:50,04	00:31,09	01:07,85	02:30,71	00:41,21	01:25,53	03:10,57	00:42,66	01:32,10	00:34,74	01:15,91	02:58,73	01:20,37	02:57,15
806	00:38,08	01:35,30	03:39,84	00:48,90	01:45,97	00:48,89	01:58,85	00:50,05	00:31,10	01:07,86	02:30,73	00:41,22	01:25,54	03:10,59	00:42,67	01:32,12	00:34,75	01:15,92	02:58,76	01:20,39	02:57,17
805	00:38,09	01:35,31	03:39,86	00:48,91	01:45,99	00:48,90	01:58,87	00:50,06	00:31,10	01:07,88	02:30,75	00:41,23	01:25,56	03:10,61	00:42,68	01:32,13	00:34,76	01:15,93	02:58,78	01:20,40	02:57,20
804	00:38,10	01:35,33	03:39,89	00:48,92	01:46,00	00:48,91	01:58,89	00:50,07	00:31,11	01:07,89	02:30,76	00:41,24	01:25,57	03:10,64	00:42,69	01:32,15	00:34,77	01:15,95	02:58,80	01:20,41	02:57,22
803	00:38,11	01:35,34	03:39,92	00:48,93	01:46,02	00:48,92	01:58,91	00:50,08	00:31,12	01:07,90	02:30,78	00:41,24	01:25,58	03:10,66	00:42,69	01:32,16	00:34,77	01:15,96	02:58,82	01:20,43	02:57,24
802	00:38,11	01:35,36	03:39,95	00:48,94	01:46,04	00:48,93	01:58,93	00:50,09	00:31,12	01:07,91	02:30,80	00:41,25	01:25,60	03:10,69	00:42,70	01:32,18	00:34,78	01:15,97	02:58,85	01:20,44	02:57,26
801	00:38,12	01:35,38	03:39,97	00:48,95	01:46,06	00:48,94	01:58,95	00:50,10	00:31,13	01:07,92	02:30,82	00:41,26	01:25,61	03:10,71	00:42,71	01:32,19	00:34,79	01:15,98	02:58,87	01:20,45	02:57,28
800	00:38,13	01:35,39	03:40,00	00:48,96	01:46,07	00:48,95	01:58,97	00:50,11	00:31,14	01:07,93	02:30,84	00:41,27	01:25,63	03:10,73	00:42,72	01:32,21	00:34,79	01:16,00	02:58,89	01:20,47	02:57,31
799	00:38,14	01:35,41	03:40,03	00:48,97	01:46,09	00:48,96	01:58,99	00:50,12	00:31,14	01:07,94	02:30,86	00:41,28	01:25,64	03:10,76	00:42,73	01:32,22	00:34,80	01:16,01	02:58,91	01:20,48	02:57,33
798	00:38,14	01:35,42	03:40,06	00:48,98	01:46,11	00:48,97	01:59,01	00:50,13	00:31,15	01:07,95	02:30,88	00:41,29	01:25,66	03:10,78	00:42,74	01:32,24	00:34,81	01:16,02	02:58,94	01:20,49	02:57,35
797	00:38,15	01:35,44	03:40,08	00:48,99	01:46,13	00:48,98	01:59,03	00:50,14	00:31,15	01:07,97	02:30,90	00:41,29	01:25,67	03:10,81	00:42,75	01:32,26	00:34,81	01:16,03	02:58,96	01:20,51	02:57,37
796	00:38,16	01:35,46	03:40,11	00:49,00	01:46,14	00:48,99	01:59,05	00:50,15	00:31,16	01:07,98	02:30,92	00:41,30	01:25,68	03:10,83	00:42,75	01:32,27	00:34,82	01:16,05	02:58,98	01:20,52	02:57,40
795	00:38,17	01:35,47	03:40,14	00:49,01	01:46,16	00:49,00	01:59,07	00:50,16	00:31,17	01:07,99	02:30,93	00:41,31	01:25,70	03:10,85	00:42,76	01:32,29	00:34,83	01:16,06	02:59,00	01:20,53	02:57,42
794	00:38,18	01:35,49	03:40,17	00:49,02	01:46,18	00:49,01	01:59,09	00:50,17	00:31,17	01:08,00	02:30,95	00:41,32	01:25,71	03:10,88	00:42,77	01:32,30	00:34,83	01:16,07	02:59,03	01:20,55	02:57,44
793	00:38,18	01:35,50	03:40,20	00:49,03	01:46,20	00:49,02	01:59,11	00:50,18	00:31,18	01:08,01	02:30,97	00:41,33	01:25,73	03:10,90	00:42,78	01:32,32	00:34,84	01:16,09	02:59,05	01:20,56	02:57,46
792	00:38,19	01:35,52	03:40,22	00:49,04	01:46,22	00:49,02	01:59,13	00:50,19	00:31,19	01:08,02	02:30,99	00:41,33	01:25,74	03:10,93	00:42,79	01:32,33	00:34,85	01:16,10	02:59,07	01:20,57	02:57,48
791	00:38,20	01:35,54	03:40,25	00:49,05	01:46,23	00:49,03	01:59,15	00:50,20	00:31,19	01:08,03	02:31,01	00:41,34	01:25,76	03:10,95	00:42,80	01:32,35	00:34,86	01:16,11	02:59,09	01:20,59	02:57,51
790	00:38,21	01:35,55	03:40,28	00:49,05	01:46,25	00:49,04	01:59,17	00:50,21	00:31,20	01:08,04	02:31,03	00:41,35	01:25,77	03:10,97	00:42,81	01:32,36	00:34,86	01:16,12	02:59,12	01:20,60	02:57,53
789	00:38,21	01:35,57	03:40,31	00:49,06	01:46,27	00:49,05	01:59,19	00:50,22	00:31,20	01:08,06	02:31,05	00:41,36	01:25,78	03:11,00	00:42,81	01:32,38	00:34,87	01:16,14	02:59,14	01:20,61	02:57,55
788	00:38,22	01:35,58	03:40,34	00:49,07	01:46,29	00:49,06	01:59,21	00:50,23	00:31,21	01:08,07	02:31,07	00:41,37	01:25,80	03:11,02	00:42,82	01:32,39	00:34,88	01:16,15	02:59,16	01:20,63	02:57,58
787	00:38,23	01:35,60	03:40,36	00:49,08	01:46,30	00:49,07	01:59,23	00:50,24	00:31,22	01:08,08	02:31,09	00:41,38	01:25,81	03:11,05	00:42,83	01:32,41	00:34,88	01:16,16	02:59,19	01:20,64	02:57,60
786	00:38,24	01:35,62	03:40,39	00:49,09	01:46,32	00:49,08	01:59,25	00:50,25	00:31,22	01:08,09	02:31,11	00:41,38	01:25,83	03:11,07	00:42,84	01:32,43	00:34,89	01:16,17	02:59,21	01:20,66	02:57,62
785	00:38,24	01:35,63	03:40,42	00:49,10	01:46,34	00:49,09	01:59,27	00:50,26	00:31,23	01:08,10	02:31,13	00:41,39	01:25,84	03:11,10	00:42,85	01:32,44	00:34,90	01:16,19	02:59,23	01:20,67	02:57,64
784	00:38,25	01:35,65	03:40,45	00:49,11	01:46,36	00:49,10	01:59,29	00:50,27	00:31,24	01:08,11	02:31,15	00:41,40	01:25,86	03:11,12	00:42,86	01:32,46	00:34,91	01:16,20	02:59,25	01:20,68	02:57,67
783	00:38,26	01:35,66	03:40,48	00:49,12	01:46,38	00:49,11	01:59,31	00:50,28	00:31,24	01:08,13	02:31,17	00:41,41	01:25,87	03:11,14	00:42,87	01:32,47	00:34,91	01:16,21	02:59,28	01:20,70	02:57,69
782	00:38,27	01:35,68	03:40,50	00:49,13	01:46,39	00:49,12	01:59,33	00:50,29	00:31,25	01:08,14	02:31,18	00:41,42	01:25,89	03:11,17	00:42,87	01:32,49	00:34,92	01:16,23	02:59,30	01:20,71	02:57,71
781	00:38,28	01:35,70	03:40,53	00:49,14	01:46,41	00:49,13	01:59,35	00:50,30	00:31,25	01:08,15	02:31,20	00:41,43	01:25,90	03:11,19	00:42,88	01:32,50	00:34,93	01:16,24	02:59,32	01:20,72	02:57,73
780	00:38,28	01:35,71	03:40,56	00:49,15	01:46,43	00:49,14	01:59,37	00:50,31	00:31,26	01:08,16	02:31,22	00:41,44	01:25,92	03:11,22	00:42,89	01:32,52	00:34,93	01:16,25	02:59,35	01:20,74	02:57,76
779	00:38,29	01:35,73	03:40,59	00:49,16	01:46,45	00:49,15	01:59,39	00:50,32	00:31,27	01:08,17	02:31,24	00:41,44	01:25,93	03:11,24	00:42,90	01:32,54	00:34,94	01:16,27	02:59,37	01:20,75	02:57,78
778	00:38,30	01:35,75	03:40,62	00:49,17	01:46,47	00:49,16	01:59,41	00:50,33	00:31,27	01:08,18	02:31,26	00:41,45	01:25,94	03:11,27	00:42,91	01:32,55	00:34,95	01:16,28	02:59,39	01:20,77	02:57,80
777	00:38,31	01:35,76	03:40,65	00:49,18	01:46,48	00:49,17	01:59,43	00:50,34	00:31,28	01:08,19	02:31,28	00:41,46	01:25,96	03:11,29	00:42,92	01:32,57	00:34,95	01:16,29	02:59,42	01:20,78	02:57,83
776	00:38,31	01:35,78	03:40,67	00:49,19	01:46,50	00:49,18	01:59,45	00:50,35	00:31,29	01:08,21	02:31,30	00:41,47	01:25,97	03:11,32	00:42,93	01:32,58	00:34,96	01:16,30	02:59,44	01:20,79	02:57,85
775	00:38,32	01:35,79	03:40,70	00:49,20	01:46,52	00:49,19	01:59,47	00:50,36	00:31,29	01:08,22	02:31,32	00:41,48	01:25,99	03:11,34	00:42,94	01:32,60	00:34,97	01:16,32	02:59,46	01:20,81	02:57,87

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
774	00:38,33	01:35,81	03:40,73	00:49,21	01:46,54	00:49,20	01:59,49	00:50,37	00:31,30	01:08,23	02:31,34	00:41,49	01:26,00	03:11,37	00:42,94	01:32,61	00:34,98	01:16,33	02:59,49	01:20,82	02:57,89
773	00:38,34	01:35,83	03:40,76	00:49,23	01:46,56	00:49,21	01:59,51	00:50,38	00:31,31	01:08,24	02:31,36	00:41,49	01:26,02	03:11,39	00:42,95	01:32,63	00:34,98	01:16,34	02:59,51	01:20,83	02:57,92
772	00:38,35	01:35,84	03:40,79	00:49,24	01:46,58	00:49,22	01:59,53	00:50,39	00:31,31	01:08,25	02:31,38	00:41,50	01:26,03	03:11,42	00:42,96	01:32,65	00:34,99	01:16,36	02:59,53	01:20,85	02:57,94
771	00:38,35	01:35,86	03:40,82	00:49,25	01:46,59	00:49,23	01:59,55	00:50,40	00:31,32	01:08,26	02:31,40	00:41,51	01:26,05	03:11,44	00:42,97	01:32,66	00:35,00	01:16,37	02:59,56	01:20,86	02:57,96
770	00:38,36	01:35,88	03:40,85	00:49,26	01:46,61	00:49,25	01:59,57	00:50,41	00:31,33	01:08,28	02:31,42	00:41,52	01:26,06	03:11,47	00:42,98	01:32,68	00:35,01	01:16,38	02:59,58	01:20,88	02:57,99
769	00:38,37	01:35,89	03:40,88	00:49,27	01:46,63	00:49,26	01:59,60	00:50,42	00:31,33	01:08,29	02:31,44	00:41,53	01:26,08	03:11,49	00:42,99	01:32,69	00:35,01	01:16,40	02:59,60	01:20,89	02:58,01
768	00:38,38	01:35,91	03:40,90	00:49,28	01:46,65	00:49,27	01:59,62	00:50,43	00:31,34	01:08,30	02:31,46	00:41,54	01:26,09	03:11,52	00:43,00	01:32,71	00:35,02	01:16,41	02:59,63	01:20,90	02:58,03
767	00:38,39	01:35,93	03:40,93	00:49,29	01:46,67	00:49,28	01:59,64	00:50,44	00:31,34	01:08,31	02:31,48	00:41,55	01:26,11	03:11,54	00:43,01	01:32,73	00:35,03	01:16,42	02:59,65	01:20,92	02:58,06
766	00:38,39	01:35,94	03:40,96	00:49,30	01:46,69	00:49,29	01:59,66	00:50,45	00:31,35	01:08,32	02:31,50	00:41,55	01:26,12	03:11,57	00:43,02	01:32,74	00:35,03	01:16,44	02:59,67	01:20,93	02:58,08
765	00:38,40	01:35,96	03:40,99	00:49,31	01:46,71	00:49,30	01:59,68	00:50,46	00:31,36	01:08,34	02:31,52	00:41,56	01:26,14	03:11,59	00:43,02	01:32,76	00:35,04	01:16,45	02:59,70	01:20,95	02:58,10
764	00:38,41	01:35,98	03:41,02	00:49,32	01:46,72	00:49,31	01:59,70	00:50,48	00:31,36	01:08,35	02:31,54	00:41,57	01:26,15	03:11,62	00:43,03	01:32,77	00:35,05	01:16,46	02:59,72	01:20,96	02:58,13
763	00:38,42	01:35,99	03:41,05	00:49,33	01:46,74	00:49,32	01:59,72	00:50,49	00:31,37	01:08,36	02:31,56	00:41,58	01:26,17	03:11,64	00:43,04	01:32,79	00:35,06	01:16,48	02:59,74	01:20,97	02:58,15
762	00:38,43	01:36,01	03:41,08	00:49,34	01:46,76	00:49,33	01:59,74	00:50,50	00:31,38	01:08,37	02:31,58	00:41,59	01:26,18	03:11,67	00:43,05	01:32,81	00:35,06	01:16,49	02:59,77	01:20,99	02:58,17
761	00:38,43	01:36,03	03:41,11	00:49,35	01:46,78	00:49,34	01:59,76	00:50,51	00:31,38	01:08,38	02:31,60	00:41,60	01:26,20	03:11,69	00:43,06	01:32,82	00:35,07	01:16,50	02:59,79	01:21,00	02:58,20
760	00:38,44	01:36,04	03:41,14	00:49,36	01:46,80	00:49,35	01:59,78	00:50,52	00:31,39	01:08,40	02:31,62	00:41,61	01:26,21	03:11,72	00:43,07	01:32,84	00:35,08	01:16,52	02:59,81	01:21,02	02:58,22
759	00:38,45	01:36,06	03:41,17	00:49,37	01:46,82	00:49,36	01:59,80	00:50,53	00:31,40	01:08,41	02:31,64	00:41,62	01:26,23	03:11,74	00:43,08	01:32,86	00:35,09	01:16,53	02:59,84	01:21,03	02:58,24
758	00:38,46	01:36,08	03:41,20	00:49,38	01:46,84	00:49,37	01:59,82	00:50,54	00:31,40	01:08,42	02:31,66	00:41,62	01:26,24	03:11,77	00:43,09	01:32,87	00:35,09	01:16,54	02:59,86	01:21,04	02:58,27
757	00:38,47	01:36,09	03:41,22	00:49,39	01:46,85	00:49,38	01:59,84	00:50,55	00:31,41	01:08,43	02:31,68	00:41,63	01:26,26	03:11,79	00:43,10	01:32,89	00:35,10	01:16,56	02:59,89	01:21,06	02:58,29
756	00:38,47	01:36,11	03:41,25	00:49,40	01:46,87	00:49,39	01:59,87	00:50,56	00:31,42	01:08,44	02:31,70	00:41,64	01:26,27	03:11,82	00:43,11	01:32,90	00:35,11	01:16,57	02:59,91	01:21,07	02:58,32
755	00:38,48	01:36,13	03:41,28	00:49,41	01:46,89	00:49,40	01:59,89	00:50,57	00:31,42	01:08,45	02:31,72	00:41,65	01:26,29	03:11,84	00:43,11	01:32,92	00:35,11	01:16,58	02:59,93	01:21,09	02:58,34
754	00:38,49	01:36,14	03:41,31	00:49,42	01:46,91	00:49,41	01:59,91	00:50,58	00:31,43	01:08,47	02:31,74	00:41,66	01:26,30	03:11,87	00:43,12	01:32,94	00:35,12	01:16,60	02:59,96	01:21,10	02:58,36
753	00:38,50	01:36,16	03:41,34	00:49,43	01:46,93	00:49,42	01:59,93	00:50,59	00:31,44	01:08,48	02:31,76	00:41,67	01:26,32	03:11,90	00:43,13	01:32,95	00:35,13	01:16,61	02:59,98	01:21,12	02:58,39
752	00:38,51	01:36,18	03:41,37	00:49,44	01:46,95	00:49,43	01:59,95	00:50,60	00:31,44	01:08,49	02:31,78	00:41,68	01:26,33	03:11,92	00:43,14	01:32,97	00:35,14	01:16,62	03:00,01	01:21,13	02:58,41
751	00:38,51	01:36,20	03:41,40	00:49,45	01:46,97	00:49,44	01:59,97	00:50,61	00:31,45	01:08,50	02:31,80	00:41,69	01:26,35	03:11,95	00:43,15	01:32,99	00:35,14	01:16,64	03:00,03	01:21,14	02:58,43
750	00:38,52	01:36,21	03:41,43	00:49,46	01:46,99	00:49,45	01:59,99	00:50,62	00:31,46	01:08,52	02:31,82	00:41,69	01:26,36	03:11,97	00:43,16	01:33,00	00:35,15	01:16,65	03:00,05	01:21,16	02:58,46
749	00:38,53	01:36,23	03:41,46	00:49,47	01:47,00	00:49,46	02:00,01	00:50,63	00:31,46	01:08,53	02:31,84	00:41,70	01:26,38	03:12,00	00:43,17	01:33,02	00:35,16	01:16,66	03:00,08	01:21,17	02:58,48
748	00:38,54	01:36,25	03:41,49	00:49,48	01:47,02	00:49,47	02:00,04	00:50,65	00:31,47	01:08,54	02:31,86	00:41,71	01:26,39	03:12,02	00:43,18	01:33,04	00:35,17	01:16,68	03:00,10	01:21,19	02:58,51
747	00:38,55	01:36,26	03:41,52	00:49,49	01:47,04	00:49,48	02:00,06	00:50,66	00:31,48	01:08,55	02:31,88	00:41,72	01:26,41	03:12,05	00:43,19	01:33,05	00:35,17	01:16,69	03:00,13	01:21,20	02:58,53
746	00:38,56	01:36,28	03:41,55	00:49,50	01:47,06	00:49,49	02:00,08	00:50,67	00:31,48	01:08,56	02:31,90	00:41,73	01:26,42	03:12,08	00:43,20	01:33,07	00:35,18	01:16,70	03:00,15	01:21,22	02:58,55
745	00:38,56	01:36,30	03:41,58	00:49,51	01:47,08	00:49,50	02:00,10	00:50,68	00:31,49	01:08,58	02:31,92	00:41,74	01:26,44	03:12,10	00:43,21	01:33,08	00:35,19	01:16,72	03:00,17	01:21,23	02:58,58
744	00:38,57	01:36,31	03:41,61	00:49,53	01:47,10	00:49,51	02:00,12	00:50,69	00:31,50	01:08,59	02:31,94	00:41,75	01:26,46	03:12,13	00:43,22	01:33,10	00:35,20	01:16,73	03:00,20	01:21,25	02:58,60
743	00:38,58	01:36,33	03:41,64	00:49,54	01:47,12	00:49,53	02:00,14	00:50,70	00:31,50	01:08,60	02:31,96	00:41,76	01:26,47	03:12,15	00:43,22	01:33,12	00:35,20	01:16,75	03:00,22	01:21,26	02:58,63
742	00:38,59	01:36,35	03:41,67	00:49,55	01:47,14	00:49,54	02:00,16	00:50,71	00:31,51	01:08,61	02:31,98	00:41,77	01:26,49	03:12,18	00:43,23	01:33,13	00:35,21	01:16,76	03:00,25	01:21,27	02:58,65
741	00:38,60	01:36,37	03:41,70	00:49,56	01:47,16	00:49,55	02:00,18	00:50,72	00:31,52	01:08,63	02:32,00	00:41,77	01:26,50	03:12,21	00:43,24	01:33,15	00:35,22	01:16,77	03:00,27	01:21,29	02:58,67
740	00:38,61	01:36,38	03:41,73	00:49,57	01:47,18	00:49,56	02:00,21	00:50,73	00:31,52	01:08,64	02:32,02	00:41,78	01:26,52	03:12,23	00:43,25	01:33,17	00:35,23	01:16,79	03:00,30	01:21,30	02:58,70
739	00:38,61	01:36,40	03:41,76	00:49,58	01:47,20	00:49,57	02:00,23	00:50,74	00:31,53	01:08,65	02:32,05	00:41,79	01:26,53	03:12,26	00:43,26	01:33,18	00:35,23	01:16,80	03:00,32	01:21,32	02:58,72
738	00:38,62	01:36,42	03:41,79	00:49,59	01:47,21	00:49,58	02:00,25	00:50,75	00:31,54	01:08,66	02:32,07	00:41,80	01:26,55	03:12,28	00:43,27	01:33,20	00:35,24	01:16,81	03:00,34	01:21,33	02:58,75
737	00:38,63	01:36,44	03:41,82	00:49,60	01:47,23	00:49,59	02:00,27	00:50,76	00:31,54	01:08,67	02:32,09	00:41,81	01:26,56	03:12,31	00:43,28	01:33,22	00:35,25	01:16,83	03:00,37	01:21,35	02:58,77
736	00:38,64	01:36,45	03:41,85	00:49,61	01:47,25	00:49,60	02:00,29	00:50,78	00:31,55	01:08,69	02:32,11	00:41,82	01:26,58	03:12,34	00:43,29	01:33,23	00:35,26	01:16,84	03:00,39	01:21,36	02:58,80
735	00:38,65	01:36,47	03:41,88	00:49,62	01:47,27	00:49,61	02:00,31	00:50,79	00:31,56	01:08,70	02:32,13	00:41,83	01:26,60	03:12,36	00:43,30	01:33,25	00:35,27	01:16,86	03:00,42	01:21,38	02:58,82
734	00:38,66	01:36,49	03:41,91	00:49,63	01:47,29	00:49,62	02:00,34	00:50,80	00:31,56	01:08,71	02:32,15	00:41,84	01:26,61	03:12,39	00:43,31	01:33,27	00:35,27	01:16,87	03:00,44	01:21,39	02:58,84
733	00:38,66	01:36,51	03:41,94	00:49,64	01:47,31	00:49,63	02:00,36	00:50,81	00:31,57	01:08,72	02:32,17	00:41,85	01:26,63	03:12,41	00:43,32	01:33,29	00:35,28	01:16,88	03:00,47	01:21,41	02:58,87
732	00:38,67	01:36,52	03:41,97	00:49,65	01:47,33	00:49,64	02:00,38	00:50,82	00:31,58	01:08,74	02:32,19	00:41,86	01:26,64	03:12,44	00:43,33	01:33,30	00:35,29	01:16,90	03:00,49	01:21,42	02:58,89
731	00:38,68	01:36,54	03:42,00	00:49,66	01:47,35	00:49,65	02:00,40	00:50,83	00:31,59	01:08,75	02:32,21	00:41,87	01:26,66	03:12,47	00:43,34	01:33,32	00:35,30	01:16,91	03:00,52	01:21,44	02:58,92
730	00:38,69	01:36,56	03:42,03	00:49,68	01:47,37	00:49,66	02:00,42	00:50,84	00:31,59	01:08,76	02:32,23	00:41,87	01:26,67	03:12,49	00:43,35	01:33,34	00:35,30	01:16,93	03:00,54	01:21,45	02:58,94
729	00:38,70	01:36,58	03:42,06	00:49,69	01:47,39	00:49,68	02:00,45	00:50,85	00:31,60	01:08,77	02:32,25	00:41,88	01:26,69	03:12,52	00:43,36	01:33,35	00:35,31	01:16,94	03:00,57	01:21,46	02:58,97
728	00:38,71	01:36,59	03:42,09	00:49,70	01:47,41	00:49,69	02:00,47	00:50,86	00:31,61	01:08,79	02:32,27	00:41,89	01:26,71	03:12,55	00:43,37	01:33,37	00:35,32	01:16,95	03:00,59	01:21,48	02:58,99
727	00:38,71	01:36,61	03:42,12	00:49,71	01:47,43	00:49,70	02:00,49	00:50,88	00:31,61	01:08,80	02:32,30	00:41,90	01:26,72	03:12,57	00:43,37	01:33,39	00:35,33	01:16,97	03:00,62	01:21,49	02:59,02
726	00:38,72	01:36,63	03:42,15	00:49,72	01:47,45	00:49,71	02:00,51	00:50,89	00:31,62	01:08,81	02:32,32	00:41,91	01:26,74	03:12,60	00:43,38	01:33,40	00:35,33	01:16,98	03:00,64	01:21,51	02:59,04
725	00:38,73	01:36,65	03:42,19	00:49,73	01:47,47	00:49,72	02:00,53	00:50,90	00:31,63	01:08,82	02:32,34	00:41,92	01:26,75	03:12,63	00:43,39	01:33,42	00:35,34	01:17,00	03:00,67	01:21,52	02:59,07
724	00:38,74	01:36,66	03:42,22	00:49,74	01:47,49	00:49,73	02:00,56	00:50,91	00:31,63	01:08,84	02:32,36	00:41,93	01:26,77	03:12,65	00:43,40	01:33,44	00:35,35	01:17,01	03:00,69	01:21,54	02:59,09
723	00:38,75	01:36,68	03:42,25	00:49,75	01:47,51	00:49,74	02:00,58	00:50,92	00:31,64	01:08,85	02:32,38	00:41,94	01:26,78	03:12,68	00:43,41	01:33,46	00:35,36	01:17,02	03:00,72	01:21,55	02:59,12
722	00:38,76	01:36,70	03:42,28	00:49,76	01:47,53	00:49,75	02:00,60	00:50,93	00:31,65	01:08,86	02:32,40	00:41,95	01:26,80	03:12,71	00:43,42	01:33,47	00:35,37	01:17,04	03:00,74	01:21,57	02:59,14
721	00:38,77	01:36,72	03:42,31	00:49,77	01:47,55	00:49,76	02:00,62	00:50,94	00:31,65	01:08,87	02:32,42	00:41,96	01:26,82	03:12,73	00:43,43	01:33,49	00:35,37	01:17,05	03:00,77	01:21,58	02:59,17
720	00:38,77	01:36,73	03:42,34	00:49,78	01:47,57	00:49,77	02:00,64	00:50,95	00:31,66	01:08,89	02:32,44	00:41,97	01:26,83	03:12,76	00:43,44	01:33,51	00:35,38	01:17,07	03:00,79	01:21,60	02:59,19
719	00:38,78	01:36,75	03:42,37	00:49,80	01:47,59	00:49,78	02:00,67	00:50,97	00:31,67	01:08,90	02:32,46	00:41,98	01:26,85	03:12,79	00:43,45	01:33,52	00:35,39	01:17,08	03:00,82	01:21,61	02:59,22
718	00:38,79	01:36,77	03:42,40	00:49,81	01:47,61	00:49,80	02:00,69	00:50,98	00:31,68	01:08,91	02:32,49	00:41,98	01:26,86	03:12,81	00:43,46	01:33,54	00:35,40	01:17,09	03:00,84	01:21,63	02:59,24
717	00:38,80	01:36,79	03:42,43	00:49,82	01:47,63	00:49,81	02:00,71	00:50,99	00:31,68	01:08,93	02:32,51	00:41,99	01:26,88	03:12,84	00:43,47	01:33,56	00:35,40	01:17,11	03:00,87	01:21,64	02:59,27
716	00:38,81	01:36,81	03:42,46	00:49,83	01:47,65	00:49,82	02:00,73	00:51,00	00:31,69	01:08,94	02:32,53	00:42,00	01:26,90	03:12,87	00:43,48	01:33,58	00:35,41	01:17,12	03:00,89	01:21,66	02:59,29
715	00:38,82	01:36,82	03:42,50	00:49,84	01:47,67	00:49,83	02:00,76	00:51,01	00:31,70	01:08,95	02:32,55	00:42,01	01:26,91	03:12,90	00:43,49	01:33,59	00:35,42	01:17,14	03:00,92	01:21,67	02:59,32
714	00:38,83	01:36,84	03:42,53	00:49,85	01:47,69	00:49,84	02:00,78	00:51,02	00:31,70	01:08,96	02:32,57	00:42,02	01:26,93	03:12,92	00:43,50	01:33,61	00:35,43	01:17,15	03:00,94	01:21,69	02:59,34
713	00:38,83	01:36,86	03:42,56	00:49,86	01:47,71	00:49,85	02:00,80	00:51,03	00:31,71	01:08,98	02:32,59	00:42,03	01:26,95	03:12,95	00:43,51	01:33,63	00:35,44	01:17,17	03:00,97	01:21,71	02:59,37
712	00:38,84	01:36,88	03:42,59	00:49,87	01:47,73	00:49,86	02:00,82	00:51,04	00:31,72	01:08,99	02:32,61	00:42,04	01:26,96	03:12,98	00:43,52	01:33,65	00:35,44	01:17,18	03:01,00	01:21,72	02:59,39
711	00:38,85	01:36,90	03:42,62	00:49,88	01:47,75	00:49,87	02:00,85	00:51,06	00:31,73	01:09,00	02:32,64	00:42,05	01:26,98	03:13,00	00:43,53	01:33,66	00:35,45	01:17,19	03:01,02	01:21,74	02:59,42
710	00:38,86	01:36,91	03:42,65	00:49,90	01:47,77	00:49,88	02:00,87	00:51,07	00:31,73	01:09,02	02:32,66	00:42,06	01:26,99	03:13,03	00:43,54	01:33,68	00:35,46	01:17,21	03:01,05	01:21,75	02:59,44
709	00:38,87	01:36,93	03:42,68	00:49,91	01:47,79	00:49,90	02:00,89	00:51,08	00:31,74	01:09,03	02:32,68	00:42,07	01:27,01	03:13,06	00:43,55	01:33,70	00:35,47	01:17,22	03:01,07	01:21,77	02:59,47

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
708	00:38,88	01:36,95	03:42,71	00:49,92	01:47,81	00:49,91	02:00,91	00:51,09	00:31,75	01:09,04	02:32,70	00:42,08	01:27,03	03:13,09	00:43,56	01:33,72	00:35,48	01:17,24	03:01,10	01:21,78	02:59,49
707	00:38,89	01:36,97	03:42,75	00:49,93	01:47,83	00:49,92	02:00,94	00:51,10	00:31,75	01:09,05	02:32,72	00:42,09	01:27,04	03:13,11	00:43,57	01:33,73	00:35,48	01:17,25	03:01,12	01:21,80	02:59,52
706	00:38,90	01:36,99	03:42,78	00:49,94	01:47,85	00:49,93	02:00,96	00:51,11	00:31,76	01:09,07	02:32,74	00:42,10	01:27,06	03:13,14	00:43,58	01:33,75	00:35,49	01:17,27	03:01,15	01:21,81	02:59,54
705	00:38,90	01:37,01	03:42,81	00:49,95	01:47,87	00:49,94	02:00,98	00:51,12	00:31,77	01:09,08	02:32,77	00:42,11	01:27,08	03:13,17	00:43,59	01:33,77	00:35,50	01:17,28	03:01,17	01:21,83	02:59,57
704	00:38,91	01:37,02	03:42,84	00:49,96	01:47,89	00:49,95	02:01,00	00:51,14	00:31,78	01:09,09	02:32,79	00:42,12	01:27,09	03:13,20	00:43,60	01:33,79	00:35,51	01:17,30	03:01,20	01:21,84	02:59,59
703	00:38,92	01:37,04	03:42,87	00:49,97	01:47,91	00:49,96	02:01,03	00:51,15	00:31,78	01:09,11	02:32,81	00:42,13	01:27,11	03:13,22	00:43,61	01:33,80	00:35,52	01:17,31	03:01,23	01:21,86	02:59,62
702	00:38,93	01:37,06	03:42,91	00:49,99	01:47,93	00:49,97	02:01,05	00:51,16	00:31,79	01:09,12	02:32,83	00:42,14	01:27,12	03:13,25	00:43,62	01:33,82	00:35,52	01:17,33	03:01,25	01:21,87	02:59,65
701	00:38,94	01:37,08	03:42,94	00:50,00	01:47,95	00:49,99	02:01,07	00:51,17	00:31,80	01:09,13	02:32,85	00:42,15	01:27,14	03:13,28	00:43,63	01:33,84	00:35,53	01:17,34	03:01,28	01:21,89	02:59,67
700	00:38,95	01:37,10	03:42,97	00:50,01	01:47,97	00:50,00	02:01,10	00:51,18	00:31,80	01:09,15	02:32,87	00:42,15	01:27,16	03:13,31	00:43,64	01:33,86	00:35,54	01:17,35	03:01,30	01:21,90	02:59,70
699	00:38,96	01:37,12	03:43,00	00:50,02	01:47,99	00:50,01	02:01,12	00:51,19	00:31,81	01:09,16	02:32,90	00:42,16	01:27,17	03:13,33	00:43,65	01:33,87	00:35,55	01:17,37	03:01,33	01:21,92	02:59,72
698	00:38,97	01:37,13	03:43,03	00:50,03	01:48,01	00:50,02	02:01,14	00:51,21	00:31,82	01:09,17	02:32,92	00:42,17	01:27,19	03:13,36	00:43,66	01:33,89	00:35,56	01:17,38	03:01,36	01:21,94	02:59,75
697	00:38,97	01:37,15	03:43,07	00:50,04	01:48,03	00:50,03	02:01,16	00:51,22	00:31,83	01:09,18	02:32,94	00:42,18	01:27,21	03:13,39	00:43,67	01:33,91	00:35,56	01:17,40	03:01,38	01:21,95	02:59,78
696	00:38,98	01:37,17	03:43,10	00:50,05	01:48,05	00:50,04	02:01,19	00:51,23	00:31,83	01:09,20	02:32,96	00:42,19	01:27,22	03:13,42	00:43,68	01:33,93	00:35,57	01:17,41	03:01,41	01:21,97	02:59,80
695	00:38,99	01:37,19	03:43,13	00:50,06	01:48,07	00:50,05	02:01,21	00:51,24	00:31,84	01:09,21	02:32,98	00:42,20	01:27,24	03:13,45	00:43,69	01:33,95	00:35,58	01:17,43	03:01,43	01:21,98	02:59,83
694	00:39,00	01:37,21	03:43,16	00:50,08	01:48,09	00:50,07	02:01,23	00:51,25	00:31,85	01:09,22	02:33,01	00:42,21	01:27,26	03:13,47	00:43,70	01:33,96	00:35,59	01:17,44	03:01,46	01:22,00	02:59,85
693	00:39,01	01:37,23	03:43,19	00:50,09	01:48,11	00:50,08	02:01,26	00:51,26	00:31,85	01:09,24	02:33,03	00:42,22	01:27,27	03:13,50	00:43,71	01:33,98	00:35,60	01:17,46	03:01,49	01:22,01	02:59,88
692	00:39,02	01:37,24	03:43,23	00:50,10	01:48,13	00:50,09	02:01,28	00:51,28	00:31,86	01:09,25	02:33,05	00:42,23	01:27,29	03:13,53	00:43,72	01:34,00	00:35,60	01:17,47	03:01,51	01:22,03	02:59,91
691	00:39,03	01:37,26	03:43,26	00:50,11	01:48,15	00:50,10	02:01,30	00:51,29	00:31,87	01:09,26	02:33,07	00:42,24	01:27,31	03:13,56	00:43,73	01:34,02	00:35,61	01:17,49	03:01,54	01:22,05	02:59,93
690	00:39,04	01:37,28	03:43,29	00:50,12	01:48,18	00:50,11	02:01,33	00:51,30	00:31,88	01:09,28	02:33,10	00:42,25	01:27,32	03:13,59	00:43,74	01:34,04	00:35,62	01:17,50	03:01,57	01:22,06	02:59,96
689	00:39,05	01:37,30	03:43,32	00:50,13	01:48,20	00:50,12	02:01,35	00:51,31	00:31,88	01:09,29	02:33,12	00:42,26	01:27,34	03:13,61	00:43,75	01:34,05	00:35,63	01:17,52	03:01,59	01:22,08	02:59,98
688	00:39,06	01:37,32	03:43,36	00:50,15	01:48,22	00:50,13	02:01,37	00:51,32	00:31,89	01:09,30	02:33,14	00:42,27	01:27,36	03:13,64	00:43,76	01:34,07	00:35,64	01:17,53	03:01,62	01:22,09	03:00,01
687	00:39,06	01:37,34	03:43,39	00:50,16	01:48,24	00:50,15	02:01,40	00:51,34	00:31,90	01:09,32	02:33,16	00:42,28	01:27,37	03:13,67	00:43,77	01:34,09	00:35,65	01:17,55	03:01,65	01:22,11	03:00,04
686	00:39,07	01:37,36	03:43,42	00:50,17	01:48,26	00:50,16	02:01,42	00:51,35	00:31,91	01:09,33	02:33,18	00:42,29	01:27,39	03:13,70	00:43,78	01:34,11	00:35,65	01:17,56	03:01,67	01:22,12	03:00,06
685	00:39,08	01:37,38	03:43,45	00:50,18	01:48,28	00:50,17	02:01,44	00:51,36	00:31,91	01:09,34	02:33,21	00:42,30	01:27,41	03:13,73	00:43,79	01:34,13	00:35,66	01:17,58	03:01,70	01:22,14	03:00,09
684	00:39,09	01:37,40	03:43,49	00:50,19	01:48,30	00:50,18	02:01,47	00:51,37	00:31,92	01:09,36	02:33,23	00:42,31	01:27,43	03:13,76	00:43,80	01:34,15	00:35,67	01:17,59	03:01,73	01:22,16	03:00,12
683	00:39,10	01:37,41	03:43,52	00:50,20	01:48,32	00:50,19	02:01,49	00:51,38	00:31,93	01:09,37	02:33,25	00:42,32	01:27,44	03:13,78	00:43,81	01:34,16	00:35,68	01:17,61	03:01,75	01:22,17	03:00,14
682	00:39,11	01:37,43	03:43,55	00:50,22	01:48,34	00:50,20	02:01,52	00:51,40	00:31,94	01:09,38	02:33,27	00:42,33	01:27,46	03:13,81	00:43,82	01:34,18	00:35,69	01:17,62	03:01,78	01:22,19	03:00,17
681	00:39,12	01:37,45	03:43,59	00:50,23	01:48,36	00:50,22	02:01,54	00:51,41	00:31,94	01:09,40	02:33,30	00:42,34	01:27,48	03:13,84	00:43,83	01:34,20	00:35,70	01:17,64	03:01,81	01:22,20	03:00,19
680	00:39,13	01:37,47	03:43,62	00:50,24	01:48,39	00:50,23	02:01,56	00:51,42	00:31,95	01:09,41	02:33,32	00:42,35	01:27,49	03:13,87	00:43,84	01:34,22	00:35,70	01:17,65	03:01,83	01:22,22	03:00,22
679	00:39,14	01:37,49	03:43,65	00:50,25	01:48,41	00:50,24	02:01,59	00:51,43	00:31,96	01:09,43	02:33,34	00:42,36	01:27,51	03:13,90	00:43,85	01:34,24	00:35,71	01:17,67	03:01,86	01:22,24	03:00,25
678	00:39,15	01:37,51	03:43,68	00:50,26	01:48,43	00:50,25	02:01,61	00:51,44	00:31,97	01:09,44	02:33,37	00:42,37	01:27,53	03:13,93	00:43,86	01:34,26	00:35,72	01:17,68	03:01,89	01:22,25	03:00,27
677	00:39,16	01:37,53	03:43,72	00:50,27	01:48,45	00:50,26	02:01,63	00:51,46	00:31,97	01:09,45	02:33,39	00:42,38	01:27,54	03:13,96	00:43,87	01:34,27	00:35,73	01:17,70	03:01,91	01:22,27	03:00,30
676	00:39,16	01:37,55	03:43,75	00:50,29	01:48,47	00:50,28	02:01,66	00:51,47	00:31,98	01:09,47	02:33,41	00:42,39	01:27,56	03:13,98	00:43,88	01:34,29	00:35,74	01:17,71	03:01,94	01:22,28	03:00,33
675	00:39,17	01:37,57	03:43,78	00:50,30	01:48,49	00:50,29	02:01,68	00:51,48	00:31,99	01:09,48	02:33,43	00:42,40	01:27,58	03:14,01	00:43,89	01:34,31	00:35,75	01:17,73	03:01,97	01:22,30	03:00,35
674	00:39,18	01:37,59	03:43,82	00:50,31	01:48,51	00:50,30	02:01,71	00:51,49	00:32,00	01:09,49	02:33,46	00:42,41	01:27,60	03:14,04	00:43,90	01:34,33	00:35,75	01:17,74	03:01,99	01:22,32	03:00,38
673	00:39,19	01:37,60	03:43,85	00:50,32	01:48,53	00:50,31	02:01,73	00:51,50	00:32,00	01:09,51	02:33,48	00:42,42	01:27,61	03:14,07	00:43,91	01:34,35	00:35,76	01:17,76	03:02,02	01:22,33	03:00,41
672	00:39,20	01:37,62	03:43,88	00:50,33	01:48,56	00:50,32	02:01,75	00:51,52	00:32,01	01:09,52	02:33,50	00:42,43	01:27,63	03:14,10	00:43,92	01:34,37	00:35,77	01:17,77	03:02,05	01:22,35	03:00,44
671	00:39,21	01:37,64	03:43,92	00:50,35	01:48,58	00:50,33	02:01,78	00:51,53	00:32,02	01:09,53	02:33,53	00:42,44	01:27,65	03:14,13	00:43,93	01:34,39	00:35,78	01:17,79	03:02,08	01:22,37	03:00,46
670	00:39,22	01:37,66	03:43,95	00:50,36	01:48,60	00:50,35	02:01,80	00:51,54	00:32,03	01:09,55	02:33,55	00:42,45	01:27,67	03:14,16	00:43,94	01:34,40	00:35,79	01:17,81	03:02,10	01:22,38	03:00,49
669	00:39,23	01:37,68	03:43,98	00:50,37	01:48,62	00:50,36	02:01,83	00:51,55	00:32,03	01:09,56	02:33,57	00:42,46	01:27,68	03:14,19	00:43,95	01:34,42	00:35,80	01:17,82	03:02,13	01:22,40	03:00,52
668	00:39,24	01:37,70	03:44,02	00:50,38	01:48,64	00:50,37	02:01,85	00:51,56	00:32,04	01:09,58	02:33,59	00:42,47	01:27,70	03:14,22	00:43,96	01:34,44	00:35,81	01:17,84	03:02,16	01:22,41	03:00,54
667	00:39,25	01:37,72	03:44,05	00:50,39	01:48,66	00:50,38	02:01,87	00:51,58	00:32,05	01:09,59	02:33,62	00:42,48	01:27,72	03:14,25	00:43,97	01:34,46	00:35,81	01:17,85	03:02,18	01:22,43	03:00,57
666	00:39,26	01:37,74	03:44,09	00:50,41	01:48,68	00:50,39	02:01,90	00:51,59	00:32,06	01:09,60	02:33,64	00:42,49	01:27,74	03:14,27	00:43,98	01:34,48	00:35,82	01:17,87	03:02,21	01:22,45	03:00,60
665	00:39,27	01:37,76	03:44,12	00:50,42	01:48,71	00:50,41	02:01,92	00:51,60	00:32,06	01:09,62	02:33,66	00:42,50	01:27,75	03:14,30	00:43,99	01:34,50	00:35,83	01:17,88	03:02,24	01:22,46	03:00,62
664	00:39,28	01:37,78	03:44,15	00:50,43	01:48,73	00:50,42	02:01,95	00:51,61	00:32,07	01:09,63	02:33,69	00:42,51	01:27,77	03:14,33	00:44,00	01:34,52	00:35,84	01:17,90	03:02,27	01:22,48	03:00,65
663	00:39,29	01:37,80	03:44,19	00:50,44	01:48,75	00:50,43	02:01,97	00:51,63	00:32,08	01:09,65	02:33,71	00:42,52	01:27,79	03:14,36	00:44,01	01:34,54	00:35,85	01:17,91	03:02,29	01:22,50	03:00,68
662	00:39,30	01:37,82	03:44,22	00:50,45	01:48,77	00:50,44	02:02,00	00:51,64	00:32,09	01:09,66	02:33,73	00:42,53	01:27,81	03:14,39	00:44,03	01:34,55	00:35,86	01:17,93	03:02,32	01:22,51	03:00,71
661	00:39,30	01:37,84	03:44,26	00:50,47	01:48,79	00:50,46	02:02,02	00:51,65	00:32,10	01:09,67	02:33,76	00:42,54	01:27,82	03:14,42	00:44,04	01:34,57	00:35,87	01:17,95	03:02,35	01:22,53	03:00,73
660	00:39,31	01:37,86	03:44,29	00:50,48	01:48,82	00:50,47	02:02,04	00:51,66	00:32,10	01:09,69	02:33,78	00:42,55	01:27,84	03:14,45	00:44,05	01:34,59	00:35,87	01:17,96	03:02,38	01:22,55	03:00,76
659	00:39,32	01:37,88	03:44,32	00:50,49	01:48,84	00:50,48	02:02,07	00:51,68	00:32,11	01:09,70	02:33,80	00:42,56	01:27,86	03:14,48	00:44,06	01:34,61	00:35,88	01:17,98	03:02,41	01:22,56	03:00,79
658	00:39,33	01:37,90	03:44,36	00:50,50	01:48,86	00:50,49	02:02,09	00:51,69	00:32,12	01:09,72	02:33,83	00:42,57	01:27,88	03:14,51	00:44,07	01:34,63	00:35,89	01:17,99	03:02,43	01:22,58	03:00,82
657	00:39,34	01:37,92	03:44,39	00:50,51	01:48,88	00:50,50	02:02,12	00:51,70	00:32,13	01:09,73	02:33,85	00:42,58	01:27,89	03:14,54	00:44,08	01:34,65	00:35,90	01:18,01	03:02,46	01:22,60	03:00,84
656	00:39,35	01:37,94	03:44,43	00:50,53	01:48,90	00:50,52	02:02,14	00:51,71	00:32,13	01:09,74	02:33,87	00:42,59	01:27,91	03:14,57	00:44,09	01:34,67	00:35,91	01:18,02	03:02,49	01:22,61	03:00,87
655	00:39,36	01:37,96	03:44,46	00:50,54	01:48,93	00:50,53	02:02,17	00:51,73	00:32,14	01:09,76	02:33,90	00:42,60	01:27,93	03:14,60	00:44,10	01:34,69	00:35,92	01:18,04	03:02,52	01:22,63	03:00,90
654	00:39,37	01:37,98	03:44,49	00:50,55	01:48,95	00:50,54	02:02,19	00:51,74	00:32,15	01:09,77	02:33,92	00:42,61	01:27,95	03:14,63	00:44,11	01:34,71	00:35,93	01:18,06	03:02,54	01:22,65	03:00,93
653	00:39,38	01:38,00	03:44,53	00:50,56	01:48,97	00:50,55	02:02,22	00:51,75	00:32,16	01:09,79	02:33,94	00:42,62	01:27,96	03:14,66	00:44,12	01:34,73	00:35,93	01:18,07	03:02,57	01:22,66	03:00,96
652	00:39,39	01:38,02	03:44,56	00:50,58	01:48,99	00:50,57	02:02,24	00:51,76	00:32,17	01:09,80	02:33,97	00:42,63	01:27,98	03:14,69	00:44,13	01:34,75	00:35,94	01:18,09	03:02,60	01:22,68	03:00,98
651	00:39,40	01:38,04	03:44,60	00:50,59	01:49,01	00:50,58	02:02,27	00:51,78	00:32,17	01:09,81	02:33,99	00:42,64	01:28,00	03:14,72	00:44,14	01:34,76	00:35,95	01:18,10	03:02,63	01:22,70	03:01,01
650	00:39,41	01:38,06	03:44,63	00:50,60	01:49,04	00:50,59	02:02,29	00:51,79	00:32,18	01:09,83	02:34,02	00:42,65	01:28,02	03:14,75	00:44,15	01:34,78	00:35,96	01:18,12	03:02,66	01:22,71	03:01,04
649	00:39,42	01:38,08	03:44,67	00:50,61	01:49,06	00:50,60	02:02,32	00:51,80	00:32,19	01:09,84	02:34,04	00:42,66	01:28,04	03:14,78	00:44,16	01:34,80	00:35,97	01:18,13	03:02,69	01:22,73	03:01,07
648	00:39,43	01:38,10	03:44,70	00:50,63	01:49,08	00:50,61	02:02,34	00:51,81	00:32,20	01:09,86	02:34,06	00:42,68	01:28,05	03:14,81	00:44,18	01:34,82	00:35,98	01:18,15	03:02,71	01:22,75	03:01,09
647	00:39,44	01:38,12	03:44,74	00:50,64	01:49,10	00:50,63	02:02,37	00:51,83	00:32,20	01:09,87	02:34,09	00:42,69	01:28,07	03:14,84	00:44,19	01:34,84	00:35,99	01:18,17	03:02,74	01:22,76	03:01,12
646	00:39,45	01:38,14	03:44,77	00:50,65	01:49,13	00:50,64	02:02,39	00:51,84	00:32,21	01:09,89	02:34,11	00:42,70	01:28,09	03:14,87	00:44,20	01:34,86	00:36,00	01:18,18	03:02,77	01:22,78	03:01,15
645	00:39,46	01:38,16	03:44,81	00:50,66	01:49,15	00:50,65	02:02,42	00:51,85	00:32,22	01:09,90	02:34,14	00:42,71	01:28,11	03:14,90	00:44,21	01:34,88	00:36,01	01:18,20	03:02,80	01:22,80	03:01,18
644	00:39,47	01:38,18	03:44,84	00:50,68	01:49,17	00:50,66	02:02,44	00:51,87	00:32,23	01:09,91	02:34,16	00:42,72	01:28,13	03:14,93	00:44,22	01:34,90	00:36,01	01:18,21	03:02,83	01:22,82	03:01,21
643	00:39,48	01:38,20	03:44,88	00:50,69	01:49,19	00:50,68	02:02,47	00:51,88	00:32,24	01:09,93	02:34,18	00:42,73	01:28,15	03:14,96	00:44,23	01:34,92	00:36,02	01:18,23	03:02,86	01:22,83	03:01,24

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
642	00:39,49	01:38,22	03:44,91	00:50,70	01:49,22	00:50,69	02:02,49	00:51,89	00:32,24	01:09,94	02:34,21	00:42,74	01:28,16	03:14,99	00:44,24	01:34,94	00:36,03	01:18,25	03:02,88	01:22,85	03:01,26
641	00:39,50	01:38,24	03:44,95	00:50,71	01:49,24	00:50,70	02:02,52	00:51,90	00:32,25	01:09,96	02:34,23	00:42,75	01:28,18	03:15,02	00:44,25	01:34,96	00:36,04	01:18,26	03:02,91	01:22,87	03:01,29
640	00:39,51	01:38,26	03:44,98	00:50,73	01:49,26	00:50,71	02:02,54	00:51,92	00:32,26	01:09,97	02:34,26	00:42,76	01:28,20	03:15,05	00:44,26	01:34,98	00:36,05	01:18,28	03:02,94	01:22,88	03:01,32
639	00:39,52	01:38,28	03:45,02	00:50,74	01:49,28	00:50,73	02:02,57	00:51,93	00:32,27	01:09,99	02:34,28	00:42,77	01:28,22	03:15,08	00:44,27	01:35,00	00:36,06	01:18,30	03:02,97	01:22,90	03:01,35
638	00:39,53	01:38,30	03:45,05	00:50,75	01:49,31	00:50,74	02:02,59	00:51,94	00:32,28	01:10,00	02:34,30	00:42,78	01:28,24	03:15,11	00:44,28	01:35,02	00:36,07	01:18,31	03:03,00	01:22,92	03:01,38
637	00:39,54	01:38,32	03:45,09	00:50,76	01:49,33	00:50,75	02:02,62	00:51,96	00:32,28	01:10,02	02:34,33	00:42,79	01:28,25	03:15,14	00:44,30	01:35,04	00:36,08	01:18,33	03:03,03	01:22,94	03:01,41
636	00:39,55	01:38,34	03:45,12	00:50,78	01:49,35	00:50,77	02:02,65	00:51,97	00:32,29	01:10,03	02:34,35	00:42,80	01:28,27	03:15,17	00:44,31	01:35,06	00:36,09	01:18,34	03:03,06	01:22,95	03:01,43
635	00:39,56	01:38,36	03:45,16	00:50,79	01:49,37	00:50,78	02:02,67	00:51,98	00:32,30	01:10,04	02:34,38	00:42,81	01:28,29	03:15,21	00:44,32	01:35,08	00:36,10	01:18,36	03:03,09	01:22,97	03:01,46
634	00:39,57	01:38,38	03:45,20	00:50,80	01:49,40	00:50,79	02:02,70	00:52,00	00:32,31	01:10,06	02:34,40	00:42,82	01:28,31	03:15,24	00:44,33	01:35,10	00:36,10	01:18,38	03:03,11	01:22,99	03:01,49
633	00:39,58	01:38,40	03:45,23	00:50,81	01:49,42	00:50,80	02:02,72	00:52,01	00:32,32	01:10,07	02:34,43	00:42,83	01:28,33	03:15,27	00:44,34	01:35,12	00:36,11	01:18,39	03:03,14	01:23,01	03:01,52
632	00:39,59	01:38,42	03:45,27	00:50,83	01:49,44	00:50,82	02:02,75	00:52,02	00:32,32	01:10,09	02:34,45	00:42,85	01:28,35	03:15,30	00:44,35	01:35,14	00:36,12	01:18,41	03:03,17	01:23,02	03:01,55
631	00:39,60	01:38,44	03:45,30	00:50,84	01:49,47	00:50,83	02:02,77	00:52,03	00:32,33	01:10,10	02:34,47	00:42,86	01:28,37	03:15,33	00:44,36	01:35,16	00:36,13	01:18,43	03:03,20	01:23,04	03:01,58
630	00:39,61	01:38,46	03:45,34	00:50,85	01:49,49	00:50,84	02:02,80	00:52,05	00:32,34	01:10,12	02:34,50	00:42,87	01:28,38	03:15,36	00:44,37	01:35,18	00:36,14	01:18,44	03:03,23	01:23,06	03:01,61
629	00:39,62	01:38,48	03:45,37	00:50,87	01:49,51	00:50,85	02:02,83	00:52,06	00:32,35	01:10,13	02:34,52	00:42,88	01:28,40	03:15,39	00:44,38	01:35,20	00:36,15	01:18,46	03:03,26	01:23,08	03:01,64
628	00:39,63	01:38,50	03:45,41	00:50,88	01:49,53	00:50,87	02:02,85	00:52,07	00:32,36	01:10,15	02:34,55	00:42,89	01:28,42	03:15,42	00:44,40	01:35,22	00:36,16	01:18,48	03:03,29	01:23,09	03:01,67
627	00:39,64	01:38,53	03:45,45	00:50,89	01:49,56	00:50,88	02:02,88	00:52,09	00:32,37	01:10,16	02:34,57	00:42,90	01:28,44	03:15,45	00:44,41	01:35,24	00:36,17	01:18,49	03:03,32	01:23,11	03:01,69
626	00:39,65	01:38,55	03:45,48	00:50,90	01:49,58	00:50,89	02:02,90	00:52,10	00:32,37	01:10,18	02:34,60	00:42,91	01:28,46	03:15,49	00:44,42	01:35,26	00:36,18	01:18,51	03:03,35	01:23,13	03:01,72
625	00:39,66	01:38,57	03:45,52	00:50,92	01:49,60	00:50,91	02:02,93	00:52,11	00:32,38	01:10,19	02:34,62	00:42,92	01:28,48	03:15,52	00:44,43	01:35,28	00:36,19	01:18,53	03:03,38	01:23,15	03:01,75
624	00:39,67	01:38,59	03:45,56	00:50,93	01:49,63	00:50,92	02:02,96	00:52,13	00:32,39	01:10,21	02:34,65	00:42,93	01:28,50	03:15,55	00:44,44	01:35,30	00:36,20	01:18,54	03:03,41	01:23,16	03:01,78
623	00:39,68	01:38,61	03:45,59	00:50,94	01:49,65	00:50,93	02:02,98	00:52,14	00:32,40	01:10,22	02:34,67	00:42,94	01:28,52	03:15,58	00:44,45	01:35,32	00:36,20	01:18,56	03:03,44	01:23,18	03:01,81
622	00:39,69	01:38,63	03:45,63	00:50,96	01:49,67	00:50,95	02:03,01	00:52,15	00:32,41	01:10,24	02:34,70	00:42,95	01:28,53	03:15,61	00:44,46	01:35,34	00:36,21	01:18,58	03:03,47	01:23,20	03:01,84
621	00:39,70	01:38,65	03:45,66	00:50,97	01:49,70	00:50,96	02:03,03	00:52,17	00:32,42	01:10,25	02:34,72	00:42,97	01:28,55	03:15,64	00:44,48	01:35,36	00:36,22	01:18,59	03:03,50	01:23,22	03:01,87
620	00:39,71	01:38,67	03:45,70	00:50,98	01:49,72	00:50,97	02:03,06	00:52,18	00:32,42	01:10,27	02:34,75	00:42,98	01:28,57	03:15,67	00:44,49	01:35,38	00:36,23	01:18,61	03:03,53	01:23,23	03:01,90
619	00:39,72	01:38,69	03:45,74	00:51,00	01:49,74	00:50,98	02:03,09	00:52,19	00:32,43	01:10,28	02:34,77	00:42,99	01:28,59	03:15,71	00:44,50	01:35,40	00:36,24	01:18,63	03:03,56	01:23,25	03:01,93
618	00:39,73	01:38,71	03:45,77	00:51,01	01:49,77	00:51,00	02:03,11	00:52,21	00:32,44	01:10,30	02:34,80	00:43,00	01:28,61	03:15,74	00:44,51	01:35,42	00:36,25	01:18,64	03:03,59	01:23,27	03:01,96
617	00:39,74	01:38,74	03:45,81	00:51,02	01:49,79	00:51,01	02:03,14	00:52,22	00:32,45	01:10,31	02:34,82	00:43,01	01:28,63	03:15,77	00:44,52	01:35,44	00:36,26	01:18,66	03:03,61	01:23,29	03:01,99
616	00:39,75	01:38,76	03:45,85	00:51,03	01:49,82	00:51,02	02:03,17	00:52,23	00:32,46	01:10,33	02:34,85	00:43,02	01:28,65	03:15,80	00:44,53	01:35,46	00:36,27	01:18,68	03:03,64	01:23,31	03:02,02
615	00:39,76	01:38,78	03:45,88	00:51,05	01:49,84	00:51,04	02:03,19	00:52,25	00:32,47	01:10,34	02:34,87	00:43,03	01:28,67	03:15,83	00:44,54	01:35,48	00:36,28	01:18,69	03:03,67	01:23,32	03:02,05
614	00:39,77	01:38,80	03:45,92	00:51,06	01:49,86	00:51,05	02:03,22	00:52,26	00:32,47	01:10,36	02:34,90	00:43,04	01:28,69	03:15,87	00:44,56	01:35,50	00:36,29	01:18,71	03:03,70	01:23,34	03:02,08
613	00:39,78	01:38,82	03:45,96	00:51,07	01:49,89	00:51,06	02:03,25	00:52,27	00:32,48	01:10,37	02:34,92	00:43,05	01:28,71	03:15,90	00:44,57	01:35,52	00:36,30	01:18,73	03:03,73	01:23,36	03:02,11
612	00:39,79	01:38,84	03:46,00	00:51,09	01:49,91	00:51,08	02:03,27	00:52,29	00:32,49	01:10,39	02:34,95	00:43,07	01:28,72	03:15,93	00:44,58	01:35,54	00:36,31	01:18,75	03:03,76	01:23,38	03:02,14
611	00:39,80	01:38,86	03:46,03	00:51,10	01:49,93	00:51,09	02:03,30	00:52,30	00:32,50	01:10,40	02:34,97	00:43,08	01:28,74	03:15,96	00:44,59	01:35,57	00:36,32	01:18,76	03:03,79	01:23,40	03:02,17
610	00:39,81	01:38,89	03:46,07	00:51,11	01:49,96	00:51,10	02:03,33	00:52,32	00:32,51	01:10,42	02:35,00	00:43,09	01:28,76	03:15,99	00:44,60	01:35,59	00:36,33	01:18,78	03:03,83	01:23,41	03:02,20
609	00:39,82	01:38,91	03:46,11	00:51,13	01:49,98	00:51,12	02:03,35	00:52,33	00:32,52	01:10,43	02:35,03	00:43,10	01:28,78	03:16,03	00:44,61	01:35,61	00:36,34	01:18,80	03:03,86	01:23,43	03:02,23
608	00:39,83	01:38,93	03:46,14	00:51,14	01:50,01	00:51,13	02:03,38	00:52,34	00:32,52	01:10,45	02:35,05	00:43,11	01:28,80	03:16,06	00:44,63	01:35,63	00:36,35	01:18,81	03:03,89	01:23,45	03:02,26
607	00:39,84	01:38,95	03:46,18	00:51,15	01:50,03	00:51,14	02:03,41	00:52,36	00:32,53	01:10,47	02:35,08	00:43,12	01:28,82	03:16,09	00:44,64	01:35,65	00:36,35		03:03,92	01:23,47	03:02,29
606	00:39,85	01:38,97	03:46,22	00:51,17	01:50,05	00:51,16	02:03,43	00:52,37	00:32,54	01:10,48	02:35,10	00:43,13	01:28,84	03:16,12	00:44,65	01:35,67	00:36,36	01:18,85	03:03,95	01:23,49	03:02,32
605	00:39,86	01:38,99	03:46,26	00:51,18	01:50,08	00:51,17	02:03,46	00:52,38	00:32,55	01:10,50	02:35,13	00:43,14	01:28,86	03:16,16	00:44,66	01:35,69	00:36,37	01:18,87	03:03,98	01:23,50	03:02,35
604	00:39,87	01:39,02	03:46,29	00:51,19	01:50,10	00:51,18	02:03,49	00:52,40	00:32,56	01:10,51	02:35,15	00:43,16	01:28,88	03:16,19	00:44,67	01:35,71	00:36,38	01:18,88	03:04,01	01:23,52	03:02,38
603	00:39,88	01:39,04	03:46,33	00:51,21	01:50,13	00:51,20	02:03,52	00:52,41	00:32,57	01:10,53	02:35,18	00:43,17	01:28,90	03:16,22	00:44,68	01:35,73	00:36,39	01:18,90	03:04,04	01:23,54	03:02,41
602	00:39,89	01:39,06	03:46,37	00:51,22	01:50,15	00:51,21	02:03,54	00:52,43	00:32,58	01:10,54	02:35,21	00:43,18	01:28,92	03:16,25	00:44,70	01:35,75	00:36,40	01:18,92	03:04,07	01:23,56	03:02,44
601	00:39,90	01:39,08	03:46,41	00:51,24	01:50,18	00:51,22	02:03,57	00:52,44	00:32,58	01:10,56	02:35,23	00:43,19	01:28,94	03:16,29	00:44,71	01:35,77	00:36,41	01:18,94	03:04,10	01:23,58	03:02,47
600	00:39,91	01:39,10	03:46,44	00:51,25	01:50,20	00:51,24	02:03,60	00:52,45	00:32,59	01:10,57	02:35,26	00:43,20	01:28,96	03:16,32	00:44,72	01:35,80	00:36,42	01:18,95	03:04,13	01:23,60	03:02,50
599	00:39,93	01:39,12	03:46,48	00:51,26	01:50,22	00:51,25	02:03,62	00:52,47	00:32,60	01:10,59	02:35,28	00:43,21	01:28,98	03:16,35	00:44,73	01:35,82	00:36,43	01:18,97	03:04,16	01:23,62	03:02,53
598	00:39,94	01:39,15	03:46,52	00:51,28	01:50,25	00:51,27	02:03,65	00:52,48	00:32,61	01:10,60	02:35,31	00:43,22	01:29,00	03:16,39	00:44,74	01:35,84	00:36,44	01:18,99	03:04,19	01:23,63	03:02,56
597	00:39,95	01:39,17	03:46,56	00:51,29	01:50,27	00:51,28	02:03,68	00:52,49	00:32,62	01:10,62	02:35,34	00:43,24	01:29,02	03:16,42	00:44,76	01:35,86	00:36,45	01:19,01	03:04,22	01:23,65	03:02,59
596	00:39,96	01:39,19	03:46,60	00:51,30	01:50,30	00:51,29	02:03,71	00:52,51	00:32,63	01:10,64	02:35,36	00:43,25	01:29,04	03:16,45	00:44,77	01:35,88	00:36,46	01:19,02	03:04,25	01:23,67	03:02,62
595	00:39,97	01:39,21	03:46,63	00:51,32	01:50,32	00:51,31	02:03,73	00:52,52	00:32,64	01:10,65	02:35,39	00:43,26	01:29,06	03:16,48	00:44,78	01:35,90	00:36,47	01:19,04	03:04,29	01:23,69	03:02,65
594	00:39,98	01:39,23	03:46,67	00:51,33	01:50,35	00:51,32	02:03,76	00:52,54	00:32,65	01:10,67	02:35,41	00:43,27	01:29,08	03:16,52	00:44,79	01:35,92	00:36,48	01:19,06	03:04,32	01:23,71	03:02,68
593	00:39,99	01:39,26	03:46,71	00:51,34	01:50,37	00:51,33	02:03,79	00:52,55	00:32,65	01:10,68	02:35,44	00:43,28	01:29,10	03:16,55	00:44,80	01:35,95	00:36,49	01:19,08	03:04,35	01:23,73	03:02,71
592	00:40,00	01:39,28	03:46,75	00:51,36	01:50,40	00:51,35	02:03,82	00:52,56	00:32,66	01:10,70	02:35,47	00:43,29	01:29,12	03:16,58	00:44,81	01:35,97	00:36,50	01:19,09	03:04,38	01:23,75	03:02,74
591	00:40,01	01:39,30	03:46,79	00:51,37	01:50,42	00:51,36	02:03,85	00:52,58	00:32,67	01:10,72	02:35,49	00:43,30	01:29,14	03:16,62	00:44,83	01:35,99	00:36,51	01:19,11	03:04,41	01:23,76	03:02,78
590	00:40,02	01:39,32	03:46,83	00:51,39	01:50,45	00:51,38	02:03,87	00:52,59	00:32,68	01:10,73	02:35,52	00:43,32	01:29,16	03:16,65	00:44,84	01:36,01	00:36,52	01:19,13	03:04,44	01:23,78	03:02,81
589	00:40,03	01:39,35	03:46,87	00:51,40	01:50,47	00:51,39	02:03,90	00:52,61	00:32,69	01:10,75	02:35,55	00:43,33	01:29,18	03:16,68	00:44,85	01:36,03	00:36,53	01:19,15	03:04,47	01:23,80	03:02,84
588	00:40,04	01:39,37	03:46,90	00:51,41	01:50,50	00:51,40	02:03,93	00:52,62	00:32,70	01:10,76	02:35,57	00:43,34	01:29,20	03:16,72	00:44,86	01:36,05	00:36,54	01:19,16	03:04,50	01:23,82	03:02,87
587	00:40,05	01:39,39	03:46,94	00:51,43	01:50,52	00:51,42	02:03,96	00:52,64	00:32,71	01:10,78	02:35,60	00:43,35	01:29,22	03:16,75	00:44,88	01:36,07	00:36,55	01:19,18	03:04,54	01:23,84	03:02,90
586	00:40,06	01:39,41	03:46,98	00:51,44	01:50,55	00:51,43	02:03,99	00:52,65	00:32,72	01:10,79	02:35,63	00:43,36	01:29,24	03:16,79	00:44,89	01:36,10	00:36,56	01:19,20	03:04,57	01:23,86	03:02,93
585	00:40,08	01:39,44	03:47,02	00:51,46	01:50,57	00:51,44	02:04,01	00:52,66	00:32,72	01:10,81	02:35,65	00:43,38	01:29,26	03:16,82	00:44,90	01:36,12	00:36,57	01:19,22	03:04,60	01:23,88	03:02,96
584	00:40,09	01:39,46	03:47,06	00:51,47	01:50,60	00:51,46	02:04,04	00:52,68	00:32,73	01:10,83	02:35,68	00:43,39	01:29,28	03:16,85	00:44,91	01:36,14	00:36,58	01:19,24	03:04,63	01:23,90	03:02,99
583	00:40,10	01:39,48	03:47,10	00:51,48	01:50,62	00:51,47	02:04,07	00:52,69	00:32,74	01:10,84	02:35,71	00:43,40	01:29,30	03:16,89	00:44,92	01:36,16	00:36,59	01:19,25	03:04,66	01:23,92	03:03,03
582	00:40,11	01:39,50	03:47,14	00:51,50	01:50,65	00:51,49	02:04,10	00:52,71	00:32,75	01:10,86	02:35,73	00:43,41	01:29,32	03:16,92	00:44,94	01:36,18	00:36,60	01:19,27	03:04,69	01:23,94	03:03,06
581	00:40,12	01:39,53	03:47,18	00:51,51	01:50,67	00:51,50	02:04,13	00:52,72	00:32,76	01:10,88	02:35,76	00:43,42	01:29,34	03:16,95	00:44,95	01:36,21	00:36,61	01:19,29	03:04,73	01:23,95	03:03,09
580	00:40,13	01:39,55	03:47,22	00:51,53	01:50,70	00:51,52	02:04,15	00:52,74	00:32,77	01:10,89	02:35,79	00:43,43	01:29,36	03:16,99	00:44,96	01:36,23	00:36,62	01:19,31	03:04,76	01:23,97	03:03,12
579	00:40,14	01:39,57	03:47,26	00:51,54	01:50,72	00:51,53	02:04,18	00:52,75	00:32,78	01:10,91	02:35,81	00:43,45	01:29,38	03:17,02	00:44,97	01:36,25	00:36,63	01:19,33	03:04,79	01:23,99	03:03,15
578	00:40,15	01:39,59	03:47,30	00:51,55	01:50,75	00:51,54	02:04,21	00:52,77	00:32,79	01:10,92	02:35,84	00:43,46	01:29,40	03:17,06	00:44,99	01:36,27	00:36,64	01:19,34	03:04,82	01:24,01	03:03,18
577	00:40,16	01:39,62	03:47,33	00:51,57	01:50,77	00:51,56	02:04,24	00:52,78	00:32,80	01:10,94	02:35,87	00:43,47	01:29,42	03:17,09	00:45,00	01:36,29	00:36,65	01:19,36	03:04,85	01:24,03	03:03,22

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
576	00:40,17	01:39,64	03:47,37	00:51,58	01:50,80	00:51,57	02:04,27	00:52,79	00:32,81	01:10,96	02:35,89	00:43,48	01:29,44	03:17,13	00:45,01	01:36,32	00:36,66	01:19,38	03:04,89	01:24,05	03:03,25
575	00:40,19	01:39,66	03:47,41	00:51,60	01:50,82	00:51,59	02:04,30	00:52,81	00:32,81	01:10,97	02:35,92	00:43,49	01:29,46	03:17,16	00:45,02	01:36,34	00:36,67	01:19,40	03:04,92	01:24,07	03:03,28
574	00:40,20	01:39,69	03:47,45	00:51,61	01:50,85	00:51,60	02:04,33	00:52,82	00:32,82	01:10,99	02:35,95	00:43,51	01:29,48	03:17,19	00:45,04	01:36,36	00:36,68	01:19,42	03:04,95	01:24,09	03:03,31
573	00:40,21	01:39,71	03:47,49	00:51,63	01:50,87	00:51,61	02:04,35	00:52,84	00:32,83	01:11,01	02:35,98	00:43,52	01:29,50	03:17,23	00:45,05	01:36,38	00:36,69	01:19,44	03:04,98	01:24,11	03:03,34
572	00:40,22	01:39,73	03:47,53	00:51,64	01:50,90	00:51,63	02:04,38	00:52,85	00:32,84	01:11,02	02:36,00	00:43,53	01:29,52	03:17,26	00:45,06	01:36,41	00:36,70	01:19,45	03:05,02	01:24,13	03:03,38
571	00:40,23	01:39,76	03:47,57	00:51,65	01:50,93	00:51,64	02:04,41	00:52,87	00:32,85	01:11,04	02:36,03	00:43,54	01:29,54	03:17,30	00:45,07	01:36,43	00:36,71	01:19,47	03:05,05	01:24,15	03:03,41
570	00:40,24	01:39,78	03:47,61	00:51,67	01:50,95	00:51,66	02:04,44	00:52,88	00:32,86	01:11,06	02:36,06	00:43,55	01:29,57	03:17,33	00:45,09	01:36,45	00:36,72	01:19,49	03:05,08	01:24,17	03:03,44
569	00:40,25	01:39,80	03:47,65	00:51,68	01:50,98	00:51,67	02:04,47	00:52,90	00:32,87	01:11,07	02:36,09	00:43,57	01:29,59	03:17,37	00:45,10	01:36,47	00:36,73	01:19,51	03:05,11	01:24,19	03:03,47
568	00:40,26	01:39,83	03:47,69	00:51,70	01:51,00	00:51,69	02:04,50	00:52,91	00:32,88	01:11,09	02:36,11	00:43,58	01:29,61	03:17,40	00:45,11	01:36,50	00:36,74	01:19,53	03:05,15	01:24,21	03:03,51
567	00:40,28	01:39,85	03:47,73	00:51,71	01:51,03	00:51,70	02:04,53	00:52,93	00:32,89	01:11,11	02:36,14	00:43,59	01:29,63	03:17,44	00:45,12	01:36,52	00:36,75	01:19,55	03:05,18	01:24,23	03:03,54
566	00:40,29	01:39,87	03:47,77	00:51,73	01:51,06	00:51,72	02:04,56	00:52,94	00:32,90	01:11,12	02:36,17	00:43,60	01:29,65	03:17,47	00:45,14	01:36,54	00:36,76	01:19,57	03:05,21	01:24,25	03:03,57
565	00:40,30	01:39,90	03:47,81	00:51,74	01:51,08	00:51,73	02:04,59	00:52,96	00:32,91	01:11,14	02:36,20	00:43,62	01:29,67	03:17,51	00:45,15	01:36,56	00:36,77	01:19,58	03:05,24	01:24,27	03:03,60
564	00:40,31	01:39,92	03:47,85	00:51,76	01:51,11	00:51,74	02:04,62	00:52,97	00:32,92	01:11,16	02:36,22	00:43,63	01:29,69	03:17,54	00:45,16	01:36,59	00:36,78	01:19,60	03:05,28	01:24,29	03:03,64
563	00:40,32	01:39,94	03:47,90	00:51,77	01:51,13	00:51,76	02:04,65	00:52,99	00:32,92	01:11,17	02:36,25	00:43,64	01:29,71	03:17,58	00:45,17	01:36,61	00:36,79	01:19,62	03:05,31	01:24,31	03:03,67
562	00:40,33	01:39,97	03:47,94	00:51,78	01:51,16	00:51,77	02:04,67	00:53,00	00:32,93	01:11,19	02:36,28	00:43,65	01:29,73	03:17,61	00:45,19	01:36,63	00:36,80	01:19,64	03:05,34	01:24,33	03:03,70
561	00:40,34	01:39,99	03:47,98	00:51,80	01:51,19	00:51,79	02:04,70	00:53,02	00:32,94	01:11,21	02:36,31	00:43,67	01:29,75	03:17,65	00:45,20	01:36,65	00:36,81	01:19,66	03:05,38	01:24,35	03:03,73
560	00:40,35	01:40,01	03:48,02	00:51,81	01:51,21	00:51,80	02:04,73	00:53,03	00:32,95	01:11,22	02:36,34	00:43,68	01:29,78	03:17,68	00:45,21	01:36,68	00:36,82	01:19,68	03:05,41	01:24,37	03:03,77
559	00:40,37	01:40,04	03:48,06	00:51,83	01:51,24	00:51,82	02:04,76	00:53,05	00:32,96	01:11,24	02:36,36	00:43,69	01:29,80	03:17,72	00:45,23	01:36,70	00:36,83	01:19,70	03:05,44	01:24,39	03:03,80
558	00:40,38	01:40,06	03:48,10	00:51,84	01:51,27	00:51,83	02:04,79	00:53,06	00:32,97	01:11,26	02:36,39	00:43,70	01:29,82	03:17,75	00:45,24	01:36,72	00:36,84	01:19,72	03:05,48	01:24,41	03:03,83
557	00:40,39	01:40,09	03:48,14	00:51,86	01:51,29	00:51,85	02:04,82	00:53,08	00:32,98	01:11,27	02:36,42	00:43,71	01:29,84	03:17,79	00:45,25	01:36,75	00:36,86	01:19,74	03:05,51	01:24,43	03:03,87
556	00:40,40	01:40,11	03:48,18	00:51,87	01:51,32	00:51,86	02:04,85	00:53,09	00:32,99	01:11,29	02:36,45	00:43,73	01:29,86	03:17,83	00:45,26	01:36,77	00:36,87	01:19,75	03:05,54	01:24,45	03:03,90
555	00:40,41	01:40,13	03:48,22	00:51,89	01:51,35	00:51,88	02:04,88	00:53,11	00:33,00	01:11,31	02:36,48	00:43,74	01:29,88	03:17,86	00:45,28	01:36,79	00:36,88	01:19,77	03:05,58	01:24,47	03:03,93
554	00:40,42	01:40,16	03:48,26	00:51,90	01:51,37	00:51,89	02:04,91	00:53,12	00:33,01	01:11,32	02:36,51	00:43,75	01:29,90	03:17,90	00:45,29	01:36,81	00:36,89	01:19,79	03:05,61	01:24,49	03:03,97
553	00:40,44	01:40,18	03:48,31	00:51,92	01:51,40	00:51,91	02:04,94	00:53,14	00:33,02	01:11,34	02:36,53	00:43,77	01:29,93	03:17,93	00:45,30	01:36,84	00:36,90	01:19,81	03:05,64	01:24,51	03:04,00
552	00:40,45	01:40,20	03:48,35	00:51,93	01:51,43	00:51,92	02:04,97	00:53,15	00:33,03	01:11,36	02:36,56	00:43,78	01:29,95	03:17,97	00:45,32	01:36,86	00:36,91	01:19,83	03:05,68	01:24,53	03:04,03
551	00:40,46	01:40,23	03:48,39	00:51,95	01:51,45	00:51,94	02:05,00	00:53,17	00:33,04	01:11,38	02:36,59	00:43,79	01:29,97	03:18,00	00:45,33	01:36,88	00:36,92	01:19,85	03:05,71	01:24,55	03:04,07
550	00:40,47	01:40,25	03:48,43	00:51,96	01:51,48	00:51,95	02:05,03	00:53,18	00:33,05	01:11,39	02:36,62	00:43,80	01:29,99	03:18,04	00:45,34	01:36,91	00:36,93	01:19,87	03:05,75	01:24,57	03:04,10
549	00:40,48	01:40,28	03:48,47	00:51,98	01:51,51	00:51,97	02:05,06	00:53,20	00:33,06	01:11,41	02:36,65	00:43,82	01:30,01	03:18,08	00:45,36	01:36,93	00:36,94	01:19,89	03:05,78	01:24,59	03:04,13
548	00:40,49	01:40,30	03:48,51	00:51,99	01:51,53	00:51,98	02:05,09	00:53,21	00:33,07	01:11,43	02:36,68	00:43,83	01:30,03	03:18,11	00:45,37	01:36,95	00:36,95	01:19,91	03:05,81	01:24,61	03:04,17
547	00:40,51	01:40,33	03:48,56	00:52,01	01:51,56	00:52,00	02:05,12	00:53,23	00:33,08	01:11,44	02:36,71	00:43,84	01:30,06	03:18,15	00:45,38	01:36,98	00:36,96	01:19,93	03:05,85	01:24,63	03:04,20
546	00:40,52	01:40,35	03:48,60	00:52,02	01:51,59	00:52,01	02:05,15	00:53,25	00:33,09	01:11,46	02:36,73	00:43,85	01:30,08	03:18,19	00:45,40	01:37,00	00:36,97	01:19,95	03:05,88	01:24,65	03:04,23
545	00:40,53	01:40,37	03:48,64	00:52,04	01:51,61	00:52,03	02:05,18	00:53,26	00:33,10	01:11,48	02:36,76	00:43,87	01:30,10	03:18,22	00:45,41	01:37,03	00:36,98	01:19,97	03:05,92	01:24,67	03:04,27
544	00:40,54	01:40,40	03:48,68	00:52,05	01:51,64	00:52,04	02:05,21	00:53,28	00:33,11	01:11,50	02:36,79	00:43,88	01:30,12	03:18,26	00:45,42	01:37,05	00:36,99	01:19,99	03:05,95	01:24,69	03:04,30
543	00:40,55	01:40,42	03:48,72	00:52,07	01:51,67	00:52,06	02:05,24	00:53,29	00:33,11	01:11,51	02:36,82	00:43,89	01:30,14	03:18,30	00:45,44	01:37,07	00:37,00	01:20,00	03:05,98	01:24,71	03:04,34
542	00:40,57	01:40,45	03:48,77	00:52,08	01:51,70	00:52,07	02:05,28	00:53,31	00:33,12	01:11,53	02:36,85	00:43,91	01:30,17	03:18,33	00:45,45	01:37,10	00:37,02	01:20,02	03:06,02	01:24,73	03:04,37
541	00:40,58	01:40,47	03:48,81	00:52,10	01:51,72	00:52,09	02:05,31	00:53,32	00:33,13	01:11,55	02:36,88	00:43,92	01:30,19	03:18,37	00:45,46	01:37,12	00:37,03	01:20,04	03:06,05	01:24,75	03:04,40
540	00:40,59	01:40,50	03:48,85	00:52,11	01:51,75	00:52,10	02:05,34	00:53,34	00:33,14	01:11,57	02:36,91	00:43,93	01:30,21	03:18,41	00:45,48	01:37,14	00:37,04	01:20,06	03:06,09	01:24,77	03:04,44
539	00:40,60	01:40,52	03:48,89	00:52,13	01:51,78	00:52,12	02:05,37	00:53,35	00:33,15	01:11,58	02:36,94	00:43,94	01:30,23	03:18,44	00:45,49	01:37,17	00:37,05	01:20,08	03:06,12	01:24,79	03:04,47
538	00:40,61	01:40,55	03:48,94	00:52,15	01:51,81	00:52,13	02:05,40	00:53,37	00:33,16	01:11,60	02:36,97	00:43,96	01:30,25	03:18,48	00:45,50	01:37,19	00:37,06	01:20,10	03:06,16	01:24,82	03:04,51
537	00:40,62	01:40,57	03:48,98	00:52,16	01:51,83	00:52,15	02:05,43	00:53,39	00:33,17	01:11,62	02:37,00	00:43,97	01:30,28	03:18,52	00:45,52	01:37,22	00:37,07	01:20,12	03:06,19	01:24,84	03:04,54
536	00:40,64	01:40,60	03:49,02	00:52,18	01:51,86	00:52,17	02:05,46	00:53,40	00:33,18	01:11,64	02:37,02	00:43,98	01:30,30	03:18,55	00:45,53	01:37,24	00:37,08	01:20,14	03:06,23	01:24,86	03:04,58
535	00:40,65	01:40,62	03:49,07	00:52,19	01:51,89	00:52,18	02:05,49	00:53,42	00:33,19	01:11,66	02:37,05	00:44,00	01:30,32	03:18,59	00:45,54	01:37,26	00:37,09	01:20,16	03:06,26	01:24,88	03:04,61
534	00:40,66	01:40,65	03:49,11	00:52,21	01:51,92	00:52,20	02:05,52	00:53,43	00:33,20	01:11,67	02:37,08	00:44,01	01:30,34	03:18,63	00:45,56	01:37,29	00:37,10	01:20,18	03:06,30	01:24,90	03:04,65
533	00:40,67	01:40,67	03:49,15	00:52,22	01:51,94	00:52,21	02:05,55	00:53,45	00:33,21	01:11,69	02:37,11	00:44,02	01:30,37	03:18,67	00:45,57	01:37,31	00:37,11	01:20,20	03:06,33	01:24,92	03:04,68
532	00:40,69	01:40,70	03:49,19	00:52,24	01:51,97	00:52,23	02:05,59	00:53,47	00:33,22	01:11,71	02:37,14	00:44,04	01:30,39	03:18,70	00:45,58	01:37,34	00:37,13	01:20,22	03:06,37	01:24,94	03:04,71
531	00:40,70	01:40,72	03:49,24	00:52,25	01:52,00	00:52,24	02:05,62	00:53,48	00:33,23	01:11,73	02:37,17	00:44,05	01:30,41	03:18,74	00:45,60	01:37,36	00:37,14	01:20,24	03:06,40	01:24,96	03:04,75
530	00:40,71	01:40,75	03:49,28	00:52,27	01:52,03	00:52,26	02:05,65	00:53,50	00:33,24	01:11,74	02:37,20	00:44,06	01:30,43	03:18,78	00:45,61	01:37,39	00:37,15	01:20,26	03:06,44	01:24,98	03:04,78
529	00:40,72	01:40,77	03:49,32	00:52,29	01:52,06	00:52,27	02:05,68	00:53,51	00:33,25	01:11,76	02:37,23	00:44,07	01:30,46	03:18,82	00:45,62	01:37,41	00:37,16	01:20,28	03:06,47	01:25,01	03:04,82
528	00:40,73	01:40,80	03:49,37	00:52,30	01:52,08	00:52,29	02:05,71	00:53,53	00:33,26	01:11,78	02:37,26	00:44,09	01:30,48	03:18,85	00:45,64	01:37,43	00:37,17	01:20,30	03:06,51	01:25,03	03:04,85
527	00:40,75	01:40,82	03:49,41	00:52,32	01:52,11	00:52,31	02:05,74	00:53,55	00:33,27	01:11,80	02:37,29	00:44,10	01:30,50	03:18,89	00:45,65	01:37,46	00:37,18	01:20,32	03:06,54	01:25,05	03:04,89
526	00:40,76	01:40,85	03:49,46	00:52,33	01:52,14	00:52,32	02:05,77	00:53,56	00:33,28	01:11,82	02:37,32	00:44,11	01:30,52	03:18,93	00:45,67	01:37,48	00:37,19	01:20,34	03:06,58	01:25,07	03:04,93
525	00:40,77	01:40,87	03:49,50	00:52,35	01:52,17	00:52,34	02:05,81	00:53,58	00:33,29	01:11,83	02:37,35	00:44,13	01:30,55	03:18,97	00:45,68	01:37,51	00:37,20	01:20,36	03:06,61	01:25,09	03:04,96
524	00:40,78	01:40,90	03:49,54	00:52,36	01:52,20	00:52,35	02:05,84	00:53,59	00:33,30	01:11,85	02:37,38	00:44,14	01:30,57	03:19,01	00:45,69	01:37,53	00:37,22	01:20,38	03:06,65	01:25,11	03:05,00
523	00:40,80	01:40,92	03:49,59	00:52,38	01:52,23	00:52,37	02:05,87	00:53,61	00:33,31	01:11,87	02:37,41	00:44,16	01:30,59	03:19,04	00:45,71	01:37,56	00:37,23	01:20,40	03:06,69	01:25,13	03:05,03
522	00:40,81	01:40,95	03:49,63	00:52,40	01:52,25	00:52,39	02:05,90	00:53,63	00:33,32	01:11,89	02:37,44	00:44,17	01:30,62	03:19,08	00:45,72	01:37,58	00:37,24	01:20,42	03:06,72	01:25,16	03:05,07
521	00:40,82	01:40,98	03:49,68	00:52,41	01:52,28	00:52,40	02:05,93	00:53,64	00:33,33	01:11,91	02:37,47	00:44,18	01:30,64	03:19,12	00:45,73	01:37,61	00:37,25	01:20,45	03:06,76	01:25,18	03:05,10
520	00:40,83	01:41,00	03:49,72	00:52,43	01:52,31	00:52,42	02:05,97	00:53,66	00:33,34	01:11,93	02:37,50	00:44,20	01:30,66	03:19,16	00:45,75	01:37,63	00:37,26	01:20,47	03:06,79	01:25,20	03:05,14
519	00:40,85	01:41,03	03:49,76	00:52,44	01:52,34	00:52,43	02:06,00	00:53,68	00:33,35	01:11,94	02:37,53	00:44,21	01:30,69	03:19,20	00:45,76	01:37,66	00:37,27	01:20,49	03:06,83	01:25,22	03:05,17
518	00:40,86	01:41,05	03:49,81	00:52,46	01:52,37	00:52,45	02:06,03	00:53,69	00:33,36	01:11,96	02:37,56	00:44,22	01:30,71	03:19,24	00:45,78	01:37,68	00:37,28	01:20,51	03:06,87	01:25,24	03:05,21
517	00:40,87	01:41,08	03:49,85	00:52,48	01:52,40	00:52,47	02:06,06	00:53,71	00:33,37	01:11,98	02:37,59	00:44,24	01:30,73	03:19,27	00:45,79	01:37,71	00:37,29	01:20,53	03:06,90	01:25,26	03:05,25
516	00:40,88	01:41,11	03:49,90	00:52,49	01:52,43	00:52,48	02:06,10	00:53,73	00:33,38	01:12,00	02:37,63	00:44,25	01:30,76	03:19,31	00:45,81	01:37,73	00:37,31	01:20,55	03:06,94	01:25,29	03:05,28
515	00:40,90	01:41,13	03:49,94	00:52,51	01:52,46	00:52,50	02:06,13	00:53,74	00:33,39	01:12,02	02:37,66	00:44,26	01:30,78	03:19,35	00:45,82	01:37,76	00:37,32	01:20,57	03:06,97	01:25,31	03:05,32
514	00:40,91	01:41,16	03:49,99	00:52,53	01:52,48	00:52,51	02:06,16	00:53,76	00:33,41	01:12,04	02:37,69	00:44,28	01:30,80	03:19,39	00:45,83	01:37,78	00:37,33	01:20,59	03:07,01	01:25,33	03:05,35
513	00:40,92	01:41,18	03:50,03	00:52,54	01:52,51	00:52,53	02:06,19	00:53,78	00:33,42	01:12,06	02:37,72	00:44,29	01:30,83	03:19,43	00:45,85	01:37,81	00:37,34	01:20,61	03:07,05	01:25,35	03:05,39
512	00:40,93	01:41,21	03:50,08	00:52,56	01:52,54	00:52,55	02:06,23	00:53,79	00:33,43	01:12,07	02:37,75	00:44,30	01:30,85	03:19,47	00:45,86	01:37,83	00:37,35	01:20,63	03:07,08	01:25,37	03:05,43
511	00:40,95	01:41,24	03:50,12	00:52,57	01:52,57	00:52,56	02:06,26	00:53,81	00:33,44	01:12,09	02:37,78	00:44,32	01:30,87	03:19,51	00:45,88	01:37,86	00:37,36	01:20,65	03:07,12	01:25,40	03:05,46

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
510	00:40,96	01:41,26	03:50,17	00:52,59	01:52,60	00:52,58	02:06,29	00:53,83	00:33,45	01:12,11	02:37,81	00:44,33	01:30,90	03:19,55	00:45,89	01:37,88	00:37,38	01:20,67	03:07,16	01:25,42	03:05,50
509	00:40,97	01:41,29	03:50,21	00:52,61	01:52,63	00:52,60	02:06,32	00:53,84	00:33,46	01:12,13	02:37,84	00:44,35	01:30,92	03:19,59	00:45,90	01:37,91	00:37,39	01:20,69	03:07,19	01:25,44	03:05,54
508	00:40,99	01:41,32	03:50,26	00:52,62	01:52,66	00:52,61	02:06,36	00:53,86	00:33,47	01:12,15	02:37,87	00:44,36	01:30,94	03:19,63	00:45,92	01:37,93	00:37,40	01:20,72	03:07,23	01:25,46	03:05,57
507	00:41,00	01:41,34	03:50,30	00:52,64	01:52,69	00:52,63	02:06,39	00:53,88	00:33,48	01:12,17	02:37,90	00:44,37	01:30,97	03:19,67	00:45,93	01:37,96	00:37,41	01:20,74	03:07,27	01:25,49	03:05,61
506	00:41,01	01:41,37	03:50,35	00:52,66	01:52,72	00:52,65	02:06,42	00:53,89	00:33,49	01:12,19	02:37,94	00:44,39	01:30,99	03:19,70	00:45,95	01:37,99	00:37,42	01:20,76	03:07,31	01:25,51	03:05,65
505	00:41,02	01:41,39	03:50,40	00:52,67	01:52,75	00:52,66	02:06,46	00:53,91	00:33,50	01:12,21	02:37,97	00:44,40	01:31,02	03:19,74	00:45,96	01:38,01	00:37,43	01:20,78	03:07,34	01:25,53	03:05,68
504	00:41,04	01:41,42	03:50,44	00:52,69	01:52,78	00:52,68	02:06,49	00:53,93	00:33,51	01:12,22	02:38,00	00:44,42	01:31,04	03:19,78	00:45,98	01:38,04	00:37,45	01:20,80	03:07,38	01:25,55	03:05,72
503	00:41,05	01:41,45	03:50,49	00:52,71	01:52,81	00:52,70	02:06,52	00:53,94	00:33,52	01:12,24	02:38,03	00:44,43	01:31,06	03:19,82	00:45,99	01:38,06	00:37,46	01:20,82	03:07,42	01:25,58	03:05,76
502	00:41,06	01:41,47	03:50,53	00:52,72	01:52,84	00:52,71	02:06,56	00:53,96	00:33,53	01:12,26	02:38,06	00:44,44	01:31,09	03:19,86	00:46,01	01:38,09	00:37,47	01:20,84	03:07,45	01:25,60	03:05,79
501	00:41,08	01:41,50	03:50,58	00:52,74	01:52,87	00:52,73	02:06,59	00:53,98	00:33,54	01:12,28	02:38,09	00:44,46	01:31,11	03:19,90	00:46,02	01:38,12	00:37,48	01:20,86	03:07,49	01:25,62	03:05,83
500	00:41,09	01:41,53	03:50,63	00:52,76	01:52,90	00:52,75	02:06,62	00:54,00	00:33,55	01:12,30	02:38,12	00:44,47	01:31,14	03:19,94	00:46,04	01:38,14	00:37,49	01:20,89	03:07,53	01:25,64	03:05,87
499	00:41,10	01:41,56	03:50,67	00:52,77	01:52,93	00:52,76	02:06,66	00:54,01	00:33,56	01:12,32	02:38,16	00:44,49	01:31,16	03:19,98	00:46,05	01:38,17	00:37,51	01:20,91	03:07,57	01:25,67	03:05,91
498	00:41,12	01:41,58	03:50,72	00:52,79	01:52,96	00:52,78	02:06,69	00:54,03	00:33,57	01:12,34	02:38,19	00:44,50	01:31,18	03:20,02	00:46,06	01:38,19	00:37,52	01:20,93	03:07,61	01:25,69	03:05,94
497	00:41,13	01:41,61	03:50,76	00:52,81	01:52,99	00:52,80	02:06,72	00:54,05	00:33,58	01:12,36	02:38,22	00:44,51	01:31,21	03:20,06	00:46,08	01:38,22	00:37,53	01:20,95	03:07,64	01:25,71	03:05,98
496	00:41,14	01:41,64	03:50,81	00:52,82	01:53,02	00:52,81	02:06,76	00:54,07	00:33,60	01:12,38	02:38,25	00:44,53	01:31,23	03:20,11	00:46,09	01:38,25	00:37,54	01:20,97	03:07,68	01:25,73	03:06,02
495	00:41,15	01:41,66	03:50,86	00:52,84	01:53,05	00:52,83	02:06,79	00:54,08	00:33,61	01:12,40	02:38,28	00:44,54	01:31,26	03:20,15	00:46,11	01:38,27	00:37,55	01:20,99	03:07,72	01:25,76	03:06,06
494	00:41,17	01:41,69	03:50,91	00:52,86	01:53,08	00:52,85	02:06,83	00:54,10	00:33,62	01:12,42	02:38,32	00:44,56	01:31,28	03:20,19	00:46,12	01:38,30	00:37,57	01:21,01	03:07,76	01:25,78	03:06,09
493	00:41,18	01:41,72	03:50,95	00:52,88	01:53,11	00:52,86	02:06,86	00:54,12	00:33,63	01:12,44	02:38,35	00:44,57	01:31,31	03:20,23	00:46,14	01:38,32	00:37,58	01:21,04	03:07,80	01:25,80	03:06,13
492	00:41,19	01:41,75	03:51,00	00:52,89	01:53,14	00:52,88	02:06,89	00:54,13	00:33,64	01:12,46	02:38,38	00:44,59	01:31,33	03:20,27	00:46,15	01:38,35	00:37,59	01:21,06	03:07,83	01:25,83	03:06,17
491	00:41,21	01:41,77	03:51,05	00:52,91	01:53,17	00:52,90	02:06,93	00:54,15	00:33,65	01:12,48	02:38,41	00:44,60	01:31,36	03:20,31	00:46,17	01:38,38	00:37,60	01:21,08	03:07,87	01:25,85	03:06,21
490	00:41,22	01:41,80	03:51,09	00:52,93	01:53,20	00:52,92	02:06,96	00:54,17	00:33,66	01:12,50	02:38,45	00:44,62	01:31,38	03:20,35	00:46,18	01:38,40	00:37,61	01:21,10	03:07,91	01:25,87	03:06,25
489	00:41,23	01:41,83	03:51,14	00:52,94	01:53,23	00:52,93	02:07,00	00:54,19	00:33,67	01:12,51	02:38,48	00:44,63	01:31,40	03:20,39	00:46,20	01:38,43	00:37,63	01:21,12	03:07,95	01:25,90	03:06,28
488	00:41,25	01:41,86	03:51,19	00:52,96	01:53,26	00:52,95	02:07,03	00:54,21	00:33,68	01:12,53	02:38,51	00:44,64	01:31,43	03:20,43	00:46,21	01:38,46	00:37,64	01:21,15	03:07,99	01:25,92	03:06,32
487	00:41,26	01:41,88	03:51,24	00:52,98	01:53,29	00:52,97	02:07,07	00:54,22	00:33,69	01:12,55	02:38,54	00:44,66	01:31,45	03:20,47	00:46,23	01:38,48	00:37,65	01:21,17	03:08,03	01:25,94	03:06,36
486	00:41,27	01:41,91	03:51,28	00:53,00	01:53,32	00:52,98	02:07,10	00:54,24	00:33,70	01:12,57	02:38,58	00:44,67	01:31,48	03:20,51	00:46,24	01:38,51	00:37,66	01:21,19	03:08,07	01:25,97	03:06,40
485	00:41,29	01:41,94	03:51,33	00:53,01	01:53,35	00:53,00	02:07,14	00:54,26	00:33,72	01:12,59	02:38,61	00:44,69	01:31,50	03:20,56	00:46,26	01:38,54	00:37,68	01:21,21	03:08,10	01:25,99	03:06,44
484	00:41,30	01:41,97	03:51,38	00:53,03	01:53,39	00:53,02	02:07,17	00:54,28	00:33,73	01:12,61	02:38,64	00:44,70	01:31,53	03:20,60	00:46,27	01:38,57	00:37,69	01:21,23	03:08,14	01:26,01	03:06,48
483	00:41,32	01:42,00	03:51,43	00:53,05	01:53,42	00:53,04	02:07,21	00:54,29	00:33,74	01:12,63	02:38,67	00:44,72	01:31,55	03:20,64	00:46,29	01:38,59	00:37,70	01:21,26	03:08,18	01:26,04	03:06,51
482	00:41,33	01:42,02	03:51,48	00:53,07	01:53,45	00:53,05	02:07,24	00:54,31	00:33,75	01:12,65	02:38,71	00:44,73	01:31,58	03:20,68	00:46,30	01:38,62	00:37,71	01:21,28	03:08,22	01:26,06	03:06,55
481	00:41,34	01:42,05	03:51,52	00:53,08	01:53,48	00:53,07	02:07,28	00:54,33	00:33,76	01:12,67	02:38,74	00:44,75	01:31,61	03:20,72	00:46,32	01:38,65	00:37,73	01:21,30	03:08,26	01:26,08	03:06,59
480	00:41,36	01:42,08	03:51,57	00:53,10	01:53,51	00:53,09	02:07,31	00:54,35	00:33,77	01:12,69	02:38,77	00:44,76	01:31,63	03:20,76	00:46,33	01:38,67	00:37,74	01:21,32	03:08,30	01:26,11	03:06,63
479	00:41,37	01:42,11	03:51,62	00:53,12	01:53,54	00:53,11	02:07,35	00:54,37	00:33,78	01:12,71	02:38,81	00:44,78	01:31,66	03:20,81	00:46,35	01:38,70	00:37,75	01:21,35	03:08,34	01:26,13	03:06,67
478	00:41,38	01:42,14	03:51,67	00:53,14	01:53,57	00:53,12	02:07,38	00:54,38	00:33,79	01:12,73	02:38,84	00:44,79	01:31,68	03:20,85	00:46,37	01:38,73	00:37,76	01:21,37	03:08,38	01:26,16	03:06,71
477	00:41,40	01:42,16	03:51,72	00:53,15	01:53,60	00:53,14	02:07,42	00:54,40	00:33,80	01:12,75	02:38,87	00:44,81	01:31,71	03:20,89	00:46,38	01:38,76	00:37,78	01:21,39	03:08,42	01:26,18	03:06,75
476	00:41,41	01:42,19	03:51,77	00:53,17	01:53,64	00:53,16	02:07,45	00:54,42	00:33,82	01:12,77	02:38,91	00:44,82	01:31,73	03:20,93	00:46,40	01:38,78	00:37,79	01:21,41	03:08,46	01:26,20	03:06,79
475	00:41,43	01:42,22	03:51,82	00:53,19	01:53,67	00:53,18	02:07,49	00:54,44	00:33,83	01:12,79	02:38,94	00:44,84	01:31,76	03:20,98	00:46,41	01:38,81	00:37,80	01:21,44	03:08,50	01:26,23	03:06,83
474	00:41,44	01:42,25	03:51,86	00:53,21	01:53,70	00:53,20	02:07,52	00:54,46	00:33,84	01:12,82	02:38,97	00:44,85	01:31,78	03:21,02	00:46,43	01:38,84	00:37,81	01:21,46	03:08,54	01:26,25	03:06,87
473	00:41,45	01:42,28	03:51,91	00:53,22	01:53,73	00:53,21	02:07,56	00:54,47	00:33,85	01:12,84	02:39,01	00:44,87	01:31,81	03:21,06	00:46,44	01:38,87	00:37,83	01:21,48	03:08,58	01:26,28	03:06,91
472	00:41,47	01:42,31	03:51,96	00:53,24	01:53,76	00:53,23	02:07,59	00:54,49	00:33,86	01:12,86	02:39,04	00:44,88	01:31,84	03:21,10	00:46,46	01:38,89	00:37,84	01:21,51	03:08,62	01:26,30	03:06,95
471	00:41,48	01:42,34	03:52,01	00:53,26	01:53,80	00:53,25	02:07,63	00:54,51	00:33,87	01:12,88	02:39,08	00:44,90	01:31,86	03:21,15	00:46,47	01:38,92	00:37,85	01:21,53	03:08,66	01:26,32	03:06,99
470	00:41,50	01:42,37	03:52,06	00:53,28	01:53,83	00:53,27	02:07,67	00:54,53	00:33,88	01:12,90	02:39,11	00:44,91	01:31,89	03:21,19	00:46,49	01:38,95	00:37,86	01:21,55	03:08,70	01:26,35	03:07,03
469	00:41,51	01:42,39	03:52,11	00:53,30	01:53,86	00:53,29	02:07,70	00:54,55	00:33,90	01:12,92	02:39,14	00:44,93	01:31,91	03:21,23	00:46,51	01:38,98	00:37,88	01:21,57	03:08,74	01:26,37	03:07,07
468	00:41,52	01:42,42	03:52,16	00:53,31	01:53,89	00:53,30	02:07,74	00:54,57	00:33,91	01:12,94	02:39,18	00:44,94	01:31,94	03:21,28	00:46,52	01:39,01	00:37,89	01:21,60	03:08,78	01:26,40	03:07,11
467	00:41,54	01:42,45	03:52,21	00:53,33	01:53,92	00:53,32	02:07,78	00:54,59	00:33,92	01:12,96	02:39,21	00:44,96	01:31,96	03:21,32	00:46,54	01:39,03	00:37,90	01:21,62	03:08,82	01:26,42	03:07,15
466	00:41,55	01:42,48	03:52,26	00:53,35	01:53,96	00:53,34	02:07,81	00:54,60	00:33,93	01:12,98	02:39,25	00:44,97	01:31,99	03:21,36	00:46,55	01:39,06	00:37,92	01:21,64	03:08,86	01:26,45	03:07,19
465	00:41,57	01:42,51	03:52,31	00:53,37	01:53,99	00:53,36	02:07,85	00:54,62	00:33,94	01:13,00	02:39,28	00:44,99	01:32,02	03:21,41	00:46,57	01:39,09	00:37,93	01:21,67	03:08,90	01:26,47	03:07,23
464	00:41,58	01:42,54	03:52,36	00:53,39	01:54,02	00:53,38	02:07,88	00:54,64	00:33,95	01:13,02	02:39,31	00:45,00	01:32,04	03:21,45	00:46,59	01:39,12	00:37,94	01:21,69	03:08,94	01:26,50	03:07,27
463	00:41,59	01:42,57	03:52,41	00:53,41	01:54,05	00:53,39	02:07,92	00:54,66	00:33,96	01:13,04	02:39,35	00:45,02	01:32,07	03:21,49	00:46,60	01:39,15	00:37,95	01:21,71	03:08,98	01:26,52	03:07,31
462	00:41,61	01:42,60	03:52,46	00:53,42	01:54,09	00:53,41	02:07,96	00:54,68	00:33,98	01:13,06	02:39,38	00:45,03	01:32,10	03:21,54	00:46,62	01:39,18	00:37,97	01:21,74	03:09,02	01:26,55	03:07,35
461	00:41,62	01:42,63	03:52,51	00:53,44	01:54,12	00:53,43	02:07,99	00:54,70	00:33,99	01:13,08	02:39,42	00:45,05	01:32,12	03:21,58	00:46,63	01:39,20	00:37,98	01:21,76	03:09,06	01:26,57	03:07,39
460	00:41,64	01:42,66	03:52,56	00:53,46	01:54,15	00:53,45	02:08,03	00:54,72	00:34,00	01:13,11	02:39,45	00:45,07	01:32,15	03:21,62	00:46,65	01:39,23	00:37,99	01:21,78	03:09,11	01:26,60	03:07,43
459	00:41,65	01:42,69	03:52,61	00:53,48	01:54,19	00:53,47	02:08,07	00:54,74	00:34,01	01:13,13	02:39,49	00:45,08	01:32,18	03:21,67	00:46,67	01:39,26	00:38,01	01:21,81	03:09,15	01:26,62	03:07,47
458	00:41,67	01:42,72	03:52,66	00:53,50	01:54,22	00:53,49	02:08,11	00:54,75	00:34,02	01:13,15	02:39,52	00:45,10	01:32,20	03:21,71	00:46,68	01:39,29	00:38,02	01:21,83	03:09,19	01:26,65	03:07,51
457	00:41,68	01:42,75	03:52,72	00:53,52	01:54,25	00:53,51	02:08,14	00:54,77	00:34,04	01:13,17	02:39,56	00:45,11	01:32,23	03:21,76	00:46,70	01:39,32	00:38,03	01:21,86	03:09,23	01:26,67	03:07,55
456	00:41,70	01:42,78	03:52,77	00:53,54	01:54,29	00:53,52	02:08,18	00:54,79	00:34,05	01:13,19	02:39,59	00:45,13	01:32,26	03:21,80	00:46,71	01:39,35	00:38,05	01:21,88	03:09,27	01:26,70	03:07,59
455	00:41,71	01:42,81	03:52,82	00:53,55	01:54,32	00:53,54	02:08,22	00:54,81	00:34,06	01:13,21	02:39,63	00:45,14	01:32,28	03:21,85	00:46,73	01:39,38	00:38,06	01:21,90	03:09,31	01:26,72	03:07,64
454	00:41,72	01:42,84	03:52,87	00:53,57	01:54,35	00:53,56	02:08,25	00:54,83	00:34,07	01:13,23	02:39,66	00:45,16	01:32,31	03:21,89	00:46,75	01:39,41	00:38,07	01:21,93	03:09,35	01:26,75	03:07,68
453	00:41,74	01:42,87	03:52,92	00:53,59	01:54,39	00:53,58	02:08,29	00:54,85	00:34,08	01:13,25	02:39,70	00:45,18	01:32,34	03:21,93	00:46,76	01:39,43	00:38,09	01:21,95	03:09,40	01:26,77	03:07,72
452	00:41,75	01:42,90	03:52,97	00:53,61	01:54,42	00:53,60	02:08,33	00:54,87	00:34,10	01:13,28	02:39,73	00:45,19	01:32,36	03:21,98	00:46,78	01:39,46	00:38,10	01:21,98	03:09,44	01:26,80	03:07,76
451	00:41,77	01:42,93	03:53,02	00:53,63	01:54,45	00:53,62	02:08,37	00:54,89	00:34,11	01:13,30	02:39,77	00:45,21	01:32,39	03:22,02	00:46,80	01:39,49	00:38,11	01:22,00	03:09,48	01:26,82	03:07,80
450	00:41,78	01:42,96	03:53,08	00:53,65	01:54,49	00:53,64	02:08,41	00:54,91	00:34,12	01:13,32	02:39,80	00:45,22	01:32,42	03:22,07	00:46,81	01:39,52	00:38,13	01:22,02	03:09,52	01:26,85	03:07,84
449	00:41,80	01:42,99	03:53,13	00:53,67	01:54,52	00:53,66	02:08,44	00:54,93	00:34,13	01:13,34	02:39,84	00:45,24	01:32,45	03:22,11	00:46,83	01:39,55	00:38,14	01:22,05	03:09,57	01:26,87	03:07,89
448	00:41,81	01:43,02	03:53,18	00:53,69	01:54,55	00:53,67	02:08,48	00:54,95	00:34,14	01:13,36	02:39,88	00:45,26	01:32,47	03:22,16	00:46,85	01:39,58	00:38,15	01:22,07	03:09,61	01:26,90	03:07,93
447	00:41,83	01:43,05	03:53,23	00:53,71	01:54,59	00:53,69	02:08,52	00:54,97	00:34,16	01:13,38	02:39,91	00:45,27	01:32,50	03:22,20	00:46,86	01:39,61	00:38,17	01:22,10	03:09,65	01:26,93	03:07,97
446	00:41,84	01:43,08	03:53,29	00:53,72	01:54,62	00:53,71	02:08,56	00:54,99	00:34,17	01:13,41	02:39,95	00:45,29	01:32,53	03:22,25	00:46,88	01:39,64	00:38,18	01:22,12	03:09,69	01:26,95	03:08,01
445	00:41,86	01:43,11	03:53,34	00:53,74	01:54,66	00:53,73	02:08,60	00:55,01	00:34,18	01:13,43	02:39,98	00:45,30	01:32,56	03:22,30	00:46,90	01:39,67	00:38,19	01:22,15	03:09,74	01:26,98	03:08,05

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
444	00:41,87	01:43,14	03:53,39	00:53,76	01:54,69	00:53,75	02:08,63	00:55,03	00:34,19	01:13,45	02:40,02	00:45,32	01:32,58	03:22,34	00:46,91	01:39,70	00:38,21	01:22,17	03:09,78	01:27,00	03:08,10
443	00:41,89	01:43,17	03:53,44	00:53,78	01:54,72	00:53,77	02:08,67	00:55,05	00:34,20	01:13,47	02:40,06	00:45,34	01:32,61	03:22,39	00:46,93	01:39,73	00:38,22	01:22,19	03:09,82	01:27,03	03:08,14
442	00:41,90	01:43,20	03:53,50	00:53,80	01:54,76	00:53,79	02:08,71	00:55,07	00:34,22	01:13,49	02:40,09	00:45,35	01:32,64	03:22,43	00:46,95	01:39,76	00:38,24	01:22,22	03:09,86	01:27,06	03:08,18
441	00:41,92	01:43,23	03:53,55	00:53,82	01:54,79	00:53,81	02:08,75	00:55,09	00:34,23	01:13,52	02:40,13	00:45,37	01:32,67	03:22,48	00:46,96	01:39,79	00:38,25	01:22,24	03:09,91	01:27,08	03:08,22
440	00:41,93	01:43,26	03:53,60	00:53,84	01:54,83	00:53,83	02:08,79	00:55,11	00:34,24	01:13,54	02:40,17	00:45,39	01:32,69	03:22,53	00:46,98	01:39,82	00:38,26	01:22,27	03:09,95	01:27,11	03:08,27
439	00:41,95	01:43,30	03:53,66	00:53,86	01:54,86	00:53,85	02:08,83	00:55,13	00:34,25	01:13,56	02:40,20	00:45,40	01:32,72	03:22,57	00:47,00	01:39,85	00:38,28	01:22,29	03:09,99	01:27,13	03:08,31
438	00:41,96	01:43,33	03:53,71	00:53,88	01:54,90	00:53,87	02:08,87	00:55,15	00:34,27	01:13,58	02:40,24	00:45,42	01:32,75	03:22,62	00:47,01	01:39,88	00:38,29	01:22,32	03:10,04	01:27,16	03:08,35
437	00:41,98	01:43,36	03:53,76	00:53,90	01:54,93	00:53,89	02:08,91	00:55,17	00:34,28	01:13,60	02:40,28	00:45,43	01:32,78	03:22,66	00:47,03	01:39,91	00:38,31	01:22,34	03:10,08	01:27,19	03:08,40
436	00:41,99	01:43,39	03:53,82	00:53,92	01:54,97	00:53,91	02:08,94	00:55,19	00:34,29	01:13,63	02:40,31	00:45,45	01:32,81	03:22,71	00:47,05	01:39,94	00:38,32	01:22,37	03:10,13	01:27,21	03:08,44
435	00:42,01	01:43,42	03:53,87	00:53,94	01:55,00	00:53,93	02:08,98	00:55,21	00:34,30	01:13,65	02:40,35	00:45,47	01:32,83	03:22,76	00:47,07	01:39,97	00:38,33	01:22,39	03:10,17	01:27,24	03:08,48
434	00:42,02	01:43,45	03:53,92	00:53,96	01:55,04	00:53,95	02:09,02	00:55,23	00:34,32	01:13,67	02:40,39	00:45,48	01:32,86	03:22,80	00:47,08	01:40,00	00:38,35	01:22,42	03:10,21	01:27,27	03:08,53
433	00:42,04	01:43,48	03:53,98	00:53,98	01:55,07	00:53,97	02:09,06	00:55,25	00:34,33	01:13,69	02:40,42	00:45,50	01:32,89	03:22,85	00:47,10	01:40,03	00:38,36	01:22,44	03:10,26	01:27,29	03:08,57
432	00:42,06	01:43,52	03:54,03	00:54,00	01:55,11	00:53,99	02:09,10	00:55,27	00:34,34	01:13,72	02:40,46	00:45,52	01:32,92	03:22,90	00:47,12	01:40,06	00:38,38	01:22,47	03:10,30	01:27,32	03:08,61
431	00:42,07	01:43,55	03:54,09	00:54,02	01:55,14	00:54,01	02:09,14	00:55,29	00:34,35	01:13,74	02:40,50	00:45,53	01:32,95	03:22,95	00:47,14	01:40,09	00:38,39	01:22,49	03:10,35	01:27,35	03:08,66
430	00:42,09	01:43,58	03:54,14	00:54,04	01:55,18	00:54,03	02:09,18	00:55,31	00:34,37	01:13,76	02:40,54	00:45,55	01:32,98	03:22,99	00:47,15	01:40,12	00:38,40	01:22,52	03:10,39	01:27,37	03:08,70
429	00:42,10	01:43,61	03:54,20	00:54,06	01:55,21	00:54,05	02:09,22	00:55,33	00:34,38	01:13,79	02:40,57	00:45,57	01:33,01	03:23,04	00:47,17	01:40,16	00:38,42	01:22,55	03:10,43	01:27,40	03:08,75
428	00:42,12	01:43,64	03:54,25	00:54,08	01:55,25	00:54,07	02:09,26	00:55,35	00:34,39	01:13,81	02:40,61	00:45,59	01:33,03	03:23,09	00:47,19	01:40,19	00:38,43	01:22,57	03:10,48	01:27,43	03:08,79
427	00:42,13	01:43,68	03:54,31	00:54,10	01:55,29	00:54,09	02:09,30	00:55,37	00:34,40	01:13,83	02:40,65	00:45,60	01:33,06	03:23,14	00:47,21	01:40,22	00:38,45	01:22,60	03:10,52	01:27,46	03:08,84
426	00:42,15	01:43,71	03:54,36	00:54,12	01:55,32	00:54,11	02:09,34	00:55,39	00:34,42	01:13,85	02:40,69	00:45,62	01:33,09	03:23,18	00:47,22	01:40,25	00:38,46	01:22,62	03:10,57	01:27,48	03:08,88
425	00:42,16	01:43,74	03:54,42	00:54,14	01:55,36	00:54,13	02:09,38	00:55,41	00:34,43	01:13,88	02:40,72	00:45,64	01:33,12	03:23,23	00:47,24	01:40,28	00:38,48	01:22,65	03:10,61	01:27,51	03:08,92
424	00:42,18	01:43,77	03:54,47	00:54,16	01:55,39	00:54,15	02:09,42	00:55,43	00:34,44	01:13,90	02:40,76	00:45,65	01:33,15	03:23,28	00:47,26	01:40,31	00:38,49	01:22,67	03:10,66	01:27,54	03:08,97
423	00:42,20	01:43,81	03:54,53	00:54,18	01:55,43	00:54,17	02:09,46	00:55,45	00:34,46	01:13,92	02:40,80	00:45,67	01:33,18	03:23,33	00:47,28	01:40,34	00:38,50	01:22,70	03:10,70	01:27,56	03:09,01
422	00:42,21	01:43,84	03:54,58	00:54,20	01:55,47	00:54,19	02:09,50	00:55,47	00:34,47	01:13,95	02:40,84	00:45,69	01:33,21	03:23,38	00:47,29	01:40,37	00:38,52	01:22,73	03:10,75	01:27,59	03:09,06
421	00:42,23	01:43,87	03:54,64	00:54,22	01:55,50	00:54,21	02:09,54	00:55,49	00:34,48	01:13,97	02:40,88	00:45,71	01:33,24	03:23,42	00:47,31	01:40,41	00:38,53	01:22,75	03:10,79	01:27,62	03:09,10
420	00:42,24	01:43,90	03:54,70	00:54,24	01:55,54	00:54,23	02:09,59	00:55,51	00:34,50	01:13,99	02:40,91	00:45,72	01:33,27	03:23,47	00:47,33	01:40,44	00:38,55	01:22,78	03:10,84	01:27,65	03:09,15
419	00:42,26	01:43,94	03:54,75	00:54,26	01:55,58	00:54,25	02:09,63	00:55,54	00:34,51	01:14,02	02:40,95	00:45,74	01:33,30	03:23,52	00:47,35	01:40,47	00:38,56	01:22,80	03:10,89	01:27,67	03:09,19
418	00:42,28	01:43,97	03:54,81	00:54,28	01:55,61	00:54,27	02:09,67	00:55,56	00:34,52	01:14,04	02:40,99	00:45,76	01:33,33	03:23,57	00:47,37	01:40,50	00:38,58	01:22,83	03:10,93	01:27,70	03:09,24
417	00:42,29	01:44,00	03:54,86	00:54,30	01:55,65	00:54,29	02:09,71	00:55,58	00:34,53	01:14,06	02:41,03	00:45,77	01:33,36	03:23,62	00:47,38	01:40,53	00:38,59	01:22,86	03:10,98	01:27,73	03:09,28
416	00:42,31	01:44,04	03:54,92	00:54,32	01:55,69	00:54,31	02:09,75	00:55,60	00:34,55	01:14,09	02:41,07	00:45,79	01:33,39	03:23,67	00:47,40	01:40,56	00:38,61	01:22,88	03:11,02	01:27,76	03:09,33
415	00:42,32	01:44,07	03:54,98	00:54,34	01:55,72	00:54,33	02:09,79	00:55,62	00:34,56	01:14,11	02:41,11	00:45,81	01:33,42	03:23,72	00:47,42	01:40,60	00:38,62	01:22,91	03:11,07	01:27,79	03:09,38
414	00:42,34	01:44,10	03:55,03	00:54,36	01:55,76	00:54,35	02:09,83	00:55,64	00:34,57	01:14,13	02:41,15	00:45,83	01:33,45	03:23,77	00:47,44	01:40,63	00:38,64	01:22,94	03:11,12	01:27,81	03:09,42
413	00:42,36	01:44,14	03:55,09	00:54,39	01:55,80	00:54,37	02:09,87	00:55,66	00:34,59	01:14,16	02:41,19	00:45,84	01:33,48	03:23,82	00:47,46	01:40,66	00:38,65	01:22,96	03:11,16	01:27,84	03:09,47
412	00:42,37	01:44,17	03:55,15	00:54,41	01:55,83	00:54,39	02:09,92	00:55,68	00:34,60	01:14,18	02:41,23	00:45,86	01:33,51	03:23,87	00:47,47	01:40,69	00:38,67	01:22,99	03:11,21	01:27,87	03:09,51
411	00:42,39	01:44,20	03:55,21	00:54,43	01:55,87	00:54,42	02:09,96	00:55,71	00:34,61	01:14,21	02:41,27	00:45,88	01:33,54	03:23,92	00:47,49	01:40,73	00:38,68	01:23,02	03:11,25	01:27,90	03:09,56
410	00:42,41	01:44,24	03:55,26	00:54,45	01:55,91	00:54,44	02:10,00	00:55,73	00:34,63	01:14,23	02:41,30	00:45,90	01:33,57	03:23,97	00:47,51	01:40,76	00:38,70	01:23,04	03:11,30	01:27,93	03:09,61
409	00:42,42	01:44,27	03:55,32	00:54,47	01:55,95	00:54,46	02:10,04	00:55,75	00:34,64	01:14,25	02:41,34	00:45,92	01:33,60	03:24,02	00:47,53	01:40,79	00:38,71	01:23,07	03:11,35	01:27,96	03:09,65
408	00:42,44	01:44,30	03:55,38	00:54,49	01:55,98	00:54,48	02:10,08	00:55,77	00:34,65	01:14,28	02:41,38	00:45,93	01:33,63	03:24,07	00:47,55	01:40,82	00:38,73	01:23,10	03:11,40	01:27,98	03:09,70
407	00:42,46	01:44,34	03:55,44	00:54,51	01:56,02	00:54,50	02:10,13	00:55,79	00:34,67	01:14,30	02:41,42	00:45,95	01:33,66	03:24,12	00:47,57	01:40,86	00:38,74	01:23,12	03:11,44	01:28,01	03:09,75
406	00:42,47	01:44,37	03:55,50	00:54,53	01:56,06	00:54,52	02:10,17	00:55,81	00:34,68	01:14,33	02:41,46	00:45,97	01:33,69	03:24,17	00:47,59	01:40,89	00:38,76	01:23,15	03:11,49	01:28,04	03:09,79
405	00:42,49	01:44,41	03:55,55	00:54,55	01:56,10	00:54,54	02:10,21	00:55,84	00:34,70	01:14,35	02:41,50	00:45,99	01:33,72	03:24,22	00:47,60	01:40,92	00:38,77	01:23,18	03:11,54	01:28,07	03:09,84
404	00:42,51	01:44,44	03:55,61	00:54,58	01:56,14	00:54,56	02:10,25	00:55,86	00:34,71	01:14,38	02:41,54	00:46,01	01:33,75	03:24,27	00:47,62	01:40,96	00:38,79	01:23,21	03:11,58	01:28,10	03:09,89
403	00:42,52	01:44,48	03:55,67	00:54,60	01:56,17	00:54,59	02:10,30	00:55,88	00:34,72	01:14,40	02:41,58	00:46,02	01:33,78	03:24,32	00:47,64	01:40,99	00:38,80	01:23,23	03:11,63	01:28,13	03:09,93
402	00:42,54	01:44,51	03:55,73	00:54,62	01:56,21	00:54,61	02:10,34	00:55,90	00:34,74	01:14,42	02:41,62	00:46,04	01:33,81	03:24,37	00:47,66	01:41,02	00:38,82	01:23,26	03:11,68	01:28,16	03:09,98
401	00:42,56	01:44,54	03:55,79	00:54,64	01:56,25	00:54,63	02:10,38	00:55,92	00:34,75	01:14,45	02:41,66	00:46,06	01:33,84	03:24,42	00:47,68	01:41,06	00:38,83	01:23,29	03:11,73	01:28,19	03:10,03
400	00:42,57	01:44,58	03:55,85	00:54,66	01:56,29	00:54,65	02:10,43	00:55,95	00:34,76	01:14,47	02:41,70	00:46,08	01:33,87	03:24,47	00:47,70	01:41,09	00:38,85	01:23,32	03:11,78	01:28,22	03:10,08
399	00:42,59	01:44,61	03:55,91	00:54,68	01:56,33	00:54,67	02:10,47	00:55,97	00:34,78	01:14,50	02:41,75	00:46,10	01:33,90	03:24,52	00:47,72	01:41,12	00:38,86	01:23,34	03:11,82	01:28,25	03:10,12
398	00:42,61	01:44,65	03:55,97	00:54,71	01:56,37	00:54,69	02:10,51	00:55,99	00:34,79	01:14,52	02:41,79	00:46,12	01:33,94	03:24,57	00:47,74	01:41,16	00:38,88	01:23,37	03:11,87	01:28,27	03:10,17
397	00:42,62	01:44,68	03:56,03	00:54,73	01:56,41	00:54,72	02:10,56	00:56,01	00:34,81	01:14,55	02:41,83	00:46,13	01:33,97	03:24,63	00:47,76	01:41,19	00:38,89	01:23,40	03:11,92	01:28,30	03:10,22
396	00:42,64	01:44,72	03:56,09	00:54,75	01:56,44	00:54,74	02:10,60	00:56,04	00:34,82	01:14,57	02:41,87	00:46,15	01:34,00	03:24,68	00:47,77	01:41,22	00:38,91	01:23,43	03:11,97	01:28,33	03:10,27
395	00:42,66	01:44,75	03:56,15	00:54,77	01:56,48	00:54,76	02:10,64	00:56,06	00:34,83	01:14,60	02:41,91	00:46,17	01:34,03	03:24,73	00:47,79	01:41,26	00:38,93	01:23,45	03:12,02	01:28,36	03:10,32
394	00:42,68	01:44,79	03:56,21	00:54,79	01:56,52	00:54,78	02:10,69	00:56,08	00:34,85	01:14,62	02:41,95	00:46,19	01:34,06	03:24,78	00:47,81	01:41,29	00:38,94	01:23,48	03:12,07	01:28,39	03:10,37
393	00:42,69	01:44,82	03:56,27	00:54,82	01:56,56	00:54,80	02:10,73	00:56,10	00:34,86	01:14,65	02:41,99	00:46,21	01:34,09	03:24,83	00:47,83	01:41,33	00:38,96	01:23,51	03:12,12	01:28,42	03:10,41
392	00:42,71	01:44,86	03:56,33	00:54,84	01:56,60	00:54,83	02:10,78	00:56,13	00:34,88	01:14,67	02:42,03	00:46,23	01:34,13	03:24,89	00:47,85	01:41,36	00:38,97	01:23,54	03:12,17	01:28,45	03:10,46
391	00:42,73	01:44,89	03:56,39	00:54,86	01:56,64	00:54,85	02:10,82	00:56,15	00:34,89	01:14,70	02:42,07	00:46,25	01:34,16	03:24,94	00:47,87	01:41,39	00:38,99	01:23,57	03:12,21	01:28,48	03:10,51
390	00:42,74	01:44,93	03:56,45	00:54,88	01:56,68	00:54,87	02:10,87	00:56,17	00:34,90	01:14,72	02:42,12	00:46,26	01:34,19	03:24,99	00:47,89	01:41,43	00:39,00	01:23,60	03:12,26	01:28,51	03:10,56
389	00:42,76	01:44,97	03:56,51	00:54,91	01:56,72	00:54,89	02:10,91	00:56,20	00:34,92	01:14,75	02:42,16	00:46,28	01:34,22	03:25,04	00:47,91	01:41,46	00:39,02	01:23,62	03:12,31	01:28,54	03:10,61
388	00:42,78	01:45,00	03:56,57	00:54,93	01:56,76	00:54,92	02:10,96	00:56,22	00:34,93	01:14,77	02:42,20	00:46,30	01:34,25	03:25,10	00:47,93	01:41,50	00:39,04	01:23,65	03:12,36	01:28,57	03:10,66
387	00:42,80	01:45,04	03:56,63	00:54,95	01:56,80	00:54,94	02:11,00	00:56,24	00:34,95	01:14,80	02:42,24	00:46,32	01:34,29	03:25,15	00:47,95	01:41,53	00:39,05	01:23,68	03:12,41	01:28,60	03:10,71
386	00:42,82	01:45,07	03:56,69	00:54,97	01:56,84	00:54,96	02:11,04	00:56,26	00:34,96	01:14,83	02:42,28	00:46,34	01:34,32	03:25,20	00:47,97	01:41,57	00:39,07	01:23,71	03:12,46	01:28,63	03:10,76
385	00:42,83	01:45,11	03:56,75	00:55,00	01:56,88	00:54,98	02:11,09	00:56,29	00:34,98	01:14,85	02:42,33	00:46,36	01:34,35	03:25,26	00:47,99	01:41,60	00:39,08	01:23,74	03:12,51	01:28,66	03:10,81
384	00:42,85	01:45,15	03:56,82	00:55,02	01:56,92	00:55,01	02:11,14	00:56,31	00:34,99	01:14,88	02:42,37	00:46,38	01:34,38	03:25,31	00:48,01	01:41,64	00:39,10	01:23,77	03:12,56	01:28,70	03:10,86
383	00:42,87	01:45,18	03:56,88	00:55,04	01:56,96	00:55,03	02:11,18	00:56,33	00:35,01	01:14,90	02:42,41	00:46,40	01:34,42	03:25,36	00:48,03	01:41,67	00:39,12	01:23,80	03:12,61	01:28,73	03:10,91
382	00:42,89	01:45,22	03:56,94	00:55,06	01:57,00	00:55,05	02:11,23	00:56,36	00:35,02	01:14,93	02:42,45	00:46,42	01:34,45	03:25,42	00:48,05	01:41,71	00:39,13	01:23,83	03:12,66	01:28,76	03:10,96
381	00:42,90	01:45,26	03:57,00	00:55,09	01:57,04	00:55,08	02:11,27	00:56,38	00:35,03	01:14,96	02:42,50	00:46,44	01:34,48	03:25,47	00:48,07	01:41,74	00:39,15	01:23,85	03:12,72	01:28,79	03:11,01
380	00:42,92	01:45,29	03:57,06	00:55,11	01:57,08	00:55,10	02:11,32	00:56,41	00:35,05	01:14,98	02:42,54	00:46,46	01:34,51	03:25,53	00:48,09	01:41,78	00:39,17	01:23,88	03:12,77	01:28,82	03:11,06
379	00:42,94	01:45,33	03:57,13	00:55,13	01:57,12	00:55,12	02:11,36	00:56,43	00:35,06	01:15,01	02:42,58	00:46,48	01:34,55	03:25,58	00:48,11	01:41,82	00:39,18	01:23,91	03:12,82	01:28,85	03:11,11

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
378	00:42,96	01:45,37	03:57,19	00:55,16	01:57,16	00:55,14	02:11,41	00:56,45	00:35,08	01:15,03	02:42,63	00:46,49	01:34,58	03:25,64	00:48,13	01:41,85	00:39,20	01:23,94	03:12,87	01:28,88	03:11,16
377	00:42,98	01:45,40	03:57,25	00:55,18	01:57,21	00:55,17	02:11,46	00:56,48	00:35,09	01:15,06	02:42,67	00:46,51	01:34,61	03:25,69	00:48,15	01:41,89	00:39,22	01:23,97	03:12,92	01:28,91	03:11,21
376	00:42,99	01:45,44	03:57,32	00:55,20	01:57,25	00:55,19	02:11,50	00:56,50	00:35,11	01:15,09	02:42,71	00:46,53	01:34,65	03:25,74	00:48,17	01:41,92	00:39,23	01:24,00	03:12,97	01:28,94	03:11,26
375	00:43,01	01:45,48	03:57,38	00:55,23	01:57,29	00:55,21	02:11,55	00:56,52	00:35,12	01:15,11	02:42,76	00:46,55	01:34,68	03:25,80	00:48,19	01:41,96	00:39,25	01:24,03	03:13,02	01:28,97	03:11,31
374	00:43,03	01:45,52	03:57,44	00:55,25	01:57,33	00:55,24	02:11,59	00:56,55	00:35,14	01:15,14	02:42,80	00:46,57	01:34,71	03:25,86	00:48,21	01:41,99	00:39,27	01:24,06	03:13,07	01:29,01	03:11,36
373	00:43,05	01:45,55	03:57,51	00:55,27	01:57,37	00:55,26	02:11,64	00:56,57	00:35,15	01:15,17	02:42,84	00:46,59	01:34,75	03:25,91	00:48,23	01:42,03	00:39,28	01:24,09	03:13,13	01:29,04	03:11,41
372	00:43,07	01:45,59	03:57,57	00:55,30	01:57,41	00:55,29	02:11,69	00:56,60	00:35,17	01:15,19	02:42,89	00:46,61	01:34,78	03:25,97	00:48,25	01:42,07	00:39,30	01:24,12	03:13,18	01:29,07	03:11,47
371	00:43,09	01:45,63	03:57,64	00:55,32	01:57,46	00:55,31	02:11,74	00:56,62	00:35,18	01:15,22	02:42,93	00:46,63	01:34,82	03:26,02	00:48,27	01:42,10	00:39,32	01:24,15	03:13,23	01:29,10	03:11,52
370	00:43,10	01:45,67	03:57,70	00:55,34	01:57,50	00:55,33	02:11,78	00:56,64	00:35,20	01:15,25	02:42,97	00:46,65	01:34,85	03:26,08	00:48,29	01:42,14	00:39,33	01:24,18	03:13,28	01:29,13	03:11,57
369	00:43,12	01:45,70	03:57,76	00:55,37	01:57,54	00:55,36	02:11,83	00:56,67	00:35,21	01:15,27	02:43,02	00:46,67	01:34,88	03:26,13	00:48,31	01:42,18	00:39,35	01:24,21	03:13,33	01:29,17	03:11,62
368	00:43,14	01:45,74	03:57,83	00:55,39	01:57,58	00:55,38	02:11,88	00:56,69	00:35,23	01:15,30	02:43,06	00:46,69	01:34,92	03:26,19	00:48,33	01:42,21	00:39,37	01:24,24	03:13,39	01:29,20	03:11,67
367	00:43,16	01:45,78	03:57,89	00:55,42	01:57,62	00:55,40	02:11,93	00:56,72	00:35,24	01:15,33	02:43,11	00:46,71	01:34,95	03:26,25	00:48,36	01:42,25	00:39,38	01:24,27	03:13,44	01:29,23	03:11,73
366	00:43,18	01:45,82	03:57,96	00:55,44	01:57,67	00:55,43	02:11,97	00:56,74	00:35,26	01:15,36	02:43,15	00:46,73	01:34,99	03:26,30	00:48,38	01:42,29	00:39,40	01:24,30	03:13,49	01:29,26	03:11,78
365	00:43,20	01:45,86	03:58,02	00:55,46	01:57,71	00:55,45	02:12,02	00:56,77	00:35,27	01:15,38	02:43,20	00:46,75	01:35,02	03:26,36	00:48,40	01:42,32	00:39,42	01:24,33	03:13,55	01:29,29	03:11,83
364	00:43,22	01:45,90	03:58,09	00:55,49	01:57,75	00:55,48	02:12,07	00:56,79	00:35,29	01:15,41	02:43,24	00:46,77	01:35,06	03:26,42	00:48,42	01:42,36	00:39,44	01:24,36	03:13,60	01:29,33	03:11,88
363	00:43,24	01:45,93	03:58,16	00:55,51	01:57,80	00:55,50	02:12,12	00:56,82	00:35,31	01:15,44	02:43,29	00:46,80	01:35,09	03:26,47	00:48,44	01:42,40	00:39,45	01:24,39	03:13,65	01:29,36	03:11,94
362	00:43,25	01:45,97	03:58,22	00:55,54	01:57,84	00:55,53	02:12,17	00:56,84	00:35,32	01:15,47	02:43,33	00:46,82	01:35,12	03:26,53	00:48,46	01:42,44	00:39,47	01:24,43	03:13,71	01:29,39	03:11,99
361	00:43,27	01:46,01	03:58,29	00:55,56	01:57,88	00:55,55	02:12,21	00:56,87	00:35,34	01:15,49	02:43,38	00:46,84	01:35,16	03:26,59	00:48,48	01:42,47	00:39,49	01:24,46	03:13,76	01:29,42	03:12,04
360	00:43,29	01:46,05	03:58,35	00:55,59	01:57,93	00:55,57	02:12,26	00:56,89	00:35,35	01:15,52	02:43,42	00:46,86	01:35,19	03:26,64	00:48,50	01:42,51	00:39,50	01:24,49	03:13,81	01:29,46	03:12,10
359	00:43,31	01:46,09	03:58,42	00:55,61	01:57,97	00:55,60	02:12,31	00:56,92	00:35,37	01:15,55	02:43,47	00:46,88	01:35,23	03:26,70	00:48,53	01:42,55	00:39,52	01:24,52	03:13,87	01:29,49	03:12,15
358	00:43,33	01:46,13	03:58,49	00:55,64	01:58,01	00:55,62	02:12,36	00:56,94	00:35,38	01:15,58	02:43,51	00:46,90	01:35,27	03:26,76	00:48,55	01:42,59	00:39,54	01:24,55	03:13,92	01:29,52	03:12,20
357	00:43,35	01:46,17	03:58,55	00:55,66	01:58,06	00:55,65	02:12,41	00:56,97	00:35,40	01:15,61	02:43,56	00:46,92	01:35,30	03:26,82	00:48,57	01:42,63	00:39,56	01:24,58	03:13,98	01:29,56	03:12,26
356	00:43,37	01:46,21	03:58,62	00:55,69	01:58,10	00:55,67	02:12,46	00:56,99	00:35,41	01:15,63	02:43,61	00:46,94	01:35,34	03:26,88	00:48,59	01:42,66	00:39,57	01:24,61	03:14,03	01:29,59	03:12,31
355	00:43,39	01:46,25	03:58,69	00:55,71	01:58,14	00:55,70	02:12,51	00:57,02	00:35,43	01:15,66	02:43,65	00:46,96	01:35,37	03:26,93	00:48,61	01:42,70	00:39,59	01:24,64	03:14,09	01:29,62	03:12,37
354	00:43,41	01:46,29	03:58,76	00:55,74	01:58,19	00:55,72	02:12,56	00:57,04	00:35,45	01:15,69	02:43,70	00:46,98	01:35,41	03:26,99	00:48,63	01:42,74	00:39,61	01:24,68	03:14,14	01:29,66	03:12,42
353	00:43,43	01:46,33	03:58,82	00:55,76	01:58,23	00:55,75	02:12,61	00:57,07	00:35,46	01:15,72	02:43,75	00:47,00	01:35,44	03:27,05	00:48,66	01:42,78	00:39,63	01:24,71	03:14,20	01:29,69	03:12,48
352	00:43,45	01:46,37	03:58,89	00:55,79	01:58,28	00:55,77	02:12,66	00:57,10	00:35,48	01:15,75	02:43,79	00:47,02	01:35,48	03:27,11	00:48,68	01:42,82	00:39,65	01:24,74	03:14,25	01:29,72	03:12,53
351	00:43,47	01:46,41	03:58,96	00:55,81	01:58,32	00:55,80	02:12,71	00:57,12	00:35,49	01:15,78	02:43,84	00:47,05	01:35,51	03:27,17	00:48,70	01:42,86	00:39,66	01:24,77	03:14,31	01:29,76	03:12,59
350	00:43,49	01:46,45	03:59,03	00:55,84	01:58,37	00:55,82	02:12,76	00:57,15	00:35,51	01:15,80	02:43,89	00:47,07	01:35,55	03:27,23	00:48,72	01:42,90	00:39,68	01:24,80	03:14,36	01:29,79	03:12,64
349	00:43,51	01:46,49	03:59,10	00:55,86	01:58,41	00:55,85	02:12,81	00:57,17	00:35,53	01:15,83	02:43,93	00:47,09	01:35,59	03:27,29	00:48,74	01:42,93	00:39,70	01:24,84	03:14,42	01:29,83	03:12,70
348	00:43,53	01:46,53	03:59,17	00:55,89	01:58,46	00:55,87	02:12,86	00:57,20	00:35,54	01:15,86	02:43,98	00:47,11	01:35,62	03:27,35	00:48,77	01:42,97	00:39,72	01:24,87	03:14,47	01:29,86	03:12,75
347	00:43,55	01:46,57	03:59,24	00:55,91	01:58,50	00:55,90	02:12,91	00:57,23	00:35,56	01:15,89	02:44,03	00:47,13	01:35,66	03:27,41	00:48,79	01:43,01	00:39,74	01:24,90	03:14,53	01:29,90	03:12,81
346	00:43,57	01:46,61	03:59,30	00:55,94	01:58,55	00:55,93	02:12,96	00:57,25	00:35,58	01:15,92	02:44,08	00:47,15	01:35,70	03:27,47	00:48,81	01:43,05	00:39,75	01:24,93	03:14,59	01:29,93	03:12,86
345	00:43,59	01:46,65	03:59,37	00:55,96	01:58,59	00:55,95	02:13,01	00:57,28	00:35,59	01:15,95	02:44,12	00:47,18	01:35,73	03:27,53	00:48,83	01:43,09	00:39,77	01:24,97	03:14,64	01:29,96	03:12,92
344	00:43,61	01:46,69	03:59,44	00:55,99	01:58,64	00:55,98	02:13,06	00:57,30	00:35,61	01:15,98	02:44,17	00:47,20	01:35,77	03:27,59	00:48,86	01:43,13	00:39,79	01:25,00	03:14,70	01:30,00	03:12,98
343	00:43,63	01:46,73	03:59,51	00:56,02	01:58,68	00:56,00	02:13,11	00:57,33	00:35,62	01:16,01	02:44,22	00:47,22	01:35,81	03:27,65	00:48,88	01:43,17	00:39,81	01:25,03	03:14,76	01:30,03	03:13,03
342	00:43,65	01:46,77	03:59,58	00:56,04	01:58,73	00:56,03	02:13,17	00:57,36	00:35,64	01:16,04	02:44,27	00:47,24	01:35,84	03:27,71	00:48,90	01:43,21	00:39,83	01:25,06	03:14,81	01:30,07	03:13,09
341	00:43,67	01:46,82	03:59,65	00:56,07	01:58,78	00:56,06	02:13,22	00:57,38	00:35,66	01:16,07	02:44,31	00:47,26	01:35,88	03:27,77	00:48,92	01:43,25	00:39,85	01:25,10	03:14,87	01:30,10	03:13,15
340	00:43,69	01:46,86	03:59,73	00:56,09	01:58,82	00:56,08	02:13,27	00:57,41	00:35,67	01:16,10	02:44,36	00:47,29	01:35,92	03:27,83	00:48,95	01:43,29	00:39,87	01:25,13	03:14,93	01:30,14	03:13,20
339	00:43,71	01:46,90	03:59,80	00:56,12	01:58,87	00:56,11	02:13,32	00:57,44	00:35,69	01:16,13	02:44,41	00:47,31	01:35,96	03:27,89	00:48,97	01:43,33	00:39,88	01:25,16	03:14,99	01:30,17	03:13,26
338	00:43,73	01:46,94	03:59,87	00:56,15	01:58,92	00:56,13	02:13,37	00:57,47	00:35,71	01:16,16	02:44,46	00:47,33	01:35,99	03:27,96	00:48,99	01:43,37	00:39,90	01:25,20	03:15,04	01:30,21	03:13,32
337	00:43,75	01:46,98	03:59,94	00:56,17	01:58,96	00:56,16	02:13,43	00:57,49	00:35,72	01:16,19	02:44,51	00:47,35	01:36,03	03:28,02	00:49,02	01:43,41	00:39,92	01:25,23	03:15,10	01:30,24	03:13,37
336	00:43,77	01:47,03	04:00,01	00:56,20	01:59,01	00:56,19	02:13,48	00:57,52	00:35,74	01:16,22	02:44,56	00:47,37	01:36,07	03:28,08	00:49,04	01:43,45	00:39,94	01:25,26	03:15,16	01:30,28	03:13,43
335	00:43,79	01:47,07	04:00,08	00:56,23	01:59,06	00:56,21	02:13,53	00:57,55	00:35,76	01:16,25	02:44,61	00:47,40	01:36,11	03:28,14	00:49,06	01:43,50	00:39,96	01:25,30	03:15,22	01:30,32	03:13,49
334	00:43,81	01:47,11	04:00,15	00:56,25	01:59,10	00:56,24	02:13,58	00:57,57	00:35,78	01:16,28	02:44,66	00:47,42	01:36,15	03:28,20	00:49,09	01:43,54	00:39,98	01:25,33	03:15,28	01:30,35	03:13,55
333	00:43,83	01:47,15	04:00,23	00:56,28	01:59,15	00:56,27	02:13,64	00:57,60	00:35,79	01:16,31	02:44,71	00:47,44	01:36,18	03:28,27	00:49,11	01:43,58	00:40,00	01:25,37	03:15,34	01:30,39	03:13,61
332	00:43,85	01:47,20	04:00,30	00:56,31	01:59,20	00:56,29	02:13,69	00:57,63	00:35,81	01:16,34	02:44,76	00:47,46	01:36,22	03:28,33	00:49,13	01:43,62	00:40,02	01:25,40	03:15,40	01:30,42	03:13,66
331	00:43,87	01:47,24	04:00,37	00:56,33	01:59,25	00:56,32	02:13,74	00:57,66	00:35,83	01:16,37	02:44,81	00:47,49	01:36,26	03:28,39	00:49,16	01:43,66	00:40,04	01:25,43	03:15,45	01:30,46	03:13,72
330	00:43,90	01:47,28	04:00,44	00:56,36	01:59,29	00:56,35	02:13,80	00:57,68	00:35,84	01:16,40	02:44,86	00:47,51	01:36,30	03:28,46	00:49,18	01:43,70	00:40,05	01:25,47	03:15,51	01:30,50	03:13,78
329	00:43,92	01:47,32	04:00,52	00:56,39	01:59,34	00:56,38	02:13,85	00:57,71	00:35,86	01:16,43	02:44,91	00:47,53	01:36,34	03:28,52	00:49,20	01:43,74	00:40,07	01:25,50	03:15,57	01:30,53	03:13,84
328	00:43,94	01:47,37	04:00,59	00:56,42	01:59,39	00:56,40	02:13,91	00:57,74	00:35,88	01:16,46	02:44,96	00:47,56	01:36,38	03:28,58	00:49,23	01:43,79	00:40,09	01:25,54	03:15,63	01:30,57	03:13,90
327	00:43,96	01:47,41	04:00,66	00:56,44	01:59,44	00:56,43	02:13,96	00:57,77	00:35,90	01:16,49	02:45,01	00:47,58	01:36,42	03:28,65	00:49,25	01:43,83	00:40,11	01:25,57	03:15,69	01:30,61	03:13,96
326	00:43,98	01:47,46	04:00,74	00:56,47	01:59,49	00:56,46	02:14,01	00:57,80	00:35,91	01:16,52	02:45,06	00:47,60	01:36,46	03:28,71	00:49,28	01:43,87	00:40,13	01:25,61	03:15,75	01:30,64	03:14,02
325	00:44,00	01:47,50	04:00,81	00:56,50	01:59,54	00:56,49	02:14,07	00:57,83	00:35,93	01:16,55	02:45,11	00:47,63	01:36,50	03:28,78	00:49,30	01:43,91	00:40,15	01:25,64	03:15,81	01:30,68	03:14,08
324	00:44,02	01:47,54	04:00,89	00:56,53	01:59,59	00:56,51	02:14,12	00:57,85	00:35,95	01:16,58	02:45,16	00:47,65	01:36,53	03:28,84	00:49,32	01:43,95	00:40,17	01:25,68	03:15,87	01:30,72	03:14,14
323	00:44,05	01:47,59	04:00,96	00:56,55	01:59,63	00:56,54	02:14,18	00:57,88	00:35,97	01:16,62	02:45,21	00:47,67	01:36,57	03:28,91	00:49,35	01:44,00	00:40,19	01:25,71	03:15,94	01:30,75	03:14,20
322	00:44,07	01:47,63	04:01,04	00:56,58	01:59,68	00:56,57	02:14,23	00:57,91	00:35,98	01:16,65	02:45,26	00:47,70	01:36,61	03:28,97	00:49,37	01:44,04	00:40,21	01:25,75	03:16,00	01:30,79	03:14,26
321	00:44,09	01:47,68	04:01,11	00:56,61	01:59,73	00:56,60	02:14,29	00:57,94	00:36,00	01:16,68	02:45,31	00:47,72	01:36,65	03:29,04	00:49,40	01:44,08	00:40,23	01:25,78	03:16,06	01:30,83	03:14,32
320	00:44,11	01:47,72	04:01,19	00:56,64	01:59,78	00:56,63	02:14,35	00:57,97	00:36,02	01:16,71	02:45,37	00:47,74	01:36,69	03:29,10	00:49,42	01:44,13	00:40,25	01:25,82	03:16,12	01:30,87	03:14,38
319	00:44,13	01:47,77	04:01,26	00:56,67	01:59,83	00:56,65	02:14,40	00:58,00	00:36,04	01:16,74	02:45,42	00:47,77	01:36,73	03:29,17	00:49,45	01:44,17	00:40,27	01:25,85	03:16,18	01:30,90	03:14,44
318	00:44,16	01:47,81	04:01,34	00:56,69	01:59,88	00:56,68	02:14,46	00:58,03	00:36,06	01:16,77	02:45,47	00:47,79	01:36,77	03:29,23	00:49,47	01:44,21	00:40,29	01:25,89	03:16,24	01:30,94	03:14,50
317	00:44,18	01:47,86	04:01,42	00:56,72	01:59,93	00:56,71	02:14,51	00:58,05	00:36,07	01:16,81	02:45,52	00:47,81	01:36,81	03:29,30	00:49,50	01:44,26	00:40,31	01:25,93	03:16,30	01:30,98	03:14,56
316	00:44,20	01:47,90	04:01,49	00:56,75	01:59,98	00:56,74	02:14,57	00:58,08	00:36,09	01:16,84	02:45,58	00:47,84	01:36,86	03:29,37	00:49,52	01:44,30	00:40,33	01:25,96	03:16,37	01:31,02	03:14,63
315	00:44,22	01:47,95	04:01,57	00:56,78	02:00,03	00:56,77	02:14,63	00:58,11	00:36,11	01:16,87	02:45,63	00:47,86	01:36,90	03:29,43	00:49,55	01:44,34	00:40,35	01:26,00	03:16,43	01:31,06	03:14,69
314	00:44,24	01:47,99	04:01,65	00:56,81	02:00,08	00:56,80	02:14,68	00:58,14	00:36,13	01:16,90	02:45,68	00:47,89	01:36,94	03:29,50	00:49,57	01:44,39	00:40,37	01:26,03	03:16,49	01:31,09	03:14,75
313	00:44,27	01:48,04	04:01,72	00:56,84	02:00,13	00:56,82	02:14,74	00:58,17	00:36,15	01:16,94	02:45,73	00:47,91	01:36,98	03:29,57	00:49,60	01:44,43	00:40,39	01:26,07	03:16,55	01:31,13	03:14,81

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
312	00:44,29	01:48,08	04:01,80	00:56,87	02:00,19	00:56,85	02:14,80	00:58,20	00:36,17	01:16,97	02:45,79	00:47,94	01:37,02	03:29,63	00:49,62	01:44,48	00:40,41	01:26,11	03:16,62	01:31,17	03:14,88
311	00:44,31	01:48,13	04:01,88	00:56,89	02:00,24	00:56,88	02:14,85	00:58,23	00:36,18	01:17,00	02:45,84	00:47,96	01:37,06	03:29,70	00:49,65	01:44,52	00:40,43	01:26,14	03:16,68	01:31,21	03:14,94
310	00:44,33	01:48,18	04:01,96	00:56,92	02:00,29	00:56,91	02:14,91	00:58,26	00:36,20	01:17,03	02:45,89	00:47,98	01:37,10	03:29,77	00:49,67	01:44,57	00:40,46	01:26,18	03:16,74	01:31,25	03:15,00
309	00:44,36	01:48,22	04:02,04	00:56,95	02:00,34	00:56,94	02:14,97	00:58,29	00:36,22	01:17,07	02:45,95	00:48,01	01:37,14	03:29,84	00:49,70	01:44,61	00:40,48	01:26,22	03:16,81	01:31,29	03:15,06
308	00:44,38	01:48,27	04:02,11	00:56,98	02:00,39	00:56,97	02:15,03	00:58,32	00:36,24	01:17,10	02:46,00	00:48,03	01:37,19	03:29,90	00:49,72	01:44,66	00:40,50	01:26,25	03:16,87	01:31,33	03:15,13
307	00:44,40	01:48,31	04:02,19	00:57,01	02:00,44	00:57,00	02:15,09	00:58,35	00:36,26	01:17,13	02:46,06	00:48,06	01:37,23	03:29,97	00:49,75	01:44,70	00:40,52	01:26,29	03:16,94	01:31,37	03:15,19
306	00:44,43	01:48,36	04:02,27	00:57,04	02:00,50	00:57,03	02:15,14	00:58,38	00:36,28	01:17,17	02:46,11	00:48,08	01:37,27	03:30,04	00:49,77	01:44,75	00:40,54	01:26,33	03:17,00	01:31,41	03:15,26
305	00:44,45	01:48,41	04:02,35	00:57,07	02:00,55	00:57,06	02:15,20	00:58,41	00:36,30	01:17,20	02:46,16	00:48,11	01:37,31	03:30,11	00:49,80	01:44,79	00:40,56	01:26,37	03:17,07	01:31,45	03:15,32
304	00:44,47	01:48,46	04:02,43	00:57,10	02:00,60	00:57,09	02:15,26	00:58,44	00:36,32	01:17,23	02:46,22	00:48,13	01:37,35	03:30,18	00:49,83	01:44,84	00:40,58	01:26,40	03:17,13	01:31,49	03:15,38
303	00:44,50	01:48,50	04:02,51	00:57,13	02:00,65	00:57,12	02:15,32	00:58,47	00:36,33	01:17,27	02:46,27	00:48,16	01:37,40	03:30,25	00:49,85	01:44,88	00:40,60	01:26,44	03:17,20	01:31,53	03:15,45
302	00:44,52	01:48,55	04:02,59	00:57,16	02:00,71	00:57,15	02:15,38	00:58,50	00:36,35	01:17,30	02:46,33	00:48,18	01:37,44	03:30,32	00:49,88	01:44,93	00:40,62	01:26,48	03:17,26	01:31,57	03:15,51
301	00:44,54	01:48,60	04:02,67	00:57,19	02:00,76	00:57,18	02:15,44	00:58,53	00:36,37	01:17,34	02:46,39	00:48,21	01:37,48	03:30,39	00:49,90	01:44,98	00:40,65	01:26,52	03:17,33	01:31,61	03:15,58
300	00:44,57	01:48,65	04:02,76	00:57,22	02:00,81	00:57,21	02:15,50	00:58,57	00:36,39	01:17,37	02:46,44	00:48,24	01:37,52	03:30,46	00:49,93	01:45,02	00:40,67	01:26,56	03:17,39	01:31,65	03:15,64
299	00:44,59	01:48,69	04:02,84	00:57,25	02:00,87	00:57,24	02:15,56	00:58,60	00:36,41	01:17,40	02:46,50	00:48,26	01:37,57	03:30,53	00:49,96	01:45,07	00:40,69	01:26,59	03:17,46	01:31,69	03:15,71
298	00:44,61	01:48,74	04:02,92	00:57,28	02:00,92	00:57,27	02:15,62	00:58,63	00:36,43	01:17,44	02:46,55	00:48,29	01:37,61	03:30,60	00:49,98	01:45,11	00:40,71	01:26,63	03:17,53	01:31,73	03:15,78
297	00:44,64	01:48,79	04:03,00	00:57,31	02:00,97	00:57,30	02:15,68	00:58,66	00:36,45	01:17,47	02:46,61	00:48,31	01:37,66	03:30,67	00:50,01	01:45,16	00:40,73	01:26,67	03:17,59	01:31,77	03:15,84
296	00:44,66	01:48,84	04:03,08	00:57,34	02:01,03	00:57,33	02:15,74	00:58,69	00:36,47	01:17,51	02:46,66	00:48,34	01:37,70	03:30,74	00:50,04	01:45,21	00:40,75	01:26,71	03:17,66	01:31,81	03:15,91
295	00:44,69	01:48,89	04:03,16	00:57,37	02:01,08	00:57,36	02:15,80	00:58,72	00:36,49	01:17,54	02:46,72	00:48,36	01:37,74	03:30,82	00:50,06	01:45,26	00:40,78	01:26,75	03:17,73	01:31,85	03:15,97
294	00:44,71	01:48,94	04:03,25	00:57,41	02:01,14	00:57,39	02:15,86	00:58,75	00:36,51	01:17,58	02:46,78	00:48,39	01:37,79	03:30,89	00:50,09	01:45,30	00:40,80	01:26,79	03:17,79	01:31,89	03:16,04
293	00:44,73	01:48,99	04:03,33	00:57,44	02:01,19	00:57,42	02:15,93	00:58,79	00:36,53	01:17,61	02:46,84	00:48,42	01:37,83	03:30,96	00:50,12	01:45,35	00:40,82	01:26,83	03:17,86	01:31,93	03:16,11
292	00:44,76	01:49,04	04:03,41	00:57,47	02:01,25	00:57,46	02:15,99	00:58,82	00:36,55	01:17,65	02:46,89	00:48,44	01:37,88	03:31,03	00:50,15	01:45,40	00:40,84	01:26,87	03:17,93	01:31,98	03:16,18
291	00:44,78	01:49,09	04:03,50	00:57,50	02:01,30	00:57,49	02:16,05	00:58,85	00:36,57	01:17,68	02:46,95	00:48,47	01:37,92	03:31,10	00:50,17	01:45,45	00:40,86	01:26,91	03:18,00	01:32,02	03:16,24
290	00:44,81	01:49,14	04:03,58	00:57,53	02:01,36	00:57,52	02:16,11	00:58,88	00:36,59	01:17,72	02:47,01	00:48,50	01:37,96	03:31,18	00:50,20	01:45,49	00:40,89	01:26,95	03:18,07	01:32,06	03:16,31
289	00:44,83	01:49,19	04:03,67	00:57,56	02:01,41	00:57,55	02:16,17	00:58,91	00:36,61	01:17,75	02:47,07	00:48,52	01:38,01	03:31,25	00:50,23	01:45,54	00:40,91	01:26,99	03:18,13	01:32,10	03:16,38
288	00:44,86	01:49,24	04:03,75	00:57,59	02:01,47	00:57,58	02:16,24	00:58,95	00:36,63	01:17,79	02:47,12	00:48,55	01:38,05	03:31,32	00:50,26	01:45,59	00:40,93	01:27,03	03:18,20	01:32,15	03:16,45
287	00:44,88	01:49,29	04:03,84	00:57,63	02:01,52	00:57,61	02:16,30	00:58,98	00:36,65	01:17,83	02:47,18	00:48,58	01:38,10	03:31,40	00:50,28	01:45,64	00:40,95	01:27,07	03:18,27	01:32,19	03:16,52
286	00:44,91	01:49,34	04:03,92	00:57,66	02:01,58	00:57,65	02:16,36	00:59,01	00:36,67	01:17,86	02:47,24	00:48,60	01:38,15	03:31,47	00:50,31	01:45,69	00:40,98	01:27,11	03:18,34	01:32,23	03:16,58
285	00:44,93	01:49,39	04:04,01	00:57,69	02:01,64	00:57,68	02:16,43	00:59,05	00:36,69	01:17,90	02:47,30	00:48,63	01:38,19	03:31,55	00:50,34	01:45,74	00:41,00	01:27,15	03:18,41	01:32,27	03:16,65
284	00:44,96	01:49,44	04:04,09	00:57,72	02:01,69	00:57,71	02:16,49	00:59,08	00:36,71	01:17,93	02:47,36	00:48,66	01:38,24	03:31,62	00:50,37	01:45,79	00:41,02	01:27,19	03:18,48	01:32,32	03:16,72
283	00:44,98	01:49,49	04:04,18	00:57,76	02:01,75	00:57,74	02:16,55	00:59,11	00:36,73	01:17,97	02:47,42	00:48,69	01:38,28	03:31,70	00:50,40	01:45,84	00:41,05	01:27,23	03:18,55	01:32,36	03:16,79
282	00:45,01	01:49,54	04:04,27	00:57,79	02:01,81	00:57,78	02:16,62	00:59,15	00:36,75	01:18,01	02:47,48	00:48,71	01:38,33	03:31,77	00:50,43	01:45,89	00:41,07	01:27,27	03:18,62	01:32,40	03:16,86
281	00:45,03	01:49,59	04:04,35	00:57,82	02:01,87	00:57,81	02:16,68	00:59,18	00:36,77	01:18,04	02:47,54	00:48,74	01:38,38	03:31,85	00:50,45	01:45,94	00:41,09	01:27,31	03:18,69	01:32,45	03:16,93
280	00:45,06	01:49,65	04:04,44	00:57,85	02:01,92	00:57,84	02:16,75	00:59,21	00:36,79	01:18,08	02:47,60	00:48,77	01:38,42	03:31,92	00:50,48	01:45,99	00:41,12	01:27,35	03:18,76	01:32,49	03:17,00
279	00:45,08	01:49,70	04:04,53	00:57,89	02:01,98	00:57,87	02:16,81	00:59,25	00:36,81	01:18,12	02:47,66	00:48,80	01:38,47	03:32,00	00:50,51	01:46,04	00:41,14	01:27,39	03:18,84	01:32,53	03:17,07
278	00:45,11	01:49,75	04:04,62	00:57,92	02:02,04	00:57,91	02:16,88	00:59,28	00:36,84	01:18,16	02:47,72	00:48,82	01:38,52	03:32,07	00:50,54	01:46,09	00:41,16	01:27,43	03:18,91	01:32,58	03:17,14
277	00:45,14	01:49,80	04:04,71	00:57,95	02:02,10	00:57,94	02:16,94	00:59,31	00:36,86	01:18,19	02:47,78	00:48,85	01:38,56	03:32,15	00:50,57	01:46,14	00:41,19	01:27,48	03:18,98	01:32,62	03:17,22
276	00:45,16	01:49,85	04:04,79	00:57,99	02:02,16	00:57,97	02:17,01	00:59,35	00:36,88	01:18,23	02:47,84	00:48,88	01:38,61	03:32,23	00:50,60	01:46,19	00:41,21	01:27,52	03:19,05	01:32,67	03:17,29
275	00:45,19	01:49,91	04:04,88	00:58,02	02:02,21	00:58,01	02:17,07	00:59,38	00:36,90	01:18,27	02:47,90	00:48,91	01:38,66	03:32,31	00:50,63	01:46,24	00:41,23	01:27,56	03:19,12	01:32,71	03:17,36
274	00:45,21	01:49,96	04:04,97	00:58,05	02:02,27	00:58,04	02:17,14	00:59,42	00:36,92	01:18,31	02:47,96	00:48,94	01:38,70	03:32,38	00:50,66	01:46,29	00:41,26	01:27,60	03:19,20	01:32,76	03:17,43
273	00:45,24	01:50,01	04:05,06	00:58,09	02:02,33	00:58,07	02:17,21	00:59,45	00:36,94	01:18,34	02:48,02	00:48,96	01:38,75	03:32,46	00:50,69	01:46,34	00:41,28	01:27,65	03:19,27	01:32,80	03:17,50
272	00:45,27	01:50,07	04:05,15	00:58,12	02:02,39	00:58,11	02:17,27	00:59,49	00:36,96	01:18,38	02:48,09	00:48,99	01:38,80	03:32,54	00:50,72	01:46,40	00:41,31	01:27,69	03:19,34	01:32,85	03:17,58
271	00:45,29	01:50,12	04:05,24	00:58,15	02:02,45	00:58,14	02:17,34	00:59,52	00:36,98	01:18,42	02:48,15	00:49,02	01:38,85	03:32,62	00:50,75	01:46,45	00:41,33	01:27,73	03:19,42	01:32,89	03:17,65
270	00:45,32	01:50,18	04:05,34	00:58,19	02:02,51	00:58,18	02:17,41	00:59,56	00:37,01	01:18,46	02:48,21	00:49,05	01:38,90	03:32,70	00:50,77	01:46,50	00:41,35	01:27,77	03:19,49	01:32,94	03:17,72
269	00:45,35	01:50,23	04:05,43	00:58,22	02:02,57	00:58,21	02:17,47	00:59,59	00:37,03	01:18,50	02:48,27	00:49,08	01:38,95	03:32,78	00:50,80	01:46,55	00:41,38	01:27,82	03:19,57	01:32,98	03:17,80
268	00:45,37	01:50,28	04:05,52	00:58,26	02:02,63	00:58,25	02:17,54	00:59,63	00:37,05	01:18,54	02:48,34	00:49,11	01:39,00	03:32,86	00:50,84	01:46,60	00:41,40	01:27,86	03:19,64	01:33,03	03:17,87
267	00:45,40	01:50,34	04:05,61	00:58,29	02:02,69	00:58,28	02:17,61	00:59,66	00:37,07	01:18,58	02:48,40	00:49,14	01:39,04	03:32,94	00:50,87	01:46,66	00:41,43	01:27,90	03:19,71	01:33,08	03:17,95
266	00:45,43	01:50,39	04:05,70	00:58,33	02:02,76	00:58,31	02:17,68	00:59,70	00:37,09	01:18,61	02:48,46	00:49,17	01:39,09	03:33,02	00:50,90	01:46,71	00:41,45	01:27,95	03:19,79	01:33,12	03:18,02
265	00:45,45	01:50,45	04:05,80	00:58,36	02:02,82	00:58,35	02:17,75	00:59,73	00:37,12	01:18,65	02:48,53	00:49,20	01:39,14	03:33,10	00:50,93	01:46,76	00:41,48	01:27,99	03:19,87	01:33,17	03:18,09
264	00:45,48	01:50,50	04:05,89	00:58,40	02:02,88	00:58,38	02:17,82	00:59,77	00:37,14	01:18,69	02:48,59	00:49,23	01:39,19	03:33,18	00:50,96	01:46,82	00:41,50	01:28,04	03:19,94	01:33,21	03:18,17
263	00:45,51	01:50,56	04:05,98	00:58,43	02:02,94	00:58,42	02:17,89	00:59,80	00:37,16	01:18,73	02:48,65	00:49,26	01:39,24	03:33,26	00:50,99	01:46,87	00:41,53	01:28,08	03:20,02	01:33,26	03:18,25
262	00:45,54	01:50,62	04:06,08	00:58,47	02:03,00	00:58,46	02:17,96	00:59,84	00:37,18	01:18,77	02:48,72	00:49,29	01:39,29	03:33,34	00:51,02	01:46,93	00:41,55	01:28,12	03:20,09	01:33,31	03:18,32
261	00:45,56	01:50,67	04:06,17	00:58,50	02:03,06	00:58,49	02:18,03	00:59,88	00:37,21	01:18,81	02:48,78	00:49,32	01:39,34	03:33,42	00:51,05	01:46,98	00:41,58	01:28,17	03:20,17	01:33,36	03:18,40
260	00:45,59	01:50,73	04:06,27	00:58,54	02:03,13	00:58,53	02:18,10	00:59,91	00:37,23	01:18,85	02:48,85	00:49,35	01:39,39	03:33,50	00:51,08	01:47,03	00:41,60	01:28,21	03:20,25	01:33,40	03:18,47
259	00:45,62	01:50,79	04:06,36	00:58,57	02:03,19	00:58,56	02:18,17	00:59,95	00:37,25	01:18,89	02:48,91	00:49,38	01:39,44	03:33,59	00:51,11	01:47,09	00:41,63	01:28,26	03:20,33	01:33,45	03:18,55
258	00:45,65	01:50,84	04:06,46	00:58,61	02:03,25	00:58,60	02:18,24	00:59,99	00:37,28	01:18,93	02:48,98	00:49,41	01:39,50	03:33,67	00:51,14	01:47,14	00:41,65	01:28,31	03:20,40	01:33,50	03:18,63
257	00:45,68	01:50,90	04:06,55	00:58,65	02:03,32	00:58,63	02:18,31	01:00,02	00:37,30	01:18,97	02:49,04	00:49,44	01:39,55	03:33,75	00:51,17	01:47,20	00:41,68	01:28,35	03:20,48	01:33,55	03:18,70
256	00:45,70	01:50,96	04:06,65	00:58,68	02:03,38	00:58,67	02:18,38	01:00,06	00:37,32	01:19,02	02:49,11	00:49,47	01:39,60	03:33,84	00:51,21	01:47,25	00:41,71	01:28,40	03:20,56	01:33,60	03:18,78
255	00:45,73	01:51,01	04:06,75	00:58,72	02:03,44	00:58,71	02:18,45	01:00,10	00:37,34	01:19,06	02:49,18	00:49,50	01:39,65	03:33,92	00:51,24	01:47,31	00:41,73	01:28,44	03:20,64	01:33,64	03:18,86
254	00:45,76	01:51,07	04:06,84	00:58,76	02:03,51	00:58,74	02:18,53	01:00,14	00:37,37	01:19,10	02:49,24	00:49,53	01:39,70	03:34,00	00:51,27	01:47,37	00:41,76	01:28,49	03:20,72	01:33,69	03:18,94
253	00:45,79	01:51,13	04:06,94	00:58,79	02:03,57	00:58,78	02:18,60	01:00,17	00:37,39	01:19,14	02:49,31	00:49,56	01:39,75	03:34,09	00:51,30	01:47,42	00:41,78	01:28,53	03:20,80	01:33,74	03:19,02
252	00:45,82	01:51,19	04:07,04	00:58,83	02:03,64	00:58,82	02:18,67	01:00,21	00:37,42	01:19,18	02:49,38	00:49,59	01:39,81	03:34,17	00:51,34	01:47,48	00:41,81	01:28,58	03:20,88	01:33,79	03:19,10
251	00:45,85	01:51,25	04:07,14	00:58,87	02:03,70	00:58,86	02:18,74	01:00,25	00:37,44	01:19,22	02:49,45	00:49,62	01:39,86	03:34,26	00:51,37	01:47,54	00:41,84	01:28,63	03:20,96	01:33,84	03:19,18
250	00:45,88	01:51,31	04:07,24	00:58,91	02:03,77	00:58,89	02:18,82	01:00,29	00:37,46	01:19,26	02:49,51	00:49,65	01:39,91	03:34,35	00:51,40	01:47,59	00:41,86	01:28,67	03:21,04	01:33,89	03:19,26
249	00:45,91	01:51,37	04:07,34	00:58,94	02:03,84	00:58,93	02:18,89	01:00,33	00:37,49	01:19,31	02:49,58	00:49,69	01:39,97	03:34,43	00:51,43	01:47,65	00:41,89	01:28,72	03:21,12	01:33,94	03:19,34
248	00:45,94	01:51,42	04:07,44	00:58,98	02:03,90	00:58,97	02:18,97	01:00,37	00:37,51	01:19,35	02:49,65	00:49,72	01:40,02	03:34,52	00:51,47	01:47,71	00:41,92	01:28,77	03:21,20	01:33,99	03:19,42
247	00:45,97	01:51,48	04:07,54	00:59,02	02:03,97	00:59,01	02:19,04	01:00,40	00:37,53	01:19,39	02:49,72	00:49,75	01:40,07	03:34,61	00:51,50	01:47,76	00:41,94	01:28,82	03:21,28	01:34,04	03:19,50

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
246	00:46,00	01:51,54	04:07,64	00:59,06	02:04,03	00:59,04	02:19,11	01:00,44	00:37,56	01:19,43	02:49,79	00:49,78	01:40,13	03:34,69	00:51,53	01:47,82	00:41,97	01:28,86	03:21,36	01:34,09	03:19,58
245	00:46,03	01:51,60	04:07,74	00:59,09	02:04,10	00:59,08	02:19,19	01:00,48	00:37,58	01:19,48	02:49,86	00:49,81	01:40,18	03:34,78	00:51,57	01:47,88	00:42,00	01:28,91	03:21,45	01:34,14	03:19,66
244	00:46,06	01:51,67	04:07,84	00:59,13	02:04,17	00:59,12	02:19,27	01:00,52	00:37,61	01:19,52	02:49,93	00:49,85	01:40,23	03:34,87	00:51,60	01:47,94	00:42,03	01:28,96	03:21,53	01:34,19	03:19,74
243	00:46,09	01:51,73	04:07,94	00:59,17	02:04,24	00:59,16	02:19,34	01:00,56	00:37,63	01:19,56	02:50,00	00:49,88	01:40,29	03:34,96	00:51,63	01:48,00	00:42,05	01:29,01	03:21,61	01:34,25	03:19,82
242	00:46,12	01:51,79	04:08,05	00:59,21	02:04,30	00:59,20	02:19,42	01:00,60	00:37,66	01:19,61	02:50,07	00:49,91	01:40,34	03:35,05	00:51,67	01:48,06	00:42,08	01:29,06	03:21,69	01:34,30	03:19,91
241	00:46,15	01:51,85	04:08,15	00:59,25	02:04,37	00:59,24	02:19,49	01:00,64	00:37,68	01:19,65	02:50,14	00:49,95	01:40,40	03:35,14	00:51,70	01:48,12	00:42,11	01:29,11	03:21,78	01:34,35	03:19,99
240	00:46,18	01:51,91	04:08,25	00:59,29	02:04,44	00:59,28	02:19,57	01:00,68	00:37,71	01:19,69	02:50,21	00:49,98	01:40,45	03:35,23	00:51,74	01:48,18	00:42,14	01:29,16	03:21,86	01:34,40	03:20,07
239	00:46,21	01:51,97	04:08,36	00:59,33	02:04,51	00:59,32	02:19,65	01:00,72	00:37,73	01:19,74	02:50,28	00:50,01	01:40,51	03:35,32	00:51,77	01:48,24	00:42,16	01:29,21	03:21,95	01:34,45	03:20,16
238	00:46,24	01:52,03	04:08,46	00:59,37	02:04,58	00:59,36	02:19,73	01:00,76	00:37,76	01:19,78	02:50,35	00:50,04	01:40,57	03:35,41	00:51,80	01:48,30	00:42,19	01:29,26	03:22,03	01:34,51	03:20,24
237	00:46,27	01:52,10	04:08,57	00:59,41	02:04,65	00:59,40	02:19,80	01:00,80	00:37,78	01:19,83	02:50,42	00:50,08	01:40,62	03:35,50	00:51,84	01:48,36	00:42,22	01:29,31	03:22,12	01:34,56	03:20,33
236	00:46,30	01:52,16	04:08,67	00:59,45	02:04,72	00:59,43	02:19,88	01:00,84	00:37,81	01:19,87	02:50,50	00:50,11	01:40,68	03:35,59	00:51,87	01:48,42	00:42,25	01:29,36	03:22,20	01:34,61	03:20,41
235	00:46,33	01:52,22	04:08,78	00:59,49	02:04,79	00:59,48	02:19,96	01:00,89	00:37,83	01:19,92	02:50,57	00:50,15	01:40,74	03:35,68	00:51,91	01:48,48	00:42,28	01:29,41	03:22,29	01:34,66	03:20,50
234	00:46,36	01:52,29	04:08,88	00:59,53	02:04,86	00:59,52	02:20,04	01:00,93	00:37,86	01:19,96	02:50,64	00:50,18	01:40,79	03:35,77	00:51,94	01:48,54	00:42,31	01:29,46	03:22,38	01:34,72	03:20,58
233	00:46,39	01:52,35	04:08,99	00:59,57	02:04,93	00:59,56	02:20,12	01:00,97	00:37,88	01:20,01	02:50,72	00:50,21	01:40,85	03:35,87	00:51,98	01:48,60	00:42,33	01:29,51	03:22,46	01:34,77	03:20,67
232	00:46,43	01:52,41	04:09,10	00:59,61	02:05,00	00:59,60	02:20,20	01:01,01	00:37,91	01:20,05	02:50,79	00:50,25	01:40,91	03:35,96	00:52,01	01:48,66	00:42,36	01:29,56	03:22,55	01:34,83	03:20,76
231	00:46,46	01:52,48	04:09,21	00:59,65	02:05,07	00:59,64	02:20,28	01:01,05	00:37,94	01:20,10	02:50,86	00:50,28	01:40,97	03:36,05	00:52,05	01:48,73	00:42,39	01:29,61	03:22,64	01:34,88	03:20,84
230	00:46,49	01:52,54	04:09,31	00:59,69	02:05,15	00:59,68	02:20,36	01:01,09	00:37,96	01:20,15	02:50,94	00:50,32	01:41,02	03:36,15	00:52,09	01:48,79	00:42,42	01:29,66	03:22,73	01:34,94	03:20,93
229	00:46,52	01:52,61	04:09,42	00:59,73	02:05,22	00:59,72	02:20,44	01:01,14	00:37,99	01:20,19	02:51,01	00:50,35	01:41,08	03:36,24	00:52,12	01:48,85	00:42,45	01:29,71	03:22,82	01:34,99	03:21,02
228	00:46,55	01:52,67	04:09,53	00:59,77	02:05,29	00:59,76	02:20,52	01:01,18	00:38,02	01:20,24	02:51,09	00:50,39	01:41,14	03:36,34	00:52,16	01:48,92	00:42,48	01:29,76	03:22,90	01:35,05	03:21,11
227	00:46,59	01:52,74	04:09,64	00:59,82	02:05,36	00:59,80	02:20,61	01:01,22	00:38,04	01:20,29	02:51,16	00:50,42	01:41,20	03:36,43	00:52,20	01:48,98	00:42,51	01:29,82	03:22,99	01:35,10	03:21,20
226	00:46,62	01:52,81	04:09,75	00:59,86	02:05,44	00:59,85	02:20,69	01:01,26	00:38,07	01:20,33	02:51,24	00:50,46	01:41,26	03:36,53	00:52,23	01:49,04	00:42,54	01:29,87	03:23,08	01:35,16	03:21,28
225	00:46,65	01:52,87	04:09,86	00:59,90	02:05,51	00:59,89	02:20,77	01:01,31	00:38,10	01:20,38	02:51,32	00:50,49	01:41,32	03:36,62	00:52,27	01:49,11	00:42,57	01:29,92	03:23,17	01:35,21	03:21,37
224	00:46,69	01:52,94	04:09,98	00:59,94	02:05,59	00:59,93	02:20,85	01:01,35	00:38,12	01:20,43	02:51,39	00:50,53	01:41,38	03:36,72	00:52,31	01:49,17	00:42,60	01:29,98	03:23,26	01:35,27	03:21,46
223	00:46,72	01:53,01	04:10,09	00:59,99	02:05,66	00:59,97	02:20,94	01:01,39	00:38,15	01:20,47	02:51,47	00:50,57	01:41,44	03:36,82	00:52,34	01:49,24	00:42,63	01:30,03	03:23,36	01:35,33	03:21,55
222	00:46,75	01:53,07	04:10,20	01:00,03	02:05,74	01:00,02	02:21,02	01:01,44	00:38,18	01:20,52	02:51,55	00:50,60	01:41,50	03:36,92	00:52,38	01:49,30	00:42,66	01:30,08	03:23,45	01:35,38	03:21,65
221	00:46,79	01:53,14	04:10,31	01:00,07	02:05,81	01:00,06	02:21,11	01:01,48	00:38,20	01:20,57	02:51,62	00:50,64	01:41,56	03:37,01	00:52,42	01:49,37	00:42,69	01:30,14	03:23,54	01:35,44	03:21,74
220	00:46,82	01:53,21	04:10,43	01:00,12	02:05,89	01:00,10	02:21,19	01:01,53	00:38,23	01:20,62	02:51,70	00:50,67	01:41,62	03:37,11	00:52,46	01:49,43	00:42,72	01:30,19	03:23,63	01:35,50	03:21,83
219	00:46,85	01:53,28	04:10,54	01:00,16	02:05,96	01:00,15	02:21,28	01:01,57	00:38,26	01:20,67	02:51,78	00:50,71	01:41,68	03:37,21	00:52,49	01:49,50	00:42,75	01:30,25	03:23,73	01:35,55	03:21,92
218	00:46,89	01:53,35	04:10,66	01:00,20	02:06,04	01:00,19	02:21,36	01:01,62	00:38,29	01:20,72	02:51,86	00:50,75	01:41,74	03:37,31	00:52,53	01:49,56	00:42,79	01:30,30	03:23,82	01:35,61	03:22,01
217	00:46,92	01:53,42	04:10,77	01:00,25	02:06,12	01:00,23	02:21,45	01:01,66	00:38,32	01:20,77	02:51,94	00:50,79	01:41,81	03:37,41	00:52,57	01:49,63	00:42,82	01:30,36	03:23,91	01:35,67	03:22,11
216	00:46,96	01:53,49	04:10,89	01:00,29	02:06,19	01:00,28	02:21,54	01:01,71	00:38,34	01:20,82	02:52,02	00:50,82	01:41,87	03:37,51	00:52,61	01:49,70	00:42,85	01:30,41	03:24,01	01:35,73	03:22,20
215	00:46,99	01:53,56	04:11,01	01:00,34	02:06,27	01:00,32	02:21,62	01:01,75	00:38,37	01:20,87	02:52,10	00:50,86	01:41,93	03:37,61	00:52,65	01:49,77	00:42,88	01:30,47	03:24,10	01:35,79	03:22,29
214	00:47,03	01:53,63	04:11,12	01:00,38	02:06,35	01:00,37	02:21,71	01:01,80	00:38,40	01:20,92	02:52,18	00:50,90	01:41,99	03:37,72	00:52,69	01:49,83	00:42,91	01:30,52	03:24,20	01:35,85	03:22,39
213	00:47,06	01:53,70	04:11,24	01:00,42	02:06,43	01:00,41	02:21,80	01:01,84	00:38,43	01:20,97	02:52,26	00:50,94	01:42,06	03:37,82	00:52,73	01:49,90	00:42,94	01:30,58	03:24,29	01:35,91	03:22,48
212	00:47,10	01:53,77	04:11,36	01:00,47	02:06,51	01:00,46	02:21,89	01:01,89	00:38,46	01:21,02	02:52,34	00:50,97	01:42,12	03:37,92	00:52,77	01:49,97	00:42,98	01:30,64	03:24,39	01:35,97	03:22,58
211	00:47,13	01:53,84	04:11,48	01:00,52	02:06,59	01:00,50	02:21,98	01:01,94	00:38,49	01:21,07	02:52,42	00:51,01	01:42,19	03:38,02	00:52,81	01:50,04	00:43,01	01:30,69	03:24,49	01:36,03	03:22,68
210	00:47,17	01:53,91	04:11,60	01:00,56	02:06,67	01:00,55	02:22,07	01:01,98	00:38,52	01:21,12	02:52,51	00:51,05	01:42,25	03:38,13	00:52,85	01:50,11	00:43,04	01:30,75	03:24,59	01:36,09	03:22,77
209	00:47,20	01:53,98	04:11,72	01:00,61	02:06,75	01:00,59	02:22,16	01:02,03	00:38,55	01:21,17	02:52,59	00:51,09	01:42,31	03:38,23	00:52,89	01:50,18	00:43,07	01:30,81	03:24,68	01:36,15	03:22,87
208	00:47,24	01:54,06	04:11,84	01:00,65	02:06,83	01:00,64	02:22,25	01:02,08	00:38,57	01:21,22	02:52,67	00:51,13	01:42,38	03:38,34	00:52,93	01:50,25	00:43,11	01:30,86	03:24,78	01:36,21	03:22,97
207	00:47,28	01:54,13	04:11,96	01:00,70	02:06,91	01:00,69	02:22,34	01:02,13	00:38,60	01:21,27	02:52,75	00:51,17	01:42,45	03:38,44	00:52,97	01:50,32	00:43,14	01:30,92	03:24,88	01:36,27	03:23,07
206	00:47,31	01:54,20	04:12,09	01:00,75	02:06,99	01:00,73	02:22,43	01:02,17	00:38,63	01:21,33	02:52,84	00:51,21	01:42,51	03:38,55	00:53,01	01:50,39	00:43,17	01:30,98	03:24,98	01:36,33	03:23,16
205	00:47,35	01:54,28	04:12,21	01:00,79	02:07,07	01:00,78	02:22,52	01:02,22	00:38,66	01:21,38	02:52,92	00:51,25	01:42,58	03:38,66	00:53,05	01:50,46	00:43,21	01:31,04	03:25,08	01:36,40	03:23,26
204	00:47,39	01:54,35	04:12,33	01:00,84	02:07,15	01:00,83	02:22,61	01:02,27	00:38,69	01:21,43	02:53,01	00:51,29	01:42,64	03:38,76	00:53,09	01:50,53	00:43,24	01:31,10	03:25,18	01:36,46	03:23,36
203	00:47,42	01:54,42	04:12,46	01:00,89	02:07,24	01:00,88	02:22,71	01:02,32	00:38,72	01:21,48	02:53,09	00:51,33	01:42,71	03:38,87	00:53,13	01:50,61	00:43,27	01:31,16	03:25,28	01:36,52	03:23,46
202	00:47,46	01:54,50	04:12,58	01:00,94	02:07,32	01:00,92	02:22,80	01:02,37	00:38,75	01:21,54	02:53,18	00:51,37	01:42,78	03:38,98	00:53,17	01:50,68	00:43,31	01:31,22	03:25,38	01:36,58	03:23,56
201	00:47,50	01:54,57	04:12,71	01:00,98	02:07,40	01:00,97	02:22,89	01:02,42	00:38,79	01:21,59	02:53,27	00:51,41	01:42,85	03:39,09	00:53,21	01:50,75	00:43,34	01:31,28	03:25,49	01:36,65	03:23,67
200	00:47,53	01:54,65	04:12,84	01:01,03	02:07,49	01:01,02	02:22,99	01:02,47	00:38,82	01:21,65	02:53,35	00:51,45	01:42,91	03:39,20	00:53,26	01:50,82	00:43,38	01:31,34	03:25,59	01:36,71	03:23,77
199	00:47,57	01:54,73	04:12,96	01:01,08	02:07,57	01:01,07	02:23,08	01:02,52	00:38,85	01:21,70	02:53,44	00:51,49	01:42,98	03:39,31	00:53,30	01:50,90	00:43,41	01:31,40	03:25,69	01:36,78	03:23,87
198	00:47,61	01:54,80	04:13,09	01:01,13	02:07,66	01:01,12	02:23,18	01:02,57	00:38,88	01:21,75	02:53,53	00:51,53	01:43,05	03:39,42	00:53,34	01:50,97	00:43,44	01:31,46	03:25,80	01:36,84	03:23,97
197	00:47,65	01:54,88	04:13,22	01:01,18	02:07,74	01:01,17	02:23,27	01:02,62	00:38,91	01:21,81	02:53,62	00:51,57	01:43,12	03:39,53	00:53,39	01:51,05	00:43,48	01:31,52	03:25,90	01:36,91	03:24,08
196	00:47,69	01:54,96	04:13,35	01:01,23	02:07,83	01:01,22	02:23,37	01:02,67	00:38,94	01:21,86	02:53,70	00:51,61	01:43,19	03:39,64	00:53,43	01:51,12	00:43,52	01:31,58	03:26,01	01:36,97	03:24,18
195	00:47,73	01:55,04	04:13,48	01:01,28	02:07,92	01:01,27	02:23,47	01:02,72	00:38,97	01:21,92	02:53,79	00:51,66	01:43,26	03:39,76	00:53,47	01:51,20	00:43,55	01:31,65	03:26,11	01:37,04	03:24,29
194	00:47,77	01:55,11	04:13,61	01:01,33	02:08,00	01:01,32	02:23,57	01:02,77	00:39,00	01:21,98	02:53,88	00:51,70	01:43,33	03:39,87	00:53,52	01:51,27	00:43,59	01:31,71	03:26,22	01:37,10	03:24,39
193	00:47,80	01:55,19	04:13,74	01:01,38	02:08,09	01:01,37	02:23,66	01:02,82	00:39,04	01:22,03	02:53,97	00:51,74	01:43,40	03:39,98	00:53,56	01:51,35	00:43,62	01:31,77	03:26,33	01:37,17	03:24,50
192	00:47,84	01:55,27	04:13,87	01:01,43	02:08,18	01:01,42	02:23,76	01:02,87	00:39,07	01:22,09	02:54,06	00:51,78	01:43,47	03:40,10	00:53,60	01:51,43	00:43,66	01:31,83	03:26,43	01:37,24	03:24,60
191	00:47,88	01:55,35	04:14,01	01:01,48	02:08,27	01:01,47	02:23,86	01:02,93	00:39,10	01:22,15	02:54,15	00:51,83	01:43,54	03:40,21	00:53,65	01:51,50	00:43,69	01:31,90	03:26,54	01:37,30	03:24,71
190	00:47,92	01:55,43	04:14,14	01:01,53	02:08,36	01:01,52	02:23,96	01:02,98	00:39,13	01:22,20	02:54,25	00:51,87	01:43,62	03:40,33	00:53,69	01:51,58	00:43,73	01:31,96	03:26,65	01:37,37	03:24,82
189	00:47,96	01:55,51	04:14,27	01:01,58	02:08,45	01:01,57	02:24,06	01:03,03	00:39,17	01:22,26	02:54,34	00:51,91	01:43,69	03:40,45	00:53,74	01:51,66	00:43,77	01:32,03	03:26,76	01:37,44	03:24,93
188	00:48,00	01:55,59	04:14,41	01:01,64	02:08,54	01:01,62	02:24,17	01:03,08	00:39,20	01:22,32	02:54,43	00:51,96	01:43,76	03:40,56	00:53,78	01:51,74	00:43,80	01:32,09	03:26,87	01:37,51	03:25,04
187	00:48,05	01:55,68	04:14,55	01:01,69	02:08,63	01:01,68	02:24,27	01:03,14	00:39,23	01:22,38	02:54,53	00:52,00	01:43,84	03:40,68	00:53,83	01:51,82	00:43,84	01:32,16	03:26,98	01:37,58	03:25,15
186	00:48,09	01:55,76	04:14,68	01:01,74	02:08,72	01:01,73	02:24,37	01:03,19	00:39,27	01:22,43	02:54,62	00:52,05	01:43,91	03:40,80	00:53,88	01:51,90	00:43,88	01:32,22	03:27,09	01:37,65	03:25,26
185	00:48,13	01:55,84	04:14,82	01:01,79	02:08,81	01:01,78	02:24,47	01:03,25	00:39,30	01:22,49	02:54,71	00:52,09	01:43,98	03:40,92	00:53,92	01:51,98	00:43,92	01:32,29	03:27,20	01:37,72	03:25,37
184	00:48,17	01:55,93	04:14,96	01:01,85	02:08,91	01:01,83	02:24,58	01:03,30	00:39,33	01:22,55	02:54,81	00:52,14	01:44,06	03:41,04	00:53,97	01:52,06	00:43,95	01:32,35	03:27,32	01:37,79	03:25,48
183	00:48,21	01:56,01	04:15,10	01:01,90	02:09,00	01:01,89	02:24,68	01:03,36	00:39,37	01:22,61	02:54,90	00:52,18	01:44,13	03:41,16	00:54,01	01:52,14	00:43,99	01:32,42	03:27,43	01:37,86	03:25,59
182	00:48,25	01:56,09	04:15,24	01:01,96	02:09,09	01:01,94	02:24,79	01:03,41	00:39,40	01:22,67	02:55,00	00:52,23	01:44,21	03:41,28	00:54,06	01:52,22	00:44,03	01:32,49	03:27,54	01:37,93	03:25,71
181	00:48,30	01:56,18	04:15,38	01:02,01	02:09,19	01:02,00	02:24,89	01:03,47	00:39,44	01:22,73	02:55,10	00:52,27	01:44,29	03:41,41	00:54,11	01:52,30	00:44,07	01:32,56	03:27,66	01:38,00	03:25,82

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
180	00:48,34	01:56,26	04:15,52	01:02,06	02:09,28	01:02,05	02:25,00	01:03,52	00:39,47	01:22,79	02:55,19	00:52,32	01:44,36	03:41,53	00:54,16	01:52,38	00:44,11	01:32,62	03:27,77	01:38,07	03:25,93
179	00:48,38	01:56,35	04:15,67	01:02,12	02:09,38	01:02,11	02:25,11	01:03,58	00:39,51	01:22,86	02:55,29	00:52,36	01:44,44	03:41,65	00:54,21	01:52,47	00:44,15	01:32,69	03:27,89	01:38,15	03:26,05
178	00:48,42	01:56,44	04:15,81	01:02,17	02:09,47	01:02,16	02:25,21	01:03,64	00:39,54	01:22,92	02:55,39	00:52,41	01:44,52	03:41,78	00:54,25	01:52,55	00:44,19	01:32,76	03:28,01	01:38,22	03:26,16
177	00:48,47	01:56,52	04:15,95	01:02,23	02:09,57	01:02,22	02:25,32	01:03,69	00:39,58	01:22,98	02:55,49	00:52,46	01:44,60	03:41,90	00:54,30	01:52,64	00:44,23	01:32,83	03:28,13	01:38,29	03:26,28
176	00:48,51	01:56,61	04:16,10	01:02,29	02:09,67	01:02,27	02:25,43	01:03,75	00:39,61	01:23,04	02:55,59	00:52,51	01:44,67	03:42,03	00:54,35	01:52,72	00:44,27	01:32,90	03:28,24	01:38,37	03:26,40
175	00:48,56	01:56,70	04:16,25	01:02,34	02:09,77	01:02,33	02:25,54	01:03,81	00:39,65	01:23,10	02:55,69	00:52,55	01:44,75	03:42,16	00:54,40	01:52,81	00:44,31	01:32,97	03:28,36	01:38,44	03:26,52
174	00:48,60	01:56,79	04:16,39	01:02,40	02:09,86	01:02,39	02:25,65	01:03,87	00:39,69	01:23,17	02:55,79	00:52,60	01:44,83	03:42,28	00:54,45	01:52,89	00:44,35	01:33,04	03:28,48	01:38,51	03:26,64
173	00:48,64	01:56,88	04:16,54	01:02,46	02:09,96	01:02,44	02:25,76	01:03,92	00:39,72	01:23,23	02:55,89	00:52,65	01:44,91	03:42,41	00:54,50	01:52,98	00:44,39	01:33,11	03:28,60	01:38,59	03:26,75
172	00:48,69	01:56,97	04:16,69	01:02,51	02:10,06	01:02,50	02:25,88	01:03,98	00:39,76	01:23,30	02:56,00	00:52,70	01:44,99	03:42,54	00:54,55	01:53,06	00:44,43	01:33,18	03:28,72	01:38,67	03:26,88
171	00:48,73	01:57,06	04:16,84	01:02,57	02:10,16	01:02,56	02:25,99	01:04,04	00:39,80	01:23,36	02:56,10	00:52,75	01:45,07	03:42,67	00:54,60	01:53,15	00:44,47	01:33,26	03:28,85	01:38,74	03:27,00
170	00:48,78	01:57,15	04:16,99	01:02,63	02:10,27	01:02,62	02:26,10	01:04,10	00:39,83	01:23,42	02:56,20	00:52,80	01:45,16	03:42,80	00:54,65	01:53,24	00:44,51	01:33,33	03:28,97	01:38,82	03:27,12
169	00:48,83	01:57,24	04:17,14	01:02,69	02:10,37	01:02,68	02:26,22	01:04,16	00:39,87	01:23,49	02:56,31	00:52,85	01:45,24	03:42,94	00:54,70	01:53,33	00:44,55	01:33,40	03:29,09	01:38,90	03:27,24
168	00:48,87	01:57,33	04:17,30	01:02,75	02:10,47	01:02,74	02:26,33	01:04,22	00:39,91	01:23,56	02:56,41	00:52,90	01:45,32	03:43,07	00:54,75	01:53,42	00:44,60	01:33,48	03:29,22	01:38,97	03:27,36
167	00:48,92	01:57,43	04:17,45	01:02,81	02:10,57	01:02,80	02:26,45	01:04,28	00:39,95	01:23,62	02:56,52	00:52,95	01:45,41	03:43,20	00:54,81	01:53,51	00:44,64	01:33,55	03:29,34	01:39,05	03:27,49
166	00:48,96	01:57,52	04:17,61	01:02,87	02:10,68	01:02,86	02:26,57	01:04,35	00:39,98	01:23,69	02:56,62	00:53,00	01:45,49	03:43,34	00:54,86	01:53,60	00:44,68	01:33,62	03:29,47	01:39,13	03:27,61
165	00:49,01	01:57,61	04:17,76	01:02,93	02:10,78	01:02,92	02:26,68	01:04,41	00:40,02	01:23,76	02:56,73	00:53,05	01:45,57	03:43,47	00:54,91	01:53,69	00:44,72	01:33,70	03:29,60	01:39,21	03:27,74
164	00:49,06	01:57,71	04:17,92	01:02,99	02:10,89	01:02,98	02:26,80	01:04,47	00:40,06	01:23,82	02:56,84	00:53,10	01:45,66	03:43,61	00:54,96	01:53,78	00:44,77	01:33,77	03:29,72	01:39,29	03:27,87
163	00:49,11	01:57,80	04:18,08	01:03,05	02:10,99	01:03,04	02:26,92	01:04,53	00:40,10	01:23,89	02:56,95	00:53,15	01:45,74	03:43,75	00:55,02	01:53,87	00:44,81	01:33,85	03:29,85	01:39,37	03:27,99
162	00:49,15	01:57,90	04:18,24	01:03,11	02:11,10	01:03,10	02:27,04	01:04,60	00:40,14	01:23,96	02:57,06	00:53,20	01:45,83	03:43,88	00:55,07	01:53,97	00:44,85	01:33,93	03:29,98	01:39,45	03:28,12
161	00:49,20	01:58,00	04:18,40	01:03,18	02:11,21	01:03,16	02:27,16	01:04,66	00:40,18	01:24,03	02:57,17	00:53,25	01:45,92	03:44,02	00:55,13	01:54,06	00:44,90	01:34,00	03:30,11	01:39,53	03:28,25
160	00:49,25	01:58,09	04:18,56	01:03,24	02:11,32	01:03,22	02:27,28	01:04,72	00:40,22	01:24,10	02:57,28	00:53,31	01:46,01	03:44,16	00:55,18	01:54,15	00:44,94	01:34,08	03:30,24	01:39,62	03:28,38
159	00:49,30	01:58,19	04:18,72	01:03,30	02:11,43	01:03,29	02:27,41	01:04,79	00:40,26	01:24,17	02:57,39	00:53,36	01:46,09	03:44,30	00:55,24	01:54,25	00:44,99	01:34,16	03:30,38	01:39,70	03:28,51
158	00:49,35	01:58,29	04:18,89	01:03,36	02:11,54	01:03,35	02:27,53	01:04,85	00:40,30	01:24,24	02:57,50	00:53,41	01:46,18	03:44,45	00:55,29	01:54,34	00:45,03	01:34,24	03:30,51	01:39,78	03:28,65
157	00:49,40	01:58,39	04:19,05	01:03,43	02:11,65	01:03,42	02:27,65	01:04,92	00:40,34	01:24,31	02:57,61	00:53,47	01:46,27	03:44,59	00:55,35	01:54,44	00:45,08	01:34,32	03:30,64	01:39,87	03:28,78
156	00:49,45	01:58,49	04:19,22	01:03,49	02:11,76	01:03,48	02:27,78	01:04,98	00:40,38	01:24,38	02:57,73	00:53,52	01:46,36	03:44,73	00:55,40	01:54,54	00:45,12	01:34,40	03:30,78	01:39,95	03:28,91
155	00:49,50	01:58,59	04:19,39	01:03,56	02:11,87	01:03,54	02:27,90	01:05,05	00:40,42	01:24,45	02:57,84	00:53,58	01:46,45	03:44,88	00:55,46	01:54,64	00:45,17	01:34,48	03:30,92	01:40,04	03:29,05
154	00:49,55	01:58,69	04:19,55	01:03,62	02:11,99	01:03,61	02:28,03	01:05,12	00:40,46	01:24,53	02:57,96	00:53,63	01:46,54	03:45,02	00:55,52	01:54,73	00:45,22	01:34,56	03:31,05	01:40,12	03:29,18
153	00:49,60	01:58,80	04:19,72	01:03,69	02:12,10	01:03,68	02:28,16	01:05,19	00:40,51	01:24,60	02:58,07	00:53,69	01:46,64	03:45,17	00:55,58	01:54,83	00:45,26	01:34,64	03:31,19	01:40,21	03:29,32
152	00:49,66	01:58,90	04:19,89	01:03,76	02:12,21	01:03,74	02:28,29	01:05,25	00:40,55	01:24,67	02:58,19	00:53,74	01:46,73	03:45,32	00:55,63	01:54,93	00:45,31	01:34,72	03:31,33	01:40,30	03:29,46
151	00:49,71	01:59,00	04:20,07	01:03,82	02:12,33	01:03,81	02:28,42	01:05,32	00:40,59	01:24,75	02:58,31	00:53,80	01:46,82	03:45,47	00:55,69	01:55,03	00:45,36	01:34,81	03:31,47	01:40,38	03:29,60
150	00:49,76	01:59,11	04:20,24	01:03,89	02:12,45	01:03,88	02:28,55	01:05,39	00:40,63	01:24,82	02:58,43	00:53,86	01:46,92	03:45,62	00:55,75	01:55,14	00:45,41	01:34,89	03:31,61	01:40,47	03:29,74
149	00:49,81	01:59,22	04:20,42	01:03,96	02:12,56	01:03,95	02:28,68	01:05,46	00:40,68	01:24,90	02:58,55	00:53,91	01:47,01	03:45,77	00:55,81	01:55,24	00:45,45	01:34,98	03:31,75	01:40,56	03:29,88
148	00:49,87	01:59,32	04:20,59	01:04,03	02:12,68	01:04,01	02:28,81	01:05,53	00:40,72	01:24,97	02:58,67	00:53,97	01:47,11	03:45,92	00:55,87	01:55,34	00:45,50	01:35,06	03:31,90	01:40,65	03:30,02
147	00:49,92	01:59,43	04:20,77	01:04,10	02:12,80	01:04,08	02:28,95	01:05,60	00:40,76	01:25,05	02:58,79	00:54,03	01:47,20	03:46,08	00:55,93	01:55,44	00:45,55	01:35,15	03:32,04	01:40,74	03:30,16
146	00:49,97	01:59,54	04:20,95	01:04,17	02:12,92	01:04,15	02:29,08	01:05,67	00:40,81	01:25,13	02:58,91	00:54,09	01:47,30	03:46,23	00:55,99	01:55,55	00:45,60	01:35,23	03:32,19	01:40,83	03:30,31
145	00:50,03	01:59,65	04:21,13	01:04,24	02:13,04	01:04,22	02:29,22	01:05,74	00:40,85	01:25,20	02:59,04	00:54,15	01:47,40	03:46,39	00:56,05	01:55,65	00:45,65	01:35,32	03:32,33	01:40,93	03:30,45
144	00:50,08	01:59,76	04:21,31	01:04,31	02:13,17	01:04,29	02:29,36	01:05,82	00:40,90	01:25,28	02:59,16	00:54,21	01:47,50	03:46,55	00:56,11	01:55,76	00:45,70	01:35,41	03:32,48	01:41,02	03:30,60
143	00:50,14	01:59,87	04:21,49	01:04,38	02:13,29	01:04,36	02:29,49	01:05,89	00:40,94	01:25,36	02:59,29	00:54,27	01:47,60	03:46,70	00:56,18	01:55,87	00:45,75	01:35,49	03:32,63	01:41,11	03:30,74
142	00:50,20	01:59,98	04:21,68	01:04,45	02:13,41	01:04,44	02:29,63	01:05,96	00:40,99	01:25,44	02:59,41	00:54,33	01:47,70	03:46,86	00:56,24	01:55,98	00:45,80	01:35,58	03:32,78	01:41,21	03:30,89
141	00:50,25	02:00,09	04:21,86	01:04,52	02:13,54	01:04,51	02:29,77	01:06,04	00:41,03	01:25,52	02:59,54	00:54,39	01:47,80	03:47,02	00:56,30	01:56,08	00:45,86	01:35,67	03:32,93	01:41,30	03:31,04
140	00:50,31	02:00,20	04:22,05	01:04,60	02:13,66	01:04,58	02:29,92	01:06,11	00:41,08	01:25,60	02:59,67	00:54,45	01:47,90	03:47,19	00:56,37	01:56,19	00:45,91	01:35,76	03:33,08	01:41,40	03:31,19
139	00:50,37	02:00,32	04:22,24	01:04,67	02:13,79	01:04,66	02:30,06	01:06,19	00:41,13	01:25,68	02:59,80	00:54,51	01:48,00	03:47,35	00:56,43	01:56,30	00:45,96	01:35,86	03:33,23	01:41,49	03:31,34
138	00:50,42	02:00,43	04:22,43	01:04,74	02:13,92	01:04,73	02:30,20	01:06,26	00:41,18	01:25,76	02:59,93	00:54,58	01:48,11	03:47,51	00:56,49	01:56,42	00:46,01	01:35,95	03:33,39	01:41,59	03:31,50
137	00:50,48	02:00,55	04:22,62	01:04,82	02:14,05	01:04,80	02:30,35	01:06,34	00:41,22	01:25,85	03:00,06	00:54,64	01:48,21	03:47,68	00:56,56	01:56,53	00:46,07	01:36,04	03:33,54	01:41,69	03:31,65
136	00:50,54	02:00,67	04:22,81	01:04,89	02:14,18	01:04,88	02:30,49	01:06,42	00:41,27	01:25,93	03:00,19	00:54,70	01:48,32	03:47,85	00:56,63	01:56,64	00:46,12	01:36,13	03:33,70	01:41,79	03:31,81
135	00:50,60	02:00,79	04:23,01	01:04,97	02:14,31	01:04,96	02:30,64	01:06,50	00:41,32	01:26,01	03:00,33	00:54,77	01:48,42	03:48,02	00:56,69	01:56,76	00:46,17	01:36,23	03:33,86	01:41,89	03:31,97
134	00:50,66	02:00,91	04:23,20	01:05,05	02:14,44	01:05,03	02:30,79	01:06,58	00:41,37	01:26,10	03:00,46	00:54,83	01:48,53	03:48,19	00:56,76	01:56,87	00:46,23	01:36,32	03:34,02	01:41,99	03:32,12
133	00:50,72	02:01,03	04:23,40	01:05,12	02:14,58	01:05,11	02:30,94	01:06,65	00:41,42	01:26,19	03:00,60	00:54,90	01:48,64	03:48,36	00:56,83	01:56,99	00:46,28	01:36,42	03:34,18	01:42,09	03:32,28
132	00:50,78	02:01,15	04:23,60	01:05,20	02:14,71	01:05,19	02:31,09	01:06,73	00:41,47	01:26,27	03:00,73	00:54,96	01:48,75	03:48,53	00:56,90	01:57,10	00:46,34	01:36,51	03:34,34	01:42,19	03:32,44
131	00:50,84	02:01,27	04:23,80	01:05,28	02:14,85	01:05,27	02:31,24	01:06,82	00:41,52	01:26,36	03:00,87	00:55,03	01:48,86	03:48,71	00:56,96	01:57,22	00:46,39	01:36,61	03:34,51	01:42,29	03:32,61
130	00:50,91	02:01,39	04:24,00	01:05,36	02:14,98	01:05,35	02:31,40	01:06,90	00:41,57	01:26,45	03:01,01	00:55,10	01:48,97	03:48,88	00:57,03	01:57,34	00:46,45	01:36,71	03:34,67	01:42,40	03:32,77
129	00:50,97	02:01,52	04:24,21	01:05,44	02:15,12	01:05,43	02:31,55	01:06,98	00:41,62	01:26,54	03:01,15	00:55,16	01:49,08	03:49,06	00:57,10	01:57,46	00:46,51	01:36,81	03:34,84	01:42,50	03:32,93
128	00:51,03	02:01,64	04:24,42	01:05,52	02:15,26	01:05,51	02:31,71	01:07,06	00:41,67	01:26,62	03:01,29	00:55,23	01:49,19	03:49,24	00:57,17	01:57,58	00:46,57	01:36,91	03:35,01	01:42,61	03:33,10
127	00:51,10	02:01,77	04:24,62	01:05,60	02:15,40	01:05,59	02:31,87	01:07,15	00:41,72	01:26,71	03:01,43	00:55,30	01:49,30	03:49,42	00:57,25	01:57,71	00:46,62	01:37,01	03:35,17	01:42,72	03:33,27
126	00:51,16	02:01,90	04:24,83	01:05,69	02:15,55	01:05,67	02:32,02	01:07,23	00:41,78	01:26,81	03:01,58	00:55,37	01:49,42	03:49,60	00:57,32	01:57,83	00:46,68	01:37,11	03:35,35	01:42,82	03:33,44
125	00:51,22	02:02,03	04:25,05	01:05,77	02:15,69	01:05,76	02:32,19	01:07,32	00:41,83	01:26,90	03:01,72	00:55,44	01:49,53	03:49,78	00:57,39	01:57,95	00:46,74	01:37,21	03:35,52	01:42,93	03:33,61
124	00:51,29	02:02,16	04:25,26	01:05,85	02:15,83	01:05,84	02:32,35	01:07,40	00:41,88	01:26,99	03:01,87	00:55,51	01:49,65	03:49,97	00:57,46	01:58,08	00:46,80	01:37,32	03:35,69	01:43,04	03:33,78
123	00:51,36	02:02,29	04:25,47	01:05,94	02:15,98	01:05,93	02:32,51	01:07,49	00:41,94	01:27,08	03:02,02	00:55,58	01:49,77	03:50,16	00:57,54	01:58,21	00:46,86	01:37,42	03:35,87	01:43,15	03:33,95
122	00:51,42	02:02,42	04:25,69	01:06,02	02:16,13	01:06,01	02:32,68	01:07,58	00:41,99	01:27,18	03:02,17	00:55,66	01:49,89	03:50,35	00:57,61	01:58,33	00:46,92	01:37,53	03:36,04	01:43,27	03:34,13
121	00:51,49	02:02,55	04:25,91	01:06,11	02:16,28	01:06,10	02:32,84	01:07,66	00:42,05	01:27,27	03:02,32	00:55,73	01:50,01	03:50,54	00:57,69	01:58,46	00:46,98	01:37,63	03:36,22	01:43,38	03:34,31
120	00:51,56	02:02,69	04:26,13	01:06,20	02:16,43	01:06,18	02:33,01	01:07,75	00:42,10	01:27,37	03:02,47	00:55,80	01:50,13	03:50,73	00:57,76	01:58,59	00:47,05	01:37,74	03:36,40	01:43,49	03:34,49
119	00:51,63	02:02,82	04:26,36	01:06,29	02:16,58	01:06,27	02:33,18	01:07,84	00:42,16	01:27,47	03:02,62	00:55,88	01:50,25	03:50,92	00:57,84	01:58,73	00:47,11	01:37,85	03:36,58	01:43,61	03:34,67
118	00:51,70	02:02,96	04:26,58	01:06,38	02:16,73	01:06,36	02:33,35	01:07,94	00:42,21	01:27,56	03:02,78	00:55,95	01:50,37	03:51,12	00:57,92	01:58,86	00:47,17	01:37,96	03:36,77	01:43,72	03:34,85
117	00:51,77	02:03,10	04:26,81	01:06,47	02:16,88	01:06,45	02:33,53	01:08,03	00:42,27	01:27,66	03:02,93	00:56,03	01:50,50	03:51,31	00:58,00	01:58,99	00:47,24	01:38,07	03:36,95	01:43,84	03:35,03
116	00:51,84	02:03,24	04:27,04	01:06,56	02:17,04	01:06,54	02:33,70	01:08,12	00:42,33	01:27,76	03:03,09	00:56,10	01:50,63	03:51,51	00:58,08	01:59,13	00:47,30	01:38,18	03:37,14	01:43,96	03:35,22
115	00:51,91	02:03,38	04:27,27	01:06,65	02:17,20	01:06,63	02:33,88	01:08,21	00:42,39	01:27,86	03:03,25	00:56,18	01:50,75	03:51,72	00:58,16	01:59,27	00:47,37	01:38,30	03:37,33	01:44,08	03:35,40

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
114	00:51,98	02:03,53	04:27,51	01:06,74	02:17,36	01:06,73	02:34,06	01:08,31	00:42,45	01:27,97	03:03,41	00:56,26	01:50,88	03:51,92	00:58,24	01:59,40	00:47,43	01:38,41	03:37,52	01:44,20	03:35,59
113	00:52,05	02:03,67	04:27,74	01:06,83	02:17,52	01:06,82	02:34,24	01:08,40	00:42,51	01:28,07	03:03,57	00:56,34	01:51,01	03:52,12	00:58,32	01:59,54	00:47,50	01:38,52	03:37,71	01:44,32	03:35,78
112	00:52,13	02:03,82	04:27,98	01:06,93	02:17,68	01:06,91	02:34,42	01:08,50	00:42,57	01:28,17	03:03,74	00:56,42	01:51,14	03:52,33	00:58,40	01:59,68	00:47,57	01:38,64	03:37,91	01:44,44	03:35,98
111	00:52,20	02:03,96	04:28,22	01:07,02	02:17,84	01:07,01	02:34,60	01:08,60	00:42,63	01:28,28	03:03,90	00:56,50	01:51,27	03:52,54	00:58,49	01:59,83	00:47,63	01:38,76	03:38,10	01:44,57	03:36,17
110	00:52,28	02:04,11	04:28,47	01:07,12	02:18,01	01:07,11	02:34,79	01:08,70	00:42,69	01:28,38	03:04,07	00:56,58	01:51,41	03:52,75	00:58,57	01:59,97	00:47,70	01:38,88	03:38,30	01:44,69	03:36,37
109	00:52,35	02:04,26	04:28,71	01:07,22	02:18,18	01:07,20	02:34,98	01:08,80	00:42,75	01:28,49	03:04,24	00:56,66	01:51,54	03:52,96	00:58,65	02:00,12	00:47,77	01:39,00	03:38,50	01:44,82	03:36,56
108	00:52,43	02:04,41	04:28,96	01:07,32	02:18,35	01:07,30	02:35,17	01:08,90	00:42,81	01:28,60	03:04,41	00:56,75	01:51,68	03:53,18	00:58,74	02:00,26	00:47,84	01:39,12	03:38,70	01:44,95	03:36,76
107	00:52,51	02:04,57	04:29,21	01:07,42	02:18,52	01:07,40	02:35,36	01:09,00	00:42,88	01:28,71	03:04,58	00:56,83	01:51,82	03:53,40	00:58,83	02:00,41	00:47,91	01:39,24	03:38,91	01:45,08	03:36,97
106	00:52,59	02:04,72	04:29,47	01:07,52	02:18,69	01:07,50	02:35,55	01:09,10	00:42,94	01:28,82	03:04,75	00:56,91	01:51,96	03:53,62	00:58,92	02:00,56	00:47,98	01:39,36	03:39,11	01:45,21	03:37,17
105	00:52,66	02:04,88	04:29,72	01:07,62	02:18,86	01:07,61	02:35,75	01:09,21	00:43,00	01:28,93	03:04,93	00:57,00	01:52,10	03:53,84	00:59,00	02:00,71	00:48,06	01:39,49	03:39,32	01:45,34	03:37,38
104	00:52,74	02:05,04	04:29,98	01:07,72	02:19,04	01:07,71	02:35,94	01:09,31	00:43,07	01:29,04	03:05,11	00:57,09	01:52,24	03:54,06	00:59,09	02:00,87	00:48,13	01:39,62	03:39,53	01:45,47	03:37,59
103	00:52,83	02:05,20	04:30,24	01:07,83	02:19,22	01:07,81	02:36,14	01:09,42	00:43,14	01:29,16	03:05,29	00:57,18	01:52,38	03:54,29	00:59,19	02:01,02	00:48,20	01:39,74	03:39,75	01:45,61	03:37,80
102	00:52,91	02:05,36	04:30,51	01:07,93	02:19,40	01:07,92	02:36,35	01:09,53	00:43,20	01:29,27	03:05,47	00:57,26	01:52,53	03:54,52	00:59,28	02:01,18	00:48,28	01:39,87	03:39,96	01:45,75	03:38,01
101	00:52,99	02:05,53	04:30,78	01:08,04	02:19,58	01:08,02	02:36,55	01:09,64	00:43,27	01:29,39	03:05,65	00:57,35	01:52,68	03:54,75	00:59,37	02:01,34	00:48,35	01:40,00	03:40,18	01:45,89	03:38,23
100	00:53,07	02:05,69	04:31,05	01:08,15	02:19,77	01:08,13	02:36,76	01:09,75	00:43,34	01:29,51	03:05,84	00:57,44	01:52,82	03:54,99	00:59,46	02:01,50	00:48,43	01:40,13	03:40,40	01:46,03	03:38,45
99	00:53,16	02:05,86	04:31,32	01:08,26	02:19,95	01:08,24	02:36,97	01:09,86	00:43,41	01:29,63	03:06,03	00:57,54	01:52,98	03:55,22	00:59,56	02:01,66	00:48,51	01:40,27	03:40,62	01:46,17	03:38,67
98	00:53,25	02:06,03	04:31,60	01:08,37	02:20,14	01:08,35	02:37,18	01:09,97	00:43,48	01:29,75	03:06,22	00:57,63	01:53,13	03:55,46	00:59,66	02:01,82	00:48,59	01:40,40	03:40,85	01:46,31	03:38,89
97	00:53,33	02:06,20	04:31,88	01:08,48	02:20,33	01:08,46	02:37,39	01:10,09	00:43,55	01:29,87	03:06,41	00:57,72	01:53,28	03:55,71	00:59,75	02:01,99	00:48,67	01:40,54	03:41,07	01:46,45	03:39,11
96	00:53,42	02:06,37	04:32,16	01:08,59	02:20,52	01:08,58	02:37,61	01:10,20	00:43,62	01:29,99	03:06,60	00:57,82	01:53,44	03:55,95	00:59,85	02:02,16	00:48,75	01:40,68	03:41,30	01:46,60	03:39,34
95	00:53,51	02:06,55	04:32,45	01:08,70	02:20,72	01:08,69	02:37,83	01:10,32	00:43,69	01:30,12	03:06,80	00:57,92	01:53,60	03:56,20	00:59,95	02:02,33	00:48,83	01:40,82	03:41,54	01:46,75	03:39,57
94	00:53,60	02:06,73	04:32,73	01:08,82	02:20,92	01:08,81	02:38,05	01:10,44	00:43,77	01:30,25	03:07,00	00:58,01	01:53,75	03:56,45	01:00,05	02:02,50	00:48,91	01:40,96	03:41,77	01:46,90	03:39,81
93	00:53,69	02:06,91	04:33,03	01:08,94	02:21,12	01:08,92	02:38,27	01:10,56	00:43,84	01:30,37	03:07,20	00:58,11	01:53,92	03:56,71	01:00,15	02:02,67	00:48,99	01:41,10	03:42,01	01:47,05	03:40,04
92	00:53,78	02:07,09	04:33,32	01:09,06	02:21,32	01:09,04	02:38,50	01:10,68	00:43,92	01:30,50	03:07,40	00:58,21	01:54,08	03:56,96	01:00,26	02:02,85	00:49,08	01:41,25	03:42,25	01:47,20	03:40,28
91	00:53,88	02:07,27	04:33,62	01:09,18	02:21,52	01:09,16	02:38,73	01:10,80	00:43,99	01:30,63	03:07,61	00:58,31	01:54,25	03:57,22	01:00,36	02:03,03	00:49,16	01:41,40	03:42,49	01:47,36	03:40,52
90	00:53,97	02:07,46	04:33,93	01:09,30	02:21,73	01:09,28	02:38,96	01:10,93	00:44,07	01:30,77	03:07,81	00:58,42	01:54,41	03:57,49	01:00,47	02:03,21	00:49,25	01:41,54	03:42,74	01:47,52	03:40,77
89	00:54,07	02:07,65	04:34,23	01:09,42	02:21,94	01:09,41	02:39,20	01:11,05	00:44,15	01:30,90	03:08,02	00:58,52	01:54,58	03:57,75	01:00,58	02:03,39	00:49,34	01:41,69	03:42,99	01:47,68	03:41,01
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87	00:54,26	02:08,03	04:34,86	01:09,67	02:22,37	01:09,66	02:39,68	01:11,31	00:44,31	01:31,18	03:08,45	00:58,73	01:54,93	03:58,29	01:00,80	02:03,76	00:49,52	01:42,00	03:43,50	01:48,00	03:41,52
86	00:54,36	02:08,23	04:35,18	01:09,80	02:22,59	01:09,79	02:39,93	01:11,44	00:44,39	01:31,32	03:08,67	00:58,84	01:55,10	03:58,57	01:00,91	02:03,95	00:49,61	01:42,16	03:43,76	01:48,17	03:41,78
85	00:54,46	02:08,43	04:35,50	01:09,93	02:22,81	01:09,92	02:40,17	01:11,57	00:44,47	01:31,46	03:08,89	00:58,95	01:55,28	03:58,85	01:01,02	02:04,14	00:49,70	01:42,32	03:44,02	01:48,34	03:42,04
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83	00:54,67	02:08,84	04:36,16	01:10,20	02:23,26	01:10,18	02:40,68	01:11,85	00:44,64	01:31,75	03:09,35	00:59,17	01:55,65	03:59,42	01:01,25	02:04,54	00:49,89	01:42,64	03:44,56	01:48,68	03:42,57
82	00:54,78	02:09,04	04:36,50	01:10,33	02:23,49	01:10,32	02:40,94	01:11,98	00:44,73	01:31,90	03:09,58	00:59,29	01:55,83	03:59,71	01:01,37	02:04,74	00:49,98	01:42,81	03:44,83	01:48,85	03:42,84
81	00:54,88	02:09,25	04:36,84	01:10,47	02:23,73	01:10,45	02:41,20	01:12,12	00:44,82	01:32,05	03:09,81	00:59,40	01:56,02	04:00,01	01:01,49	02:04,94	00:50,08	01:42,97	03:45,11	01:49,03	03:43,11
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79	00:55,10	02:09,68	04:37,53	01:10,75	02:24,20	01:10,73	02:41,74	01:12,41	00:45,00	01:32,35	03:10,29	00:59,64	01:56,41	04:00,61	01:01,74	02:05,36	00:50,28	01:43,32	03:45,67	01:49,39	03:43,67
78	00:55,21	02:09,90	04:37,89	01:10,89	02:24,45	01:10,88	02:42,01	01:12,56	00:45,09	01:32,51	03:10,53	00:59,76	01:56,61	04:00,92	01:01,86	02:05,57	00:50,38	01:43,49	03:45,96	01:49,58	03:43,96
77	00:55,33	02:10,13	04:38,25	01:11,04	02:24,70	01:11,02	02:42,29	01:12,71	00:45,18	01:32,67	03:10,78	00:59,88	01:56,80	04:01,23	01:01,99	02:05,78	00:50,49	01:43,67	03:46,25	01:49,77	03:44,25
76	00:55,44	02:10,35	04:38,61	01:11,19	02:24,95	01:11,17	02:42,57	01:12,86	00:45,27	01:32,83	03:11,03	01:00,01	01:57,01	04:01,55	01:02,12	02:06,00	00:50,59	01:43,85	03:46,55	01:49,96	03:44,54
75	00:55,56	02:10,58	04:38,99	01:11,34	02:25,20	01:11,32	02:42,86	01:13,01	00:45,37	01:32,99	03:11,28	01:00,13	01:57,21	04:01,87	01:02,25	02:06,22	00:50,70	01:44,03	03:46,85	01:50,15	03:44,84
74	00:55,68	02:10,81	04:39,36	01:11,49	02:25,46	01:11,47	02:43,15	01:13,17	00:45,47	01:33,16	03:11,54	01:00,26	01:57,42	04:02,20	01:02,38	02:06,45	00:50,81	01:44,22	03:47,16	01:50,35	03:45,15
73	00:55,80	02:11,05	04:39,74	01:11,64	02:25,72	01:11,63	02:43,44	01:13,33	00:45,56	01:33,32	03:11,80	01:00,39	01:57,63	04:02,53	01:02,52	02:06,68	00:50,92	01:44,40	03:47,47	01:50,54	03:45,45
72	00:55,92	02:11,29	04:40,13	01:11,80	02:25,99	01:11,79	02:43,74	01:13,49	00:45,66	01:33,49	03:12,07	01:00,53	01:57,85	04:02,86	01:02,65	02:06,91	00:51,03	01:44,59	03:47,78	01:50,75	03:45,77
71	00:56,05	02:11,53	04:40,52	01:11,96	02:26,26	01:11,95	02:44,04	01:13,65	00:45,77	01:33,67	03:12,34	01:00,66	01:58,07	04:03,20	01:02,79	02:07,14	00:51,14	01:44,79	03:48,10	01:50,95	03:46,08
70	00:56,17	02:11,78	04:40,92	01:12,12	02:26,54	01:12,11	02:44,35	01:13,82	00:45,87	01:33,84	03:12,61	01:00,80	01:58,29	04:03,55	01:02,93	02:07,38	00:51,26	01:44,99	03:48,43	01:51,16	03:46,40
69	00:56,30	02:12,03	04:41,33	01:12,29	02:26,82	01:12,27	02:44,67	01:13,99	00:45,97	01:34,02	03:12,89	01:00,94	01:58,52	04:03,90	01:03,08	02:07,63	00:51,37	01:45,19	03:48,76	01:51,37	03:46,73
68	00:56,43	02:12,29	04:41,74	01:12,46	02:27,10	01:12,44	02:44,99	01:14,16	00:46,08	01:34,21	03:13,17	01:01,08	01:58,75	04:04,26	01:03,23	02:07,87	00:51,49	01:45,39	03:49,09	01:51,59	03:47,06
67	00:56,57	02:12,55	04:42,16	01:12,63	02:27,39	01:12,61	02:45,31	01:14,33	00:46,19	01:34,39	03:13,46	01:01,22	01:58,98	04:04,62	01:03,37	02:08,13	00:51,62	01:45,60	03:49,44	01:51,81	03:47,40
66	00:56,70	02:12,81	04:42,59	01:12,80	02:27,69	01:12,79	02:45,64	01:14,51	00:46,30	01:34,58	03:13,75	01:01,37	01:59,22	04:04,99	01:03,53	02:08,38	00:51,74	01:45,81	03:49,78	01:52,03	03:47,75
65	00:56,84	02:13,08	04:43,02	01:12,98	02:27,98	01:12,96	02:45,98	01:14,69	00:46,41	01:34,77	03:14,05	01:01,52	01:59,46	04:05,37	01:03,68	02:08,64	00:51,87	01:46,02	03:50,13	01:52,26	03:48,09
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62	00:57,27	02:13,92	04:44,37	01:13,53	02:28,91	01:13,51	02:47,02	01:15,26	00:46,76	01:35,37	03:14,97	01:01,98	02:00,21	04:06,53	01:04,16	02:09,45	00:52,26	01:46,69	03:51,23	01:52,97	03:49,18
61	00:57,42	02:14,21	04:44,83	01:13,72	02:29,24	01:13,70	02:47,38	01:15,45	00:46,88	01:35,57	03:15,29	01:02,14	02:00,47	04:06,94	01:04,33	02:09,73	00:52,39	01:46,92	03:51,61	01:53,21	03:49,55
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59	00:57,72	02:14,80	04:45,78	01:14,11	02:29,90	01:14,10	02:48,12	01:15,85	00:47,13	01:36,00	03:15,94	01:02,47	02:01,00	04:07,76	01:04,67	02:10,31	00:52,67	01:47,39	03:52,38	01:53,71	03:50,32
58	00:57,88	02:15,11	04:46,27	01:14,31	02:30,24	01:14,30	02:48,50	01:16,06	00:47,26	01:36,21	03:16,28	01:02,64	02:01,28	04:08,19	01:04,85	02:10,60	00:52,81	01:47,64	03:52,78	01:53,97	03:50,72
57	00:58,04	02:15,42	04:46,77	01:14,52	02:30,59	01:14,50	02:48,89	01:16,27	00:47,39	01:36,44	03:16,62	01:02,82	02:01,56	04:08,62	01:05,02	02:10,90	00:52,96	01:47,89	03:53,19	01:54,23	03:51,12
56	00:58,20	02:15,74	04:47,28	01:14,73	02:30,94	01:14,71	02:49,29	01:16,48	00:47,53	01:36,66	03:16,97	01:02,99	02:01,84	04:09,07	01:05,21	02:11,21	00:53,11	01:48,14	03:53,60	01:54,50	03:51,53
55	00:58,37	02:16,06	04:47,80	01:14,94	02:31,30	01:14,93	02:49,69	01:16,70	00:47,66	01:36,90	03:17,33	01:03,17	02:02,14	04:09,52	01:05,40	02:11,52	00:53,26	01:48,40	03:54,02	01:54,78	03:51,95
54	00:58,54	02:16,40	04:48,33	01:15,16	02:31,67	01:15,15	02:50,11	01:16,93	00:47,80	01:37,13	03:17,69	01:03,36	02:02,43	04:09,98	01:05,59	02:11,85	00:53,42	01:48,66	03:54,46	01:55,06	03:52,38
53	00:58,71	02:16,73	04:48,88	01:15,39	02:32,05	01:15,37	02:50,53	01:17,16	00:47,94	01:37,37	03:18,06	01:03,55	02:02,74	04:10,45	01:05,78	02:12,17	00:53,58	01:48,93	03:54,90	01:55,34	03:52,81
52	00:58,89	02:17,08	04:49,43	01:15,62	02:32,43	01:15,60	02:50,96	01:17,39	00:48,09	01:37,62	03:18,44	01:03,74	02:03,05	04:10,92	01:05,98	02:12,51	00:53,74	01:49,21	03:55,34	01:55,63	03:53,26
51	00:59,07	02:17,43	04:49,99	01:15,85	02:32,82	01:15,83	02:51,40	01:17,63	00:48,24	01:37,87	03:18,83	01:03,94	02:03,37	04:11,41	01:06,19	02:12,85	00:53,91	01:49,49	03:55,80	01:55,93	03:53,71
50	00:59,26	02:17,80	04:50,57	01:16,09	02:33,23	01:16,07	02:51,85	01:17,88	00:48,39	01:38,13	03:19,22	01:04,14	02:03,69	04:11,91	01:06,39	02:13,20	00:54,08	01:49,78	03:56,27	01:56,24	03:54,18
49	00:59,45	02:18,17	04:51,16	01:16,33	02:33,64	01:16,32	02:52,32	01:18,13	00:48,55	01:38,39	03:19,63	01:04,35	02:04,02	04:12,42	01:06,61	02:13,56	00:54,25	01:50,07	03:56,75	01:56,55	03:54,65

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL AB	100 NL AB	200 NL AB	50 Sty Dos AB	100 Sty Dos AB	50 Sty Bra AB	100 Sty Bra AB	50 Pap AB	50 NL BC	100 NL BC	200 NL BC	50 DOS BC	100 DOS BC	200 DOS BC	50 Sty Bra BC	100 Sty Bra BC	50 PAP BC	100 PAP BC	200 PAP BC	100 Sty Cr/D. BC	200 Combi. BC
48	00:59,65	02:18,54	04:51,76	01:16,58	02:34,06	01:16,57	02:52,79	01:18,38	00:48,71	01:38,66	03:20,04	01:04,56	02:04,36	04:12,95	01:06,83	02:13,92	00:54,43	01:50,37	03:57,24	01:56,87	03:55,14
47	00:59,85	02:18,93	04:52,38	01:16,84	02:34,49	01:16,82	02:53,27	01:18,65	00:48,87	01:38,94	03:20,46	01:04,77	02:04,71	04:13,48	01:07,05	02:14,30	00:54,61	01:50,68	03:57,74	01:57,19	03:55,64
46	01:00,05	02:19,33	04:53,01	01:17,10	02:34,93	01:17,09	02:53,77	01:18,92	00:49,04	01:39,22	03:20,90	01:05,00	02:05,07	04:14,03	01:07,28	02:14,68	00:54,80	01:51,00	03:58,26	01:57,53	03:56,15
45	01:00,26	02:19,73	04:53,66	01:17,37	02:35,38	01:17,36	02:54,27	01:19,19	00:49,21	01:39,51	03:21,34	01:05,22	02:05,43	04:14,59	01:07,52	02:15,07	00:54,99	01:51,32	03:58,78	01:57,87	03:56,67
44	01:00,48	02:20,15	04:54,32	01:17,65	02:35,85	01:17,63	02:54,79	01:19,48	00:49,38	01:39,81	03:21,80	01:05,46	02:05,81	04:15,17	01:07,76	02:15,48	00:55,19	01:51,66	03:59,32	01:58,22	03:57,20
43	01:00,70	02:20,58	04:55,00	01:17,94	02:36,32	01:17,92	02:55,33	01:19,77	00:49,57	01:40,11	03:22,26	01:05,70	02:06,19	04:15,76	01:08,01	02:15,89	00:55,39	01:52,00	03:59,88	01:58,58	03:57,75
42	01:00,93	02:21,02	04:55,70	01:18,23	02:36,81	01:18,21	02:55,87	01:20,07	00:49,75	01:40,42	03:22,74	01:05,94	02:06,58	04:16,36	01:08,26	02:16,31	00:55,60	01:52,35	04:00,44	01:58,96	03:58,31
41	01:01,16	02:21,47	04:56,41	01:18,53	02:37,31	01:18,51	02:56,44	01:20,37	00:49,94	01:40,75	03:23,23	01:06,20	02:06,99	04:16,98	01:08,52	02:16,75	00:55,81	01:52,71	04:01,03	01:59,34	03:58,89
40	01:01,40	02:21,94	04:57,15	01:18,84	02:37,83	01:18,82	02:57,02	01:20,69	00:50,14	01:41,08	03:23,74	01:06,46	02:07,41	04:17,62	01:08,79	02:17,20	00:56,03	01:53,08	04:01,62	01:59,73	03:59,48
39	01:01,65	02:22,41	04:57,91	01:19,16	02:38,36	01:19,14	02:57,61	01:21,01	00:50,34	01:41,42	03:24,25	01:06,72	02:07,83	04:18,27	01:09,07	02:17,66	00:56,25	01:53,46	04:02,24	02:00,13	04:00,09
38	01:01,90	02:22,90	04:58,68	01:19,48	02:38,91	01:19,47	02:58,23	01:21,35	00:50,55	01:41,77	03:24,79	01:07,00	02:08,28	04:18,95	01:09,36	02:18,14	00:56,49	01:53,85	04:02,87	02:00,55	04:00,72
37	01:02,17	02:23,41	04:59,48	01:19,82	02:39,47	01:19,80	02:58,86	01:21,70	00:50,76	01:42,13	03:25,34	01:07,29	02:08,73	04:19,64	01:09,65	02:18,63	00:56,73	01:54,25	04:03,52	02:00,97	04:01,36
36	01:02,44	02:23,93	05:00,31	01:20,17	02:40,05	01:20,15	02:59,51	01:22,05	00:50,99	01:42,50	03:25,90	01:07,58	02:09,20	04:20,36	01:09,96	02:19,13	00:56,98	01:54,67	04:04,19	02:01,41	04:02,03
35	01:02,72	02:24,47	05:01,16	01:20,53	02:40,65	01:20,51	03:00,18	01:22,42	00:51,21	01:42,88	03:26,48	01:07,88	02:09,68	04:21,09	01:10,27	02:19,65	00:57,23	01:55,10	04:04,88	02:01,87	04:02,71
34	01:03,01	02:25,03	05:02,04	01:20,90	02:41,27	01:20,88	03:00,87	01:22,80	00:51,45	01:43,28	03:27,08	01:08,20	02:10,18	04:21,85	01:10,59	02:20,19	00:57,50	01:55,54	04:05,60	02:02,34	04:03,42
33	01:03,31	02:25,60	05:02,94	01:21,29	02:41,91	01:21,27	03:01,59	01:23,20	00:51,70	01:43,69	03:27,71	01:08,52	02:10,70	04:22,64	01:10,93	02:20,75	00:57,77	01:56,00	04:06,33	02:02,82	04:04,15
32	01:03,62	02:26,20	05:03,88	01:21,69	02:42,57	01:21,67	03:02,33	01:23,60	00:51,95	01:44,11	03:28,35	01:08,86	02:11,23	04:23,45	01:11,28	02:21,32	00:58,05	01:56,47	04:07,09	02:03,32	04:04,90
31	01:03,94	02:26,82	05:04,85	01:22,10	02:43,26	01:22,08	03:03,10	01:24,03	00:52,21	01:44,55	03:29,01	01:09,21	02:11,79	04:24,29	01:11,64	02:21,92	00:58,35	01:56,96	04:07,88	02:03,84	04:05,69
30	01:04,28	02:27,46	05:05,85	01:22,53	02:43,97	01:22,51	03:03,90	01:24,47	00:52,49	01:45,01	03:29,70	01:09,57	02:12,36	04:25,16	01:12,01	02:22,54	00:58,65	01:57,47	04:08,70	02:04,38	04:06,50
29	01:04,62	02:28,12	05:06,89	01:22,97	02:44,71	01:22,96	03:04,73	01:24,92	00:52,77	01:45,48	03:30,42	01:09,94	02:12,96	04:26,07	01:12,40	02:23,18	00:58,97	01:58,00	04:09,55	02:04,95	04:07,34
28	01:04,98	02:28,81	05:07,98	01:23,44	02:45,47	01:23,42	03:05,59	01:25,40	00:53,07	01:45,97	03:31,16	01:10,34	02:13,58	04:27,01	01:12,81	02:23,85	00:59,30	01:58,55	04:10,43	02:05,53	04:08,21
27	01:05,36	02:29,53	05:09,10	01:23,92	02:46,28	01:23,90	03:06,49	01:25,89	00:53,37	01:46,49	03:31,93	01:10,74	02:14,22	04:27,98	01:13,23	02:24,54	00:59,64	01:59,13	04:11,34	02:06,14	04:09,12
26	01:05,76	02:30,28	05:10,28	01:24,43	02:47,11	01:24,41	03:07,43	01:26,41	00:53,69	01:47,02	03:32,73	01:11,17	02:14,90	04:29,00	01:13,67	02:25,27	01:00,00	01:59,73	04:12,30	02:06,77	04:10,06
25	01:06,17	02:31,07	05:11,50	01:24,96	02:47,98	01:24,94	03:08,40	01:26,95	00:54,03	01:47,58	03:33,57	01:11,61	02:15,60	04:30,06	01:14,13	02:26,03	01:00,38	02:00,35	04:13,29	02:07,43	04:11,05
24	01:06,60	02:31,89	05:12,78	01:25,51	02:48,89	01:25,49	03:09,43	01:27,52	00:54,38	01:48,16	03:34,45	01:12,08	02:16,34	04:31,17	01:14,61	02:26,82	01:00,77	02:01,00	04:14,33	02:08,12	04:12,08
23	01:07,05	02:32,75	05:14,12	01:26,09	02:49,85	01:26,07	03:10,50	01:28,11	00:54,75	01:48,77	03:35,37	01:12,57	02:17,11	04:32,33	01:15,12	02:27,65	01:01,18	02:01,69	04:15,42	02:08,85	04:13,16
22	01:07,53	02:33,65	05:15,52	01:26,70	02:50,85	01:26,68	03:11,63	01:28,74	00:55,14	01:49,42	03:36,33	01:13,09	02:17,92	04:33,55	01:15,65	02:28,52	01:01,62	02:02,41	04:16,56	02:09,61	04:14,29
21	01:08,03	02:34,60	05:17,00	01:27,34	02:51,91	01:27,33	03:12,81	01:29,40	00:55,55	01:50,09	03:37,34	01:13,63	02:18,77	04:34,82	01:16,22	02:29,44	01:02,07	02:03,17	04:17,76	02:10,41	04:15,48
20	01:08,56	02:35,60	05:18,55	01:28,03	02:53,03	01:28,01	03:14,06	01:30,09	00:55,98	01:50,81	03:38,41	01:14,20	02:19,68	04:36,17	01:16,81	02:30,41	01:02,56	02:03,97	04:19,03	02:11,26	04:16,73
19	01:09,12	02:36,67	05:20,20	01:28,75	02:54,21	01:28,73	03:15,39	01:30,83	00:56,44	01:51,57	03:39,54	01:14,81	02:20,63	04:37,60	01:17,44	02:31,44	01:03,07	02:04,81	04:20,36	02:12,15	04:18,06
18	01:09,72	02:37,79	05:21,94	01:29,51	02:55,46	01:29,49	03:16,80	01:31,62	00:56,93	01:52,37	03:40,73	01:15,46	02:21,64	04:39,11	01:18,11	02:32,53	01:03,62	02:05,71	04:21,78	02:13,11	04:19,46
17	01:10,35	02:38,99	05:23,79	01:30,33	02:56,80	01:30,31	03:18,29	01:32,45	00:57,45	01:53,22	03:42,00	01:16,14	02:22,72	04:40,71	01:18,82	02:33,69	01:04,20	02:06,67	04:23,29	02:14,12	04:20,95
16	01:11,03	02:40,28	05:25,77	01:31,21	02:58,23	01:31,19	03:19,89	01:33,35	00:58,00	01:54,14	03:43,36	01:16,88	02:23,87	04:42,43	01:19,58	02:34,93	01:04,82	02:07,69	04:24,89	02:15,20	04:22,54
15	01:11,77	02:41,66	05:27,88	01:32,15	02:59,76	01:32,13	03:21,61	01:34,31	00:58,60	01:55,12	03:44,81	01:17,68	02:25,11	04:44,26	01:20,41	02:36,26	01:05,49	02:08,79	04:26,61	02:16,36	04:24,25
14	01:12,56	02:43,14	05:30,16	01:33,16	03:01,41	01:33,14	03:23,47	01:35,35	00:59,25	01:56,18	03:46,37	01:18,53	02:26,44	04:46,24	01:21,29	02:37,70	01:06,21	02:09,97	04:28,47	02:17,62	04:26,09
13	01:13,42	02:44,75	05:32,62	01:34,27	03:03,20	01:34,25	03:25,48	01:36,48	00:59,95	01:57,33	03:48,06	01:19,46	02:27,89	04:48,37	01:22,26	02:39,26	01:06,99	02:11,26	04:30,47	02:18,98	04:28,07
12	01:14,36	02:46,51	05:35,31	01:35,47	03:05,16	01:35,45	03:27,67	01:37,72	01:00,72	01:58,58	03:49,90	01:20,48	02:29,47	04:50,70	01:23,31	02:40,96	01:07,85	02:12,66	04:32,65	02:20,46	04:30,23
11	01:15,40	02:48,45	05:38,25	01:36,81	03:07,31	01:36,78	03:30,08	01:39,08	01:01,57	01:59,95	03:51,91	01:21,60	02:31,20	04:53,25	01:24,47	02:42,83	01:08,80	02:14,20	04:35,04	02:22,09	04:32,60
10	01:16,55	02:50,59	05:41,50	01:38,28	03:09,69	01:38,26	03:32,75	01:40,59	01:02,51	02:01,48	03:54,14	01:22,85	02:33,13	04:56,07	01:25,76	02:44,90	01:09,85	02:15,90	04:37,68	02:23,90	04:35,22
9	01:17,84	02:52,99	05:45,13	01:39,94	03:12,36	01:39,92	03:35,75	01:42,29	01:03,56	02:03,19	03:56,63	01:24,25	02:35,28	04:59,21	01:27,21	02:47,22	01:11,03	02:17,82	04:40,64	02:25,92	04:38,15
8	01:19,31	02:55,71	05:49,23	01:41,83	03:15,39	01:41,81	03:39,14	01:44,23	01:04,76	02:05,13	03:59,44	01:25,84	02:37,73	05:02,77	01:28,86	02:49,85	01:12,37	02:19,99	04:43,97	02:28,22	04:41,46
7	01:21,01	02:58,85	05:53,94	01:44,02	03:18,88	01:44,00	03:43,06	01:46,46	01:06,15	02:07,37	04:02,67	01:27,69	02:40,55	05:06,85	01:30,77	02:52,89	01:13,93	02:22,49	04:47,80	02:30,87	04:45,25
6	01:23,03	03:02,55	05:59,46	01:46,60	03:22,99	01:46,58	03:47,67	01:49,11	01:07,80	02:10,00	04:06,46	01:29,86	02:43,86	05:11,64	01:33,02	02:56,46	01:15,76	02:25,43	04:52,29	02:33,99	04:49,70
5	01:25,47	03:07,02	06:06,10	01:49,74	03:27,96	01:49,72	03:53,24	01:52,32	01:09,79	02:13,18	04:11,01	01:32,51	02:47,87	05:17,39	01:35,76	03:00,78	01:17,99	02:28,99	04:57,69	02:37,76	04:55,05
4	01:28,56	03:12,64	06:14,38	01:53,70	03:34,21	01:53,68	04:00,25	01:56,37	01:12,31	02:17,18	04:16,69	01:35,85	02:52,92	05:24,58	01:39,22	03:06,21	01:20,81	02:33,47	05:04,43	02:42,50	05:01,73
3	01:32,70	03:20,13	06:25,35	01:59,03	03:42,54	01:59,00	04:09,59	02:01,82	01:15,70	02:22,52	04:24,21	01:40,33	02:59,64	05:34,08	01:43,86	03:13,45	01:24,59	02:39,44	05:13,34	02:48,82	05:10,57
2	01:38,88	03:31,19	06:41,35	02:06,95	03:54,83	02:06,93	04:23,39	02:09,94	01:20,74	02:30,39	04:35,18	01:47,02	03:09,57	05:47,96	01:50,78	03:24,14	01:30,22	02:48,25	05:26,35	02:58,14	05:23,46
1	01:50,40	03:51,52	07:10,26	02:21,75	04:17,45	02:21,72	04:48,75	02:25,08	01:30,15	02:44,87	04:55,00	01:59,49	03:27,82	06:13,02	02:03,69	03:43,80	01:40,74	03:04,45	05:49,86	03:15,30	05:46,76

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1500	00:23,43	00:52,37	01:58,86	04:17,47	09:24,80	19:06,97	00:27,42	01:00,59	02:25,17	00:32,35	01:10,99	02:36,26	00:26,48	01:00,06	02:22,98	02:19,75	05:02,31
1499	00:23,43	00:52,37	01:58,87	04:17,49	09:24,83	19:07,05	00:27,43	01:00,60	02:25,18	00:32,35	01:10,99	02:36,27	00:26,48	01:00,07	02:22,99	02:19,76	05:02,33
1498	00:23,43	00:52,38	01:58,88	04:17,50	09:24,87	19:07,13	00:27,43	01:00,60	02:25,19	00:32,35	01:11,00	02:36,28	00:26,48	01:00,07	02:23,00	02:19,77	05:02,35
1497	00:23,44	00:52,38	01:58,89	04:17,52	09:24,91	19:07,20	00:27,43	01:00,61	02:25,20	00:32,36	01:11,01	02:36,29	00:26,48	01:00,08	02:23,01	02:19,78	05:02,37
1496	00:23,44	00:52,38	01:58,90	04:17,54	09:24,95	19:07,28	00:27,43	01:00,61	02:25,21	00:32,36	01:11,01	02:36,30	00:26,49	01:00,08	02:23,02	02:19,78	05:02,39
1495	00:23,44	00:52,39	01:58,90	04:17,55	09:24,99	19:07,36	00:27,44	01:00,62	02:25,22	00:32,36	01:11,02	02:36,31	00:26,49	01:00,09	02:23,03	02:19,79	05:02,41
1494	00:23,44	00:52,39	01:58,91	04:17,57	09:25,02	19:07,43	00:27,44	01:00,62	02:25,23	00:32,37	01:11,03	02:36,32	00:26,49	01:00,09	02:23,04	02:19,80	05:02,43
1493	00:23,45	00:52,40	01:58,92	04:17,59	09:25,06	19:07,51	00:27,44	01:00,63	02:25,24	00:32,37	01:11,03	02:36,33	00:26,50	01:00,10	02:23,05	02:19,81	05:02,45
1492	00:23,45	00:52,40	01:58,93	04:17,61	09:25,10	19:07,59	00:27,45	01:00,63	02:25,25	00:32,37	01:11,04	02:36,35	00:26,50	01:00,10	02:23,06	02:19,82	05:02,47
1491	00:23,45	00:52,41	01:58,94	04:17,62	09:25,14	19:07,67	00:27,45	01:00,64	02:25,26	00:32,38	01:11,04	02:36,36	00:26,50	01:00,11	02:23,07	02:19,83	05:02,49
1490	00:23,45	00:52,41	01:58,94	04:17,64	09:25,18	19:07,74	00:27,45	01:00,65	02:25,27	00:32,38	01:11,05	02:36,37	00:26,50	01:00,11	02:23,08	02:19,84	05:02,51
1489	00:23,46	00:52,42	01:58,95	04:17,66	09:25,21	19:07,82	00:27,46	01:00,65	02:25,28	00:32,38	01:11,06	02:36,38	00:26,51	01:00,12	02:23,09	02:19,85	05:02,53
1488	00:23,46	00:52,42	01:58,96	04:17,68	09:25,25	19:07,90	00:27,46	01:00,66	02:25,29	00:32,39	01:11,06	02:36,39	00:26,51	01:00,13	02:23,10	02:19,86	05:02,55
1487	00:23,46	00:52,43	01:58,97	04:17,69	09:25,29	19:07,97	00:27,46	01:00,66	02:25,30	00:32,39	01:11,07	02:36,40	00:26,51	01:00,13	02:23,11	02:19,87	05:02,57
1486	00:23,46	00:52,43	01:58,98	04:17,71	09:25,33	19:08,05	00:27,46	01:00,67	02:25,31	00:32,39	01:11,08	02:36,41	00:26,52	01:00,14	02:23,12	02:19,88	05:02,59
1485	00:23,47	00:52,44	01:58,98	04:17,73	09:25,37	19:08,13	00:27,47	01:00,67	02:25,32	00:32,40	01:11,08	02:36,42	00:26,52	01:00,14	02:23,13	02:19,89	05:02,61
1484	00:23,47	00:52,44	01:58,99	04:17,75	09:25,41	19:08,21	00:27,47	01:00,68	02:25,33	00:32,40	01:11,09	02:36,43	00:26,52	01:00,15	02:23,14	02:19,90	05:02,63
1483	00:23,47	00:52,45	01:59,00	04:17,76	09:25,44	19:08,28	00:27,47	01:00,68	02:25,34	00:32,40	01:11,09	02:36,44	00:26,52	01:00,15	02:23,15	02:19,91	05:02,65
1482	00:23,47	00:52,45	01:59,01	04:17,78	09:25,48	19:08,36	00:27,48	01:00,69	02:25,35	00:32,41	01:11,10	02:36,45	00:26,53	01:00,16	02:23,16	02:19,92	05:02,67
1481	00:23,48	00:52,46	01:59,02	04:17,80	09:25,52	19:08,44	00:27,48	01:00,69	02:25,36	00:32,41	01:11,11	02:36,46	00:26,53	01:00,16	02:23,17	02:19,93	05:02,69
1480	00:23,48	00:52,46	01:59,02	04:17,82	09:25,56	19:08,52	00:27,48	01:00,70	02:25,37	00:32,41	01:11,11	02:36,47	00:26,53	01:00,17	02:23,18	02:19,94	05:02,71
1479	00:23,48	00:52,46	01:59,03	04:17,83	09:25,60	19:08,60	00:27,48	01:00,71	02:25,38	00:32,42	01:11,12	02:36,48	00:26,54	01:00,17	02:23,19	02:19,94	05:02,73
1478	00:23,48	00:52,47	01:59,04	04:17,85	09:25,63	19:08,67	00:27,49	01:00,71	02:25,39	00:32,42	01:11,13	02:36,49	00:26,54	01:00,18	02:23,19	02:19,95	05:02,76
1477	00:23,49	00:52,47	01:59,05	04:17,87	09:25,67	19:08,75	00:27,49	01:00,72	02:25,40	00:32,43	01:11,13	02:36,50	00:26,54	01:00,18	02:23,20	02:19,96	05:02,78
1476	00:23,49	00:52,48	01:59,06	04:17,89	09:25,71	19:08,83	00:27,49	01:00,72	02:25,41	00:32,43	01:11,14	02:36,51	00:26,54	01:00,19	02:23,21	02:19,97	05:02,80
1475	00:23,49	00:52,48	01:59,06	04:17,90	09:25,75	19:08,91	00:27,50	01:00,73	02:25,42	00:32,43	01:11,15	02:36,53	00:26,55	01:00,20	02:23,22	02:19,98	05:02,82
1474	00:23,49	00:52,49	01:59,07	04:17,92	09:25,79	19:08,99	00:27,50	01:00,73	02:25,43	00:32,44	01:11,15	02:36,54	00:26,55	01:00,20	02:23,23	02:19,99	05:02,84
1473	00:23,50	00:52,49	01:59,08	04:17,94	09:25,83	19:09,06	00:27,50	01:00,74	02:25,44	00:32,44	01:11,16	02:36,55	00:26,55	01:00,21	02:23,24	02:20,00	05:02,86
1472	00:23,50	00:52,50	01:59,09	04:17,96	09:25,87	19:09,14	00:27,51	01:00,74	02:25,45	00:32,44	01:11,17	02:36,56	00:26,56	01:00,21	02:23,25	02:20,01	05:02,88
1471	00:23,50	00:52,50	01:59,10	04:17,97	09:25,90	19:09,22	00:27,51	01:00,75	02:25,46	00:32,45	01:11,17	02:36,57	00:26,56	01:00,22	02:23,26	02:20,02	05:02,90
1470	00:23,50	00:52,51	01:59,11	04:17,99	09:25,94	19:09,30	00:27,51	01:00,75	02:25,47	00:32,45	01:11,18	02:36,58	00:26,56	01:00,22	02:23,27	02:20,03	05:02,92
1469	00:23,51	00:52,51	01:59,11	04:18,01	09:25,98	19:09,38	00:27,51	01:00,76	02:25,48	00:32,45	01:11,18	02:36,59	00:26,56	01:00,23	02:23,28	02:20,04	05:02,94
1468	00:23,51	00:52,52	01:59,12	04:18,03	09:26,02	19:09,46	00:27,52	01:00,77	02:25,49	00:32,46	01:11,19	02:36,60	00:26,57	01:00,23	02:23,29	02:20,05	05:02,96
1467	00:23,51	00:52,52	01:59,13	04:18,04	09:26,06	19:09,54	00:27,52	01:00,77	02:25,50	00:32,46	01:11,20	02:36,61	00:26,57	01:00,24	02:23,30	02:20,06	05:02,98
1466	00:23,51	00:52,53	01:59,14	04:18,06	09:26,10	19:09,61	00:27,52	01:00,78	02:25,51	00:32,46	01:11,20	02:36,62	00:26,57	01:00,24	02:23,31	02:20,07	05:03,00
1465	00:23,52	00:52,53	01:59,15	04:18,08	09:26,14	19:09,69	00:27,53	01:00,78	02:25,52	00:32,47	01:11,21	02:36,63	00:26,58	01:00,25	02:23,32	02:20,08	05:03,02
1464	00:23,52	00:52,54	01:59,15	04:18,10	09:26,18	19:09,77	00:27,53	01:00,79	02:25,53	00:32,47	01:11,22	02:36,64	00:26,58	01:00,26	02:23,33	02:20,09	05:03,04
1463	00:23,52	00:52,54	01:59,16	04:18,11	09:26,21	19:09,85	00:27,53	01:00,79	02:25,54	00:32,47	01:11,22	02:36,65	00:26,58	01:00,26	02:23,34	02:20,10	05:03,07
1462	00:23,53	00:52,54	01:59,17	04:18,13	09:26,25	19:09,93	00:27,54	01:00,80	02:25,55	00:32,48	01:11,23	02:36,66	00:26,58	01:00,27	02:23,35	02:20,11	05:03,09
1461	00:23,53	00:52,55	01:59,18	04:18,15	09:26,29	19:10,01	00:27,54	01:00,80	02:25,56	00:32,48	01:11,24	02:36,67	00:26,59	01:00,27	02:23,36	02:20,12	05:03,11
1460	00:23,53	00:52,55	01:59,19	04:18,17	09:26,33	19:10,09	00:27,54	01:00,81	02:25,57	00:32,48	01:11,24	02:36,69	00:26,59	01:00,28	02:23,37	02:20,13	05:03,13
1459	00:23,53	00:52,56	01:59,20	04:18,19	09:26,37	19:10,17	00:27,54	01:00,82	02:25,58	00:32,49	01:11,25	02:36,70	00:26,59	01:00,28	02:23,38	02:20,14	05:03,15
1458	00:23,54	00:52,56	01:59,20	04:18,20	09:26,41	19:10,25	00:27,55	01:00,82	02:25,59	00:32,49	01:11,26	02:36,71	00:26,60	01:00,29	02:23,39	02:20,15	05:03,17
1457	00:23,54	00:52,57	01:59,21	04:18,22	09:26,45	19:10,32	00:27,55	01:00,83	02:25,60	00:32,50	01:11,26	02:36,72	00:26,60	01:00,29	02:23,40	02:20,16	05:03,19
1456	00:23,54	00:52,57	01:59,22	04:18,24	09:26,49	19:10,40	00:27,55	01:00,83	02:25,61	00:32,50	01:11,27	02:36,73	00:26,60	01:00,30	02:23,41	02:20,17	05:03,21
1455	00:23,54	00:52,58	01:59,23	04:18,26	09:26,53	19:10,48	00:27,56	01:00,84	02:25,62	00:32,50	01:11,27	02:36,74	00:26,60	01:00,30	02:23,42	02:20,17	05:03,23
1454	00:23,55	00:52,58	01:59,24	04:18,27	09:26,56	19:10,56	00:27,56	01:00,84	02:25,63	00:32,51	01:11,28	02:36,75	00:26,61	01:00,31	02:23,43	02:20,18	05:03,25

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1453	00:23,55	00:52,59	01:59,24	04:18,29	09:26,60	19:10,64	00:27,56	01:00,85	02:25,64	00:32,51	01:11,29	02:36,76	00:26,61	01:00,32	02:23,44	02:20,19	05:03,27
1452	00:23,55	00:52,59	01:59,25	04:18,31	09:26,64	19:10,72	00:27,57	01:00,85	02:25,65	00:32,51	01:11,29	02:36,77	00:26,61	01:00,32	02:23,45	02:20,20	05:03,29
1451	00:23,55	00:52,60	01:59,26	04:18,33	09:26,68	19:10,80	00:27,57	01:00,86	02:25,66	00:32,52	01:11,30	02:36,78	00:26,62	01:00,33	02:23,46	02:20,21	05:03,32
1450	00:23,56	00:52,60	01:59,27	04:18,35	09:26,72	19:10,88	00:27,57	01:00,87	02:25,67	00:32,52	01:11,31	02:36,79	00:26,62	01:00,33	02:23,47	02:20,22	05:03,34
1449	00:23,56	00:52,61	01:59,28	04:18,36	09:26,76	19:10,96	00:27,57	01:00,87	02:25,68	00:32,52	01:11,31	02:36,80	00:26,62	01:00,34	02:23,48	02:20,23	05:03,36
1448	00:23,56	00:52,61	01:59,29	04:18,38	09:26,80	19:11,04	00:27,58	01:00,88	02:25,69	00:32,53	01:11,32	02:36,82	00:26,63	01:00,34	02:23,49	02:20,24	05:03,38
1447	00:23,56	00:52,62	01:59,29	04:18,40	09:26,84	19:11,12	00:27,58	01:00,88	02:25,70	00:32,53	01:11,33	02:36,83	00:26,63	01:00,35	02:23,50	02:20,25	05:03,40
1446	00:23,57	00:52,62	01:59,30	04:18,42	09:26,88	19:11,20	00:27,58	01:00,89	02:25,71	00:32,53	01:11,33	02:36,84	00:26,63	01:00,35	02:23,51	02:20,26	05:03,42
1445	00:23,57	00:52,63	01:59,31	04:18,44	09:26,92	19:11,28	00:27,59	01:00,89	02:25,72	00:32,54	01:11,34	02:36,85	00:26,63	01:00,36	02:23,52	02:20,27	05:03,44
1444	00:23,57	00:52,63	01:59,32	04:18,45	09:26,96	19:11,36	00:27,59	01:00,90	02:25,73	00:32,54	01:11,35	02:36,86	00:26,64	01:00,37	02:23,53	02:20,28	05:03,46
1443	00:23,57	00:52,64	01:59,33	04:18,47	09:27,00	19:11,44	00:27,59	01:00,90	02:25,74	00:32,55	01:11,35	02:36,87	00:26,64	01:00,37	02:23,54	02:20,29	05:03,48
1442	00:23,58	00:52,64	01:59,34	04:18,49	09:27,04	19:11,52	00:27,60	01:00,91	02:25,75	00:32,55	01:11,36	02:36,88	00:26,64	01:00,38	02:23,55	02:20,30	05:03,51
1441	00:23,58	00:52,65	01:59,34	04:18,51	09:27,08	19:11,60	00:27,60	01:00,92	02:25,76	00:32,55	01:11,37	02:36,89	00:26,65	01:00,38	02:23,56	02:20,31	05:03,53
1440	00:23,58	00:52,65	01:59,35	04:18,53	09:27,12	19:11,68	00:27,60	01:00,92	02:25,77	00:32,56	01:11,37	02:36,90	00:26,65	01:00,39	02:23,57	02:20,32	05:03,55
1439	00:23,58	00:52,66	01:59,36	04:18,54	09:27,15	19:11,76	00:27,61	01:00,93	02:25,78	00:32,56	01:11,38	02:36,91	00:26,65	01:00,39	02:23,58	02:20,33	05:03,57
1438	00:23,59	00:52,66	01:59,37	04:18,56	09:27,19	19:11,84	00:27,61	01:00,93	02:25,79	00:32,56	01:11,39	02:36,92	00:26,65	01:00,40	02:23,59	02:20,34	05:03,59
1437	00:23,59	00:52,67	01:59,38	04:18,58	09:27,23	19:11,92	00:27,61	01:00,94	02:25,80	00:32,57	01:11,39	02:36,94	00:26,66	01:00,40	02:23,60	02:20,35	05:03,61
1436	00:23,59	00:52,67	01:59,39	04:18,60	09:27,27	19:12,00	00:27,61	01:00,94	02:25,81	00:32,57	01:11,40	02:36,95	00:26,66	01:00,41	02:23,61	02:20,36	05:03,63
1435	00:23,60	00:52,68	01:59,39	04:18,62	09:27,31	19:12,08	00:27,62	01:00,95	02:25,82	00:32,57	01:11,41	02:36,96	00:26,66	01:00,42	02:23,62	02:20,37	05:03,65
1434	00:23,60	00:52,68	01:59,40	04:18,63	09:27,35	19:12,16	00:27,62	01:00,95	02:25,83	00:32,58	01:11,41	02:36,97	00:26,67	01:00,42	02:23,63	02:20,38	05:03,67
1433	00:23,60	00:52,68	01:59,41	04:18,65	09:27,39	19:12,24	00:27,62	01:00,96	02:25,84	00:32,58	01:11,42	02:36,98	00:26,67	01:00,43	02:23,64	02:20,39	05:03,70
1432	00:23,60	00:52,69	01:59,42	04:18,67	09:27,43	19:12,32	00:27,63	01:00,97	02:25,85	00:32,59	01:11,43	02:36,99	00:26,67	01:00,43	02:23,65	02:20,40	05:03,72
1431	00:23,61	00:52,69	01:59,43	04:18,69	09:27,47	19:12,40	00:27,63	01:00,97	02:25,86	00:32,59	01:11,43	02:37,00	00:26,68	01:00,44	02:23,66	02:20,41	05:03,74
1430	00:23,61	00:52,70	01:59,44	04:18,71	09:27,51	19:12,49	00:27,63	01:00,98	02:25,87	00:32,59	01:11,44	02:37,01	00:26,68	01:00,44	02:23,67	02:20,42	05:03,76
1429	00:23,61	00:52,70	01:59,44	04:18,72	09:27,55	19:12,57	00:27,64	01:00,98	02:25,88	00:32,60	01:11,45	02:37,02	00:26,68	01:00,45	02:23,68	02:20,43	05:03,78
1428	00:23,61	00:52,71	01:59,45	04:18,74	09:27,59	19:12,65	00:27,64	01:00,99	02:25,89	00:32,60	01:11,45	02:37,03	00:26,68	01:00,45	02:23,69	02:20,44	05:03,80
1427	00:23,62	00:52,71	01:59,46	04:18,76	09:27,63	19:12,73	00:27,64	01:00,99	02:25,90	00:32,60	01:11,46	02:37,05	00:26,69	01:00,46	02:23,70	02:20,45	05:03,82
1426	00:23,62	00:52,72	01:59,47	04:18,78	09:27,67	19:12,81	00:27,64	01:01,00	02:25,91	00:32,61	01:11,47	02:37,06	00:26,69	01:00,47	02:23,71	02:20,46	05:03,85
1425	00:23,62	00:52,72	01:59,48	04:18,80	09:27,71	19:12,89	00:27,65	01:01,01	02:25,92	00:32,61	01:11,47	02:37,07	00:26,69	01:00,47	02:23,72	02:20,47	05:03,87
1424	00:23,62	00:52,73	01:59,49	04:18,82	09:27,75	19:12,97	00:27,65	01:01,01	02:25,93	00:32,61	01:11,48	02:37,08	00:26,70	01:00,48	02:23,73	02:20,48	05:03,89
1423	00:23,63	00:52,73	01:59,49	04:18,83	09:27,79	19:13,05	00:27,65	01:01,02	02:25,94	00:32,62	01:11,49	02:37,09	00:26,70	01:00,48	02:23,74	02:20,49	05:03,91
1422	00:23,63	00:52,74	01:59,50	04:18,85	09:27,83	19:13,13	00:27,66	01:01,02	02:25,95	00:32,62	01:11,49	02:37,10	00:26,70	01:00,49	02:23,75	02:20,50	05:03,93
1421	00:23,63	00:52,74	01:59,51	04:18,87	09:27,87	19:13,22	00:27,66	01:01,03	02:25,96	00:32,62	01:11,50	02:37,11	00:26,71	01:00,49	02:23,76	02:20,51	05:03,95
1420	00:23,63	00:52,75	01:59,52	04:18,89	09:27,91	19:13,30	00:27,66	01:01,03	02:25,97	00:32,63	01:11,51	02:37,12	00:26,71	01:00,50	02:23,77	02:20,52	05:03,97
1419	00:23,64	00:52,75	01:59,53	04:18,91	09:27,95	19:13,38	00:27,67	01:01,04	02:25,98	00:32,63	01:11,51	02:37,13	00:26,71	01:00,51	02:23,78	02:20,53	05:04,00
1418	00:23,64	00:52,76	01:59,54	04:18,93	09:27,99	19:13,46	00:27,67	01:01,05	02:25,99	00:32,64	01:11,52	02:37,15	00:26,71	01:00,51	02:23,79	02:20,54	05:04,02
1417	00:23,64	00:52,76	01:59,55	04:18,94	09:28,03	19:13,54	00:27,67	01:01,05	02:26,00	00:32,64	01:11,53	02:37,16	00:26,72	01:00,52	02:23,80	02:20,55	05:04,04
1416	00:23,65	00:52,77	01:59,55	04:18,96	09:28,07	19:13,62	00:27,68	01:01,06	02:26,01	00:32,64	01:11,53	02:37,17	00:26,72	01:00,52	02:23,81	02:20,56	05:04,06
1415	00:23,65	00:52,77	01:59,56	04:18,98	09:28,11	19:13,71	00:27,68	01:01,06	02:26,02	00:32,65	01:11,54	02:37,18	00:26,72	01:00,53	02:23,82	02:20,57	05:04,08
1414	00:23,65	00:52,78	01:59,57	04:19,00	09:28,15	19:13,79	00:27,68	01:01,07	02:26,03	00:32,65	01:11,55	02:37,19	00:26,73	01:00,53	02:23,83	02:20,58	05:04,10
1413	00:23,65	00:52,78	01:59,58	04:19,02	09:28,19	19:13,87	00:27,69	01:01,07	02:26,04	00:32,65	01:11,55	02:37,20	00:26,73	01:00,54	02:23,84	02:20,59	05:04,12
1412	00:23,66	00:52,79	01:59,59	04:19,04	09:28,23	19:13,95	00:27,69	01:01,08	02:26,06	00:32,66	01:11,56	02:37,21	00:26,73	01:00,54	02:23,85	02:20,60	05:04,15
1411	00:23,66	00:52,79	01:59,60	04:19,05	09:28,27	19:14,03	00:27,69	01:01,09	02:26,07	00:32,66	01:11,57	02:37,22	00:26,74	01:00,55	02:23,86	02:20,61	05:04,17
1410	00:23,66	00:52,80	01:59,60	04:19,07	09:28,31	19:14,12	00:27,69	01:01,09	02:26,08	00:32,67	01:11,57	02:37,23	00:26,74	01:00,56	02:23,87	02:20,62	05:04,19
1409	00:23,66	00:52,80	01:59,61	04:19,09	09:28,36	19:14,20	00:27,70	01:01,10	02:26,09	00:32,67	01:11,58	02:37,25	00:26,74	01:00,56	02:23,88	02:20,63	05:04,21
1408	00:23,67	00:52,81	01:59,62	04:19,11	09:28,40	19:14,28	00:27,70	01:01,10	02:26,10	00:32,67	01:11,59	02:37,26	00:26,74	01:00,57	02:23,89	02:20,64	05:04,23
1407	00:23,67	00:52,81	01:59,63	04:19,13	09:28,44	19:14,36	00:27,70	01:01,11	02:26,11	00:32,68	01:11,59	02:37,27	00:26,75	01:00,57	02:23,90	02:20,65	05:04,25

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1406	00:23,67	00:52,82	01:59,64	04:19,15	09:28,48	19:14,44	00:27,71	01:01,11	02:26,12	00:32,68	01:11,60	02:37,28	00:26,75	01:00,58	02:23,91	02:20,66	05:04,28
1405	00:23,67	00:52,82	01:59,65	04:19,16	09:28,52	19:14,53	00:27,71	01:01,12	02:26,13	00:32,68	01:11,61	02:37,29	00:26,75	01:00,58	02:23,92	02:20,67	05:04,30
1404	00:23,68	00:52,83	01:59,66	04:19,18	09:28,56	19:14,61	00:27,71	01:01,13	02:26,14	00:32,69	01:11,61	02:37,30	00:26,76	01:00,59	02:23,93	02:20,68	05:04,32
1403	00:23,68	00:52,83	01:59,66	04:19,20	09:28,60	19:14,69	00:27,72	01:01,13	02:26,15	00:32,69	01:11,62	02:37,31	00:26,76	01:00,60	02:23,95	02:20,69	05:04,34
1402	00:23,68	00:52,84	01:59,67	04:19,22	09:28,64	19:14,77	00:27,72	01:01,14	02:26,16	00:32,69	01:11,63	02:37,32	00:26,76	01:00,60	02:23,96	02:20,70	05:04,36
1401	00:23,69	00:52,84	01:59,68	04:19,24	09:28,68	19:14,86	00:27,72	01:01,14	02:26,17	00:32,70	01:11,63	02:37,34	00:26,77	01:00,61	02:23,97	02:20,71	05:04,39
1400	00:23,69	00:52,85	01:59,69	04:19,26	09:28,72	19:14,94	00:27,73	01:01,15	02:26,18	00:32,70	01:11,64	02:37,35	00:26,77	01:00,61	02:23,98	02:20,72	05:04,41
1399	00:23,69	00:52,85	01:59,70	04:19,28	09:28,76	19:15,02	00:27,73	01:01,15	02:26,19	00:32,71	01:11,65	02:37,36	00:26,77	01:00,62	02:23,99	02:20,73	05:04,43
1398	00:23,69	00:52,86	01:59,71	04:19,29	09:28,80	19:15,11	00:27,73	01:01,16	02:26,20	00:32,71	01:11,65	02:37,37	00:26,77	01:00,62	02:24,00	02:20,74	05:04,45
1397	00:23,70	00:52,86	01:59,72	04:19,31	09:28,84	19:15,19	00:27,74	01:01,17	02:26,21	00:32,71	01:11,66	02:37,38	00:26,78	01:00,63	02:24,01	02:20,75	05:04,47
1396	00:23,70	00:52,87	01:59,72	04:19,33	09:28,88	19:15,27	00:27,74	01:01,17	02:26,22	00:32,72	01:11,67	02:37,39	00:26,78	01:00,64	02:24,02	02:20,76	05:04,49
1395	00:23,70	00:52,87	01:59,73	04:19,35	09:28,92	19:15,36	00:27,74	01:01,18	02:26,23	00:32,72	01:11,67	02:37,40	00:26,78	01:00,64	02:24,03	02:20,77	05:04,52
1394	00:23,70	00:52,88	01:59,74	04:19,37	09:28,97	19:15,44	00:27,74	01:01,18	02:26,24	00:32,72	01:11,68	02:37,41	00:26,79	01:00,65	02:24,04	02:20,78	05:04,54
1393	00:23,71	00:52,88	01:59,75	04:19,39	09:29,01	19:15,52	00:27,75	01:01,19	02:26,25	00:32,73	01:11,69	02:37,43	00:26,79	01:00,65	02:24,05	02:20,79	05:04,56
1392	00:23,71	00:52,89	01:59,76	04:19,41	09:29,05	19:15,60	00:27,75	01:01,20	02:26,26	00:32,73	01:11,69	02:37,44	00:26,79	01:00,66	02:24,06	02:20,80	05:04,58
1391	00:23,71	00:52,89	01:59,77	04:19,43	09:29,09	19:15,69	00:27,75	01:01,20	02:26,27	00:32,74	01:11,70	02:37,45	00:26,80	01:00,67	02:24,07	02:20,81	05:04,60
1390	00:23,71	00:52,90	01:59,78	04:19,44	09:29,13	19:15,77	00:27,76	01:01,21	02:26,29	00:32,74	01:11,71	02:37,46	00:26,80	01:00,67	02:24,08	02:20,82	05:04,63
1389	00:23,72	00:52,90	01:59,78	04:19,46	09:29,17	19:15,85	00:27,76	01:01,21	02:26,30	00:32,74	01:11,72	02:37,47	00:26,80	01:00,68	02:24,09	02:20,83	05:04,65
1388	00:23,72	00:52,91	01:59,79	04:19,48	09:29,21	19:15,94	00:27,76	01:01,22	02:26,31	00:32,75	01:11,72	02:37,48	00:26,81	01:00,68	02:24,10	02:20,84	05:04,67
1387	00:23,72	00:52,91	01:59,80	04:19,50	09:29,25	19:16,02	00:27,77	01:01,22	02:26,32	00:32,75	01:11,73	02:37,49	00:26,81	01:00,69	02:24,11	02:20,85	05:04,69
1386	00:23,73	00:52,92	01:59,81	04:19,52	09:29,29	19:16,11	00:27,77	01:01,23	02:26,33	00:32,75	01:11,74	02:37,51	00:26,81	01:00,69	02:24,12	02:20,86	05:04,71
1385	00:23,73	00:52,92	01:59,82	04:19,54	09:29,34	19:16,19	00:27,77	01:01,24	02:26,34	00:32,76	01:11,74	02:37,52	00:26,81	01:00,70	02:24,13	02:20,87	05:04,74
1384	00:23,73	00:52,93	01:59,83	04:19,56	09:29,38	19:16,27	00:27,78	01:01,24	02:26,35	00:32,76	01:11,75	02:37,53	00:26,82	01:00,71	02:24,14	02:20,88	05:04,76
1383	00:23,73	00:52,93	01:59,84	04:19,58	09:29,42	19:16,36	00:27,78	01:01,25	02:26,36	00:32,77	01:11,76	02:37,54	00:26,82	01:00,71	02:24,15	02:20,89	05:04,78
1382	00:23,74	00:52,94	01:59,85	04:19,59	09:29,46	19:16,44	00:27,78	01:01,25	02:26,37	00:32,77	01:11,76	02:37,55	00:26,82	01:00,72	02:24,16	02:20,90	05:04,80
1381	00:23,74	00:52,94	01:59,85	04:19,61	09:29,50	19:16,52	00:27,79	01:01,26	02:26,38	00:32,77	01:11,77	02:37,56	00:26,83	01:00,72	02:24,17	02:20,91	05:04,82
1380	00:23,74	00:52,95	01:59,86	04:19,63	09:29,54	19:16,61	00:27,79	01:01,27	02:26,39	00:32,78	01:11,78	02:37,57	00:26,83	01:00,73	02:24,18	02:20,92	05:04,85
1379	00:23,74	00:52,95	01:59,87	04:19,65	09:29,58	19:16,69	00:27,79	01:01,27	02:26,40	00:32,78	01:11,78	02:37,59	00:26,83	01:00,74	02:24,19	02:20,93	05:04,87
1378	00:23,75	00:52,96	01:59,88	04:19,67	09:29,63	19:16,78	00:27,80	01:01,28	02:26,41	00:32,78	01:11,79	02:37,60	00:26,84	01:00,74	02:24,20	02:20,94	05:04,89
1377	00:23,75	00:52,96	01:59,89	04:19,69	09:29,67	19:16,86	00:27,80	01:01,28	02:26,42	00:32,79	01:11,80	02:37,61	00:26,84	01:00,75	02:24,22	02:20,95	05:04,91
1376	00:23,75	00:52,97	01:59,90	04:19,71	09:29,71	19:16,95	00:27,80	01:01,29	02:26,43	00:32,79	01:11,80	02:37,62	00:26,84	01:00,75	02:24,23	02:20,96	05:04,94
1375	00:23,76	00:52,97	01:59,91	04:19,73	09:29,75	19:17,03	00:27,81	01:01,30	02:26,44	00:32,80	01:11,81	02:37,63	00:26,85	01:00,76	02:24,24	02:20,97	05:04,96
1374	00:23,76	00:52,98	01:59,92	04:19,75	09:29,79	19:17,11	00:27,81	01:01,30	02:26,46	00:32,80	01:11,82	02:37,64	00:26,85	01:00,76	02:24,25	02:20,98	05:04,98
1373	00:23,76	00:52,98	01:59,92	04:19,76	09:29,83	19:17,20	00:27,81	01:01,31	02:26,47	00:32,80	01:11,83	02:37,65	00:26,85	01:00,77	02:24,26	02:20,99	05:05,00
1372	00:23,76	00:52,99	01:59,93	04:19,78	09:29,87	19:17,28	00:27,82	01:01,31	02:26,48	00:32,81	01:11,83	02:37,67	00:26,85	01:00,78	02:24,27	02:21,00	05:05,02
1371	00:23,77	00:52,99	01:59,94	04:19,80	09:29,92	19:17,37	00:27,82	01:01,32	02:26,49	00:32,81	01:11,84	02:37,68	00:26,86	01:00,78	02:24,28	02:21,01	05:05,05
1370	00:23,77	00:53,00	01:59,95	04:19,82	09:29,96	19:17,45	00:27,82	01:01,32	02:26,50	00:32,82	01:11,85	02:37,69	00:26,86	01:00,79	02:24,29	02:21,02	05:05,07
1369	00:23,77	00:53,01	01:59,96	04:19,84	09:30,00	19:17,54	00:27,82	01:01,33	02:26,51	00:32,82	01:11,85	02:37,70	00:26,86	01:00,79	02:24,30	02:21,03	05:05,09
1368	00:23,78	00:53,01	01:59,97	04:19,86	09:30,04	19:17,62	00:27,83	01:01,34	02:26,52	00:32,82	01:11,86	02:37,71	00:26,87	01:00,80	02:24,31	02:21,04	05:05,11
1367	00:23,78	00:53,02	01:59,98	04:19,88	09:30,08	19:17,71	00:27,83	01:01,34	02:26,53	00:32,83	01:11,87	02:37,72	00:26,87	01:00,81	02:24,32	02:21,06	05:05,14
1366	00:23,78	00:53,02	01:59,99	04:19,90	09:30,13	19:17,79	00:27,83	01:01,35	02:26,54	00:32,83	01:11,87	02:37,74	00:26,87	01:00,81	02:24,33	02:21,07	05:05,16
1365	00:23,78	00:53,03	01:59,99	04:19,92	09:30,17	19:17,88	00:27,84	01:01,35	02:26,55	00:32,83	01:11,88	02:37,75	00:26,88	01:00,82	02:24,34	02:21,08	05:05,18
1364	00:23,79	00:53,03	02:00,00	04:19,94	09:30,21	19:17,96	00:27,84	01:01,36	02:26,56	00:32,84	01:11,89	02:37,76	00:26,88	01:00,82	02:24,35	02:21,09	05:05,20
1363	00:23,79	00:53,04	02:00,01	04:19,96	09:30,25	19:18,05	00:27,84	01:01,37	02:26,57	00:32,84	01:11,90	02:37,77	00:26,88	01:00,83	02:24,36	02:21,10	05:05,23
1362	00:23,79	00:53,04	02:00,02	04:19,97	09:30,29	19:18,13	00:27,85	01:01,37	02:26,58	00:32,85	01:11,90	02:37,78	00:26,89	01:00,84	02:24,37	02:21,11	05:05,25
1361	00:23,79	00:53,05	02:00,03	04:19,99	09:30,34	19:18,22	00:27,85	01:01,38	02:26,60	00:32,85	01:11,91	02:37,79	00:26,89	01:00,84	02:24,38	02:21,12	05:05,27
1360	00:23,80	00:53,05	02:00,04	04:20,01	09:30,38	19:18,30	00:27,85	01:01,38	02:26,61	00:32,85	01:11,92	02:37,81	00:26,89	01:00,85	02:24,40	02:21,13	05:05,29

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1359	00:23,80	00:53,06	02:00,05	04:20,03	09:30,42	19:18,39	00:27,86	01:01,39	02:26,62	00:32,86	01:11,92	02:37,82	00:26,90	01:00,85	02:24,41	02:21,14	05:05,32
1358	00:23,80	00:53,06	02:00,06	04:20,05	09:30,46	19:18,48	00:27,86	01:01,40	02:26,63	00:32,86	01:11,93	02:37,83	00:26,90	01:00,86	02:24,42	02:21,15	05:05,34
1357	00:23,81	00:53,07	02:00,07	04:20,07	09:30,50	19:18,56	00:27,86	01:01,40	02:26,64	00:32,86	01:11,94	02:37,84	00:26,90	01:00,86	02:24,43	02:21,16	05:05,36
1356	00:23,81	00:53,07	02:00,07	04:20,09	09:30,55	19:18,65	00:27,87	01:01,41	02:26,65	00:32,87	01:11,94	02:37,85	00:26,90	01:00,87	02:24,44	02:21,17	05:05,38
1355	00:23,81	00:53,08	02:00,08	04:20,11	09:30,59	19:18,73	00:27,87	01:01,41	02:26,66	00:32,87	01:11,95	02:37,86	00:26,91	01:00,88	02:24,45	02:21,18	05:05,41
1354	00:23,81	00:53,08	02:00,09	04:20,13	09:30,63	19:18,82	00:27,87	01:01,42	02:26,67	00:32,88	01:11,96	02:37,88	00:26,91	01:00,88	02:24,46	02:21,19	05:05,43
1353	00:23,82	00:53,09	02:00,10	04:20,15	09:30,67	19:18,90	00:27,88	01:01,43	02:26,68	00:32,88	01:11,97	02:37,89	00:26,91	01:00,89	02:24,47	02:21,20	05:05,45
1352	00:23,82	00:53,09	02:00,11	04:20,17	09:30,72	19:18,99	00:27,88	01:01,43	02:26,69	00:32,88	01:11,97	02:37,90	00:26,92	01:00,89	02:24,48	02:21,21	05:05,47
1351	00:23,82	00:53,10	02:00,12	04:20,19	09:30,76	19:19,08	00:27,88	01:01,44	02:26,70	00:32,89	01:11,98	02:37,91	00:26,92	01:00,90	02:24,49	02:21,22	05:05,50
1350	00:23,83	00:53,10	02:00,13	04:20,21	09:30,80	19:19,16	00:27,89	01:01,44	02:26,71	00:32,89	01:11,99	02:37,92	00:26,92	01:00,91	02:24,50	02:21,23	05:05,52
1349	00:23,83	00:53,11	02:00,14	04:20,22	09:30,84	19:19,25	00:27,89	01:01,45	02:26,73	00:32,90	01:11,99	02:37,93	00:26,93	01:00,91	02:24,51	02:21,24	05:05,54
1348	00:23,83	00:53,11	02:00,15	04:20,24	09:30,88	19:19,34	00:27,89	01:01,46	02:26,74	00:32,90	01:12,00	02:37,95	00:26,93	01:00,92	02:24,52	02:21,25	05:05,57
1347	00:23,83	00:53,12	02:00,15	04:20,26	09:30,93	19:19,42	00:27,90	01:01,46	02:26,75	00:32,90	01:12,01	02:37,96	00:26,93	01:00,92	02:24,53	02:21,26	05:05,59
1346	00:23,84	00:53,12	02:00,16	04:20,28	09:30,97	19:19,51	00:27,90	01:01,47	02:26,76	00:32,91	01:12,01	02:37,97	00:26,94	01:00,93	02:24,55	02:21,27	05:05,61
1345	00:23,84	00:53,13	02:00,17	04:20,30	09:31,01	19:19,59	00:27,90	01:01,47	02:26,77	00:32,91	01:12,02	02:37,98	00:26,94	01:00,94	02:24,56	02:21,28	05:05,63
1344	00:23,84	00:53,13	02:00,18	04:20,32	09:31,05	19:19,68	00:27,91	01:01,48	02:26,78	00:32,92	01:12,03	02:37,99	00:26,94	01:00,94	02:24,57	02:21,30	05:05,66
1343	00:23,84	00:53,14	02:00,19	04:20,34	09:31,10	19:19,77	00:27,91	01:01,49	02:26,79	00:32,92	01:12,04	02:38,00	00:26,95	01:00,95	02:24,58	02:21,31	05:05,68
1342	00:23,85	00:53,15	02:00,20	04:20,36	09:31,14	19:19,85	00:27,91	01:01,49	02:26,80	00:32,92	01:12,04	02:38,02	00:26,95	01:00,95	02:24,59	02:21,32	05:05,70
1341	00:23,85	00:53,15	02:00,21	04:20,38	09:31,18	19:19,94	00:27,92	01:01,50	02:26,81	00:32,93	01:12,05	02:38,03	00:26,95	01:00,96	02:24,60	02:21,33	05:05,72
1340	00:23,85	00:53,16	02:00,22	04:20,40	09:31,23	19:20,03	00:27,92	01:01,51	02:26,82	00:32,93	01:12,06	02:38,04	00:26,96	01:00,97	02:24,61	02:21,34	05:05,75
1339	00:23,86	00:53,16	02:00,23	04:20,42	09:31,27	19:20,11	00:27,92	01:01,51	02:26,84	00:32,93	01:12,06	02:38,05	00:26,96	01:00,97	02:24,62	02:21,35	05:05,77
1338	00:23,86	00:53,17	02:00,24	04:20,44	09:31,31	19:20,20	00:27,93	01:01,52	02:26,85	00:32,94	01:12,07	02:38,06	00:26,96	01:00,98	02:24,63	02:21,36	05:05,79
1337	00:23,86	00:53,17	02:00,24	04:20,46	09:31,35	19:20,29	00:27,93	01:01,52	02:26,86	00:32,94	01:12,08	02:38,08	00:26,97	01:00,98	02:24,64	02:21,37	05:05,82
1336	00:23,86	00:53,18	02:00,25	04:20,48	09:31,40	19:20,38	00:27,93	01:01,53	02:26,87	00:32,95	01:12,09	02:38,09	00:26,97	01:00,99	02:24,65	02:21,38	05:05,84
1335	00:23,87	00:53,18	02:00,26	04:20,50	09:31,44	19:20,46	00:27,94	01:01,54	02:26,88	00:32,95	01:12,09	02:38,10	00:26,97	01:01,00	02:24,66	02:21,39	05:05,86
1334	00:23,87	00:53,19	02:00,27	04:20,52	09:31,48	19:20,55	00:27,94	01:01,54	02:26,89	00:32,95	01:12,10	02:38,11	00:26,97	01:01,00	02:24,68	02:21,40	05:05,89
1333	00:23,87	00:53,19	02:00,28	04:20,54	09:31,53	19:20,64	00:27,94	01:01,55	02:26,90	00:32,96	01:12,11	02:38,12	00:26,98	01:01,01	02:24,69	02:21,41	05:05,91
1332	00:23,88	00:53,20	02:00,29	04:20,56	09:31,57	19:20,73	00:27,95	01:01,55	02:26,91	00:32,96	01:12,11	02:38,13	00:26,98	01:01,02	02:24,70	02:21,42	05:05,93
1331	00:23,88	00:53,20	02:00,30	04:20,58	09:31,61	19:20,81	00:27,95	01:01,56	02:26,92	00:32,97	01:12,12	02:38,15	00:26,98	01:01,02	02:24,71	02:21,43	05:05,95
1330	00:23,88	00:53,21	02:00,31	04:20,60	09:31,66	19:20,90	00:27,95	01:01,57	02:26,93	00:32,97	01:12,13	02:38,16	00:26,99	01:01,03	02:24,72	02:21,44	05:05,98
1329	00:23,88	00:53,21	02:00,32	04:20,61	09:31,70	19:20,99	00:27,96	01:01,57	02:26,95	00:32,97	01:12,14	02:38,17	00:26,99	01:01,03	02:24,73	02:21,45	05:06,00
1328	00:23,89	00:53,22	02:00,33	04:20,63	09:31,74	19:21,08	00:27,96	01:01,58	02:26,96	00:32,98	01:12,14	02:38,18	00:26,99	01:01,04	02:24,74	02:21,47	05:06,02
1327	00:23,89	00:53,22	02:00,33	04:20,65	09:31,78	19:21,16	00:27,96	01:01,58	02:26,97	00:32,98	01:12,15	02:38,19	00:27,00	01:01,05	02:24,75	02:21,48	05:06,05
1326	00:23,89	00:53,23	02:00,34	04:20,67	09:31,83	19:21,25	00:27,97	01:01,59	02:26,98	00:32,99	01:12,16	02:38,21	00:27,00	01:01,05	02:24,76	02:21,49	05:06,07
1325	00:23,90	00:53,24	02:00,35	04:20,69	09:31,87	19:21,34	00:27,97	01:01,60	02:26,99	00:32,99	01:12,17	02:38,22	00:27,00	01:01,06	02:24,77	02:21,50	05:06,09
1324	00:23,90	00:53,24	02:00,36	04:20,71	09:31,91	19:21,43	00:27,97	01:01,60	02:27,00	00:32,99	01:12,17	02:38,23	00:27,01	01:01,06	02:24,78	02:21,51	05:06,12
1323	00:23,90	00:53,25	02:00,37	04:20,73	09:31,96	19:21,51	00:27,98	01:01,61	02:27,01	00:33,00	01:12,18	02:38,24	00:27,01	01:01,07	02:24,80	02:21,52	05:06,14
1322	00:23,90	00:53,25	02:00,38	04:20,75	09:32,00	19:21,60	00:27,98	01:01,62	02:27,02	00:33,00	01:12,19	02:38,25	00:27,01	01:01,08	02:24,81	02:21,53	05:06,16
1321	00:23,91	00:53,26	02:00,39	04:20,77	09:32,04	19:21,69	00:27,98	01:01,62	02:27,03	00:33,01	01:12,19	02:38,27	00:27,02	01:01,08	02:24,82	02:21,54	05:06,19
1320	00:23,91	00:53,26	02:00,40	04:20,79	09:32,09	19:21,78	00:27,99	01:01,63	02:27,05	00:33,01	01:12,20	02:38,28	00:27,02	01:01,09	02:24,83	02:21,55	05:06,21
1319	00:23,91	00:53,27	02:00,41	04:20,81	09:32,13	19:21,87	00:27,99	01:01,63	02:27,06	00:33,01	01:12,21	02:38,29	00:27,02	01:01,09	02:24,84	02:21,56	05:06,23
1318	00:23,92	00:53,27	02:00,42	04:20,83	09:32,18	19:21,96	00:27,99	01:01,64	02:27,07	00:33,02	01:12,22	02:38,30	00:27,03	01:01,10	02:24,85	02:21,57	05:06,26
1317	00:23,92	00:53,28	02:00,43	04:20,85	09:32,22	19:22,04	00:28,00	01:01,65	02:27,08	00:33,02	01:12,22	02:38,31	00:27,03	01:01,11	02:24,86	02:21,58	05:06,28
1316	00:23,92	00:53,28	02:00,44	04:20,87	09:32,26	19:22,13	00:28,00	01:01,65	02:27,09	00:33,03	01:12,23	02:38,33	00:27,03	01:01,11	02:24,87	02:21,59	05:06,30
1315	00:23,93	00:53,29	02:00,44	04:20,89	09:32,31	19:22,22	00:28,00	01:01,66	02:27,10	00:33,03	01:12,24	02:38,34	00:27,04	01:01,12	02:24,88	02:21,61	05:06,33
1314	00:23,93	00:53,29	02:00,45	04:20,91	09:32,35	19:22,31	00:28,01	01:01,67	02:27,11	00:33,03	01:12,25	02:38,35	00:27,04	01:01,13	02:24,89	02:21,62	05:06,35
1313	00:23,93	00:53,30	02:00,46	04:20,93	09:32,39	19:22,40	00:28,01	01:01,67	02:27,12	00:33,04	01:12,25	02:38,36	00:27,04	01:01,13	02:24,91	02:21,63	05:06,37

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1312	00:23,93	00:53,30	02:00,47	04:20,95	09:32,44	19:22,49	00:28,01	01:01,68	02:27,14	00:33,04	01:12,26	02:38,38	00:27,05	01:01,14	02:24,92	02:21,64	05:06,40
1311	00:23,94	00:53,31	02:00,48	04:20,97	09:32,48	19:22,58	00:28,02	01:01,68	02:27,15	00:33,05	01:12,27	02:38,39	00:27,05	01:01,14	02:24,93	02:21,65	05:06,42
1310	00:23,94	00:53,32	02:00,49	04:20,99	09:32,53	19:22,67	00:28,02	01:01,69	02:27,16	00:33,05	01:12,27	02:38,40	00:27,05	01:01,15	02:24,94	02:21,66	05:06,44
1309	00:23,94	00:53,32	02:00,50	04:21,01	09:32,57	19:22,76	00:28,02	01:01,70	02:27,17	00:33,05	01:12,28	02:38,41	00:27,06	01:01,16	02:24,95	02:21,67	05:06,47
1308	00:23,95	00:53,33	02:00,51	04:21,03	09:32,61	19:22,84	00:28,03	01:01,70	02:27,18	00:33,06	01:12,29	02:38,42	00:27,06	01:01,16	02:24,96	02:21,68	05:06,49
1307	00:23,95	00:53,33	02:00,52	04:21,05	09:32,66	19:22,93	00:28,03	01:01,71	02:27,19	00:33,06	01:12,30	02:38,44	00:27,06	01:01,17	02:24,97	02:21,69	05:06,51
1306	00:23,95	00:53,34	02:00,53	04:21,07	09:32,70	19:23,02	00:28,03	01:01,72	02:27,20	00:33,07	01:12,30	02:38,45	00:27,07	01:01,17	02:24,98	02:21,70	05:06,54
1305	00:23,95	00:53,34	02:00,54	04:21,09	09:32,74	19:23,11	00:28,04	01:01,72	02:27,21	00:33,07	01:12,31	02:38,46	00:27,07	01:01,18	02:24,99	02:21,71	05:06,56
1304	00:23,96	00:53,35	02:00,55	04:21,11	09:32,79	19:23,20	00:28,04	01:01,73	02:27,23	00:33,07	01:12,32	02:38,47	00:27,07	01:01,19	02:25,01	02:21,72	05:06,58
1303	00:23,96	00:53,35	02:00,56	04:21,13	09:32,83	19:23,29	00:28,04	01:01,73	02:27,24	00:33,08	01:12,33	02:38,48	00:27,08	01:01,19	02:25,02	02:21,74	05:06,61
1302	00:23,96	00:53,36	02:00,56	04:21,15	09:32,88	19:23,38	00:28,05	01:01,74	02:27,25	00:33,08	01:12,33	02:38,50	00:27,08	01:01,20	02:25,03	02:21,75	05:06,63
1301	00:23,97	00:53,36	02:00,57	04:21,17	09:32,92	19:23,47	00:28,05	01:01,75	02:27,26	00:33,09	01:12,34	02:38,51	00:27,08	01:01,21	02:25,04	02:21,76	05:06,66
1300	00:23,97	00:53,37	02:00,58	04:21,19	09:32,97	19:23,56	00:28,05	01:01,75	02:27,27	00:33,09	01:12,35	02:38,52	00:27,09	01:01,21	02:25,05	02:21,77	05:06,68
1299	00:23,97	00:53,38	02:00,59	04:21,21	09:33,01	19:23,65	00:28,06	01:01,76	02:27,28	00:33,09	01:12,36	02:38,53	00:27,09	01:01,22	02:25,06	02:21,78	05:06,70
1298	00:23,97	00:53,38	02:00,60	04:21,23	09:33,05	19:23,74	00:28,06	01:01,77	02:27,29	00:33,10	01:12,36	02:38,55	00:27,09	01:01,22	02:25,07	02:21,79	05:06,73
1297	00:23,98	00:53,39	02:00,61	04:21,25	09:33,10	19:23,83	00:28,06	01:01,77	02:27,31	00:33,10	01:12,37	02:38,56	00:27,10	01:01,23	02:25,08	02:21,80	05:06,75
1296	00:23,98	00:53,39	02:00,62	04:21,27	09:33,14	19:23,92	00:28,07	01:01,78	02:27,32	00:33,11	01:12,38	02:38,57	00:27,10	01:01,24	02:25,10	02:21,81	05:06,77
1295	00:23,98	00:53,40	02:00,63	04:21,29	09:33,19	19:24,01	00:28,07	01:01,78	02:27,33	00:33,11	01:12,38	02:38,58	00:27,10	01:01,24	02:25,11	02:21,82	05:06,80
1294	00:23,99	00:53,40	02:00,64	04:21,31	09:33,23	19:24,10	00:28,08	01:01,79	02:27,34	00:33,11	01:12,39	02:38,59	00:27,11	01:01,25	02:25,12	02:21,83	05:06,82
1293	00:23,99	00:53,41	02:00,65	04:21,33	09:33,28	19:24,19	00:28,08	01:01,80	02:27,35	00:33,12	01:12,40	02:38,61	00:27,11	01:01,26	02:25,13	02:21,85	05:06,85
1292	00:23,99	00:53,41	02:00,66	04:21,35	09:33,32	19:24,28	00:28,08	01:01,80	02:27,36	00:33,12	01:12,41	02:38,62	00:27,11	01:01,26	02:25,14	02:21,86	05:06,87
1291	00:24,00	00:53,42	02:00,67	04:21,37	09:33,37	19:24,37	00:28,09	01:01,81	02:27,37	00:33,13	01:12,41	02:38,63	00:27,12	01:01,27	02:25,15	02:21,87	05:06,89
1290	00:24,00	00:53,42	02:00,68	04:21,39	09:33,41	19:24,46	00:28,09	01:01,82	02:27,39	00:33,13	01:12,42	02:38,64	00:27,12	01:01,27	02:25,16	02:21,88	05:06,92
1289	00:24,00	00:53,43	02:00,69	04:21,42	09:33,45	19:24,55	00:28,09	01:01,82	02:27,40	00:33,13	01:12,43	02:38,66	00:27,12	01:01,28	02:25,17	02:21,89	05:06,94
1288	00:24,00	00:53,44	02:00,70	04:21,44	09:33,50	19:24,64	00:28,10	01:01,83	02:27,41	00:33,14	01:12,44	02:38,67	00:27,13	01:01,29	02:25,19	02:21,90	05:06,96
1287	00:24,01	00:53,44	02:00,70	04:21,46	09:33,54	19:24,73	00:28,10	01:01,84	02:27,42	00:33,14	01:12,44	02:38,68	00:27,13	01:01,29	02:25,20	02:21,91	05:06,99
1286	00:24,01	00:53,45	02:00,71	04:21,48	09:33,59	19:24,83	00:28,10	01:01,84	02:27,43	00:33,15	01:12,45	02:38,69	00:27,13	01:01,30	02:25,21	02:21,92	05:07,01
1285	00:24,01	00:53,45	02:00,72	04:21,50	09:33,63	19:24,92	00:28,11	01:01,85	02:27,44	00:33,15	01:12,46	02:38,71	00:27,14	01:01,31	02:25,22	02:21,93	05:07,04
1284	00:24,02	00:53,46	02:00,73	04:21,52	09:33,68	19:25,01	00:28,11	01:01,85	02:27,45	00:33,16	01:12,47	02:38,72	00:27,14	01:01,31	02:25,23	02:21,94	05:07,06
1283	00:24,02	00:53,46	02:00,74	04:21,54	09:33,72	19:25,10	00:28,11	01:01,86	02:27,47	00:33,16	01:12,47	02:38,73	00:27,14	01:01,32	02:25,24	02:21,96	05:07,08
1282	00:24,02	00:53,47	02:00,75	04:21,56	09:33,77	19:25,19	00:28,12	01:01,87	02:27,48	00:33,16	01:12,48	02:38,74	00:27,15	01:01,33	02:25,25	02:21,97	05:07,11
1281	00:24,02	00:53,47	02:00,76	04:21,58	09:33,81	19:25,28	00:28,12	01:01,87	02:27,49	00:33,17	01:12,49	02:38,76	00:27,15	01:01,33	02:25,27	02:21,98	05:07,13
1280	00:24,03	00:53,48	02:00,77	04:21,60	09:33,86	19:25,37	00:28,12	01:01,88	02:27,50	00:33,17	01:12,50	02:38,77	00:27,15	01:01,34	02:25,28	02:21,99	05:07,16
1279	00:24,03	00:53,49	02:00,78	04:21,62	09:33,90	19:25,46	00:28,13	01:01,89	02:27,51	00:33,18	01:12,50	02:38,78	00:27,16	01:01,34	02:25,29	02:22,00	05:07,18
1278	00:24,03	00:53,49	02:00,79	04:21,64	09:33,95	19:25,56	00:28,13	01:01,89	02:27,52	00:33,18	01:12,51	02:38,79	00:27,16	01:01,35	02:25,30	02:22,01	05:07,20
1277	00:24,04	00:53,50	02:00,80	04:21,66	09:33,99	19:25,65	00:28,13	01:01,90	02:27,54	00:33,18	01:12,52	02:38,81	00:27,16	01:01,36	02:25,31	02:22,02	05:07,23
1276	00:24,04	00:53,50	02:00,81	04:21,68	09:34,04	19:25,74	00:28,14	01:01,91	02:27,55	00:33,19	01:12,53	02:38,82	00:27,17	01:01,36	02:25,32	02:22,03	05:07,25
1275	00:24,04	00:53,51	02:00,82	04:21,70	09:34,08	19:25,83	00:28,14	01:01,91	02:27,56	00:33,19	01:12,53	02:38,83	00:27,17	01:01,37	02:25,33	02:22,04	05:07,28
1274	00:24,05	00:53,51	02:00,83	04:21,72	09:34,13	19:25,92	00:28,14	01:01,92	02:27,57	00:33,20	01:12,54	02:38,84	00:27,17	01:01,38	02:25,34	02:22,06	05:07,30
1273	00:24,05	00:53,52	02:00,84	04:21,74	09:34,17	19:26,01	00:28,15	01:01,93	02:27,58	00:33,20	01:12,55	02:38,86	00:27,18	01:01,38	02:25,36	02:22,07	05:07,33
1272	00:24,05	00:53,52	02:00,85	04:21,76	09:34,22	19:26,11	00:28,15	01:01,93	02:27,59	00:33,20	01:12,56	02:38,87	00:27,18	01:01,39	02:25,37	02:22,08	05:07,35
1271	00:24,05	00:53,53	02:00,86	04:21,78	09:34,26	19:26,20	00:28,16	01:01,94	02:27,61	00:33,21	01:12,56	02:38,88	00:27,18	01:01,40	02:25,38	02:22,09	05:07,37
1270	00:24,06	00:53,54	02:00,87	04:21,81	09:34,31	19:26,29	00:28,16	01:01,94	02:27,62	00:33,21	01:12,57	02:38,89	00:27,19	01:01,40	02:25,39	02:22,10	05:07,40
1269	00:24,06	00:53,54	02:00,88	04:21,83	09:34,35	19:26,38	00:28,16	01:01,95	02:27,63	00:33,22	01:12,58	02:38,91	00:27,19	01:01,41	02:25,40	02:22,11	05:07,42
1268	00:24,06	00:53,55	02:00,89	04:21,85	09:34,40	19:26,47	00:28,17	01:01,96	02:27,64	00:33,22	01:12,59	02:38,92	00:27,19	01:01,41	02:25,41	02:22,12	05:07,45
1267	00:24,07	00:53,55	02:00,89	04:21,87	09:34,45	19:26,57	00:28,17	01:01,96	02:27,65	00:33,23	01:12,60	02:38,93	00:27,20	01:01,42	02:25,43	02:22,13	05:07,47
1266	00:24,07	00:53,56	02:00,90	04:21,89	09:34,49	19:26,66	00:28,17	01:01,97	02:27,66	00:33,23	01:12,60	02:38,94	00:27,20	01:01,43	02:25,44	02:22,15	05:07,50

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1265	00:24,07	00:53,56	02:00,91	04:21,91	09:34,54	19:26,75	00:28,18	01:01,98	02:27,68	00:33,23	01:12,61	02:38,96	00:27,20	01:01,43	02:25,45	02:22,16	05:07,52
1264	00:24,08	00:53,57	02:00,92	04:21,93	09:34,58	19:26,84	00:28,18	01:01,98	02:27,69	00:33,24	01:12,62	02:38,97	00:27,21	01:01,44	02:25,46	02:22,17	05:07,54
1263	00:24,08	00:53,57	02:00,93	04:21,95	09:34,63	19:26,94	00:28,18	01:01,99	02:27,70	00:33,24	01:12,63	02:38,98	00:27,21	01:01,45	02:25,47	02:22,18	05:07,57
1262	00:24,08	00:53,58	02:00,94	04:21,97	09:34,67	19:27,03	00:28,19	01:02,00	02:27,71	00:33,25	01:12,63	02:38,99	00:27,21	01:01,45	02:25,48	02:22,19	05:07,59
1261	00:24,09	00:53,59	02:00,95	04:21,99	09:34,72	19:27,12	00:28,19	01:02,00	02:27,72	00:33,25	01:12,64	02:39,01	00:27,22	01:01,46	02:25,49	02:22,20	05:07,62
1260	00:24,09	00:53,59	02:00,96	04:22,01	09:34,77	19:27,22	00:28,19	01:02,01	02:27,73	00:33,25	01:12,65	02:39,02	00:27,22	01:01,47	02:25,51	02:22,21	05:07,64
1259	00:24,09	00:53,60	02:00,97	04:22,03	09:34,81	19:27,31	00:28,20	01:02,02	02:27,75	00:33,26	01:12,66	02:39,03	00:27,22	01:01,47	02:25,52	02:22,22	05:07,67
1258	00:24,09	00:53,60	02:00,98	04:22,05	09:34,86	19:27,40	00:28,20	01:02,02	02:27,76	00:33,26	01:12,66	02:39,04	00:27,23	01:01,48	02:25,53	02:22,24	05:07,69
1257	00:24,10	00:53,61	02:00,99	04:22,08	09:34,90	19:27,49	00:28,21	01:02,03	02:27,77	00:33,27	01:12,67	02:39,06	00:27,23	01:01,49	02:25,54	02:22,25	05:07,72
1256	00:24,10	00:53,61	02:01,00	04:22,10	09:34,95	19:27,59	00:28,21	01:02,04	02:27,78	00:33,27	01:12,68	02:39,07	00:27,23	01:01,49	02:25,55	02:22,26	05:07,74
1255	00:24,10	00:53,62	02:01,01	04:22,12	09:34,99	19:27,68	00:28,21	01:02,04	02:27,79	00:33,28	01:12,69	02:39,08	00:27,24	01:01,50	02:25,56	02:22,27	05:07,77
1254	00:24,11	00:53,63	02:01,02	04:22,14	09:35,04	19:27,77	00:28,22	01:02,05	02:27,80	00:33,28	01:12,69	02:39,10	00:27,24	01:01,51	02:25,58	02:22,28	05:07,79
1253	00:24,11	00:53,63	02:01,03	04:22,16	09:35,09	19:27,87	00:28,22	01:02,06	02:27,82	00:33,28	01:12,70	02:39,11	00:27,24	01:01,51	02:25,59	02:22,29	05:07,81
1252	00:24,11	00:53,64	02:01,04	04:22,18	09:35,13	19:27,96	00:28,22	01:02,06	02:27,83	00:33,29	01:12,71	02:39,12	00:27,25	01:01,52	02:25,60	02:22,30	05:07,84
1251	00:24,12	00:53,64	02:01,05	04:22,20	09:35,18	19:28,06	00:28,23	01:02,07	02:27,84	00:33,29	01:12,72	02:39,13	00:27,25	01:01,52	02:25,61	02:22,32	05:07,86
1250	00:24,12	00:53,65	02:01,06	04:22,22	09:35,22	19:28,15	00:28,23	01:02,08	02:27,85	00:33,30	01:12,73	02:39,15	00:27,26	01:01,53	02:25,62	02:22,33	05:07,89
1249	00:24,12	00:53,65	02:01,07	04:22,24	09:35,27	19:28,24	00:28,23	01:02,08	02:27,86	00:33,30	01:12,73	02:39,16	00:27,26	01:01,54	02:25,63	02:22,34	05:07,91
1248	00:24,12	00:53,66	02:01,08	04:22,26	09:35,32	19:28,34	00:28,24	01:02,09	02:27,88	00:33,31	01:12,74	02:39,17	00:27,26	01:01,54	02:25,65	02:22,35	05:07,94
1247	00:24,13	00:53,67	02:01,09	04:22,29	09:35,36	19:28,43	00:28,24	01:02,09	02:27,89	00:33,31	01:12,75	02:39,18	00:27,27	01:01,55	02:25,66	02:22,36	05:07,96
1246	00:24,13	00:53,67	02:01,10	04:22,31	09:35,41	19:28,52	00:28,24	01:02,10	02:27,90	00:33,31	01:12,76	02:39,20	00:27,27	01:01,56	02:25,67	02:22,37	05:07,99
1245	00:24,13	00:53,68	02:01,11	04:22,33	09:35,46	19:28,62	00:28,25	01:02,11	02:27,91	00:33,32	01:12,76	02:39,21	00:27,27	01:01,56	02:25,68	02:22,38	05:08,01
1244	00:24,14	00:53,68	02:01,12	04:22,35	09:35,50	19:28,71	00:28,25	01:02,11	02:27,92	00:33,32	01:12,77	02:39,22	00:27,28	01:01,57	02:25,69	02:22,40	05:08,04
1243	00:24,14	00:53,69	02:01,13	04:22,37	09:35,55	19:28,81	00:28,26	01:02,12	02:27,94	00:33,33	01:12,78	02:39,24	00:27,28	01:01,58	02:25,70	02:22,41	05:08,06
1242	00:24,14	00:53,69	02:01,14	04:22,39	09:35,60	19:28,90	00:28,26	01:02,13	02:27,95	00:33,33	01:12,79	02:39,25	00:27,28	01:01,58	02:25,72	02:22,42	05:08,09
1241	00:24,15	00:53,70	02:01,15	04:22,41	09:35,64	19:29,00	00:28,26	01:02,13	02:27,96	00:33,34	01:12,79	02:39,26	00:27,29	01:01,59	02:25,73	02:22,43	05:08,11
1240	00:24,15	00:53,71	02:01,16	04:22,43	09:35,69	19:29,09	00:28,27	01:02,14	02:27,97	00:33,34	01:12,80	02:39,27	00:27,29	01:01,60	02:25,74	02:22,44	05:08,14
1239	00:24,15	00:53,71	02:01,17	04:22,46	09:35,74	19:29,19	00:28,27	01:02,15	02:27,98	00:33,34	01:12,81	02:39,29	00:27,29	01:01,60	02:25,75	02:22,45	05:08,16
1238	00:24,16	00:53,72	02:01,18	04:22,48	09:35,78	19:29,28	00:28,27	01:02,15	02:28,00	00:33,35	01:12,82	02:39,30	00:27,30	01:01,61	02:25,76	02:22,47	05:08,19
1237	00:24,16	00:53,72	02:01,19	04:22,50	09:35,83	19:29,38	00:28,28	01:02,16	02:28,01	00:33,35	01:12,83	02:39,31	00:27,30	01:01,62	02:25,78	02:22,48	05:08,21
1236	00:24,16	00:53,73	02:01,20	04:22,52	09:35,88	19:29,47	00:28,28	01:02,17	02:28,02	00:33,36	01:12,83	02:39,33	00:27,30	01:01,62	02:25,79	02:22,49	05:08,24
1235	00:24,17	00:53,73	02:01,21	04:22,54	09:35,92	19:29,56	00:28,28	01:02,17	02:28,03	00:33,36	01:12,84	02:39,34	00:27,31	01:01,63	02:25,80	02:22,50	05:08,26
1234	00:24,17	00:53,74	02:01,22	04:22,56	09:35,97	19:29,66	00:28,29	01:02,18	02:28,04	00:33,37	01:12,85	02:39,35	00:27,31	01:01,64	02:25,81	02:22,51	05:08,29
1233	00:24,17	00:53,75	02:01,23	04:22,58	09:36,02	19:29,76	00:28,29	01:02,19	02:28,06	00:33,37	01:12,86	02:39,37	00:27,31	01:01,64	02:25,82	02:22,52	05:08,31
1232	00:24,17	00:53,75	02:01,24	04:22,60	09:36,06	19:29,85	00:28,30	01:02,19	02:28,07	00:33,37	01:12,87	02:39,38	00:27,32	01:01,65	02:25,83	02:22,53	05:08,34
1231	00:24,18	00:53,76	02:01,25	04:22,63	09:36,11	19:29,95	00:28,30	01:02,20	02:28,08	00:33,38	01:12,87	02:39,39	00:27,32	01:01,66	02:25,85	02:22,55	05:08,36
1230	00:24,18	00:53,76	02:01,25	04:22,65	09:36,16	19:30,04	00:28,30	01:02,21	02:28,09	00:33,38	01:12,88	02:39,40	00:27,33	01:01,66	02:25,86	02:22,56	05:08,39
1229	00:24,18	00:53,77	02:01,26	04:22,67	09:36,20	19:30,14	00:28,31	01:02,21	02:28,10	00:33,39	01:12,89	02:39,42	00:27,33	01:01,67	02:25,87	02:22,57	05:08,41
1228	00:24,19	00:53,77	02:01,27	04:22,69	09:36,25	19:30,23	00:28,31	01:02,22	02:28,12	00:33,39	01:12,90	02:39,43	00:27,33	01:01,68	02:25,88	02:22,58	05:08,44
1227	00:24,19	00:53,78	02:01,28	04:22,71	09:36,30	19:30,33	00:28,31	01:02,23	02:28,13	00:33,40	01:12,90	02:39,44	00:27,34	01:01,68	02:25,89	02:22,59	05:08,46
1226	00:24,19	00:53,79	02:01,29	04:22,73	09:36,34	19:30,42	00:28,32	01:02,23	02:28,14	00:33,40	01:12,91	02:39,46	00:27,34	01:01,69	02:25,91	02:22,60	05:08,49
1225	00:24,20	00:53,79	02:01,30	04:22,75	09:36,39	19:30,52	00:28,32	01:02,24	02:28,15	00:33,40	01:12,92	02:39,47	00:27,34	01:01,70	02:25,92	02:22,62	05:08,51
1224	00:24,20	00:53,80	02:01,31	04:22,78	09:36,44	19:30,62	00:28,32	01:02,25	02:28,16	00:33,41	01:12,93	02:39,48	00:27,35	01:01,70	02:25,93	02:22,63	05:08,54
1223	00:24,20	00:53,80	02:01,32	04:22,80	09:36,49	19:30,71	00:28,33	01:02,26	02:28,18	00:33,41	01:12,94	02:39,50	00:27,35	01:01,71	02:25,94	02:22,64	05:08,56
1222	00:24,21	00:53,81	02:01,33	04:22,82	09:36,53	19:30,81	00:28,33	01:02,26	02:28,19	00:33,42	01:12,94	02:39,51	00:27,35	01:01,72	02:25,95	02:22,65	05:08,59
1221	00:24,21	00:53,82	02:01,34	04:22,84	09:36,58	19:30,90	00:28,34	01:02,27	02:28,20	00:33,42	01:12,95	02:39,52	00:27,36	01:01,72	02:25,97	02:22,66	05:08,61
1220	00:24,21	00:53,82	02:01,35	04:22,86	09:36,63	19:31,00	00:28,34	01:02,28	02:28,21	00:33,43	01:12,96	02:39,53	00:27,36	01:01,73	02:25,98	02:22,67	05:08,64
1219	00:24,22	00:53,83	02:01,36	04:22,88	09:36,68	19:31,10	00:28,34	01:02,28	02:28,23	00:33,43	01:12,97	02:39,55	00:27,36	01:01,74	02:25,99	02:22,69	05:08,67

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1218	00:24,22	00:53,83	02:01,37	04:22,91	09:36,72	19:31,19	00:28,35	01:02,29	02:28,24	00:33,43	01:12,98	02:39,56	00:27,37	01:01,74	02:26,00	02:22,70	05:08,69
1217	00:24,22	00:53,84	02:01,38	04:22,93	09:36,77	19:31,29	00:28,35	01:02,30	02:28,25	00:33,44	01:12,98	02:39,57	00:27,37	01:01,75	02:26,01	02:22,71	05:08,72
1216	00:24,22	00:53,84	02:01,39	04:22,95	09:36,82	19:31,39	00:28,35	01:02,30	02:28,26	00:33,44	01:12,99	02:39,59	00:27,38	01:01,76	02:26,03	02:22,72	05:08,74
1215	00:24,23	00:53,85	02:01,40	04:22,97	09:36,87	19:31,48	00:28,36	01:02,31	02:28,27	00:33,45	01:13,00	02:39,60	00:27,38	01:01,76	02:26,04	02:22,73	05:08,77
1214	00:24,23	00:53,86	02:01,41	04:22,99	09:36,91	19:31,58	00:28,36	01:02,32	02:28,29	00:33,45	01:13,01	02:39,61	00:27,38	01:01,77	02:26,05	02:22,75	05:08,79
1213	00:24,23	00:53,86	02:01,42	04:23,01	09:36,96	19:31,68	00:28,37	01:02,32	02:28,30	00:33,46	01:13,02	02:39,63	00:27,39	01:01,78	02:26,06	02:22,76	05:08,82
1212	00:24,24	00:53,87	02:01,43	04:23,04	09:37,01	19:31,77	00:28,37	01:02,33	02:28,31	00:33,46	01:13,02	02:39,64	00:27,39	01:01,78	02:26,07	02:22,77	05:08,84
1211	00:24,24	00:53,87	02:01,44	04:23,06	09:37,06	19:31,87	00:28,37	01:02,34	02:28,32	00:33,47	01:13,03	02:39,65	00:27,39	01:01,79	02:26,09	02:22,78	05:08,87
1210	00:24,24	00:53,88	02:01,45	04:23,08	09:37,11	19:31,97	00:28,38	01:02,34	02:28,34	00:33,47	01:13,04	02:39,67	00:27,40	01:01,80	02:26,10	02:22,79	05:08,89
1209	00:24,25	00:53,89	02:01,46	04:23,10	09:37,15	19:32,06	00:28,38	01:02,35	02:28,35	00:33,47	01:13,05	02:39,68	00:27,40	01:01,80	02:26,11	02:22,80	05:08,92
1208	00:24,25	00:53,89	02:01,47	04:23,12	09:37,20	19:32,16	00:28,38	01:02,36	02:28,36	00:33,48	01:13,06	02:39,69	00:27,40	01:01,81	02:26,12	02:22,82	05:08,95
1207	00:24,25	00:53,90	02:01,48	04:23,15	09:37,25	19:32,26	00:28,39	01:02,36	02:28,37	00:33,48	01:13,06	02:39,71	00:27,41	01:01,82	02:26,14	02:22,83	05:08,97
1206	00:24,26	00:53,90	02:01,49	04:23,17	09:37,30	19:32,36	00:28,39	01:02,37	02:28,38	00:33,49	01:13,07	02:39,72	00:27,41	01:01,82	02:26,15	02:22,84	05:09,00
1205	00:24,26	00:53,91	02:01,50	04:23,19	09:37,35	19:32,45	00:28,40	01:02,38	02:28,40	00:33,49	01:13,08	02:39,73	00:27,41	01:01,83	02:26,16	02:22,85	05:09,02
1204	00:24,26	00:53,92	02:01,52	04:23,21	09:37,39	19:32,55	00:28,40	01:02,38	02:28,41	00:33,50	01:13,09	02:39,75	00:27,42	01:01,84	02:26,17	02:22,86	05:09,05
1203	00:24,27	00:53,92	02:01,53	04:23,23	09:37,44	19:32,65	00:28,40	01:02,39	02:28,42	00:33,50	01:13,10	02:39,76	00:27,42	01:01,85	02:26,18	02:22,88	05:09,07
1202	00:24,27	00:53,93	02:01,54	04:23,25	09:37,49	19:32,75	00:28,41	01:02,40	02:28,43	00:33,51	01:13,10	02:39,77	00:27,43	01:01,85	02:26,20	02:22,89	05:09,10
1201	00:24,27	00:53,93	02:01,55	04:23,28	09:37,54	19:32,85	00:28,41	01:02,41	02:28,45	00:33,51	01:13,11	02:39,79	00:27,43	01:01,86	02:26,21	02:22,90	05:09,13
1200	00:24,28	00:53,94	02:01,56	04:23,30	09:37,59	19:32,94	00:28,41	01:02,41	02:28,46	00:33,51	01:13,12	02:39,80	00:27,43	01:01,87	02:26,22	02:22,91	05:09,15
1199	00:24,28	00:53,95	02:01,57	04:23,32	09:37,63	19:33,04	00:28,42	01:02,42	02:28,47	00:33,52	01:13,13	02:39,81	00:27,44	01:01,87	02:26,23	02:22,92	05:09,18
1198	00:24,28	00:53,95	02:01,58	04:23,34	09:37,68	19:33,14	00:28,42	01:02,43	02:28,48	00:33,52	01:13,14	02:39,83	00:27,44	01:01,88	02:26,24	02:22,94	05:09,20
1197	00:24,29	00:53,96	02:01,59	04:23,36	09:37,73	19:33,24	00:28,43	01:02,43	02:28,50	00:33,53	01:13,14	02:39,84	00:27,44	01:01,89	02:26,26	02:22,95	05:09,23
1196	00:24,29	00:53,96	02:01,60	04:23,39	09:37,78	19:33,34	00:28,43	01:02,44	02:28,51	00:33,53	01:13,15	02:39,85	00:27,45	01:01,89	02:26,27	02:22,96	05:09,26
1195	00:24,29	00:53,97	02:01,61	04:23,41	09:37,83	19:33,44	00:28,43	01:02,45	02:28,52	00:33,54	01:13,16	02:39,87	00:27,45	01:01,90	02:26,28	02:22,97	05:09,28
1194	00:24,30	00:53,98	02:01,62	04:23,43	09:37,88	19:33,53	00:28,44	01:02,45	02:28,53	00:33,54	01:13,17	02:39,88	00:27,45	01:01,91	02:26,29	02:22,98	05:09,31
1193	00:24,30	00:53,98	02:01,63	04:23,45	09:37,93	19:33,63	00:28,44	01:02,46	02:28,55	00:33,55	01:13,18	02:39,89	00:27,46	01:01,91	02:26,31	02:23,00	05:09,33
1192	00:24,30	00:53,99	02:01,64	04:23,48	09:37,97	19:33,73	00:28,44	01:02,47	02:28,56	00:33,55	01:13,18	02:39,91	00:27,46	01:01,92	02:26,32	02:23,01	05:09,36
1191	00:24,30	00:53,99	02:01,65	04:23,50	09:38,02	19:33,83	00:28,45	01:02,47	02:28,57	00:33,55	01:13,19	02:39,92	00:27,47	01:01,93	02:26,33	02:23,02	05:09,39
1190	00:24,31	00:54,00	02:01,66	04:23,52	09:38,07	19:33,93	00:28,45	01:02,48	02:28,58	00:33,56	01:13,20	02:39,93	00:27,47	01:01,93	02:26,34	02:23,03	05:09,41
1189	00:24,31	00:54,01	02:01,67	04:23,54	09:38,12	19:34,03	00:28,46	01:02,49	02:28,60	00:33,56	01:13,21	02:39,95	00:27,47	01:01,94	02:26,36	02:23,04	05:09,44
1188	00:24,31	00:54,01	02:01,68	04:23,56	09:38,17	19:34,13	00:28,46	01:02,50	02:28,61	00:33,57	01:13,22	02:39,96	00:27,48	01:01,95	02:26,37	02:23,06	05:09,46
1187	00:24,32	00:54,02	02:01,69	04:23,59	09:38,22	19:34,23	00:28,46	01:02,50	02:28,62	00:33,57	01:13,23	02:39,97	00:27,48	01:01,96	02:26,38	02:23,07	05:09,49
1186	00:24,32	00:54,02	02:01,70	04:23,61	09:38,27	19:34,33	00:28,47	01:02,51	02:28,63	00:33,58	01:13,23	02:39,99	00:27,48	01:01,96	02:26,39	02:23,08	05:09,52
1185	00:24,32	00:54,03	02:01,71	04:23,63	09:38,32	19:34,43	00:28,47	01:02,52	02:28,65	00:33,58	01:13,24	02:40,00	00:27,49	01:01,97	02:26,40	02:23,09	05:09,54
1184	00:24,33	00:54,04	02:01,72	04:23,65	09:38,36	19:34,52	00:28,47	01:02,52	02:28,66	00:33,59	01:13,25	02:40,01	00:27,49	01:01,98	02:26,42	02:23,10	05:09,57
1183	00:24,33	00:54,04	02:01,73	04:23,68	09:38,41	19:34,62	00:28,48	01:02,53	02:28,67	00:33,59	01:13,26	02:40,03	00:27,50	01:01,98	02:26,43	02:23,12	05:09,60
1182	00:24,33	00:54,05	02:01,74	04:23,70	09:38,46	19:34,72	00:28,48	01:02,54	02:28,68	00:33,59	01:13,27	02:40,04	00:27,50	01:01,99	02:26,44	02:23,13	05:09,62
1181	00:24,34	00:54,05	02:01,75	04:23,72	09:38,51	19:34,82	00:28,49	01:02,54	02:28,70	00:33,60	01:13,28	02:40,06	00:27,50	01:02,00	02:26,45	02:23,14	05:09,65
1180	00:24,34	00:54,06	02:01,76	04:23,74	09:38,56	19:34,92	00:28,49	01:02,55	02:28,71	00:33,60	01:13,28	02:40,07	00:27,51	01:02,00	02:26,47	02:23,15	05:09,67
1179	00:24,34	00:54,07	02:01,77	04:23,77	09:38,61	19:35,02	00:28,49	01:02,56	02:28,72	00:33,61	01:13,29	02:40,08	00:27,51	01:02,01	02:26,48	02:23,16	05:09,70
1178	00:24,35	00:54,07	02:01,78	04:23,79	09:38,66	19:35,12	00:28,50	01:02,57	02:28,73	00:33,61	01:13,30	02:40,10	00:27,51	01:02,02	02:26,49	02:23,18	05:09,73
1177	00:24,35	00:54,08	02:01,79	04:23,81	09:38,71	19:35,22	00:28,50	01:02,57	02:28,75	00:33,62	01:13,31	02:40,11	00:27,52	01:02,02	02:26,50	02:23,19	05:09,75
1176	00:24,35	00:54,08	02:01,80	04:23,83	09:38,76	19:35,32	00:28,51	01:02,58	02:28,76	00:33,62	01:13,32	02:40,12	00:27,52	01:02,03	02:26,52	02:23,20	05:09,78
1175	00:24,36	00:54,09	02:01,81	04:23,86	09:38,81	19:35,42	00:28,51	01:02,59	02:28,77	00:33,63	01:13,32	02:40,14	00:27,52	01:02,04	02:26,53	02:23,21	05:09,81
1174	00:24,36	00:54,10	02:01,82	04:23,88	09:38,86	19:35,52	00:28,51	01:02,59	02:28,79	00:33,63	01:13,33	02:40,15	00:27,53	01:02,05	02:26,54	02:23,23	05:09,83
1173	00:24,36	00:54,10	02:01,83	04:23,90	09:38,91	19:35,63	00:28,52	01:02,60	02:28,80	00:33,64	01:13,34	02:40,16	00:27,53	01:02,05	02:26,55	02:23,24	05:09,86
1172	00:24,37	00:54,11	02:01,84	04:23,92	09:38,96	19:35,73	00:28,52	01:02,61	02:28,81	00:33,64	01:13,35	02:40,18	00:27,54	01:02,06	02:26,57	02:23,25	05:09,89

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1171	00:24,37	00:54,11	02:01,85	04:23,95	09:39,01	19:35,83	00:28,52	01:02,62	02:28,82	00:33,64	01:13,36	02:40,19	00:27,54	01:02,07	02:26,58	02:23,26	05:09,91
1170	00:24,37	00:54,12	02:01,86	04:23,97	09:39,06	19:35,93	00:28,53	01:02,62	02:28,84	00:33,65	01:13,37	02:40,21	00:27,54	01:02,07	02:26,59	02:23,27	05:09,94
1169	00:24,38	00:54,13	02:01,88	04:23,99	09:39,10	19:36,03	00:28,53	01:02,63	02:28,85	00:33,65	01:13,37	02:40,22	00:27,55	01:02,08	02:26,60	02:23,29	05:09,97
1168	00:24,38	00:54,13	02:01,89	04:24,01	09:39,15	19:36,13	00:28,54	01:02,64	02:28,86	00:33,66	01:13,38	02:40,23	00:27,55	01:02,09	02:26,62	02:23,30	05:09,99
1167	00:24,38	00:54,14	02:01,90	04:24,04	09:39,20	19:36,23	00:28,54	01:02,64	02:28,87	00:33,66	01:13,39	02:40,25	00:27,55	01:02,09	02:26,63	02:23,31	05:10,02
1166	00:24,39	00:54,15	02:01,91	04:24,06	09:39,25	19:36,33	00:28,54	01:02,65	02:28,89	00:33,67	01:13,40	02:40,26	00:27,56	01:02,10	02:26,64	02:23,32	05:10,05
1165	00:24,39	00:54,15	02:01,92	04:24,08	09:39,30	19:36,43	00:28,55	01:02,66	02:28,90	00:33,67	01:13,41	02:40,27	00:27,56	01:02,11	02:26,66	02:23,34	05:10,07
1164	00:24,39	00:54,16	02:01,93	04:24,10	09:39,35	19:36,53	00:28,55	01:02,66	02:28,91	00:33,68	01:13,42	02:40,29	00:27,57	01:02,12	02:26,67	02:23,35	05:10,10
1163	00:24,40	00:54,16	02:01,94	04:24,13	09:39,40	19:36,64	00:28,56	01:02,67	02:28,93	00:33,68	01:13,42	02:40,30	00:27,57	01:02,12	02:26,68	02:23,36	05:10,13
1162	00:24,40	00:54,17	02:01,95	04:24,15	09:39,45	19:36,74	00:28,56	01:02,68	02:28,94	00:33,69	01:13,43	02:40,32	00:27,57	01:02,13	02:26,69	02:23,37	05:10,15
1161	00:24,40	00:54,18	02:01,96	04:24,17	09:39,50	19:36,84	00:28,56	01:02,69	02:28,95	00:33,69	01:13,44	02:40,33	00:27,58	01:02,14	02:26,71	02:23,39	05:10,18
1160	00:24,41	00:54,18	02:01,97	04:24,20	09:39,55	19:36,94	00:28,57	01:02,69	02:28,96	00:33,70	01:13,45	02:40,34	00:27,58	01:02,14	02:26,72	02:23,40	05:10,21
1159	00:24,41	00:54,19	02:01,98	04:24,22	09:39,60	19:37,04	00:28,57	01:02,70	02:28,98	00:33,70	01:13,46	02:40,36	00:27,58	01:02,15	02:26,73	02:23,41	05:10,23
1158	00:24,41	00:54,20	02:01,99	04:24,24	09:39,65	19:37,14	00:28,58	01:02,71	02:28,99	00:33,70	01:13,47	02:40,37	00:27,59	01:02,16	02:26,74	02:23,42	05:10,26
1157	00:24,42	00:54,20	02:02,00	04:24,26	09:39,70	19:37,25	00:28,58	01:02,72	02:29,00	00:33,71	01:13,47	02:40,39	00:27,59	01:02,17	02:26,76	02:23,44	05:10,29
1156	00:24,42	00:54,21	02:02,01	04:24,29	09:39,76	19:37,35	00:28,58	01:02,72	02:29,02	00:33,71	01:13,48	02:40,40	00:27,60	01:02,17	02:26,77	02:23,45	05:10,31
1155	00:24,42	00:54,21	02:02,02	04:24,31	09:39,81	19:37,45	00:28,59	01:02,73	02:29,03	00:33,72	01:13,49	02:40,41	00:27,60	01:02,18	02:26,78	02:23,46	05:10,34
1154	00:24,43	00:54,22	02:02,03	04:24,33	09:39,86	19:37,55	00:28,59	01:02,74	02:29,04	00:33,72	01:13,50	02:40,43	00:27,60	01:02,19	02:26,79	02:23,47	05:10,37
1153	00:24,43	00:54,23	02:02,04	04:24,36	09:39,91	19:37,66	00:28,60	01:02,74	02:29,06	00:33,73	01:13,51	02:40,44	00:27,61	01:02,19	02:26,81	02:23,49	05:10,39
1152	00:24,43	00:54,23	02:02,05	04:24,38	09:39,96	19:37,76	00:28,60	01:02,75	02:29,07	00:33,73	01:13,52	02:40,46	00:27,61	01:02,20	02:26,82	02:23,50	05:10,42
1151	00:24,44	00:54,24	02:02,07	04:24,40	09:40,01	19:37,86	00:28,60	01:02,76	02:29,08	00:33,74	01:13,53	02:40,47	00:27,62	01:02,21	02:26,83	02:23,51	05:10,45
1150	00:24,44	00:54,24	02:02,08	04:24,43	09:40,06	19:37,96	00:28,61	01:02,77	02:29,09	00:33,74	01:13,53	02:40,48	00:27,62	01:02,22	02:26,85	02:23,52	05:10,48
1149	00:24,44	00:54,25	02:02,09	04:24,45	09:40,11	19:38,07	00:28,61	01:02,77	02:29,11	00:33,75	01:13,54	02:40,50	00:27,62	01:02,22	02:26,86	02:23,54	05:10,50
1148	00:24,45	00:54,26	02:02,10	04:24,47	09:40,16	19:38,17	00:28,61	01:02,78	02:29,12	00:33,75	01:13,55	02:40,51	00:27,63	01:02,23	02:26,87	02:23,55	05:10,53
1147	00:24,45	00:54,26	02:02,11	04:24,49	09:40,21	19:38,27	00:28,62	01:02,79	02:29,13	00:33,76	01:13,56	02:40,53	00:27,63	01:02,24	02:26,88	02:23,56	05:10,56
1146	00:24,45	00:54,27	02:02,12	04:24,52	09:40,26	19:38,38	00:28,62	01:02,79	02:29,15	00:33,76	01:13,57	02:40,54	00:27,63	01:02,24	02:26,90	02:23,57	05:10,58
1145	00:24,46	00:54,28	02:02,13	04:24,54	09:40,31	19:38,48	00:28,63	01:02,80	02:29,16	00:33,76	01:13,58	02:40,55	00:27,64	01:02,25	02:26,91	02:23,59	05:10,61
1144	00:24,46	00:54,28	02:02,14	04:24,56	09:40,36	19:38,58	00:28,63	01:02,81	02:29,17	00:33,77	01:13,59	02:40,57	00:27,64	01:02,26	02:26,92	02:23,60	05:10,64
1143	00:24,46	00:54,29	02:02,15	04:24,59	09:40,41	19:38,69	00:28,63	01:02,82	02:29,19	00:33,77	01:13,59	02:40,58	00:27,65	01:02,27	02:26,94	02:23,61	05:10,67
1142	00:24,47	00:54,30	02:02,16	04:24,61	09:40,46	19:38,79	00:28,64	01:02,82	02:29,20	00:33,78	01:13,60	02:40,60	00:27,65	01:02,27	02:26,95	02:23,62	05:10,69
1141	00:24,47	00:54,30	02:02,17	04:24,63	09:40,52	19:38,89	00:28,64	01:02,83	02:29,21	00:33,78	01:13,61	02:40,61	00:27,65	01:02,28	02:26,96	02:23,64	05:10,72
1140	00:24,47	00:54,31	02:02,18	04:24,66	09:40,57	19:39,00	00:28,65	01:02,84	02:29,23	00:33,79	01:13,62	02:40,62	00:27,66	01:02,29	02:26,97	02:23,65	05:10,75
1139	00:24,48	00:54,31	02:02,19	04:24,68	09:40,62	19:39,10	00:28,65	01:02,85	02:29,24	00:33,79	01:13,63	02:40,64	00:27,66	01:02,30	02:26,99	02:23,66	05:10,77
1138	00:24,48	00:54,32	02:02,20	04:24,70	09:40,67	19:39,20	00:28,65	01:02,85	02:29,25	00:33,80	01:13,64	02:40,65	00:27,67	01:02,30	02:27,00	02:23,67	05:10,80
1137	00:24,48	00:54,33	02:02,22	04:24,73	09:40,72	19:39,31	00:28,66	01:02,86	02:29,26	00:33,80	01:13,65	02:40,67	00:27,67	01:02,31	02:27,01	02:23,69	05:10,83
1136	00:24,49	00:54,33	02:02,23	04:24,75	09:40,77	19:39,41	00:28,66	01:02,87	02:29,28	00:33,81	01:13,65	02:40,68	00:27,67	01:02,32	02:27,03	02:23,70	05:10,86
1135	00:24,49	00:54,34	02:02,24	04:24,77	09:40,82	19:39,52	00:28,67	01:02,87	02:29,29	00:33,81	01:13,66	02:40,70	00:27,68	01:02,32	02:27,04	02:23,71	05:10,88
1134	00:24,50	00:54,35	02:02,25	04:24,80	09:40,87	19:39,62	00:28,67	01:02,88	02:29,30	00:33,82	01:13,67	02:40,71	00:27,68	01:02,33	02:27,05	02:23,72	05:10,91
1133	00:24,50	00:54,35	02:02,26	04:24,82	09:40,93	19:39,73	00:28,67	01:02,89	02:29,32	00:33,82	01:13,68	02:40,72	00:27,68	01:02,34	02:27,07	02:23,74	05:10,94
1132	00:24,50	00:54,36	02:02,27	04:24,84	09:40,98	19:39,83	00:28,68	01:02,90	02:29,33	00:33,83	01:13,69	02:40,74	00:27,69	01:02,35	02:27,08	02:23,75	05:10,97
1131	00:24,51	00:54,36	02:02,28	04:24,87	09:41,03	19:39,93	00:28,68	01:02,90	02:29,34	00:33,83	01:13,70	02:40,75	00:27,69	01:02,35	02:27,09	02:23,76	05:10,99
1130	00:24,51	00:54,37	02:02,29	04:24,89	09:41,08	19:40,04	00:28,69	01:02,91	02:29,36	00:33,84	01:13,71	02:40,77	00:27,70	01:02,36	02:27,10	02:23,78	05:11,02
1129	00:24,51	00:54,38	02:02,30	04:24,91	09:41,13	19:40,14	00:28,69	01:02,92	02:29,37	00:33,84	01:13,71	02:40,78	00:27,70	01:02,37	02:27,12	02:23,79	05:11,05
1128	00:24,52	00:54,38	02:02,31	04:24,94	09:41,18	19:40,25	00:28,70	01:02,93	02:29,38	00:33,85	01:13,72	02:40,79	00:27,70	01:02,38	02:27,13	02:23,80	05:11,08
1127	00:24,52	00:54,39	02:02,32	04:24,96	09:41,23	19:40,35	00:28,70	01:02,93	02:29,40	00:33,85	01:13,73	02:40,81	00:27,71	01:02,38	02:27,14	02:23,81	05:11,11
1126	00:24,52	00:54,40	02:02,33	04:24,99	09:41,29	19:40,46	00:28,70	01:02,94	02:29,41	00:33,85	01:13,74	02:40,82	00:27,71	01:02,39	02:27,16	02:23,83	05:11,13
1125	00:24,53	00:54,40	02:02,35	04:25,01	09:41,34	19:40,56	00:28,71	01:02,95	02:29,42	00:33,86	01:13,75	02:40,84	00:27,72	01:02,40	02:27,17	02:23,84	05:11,16

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1124	00:24,53	00:54,41	02:02,36	04:25,03	09:41,39	19:40,67	00:28,71	01:02,96	02:29,44	00:33,86	01:13,76	02:40,85	00:27,72	01:02,40	02:27,18	02:23,85	05:11,19
1123	00:24,53	00:54,42	02:02,37	04:25,06	09:41,44	19:40,78	00:28,72	01:02,96	02:29,45	00:33,87	01:13,77	02:40,87	00:27,72	01:02,41	02:27,20	02:23,87	05:11,22
1122	00:24,54	00:54,42	02:02,38	04:25,08	09:41,49	19:40,88	00:28,72	01:02,97	02:29,46	00:33,87	01:13,77	02:40,88	00:27,73	01:02,42	02:27,21	02:23,88	05:11,24
1121	00:24,54	00:54,43	02:02,39	04:25,10	09:41,55	19:40,99	00:28,72	01:02,98	02:29,48	00:33,88	01:13,78	02:40,90	00:27,73	01:02,43	02:27,22	02:23,89	05:11,27
1120	00:24,54	00:54,44	02:02,40	04:25,13	09:41,60	19:41,09	00:28,73	01:02,99	02:29,49	00:33,88	01:13,79	02:40,91	00:27,74	01:02,43	02:27,24	02:23,90	05:11,30
1119	00:24,55	00:54,44	02:02,41	04:25,15	09:41,65	19:41,20	00:28,73	01:02,99	02:29,50	00:33,89	01:13,80	02:40,92	00:27,74	01:02,44	02:27,25	02:23,92	05:11,33
1118	00:24,55	00:54,45	02:02,42	04:25,18	09:41,70	19:41,30	00:28,74	01:03,00	02:29,52	00:33,89	01:13,81	02:40,94	00:27,74	01:02,45	02:27,26	02:23,93	05:11,36
1117	00:24,55	00:54,45	02:02,43	04:25,20	09:41,75	19:41,41	00:28,74	01:03,01	02:29,53	00:33,90	01:13,82	02:40,95	00:27,75	01:02,46	02:27,28	02:23,94	05:11,38
1116	00:24,56	00:54,46	02:02,44	04:25,22	09:41,81	19:41,52	00:28,74	01:03,02	02:29,54	00:33,90	01:13,83	02:40,97	00:27,75	01:02,46	02:27,29	02:23,96	05:11,41
1115	00:24,56	00:54,47	02:02,46	04:25,25	09:41,86	19:41,62	00:28,75	01:03,02	02:29,56	00:33,91	01:13,84	02:40,98	00:27,76	01:02,47	02:27,30	02:23,97	05:11,44
1114	00:24,56	00:54,47	02:02,47	04:25,27	09:41,91	19:41,73	00:28,75	01:03,03	02:29,57	00:33,91	01:13,84	02:41,00	00:27,76	01:02,48	02:27,32	02:23,98	05:11,47
1113	00:24,57	00:54,48	02:02,48	04:25,29	09:41,96	19:41,84	00:28,76	01:03,04	02:29,58	00:33,92	01:13,85	02:41,01	00:27,76	01:02,49	02:27,33	02:23,99	05:11,50
1112	00:24,57	00:54,49	02:02,49	04:25,32	09:42,02	19:41,94	00:28,76	01:03,05	02:29,60	00:33,92	01:13,86	02:41,03	00:27,77	01:02,49	02:27,34	02:24,01	05:11,52
1111	00:24,58	00:54,49	02:02,50	04:25,34	09:42,07	19:42,05	00:28,76	01:03,05	02:29,61	00:33,93	01:13,87	02:41,04	00:27,77	01:02,50	02:27,36	02:24,02	05:11,55
1110	00:24,58	00:54,50	02:02,51	04:25,37	09:42,12	19:42,16	00:28,77	01:03,06	02:29,62	00:33,93	01:13,88	02:41,05	00:27,78	01:02,51	02:27,37	02:24,03	05:11,58
1109	00:24,58	00:54,51	02:02,52	04:25,39	09:42,17	19:42,26	00:28,77	01:03,07	02:29,64	00:33,94	01:13,89	02:41,07	00:27,78	01:02,52	02:27,38	02:24,05	05:11,61
1108	00:24,59	00:54,51	02:02,53	04:25,41	09:42,23	19:42,37	00:28,78	01:03,08	02:29,65	00:33,94	01:13,90	02:41,08	00:27,78	01:02,52	02:27,40	02:24,06	05:11,64
1107	00:24,59	00:54,52	02:02,54	04:25,44	09:42,28	19:42,48	00:28,78	01:03,08	02:29,67	00:33,95	01:13,91	02:41,10	00:27,79	01:02,53	02:27,41	02:24,07	05:11,66
1106	00:24,59	00:54,53	02:02,55	04:25,46	09:42,33	19:42,58	00:28,79	01:03,09	02:29,68	00:33,95	01:13,92	02:41,11	00:27,79	01:02,54	02:27,42	02:24,09	05:11,69
1105	00:24,60	00:54,53	02:02,57	04:25,49	09:42,39	19:42,69	00:28,79	01:03,10	02:29,69	00:33,96	01:13,92	02:41,13	00:27,80	01:02,55	02:27,44	02:24,10	05:11,72
1104	00:24,60	00:54,54	02:02,58	04:25,51	09:42,44	19:42,80	00:28,79	01:03,11	02:29,71	00:33,96	01:13,93	02:41,14	00:27,80	01:02,55	02:27,45	02:24,11	05:11,75
1103	00:24,60	00:54,55	02:02,59	04:25,54	09:42,49	19:42,91	00:28,80	01:03,11	02:29,72	00:33,97	01:13,94	02:41,16	00:27,80	01:02,56	02:27,46	02:24,13	05:11,78
1102	00:24,61	00:54,55	02:02,60	04:25,56	09:42,54	19:43,01	00:28,80	01:03,12	02:29,73	00:33,97	01:13,95	02:41,17	00:27,81	01:02,57	02:27,48	02:24,14	05:11,81
1101	00:24,61	00:54,56	02:02,61	04:25,58	09:42,60	19:43,12	00:28,81	01:03,13	02:29,75	00:33,98	01:13,96	02:41,19	00:27,81	01:02,58	02:27,49	02:24,15	05:11,83
1100	00:24,61	00:54,57	02:02,62	04:25,61	09:42,65	19:43,23	00:28,81	01:03,14	02:29,76	00:33,98	01:13,97	02:41,20	00:27,82	01:02,58	02:27,50	02:24,16	05:11,86
1099	00:24,62	00:54,57	02:02,63	04:25,63	09:42,70	19:43,34	00:28,81	01:03,14	02:29,77	00:33,99	01:13,98	02:41,22	00:27,82	01:02,59	02:27,52	02:24,18	05:11,89
1098	00:24,62	00:54,58	02:02,64	04:25,66	09:42,76	19:43,45	00:28,82	01:03,15	02:29,79	00:33,99	01:13,99	02:41,23	00:27,82	01:02,60	02:27,53	02:24,19	05:11,92
1097	00:24,62	00:54,59	02:02,66	04:25,68	09:42,81	19:43,55	00:28,82	01:03,16	02:29,80	00:34,00	01:14,00	02:41,25	00:27,83	01:02,61	02:27,54	02:24,20	05:11,95
1096	00:24,63	00:54,59	02:02,67	04:25,70	09:42,86	19:43,66	00:28,83	01:03,17	02:29,82	00:34,00	01:14,00	02:41,26	00:27,83	01:02,61	02:27,56	02:24,22	05:11,98
1095	00:24,63	00:54,60	02:02,68	04:25,73	09:42,92	19:43,77	00:28,83	01:03,17	02:29,83	00:34,01	01:14,01	02:41,27	00:27,84	01:02,62	02:27,57	02:24,23	05:12,01
1094	00:24,64	00:54,61	02:02,69	04:25,75	09:42,97	19:43,88	00:28,84	01:03,18	02:29,84	00:34,01	01:14,02	02:41,29	00:27,84	01:02,63	02:27,58	02:24,24	05:12,03
1093	00:24,64	00:54,61	02:02,70	04:25,78	09:43,02	19:43,99	00:28,84	01:03,19	02:29,86	00:34,02	01:14,03	02:41,30	00:27,84	01:02,64	02:27,60	02:24,26	05:12,06
1092	00:24,64	00:54,62	02:02,71	04:25,80	09:43,08	19:44,10	00:28,84	01:03,20	02:29,87	00:34,02	01:14,04	02:41,32	00:27,85	01:02,64	02:27,61	02:24,27	05:12,09
1091	00:24,65	00:54,63	02:02,72	04:25,83	09:43,13	19:44,21	00:28,85	01:03,21	02:29,88	00:34,03	01:14,05	02:41,33	00:27,85	01:02,65	02:27,62	02:24,28	05:12,12
1090	00:24,65	00:54,63	02:02,73	04:25,85	09:43,19	19:44,31	00:28,85	01:03,21	02:29,90	00:34,03	01:14,06	02:41,35	00:27,86	01:02,66	02:27,64	02:24,30	05:12,15
1089	00:24,65	00:54,64	02:02,75	04:25,88	09:43,24	19:44,42	00:28,86	01:03,22	02:29,91	00:34,04	01:14,07	02:41,36	00:27,86	01:02,67	02:27,65	02:24,31	05:12,18
1088	00:24,66	00:54,65	02:02,76	04:25,90	09:43,29	19:44,53	00:28,86	01:03,23	02:29,93	00:34,04	01:14,08	02:41,38	00:27,86	01:02,67	02:27,66	02:24,32	05:12,21
1087	00:24,66	00:54,65	02:02,77	04:25,92	09:43,35	19:44,64	00:28,86	01:03,24	02:29,94	00:34,05	01:14,09	02:41,39	00:27,87	01:02,68	02:27,68	02:24,34	05:12,24
1086	00:24,66	00:54,66	02:02,78	04:25,95	09:43,40	19:44,75	00:28,87	01:03,24	02:29,95	00:34,05	01:14,09	02:41,41	00:27,87	01:02,69	02:27,69	02:24,35	05:12,26
1085	00:24,67	00:54,67	02:02,79	04:25,97	09:43,45	19:44,86	00:28,87	01:03,25	02:29,97	00:34,06	01:14,10	02:41,42	00:27,88	01:02,70	02:27,71	02:24,36	05:12,29
1084	00:24,67	00:54,67	02:02,80	04:26,00	09:43,51	19:44,97	00:28,88	01:03,26	02:29,98	00:34,06	01:14,11	02:41,44	00:27,88	01:02,71	02:27,72	02:24,38	05:12,32
1083	00:24,68	00:54,68	02:02,81	04:26,02	09:43,56	19:45,08	00:28,88	01:03,27	02:30,00	00:34,07	01:14,12	02:41,45	00:27,88	01:02,71	02:27,73	02:24,39	05:12,35
1082	00:24,68	00:54,69	02:02,82	04:26,05	09:43,62	19:45,19	00:28,89	01:03,28	02:30,01	00:34,07	01:14,13	02:41,47	00:27,89	01:02,72	02:27,75	02:24,40	05:12,38
1081	00:24,68	00:54,69	02:02,84	04:26,07	09:43,67	19:45,30	00:28,89	01:03,28	02:30,02	00:34,08	01:14,14	02:41,48	00:27,89	01:02,73	02:27,76	02:24,42	05:12,41
1080	00:24,69	00:54,70	02:02,85	04:26,10	09:43,72	19:45,41	00:28,89	01:03,29	02:30,04	00:34,08	01:14,15	02:41,50	00:27,90	01:02,74	02:27,77	02:24,43	05:12,44
1079	00:24,69	00:54,71	02:02,86	04:26,12	09:43,78	19:45,52	00:28,90	01:03,30	02:30,05	00:34,09	01:14,16	02:41,51	00:27,90	01:02,74	02:27,79	02:24,44	05:12,47
1078	00:24,69	00:54,71	02:02,87	04:26,15	09:43,83	19:45,63	00:28,90	01:03,31	02:30,06	00:34,09	01:14,17	02:41,53	00:27,90	01:02,75	02:27,80	02:24,46	05:12,50

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1077	00:24,70	00:54,72	02:02,88	04:26,17	09:43,89	19:45,74	00:28,91	01:03,31	02:30,08	00:34,10	01:14,18	02:41,54	00:27,91	01:02,76	02:27,82	02:24,47	05:12,53
1076	00:24,70	00:54,73	02:02,89	04:26,20	09:43,94	19:45,85	00:28,91	01:03,32	02:30,09	00:34,10	01:14,19	02:41,56	00:27,91	01:02,77	02:27,83	02:24,48	05:12,55
1075	00:24,70	00:54,73	02:02,90	04:26,22	09:44,00	19:45,96	00:28,92	01:03,33	02:30,11	00:34,11	01:14,19	02:41,57	00:27,92	01:02,77	02:27,84	02:24,50	05:12,58
1074	00:24,71	00:54,74	02:02,92	04:26,25	09:44,05	19:46,07	00:28,92	01:03,34	02:30,12	00:34,11	01:14,20	02:41,59	00:27,92	01:02,78	02:27,86	02:24,51	05:12,61
1073	00:24,71	00:54,75	02:02,93	04:26,27	09:44,11	19:46,18	00:28,92	01:03,35	02:30,13	00:34,12	01:14,21	02:41,60	00:27,93	01:02,79	02:27,87	02:24,52	05:12,64
1072	00:24,72	00:54,75	02:02,94	04:26,30	09:44,16	19:46,29	00:28,93	01:03,35	02:30,15	00:34,12	01:14,22	02:41,62	00:27,93	01:02,80	02:27,88	02:24,54	05:12,67
1071	00:24,72	00:54,76	02:02,95	04:26,32	09:44,22	19:46,41	00:28,93	01:03,36	02:30,16	00:34,13	01:14,23	02:41,63	00:27,93	01:02,81	02:27,90	02:24,55	05:12,70
1070	00:24,72	00:54,77	02:02,96	04:26,35	09:44,27	19:46,52	00:28,94	01:03,37	02:30,18	00:34,13	01:14,24	02:41,65	00:27,94	01:02,81	02:27,91	02:24,57	05:12,73
1069	00:24,73	00:54,77	02:02,97	04:26,37	09:44,32	19:46,63	00:28,94	01:03,38	02:30,19	00:34,14	01:14,25	02:41,66	00:27,94	01:02,82	02:27,93	02:24,58	05:12,76
1068	00:24,73	00:54,78	02:02,99	04:26,40	09:44,38	19:46,74	00:28,95	01:03,38	02:30,21	00:34,14	01:14,26	02:41,68	00:27,95	01:02,83	02:27,94	02:24,59	05:12,79
1067	00:24,73	00:54,79	02:03,00	04:26,42	09:44,43	19:46,85	00:28,95	01:03,39	02:30,22	00:34,15	01:14,27	02:41,69	00:27,95	01:02,84	02:27,95	02:24,61	05:12,82
1066	00:24,74	00:54,79	02:03,01	04:26,45	09:44,49	19:46,96	00:28,95	01:03,40	02:30,23	00:34,15	01:14,28	02:41,71	00:27,95	01:02,84	02:27,97	02:24,62	05:12,85
1065	00:24,74	00:54,80	02:03,02	04:26,47	09:44,54	19:47,08	00:28,96	01:03,41	02:30,25	00:34,16	01:14,29	02:41,72	00:27,96	01:02,85	02:27,98	02:24,63	05:12,88
1064	00:24,74	00:54,81	02:03,03	04:26,50	09:44,60	19:47,19	00:28,96	01:03,42	02:30,26	00:34,16	01:14,30	02:41,74	00:27,96	01:02,86	02:28,00	02:24,65	05:12,91
1063	00:24,75	00:54,81	02:03,04	04:26,52	09:44,65	19:47,30	00:28,97	01:03,42	02:30,28	00:34,17	01:14,31	02:41,76	00:27,97	01:02,87	02:28,01	02:24,66	05:12,94
1062	00:24,75	00:54,82	02:03,05	04:26,55	09:44,71	19:47,41	00:28,97	01:03,43	02:30,29	00:34,17	01:14,31	02:41,77	00:27,97	01:02,88	02:28,02	02:24,67	05:12,97
1061	00:24,76	00:54,83	02:03,07	04:26,57	09:44,77	19:47,52	00:28,98	01:03,44	02:30,30	00:34,18	01:14,32	02:41,79	00:27,98	01:02,88	02:28,04	02:24,69	05:12,99
1060	00:24,76	00:54,83	02:03,08	04:26,60	09:44,82	19:47,64	00:28,98	01:03,45	02:30,32	00:34,18	01:14,33	02:41,80	00:27,98	01:02,89	02:28,05	02:24,70	05:13,02
1059	00:24,76	00:54,84	02:03,09	04:26,62	09:44,88	19:47,75	00:28,98	01:03,46	02:30,33	00:34,19	01:14,34	02:41,82	00:27,98	01:02,90	02:28,07	02:24,72	05:13,05
1058	00:24,77	00:54,85	02:03,10	04:26,65	09:44,93	19:47,86	00:28,99	01:03,46	02:30,35	00:34,19	01:14,35	02:41,83	00:27,99	01:02,91	02:28,08	02:24,73	05:13,08
1057	00:24,77	00:54,86	02:03,11	04:26,67	09:44,99	19:47,97	00:28,99	01:03,47	02:30,36	00:34,20	01:14,36	02:41,85	00:27,99	01:02,92	02:28,09	02:24,74	05:13,11
1056	00:24,77	00:54,86	02:03,12	04:26,70	09:45,04	19:48,09	00:29,00	01:03,48	02:30,38	00:34,20	01:14,37	02:41,86	00:28,00	01:02,92	02:28,11	02:24,76	05:13,14
1055	00:24,78	00:54,87	02:03,14	04:26,72	09:45,10	19:48,20	00:29,00	01:03,49	02:30,39	00:34,21	01:14,38	02:41,88	00:28,00	01:02,93	02:28,12	02:24,77	05:13,17
1054	00:24,78	00:54,88	02:03,15	04:26,75	09:45,15	19:48,31	00:29,01	01:03,50	02:30,40	00:34,21	01:14,39	02:41,89	00:28,00	01:02,94	02:28,14	02:24,78	05:13,20
1053	00:24,79	00:54,88	02:03,16	04:26,77	09:45,21	19:48,43	00:29,01	01:03,50	02:30,42	00:34,22	01:14,40	02:41,91	00:28,01	01:02,95	02:28,15	02:24,80	05:13,23
1052	00:24,79	00:54,89	02:03,17	04:26,80	09:45,27	19:48,54	00:29,02	01:03,51	02:30,43	00:34,22	01:14,41	02:41,92	00:28,01	01:02,96	02:28,16	02:24,81	05:13,26
1051	00:24,79	00:54,90	02:03,18	04:26,82	09:45,32	19:48,65	00:29,02	01:03,52	02:30,45	00:34,23	01:14,42	02:41,94	00:28,02	01:02,96	02:28,18	02:24,83	05:13,29
1050	00:24,80	00:54,90	02:03,20	04:26,85	09:45,38	19:48,77	00:29,02	01:03,53	02:30,46	00:34,23	01:14,43	02:41,96	00:28,02	01:02,97	02:28,19	02:24,84	05:13,32
1049	00:24,80	00:54,91	02:03,21	04:26,88	09:45,43	19:48,88	00:29,03	01:03,54	02:30,48	00:34,24	01:14,44	02:41,97	00:28,03	01:02,98	02:28,21	02:24,85	05:13,35
1048	00:24,80	00:54,92	02:03,22	04:26,90	09:45,49	19:48,99	00:29,03	01:03,54	02:30,49	00:34,24	01:14,45	02:41,99	00:28,03	01:02,99	02:28,22	02:24,87	05:13,38
1047	00:24,81	00:54,92	02:03,23	04:26,93	09:45,55	19:49,11	00:29,04	01:03,55	02:30,50	00:34,25	01:14,46	02:42,00	00:28,03	01:03,00	02:28,24	02:24,88	05:13,41
1046	00:24,81	00:54,93	02:03,24	04:26,95	09:45,60	19:49,22	00:29,04	01:03,56	02:30,52	00:34,25	01:14,46	02:42,02	00:28,04	01:03,00	02:28,25	02:24,89	05:13,44
1045	00:24,82	00:54,94	02:03,25	04:26,98	09:45,66	19:49,34	00:29,05	01:03,57	02:30,53	00:34,26	01:14,47	02:42,03	00:28,04	01:03,01	02:28,26	02:24,91	05:13,47
1044	00:24,82	00:54,95	02:03,27	04:27,00	09:45,71	19:49,45	00:29,05	01:03,58	02:30,55	00:34,26	01:14,48	02:42,05	00:28,05	01:03,02	02:28,28	02:24,92	05:13,50
1043	00:24,82	00:54,95	02:03,28	04:27,03	09:45,77	19:49,56	00:29,05	01:03,58	02:30,56	00:34,27	01:14,49	02:42,06	00:28,05	01:03,03	02:28,29	02:24,94	05:13,53
1042	00:24,83	00:54,96	02:03,29	04:27,06	09:45,83	19:49,68	00:29,06	01:03,59	02:30,58	00:34,27	01:14,50	02:42,08	00:28,06	01:03,04	02:28,31	02:24,95	05:13,56
1041	00:24,83	00:54,97	02:03,30	04:27,08	09:45,88	19:49,79	00:29,06	01:03,60	02:30,59	00:34,28	01:14,51	02:42,10	00:28,06	01:03,04	02:28,32	02:24,96	05:13,59
1040	00:24,83	00:54,97	02:03,31	04:27,11	09:45,94	19:49,91	00:29,07	01:03,61	02:30,61	00:34,29	01:14,52	02:42,11	00:28,06	01:03,05	02:28,34	02:24,98	05:13,62
1039	00:24,84	00:54,98	02:03,33	04:27,13	09:46,00	19:50,02	00:29,07	01:03,62	02:30,62	00:34,29	01:14,53	02:42,13	00:28,07	01:03,06	02:28,35	02:24,99	05:13,65
1038	00:24,84	00:54,99	02:03,34	04:27,16	09:46,05	19:50,14	00:29,08	01:03,62	02:30,64	00:34,30	01:14,54	02:42,14	00:28,07	01:03,07	02:28,36	02:25,01	05:13,68
1037	00:24,85	00:54,99	02:03,35	04:27,18	09:46,11	19:50,25	00:29,08	01:03,63	02:30,65	00:34,30	01:14,55	02:42,16	00:28,08	01:03,08	02:28,38	02:25,02	05:13,71
1036	00:24,85	00:55,00	02:03,36	04:27,21	09:46,17	19:50,37	00:29,09	01:03,64	02:30,66	00:34,31	01:14,56	02:42,17	00:28,08	01:03,08	02:28,39	02:25,03	05:13,74
1035	00:24,85	00:55,01	02:03,37	04:27,24	09:46,22	19:50,48	00:29,09	01:03,65	02:30,68	00:34,31	01:14,57	02:42,19	00:28,09	01:03,09	02:28,41	02:25,05	05:13,77
1034	00:24,86	00:55,02	02:03,39	04:27,26	09:46,28	19:50,60	00:29,09	01:03,66	02:30,69	00:34,32	01:14,58	02:42,20	00:28,09	01:03,10	02:28,42	02:25,06	05:13,81
1033	00:24,86	00:55,02	02:03,40	04:27,29	09:46,34	19:50,71	00:29,10	01:03,67	02:30,71	00:34,32	01:14,59	02:42,22	00:28,09	01:03,11	02:28,44	02:25,08	05:13,84
1032	00:24,87	00:55,03	02:03,41	04:27,31	09:46,39	19:50,83	00:29,10	01:03,67	02:30,72	00:34,33	01:14,60	02:42,24	00:28,10	01:03,12	02:28,45	02:25,09	05:13,87
1031	00:24,87	00:55,04	02:03,42	04:27,34	09:46,45	19:50,95	00:29,11	01:03,68	02:30,74	00:34,33	01:14,61	02:42,25	00:28,10	01:03,12	02:28,46	02:25,10	05:13,90

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
1030	00:24,87	00:55,04	02:03,43	04:27,37	09:46,51	19:51,06	00:29,11	01:03,69	02:30,75	00:34,34	01:14,62	02:42,27	00:28,11	01:03,13	02:28,48	02:25,12	05:13,93
1029	00:24,88	00:55,05	02:03,45	04:27,39	09:46,56	19:51,18	00:29,12	01:03,70	02:30,77	00:34,34	01:14,63	02:42,28	00:28,11	01:03,14	02:28,49	02:25,13	05:13,96
1028	00:24,88	00:55,06	02:03,46	04:27,42	09:46,62	19:51,29	00:29,12	01:03,71	02:30,78	00:34,35	01:14,64	02:42,30	00:28,12	01:03,15	02:28,51	02:25,15	05:13,99
1027	00:24,88	00:55,07	02:03,47	04:27,44	09:46,68	19:51,41	00:29,13	01:03,71	02:30,80	00:34,35	01:14,65	02:42,32	00:28,12	01:03,16	02:28,52	02:25,16	05:14,02
1026	00:24,89	00:55,07	02:03,48	04:27,47	09:46,74	19:51,53	00:29,13	01:03,72	02:30,81	00:34,36	01:14,66	02:42,33	00:28,12	01:03,16	02:28,54	02:25,18	05:14,05
1025	00:24,89	00:55,08	02:03,49	04:27,50	09:46,79	19:51,64	00:29,14	01:03,73	02:30,83	00:34,36	01:14,67	02:42,35	00:28,13	01:03,17	02:28,55	02:25,19	05:14,08
1024	00:24,90	00:55,09	02:03,51	04:27,52	09:46,85	19:51,76	00:29,14	01:03,74	02:30,84	00:34,37	01:14,67	02:42,36	00:28,13	01:03,18	02:28,57	02:25,20	05:14,11
1023	00:24,90	00:55,09	02:03,52	04:27,55	09:46,91	19:51,88	00:29,14	01:03,75	02:30,86	00:34,38	01:14,68	02:42,38	00:28,14	01:03,19	02:28,58	02:25,22	05:14,14
1022	00:24,90	00:55,10	02:03,53	04:27,58	09:46,97	19:51,99	00:29,15	01:03,76	02:30,87	00:34,38	01:14,69	02:42,40	00:28,14	01:03,20	02:28,60	02:25,23	05:14,17
1021	00:24,91	00:55,11	02:03,54	04:27,60	09:47,02	19:52,11	00:29,15	01:03,76	02:30,89	00:34,39	01:14,70	02:42,41	00:28,15	01:03,21	02:28,61	02:25,25	05:14,20
1020	00:24,91	00:55,12	02:03,55	04:27,63	09:47,08	19:52,23	00:29,16	01:03,77	02:30,90	00:34,39	01:14,71	02:42,43	00:28,15	01:03,21	02:28,62	02:25,26	05:14,23
1019	00:24,92	00:55,12	02:03,57	04:27,65	09:47,14	19:52,35	00:29,16	01:03,78	02:30,91	00:34,40	01:14,72	02:42,44	00:28,16	01:03,22	02:28,64	02:25,28	05:14,27
1018	00:24,92	00:55,13	02:03,58	04:27,68	09:47,20	19:52,46	00:29,17	01:03,79	02:30,93	00:34,40	01:14,73	02:42,46	00:28,16	01:03,23	02:28,65	02:25,29	05:14,30
1017	00:24,92	00:55,14	02:03,59	04:27,71	09:47,26	19:52,58	00:29,17	01:03,80	02:30,94	00:34,41	01:14,74	02:42,47	00:28,16	01:03,24	02:28,67	02:25,30	05:14,33
1016	00:24,93	00:55,14	02:03,60	04:27,73	09:47,31	19:52,70	00:29,18	01:03,81	02:30,96	00:34,41	01:14,75	02:42,49	00:28,17	01:03,25	02:28,68	02:25,32	05:14,36
1015	00:24,93	00:55,15	02:03,62	04:27,76	09:47,37	19:52,82	00:29,18	01:03,81	02:30,97	00:34,42	01:14,76	02:42,51	00:28,17	01:03,25	02:28,70	02:25,33	05:14,39
1014	00:24,93	00:55,16	02:03,63	04:27,79	09:47,43	19:52,93	00:29,19	01:03,82	02:30,99	00:34,42	01:14,77	02:42,52	00:28,18	01:03,26	02:28,71	02:25,35	05:14,42
1013	00:24,94	00:55,17	02:03,64	04:27,81	09:47,49	19:53,05	00:29,19	01:03,83	02:31,00	00:34,43	01:14,78	02:42,54	00:28,18	01:03,27	02:28,73	02:25,36	05:14,45
1012	00:24,94	00:55,17	02:03,65	04:27,84	09:47,55	19:53,17	00:29,19	01:03,84	02:31,02	00:34,43	01:14,79	02:42,56	00:28,19	01:03,28	02:28,74	02:25,38	05:14,48
1011	00:24,95	00:55,18	02:03,66	04:27,87	09:47,60	19:53,29	00:29,20	01:03,85	02:31,03	00:34,44	01:14,80	02:42,57	00:28,19	01:03,29	02:28,76	02:25,39	05:14,51
1010	00:24,95	00:55,19	02:03,68	04:27,89	09:47,66	19:53,41	00:29,20	01:03,86	02:31,05	00:34,45	01:14,81	02:42,59	00:28,20	01:03,30	02:28,77	02:25,40	05:14,55
1009	00:24,95	00:55,19	02:03,69	04:27,92	09:47,72	19:53,53	00:29,21	01:03,86	02:31,06	00:34,45	01:14,82	02:42,60	00:28,20	01:03,30	02:28,79	02:25,42	05:14,58
1008	00:24,96	00:55,20	02:03,70	04:27,95	09:47,78	19:53,65	00:29,21	01:03,87	02:31,08	00:34,46	01:14,83	02:42,62	00:28,20	01:03,31	02:28,80	02:25,43	05:14,61
1007	00:24,96	00:55,21	02:03,71	04:27,97	09:47,84	19:53,76	00:29,22	01:03,88	02:31,09	00:34,46	01:14,84	02:42,64	00:28,21	01:03,32	02:28,82	02:25,45	05:14,64
1006	00:24,97	00:55,22	02:03,73	04:28,00	09:47,90	19:53,88	00:29,22	01:03,89	02:31,11	00:34,47	01:14,85	02:42,65	00:28,21	01:03,33	02:28,83	02:25,46	05:14,67
1005	00:24,97	00:55,22	02:03,74	04:28,03	09:47,96	19:54,00	00:29,23	01:03,90	02:31,12	00:34,47	01:14,86	02:42,67	00:28,22	01:03,34	02:28,85	02:25,48	05:14,70
1004	00:24,97	00:55,23	02:03,75	04:28,05	09:48,01	19:54,12	00:29,23	01:03,91	02:31,14	00:34,48	01:14,87	02:42,68	00:28,22	01:03,35	02:28,86	02:25,49	05:14,73
1003	00:24,98	00:55,24	02:03,76	04:28,08	09:48,07	19:54,24	00:29,24	01:03,91	02:31,15	00:34,48	01:14,88	02:42,70	00:28,23	01:03,35	02:28,88	02:25,51	05:14,77
1002	00:24,98	00:55,25	02:03,78	04:28,11	09:48,13	19:54,36	00:29,24	01:03,92	02:31,17	00:34,49	01:14,89	02:42,72	00:28,23	01:03,36	02:28,89	02:25,52	05:14,80
1001	00:24,99	00:55,25	02:03,79	04:28,13	09:48,19	19:54,48	00:29,25	01:03,93	02:31,18	00:34,49	01:14,90	02:42,73	00:28,24	01:03,37	02:28,91	02:25,54	05:14,83
1000	00:24,99	00:55,26	02:03,80	04:28,16	09:48,25	19:54,60	00:29,25	01:03,94	02:31,20	00:34,50	01:14,91	02:42,75	00:28,24	01:03,38	02:28,92	02:25,55	05:14,86
999	00:24,99	00:55,27	02:03,81	04:28,19	09:48,31	19:54,72	00:29,25	01:03,95	02:31,22	00:34,51	01:14,92	02:42,77	00:28,24	01:03,39	02:28,93	02:25,56	05:14,89
998	00:25,00	00:55,27	02:03,82	04:28,21	09:48,37	19:54,84	00:29,26	01:03,96	02:31,23	00:34,51	01:14,93	02:42,78	00:28,25	01:03,40	02:28,95	02:25,58	05:14,92
997	00:25,00	00:55,28	02:03,84	04:28,24	09:48,43	19:54,96	00:29,26	01:03,97	02:31,25	00:34,52	01:14,94	02:42,80	00:28,25	01:03,41	02:28,96	02:25,59	05:14,95
996	00:25,01	00:55,29	02:03,85	04:28,27	09:48,49	19:55,08	00:29,27	01:03,97	02:31,26	00:34,52	01:14,95	02:42,82	00:28,26	01:03,41	02:28,98	02:25,61	05:14,99
995	00:25,01	00:55,30	02:03,86	04:28,29	09:48,55	19:55,20	00:29,27	01:03,98	02:31,28	00:34,53	01:14,96	02:42,83	00:28,26	01:03,42	02:28,99	02:25,62	05:15,02
994	00:25,01	00:55,30	02:03,87	04:28,32	09:48,61	19:55,32	00:29,28	01:03,99	02:31,29	00:34,53	01:14,97	02:42,85	00:28,27	01:03,43	02:29,01	02:25,64	05:15,05
993	00:25,02	00:55,31	02:03,89	04:28,35	09:48,66	19:55,44	00:29,28	01:04,00	02:31,31	00:34,54	01:14,98	02:42,86	00:28,27	01:03,44	02:29,03	02:25,65	05:15,08
992	00:25,02	00:55,32	02:03,90	04:28,38	09:48,72	19:55,56	00:29,29	01:04,01	02:31,32	00:34,54	01:14,99	02:42,88	00:28,28	01:03,45	02:29,04	02:25,67	05:15,11
991	00:25,03	00:55,33	02:03,91	04:28,40	09:48,78	19:55,68	00:29,29	01:04,02	02:31,34	00:34,55	01:15,00	02:42,90	00:28,28	01:03,46	02:29,06	02:25,68	05:15,15
990	00:25,03	00:55,33	02:03,92	04:28,43	09:48,84	19:55,81	00:29,30	01:04,03	02:31,35	00:34,56	01:15,01	02:42,91	00:28,29	01:03,46	02:29,07	02:25,70	05:15,18
989	00:25,03	00:55,34	02:03,94	04:28,46	09:48,90	19:55,93	00:29,30	01:04,03	02:31,37	00:34,56	01:15,02	02:42,93	00:28,29	01:03,47	02:29,09	02:25,71	05:15,21
988	00:25,04	00:55,35	02:03,95	04:28,49	09:48,96	19:56,05	00:29,31	01:04,04	02:31,38	00:34,57	01:15,03	02:42,95	00:28,29	01:03,48	02:29,10	02:25,73	05:15,24
987	00:25,04	00:55,36	02:03,96	04:28,51	09:49,02	19:56,17	00:29,31	01:04,05	02:31,40	00:34,57	01:15,04	02:42,96	00:28,30	01:03,49	02:29,12	02:25,74	05:15,27
986	00:25,05	00:55,36	02:03,98	04:28,54	09:49,08	19:56,29	00:29,32	01:04,06	02:31,41	00:34,58	01:15,05	02:42,98	00:28,30	01:03,50	02:29,13	02:25,76	05:15,31
985	00:25,05	00:55,37	02:03,99	04:28,57	09:49,14	19:56,41	00:29,32	01:04,07	02:31,43	00:34,58	01:15,06	02:43,00	00:28,31	01:03,51	02:29,15	02:25,77	05:15,34
984	00:25,05	00:55,38	02:04,00	04:28,59	09:49,20	19:56,53	00:29,33	01:04,08	02:31,44	00:34,59	01:15,07	02:43,01	00:28,31	01:03,52	02:29,16	02:25,79	05:15,37

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
983	00:25,06	00:55,39	02:04,01	04:28,62	09:49,26	19:56,66	00:29,33	01:04,09	02:31,46	00:34,59	01:15,08	02:43,03	00:28,32	01:03,52	02:29,18	02:25,80	05:15,40
982	00:25,06	00:55,39	02:04,03	04:28,65	09:49,32	19:56,78	00:29,33	01:04,09	02:31,48	00:34,60	01:15,09	02:43,05	00:28,32	01:03,53	02:29,19	02:25,82	05:15,43
981	00:25,07	00:55,40	02:04,04	04:28,68	09:49,38	19:56,90	00:29,34	01:04,10	02:31,49	00:34,61	01:15,10	02:43,06	00:28,33	01:03,54	02:29,21	02:25,83	05:15,47
980	00:25,07	00:55,41	02:04,05	04:28,70	09:49,44	19:57,02	00:29,34	01:04,11	02:31,51	00:34,61	01:15,11	02:43,08	00:28,33	01:03,55	02:29,22	02:25,85	05:15,50
979	00:25,07	00:55,42	02:04,06	04:28,73	09:49,50	19:57,15	00:29,35	01:04,12	02:31,52	00:34,62	01:15,12	02:43,10	00:28,34	01:03,56	02:29,24	02:25,86	05:15,53
978	00:25,08	00:55,42	02:04,08	04:28,76	09:49,56	19:57,27	00:29,35	01:04,13	02:31,54	00:34,62	01:15,13	02:43,11	00:28,34	01:03,57	02:29,25	02:25,88	05:15,56
977	00:25,08	00:55,43	02:04,09	04:28,79	09:49,63	19:57,39	00:29,36	01:04,14	02:31,55	00:34,63	01:15,14	02:43,13	00:28,34	01:03,58	02:29,27	02:25,89	05:15,60
976	00:25,09	00:55,44	02:04,10	04:28,81	09:49,69	19:57,52	00:29,36	01:04,15	02:31,57	00:34,63	01:15,15	02:43,15	00:28,35	01:03,58	02:29,28	02:25,91	05:15,63
975	00:25,09	00:55,45	02:04,11	04:28,84	09:49,75	19:57,64	00:29,37	01:04,16	02:31,58	00:34,64	01:15,16	02:43,16	00:28,35	01:03,59	02:29,30	02:25,92	05:15,66
974	00:25,09	00:55,45	02:04,13	04:28,87	09:49,81	19:57,76	00:29,37	01:04,16	02:31,60	00:34,64	01:15,17	02:43,18	00:28,36	01:03,60	02:29,31	02:25,94	05:15,69
973	00:25,10	00:55,46	02:04,14	04:28,90	09:49,87	19:57,89	00:29,38	01:04,17	02:31,62	00:34,65	01:15,18	02:43,20	00:28,36	01:03,61	02:29,33	02:25,95	05:15,73
972	00:25,10	00:55,47	02:04,15	04:28,93	09:49,93	19:58,01	00:29,38	01:04,18	02:31,63	00:34,66	01:15,19	02:43,21	00:28,37	01:03,62	02:29,34	02:25,97	05:15,76
971	00:25,11	00:55,48	02:04,17	04:28,95	09:49,99	19:58,13	00:29,39	01:04,19	02:31,65	00:34,66	01:15,20	02:43,23	00:28,37	01:03,63	02:29,36	02:25,98	05:15,79
970	00:25,11	00:55,48	02:04,18	04:28,98	09:50,05	19:58,26	00:29,39	01:04,20	02:31,66	00:34,67	01:15,21	02:43,25	00:28,38	01:03,64	02:29,38	02:26,00	05:15,82
969	00:25,12	00:55,49	02:04,19	04:29,01	09:50,11	19:58,38	00:29,40	01:04,21	02:31,68	00:34,67	01:15,22	02:43,27	00:28,38	01:03,65	02:29,39	02:26,01	05:15,86
968	00:25,12	00:55,50	02:04,20	04:29,04	09:50,17	19:58,50	00:29,40	01:04,22	02:31,69	00:34,68	01:15,23	02:43,28	00:28,39	01:03,65	02:29,41	02:26,03	05:15,89
967	00:25,12	00:55,51	02:04,22	04:29,06	09:50,23	19:58,63	00:29,41	01:04,23	02:31,71	00:34,68	01:15,24	02:43,30	00:28,39	01:03,66	02:29,42	02:26,04	05:15,92
966	00:25,13	00:55,51	02:04,23	04:29,09	09:50,30	19:58,75	00:29,41	01:04,23	02:31,73	00:34,69	01:15,25	02:43,32	00:28,40	01:03,67	02:29,44	02:26,06	05:15,95
965	00:25,13	00:55,52	02:04,24	04:29,12	09:50,36	19:58,88	00:29,42	01:04,24	02:31,74	00:34,70	01:15,26	02:43,33	00:28,40	01:03,68	02:29,45	02:26,07	05:15,99
964	00:25,14	00:55,53	02:04,26	04:29,15	09:50,42	19:59,00	00:29,42	01:04,25	02:31,76	00:34,70	01:15,28	02:43,35	00:28,41	01:03,69	02:29,47	02:26,09	05:16,02
963	00:25,14	00:55,54	02:04,27	04:29,18	09:50,48	19:59,13	00:29,43	01:04,26	02:31,77	00:34,71	01:15,29	02:43,37	00:28,41	01:03,70	02:29,48	02:26,10	05:16,05
962	00:25,14	00:55,54	02:04,28	04:29,20	09:50,54	19:59,25	00:29,43	01:04,27	02:31,79	00:34,71	01:15,30	02:43,38	00:28,41	01:03,71	02:29,50	02:26,12	05:16,09
961	00:25,15	00:55,55	02:04,30	04:29,23	09:50,60	19:59,38	00:29,44	01:04,28	02:31,80	00:34,72	01:15,31	02:43,40	00:28,42	01:03,72	02:29,52	02:26,13	05:16,12
960	00:25,15	00:55,56	02:04,31	04:29,26	09:50,66	19:59,50	00:29,44	01:04,29	02:31,82	00:34,72	01:15,32	02:43,42	00:28,42	01:03,72	02:29,53	02:26,15	05:16,15
959	00:25,16	00:55,57	02:04,32	04:29,29	09:50,73	19:59,63	00:29,45	01:04,30	02:31,84	00:34,73	01:15,33	02:43,44	00:28,43	01:03,73	02:29,55	02:26,16	05:16,19
958	00:25,16	00:55,58	02:04,33	04:29,32	09:50,79	19:59,75	00:29,45	01:04,30	02:31,85	00:34,74	01:15,34	02:43,45	00:28,43	01:03,74	02:29,56	02:26,18	05:16,22
957	00:25,17	00:55,58	02:04,35	04:29,35	09:50,85	19:59,88	00:29,46	01:04,31	02:31,87	00:34,74	01:15,35	02:43,47	00:28,44	01:03,75	02:29,58	02:26,19	05:16,25
956	00:25,17	00:55,59	02:04,36	04:29,37	09:50,91	20:00,01	00:29,46	01:04,32	02:31,88	00:34,75	01:15,36	02:43,49	00:28,44	01:03,76	02:29,59	02:26,21	05:16,28
955	00:25,17	00:55,60	02:04,37	04:29,40	09:50,97	20:00,13	00:29,46	01:04,33	02:31,90	00:34,75	01:15,37	02:43,50	00:28,45	01:03,77	02:29,61	02:26,22	05:16,32
954	00:25,18	00:55,61	02:04,39	04:29,43	09:51,04	20:00,26	00:29,47	01:04,34	02:31,92	00:34,76	01:15,38	02:43,52	00:28,45	01:03,78	02:29,63	02:26,24	05:16,35
953	00:25,18	00:55,61	02:04,40	04:29,46	09:51,10	20:00,38	00:29,47	01:04,35	02:31,93	00:34,77	01:15,39	02:43,54	00:28,46	01:03,79	02:29,64	02:26,25	05:16,38
952	00:25,19	00:55,62	02:04,41	04:29,49	09:51,16	20:00,51	00:29,48	01:04,36	02:31,95	00:34,77	01:15,40	02:43,56	00:28,46	01:03,79	02:29,66	02:26,27	05:16,42
951	00:25,19	00:55,63	02:04,43	04:29,52	09:51,22	20:00,64	00:29,48	01:04,37	02:31,96	00:34,78	01:15,41	02:43,57	00:28,47	01:03,80	02:29,67	02:26,29	05:16,45
950	00:25,19	00:55,64	02:04,44	04:29,54	09:51,29	20:00,76	00:29,49	01:04,38	02:31,98	00:34,78	01:15,42	02:43,59	00:28,47	01:03,81	02:29,69	02:26,30	05:16,48
949	00:25,20	00:55,65	02:04,45	04:29,57	09:51,35	20:00,89	00:29,49	01:04,39	02:32,00	00:34,79	01:15,43	02:43,61	00:28,48	01:03,82	02:29,70	02:26,32	05:16,52
948	00:25,20	00:55,65	02:04,47	04:29,60	09:51,41	20:01,02	00:29,50	01:04,39	02:32,01	00:34,79	01:15,44	02:43,62	00:28,48	01:03,83	02:29,72	02:26,33	05:16,55
947	00:25,21	00:55,66	02:04,48	04:29,63	09:51,47	20:01,15	00:29,50	01:04,40	02:32,03	00:34,80	01:15,45	02:43,64	00:28,49	01:03,84	02:29,74	02:26,35	05:16,59
946	00:25,21	00:55,67	02:04,49	04:29,66	09:51,54	20:01,27	00:29,51	01:04,41	02:32,04	00:34,81	01:15,46	02:43,66	00:28,49	01:03,85	02:29,75	02:26,36	05:16,62
945	00:25,22	00:55,68	02:04,50	04:29,69	09:51,60	20:01,40	00:29,51	01:04,42	02:32,06	00:34,81	01:15,47	02:43,68	00:28,50	01:03,86	02:29,77	02:26,38	05:16,65
944	00:25,22	00:55,68	02:04,52	04:29,72	09:51,66	20:01,53	00:29,52	01:04,43	02:32,08	00:34,82	01:15,48	02:43,69	00:28,50	01:03,87	02:29,78	02:26,39	05:16,69
943	00:25,22	00:55,69	02:04,53	04:29,74	09:51,72	20:01,66	00:29,52	01:04,44	02:32,09	00:34,82	01:15,50	02:43,71	00:28,50	01:03,88	02:29,80	02:26,41	05:16,72
942	00:25,23	00:55,70	02:04,54	04:29,77	09:51,79	20:01,78	00:29,53	01:04,45	02:32,11	00:34,83	01:15,51	02:43,73	00:28,51	01:03,88	02:29,82	02:26,43	05:16,75
941	00:25,23	00:55,71	02:04,56	04:29,80	09:51,85	20:01,91	00:29,53	01:04,46	02:32,13	00:34,84	01:15,52	02:43,75	00:28,51	01:03,89	02:29,83	02:26,44	05:16,79
940	00:25,24	00:55,72	02:04,57	04:29,83	09:51,91	20:02,04	00:29,54	01:04,47	02:32,14	00:34,84	01:15,53	02:43,76	00:28,52	01:03,90	02:29,85	02:26,46	05:16,82
939	00:25,24	00:55,72	02:04,58	04:29,86	09:51,98	20:02,17	00:29,54	01:04,48	02:32,16	00:34,85	01:15,54	02:43,78	00:28,52	01:03,91	02:29,86	02:26,47	05:16,85
938	00:25,25	00:55,73	02:04,60	04:29,89	09:52,04	20:02,30	00:29,55	01:04,49	02:32,17	00:34,85	01:15,55	02:43,80	00:28,53	01:03,92	02:29,88	02:26,49	05:16,89
937	00:25,25	00:55,74	02:04,61	04:29,92	09:52,10	20:02,43	00:29,55	01:04,49	02:32,19	00:34,86	01:15,56	02:43,82	00:28,53	01:03,93	02:29,90	02:26,50	05:16,92

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
936	00:25,25	00:55,75	02:04,62	04:29,95	09:52,17	20:02,55	00:29,56	01:04,50	02:32,21	00:34,86	01:15,57	02:43,83	00:28,54	01:03,94	02:29,91	02:26,52	05:16,96
935	00:25,26	00:55,75	02:04,64	04:29,97	09:52,23	20:02,68	00:29,56	01:04,51	02:32,22	00:34,87	01:15,58	02:43,85	00:28,54	01:03,95	02:29,93	02:26,53	05:16,99
934	00:25,26	00:55,76	02:04,65	04:30,00	09:52,29	20:02,81	00:29,57	01:04,52	02:32,24	00:34,88	01:15,59	02:43,87	00:28,55	01:03,96	02:29,94	02:26,55	05:17,02
933	00:25,27	00:55,77	02:04,66	04:30,03	09:52,36	20:02,94	00:29,57	01:04,53	02:32,26	00:34,88	01:15,60	02:43,89	00:28,55	01:03,97	02:29,96	02:26,57	05:17,06
932	00:25,27	00:55,78	02:04,68	04:30,06	09:52,42	20:03,07	00:29,58	01:04,54	02:32,27	00:34,89	01:15,61	02:43,90	00:28,56	01:03,97	02:29,98	02:26,58	05:17,09
931	00:25,28	00:55,79	02:04,69	04:30,09	09:52,49	20:03,20	00:29,58	01:04,55	02:32,29	00:34,89	01:15,62	02:43,92	00:28,56	01:03,98	02:29,99	02:26,60	05:17,13
930	00:25,28	00:55,79	02:04,70	04:30,12	09:52,55	20:03,33	00:29,59	01:04,56	02:32,31	00:34,90	01:15,63	02:43,94	00:28,57	01:03,99	02:30,01	02:26,61	05:17,16
929	00:25,28	00:55,80	02:04,72	04:30,15	09:52,61	20:03,46	00:29,59	01:04,57	02:32,32	00:34,91	01:15,65	02:43,96	00:28,57	01:04,00	02:30,02	02:26,63	05:17,20
928	00:25,29	00:55,81	02:04,73	04:30,18	09:52,68	20:03,59	00:29,60	01:04,58	02:32,34	00:34,91	01:15,66	02:43,97	00:28,58	01:04,01	02:30,04	02:26,65	05:17,23
927	00:25,29	00:55,82	02:04,75	04:30,21	09:52,74	20:03,72	00:29,60	01:04,59	02:32,35	00:34,92	01:15,67	02:43,99	00:28,58	01:04,02	02:30,06	02:26,66	05:17,26
926	00:25,30	00:55,83	02:04,76	04:30,24	09:52,81	20:03,85	00:29,61	01:04,60	02:32,37	00:34,92	01:15,68	02:44,01	00:28,59	01:04,03	02:30,07	02:26,68	05:17,30
925	00:25,30	00:55,83	02:04,77	04:30,27	09:52,87	20:03,98	00:29,61	01:04,60	02:32,39	00:34,93	01:15,69	02:44,03	00:28,59	01:04,04	02:30,09	02:26,69	05:17,33
924	00:25,31	00:55,84	02:04,79	04:30,30	09:52,93	20:04,11	00:29,62	01:04,61	02:32,40	00:34,94	01:15,70	02:44,05	00:28,60	01:04,05	02:30,11	02:26,71	05:17,37
923	00:25,31	00:55,85	02:04,80	04:30,32	09:53,00	20:04,24	00:29,63	01:04,62	02:32,42	00:34,94	01:15,71	02:44,06	00:28,60	01:04,06	02:30,12	02:26,72	05:17,40
922	00:25,31	00:55,86	02:04,81	04:30,35	09:53,06	20:04,37	00:29,63	01:04,63	02:32,44	00:34,95	01:15,72	02:44,08	00:28,61	01:04,07	02:30,14	02:26,74	05:17,44
921	00:25,32	00:55,87	02:04,83	04:30,38	09:53,13	20:04,51	00:29,64	01:04,64	02:32,45	00:34,95	01:15,73	02:44,10	00:28,61	01:04,08	02:30,15	02:26,76	05:17,47
920	00:25,32	00:55,87	02:04,84	04:30,41	09:53,19	20:04,64	00:29,64	01:04,65	02:32,47	00:34,96	01:15,74	02:44,12	00:28,62	01:04,08	02:30,17	02:26,77	05:17,51
919	00:25,33	00:55,88	02:04,85	04:30,44	09:53,26	20:04,77	00:29,65	01:04,66	02:32,49	00:34,97	01:15,75	02:44,14	00:28,62	01:04,09	02:30,19	02:26,79	05:17,54
918	00:25,33	00:55,89	02:04,87	04:30,47	09:53,32	20:04,90	00:29,65	01:04,67	02:32,50	00:34,97	01:15,76	02:44,15	00:28,63	01:04,10	02:30,20	02:26,80	05:17,57
917	00:25,34	00:55,90	02:04,88	04:30,50	09:53,39	20:05,03	00:29,66	01:04,68	02:32,52	00:34,98	01:15,78	02:44,17	00:28,63	01:04,11	02:30,22	02:26,82	05:17,61
916	00:25,34	00:55,91	02:04,89	04:30,53	09:53,45	20:05,16	00:29,66	01:04,69	02:32,54	00:34,98	01:15,79	02:44,19	00:28,64	01:04,12	02:30,24	02:26,84	05:17,64
915	00:25,35	00:55,91	02:04,91	04:30,56	09:53,52	20:05,30	00:29,67	01:04,70	02:32,55	00:34,99	01:15,80	02:44,21	00:28,64	01:04,13	02:30,25	02:26,85	05:17,68
914	00:25,35	00:55,92	02:04,92	04:30,59	09:53,58	20:05,43	00:29,67	01:04,71	02:32,57	00:35,00	01:15,81	02:44,23	00:28,65	01:04,14	02:30,27	02:26,87	05:17,71
913	00:25,35	00:55,93	02:04,94	04:30,62	09:53,65	20:05,56	00:29,68	01:04,72	02:32,59	00:35,00	01:15,82	02:44,24	00:28,65	01:04,15	02:30,29	02:26,89	05:17,75
912	00:25,36	00:55,94	02:04,95	04:30,65	09:53,71	20:05,69	00:29,68	01:04,73	02:32,60	00:35,01	01:15,83	02:44,26	00:28,66	01:04,16	02:30,30	02:26,90	05:17,78
911	00:25,36	00:55,95	02:04,96	04:30,68	09:53,78	20:05,83	00:29,69	01:04,74	02:32,62	00:35,02	01:15,84	02:44,28	00:28,66	01:04,17	02:30,32	02:26,92	05:17,82
910	00:25,37	00:55,96	02:04,98	04:30,71	09:53,84	20:05,96	00:29,69	01:04,74	02:32,64	00:35,02	01:15,85	02:44,30	00:28,67	01:04,18	02:30,34	02:26,93	05:17,85
909	00:25,37	00:55,96	02:04,99	04:30,74	09:53,91	20:06,09	00:29,70	01:04,75	02:32,65	00:35,03	01:15,86	02:44,32	00:28,67	01:04,19	02:30,35	02:26,95	05:17,89
908	00:25,38	00:55,97	02:05,00	04:30,77	09:53,97	20:06,22	00:29,70	01:04,76	02:32,67	00:35,03	01:15,88	02:44,33	00:28,68	01:04,20	02:30,37	02:26,97	05:17,92
907	00:25,38	00:55,98	02:05,02	04:30,80	09:54,04	20:06,36	00:29,71	01:04,77	02:32,69	00:35,04	01:15,89	02:44,35	00:28,68	01:04,21	02:30,39	02:26,98	05:17,96
906	00:25,39	00:55,99	02:05,03	04:30,83	09:54,11	20:06,49	00:29,71	01:04,78	02:32,71	00:35,05	01:15,90	02:44,37	00:28,69	01:04,22	02:30,40	02:27,00	05:17,99
905	00:25,39	00:56,00	02:05,05	04:30,86	09:54,17	20:06,63	00:29,72	01:04,79	02:32,72	00:35,05	01:15,91	02:44,39	00:28,69	01:04,22	02:30,42	02:27,02	05:18,03
904	00:25,39	00:56,00	02:05,06	04:30,89	09:54,24	20:06,76	00:29,72	01:04,80	02:32,74	00:35,06	01:15,92	02:44,41	00:28,70	01:04,23	02:30,44	02:27,03	05:18,06
903	00:25,40	00:56,01	02:05,07	04:30,92	09:54,30	20:06,89	00:29,73	01:04,81	02:32,76	00:35,06	01:15,93	02:44,42	00:28,70	01:04,24	02:30,45	02:27,05	05:18,10
902	00:25,40	00:56,02	02:05,09	04:30,95	09:54,37	20:07,03	00:29,73	01:04,82	02:32,77	00:35,07	01:15,94	02:44,44	00:28,71	01:04,25	02:30,47	02:27,06	05:18,14
901	00:25,41	00:56,03	02:05,10	04:30,98	09:54,44	20:07,16	00:29,74	01:04,83	02:32,79	00:35,08	01:15,95	02:44,46	00:28,71	01:04,26	02:30,49	02:27,08	05:18,17
900	00:25,41	00:56,04	02:05,12	04:31,01	09:54,50	20:07,30	00:29,74	01:04,84	02:32,81	00:35,08	01:15,96	02:44,48	00:28,72	01:04,27	02:30,50	02:27,10	05:18,21
899	00:25,42	00:56,05	02:05,13	04:31,04	09:54,57	20:07,43	00:29,75	01:04,85	02:32,82	00:35,09	01:15,98	02:44,50	00:28,72	01:04,28	02:30,52	02:27,11	05:18,24
898	00:25,42	00:56,05	02:05,14	04:31,07	09:54,63	20:07,57	00:29,75	01:04,86	02:32,84	00:35,10	01:15,99	02:44,52	00:28,73	01:04,29	02:30,54	02:27,13	05:18,28
897	00:25,43	00:56,06	02:05,16	04:31,10	09:54,70	20:07,70	00:29,76	01:04,87	02:32,86	00:35,10	01:16,00	02:44,53	00:28,73	01:04,30	02:30,55	02:27,15	05:18,31
896	00:25,43	00:56,07	02:05,17	04:31,13	09:54,77	20:07,84	00:29,77	01:04,88	02:32,88	00:35,11	01:16,01	02:44,55	00:28,74	01:04,31	02:30,57	02:27,16	05:18,35
895	00:25,43	00:56,08	02:05,19	04:31,16	09:54,83	20:07,97	00:29,77	01:04,89	02:32,89	00:35,11	01:16,02	02:44,57	00:28,74	01:04,32	02:30,59	02:27,18	05:18,38
894	00:25,44	00:56,09	02:05,20	04:31,19	09:54,90	20:08,11	00:29,78	01:04,90	02:32,91	00:35,12	01:16,03	02:44,59	00:28,75	01:04,33	02:30,60	02:27,20	05:18,42
893	00:25,44	00:56,10	02:05,21	04:31,22	09:54,97	20:08,24	00:29,78	01:04,91	02:32,93	00:35,13	01:16,04	02:44,61	00:28,75	01:04,34	02:30,62	02:27,21	05:18,46
892	00:25,45	00:56,10	02:05,23	04:31,25	09:55,03	20:08,38	00:29,79	01:04,92	02:32,94	00:35,13	01:16,05	02:44,63	00:28,76	01:04,35	02:30,64	02:27,23	05:18,49
891	00:25,45	00:56,11	02:05,24	04:31,28	09:55,10	20:08,51	00:29,79	01:04,93	02:32,96	00:35,14	01:16,07	02:44,65	00:28,76	01:04,36	02:30,65	02:27,25	05:18,53
890	00:25,46	00:56,12	02:05,26	04:31,31	09:55,17	20:08,65	00:29,80	01:04,94	02:32,98	00:35,15	01:16,08	02:44,66	00:28,77	01:04,37	02:30,67	02:27,26	05:18,56

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
889	00:25,46	00:56,13	02:05,27	04:31,34	09:55,24	20:08,79	00:29,80	01:04,95	02:33,00	00:35,15	01:16,09	02:44,68	00:28,77	01:04,38	02:30,69	02:27,28	05:18,60
888	00:25,47	00:56,14	02:05,28	04:31,38	09:55,30	20:08,92	00:29,81	01:04,96	02:33,01	00:35,16	01:16,10	02:44,70	00:28,78	01:04,39	02:30,71	02:27,30	05:18,64
887	00:25,47	00:56,15	02:05,30	04:31,41	09:55,37	20:09,06	00:29,81	01:04,97	02:33,03	00:35,16	01:16,11	02:44,72	00:28,78	01:04,40	02:30,72	02:27,31	05:18,67
886	00:25,48	00:56,15	02:05,31	04:31,44	09:55,44	20:09,20	00:29,82	01:04,97	02:33,05	00:35,17	01:16,12	02:44,74	00:28,79	01:04,41	02:30,74	02:27,33	05:18,71
885	00:25,48	00:56,16	02:05,33	04:31,47	09:55,51	20:09,33	00:29,82	01:04,98	02:33,06	00:35,18	01:16,13	02:44,76	00:28,79	01:04,42	02:30,76	02:27,35	05:18,74
884	00:25,48	00:56,17	02:05,34	04:31,50	09:55,57	20:09,47	00:29,83	01:04,99	02:33,08	00:35,18	01:16,15	02:44,78	00:28,80	01:04,43	02:30,77	02:27,36	05:18,78
883	00:25,49	00:56,18	02:05,36	04:31,53	09:55,64	20:09,61	00:29,83	01:05,00	02:33,10	00:35,19	01:16,16	02:44,79	00:28,80	01:04,43	02:30,79	02:27,38	05:18,82
882	00:25,49	00:56,19	02:05,37	04:31,56	09:55,71	20:09,75	00:29,84	01:05,01	02:33,12	00:35,20	01:16,17	02:44,81	00:28,81	01:04,44	02:30,81	02:27,40	05:18,85
881	00:25,50	00:56,20	02:05,38	04:31,59	09:55,78	20:09,88	00:29,85	01:05,02	02:33,13	00:35,20	01:16,18	02:44,83	00:28,81	01:04,45	02:30,83	02:27,41	05:18,89
880	00:25,50	00:56,21	02:05,40	04:31,62	09:55,84	20:10,02	00:29,85	01:05,03	02:33,15	00:35,21	01:16,19	02:44,85	00:28,82	01:04,46	02:30,84	02:27,43	05:18,92
879	00:25,51	00:56,21	02:05,41	04:31,65	09:55,91	20:10,16	00:29,86	01:05,04	02:33,17	00:35,21	01:16,20	02:44,87	00:28,83	01:04,47	02:30,86	02:27,45	05:18,96
878	00:25,51	00:56,22	02:05,43	04:31,68	09:55,98	20:10,30	00:29,86	01:05,05	02:33,19	00:35,22	01:16,21	02:44,89	00:28,83	01:04,48	02:30,88	02:27,46	05:19,00
877	00:25,52	00:56,23	02:05,44	04:31,71	09:56,05	20:10,44	00:29,87	01:05,06	02:33,20	00:35,23	01:16,23	02:44,91	00:28,84	01:04,49	02:30,89	02:27,48	05:19,03
876	00:25,52	00:56,24	02:05,46	04:31,75	09:56,12	20:10,58	00:29,87	01:05,07	02:33,22	00:35,23	01:16,24	02:44,93	00:28,84	01:04,50	02:30,91	02:27,50	05:19,07
875	00:25,53	00:56,25	02:05,47	04:31,78	09:56,18	20:10,71	00:29,88	01:05,08	02:33,24	00:35,24	01:16,25	02:44,95	00:28,85	01:04,51	02:30,93	02:27,51	05:19,11
874	00:25,53	00:56,26	02:05,48	04:31,81	09:56,25	20:10,85	00:29,88	01:05,09	02:33,26	00:35,25	01:16,26	02:44,96	00:28,85	01:04,52	02:30,95	02:27,53	05:19,14
873	00:25,54	00:56,26	02:05,50	04:31,84	09:56,32	20:10,99	00:29,89	01:05,10	02:33,27	00:35,25	01:16,27	02:44,98	00:28,86	01:04,53	02:30,96	02:27,55	05:19,18
872	00:25,54	00:56,27	02:05,51	04:31,87	09:56,39	20:11,13	00:29,89	01:05,11	02:33,29	00:35,26	01:16,28	02:45,00	00:28,86	01:04,54	02:30,98	02:27,56	05:19,22
871	00:25,54	00:56,28	02:05,53	04:31,90	09:56,46	20:11,27	00:29,90	01:05,12	02:33,31	00:35,27	01:16,30	02:45,02	00:28,87	01:04,55	02:31,00	02:27,58	05:19,25
870	00:25,55	00:56,29	02:05,54	04:31,93	09:56,53	20:11,41	00:29,91	01:05,13	02:33,33	00:35,27	01:16,31	02:45,04	00:28,87	01:04,56	02:31,02	02:27,60	05:19,29
869	00:25,55	00:56,30	02:05,56	04:31,96	09:56,60	20:11,55	00:29,91	01:05,14	02:33,35	00:35,28	01:16,32	02:45,06	00:28,88	01:04,57	02:31,03	02:27,62	05:19,33
868	00:25,56	00:56,31	02:05,57	04:32,00	09:56,67	20:11,69	00:29,92	01:05,15	02:33,36	00:35,29	01:16,33	02:45,08	00:28,88	01:04,58	02:31,05	02:27,63	05:19,36
867	00:25,56	00:56,32	02:05,59	04:32,03	09:56,73	20:11,83	00:29,92	01:05,16	02:33,38	00:35,29	01:16,34	02:45,10	00:28,89	01:04,59	02:31,07	02:27,65	05:19,40
866	00:25,57	00:56,32	02:05,60	04:32,06	09:56,80	20:11,97	00:29,93	01:05,17	02:33,40	00:35,30	01:16,35	02:45,12	00:28,89	01:04,60	02:31,09	02:27,67	05:19,44
865	00:25,57	00:56,33	02:05,61	04:32,09	09:56,87	20:12,11	00:29,93	01:05,18	02:33,42	00:35,30	01:16,37	02:45,14	00:28,90	01:04,61	02:31,10	02:27,68	05:19,48
864	00:25,58	00:56,34	02:05,63	04:32,12	09:56,94	20:12,25	00:29,94	01:05,19	02:33,43	00:35,31	01:16,38	02:45,15	00:28,90	01:04,62	02:31,12	02:27,70	05:19,51
863	00:25,58	00:56,35	02:05,64	04:32,15	09:57,01	20:12,39	00:29,94	01:05,20	02:33,45	00:35,32	01:16,39	02:45,17	00:28,91	01:04,63	02:31,14	02:27,72	05:19,55
862	00:25,59	00:56,36	02:05,66	04:32,19	09:57,08	20:12,53	00:29,95	01:05,21	02:33,47	00:35,32	01:16,40	02:45,19	00:28,91	01:04,64	02:31,16	02:27,74	05:19,59
861	00:25,59	00:56,37	02:05,67	04:32,22	09:57,15	20:12,68	00:29,95	01:05,22	02:33,49	00:35,33	01:16,41	02:45,21	00:28,92	01:04,65	02:31,17	02:27,75	05:19,62
860	00:25,60	00:56,38	02:05,69	04:32,25	09:57,22	20:12,82	00:29,96	01:05,23	02:33,51	00:35,34	01:16,42	02:45,23	00:28,93	01:04,66	02:31,19	02:27,77	05:19,66
859	00:25,60	00:56,39	02:05,70	04:32,28	09:57,29	20:12,96	00:29,97	01:05,24	02:33,52	00:35,34	01:16,44	02:45,25	00:28,93	01:04,67	02:31,21	02:27,79	05:19,70
858	00:25,61	00:56,39	02:05,72	04:32,31	09:57,36	20:13,10	00:29,97	01:05,25	02:33,54	00:35,35	01:16,45	02:45,27	00:28,94	01:04,68	02:31,23	02:27,80	05:19,74
857	00:25,61	00:56,40	02:05,73	04:32,34	09:57,43	20:13,24	00:29,98	01:05,26	02:33,56	00:35,36	01:16,46	02:45,29	00:28,94	01:04,69	02:31,24	02:27,82	05:19,77
856	00:25,62	00:56,41	02:05,75	04:32,38	09:57,50	20:13,38	00:29,98	01:05,27	02:33,58	00:35,36	01:16,47	02:45,31	00:28,95	01:04,70	02:31,26	02:27,84	05:19,81
855	00:25,62	00:56,42	02:05,76	04:32,41	09:57,57	20:13,53	00:29,99	01:05,28	02:33,60	00:35,37	01:16,48	02:45,33	00:28,95	01:04,71	02:31,28	02:27,86	05:19,85
854	00:25,63	00:56,43	02:05,78	04:32,44	09:57,64	20:13,67	00:29,99	01:05,29	02:33,61	00:35,38	01:16,49	02:45,35	00:28,96	01:04,72	02:31,30	02:27,87	05:19,89
853	00:25,63	00:56,44	02:05,79	04:32,47	09:57,71	20:13,81	00:30,00	01:05,30	02:33,63	00:35,38	01:16,51	02:45,37	00:28,96	01:04,73	02:31,31	02:27,89	05:19,92
852	00:25,63	00:56,45	02:05,81	04:32,50	09:57,78	20:13,95	00:30,00	01:05,31	02:33,65	00:35,39	01:16,52	02:45,39	00:28,97	01:04,74	02:31,33	02:27,91	05:19,96
851	00:25,64	00:56,46	02:05,82	04:32,54	09:57,85	20:14,10	00:30,01	01:05,32	02:33,67	00:35,40	01:16,53	02:45,41	00:28,97	01:04,75	02:31,35	02:27,93	05:20,00
850	00:25,64	00:56,46	02:05,84	04:32,57	09:57,92	20:14,24	00:30,02	01:05,33	02:33,69	00:35,40	01:16,54	02:45,43	00:28,98	01:04,76	02:31,37	02:27,94	05:20,04
849	00:25,65	00:56,47	02:05,85	04:32,60	09:57,99	20:14,38	00:30,02	01:05,34	02:33,70	00:35,41	01:16,55	02:45,45	00:28,98	01:04,77	02:31,39	02:27,96	05:20,07
848	00:25,65	00:56,48	02:05,87	04:32,63	09:58,06	20:14,53	00:30,03	01:05,35	02:33,72	00:35,42	01:16,57	02:45,46	00:28,99	01:04,78	02:31,40	02:27,98	05:20,11
847	00:25,66	00:56,49	02:05,88	04:32,67	09:58,13	20:14,67	00:30,03	01:05,36	02:33,74	00:35,42	01:16,58	02:45,48	00:29,00	01:04,79	02:31,42	02:28,00	05:20,15
846	00:25,66	00:56,50	02:05,90	04:32,70	09:58,20	20:14,82	00:30,04	01:05,37	02:33,76	00:35,43	01:16,59	02:45,50	00:29,00	01:04,80	02:31,44	02:28,01	05:20,19
845	00:25,67	00:56,51	02:05,91	04:32,73	09:58,28	20:14,96	00:30,04	01:05,38	02:33,78	00:35,44	01:16,60	02:45,52	00:29,01	01:04,81	02:31,46	02:28,03	05:20,23
844	00:25,67	00:56,52	02:05,92	04:32,76	09:58,35	20:15,10	00:30,05	01:05,39	02:33,80	00:35,44	01:16,61	02:45,54	00:29,01	01:04,82	02:31,48	02:28,05	05:20,26
843	00:25,68	00:56,53	02:05,94	04:32,80	09:58,42	20:15,25	00:30,06	01:05,41	02:33,81	00:35,45	01:16,63	02:45,56	00:29,02	01:04,83	02:31,49	02:28,07	05:20,30

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
842	00:25,68	00:56,54	02:05,95	04:32,83	09:58,49	20:15,39	00:30,06	01:05,42	02:33,83	00:35,46	01:16,64	02:45,58	00:29,02	01:04,84	02:31,51	02:28,08	05:20,34
841	00:25,69	00:56,54	02:05,97	04:32,86	09:58,56	20:15,54	00:30,07	01:05,43	02:33,85	00:35,46	01:16,65	02:45,60	00:29,03	01:04,85	02:31,53	02:28,10	05:20,38
840	00:25,69	00:56,55	02:05,98	04:32,89	09:58,63	20:15,68	00:30,07	01:05,44	02:33,87	00:35,47	01:16,66	02:45,62	00:29,03	01:04,86	02:31,55	02:28,12	05:20,42
839	00:25,70	00:56,56	02:06,00	04:32,93	09:58,70	20:15,83	00:30,08	01:05,45	02:33,89	00:35,48	01:16,67	02:45,64	00:29,04	01:04,87	02:31,57	02:28,14	05:20,46
838	00:25,70	00:56,57	02:06,02	04:32,96	09:58,78	20:15,97	00:30,08	01:05,46	02:33,91	00:35,48	01:16,69	02:45,66	00:29,05	01:04,88	02:31,58	02:28,15	05:20,49
837	00:25,71	00:56,58	02:06,03	04:32,99	09:58,85	20:16,12	00:30,09	01:05,47	02:33,92	00:35,49	01:16,70	02:45,68	00:29,05	01:04,89	02:31,60	02:28,17	05:20,53
836	00:25,71	00:56,59	02:06,05	04:33,02	09:58,92	20:16,27	00:30,10	01:05,48	02:33,94	00:35,50	01:16,71	02:45,70	00:29,06	01:04,90	02:31,62	02:28,19	05:20,57
835	00:25,72	00:56,60	02:06,06	04:33,06	09:58,99	20:16,41	00:30,10	01:05,49	02:33,96	00:35,50	01:16,72	02:45,72	00:29,06	01:04,91	02:31,64	02:28,21	05:20,61
834	00:25,72	00:56,61	02:06,08	04:33,09	09:59,06	20:16,56	00:30,11	01:05,50	02:33,98	00:35,51	01:16,74	02:45,74	00:29,07	01:04,92	02:31,66	02:28,23	05:20,65
833	00:25,73	00:56,62	02:06,09	04:33,12	09:59,13	20:16,70	00:30,11	01:05,51	02:34,00	00:35,52	01:16,75	02:45,76	00:29,07	01:04,93	02:31,68	02:28,24	05:20,69
832	00:25,73	00:56,62	02:06,11	04:33,15	09:59,21	20:16,85	00:30,12	01:05,52	02:34,02	00:35,52	01:16,76	02:45,78	00:29,08	01:04,95	02:31,69	02:28,26	05:20,72
831	00:25,74	00:56,63	02:06,12	04:33,19	09:59,28	20:17,00	00:30,12	01:05,53	02:34,03	00:35,53	01:16,77	02:45,80	00:29,08	01:04,96	02:31,71	02:28,28	05:20,76
830	00:25,74	00:56,64	02:06,14	04:33,22	09:59,35	20:17,15	00:30,13	01:05,54	02:34,05	00:35,54	01:16,78	02:45,82	00:29,09	01:04,97	02:31,73	02:28,30	05:20,80
829	00:25,75	00:56,65	02:06,15	04:33,25	09:59,42	20:17,29	00:30,14	01:05,55	02:34,07	00:35,54	01:16,80	02:45,84	00:29,09	01:04,98	02:31,75	02:28,31	05:20,84
828	00:25,75	00:56,66	02:06,17	04:33,29	09:59,50	20:17,44	00:30,14	01:05,56	02:34,09	00:35,55	01:16,81	02:45,86	00:29,10	01:04,99	02:31,77	02:28,33	05:20,88
827	00:25,76	00:56,67	02:06,18	04:33,32	09:59,57	20:17,59	00:30,15	01:05,57	02:34,11	00:35,56	01:16,82	02:45,88	00:29,11	01:05,00	02:31,79	02:28,35	05:20,92
826	00:25,76	00:56,68	02:06,20	04:33,35	09:59,64	20:17,74	00:30,15	01:05,58	02:34,13	00:35,56	01:16,83	02:45,90	00:29,11	01:05,01	02:31,80	02:28,37	05:20,96
825	00:25,77	00:56,69	02:06,21	04:33,39	09:59,72	20:17,88	00:30,16	01:05,59	02:34,15	00:35,57	01:16,85	02:45,92	00:29,12	01:05,02	02:31,82	02:28,39	05:21,00
824	00:25,77	00:56,70	02:06,23	04:33,42	09:59,79	20:18,03	00:30,16	01:05,60	02:34,17	00:35,58	01:16,86	02:45,94	00:29,12	01:05,03	02:31,84	02:28,40	05:21,04
823	00:25,78	00:56,71	02:06,24	04:33,45	09:59,86	20:18,18	00:30,17	01:05,61	02:34,18	00:35,59	01:16,87	02:45,96	00:29,13	01:05,04	02:31,86	02:28,42	05:21,08
822	00:25,78	00:56,72	02:06,26	04:33,49	09:59,93	20:18,33	00:30,18	01:05,62	02:34,20	00:35,59	01:16,88	02:45,98	00:29,13	01:05,05	02:31,88	02:28,44	05:21,11
821	00:25,79	00:56,72	02:06,27	04:33,52	10:00,01	20:18,48	00:30,18	01:05,63	02:34,22	00:35,60	01:16,90	02:46,00	00:29,14	01:05,06	02:31,90	02:28,46	05:21,15
820	00:25,79	00:56,73	02:06,29	04:33,55	10:00,08	20:18,63	00:30,19	01:05,65	02:34,24	00:35,61	01:16,91	02:46,02	00:29,15	01:05,07	02:31,92	02:28,48	05:21,19
819	00:25,80	00:56,74	02:06,31	04:33,59	10:00,15	20:18,78	00:30,19	01:05,66	02:34,26	00:35,61	01:16,92	02:46,04	00:29,15	01:05,08	02:31,93	02:28,50	05:21,23
818	00:25,80	00:56,75	02:06,32	04:33,62	10:00,23	20:18,93	00:30,20	01:05,67	02:34,28	00:35,62	01:16,93	02:46,06	00:29,16	01:05,09	02:31,95	02:28,51	05:21,27
817	00:25,81	00:56,76	02:06,34	04:33,65	10:00,30	20:19,08	00:30,21	01:05,68	02:34,30	00:35,63	01:16,95	02:46,08	00:29,16	01:05,10	02:31,97	02:28,53	05:21,31
816	00:25,81	00:56,77	02:06,35	04:33,69	10:00,38	20:19,22	00:30,21	01:05,69	02:34,32	00:35,63	01:16,96	02:46,10	00:29,17	01:05,11	02:31,99	02:28,55	05:21,35
815	00:25,82	00:56,78	02:06,37	04:33,72	10:00,45	20:19,37	00:30,22	01:05,70	02:34,34	00:35,64	01:16,97	02:46,13	00:29,17	01:05,12	02:32,01	02:28,57	05:21,39
814	00:25,82	00:56,79	02:06,38	04:33,76	10:00,52	20:19,53	00:30,22	01:05,71	02:34,35	00:35,65	01:16,98	02:46,15	00:29,18	01:05,13	02:32,03	02:28,59	05:21,43
813	00:25,83	00:56,80	02:06,40	04:33,79	10:00,60	20:19,68	00:30,23	01:05,72	02:34,37	00:35,65	01:17,00	02:46,17	00:29,19	01:05,14	02:32,05	02:28,61	05:21,47
812	00:25,83	00:56,81	02:06,41	04:33,82	10:00,67	20:19,83	00:30,24	01:05,73	02:34,39	00:35,66	01:17,01	02:46,19	00:29,19	01:05,16	02:32,06	02:28,62	05:21,51
811	00:25,84	00:56,82	02:06,43	04:33,86	10:00,75	20:19,98	00:30,24	01:05,74	02:34,41	00:35,67	01:17,02	02:46,21	00:29,20	01:05,17	02:32,08	02:28,64	05:21,55
810	00:25,84	00:56,83	02:06,45	04:33,89	10:00,82	20:20,13	00:30,25	01:05,75	02:34,43	00:35,68	01:17,03	02:46,23	00:29,20	01:05,18	02:32,10	02:28,66	05:21,59
809	00:25,85	00:56,84	02:06,46	04:33,92	10:00,90	20:20,28	00:30,25	01:05,76	02:34,45	00:35,68	01:17,05	02:46,25	00:29,21	01:05,19	02:32,12	02:28,68	05:21,63
808	00:25,85	00:56,85	02:06,48	04:33,96	10:00,97	20:20,43	00:30,26	01:05,77	02:34,47	00:35,69	01:17,06	02:46,27	00:29,21	01:05,20	02:32,14	02:28,70	05:21,67
807	00:25,86	00:56,85	02:06,49	04:33,99	10:01,04	20:20,58	00:30,26	01:05,78	02:34,49	00:35,70	01:17,07	02:46,29	00:29,22	01:05,21	02:32,16	02:28,72	05:21,71
806	00:25,86	00:56,86	02:06,51	04:34,03	10:01,12	20:20,73	00:30,27	01:05,80	02:34,51	00:35,70	01:17,08	02:46,31	00:29,23	01:05,22	02:32,18	02:28,73	05:21,75
805	00:25,87	00:56,87	02:06,52	04:34,06	10:01,19	20:20,89	00:30,28	01:05,81	02:34,53	00:35,71	01:17,10	02:46,33	00:29,23	01:05,23	02:32,20	02:28,75	05:21,79
804	00:25,87	00:56,88	02:06,54	04:34,09	10:01,27	20:21,04	00:30,28	01:05,82	02:34,55	00:35,72	01:17,11	02:46,35	00:29,24	01:05,24	02:32,22	02:28,77	05:21,83
803	00:25,88	00:56,89	02:06,56	04:34,13	10:01,34	20:21,19	00:30,29	01:05,83	02:34,57	00:35,73	01:17,12	02:46,37	00:29,24	01:05,25	02:32,23	02:28,79	05:21,87
802	00:25,88	00:56,90	02:06,57	04:34,16	10:01,42	20:21,34	00:30,29	01:05,84	02:34,58	00:35,73	01:17,13	02:46,39	00:29,25	01:05,26	02:32,25	02:28,81	05:21,91
801	00:25,89	00:56,91	02:06,59	04:34,20	10:01,49	20:21,50	00:30,30	01:05,85	02:34,60	00:35,74	01:17,15	02:46,41	00:29,25	01:05,27	02:32,27	02:28,83	05:21,95
800	00:25,89	00:56,92	02:06,60	04:34,23	10:01,57	20:21,65	00:30,31	01:05,86	02:34,62	00:35,75	01:17,16	02:46,44	00:29,26	01:05,28	02:32,29	02:28,85	05:21,99
799	00:25,90	00:56,93	02:06,62	04:34,27	10:01,65	20:21,80	00:30,31	01:05,87	02:34,64	00:35,75	01:17,17	02:46,46	00:29,27	01:05,29	02:32,31	02:28,86	05:22,03
798	00:25,90	00:56,94	02:06,64	04:34,30	10:01,72	20:21,96	00:30,32	01:05,88	02:34,66	00:35,76	01:17,19	02:46,48	00:29,27	01:05,31	02:32,33	02:28,88	05:22,07
797	00:25,91	00:56,95	02:06,65	04:34,34	10:01,80	20:22,11	00:30,32	01:05,89	02:34,68	00:35,77	01:17,20	02:46,50	00:29,28	01:05,32	02:32,35	02:28,90	05:22,11
796	00:25,91	00:56,96	02:06,67	04:34,37	10:01,87	20:22,26	00:30,33	01:05,90	02:34,70	00:35,77	01:17,21	02:46,52	00:29,28	01:05,33	02:32,37	02:28,92	05:22,15

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
795	00:25,92	00:56,97	02:06,68	04:34,40	10:01,95	20:22,42	00:30,34	01:05,92	02:34,72	00:35,78	01:17,22	02:46,54	00:29,29	01:05,34	02:32,39	02:28,94	05:22,19
794	00:25,92	00:56,98	02:06,70	04:34,44	10:02,02	20:22,57	00:30,34	01:05,93	02:34,74	00:35,79	01:17,24	02:46,56	00:29,30	01:05,35	02:32,41	02:28,96	05:22,23
793	00:25,93	00:56,99	02:06,71	04:34,47	10:02,10	20:22,73	00:30,35	01:05,94	02:34,76	00:35,80	01:17,25	02:46,58	00:29,30	01:05,36	02:32,43	02:28,98	05:22,27
792	00:25,93	00:57,00	02:06,73	04:34,51	10:02,18	20:22,88	00:30,36	01:05,95	02:34,78	00:35,80	01:17,26	02:46,60	00:29,31	01:05,37	02:32,45	02:29,00	05:22,31
791	00:25,94	00:57,01	02:06,75	04:34,54	10:02,25	20:23,04	00:30,36	01:05,96	02:34,80	00:35,81	01:17,28	02:46,62	00:29,31	01:05,38	02:32,47	02:29,01	05:22,36
790	00:25,94	00:57,02	02:06,76	04:34,58	10:02,33	20:23,19	00:30,37	01:05,97	02:34,82	00:35,82	01:17,29	02:46,65	00:29,32	01:05,39	02:32,48	02:29,03	05:22,40
789	00:25,95	00:57,02	02:06,78	04:34,61	10:02,41	20:23,35	00:30,37	01:05,98	02:34,84	00:35,83	01:17,30	02:46,67	00:29,32	01:05,40	02:32,50	02:29,05	05:22,44
788	00:25,96	00:57,03	02:06,80	04:34,65	10:02,48	20:23,50	00:30,38	01:05,99	02:34,86	00:35,83	01:17,32	02:46,69	00:29,33	01:05,42	02:32,52	02:29,07	05:22,48
787	00:25,96	00:57,04	02:06,81	04:34,68	10:02,56	20:23,66	00:30,39	01:06,00	02:34,88	00:35,84	01:17,33	02:46,71	00:29,34	01:05,43	02:32,54	02:29,09	05:22,52
786	00:25,97	00:57,05	02:06,83	04:34,72	10:02,64	20:23,82	00:30,39	01:06,02	02:34,90	00:35,85	01:17,34	02:46,73	00:29,34	01:05,44	02:32,56	02:29,11	05:22,56
785	00:25,97	00:57,06	02:06,84	04:34,75	10:02,71	20:23,97	00:30,40	01:06,03	02:34,92	00:35,85	01:17,35	02:46,75	00:29,35	01:05,45	02:32,58	02:29,13	05:22,60
784	00:25,98	00:57,07	02:06,86	04:34,79	10:02,79	20:24,13	00:30,40	01:06,04	02:34,94	00:35,86	01:17,37	02:46,77	00:29,35	01:05,46	02:32,60	02:29,15	05:22,64
783	00:25,98	00:57,08	02:06,88	04:34,82	10:02,87	20:24,29	00:30,41	01:06,05	02:34,96	00:35,87	01:17,38	02:46,79	00:29,36	01:05,47	02:32,62	02:29,17	05:22,68
782	00:25,99	00:57,09	02:06,89	04:34,86	10:02,95	20:24,44	00:30,42	01:06,06	02:34,98	00:35,88	01:17,39	02:46,82	00:29,37	01:05,48	02:32,64	02:29,19	05:22,73
781	00:25,99	00:57,10	02:06,91	04:34,89	10:03,02	20:24,60	00:30,42	01:06,07	02:35,00	00:35,88	01:17,41	02:46,84	00:29,37	01:05,49	02:32,66	02:29,21	05:22,77
780	00:26,00	00:57,11	02:06,93	04:34,93	10:03,10	20:24,76	00:30,43	01:06,08	02:35,02	00:35,89	01:17,42	02:46,86	00:29,38	01:05,50	02:32,68	02:29,22	05:22,81
779	00:26,00	00:57,12	02:06,94	04:34,97	10:03,18	20:24,92	00:30,44	01:06,09	02:35,04	00:35,90	01:17,43	02:46,88	00:29,38	01:05,51	02:32,70	02:29,24	05:22,85
778	00:26,01	00:57,13	02:06,96	04:35,00	10:03,26	20:25,07	00:30,44	01:06,10	02:35,06	00:35,91	01:17,45	02:46,90	00:29,39	01:05,53	02:32,72	02:29,26	05:22,89
777	00:26,01	00:57,14	02:06,97	04:35,04	10:03,33	20:25,23	00:30,45	01:06,12	02:35,08	00:35,91	01:17,46	02:46,92	00:29,40	01:05,54	02:32,74	02:29,28	05:22,93
776	00:26,02	00:57,15	02:06,99	04:35,07	10:03,41	20:25,39	00:30,45	01:06,13	02:35,10	00:35,92	01:17,47	02:46,94	00:29,40	01:05,55	02:32,76	02:29,30	05:22,98
775	00:26,02	00:57,16	02:07,01	04:35,11	10:03,49	20:25,55	00:30,46	01:06,14	02:35,12	00:35,93	01:17,49	02:46,97	00:29,41	01:05,56	02:32,78	02:29,32	05:23,02
774	00:26,03	00:57,17	02:07,02	04:35,14	10:03,57	20:25,71	00:30,47	01:06,15	02:35,14	00:35,93	01:17,50	02:46,99	00:29,41	01:05,57	02:32,80	02:29,34	05:23,06
773	00:26,03	00:57,18	02:07,04	04:35,18	10:03,65	20:25,87	00:30,47	01:06,16	02:35,16	00:35,94	01:17,51	02:47,01	00:29,42	01:05,58	02:32,82	02:29,36	05:23,10
772	00:26,04	00:57,19	02:07,06	04:35,21	10:03,72	20:26,03	00:30,48	01:06,17	02:35,18	00:35,95	01:17,53	02:47,03	00:29,43	01:05,59	02:32,84	02:29,38	05:23,14
771	00:26,05	00:57,20	02:07,07	04:35,25	10:03,80	20:26,18	00:30,49	01:06,18	02:35,20	00:35,96	01:17,54	02:47,05	00:29,43	01:05,60	02:32,86	02:29,40	05:23,18
770	00:26,05	00:57,21	02:07,09	04:35,29	10:03,88	20:26,34	00:30,49	01:06,20	02:35,22	00:35,96	01:17,55	02:47,07	00:29,44	01:05,62	02:32,88	02:29,42	05:23,23
769	00:26,06	00:57,22	02:07,11	04:35,32	10:03,96	20:26,50	00:30,50	01:06,21	02:35,24	00:35,97	01:17,57	02:47,10	00:29,44	01:05,63	02:32,90	02:29,44	05:23,27
768	00:26,06	00:57,23	02:07,12	04:35,36	10:04,04	20:26,66	00:30,50	01:06,22	02:35,26	00:35,98	01:17,58	02:47,12	00:29,45	01:05,64	02:32,92	02:29,46	05:23,31
767	00:26,07	00:57,24	02:07,14	04:35,39	10:04,12	20:26,82	00:30,51	01:06,23	02:35,28	00:35,99	01:17,59	02:47,14	00:29,46	01:05,65	02:32,94	02:29,48	05:23,35
766	00:26,07	00:57,25	02:07,16	04:35,43	10:04,20	20:26,99	00:30,52	01:06,24	02:35,30	00:35,99	01:17,61	02:47,16	00:29,46	01:05,66	02:32,96	02:29,50	05:23,40
765	00:26,08	00:57,26	02:07,17	04:35,47	10:04,28	20:27,15	00:30,52	01:06,25	02:35,32	00:36,00	01:17,62	02:47,18	00:29,47	01:05,67	02:32,98	02:29,52	05:23,44
764	00:26,08	00:57,27	02:07,19	04:35,50	10:04,36	20:27,31	00:30,53	01:06,26	02:35,34	00:36,01	01:17,63	02:47,21	00:29,48	01:05,68	02:33,00	02:29,54	05:23,48
763	00:26,09	00:57,28	02:07,21	04:35,54	10:04,44	20:27,47	00:30,54	01:06,28	02:35,36	00:36,02	01:17,65	02:47,23	00:29,48	01:05,70	02:33,02	02:29,55	05:23,52
762	00:26,09	00:57,29	02:07,22	04:35,57	10:04,51	20:27,63	00:30,54	01:06,29	02:35,38	00:36,02	01:17,66	02:47,25	00:29,49	01:05,71	02:33,04	02:29,57	05:23,57
761	00:26,10	00:57,30	02:07,24	04:35,61	10:04,59	20:27,79	00:30,55	01:06,30	02:35,40	00:36,03	01:17,67	02:47,27	00:29,49	01:05,72	02:33,06	02:29,59	05:23,61
760	00:26,10	00:57,31	02:07,26	04:35,65	10:04,67	20:27,95	00:30,55	01:06,31	02:35,42	00:36,04	01:17,69	02:47,29	00:29,50	01:05,73	02:33,08	02:29,61	05:23,65
759	00:26,11	00:57,32	02:07,27	04:35,68	10:04,75	20:28,12	00:30,56	01:06,32	02:35,44	00:36,05	01:17,70	02:47,32	00:29,51	01:05,74	02:33,10	02:29,63	05:23,69
758	00:26,12	00:57,33	02:07,29	04:35,72	10:04,83	20:28,28	00:30,57	01:06,33	02:35,46	00:36,05	01:17,71	02:47,34	00:29,51	01:05,75	02:33,12	02:29,65	05:23,74
757	00:26,12	00:57,34	02:07,31	04:35,76	10:04,91	20:28,44	00:30,57	01:06,35	02:35,48	00:36,06	01:17,73	02:47,36	00:29,52	01:05,76	02:33,14	02:29,67	05:23,78
756	00:26,13	00:57,35	02:07,32	04:35,79	10:04,99	20:28,60	00:30,58	01:06,36	02:35,50	00:36,07	01:17,74	02:47,38	00:29,52	01:05,78	02:33,16	02:29,69	05:23,82
755	00:26,13	00:57,36	02:07,34	04:35,83	10:05,07	20:28,77	00:30,59	01:06,37	02:35,52	00:36,08	01:17,76	02:47,40	00:29,53	01:05,79	02:33,18	02:29,71	05:23,87
754	00:26,14	00:57,37	02:07,36	04:35,87	10:05,16	20:28,93	00:30,59	01:06,38	02:35,55	00:36,08	01:17,77	02:47,43	00:29,54	01:05,80	02:33,20	02:29,73	05:23,91
753	00:26,14	00:57,38	02:07,37	04:35,90	10:05,24	20:29,09	00:30,60	01:06,39	02:35,57	00:36,09	01:17,78	02:47,45	00:29,54	01:05,81	02:33,22	02:29,75	05:23,95
752	00:26,15	00:57,39	02:07,39	04:35,94	10:05,32	20:29,26	00:30,61	01:06,40	02:35,59	00:36,10	01:17,80	02:47,47	00:29,55	01:05,82	02:33,24	02:29,77	05:23,99
751	00:26,15	00:57,40	02:07,41	04:35,98	10:05,40	20:29,42	00:30,61	01:06,42	02:35,61	00:36,11	01:17,81	02:47,49	00:29,56	01:05,83	02:33,26	02:29,79	05:24,04
750	00:26,16	00:57,41	02:07,43	04:36,01	10:05,48	20:29,59	00:30,62	01:06,43	02:35,63	00:36,12	01:17,82	02:47,52	00:29,56	01:05,85	02:33,28	02:29,81	05:24,08
749	00:26,17	00:57,42	02:07,44	04:36,05	10:05,56	20:29,75	00:30,63	01:06,44	02:35,65	00:36,12	01:17,84	02:47,54	00:29,57	01:05,86	02:33,30	02:29,83	05:24,12

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
748	00:26,17	00:57,43	02:07,46	04:36,09	10:05,64	20:29,92	00:30,63	01:06,45	02:35,67	00:36,13	01:17,85	02:47,56	00:29,57	01:05,87	02:33,32	02:29,85	05:24,17
747	00:26,18	00:57,44	02:07,48	04:36,12	10:05,72	20:30,08	00:30,64	01:06,46	02:35,69	00:36,14	01:17,87	02:47,58	00:29,58	01:05,88	02:33,34	02:29,87	05:24,21
746	00:26,18	00:57,45	02:07,49	04:36,16	10:05,80	20:30,25	00:30,65	01:06,47	02:35,71	00:36,15	01:17,88	02:47,61	00:29,59	01:05,89	02:33,36	02:29,89	05:24,26
745	00:26,19	00:57,46	02:07,51	04:36,20	10:05,89	20:30,41	00:30,65	01:06,49	02:35,73	00:36,15	01:17,89	02:47,63	00:29,59	01:05,90	02:33,38	02:29,91	05:24,30
744	00:26,19	00:57,47	02:07,53	04:36,24	10:05,97	20:30,58	00:30,66	01:06,50	02:35,75	00:36,16	01:17,91	02:47,65	00:29,60	01:05,92	02:33,41	02:29,93	05:24,34
743	00:26,20	00:57,48	02:07,55	04:36,27	10:06,05	20:30,74	00:30,67	01:06,51	02:35,77	00:36,17	01:17,92	02:47,67	00:29,61	01:05,93	02:33,43	02:29,95	05:24,39
742	00:26,20	00:57,49	02:07,56	04:36,31	10:06,13	20:30,91	00:30,67	01:06,52	02:35,80	00:36,18	01:17,93	02:47,70	00:29,61	01:05,94	02:33,45	02:29,97	05:24,43
741	00:26,21	00:57,50	02:07,58	04:36,35	10:06,21	20:31,08	00:30,68	01:06,53	02:35,82	00:36,18	01:17,95	02:47,72	00:29,62	01:05,95	02:33,47	02:29,99	05:24,47
740	00:26,22	00:57,51	02:07,60	04:36,39	10:06,29	20:31,24	00:30,68	01:06,55	02:35,84	00:36,19	01:17,96	02:47,74	00:29,63	01:05,96	02:33,49	02:30,01	05:24,52
739	00:26,22	00:57,52	02:07,61	04:36,42	10:06,38	20:31,41	00:30,69	01:06,56	02:35,86	00:36,20	01:17,98	02:47,77	00:29,63	01:05,97	02:33,51	02:30,04	05:24,56
738	00:26,23	00:57,53	02:07,63	04:36,46	10:06,46	20:31,58	00:30,70	01:06,57	02:35,88	00:36,21	01:17,99	02:47,79	00:29,64	01:05,99	02:33,53	02:30,06	05:24,61
737	00:26,23	00:57,54	02:07,65	04:36,50	10:06,54	20:31,75	00:30,70	01:06,58	02:35,90	00:36,22	01:18,00	02:47,81	00:29,64	01:06,00	02:33,55	02:30,08	05:24,65
736	00:26,24	00:57,55	02:07,67	04:36,54	10:06,62	20:31,91	00:30,71	01:06,59	02:35,92	00:36,22	01:18,02	02:47,83	00:29,65	01:06,01	02:33,57	02:30,10	05:24,69
735	00:26,24	00:57,56	02:07,68	04:36,57	10:06,71	20:32,08	00:30,72	01:06,61	02:35,94	00:36,23	01:18,03	02:47,86	00:29,66	01:06,02	02:33,59	02:30,12	05:24,74
734	00:26,25	00:57,57	02:07,70	04:36,61	10:06,79	20:32,25	00:30,72	01:06,62	02:35,97	00:36,24	01:18,05	02:47,88	00:29,66	01:06,03	02:33,61	02:30,14	05:24,78
733	00:26,26	00:57,58	02:07,72	04:36,65	10:06,87	20:32,42	00:30,73	01:06,63	02:35,99	00:36,25	01:18,06	02:47,90	00:29,67	01:06,05	02:33,63	02:30,16	05:24,83
732	00:26,26	00:57,59	02:07,74	04:36,69	10:06,96	20:32,59	00:30,74	01:06,64	02:36,01	00:36,25	01:18,07	02:47,93	00:29,68	01:06,06	02:33,66	02:30,18	05:24,87
731	00:26,27	00:57,61	02:07,75	04:36,73	10:07,04	20:32,76	00:30,74	01:06,65	02:36,03	00:36,26	01:18,09	02:47,95	00:29,68	01:06,07	02:33,68	02:30,20	05:24,92
730	00:26,27	00:57,62	02:07,77	04:36,76	10:07,12	20:32,93	00:30,75	01:06,67	02:36,05	00:36,27	01:18,10	02:47,97	00:29,69	01:06,08	02:33,70	02:30,22	05:24,96
729	00:26,28	00:57,63	02:07,79	04:36,80	10:07,21	20:33,10	00:30,76	01:06,68	02:36,07	00:36,28	01:18,12	02:47,99	00:29,70	01:06,09	02:33,72	02:30,24	05:25,01
728	00:26,28	00:57,64	02:07,81	04:36,84	10:07,29	20:33,27	00:30,76	01:06,69	02:36,09	00:36,29	01:18,13	02:48,02	00:29,70	01:06,11	02:33,74	02:30,26	05:25,05
727	00:26,29	00:57,65	02:07,82	04:36,88	10:07,37	20:33,44	00:30,77	01:06,70	02:36,12	00:36,29	01:18,15	02:48,04	00:29,71	01:06,12	02:33,76	02:30,28	05:25,10
726	00:26,30	00:57,66	02:07,84	04:36,92	10:07,46	20:33,61	00:30,78	01:06,71	02:36,14	00:36,30	01:18,16	02:48,06	00:29,72	01:06,13	02:33,78	02:30,30	05:25,14
725	00:26,30	00:57,67	02:07,86	04:36,95	10:07,54	20:33,78	00:30,78	01:06,73	02:36,16	00:36,31	01:18,17	02:48,09	00:29,72	01:06,14	02:33,80	02:30,32	05:25,19
724	00:26,31	00:57,68	02:07,88	04:36,99	10:07,63	20:33,95	00:30,79	01:06,74	02:36,18	00:36,32	01:18,19	02:48,11	00:29,73	01:06,15	02:33,83	02:30,34	05:25,23
723	00:26,31	00:57,69	02:07,90	04:37,03	10:07,71	20:34,12	00:30,80	01:06,75	02:36,20	00:36,33	01:18,20	02:48,13	00:29,73	01:06,17	02:33,85	02:30,36	05:25,28
722	00:26,32	00:57,70	02:07,91	04:37,07	10:07,79	20:34,29	00:30,81	01:06,76	02:36,22	00:36,33	01:18,22	02:48,16	00:29,74	01:06,18	02:33,87	02:30,39	05:25,32
721	00:26,32	00:57,71	02:07,93	04:37,11	10:07,88	20:34,46	00:30,81	01:06,78	02:36,25	00:36,34	01:18,23	02:48,18	00:29,75	01:06,19	02:33,89	02:30,41	05:25,37
720	00:26,33	00:57,72	02:07,95	04:37,15	10:07,96	20:34,63	00:30,82	01:06,79	02:36,27	00:36,35	01:18,25	02:48,20	00:29,75	01:06,20	02:33,91	02:30,43	05:25,41
719	00:26,34	00:57,73	02:07,97	04:37,19	10:08,05	20:34,81	00:30,83	01:06,80	02:36,29	00:36,36	01:18,26	02:48,23	00:29,76	01:06,22	02:33,93	02:30,45	05:25,46
718	00:26,34	00:57,74	02:07,98	04:37,22	10:08,13	20:34,98	00:30,83	01:06,81	02:36,31	00:36,37	01:18,28	02:48,25	00:29,77	01:06,23	02:33,95	02:30,47	05:25,50
717	00:26,35	00:57,75	02:08,00	04:37,26	10:08,22	20:35,15	00:30,84	01:06,82	02:36,33	00:36,37	01:18,29	02:48,27	00:29,77	01:06,24	02:33,98	02:30,49	05:25,55
716	00:26,35	00:57,76	02:08,02	04:37,30	10:08,30	20:35,32	00:30,85	01:06,84	02:36,35	00:36,38	01:18,30	02:48,30	00:29,78	01:06,25	02:34,00	02:30,51	05:25,59
715	00:26,36	00:57,77	02:08,04	04:37,34	10:08,39	20:35,50	00:30,85	01:06,85	02:36,38	00:36,39	01:18,32	02:48,32	00:29,79	01:06,26	02:34,02	02:30,53	05:25,64
714	00:26,37	00:57,79	02:08,06	04:37,38	10:08,47	20:35,67	00:30,86	01:06,86	02:36,40	00:36,40	01:18,33	02:48,35	00:29,79	01:06,28	02:34,04	02:30,55	05:25,69
713	00:26,37	00:57,80	02:08,07	04:37,42	10:08,56	20:35,84	00:30,87	01:06,87	02:36,42	00:36,41	01:18,35	02:48,37	00:29,80	01:06,29	02:34,06	02:30,58	05:25,73
712	00:26,38	00:57,81	02:08,09	04:37,46	10:08,65	20:36,02	00:30,87	01:06,89	02:36,44	00:36,42	01:18,36	02:48,39	00:29,81	01:06,30	02:34,08	02:30,60	05:25,78
711	00:26,38	00:57,82	02:08,11	04:37,50	10:08,73	20:36,19	00:30,88	01:06,90	02:36,46	00:36,42	01:18,38	02:48,42	00:29,81	01:06,31	02:34,11	02:30,62	05:25,82
710	00:26,39	00:57,83	02:08,13	04:37,54	10:08,82	20:36,37	00:30,89	01:06,91	02:36,49	00:36,43	01:18,39	02:48,44	00:29,82	01:06,33	02:34,13	02:30,64	05:25,87
709	00:26,39	00:57,84	02:08,15	04:37,58	10:08,90	20:36,54	00:30,89	01:06,92	02:36,51	00:36,44	01:18,41	02:48,46	00:29,83	01:06,34	02:34,15	02:30,66	05:25,91
708	00:26,40	00:57,85	02:08,16	04:37,61	10:08,99	20:36,72	00:30,90	01:06,94	02:36,53	00:36,45	01:18,42	02:48,49	00:29,83	01:06,35	02:34,17	02:30,68	05:25,96
707	00:26,41	00:57,86	02:08,18	04:37,65	10:09,08	20:36,89	00:30,91	01:06,95	02:36,55	00:36,46	01:18,44	02:48,51	00:29,84	01:06,36	02:34,19	02:30,70	05:26,01
706	00:26,41	00:57,87	02:08,20	04:37,69	10:09,16	20:37,07	00:30,92	01:06,96	02:36,58	00:36,46	01:18,45	02:48,54	00:29,85	01:06,38	02:34,21	02:30,72	05:26,05
705	00:26,42	00:57,88	02:08,22	04:37,73	10:09,25	20:37,25	00:30,92	01:06,97	02:36,60	00:36,47	01:18,47	02:48,56	00:29,85	01:06,39	02:34,24	02:30,75	05:26,10
704	00:26,42	00:57,89	02:08,24	04:37,77	10:09,34	20:37,42	00:30,93	01:06,99	02:36,62	00:36,48	01:18,48	02:48,58	00:29,86	01:06,40	02:34,26	02:30,77	05:26,15
703	00:26,43	00:57,90	02:08,26	04:37,81	10:09,42	20:37,60	00:30,94	01:07,00	02:36,64	00:36,49	01:18,49	02:48,61	00:29,87	01:06,41	02:34,28	02:30,79	05:26,19
702	00:26,44	00:57,92	02:08,27	04:37,85	10:09,51	20:37,77	00:30,94	01:07,01	02:36,66	00:36,50	01:18,51	02:48,63	00:29,87	01:06,43	02:34,30	02:30,81	05:26,24

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
701	00:26,44	00:57,93	02:08,29	04:37,89	10:09,60	20:37,95	00:30,95	01:07,03	02:36,69	00:36,51	01:18,52	02:48,66	00:29,88	01:06,44	02:34,32	02:30,83	05:26,29
700	00:26,45	00:57,94	02:08,31	04:37,93	10:09,68	20:38,13	00:30,96	01:07,04	02:36,71	00:36,51	01:18,54	02:48,68	00:29,89	01:06,45	02:34,35	02:30,85	05:26,33
699	00:26,45	00:57,95	02:08,33	04:37,97	10:09,77	20:38,31	00:30,96	01:07,05	02:36,73	00:36,52	01:18,55	02:48,70	00:29,90	01:06,46	02:34,37	02:30,88	05:26,38
698	00:26,46	00:57,96	02:08,35	04:38,01	10:09,86	20:38,48	00:30,97	01:07,06	02:36,75	00:36,53	01:18,57	02:48,73	00:29,90	01:06,48	02:34,39	02:30,90	05:26,43
697	00:26,47	00:57,97	02:08,37	04:38,05	10:09,95	20:38,66	00:30,98	01:07,08	02:36,78	00:36,54	01:18,58	02:48,75	00:29,91	01:06,49	02:34,41	02:30,92	05:26,47
696	00:26,47	00:57,98	02:08,38	04:38,09	10:10,04	20:38,84	00:30,99	01:07,09	02:36,80	00:36,55	01:18,60	02:48,78	00:29,92	01:06,50	02:34,44	02:30,94	05:26,52
695	00:26,48	00:57,99	02:08,40	04:38,13	10:10,12	20:39,02	00:30,99	01:07,10	02:36,82	00:36,56	01:18,61	02:48,80	00:29,92	01:06,51	02:34,46	02:30,96	05:26,57
694	00:26,48	00:58,00	02:08,42	04:38,17	10:10,21	20:39,20	00:31,00	01:07,11	02:36,84	00:36,56	01:18,63	02:48,83	00:29,93	01:06,53	02:34,48	02:30,98	05:26,61
693	00:26,49	00:58,01	02:08,44	04:38,21	10:10,30	20:39,38	00:31,01	01:07,13	02:36,87	00:36,57	01:18,64	02:48,85	00:29,94	01:06,54	02:34,50	02:31,01	05:26,66
692	00:26,50	00:58,03	02:08,46	04:38,25	10:10,39	20:39,56	00:31,01	01:07,14	02:36,89	00:36,58	01:18,66	02:48,87	00:29,94	01:06,55	02:34,52	02:31,03	05:26,71
691	00:26,50	00:58,04	02:08,48	04:38,29	10:10,48	20:39,74	00:31,02	01:07,15	02:36,91	00:36,59	01:18,67	02:48,90	00:29,95	01:06,56	02:34,55	02:31,05	05:26,76
690	00:26,51	00:58,05	02:08,50	04:38,33	10:10,57	20:39,92	00:31,03	01:07,17	02:36,94	00:36,60	01:18,69	02:48,92	00:29,96	01:06,58	02:34,57	02:31,07	05:26,80
689	00:26,52	00:58,06	02:08,52	04:38,37	10:10,65	20:40,10	00:31,04	01:07,18	02:36,96	00:36,61	01:18,70	02:48,95	00:29,96	01:06,59	02:34,59	02:31,09	05:26,85
688	00:26,52	00:58,07	02:08,53	04:38,41	10:10,74	20:40,28	00:31,04	01:07,19	02:36,98	00:36,61	01:18,72	02:48,97	00:29,97	01:06,60	02:34,61	02:31,12	05:26,90
687	00:26,53	00:58,08	02:08,55	04:38,45	10:10,83	20:40,46	00:31,05	01:07,20	02:37,00	00:36,62	01:18,73	02:49,00	00:29,98	01:06,62	02:34,64	02:31,14	05:26,95
686	00:26,53	00:58,09	02:08,57	04:38,50	10:10,92	20:40,64	00:31,06	01:07,22	02:37,03	00:36,63	01:18,75	02:49,02	00:29,98	01:06,63	02:34,66	02:31,16	05:27,00
685	00:26,54	00:58,10	02:08,59	04:38,54	10:11,01	20:40,82	00:31,06	01:07,23	02:37,05	00:36,64	01:18,77	02:49,05	00:29,99	01:06,64	02:34,68	02:31,18	05:27,04
684	00:26,55	00:58,12	02:08,61	04:38,58	10:11,10	20:41,00	00:31,07	01:07,24	02:37,07	00:36,65	01:18,78	02:49,07	00:30,00	01:06,65	02:34,70	02:31,20	05:27,09
683	00:26,55	00:58,13	02:08,63	04:38,62	10:11,19	20:41,19	00:31,08	01:07,26	02:37,10	00:36,66	01:18,80	02:49,10	00:30,01	01:06,67	02:34,73	02:31,23	05:27,14
682	00:26,56	00:58,14	02:08,65	04:38,66	10:11,28	20:41,37	00:31,09	01:07,27	02:37,12	00:36,67	01:18,81	02:49,12	00:30,01	01:06,68	02:34,75	02:31,25	05:27,19
681	00:26,56	00:58,15	02:08,67	04:38,70	10:11,37	20:41,55	00:31,09	01:07,28	02:37,14	00:36,67	01:18,83	02:49,15	00:30,02	01:06,69	02:34,77	02:31,27	05:27,24
680	00:26,57	00:58,16	02:08,68	04:38,74	10:11,46	20:41,74	00:31,10	01:07,30	02:37,17	00:36,68	01:18,84	02:49,17	00:30,03	01:06,71	02:34,80	02:31,29	05:27,28
679	00:26,58	00:58,17	02:08,70	04:38,78	10:11,55	20:41,92	00:31,11	01:07,31	02:37,19	00:36,69	01:18,86	02:49,20	00:30,03	01:06,72	02:34,82	02:31,32	05:27,33
678	00:26,58	00:58,18	02:08,72	04:38,82	10:11,64	20:42,10	00:31,11	01:07,32	02:37,21	00:36,70	01:18,87	02:49,22	00:30,04	01:06,73	02:34,84	02:31,34	05:27,38
677	00:26,59	00:58,19	02:08,74	04:38,86	10:11,73	20:42,29	00:31,12	01:07,34	02:37,24	00:36,71	01:18,89	02:49,25	00:30,05	01:06,75	02:34,86	02:31,36	05:27,43
676	00:26,60	00:58,21	02:08,76	04:38,91	10:11,82	20:42,47	00:31,13	01:07,35	02:37,26	00:36,72	01:18,90	02:49,27	00:30,05	01:06,76	02:34,89	02:31,38	05:27,48
675	00:26,60	00:58,22	02:08,78	04:38,95	10:11,91	20:42,66	00:31,14	01:07,36	02:37,28	00:36,73	01:18,92	02:49,30	00:30,06	01:06,77	02:34,91	02:31,41	05:27,53
674	00:26,61	00:58,23	02:08,80	04:38,99	10:12,00	20:42,84	00:31,14	01:07,38	02:37,31	00:36,73	01:18,93	02:49,32	00:30,07	01:06,79	02:34,93	02:31,43	05:27,57
673	00:26,61	00:58,24	02:08,82	04:39,03	10:12,10	20:43,03	00:31,15	01:07,39	02:37,33	00:36,74	01:18,95	02:49,35	00:30,08	01:06,80	02:34,96	02:31,45	05:27,62
672	00:26,62	00:58,25	02:08,84	04:39,07	10:12,19	20:43,21	00:31,16	01:07,40	02:37,35	00:36,75	01:18,97	02:49,37	00:30,08	01:06,81	02:34,98	02:31,47	05:27,67
671	00:26,63	00:58,26	02:08,86	04:39,11	10:12,28	20:43,40	00:31,17	01:07,42	02:37,38	00:36,76	01:18,98	02:49,40	00:30,09	01:06,82	02:35,00	02:31,50	05:27,72
670	00:26,63	00:58,27	02:08,88	04:39,16	10:12,37	20:43,58	00:31,17	01:07,43	02:37,40	00:36,77	01:19,00	02:49,42	00:30,10	01:06,84	02:35,03	02:31,52	05:27,77
669	00:26,64	00:58,29	02:08,90	04:39,20	10:12,46	20:43,77	00:31,18	01:07,44	02:37,42	00:36,78	01:19,01	02:49,45	00:30,10	01:06,85	02:35,05	02:31,54	05:27,82
668	00:26,65	00:58,30	02:08,91	04:39,24	10:12,55	20:43,96	00:31,19	01:07,46	02:37,45	00:36,79	01:19,03	02:49,47	00:30,11	01:06,86	02:35,07	02:31,56	05:27,87
667	00:26,65	00:58,31	02:08,93	04:39,28	10:12,65	20:44,14	00:31,20	01:07,47	02:37,47	00:36,80	01:19,04	02:49,50	00:30,12	01:06,88	02:35,10	02:31,59	05:27,92
666	00:26,66	00:58,32	02:08,95	04:39,32	10:12,74	20:44,33	00:31,20	01:07,48	02:37,49	00:36,80	01:19,06	02:49,53	00:30,13	01:06,89	02:35,12	02:31,61	05:27,97
665	00:26,67	00:58,33	02:08,97	04:39,37	10:12,83	20:44,52	00:31,21	01:07,50	02:37,52	00:36,81	01:19,08	02:49,55	00:30,13	01:06,90	02:35,14	02:31,63	05:28,02
664	00:26,67	00:58,34	02:08,99	04:39,41	10:12,92	20:44,71	00:31,22	01:07,51	02:37,54	00:36,82	01:19,09	02:49,58	00:30,14	01:06,92	02:35,17	02:31,65	05:28,07
663	00:26,68	00:58,36	02:09,01	04:39,45	10:13,02	20:44,89	00:31,23	01:07,52	02:37,57	00:36,83	01:19,11	02:49,60	00:30,15	01:06,93	02:35,19	02:31,68	05:28,12
662	00:26,68	00:58,37	02:09,03	04:39,49	10:13,11	20:45,08	00:31,23	01:07,54	02:37,59	00:36,84	01:19,12	02:49,63	00:30,15	01:06,94	02:35,21	02:31,70	05:28,17
661	00:26,69	00:58,38	02:09,05	04:39,53	10:13,20	20:45,27	00:31,24	01:07,55	02:37,61	00:36,85	01:19,14	02:49,65	00:30,16	01:06,96	02:35,24	02:31,72	05:28,22
660	00:26,70	00:58,39	02:09,07	04:39,58	10:13,30	20:45,46	00:31,25	01:07,56	02:37,64	00:36,86	01:19,15	02:49,68	00:30,17	01:06,97	02:35,26	02:31,75	05:28,27
659	00:26,70	00:58,40	02:09,09	04:39,62	10:13,39	20:45,65	00:31,26	01:07,58	02:37,66	00:36,87	01:19,17	02:49,71	00:30,18	01:06,98	02:35,28	02:31,77	05:28,32
658	00:26,71	00:58,41	02:09,11	04:39,66	10:13,48	20:45,84	00:31,26	01:07,59	02:37,69	00:36,87	01:19,19	02:49,73	00:30,18	01:07,00	02:35,31	02:31,79	05:28,37
657	00:26,72	00:58,43	02:09,13	04:39,70	10:13,58	20:46,03	00:31,27	01:07,60	02:37,71	00:36,88	01:19,20	02:49,76	00:30,19	01:07,01	02:35,33	02:31,82	05:28,42
656	00:26,72	00:58,44	02:09,15	04:39,75	10:13,67	20:46,22	00:31,28	01:07,62	02:37,73	00:36,89	01:19,22	02:49,78	00:30,20	01:07,03	02:35,36	02:31,84	05:28,47
655	00:26,73	00:58,45	02:09,17	04:39,79	10:13,76	20:46,41	00:31,29	01:07,63	02:37,76	00:36,90	01:19,23	02:49,81	00:30,21	01:07,04	02:35,38	02:31,86	05:28,52

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
654	00:26,74	00:58,46	02:09,19	04:39,83	10:13,86	20:46,60	00:31,29	01:07,64	02:37,78	00:36,91	01:19,25	02:49,83	00:30,21	01:07,05	02:35,40	02:31,89	05:28,57
653	00:26,74	00:58,47	02:09,21	04:39,88	10:13,95	20:46,79	00:31,30	01:07,66	02:37,81	00:36,92	01:19,27	02:49,86	00:30,22	01:07,07	02:35,43	02:31,91	05:28,62
652	00:26,75	00:58,49	02:09,23	04:39,92	10:14,05	20:46,99	00:31,31	01:07,67	02:37,83	00:36,93	01:19,28	02:49,89	00:30,23	01:07,08	02:35,45	02:31,93	05:28,67
651	00:26,76	00:58,50	02:09,25	04:39,96	10:14,14	20:47,18	00:31,32	01:07,69	02:37,85	00:36,94	01:19,30	02:49,91	00:30,24	01:07,09	02:35,47	02:31,96	05:28,72
650	00:26,76	00:58,51	02:09,27	04:40,01	10:14,24	20:47,37	00:31,32	01:07,70	02:37,88	00:36,95	01:19,32	02:49,94	00:30,24	01:07,11	02:35,50	02:31,98	05:28,77
649	00:26,77	00:58,52	02:09,29	04:40,05	10:14,33	20:47,56	00:31,33	01:07,71	02:37,90	00:36,96	01:19,33	02:49,97	00:30,25	01:07,12	02:35,52	02:32,00	05:28,82
648	00:26,78	00:58,53	02:09,31	04:40,09	10:14,43	20:47,76	00:31,34	01:07,73	02:37,93	00:36,96	01:19,35	02:49,99	00:30,26	01:07,13	02:35,55	02:32,03	05:28,87
647	00:26,78	00:58,55	02:09,33	04:40,14	10:14,52	20:47,95	00:31,35	01:07,74	02:37,95	00:36,97	01:19,36	02:50,02	00:30,26	01:07,15	02:35,57	02:32,05	05:28,92
646	00:26,79	00:58,56	02:09,35	04:40,18	10:14,62	20:48,14	00:31,35	01:07,76	02:37,98	00:36,98	01:19,38	02:50,04	00:30,27	01:07,16	02:35,59	02:32,07	05:28,97
645	00:26,80	00:58,57	02:09,37	04:40,22	10:14,71	20:48,34	00:31,36	01:07,77	02:38,00	00:36,99	01:19,40	02:50,07	00:30,28	01:07,18	02:35,62	02:32,10	05:29,02
644	00:26,80	00:58,58	02:09,39	04:40,27	10:14,81	20:48,53	00:31,37	01:07,78	02:38,03	00:37,00	01:19,41	02:50,10	00:30,29	01:07,19	02:35,64	02:32,12	05:29,07
643	00:26,81	00:58,59	02:09,41	04:40,31	10:14,90	20:48,73	00:31,38	01:07,80	02:38,05	00:37,01	01:19,43	02:50,12	00:30,29	01:07,20	02:35,67	02:32,14	05:29,13
642	00:26,81	00:58,61	02:09,43	04:40,35	10:15,00	20:48,92	00:31,39	01:07,81	02:38,08	00:37,02	01:19,45	02:50,15	00:30,30	01:07,22	02:35,69	02:32,17	05:29,18
641	00:26,82	00:58,62	02:09,45	04:40,40	10:15,10	20:49,12	00:31,39	01:07,83	02:38,10	00:37,03	01:19,46	02:50,18	00:30,31	01:07,23	02:35,72	02:32,19	05:29,23
640	00:26,83	00:58,63	02:09,47	04:40,44	10:15,19	20:49,31	00:31,40	01:07,84	02:38,12	00:37,04	01:19,48	02:50,20	00:30,32	01:07,25	02:35,74	02:32,22	05:29,28
639	00:26,83	00:58,64	02:09,49	04:40,49	10:15,29	20:49,51	00:31,41	01:07,85	02:38,15	00:37,05	01:19,49	02:50,23	00:30,32	01:07,26	02:35,76	02:32,24	05:29,33
638	00:26,84	00:58,65	02:09,51	04:40,53	10:15,38	20:49,70	00:31,42	01:07,87	02:38,17	00:37,06	01:19,51	02:50,26	00:30,33	01:07,27	02:35,79	02:32,26	05:29,38
637	00:26,85	00:58,67	02:09,53	04:40,57	10:15,48	20:49,90	00:31,43	01:07,88	02:38,20	00:37,07	01:19,53	02:50,28	00:30,34	01:07,29	02:35,81	02:32,29	05:29,44
636	00:26,85	00:58,68	02:09,55	04:40,62	10:15,58	20:50,10	00:31,43	01:07,90	02:38,22	00:37,07	01:19,54	02:50,31	00:30,35	01:07,30	02:35,84	02:32,31	05:29,49
635	00:26,86	00:58,69	02:09,57	04:40,66	10:15,68	20:50,30	00:31,44	01:07,91	02:38,25	00:37,08	01:19,56	02:50,34	00:30,36	01:07,32	02:35,86	02:32,34	05:29,54
634	00:26,87	00:58,70	02:09,59	04:40,71	10:15,77	20:50,49	00:31,45	01:07,92	02:38,27	00:37,09	01:19,58	02:50,36	00:30,36	01:07,33	02:35,89	02:32,36	05:29,59
633	00:26,88	00:58,72	02:09,61	04:40,75	10:15,87	20:50,69	00:31,46	01:07,94	02:38,30	00:37,10	01:19,59	02:50,39	00:30,37	01:07,34	02:35,91	02:32,38	05:29,64
632	00:26,88	00:58,73	02:09,63	04:40,80	10:15,97	20:50,89	00:31,46	01:07,95	02:38,32	00:37,11	01:19,61	02:50,42	00:30,38	01:07,36	02:35,94	02:32,41	05:29,70
631	00:26,89	00:58,74	02:09,65	04:40,84	10:16,07	20:51,09	00:31,47	01:07,97	02:38,35	00:37,12	01:19,63	02:50,45	00:30,39	01:07,37	02:35,96	02:32,43	05:29,75
630	00:26,90	00:58,75	02:09,67	04:40,89	10:16,16	20:51,29	00:31,48	01:07,98	02:38,38	00:37,13	01:19,64	02:50,47	00:30,39	01:07,39	02:35,99	02:32,46	05:29,80
629	00:26,90	00:58,77	02:09,70	04:40,93	10:16,26	20:51,49	00:31,49	01:08,00	02:38,40	00:37,14	01:19,66	02:50,50	00:30,40	01:07,40	02:36,01	02:32,48	05:29,85
628	00:26,91	00:58,78	02:09,72	04:40,97	10:16,36	20:51,69	00:31,50	01:08,01	02:38,43	00:37,15	01:19,68	02:50,53	00:30,41	01:07,41	02:36,04	02:32,51	05:29,91
627	00:26,92	00:58,79	02:09,74	04:41,02	10:16,46	20:51,89	00:31,50	01:08,02	02:38,45	00:37,16	01:19,70	02:50,55	00:30,42	01:07,43	02:36,06	02:32,53	05:29,96
626	00:26,92	00:58,80	02:09,76	04:41,06	10:16,56	20:52,09	00:31,51	01:08,04	02:38,48	00:37,17	01:19,71	02:50,58	00:30,42	01:07,44	02:36,09	02:32,55	05:30,01
625	00:26,93	00:58,81	02:09,78	04:41,11	10:16,66	20:52,29	00:31,52	01:08,05	02:38,50	00:37,18	01:19,73	02:50,61	00:30,43	01:07,46	02:36,11	02:32,58	05:30,07
624	00:26,94	00:58,83	02:09,80	04:41,16	10:16,76	20:52,49	00:31,53	01:08,07	02:38,53	00:37,19	01:19,75	02:50,64	00:30,44	01:07,47	02:36,14	02:32,60	05:30,12
623	00:26,94	00:58,84	02:09,82	04:41,20	10:16,86	20:52,69	00:31,54	01:08,08	02:38,55	00:37,20	01:19,76	02:50,66	00:30,45	01:07,49	02:36,16	02:32,63	05:30,17
622	00:26,95	00:58,85	02:09,84	04:41,25	10:16,96	20:52,89	00:31,54	01:08,10	02:38,58	00:37,21	01:19,78	02:50,69	00:30,46	01:07,50	02:36,19	02:32,65	05:30,22
621	00:26,96	00:58,86	02:09,86	04:41,29	10:17,05	20:53,10	00:31,55	01:08,11	02:38,60	00:37,22	01:19,80	02:50,72	00:30,46	01:07,51	02:36,21	02:32,68	05:30,28
620	00:26,96	00:58,88	02:09,88	04:41,34	10:17,15	20:53,30	00:31,56	01:08,13	02:38,63	00:37,23	01:19,81	02:50,75	00:30,47	01:07,53	02:36,24	02:32,70	05:30,33
619	00:26,97	00:58,89	02:09,90	04:41,38	10:17,25	20:53,50	00:31,57	01:08,14	02:38,66	00:37,23	01:19,83	02:50,77	00:30,48	01:07,54	02:36,26	02:32,73	05:30,38
618	00:26,98	00:58,90	02:09,93	04:41,43	10:17,35	20:53,71	00:31,58	01:08,15	02:38,68	00:37,24	01:19,85	02:50,80	00:30,49	01:07,56	02:36,29	02:32,75	05:30,44
617	00:26,98	00:58,92	02:09,95	04:41,47	10:17,46	20:53,91	00:31,58	01:08,17	02:38,71	00:37,25	01:19,87	02:50,83	00:30,49	01:07,57	02:36,31	02:32,78	05:30,49
616	00:26,99	00:58,93	02:09,97	04:41,52	10:17,56	20:54,11	00:31,59	01:08,18	02:38,73	00:37,26	01:19,88	02:50,86	00:30,50	01:07,59	02:36,34	02:32,80	05:30,55
615	00:27,00	00:58,94	02:09,99	04:41,57	10:17,66	20:54,32	00:31,60	01:08,20	02:38,76	00:37,27	01:19,90	02:50,89	00:30,51	01:07,60	02:36,36	02:32,83	05:30,60
614	00:27,01	00:58,95	02:10,01	04:41,61	10:17,76	20:54,52	00:31,61	01:08,21	02:38,78	00:37,28	01:19,92	02:50,91	00:30,52	01:07,62	02:36,39	02:32,85	05:30,65
613	00:27,01	00:58,97	02:10,03	04:41,66	10:17,86	20:54,73	00:31,62	01:08,23	02:38,81	00:37,29	01:19,93	02:50,94	00:30,53	01:07,63	02:36,42	02:32,88	05:30,71
612	00:27,02	00:58,98	02:10,05	04:41,70	10:17,96	20:54,93	00:31,63	01:08,24	02:38,84	00:37,30	01:19,95	02:50,97	00:30,53	01:07,65	02:36,44	02:32,90	05:30,76
611	00:27,03	00:58,99	02:10,07	04:41,75	10:18,06	20:55,14	00:31,63	01:08,26	02:38,86	00:37,31	01:19,97	02:51,00	00:30,54	01:07,66	02:36,47	02:32,93	05:30,82
610	00:27,03	00:59,00	02:10,10	04:41,80	10:18,16	20:55,35	00:31,64	01:08,27	02:38,89	00:37,32	01:19,99	02:51,03	00:30,55	01:07,67	02:36,49	02:32,95	05:30,87
609	00:27,04	00:59,02	02:10,12	04:41,84	10:18,26	20:55,55	00:31,65	01:08,29	02:38,91	00:37,33	01:20,00	02:51,05	00:30,56	01:07,69	02:36,52	02:32,98	05:30,93
608	00:27,05	00:59,03	02:10,14	04:41,89	10:18,37	20:55,76	00:31,66	01:08,30	02:38,94	00:37,34	01:20,02	02:51,08	00:30,57	01:07,70	02:36,54	02:33,00	05:30,98

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
607	00:27,06	00:59,04	02:10,16	04:41,94	10:18,47	20:55,97	00:31,67	01:08,32	02:38,97	00:37,35	01:20,04	02:51,11	00:30,57	01:07,72	02:36,57	02:33,03	05:31,03
606	00:27,06	00:59,06	02:10,18	04:41,98	10:18,57	20:56,17	00:31,68	01:08,33	02:38,99	00:37,36	01:20,06	02:51,14	00:30,58	01:07,73	02:36,60	02:33,05	05:31,09
605	00:27,07	00:59,07	02:10,20	04:42,03	10:18,67	20:56,38	00:31,68	01:08,35	02:39,02	00:37,37	01:20,07	02:51,17	00:30,59	01:07,75	02:36,62	02:33,08	05:31,14
604	00:27,08	00:59,08	02:10,22	04:42,08	10:18,78	20:56,59	00:31,69	01:08,36	02:39,05	00:37,38	01:20,09	02:51,20	00:30,60	01:07,76	02:36,65	02:33,10	05:31,20
603	00:27,08	00:59,10	02:10,25	04:42,12	10:18,88	20:56,80	00:31,70	01:08,38	02:39,07	00:37,39	01:20,11	02:51,22	00:30,61	01:07,78	02:36,67	02:33,13	05:31,25
602	00:27,09	00:59,11	02:10,27	04:42,17	10:18,98	20:57,01	00:31,71	01:08,39	02:39,10	00:37,40	01:20,13	02:51,25	00:30,61	01:07,79	02:36,70	02:33,15	05:31,31
601	00:27,10	00:59,12	02:10,29	04:42,22	10:19,09	20:57,22	00:31,72	01:08,41	02:39,13	00:37,41	01:20,14	02:51,28	00:30,62	01:07,81	02:36,73	02:33,18	05:31,36
600	00:27,10	00:59,13	02:10,31	04:42,26	10:19,19	20:57,43	00:31,73	01:08,42	02:39,15	00:37,42	01:20,16	02:51,31	00:30,63	01:07,82	02:36,75	02:33,21	05:31,42
599	00:27,11	00:59,15	02:10,33	04:42,31	10:19,29	20:57,64	00:31,73	01:08,44	02:39,18	00:37,43	01:20,18	02:51,34	00:30,64	01:07,84	02:36,78	02:33,23	05:31,48
598	00:27,12	00:59,16	02:10,35	04:42,36	10:19,40	20:57,85	00:31,74	01:08,45	02:39,21	00:37,44	01:20,20	02:51,37	00:30,65	01:07,85	02:36,80	02:33,26	05:31,53
597	00:27,13	00:59,17	02:10,38	04:42,41	10:19,50	20:58,06	00:31,75	01:08,47	02:39,23	00:37,45	01:20,22	02:51,40	00:30,65	01:07,87	02:36,83	02:33,28	05:31,59
596	00:27,13	00:59,19	02:10,40	04:42,45	10:19,60	20:58,27	00:31,76	01:08,48	02:39,26	00:37,46	01:20,23	02:51,42	00:30,66	01:07,88	02:36,86	02:33,31	05:31,64
595	00:27,14	00:59,20	02:10,42	04:42,50	10:19,71	20:58,49	00:31,77	01:08,50	02:39,29	00:37,47	01:20,25	02:51,45	00:30,67	01:07,90	02:36,88	02:33,33	05:31,70
594	00:27,15	00:59,21	02:10,44	04:42,55	10:19,81	20:58,70	00:31,78	01:08,51	02:39,31	00:37,48	01:20,27	02:51,48	00:30,68	01:07,91	02:36,91	02:33,36	05:31,75
593	00:27,16	00:59,23	02:10,46	04:42,60	10:19,92	20:58,91	00:31,78	01:08,53	02:39,34	00:37,49	01:20,29	02:51,51	00:30,69	01:07,93	02:36,94	02:33,39	05:31,81
592	00:27,16	00:59,24	02:10,49	04:42,64	10:20,02	20:59,12	00:31,79	01:08,54	02:39,37	00:37,50	01:20,30	02:51,54	00:30,70	01:07,94	02:36,96	02:33,41	05:31,87
591	00:27,17	00:59,25	02:10,51	04:42,69	10:20,13	20:59,34	00:31,80	01:08,56	02:39,39	00:37,51	01:20,32	02:51,57	00:30,70	01:07,96	02:36,99	02:33,44	05:31,92
590	00:27,18	00:59,27	02:10,53	04:42,74	10:20,23	20:59,55	00:31,81	01:08,58	02:39,42	00:37,52	01:20,34	02:51,60	00:30,71	01:07,97	02:37,02	02:33,46	05:31,98
589	00:27,18	00:59,28	02:10,55	04:42,79	10:20,34	20:59,77	00:31,82	01:08,59	02:39,45	00:37,53	01:20,36	02:51,63	00:30,72	01:07,99	02:37,04	02:33,49	05:32,04
588	00:27,19	00:59,29	02:10,58	04:42,84	10:20,45	20:59,98	00:31,83	01:08,61	02:39,48	00:37,54	01:20,38	02:51,66	00:30,73	01:08,01	02:37,07	02:33,52	05:32,09
587	00:27,20	00:59,31	02:10,60	04:42,88	10:20,55	21:00,20	00:31,84	01:08,62	02:39,50	00:37,55	01:20,40	02:51,69	00:30,74	01:08,02	02:37,10	02:33,54	05:32,15
586	00:27,21	00:59,32	02:10,62	04:42,93	10:20,66	21:00,41	00:31,84	01:08,64	02:39,53	00:37,56	01:20,41	02:51,72	00:30,75	01:08,04	02:37,12	02:33,57	05:32,21
585	00:27,21	00:59,33	02:10,64	04:42,98	10:20,76	21:00,63	00:31,85	01:08,65	02:39,56	00:37,57	01:20,43	02:51,75	00:30,75	01:08,05	02:37,15	02:33,59	05:32,26
584	00:27,22	00:59,35	02:10,67	04:43,03	10:20,87	21:00,84	00:31,86	01:08,67	02:39,58	00:37,58	01:20,45	02:51,77	00:30,76	01:08,07	02:37,18	02:33,62	05:32,32
583	00:27,23	00:59,36	02:10,69	04:43,08	10:20,98	21:01,06	00:31,87	01:08,68	02:39,61	00:37,59	01:20,47	02:51,80	00:30,77	01:08,08	02:37,21	02:33,65	05:32,38
582	00:27,24	00:59,37	02:10,71	04:43,13	10:21,08	21:01,28	00:31,88	01:08,70	02:39,64	00:37,60	01:20,49	02:51,83	00:30,78	01:08,10	02:37,23	02:33,67	05:32,43
581	00:27,24	00:59,39	02:10,73	04:43,18	10:21,19	21:01,50	00:31,89	01:08,72	02:39,67	00:37,61	01:20,50	02:51,86	00:30,79	01:08,11	02:37,26	02:33,70	05:32,49
580	00:27,25	00:59,40	02:10,76	04:43,23	10:21,30	21:01,71	00:31,90	01:08,73	02:39,69	00:37,62	01:20,52	02:51,89	00:30,80	01:08,13	02:37,29	02:33,73	05:32,55
579	00:27,26	00:59,41	02:10,78	04:43,27	10:21,41	21:01,93	00:31,91	01:08,75	02:39,72	00:37,63	01:20,54	02:51,92	00:30,80	01:08,14	02:37,31	02:33,75	05:32,61
578	00:27,27	00:59,43	02:10,80	04:43,32	10:21,51	21:02,15	00:31,91	01:08,76	02:39,75	00:37,64	01:20,56	02:51,95	00:30,81	01:08,16	02:37,34	02:33,78	05:32,66
577	00:27,27	00:59,44	02:10,82	04:43,37	10:21,62	21:02,37	00:31,92	01:08,78	02:39,78	00:37,65	01:20,58	02:51,98	00:30,82	01:08,18	02:37,37	02:33,81	05:32,72
576	00:27,28	00:59,46	02:10,85	04:43,42	10:21,73	21:02,59	00:31,93	01:08,79	02:39,81	00:37,66	01:20,60	02:52,01	00:30,83	01:08,19	02:37,40	02:33,83	05:32,78
575	00:27,29	00:59,47	02:10,87	04:43,47	10:21,84	21:02,81	00:31,94	01:08,81	02:39,83	00:37,67	01:20,62	02:52,04	00:30,84	01:08,21	02:37,42	02:33,86	05:32,84
574	00:27,30	00:59,48	02:10,89	04:43,52	10:21,95	21:03,03	00:31,95	01:08,83	02:39,86	00:37,68	01:20,63	02:52,07	00:30,85	01:08,22	02:37,45	02:33,89	05:32,90
573	00:27,30	00:59,50	02:10,91	04:43,57	10:22,06	21:03,25	00:31,96	01:08,84	02:39,89	00:37,69	01:20,65	02:52,10	00:30,86	01:08,24	02:37,48	02:33,91	05:32,95
572	00:27,31	00:59,51	02:10,94	04:43,62	10:22,17	21:03,47	00:31,97	01:08,86	02:39,92	00:37,71	01:20,67	02:52,13	00:30,86	01:08,25	02:37,51	02:33,94	05:33,01
571	00:27,32	00:59,52	02:10,96	04:43,67	10:22,27	21:03,70	00:31,98	01:08,87	02:39,95	00:37,72	01:20,69	02:52,16	00:30,87	01:08,27	02:37,53	02:33,97	05:33,07
570	00:27,33	00:59,54	02:10,98	04:43,72	10:22,38	21:03,92	00:31,99	01:08,89	02:39,97	00:37,73	01:20,71	02:52,19	00:30,88	01:08,29	02:37,56	02:34,00	05:33,13
569	00:27,33	00:59,55	02:11,01	04:43,77	10:22,49	21:04,14	00:31,99	01:08,91	02:40,00	00:37,74	01:20,73	02:52,22	00:30,89	01:08,30	02:37,59	02:34,02	05:33,19
568	00:27,34	00:59,57	02:11,03	04:43,82	10:22,60	21:04,36	00:32,00	01:08,92	02:40,03	00:37,75	01:20,75	02:52,25	00:30,90	01:08,32	02:37,62	02:34,05	05:33,25
567	00:27,35	00:59,58	02:11,05	04:43,87	10:22,71	21:04,59	00:32,01	01:08,94	02:40,06	00:37,76	01:20,77	02:52,28	00:30,91	01:08,33	02:37,64	02:34,08	05:33,31
566	00:27,36	00:59,59	02:11,08	04:43,92	10:22,82	21:04,81	00:32,02	01:08,95	02:40,09	00:37,77	01:20,78	02:52,32	00:30,92	01:08,35	02:37,67	02:34,10	05:33,37
565	00:27,37	00:59,61	02:11,10	04:43,97	10:22,93	21:05,04	00:32,03	01:08,97	02:40,12	00:37,78	01:20,80	02:52,35	00:30,92	01:08,37	02:37,70	02:34,13	05:33,42
564	00:27,37	00:59,62	02:11,12	04:44,02	10:23,05	21:05,26	00:32,04	01:08,99	02:40,14	00:37,79	01:20,82	02:52,38	00:30,93	01:08,38	02:37,73	02:34,16	05:33,48
563	00:27,38	00:59,64	02:11,15	04:44,07	10:23,16	21:05,49	00:32,05	01:09,00	02:40,17	00:37,80	01:20,84	02:52,41	00:30,94	01:08,40	02:37,76	02:34,19	05:33,54
562	00:27,39	00:59,65	02:11,17	04:44,12	10:23,27	21:05,71	00:32,06	01:09,02	02:40,20	00:37,81	01:20,86	02:52,44	00:30,95	01:08,41	02:37,78	02:34,21	05:33,60
561	00:27,40	00:59,66	02:11,19	04:44,17	10:23,38	21:05,94	00:32,07	01:09,04	02:40,23	00:37,82	01:20,88	02:52,47	00:30,96	01:08,43	02:37,81	02:34,24	05:33,66

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
560	00:27,40	00:59,68	02:11,22	04:44,22	10:23,49	21:06,16	00:32,08	01:09,05	02:40,26	00:37,83	01:20,90	02:52,50	00:30,97	01:08,45	02:37,84	02:34,27	05:33,72
559	00:27,41	00:59,69	02:11,24	04:44,28	10:23,60	21:06,39	00:32,08	01:09,07	02:40,29	00:37,84	01:20,92	02:52,53	00:30,98	01:08,46	02:37,87	02:34,30	05:33,78
558	00:27,42	00:59,71	02:11,26	04:44,33	10:23,71	21:06,62	00:32,09	01:09,08	02:40,32	00:37,85	01:20,94	02:52,56	00:30,99	01:08,48	02:37,90	02:34,32	05:33,84
557	00:27,43	00:59,72	02:11,29	04:44,38	10:23,83	21:06,85	00:32,10	01:09,10	02:40,34	00:37,87	01:20,96	02:52,59	00:30,99	01:08,50	02:37,93	02:34,35	05:33,90
556	00:27,44	00:59,73	02:11,31	04:44,43	10:23,94	21:07,08	00:32,11	01:09,12	02:40,37	00:37,88	01:20,98	02:52,62	00:31,00	01:08,51	02:37,95	02:34,38	05:33,96
555	00:27,44	00:59,75	02:11,33	04:44,48	10:24,05	21:07,30	00:32,12	01:09,13	02:40,40	00:37,89	01:21,00	02:52,66	00:31,01	01:08,53	02:37,98	02:34,41	05:34,02
554	00:27,45	00:59,76	02:11,36	04:44,53	10:24,16	21:07,53	00:32,13	01:09,15	02:40,43	00:37,90	01:21,01	02:52,69	00:31,02	01:08,54	02:38,01	02:34,44	05:34,08
553	00:27,46	00:59,78	02:11,38	04:44,58	10:24,28	21:07,76	00:32,14	01:09,17	02:40,46	00:37,91	01:21,03	02:52,72	00:31,03	01:08,56	02:38,04	02:34,46	05:34,14
552	00:27,47	00:59,79	02:11,41	04:44,64	10:24,39	21:07,99	00:32,15	01:09,18	02:40,49	00:37,92	01:21,05	02:52,75	00:31,04	01:08,58	02:38,07	02:34,49	05:34,20
551	00:27,47	00:59,81	02:11,43	04:44,69	10:24,50	21:08,22	00:32,16	01:09,20	02:40,52	00:37,93	01:21,07	02:52,78	00:31,05	01:08,59	02:38,10	02:34,52	05:34,27
550	00:27,48	00:59,82	02:11,45	04:44,74	10:24,62	21:08,46	00:32,17	01:09,22	02:40,55	00:37,94	01:21,09	02:52,81	00:31,06	01:08,61	02:38,13	02:34,55	05:34,33
549	00:27,49	00:59,84	02:11,48	04:44,79	10:24,73	21:08,69	00:32,18	01:09,23	02:40,58	00:37,95	01:21,11	02:52,84	00:31,07	01:08,63	02:38,16	02:34,58	05:34,39
548	00:27,50	00:59,85	02:11,50	04:44,84	10:24,85	21:08,92	00:32,19	01:09,25	02:40,61	00:37,96	01:21,13	02:52,88	00:31,07	01:08,64	02:38,18	02:34,61	05:34,45
547	00:27,51	00:59,86	02:11,53	04:44,90	10:24,96	21:09,15	00:32,20	01:09,27	02:40,64	00:37,97	01:21,15	02:52,91	00:31,08	01:08,66	02:38,21	02:34,63	05:34,51
546	00:27,51	00:59,88	02:11,55	04:44,95	10:25,08	21:09,39	00:32,20	01:09,28	02:40,67	00:37,99	01:21,17	02:52,94	00:31,09	01:08,68	02:38,24	02:34,66	05:34,57
545	00:27,52	00:59,89	02:11,57	04:45,00	10:25,19	21:09,62	00:32,21	01:09,30	02:40,70	00:38,00	01:21,19	02:52,97	00:31,10	01:08,69	02:38,27	02:34,69	05:34,63
544	00:27,53	00:59,91	02:11,60	04:45,05	10:25,31	21:09,85	00:32,22	01:09,32	02:40,72	00:38,01	01:21,21	02:53,00	00:31,11	01:08,71	02:38,30	02:34,72	05:34,69
543	00:27,54	00:59,92	02:11,62	04:45,11	10:25,42	21:10,09	00:32,23	01:09,33	02:40,75	00:38,02	01:21,23	02:53,03	00:31,12	01:08,73	02:38,33	02:34,75	05:34,76
542	00:27,55	00:59,94	02:11,65	04:45,16	10:25,54	21:10,32	00:32,24	01:09,35	02:40,78	00:38,03	01:21,25	02:53,07	00:31,13	01:08,74	02:38,36	02:34,78	05:34,82
541	00:27,55	00:59,95	02:11,67	04:45,21	10:25,65	21:10,56	00:32,25	01:09,37	02:40,81	00:38,04	01:21,27	02:53,10	00:31,14	01:08,76	02:38,39	02:34,80	05:34,88
540	00:27,56	00:59,97	02:11,70	04:45,26	10:25,77	21:10,79	00:32,26	01:09,39	02:40,84	00:38,05	01:21,29	02:53,13	00:31,15	01:08,78	02:38,42	02:34,83	05:34,94
539	00:27,57	00:59,98	02:11,72	04:45,32	10:25,89	21:11,03	00:32,27	01:09,40	02:40,87	00:38,06	01:21,31	02:53,16	00:31,16	01:08,79	02:38,45	02:34,86	05:35,00
538	00:27,58	01:00,00	02:11,75	04:45,37	10:26,00	21:11,27	00:32,28	01:09,42	02:40,90	00:38,07	01:21,33	02:53,19	00:31,17	01:08,81	02:38,48	02:34,89	05:35,07
537	00:27,59	01:00,01	02:11,77	04:45,42	10:26,12	21:11,50	00:32,29	01:09,44	02:40,93	00:38,09	01:21,35	02:53,23	00:31,18	01:08,83	02:38,51	02:34,92	05:35,13
536	00:27,60	01:00,03	02:11,79	04:45,48	10:26,24	21:11,74	00:32,30	01:09,45	02:40,96	00:38,10	01:21,37	02:53,26	00:31,18	01:08,85	02:38,54	02:34,95	05:35,19
535	00:27,60	01:00,04	02:11,82	04:45,53	10:26,35	21:11,98	00:32,31	01:09,47	02:40,99	00:38,11	01:21,39	02:53,29	00:31,19	01:08,86	02:38,57	02:34,98	05:35,26
534	00:27,61	01:00,06	02:11,84	04:45,58	10:26,47	21:12,22	00:32,32	01:09,49	02:41,02	00:38,12	01:21,41	02:53,32	00:31,20	01:08,88	02:38,60	02:35,01	05:35,32
533	00:27,62	01:00,07	02:11,87	04:45,64	10:26,59	21:12,46	00:32,33	01:09,51	02:41,05	00:38,13	01:21,43	02:53,36	00:31,21	01:08,90	02:38,63	02:35,04	05:35,38
532	00:27,63	01:00,09	02:11,89	04:45,69	10:26,71	21:12,70	00:32,34	01:09,52	02:41,08	00:38,14	01:21,45	02:53,39	00:31,22	01:08,91	02:38,66	02:35,07	05:35,44
531	00:27,64	01:00,10	02:11,92	04:45,75	10:26,83	21:12,94	00:32,35	01:09,54	02:41,12	00:38,15	01:21,47	02:53,42	00:31,23	01:08,93	02:38,69	02:35,09	05:35,51
530	00:27,65	01:00,12	02:11,94	04:45,80	10:26,94	21:13,18	00:32,36	01:09,56	02:41,15	00:38,17	01:21,49	02:53,46	00:31,24	01:08,95	02:38,72	02:35,12	05:35,57
529	00:27,65	01:00,13	02:11,97	04:45,85	10:27,06	21:13,42	00:32,37	01:09,58	02:41,18	00:38,18	01:21,51	02:53,49	00:31,25	01:08,97	02:38,75	02:35,15	05:35,63
528	00:27,66	01:00,15	02:11,99	04:45,91	10:27,18	21:13,66	00:32,38	01:09,59	02:41,21	00:38,19	01:21,53	02:53,52	00:31,26	01:08,98	02:38,78	02:35,18	05:35,70
527	00:27,67	01:00,16	02:12,02	04:45,96	10:27,30	21:13,90	00:32,39	01:09,61	02:41,24	00:38,20	01:21,55	02:53,55	00:31,27	01:09,00	02:38,81	02:35,21	05:35,76
526	00:27,68	01:00,18	02:12,04	04:46,02	10:27,42	21:14,15	00:32,40	01:09,63	02:41,27	00:38,21	01:21,57	02:53,59	00:31,28	01:09,02	02:38,84	02:35,24	05:35,83
525	00:27,69	01:00,19	02:12,07	04:46,07	10:27,54	21:14,39	00:32,41	01:09,65	02:41,30	00:38,22	01:21,59	02:53,62	00:31,29	01:09,04	02:38,87	02:35,27	05:35,89
524	00:27,70	01:00,21	02:12,09	04:46,13	10:27,66	21:14,63	00:32,42	01:09,66	02:41,33	00:38,23	01:21,61	02:53,65	00:31,30	01:09,05	02:38,90	02:35,30	05:35,95
523	00:27,70	01:00,22	02:12,12	04:46,18	10:27,78	21:14,88	00:32,43	01:09,68	02:41,36	00:38,25	01:21,64	02:53,69	00:31,31	01:09,07	02:38,93	02:35,33	05:36,02
522	00:27,71	01:00,24	02:12,14	04:46,24	10:27,90	21:15,12	00:32,44	01:09,70	02:41,39	00:38,26	01:21,66	02:53,72	00:31,32	01:09,09	02:38,96	02:35,36	05:36,08
521	00:27,72	01:00,25	02:12,17	04:46,29	10:28,02	21:15,37	00:32,45	01:09,72	02:41,42	00:38,27	01:21,68	02:53,75	00:31,33	01:09,11	02:38,99	02:35,39	05:36,15
520	00:27,73	01:00,27	02:12,20	04:46,35	10:28,14	21:15,62	00:32,46	01:09,73	02:41,45	00:38,28	01:21,70	02:53,79	00:31,34	01:09,12	02:39,02	02:35,42	05:36,21
519	00:27,74	01:00,28	02:12,22	04:46,40	10:28,27	21:15,86	00:32,47	01:09,75	02:41,49	00:38,29	01:21,72	02:53,82	00:31,34	01:09,14	02:39,05	02:35,45	05:36,28
518	00:27,75	01:00,30	02:12,25	04:46,46	10:28,39	21:16,11	00:32,48	01:09,77	02:41,52	00:38,30	01:21,74	02:53,85	00:31,35	01:09,16	02:39,08	02:35,48	05:36,34
517	00:27,75	01:00,31	02:12,27	04:46,51	10:28,51	21:16,36	00:32,49	01:09,79	02:41,55	00:38,32	01:21,76	02:53,89	00:31,36	01:09,18	02:39,11	02:35,51	05:36,41
516	00:27,76	01:00,33	02:12,30	04:46,57	10:28,63	21:16,60	00:32,50	01:09,81	02:41,58	00:38,33	01:21,78	02:53,92	00:31,37	01:09,19	02:39,14	02:35,54	05:36,47
515	00:27,77	01:00,34	02:12,32	04:46,62	10:28,75	21:16,85	00:32,51	01:09,82	02:41,61	00:38,34	01:21,80	02:53,96	00:31,38	01:09,21	02:39,17	02:35,57	05:36,54
514	00:27,78	01:00,36	02:12,35	04:46,68	10:28,88	21:17,10	00:32,52	01:09,84	02:41,64	00:38,35	01:21,82	02:53,99	00:31,39	01:09,23	02:39,20	02:35,60	05:36,60

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
513	00:27,79	01:00,38	02:12,38	04:46,74	10:29,00	21:17,35	00:32,53	01:09,86	02:41,67	00:38,36	01:21,84	02:54,02	00:31,40	01:09,25	02:39,24	02:35,63	05:36,67
512	00:27,80	01:00,39	02:12,40	04:46,79	10:29,12	21:17,60	00:32,54	01:09,88	02:41,71	00:38,38	01:21,87	02:54,06	00:31,41	01:09,27	02:39,27	02:35,66	05:36,74
511	00:27,81	01:00,41	02:12,43	04:46,85	10:29,25	21:17,85	00:32,55	01:09,90	02:41,74	00:38,39	01:21,89	02:54,09	00:31,42	01:09,28	02:39,30	02:35,69	05:36,80
510	00:27,81	01:00,42	02:12,45	04:46,90	10:29,37	21:18,10	00:32,56	01:09,91	02:41,77	00:38,40	01:21,91	02:54,13	00:31,43	01:09,30	02:39,33	02:35,72	05:36,87
509	00:27,82	01:00,44	02:12,48	04:46,96	10:29,49	21:18,35	00:32,57	01:09,93	02:41,80	00:38,41	01:21,93	02:54,16	00:31,44	01:09,32	02:39,36	02:35,75	05:36,94
508	00:27,83	01:00,45	02:12,51	04:47,02	10:29,62	21:18,61	00:32,58	01:09,95	02:41,83	00:38,42	01:21,95	02:54,19	00:31,45	01:09,34	02:39,39	02:35,79	05:37,00
507	00:27,84	01:00,47	02:12,53	04:47,07	10:29,74	21:18,86	00:32,59	01:09,97	02:41,86	00:38,44	01:21,97	02:54,23	00:31,46	01:09,36	02:39,42	02:35,82	05:37,07
506	00:27,85	01:00,49	02:12,56	04:47,13	10:29,87	21:19,11	00:32,60	01:09,99	02:41,90	00:38,45	01:21,99	02:54,26	00:31,47	01:09,37	02:39,46	02:35,85	05:37,14
505	00:27,86	01:00,50	02:12,58	04:47,19	10:29,99	21:19,37	00:32,61	01:10,01	02:41,93	00:38,46	01:22,02	02:54,30	00:31,48	01:09,39	02:39,49	02:35,88	05:37,20
504	00:27,87	01:00,52	02:12,61	04:47,25	10:30,12	21:19,62	00:32,62	01:10,02	02:41,96	00:38,47	01:22,04	02:54,33	00:31,49	01:09,41	02:39,52	02:35,91	05:37,27
503	00:27,88	01:00,53	02:12,64	04:47,30	10:30,24	21:19,88	00:32,63	01:10,04	02:41,99	00:38,48	01:22,06	02:54,37	00:31,50	01:09,43	02:39,55	02:35,94	05:37,34
502	00:27,88	01:00,55	02:12,66	04:47,36	10:30,37	21:20,13	00:32,64	01:10,06	02:42,03	00:38,50	01:22,08	02:54,40	00:31,51	01:09,45	02:39,58	02:35,97	05:37,40
501	00:27,89	01:00,57	02:12,69	04:47,42	10:30,49	21:20,39	00:32,65	01:10,08	02:42,06	00:38,51	01:22,10	02:54,44	00:31,52	01:09,47	02:39,61	02:36,00	05:37,47
500	00:27,90	01:00,58	02:12,72	04:47,48	10:30,62	21:20,65	00:32,66	01:10,10	02:42,09	00:38,52	01:22,12	02:54,47	00:31,53	01:09,48	02:39,65	02:36,03	05:37,54
499	00:27,91	01:00,60	02:12,74	04:47,53	10:30,75	21:20,90	00:32,67	01:10,12	02:42,12	00:38,53	01:22,15	02:54,51	00:31,54	01:09,50	02:39,68	02:36,07	05:37,61
498	00:27,92	01:00,61	02:12,77	04:47,59	10:30,87	21:21,16	00:32,68	01:10,13	02:42,16	00:38,55	01:22,17	02:54,54	00:31,55	01:09,52	02:39,71	02:36,10	05:37,67
497	00:27,93	01:00,63	02:12,80	04:47,65	10:31,00	21:21,42	00:32,69	01:10,15	02:42,19	00:38,56	01:22,19	02:54,58	00:31,56	01:09,54	02:39,74	02:36,13	05:37,74
496	00:27,94	01:00,65	02:12,82	04:47,71	10:31,13	21:21,68	00:32,70	01:10,17	02:42,22	00:38,57	01:22,21	02:54,61	00:31,57	01:09,56	02:39,78	02:36,16	05:37,81
495	00:27,95	01:00,66	02:12,85	04:47,77	10:31,26	21:21,94	00:32,71	01:10,19	02:42,25	00:38,58	01:22,23	02:54,65	00:31,58	01:09,58	02:39,81	02:36,19	05:37,88
494	00:27,96	01:00,68	02:12,88	04:47,82	10:31,39	21:22,20	00:32,72	01:10,21	02:42,29	00:38,59	01:22,26	02:54,68	00:31,59	01:09,60	02:39,84	02:36,22	05:37,95
493	00:27,97	01:00,70	02:12,91	04:47,88	10:31,51	21:22,46	00:32,73	01:10,23	02:42,32	00:38,61	01:22,28	02:54,72	00:31,60	01:09,61	02:39,87	02:36,25	05:38,02
492	00:27,97	01:00,71	02:12,93	04:47,94	10:31,64	21:22,72	00:32,74	01:10,25	02:42,35	00:38,62	01:22,30	02:54,76	00:31,61	01:09,63	02:39,91	02:36,29	05:38,09
491	00:27,98	01:00,73	02:12,96	04:48,00	10:31,77	21:22,98	00:32,75	01:10,27	02:42,39	00:38,63	01:22,32	02:54,79	00:31,62	01:09,65	02:39,94	02:36,32	05:38,15
490	00:27,99	01:00,74	02:12,99	04:48,06	10:31,90	21:23,24	00:32,76	01:10,29	02:42,42	00:38,64	01:22,34	02:54,83	00:31,63	01:09,67	02:39,97	02:36,35	05:38,22
489	00:28,00	01:00,76	02:13,01	04:48,12	10:32,03	21:23,51	00:32,77	01:10,30	02:42,45	00:38,66	01:22,37	02:54,86	00:31,64	01:09,69	02:40,00	02:36,38	05:38,29
488	00:28,01	01:00,78	02:13,04	04:48,18	10:32,16	21:23,77	00:32,79	01:10,32	02:42,49	00:38,67	01:22,39	02:54,90	00:31,65	01:09,71	02:40,04	02:36,41	05:38,36
487	00:28,02	01:00,79	02:13,07	04:48,24	10:32,29	21:24,04	00:32,80	01:10,34	02:42,52	00:38,68	01:22,41	02:54,93	00:31,66	01:09,73	02:40,07	02:36,45	05:38,43
486	00:28,03	01:00,81	02:13,10	04:48,30	10:32,42	21:24,30	00:32,81	01:10,36	02:42,55	00:38,70	01:22,43	02:54,97	00:31,67	01:09,75	02:40,10	02:36,48	05:38,50
485	00:28,04	01:00,83	02:13,12	04:48,36	10:32,55	21:24,57	00:32,82	01:10,38	02:42,59	00:38,71	01:22,46	02:55,01	00:31,68	01:09,76	02:40,14	02:36,51	05:38,57
484	00:28,05	01:00,84	02:13,15	04:48,41	10:32,68	21:24,83	00:32,83	01:10,40	02:42,62	00:38,72	01:22,48	02:55,04	00:31,69	01:09,78	02:40,17	02:36,54	05:38,64
483	00:28,06	01:00,86	02:13,18	04:48,47	10:32,81	21:25,10	00:32,84	01:10,42	02:42,65	00:38,73	01:22,50	02:55,08	00:31,71	01:09,80	02:40,20	02:36,58	05:38,71
482	00:28,07	01:00,88	02:13,21	04:48,53	10:32,95	21:25,37	00:32,85	01:10,44	02:42,69	00:38,75	01:22,52	02:55,12	00:31,72	01:09,82	02:40,23	02:36,61	05:38,78
481	00:28,07	01:00,89	02:13,23	04:48,59	10:33,08	21:25,63	00:32,86	01:10,46	02:42,72	00:38,76	01:22,55	02:55,15	00:31,73	01:09,84	02:40,27	02:36,64	05:38,85
480	00:28,08	01:00,91	02:13,26	04:48,66	10:33,21	21:25,90	00:32,87	01:10,48	02:42,76	00:38,77	01:22,57	02:55,19	00:31,74	01:09,86	02:40,30	02:36,67	05:38,92
479	00:28,09	01:00,93	02:13,29	04:48,72	10:33,34	21:26,17	00:32,88	01:10,50	02:42,79	00:38,78	01:22,59	02:55,23	00:31,75	01:09,88	02:40,34	02:36,71	05:39,00
478	00:28,10	01:00,94	02:13,32	04:48,78	10:33,47	21:26,44	00:32,89	01:10,52	02:42,82	00:38,80	01:22,62	02:55,26	00:31,76	01:09,90	02:40,37	02:36,74	05:39,07
477	00:28,11	01:00,96	02:13,35	04:48,84	10:33,61	21:26,71	00:32,90	01:10,54	02:42,86	00:38,81	01:22,64	02:55,30	00:31,77	01:09,92	02:40,40	02:36,77	05:39,14
476	00:28,12	01:00,98	02:13,37	04:48,90	10:33,74	21:26,98	00:32,92	01:10,56	02:42,89	00:38,82	01:22,66	02:55,34	00:31,78	01:09,94	02:40,44	02:36,81	05:39,21
475	00:28,13	01:01,00	02:13,40	04:48,96	10:33,87	21:27,25	00:32,93	01:10,58	02:42,93	00:38,84	01:22,68	02:55,37	00:31,79	01:09,96	02:40,47	02:36,84	05:39,28
474	00:28,14	01:01,01	02:13,43	04:49,02	10:34,01	21:27,53	00:32,94	01:10,60	02:42,96	00:38,85	01:22,71	02:55,41	00:31,80	01:09,98	02:40,50	02:36,87	05:39,35
473	00:28,15	01:01,03	02:13,46	04:49,08	10:34,14	21:27,80	00:32,95	01:10,62	02:43,00	00:38,86	01:22,73	02:55,45	00:31,81	01:10,00	02:40,54	02:36,91	05:39,42
472	00:28,16	01:01,05	02:13,49	04:49,14	10:34,28	21:28,07	00:32,96	01:10,64	02:43,03	00:38,88	01:22,75	02:55,48	00:31,82	01:10,02	02:40,57	02:36,94	05:39,50
471	00:28,17	01:01,06	02:13,52	04:49,20	10:34,41	21:28,35	00:32,97	01:10,66	02:43,07	00:38,89	01:22,78	02:55,52	00:31,83	01:10,04	02:40,61	02:36,97	05:39,57
470	00:28,18	01:01,08	02:13,54	04:49,27	10:34,55	21:28,62	00:32,98	01:10,68	02:43,10	00:38,90	01:22,80	02:55,56	00:31,84	01:10,06	02:40,64	02:37,01	05:39,64
469	00:28,19	01:01,10	02:13,57	04:49,33	10:34,68	21:28,90	00:32,99	01:10,70	02:43,14	00:38,91	01:22,82	02:55,60	00:31,85	01:10,08	02:40,68	02:37,04	05:39,71
468	00:28,20	01:01,12	02:13,60	04:49,39	10:34,82	21:29,17	00:33,00	01:10,72	02:43,17	00:38,93	01:22,85	02:55,63	00:31,86	01:10,10	02:40,71	02:37,07	05:39,79
467	00:28,21	01:01,13	02:13,63	04:49,45	10:34,96	21:29,45	00:33,02	01:10,74	02:43,21	00:38,94	01:22,87	02:55,67	00:31,88	01:10,12	02:40,74	02:37,11	05:39,86

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
466	00:28,22	01:01,15	02:13,66	04:49,51	10:35,09	21:29,73	00:33,03	01:10,76	02:43,24	00:38,95	01:22,89	02:55,71	00:31,89	01:10,14	02:40,78	02:37,14	05:39,93
465	00:28,23	01:01,17	02:13,69	04:49,58	10:35,23	21:30,00	00:33,04	01:10,78	02:43,28	00:38,97	01:22,92	02:55,75	00:31,90	01:10,16	02:40,81	02:37,17	05:40,01
464	00:28,24	01:01,19	02:13,72	04:49,64	10:35,37	21:30,28	00:33,05	01:10,80	02:43,31	00:38,98	01:22,94	02:55,79	00:31,91	01:10,18	02:40,85	02:37,21	05:40,08
463	00:28,25	01:01,20	02:13,74	04:49,70	10:35,50	21:30,56	00:33,06	01:10,82	02:43,35	00:38,99	01:22,97	02:55,82	00:31,92	01:10,20	02:40,88	02:37,24	05:40,15
462	00:28,26	01:01,22	02:13,77	04:49,76	10:35,64	21:30,84	00:33,07	01:10,84	02:43,38	00:39,01	01:22,99	02:55,86	00:31,93	01:10,22	02:40,92	02:37,28	05:40,23
461	00:28,27	01:01,24	02:13,80	04:49,83	10:35,78	21:31,12	00:33,08	01:10,86	02:43,42	00:39,02	01:23,01	02:55,90	00:31,94	01:10,24	02:40,95	02:37,31	05:40,30
460	00:28,27	01:01,26	02:13,83	04:49,89	10:35,92	21:31,41	00:33,09	01:10,88	02:43,45	00:39,04	01:23,04	02:55,94	00:31,95	01:10,26	02:40,99	02:37,34	05:40,37
459	00:28,28	01:01,27	02:13,86	04:49,95	10:36,06	21:31,69	00:33,11	01:10,90	02:43,49	00:39,05	01:23,06	02:55,98	00:31,96	01:10,28	02:41,02	02:37,38	05:40,45
458	00:28,29	01:01,29	02:13,89	04:50,02	10:36,20	21:31,97	00:33,12	01:10,92	02:43,52	00:39,06	01:23,09	02:56,02	00:31,97	01:10,30	02:41,06	02:37,41	05:40,52
457	00:28,30	01:01,31	02:13,92	04:50,08	10:36,34	21:32,25	00:33,13	01:10,94	02:43,56	00:39,08	01:23,11	02:56,05	00:31,99	01:10,32	02:41,09	02:37,45	05:40,60
456	00:28,31	01:01,33	02:13,95	04:50,14	10:36,48	21:32,54	00:33,14	01:10,96	02:43,60	00:39,09	01:23,13	02:56,09	00:32,00	01:10,34	02:41,13	02:37,48	05:40,67
455	00:28,32	01:01,34	02:13,98	04:50,21	10:36,62	21:32,82	00:33,15	01:10,98	02:43,63	00:39,10	01:23,16	02:56,13	00:32,01	01:10,36	02:41,16	02:37,52	05:40,75
454	00:28,33	01:01,36	02:14,01	04:50,27	10:36,76	21:33,11	00:33,16	01:11,00	02:43,67	00:39,12	01:23,18	02:56,17	00:32,02	01:10,38	02:41,20	02:37,55	05:40,82
453	00:28,34	01:01,38	02:14,04	04:50,34	10:36,90	21:33,39	00:33,18	01:11,02	02:43,70	00:39,13	01:23,21	02:56,21	00:32,03	01:10,40	02:41,24	02:37,59	05:40,90
452	00:28,35	01:01,40	02:14,07	04:50,40	10:37,04	21:33,68	00:33,19	01:11,04	02:43,74	00:39,14	01:23,23	02:56,25	00:32,04	01:10,42	02:41,27	02:37,62	05:40,97
451	00:28,36	01:01,42	02:14,10	04:50,47	10:37,18	21:33,97	00:33,20	01:11,06	02:43,78	00:39,16	01:23,26	02:56,29	00:32,05	01:10,44	02:41,31	02:37,66	05:41,05
450	00:28,37	01:01,43	02:14,13	04:50,53	10:37,32	21:34,26	00:33,21	01:11,08	02:43,81	00:39,17	01:23,28	02:56,33	00:32,06	01:10,46	02:41,34	02:37,69	05:41,13
449	00:28,38	01:01,45	02:14,16	04:50,60	10:37,47	21:34,55	00:33,22	01:11,11	02:43,85	00:39,19	01:23,30	02:56,37	00:32,08	01:10,48	02:41,38	02:37,73	05:41,20
448	00:28,39	01:01,47	02:14,19	04:50,66	10:37,61	21:34,84	00:33,23	01:11,13	02:43,89	00:39,20	01:23,33	02:56,41	00:32,09	01:10,50	02:41,42	02:37,76	05:41,28
447	00:28,40	01:01,49	02:14,22	04:50,73	10:37,75	21:35,13	00:33,25	01:11,15	02:43,92	00:39,21	01:23,35	02:56,45	00:32,10	01:10,52	02:41,45	02:37,80	05:41,36
446	00:28,41	01:01,51	02:14,25	04:50,79	10:37,89	21:35,42	00:33,26	01:11,17	02:43,96	00:39,23	01:23,38	02:56,49	00:32,11	01:10,55	02:41,49	02:37,83	05:41,43
445	00:28,42	01:01,53	02:14,28	04:50,86	10:38,04	21:35,71	00:33,27	01:11,19	02:44,00	00:39,24	01:23,40	02:56,52	00:32,12	01:10,57	02:41,52	02:37,87	05:41,51
444	00:28,43	01:01,54	02:14,31	04:50,92	10:38,18	21:36,00	00:33,28	01:11,21	02:44,03	00:39,26	01:23,43	02:56,56	00:32,13	01:10,59	02:41,56	02:37,90	05:41,59
443	00:28,44	01:01,56	02:14,34	04:50,99	10:38,33	21:36,29	00:33,29	01:11,23	02:44,07	00:39,27	01:23,45	02:56,60	00:32,14	01:10,61	02:41,60	02:37,94	05:41,66
442	00:28,45	01:01,58	02:14,37	04:51,05	10:38,47	21:36,59	00:33,31	01:11,25	02:44,11	00:39,28	01:23,48	02:56,64	00:32,16	01:10,63	02:41,63	02:37,98	05:41,74
441	00:28,47	01:01,60	02:14,40	04:51,12	10:38,62	21:36,88	00:33,32	01:11,27	02:44,15	00:39,30	01:23,50	02:56,68	00:32,17	01:10,65	02:41,67	02:38,01	05:41,82
440	00:28,48	01:01,62	02:14,43	04:51,19	10:38,76	21:37,18	00:33,33	01:11,30	02:44,18	00:39,31	01:23,53	02:56,73	00:32,18	01:10,67	02:41,71	02:38,05	05:41,90
439	00:28,49	01:01,64	02:14,46	04:51,25	10:38,91	21:37,47	00:33,34	01:11,32	02:44,22	00:39,33	01:23,55	02:56,77	00:32,19	01:10,69	02:41,74	02:38,08	05:41,97
438	00:28,50	01:01,65	02:14,49	04:51,32	10:39,05	21:37,77	00:33,35	01:11,34	02:44,26	00:39,34	01:23,58	02:56,81	00:32,20	01:10,71	02:41,78	02:38,12	05:42,05
437	00:28,51	01:01,67	02:14,52	04:51,39	10:39,20	21:38,07	00:33,37	01:11,36	02:44,30	00:39,35	01:23,60	02:56,85	00:32,21	01:10,74	02:41,82	02:38,16	05:42,13
436	00:28,52	01:01,69	02:14,55	04:51,45	10:39,35	21:38,37	00:33,38	01:11,38	02:44,33	00:39,37	01:23,63	02:56,89	00:32,23	01:10,76	02:41,86	02:38,19	05:42,21
435	00:28,53	01:01,71	02:14,58	04:51,52	10:39,49	21:38,67	00:33,39	01:11,40	02:44,37	00:39,38	01:23,66	02:56,93	00:32,24	01:10,78	02:41,89	02:38,23	05:42,29
434	00:28,54	01:01,73	02:14,62	04:51,59	10:39,64	21:38,97	00:33,40	01:11,43	02:44,41	00:39,40	01:23,68	02:56,97	00:32,25	01:10,80	02:41,93	02:38,27	05:42,37
433	00:28,55	01:01,75	02:14,65	04:51,66	10:39,79	21:39,27	00:33,41	01:11,45	02:44,45	00:39,41	01:23,71	02:57,01	00:32,26	01:10,82	02:41,97	02:38,30	05:42,45
432	00:28,56	01:01,77	02:14,68	04:51,72	10:39,94	21:39,57	00:33,43	01:11,47	02:44,49	00:39,43	01:23,73	02:57,05	00:32,27	01:10,84	02:42,01	02:38,34	05:42,53
431	00:28,57	01:01,79	02:14,71	04:51,79	10:40,09	21:39,87	00:33,44	01:11,49	02:44,52	00:39,44	01:23,76	02:57,09	00:32,28	01:10,87	02:42,04	02:38,38	05:42,61
430	00:28,58	01:01,81	02:14,74	04:51,86	10:40,24	21:40,17	00:33,45	01:11,51	02:44,56	00:39,46	01:23,78	02:57,13	00:32,30	01:10,89	02:42,08	02:38,41	05:42,69
429	00:28,59	01:01,83	02:14,77	04:51,93	10:40,39	21:40,48	00:33,46	01:11,54	02:44,60	00:39,47	01:23,81	02:57,17	00:32,31	01:10,91	02:42,12	02:38,45	05:42,77
428	00:28,60	01:01,84	02:14,80	04:52,00	10:40,54	21:40,78	00:33,48	01:11,56	02:44,64	00:39,49	01:23,84	02:57,22	00:32,32	01:10,93	02:42,16	02:38,49	05:42,85
427	00:28,61	01:01,86	02:14,84	04:52,06	10:40,69	21:41,09	00:33,49	01:11,58	02:44,68	00:39,50	01:23,86	02:57,26	00:32,33	01:10,95	02:42,19	02:38,52	05:42,93
426	00:28,62	01:01,88	02:14,87	04:52,13	10:40,84	21:41,39	00:33,50	01:11,60	02:44,72	00:39,51	01:23,89	02:57,30	00:32,34	01:10,98	02:42,23	02:38,56	05:43,01
425	00:28,63	01:01,90	02:14,90	04:52,20	10:40,99	21:41,70	00:33,51	01:11,63	02:44,76	00:39,53	01:23,91	02:57,34	00:32,36	01:11,00	02:42,27	02:38,60	05:43,09
424	00:28,64	01:01,92	02:14,93	04:52,27	10:41,14	21:42,01	00:33,53	01:11,65	02:44,79	00:39,54	01:23,94	02:57,38	00:32,37	01:11,02	02:42,31	02:38,64	05:43,17
423	00:28,65	01:01,94	02:14,96	04:52,34	10:41,29	21:42,32	00:33,54	01:11,67	02:44,83	00:39,56	01:23,97	02:57,43	00:32,38	01:11,04	02:42,35	02:38,67	05:43,25
422	00:28,67	01:01,96	02:15,00	04:52,41	10:41,44	21:42,63	00:33,55	01:11,69	02:44,87	00:39,57	01:23,99	02:57,47	00:32,39	01:11,06	02:42,39	02:38,71	05:43,33
421	00:28,68	01:01,98	02:15,03	04:52,48	10:41,60	21:42,94	00:33,56	01:11,72	02:44,91	00:39,59	01:24,02	02:57,51	00:32,41	01:11,09	02:42,43	02:38,75	05:43,41
420	00:28,69	01:02,00	02:15,06	04:52,55	10:41,75	21:43,25	00:33,58	01:11,74	02:44,95	00:39,60	01:24,05	02:57,55	00:32,42	01:11,11	02:42,46	02:38,79	05:43,50

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
419	00:28,70	01:02,02	02:15,09	04:52,62	10:41,90	21:43,56	00:33,59	01:11,76	02:44,99	00:39,62	01:24,07	02:57,59	00:32,43	01:11,13	02:42,50	02:38,83	05:43,58
418	00:28,71	01:02,04	02:15,12	04:52,69	10:42,06	21:43,87	00:33,60	01:11,78	02:45,03	00:39,63	01:24,10	02:57,64	00:32,44	01:11,15	02:42,54	02:38,86	05:43,66
417	00:28,72	01:02,06	02:15,16	04:52,76	10:42,21	21:44,19	00:33,62	01:11,81	02:45,07	00:39,65	01:24,13	02:57,68	00:32,45	01:11,18	02:42,58	02:38,90	05:43,74
416	00:28,73	01:02,08	02:15,19	04:52,83	10:42,37	21:44,50	00:33,63	01:11,83	02:45,11	00:39,66	01:24,15	02:57,72	00:32,47	01:11,20	02:42,62	02:38,94	05:43,83
415	00:28,74	01:02,10	02:15,22	04:52,90	10:42,52	21:44,81	00:33,64	01:11,85	02:45,15	00:39,68	01:24,18	02:57,77	00:32,48	01:11,22	02:42,66	02:38,98	05:43,91
414	00:28,75	01:02,12	02:15,25	04:52,97	10:42,68	21:45,13	00:33,65	01:11,87	02:45,19	00:39,69	01:24,21	02:57,81	00:32,49	01:11,25	02:42,70	02:39,02	05:43,99
413	00:28,76	01:02,14	02:15,29	04:53,04	10:42,83	21:45,45	00:33,67	01:11,90	02:45,23	00:39,71	01:24,23	02:57,85	00:32,50	01:11,27	02:42,74	02:39,06	05:44,08
412	00:28,77	01:02,16	02:15,32	04:53,11	10:42,99	21:45,76	00:33,68	01:11,92	02:45,27	00:39,73	01:24,26	02:57,89	00:32,52	01:11,29	02:42,78	02:39,09	05:44,16
411	00:28,79	01:02,18	02:15,35	04:53,19	10:43,15	21:46,08	00:33,69	01:11,94	02:45,31	00:39,74	01:24,29	02:57,94	00:32,53	01:11,31	02:42,82	02:39,13	05:44,24
410	00:28,80	01:02,20	02:15,39	04:53,26	10:43,30	21:46,40	00:33,71	01:11,97	02:45,35	00:39,76	01:24,31	02:57,98	00:32,54	01:11,34	02:42,86	02:39,17	05:44,33
409	00:28,81	01:02,22	02:15,42	04:53,33	10:43,46	21:46,72	00:33,72	01:11,99	02:45,39	00:39,77	01:24,34	02:58,03	00:32,55	01:11,36	02:42,90	02:39,21	05:44,41
408	00:28,82	01:02,24	02:15,45	04:53,40	10:43,62	21:47,04	00:33,73	01:12,01	02:45,43	00:39,79	01:24,37	02:58,07	00:32,57	01:11,38	02:42,94	02:39,25	05:44,50
407	00:28,83	01:02,26	02:15,49	04:53,47	10:43,78	21:47,37	00:33,75	01:12,04	02:45,47	00:39,80	01:24,40	02:58,11	00:32,58	01:11,41	02:42,98	02:39,29	05:44,58
406	00:28,84	01:02,28	02:15,52	04:53,55	10:43,94	21:47,69	00:33,76	01:12,06	02:45,51	00:39,82	01:24,42	02:58,16	00:32,59	01:11,43	02:43,02	02:39,33	05:44,67
405	00:28,85	01:02,30	02:15,55	04:53,62	10:44,10	21:48,01	00:33,77	01:12,08	02:45,55	00:39,83	01:24,45	02:58,20	00:32,61	01:11,45	02:43,06	02:39,37	05:44,75
404	00:28,86	01:02,32	02:15,59	04:53,69	10:44,26	21:48,34	00:33,79	01:12,11	02:45,60	00:39,85	01:24,48	02:58,25	00:32,62	01:11,48	02:43,10	02:39,41	05:44,84
403	00:28,88	01:02,34	02:15,62	04:53,76	10:44,42	21:48,66	00:33,80	01:12,13	02:45,64	00:39,86	01:24,51	02:58,29	00:32,63	01:11,50	02:43,14	02:39,45	05:44,92
402	00:28,89	01:02,36	02:15,65	04:53,84	10:44,58	21:48,99	00:33,81	01:12,16	02:45,68	00:39,88	01:24,54	02:58,33	00:32,64	01:11,52	02:43,18	02:39,49	05:45,01
401	00:28,90	01:02,38	02:15,69	04:53,91	10:44,74	21:49,32	00:33,83	01:12,18	02:45,72	00:39,90	01:24,56	02:58,38	00:32,66	01:11,55	02:43,22	02:39,53	05:45,10
400	00:28,91	01:02,40	02:15,72	04:53,98	10:44,90	21:49,64	00:33,84	01:12,20	02:45,76	00:39,91	01:24,59	02:58,42	00:32,67	01:11,57	02:43,26	02:39,57	05:45,18
399	00:28,92	01:02,42	02:15,76	04:54,06	10:45,06	21:49,97	00:33,85	01:12,23	02:45,80	00:39,93	01:24,62	02:58,47	00:32,68	01:11,59	02:43,30	02:39,61	05:45,27
398	00:28,93	01:02,44	02:15,79	04:54,13	10:45,22	21:50,30	00:33,87	01:12,25	02:45,84	00:39,94	01:24,65	02:58,51	00:32,70	01:11,62	02:43,34	02:39,65	05:45,36
397	00:28,95	01:02,46	02:15,82	04:54,21	10:45,39	21:50,63	00:33,88	01:12,28	02:45,89	00:39,96	01:24,68	02:58,56	00:32,71	01:11,64	02:43,38	02:39,69	05:45,44
396	00:28,96	01:02,48	02:15,86	04:54,28	10:45,55	21:50,97	00:33,89	01:12,30	02:45,93	00:39,98	01:24,70	02:58,60	00:32,72	01:11,67	02:43,43	02:39,73	05:45,53
395	00:28,97	01:02,51	02:15,89	04:54,36	10:45,71	21:51,30	00:33,91	01:12,32	02:45,97	00:39,99	01:24,73	02:58,65	00:32,74	01:11,69	02:43,47	02:39,77	05:45,62
394	00:28,98	01:02,53	02:15,93	04:54,43	10:45,88	21:51,63	00:33,92	01:12,35	02:46,01	00:40,01	01:24,76	02:58,69	00:32,75	01:11,71	02:43,51	02:39,81	05:45,71
393	00:28,99	01:02,55	02:15,96	04:54,51	10:46,04	21:51,97	00:33,93	01:12,37	02:46,05	00:40,02	01:24,79	02:58,74	00:32,76	01:11,74	02:43,55	02:39,85	05:45,79
392	00:29,00	01:02,57	02:16,00	04:54,58	10:46,21	21:52,30	00:33,95	01:12,40	02:46,10	00:40,04	01:24,82	02:58,79	00:32,78	01:11,76	02:43,59	02:39,89	05:45,88
391	00:29,02	01:02,59	02:16,03	04:54,66	10:46,37	21:52,64	00:33,96	01:12,42	02:46,14	00:40,06	01:24,85	02:58,83	00:32,79	01:11,79	02:43,63	02:39,93	05:45,97
390	00:29,03	01:02,61	02:16,07	04:54,73	10:46,54	21:52,97	00:33,98	01:12,45	02:46,18	00:40,07	01:24,88	02:58,88	00:32,80	01:11,81	02:43,68	02:39,97	05:46,06
389	00:29,04	01:02,63	02:16,10	04:54,81	10:46,71	21:53,31	00:33,99	01:12,47	02:46,23	00:40,09	01:24,90	02:58,92	00:32,82	01:11,84	02:43,72	02:40,01	05:46,15
388	00:29,05	01:02,65	02:16,14	04:54,88	10:46,87	21:53,65	00:34,00	01:12,50	02:46,27	00:40,11	01:24,93	02:58,97	00:32,83	01:11,86	02:43,76	02:40,06	05:46,24
387	00:29,06	01:02,68	02:16,17	04:54,96	10:47,04	21:53,99	00:34,02	01:12,52	02:46,31	00:40,12	01:24,96	02:59,02	00:32,84	01:11,89	02:43,80	02:40,10	05:46,33
386	00:29,07	01:02,70	02:16,21	04:55,04	10:47,21	21:54,33	00:34,03	01:12,55	02:46,35	00:40,14	01:24,99	02:59,06	00:32,86	01:11,91	02:43,85	02:40,14	05:46,42
385	00:29,09	01:02,72	02:16,24	04:55,11	10:47,38	21:54,68	00:34,05	01:12,57	02:46,40	00:40,16	01:25,02	02:59,11	00:32,87	01:11,93	02:43,89	02:40,18	05:46,51
384	00:29,10	01:02,74	02:16,28	04:55,19	10:47,55	21:55,02	00:34,06	01:12,60	02:46,44	00:40,17	01:25,05	02:59,16	00:32,88	01:11,96	02:43,93	02:40,22	05:46,60
383	00:29,11	01:02,76	02:16,32	04:55,27	10:47,72	21:55,36	00:34,07	01:12,62	02:46,48	00:40,19	01:25,08	02:59,20	00:32,90	01:11,98	02:43,97	02:40,26	05:46,69
382	00:29,12	01:02,78	02:16,35	04:55,35	10:47,89	21:55,71	00:34,09	01:12,65	02:46,53	00:40,21	01:25,11	02:59,25	00:32,91	01:12,01	02:44,02	02:40,31	05:46,78
381	00:29,14	01:02,81	02:16,39	04:55,42	10:48,06	21:56,05	00:34,10	01:12,67	02:46,57	00:40,22	01:25,14	02:59,30	00:32,92	01:12,03	02:44,06	02:40,35	05:46,87
380	00:29,15	01:02,83	02:16,42	04:55,50	10:48,23	21:56,40	00:34,12	01:12,70	02:46,62	00:40,24	01:25,17	02:59,34	00:32,94	01:12,06	02:44,10	02:40,39	05:46,96
379	00:29,16	01:02,85	02:16,46	04:55,58	10:48,40	21:56,75	00:34,13	01:12,72	02:46,66	00:40,26	01:25,20	02:59,39	00:32,95	01:12,08	02:44,15	02:40,43	05:47,05
378	00:29,17	01:02,87	02:16,49	04:55,66	10:48,57	21:57,10	00:34,14	01:12,75	02:46,70	00:40,27	01:25,23	02:59,44	00:32,97	01:12,11	02:44,19	02:40,48	05:47,15
377	00:29,18	01:02,89	02:16,53	04:55,74	10:48,74	21:57,45	00:34,16	01:12,77	02:46,75	00:40,29	01:25,26	02:59,49	00:32,98	01:12,14	02:44,23	02:40,52	05:47,24
376	00:29,20	01:02,92	02:16,57	04:55,82	10:48,92	21:57,80	00:34,17	01:12,80	02:46,79	00:40,31	01:25,29	02:59,53	00:32,99	01:12,16	02:44,28	02:40,56	05:47,33
375	00:29,21	01:02,94	02:16,60	04:55,89	10:49,09	21:58,15	00:34,19	01:12,82	02:46,84	00:40,32	01:25,32	02:59,58	00:33,01	01:12,19	02:44,32	02:40,60	05:47,42
374	00:29,22	01:02,96	02:16,64	04:55,97	10:49,26	21:58,51	00:34,20	01:12,85	02:46,88	00:40,34	01:25,35	02:59,63	00:33,02	01:12,21	02:44,37	02:40,65	05:47,52
373	00:29,23	01:02,98	02:16,68	04:56,05	10:49,44	21:58,86	00:34,22	01:12,88	02:46,93	00:40,36	01:25,38	02:59,68	00:33,04	01:12,24	02:44,41	02:40,69	05:47,61

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
372	00:29,25	01:03,01	02:16,71	04:56,13	10:49,61	21:59,22	00:34,23	01:12,90	02:46,97	00:40,38	01:25,41	02:59,73	00:33,05	01:12,26	02:44,45	02:40,73	05:47,70
371	00:29,26	01:03,03	02:16,75	04:56,21	10:49,79	21:59,57	00:34,25	01:12,93	02:47,02	00:40,39	01:25,44	02:59,78	00:33,06	01:12,29	02:44,50	02:40,78	05:47,80
370	00:29,27	01:03,05	02:16,79	04:56,29	10:49,97	21:59,93	00:34,26	01:12,95	02:47,06	00:40,41	01:25,47	02:59,82	00:33,08	01:12,32	02:44,54	02:40,82	05:47,89
369	00:29,28	01:03,07	02:16,83	04:56,37	10:50,14	22:00,29	00:34,28	01:12,98	02:47,11	00:40,43	01:25,50	02:59,87	00:33,09	01:12,34	02:44,59	02:40,86	05:47,99
368	00:29,30	01:03,10	02:16,86	04:56,45	10:50,32	22:00,65	00:34,29	01:13,01	02:47,15	00:40,45	01:25,53	02:59,92	00:33,11	01:12,37	02:44,63	02:40,91	05:48,08
367	00:29,31	01:03,12	02:16,90	04:56,54	10:50,50	22:01,01	00:34,31	01:13,03	02:47,20	00:40,46	01:25,56	02:59,97	00:33,12	01:12,39	02:44,68	02:40,95	05:48,18
366	00:29,32	01:03,14	02:16,94	04:56,62	10:50,67	22:01,37	00:34,32	01:13,06	02:47,25	00:40,48	01:25,59	03:00,02	00:33,14	01:12,42	02:44,72	02:41,00	05:48,27
365	00:29,33	01:03,16	02:16,98	04:56,70	10:50,85	22:01,73	00:34,34	01:13,09	02:47,29	00:40,50	01:25,62	03:00,07	00:33,15	01:12,45	02:44,77	02:41,04	05:48,37
364	00:29,35	01:03,19	02:17,01	04:56,78	10:51,03	22:02,10	00:34,35	01:13,11	02:47,34	00:40,52	01:25,66	03:00,12	00:33,16	01:12,47	02:44,81	02:41,08	05:48,46
363	00:29,36	01:03,21	02:17,05	04:56,86	10:51,21	22:02,46	00:34,37	01:13,14	02:47,38	00:40,53	01:25,69	03:00,17	00:33,18	01:12,50	02:44,86	02:41,13	05:48,56
362	00:29,37	01:03,23	02:17,09	04:56,94	10:51,39	22:02,83	00:34,38	01:13,17	02:47,43	00:40,55	01:25,72	03:00,22	00:33,19	01:12,53	02:44,90	02:41,17	05:48,66
361	00:29,39	01:03,26	02:17,13	04:57,03	10:51,57	22:03,19	00:34,40	01:13,19	02:47,48	00:40,57	01:25,75	03:00,27	00:33,21	01:12,55	02:44,95	02:41,22	05:48,75
360	00:29,40	01:03,28	02:17,16	04:57,11	10:51,75	22:03,56	00:34,41	01:13,22	02:47,52	00:40,59	01:25,78	03:00,32	00:33,22	01:12,58	02:45,00	02:41,26	05:48,85
359	00:29,41	01:03,30	02:17,20	04:57,19	10:51,94	22:03,93	00:34,43	01:13,25	02:47,57	00:40,60	01:25,81	03:00,37	00:33,24	01:12,61	02:45,04	02:41,31	05:48,95
358	00:29,43	01:03,33	02:17,24	04:57,28	10:52,12	22:04,30	00:34,44	01:13,27	02:47,62	00:40,62	01:25,85	03:00,42	00:33,25	01:12,63	02:45,09	02:41,35	05:49,05
357	00:29,44	01:03,35	02:17,28	04:57,36	10:52,30	22:04,67	00:34,46	01:13,30	02:47,66	00:40,64	01:25,88	03:00,47	00:33,27	01:12,66	02:45,14	02:41,40	05:49,14
356	00:29,45	01:03,37	02:17,32	04:57,44	10:52,49	22:05,05	00:34,47	01:13,33	02:47,71	00:40,66	01:25,91	03:00,52	00:33,28	01:12,69	02:45,18	02:41,44	05:49,24
355	00:29,46	01:03,40	02:17,36	04:57,53	10:52,67	22:05,42	00:34,49	01:13,36	02:47,76	00:40,68	01:25,94	03:00,57	00:33,30	01:12,71	02:45,23	02:41,49	05:49,34
354	00:29,48	01:03,42	02:17,40	04:57,61	10:52,85	22:05,80	00:34,50	01:13,38	02:47,81	00:40,70	01:25,97	03:00,62	00:33,31	01:12,74	02:45,28	02:41,54	05:49,44
353	00:29,49	01:03,44	02:17,44	04:57,70	10:53,04	22:06,17	00:34,52	01:13,41	02:47,85	00:40,71	01:26,01	03:00,68	00:33,33	01:12,77	02:45,32	02:41,58	05:49,54
352	00:29,50	01:03,47	02:17,47	04:57,78	10:53,23	22:06,55	00:34,53	01:13,44	02:47,90	00:40,73	01:26,04	03:00,73	00:33,34	01:12,80	02:45,37	02:41,63	05:49,64
351	00:29,52	01:03,49	02:17,51	04:57,86	10:53,41	22:06,93	00:34,55	01:13,47	02:47,95	00:40,75	01:26,07	03:00,78	00:33,36	01:12,82	02:45,42	02:41,67	05:49,74
350	00:29,53	01:03,52	02:17,55	04:57,95	10:53,60	22:07,31	00:34,57	01:13,49	02:48,00	00:40,77	01:26,10	03:00,83	00:33,37	01:12,85	02:45,46	02:41,72	05:49,84
349	00:29,54	01:03,54	02:17,59	04:58,04	10:53,79	22:07,69	00:34,58	01:13,52	02:48,05	00:40,79	01:26,14	03:00,88	00:33,39	01:12,88	02:45,51	02:41,77	05:49,94
348	00:29,56	01:03,57	02:17,63	04:58,12	10:53,98	22:08,07	00:34,60	01:13,55	02:48,09	00:40,81	01:26,17	03:00,93	00:33,40	01:12,91	02:45,56	02:41,81	05:50,04
347	00:29,57	01:03,59	02:17,67	04:58,21	10:54,16	22:08,46	00:34,61	01:13,58	02:48,14	00:40,82	01:26,20	03:00,99	00:33,42	01:12,93	02:45,61	02:41,86	05:50,14
346	00:29,59	01:03,61	02:17,71	04:58,29	10:54,35	22:08,84	00:34,63	01:13,61	02:48,19	00:40,84	01:26,23	03:01,04	00:33,43	01:12,96	02:45,65	02:41,91	05:50,24
345	00:29,60	01:03,64	02:17,75	04:58,38	10:54,54	22:09,23	00:34,64	01:13,63	02:48,24	00:40,86	01:26,27	03:01,09	00:33,45	01:12,99	02:45,70	02:41,95	05:50,34
344	00:29,61	01:03,66	02:17,79	04:58,47	10:54,73	22:09,61	00:34,66	01:13,66	02:48,29	00:40,88	01:26,30	03:01,14	00:33,46	01:13,02	02:45,75	02:42,00	05:50,45
343	00:29,63	01:03,69	02:17,83	04:58,55	10:54,93	22:10,00	00:34,68	01:13,69	02:48,34	00:40,90	01:26,33	03:01,20	00:33,48	01:13,05	02:45,80	02:42,05	05:50,55
342	00:29,64	01:03,71	02:17,87	04:58,64	10:55,12	22:10,39	00:34,69	01:13,72	02:48,39	00:40,92	01:26,37	03:01,25	00:33,49	01:13,07	02:45,85	02:42,09	05:50,65
341	00:29,65	01:03,74	02:17,91	04:58,73	10:55,31	22:10,78	00:34,71	01:13,75	02:48,44	00:40,94	01:26,40	03:01,30	00:33,51	01:13,10	02:45,90	02:42,14	05:50,75
340	00:29,67	01:03,76	02:17,95	04:58,82	10:55,50	22:11,18	00:34,72	01:13,78	02:48,49	00:40,96	01:26,43	03:01,36	00:33,53	01:13,13	02:45,95	02:42,19	05:50,86
339	00:29,68	01:03,79	02:17,99	04:58,91	10:55,70	22:11,57	00:34,74	01:13,81	02:48,54	00:40,98	01:26,47	03:01,41	00:33,54	01:13,16	02:45,99	02:42,24	05:50,96
338	00:29,70	01:03,81	02:18,04	04:59,00	10:55,89	22:11,96	00:34,76	01:13,83	02:48,59	00:41,00	01:26,50	03:01,46	00:33,56	01:13,19	02:46,04	02:42,29	05:51,07
337	00:29,71	01:03,84	02:18,08	04:59,08	10:56,09	22:12,36	00:34,77	01:13,86	02:48,64	00:41,02	01:26,54	03:01,52	00:33,57	01:13,22	02:46,09	02:42,33	05:51,17
336	00:29,72	01:03,86	02:18,12	04:59,17	10:56,28	22:12,76	00:34,79	01:13,89	02:48,69	00:41,03	01:26,57	03:01,57	00:33,59	01:13,25	02:46,14	02:42,38	05:51,27
335	00:29,74	01:03,89	02:18,16	04:59,26	10:56,48	22:13,16	00:34,81	01:13,92	02:48,74	00:41,05	01:26,60	03:01,63	00:33,60	01:13,27	02:46,19	02:42,43	05:51,38
334	00:29,75	01:03,91	02:18,20	04:59,35	10:56,68	22:13,56	00:34,82	01:13,95	02:48,79	00:41,07	01:26,64	03:01,68	00:33,62	01:13,30	02:46,24	02:42,48	05:51,48
333	00:29,77	01:03,94	02:18,24	04:59,44	10:56,87	22:13,96	00:34,84	01:13,98	02:48,84	00:41,09	01:26,67	03:01,74	00:33,64	01:13,33	02:46,29	02:42,53	05:51,59
332	00:29,78	01:03,96	02:18,28	04:59,53	10:57,07	22:14,36	00:34,86	01:14,01	02:48,89	00:41,11	01:26,71	03:01,79	00:33,65	01:13,36	02:46,34	02:42,58	05:51,70
331	00:29,79	01:03,99	02:18,33	04:59,62	10:57,27	22:14,76	00:34,87	01:14,04	02:48,94	00:41,13	01:26,74	03:01,85	00:33,67	01:13,39	02:46,39	02:42,63	05:51,80
330	00:29,81	01:04,01	02:18,37	04:59,71	10:57,47	22:15,17	00:34,89	01:14,07	02:48,99	00:41,15	01:26,78	03:01,90	00:33,69	01:13,42	02:46,44	02:42,68	05:51,91
329	00:29,82	01:04,04	02:18,41	04:59,81	10:57,67	22:15,58	00:34,91	01:14,10	02:49,04	00:41,17	01:26,81	03:01,96	00:33,70	01:13,45	02:46,49	02:42,73	05:52,02
328	00:29,84	01:04,07	02:18,45	04:59,90	10:57,87	22:15,98	00:34,92	01:14,13	02:49,09	00:41,19	01:26,85	03:02,01	00:33,72	01:13,48	02:46,55	02:42,78	05:52,12
327	00:29,85	01:04,09	02:18,49	04:59,99	10:58,07	22:16,39	00:34,94	01:14,16	02:49,15	00:41,21	01:26,88	03:02,07	00:33,73	01:13,51	02:46,60	02:42,83	05:52,23
326	00:29,87	01:04,12	02:18,54	05:00,08	10:58,27	22:16,80	00:34,96	01:14,19	02:49,20	00:41,23	01:26,92	03:02,12	00:33,75	01:13,54	02:46,65	02:42,88	05:52,34

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
325	00:29,88	01:04,14	02:18,58	05:00,17	10:58,48	22:17,22	00:34,97	01:14,22	02:49,25	00:41,25	01:26,95	03:02,18	00:33,77	01:13,57	02:46,70	02:42,93	05:52,45
324	00:29,90	01:04,17	02:18,62	05:00,27	10:58,68	22:17,63	00:34,99	01:14,25	02:49,30	00:41,27	01:26,99	03:02,24	00:33,78	01:13,60	02:46,75	02:42,98	05:52,56
323	00:29,91	01:04,20	02:18,67	05:00,36	10:58,89	22:18,05	00:35,01	01:14,28	02:49,36	00:41,29	01:27,02	03:02,29	00:33,80	01:13,63	02:46,80	02:43,03	05:52,67
322	00:29,93	01:04,22	02:18,71	05:00,45	10:59,09	22:18,46	00:35,03	01:14,31	02:49,41	00:41,31	01:27,06	03:02,35	00:33,82	01:13,66	02:46,85	02:43,08	05:52,78
321	00:29,94	01:04,25	02:18,75	05:00,55	10:59,30	22:18,88	00:35,04	01:14,34	02:49,46	00:41,33	01:27,10	03:02,41	00:33,83	01:13,69	02:46,91	02:43,13	05:52,89
320	00:29,95	01:04,28	02:18,80	05:00,64	10:59,50	22:19,30	00:35,06	01:14,37	02:49,51	00:41,35	01:27,13	03:02,46	00:33,85	01:13,72	02:46,96	02:43,18	05:53,00
319	00:29,97	01:04,30	02:18,84	05:00,74	10:59,71	22:19,72	00:35,08	01:14,40	02:49,57	00:41,37	01:27,17	03:02,52	00:33,87	01:13,75	02:47,01	02:43,23	05:53,11
318	00:29,98	01:04,33	02:18,88	05:00,83	10:59,92	22:20,14	00:35,10	01:14,43	02:49,62	00:41,40	01:27,20	03:02,58	00:33,88	01:13,78	02:47,06	02:43,28	05:53,22
317	00:30,00	01:04,36	02:18,93	05:00,93	11:00,13	22:20,57	00:35,11	01:14,47	02:49,67	00:41,42	01:27,24	03:02,64	00:33,90	01:13,81	02:47,12	02:43,33	05:53,33
316	00:30,01	01:04,38	02:18,97	05:01,02	11:00,34	22:20,99	00:35,13	01:14,50	02:49,73	00:41,44	01:27,28	03:02,69	00:33,92	01:13,84	02:47,17	02:43,39	05:53,44
315	00:30,03	01:04,41	02:19,02	05:01,12	11:00,55	22:21,42	00:35,15	01:14,53	02:49,78	00:41,46	01:27,31	03:02,75	00:33,94	01:13,88	02:47,22	02:43,44	05:53,56
314	00:30,05	01:04,44	02:19,06	05:01,21	11:00,76	22:21,84	00:35,17	01:14,56	02:49,84	00:41,48	01:27,35	03:02,81	00:33,95	01:13,91	02:47,28	02:43,49	05:53,67
313	00:30,06	01:04,47	02:19,10	05:01,31	11:00,97	22:22,27	00:35,18	01:14,59	02:49,89	00:41,50	01:27,39	03:02,87	00:33,97	01:13,94	02:47,33	02:43,54	05:53,78
312	00:30,08	01:04,49	02:19,15	05:01,41	11:01,18	22:22,71	00:35,20	01:14,62	02:49,95	00:41,52	01:27,43	03:02,93	00:33,99	01:13,97	02:47,38	02:43,60	05:53,90
311	00:30,09	01:04,52	02:19,19	05:01,50	11:01,39	22:23,14	00:35,22	01:14,65	02:50,00	00:41,54	01:27,46	03:02,99	00:34,00	01:14,00	02:47,44	02:43,65	05:54,01
310	00:30,11	01:04,55	02:19,24	05:01,60	11:01,61	22:23,57	00:35,24	01:14,69	02:50,06	00:41,56	01:27,50	03:03,05	00:34,02	01:14,03	02:47,49	02:43,70	05:54,12
309	00:30,12	01:04,58	02:19,28	05:01,70	11:01,82	22:24,01	00:35,26	01:14,72	02:50,11	00:41,58	01:27,54	03:03,11	00:34,04	01:14,06	02:47,55	02:43,75	05:54,24
308	00:30,14	01:04,60	02:19,33	05:01,80	11:02,04	22:24,44	00:35,27	01:14,75	02:50,17	00:41,61	01:27,58	03:03,16	00:34,06	01:14,10	02:47,60	02:43,81	05:54,35
307	00:30,15	01:04,63	02:19,37	05:01,90	11:02,25	22:24,88	00:35,29	01:14,78	02:50,22	00:41,63	01:27,61	03:03,22	00:34,07	01:14,13	02:47,65	02:43,86	05:54,47
306	00:30,17	01:04,66	02:19,42	05:01,99	11:02,47	22:25,32	00:35,31	01:14,82	02:50,28	00:41,65	01:27,65	03:03,28	00:34,09	01:14,16	02:47,71	02:43,91	05:54,59
305	00:30,18	01:04,69	02:19,47	05:02,09	11:02,69	22:25,77	00:35,33	01:14,85	02:50,33	00:41,67	01:27,69	03:03,34	00:34,11	01:14,19	02:47,76	02:43,97	05:54,70
304	00:30,20	01:04,72	02:19,51	05:02,19	11:02,91	22:26,21	00:35,35	01:14,88	02:50,39	00:41,69	01:27,73	03:03,41	00:34,13	01:14,22	02:47,82	02:44,02	05:54,82
303	00:30,22	01:04,74	02:19,56	05:02,29	11:03,13	22:26,65	00:35,37	01:14,91	02:50,45	00:41,71	01:27,77	03:03,47	00:34,15	01:14,26	02:47,88	02:44,08	05:54,94
302	00:30,23	01:04,77	02:19,60	05:02,39	11:03,35	22:27,10	00:35,39	01:14,95	02:50,50	00:41,74	01:27,80	03:03,53	00:34,16	01:14,29	02:47,93	02:44,13	05:55,05
301	00:30,25	01:04,80	02:19,65	05:02,49	11:03,57	22:27,55	00:35,40	01:14,98	02:50,56	00:41,76	01:27,84	03:03,59	00:34,18	01:14,32	02:47,99	02:44,19	05:55,17
300	00:30,26	01:04,83	02:19,70	05:02,59	11:03,79	22:28,00	00:35,42	01:15,01	02:50,62	00:41,78	01:27,88	03:03,65	00:34,20	01:14,36	02:48,04	02:44,24	05:55,29
299	00:30,28	01:04,86	02:19,74	05:02,70	11:04,01	22:28,45	00:35,44	01:15,05	02:50,67	00:41,80	01:27,92	03:03,71	00:34,22	01:14,39	02:48,10	02:44,30	05:55,41
298	00:30,30	01:04,89	02:19,79	05:02,80	11:04,23	22:28,91	00:35,46	01:15,08	02:50,73	00:41,83	01:27,96	03:03,77	00:34,24	01:14,42	02:48,16	02:44,35	05:55,53
297	00:30,31	01:04,92	02:19,84	05:02,90	11:04,46	22:29,36	00:35,48	01:15,11	02:50,79	00:41,85	01:28,00	03:03,83	00:34,25	01:14,45	02:48,21	02:44,41	05:55,65
296	00:30,33	01:04,94	02:19,89	05:03,00	11:04,68	22:29,82	00:35,50	01:15,15	02:50,85	00:41,87	01:28,04	03:03,90	00:34,27	01:14,49	02:48,27	02:44,46	05:55,77
295	00:30,34	01:04,97	02:19,93	05:03,11	11:04,91	22:30,28	00:35,52	01:15,18	02:50,90	00:41,89	01:28,08	03:03,96	00:34,29	01:14,52	02:48,33	02:44,52	05:55,89
294	00:30,36	01:05,00	02:19,98	05:03,21	11:05,13	22:30,74	00:35,54	01:15,21	02:50,96	00:41,92	01:28,12	03:04,02	00:34,31	01:14,55	02:48,38	02:44,57	05:56,01
293	00:30,38	01:05,03	02:20,03	05:03,31	11:05,36	22:31,20	00:35,56	01:15,25	02:51,02	00:41,94	01:28,16	03:04,08	00:34,33	01:14,59	02:48,44	02:44,63	05:56,13
292	00:30,39	01:05,06	02:20,08	05:03,42	11:05,59	22:31,66	00:35,58	01:15,28	02:51,08	00:41,96	01:28,20	03:04,15	00:34,35	01:14,62	02:48,50	02:44,69	05:56,26
291	00:30,41	01:05,09	02:20,12	05:03,52	11:05,82	22:32,13	00:35,59	01:15,32	02:51,14	00:41,98	01:28,24	03:04,21	00:34,37	01:14,66	02:48,56	02:44,74	05:56,38
290	00:30,43	01:05,12	02:20,17	05:03,63	11:06,05	22:32,59	00:35,61	01:15,35	02:51,20	00:42,01	01:28,28	03:04,27	00:34,38	01:14,69	02:48,62	02:44,80	05:56,50
289	00:30,44	01:05,15	02:20,22	05:03,73	11:06,28	22:33,06	00:35,63	01:15,38	02:51,26	00:42,03	01:28,32	03:04,34	00:34,40	01:14,72	02:48,67	02:44,86	05:56,63
288	00:30,46	01:05,18	02:20,27	05:03,84	11:06,51	22:33,53	00:35,65	01:15,42	02:51,32	00:42,05	01:28,36	03:04,40	00:34,42	01:14,76	02:48,73	02:44,91	05:56,75
287	00:30,48	01:05,21	02:20,32	05:03,94	11:06,75	22:34,01	00:35,67	01:15,45	02:51,38	00:42,08	01:28,40	03:04,47	00:34,44	01:14,79	02:48,79	02:44,97	05:56,87
286	00:30,49	01:05,24	02:20,37	05:04,05	11:06,98	22:34,48	00:35,69	01:15,49	02:51,44	00:42,10	01:28,44	03:04,53	00:34,46	01:14,83	02:48,85	02:45,03	05:57,00
285	00:30,51	01:05,27	02:20,42	05:04,16	11:07,21	22:34,96	00:35,71	01:15,52	02:51,50	00:42,12	01:28,48	03:04,60	00:34,48	01:14,86	02:48,91	02:45,09	05:57,12
284	00:30,53	01:05,30	02:20,47	05:04,26	11:07,45	22:35,43	00:35,73	01:15,56	02:51,56	00:42,15	01:28,52	03:04,66	00:34,50	01:14,90	02:48,97	02:45,15	05:57,25
283	00:30,55	01:05,33	02:20,52	05:04,37	11:07,68	22:35,91	00:35,75	01:15,59	02:51,62	00:42,17	01:28,56	03:04,73	00:34,52	01:14,93	02:49,03	02:45,20	05:57,38
282	00:30,56	01:05,36	02:20,57	05:04,48	11:07,92	22:36,40	00:35,77	01:15,63	02:51,68	00:42,19	01:28,61	03:04,79	00:34,54	01:14,97	02:49,09	02:45,26	05:57,50
281	00:30,58	01:05,39	02:20,62	05:04,59	11:08,16	22:36,88	00:35,79	01:15,67	02:51,74	00:42,22	01:28,65	03:04,86	00:34,56	01:15,00	02:49,15	02:45,32	05:57,63
280	00:30,60	01:05,42	02:20,67	05:04,70	11:08,40	22:37,36	00:35,81	01:15,70	02:51,80	00:42,24	01:28,69	03:04,92	00:34,58	01:15,04	02:49,21	02:45,38	05:57,76
279	00:30,62	01:05,46	02:20,72	05:04,81	11:08,64	22:37,85	00:35,83	01:15,74	02:51,86	00:42,27	01:28,73	03:04,99	00:34,60	01:15,07	02:49,27	02:45,44	05:57,89

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
278	00:30,63	01:05,49	02:20,77	05:04,92	11:08,88	22:38,34	00:35,85	01:15,77	02:51,92	00:42,29	01:28,77	03:05,06	00:34,62	01:15,11	02:49,33	02:45,50	05:58,02
277	00:30,65	01:05,52	02:20,82	05:05,03	11:09,12	22:38,83	00:35,88	01:15,81	02:51,99	00:42,31	01:28,82	03:05,12	00:34,64	01:15,15	02:49,39	02:45,56	05:58,15
276	00:30,67	01:05,55	02:20,87	05:05,14	11:09,36	22:39,33	00:35,90	01:15,85	02:52,05	00:42,34	01:28,86	03:05,19	00:34,66	01:15,18	02:49,45	02:45,62	05:58,28
275	00:30,69	01:05,58	02:20,92	05:05,25	11:09,61	22:39,82	00:35,92	01:15,88	02:52,11	00:42,36	01:28,90	03:05,26	00:34,68	01:15,22	02:49,52	02:45,68	05:58,41
274	00:30,70	01:05,61	02:20,97	05:05,36	11:09,85	22:40,32	00:35,94	01:15,92	02:52,17	00:42,39	01:28,94	03:05,33	00:34,70	01:15,25	02:49,58	02:45,74	05:58,54
273	00:30,72	01:05,65	02:21,03	05:05,47	11:10,10	22:40,82	00:35,96	01:15,96	02:52,24	00:42,41	01:28,99	03:05,40	00:34,72	01:15,29	02:49,64	02:45,80	05:58,67
272	00:30,74	01:05,68	02:21,08	05:05,58	11:10,35	22:41,32	00:35,98	01:15,99	02:52,30	00:42,44	01:29,03	03:05,46	00:34,74	01:15,33	02:49,70	02:45,86	05:58,80
271	00:30,76	01:05,71	02:21,13	05:05,70	11:10,59	22:41,82	00:36,00	01:16,03	02:52,37	00:42,46	01:29,07	03:05,53	00:34,76	01:15,36	02:49,77	02:45,92	05:58,93
270	00:30,78	01:05,74	02:21,18	05:05,81	11:10,84	22:42,33	00:36,02	01:16,07	02:52,43	00:42,49	01:29,12	03:05,60	00:34,78	01:15,40	02:49,83	02:45,99	05:59,07
269	00:30,79	01:05,77	02:21,23	05:05,92	11:11,09	22:42,83	00:36,04	01:16,11	02:52,49	00:42,51	01:29,16	03:05,67	00:34,80	01:15,44	02:49,89	02:46,05	05:59,20
268	00:30,81	01:05,81	02:21,29	05:06,04	11:11,34	22:43,34	00:36,06	01:16,14	02:52,56	00:42,54	01:29,21	03:05,74	00:34,82	01:15,48	02:49,96	02:46,11	05:59,34
267	00:30,83	01:05,84	02:21,34	05:06,15	11:11,60	22:43,86	00:36,09	01:16,18	02:52,62	00:42,56	01:29,25	03:05,81	00:34,84	01:15,51	02:50,02	02:46,17	05:59,47
266	00:30,85	01:05,87	02:21,39	05:06,27	11:11,85	22:44,37	00:36,11	01:16,22	02:52,69	00:42,59	01:29,30	03:05,88	00:34,86	01:15,55	02:50,08	02:46,23	05:59,61
265	00:30,87	01:05,90	02:21,45	05:06,38	11:12,10	22:44,88	00:36,13	01:16,26	02:52,75	00:42,61	01:29,34	03:05,95	00:34,88	01:15,59	02:50,15	02:46,30	05:59,74
264	00:30,89	01:05,94	02:21,50	05:06,50	11:12,36	22:45,40	00:36,15	01:16,29	02:52,82	00:42,64	01:29,38	03:06,02	00:34,90	01:15,63	02:50,21	02:46,36	05:59,88
263	00:30,90	01:05,97	02:21,55	05:06,62	11:12,61	22:45,92	00:36,17	01:16,33	02:52,88	00:42,66	01:29,43	03:06,09	00:34,92	01:15,66	02:50,28	02:46,42	06:00,02
262	00:30,92	01:06,00	02:21,61	05:06,74	11:12,87	22:46,44	00:36,19	01:16,37	02:52,95	00:42,69	01:29,47	03:06,16	00:34,94	01:15,70	02:50,34	02:46,49	06:00,15
261	00:30,94	01:06,04	02:21,66	05:06,85	11:13,13	22:46,97	00:36,22	01:16,41	02:53,02	00:42,72	01:29,52	03:06,23	00:34,97	01:15,74	02:50,41	02:46,55	06:00,29
260	00:30,96	01:06,07	02:21,72	05:06,97	11:13,39	22:47,50	00:36,24	01:16,45	02:53,08	00:42,74	01:29,57	03:06,31	00:34,99	01:15,78	02:50,47	02:46,62	06:00,43
259	00:30,98	01:06,11	02:21,77	05:07,09	11:13,65	22:48,02	00:36,26	01:16,49	02:53,15	00:42,77	01:29,61	03:06,38	00:35,01	01:15,82	02:50,54	02:46,68	06:00,57
258	00:31,00	01:06,14	02:21,83	05:07,21	11:13,91	22:48,56	00:36,28	01:16,53	02:53,22	00:42,80	01:29,66	03:06,45	00:35,03	01:15,86	02:50,61	02:46,74	06:00,71
257	00:31,02	01:06,17	02:21,88	05:07,33	11:14,17	22:49,09	00:36,31	01:16,57	02:53,29	00:42,82	01:29,70	03:06,52	00:35,05	01:15,90	02:50,67	02:46,81	06:00,85
256	00:31,04	01:06,21	02:21,94	05:07,45	11:14,44	22:49,63	00:36,33	01:16,61	02:53,35	00:42,85	01:29,75	03:06,60	00:35,07	01:15,94	02:50,74	02:46,88	06:00,99
255	00:31,06	01:06,24	02:21,99	05:07,57	11:14,70	22:50,16	00:36,35	01:16,65	02:53,42	00:42,87	01:29,80	03:06,67	00:35,10	01:15,98	02:50,81	02:46,94	06:01,13
254	00:31,08	01:06,28	02:22,05	05:07,69	11:14,97	22:50,70	00:36,37	01:16,69	02:53,49	00:42,90	01:29,84	03:06,74	00:35,12	01:16,01	02:50,87	02:47,01	06:01,28
253	00:31,10	01:06,31	02:22,11	05:07,81	11:15,23	22:51,25	00:36,40	01:16,73	02:53,56	00:42,93	01:29,89	03:06,82	00:35,14	01:16,05	02:50,94	02:47,07	06:01,42
252	00:31,11	01:06,35	02:22,16	05:07,94	11:15,50	22:51,79	00:36,42	01:16,77	02:53,63	00:42,96	01:29,94	03:06,89	00:35,16	01:16,09	02:51,01	02:47,14	06:01,56
251	00:31,13	01:06,38	02:22,22	05:08,06	11:15,77	22:52,34	00:36,44	01:16,81	02:53,70	00:42,98	01:29,99	03:06,96	00:35,18	01:16,13	02:51,08	02:47,21	06:01,71
250	00:31,15	01:06,42	02:22,28	05:08,18	11:16,04	22:52,89	00:36,47	01:16,85	02:53,77	00:43,01	01:30,03	03:07,04	00:35,21	01:16,18	02:51,15	02:47,27	06:01,85
249	00:31,17	01:06,45	02:22,33	05:08,31	11:16,32	22:53,44	00:36,49	01:16,89	02:53,84	00:43,04	01:30,08	03:07,11	00:35,23	01:16,22	02:51,21	02:47,34	06:02,00
248	00:31,19	01:06,49	02:22,39	05:08,43	11:16,59	22:54,00	00:36,51	01:16,93	02:53,91	00:43,07	01:30,13	03:07,19	00:35,25	01:16,26	02:51,28	02:47,41	06:02,14
247	00:31,21	01:06,52	02:22,45	05:08,56	11:16,86	22:54,55	00:36,54	01:16,97	02:53,98	00:43,09	01:30,18	03:07,27	00:35,27	01:16,30	02:51,35	02:47,48	06:02,29
246	00:31,23	01:06,56	02:22,51	05:08,68	11:17,14	22:55,11	00:36,56	01:17,01	02:54,05	00:43,12	01:30,23	03:07,34	00:35,30	01:16,34	02:51,42	02:47,54	06:02,44
245	00:31,25	01:06,59	02:22,57	05:08,81	11:17,42	22:55,67	00:36,58	01:17,05	02:54,12	00:43,15	01:30,27	03:07,42	00:35,32	01:16,38	02:51,49	02:47,61	06:02,59
244	00:31,27	01:06,63	02:22,62	05:08,93	11:17,69	22:56,24	00:36,61	01:17,10	02:54,19	00:43,18	01:30,32	03:07,50	00:35,34	01:16,42	02:51,56	02:47,68	06:02,73
243	00:31,30	01:06,67	02:22,68	05:09,06	11:17,97	22:56,81	00:36,63	01:17,14	02:54,26	00:43,20	01:30,37	03:07,57	00:35,37	01:16,46	02:51,63	02:47,75	06:02,88
242	00:31,32	01:06,70	02:22,74	05:09,19	11:18,25	22:57,38	00:36,65	01:17,18	02:54,33	00:43,23	01:30,42	03:07,65	00:35,39	01:16,50	02:51,71	02:47,82	06:03,03
241	00:31,34	01:06,74	02:22,80	05:09,32	11:18,54	22:57,95	00:36,68	01:17,22	02:54,41	00:43,26	01:30,47	03:07,73	00:35,41	01:16,55	02:51,78	02:47,89	06:03,19
240	00:31,36	01:06,78	02:22,86	05:09,45	11:18,82	22:58,52	00:36,70	01:17,27	02:54,48	00:43,29	01:30,52	03:07,81	00:35,44	01:16,59	02:51,85	02:47,96	06:03,34
239	00:31,38	01:06,81	02:22,92	05:09,58	11:19,10	22:59,10	00:36,73	01:17,31	02:54,55	00:43,32	01:30,57	03:07,89	00:35,46	01:16,63	02:51,92	02:48,03	06:03,49
238	00:31,40	01:06,85	02:22,98	05:09,71	11:19,39	22:59,68	00:36,75	01:17,35	02:54,63	00:43,35	01:30,62	03:07,97	00:35,48	01:16,67	02:51,99	02:48,10	06:03,64
237	00:31,42	01:06,89	02:23,04	05:09,84	11:19,68	23:00,26	00:36,78	01:17,39	02:54,70	00:43,38	01:30,67	03:08,04	00:35,51	01:16,72	02:52,07	02:48,17	06:03,80
236	00:31,44	01:06,93	02:23,10	05:09,97	11:19,96	23:00,85	00:36,80	01:17,44	02:54,77	00:43,41	01:30,72	03:08,12	00:35,53	01:16,76	02:52,14	02:48,24	06:03,95
235	00:31,46	01:06,96	02:23,16	05:10,10	11:20,25	23:01,44	00:36,83	01:17,48	02:54,85	00:43,44	01:30,77	03:08,20	00:35,55	01:16,80	02:52,21	02:48,31	06:04,10
234	00:31,48	01:07,00	02:23,22	05:10,23	11:20,55	23:02,03	00:36,85	01:17,53	02:54,92	00:43,46	01:30,83	03:08,29	00:35,58	01:16,85	02:52,29	02:48,39	06:04,26
233	00:31,51	01:07,04	02:23,29	05:10,37	11:20,84	23:02,62	00:36,88	01:17,57	02:55,00	00:43,49	01:30,88	03:08,37	00:35,60	01:16,89	02:52,36	02:48,46	06:04,42
232	00:31,53	01:07,08	02:23,35	05:10,50	11:21,13	23:03,22	00:36,90	01:17,61	02:55,07	00:43,52	01:30,93	03:08,45	00:35,63	01:16,93	02:52,43	02:48,53	06:04,57

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
231	00:31,55	01:07,12	02:23,41	05:10,64	11:21,43	23:03,82	00:36,93	01:17,66	02:55,15	00:43,55	01:30,98	03:08,53	00:35,65	01:16,98	02:52,51	02:48,60	06:04,73
230	00:31,57	01:07,15	02:23,47	05:10,77	11:21,72	23:04,42	00:36,95	01:17,70	02:55,23	00:43,58	01:31,03	03:08,61	00:35,68	01:17,02	02:52,58	02:48,68	06:04,89
229	00:31,59	01:07,19	02:23,53	05:10,91	11:22,02	23:05,03	00:36,98	01:17,75	02:55,30	00:43,61	01:31,09	03:08,69	00:35,70	01:17,07	02:52,66	02:48,75	06:05,05
228	00:31,61	01:07,23	02:23,60	05:11,04	11:22,32	23:05,64	00:37,00	01:17,79	02:55,38	00:43,64	01:31,14	03:08,78	00:35,73	01:17,11	02:52,73	02:48,83	06:05,21
227	00:31,64	01:07,27	02:23,66	05:11,18	11:22,62	23:06,25	00:37,03	01:17,84	02:55,46	00:43,68	01:31,19	03:08,86	00:35,75	01:17,16	02:52,81	02:48,90	06:05,37
226	00:31,66	01:07,31	02:23,72	05:11,32	11:22,92	23:06,86	00:37,06	01:17,88	02:55,53	00:43,71	01:31,25	03:08,94	00:35,78	01:17,20	02:52,89	02:48,98	06:05,53
225	00:31,68	01:07,35	02:23,79	05:11,46	11:23,23	23:07,48	00:37,08	01:17,93	02:55,61	00:43,74	01:31,30	03:09,03	00:35,80	01:17,25	02:52,96	02:49,05	06:05,70
224	00:31,70	01:07,39	02:23,85	05:11,60	11:23,53	23:08,10	00:37,11	01:17,98	02:55,69	00:43,77	01:31,35	03:09,11	00:35,83	01:17,29	02:53,04	02:49,13	06:05,86
223	00:31,73	01:07,43	02:23,92	05:11,74	11:23,84	23:08,72	00:37,13	01:18,02	02:55,77	00:43,80	01:31,41	03:09,20	00:35,85	01:17,34	02:53,12	02:49,20	06:06,03
222	00:31,75	01:07,47	02:23,98	05:11,88	11:24,15	23:09,35	00:37,16	01:18,07	02:55,85	00:43,83	01:31,46	03:09,28	00:35,88	01:17,38	02:53,20	02:49,28	06:06,19
221	00:31,77	01:07,51	02:24,05	05:12,02	11:24,46	23:09,98	00:37,19	01:18,12	02:55,93	00:43,86	01:31,52	03:09,37	00:35,90	01:17,43	02:53,28	02:49,36	06:06,36
220	00:31,79	01:07,55	02:24,11	05:12,16	11:24,77	23:10,61	00:37,21	01:18,16	02:56,01	00:43,89	01:31,57	03:09,45	00:35,93	01:17,48	02:53,36	02:49,43	06:06,52
219	00:31,82	01:07,59	02:24,18	05:12,30	11:25,08	23:11,25	00:37,24	01:18,21	02:56,09	00:43,93	01:31,63	03:09,54	00:35,96	01:17,52	02:53,43	02:49,51	06:06,69
218	00:31,84	01:07,63	02:24,25	05:12,45	11:25,40	23:11,89	00:37,27	01:18,26	02:56,17	00:43,96	01:31,68	03:09,63	00:35,98	01:17,57	02:53,51	02:49,59	06:06,86
217	00:31,86	01:07,67	02:24,31	05:12,59	11:25,72	23:12,53	00:37,30	01:18,30	02:56,25	00:43,99	01:31,74	03:09,72	00:36,01	01:17,62	02:53,59	02:49,67	06:07,03
216	00:31,89	01:07,72	02:24,38	05:12,74	11:26,03	23:13,17	00:37,32	01:18,35	02:56,33	00:44,02	01:31,80	03:09,80	00:36,03	01:17,67	02:53,67	02:49,74	06:07,20
215	00:31,91	01:07,76	02:24,45	05:12,88	11:26,35	23:13,82	00:37,35	01:18,40	02:56,42	00:44,05	01:31,85	03:09,89	00:36,06	01:17,71	02:53,76	02:49,82	06:07,37
214	00:31,93	01:07,80	02:24,51	05:13,03	11:26,67	23:14,48	00:37,38	01:18,45	02:56,50	00:44,09	01:31,91	03:09,98	00:36,09	01:17,76	02:53,84	02:49,90	06:07,54
213	00:31,96	01:07,84	02:24,58	05:13,17	11:27,00	23:15,13	00:37,41	01:18,50	02:56,58	00:44,12	01:31,97	03:10,07	00:36,11	01:17,81	02:53,92	02:49,98	06:07,71
212	00:31,98	01:07,88	02:24,65	05:13,32	11:27,32	23:15,79	00:37,43	01:18,55	02:56,66	00:44,15	01:32,02	03:10,16	00:36,14	01:17,86	02:54,00	02:50,06	06:07,89
211	00:32,01	01:07,93	02:24,72	05:13,47	11:27,65	23:16,45	00:37,46	01:18,60	02:56,75	00:44,19	01:32,08	03:10,25	00:36,17	01:17,91	02:54,08	02:50,14	06:08,06
210	00:32,03	01:07,97	02:24,79	05:13,62	11:27,98	23:17,12	00:37,49	01:18,65	02:56,83	00:44,22	01:32,14	03:10,34	00:36,20	01:17,96	02:54,17	02:50,22	06:08,24
209	00:32,05	01:08,01	02:24,86	05:13,77	11:28,30	23:17,79	00:37,52	01:18,70	02:56,92	00:44,25	01:32,20	03:10,43	00:36,22	01:18,01	02:54,25	02:50,31	06:08,41
208	00:32,08	01:08,06	02:24,93	05:13,92	11:28,64	23:18,46	00:37,55	01:18,75	02:57,00	00:44,29	01:32,26	03:10,52	00:36,25	01:18,06	02:54,33	02:50,39	06:08,59
207	00:32,10	01:08,10	02:25,00	05:14,07	11:28,97	23:19,14	00:37,58	01:18,80	02:57,09	00:44,32	01:32,32	03:10,62	00:36,28	01:18,11	02:54,42	02:50,47	06:08,77
206	00:32,13	01:08,14	02:25,07	05:14,23	11:29,30	23:19,82	00:37,61	01:18,85	02:57,17	00:44,35	01:32,37	03:10,71	00:36,31	01:18,16	02:54,50	02:50,55	06:08,95
205	00:32,15	01:08,19	02:25,14	05:14,38	11:29,64	23:20,50	00:37,63	01:18,90	02:57,26	00:44,39	01:32,43	03:10,80	00:36,33	01:18,21	02:54,59	02:50,64	06:09,13
204	00:32,18	01:08,23	02:25,21	05:14,53	11:29,98	23:21,19	00:37,66	01:18,95	02:57,35	00:44,42	01:32,49	03:10,90	00:36,36	01:18,26	02:54,67	02:50,72	06:09,31
203	00:32,20	01:08,28	02:25,28	05:14,69	11:30,32	23:21,88	00:37,69	01:19,00	02:57,44	00:44,46	01:32,55	03:10,99	00:36,39	01:18,31	02:54,76	02:50,80	06:09,49
202	00:32,23	01:08,32	02:25,35	05:14,85	11:30,66	23:22,57	00:37,72	01:19,05	02:57,52	00:44,49	01:32,62	03:11,08	00:36,42	01:18,36	02:54,85	02:50,89	06:09,68
201	00:32,25	01:08,37	02:25,43	05:15,00	11:31,01	23:23,27	00:37,75	01:19,10	02:57,61	00:44,53	01:32,68	03:11,18	00:36,45	01:18,41	02:54,93	02:50,97	06:09,86
200	00:32,28	01:08,41	02:25,50	05:15,16	11:31,35	23:23,98	00:37,78	01:19,16	02:57,70	00:44,56	01:32,74	03:11,27	00:36,48	01:18,46	02:55,02	02:51,06	06:10,04
199	00:32,31	01:08,46	02:25,57	05:15,32	11:31,70	23:24,68	00:37,81	01:19,21	02:57,79	00:44,60	01:32,80	03:11,37	00:36,51	01:18,52	02:55,11	02:51,15	06:10,23
198	00:32,33	01:08,50	02:25,65	05:15,48	11:32,05	23:25,39	00:37,84	01:19,26	02:57,88	00:44,64	01:32,86	03:11,47	00:36,54	01:18,57	02:55,20	02:51,23	06:10,42
197	00:32,36	01:08,55	02:25,72	05:15,64	11:32,40	23:26,11	00:37,87	01:19,32	02:57,97	00:44,67	01:32,92	03:11,57	00:36,57	01:18,62	02:55,29	02:51,32	06:10,61
196	00:32,38	01:08,59	02:25,79	05:15,80	11:32,75	23:26,82	00:37,90	01:19,37	02:58,06	00:44,71	01:32,99	03:11,66	00:36,60	01:18,67	02:55,38	02:51,41	06:10,80
195	00:32,41	01:08,64	02:25,87	05:15,96	11:33,11	23:27,55	00:37,93	01:19,42	02:58,15	00:44,74	01:33,05	03:11,76	00:36,63	01:18,73	02:55,47	02:51,50	06:10,99
194	00:32,44	01:08,69	02:25,94	05:16,12	11:33,47	23:28,27	00:37,97	01:19,48	02:58,24	00:44,78	01:33,11	03:11,86	00:36,65	01:18,78	02:55,56	02:51,58	06:11,18
193	00:32,46	01:08,74	02:26,02	05:16,29	11:33,83	23:29,00	00:38,00	01:19,53	02:58,34	00:44,82	01:33,18	03:11,96	00:36,69	01:18,84	02:55,65	02:51,67	06:11,37
192	00:32,49	01:08,78	02:26,10	05:16,45	11:34,19	23:29,74	00:38,03	01:19,59	02:58,43	00:44,85	01:33,24	03:12,06	00:36,72	01:18,89	02:55,74	02:51,76	06:11,56
191	00:32,52	01:08,83	02:26,17	05:16,62	11:34,55	23:30,48	00:38,06	01:19,64	02:58,52	00:44,89	01:33,31	03:12,16	00:36,75	01:18,94	02:55,83	02:51,85	06:11,76
190	00:32,54	01:08,88	02:26,25	05:16,79	11:34,92	23:31,22	00:38,09	01:19,70	02:58,62	00:44,93	01:33,37	03:12,26	00:36,78	01:19,00	02:55,92	02:51,94	06:11,95
189	00:32,57	01:08,93	02:26,33	05:16,95	11:35,29	23:31,97	00:38,12	01:19,75	02:58,71	00:44,97	01:33,44	03:12,36	00:36,81	01:19,05	02:56,02	02:52,03	06:12,15
188	00:32,60	01:08,97	02:26,40	05:17,12	11:35,66	23:32,72	00:38,16	01:19,81	02:58,81	00:45,00	01:33,50	03:12,47	00:36,84	01:19,11	02:56,11	02:52,13	06:12,35
187	00:32,63	01:09,02	02:26,48	05:17,29	11:36,03	23:33,48	00:38,19	01:19,87	02:58,90	00:45,04	01:33,57	03:12,57	00:36,87	01:19,17	02:56,21	02:52,22	06:12,55
186	00:32,65	01:09,07	02:26,56	05:17,46	11:36,40	23:34,24	00:38,22	01:19,92	02:59,00	00:45,08	01:33,63	03:12,67	00:36,90	01:19,22	02:56,30	02:52,31	06:12,75
185	00:32,68	01:09,12	02:26,64	05:17,64	11:36,78	23:35,00	00:38,25	01:19,98	02:59,10	00:45,12	01:33,70	03:12,78	00:36,93	01:19,28	02:56,40	02:52,40	06:12,95

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
184	00:32,71	01:09,17	02:26,72	05:17,81	11:37,16	23:35,77	00:38,29	01:20,04	02:59,19	00:45,16	01:33,77	03:12,88	00:36,96	01:19,34	02:56,49	02:52,50	06:13,15
183	00:32,74	01:09,22	02:26,80	05:17,98	11:37,54	23:36,55	00:38,32	01:20,10	02:59,29	00:45,20	01:33,84	03:12,99	00:37,00	01:19,39	02:56,59	02:52,59	06:13,36
182	00:32,77	01:09,27	02:26,88	05:18,16	11:37,93	23:37,32	00:38,35	01:20,15	02:59,39	00:45,24	01:33,91	03:13,09	00:37,03	01:19,45	02:56,69	02:52,69	06:13,56
181	00:32,80	01:09,32	02:26,96	05:18,33	11:38,31	23:38,11	00:38,39	01:20,21	02:59,49	00:45,28	01:33,97	03:13,20	00:37,06	01:19,51	02:56,78	02:52,78	06:13,77
180	00:32,83	01:09,37	02:27,04	05:18,51	11:38,70	23:38,90	00:38,42	01:20,27	02:59,59	00:45,32	01:34,04	03:13,31	00:37,09	01:19,57	02:56,88	02:52,88	06:13,98
179	00:32,85	01:09,43	02:27,13	05:18,69	11:39,09	23:39,69	00:38,45	01:20,33	02:59,69	00:45,36	01:34,11	03:13,42	00:37,13	01:19,63	02:56,98	02:52,98	06:14,19
178	00:32,88	01:09,48	02:27,21	05:18,87	11:39,48	23:40,49	00:38,49	01:20,39	02:59,79	00:45,40	01:34,18	03:13,52	00:37,16	01:19,69	02:57,08	02:53,07	06:14,40
177	00:32,91	01:09,53	02:27,29	05:19,05	11:39,88	23:41,29	00:38,52	01:20,45	02:59,89	00:45,44	01:34,25	03:13,63	00:37,19	01:19,75	02:57,18	02:53,17	06:14,61
176	00:32,94	01:09,58	02:27,38	05:19,23	11:40,28	23:42,10	00:38,56	01:20,51	02:59,99	00:45,48	01:34,32	03:13,74	00:37,23	01:19,81	02:57,28	02:53,27	06:14,82
175	00:32,97	01:09,63	02:27,46	05:19,41	11:40,68	23:42,91	00:38,59	01:20,57	03:00,10	00:45,52	01:34,39	03:13,86	00:37,26	01:19,87	02:57,38	02:53,37	06:15,04
174	00:33,00	01:09,69	02:27,55	05:19,59	11:41,08	23:43,73	00:38,63	01:20,63	03:00,20	00:45,56	01:34,47	03:13,97	00:37,29	01:19,93	02:57,48	02:53,47	06:15,25
173	00:33,03	01:09,74	02:27,63	05:19,78	11:41,49	23:44,56	00:38,66	01:20,69	03:00,31	00:45,60	01:34,54	03:14,08	00:37,33	01:19,99	02:57,59	02:53,57	06:15,47
172	00:33,06	01:09,79	02:27,72	05:19,97	11:41,89	23:45,38	00:38,70	01:20,76	03:00,41	00:45,65	01:34,61	03:14,19	00:37,36	01:20,05	02:57,69	02:53,67	06:15,69
171	00:33,09	01:09,85	02:27,80	05:20,15	11:42,30	23:46,22	00:38,74	01:20,82	03:00,52	00:45,69	01:34,68	03:14,31	00:37,40	01:20,11	02:57,79	02:53,77	06:15,91
170	00:33,13	01:09,90	02:27,89	05:20,34	11:42,72	23:47,06	00:38,77	01:20,88	03:00,62	00:45,73	01:34,76	03:14,42	00:37,43	01:20,17	02:57,90	02:53,87	06:16,13
169	00:33,16	01:09,96	02:27,98	05:20,53	11:43,13	23:47,90	00:38,81	01:20,95	03:00,73	00:45,77	01:34,83	03:14,53	00:37,47	01:20,24	02:58,00	02:53,98	06:16,35
168	00:33,19	01:10,01	02:28,07	05:20,72	11:43,55	23:48,75	00:38,84	01:21,01	03:00,84	00:45,82	01:34,91	03:14,65	00:37,50	01:20,30	02:58,11	02:54,08	06:16,58
167	00:33,22	01:10,07	02:28,15	05:20,91	11:43,97	23:49,61	00:38,88	01:21,07	03:00,95	00:45,86	01:34,98	03:14,77	00:37,54	01:20,36	02:58,22	02:54,18	06:16,80
166	00:33,25	01:10,12	02:28,24	05:21,11	11:44,40	23:50,47	00:38,92	01:21,14	03:01,05	00:45,90	01:35,06	03:14,88	00:37,58	01:20,43	02:58,32	02:54,29	06:17,03
165	00:33,28	01:10,18	02:28,33	05:21,30	11:44,83	23:51,34	00:38,96	01:21,20	03:01,16	00:45,95	01:35,13	03:15,00	00:37,61	01:20,49	02:58,43	02:54,39	06:17,26
164	00:33,31	01:10,24	02:28,42	05:21,50	11:45,26	23:52,21	00:38,99	01:21,27	03:01,27	00:45,99	01:35,21	03:15,12	00:37,65	01:20,56	02:58,54	02:54,50	06:17,49
163	00:33,35	01:10,29	02:28,52	05:21,70	11:45,69	23:53,09	00:39,03	01:21,33	03:01,39	00:46,04	01:35,29	03:15,24	00:37,68	01:20,62	02:58,65	02:54,61	06:17,72
162	00:33,38	01:10,35	02:28,61	05:21,89	11:46,13	23:53,98	00:39,07	01:21,40	03:01,50	00:46,08	01:35,37	03:15,36	00:37,72	01:20,69	02:58,76	02:54,72	06:17,95
161	00:33,41	01:10,41	02:28,70	05:22,09	11:46,56	23:54,87	00:39,11	01:21,47	03:01,61	00:46,13	01:35,44	03:15,48	00:37,76	01:20,75	02:58,87	02:54,82	06:18,19
160	00:33,45	01:10,47	02:28,79	05:22,30	11:47,01	23:55,77	00:39,15	01:21,53	03:01,72	00:46,17	01:35,52	03:15,61	00:37,80	01:20,82	02:58,98	02:54,93	06:18,42
159	00:33,48	01:10,52	02:28,89	05:22,50	11:47,45	23:56,67	00:39,19	01:21,60	03:01,84	00:46,22	01:35,60	03:15,73	00:37,83	01:20,89	02:59,10	02:55,04	06:18,66
158	00:33,51	01:10,58	02:28,98	05:22,70	11:47,90	23:57,58	00:39,23	01:21,67	03:01,95	00:46,27	01:35,68	03:15,85	00:37,87	01:20,96	02:59,21	02:55,15	06:18,90
157	00:33,55	01:10,64	02:29,08	05:22,91	11:48,35	23:58,50	00:39,27	01:21,74	03:02,07	00:46,31	01:35,76	03:15,98	00:37,91	01:21,02	02:59,32	02:55,27	06:19,14
156	00:33,58	01:10,70	02:29,17	05:23,12	11:48,80	23:59,42	00:39,31	01:21,81	03:02,19	00:46,36	01:35,84	03:16,10	00:37,95	01:21,09	02:59,44	02:55,38	06:19,39
155	00:33,62	01:10,76	02:29,27	05:23,32	11:49,26	24:00,35	00:39,35	01:21,88	03:02,30	00:46,41	01:35,93	03:16,23	00:37,99	01:21,16	02:59,56	02:55,49	06:19,63
154	00:33,65	01:10,82	02:29,36	05:23,53	11:49,72	24:01,28	00:39,39	01:21,95	03:02,42	00:46,46	01:36,01	03:16,36	00:38,03	01:21,23	02:59,67	02:55,61	06:19,88
153	00:33,68	01:10,89	02:29,46	05:23,75	11:50,19	24:02,23	00:39,43	01:22,02	03:02,54	00:46,50	01:36,09	03:16,49	00:38,07	01:21,30	02:59,79	02:55,72	06:20,13
152	00:33,72	01:10,95	02:29,56	05:23,96	11:50,65	24:03,18	00:39,47	01:22,09	03:02,66	00:46,55	01:36,18	03:16,62	00:38,11	01:21,37	02:59,91	02:55,84	06:20,38
151	00:33,76	01:11,01	02:29,66	05:24,17	11:51,13	24:04,13	00:39,51	01:22,16	03:02,78	00:46,60	01:36,26	03:16,75	00:38,15	01:21,44	03:00,03	02:55,95	06:20,63
150	00:33,79	01:11,07	02:29,76	05:24,39	11:51,60	24:05,09	00:39,55	01:22,24	03:02,90	00:46,65	01:36,34	03:16,88	00:38,19	01:21,52	03:00,15	02:56,07	06:20,88
149	00:33,83	01:11,14	02:29,86	05:24,61	11:52,08	24:06,06	00:39,59	01:22,31	03:03,03	00:46,70	01:36,43	03:17,01	00:38,23	01:21,59	03:00,27	02:56,19	06:21,14
148	00:33,86	01:11,20	02:29,96	05:24,83	11:52,56	24:07,04	00:39,64	01:22,38	03:03,15	00:46,75	01:36,52	03:17,14	00:38,27	01:21,66	03:00,39	02:56,31	06:21,40
147	00:33,90	01:11,26	02:30,06	05:25,05	11:53,04	24:08,03	00:39,68	01:22,46	03:03,28	00:46,80	01:36,60	03:17,28	00:38,31	01:21,73	03:00,51	02:56,43	06:21,66
146	00:33,94	01:11,33	02:30,17	05:25,27	11:53,53	24:09,02	00:39,72	01:22,53	03:03,40	00:46,85	01:36,69	03:17,41	00:38,35	01:21,81	03:00,64	02:56,55	06:21,92
145	00:33,97	01:11,39	02:30,27	05:25,50	11:54,02	24:10,02	00:39,77	01:22,61	03:03,53	00:46,90	01:36,78	03:17,55	00:38,39	01:21,88	03:00,76	02:56,67	06:22,18
144	00:34,01	01:11,46	02:30,37	05:25,72	11:54,52	24:11,03	00:39,81	01:22,68	03:03,66	00:46,95	01:36,87	03:17,68	00:38,43	01:21,96	03:00,89	02:56,79	06:22,45
143	00:34,05	01:11,52	02:30,48	05:25,95	11:55,02	24:12,04	00:39,85	01:22,76	03:03,78	00:47,01	01:36,96	03:17,82	00:38,48	01:22,03	03:01,01	02:56,92	06:22,71
142	00:34,09	01:11,59	02:30,59	05:26,18	11:55,52	24:13,06	00:39,90	01:22,84	03:03,91	00:47,06	01:37,05	03:17,96	00:38,52	01:22,11	03:01,14	02:57,04	06:22,98
141	00:34,13	01:11,66	02:30,69	05:26,41	11:56,03	24:14,09	00:39,94	01:22,91	03:04,04	00:47,11	01:37,14	03:18,10	00:38,56	01:22,19	03:01,27	02:57,17	06:23,25
140	00:34,16	01:11,73	02:30,80	05:26,64	11:56,54	24:15,13	00:39,99	01:22,99	03:04,18	00:47,16	01:37,23	03:18,24	00:38,61	01:22,27	03:01,40	02:57,29	06:23,53
139	00:34,20	01:11,79	02:30,91	05:26,88	11:57,06	24:16,18	00:40,03	01:23,07	03:04,31	00:47,22	01:37,32	03:18,39	00:38,65	01:22,34	03:01,53	02:57,42	06:23,80
138	00:34,24	01:11,86	02:31,02	05:27,12	11:57,58	24:17,24	00:40,08	01:23,15	03:04,44	00:47,27	01:37,42	03:18,53	00:38,70	01:22,42	03:01,66	02:57,55	06:24,08

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
137	00:34,28	01:11,93	02:31,13	05:27,35	11:58,10	24:18,30	00:40,13	01:23,23	03:04,58	00:47,33	01:37,51	03:18,68	00:38,74	01:22,50	03:01,79	02:57,68	06:24,36
136	00:34,32	01:12,00	02:31,24	05:27,60	11:58,63	24:19,37	00:40,17	01:23,31	03:04,71	00:47,38	01:37,61	03:18,82	00:38,79	01:22,58	03:01,93	02:57,81	06:24,65
135	00:34,36	01:12,07	02:31,35	05:27,84	11:59,16	24:20,45	00:40,22	01:23,39	03:04,85	00:47,44	01:37,70	03:18,97	00:38,83	01:22,66	03:02,06	02:57,94	06:24,93
134	00:34,40	01:12,14	02:31,46	05:28,08	11:59,70	24:21,54	00:40,27	01:23,48	03:04,99	00:47,49	01:37,80	03:19,12	00:38,88	01:22,74	03:02,20	02:58,07	06:25,22
133	00:34,44	01:12,22	02:31,58	05:28,33	12:00,24	24:22,64	00:40,32	01:23,56	03:05,13	00:47,55	01:37,89	03:19,27	00:38,92	01:22,83	03:02,33	02:58,21	06:25,51
132	00:34,49	01:12,29	02:31,69	05:28,58	12:00,79	24:23,75	00:40,36	01:23,64	03:05,27	00:47,61	01:37,99	03:19,42	00:38,97	01:22,91	03:02,47	02:58,34	06:25,80
131	00:34,53	01:12,36	02:31,81	05:28,83	12:01,34	24:24,87	00:40,41	01:23,73	03:05,41	00:47,67	01:38,09	03:19,57	00:39,02	01:22,99	03:02,61	02:58,48	06:26,09
130	00:34,57	01:12,43	02:31,93	05:29,08	12:01,89	24:25,99	00:40,46	01:23,81	03:05,55	00:47,72	01:38,19	03:19,72	00:39,06	01:23,08	03:02,75	02:58,62	06:26,39
129	00:34,61	01:12,51	02:32,04	05:29,34	12:02,45	24:27,13	00:40,51	01:23,90	03:05,69	00:47,78	01:38,29	03:19,88	00:39,11	01:23,16	03:02,89	02:58,76	06:26,69
128	00:34,65	01:12,58	02:32,16	05:29,59	12:03,02	24:28,28	00:40,56	01:23,98	03:05,84	00:47,84	01:38,39	03:20,04	00:39,16	01:23,25	03:03,04	02:58,89	06:26,99
127	00:34,70	01:12,66	02:32,28	05:29,85	12:03,58	24:29,43	00:40,61	01:24,07	03:05,99	00:47,90	01:38,50	03:20,19	00:39,21	01:23,34	03:03,18	02:59,04	06:27,30
126	00:34,74	01:12,74	02:32,40	05:30,12	12:04,16	24:30,60	00:40,66	01:24,16	03:06,13	00:47,96	01:38,60	03:20,35	00:39,26	01:23,42	03:03,33	02:59,18	06:27,60
125	00:34,79	01:12,81	02:32,52	05:30,38	12:04,74	24:31,78	00:40,71	01:24,25	03:06,28	00:48,02	01:38,70	03:20,51	00:39,31	01:23,51	03:03,47	02:59,32	06:27,91
124	00:34,83	01:12,89	02:32,65	05:30,65	12:05,32	24:32,96	00:40,77	01:24,34	03:06,43	00:48,08	01:38,81	03:20,67	00:39,36	01:23,60	03:03,62	02:59,47	06:28,23
123	00:34,87	01:12,97	02:32,77	05:30,91	12:05,91	24:34,16	00:40,82	01:24,43	03:06,58	00:48,15	01:38,91	03:20,84	00:39,41	01:23,69	03:03,77	02:59,61	06:28,54
122	00:34,92	01:13,05	02:32,90	05:31,19	12:06,51	24:35,37	00:40,87	01:24,52	03:06,74	00:48,21	01:39,02	03:21,00	00:39,46	01:23,78	03:03,92	02:59,76	06:28,86
121	00:34,97	01:13,13	02:33,02	05:31,46	12:07,11	24:36,59	00:40,93	01:24,61	03:06,89	00:48,27	01:39,13	03:21,17	00:39,51	01:23,87	03:04,07	02:59,91	06:29,18
120	00:35,01	01:13,21	02:33,15	05:31,74	12:07,71	24:37,82	00:40,98	01:24,71	03:07,05	00:48,34	01:39,24	03:21,33	00:39,57	01:23,96	03:04,23	03:00,06	06:29,51
119	00:35,06	01:13,29	02:33,28	05:32,01	12:08,32	24:39,06	00:41,03	01:24,80	03:07,20	00:48,40	01:39,35	03:21,50	00:39,62	01:24,06	03:04,38	03:00,21	06:29,83
118	00:35,11	01:13,37	02:33,41	05:32,30	12:08,94	24:40,31	00:41,09	01:24,90	03:07,36	00:48,46	01:39,46	03:21,67	00:39,67	01:24,15	03:04,54	03:00,36	06:30,16
117	00:35,15	01:13,45	02:33,54	05:32,58	12:09,56	24:41,58	00:41,15	01:24,99	03:07,52	00:48,53	01:39,57	03:21,85	00:39,72	01:24,25	03:04,69	03:00,52	06:30,50
116	00:35,20	01:13,54	02:33,67	05:32,87	12:10,19	24:42,85	00:41,20	01:25,09	03:07,68	00:48,60	01:39,69	03:22,02	00:39,78	01:24,34	03:04,85	03:00,67	06:30,83
115	00:35,25	01:13,62	02:33,81	05:33,16	12:10,83	24:44,14	00:41,26	01:25,19	03:07,85	00:48,66	01:39,80	03:22,20	00:39,83	01:24,44	03:05,01	03:00,83	06:31,17
114	00:35,30	01:13,71	02:33,94	05:33,45	12:11,47	24:45,44	00:41,32	01:25,28	03:08,01	00:48,73	01:39,92	03:22,37	00:39,89	01:24,54	03:05,18	03:00,99	06:31,52
113	00:35,35	01:13,79	02:34,08	05:33,74	12:12,11	24:46,76	00:41,37	01:25,38	03:08,18	00:48,80	01:40,03	03:22,55	00:39,95	01:24,64	03:05,34	03:01,15	06:31,86
112	00:35,40	01:13,88	02:34,21	05:34,04	12:12,77	24:48,08	00:41,43	01:25,49	03:08,35	00:48,87	01:40,15	03:22,73	00:40,00	01:24,74	03:05,51	03:01,31	06:32,21
111	00:35,45	01:13,97	02:34,35	05:34,34	12:13,43	24:49,42	00:41,49	01:25,59	03:08,52	00:48,94	01:40,27	03:22,92	00:40,06	01:24,84	03:05,67	03:01,47	06:32,57
110	00:35,50	01:14,06	02:34,49	05:34,64	12:14,09	24:50,78	00:41,55	01:25,69	03:08,69	00:49,01	01:40,39	03:23,10	00:40,12	01:24,94	03:05,84	03:01,64	06:32,92
109	00:35,55	01:14,15	02:34,64	05:34,95	12:14,77	24:52,14	00:41,61	01:25,79	03:08,86	00:49,08	01:40,51	03:23,29	00:40,17	01:25,04	03:06,01	03:01,80	06:33,28
108	00:35,60	01:14,24	02:34,78	05:35,26	12:15,45	24:53,52	00:41,67	01:25,90	03:09,03	00:49,15	01:40,64	03:23,47	00:40,23	01:25,15	03:06,18	03:01,97	06:33,65
107	00:35,66	01:14,33	02:34,92	05:35,57	12:16,13	24:54,92	00:41,73	01:26,00	03:09,21	00:49,23	01:40,76	03:23,66	00:40,29	01:25,25	03:06,36	03:02,14	06:34,01
106	00:35,71	01:14,42	02:35,07	05:35,89	12:16,83	24:56,33	00:41,80	01:26,11	03:09,39	00:49,30	01:40,89	03:23,86	00:40,35	01:25,36	03:06,53	03:02,31	06:34,39
105	00:35,76	01:14,52	02:35,22	05:36,21	12:17,53	24:57,75	00:41,86	01:26,22	03:09,57	00:49,37	01:41,01	03:24,05	00:40,41	01:25,46	03:06,71	03:02,49	06:34,76
104	00:35,82	01:14,61	02:35,37	05:36,53	12:18,24	24:59,19	00:41,92	01:26,33	03:09,75	00:49,45	01:41,14	03:24,25	00:40,48	01:25,57	03:06,89	03:02,66	06:35,14
103	00:35,87	01:14,71	02:35,52	05:36,86	12:18,95	25:00,64	00:41,99	01:26,44	03:09,94	00:49,52	01:41,27	03:24,44	00:40,54	01:25,68	03:07,07	03:02,84	06:35,52
102	00:35,93	01:14,80	02:35,67	05:37,19	12:19,68	25:02,11	00:42,05	01:26,55	03:10,12	00:49,60	01:41,40	03:24,65	00:40,60	01:25,79	03:07,25	03:03,02	06:35,91
101	00:35,98	01:14,90	02:35,82	05:37,52	12:20,41	25:03,60	00:42,12	01:26,67	03:10,31	00:49,68	01:41,53	03:24,85	00:40,66	01:25,91	03:07,44	03:03,20	06:36,30
100	00:36,04	01:15,00	02:35,98	05:37,86	12:21,15	25:05,10	00:42,19	01:26,78	03:10,50	00:49,76	01:41,67	03:25,05	00:40,73	01:26,02	03:07,63	03:03,38	06:36,70
99	00:36,10	01:15,10	02:36,14	05:38,20	12:21,90	25:06,62	00:42,25	01:26,90	03:10,69	00:49,84	01:41,80	03:25,26	00:40,79	01:26,13	03:07,82	03:03,57	06:37,10
98	00:36,16	01:15,20	02:36,29	05:38,55	12:22,65	25:08,16	00:42,32	01:27,01	03:10,89	00:49,92	01:41,94	03:25,47	00:40,86	01:26,25	03:08,01	03:03,75	06:37,50
97	00:36,22	01:15,30	02:36,46	05:38,89	12:23,42	25:09,71	00:42,39	01:27,13	03:11,08	00:50,00	01:42,08	03:25,68	00:40,93	01:26,37	03:08,20	03:03,94	06:37,91
96	00:36,28	01:15,41	02:36,62	05:39,25	12:24,19	25:11,28	00:42,46	01:27,25	03:11,28	00:50,08	01:42,22	03:25,89	00:40,99	01:26,49	03:08,40	03:04,13	06:38,33
95	00:36,34	01:15,51	02:36,78	05:39,60	12:24,97	25:12,87	00:42,53	01:27,37	03:11,48	00:50,17	01:42,36	03:26,11	00:41,06	01:26,61	03:08,60	03:04,33	06:38,75
94	00:36,40	01:15,62	02:36,95	05:39,96	12:25,76	25:14,48	00:42,60	01:27,50	03:11,69	00:50,25	01:42,51	03:26,33	00:41,13	01:26,73	03:08,80	03:04,52	06:39,17
93	00:36,46	01:15,72	02:37,12	05:40,33	12:26,57	25:16,10	00:42,68	01:27,62	03:11,89	00:50,34	01:42,65	03:26,55	00:41,20	01:26,85	03:09,00	03:04,72	06:39,60
92	00:36,52	01:15,83	02:37,29	05:40,70	12:27,38	25:17,75	00:42,75	01:27,75	03:12,10	00:50,42	01:42,80	03:26,77	00:41,27	01:26,98	03:09,20	03:04,92	06:40,03
91	00:36,59	01:15,94	02:37,46	05:41,07	12:28,20	25:19,41	00:42,82	01:27,87	03:12,31	00:50,51	01:42,95	03:27,00	00:41,34	01:27,10	03:09,41	03:05,13	06:40,47

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
90	00:36,65	01:16,05	02:37,64	05:41,45	12:29,03	25:21,10	00:42,90	01:28,00	03:12,52	00:50,60	01:43,10	03:27,23	00:41,42	01:27,23	03:09,62	03:05,33	06:40,91
89	00:36,72	01:16,17	02:37,81	05:41,83	12:29,87	25:22,80	00:42,97	01:28,13	03:12,74	00:50,69	01:43,25	03:27,46	00:41,49	01:27,36	03:09,83	03:05,54	06:41,36
88	00:36,78	01:16,28	02:37,99	05:42,22	12:30,72	25:24,53	00:43,05	01:28,26	03:12,96	00:50,78	01:43,41	03:27,70	00:41,57	01:27,49	03:10,05	03:05,75	06:41,82
87	00:36,85	01:16,40	02:38,17	05:42,61	12:31,58	25:26,28	00:43,13	01:28,40	03:13,18	00:50,87	01:43,56	03:27,94	00:41,64	01:27,62	03:10,27	03:05,96	06:42,28
86	00:36,92	01:16,51	02:38,36	05:43,01	12:32,45	25:28,05	00:43,21	01:28,53	03:13,41	00:50,97	01:43,72	03:28,18	00:41,72	01:27,76	03:10,49	03:06,18	06:42,75
85	00:36,99	01:16,63	02:38,54	05:43,42	12:33,33	25:29,85	00:43,29	01:28,67	03:13,63	00:51,06	01:43,88	03:28,42	00:41,80	01:27,89	03:10,71	03:06,40	06:43,22
84	00:37,06	01:16,75	02:38,73	05:43,82	12:34,23	25:31,67	00:43,37	01:28,81	03:13,86	00:51,16	01:44,05	03:28,67	00:41,87	01:28,03	03:10,94	03:06,62	06:43,70
83	00:37,13	01:16,88	02:38,92	05:44,24	12:35,14	25:33,51	00:43,45	01:28,95	03:14,10	00:51,25	01:44,21	03:28,92	00:41,95	01:28,17	03:11,17	03:06,84	06:44,19
82	00:37,20	01:17,00	02:39,12	05:44,66	12:36,06	25:35,37	00:43,54	01:29,09	03:14,33	00:51,35	01:44,38	03:29,18	00:42,04	01:28,31	03:11,40	03:07,07	06:44,68
81	00:37,27	01:17,13	02:39,31	05:45,08	12:36,99	25:37,27	00:43,62	01:29,24	03:14,57	00:51,45	01:44,55	03:29,43	00:42,12	01:28,46	03:11,64	03:07,30	06:45,18
80	00:37,34	01:17,25	02:39,51	05:45,51	12:37,93	25:39,18	00:43,71	01:29,39	03:14,81	00:51,56	01:44,72	03:29,70	00:42,20	01:28,60	03:11,88	03:07,53	06:45,68
79	00:37,42	01:17,38	02:39,71	05:45,95	12:38,89	25:41,13	00:43,80	01:29,54	03:15,06	00:51,66	01:44,90	03:29,96	00:42,29	01:28,75	03:12,12	03:07,77	06:46,19
78	00:37,49	01:17,51	02:39,92	05:46,39	12:39,86	25:43,10	00:43,89	01:29,69	03:15,31	00:51,76	01:45,08	03:30,23	00:42,37	01:28,90	03:12,36	03:08,01	06:46,71
77	00:37,57	01:17,65	02:40,12	05:46,84	12:40,84	25:45,10	00:43,98	01:29,84	03:15,56	00:51,87	01:45,26	03:30,50	00:42,46	01:29,05	03:12,61	03:08,25	06:47,24
76	00:37,65	01:17,78	02:40,33	05:47,29	12:41,84	25:47,12	00:44,07	01:30,00	03:15,82	00:51,98	01:45,44	03:30,78	00:42,55	01:29,21	03:12,87	03:08,50	06:47,77
75	00:37,73	01:17,92	02:40,55	05:47,76	12:42,86	25:49,18	00:44,16	01:30,16	03:16,08	00:52,09	01:45,62	03:31,06	00:42,64	01:29,37	03:13,12	03:08,75	06:48,32
74	00:37,81	01:18,06	02:40,76	05:48,22	12:43,88	25:51,27	00:44,26	01:30,32	03:16,34	00:52,20	01:45,81	03:31,34	00:42,73	01:29,53	03:13,38	03:09,01	06:48,87
73	00:37,89	01:18,20	02:40,98	05:48,70	12:44,93	25:53,39	00:44,35	01:30,48	03:16,61	00:52,31	01:46,00	03:31,63	00:42,82	01:29,69	03:13,65	03:09,26	06:49,43
72	00:37,97	01:18,34	02:41,21	05:49,18	12:45,99	25:55,54	00:44,45	01:30,64	03:16,88	00:52,43	01:46,20	03:31,92	00:42,91	01:29,85	03:13,92	03:09,53	06:49,99
71	00:38,06	01:18,49	02:41,43	05:49,67	12:47,06	25:57,73	00:44,55	01:30,81	03:17,16	00:52,54	01:46,39	03:32,22	00:43,01	01:30,02	03:14,19	03:09,79	06:50,57
70	00:38,15	01:18,63	02:41,66	05:50,17	12:48,15	25:59,94	00:44,65	01:30,98	03:17,44	00:52,66	01:46,59	03:32,52	00:43,11	01:30,19	03:14,46	03:10,06	06:51,15
69	00:38,23	01:18,78	02:41,90	05:50,68	12:49,26	26:02,20	00:44,75	01:31,16	03:17,73	00:52,78	01:46,80	03:32,83	00:43,21	01:30,36	03:14,75	03:10,34	06:51,75
68	00:38,32	01:18,94	02:42,13	05:51,19	12:50,39	26:04,49	00:44,85	01:31,33	03:18,02	00:52,91	01:47,00	03:33,14	00:43,31	01:30,53	03:15,03	03:10,62	06:52,35
67	00:38,41	01:19,09	02:42,37	05:51,71	12:51,54	26:06,82	00:44,96	01:31,51	03:18,31	00:53,03	01:47,22	03:33,46	00:43,41	01:30,71	03:15,32	03:10,90	06:52,96
66	00:38,50	01:19,25	02:42,62	05:52,25	12:52,70	26:09,18	00:45,07	01:31,70	03:18,61	00:53,16	01:47,43	03:33,78	00:43,51	01:30,89	03:15,62	03:11,19	06:53,59
65	00:38,60	01:19,41	02:42,87	05:52,79	12:53,89	26:11,59	00:45,18	01:31,88	03:18,92	00:53,29	01:47,65	03:34,11	00:43,62	01:31,08	03:15,92	03:11,48	06:54,22
64	00:38,69	01:19,57	02:43,12	05:53,33	12:55,09	26:14,04	00:45,29	01:32,07	03:19,22	00:53,42	01:47,87	03:34,44	00:43,73	01:31,27	03:16,22	03:11,78	06:54,87
63	00:38,79	01:19,74	02:43,38	05:53,89	12:56,32	26:16,52	00:45,40	01:32,26	03:19,54	00:53,55	01:48,09	03:34,78	00:43,83	01:31,46	03:16,53	03:12,08	06:55,52
62	00:38,89	01:19,91	02:43,64	05:54,46	12:57,57	26:19,06	00:45,52	01:32,46	03:19,86	00:53,69	01:48,32	03:35,13	00:43,95	01:31,65	03:16,85	03:12,39	06:56,19
61	00:38,99	01:20,08	02:43,91	05:55,04	12:58,84	26:21,64	00:45,64	01:32,66	03:20,19	00:53,83	01:48,56	03:35,48	00:44,06	01:31,85	03:17,17	03:12,71	06:56,87
60	00:39,09	01:20,26	02:44,18	05:55,63	13:00,13	26:24,26	00:45,76	01:32,86	03:20,52	00:53,97	01:48,80	03:35,84	00:44,18	01:32,05	03:17,50	03:13,03	06:57,56
59	00:39,20	01:20,44	02:44,46	05:56,23	13:01,45	26:26,94	00:45,88	01:33,07	03:20,86	00:54,11	01:49,04	03:36,20	00:44,29	01:32,26	03:17,83	03:13,35	06:58,27
58	00:39,30	01:20,62	02:44,74	05:56,84	13:02,79	26:29,66	00:46,00	01:33,28	03:21,20	00:54,26	01:49,29	03:36,57	00:44,41	01:32,47	03:18,17	03:13,68	06:58,99
57	00:39,41	01:20,81	02:45,03	05:57,47	13:04,15	26:32,44	00:46,13	01:33,50	03:21,55	00:54,41	01:49,54	03:36,95	00:44,54	01:32,68	03:18,51	03:14,02	06:59,72
56	00:39,52	01:21,00	02:45,32	05:58,10	13:05,55	26:35,27	00:46,26	01:33,72	03:21,91	00:54,56	01:49,80	03:37,34	00:44,66	01:32,90	03:18,87	03:14,37	07:00,46
55	00:39,64	01:21,19	02:45,62	05:58,75	13:06,97	26:38,15	00:46,39	01:33,94	03:22,28	00:54,72	01:50,06	03:37,73	00:44,79	01:33,12	03:19,23	03:14,72	07:01,22
54	00:39,75	01:21,39	02:45,93	05:59,41	13:08,42	26:41,10	00:46,53	01:34,17	03:22,65	00:54,88	01:50,33	03:38,13	00:44,92	01:33,35	03:19,59	03:15,08	07:02,00
53	00:39,87	01:21,59	02:46,24	06:00,08	13:09,90	26:44,11	00:46,67	01:34,40	03:23,03	00:55,04	01:50,60	03:38,54	00:45,06	01:33,58	03:19,97	03:15,44	07:02,79
52	00:39,99	01:21,80	02:46,56	06:00,77	13:11,41	26:47,17	00:46,81	01:34,64	03:23,42	00:55,21	01:50,88	03:38,96	00:45,19	01:33,81	03:20,35	03:15,82	07:03,60
51	00:40,12	01:22,01	02:46,88	06:01,48	13:12,96	26:50,31	00:46,95	01:34,89	03:23,82	00:55,38	01:51,17	03:39,39	00:45,33	01:34,06	03:20,74	03:16,20	07:04,43
50	00:40,24	01:22,22	02:47,21	06:02,20	13:14,53	26:53,51	00:47,10	01:35,14	03:24,22	00:55,56	01:51,46	03:39,82	00:45,48	01:34,30	03:21,14	03:16,59	07:05,27
49	00:40,37	01:22,44	02:47,55	06:02,93	13:16,14	26:56,79	00:47,25	01:35,39	03:24,64	00:55,74	01:51,76	03:40,27	00:45,62	01:34,56	03:21,55	03:16,99	07:06,14
48	00:40,50	01:22,67	02:47,90	06:03,68	13:17,79	27:00,13	00:47,41	01:35,65	03:25,06	00:55,92	01:52,06	03:40,72	00:45,77	01:34,82	03:21,97	03:17,40	07:07,02
47	00:40,64	01:22,90	02:48,25	06:04,45	13:19,48	27:03,56	00:47,57	01:35,92	03:25,49	00:56,11	01:52,38	03:41,19	00:45,93	01:35,08	03:22,39	03:17,81	07:07,92
46	00:40,78	01:23,14	02:48,62	06:05,24	13:21,21	27:07,07	00:47,73	01:36,20	03:25,94	00:56,30	01:52,70	03:41,67	00:46,08	01:35,35	03:22,83	03:18,24	07:08,85
45	00:40,92	01:23,38	02:48,99	06:06,05	13:22,98	27:10,66	00:47,90	01:36,48	03:26,39	00:56,50	01:53,03	03:42,16	00:46,24	01:35,63	03:23,28	03:18,68	07:09,79
44	00:41,07	01:23,63	02:49,37	06:06,87	13:24,79	27:14,34	00:48,07	01:36,76	03:26,86	00:56,70	01:53,37	03:42,66	00:46,41	01:35,92	03:23,74	03:19,13	07:10,76

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL CD	100 NL CD	200 NL CD	400 NL CD	800 NL CD	1500 NL CD	50 DOS CD	100 DOS CD	200 DOS CD	50 Bra CD	100 Bra CD	200 Bra CD	50 PAP CD	100 PAP CD	200 PAP CD	200 4N CD	400 4N CD
43	00:41,22	01:23,88	02:49,76	06:07,72	13:26,65	27:18,12	00:48,25	01:37,06	03:27,34	00:56,91	01:53,71	03:43,17	00:46,58	01:36,21	03:24,21	03:19,59	07:11,76
42	00:41,37	01:24,15	02:50,16	06:08,59	13:28,56	27:21,99	00:48,43	01:37,36	03:27,83	00:57,12	01:54,07	03:43,70	00:46,75	01:36,51	03:24,69	03:20,06	07:12,78
41	00:41,53	01:24,42	02:50,58	06:09,48	13:30,51	27:25,96	00:48,61	01:37,67	03:28,33	00:57,34	01:54,43	03:44,24	00:46,93	01:36,82	03:25,19	03:20,54	07:13,83
40	00:41,70	01:24,69	02:51,00	06:10,40	13:32,52	27:30,05	00:48,80	01:38,00	03:28,85	00:57,56	01:54,81	03:44,80	00:47,12	01:37,14	03:25,70	03:21,04	07:14,90
39	00:41,86	01:24,98	02:51,43	06:11,34	13:34,59	27:34,24	00:49,00	01:38,32	03:29,38	00:57,80	01:55,19	03:45,37	00:47,31	01:37,46	03:26,22	03:21,55	07:16,01
38	00:42,04	01:25,27	02:51,88	06:12,31	13:36,72	27:38,56	00:49,20	01:38,66	03:29,92	00:58,04	01:55,59	03:45,96	00:47,50	01:37,80	03:26,76	03:22,08	07:17,15
37	00:42,22	01:25,57	02:52,34	06:13,31	13:38,90	27:43,01	00:49,41	01:39,01	03:30,49	00:58,28	01:56,00	03:46,56	00:47,71	01:38,15	03:27,31	03:22,62	07:18,32
36	00:42,40	01:25,88	02:52,82	06:14,33	13:41,16	27:47,58	00:49,63	01:39,37	03:31,07	00:58,54	01:56,42	03:47,19	00:47,91	01:38,50	03:27,88	03:23,18	07:19,52
35	00:42,59	01:26,21	02:53,31	06:15,39	13:43,48	27:52,31	00:49,85	01:39,75	03:31,66	00:58,80	01:56,86	03:47,83	00:48,13	01:38,87	03:28,47	03:23,75	07:20,77
34	00:42,79	01:26,54	02:53,81	06:16,49	13:45,88	27:57,18	00:50,08	01:40,13	03:32,28	00:59,07	01:57,31	03:48,50	00:48,35	01:39,25	03:29,08	03:24,35	07:22,05
33	00:42,99	01:26,88	02:54,33	06:17,62	13:48,36	28:02,21	00:50,32	01:40,53	03:32,92	00:59,35	01:57,78	03:49,18	00:48,58	01:39,65	03:29,71	03:24,96	07:23,38
32	00:43,20	01:27,24	02:54,87	06:18,78	13:50,92	28:07,41	00:50,57	01:40,94	03:33,57	00:59,64	01:58,26	03:49,89	00:48,82	01:40,06	03:30,35	03:25,59	07:24,75
31	00:43,42	01:27,60	02:55,43	06:19,99	13:53,57	28:12,79	00:50,82	01:41,37	03:34,26	00:59,95	01:58,76	03:50,62	00:49,07	01:40,48	03:31,03	03:26,25	07:26,17
30	00:43,65	01:27,99	02:56,01	06:21,25	13:56,32	28:18,37	00:51,09	01:41,81	03:34,96	01:00,26	01:59,27	03:51,38	00:49,32	01:40,92	03:31,72	03:26,93	07:27,64
29	00:43,88	01:28,38	02:56,61	06:22,54	13:59,17	28:24,16	00:51,36	01:42,27	03:35,69	01:00,58	01:59,81	03:52,17	00:49,59	01:41,37	03:32,44	03:27,63	07:29,16
28	00:44,13	01:28,80	02:57,23	06:23,89	14:02,13	28:30,17	00:51,65	01:42,74	03:36,46	01:00,92	02:00,37	03:52,99	00:49,87	01:41,84	03:33,19	03:28,37	07:30,75
27	00:44,39	01:29,22	02:57,88	06:25,30	14:05,21	28:36,42	00:51,95	01:43,24	03:37,25	01:01,28	02:00,95	03:53,84	00:50,16	01:42,34	03:33,97	03:29,13	07:32,40
26	00:44,65	01:29,67	02:58,55	06:26,76	14:08,42	28:42,94	00:52,26	01:43,76	03:38,07	01:01,65	02:01,56	03:54,73	00:50,46	01:42,85	03:34,78	03:29,92	07:34,11
25	00:44,93	01:30,14	02:59,26	06:28,28	14:11,76	28:49,73	00:52,59	01:44,30	03:38,93	01:02,03	02:02,19	03:55,66	00:50,78	01:43,39	03:35,63	03:30,75	07:35,90
24	00:45,22	01:30,63	02:59,99	06:29,88	14:15,26	28:56,83	00:52,93	01:44,87	03:39,83	01:02,44	02:02,86	03:56,62	00:51,11	01:43,95	03:36,52	03:31,62	07:37,78
23	00:45,53	01:31,14	03:00,76	06:31,55	14:18,92	29:04,26	00:53,29	01:45,46	03:40,77	01:02,86	02:03,55	03:57,64	00:51,45	01:44,54	03:37,44	03:32,52	07:39,73
22	00:45,86	01:31,68	03:01,57	06:33,30	14:22,76	29:12,06	00:53,67	01:46,08	03:41,76	01:03,31	02:04,28	03:58,70	00:51,82	01:45,15	03:38,41	03:33,47	07:41,79
21	00:46,20	01:32,25	03:02,42	06:35,14	14:26,79	29:20,26	00:54,07	01:46,74	03:42,80	01:03,78	02:05,05	03:59,81	00:52,20	01:45,80	03:39,44	03:34,47	07:43,95
20	00:46,56	01:32,85	03:03,32	06:37,08	14:31,05	29:28,90	00:54,49	01:47,43	03:43,89	01:04,27	02:05,86	04:00,99	00:52,61	01:46,49	03:40,51	03:35,52	07:46,23
19	00:46,94	01:33,48	03:04,26	06:39,13	14:35,54	29:38,03	00:54,94	01:48,17	03:45,04	01:04,80	02:06,72	04:02,23	00:53,04	01:47,22	03:41,65	03:36,63	07:48,63
18	00:47,34	01:34,15	03:05,26	06:41,30	14:40,31	29:47,70	00:55,41	01:48,94	03:46,27	01:05,36	02:07,64	04:03,55	00:53,50	01:47,99	03:42,86	03:37,81	07:51,18
17	00:47,77	01:34,87	03:06,33	06:43,61	14:45,37	29:57,98	00:55,92	01:49,77	03:47,57	01:05,96	02:08,61	04:04,95	00:53,99	01:48,81	03:44,14	03:39,07	07:53,89
16	00:48,24	01:35,64	03:07,47	06:46,07	14:50,77	30:08,95	00:56,46	01:50,66	03:48,96	01:06,59	02:09,65	04:06,45	00:54,51	01:49,69	03:45,51	03:40,40	07:56,78
15	00:48,74	01:36,46	03:08,69	06:48,71	14:56,56	30:20,71	00:57,04	01:51,61	03:50,45	01:07,28	02:10,76	04:08,05	00:55,07	01:50,63	03:46,97	03:41,83	07:59,88
14	00:49,27	01:37,35	03:10,00	06:51,55	15:02,79	30:33,35	00:57,67	01:52,64	03:52,05	01:08,02	02:11,96	04:09,77	00:55,68	01:51,65	03:48,55	03:43,38	08:03,22
13	00:49,86	01:38,31	03:11,41	06:54,62	15:09,53	30:47,04	00:58,36	01:53,75	03:53,78	01:08,83	02:13,27	04:11,64	00:56,34	01:52,75	03:50,25	03:45,04	08:06,82
12	00:50,50	01:39,36	03:12,96	06:57,96	15:16,86	31:01,93	00:59,10	01:54,96	03:55,66	01:09,71	02:14,69	04:13,67	00:57,06	01:53,96	03:52,11	03:46,86	08:10,75
11	00:51,20	01:40,51	03:14,65	07:01,63	15:24,90	31:18,26	00:59,93	01:56,30	03:57,73	01:10,68	02:16,25	04:15,89	00:57,86	01:55,28	03:54,15	03:48,85	08:15,05
10	00:51,98	01:41,79	03:16,52	07:05,68	15:33,79	31:36,31	01:00,84	01:57,78	04:00,02	01:11,76	02:17,99	04:18,35	00:58,74	01:56,75	03:56,40	03:51,05	08:19,81
9	00:52,86	01:43,22	03:18,61	07:10,20	15:43,71	31:56,46	01:01,87	01:59,44	04:02,57	01:12,98	02:19,93	04:21,10	00:59,73	01:58,39	03:58,91	03:53,50	08:25,12
8	00:53,86	01:44,85	03:20,97	07:15,32	15:54,93	32:19,25	01:03,04	02:01,32	04:05,45	01:14,36	02:22,13	04:24,20	01:00,86	02:00,25	04:01,75	03:56,28	08:31,13
7	00:55,02	01:46,72	03:23,68	07:21,19	16:07,81	32:45,41	01:04,39	02:03,48	04:08,76	01:15,95	02:24,67	04:27,76	01:02,17	02:02,40	04:05,01	03:59,47	08:38,02
6	00:56,38	01:48,93	03:26,86	07:28,07	16:22,90	33:16,04	01:05,99	02:06,04	04:12,64	01:17,84	02:27,66	04:31,94	01:03,71	02:04,93	04:08,83	04:03,20	08:46,10
5	00:58,04	01:51,59	03:30,68	07:36,34	16:41,05	33:52,90	01:07,93	02:09,12	04:17,30	01:20,13	02:31,27	04:36,96	01:05,59	02:07,99	04:13,42	04:07,69	08:55,81
4	01:00,14	01:54,94	03:35,45	07:46,67	17:03,72	34:38,93	01:10,39	02:13,00	04:23,13	01:23,02	02:35,82	04:43,23	01:07,96	02:11,84	04:19,16	04:13,30	09:07,94
3	01:02,95	01:59,42	03:41,76	08:00,34	17:33,70	35:39,82	01:13,68	02:18,17	04:30,84	01:26,91	02:41,88	04:51,52	01:11,14	02:16,96	04:26,75	04:20,72	09:23,99
2	01:07,14	02:06,01	03:50,96	08:20,29	18:17,45	37:08,67	01:18,59	02:25,81	04:42,08	01:32,70	02:50,82	05:03,63	01:15,88	02:24,53	04:37,83	04:31,54	09:47,41
1	01:14,97	02:18,15	04:07,60	08:56,32	19:36,50	39:49,20	01:27,75	02:39,85	05:02,40	01:43,50	03:07,27	05:25,50	01:24,72	02:38,45	04:57,84	04:51,10	10:29,72

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1500	00:23,04	00:50,23	01:52,26	03:51,96	08:02,55	16:03,08	00:27,91	01:00,61	02:10,25	00:29,73	01:03,96	02:36,26	00:25,11	00:55,41	02:07,58	02:07,34	04:37,43
1499	00:23,05	00:50,24	01:52,27	03:51,97	08:02,58	16:03,14	00:27,91	01:00,62	02:10,26	00:29,73	01:03,96	02:36,27	00:25,11	00:55,41	02:07,59	02:07,35	04:37,45
1498	00:23,05	00:50,24	01:52,27	03:51,99	08:02,62	16:03,21	00:27,92	01:00,62	02:10,27	00:29,74	01:03,97	02:36,28	00:25,11	00:55,42	02:07,60	02:07,36	04:37,47
1497	00:23,05	00:50,25	01:52,28	03:52,00	08:02,65	16:03,27	00:27,92	01:00,63	02:10,28	00:29,74	01:03,97	02:36,29	00:25,12	00:55,42	02:07,61	02:07,37	04:37,49
1496	00:23,05	00:50,25	01:52,29	03:52,02	08:02,68	16:03,34	00:27,92	01:00,63	02:10,29	00:29,74	01:03,98	02:36,30	00:25,12	00:55,43	02:07,62	02:07,38	04:37,50
1495	00:23,06	00:50,26	01:52,30	03:52,04	08:02,71	16:03,40	00:27,93	01:00,64	02:10,29	00:29,75	01:03,98	02:36,31	00:25,12	00:55,43	02:07,62	02:07,38	04:37,52
1494	00:23,06	00:50,26	01:52,30	03:52,05	08:02,75	16:03,47	00:27,93	01:00,64	02:10,30	00:29,75	01:03,99	02:36,32	00:25,12	00:55,44	02:07,63	02:07,39	04:37,54
1493	00:23,06	00:50,27	01:52,31	03:52,07	08:02,78	16:03,53	00:27,93	01:00,65	02:10,31	00:29,75	01:04,00	02:36,33	00:25,13	00:55,44	02:07,64	02:07,40	04:37,56
1492	00:23,06	00:50,27	01:52,32	03:52,08	08:02,81	16:03,60	00:27,93	01:00,65	02:10,32	00:29,76	01:04,00	02:36,35	00:25,13	00:55,45	02:07,65	02:07,41	04:37,58
1491	00:23,07	00:50,27	01:52,33	03:52,10	08:02,84	16:03,66	00:27,94	01:00,66	02:10,33	00:29,76	01:04,01	02:36,36	00:25,13	00:55,45	02:07,66	02:07,42	04:37,60
1490	00:23,07	00:50,28	01:52,33	03:52,11	08:02,88	16:03,73	00:27,94	01:00,66	02:10,34	00:29,76	01:04,01	02:36,37	00:25,13	00:55,46	02:07,67	02:07,43	04:37,62
1489	00:23,07	00:50,28	01:52,34	03:52,13	08:02,91	16:03,79	00:27,94	01:00,67	02:10,35	00:29,76	01:04,02	02:36,38	00:25,14	00:55,46	02:07,68	02:07,44	04:37,63
1488	00:23,07	00:50,29	01:52,35	03:52,15	08:02,94	16:03,85	00:27,95	01:00,68	02:10,36	00:29,77	01:04,02	02:36,39	00:25,14	00:55,47	02:07,69	02:07,44	04:37,65
1487	00:23,08	00:50,29	01:52,36	03:52,16	08:02,97	16:03,92	00:27,95	01:00,68	02:10,37	00:29,77	01:04,03	02:36,40	00:25,14	00:55,47	02:07,69	02:07,45	04:37,67
1486	00:23,08	00:50,30	01:52,36	03:52,18	08:03,01	16:03,99	00:27,95	01:00,69	02:10,37	00:29,77	01:04,04	02:36,41	00:25,15	00:55,48	02:07,70	02:07,46	04:37,69
1485	00:23,08	00:50,30	01:52,37	03:52,19	08:03,04	16:04,05	00:27,96	01:00,69	02:10,38	00:29,78	01:04,04	02:36,42	00:25,15	00:55,48	02:07,71	02:07,47	04:37,71
1484	00:23,08	00:50,31	01:52,38	03:52,21	08:03,07	16:04,12	00:27,96	01:00,70	02:10,39	00:29,78	01:04,05	02:36,43	00:25,15	00:55,49	02:07,72	02:07,48	04:37,73
1483	00:23,09	00:50,31	01:52,39	03:52,22	08:03,10	16:04,18	00:27,96	01:00,70	02:10,40	00:29,78	01:04,05	02:36,44	00:25,15	00:55,49	02:07,73	02:07,49	04:37,75
1482	00:23,09	00:50,31	01:52,39	03:52,24	08:03,14	16:04,25	00:27,96	01:00,71	02:10,41	00:29,79	01:04,06	02:36,45	00:25,16	00:55,50	02:07,74	02:07,50	04:37,77
1481	00:23,09	00:50,32	01:52,40	03:52,25	08:03,17	16:04,31	00:27,97	01:00,71	02:10,42	00:29,79	01:04,06	02:36,46	00:25,16	00:55,50	02:07,75	02:07,51	04:37,78
1480	00:23,09	00:50,32	01:52,41	03:52,27	08:03,20	16:04,38	00:27,97	01:00,72	02:10,43	00:29,79	01:04,07	02:36,47	00:25,16	00:55,51	02:07,75	02:07,51	04:37,80
1479	00:23,10	00:50,33	01:52,42	03:52,29	08:03,24	16:04,44	00:27,97	01:00,72	02:10,44	00:29,80	01:04,08	02:36,48	00:25,16	00:55,51	02:07,76	02:07,52	04:37,82
1478	00:23,10	00:50,33	01:52,43	03:52,30	08:03,27	16:04,51	00:27,98	01:00,73	02:10,44	00:29,80	01:04,08	02:36,49	00:25,17	00:55,52	02:07,77	02:07,53	04:37,84
1477	00:23,10	00:50,34	01:52,43	03:52,32	08:03,30	16:04,57	00:27,98	01:00,74	02:10,45	00:29,80	01:04,09	02:36,50	00:25,17	00:55,52	02:07,78	02:07,54	04:37,86
1476	00:23,10	00:50,34	01:52,44	03:52,33	08:03,33	16:04,64	00:27,98	01:00,74	02:10,46	00:29,81	01:04,09	02:36,51	00:25,17	00:55,53	02:07,79	02:07,55	04:37,88
1475	00:23,11	00:50,35	01:52,45	03:52,35	08:03,37	16:04,70	00:27,99	01:00,75	02:10,47	00:29,81	01:04,10	02:36,53	00:25,17	00:55,53	02:07,80	02:07,56	04:37,90
1474	00:23,11	00:50,35	01:52,46	03:52,37	08:03,40	16:04,77	00:27,99	01:00,75	02:10,48	00:29,81	01:04,10	02:36,54	00:25,18	00:55,54	02:07,81	02:07,57	04:37,92
1473	00:23,11	00:50,36	01:52,46	03:52,38	08:03,43	16:04,84	00:27,99	01:00,76	02:10,49	00:29,82	01:04,11	02:36,55	00:25,18	00:55,54	02:07,81	02:07,57	04:37,94
1472	00:23,11	00:50,36	01:52,47	03:52,40	08:03,47	16:04,90	00:27,99	01:00,76	02:10,50	00:29,82	01:04,12	02:36,56	00:25,18	00:55,55	02:07,82	02:07,58	04:37,95
1471	00:23,12	00:50,36	01:52,48	03:52,41	08:03,50	16:04,97	00:28,00	01:00,77	02:10,51	00:29,82	01:04,12	02:36,57	00:25,19	00:55,55	02:07,83	02:07,59	04:37,97
1470	00:23,12	00:50,37	01:52,49	03:52,43	08:03,53	16:05,03	00:28,00	01:00,77	02:10,52	00:29,83	01:04,13	02:36,58	00:25,19	00:55,56	02:07,84	02:07,60	04:37,99
1469	00:23,12	00:50,37	01:52,49	03:52,44	08:03,56	16:05,10	00:28,00	01:00,78	02:10,52	00:29,83	01:04,13	02:36,59	00:25,19	00:55,56	02:07,85	02:07,61	04:38,01
1468	00:23,12	00:50,38	01:52,50	03:52,46	08:03,60	16:05,16	00:28,01	01:00,78	02:10,53	00:29,83	01:04,14	02:36,60	00:25,19	00:55,57	02:07,86	02:07,62	04:38,03
1467	00:23,13	00:50,38	01:52,51	03:52,48	08:03,63	16:05,23	00:28,01	01:00,79	02:10,54	00:29,84	01:04,15	02:36,61	00:25,20	00:55,57	02:07,87	02:07,63	04:38,05
1466	00:23,13	00:50,39	01:52,52	03:52,49	08:03,66	16:05,30	00:28,01	01:00,80	02:10,55	00:29,84	01:04,15	02:36,62	00:25,20	00:55,58	02:07,88	02:07,64	04:38,07
1465	00:23,13	00:50,39	01:52,52	03:52,51	08:03,70	16:05,36	00:28,02	01:00,80	02:10,56	00:29,84	01:04,16	02:36,63	00:25,20	00:55,58	02:07,88	02:07,64	04:38,09
1464	00:23,13	00:50,40	01:52,53	03:52,52	08:03,73	16:05,43	00:28,02	01:00,81	02:10,57	00:29,84	01:04,16	02:36,64	00:25,20	00:55,59	02:07,89	02:07,65	04:38,11
1463	00:23,14	00:50,40	01:52,54	03:52,54	08:03,76	16:05,50	00:28,02	01:00,81	02:10,58	00:29,85	01:04,17	02:36,65	00:25,21	00:55,59	02:07,90	02:07,66	04:38,13
1462	00:23,14	00:50,41	01:52,55	03:52,56	08:03,80	16:05,56	00:28,02	01:00,82	02:10,59	00:29,85	01:04,17	02:36,66	00:25,21	00:55,60	02:07,91	02:07,67	04:38,15
1461	00:23,14	00:50,41	01:52,56	03:52,57	08:03,83	16:05,63	00:28,03	01:00,82	02:10,60	00:29,85	01:04,18	02:36,67	00:25,21	00:55,60	02:07,92	02:07,68	04:38,16
1460	00:23,14	00:50,41	01:52,56	03:52,59	08:03,86	16:05,69	00:28,03	01:00,83	02:10,61	00:29,86	01:04,19	02:36,69	00:25,22	00:55,61	02:07,93	02:07,69	04:38,18
1459	00:23,15	00:50,42	01:52,57	03:52,60	08:03,90	16:05,76	00:28,03	01:00,83	02:10,61	00:29,86	01:04,19	02:36,70	00:25,22	00:55,61	02:07,94	02:07,70	04:38,20
1458	00:23,15	00:50,42	01:52,58	03:52,62	08:03,93	16:05,83	00:28,04	01:00,84	02:10,62	00:29,86	01:04,20	02:36,71	00:25,22	00:55,62	02:07,95	02:07,71	04:38,22
1457	00:23,15	00:50,43	01:52,59	03:52,64	08:03,96	16:05,89	00:28,04	01:00,85	02:10,63	00:29,87	01:04,20	02:36,72	00:25,22	00:55,62	02:07,96	02:07,71	04:38,24
1456	00:23,15	00:50,43	01:52,59	03:52,65	08:04,00	16:05,96	00:28,04	01:00,85	02:10,64	00:29,87	01:04,21	02:36,73	00:25,23	00:55,63	02:07,96	02:07,72	04:38,26
1455	00:23,16	00:50,44	01:52,60	03:52,67	08:04,03	16:06,03	00:28,05	01:00,86	02:10,65	00:29,87	01:04,21	02:36,74	00:25,23	00:55,63	02:07,97	02:07,73	04:38,28
1454	00:23,16	00:50,44	01:52,61	03:52,68	08:04,06	16:06,09	00:28,05	01:00,86	02:10,66	00:29,88	01:04,22	02:36,75	00:25,23	00:55,64	02:07,98	02:07,74	04:38,30

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1453	00:23,16	00:50,45	01:52,62	03:52,70	08:04,10	16:06,16	00:28,05	01:00,87	02:10,67	00:29,88	01:04,23	02:36,76	00:25,24	00:55,64	02:07,99	02:07,75	04:38,32
1452	00:23,16	00:50,45	01:52,63	03:52,72	08:04,13	16:06,23	00:28,06	01:00,87	02:10,68	00:29,88	01:04,23	02:36,77	00:25,24	00:55,65	02:08,00	02:07,76	04:38,34
1451	00:23,17	00:50,46	01:52,63	03:52,73	08:04,16	16:06,29	00:28,06	01:00,88	02:10,69	00:29,89	01:04,24	02:36,78	00:25,24	00:55,65	02:08,01	02:07,77	04:38,36
1450	00:23,17	00:50,46	01:52,64	03:52,75	08:04,20	16:06,36	00:28,06	01:00,88	02:10,70	00:29,89	01:04,24	02:36,79	00:25,24	00:55,66	02:08,02	02:07,78	04:38,38
1449	00:23,17	00:50,47	01:52,65	03:52,76	08:04,23	16:06,43	00:28,06	01:00,89	02:10,70	00:29,89	01:04,25	02:36,80	00:25,25	00:55,66	02:08,03	02:07,78	04:38,39
1448	00:23,17	00:50,47	01:52,66	03:52,78	08:04,26	16:06,49	00:28,07	01:00,90	02:10,71	00:29,90	01:04,26	02:36,82	00:25,25	00:55,67	02:08,03	02:07,79	04:38,41
1447	00:23,18	00:50,47	01:52,66	03:52,80	08:04,30	16:06,56	00:28,07	01:00,90	02:10,72	00:29,90	01:04,26	02:36,83	00:25,25	00:55,67	02:08,04	02:07,80	04:38,43
1446	00:23,18	00:50,48	01:52,67	03:52,81	08:04,33	16:06,63	00:28,07	01:00,91	02:10,73	00:29,90	01:04,27	02:36,84	00:25,25	00:55,68	02:08,05	02:07,81	04:38,45
1445	00:23,18	00:50,48	01:52,68	03:52,83	08:04,36	16:06,70	00:28,08	01:00,91	02:10,74	00:29,91	01:04,27	02:36,85	00:25,26	00:55,68	02:08,06	02:07,82	04:38,47
1444	00:23,18	00:50,49	01:52,69	03:52,85	08:04,40	16:06,76	00:28,08	01:00,92	02:10,75	00:29,91	01:04,28	02:36,86	00:25,26	00:55,69	02:08,07	02:07,83	04:38,49
1443	00:23,19	00:50,49	01:52,70	03:52,86	08:04,43	16:06,83	00:28,08	01:00,92	02:10,76	00:29,91	01:04,29	02:36,87	00:25,26	00:55,69	02:08,08	02:07,84	04:38,51
1442	00:23,19	00:50,50	01:52,70	03:52,88	08:04,47	16:06,90	00:28,09	01:00,93	02:10,77	00:29,92	01:04,29	02:36,88	00:25,27	00:55,70	02:08,09	02:07,85	04:38,53
1441	00:23,19	00:50,50	01:52,71	03:52,89	08:04,50	16:06,96	00:28,09	01:00,93	02:10,78	00:29,92	01:04,30	02:36,89	00:25,27	00:55,70	02:08,10	02:07,86	04:38,55
1440	00:23,20	00:50,51	01:52,72	03:52,91	08:04,53	16:07,03	00:28,09	01:00,94	02:10,79	00:29,92	01:04,30	02:36,90	00:25,27	00:55,71	02:08,11	02:07,86	04:38,57
1439	00:23,20	00:50,51	01:52,73	03:52,93	08:04,57	16:07,10	00:28,10	01:00,95	02:10,80	00:29,93	01:04,31	02:36,91	00:25,27	00:55,71	02:08,11	02:07,87	04:38,59
1438	00:23,20	00:50,52	01:52,73	03:52,94	08:04,60	16:07,17	00:28,10	01:00,95	02:10,80	00:29,93	01:04,32	02:36,92	00:25,28	00:55,72	02:08,12	02:07,88	04:38,61
1437	00:23,20	00:50,52	01:52,74	03:52,96	08:04,63	16:07,23	00:28,10	01:00,96	02:10,81	00:29,93	01:04,32	02:36,94	00:25,28	00:55,72	02:08,13	02:07,89	04:38,63
1436	00:23,21	00:50,53	01:52,75	03:52,98	08:04,67	16:07,30	00:28,11	01:00,96	02:10,82	00:29,94	01:04,33	02:36,95	00:25,28	00:55,73	02:08,14	02:07,90	04:38,65
1435	00:23,21	00:50,53	01:52,76	03:52,99	08:04,70	16:07,37	00:28,11	01:00,97	02:10,83	00:29,94	01:04,33	02:36,96	00:25,29	00:55,73	02:08,15	02:07,91	04:38,67
1434	00:23,21	00:50,53	01:52,77	03:53,01	08:04,74	16:07,44	00:28,11	01:00,97	02:10,84	00:29,94	01:04,34	02:36,97	00:25,29	00:55,74	02:08,16	02:07,92	04:38,69
1433	00:23,21	00:50,54	01:52,77	03:53,02	08:04,77	16:07,50	00:28,11	01:00,98	02:10,85	00:29,95	01:04,34	02:36,98	00:25,29	00:55,75	02:08,17	02:07,93	04:38,70
1432	00:23,22	00:50,54	01:52,78	03:53,04	08:04,80	16:07,57	00:28,12	01:00,99	02:10,86	00:29,95	01:04,35	02:36,99	00:25,29	00:55,75	02:08,18	02:07,94	04:38,72
1431	00:23,22	00:50,55	01:52,79	03:53,06	08:04,84	16:07,64	00:28,12	01:00,99	02:10,87	00:29,95	01:04,36	02:37,00	00:25,30	00:55,76	02:08,19	02:07,95	04:38,74
1430	00:23,22	00:50,55	01:52,80	03:53,07	08:04,87	16:07,71	00:28,12	01:01,00	02:10,88	00:29,96	01:04,36	02:37,01	00:25,30	00:55,76	02:08,20	02:07,95	04:38,76
1429	00:23,22	00:50,56	01:52,81	03:53,09	08:04,91	16:07,78	00:28,13	01:01,00	02:10,89	00:29,96	01:04,37	02:37,02	00:25,30	00:55,77	02:08,20	02:07,96	04:38,78
1428	00:23,23	00:50,56	01:52,81	03:53,11	08:04,94	16:07,84	00:28,13	01:01,01	02:10,90	00:29,96	01:04,37	02:37,03	00:25,30	00:55,77	02:08,21	02:07,97	04:38,80
1427	00:23,23	00:50,57	01:52,82	03:53,12	08:04,97	16:07,91	00:28,13	01:01,01	02:10,91	00:29,97	01:04,38	02:37,05	00:25,31	00:55,78	02:08,22	02:07,98	04:38,82
1426	00:23,23	00:50,57	01:52,83	03:53,14	08:05,01	16:07,98	00:28,14	01:01,02	02:10,91	00:29,97	01:04,39	02:37,06	00:25,31	00:55,78	02:08,23	02:07,99	04:38,84
1425	00:23,23	00:50,58	01:52,84	03:53,15	08:05,04	16:08,05	00:28,14	01:01,02	02:10,92	00:29,97	01:04,39	02:37,07	00:25,31	00:55,79	02:08,24	02:08,00	04:38,86
1424	00:23,24	00:50,58	01:52,85	03:53,17	08:05,08	16:08,12	00:28,14	01:01,03	02:10,93	00:29,98	01:04,40	02:37,08	00:25,32	00:55,79	02:08,25	02:08,01	04:38,88
1423	00:23,24	00:50,59	01:52,85	03:53,19	08:05,11	16:08,18	00:28,15	01:01,04	02:10,94	00:29,98	01:04,40	02:37,09	00:25,32	00:55,80	02:08,26	02:08,02	04:38,90
1422	00:23,24	00:50,59	01:52,86	03:53,20	08:05,14	16:08,25	00:28,15	01:01,04	02:10,95	00:29,98	01:04,41	02:37,10	00:25,32	00:55,80	02:08,27	02:08,03	04:38,92
1421	00:23,24	00:50,60	01:52,87	03:53,22	08:05,18	16:08,32	00:28,15	01:01,05	02:10,96	00:29,99	01:04,42	02:37,11	00:25,32	00:55,81	02:08,28	02:08,04	04:38,94
1420	00:23,25	00:50,60	01:52,88	03:53,24	08:05,21	16:08,39	00:28,16	01:01,05	02:10,97	00:29,99	01:04,42	02:37,12	00:25,33	00:55,81	02:08,29	02:08,04	04:38,96
1419	00:23,25	00:50,61	01:52,89	03:53,25	08:05,25	16:08,46	00:28,16	01:01,06	02:10,98	00:29,99	01:04,43	02:37,13	00:25,33	00:55,82	02:08,29	02:08,05	04:38,98
1418	00:23,25	00:50,61	01:52,89	03:53,27	08:05,28	16:08,53	00:28,16	01:01,06	02:10,99	00:30,00	01:04,43	02:37,15	00:25,33	00:55,82	02:08,30	02:08,06	04:39,00
1417	00:23,25	00:50,61	01:52,90	03:53,29	08:05,32	16:08,60	00:28,16	01:01,07	02:11,00	00:30,00	01:04,44	02:37,16	00:25,34	00:55,83	02:08,31	02:08,07	04:39,02
1416	00:23,26	00:50,62	01:52,91	03:53,30	08:05,35	16:08,66	00:28,17	01:01,08	02:11,01	00:30,00	01:04,45	02:37,17	00:25,34	00:55,83	02:08,32	02:08,08	04:39,04
1415	00:23,26	00:50,62	01:52,92	03:53,32	08:05,39	16:08,73	00:28,17	01:01,08	02:11,02	00:30,01	01:04,45	02:37,18	00:25,34	00:55,84	02:08,33	02:08,09	04:39,06
1414	00:23,26	00:50,63	01:52,93	03:53,34	08:05,42	16:08,80	00:28,17	01:01,09	02:11,03	00:30,01	01:04,46	02:37,19	00:25,34	00:55,84	02:08,34	02:08,10	04:39,08
1413	00:23,27	00:50,63	01:52,93	03:53,35	08:05,45	16:08,87	00:28,18	01:01,09	02:11,03	00:30,01	01:04,46	02:37,20	00:25,35	00:55,85	02:08,35	02:08,11	04:39,10
1412	00:23,27	00:50,64	01:52,94	03:53,37	08:05,49	16:08,94	00:28,18	01:01,10	02:11,04	00:30,02	01:04,47	02:37,21	00:25,35	00:55,85	02:08,36	02:08,12	04:39,12
1411	00:23,27	00:50,64	01:52,95	03:53,39	08:05,52	16:09,01	00:28,18	01:01,10	02:11,05	00:30,02	01:04,48	02:37,22	00:25,35	00:55,86	02:08,37	02:08,13	04:39,14
1410	00:23,27	00:50,65	01:52,96	03:53,40	08:05,56	16:09,08	00:28,19	01:01,11	02:11,06	00:30,02	01:04,48	02:37,23	00:25,36	00:55,86	02:08,38	02:08,14	04:39,16
1409	00:23,28	00:50,65	01:52,97	03:53,42	08:05,59	16:09,15	00:28,19	01:01,12	02:11,07	00:30,03	01:04,49	02:37,25	00:25,36	00:55,87	02:08,39	02:08,14	04:39,18
1408	00:23,28	00:50,66	01:52,97	03:53,44	08:05,63	16:09,21	00:28,19	01:01,12	02:11,08	00:30,03	01:04,50	02:37,26	00:25,36	00:55,88	02:08,40	02:08,15	04:39,20
1407	00:23,28	00:50,66	01:52,98	03:53,45	08:05,66	16:09,28	00:28,20	01:01,13	02:11,09	00:30,03	01:04,50	02:37,27	00:25,36	00:55,88	02:08,40	02:08,16	04:39,22

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1406	00:23,28	00:50,67	01:52,99	03:53,47	08:05,70	16:09,35	00:28,20	01:01,13	02:11,10	00:30,04	01:04,51	02:37,28	00:25,37	00:55,89	02:08,41	02:08,17	04:39,24
1405	00:23,29	00:50,67	01:53,00	03:53,49	08:05,73	16:09,42	00:28,20	01:01,14	02:11,11	00:30,04	01:04,51	02:37,29	00:25,37	00:55,89	02:08,42	02:08,18	04:39,26
1404	00:23,29	00:50,68	01:53,01	03:53,50	08:05,77	16:09,49	00:28,21	01:01,14	02:11,12	00:30,04	01:04,52	02:37,30	00:25,37	00:55,90	02:08,43	02:08,19	04:39,28
1403	00:23,29	00:50,68	01:53,01	03:53,52	08:05,80	16:09,56	00:28,21	01:01,15	02:11,13	00:30,05	01:04,53	02:37,31	00:25,38	00:55,90	02:08,44	02:08,20	04:39,30
1402	00:23,29	00:50,69	01:53,02	03:53,54	08:05,83	16:09,63	00:28,21	01:01,16	02:11,14	00:30,05	01:04,53	02:37,32	00:25,38	00:55,91	02:08,45	02:08,21	04:39,32
1401	00:23,30	00:50,69	01:53,03	03:53,55	08:05,87	16:09,70	00:28,22	01:01,16	02:11,15	00:30,05	01:04,54	02:37,34	00:25,38	00:55,91	02:08,46	02:08,22	04:39,34
1400	00:23,30	00:50,70	01:53,04	03:53,57	08:05,90	16:09,77	00:28,22	01:01,17	02:11,16	00:30,06	01:04,54	02:37,35	00:25,38	00:55,92	02:08,47	02:08,23	04:39,36
1399	00:23,30	00:50,70	01:53,05	03:53,59	08:05,94	16:09,84	00:28,22	01:01,17	02:11,17	00:30,06	01:04,55	02:37,36	00:25,39	00:55,92	02:08,48	02:08,24	04:39,38
1398	00:23,30	00:50,71	01:53,05	03:53,60	08:05,97	16:09,91	00:28,23	01:01,18	02:11,18	00:30,06	01:04,56	02:37,37	00:25,39	00:55,93	02:08,49	02:08,25	04:39,40
1397	00:23,31	00:50,71	01:53,06	03:53,62	08:06,01	16:09,98	00:28,23	01:01,19	02:11,18	00:30,07	01:04,56	02:37,38	00:25,39	00:55,93	02:08,50	02:08,25	04:39,42
1396	00:23,31	00:50,72	01:53,07	03:53,64	08:06,04	16:10,05	00:28,23	01:01,19	02:11,19	00:30,07	01:04,57	02:37,39	00:25,40	00:55,94	02:08,51	02:08,26	04:39,44
1395	00:23,31	00:50,72	01:53,08	03:53,65	08:06,08	16:10,12	00:28,23	01:01,20	02:11,20	00:30,07	01:04,57	02:37,40	00:25,40	00:55,94	02:08,51	02:08,27	04:39,46
1394	00:23,32	00:50,72	01:53,09	03:53,67	08:06,11	16:10,19	00:28,24	01:01,20	02:11,21	00:30,08	01:04,58	02:37,41	00:25,40	00:55,95	02:08,52	02:08,28	04:39,48
1393	00:23,32	00:50,73	01:53,10	03:53,69	08:06,15	16:10,26	00:28,24	01:01,21	02:11,22	00:30,08	01:04,59	02:37,43	00:25,40	00:55,95	02:08,53	02:08,29	04:39,50
1392	00:23,32	00:50,73	01:53,10	03:53,70	08:06,18	16:10,33	00:28,24	01:01,21	02:11,23	00:30,09	01:04,59	02:37,44	00:25,41	00:55,96	02:08,54	02:08,30	04:39,52
1391	00:23,32	00:50,74	01:53,11	03:53,72	08:06,22	16:10,40	00:28,25	01:01,22	02:11,24	00:30,09	01:04,60	02:37,45	00:25,41	00:55,97	02:08,55	02:08,31	04:39,54
1390	00:23,33	00:50,74	01:53,12	03:53,74	08:06,25	16:10,47	00:28,25	01:01,23	02:11,25	00:30,09	01:04,61	02:37,46	00:25,41	00:55,97	02:08,56	02:08,32	04:39,56
1389	00:23,33	00:50,75	01:53,13	03:53,75	08:06,29	16:10,54	00:28,25	01:01,23	02:11,26	00:30,10	01:04,61	02:37,47	00:25,42	00:55,98	02:08,57	02:08,33	04:39,58
1388	00:23,33	00:50,75	01:53,14	03:53,77	08:06,32	16:10,61	00:28,26	01:01,24	02:11,27	00:30,10	01:04,62	02:37,48	00:25,42	00:55,98	02:08,58	02:08,34	04:39,60
1387	00:23,33	00:50,76	01:53,14	03:53,79	08:06,36	16:10,68	00:28,26	01:01,24	02:11,28	00:30,10	01:04,62	02:37,49	00:25,42	00:55,99	02:08,59	02:08,35	04:39,62
1386	00:23,34	00:50,76	01:53,15	03:53,81	08:06,39	16:10,75	00:28,26	01:01,25	02:11,29	00:30,11	01:04,63	02:37,51	00:25,43	00:55,99	02:08,60	02:08,36	04:39,64
1385	00:23,34	00:50,77	01:53,16	03:53,82	08:06,43	16:10,82	00:28,27	01:01,26	02:11,30	00:30,11	01:04,64	02:37,52	00:25,43	00:56,00	02:08,61	02:08,37	04:39,66
1384	00:23,34	00:50,77	01:53,17	03:53,84	08:06,47	16:10,89	00:28,27	01:01,26	02:11,31	00:30,11	01:04,64	02:37,53	00:25,43	00:56,00	02:08,62	02:08,37	04:39,68
1383	00:23,34	00:50,78	01:53,18	03:53,86	08:06,50	16:10,96	00:28,27	01:01,27	02:11,32	00:30,12	01:04,65	02:37,54	00:25,43	00:56,01	02:08,63	02:08,38	04:39,70
1382	00:23,35	00:50,78	01:53,19	03:53,87	08:06,54	16:11,03	00:28,28	01:01,27	02:11,33	00:30,12	01:04,65	02:37,55	00:25,44	00:56,01	02:08,64	02:08,39	04:39,72
1381	00:23,35	00:50,79	01:53,19	03:53,89	08:06,57	16:11,10	00:28,28	01:01,28	02:11,34	00:30,12	01:04,66	02:37,56	00:25,44	00:56,02	02:08,64	02:08,40	04:39,74
1380	00:23,35	00:50,79	01:53,20	03:53,91	08:06,61	16:11,17	00:28,28	01:01,28	02:11,35	00:30,13	01:04,67	02:37,57	00:25,44	00:56,02	02:08,65	02:08,41	04:39,76
1379	00:23,36	00:50,80	01:53,21	03:53,92	08:06,64	16:11,24	00:28,29	01:01,29	02:11,36	00:30,13	01:04,67	02:37,59	00:25,45	00:56,03	02:08,66	02:08,42	04:39,78
1378	00:23,36	00:50,80	01:53,22	03:53,94	08:06,68	16:11,31	00:28,29	01:01,30	02:11,36	00:30,13	01:04,68	02:37,60	00:25,45	00:56,04	02:08,67	02:08,43	04:39,80
1377	00:23,36	00:50,81	01:53,23	03:53,96	08:06,71	16:11,38	00:28,29	01:01,30	02:11,37	00:30,14	01:04,69	02:37,61	00:25,45	00:56,04	02:08,68	02:08,44	04:39,82
1376	00:23,36	00:50,81	01:53,23	03:53,98	08:06,75	16:11,45	00:28,30	01:01,31	02:11,38	00:30,14	01:04,69	02:37,62	00:25,45	00:56,05	02:08,69	02:08,45	04:39,84
1375	00:23,37	00:50,82	01:53,24	03:53,99	08:06,78	16:11,52	00:28,30	01:01,31	02:11,39	00:30,14	01:04,70	02:37,63	00:25,46	00:56,05	02:08,70	02:08,46	04:39,86
1374	00:23,37	00:50,82	01:53,25	03:54,01	08:06,82	16:11,59	00:28,30	01:01,32	02:11,40	00:30,15	01:04,70	02:37,64	00:25,46	00:56,06	02:08,71	02:08,47	04:39,88
1373	00:23,37	00:50,83	01:53,26	03:54,03	08:06,85	16:11,67	00:28,31	01:01,33	02:11,41	00:30,15	01:04,71	02:37,65	00:25,46	00:56,06	02:08,72	02:08,48	04:39,90
1372	00:23,37	00:50,83	01:53,27	03:54,04	08:06,89	16:11,74	00:28,31	01:01,33	02:11,42	00:30,15	01:04,72	02:37,67	00:25,47	00:56,07	02:08,73	02:08,49	04:39,92
1371	00:23,38	00:50,84	01:53,28	03:54,06	08:06,93	16:11,81	00:28,31	01:01,34	02:11,43	00:30,16	01:04,72	02:37,68	00:25,47	00:56,07	02:08,74	02:08,50	04:39,94
1370	00:23,38	00:50,84	01:53,28	03:54,08	08:06,96	16:11,88	00:28,32	01:01,34	02:11,44	00:30,16	01:04,73	02:37,69	00:25,47	00:56,08	02:08,75	02:08,51	04:39,96
1369	00:23,38	00:50,85	01:53,29	03:54,09	08:07,00	16:11,95	00:28,32	01:01,35	02:11,45	00:30,16	01:04,74	02:37,70	00:25,48	00:56,08	02:08,76	02:08,52	04:39,99
1368	00:23,39	00:50,85	01:53,30	03:54,11	08:07,03	16:12,02	00:28,32	01:01,36	02:11,46	00:30,17	01:04,74	02:37,71	00:25,48	00:56,09	02:08,77	02:08,52	04:40,01
1367	00:23,39	00:50,86	01:53,31	03:54,13	08:07,07	16:12,09	00:28,33	01:01,36	02:11,47	00:30,17	01:04,75	02:37,72	00:25,48	00:56,09	02:08,78	02:08,53	04:40,03
1366	00:23,39	00:50,86	01:53,32	03:54,15	08:07,10	16:12,16	00:28,33	01:01,37	02:11,48	00:30,18	01:04,75	02:37,74	00:25,48	00:56,10	02:08,79	02:08,54	04:40,05
1365	00:23,39	00:50,87	01:53,33	03:54,16	08:07,14	16:12,24	00:28,33	01:01,37	02:11,49	00:30,18	01:04,76	02:37,75	00:25,49	00:56,11	02:08,80	02:08,55	04:40,07
1364	00:23,40	00:50,87	01:53,33	03:54,18	08:07,18	16:12,31	00:28,34	01:01,38	02:11,50	00:30,18	01:04,77	02:37,76	00:25,49	00:56,11	02:08,80	02:08,56	04:40,09
1363	00:23,40	00:50,88	01:53,34	03:54,20	08:07,21	16:12,38	00:28,34	01:01,39	02:11,51	00:30,19	01:04,77	02:37,77	00:25,49	00:56,12	02:08,81	02:08,57	04:40,11
1362	00:23,40	00:50,88	01:53,35	03:54,22	08:07,25	16:12,45	00:28,34	01:01,39	02:11,52	00:30,19	01:04,78	02:37,78	00:25,50	00:56,12	02:08,82	02:08,58	04:40,13
1361	00:23,40	00:50,89	01:53,36	03:54,23	08:07,28	16:12,52	00:28,35	01:01,40	02:11,53	00:30,19	01:04,79	02:37,79	00:25,50	00:56,13	02:08,83	02:08,59	04:40,15
1360	00:23,41	00:50,89	01:53,37	03:54,25	08:07,32	16:12,59	00:28,35	01:01,40	02:11,54	00:30,20	01:04,79	02:37,81	00:25,50	00:56,13	02:08,84	02:08,60	04:40,17

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1359	00:23,41	00:50,90	01:53,38	03:54,27	08:07,36	16:12,67	00:28,35	01:01,41	02:11,55	00:30,20	01:04,80	02:37,82	00:25,50	00:56,14	02:08,85	02:08,61	04:40,19
1358	00:23,41	00:50,90	01:53,38	03:54,28	08:07,39	16:12,74	00:28,36	01:01,42	02:11,56	00:30,20	01:04,81	02:37,83	00:25,51	00:56,14	02:08,86	02:08,62	04:40,21
1357	00:23,42	00:50,91	01:53,39	03:54,30	08:07,43	16:12,81	00:28,36	01:01,42	02:11,57	00:30,21	01:04,81	02:37,84	00:25,51	00:56,15	02:08,87	02:08,63	04:40,23
1356	00:23,42	00:50,91	01:53,40	03:54,32	08:07,46	16:12,88	00:28,36	01:01,43	02:11,58	00:30,21	01:04,82	02:37,85	00:25,51	00:56,16	02:08,88	02:08,64	04:40,25
1355	00:23,42	00:50,92	01:53,41	03:54,34	08:07,50	16:12,95	00:28,37	01:01,43	02:11,59	00:30,21	01:04,82	02:37,86	00:25,52	00:56,16	02:08,89	02:08,65	04:40,27
1354	00:23,42	00:50,92	01:53,42	03:54,35	08:07,54	16:13,03	00:28,37	01:01,44	02:11,60	00:30,22	01:04,83	02:37,88	00:25,52	00:56,17	02:08,90	02:08,66	04:40,30
1353	00:23,43	00:50,93	01:53,43	03:54,37	08:07,57	16:13,10	00:28,37	01:01,45	02:11,61	00:30,22	01:04,84	02:37,89	00:25,52	00:56,17	02:08,91	02:08,67	04:40,32
1352	00:23,43	00:50,93	01:53,43	03:54,39	08:07,61	16:13,17	00:28,38	01:01,45	02:11,62	00:30,22	01:04,84	02:37,90	00:25,53	00:56,18	02:08,92	02:08,68	04:40,34
1351	00:23,43	00:50,94	01:53,44	03:54,41	08:07,64	16:13,24	00:28,38	01:01,46	02:11,63	00:30,23	01:04,85	02:37,91	00:25,53	00:56,18	02:08,93	02:08,69	04:40,36
1350	00:23,43	00:50,94	01:53,45	03:54,42	08:07,68	16:13,31	00:28,38	01:01,46	02:11,64	00:30,23	01:04,86	02:37,92	00:25,53	00:56,19	02:08,94	02:08,70	04:40,38
1349	00:23,44	00:50,95	01:53,46	03:54,44	08:07,72	16:13,39	00:28,39	01:01,47	02:11,65	00:30,24	01:04,86	02:37,93	00:25,53	00:56,19	02:08,95	02:08,71	04:40,40
1348	00:23,44	00:50,95	01:53,47	03:54,46	08:07,75	16:13,46	00:28,39	01:01,48	02:11,66	00:30,24	01:04,87	02:37,95	00:25,54	00:56,20	02:08,96	02:08,71	04:40,42
1347	00:23,44	00:50,96	01:53,48	03:54,48	08:07,79	16:13,53	00:28,39	01:01,48	02:11,67	00:30,24	01:04,88	02:37,96	00:25,54	00:56,20	02:08,97	02:08,72	04:40,44
1346	00:23,45	00:50,96	01:53,49	03:54,49	08:07,83	16:13,60	00:28,40	01:01,49	02:11,67	00:30,25	01:04,88	02:37,97	00:25,54	00:56,21	02:08,98	02:08,73	04:40,46
1345	00:23,45	00:50,97	01:53,49	03:54,51	08:07,86	16:13,68	00:28,40	01:01,49	02:11,68	00:30,25	01:04,89	02:37,98	00:25,55	00:56,22	02:08,99	02:08,74	04:40,48
1344	00:23,45	00:50,97	01:53,50	03:54,53	08:07,90	16:13,75	00:28,40	01:01,50	02:11,69	00:30,25	01:04,89	02:37,99	00:25,55	00:56,22	02:09,00	02:08,75	04:40,50
1343	00:23,45	00:50,98	01:53,51	03:54,55	08:07,94	16:13,82	00:28,41	01:01,51	02:11,70	00:30,26	01:04,90	02:38,00	00:25,55	00:56,23	02:09,01	02:08,76	04:40,52
1342	00:23,46	00:50,98	01:53,52	03:54,56	08:07,97	16:13,89	00:28,41	01:01,51	02:11,71	00:30,26	01:04,91	02:38,02	00:25,56	00:56,23	02:09,02	02:08,77	04:40,55
1341	00:23,46	00:50,99	01:53,53	03:54,58	08:08,01	16:13,97	00:28,41	01:01,52	02:11,72	00:30,26	01:04,91	02:38,03	00:25,56	00:56,24	02:09,02	02:08,78	04:40,57
1340	00:23,46	00:50,99	01:53,54	03:54,60	08:08,04	16:14,04	00:28,42	01:01,52	02:11,73	00:30,27	01:04,92	02:38,04	00:25,56	00:56,24	02:09,03	02:08,79	04:40,59
1339	00:23,46	00:51,00	01:53,54	03:54,62	08:08,08	16:14,11	00:28,42	01:01,53	02:11,74	00:30,27	01:04,93	02:38,05	00:25,57	00:56,25	02:09,04	02:08,80	04:40,61
1338	00:23,47	00:51,00	01:53,55	03:54,63	08:08,12	16:14,19	00:28,42	01:01,54	02:11,75	00:30,28	01:04,93	02:38,06	00:25,57	00:56,25	02:09,05	02:08,81	04:40,63
1337	00:23,47	00:51,01	01:53,56	03:54,65	08:08,15	16:14,26	00:28,43	01:01,54	02:11,76	00:30,28	01:04,94	02:38,08	00:25,57	00:56,26	02:09,06	02:08,82	04:40,65
1336	00:23,47	00:51,01	01:53,57	03:54,67	08:08,19	16:14,33	00:28,43	01:01,55	02:11,77	00:30,28	01:04,95	02:38,09	00:25,57	00:56,27	02:09,07	02:08,83	04:40,67
1335	00:23,48	00:51,02	01:53,58	03:54,69	08:08,23	16:14,41	00:28,43	01:01,56	02:11,78	00:30,29	01:04,95	02:38,10	00:25,58	00:56,27	02:09,08	02:08,84	04:40,69
1334	00:23,48	00:51,02	01:53,59	03:54,70	08:08,26	16:14,48	00:28,44	01:01,56	02:11,79	00:30,29	01:04,96	02:38,11	00:25,58	00:56,28	02:09,09	02:08,85	04:40,71
1333	00:23,48	00:51,03	01:53,60	03:54,72	08:08,30	16:14,55	00:28,44	01:01,57	02:11,80	00:30,29	01:04,97	02:38,12	00:25,58	00:56,28	02:09,10	02:08,86	04:40,74
1332	00:23,48	00:51,03	01:53,60	03:54,74	08:08,34	16:14,63	00:28,44	01:01,57	02:11,81	00:30,30	01:04,97	02:38,13	00:25,59	00:56,29	02:09,11	02:08,87	04:40,76
1331	00:23,49	00:51,04	01:53,61	03:54,76	08:08,37	16:14,70	00:28,45	01:01,58	02:11,82	00:30,30	01:04,98	02:38,15	00:25,59	00:56,29	02:09,12	02:08,88	04:40,78
1330	00:23,49	00:51,04	01:53,62	03:54,77	08:08,41	16:14,77	00:28,45	01:01,59	02:11,83	00:30,30	01:04,98	02:38,16	00:25,59	00:56,30	02:09,13	02:08,89	04:40,80
1329	00:23,49	00:51,05	01:53,63	03:54,79	08:08,45	16:14,85	00:28,45	01:01,59	02:11,84	00:30,31	01:04,99	02:38,17	00:25,60	00:56,31	02:09,14	02:08,90	04:40,82
1328	00:23,50	00:51,05	01:53,64	03:54,81	08:08,49	16:14,92	00:28,46	01:01,60	02:11,85	00:30,31	01:05,00	02:38,18	00:25,60	00:56,31	02:09,15	02:08,91	04:40,84
1327	00:23,50	00:51,06	01:53,65	03:54,83	08:08,52	16:14,99	00:28,46	01:01,60	02:11,86	00:30,31	01:05,00	02:38,19	00:25,60	00:56,32	02:09,16	02:08,92	04:40,86
1326	00:23,50	00:51,06	01:53,66	03:54,85	08:08,56	16:15,07	00:28,46	01:01,61	02:11,87	00:30,32	01:05,01	02:38,21	00:25,60	00:56,32	02:09,17	02:08,93	04:40,88
1325	00:23,50	00:51,07	01:53,66	03:54,86	08:08,60	16:15,14	00:28,47	01:01,62	02:11,88	00:30,32	01:05,02	02:38,22	00:25,61	00:56,33	02:09,18	02:08,94	04:40,90
1324	00:23,51	00:51,07	01:53,67	03:54,88	08:08,63	16:15,22	00:28,47	01:01,62	02:11,89	00:30,33	01:05,02	02:38,23	00:25,61	00:56,33	02:09,19	02:08,95	04:40,93
1323	00:23,51	00:51,08	01:53,68	03:54,90	08:08,67	16:15,29	00:28,47	01:01,63	02:11,90	00:30,33	01:05,03	02:38,24	00:25,61	00:56,34	02:09,20	02:08,96	04:40,95
1322	00:23,51	00:51,08	01:53,69	03:54,92	08:08,71	16:15,36	00:28,48	01:01,64	02:11,91	00:30,33	01:05,04	02:38,25	00:25,62	00:56,34	02:09,21	02:08,97	04:40,97
1321	00:23,52	00:51,09	01:53,70	03:54,93	08:08,74	16:15,44	00:28,48	01:01,64	02:11,92	00:30,34	01:05,04	02:38,27	00:25,62	00:56,35	02:09,22	02:08,98	04:40,99
1320	00:23,52	00:51,09	01:53,71	03:54,95	08:08,78	16:15,51	00:28,48	01:01,65	02:11,93	00:30,34	01:05,05	02:38,28	00:25,62	00:56,36	02:09,23	02:08,99	04:41,01
1319	00:23,52	00:51,10	01:53,72	03:54,97	08:08,82	16:15,59	00:28,49	01:01,65	02:11,94	00:30,34	01:05,06	02:38,29	00:25,63	00:56,36	02:09,24	02:09,00	04:41,03
1318	00:23,52	00:51,10	01:53,73	03:54,99	08:08,86	16:15,66	00:28,49	01:01,66	02:11,95	00:30,35	01:05,06	02:38,30	00:25,63	00:56,37	02:09,25	02:09,01	04:41,05
1317	00:23,53	00:51,11	01:53,73	03:55,01	08:08,89	16:15,73	00:28,49	01:01,67	02:11,96	00:30,35	01:05,07	02:38,31	00:25,63	00:56,37	02:09,26	02:09,02	04:41,08
1316	00:23,53	00:51,11	01:53,74	03:55,02	08:08,93	16:15,81	00:28,50	01:01,67	02:11,97	00:30,35	01:05,08	02:38,33	00:25,64	00:56,38	02:09,27	02:09,03	04:41,10
1315	00:23,53	00:51,12	01:53,75	03:55,04	08:08,97	16:15,88	00:28,50	01:01,68	02:11,98	00:30,36	01:05,08	02:38,34	00:25,64	00:56,38	02:09,28	02:09,04	04:41,12
1314	00:23,54	00:51,12	01:53,76	03:55,06	08:09,01	16:15,96	00:28,50	01:01,68	02:11,99	00:30,36	01:05,09	02:38,35	00:25,64	00:56,39	02:09,29	02:09,05	04:41,14
1313	00:23,54	00:51,13	01:53,77	03:55,08	08:09,04	16:16,03	00:28,51	01:01,69	02:12,00	00:30,37	01:05,10	02:38,36	00:25,64	00:56,40	02:09,30	02:09,05	04:41,16

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1312	00:23,54	00:51,13	01:53,78	03:55,10	08:09,08	16:16,11	00:28,51	01:01,70	02:12,01	00:30,37	01:05,10	02:38,38	00:25,65	00:56,40	02:09,31	02:09,06	04:41,18
1311	00:23,54	00:51,14	01:53,79	03:55,11	08:09,12	16:16,18	00:28,52	01:01,70	02:12,02	00:30,37	01:05,11	02:38,39	00:25,65	00:56,41	02:09,32	02:09,07	04:41,20
1310	00:23,55	00:51,14	01:53,79	03:55,13	08:09,15	16:16,26	00:28,52	01:01,71	02:12,03	00:30,38	01:05,12	02:38,40	00:25,65	00:56,41	02:09,33	02:09,08	04:41,23
1309	00:23,55	00:51,15	01:53,80	03:55,15	08:09,19	16:16,33	00:28,52	01:01,72	02:12,04	00:30,38	01:05,12	02:38,41	00:25,66	00:56,42	02:09,34	02:09,09	04:41,25
1308	00:23,55	00:51,16	01:53,81	03:55,17	08:09,23	16:16,41	00:28,53	01:01,72	02:12,05	00:30,38	01:05,13	02:38,42	00:25,66	00:56,42	02:09,35	02:09,10	04:41,27
1307	00:23,56	00:51,16	01:53,82	03:55,19	08:09,27	16:16,48	00:28,53	01:01,73	02:12,06	00:30,39	01:05,14	02:38,44	00:25,66	00:56,43	02:09,36	02:09,11	04:41,29
1306	00:23,56	00:51,17	01:53,83	03:55,20	08:09,31	16:16,56	00:28,53	01:01,73	02:12,07	00:30,39	01:05,14	02:38,45	00:25,67	00:56,44	02:09,37	02:09,12	04:41,31
1305	00:23,56	00:51,17	01:53,84	03:55,22	08:09,34	16:16,63	00:28,54	01:01,74	02:12,08	00:30,40	01:05,15	02:38,46	00:25,67	00:56,44	02:09,38	02:09,13	04:41,33
1304	00:23,56	00:51,18	01:53,85	03:55,24	08:09,38	16:16,71	00:28,54	01:01,75	02:12,09	00:30,40	01:05,16	02:38,47	00:25,67	00:56,45	02:09,39	02:09,14	04:41,36
1303	00:23,57	00:51,18	01:53,86	03:55,26	08:09,42	16:16,78	00:28,54	01:01,75	02:12,10	00:30,40	01:05,16	02:38,48	00:25,68	00:56,45	02:09,40	02:09,15	04:41,38
1302	00:23,57	00:51,19	01:53,86	03:55,28	08:09,46	16:16,86	00:28,55	01:01,76	02:12,11	00:30,41	01:05,17	02:38,50	00:25,68	00:56,46	02:09,41	02:09,16	04:41,40
1301	00:23,57	00:51,19	01:53,87	03:55,29	08:09,49	16:16,93	00:28,55	01:01,77	02:12,12	00:30,41	01:05,17	02:38,51	00:25,68	00:56,46	02:09,42	02:09,17	04:41,42
1300	00:23,58	00:51,20	01:53,88	03:55,31	08:09,53	16:17,01	00:28,55	01:01,77	02:12,14	00:30,41	01:05,18	02:38,52	00:25,69	00:56,47	02:09,43	02:09,18	04:41,44
1299	00:23,58	00:51,20	01:53,89	03:55,33	08:09,57	16:17,08	00:28,56	01:01,78	02:12,15	00:30,42	01:05,19	02:38,53	00:25,69	00:56,48	02:09,44	02:09,19	04:41,46
1298	00:23,58	00:51,21	01:53,90	03:55,35	08:09,61	16:17,16	00:28,56	01:01,78	02:12,16	00:30,42	01:05,19	02:38,55	00:25,69	00:56,48	02:09,45	02:09,20	04:41,49
1297	00:23,58	00:51,21	01:53,91	03:55,37	08:09,64	16:17,23	00:28,56	01:01,79	02:12,17	00:30,43	01:05,20	02:38,56	00:25,69	00:56,49	02:09,46	02:09,21	04:41,51
1296	00:23,59	00:51,22	01:53,92	03:55,39	08:09,68	16:17,31	00:28,57	01:01,80	02:12,18	00:30,43	01:05,21	02:38,57	00:25,70	00:56,49	02:09,47	02:09,22	04:41,53
1295	00:23,59	00:51,22	01:53,93	03:55,40	08:09,72	16:17,39	00:28,57	01:01,80	02:12,19	00:30,43	01:05,21	02:38,58	00:25,70	00:56,50	02:09,48	02:09,23	04:41,55
1294	00:23,59	00:51,23	01:53,93	03:55,42	08:09,76	16:17,46	00:28,57	01:01,81	02:12,20	00:30,44	01:05,22	02:38,59	00:25,70	00:56,50	02:09,49	02:09,24	04:41,57
1293	00:23,60	00:51,23	01:53,94	03:55,44	08:09,80	16:17,54	00:28,58	01:01,82	02:12,21	00:30,44	01:05,23	02:38,61	00:25,71	00:56,51	02:09,50	02:09,25	04:41,59
1292	00:23,60	00:51,24	01:53,95	03:55,46	08:09,83	16:17,61	00:28,58	01:01,82	02:12,22	00:30,44	01:05,24	02:38,62	00:25,71	00:56,52	02:09,51	02:09,26	04:41,62
1291	00:23,60	00:51,24	01:53,96	03:55,48	08:09,87	16:17,69	00:28,58	01:01,83	02:12,23	00:30,45	01:05,24	02:38,63	00:25,71	00:56,52	02:09,52	02:09,27	04:41,64
1290	00:23,60	00:51,25	01:53,97	03:55,50	08:09,91	16:17,76	00:28,59	01:01,84	02:12,24	00:30,45	01:05,25	02:38,64	00:25,72	00:56,53	02:09,53	02:09,28	04:41,66
1289	00:23,61	00:51,25	01:53,98	03:55,51	08:09,95	16:17,84	00:28,59	01:01,84	02:12,25	00:30,46	01:05,26	02:38,66	00:25,72	00:56,53	02:09,54	02:09,29	04:41,68
1288	00:23,61	00:51,26	01:53,99	03:55,53	08:09,99	16:17,92	00:28,60	01:01,85	02:12,26	00:30,46	01:05,26	02:38,67	00:25,72	00:56,54	02:09,55	02:09,30	04:41,70
1287	00:23,61	00:51,27	01:54,00	03:55,55	08:10,03	16:17,99	00:28,60	01:01,85	02:12,27	00:30,46	01:05,27	02:38,68	00:25,73	00:56,55	02:09,56	02:09,31	04:41,73
1286	00:23,62	00:51,27	01:54,01	03:55,57	08:10,06	16:18,07	00:28,60	01:01,86	02:12,28	00:30,47	01:05,28	02:38,69	00:25,73	00:56,55	02:09,57	02:09,32	04:41,75
1285	00:23,62	00:51,28	01:54,01	03:55,59	08:10,10	16:18,15	00:28,61	01:01,87	02:12,29	00:30,47	01:05,28	02:38,71	00:25,73	00:56,56	02:09,58	02:09,33	04:41,77
1284	00:23,62	00:51,28	01:54,02	03:55,61	08:10,14	16:18,22	00:28,61	01:01,87	02:12,30	00:30,47	01:05,29	02:38,72	00:25,74	00:56,56	02:09,59	02:09,34	04:41,79
1283	00:23,62	00:51,29	01:54,03	03:55,62	08:10,18	16:18,30	00:28,61	01:01,88	02:12,31	00:30,48	01:05,30	02:38,73	00:25,74	00:56,57	02:09,60	02:09,35	04:41,81
1282	00:23,63	00:51,29	01:54,04	03:55,64	08:10,22	16:18,38	00:28,62	01:01,89	02:12,32	00:30,48	01:05,30	02:38,74	00:25,74	00:56,57	02:09,61	02:09,36	04:41,84
1281	00:23,63	00:51,30	01:54,05	03:55,66	08:10,25	16:18,45	00:28,62	01:01,89	02:12,33	00:30,49	01:05,31	02:38,76	00:25,75	00:56,58	02:09,62	02:09,37	04:41,86
1280	00:23,63	00:51,30	01:54,06	03:55,68	08:10,29	16:18,53	00:28,62	01:01,90	02:12,34	00:30,49	01:05,32	02:38,77	00:25,75	00:56,59	02:09,63	02:09,39	04:41,88
1279	00:23,64	00:51,31	01:54,07	03:55,70	08:10,33	16:18,61	00:28,63	01:01,91	02:12,35	00:30,49	01:05,32	02:38,78	00:25,75	00:56,59	02:09,64	02:09,40	04:41,90
1278	00:23,64	00:51,31	01:54,08	03:55,72	08:10,37	16:18,68	00:28,63	01:01,91	02:12,36	00:30,50	01:05,33	02:38,79	00:25,76	00:56,60	02:09,65	02:09,41	04:41,92
1277	00:23,64	00:51,32	01:54,09	03:55,73	08:10,41	16:18,76	00:28,63	01:01,92	02:12,37	00:30,50	01:05,34	02:38,81	00:25,76	00:56,60	02:09,66	02:09,42	04:41,95
1276	00:23,65	00:51,32	01:54,10	03:55,75	08:10,45	16:18,84	00:28,64	01:01,93	02:12,38	00:30,50	01:05,34	02:38,82	00:25,76	00:56,61	02:09,67	02:09,43	04:41,97
1275	00:23,65	00:51,33	01:54,10	03:55,77	08:10,49	16:18,91	00:28,64	01:01,93	02:12,39	00:30,51	01:05,35	02:38,83	00:25,77	00:56,62	02:09,68	02:09,44	04:41,99
1274	00:23,65	00:51,33	01:54,11	03:55,79	08:10,52	16:18,99	00:28,65	01:01,94	02:12,40	00:30,51	01:05,36	02:38,84	00:25,77	00:56,62	02:09,69	02:09,45	04:42,01
1273	00:23,65	00:51,34	01:54,12	03:55,81	08:10,56	16:19,07	00:28,65	01:01,94	02:12,41	00:30,52	01:05,36	02:38,86	00:25,77	00:56,63	02:09,70	02:09,46	04:42,04
1272	00:23,66	00:51,34	01:54,13	03:55,83	08:10,60	16:19,14	00:28,65	01:01,95	02:12,42	00:30,52	01:05,37	02:38,87	00:25,77	00:56,63	02:09,71	02:09,47	04:42,06
1271	00:23,66	00:51,35	01:54,14	03:55,85	08:10,64	16:19,22	00:28,66	01:01,96	02:12,43	00:30,52	01:05,38	02:38,88	00:25,78	00:56,64	02:09,72	02:09,48	04:42,08
1270	00:23,66	00:51,36	01:54,15	03:55,86	08:10,68	16:19,30	00:28,66	01:01,96	02:12,45	00:30,53	01:05,38	02:38,89	00:25,78	00:56,65	02:09,73	02:09,49	04:42,10
1269	00:23,67	00:51,36	01:54,16	03:55,88	08:10,72	16:19,38	00:28,66	01:01,97	02:12,46	00:30,53	01:05,39	02:38,91	00:25,78	00:56,65	02:09,74	02:09,50	04:42,12
1268	00:23,67	00:51,37	01:54,17	03:55,90	08:10,76	16:19,45	00:28,67	01:01,98	02:12,47	00:30,53	01:05,40	02:38,92	00:25,79	00:56,66	02:09,75	02:09,51	04:42,15
1267	00:23,67	00:51,37	01:54,18	03:55,92	08:10,80	16:19,53	00:28,67	01:01,98	02:12,48	00:30,54	01:05,40	02:38,93	00:25,79	00:56,66	02:09,76	02:09,52	04:42,17
1266	00:23,68	00:51,38	01:54,19	03:55,94	08:10,83	16:19,61	00:28,67	01:01,99	02:12,49	00:30,54	01:05,41	02:38,94	00:25,79	00:56,67	02:09,77	02:09,53	04:42,19

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1265	00:23,68	00:51,38	01:54,19	03:55,96	08:10,87	16:19,69	00:28,68	01:02,00	02:12,50	00:30,55	01:05,42	02:38,96	00:25,80	00:56,67	02:09,78	02:09,54	04:42,21
1264	00:23,68	00:51,39	01:54,20	03:55,98	08:10,91	16:19,76	00:28,68	01:02,00	02:12,51	00:30,55	01:05,42	02:38,97	00:25,80	00:56,68	02:09,79	02:09,55	04:42,24
1263	00:23,68	00:51,39	01:54,21	03:56,00	08:10,95	16:19,84	00:28,68	01:02,01	02:12,52	00:30,55	01:05,43	02:38,98	00:25,80	00:56,69	02:09,80	02:09,56	04:42,26
1262	00:23,69	00:51,40	01:54,22	03:56,01	08:10,99	16:19,92	00:28,69	01:02,02	02:12,53	00:30,56	01:05,44	02:38,99	00:25,81	00:56,69	02:09,81	02:09,57	04:42,28
1261	00:23,69	00:51,40	01:54,23	03:56,03	08:11,03	16:20,00	00:28,69	01:02,02	02:12,54	00:30,56	01:05,45	02:39,01	00:25,81	00:56,70	02:09,82	02:09,58	04:42,30
1260	00:23,69	00:51,41	01:54,24	03:56,05	08:11,07	16:20,08	00:28,70	01:02,03	02:12,55	00:30,57	01:05,45	02:39,02	00:25,81	00:56,70	02:09,83	02:09,59	04:42,33
1259	00:23,70	00:51,41	01:54,25	03:56,07	08:11,11	16:20,15	00:28,70	01:02,04	02:12,56	00:30,57	01:05,46	02:39,03	00:25,82	00:56,71	02:09,84	02:09,60	04:42,35
1258	00:23,70	00:51,42	01:54,26	03:56,09	08:11,15	16:20,23	00:28,70	01:02,04	02:12,57	00:30,57	01:05,47	02:39,04	00:25,82	00:56,72	02:09,85	02:09,61	04:42,37
1257	00:23,70	00:51,43	01:54,27	03:56,11	08:11,19	16:20,31	00:28,71	01:02,05	02:12,58	00:30,58	01:05,47	02:39,06	00:25,82	00:56,72	02:09,86	02:09,62	04:42,39
1256	00:23,70	00:51,43	01:54,28	03:56,13	08:11,23	16:20,39	00:28,71	01:02,06	02:12,59	00:30,58	01:05,48	02:39,07	00:25,83	00:56,73	02:09,88	02:09,63	04:42,42
1255	00:23,71	00:51,44	01:54,29	03:56,15	08:11,26	16:20,47	00:28,71	01:02,06	02:12,60	00:30,58	01:05,49	02:39,08	00:25,83	00:56,73	02:09,89	02:09,64	04:42,44
1254	00:23,71	00:51,44	01:54,29	03:56,16	08:11,30	16:20,55	00:28,72	01:02,07	02:12,61	00:30,59	01:05,49	02:39,10	00:25,83	00:56,74	02:09,90	02:09,65	04:42,46
1253	00:23,71	00:51,45	01:54,30	03:56,18	08:11,34	16:20,62	00:28,72	01:02,07	02:12,62	00:30,59	01:05,50	02:39,11	00:25,84	00:56,75	02:09,91	02:09,66	04:42,48
1252	00:23,72	00:51,45	01:54,31	03:56,20	08:11,38	16:20,70	00:28,72	01:02,08	02:12,63	00:30,60	01:05,51	02:39,12	00:25,84	00:56,75	02:09,92	02:09,67	04:42,51
1251	00:23,72	00:51,46	01:54,32	03:56,22	08:11,42	16:20,78	00:28,73	01:02,09	02:12,65	00:30,60	01:05,51	02:39,13	00:25,84	00:56,76	02:09,93	02:09,68	04:42,53
1250	00:23,72	00:51,46	01:54,33	03:56,24	08:11,46	16:20,86	00:28,73	01:02,09	02:12,66	00:30,60	01:05,52	02:39,15	00:25,85	00:56,76	02:09,94	02:09,69	04:42,55
1249	00:23,73	00:51,47	01:54,34	03:56,26	08:11,50	16:20,94	00:28,74	01:02,10	02:12,67	00:30,61	01:05,53	02:39,16	00:25,85	00:56,77	02:09,95	02:09,70	04:42,57
1248	00:23,73	00:51,47	01:54,35	03:56,28	08:11,54	16:21,02	00:28,74	01:02,11	02:12,68	00:30,61	01:05,54	02:39,17	00:25,85	00:56,78	02:09,96	02:09,71	04:42,60
1247	00:23,73	00:51,48	01:54,36	03:56,30	08:11,58	16:21,10	00:28,74	01:02,11	02:12,69	00:30,62	01:05,54	02:39,18	00:25,86	00:56,78	02:09,97	02:09,72	04:42,62
1246	00:23,74	00:51,49	01:54,37	03:56,32	08:11,62	16:21,18	00:28,75	01:02,12	02:12,70	00:30,62	01:05,55	02:39,20	00:25,86	00:56,79	02:09,98	02:09,74	04:42,64
1245	00:23,74	00:51,49	01:54,38	03:56,34	08:11,66	16:21,25	00:28,75	01:02,13	02:12,71	00:30,62	01:05,56	02:39,21	00:25,86	00:56,79	02:09,99	02:09,75	04:42,67
1244	00:23,74	00:51,50	01:54,39	03:56,35	08:11,70	16:21,33	00:28,75	01:02,13	02:12,72	00:30,63	01:05,56	02:39,22	00:25,87	00:56,80	02:10,00	02:09,76	04:42,69
1243	00:23,74	00:51,50	01:54,40	03:56,37	08:11,74	16:21,41	00:28,76	01:02,14	02:12,73	00:30,63	01:05,57	02:39,24	00:25,87	00:56,81	02:10,01	02:09,77	04:42,71
1242	00:23,75	00:51,51	01:54,40	03:56,39	08:11,78	16:21,49	00:28,76	01:02,15	02:12,74	00:30,64	01:05,58	02:39,25	00:25,87	00:56,81	02:10,02	02:09,78	04:42,73
1241	00:23,75	00:51,51	01:54,41	03:56,41	08:11,82	16:21,57	00:28,77	01:02,15	02:12,75	00:30,64	01:05,58	02:39,26	00:25,88	00:56,82	02:10,03	02:09,79	04:42,76
1240	00:23,75	00:51,52	01:54,42	03:56,43	08:11,86	16:21,65	00:28,77	01:02,16	02:12,76	00:30,64	01:05,59	02:39,27	00:25,88	00:56,83	02:10,04	02:09,80	04:42,78
1239	00:23,76	00:51,52	01:54,43	03:56,45	08:11,90	16:21,73	00:28,77	01:02,17	02:12,77	00:30,65	01:05,60	02:39,29	00:25,88	00:56,83	02:10,05	02:09,81	04:42,80
1238	00:23,76	00:51,53	01:54,44	03:56,47	08:11,94	16:21,81	00:28,78	01:02,17	02:12,78	00:30,65	01:05,61	02:39,30	00:25,89	00:56,84	02:10,06	02:09,82	04:42,83
1237	00:23,76	00:51,54	01:54,45	03:56,49	08:11,98	16:21,89	00:28,78	01:02,18	02:12,80	00:30,66	01:05,61	02:39,31	00:25,89	00:56,84	02:10,07	02:09,83	04:42,85
1236	00:23,77	00:51,54	01:54,46	03:56,51	08:12,02	16:21,97	00:28,78	01:02,19	02:12,81	00:30,66	01:05,62	02:39,33	00:25,89	00:56,85	02:10,08	02:09,84	04:42,87
1235	00:23,77	00:51,55	01:54,47	03:56,53	08:12,06	16:22,05	00:28,79	01:02,19	02:12,82	00:30,66	01:05,63	02:39,34	00:25,90	00:56,86	02:10,10	02:09,85	04:42,89
1234	00:23,77	00:51,55	01:54,48	03:56,55	08:12,10	16:22,13	00:28,79	01:02,20	02:12,83	00:30,67	01:05,63	02:39,35	00:25,90	00:56,86	02:10,11	02:09,86	04:42,92
1233	00:23,77	00:51,56	01:54,49	03:56,57	08:12,14	16:22,21	00:28,79	01:02,21	02:12,84	00:30,67	01:05,64	02:39,37	00:25,90	00:56,87	02:10,12	02:09,87	04:42,94
1232	00:23,78	00:51,56	01:54,50	03:56,58	08:12,18	16:22,29	00:28,80	01:02,21	02:12,85	00:30,68	01:05,65	02:39,38	00:25,91	00:56,87	02:10,13	02:09,88	04:42,96
1231	00:23,78	00:51,57	01:54,51	03:56,60	08:12,22	16:22,37	00:28,80	01:02,22	02:12,86	00:30,68	01:05,65	02:39,39	00:25,91	00:56,88	02:10,14	02:09,89	04:42,99
1230	00:23,78	00:51,57	01:54,52	03:56,62	08:12,26	16:22,45	00:28,81	01:02,23	02:12,87	00:30,68	01:05,66	02:39,40	00:25,91	00:56,89	02:10,15	02:09,90	04:43,01
1229	00:23,79	00:51,58	01:54,53	03:56,64	08:12,30	16:22,53	00:28,81	01:02,23	02:12,88	00:30,69	01:05,67	02:39,42	00:25,92	00:56,89	02:10,16	02:09,91	04:43,03
1228	00:23,79	00:51,59	01:54,54	03:56,66	08:12,34	16:22,61	00:28,81	01:02,24	02:12,89	00:30,69	01:05,68	02:39,43	00:25,92	00:56,90	02:10,17	02:09,92	04:43,06
1227	00:23,79	00:51,59	01:54,54	03:56,68	08:12,38	16:22,69	00:28,82	01:02,25	02:12,90	00:30,69	01:05,68	02:39,44	00:25,92	00:56,90	02:10,18	02:09,94	04:43,08
1226	00:23,80	00:51,60	01:54,55	03:56,70	08:12,42	16:22,77	00:28,82	01:02,25	02:12,91	00:30,70	01:05,69	02:39,46	00:25,93	00:56,91	02:10,19	02:09,95	04:43,10
1225	00:23,80	00:51,60	01:54,56	03:56,72	08:12,46	16:22,85	00:28,82	01:02,26	02:12,93	00:30,70	01:05,70	02:39,47	00:25,93	00:56,92	02:10,20	02:09,96	04:43,13
1224	00:23,80	00:51,61	01:54,57	03:56,74	08:12,50	16:22,93	00:28,83	01:02,27	02:12,94	00:30,71	01:05,70	02:39,48	00:25,93	00:56,92	02:10,21	02:09,97	04:43,15
1223	00:23,81	00:51,61	01:54,58	03:56,76	08:12,54	16:23,01	00:28,83	01:02,27	02:12,95	00:30,71	01:05,71	02:39,50	00:25,94	00:56,93	02:10,22	02:09,98	04:43,17
1222	00:23,81	00:51,62	01:54,59	03:56,78	08:12,58	16:23,09	00:28,84	01:02,28	02:12,96	00:30,71	01:05,72	02:39,51	00:25,94	00:56,94	02:10,23	02:09,99	04:43,20
1221	00:23,81	00:51,62	01:54,60	03:56,80	08:12,62	16:23,17	00:28,84	01:02,29	02:12,97	00:30,72	01:05,73	02:39,52	00:25,94	00:56,94	02:10,24	02:10,00	04:43,22
1220	00:23,81	00:51,63	01:54,61	03:56,82	08:12,66	16:23,25	00:28,84	01:02,29	02:12,98	00:30,72	01:05,73	02:39,53	00:25,95	00:56,95	02:10,25	02:10,01	04:43,24
1219	00:23,82	00:51,64	01:54,62	03:56,84	08:12,70	16:23,33	00:28,85	01:02,30	02:12,99	00:30,73	01:05,74	02:39,55	00:25,95	00:56,95	02:10,27	02:10,02	04:43,26

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1218	00:23,82	00:51,64	01:54,63	03:56,86	08:12,74	16:23,42	00:28,85	01:02,31	02:13,00	00:30,73	01:05,75	02:39,56	00:25,95	00:56,96	02:10,28	02:10,03	04:43,29
1217	00:23,82	00:51,65	01:54,64	03:56,88	08:12,78	16:23,50	00:28,85	01:02,32	02:13,01	00:30,73	01:05,75	02:39,57	00:25,96	00:56,97	02:10,29	02:10,04	04:43,31
1216	00:23,83	00:51,65	01:54,65	03:56,90	08:12,82	16:23,58	00:28,86	01:02,32	02:13,02	00:30,74	01:05,76	02:39,59	00:25,96	00:56,97	02:10,30	02:10,05	04:43,33
1215	00:23,83	00:51,66	01:54,66	03:56,91	08:12,86	16:23,66	00:28,86	01:02,33	02:13,03	00:30,74	01:05,77	02:39,60	00:25,96	00:56,98	02:10,31	02:10,06	04:43,36
1214	00:23,83	00:51,66	01:54,67	03:56,93	08:12,90	16:23,74	00:28,87	01:02,34	02:13,05	00:30,75	01:05,78	02:39,61	00:25,97	00:56,99	02:10,32	02:10,07	04:43,38
1213	00:23,84	00:51,67	01:54,68	03:56,95	08:12,95	16:23,82	00:28,87	01:02,34	02:13,06	00:30,75	01:05,78	02:39,63	00:25,97	00:56,99	02:10,33	02:10,08	04:43,41
1212	00:23,84	00:51,68	01:54,69	03:56,97	08:12,99	16:23,90	00:28,87	01:02,35	02:13,07	00:30,76	01:05,79	02:39,64	00:25,97	00:57,00	02:10,34	02:10,10	04:43,43
1211	00:23,84	00:51,68	01:54,70	03:56,99	08:13,03	16:23,98	00:28,88	01:02,36	02:13,08	00:30,76	01:05,80	02:39,65	00:25,98	00:57,00	02:10,35	02:10,11	04:43,45
1210	00:23,85	00:51,69	01:54,70	03:57,01	08:13,07	16:24,07	00:28,88	01:02,36	02:13,09	00:30,76	01:05,80	02:39,67	00:25,98	00:57,01	02:10,36	02:10,12	04:43,48
1209	00:23,85	00:51,69	01:54,71	03:57,03	08:13,11	16:24,15	00:28,88	01:02,37	02:13,10	00:30,77	01:05,81	02:39,68	00:25,98	00:57,02	02:10,37	02:10,13	04:43,50
1208	00:23,85	00:51,70	01:54,72	03:57,05	08:13,15	16:24,23	00:28,89	01:02,38	02:13,11	00:30,77	01:05,82	02:39,69	00:25,99	00:57,02	02:10,38	02:10,14	04:43,52
1207	00:23,86	00:51,70	01:54,73	03:57,07	08:13,19	16:24,31	00:28,89	01:02,38	02:13,12	00:30,78	01:05,83	02:39,71	00:25,99	00:57,03	02:10,39	02:10,15	04:43,55
1206	00:23,86	00:51,71	01:54,74	03:57,09	08:13,23	16:24,39	00:28,90	01:02,39	02:13,13	00:30,78	01:05,83	02:39,72	00:25,99	00:57,04	02:10,41	02:10,16	04:43,57
1205	00:23,86	00:51,71	01:54,75	03:57,11	08:13,27	16:24,48	00:28,90	01:02,40	02:13,15	00:30,78	01:05,84	02:39,73	00:26,00	00:57,04	02:10,42	02:10,17	04:43,59
1204	00:23,86	00:51,72	01:54,76	03:57,13	08:13,31	16:24,56	00:28,90	01:02,40	02:13,16	00:30,79	01:05,85	02:39,75	00:26,00	00:57,05	02:10,43	02:10,18	04:43,62
1203	00:23,87	00:51,73	01:54,77	03:57,15	08:13,36	16:24,64	00:28,91	01:02,41	02:13,17	00:30,79	01:05,86	02:39,76	00:26,00	00:57,05	02:10,44	02:10,19	04:43,64
1202	00:23,87	00:51,73	01:54,78	03:57,17	08:13,40	16:24,72	00:28,91	01:02,42	02:13,18	00:30,80	01:05,86	02:39,77	00:26,01	00:57,06	02:10,45	02:10,20	04:43,66
1201	00:23,87	00:51,74	01:54,79	03:57,19	08:13,44	16:24,80	00:28,92	01:02,42	02:13,19	00:30,80	01:05,87	02:39,79	00:26,01	00:57,07	02:10,46	02:10,21	04:43,69
1200	00:23,88	00:51,74	01:54,80	03:57,21	08:13,48	16:24,89	00:28,92	01:02,43	02:13,20	00:30,80	01:05,88	02:39,80	00:26,01	00:57,07	02:10,47	02:10,23	04:43,71
1199	00:23,88	00:51,75	01:54,81	03:57,23	08:13,52	16:24,97	00:28,92	01:02,44	02:13,21	00:30,81	01:05,88	02:39,81	00:26,02	00:57,08	02:10,48	02:10,24	04:43,74
1198	00:23,88	00:51,75	01:54,82	03:57,25	08:13,56	16:25,05	00:28,93	01:02,45	02:13,22	00:30,81	01:05,89	02:39,83	00:26,02	00:57,09	02:10,49	02:10,25	04:43,76
1197	00:23,89	00:51,76	01:54,83	03:57,27	08:13,60	16:25,13	00:28,93	01:02,45	02:13,23	00:30,82	01:05,90	02:39,84	00:26,02	00:57,09	02:10,50	02:10,26	04:43,78
1196	00:23,89	00:51,77	01:54,84	03:57,29	08:13,64	16:25,22	00:28,93	01:02,46	02:13,25	00:30,82	01:05,91	02:39,85	00:26,03	00:57,10	02:10,51	02:10,27	04:43,81
1195	00:23,89	00:51,77	01:54,85	03:57,31	08:13,69	16:25,30	00:28,94	01:02,47	02:13,26	00:30,82	01:05,91	02:39,87	00:26,03	00:57,10	02:10,53	02:10,28	04:43,83
1194	00:23,90	00:51,78	01:54,86	03:57,33	08:13,73	16:25,38	00:28,94	01:02,47	02:13,27	00:30,83	01:05,92	02:39,88	00:26,04	00:57,11	02:10,54	02:10,29	04:43,85
1193	00:23,90	00:51,78	01:54,87	03:57,35	08:13,77	16:25,46	00:28,95	01:02,48	02:13,28	00:30,83	01:05,93	02:39,89	00:26,04	00:57,12	02:10,55	02:10,30	04:43,88
1192	00:23,90	00:51,79	01:54,88	03:57,37	08:13,81	16:25,55	00:28,95	01:02,49	02:13,29	00:30,84	01:05,94	02:39,91	00:26,04	00:57,12	02:10,56	02:10,31	04:43,90
1191	00:23,91	00:51,80	01:54,89	03:57,39	08:13,85	16:25,63	00:28,95	01:02,49	02:13,30	00:30,84	01:05,94	02:39,92	00:26,05	00:57,13	02:10,57	02:10,32	04:43,93
1190	00:23,91	00:51,80	01:54,90	03:57,41	08:13,89	16:25,71	00:28,96	01:02,50	02:13,31	00:30,84	01:05,95	02:39,93	00:26,05	00:57,14	02:10,58	02:10,34	04:43,95
1189	00:23,91	00:51,81	01:54,91	03:57,43	08:13,94	16:25,80	00:28,96	01:02,51	02:13,32	00:30,85	01:05,96	02:39,95	00:26,05	00:57,14	02:10,59	02:10,35	04:43,97
1188	00:23,92	00:51,81	01:54,92	03:57,45	08:13,98	16:25,88	00:28,97	01:02,52	02:13,34	00:30,85	01:05,97	02:39,96	00:26,06	00:57,15	02:10,60	02:10,36	04:44,00
1187	00:23,92	00:51,82	01:54,93	03:57,47	08:14,02	16:25,96	00:28,97	01:02,52	02:13,35	00:30,86	01:05,97	02:39,97	00:26,06	00:57,16	02:10,61	02:10,37	04:44,02
1186	00:23,92	00:51,82	01:54,94	03:57,49	08:14,06	16:26,05	00:28,97	01:02,53	02:13,36	00:30,86	01:05,98	02:39,99	00:26,06	00:57,16	02:10,62	02:10,38	04:44,05
1185	00:23,93	00:51,83	01:54,95	03:57,51	08:14,10	16:26,13	00:28,98	01:02,54	02:13,37	00:30,87	01:05,99	02:40,00	00:26,07	00:57,17	02:10,64	02:10,39	04:44,07
1184	00:23,93	00:51,84	01:54,96	03:57,53	08:14,14	16:26,21	00:28,98	01:02,54	02:13,38	00:30,87	01:05,99	02:40,01	00:26,07	00:57,17	02:10,65	02:10,40	04:44,09
1183	00:23,93	00:51,84	01:54,96	03:57,55	08:14,19	16:26,30	00:28,98	01:02,55	02:13,39	00:30,87	01:06,00	02:40,03	00:26,07	00:57,18	02:10,66	02:10,41	04:44,12
1182	00:23,93	00:51,85	01:54,97	03:57,57	08:14,23	16:26,38	00:28,99	01:02,56	02:13,40	00:30,88	01:06,01	02:40,04	00:26,08	00:57,19	02:10,67	02:10,42	04:44,14
1181	00:23,94	00:51,85	01:54,98	03:57,59	08:14,27	16:26,46	00:28,99	01:02,56	02:13,41	00:30,88	01:06,02	02:40,06	00:26,08	00:57,19	02:10,68	02:10,43	04:44,17
1180	00:23,94	00:51,86	01:54,99	03:57,61	08:14,31	16:26,55	00:29,00	01:02,57	02:13,43	00:30,89	01:06,02	02:40,07	00:26,08	00:57,20	02:10,69	02:10,45	04:44,19
1179	00:23,94	00:51,86	01:55,00	03:57,63	08:14,35	16:26,63	00:29,00	01:02,58	02:13,44	00:30,89	01:06,03	02:40,08	00:26,09	00:57,21	02:10,70	02:10,46	04:44,21
1178	00:23,95	00:51,87	01:55,01	03:57,65	08:14,40	16:26,72	00:29,00	01:02,59	02:13,45	00:30,89	01:06,04	02:40,10	00:26,09	00:57,21	02:10,71	02:10,47	04:44,24
1177	00:23,95	00:51,88	01:55,02	03:57,67	08:14,44	16:26,80	00:29,01	01:02,59	02:13,46	00:30,90	01:06,05	02:40,11	00:26,09	00:57,22	02:10,72	02:10,48	04:44,26
1176	00:23,95	00:51,88	01:55,03	03:57,69	08:14,48	16:26,88	00:29,01	01:02,60	02:13,47	00:30,90	01:06,05	02:40,12	00:26,10	00:57,23	02:10,74	02:10,49	04:44,29
1175	00:23,96	00:51,89	01:55,04	03:57,71	08:14,52	16:26,97	00:29,02	01:02,61	02:13,48	00:30,91	01:06,06	02:40,14	00:26,10	00:57,23	02:10,75	02:10,50	04:44,31
1174	00:23,96	00:51,89	01:55,05	03:57,73	08:14,56	16:27,05	00:29,02	01:02,61	02:13,49	00:30,91	01:06,07	02:40,15	00:26,11	00:57,24	02:10,76	02:10,51	04:44,34
1173	00:23,96	00:51,90	01:55,06	03:57,75	08:14,61	16:27,14	00:29,02	01:02,62	02:13,51	00:30,92	01:06,08	02:40,16	00:26,11	00:57,25	02:10,77	02:10,52	04:44,36
1172	00:23,97	00:51,91	01:55,07	03:57,77	08:14,65	16:27,22	00:29,03	01:02,63	02:13,52	00:30,92	01:06,08	02:40,18	00:26,11	00:57,25	02:10,78	02:10,53	04:44,38

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1171	00:23,97	00:51,91	01:55,08	03:57,79	08:14,69	16:27,31	00:29,03	01:02,63	02:13,53	00:30,92	01:06,09	02:40,19	00:26,12	00:57,26	02:10,79	02:10,55	04:44,41
1170	00:23,97	00:51,92	01:55,09	03:57,81	08:14,73	16:27,39	00:29,04	01:02,64	02:13,54	00:30,93	01:06,10	02:40,21	00:26,12	00:57,26	02:10,80	02:10,56	04:44,43
1169	00:23,98	00:51,92	01:55,10	03:57,83	08:14,78	16:27,48	00:29,04	01:02,65	02:13,55	00:30,93	01:06,11	02:40,22	00:26,12	00:57,27	02:10,81	02:10,57	04:44,46
1168	00:23,98	00:51,93	01:55,11	03:57,85	08:14,82	16:27,56	00:29,04	01:02,66	02:13,56	00:30,94	01:06,11	02:40,23	00:26,13	00:57,28	02:10,83	02:10,58	04:44,48
1167	00:23,98	00:51,94	01:55,12	03:57,88	08:14,86	16:27,65	00:29,05	01:02,66	02:13,57	00:30,94	01:06,12	02:40,25	00:26,13	00:57,28	02:10,84	02:10,59	04:44,51
1166	00:23,99	00:51,94	01:55,13	03:57,90	08:14,90	16:27,73	00:29,05	01:02,67	02:13,59	00:30,94	01:06,13	02:40,26	00:26,13	00:57,29	02:10,85	02:10,60	04:44,53
1165	00:23,99	00:51,95	01:55,14	03:57,92	08:14,95	16:27,82	00:29,06	01:02,68	02:13,60	00:30,95	01:06,14	02:40,27	00:26,14	00:57,30	02:10,86	02:10,61	04:44,56
1164	00:23,99	00:51,95	01:55,15	03:57,94	08:14,99	16:27,90	00:29,06	01:02,68	02:13,61	00:30,95	01:06,14	02:40,29	00:26,14	00:57,30	02:10,87	02:10,62	04:44,58
1163	00:24,00	00:51,96	01:55,16	03:57,96	08:15,03	16:27,99	00:29,06	01:02,69	02:13,62	00:30,96	01:06,15	02:40,30	00:26,14	00:57,31	02:10,88	02:10,64	04:44,60
1162	00:24,00	00:51,96	01:55,17	03:57,98	08:15,07	16:28,07	00:29,07	01:02,70	02:13,63	00:30,96	01:06,16	02:40,32	00:26,15	00:57,32	02:10,89	02:10,65	04:44,63
1161	00:24,00	00:51,97	01:55,18	03:58,00	08:15,12	16:28,16	00:29,07	01:02,71	02:13,64	00:30,97	01:06,17	02:40,33	00:26,15	00:57,32	02:10,90	02:10,66	04:44,65
1160	00:24,01	00:51,98	01:55,19	03:58,02	08:15,16	16:28,24	00:29,08	01:02,71	02:13,65	00:30,97	01:06,17	02:40,34	00:26,16	00:57,33	02:10,92	02:10,67	04:44,68
1159	00:24,01	00:51,98	01:55,20	03:58,04	08:15,20	16:28,33	00:29,08	01:02,72	02:13,67	00:30,97	01:06,18	02:40,36	00:26,16	00:57,34	02:10,93	02:10,68	04:44,70
1158	00:24,01	00:51,99	01:55,21	03:58,06	08:15,25	16:28,41	00:29,08	01:02,73	02:13,68	00:30,98	01:06,19	02:40,37	00:26,16	00:57,34	02:10,94	02:10,69	04:44,73
1157	00:24,02	00:51,99	01:55,22	03:58,08	08:15,29	16:28,50	00:29,09	01:02,73	02:13,69	00:30,98	01:06,20	02:40,39	00:26,17	00:57,35	02:10,95	02:10,70	04:44,75
1156	00:24,02	00:52,00	01:55,23	03:58,10	08:15,33	16:28,58	00:29,09	01:02,74	02:13,70	00:30,99	01:06,20	02:40,40	00:26,17	00:57,36	02:10,96	02:10,71	04:44,78
1155	00:24,02	00:52,01	01:55,24	03:58,12	08:15,38	16:28,67	00:29,10	01:02,75	02:13,71	00:30,99	01:06,21	02:40,41	00:26,17	00:57,36	02:10,97	02:10,73	04:44,80
1154	00:24,03	00:52,01	01:55,25	03:58,14	08:15,42	16:28,76	00:29,10	01:02,76	02:13,72	00:31,00	01:06,22	02:40,43	00:26,18	00:57,37	02:10,98	02:10,74	04:44,83
1153	00:24,03	00:52,02	01:55,26	03:58,16	08:15,46	16:28,84	00:29,10	01:02,76	02:13,74	00:31,00	01:06,23	02:40,44	00:26,18	00:57,38	02:11,00	02:10,75	04:44,85
1152	00:24,03	00:52,02	01:55,27	03:58,18	08:15,50	16:28,93	00:29,11	01:02,77	02:13,75	00:31,00	01:06,24	02:40,46	00:26,18	00:57,38	02:11,01	02:10,76	04:44,88
1151	00:24,04	00:52,03	01:55,28	03:58,20	08:15,55	16:29,01	00:29,11	01:02,78	02:13,76	00:31,01	01:06,24	02:40,47	00:26,19	00:57,39	02:11,02	02:10,77	04:44,90
1150	00:24,04	00:52,04	01:55,29	03:58,23	08:15,59	16:29,10	00:29,12	01:02,79	02:13,77	00:31,01	01:06,25	02:40,48	00:26,19	00:57,40	02:11,03	02:10,78	04:44,93
1149	00:24,04	00:52,04	01:55,30	03:58,25	08:15,63	16:29,19	00:29,12	01:02,79	02:13,78	00:31,02	01:06,26	02:40,50	00:26,19	00:57,40	02:11,04	02:10,79	04:44,95
1148	00:24,05	00:52,05	01:55,31	03:58,27	08:15,68	16:29,27	00:29,12	01:02,80	02:13,79	00:31,02	01:06,27	02:40,51	00:26,20	00:57,41	02:11,05	02:10,81	04:44,98
1147	00:24,05	00:52,05	01:55,32	03:58,29	08:15,72	16:29,36	00:29,13	01:02,81	02:13,81	00:31,03	01:06,27	02:40,53	00:26,20	00:57,42	02:11,06	02:10,82	04:45,00
1146	00:24,05	00:52,06	01:55,33	03:58,31	08:15,76	16:29,45	00:29,13	01:02,81	02:13,82	00:31,03	01:06,28	02:40,54	00:26,21	00:57,42	02:11,08	02:10,83	04:45,03
1145	00:24,06	00:52,07	01:55,34	03:58,33	08:15,81	16:29,53	00:29,14	01:02,82	02:13,83	00:31,03	01:06,29	02:40,55	00:26,21	00:57,43	02:11,09	02:10,84	04:45,05
1144	00:24,06	00:52,07	01:55,35	03:58,35	08:15,85	16:29,62	00:29,14	01:02,83	02:13,84	00:31,04	01:06,30	02:40,57	00:26,21	00:57,44	02:11,10	02:10,85	04:45,08
1143	00:24,06	00:52,08	01:55,36	03:58,37	08:15,89	16:29,71	00:29,14	01:02,84	02:13,85	00:31,04	01:06,30	02:40,58	00:26,22	00:57,44	02:11,11	02:10,86	04:45,10
1142	00:24,07	00:52,08	01:55,37	03:58,39	08:15,94	16:29,79	00:29,15	01:02,84	02:13,86	00:31,05	01:06,31	02:40,60	00:26,22	00:57,45	02:11,12	02:10,87	04:45,13
1141	00:24,07	00:52,09	01:55,38	03:58,41	08:15,98	16:29,88	00:29,15	01:02,85	02:13,88	00:31,05	01:06,32	02:40,61	00:26,22	00:57,46	02:11,13	02:10,89	04:45,15
1140	00:24,07	00:52,10	01:55,39	03:58,43	08:16,03	16:29,97	00:29,16	01:02,86	02:13,89	00:31,06	01:06,33	02:40,62	00:26,23	00:57,46	02:11,14	02:10,90	04:45,18
1139	00:24,08	00:52,10	01:55,40	03:58,46	08:16,07	16:30,06	00:29,16	01:02,87	02:13,90	00:31,06	01:06,33	02:40,64	00:26,23	00:57,47	02:11,16	02:10,91	04:45,20
1138	00:24,08	00:52,11	01:55,41	03:58,48	08:16,11	16:30,14	00:29,16	01:02,87	02:13,91	00:31,06	01:06,34	02:40,65	00:26,24	00:57,48	02:11,17	02:10,92	04:45,23
1137	00:24,08	00:52,11	01:55,42	03:58,50	08:16,16	16:30,23	00:29,17	01:02,88	02:13,92	00:31,07	01:06,35	02:40,67	00:26,24	00:57,48	02:11,18	02:10,93	04:45,25
1136	00:24,09	00:52,12	01:55,43	03:58,52	08:16,20	16:30,32	00:29,17	01:02,89	02:13,94	00:31,07	01:06,36	02:40,68	00:26,24	00:57,49	02:11,19	02:10,94	04:45,28
1135	00:24,09	00:52,13	01:55,44	03:58,54	08:16,24	16:30,40	00:29,18	01:02,89	02:13,95	00:31,08	01:06,37	02:40,70	00:26,25	00:57,50	02:11,20	02:10,96	04:45,30
1134	00:24,09	00:52,13	01:55,45	03:58,56	08:16,29	16:30,49	00:29,18	01:02,90	02:13,96	00:31,08	01:06,37	02:40,71	00:26,25	00:57,50	02:11,21	02:10,97	04:45,33
1133	00:24,10	00:52,14	01:55,46	03:58,58	08:16,33	16:30,58	00:29,18	01:02,91	02:13,97	00:31,09	01:06,38	02:40,72	00:26,25	00:57,51	02:11,23	02:10,98	04:45,35
1132	00:24,10	00:52,15	01:55,47	03:58,60	08:16,38	16:30,67	00:29,19	01:02,92	02:13,98	00:31,09	01:06,39	02:40,74	00:26,26	00:57,52	02:11,24	02:10,99	04:45,38
1131	00:24,10	00:52,15	01:55,48	03:58,62	08:16,42	16:30,76	00:29,19	01:02,92	02:13,99	00:31,10	01:06,40	02:40,75	00:26,26	00:57,52	02:11,25	02:11,00	04:45,40
1130	00:24,11	00:52,16	01:55,49	03:58,65	08:16,46	16:30,84	00:29,20	01:02,93	02:14,01	00:31,10	01:06,40	02:40,77	00:26,26	00:57,53	02:11,26	02:11,01	04:45,43
1129	00:24,11	00:52,16	01:55,51	03:58,67	08:16,51	16:30,93	00:29,20	01:02,94	02:14,02	00:31,10	01:06,41	02:40,78	00:26,27	00:57,54	02:11,27	02:11,03	04:45,45
1128	00:24,11	00:52,17	01:55,52	03:58,69	08:16,55	16:31,02	00:29,21	01:02,95	02:14,03	00:31,11	01:06,42	02:40,79	00:26,27	00:57,54	02:11,28	02:11,04	04:45,48
1127	00:24,12	00:52,18	01:55,53	03:58,71	08:16,60	16:31,11	00:29,21	01:02,95	02:14,04	00:31,11	01:06,43	02:40,81	00:26,28	00:57,55	02:11,30	02:11,05	04:45,50
1126	00:24,12	00:52,18	01:55,54	03:58,73	08:16,64	16:31,20	00:29,21	01:02,96	02:14,05	00:31,12	01:06,44	02:40,82	00:26,28	00:57,56	02:11,31	02:11,06	04:45,53
1125	00:24,12	00:52,19	01:55,55	03:58,75	08:16,68	16:31,28	00:29,22	01:02,97	02:14,07	00:31,12	01:06,44	02:40,84	00:26,28	00:57,56	02:11,32	02:11,07	04:45,56

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1124	00:24,13	00:52,19	01:55,56	03:58,77	08:16,73	16:31,37	00:29,22	01:02,98	02:14,08	00:31,13	01:06,45	02:40,85	00:26,29	00:57,57	02:11,33	02:11,08	04:45,58
1123	00:24,13	00:52,20	01:55,57	03:58,79	08:16,77	16:31,46	00:29,23	01:02,98	02:14,09	00:31,13	01:06,46	02:40,87	00:26,29	00:57,58	02:11,34	02:11,10	04:45,61
1122	00:24,13	00:52,21	01:55,58	03:58,82	08:16,82	16:31,55	00:29,23	01:02,99	02:14,10	00:31,13	01:06,47	02:40,88	00:26,29	00:57,58	02:11,35	02:11,11	04:45,63
1121	00:24,14	00:52,21	01:55,59	03:58,84	08:16,86	16:31,64	00:29,23	01:03,00	02:14,11	00:31,14	01:06,48	02:40,90	00:26,30	00:57,59	02:11,37	02:11,12	04:45,66
1120	00:24,14	00:52,22	01:55,60	03:58,86	08:16,91	16:31,73	00:29,24	01:03,01	02:14,13	00:31,14	01:06,48	02:40,91	00:26,30	00:57,60	02:11,38	02:11,13	04:45,68
1119	00:24,14	00:52,23	01:55,61	03:58,88	08:16,95	16:31,82	00:29,24	01:03,01	02:14,14	00:31,15	01:06,49	02:40,92	00:26,31	00:57,60	02:11,39	02:11,14	04:45,71
1118	00:24,15	00:52,23	01:55,62	03:58,90	08:17,00	16:31,91	00:29,25	01:03,02	02:14,15	00:31,15	01:06,50	02:40,94	00:26,31	00:57,61	02:11,40	02:11,15	04:45,73
1117	00:24,15	00:52,24	01:55,63	03:58,92	08:17,04	16:31,99	00:29,25	01:03,03	02:14,16	00:31,16	01:06,51	02:40,95	00:26,31	00:57,62	02:11,41	02:11,17	04:45,76
1116	00:24,15	00:52,24	01:55,64	03:58,94	08:17,09	16:32,08	00:29,25	01:03,04	02:14,17	00:31,16	01:06,51	02:40,97	00:26,32	00:57,62	02:11,42	02:11,18	04:45,79
1115	00:24,16	00:52,25	01:55,65	03:58,97	08:17,13	16:32,17	00:29,26	01:03,04	02:14,19	00:31,17	01:06,52	02:40,98	00:26,32	00:57,63	02:11,44	02:11,19	04:45,81
1114	00:24,16	00:52,26	01:55,66	03:58,99	08:17,17	16:32,26	00:29,26	01:03,05	02:14,20	00:31,17	01:06,53	02:41,00	00:26,32	00:57,64	02:11,45	02:11,20	04:45,84
1113	00:24,17	00:52,26	01:55,67	03:59,01	08:17,22	16:32,35	00:29,27	01:03,06	02:14,21	00:31,17	01:06,54	02:41,01	00:26,33	00:57,65	02:11,46	02:11,21	04:45,86
1112	00:24,17	00:52,27	01:55,68	03:59,03	08:17,26	16:32,44	00:29,27	01:03,07	02:14,22	00:31,18	01:06,55	02:41,03	00:26,33	00:57,65	02:11,47	02:11,22	04:45,89
1111	00:24,17	00:52,27	01:55,69	03:59,05	08:17,31	16:32,53	00:29,28	01:03,07	02:14,23	00:31,18	01:06,55	02:41,04	00:26,34	00:57,66	02:11,48	02:11,24	04:45,91
1110	00:24,18	00:52,28	01:55,70	03:59,07	08:17,35	16:32,62	00:29,28	01:03,08	02:14,25	00:31,19	01:06,56	02:41,05	00:26,34	00:57,67	02:11,50	02:11,25	04:45,94
1109	00:24,18	00:52,29	01:55,71	03:59,09	08:17,40	16:32,71	00:29,28	01:03,09	02:14,26	00:31,19	01:06,57	02:41,07	00:26,34	00:57,67	02:11,51	02:11,26	04:45,97
1108	00:24,18	00:52,29	01:55,72	03:59,12	08:17,44	16:32,80	00:29,29	01:03,10	02:14,27	00:31,20	01:06,58	02:41,08	00:26,35	00:57,68	02:11,52	02:11,27	04:45,99
1107	00:24,19	00:52,30	01:55,73	03:59,14	08:17,49	16:32,89	00:29,29	01:03,10	02:14,28	00:31,20	01:06,59	02:41,10	00:26,35	00:57,69	02:11,53	02:11,28	04:46,02
1106	00:24,19	00:52,31	01:55,74	03:59,16	08:17,53	16:32,98	00:29,30	01:03,11	02:14,30	00:31,21	01:06,59	02:41,11	00:26,35	00:57,69	02:11,54	02:11,30	04:46,04
1105	00:24,19	00:52,31	01:55,75	03:59,18	08:17,58	16:33,07	00:29,30	01:03,12	02:14,31	00:31,21	01:06,60	02:41,13	00:26,36	00:57,70	02:11,56	02:11,31	04:46,07
1104	00:24,20	00:52,32	01:55,76	03:59,20	08:17,62	16:33,16	00:29,31	01:03,13	02:14,32	00:31,21	01:06,61	02:41,14	00:26,36	00:57,71	02:11,57	02:11,32	04:46,10
1103	00:24,20	00:52,33	01:55,78	03:59,23	08:17,67	16:33,25	00:29,31	01:03,13	02:14,33	00:31,22	01:06,62	02:41,16	00:26,37	00:57,71	02:11,58	02:11,33	04:46,12
1102	00:24,20	00:52,33	01:55,79	03:59,25	08:17,72	16:33,34	00:29,31	01:03,14	02:14,34	00:31,22	01:06,63	02:41,17	00:26,37	00:57,72	02:11,59	02:11,34	04:46,15
1101	00:24,21	00:52,34	01:55,80	03:59,27	08:17,76	16:33,43	00:29,32	01:03,15	02:14,36	00:31,23	01:06,63	02:41,19	00:26,37	00:57,73	02:11,60	02:11,36	04:46,17
1100	00:24,21	00:52,34	01:55,81	03:59,29	08:17,81	16:33,52	00:29,32	01:03,16	02:14,37	00:31,23	01:06,64	02:41,20	00:26,38	00:57,74	02:11,62	02:11,37	04:46,20
1099	00:24,21	00:52,35	01:55,82	03:59,31	08:17,85	16:33,61	00:29,33	01:03,16	02:14,38	00:31,24	01:06,65	02:41,22	00:26,38	00:57,74	02:11,63	02:11,38	04:46,23
1098	00:24,22	00:52,36	01:55,83	03:59,33	08:17,90	16:33,70	00:29,33	01:03,17	02:14,39	00:31,24	01:06,66	02:41,23	00:26,38	00:57,75	02:11,64	02:11,39	04:46,25
1097	00:24,22	00:52,36	01:55,84	03:59,36	08:17,94	16:33,79	00:29,33	01:03,18	02:14,41	00:31,25	01:06,67	02:41,25	00:26,39	00:57,76	02:11,65	02:11,40	04:46,28
1096	00:24,22	00:52,37	01:55,85	03:59,38	08:17,99	16:33,89	00:29,34	01:03,19	02:14,42	00:31,25	01:06,67	02:41,26	00:26,39	00:57,76	02:11,66	02:11,42	04:46,30
1095	00:24,23	00:52,38	01:55,86	03:59,40	08:18,03	16:33,98	00:29,34	01:03,19	02:14,43	00:31,26	01:06,68	02:41,27	00:26,40	00:57,77	02:11,68	02:11,43	04:46,33
1094	00:24,23	00:52,38	01:55,87	03:59,42	08:18,08	16:34,07	00:29,35	01:03,20	02:14,44	00:31,26	01:06,69	02:41,29	00:26,40	00:57,78	02:11,69	02:11,44	04:46,36
1093	00:24,23	00:52,39	01:55,88	03:59,44	08:18,13	16:34,16	00:29,35	01:03,21	02:14,45	00:31,26	01:06,70	02:41,30	00:26,40	00:57,78	02:11,70	02:11,45	04:46,38
1092	00:24,24	00:52,39	01:55,89	03:59,47	08:18,17	16:34,25	00:29,36	01:03,22	02:14,47	00:31,27	01:06,71	02:41,32	00:26,41	00:57,79	02:11,71	02:11,46	04:46,41
1091	00:24,24	00:52,40	01:55,90	03:59,49	08:18,22	16:34,34	00:29,36	01:03,23	02:14,48	00:31,27	01:06,71	02:41,33	00:26,41	00:57,80	02:11,72	02:11,48	04:46,44
1090	00:24,25	00:52,41	01:55,91	03:59,51	08:18,26	16:34,43	00:29,36	01:03,23	02:14,49	00:31,28	01:06,72	02:41,35	00:26,42	00:57,81	02:11,74	02:11,49	04:46,46
1089	00:24,25	00:52,41	01:55,92	03:59,53	08:18,31	16:34,53	00:29,37	01:03,24	02:14,50	00:31,28	01:06,73	02:41,36	00:26,42	00:57,81	02:11,75	02:11,50	04:46,49
1088	00:24,25	00:52,42	01:55,93	03:59,55	08:18,35	16:34,62	00:29,37	01:03,25	02:14,52	00:31,29	01:06,74	02:41,38	00:26,42	00:57,82	02:11,76	02:11,51	04:46,51
1087	00:24,26	00:52,43	01:55,95	03:59,58	08:18,40	16:34,71	00:29,38	01:03,26	02:14,53	00:31,29	01:06,75	02:41,39	00:26,43	00:57,83	02:11,77	02:11,52	04:46,54
1086	00:24,26	00:52,43	01:55,96	03:59,60	08:18,45	16:34,80	00:29,38	01:03,26	02:14,54	00:31,30	01:06,76	02:41,41	00:26,43	00:57,83	02:11,78	02:11,54	04:46,57
1085	00:24,26	00:52,44	01:55,97	03:59,62	08:18,49	16:34,89	00:29,39	01:03,27	02:14,55	00:31,30	01:06,76	02:41,42	00:26,43	00:57,84	02:11,80	02:11,55	04:46,59
1084	00:24,27	00:52,45	01:55,98	03:59,64	08:18,54	16:34,98	00:29,39	01:03,28	02:14,57	00:31,31	01:06,77	02:41,44	00:26,44	00:57,85	02:11,81	02:11,56	04:46,62
1083	00:24,27	00:52,45	01:55,99	03:59,66	08:18,58	16:35,08	00:29,39	01:03,29	02:14,58	00:31,31	01:06,78	02:41,45	00:26,44	00:57,85	02:11,82	02:11,57	04:46,65
1082	00:24,27	00:52,46	01:56,00	03:59,69	08:18,63	16:35,17	00:29,40	01:03,29	02:14,59	00:31,32	01:06,79	02:41,47	00:26,45	00:57,86	02:11,83	02:11,59	04:46,67
1081	00:24,28	00:52,47	01:56,01	03:59,71	08:18,68	16:35,26	00:29,40	01:03,30	02:14,60	00:31,32	01:06,80	02:41,48	00:26,45	00:57,87	02:11,85	02:11,60	04:46,70
1080	00:24,28	00:52,47	01:56,02	03:59,73	08:18,72	16:35,35	00:29,41	01:03,31	02:14,62	00:31,32	01:06,80	02:41,50	00:26,45	00:57,88	02:11,86	02:11,61	04:46,73
1079	00:24,28	00:52,48	01:56,03	03:59,75	08:18,77	16:35,45	00:29,41	01:03,32	02:14,63	00:31,33	01:06,81	02:41,51	00:26,46	00:57,88	02:11,87	02:11,62	04:46,75
1078	00:24,29	00:52,48	01:56,04	03:59,78	08:18,82	16:35,54	00:29,42	01:03,33	02:14,64	00:31,33	01:06,82	02:41,53	00:26,46	00:57,89	02:11,88	02:11,63	04:46,78

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1077	00:24,29	00:52,49	01:56,05	03:59,80	08:18,86	16:35,63	00:29,42	01:03,33	02:14,65	00:31,34	01:06,83	02:41,54	00:26,47	00:57,90	02:11,89	02:11,65	04:46,81
1076	00:24,30	00:52,50	01:56,06	03:59,82	08:18,91	16:35,72	00:29,43	01:03,34	02:14,67	00:31,34	01:06,84	02:41,56	00:26,47	00:57,90	02:11,91	02:11,66	04:46,83
1075	00:24,30	00:52,50	01:56,07	03:59,84	08:18,96	16:35,82	00:29,43	01:03,35	02:14,68	00:31,35	01:06,85	02:41,57	00:26,47	00:57,91	02:11,92	02:11,67	04:46,86
1074	00:24,30	00:52,51	01:56,09	03:59,87	08:19,00	16:35,91	00:29,43	01:03,36	02:14,69	00:31,35	01:06,85	02:41,59	00:26,48	00:57,92	02:11,93	02:11,68	04:46,89
1073	00:24,31	00:52,52	01:56,10	03:59,89	08:19,05	16:36,00	00:29,44	01:03,37	02:14,70	00:31,36	01:06,86	02:41,60	00:26,48	00:57,93	02:11,94	02:11,70	04:46,91
1072	00:24,31	00:52,52	01:56,11	03:59,91	08:19,10	16:36,10	00:29,44	01:03,37	02:14,72	00:31,36	01:06,87	02:41,62	00:26,49	00:57,93	02:11,96	02:11,71	04:46,94
1071	00:24,31	00:52,53	01:56,12	03:59,93	08:19,14	16:36,19	00:29,45	01:03,38	02:14,73	00:31,37	01:06,88	02:41,63	00:26,49	00:57,94	02:11,97	02:11,72	04:46,97
1070	00:24,32	00:52,54	01:56,13	03:59,96	08:19,19	16:36,28	00:29,45	01:03,39	02:14,74	00:31,37	01:06,89	02:41,65	00:26,49	00:57,95	02:11,98	02:11,73	04:46,99
1069	00:24,32	00:52,54	01:56,14	03:59,98	08:19,24	16:36,38	00:29,46	01:03,40	02:14,75	00:31,38	01:06,90	02:41,66	00:26,50	00:57,95	02:11,99	02:11,74	04:47,02
1068	00:24,32	00:52,55	01:56,15	04:00,00	08:19,28	16:36,47	00:29,46	01:03,40	02:14,77	00:31,38	01:06,90	02:41,68	00:26,50	00:57,96	02:12,01	02:11,76	04:47,05
1067	00:24,33	00:52,56	01:56,16	04:00,02	08:19,33	16:36,56	00:29,46	01:03,41	02:14,78	00:31,38	01:06,91	02:41,69	00:26,51	00:57,97	02:12,02	02:11,77	04:47,08
1066	00:24,33	00:52,56	01:56,17	04:00,05	08:19,38	16:36,66	00:29,47	01:03,42	02:14,79	00:31,39	01:06,92	02:41,71	00:26,51	00:57,98	02:12,03	02:11,78	04:47,10
1065	00:24,34	00:52,57	01:56,18	04:00,07	08:19,42	16:36,75	00:29,47	01:03,43	02:14,81	00:31,39	01:06,93	02:41,72	00:26,51	00:57,98	02:12,04	02:11,79	04:47,13
1064	00:24,34	00:52,58	01:56,19	04:00,09	08:19,47	16:36,85	00:29,48	01:03,44	02:14,82	00:31,40	01:06,94	02:41,74	00:26,52	00:57,99	02:12,06	02:11,81	04:47,16
1063	00:24,34	00:52,58	01:56,21	04:00,11	08:19,52	16:36,94	00:29,48	01:03,44	02:14,83	00:31,40	01:06,95	02:41,76	00:26,52	00:58,00	02:12,07	02:11,82	04:47,18
1062	00:24,35	00:52,59	01:56,22	04:00,14	08:19,57	16:37,03	00:29,49	01:03,45	02:14,84	00:31,41	01:06,95	02:41,77	00:26,53	00:58,01	02:12,08	02:11,83	04:47,21
1061	00:24,35	00:52,60	01:56,23	04:00,16	08:19,61	16:37,13	00:29,49	01:03,46	02:14,86	00:31,41	01:06,96	02:41,79	00:26,53	00:58,01	02:12,09	02:11,84	04:47,24
1060	00:24,35	00:52,60	01:56,24	04:00,18	08:19,66	16:37,22	00:29,50	01:03,47	02:14,87	00:31,42	01:06,97	02:41,80	00:26,53	00:58,02	02:12,11	02:11,86	04:47,27
1059	00:24,36	00:52,61	01:56,25	04:00,20	08:19,71	16:37,32	00:29,50	01:03,48	02:14,88	00:31,42	01:06,98	02:41,82	00:26,54	00:58,03	02:12,12	02:11,87	04:47,29
1058	00:24,36	00:52,62	01:56,26	04:00,23	08:19,75	16:37,41	00:29,50	01:03,48	02:14,89	00:31,43	01:06,99	02:41,83	00:26,54	00:58,03	02:12,13	02:11,88	04:47,32
1057	00:24,36	00:52,62	01:56,27	04:00,25	08:19,80	16:37,51	00:29,51	01:03,49	02:14,91	00:31,43	01:07,00	02:41,85	00:26,54	00:58,04	02:12,14	02:11,89	04:47,35
1056	00:24,37	00:52,63	01:56,28	04:00,27	08:19,85	16:37,60	00:29,51	01:03,50	02:14,92	00:31,44	01:07,00	02:41,86	00:26,55	00:58,05	02:12,16	02:11,91	04:47,37
1055	00:24,37	00:52,63	01:56,29	04:00,30	08:19,90	16:37,70	00:29,52	01:03,51	02:14,93	00:31,44	01:07,01	02:41,88	00:26,55	00:58,06	02:12,17	02:11,92	04:47,40
1054	00:24,38	00:52,64	01:56,30	04:00,32	08:19,94	16:37,79	00:29,52	01:03,52	02:14,95	00:31,45	01:07,02	02:41,89	00:26,56	00:58,06	02:12,18	02:11,93	04:47,43
1053	00:24,38	00:52,65	01:56,32	04:00,34	08:19,99	16:37,89	00:29,53	01:03,52	02:14,96	00:31,45	01:07,03	02:41,91	00:26,56	00:58,07	02:12,19	02:11,94	04:47,46
1052	00:24,38	00:52,65	01:56,33	04:00,36	08:20,04	16:37,98	00:29,53	01:03,53	02:14,97	00:31,46	01:07,04	02:41,92	00:26,56	00:58,08	02:12,21	02:11,96	04:47,48
1051	00:24,39	00:52,66	01:56,34	04:00,39	08:20,09	16:38,08	00:29,54	01:03,54	02:14,98	00:31,46	01:07,05	02:41,94	00:26,57	00:58,09	02:12,22	02:11,97	04:47,51
1050	00:24,39	00:52,67	01:56,35	04:00,41	08:20,14	16:38,17	00:29,54	01:03,55	02:15,00	00:31,46	01:07,05	02:41,96	00:26,57	00:58,09	02:12,23	02:11,98	04:47,54
1049	00:24,39	00:52,67	01:56,36	04:00,43	08:20,18	16:38,27	00:29,54	01:03,56	02:15,01	00:31,47	01:07,06	02:41,97	00:26,58	00:58,10	02:12,24	02:11,99	04:47,57
1048	00:24,40	00:52,68	01:56,37	04:00,46	08:20,23	16:38,36	00:29,55	01:03,56	02:15,02	00:31,47	01:07,07	02:41,99	00:26,58	00:58,11	02:12,26	02:12,01	04:47,59
1047	00:24,40	00:52,69	01:56,38	04:00,48	08:20,28	16:38,46	00:29,55	01:03,57	02:15,04	00:31,48	01:07,08	02:42,00	00:26,59	00:58,11	02:12,27	02:12,02	04:47,62
1046	00:24,40	00:52,69	01:56,39	04:00,50	08:20,33	16:38,55	00:29,56	01:03,58	02:15,05	00:31,48	01:07,09	02:42,02	00:26,59	00:58,12	02:12,28	02:12,03	04:47,65
1045	00:24,41	00:52,70	01:56,40	04:00,53	08:20,38	16:38,65	00:29,56	01:03,59	02:15,06	00:31,49	01:07,10	02:42,03	00:26,59	00:58,13	02:12,29	02:12,05	04:47,68
1044	00:24,41	00:52,71	01:56,42	04:00,55	08:20,42	16:38,75	00:29,57	01:03,60	02:15,08	00:31,49	01:07,11	02:42,05	00:26,60	00:58,14	02:12,31	02:12,06	04:47,70
1043	00:24,42	00:52,71	01:56,43	04:00,57	08:20,47	16:38,84	00:29,57	01:03,60	02:15,09	00:31,50	01:07,11	02:42,06	00:26,60	00:58,14	02:12,32	02:12,07	04:47,73
1042	00:24,42	00:52,72	01:56,44	04:00,59	08:20,52	16:38,94	00:29,58	01:03,61	02:15,10	00:31,50	01:07,12	02:42,08	00:26,61	00:58,15	02:12,33	02:12,08	04:47,76
1041	00:24,42	00:52,73	01:56,45	04:00,62	08:20,57	16:39,03	00:29,58	01:03,62	02:15,11	00:31,51	01:07,13	02:42,10	00:26,61	00:58,16	02:12,35	02:12,10	04:47,79
1040	00:24,43	00:52,73	01:56,46	04:00,64	08:20,62	16:39,13	00:29,58	01:03,63	02:15,13	00:31,51	01:07,14	02:42,11	00:26,61	00:58,17	02:12,36	02:12,11	04:47,82
1039	00:24,43	00:52,74	01:56,47	04:00,66	08:20,66	16:39,23	00:29,59	01:03,64	02:15,14	00:31,52	01:07,15	02:42,13	00:26,62	00:58,17	02:12,37	02:12,12	04:47,84
1038	00:24,43	00:52,75	01:56,48	04:00,69	08:20,71	16:39,32	00:29,59	01:03,64	02:15,15	00:31,52	01:07,16	02:42,14	00:26,62	00:58,18	02:12,38	02:12,13	04:47,87
1037	00:24,44	00:52,76	01:56,49	04:00,71	08:20,76	16:39,42	00:29,60	01:03,65	02:15,17	00:31,53	01:07,17	02:42,16	00:26,63	00:58,19	02:12,40	02:12,15	04:47,90
1036	00:24,44	00:52,76	01:56,51	04:00,73	08:20,81	16:39,52	00:29,60	01:03,66	02:15,18	00:31,53	01:07,17	02:42,17	00:26,63	00:58,20	02:12,41	02:12,16	04:47,93
1035	00:24,45	00:52,77	01:56,52	04:00,76	08:20,86	16:39,61	00:29,61	01:03,67	02:15,19	00:31,54	01:07,18	02:42,19	00:26,63	00:58,20	02:12,42	02:12,17	04:47,95
1034	00:24,45	00:52,78	01:56,53	04:00,78	08:20,91	16:39,71	00:29,61	01:03,68	02:15,21	00:31,54	01:07,19	02:42,20	00:26,64	00:58,21	02:12,43	02:12,19	04:47,98
1033	00:24,45	00:52,78	01:56,54	04:00,80	08:20,96	16:39,81	00:29,62	01:03,69	02:15,22	00:31,55	01:07,20	02:42,22	00:26,64	00:58,22	02:12,45	02:12,20	04:48,01
1032	00:24,46	00:52,79	01:56,55	04:00,83	08:21,00	16:39,90	00:29,62	01:03,69	02:15,23	00:31,55	01:07,21	02:42,24	00:26,65	00:58,23	02:12,46	02:12,21	04:48,04
1031	00:24,46	00:52,80	01:56,56	04:00,85	08:21,05	16:40,00	00:29,63	01:03,70	02:15,25	00:31,56	01:07,22	02:42,25	00:26,65	00:58,23	02:12,47	02:12,22	04:48,07

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
1030	00:24,46	00:52,80	01:56,57	04:00,87	08:21,10	16:40,10	00:29,63	01:03,71	02:15,26	00:31,56	01:07,23	02:42,27	00:26,65	00:58,24	02:12,49	02:12,24	04:48,09
1029	00:24,47	00:52,81	01:56,59	04:00,90	08:21,15	16:40,20	00:29,63	01:03,72	02:15,27	00:31,57	01:07,23	02:42,28	00:26,66	00:58,25	02:12,50	02:12,25	04:48,12
1028	00:24,47	00:52,82	01:56,60	04:00,92	08:21,20	16:40,29	00:29,64	01:03,73	02:15,28	00:31,57	01:07,24	02:42,30	00:26,66	00:58,26	02:12,51	02:12,26	04:48,15
1027	00:24,48	00:52,82	01:56,61	04:00,95	08:21,25	16:40,39	00:29,64	01:03,73	02:15,30	00:31,58	01:07,25	02:42,32	00:26,67	00:58,26	02:12,53	02:12,28	04:48,18
1026	00:24,48	00:52,83	01:56,62	04:00,97	08:21,30	16:40,49	00:29,65	01:03,74	02:15,31	00:31,58	01:07,26	02:42,33	00:26,67	00:58,27	02:12,54	02:12,29	04:48,21
1025	00:24,48	00:52,84	01:56,63	04:00,99	08:21,35	16:40,59	00:29,65	01:03,75	02:15,32	00:31,59	01:07,27	02:42,35	00:26,68	00:58,28	02:12,55	02:12,30	04:48,23
1024	00:24,49	00:52,84	01:56,64	04:01,02	08:21,40	16:40,69	00:29,66	01:03,76	02:15,34	00:31,59	01:07,28	02:42,36	00:26,68	00:58,29	02:12,56	02:12,31	04:48,26
1023	00:24,49	00:52,85	01:56,65	04:01,04	08:21,44	16:40,78	00:29,66	01:03,77	02:15,35	00:31,60	01:07,29	02:42,38	00:26,68	00:58,29	02:12,58	02:12,33	04:48,29
1022	00:24,50	00:52,86	01:56,66	04:01,06	08:21,49	16:40,88	00:29,67	01:03,78	02:15,36	00:31,60	01:07,30	02:42,40	00:26,69	00:58,30	02:12,59	02:12,34	04:48,32
1021	00:24,50	00:52,86	01:56,68	04:01,09	08:21,54	16:40,98	00:29,67	01:03,78	02:15,38	00:31,61	01:07,30	02:42,41	00:26,69	00:58,31	02:12,60	02:12,35	04:48,35
1020	00:24,50	00:52,87	01:56,69	04:01,11	08:21,59	16:41,08	00:29,68	01:03,79	02:15,39	00:31,61	01:07,31	02:42,43	00:26,70	00:58,32	02:12,62	02:12,37	04:48,38
1019	00:24,51	00:52,88	01:56,70	04:01,13	08:21,64	16:41,18	00:29,68	01:03,80	02:15,40	00:31,62	01:07,32	02:42,44	00:26,70	00:58,32	02:12,63	02:12,38	04:48,40
1018	00:24,51	00:52,88	01:56,71	04:01,16	08:21,69	16:41,28	00:29,69	01:03,81	02:15,42	00:31,62	01:07,33	02:42,46	00:26,70	00:58,33	02:12,64	02:12,39	04:48,43
1017	00:24,51	00:52,89	01:56,72	04:01,18	08:21,74	16:41,37	00:29,69	01:03,82	02:15,43	00:31,63	01:07,34	02:42,47	00:26,71	00:58,34	02:12,66	02:12,41	04:48,46
1016	00:24,52	00:52,90	01:56,73	04:01,21	08:21,79	16:41,47	00:29,69	01:03,83	02:15,44	00:31,63	01:07,35	02:42,49	00:26,71	00:58,35	02:12,67	02:12,42	04:48,49
1015	00:24,52	00:52,91	01:56,75	04:01,23	08:21,84	16:41,57	00:29,70	01:03,83	02:15,46	00:31,64	01:07,36	02:42,51	00:26,72	00:58,35	02:12,68	02:12,43	04:48,52
1014	00:24,53	00:52,91	01:56,76	04:01,25	08:21,89	16:41,67	00:29,70	01:03,84	02:15,47	00:31,64	01:07,37	02:42,52	00:26,72	00:58,36	02:12,69	02:12,45	04:48,55
1013	00:24,53	00:52,92	01:56,77	04:01,28	08:21,94	16:41,77	00:29,71	01:03,85	02:15,48	00:31,64	01:07,37	02:42,54	00:26,73	00:58,37	02:12,71	02:12,46	04:48,58
1012	00:24,53	00:52,93	01:56,78	04:01,30	08:21,99	16:41,87	00:29,71	01:03,86	02:15,50	00:31,65	01:07,38	02:42,56	00:26,73	00:58,38	02:12,72	02:12,47	04:48,60
1011	00:24,54	00:52,93	01:56,79	04:01,32	08:22,04	16:41,97	00:29,72	01:03,87	02:15,51	00:31,65	01:07,39	02:42,57	00:26,73	00:58,39	02:12,73	02:12,48	04:48,63
1010	00:24,54	00:52,94	01:56,80	04:01,35	08:22,09	16:42,07	00:29,72	01:03,88	02:15,52	00:31,66	01:07,40	02:42,59	00:26,74	00:58,39	02:12,75	02:12,50	04:48,66
1009	00:24,54	00:52,95	01:56,81	04:01,37	08:22,14	16:42,17	00:29,73	01:03,88	02:15,54	00:31,66	01:07,41	02:42,60	00:26,74	00:58,40	02:12,76	02:12,51	04:48,69
1008	00:24,55	00:52,95	01:56,83	04:01,40	08:22,19	16:42,27	00:29,73	01:03,89	02:15,55	00:31,67	01:07,42	02:42,62	00:26,75	00:58,41	02:12,77	02:12,52	04:48,72
1007	00:24,55	00:52,96	01:56,84	04:01,42	08:22,24	16:42,37	00:29,74	01:03,90	02:15,57	00:31,67	01:07,43	02:42,64	00:26,75	00:58,42	02:12,79	02:12,54	04:48,75
1006	00:24,56	00:52,97	01:56,85	04:01,45	08:22,29	16:42,47	00:29,74	01:03,91	02:15,58	00:31,68	01:07,44	02:42,65	00:26,75	00:58,42	02:12,80	02:12,55	04:48,78
1005	00:24,56	00:52,97	01:56,86	04:01,47	08:22,34	16:42,57	00:29,75	01:03,92	02:15,59	00:31,68	01:07,45	02:42,67	00:26,76	00:58,43	02:12,81	02:12,56	04:48,81
1004	00:24,56	00:52,98	01:56,87	04:01,49	08:22,39	16:42,67	00:29,75	01:03,93	02:15,61	00:31,69	01:07,45	02:42,68	00:26,76	00:58,44	02:12,83	02:12,58	04:48,83
1003	00:24,57	00:52,99	01:56,88	04:01,52	08:22,44	16:42,77	00:29,76	01:03,93	02:15,62	00:31,69	01:07,46	02:42,70	00:26,77	00:58,45	02:12,84	02:12,59	04:48,86
1002	00:24,57	00:53,00	01:56,90	04:01,54	08:22,49	16:42,87	00:29,76	01:03,94	02:15,63	00:31,70	01:07,47	02:42,72	00:26,77	00:58,45	02:12,85	02:12,60	04:48,89
1001	00:24,58	00:53,00	01:56,91	04:01,57	08:22,54	16:42,97	00:29,77	01:03,95	02:15,65	00:31,70	01:07,48	02:42,73	00:26,78	00:58,46	02:12,87	02:12,62	04:48,92
1000	00:24,58	00:53,01	01:56,92	04:01,59	08:22,59	16:43,07	00:29,77	01:03,96	02:15,66	00:31,71	01:07,49	02:42,75	00:26,78	00:58,47	02:12,88	02:12,63	04:48,95
999	00:24,58	00:53,02	01:56,93	04:01,61	08:22,64	16:43,17	00:29,77	01:03,97	02:15,67	00:31,72	01:07,50	02:42,77	00:26,78	00:58,48	02:12,89	02:12,64	04:48,98
998	00:24,59	00:53,02	01:56,94	04:01,64	08:22,69	16:43,27	00:29,78	01:03,98	02:15,69	00:31,72	01:07,51	02:42,78	00:26,79	00:58,49	02:12,91	02:12,66	04:49,01
997	00:24,59	00:53,03	01:56,96	04:01,66	08:22,74	16:43,37	00:29,78	01:03,99	02:15,70	00:31,73	01:07,52	02:42,80	00:26,79	00:58,49	02:12,92	02:12,67	04:49,04
996	00:24,60	00:53,04	01:56,97	04:01,69	08:22,79	16:43,47	00:29,79	01:03,99	02:15,71	00:31,73	01:07,53	02:42,82	00:26,80	00:58,50	02:12,93	02:12,68	04:49,07
995	00:24,60	00:53,05	01:56,98	04:01,71	08:22,84	16:43,57	00:29,79	01:04,00	02:15,73	00:31,74	01:07,53	02:42,83	00:26,80	00:58,51	02:12,95	02:12,70	04:49,10
994	00:24,60	00:53,05	01:56,99	04:01,74	08:22,89	16:43,68	00:29,80	01:04,01	02:15,74	00:31,74	01:07,54	02:42,85	00:26,81	00:58,52	02:12,96	02:12,71	04:49,12
993	00:24,61	00:53,06	01:57,00	04:01,76	08:22,94	16:43,78	00:29,80	01:04,02	02:15,76	00:31,75	01:07,55	02:42,86	00:26,81	00:58,52	02:12,97	02:12,72	04:49,15
992	00:24,61	00:53,07	01:57,01	04:01,78	08:23,00	16:43,88	00:29,81	01:04,03	02:15,77	00:31,75	01:07,56	02:42,88	00:26,81	00:58,53	02:12,99	02:12,74	04:49,18
991	00:24,62	00:53,07	01:57,03	04:01,81	08:23,05	16:43,98	00:29,81	01:04,04	02:15,78	00:31,76	01:07,57	02:42,90	00:26,82	00:58,54	02:13,00	02:12,75	04:49,21
990	00:24,62	00:53,08	01:57,04	04:01,83	08:23,10	16:44,08	00:29,82	01:04,05	02:15,80	00:31,76	01:07,58	02:42,91	00:26,82	00:58,55	02:13,01	02:12,76	04:49,24
989	00:24,62	00:53,09	01:57,05	04:01,86	08:23,15	16:44,18	00:29,82	01:04,05	02:15,81	00:31,77	01:07,59	02:42,93	00:26,83	00:58,56	02:13,03	02:12,78	04:49,27
988	00:24,63	00:53,09	01:57,06	04:01,88	08:23,20	16:44,29	00:29,83	01:04,06	02:15,82	00:31,77	01:07,60	02:42,95	00:26,83	00:58,56	02:13,04	02:12,79	04:49,30
987	00:24,63	00:53,10	01:57,07	04:01,91	08:23,25	16:44,39	00:29,83	01:04,07	02:15,84	00:31,78	01:07,61	02:42,96	00:26,84	00:58,57	02:13,05	02:12,80	04:49,33
986	00:24,64	00:53,11	01:57,09	04:01,93	08:23,30	16:44,49	00:29,84	01:04,08	02:15,85	00:31,78	01:07,62	02:42,98	00:26,84	00:58,58	02:13,07	02:12,82	04:49,36
985	00:24,64	00:53,12	01:57,10	04:01,96	08:23,35	16:44,59	00:29,84	01:04,09	02:15,87	00:31,79	01:07,63	02:43,00	00:26,84	00:58,59	02:13,08	02:12,83	04:49,39
984	00:24,64	00:53,12	01:57,11	04:01,98	08:23,40	16:44,69	00:29,85	01:04,10	02:15,88	00:31,79	01:07,63	02:43,01	00:26,85	00:58,60	02:13,10	02:12,84	04:49,42

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
983	00:24,65	00:53,13	01:57,12	04:02,01	08:23,46	16:44,80	00:29,85	01:04,11	02:15,89	00:31,80	01:07,64	02:43,03	00:26,85	00:58,60	02:13,11	02:12,86	04:49,45
982	00:24,65	00:53,14	01:57,13	04:02,03	08:23,51	16:44,90	00:29,86	01:04,11	02:15,91	00:31,80	01:07,65	02:43,05	00:26,86	00:58,61	02:13,12	02:12,87	04:49,48
981	00:24,66	00:53,15	01:57,15	04:02,06	08:23,56	16:45,00	00:29,86	01:04,12	02:15,92	00:31,81	01:07,66	02:43,06	00:26,86	00:58,62	02:13,14	02:12,89	04:49,51
980	00:24,66	00:53,15	01:57,16	04:02,08	08:23,61	16:45,11	00:29,87	01:04,13	02:15,94	00:31,81	01:07,67	02:43,08	00:26,87	00:58,63	02:13,15	02:12,90	04:49,54
979	00:24,66	00:53,16	01:57,17	04:02,11	08:23,66	16:45,21	00:29,87	01:04,14	02:15,95	00:31,82	01:07,68	02:43,10	00:26,87	00:58,63	02:13,16	02:12,91	04:49,57
978	00:24,67	00:53,17	01:57,18	04:02,13	08:23,71	16:45,31	00:29,88	01:04,15	02:15,96	00:31,82	01:07,69	02:43,11	00:26,87	00:58,64	02:13,18	02:12,93	04:49,60
977	00:24,67	00:53,17	01:57,19	04:02,15	08:23,76	16:45,41	00:29,88	01:04,16	02:15,98	00:31,83	01:07,70	02:43,13	00:26,88	00:58,65	02:13,19	02:12,94	04:49,63
976	00:24,68	00:53,18	01:57,21	04:02,18	08:23,82	16:45,52	00:29,89	01:04,17	02:15,99	00:31,83	01:07,71	02:43,15	00:26,88	00:58,66	02:13,20	02:12,95	04:49,66
975	00:24,68	00:53,19	01:57,22	04:02,20	08:23,87	16:45,62	00:29,89	01:04,18	02:16,01	00:31,84	01:07,72	02:43,16	00:26,89	00:58,67	02:13,22	02:12,97	04:49,69
974	00:24,68	00:53,20	01:57,23	04:02,23	08:23,92	16:45,73	00:29,89	01:04,18	02:16,02	00:31,84	01:07,73	02:43,18	00:26,89	00:58,67	02:13,23	02:12,98	04:49,71
973	00:24,69	00:53,20	01:57,24	04:02,25	08:23,97	16:45,83	00:29,90	01:04,19	02:16,03	00:31,85	01:07,74	02:43,20	00:26,90	00:58,68	02:13,25	02:12,99	04:49,74
972	00:24,69	00:53,21	01:57,25	04:02,28	08:24,02	16:45,93	00:29,90	01:04,20	02:16,05	00:31,85	01:07,74	02:43,21	00:26,90	00:58,69	02:13,26	02:13,01	04:49,77
971	00:24,70	00:53,22	01:57,27	04:02,30	08:24,08	16:46,04	00:29,91	01:04,21	02:16,06	00:31,86	01:07,75	02:43,23	00:26,91	00:58,70	02:13,27	02:13,02	04:49,80
970	00:24,70	00:53,22	01:57,28	04:02,33	08:24,13	16:46,14	00:29,91	01:04,22	02:16,08	00:31,86	01:07,76	02:43,25	00:26,91	00:58,71	02:13,29	02:13,04	04:49,83
969	00:24,70	00:53,23	01:57,29	04:02,35	08:24,18	16:46,24	00:29,92	01:04,23	02:16,09	00:31,87	01:07,77	02:43,27	00:26,91	00:58,71	02:13,30	02:13,05	04:49,86
968	00:24,71	00:53,24	01:57,30	04:02,38	08:24,23	16:46,35	00:29,92	01:04,24	02:16,10	00:31,87	01:07,78	02:43,28	00:26,92	00:58,72	02:13,31	02:13,06	04:49,89
967	00:24,71	00:53,25	01:57,31	04:02,40	08:24,29	16:46,45	00:29,93	01:04,25	02:16,12	00:31,88	01:07,79	02:43,30	00:26,92	00:58,73	02:13,33	02:13,08	04:49,92
966	00:24,72	00:53,25	01:57,33	04:02,43	08:24,34	16:46,56	00:29,93	01:04,25	02:16,13	00:31,88	01:07,80	02:43,32	00:26,93	00:58,74	02:13,34	02:13,09	04:49,95
965	00:24,72	00:53,26	01:57,34	04:02,46	08:24,39	16:46,66	00:29,94	01:04,26	02:16,15	00:31,89	01:07,81	02:43,33	00:26,93	00:58,75	02:13,36	02:13,10	04:49,98
964	00:24,72	00:53,27	01:57,35	04:02,48	08:24,44	16:46,77	00:29,94	01:04,27	02:16,16	00:31,90	01:07,82	02:43,35	00:26,94	00:58,76	02:13,37	02:13,12	04:50,02
963	00:24,73	00:53,28	01:57,36	04:02,51	08:24,49	16:46,87	00:29,95	01:04,28	02:16,17	00:31,90	01:07,83	02:43,37	00:26,94	00:58,76	02:13,38	02:13,13	04:50,05
962	00:24,73	00:53,28	01:57,38	04:02,53	08:24,55	16:46,98	00:29,95	01:04,29	02:16,19	00:31,91	01:07,84	02:43,38	00:26,95	00:58,77	02:13,40	02:13,15	04:50,08
961	00:24,74	00:53,29	01:57,39	04:02,56	08:24,60	16:47,08	00:29,96	01:04,30	02:16,20	00:31,91	01:07,85	02:43,40	00:26,95	00:58,78	02:13,41	02:13,16	04:50,11
960	00:24,74	00:53,30	01:57,40	04:02,58	08:24,65	16:47,19	00:29,96	01:04,31	02:16,22	00:31,92	01:07,86	02:43,42	00:26,95	00:58,79	02:13,43	02:13,17	04:50,14
959	00:24,74	00:53,31	01:57,41	04:02,61	08:24,71	16:47,29	00:29,97	01:04,32	02:16,23	00:31,92	01:07,87	02:43,44	00:26,96	00:58,80	02:13,44	02:13,19	04:50,17
958	00:24,75	00:53,31	01:57,42	04:02,63	08:24,76	16:47,40	00:29,97	01:04,33	02:16,25	00:31,93	01:07,88	02:43,45	00:26,96	00:58,80	02:13,45	02:13,20	04:50,20
957	00:24,75	00:53,32	01:57,44	04:02,66	08:24,81	16:47,50	00:29,98	01:04,33	02:16,26	00:31,93	01:07,88	02:43,47	00:26,97	00:58,81	02:13,47	02:13,22	04:50,23
956	00:24,76	00:53,33	01:57,45	04:02,68	08:24,86	16:47,61	00:29,98	01:04,34	02:16,27	00:31,94	01:07,89	02:43,49	00:26,97	00:58,82	02:13,48	02:13,23	04:50,26
955	00:24,76	00:53,33	01:57,46	04:02,71	08:24,92	16:47,72	00:29,99	01:04,35	02:16,29	00:31,94	01:07,90	02:43,50	00:26,98	00:58,83	02:13,50	02:13,24	04:50,29
954	00:24,76	00:53,34	01:57,47	04:02,73	08:24,97	16:47,82	00:29,99	01:04,36	02:16,30	00:31,95	01:07,91	02:43,52	00:26,98	00:58,84	02:13,51	02:13,26	04:50,32
953	00:24,77	00:53,35	01:57,49	04:02,76	08:25,02	16:47,93	00:30,00	01:04,37	02:16,32	00:31,95	01:07,92	02:43,54	00:26,99	00:58,84	02:13,52	02:13,27	04:50,35
952	00:24,77	00:53,36	01:57,50	04:02,79	08:25,08	16:48,03	00:30,00	01:04,38	02:16,33	00:31,96	01:07,93	02:43,56	00:26,99	00:58,85	02:13,54	02:13,29	04:50,38
951	00:24,78	00:53,36	01:57,51	04:02,81	08:25,13	16:48,14	00:30,01	01:04,39	02:16,35	00:31,96	01:07,94	02:43,57	00:26,99	00:58,86	02:13,55	02:13,30	04:50,41
950	00:24,78	00:53,37	01:57,52	04:02,84	08:25,18	16:48,25	00:30,01	01:04,40	02:16,36	00:31,97	01:07,95	02:43,59	00:27,00	00:58,87	02:13,57	02:13,31	04:50,44
949	00:24,79	00:53,38	01:57,54	04:02,86	08:25,24	16:48,35	00:30,02	01:04,41	02:16,37	00:31,98	01:07,96	02:43,61	00:27,00	00:58,88	02:13,58	02:13,33	04:50,47
948	00:24,79	00:53,39	01:57,55	04:02,89	08:25,29	16:48,46	00:30,02	01:04,41	02:16,39	00:31,98	01:07,97	02:43,62	00:27,01	00:58,89	02:13,59	02:13,34	04:50,50
947	00:24,79	00:53,39	01:57,56	04:02,91	08:25,34	16:48,57	00:30,03	01:04,42	02:16,40	00:31,99	01:07,98	02:43,64	00:27,01	00:58,89	02:13,61	02:13,36	04:50,53
946	00:24,80	00:53,40	01:57,57	04:02,94	08:25,40	16:48,67	00:30,03	01:04,43	02:16,42	00:31,99	01:07,99	02:43,66	00:27,02	00:58,90	02:13,62	02:13,37	04:50,56
945	00:24,80	00:53,41	01:57,59	04:02,97	08:25,45	16:48,78	00:30,04	01:04,44	02:16,43	00:32,00	01:08,00	02:43,68	00:27,02	00:58,91	02:13,64	02:13,39	04:50,59
944	00:24,81	00:53,42	01:57,60	04:02,99	08:25,50	16:48,89	00:30,04	01:04,45	02:16,45	00:32,00	01:08,01	02:43,69	00:27,03	00:58,92	02:13,65	02:13,40	04:50,63
943	00:24,81	00:53,42	01:57,61	04:03,02	08:25,56	16:48,99	00:30,05	01:04,46	02:16,46	00:32,01	01:08,02	02:43,71	00:27,03	00:58,93	02:13,66	02:13,41	04:50,66
942	00:24,81	00:53,43	01:57,62	04:03,04	08:25,61	16:49,10	00:30,05	01:04,47	02:16,48	00:32,01	01:08,03	02:43,73	00:27,04	00:58,94	02:13,68	02:13,43	04:50,69
941	00:24,82	00:53,44	01:57,64	04:03,07	08:25,67	16:49,21	00:30,06	01:04,48	02:16,49	00:32,02	01:08,04	02:43,75	00:27,04	00:58,94	02:13,69	02:13,44	04:50,72
940	00:24,82	00:53,45	01:57,65	04:03,09	08:25,72	16:49,32	00:30,06	01:04,49	02:16,50	00:32,02	01:08,05	02:43,76	00:27,04	00:58,95	02:13,71	02:13,46	04:50,75
939	00:24,83	00:53,45	01:57,66	04:03,12	08:25,77	16:49,43	00:30,07	01:04,50	02:16,52	00:32,03	01:08,06	02:43,78	00:27,05	00:58,96	02:13,72	02:13,47	04:50,78
938	00:24,83	00:53,46	01:57,67	04:03,15	08:25,83	16:49,53	00:30,07	01:04,51	02:16,53	00:32,03	01:08,07	02:43,80	00:27,05	00:58,97	02:13,74	02:13,48	04:50,81
937	00:24,84	00:53,47	01:57,69	04:03,17	08:25,88	16:49,64	00:30,08	01:04,51	02:16,55	00:32,04	01:08,08	02:43,82	00:27,06	00:58,98	02:13,75	02:13,50	04:50,84

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
936	00:24,84	00:53,48	01:57,70	04:03,20	08:25,94	16:49,75	00:30,08	01:04,52	02:16,56	00:32,05	01:08,08	02:43,83	00:27,06	00:58,99	02:13,76	02:13,51	04:50,87
935	00:24,84	00:53,48	01:57,71	04:03,22	08:25,99	16:49,86	00:30,09	01:04,53	02:16,58	00:32,05	01:08,09	02:43,85	00:27,07	00:58,99	02:13,78	02:13,53	04:50,91
934	00:24,85	00:53,49	01:57,72	04:03,25	08:26,05	16:49,97	00:30,10	01:04,54	02:16,59	00:32,06	01:08,10	02:43,87	00:27,07	00:59,00	02:13,79	02:13,54	04:50,94
933	00:24,85	00:53,50	01:57,74	04:03,28	08:26,10	16:50,07	00:30,10	01:04,55	02:16,61	00:32,06	01:08,11	02:43,89	00:27,08	00:59,01	02:13,81	02:13,56	04:50,97
932	00:24,86	00:53,51	01:57,75	04:03,30	08:26,15	16:50,18	00:30,11	01:04,56	02:16,62	00:32,07	01:08,12	02:43,90	00:27,08	00:59,02	02:13,82	02:13,57	04:51,00
931	00:24,86	00:53,52	01:57,76	04:03,33	08:26,21	16:50,29	00:30,11	01:04,57	02:16,64	00:32,07	01:08,13	02:43,92	00:27,09	00:59,03	02:13,84	02:13,58	04:51,03
930	00:24,87	00:53,52	01:57,77	04:03,36	08:26,26	16:50,40	00:30,12	01:04,58	02:16,65	00:32,08	01:08,14	02:43,94	00:27,09	00:59,04	02:13,85	02:13,60	04:51,06
929	00:24,87	00:53,53	01:57,79	04:03,38	08:26,32	16:50,51	00:30,12	01:04,59	02:16,67	00:32,08	01:08,15	02:43,96	00:27,10	00:59,04	02:13,87	02:13,61	04:51,09
928	00:24,87	00:53,54	01:57,80	04:03,41	08:26,37	16:50,62	00:30,13	01:04,60	02:16,68	00:32,09	01:08,16	02:43,97	00:27,10	00:59,05	02:13,88	02:13,63	04:51,12
927	00:24,88	00:53,55	01:57,81	04:03,43	08:26,43	16:50,73	00:30,13	01:04,61	02:16,70	00:32,09	01:08,17	02:43,99	00:27,10	00:59,06	02:13,89	02:13,64	04:51,16
926	00:24,88	00:53,55	01:57,83	04:03,46	08:26,48	16:50,84	00:30,14	01:04,62	02:16,71	00:32,10	01:08,18	02:44,01	00:27,11	00:59,07	02:13,91	02:13,66	04:51,19
925	00:24,89	00:53,56	01:57,84	04:03,49	08:26,54	16:50,95	00:30,14	01:04,62	02:16,73	00:32,11	01:08,19	02:44,03	00:27,11	00:59,08	02:13,92	02:13,67	04:51,22
924	00:24,89	00:53,57	01:57,85	04:03,51	08:26,59	16:51,06	00:30,15	01:04,63	02:16,74	00:32,11	01:08,20	02:44,05	00:27,12	00:59,09	02:13,94	02:13,69	04:51,25
923	00:24,90	00:53,58	01:57,86	04:03,54	08:26,65	16:51,17	00:30,15	01:04,64	02:16,76	00:32,12	01:08,21	02:44,06	00:27,12	00:59,09	02:13,95	02:13,70	04:51,28
922	00:24,90	00:53,58	01:57,88	04:03,57	08:26,70	16:51,28	00:30,16	01:04,65	02:16,77	00:32,12	01:08,22	02:44,08	00:27,13	00:59,10	02:13,97	02:13,72	04:51,31
921	00:24,90	00:53,59	01:57,89	04:03,59	08:26,76	16:51,39	00:30,16	01:04,66	02:16,78	00:32,13	01:08,23	02:44,10	00:27,13	00:59,11	02:13,98	02:13,73	04:51,35
920	00:24,91	00:53,60	01:57,90	04:03,62	08:26,81	16:51,50	00:30,17	01:04,67	02:16,80	00:32,13	01:08,24	02:44,12	00:27,14	00:59,12	02:14,00	02:13,74	04:51,38
919	00:24,91	00:53,61	01:57,92	04:03,65	08:26,87	16:51,61	00:30,17	01:04,68	02:16,81	00:32,14	01:08,25	02:44,14	00:27,14	00:59,13	02:14,01	02:13,76	04:51,41
918	00:24,92	00:53,62	01:57,93	04:03,67	08:26,92	16:51,72	00:30,18	01:04,69	02:16,83	00:32,14	01:08,26	02:44,15	00:27,15	00:59,14	02:14,03	02:13,77	04:51,44
917	00:24,92	00:53,62	01:57,94	04:03,70	08:26,98	16:51,83	00:30,18	01:04,70	02:16,84	00:32,15	01:08,27	02:44,17	00:27,15	00:59,15	02:14,04	02:13,79	04:51,47
916	00:24,93	00:53,63	01:57,95	04:03,73	08:27,03	16:51,94	00:30,19	01:04,71	02:16,86	00:32,16	01:08,28	02:44,19	00:27,16	00:59,15	02:14,06	02:13,80	04:51,51
915	00:24,93	00:53,64	01:57,97	04:03,75	08:27,09	16:52,05	00:30,19	01:04,72	02:16,87	00:32,16	01:08,29	02:44,21	00:27,16	00:59,16	02:14,07	02:13,82	04:51,54
914	00:24,93	00:53,65	01:57,98	04:03,78	08:27,15	16:52,16	00:30,20	01:04,73	02:16,89	00:32,17	01:08,30	02:44,23	00:27,17	00:59,17	02:14,08	02:13,83	04:51,57
913	00:24,94	00:53,65	01:57,99	04:03,81	08:27,20	16:52,27	00:30,20	01:04,74	02:16,90	00:32,17	01:08,31	02:44,24	00:27,17	00:59,18	02:14,10	02:13,85	04:51,60
912	00:24,94	00:53,66	01:58,01	04:03,83	08:27,26	16:52,38	00:30,21	01:04,75	02:16,92	00:32,18	01:08,32	02:44,26	00:27,18	00:59,19	02:14,11	02:13,86	04:51,63
911	00:24,95	00:53,67	01:58,02	04:03,86	08:27,31	16:52,50	00:30,21	01:04,76	02:16,93	00:32,18	01:08,33	02:44,28	00:27,18	00:59,20	02:14,13	02:13,88	04:51,67
910	00:24,95	00:53,68	01:58,03	04:03,89	08:27,37	16:52,61	00:30,22	01:04,77	02:16,95	00:32,19	01:08,34	02:44,30	00:27,18	00:59,21	02:14,14	02:13,89	04:51,70
909	00:24,96	00:53,69	01:58,04	04:03,91	08:27,42	16:52,72	00:30,23	01:04,77	02:16,97	00:32,19	01:08,35	02:44,32	00:27,19	00:59,21	02:14,16	02:13,91	04:51,73
908	00:24,96	00:53,69	01:58,06	04:03,94	08:27,48	16:52,83	00:30,23	01:04,78	02:16,98	00:32,20	01:08,36	02:44,33	00:27,19	00:59,22	02:14,17	02:13,92	04:51,76
907	00:24,96	00:53,70	01:58,07	04:03,97	08:27,54	16:52,94	00:30,24	01:04,79	02:17,00	00:32,21	01:08,37	02:44,35	00:27,20	00:59,23	02:14,19	02:13,94	04:51,79
906	00:24,97	00:53,71	01:58,08	04:03,99	08:27,59	16:53,06	00:30,24	01:04,80	02:17,01	00:32,21	01:08,38	02:44,37	00:27,20	00:59,24	02:14,20	02:13,95	04:51,83
905	00:24,97	00:53,72	01:58,10	04:04,02	08:27,65	16:53,17	00:30,25	01:04,81	02:17,03	00:32,22	01:08,39	02:44,39	00:27,21	00:59,25	02:14,22	02:13,97	04:51,86
904	00:24,98	00:53,72	01:58,11	04:04,05	08:27,71	16:53,28	00:30,25	01:04,82	02:17,04	00:32,22	01:08,40	02:44,41	00:27,21	00:59,26	02:14,23	02:13,98	04:51,89
903	00:24,98	00:53,73	01:58,12	04:04,08	08:27,76	16:53,39	00:30,26	01:04,83	02:17,06	00:32,23	01:08,41	02:44,42	00:27,22	00:59,27	02:14,25	02:13,99	04:51,92
902	00:24,99	00:53,74	01:58,14	04:04,10	08:27,82	16:53,51	00:30,26	01:04,84	02:17,07	00:32,23	01:08,42	02:44,44	00:27,22	00:59,28	02:14,26	02:14,01	04:51,96
901	00:24,99	00:53,75	01:58,15	04:04,13	08:27,88	16:53,62	00:30,27	01:04,85	02:17,09	00:32,24	01:08,43	02:44,46	00:27,23	00:59,28	02:14,28	02:14,02	04:51,99
900	00:25,00	00:53,76	01:58,16	04:04,16	08:27,93	16:53,73	00:30,27	01:04,86	02:17,10	00:32,25	01:08,44	02:44,48	00:27,23	00:59,29	02:14,29	02:14,04	04:52,02
899	00:25,00	00:53,76	01:58,18	04:04,18	08:27,99	16:53,84	00:30,28	01:04,87	02:17,12	00:32,25	01:08,45	02:44,50	00:27,24	00:59,30	02:14,31	02:14,05	04:52,05
898	00:25,00	00:53,77	01:58,19	04:04,21	08:28,05	16:53,96	00:30,28	01:04,88	02:17,13	00:32,26	01:08,46	02:44,52	00:27,24	00:59,31	02:14,32	02:14,07	04:52,09
897	00:25,01	00:53,78	01:58,20	04:04,24	08:28,10	16:54,07	00:30,29	01:04,89	02:17,15	00:32,26	01:08,47	02:44,53	00:27,25	00:59,32	02:14,34	02:14,08	04:52,12
896	00:25,01	00:53,79	01:58,22	04:04,27	08:28,16	16:54,18	00:30,29	01:04,90	02:17,16	00:32,27	01:08,48	02:44,55	00:27,25	00:59,33	02:14,35	02:14,10	04:52,15
895	00:25,02	00:53,80	01:58,23	04:04,29	08:28,22	16:54,30	00:30,30	01:04,91	02:17,18	00:32,27	01:08,49	02:44,57	00:27,26	00:59,34	02:14,37	02:14,11	04:52,18
894	00:25,02	00:53,80	01:58,24	04:04,32	08:28,27	16:54,41	00:30,31	01:04,92	02:17,19	00:32,28	01:08,50	02:44,59	00:27,26	00:59,35	02:14,38	02:14,13	04:52,22
893	00:25,03	00:53,81	01:58,26	04:04,35	08:28,33	16:54,53	00:30,31	01:04,93	02:17,21	00:32,29	01:08,51	02:44,61	00:27,27	00:59,35	02:14,40	02:14,14	04:52,25
892	00:25,03	00:53,82	01:58,27	04:04,38	08:28,39	16:54,64	00:30,32	01:04,94	02:17,22	00:32,29	01:08,52	02:44,63	00:27,27	00:59,36	02:14,41	02:14,16	04:52,28
891	00:25,04	00:53,83	01:58,28	04:04,40	08:28,44	16:54,75	00:30,32	01:04,95	02:17,24	00:32,30	01:08,53	02:44,65	00:27,28	00:59,37	02:14,43	02:14,17	04:52,32
890	00:25,04	00:53,84	01:58,30	04:04,43	08:28,50	16:54,87	00:30,33	01:04,96	02:17,26	00:32,30	01:08,54	02:44,66	00:27,28	00:59,38	02:14,44	02:14,19	04:52,35

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
889	00:25,04	00:53,84	01:58,31	04:04,46	08:28,56	16:54,98	00:30,33	01:04,97	02:17,27	00:32,31	01:08,55	02:44,68	00:27,29	00:59,39	02:14,46	02:14,21	04:52,38
888	00:25,05	00:53,85	01:58,32	04:04,49	08:28,62	16:55,10	00:30,34	01:04,98	02:17,29	00:32,31	01:08,56	02:44,70	00:27,29	00:59,40	02:14,47	02:14,22	04:52,41
887	00:25,05	00:53,86	01:58,34	04:04,51	08:28,67	16:55,21	00:30,34	01:04,99	02:17,30	00:32,32	01:08,57	02:44,72	00:27,30	00:59,41	02:14,49	02:14,24	04:52,45
886	00:25,06	00:53,87	01:58,35	04:04,54	08:28,73	16:55,33	00:30,35	01:05,00	02:17,32	00:32,33	01:08,58	02:44,74	00:27,30	00:59,42	02:14,50	02:14,25	04:52,48
885	00:25,06	00:53,88	01:58,36	04:04,57	08:28,79	16:55,44	00:30,35	01:05,00	02:17,33	00:32,33	01:08,59	02:44,76	00:27,31	00:59,43	02:14,52	02:14,27	04:52,51
884	00:25,07	00:53,88	01:58,38	04:04,60	08:28,85	16:55,56	00:30,36	01:05,01	02:17,35	00:32,34	01:08,60	02:44,78	00:27,31	00:59,43	02:14,53	02:14,28	04:52,55
883	00:25,07	00:53,89	01:58,39	04:04,63	08:28,90	16:55,67	00:30,36	01:05,02	02:17,36	00:32,34	01:08,61	02:44,79	00:27,32	00:59,44	02:14,55	02:14,30	04:52,58
882	00:25,08	00:53,90	01:58,40	04:04,65	08:28,96	16:55,79	00:30,37	01:05,03	02:17,38	00:32,35	01:08,62	02:44,81	00:27,32	00:59,45	02:14,56	02:14,31	04:52,61
881	00:25,08	00:53,91	01:58,42	04:04,68	08:29,02	16:55,90	00:30,38	01:05,04	02:17,40	00:32,36	01:08,63	02:44,83	00:27,33	00:59,46	02:14,58	02:14,33	04:52,65
880	00:25,08	00:53,92	01:58,43	04:04,71	08:29,08	16:56,02	00:30,38	01:05,05	02:17,41	00:32,36	01:08,64	02:44,85	00:27,33	00:59,47	02:14,60	02:14,34	04:52,68
879	00:25,09	00:53,92	01:58,44	04:04,74	08:29,14	16:56,14	00:30,39	01:05,06	02:17,43	00:32,37	01:08,65	02:44,87	00:27,33	00:59,48	02:14,61	02:14,36	04:52,71
878	00:25,09	00:53,93	01:58,46	04:04,76	08:29,19	16:56,25	00:30,39	01:05,07	02:17,44	00:32,37	01:08,66	02:44,89	00:27,34	00:59,49	02:14,63	02:14,37	04:52,75
877	00:25,10	00:53,94	01:58,47	04:04,79	08:29,25	16:56,37	00:30,40	01:05,08	02:17,46	00:32,38	01:08,68	02:44,91	00:27,34	00:59,50	02:14,64	02:14,39	04:52,78
876	00:25,10	00:53,95	01:58,48	04:04,82	08:29,31	16:56,48	00:30,40	01:05,09	02:17,47	00:32,38	01:08,69	02:44,93	00:27,35	00:59,51	02:14,66	02:14,40	04:52,81
875	00:25,11	00:53,96	01:58,50	04:04,85	08:29,37	16:56,60	00:30,41	01:05,10	02:17,49	00:32,39	01:08,70	02:44,95	00:27,35	00:59,51	02:14,67	02:14,42	04:52,85
874	00:25,11	00:53,97	01:58,51	04:04,88	08:29,43	16:56,72	00:30,41	01:05,11	02:17,51	00:32,40	01:08,71	02:44,96	00:27,36	00:59,52	02:14,69	02:14,43	04:52,88
873	00:25,12	00:53,97	01:58,52	04:04,91	08:29,49	16:56,83	00:30,42	01:05,12	02:17,52	00:32,40	01:08,72	02:44,98	00:27,36	00:59,53	02:14,70	02:14,45	04:52,91
872	00:25,12	00:53,98	01:58,54	04:04,93	08:29,55	16:56,95	00:30,43	01:05,13	02:17,54	00:32,41	01:08,73	02:45,00	00:27,37	00:59,54	02:14,72	02:14,47	04:52,95
871	00:25,13	00:53,99	01:58,55	04:04,96	08:29,60	16:57,07	00:30,43	01:05,14	02:17,55	00:32,41	01:08,74	02:45,02	00:27,37	00:59,55	02:14,73	02:14,48	04:52,98
870	00:25,13	00:54,00	01:58,57	04:04,99	08:29,66	16:57,19	00:30,44	01:05,15	02:17,57	00:32,42	01:08,75	02:45,04	00:27,38	00:59,56	02:14,75	02:14,50	04:53,02
869	00:25,14	00:54,01	01:58,58	04:05,02	08:29,72	16:57,30	00:30,44	01:05,16	02:17,58	00:32,43	01:08,76	02:45,06	00:27,38	00:59,57	02:14,77	02:14,51	04:53,05
868	00:25,14	00:54,01	01:58,59	04:05,05	08:29,78	16:57,42	00:30,45	01:05,17	02:17,60	00:32,43	01:08,77	02:45,08	00:27,39	00:59,58	02:14,78	02:14,53	04:53,08
867	00:25,14	00:54,02	01:58,61	04:05,07	08:29,84	16:57,54	00:30,45	01:05,18	02:17,62	00:32,44	01:08,78	02:45,10	00:27,39	00:59,59	02:14,80	02:14,54	04:53,12
866	00:25,15	00:54,03	01:58,62	04:05,10	08:29,90	16:57,66	00:30,46	01:05,19	02:17,63	00:32,44	01:08,79	02:45,12	00:27,40	00:59,60	02:14,81	02:14,56	04:53,15
865	00:25,15	00:54,04	01:58,63	04:05,13	08:29,96	16:57,77	00:30,46	01:05,20	02:17,65	00:32,45	01:08,80	02:45,14	00:27,40	00:59,61	02:14,83	02:14,57	04:53,19
864	00:25,16	00:54,05	01:58,65	04:05,16	08:30,02	16:57,89	00:30,47	01:05,21	02:17,66	00:32,46	01:08,81	02:45,15	00:27,41	00:59,61	02:14,84	02:14,59	04:53,22
863	00:25,16	00:54,06	01:58,66	04:05,19	08:30,08	16:58,01	00:30,48	01:05,22	02:17,68	00:32,46	01:08,82	02:45,17	00:27,41	00:59,62	02:14,86	02:14,61	04:53,25
862	00:25,17	00:54,06	01:58,68	04:05,22	08:30,14	16:58,13	00:30,48	01:05,23	02:17,70	00:32,47	01:08,83	02:45,19	00:27,42	00:59,63	02:14,87	02:14,62	04:53,29
861	00:25,17	00:54,07	01:58,69	04:05,25	08:30,19	16:58,25	00:30,49	01:05,24	02:17,71	00:32,47	01:08,84	02:45,21	00:27,43	00:59,64	02:14,89	02:14,64	04:53,32
860	00:25,18	00:54,08	01:58,70	04:05,27	08:30,25	16:58,37	00:30,49	01:05,25	02:17,73	00:32,48	01:08,85	02:45,23	00:27,43	00:59,65	02:14,91	02:14,65	04:53,36
859	00:25,18	00:54,09	01:58,72	04:05,30	08:30,31	16:58,48	00:30,50	01:05,26	02:17,74	00:32,49	01:08,86	02:45,25	00:27,44	00:59,66	02:14,92	02:14,67	04:53,39
858	00:25,19	00:54,10	01:58,73	04:05,33	08:30,37	16:58,60	00:30,50	01:05,27	02:17,76	00:32,49	01:08,88	02:45,27	00:27,44	00:59,67	02:14,94	02:14,68	04:53,42
857	00:25,19	00:54,11	01:58,74	04:05,36	08:30,43	16:58,72	00:30,51	01:05,28	02:17,78	00:32,50	01:08,89	02:45,29	00:27,45	00:59,68	02:14,95	02:14,70	04:53,46
856	00:25,20	00:54,11	01:58,76	04:05,39	08:30,49	16:58,84	00:30,52	01:05,29	02:17,79	00:32,50	01:08,90	02:45,31	00:27,45	00:59,69	02:14,97	02:14,72	04:53,49
855	00:25,20	00:54,12	01:58,77	04:05,42	08:30,55	16:58,96	00:30,52	01:05,30	02:17,81	00:32,51	01:08,91	02:45,33	00:27,46	00:59,70	02:14,99	02:14,73	04:53,53
854	00:25,20	00:54,13	01:58,79	04:05,45	08:30,61	16:59,08	00:30,53	01:05,31	02:17,83	00:32,52	01:08,92	02:45,35	00:27,46	00:59,71	02:15,00	02:14,75	04:53,56
853	00:25,21	00:54,14	01:58,80	04:05,48	08:30,67	16:59,20	00:30,53	01:05,32	02:17,84	00:32,52	01:08,93	02:45,37	00:27,47	00:59,72	02:15,02	02:14,76	04:53,60
852	00:25,21	00:54,15	01:58,81	04:05,50	08:30,73	16:59,32	00:30,54	01:05,33	02:17,86	00:32,53	01:08,94	02:45,39	00:27,47	00:59,73	02:15,03	02:14,78	04:53,63
851	00:25,22	00:54,16	01:58,83	04:05,53	08:30,79	16:59,44	00:30,54	01:05,34	02:17,87	00:32,53	01:08,95	02:45,41	00:27,48	00:59,73	02:15,05	02:14,79	04:53,67
850	00:25,22	00:54,17	01:58,84	04:05,56	08:30,85	16:59,56	00:30,55	01:05,35	02:17,89	00:32,54	01:08,96	02:45,43	00:27,48	00:59,74	02:15,06	02:14,81	04:53,70
849	00:25,23	00:54,17	01:58,86	04:05,59	08:30,91	16:59,68	00:30,56	01:05,36	02:17,91	00:32,55	01:08,97	02:45,45	00:27,49	00:59,75	02:15,08	02:14,83	04:53,74
848	00:25,23	00:54,18	01:58,87	04:05,62	08:30,97	16:59,80	00:30,56	01:05,37	02:17,92	00:32,55	01:08,98	02:45,46	00:27,49	00:59,76	02:15,10	02:14,84	04:53,77
847	00:25,24	00:54,19	01:58,88	04:05,65	08:31,03	16:59,92	00:30,57	01:05,38	02:17,94	00:32,56	01:08,99	02:45,48	00:27,50	00:59,77	02:15,11	02:14,86	04:53,80
846	00:25,24	00:54,20	01:58,90	04:05,68	08:31,10	17:00,04	00:30,57	01:05,39	02:17,96	00:32,56	01:09,00	02:45,50	00:27,50	00:59,78	02:15,13	02:14,87	04:53,84
845	00:25,25	00:54,21	01:58,91	04:05,71	08:31,16	17:00,17	00:30,58	01:05,40	02:17,97	00:32,57	01:09,01	02:45,52	00:27,51	00:59,79	02:15,14	02:14,89	04:53,87
844	00:25,25	00:54,22	01:58,93	04:05,74	08:31,22	17:00,29	00:30,58	01:05,42	02:17,99	00:32,58	01:09,03	02:45,54	00:27,51	00:59,80	02:15,16	02:14,91	04:53,91
843	00:25,26	00:54,22	01:58,94	04:05,77	08:31,28	17:00,41	00:30,59	01:05,43	02:18,00	00:32,58	01:09,04	02:45,56	00:27,52	00:59,81	02:15,18	02:14,92	04:53,94

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
842	00:25,26	00:54,23	01:58,96	04:05,80	08:31,34	17:00,53	00:30,60	01:05,44	02:18,02	00:32,59	01:09,05	02:45,58	00:27,52	00:59,82	02:15,19	02:14,94	04:53,98
841	00:25,27	00:54,24	01:58,97	04:05,82	08:31,40	17:00,65	00:30,60	01:05,45	02:18,04	00:32,60	01:09,06	02:45,60	00:27,53	00:59,83	02:15,21	02:14,95	04:54,01
840	00:25,27	00:54,25	01:58,98	04:05,85	08:31,46	17:00,77	00:30,61	01:05,46	02:18,05	00:32,60	01:09,07	02:45,62	00:27,53	00:59,84	02:15,23	02:14,97	04:54,05
839	00:25,28	00:54,26	01:59,00	04:05,88	08:31,52	17:00,90	00:30,61	01:05,47	02:18,07	00:32,61	01:09,08	02:45,64	00:27,54	00:59,85	02:15,24	02:14,99	04:54,08
838	00:25,28	00:54,27	01:59,01	04:05,91	08:31,58	17:01,02	00:30,62	01:05,48	02:18,09	00:32,61	01:09,09	02:45,66	00:27,54	00:59,86	02:15,26	02:15,00	04:54,12
837	00:25,29	00:54,28	01:59,03	04:05,94	08:31,64	17:01,14	00:30,62	01:05,49	02:18,10	00:32,62	01:09,10	02:45,68	00:27,55	00:59,87	02:15,27	02:15,02	04:54,16
836	00:25,29	00:54,28	01:59,04	04:05,97	08:31,71	17:01,26	00:30,63	01:05,50	02:18,12	00:32,63	01:09,11	02:45,70	00:27,55	00:59,88	02:15,29	02:15,04	04:54,19
835	00:25,30	00:54,29	01:59,05	04:06,00	08:31,77	17:01,39	00:30,64	01:05,51	02:18,14	00:32,63	01:09,12	02:45,72	00:27,56	00:59,89	02:15,31	02:15,05	04:54,23
834	00:25,30	00:54,30	01:59,07	04:06,03	08:31,83	17:01,51	00:30,64	01:05,52	02:18,15	00:32,64	01:09,13	02:45,74	00:27,56	00:59,89	02:15,32	02:15,07	04:54,26
833	00:25,30	00:54,31	01:59,08	04:06,06	08:31,89	17:01,63	00:30,65	01:05,53	02:18,17	00:32,65	01:09,15	02:45,76	00:27,57	00:59,90	02:15,34	02:15,08	04:54,30
832	00:25,31	00:54,32	01:59,10	04:06,09	08:31,95	17:01,75	00:30,65	01:05,54	02:18,19	00:32,65	01:09,16	02:45,78	00:27,57	00:59,91	02:15,36	02:15,10	04:54,33
831	00:25,31	00:54,33	01:59,11	04:06,12	08:32,01	17:01,88	00:30,66	01:05,55	02:18,20	00:32,66	01:09,17	02:45,80	00:27,58	00:59,92	02:15,37	02:15,12	04:54,37
830	00:25,32	00:54,34	01:59,13	04:06,15	08:32,08	17:02,00	00:30,67	01:05,56	02:18,22	00:32,66	01:09,18	02:45,82	00:27,59	00:59,93	02:15,39	02:15,13	04:54,40
829	00:25,32	00:54,35	01:59,14	04:06,18	08:32,14	17:02,12	00:30,67	01:05,57	02:18,24	00:32,67	01:09,19	02:45,84	00:27,59	00:59,94	02:15,40	02:15,15	04:54,44
828	00:25,33	00:54,35	01:59,16	04:06,21	08:32,20	17:02,25	00:30,68	01:05,58	02:18,25	00:32,68	01:09,20	02:45,86	00:27,60	00:59,95	02:15,42	02:15,17	04:54,47
827	00:25,33	00:54,36	01:59,17	04:06,24	08:32,26	17:02,37	00:30,68	01:05,59	02:18,27	00:32,68	01:09,21	02:45,88	00:27,60	00:59,96	02:15,44	02:15,18	04:54,51
826	00:25,34	00:54,37	01:59,18	04:06,27	08:32,32	17:02,50	00:30,69	01:05,60	02:18,29	00:32,69	01:09,22	02:45,90	00:27,61	00:59,97	02:15,45	02:15,20	04:54,55
825	00:25,34	00:54,38	01:59,20	04:06,30	08:32,39	17:02,62	00:30,69	01:05,61	02:18,30	00:32,70	01:09,23	02:45,92	00:27,61	00:59,98	02:15,47	02:15,22	04:54,58
824	00:25,35	00:54,39	01:59,21	04:06,33	08:32,45	17:02,75	00:30,70	01:05,62	02:18,32	00:32,70	01:09,25	02:45,94	00:27,62	00:59,99	02:15,49	02:15,23	04:54,62
823	00:25,35	00:54,40	01:59,23	04:06,36	08:32,51	17:02,87	00:30,71	01:05,63	02:18,34	00:32,71	01:09,26	02:45,96	00:27,62	01:00,00	02:15,50	02:15,25	04:54,65
822	00:25,36	00:54,41	01:59,24	04:06,39	08:32,57	17:02,99	00:30,71	01:05,64	02:18,35	00:32,71	01:09,27	02:45,98	00:27,63	01:00,01	02:15,52	02:15,26	04:54,69
821	00:25,36	00:54,42	01:59,26	04:06,42	08:32,64	17:03,12	00:30,72	01:05,66	02:18,37	00:32,72	01:09,28	02:46,00	00:27,63	01:00,02	02:15,54	02:15,28	04:54,73
820	00:25,37	00:54,42	01:59,27	04:06,45	08:32,70	17:03,24	00:30,72	01:05,67	02:18,39	00:32,73	01:09,29	02:46,02	00:27,64	01:00,03	02:15,55	02:15,30	04:54,76
819	00:25,37	00:54,43	01:59,29	04:06,48	08:32,76	17:03,37	00:30,73	01:05,68	02:18,41	00:32,73	01:09,30	02:46,04	00:27,64	01:00,04	02:15,57	02:15,31	04:54,80
818	00:25,38	00:54,44	01:59,30	04:06,51	08:32,82	17:03,50	00:30,74	01:05,69	02:18,42	00:32,74	01:09,31	02:46,06	00:27,65	01:00,05	02:15,59	02:15,33	04:54,83
817	00:25,38	00:54,45	01:59,32	04:06,54	08:32,89	17:03,62	00:30,74	01:05,70	02:18,44	00:32,75	01:09,32	02:46,08	00:27,65	01:00,06	02:15,60	02:15,35	04:54,87
816	00:25,39	00:54,46	01:59,33	04:06,57	08:32,95	17:03,75	00:30,75	01:05,71	02:18,46	00:32,75	01:09,34	02:46,10	00:27,66	01:00,07	02:15,62	02:15,36	04:54,91
815	00:25,39	00:54,47	01:59,34	04:06,60	08:33,01	17:03,87	00:30,75	01:05,72	02:18,47	00:32,76	01:09,35	02:46,13	00:27,67	01:00,08	02:15,64	02:15,38	04:54,94
814	00:25,40	00:54,48	01:59,36	04:06,63	08:33,08	17:04,00	00:30,76	01:05,73	02:18,49	00:32,77	01:09,36	02:46,15	00:27,67	01:00,09	02:15,65	02:15,40	04:54,98
813	00:25,40	00:54,49	01:59,37	04:06,66	08:33,14	17:04,13	00:30,77	01:05,74	02:18,51	00:32,77	01:09,37	02:46,17	00:27,68	01:00,10	02:15,67	02:15,41	04:55,02
812	00:25,41	00:54,49	01:59,39	04:06,69	08:33,20	17:04,25	00:30,77	01:05,75	02:18,52	00:32,78	01:09,38	02:46,19	00:27,68	01:00,11	02:15,69	02:15,43	04:55,05
811	00:25,41	00:54,50	01:59,40	04:06,72	08:33,27	17:04,38	00:30,78	01:05,76	02:18,54	00:32,78	01:09,39	02:46,21	00:27,69	01:00,12	02:15,70	02:15,45	04:55,09
810	00:25,42	00:54,51	01:59,42	04:06,75	08:33,33	17:04,51	00:30,78	01:05,77	02:18,56	00:32,79	01:09,40	02:46,23	00:27,69	01:00,13	02:15,72	02:15,46	04:55,12
809	00:25,42	00:54,52	01:59,43	04:06,78	08:33,39	17:04,63	00:30,79	01:05,78	02:18,58	00:32,80	01:09,41	02:46,25	00:27,70	01:00,14	02:15,74	02:15,48	04:55,16
808	00:25,43	00:54,53	01:59,45	04:06,81	08:33,46	17:04,76	00:30,80	01:05,79	02:18,59	00:32,80	01:09,43	02:46,27	00:27,70	01:00,15	02:15,75	02:15,50	04:55,20
807	00:25,43	00:54,54	01:59,46	04:06,84	08:33,52	17:04,89	00:30,80	01:05,81	02:18,61	00:32,81	01:09,44	02:46,29	00:27,71	01:00,16	02:15,77	02:15,51	04:55,23
806	00:25,44	00:54,55	01:59,48	04:06,88	08:33,59	17:05,01	00:30,81	01:05,82	02:18,63	00:32,82	01:09,45	02:46,31	00:27,71	01:00,17	02:15,79	02:15,53	04:55,27
805	00:25,44	00:54,56	01:59,49	04:06,91	08:33,65	17:05,14	00:30,81	01:05,83	02:18,65	00:32,82	01:09,46	02:46,33	00:27,72	01:00,18	02:15,80	02:15,55	04:55,31
804	00:25,45	00:54,57	01:59,51	04:06,94	08:33,71	17:05,27	00:30,82	01:05,84	02:18,66	00:32,83	01:09,47	02:46,35	00:27,73	01:00,19	02:15,82	02:15,57	04:55,34
803	00:25,45	00:54,58	01:59,52	04:06,97	08:33,78	17:05,40	00:30,83	01:05,85	02:18,68	00:32,84	01:09,48	02:46,37	00:27,73	01:00,20	02:15,84	02:15,58	04:55,38
802	00:25,46	00:54,58	01:59,54	04:07,00	08:33,84	17:05,53	00:30,83	01:05,86	02:18,70	00:32,84	01:09,49	02:46,39	00:27,74	01:00,21	02:15,85	02:15,60	04:55,42
801	00:25,46	00:54,59	01:59,55	04:07,03	08:33,91	17:05,65	00:30,84	01:05,87	02:18,71	00:32,85	01:09,51	02:46,41	00:27,74	01:00,22	02:15,87	02:15,62	04:55,46
800	00:25,47	00:54,60	01:59,57	04:07,06	08:33,97	17:05,78	00:30,85	01:05,88	02:18,73	00:32,86	01:09,52	02:46,44	00:27,75	01:00,23	02:15,89	02:15,63	04:55,49
799	00:25,47	00:54,61	01:59,58	04:07,09	08:34,03	17:05,91	00:30,85	01:05,89	02:18,75	00:32,86	01:09,53	02:46,46	00:27,75	01:00,24	02:15,91	02:15,65	04:55,53
798	00:25,48	00:54,62	01:59,60	04:07,12	08:34,10	17:06,04	00:30,86	01:05,90	02:18,77	00:32,87	01:09,54	02:46,48	00:27,76	01:00,25	02:15,92	02:15,67	04:55,57
797	00:25,48	00:54,63	01:59,61	04:07,15	08:34,16	17:06,17	00:30,86	01:05,91	02:18,78	00:32,88	01:09,55	02:46,50	00:27,76	01:00,26	02:15,94	02:15,68	04:55,60
796	00:25,49	00:54,64	01:59,63	04:07,18	08:34,23	17:06,30	00:30,87	01:05,93	02:18,80	00:32,88	01:09,56	02:46,52	00:27,77	01:00,27	02:15,96	02:15,70	04:55,64

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
795	00:25,49	00:54,65	01:59,64	04:07,22	08:34,29	17:06,43	00:30,88	01:05,94	02:18,82	00:32,89	01:09,58	02:46,54	00:27,78	01:00,28	02:15,97	02:15,72	04:55,68
794	00:25,50	00:54,66	01:59,66	04:07,25	08:34,36	17:06,56	00:30,88	01:05,95	02:18,84	00:32,89	01:09,59	02:46,56	00:27,78	01:00,29	02:15,99	02:15,74	04:55,72
793	00:25,50	00:54,67	01:59,67	04:07,28	08:34,42	17:06,69	00:30,89	01:05,96	02:18,85	00:32,90	01:09,60	02:46,58	00:27,79	01:00,30	02:16,01	02:15,75	04:55,75
792	00:25,51	00:54,68	01:59,69	04:07,31	08:34,49	17:06,82	00:30,89	01:05,97	02:18,87	00:32,91	01:09,61	02:46,60	00:27,79	01:00,31	02:16,03	02:15,77	04:55,79
791	00:25,51	00:54,68	01:59,70	04:07,34	08:34,55	17:06,95	00:30,90	01:05,98	02:18,89	00:32,91	01:09,62	02:46,62	00:27,80	01:00,32	02:16,04	02:15,79	04:55,83
790	00:25,52	00:54,69	01:59,72	04:07,37	08:34,62	17:07,08	00:30,91	01:05,99	02:18,91	00:32,92	01:09,63	02:46,65	00:27,80	01:00,33	02:16,06	02:15,80	04:55,87
789	00:25,52	00:54,70	01:59,73	04:07,40	08:34,68	17:07,21	00:30,91	01:06,00	02:18,92	00:32,93	01:09,65	02:46,67	00:27,81	01:00,34	02:16,08	02:15,82	04:55,90
788	00:25,53	00:54,71	01:59,75	04:07,44	08:34,75	17:07,34	00:30,92	01:06,01	02:18,94	00:32,93	01:09,66	02:46,69	00:27,81	01:00,35	02:16,10	02:15,84	04:55,94
787	00:25,53	00:54,72	01:59,76	04:07,47	08:34,82	17:07,47	00:30,93	01:06,02	02:18,96	00:32,94	01:09,67	02:46,71	00:27,82	01:00,36	02:16,11	02:15,86	04:55,98
786	00:25,54	00:54,73	01:59,78	04:07,50	08:34,88	17:07,60	00:30,93	01:06,04	02:18,98	00:32,95	01:09,68	02:46,73	00:27,83	01:00,37	02:16,13	02:15,87	04:56,02
785	00:25,54	00:54,74	01:59,79	04:07,53	08:34,95	17:07,73	00:30,94	01:06,05	02:19,00	00:32,95	01:09,69	02:46,75	00:27,83	01:00,38	02:16,15	02:15,89	04:56,05
784	00:25,55	00:54,75	01:59,81	04:07,56	08:35,01	17:07,86	00:30,94	01:06,06	02:19,01	00:32,96	01:09,70	02:46,77	00:27,84	01:00,39	02:16,16	02:15,91	04:56,09
783	00:25,56	00:54,76	01:59,83	04:07,59	08:35,08	17:08,00	00:30,95	01:06,07	02:19,03	00:32,97	01:09,72	02:46,79	00:27,84	01:00,40	02:16,18	02:15,93	04:56,13
782	00:25,56	00:54,77	01:59,84	04:07,63	08:35,15	17:08,13	00:30,96	01:06,08	02:19,05	00:32,97	01:09,73	02:46,82	00:27,85	01:00,41	02:16,20	02:15,94	04:56,17
781	00:25,57	00:54,78	01:59,86	04:07,66	08:35,21	17:08,26	00:30,96	01:06,09	02:19,07	00:32,98	01:09,74	02:46,84	00:27,85	01:00,42	02:16,22	02:15,96	04:56,21
780	00:25,57	00:54,79	01:59,87	04:07,69	08:35,28	17:08,39	00:30,97	01:06,10	02:19,08	00:32,99	01:09,75	02:46,86	00:27,86	01:00,43	02:16,23	02:15,98	04:56,24
779	00:25,58	00:54,80	01:59,89	04:07,72	08:35,34	17:08,52	00:30,98	01:06,11	02:19,10	00:32,99	01:09,76	02:46,88	00:27,87	01:00,44	02:16,25	02:16,00	04:56,28
778	00:25,58	00:54,80	01:59,90	04:07,75	08:35,41	17:08,66	00:30,98	01:06,13	02:19,12	00:33,00	01:09,78	02:46,90	00:27,87	01:00,45	02:16,27	02:16,01	04:56,32
777	00:25,59	00:54,81	01:59,92	04:07,78	08:35,48	17:08,79	00:30,99	01:06,14	02:19,14	00:33,01	01:09,79	02:46,92	00:27,88	01:00,46	02:16,29	02:16,03	04:56,36
776	00:25,59	00:54,82	01:59,93	04:07,82	08:35,54	17:08,92	00:31,00	01:06,15	02:19,16	00:33,02	01:09,80	02:46,94	00:27,88	01:00,47	02:16,30	02:16,05	04:56,40
775	00:25,60	00:54,83	01:59,95	04:07,85	08:35,61	17:09,06	00:31,00	01:06,16	02:19,17	00:33,02	01:09,81	02:46,97	00:27,89	01:00,48	02:16,32	02:16,07	04:56,44
774	00:25,60	00:54,84	01:59,96	04:07,88	08:35,68	17:09,19	00:31,01	01:06,17	02:19,19	00:33,03	01:09,82	02:46,99	00:27,89	01:00,49	02:16,34	02:16,08	04:56,47
773	00:25,61	00:54,85	01:59,98	04:07,91	08:35,74	17:09,32	00:31,01	01:06,18	02:19,21	00:33,04	01:09,83	02:47,01	00:27,90	01:00,50	02:16,36	02:16,10	04:56,51
772	00:25,61	00:54,86	02:00,00	04:07,95	08:35,81	17:09,46	00:31,02	01:06,19	02:19,23	00:33,04	01:09,85	02:47,03	00:27,91	01:00,51	02:16,38	02:16,12	04:56,55
771	00:25,62	00:54,87	02:00,01	04:07,98	08:35,88	17:09,59	00:31,03	01:06,20	02:19,25	00:33,05	01:09,86	02:47,05	00:27,91	01:00,52	02:16,39	02:16,14	04:56,59
770	00:25,62	00:54,88	02:00,03	04:08,01	08:35,95	17:09,72	00:31,03	01:06,22	02:19,26	00:33,06	01:09,87	02:47,07	00:27,92	01:00,53	02:16,41	02:16,15	04:56,63
769	00:25,63	00:54,89	02:00,04	04:08,04	08:36,01	17:09,86	00:31,04	01:06,23	02:19,28	00:33,06	01:09,88	02:47,10	00:27,92	01:00,54	02:16,43	02:16,17	04:56,67
768	00:25,63	00:54,90	02:00,06	04:08,07	08:36,08	17:09,99	00:31,05	01:06,24	02:19,30	00:33,07	01:09,89	02:47,12	00:27,93	01:00,55	02:16,45	02:16,19	04:56,71
767	00:25,64	00:54,91	02:00,07	04:08,11	08:36,15	17:10,13	00:31,05	01:06,25	02:19,32	00:33,08	01:09,91	02:47,14	00:27,93	01:00,56	02:16,46	02:16,21	04:56,74
766	00:25,64	00:54,92	02:00,09	04:08,14	08:36,22	17:10,26	00:31,06	01:06,26	02:19,34	00:33,08	01:09,92	02:47,16	00:27,94	01:00,57	02:16,48	02:16,23	04:56,78
765	00:25,65	00:54,93	02:00,11	04:08,17	08:36,28	17:10,40	00:31,07	01:06,27	02:19,36	00:33,09	01:09,93	02:47,18	00:27,95	01:00,58	02:16,50	02:16,24	04:56,82
764	00:25,66	00:54,94	02:00,12	04:08,20	08:36,35	17:10,53	00:31,07	01:06,29	02:19,37	00:33,10	01:09,94	02:47,21	00:27,95	01:00,60	02:16,52	02:16,26	04:56,86
763	00:25,66	00:54,95	02:00,14	04:08,24	08:36,42	17:10,67	00:31,08	01:06,30	02:19,39	00:33,10	01:09,96	02:47,23	00:27,96	01:00,61	02:16,54	02:16,28	04:56,90
762	00:25,67	00:54,96	02:00,15	04:08,27	08:36,49	17:10,80	00:31,09	01:06,31	02:19,41	00:33,11	01:09,97	02:47,25	00:27,96	01:00,62	02:16,55	02:16,30	04:56,94
761	00:25,67	00:54,97	02:00,17	04:08,30	08:36,55	17:10,94	00:31,09	01:06,32	02:19,43	00:33,12	01:09,98	02:47,27	00:27,97	01:00,63	02:16,57	02:16,32	04:56,98
760	00:25,68	00:54,98	02:00,18	04:08,34	08:36,62	17:11,08	00:31,10	01:06,33	02:19,45	00:33,12	01:09,99	02:47,29	00:27,97	01:00,64	02:16,59	02:16,33	04:57,02
759	00:25,68	00:54,98	02:00,20	04:08,37	08:36,69	17:11,21	00:31,10	01:06,34	02:19,47	00:33,13	01:10,00	02:47,32	00:27,98	01:00,65	02:16,61	02:16,35	04:57,06
758	00:25,69	00:54,99	02:00,22	04:08,40	08:36,76	17:11,35	00:31,11	01:06,35	02:19,48	00:33,14	01:10,02	02:47,34	00:27,99	01:00,66	02:16,63	02:16,37	04:57,10
757	00:25,69	00:55,00	02:00,23	04:08,43	08:36,83	17:11,49	00:31,12	01:06,37	02:19,50	00:33,15	01:10,03	02:47,36	00:27,99	01:00,67	02:16,64	02:16,39	04:57,14
756	00:25,70	00:55,01	02:00,25	04:08,47	08:36,90	17:11,62	00:31,12	01:06,38	02:19,52	00:33,15	01:10,04	02:47,38	00:28,00	01:00,68	02:16,66	02:16,41	04:57,17
755	00:25,70	00:55,02	02:00,26	04:08,50	08:36,96	17:11,76	00:31,13	01:06,39	02:19,54	00:33,16	01:10,05	02:47,40	00:28,00	01:00,69	02:16,68	02:16,42	04:57,21
754	00:25,71	00:55,03	02:00,28	04:08,53	08:37,03	17:11,90	00:31,14	01:06,40	02:19,56	00:33,17	01:10,07	02:47,43	00:28,01	01:00,70	02:16,70	02:16,44	04:57,25
753	00:25,71	00:55,04	02:00,30	04:08,57	08:37,10	17:12,03	00:31,14	01:06,41	02:19,58	00:33,17	01:10,08	02:47,45	00:28,02	01:00,71	02:16,72	02:16,46	04:57,29
752	00:25,72	00:55,05	02:00,31	04:08,60	08:37,17	17:12,17	00:31,15	01:06,42	02:19,60	00:33,18	01:10,09	02:47,47	00:28,02	01:00,72	02:16,74	02:16,48	04:57,33
751	00:25,73	00:55,06	02:00,33	04:08,63	08:37,24	17:12,31	00:31,16	01:06,44	02:19,61	00:33,19	01:10,10	02:47,49	00:28,03	01:00,73	02:16,75	02:16,50	04:57,37
750	00:25,73	00:55,07	02:00,34	04:08,67	08:37,31	17:12,45	00:31,16	01:06,45	02:19,63	00:33,19	01:10,12	02:47,52	00:28,03	01:00,74	02:16,77	02:16,51	04:57,41
749	00:25,74	00:55,08	02:00,36	04:08,70	08:37,38	17:12,59	00:31,17	01:06,46	02:19,65	00:33,20	01:10,13	02:47,54	00:28,04	01:00,76	02:16,79	02:16,53	04:57,45

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
748	00:25,74	00:55,09	02:00,38	04:08,73	08:37,45	17:12,72	00:31,18	01:06,47	02:19,67	00:33,21	01:10,14	02:47,56	00:28,05	01:00,77	02:16,81	02:16,55	04:57,49
747	00:25,75	00:55,10	02:00,39	04:08,77	08:37,52	17:12,86	00:31,18	01:06,48	02:19,69	00:33,22	01:10,15	02:47,58	00:28,05	01:00,78	02:16,83	02:16,57	04:57,53
746	00:25,75	00:55,11	02:00,41	04:08,80	08:37,59	17:13,00	00:31,19	01:06,50	02:19,71	00:33,22	01:10,16	02:47,61	00:28,06	01:00,79	02:16,85	02:16,59	04:57,57
745	00:25,76	00:55,12	02:00,43	04:08,83	08:37,66	17:13,14	00:31,20	01:06,51	02:19,73	00:33,23	01:10,18	02:47,63	00:28,06	01:00,80	02:16,86	02:16,61	04:57,61
744	00:25,76	00:55,13	02:00,44	04:08,87	08:37,73	17:13,28	00:31,20	01:06,52	02:19,75	00:33,24	01:10,19	02:47,65	00:28,07	01:00,81	02:16,88	02:16,62	04:57,65
743	00:25,77	00:55,14	02:00,46	04:08,90	08:37,80	17:13,42	00:31,21	01:06,53	02:19,76	00:33,24	01:10,20	02:47,67	00:28,08	01:00,82	02:16,90	02:16,64	04:57,69
742	00:25,77	00:55,15	02:00,47	04:08,93	08:37,87	17:13,56	00:31,22	01:06,54	02:19,78	00:33,25	01:10,22	02:47,70	00:28,08	01:00,83	02:16,92	02:16,66	04:57,73
741	00:25,78	00:55,16	02:00,49	04:08,97	08:37,94	17:13,70	00:31,22	01:06,55	02:19,80	00:33,26	01:10,23	02:47,72	00:28,09	01:00,84	02:16,94	02:16,68	04:57,77
740	00:25,79	00:55,17	02:00,51	04:09,00	08:38,01	17:13,84	00:31,23	01:06,57	02:19,82	00:33,27	01:10,24	02:47,74	00:28,09	01:00,85	02:16,96	02:16,70	04:57,81
739	00:25,79	00:55,18	02:00,52	04:09,03	08:38,08	17:13,98	00:31,24	01:06,58	02:19,84	00:33,27	01:10,25	02:47,77	00:28,10	01:00,86	02:16,97	02:16,72	04:57,85
738	00:25,80	00:55,19	02:00,54	04:09,07	08:38,15	17:14,12	00:31,24	01:06,59	02:19,86	00:33,28	01:10,27	02:47,79	00:28,11	01:00,87	02:16,99	02:16,74	04:57,89
737	00:25,80	00:55,20	02:00,56	04:09,10	08:38,22	17:14,26	00:31,25	01:06,60	02:19,88	00:33,29	01:10,28	02:47,81	00:28,11	01:00,89	02:17,01	02:16,75	04:57,93
736	00:25,81	00:55,21	02:00,57	04:09,14	08:38,29	17:14,40	00:31,26	01:06,61	02:19,90	00:33,29	01:10,29	02:47,83	00:28,12	01:00,90	02:17,03	02:16,77	04:57,98
735	00:25,81	00:55,22	02:00,59	04:09,17	08:38,36	17:14,54	00:31,26	01:06,63	02:19,92	00:33,30	01:10,30	02:47,86	00:28,12	01:00,91	02:17,05	02:16,79	04:58,02
734	00:25,82	00:55,23	02:00,60	04:09,20	08:38,43	17:14,68	00:31,27	01:06,64	02:19,94	00:33,31	01:10,32	02:47,88	00:28,13	01:00,92	02:17,07	02:16,81	04:58,06
733	00:25,82	00:55,24	02:00,62	04:09,24	08:38,50	17:14,83	00:31,28	01:06,65	02:19,95	00:33,32	01:10,33	02:47,90	00:28,14	01:00,93	02:17,09	02:16,83	04:58,10
732	00:25,83	00:55,25	02:00,64	04:09,27	08:38,57	17:14,97	00:31,28	01:06,66	02:19,97	00:33,32	01:10,34	02:47,93	00:28,14	01:00,94	02:17,11	02:16,85	04:58,14
731	00:25,84	00:55,26	02:00,65	04:09,31	08:38,64	17:15,11	00:31,29	01:06,67	02:19,99	00:33,33	01:10,35	02:47,95	00:28,15	01:00,95	02:17,12	02:16,87	04:58,18
730	00:25,84	00:55,27	02:00,67	04:09,34	08:38,71	17:15,25	00:31,30	01:06,69	02:20,01	00:33,34	01:10,37	02:47,97	00:28,15	01:00,96	02:17,14	02:16,89	04:58,22
729	00:25,85	00:55,28	02:00,69	04:09,38	08:38,79	17:15,39	00:31,30	01:06,70	02:20,03	00:33,34	01:10,38	02:47,99	00:28,16	01:00,97	02:17,16	02:16,90	04:58,26
728	00:25,85	00:55,29	02:00,70	04:09,41	08:38,86	17:15,54	00:31,31	01:06,71	02:20,05	00:33,35	01:10,39	02:48,02	00:28,17	01:00,98	02:17,18	02:16,92	04:58,30
727	00:25,86	00:55,30	02:00,72	04:09,44	08:38,93	17:15,68	00:31,32	01:06,72	02:20,07	00:33,36	01:10,41	02:48,04	00:28,17	01:01,00	02:17,20	02:16,94	04:58,34
726	00:25,86	00:55,31	02:00,74	04:09,48	08:39,00	17:15,82	00:31,33	01:06,74	02:20,09	00:33,37	01:10,42	02:48,06	00:28,18	01:01,01	02:17,22	02:16,96	04:58,38
725	00:25,87	00:55,32	02:00,75	04:09,51	08:39,07	17:15,97	00:31,33	01:06,75	02:20,11	00:33,37	01:10,43	02:48,09	00:28,19	01:01,02	02:17,24	02:16,98	04:58,43
724	00:25,88	00:55,33	02:00,77	04:09,55	08:39,14	17:16,11	00:31,34	01:06,76	02:20,13	00:33,38	01:10,44	02:48,11	00:28,19	01:01,03	02:17,26	02:17,00	04:58,47
723	00:25,88	00:55,34	02:00,79	04:09,58	08:39,22	17:16,25	00:31,35	01:06,77	02:20,15	00:33,39	01:10,46	02:48,13	00:28,20	01:01,04	02:17,28	02:17,02	04:58,51
722	00:25,89	00:55,35	02:00,80	04:09,62	08:39,29	17:16,40	00:31,35	01:06,78	02:20,17	00:33,40	01:10,47	02:48,16	00:28,20	01:01,05	02:17,29	02:17,04	04:58,55
721	00:25,89	00:55,36	02:00,82	04:09,65	08:39,36	17:16,54	00:31,36	01:06,80	02:20,19	00:33,40	01:10,48	02:48,18	00:28,21	01:01,06	02:17,31	02:17,06	04:58,59
720	00:25,90	00:55,37	02:00,84	04:09,69	08:39,43	17:16,69	00:31,37	01:06,81	02:20,21	00:33,41	01:10,50	02:48,20	00:28,22	01:01,07	02:17,33	02:17,07	04:58,63
719	00:25,90	00:55,38	02:00,86	04:09,72	08:39,51	17:16,83	00:31,37	01:06,82	02:20,23	00:33,42	01:10,51	02:48,23	00:28,22	01:01,09	02:17,35	02:17,09	04:58,68
718	00:25,91	00:55,39	02:00,87	04:09,76	08:39,58	17:16,97	00:31,38	01:06,83	02:20,25	00:33,43	01:10,52	02:48,25	00:28,23	01:01,10	02:17,37	02:17,11	04:58,72
717	00:25,92	00:55,40	02:00,89	04:09,79	08:39,65	17:17,12	00:31,39	01:06,85	02:20,27	00:33,43	01:10,53	02:48,27	00:28,24	01:01,11	02:17,39	02:17,13	04:58,76
716	00:25,92	00:55,41	02:00,91	04:09,83	08:39,72	17:17,27	00:31,39	01:06,86	02:20,28	00:33,44	01:10,55	02:48,30	00:28,24	01:01,12	02:17,41	02:17,15	04:58,80
715	00:25,93	00:55,42	02:00,92	04:09,86	08:39,80	17:17,41	00:31,40	01:06,87	02:20,30	00:33,45	01:10,56	02:48,32	00:28,25	01:01,13	02:17,43	02:17,17	04:58,84
714	00:25,93	00:55,43	02:00,94	04:09,90	08:39,87	17:17,56	00:31,41	01:06,88	02:20,32	00:33,46	01:10,57	02:48,35	00:28,25	01:01,14	02:17,45	02:17,19	04:58,88
713	00:25,94	00:55,44	02:00,96	04:09,93	08:39,94	17:17,70	00:31,42	01:06,90	02:20,34	00:33,46	01:10,59	02:48,37	00:28,26	01:01,15	02:17,47	02:17,21	04:58,93
712	00:25,94	00:55,45	02:00,97	04:09,97	08:40,02	17:17,85	00:31,42	01:06,91	02:20,36	00:33,47	01:10,60	02:48,39	00:28,27	01:01,16	02:17,49	02:17,23	04:58,97
711	00:25,95	00:55,46	02:00,99	04:10,00	08:40,09	17:17,99	00:31,43	01:06,92	02:20,38	00:33,48	01:10,61	02:48,42	00:28,27	01:01,18	02:17,51	02:17,25	04:59,01
710	00:25,96	00:55,47	02:01,01	04:10,04	08:40,16	17:18,14	00:31,44	01:06,93	02:20,40	00:33,49	01:10,63	02:48,44	00:28,28	01:01,19	02:17,53	02:17,27	04:59,05
709	00:25,96	00:55,48	02:01,03	04:10,07	08:40,24	17:18,29	00:31,44	01:06,95	02:20,42	00:33,49	01:10,64	02:48,46	00:28,29	01:01,20	02:17,55	02:17,29	04:59,10
708	00:25,97	00:55,49	02:01,04	04:10,11	08:40,31	17:18,44	00:31,45	01:06,96	02:20,44	00:33,50	01:10,65	02:48,49	00:28,29	01:01,21	02:17,56	02:17,31	04:59,14
707	00:25,97	00:55,50	02:01,06	04:10,14	08:40,38	17:18,58	00:31,46	01:06,97	02:20,46	00:33,51	01:10,67	02:48,51	00:28,30	01:01,22	02:17,58	02:17,33	04:59,18
706	00:25,98	00:55,52	02:01,08	04:10,18	08:40,46	17:18,73	00:31,46	01:06,98	02:20,48	00:33,52	01:10,68	02:48,54	00:28,30	01:01,23	02:17,60	02:17,35	04:59,22
705	00:25,99	00:55,53	02:01,09	04:10,21	08:40,53	17:18,88	00:31,47	01:07,00	02:20,50	00:33,52	01:10,69	02:48,56	00:28,31	01:01,24	02:17,62	02:17,36	04:59,26
704	00:25,99	00:55,54	02:01,11	04:10,25	08:40,61	17:19,03	00:31,48	01:07,01	02:20,52	00:33,53	01:10,71	02:48,58	00:28,32	01:01,26	02:17,64	02:17,38	04:59,31
703	00:26,00	00:55,55	02:01,13	04:10,29	08:40,68	17:19,17	00:31,49	01:07,02	02:20,54	00:33,54	01:10,72	02:48,61	00:28,32	01:01,27	02:17,66	02:17,40	04:59,35
702	00:26,00	00:55,56	02:01,15	04:10,32	08:40,75	17:19,32	00:31,49	01:07,03	02:20,56	00:33,55	01:10,73	02:48,63	00:28,33	01:01,28	02:17,68	02:17,42	04:59,39

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
701	00:26,01	00:55,57	02:01,16	04:10,36	08:40,83	17:19,47	00:31,50	01:07,05	02:20,58	00:33,55	01:10,75	02:48,66	00:28,34	01:01,29	02:17,70	02:17,44	04:59,44
700	00:26,01	00:55,58	02:01,18	04:10,39	08:40,90	17:19,62	00:31,51	01:07,06	02:20,60	00:33,56	01:10,76	02:48,68	00:28,34	01:01,30	02:17,72	02:17,46	04:59,48
699	00:26,02	00:55,59	02:01,20	04:10,43	08:40,98	17:19,77	00:31,51	01:07,07	02:20,62	00:33,57	01:10,77	02:48,70	00:28,35	01:01,31	02:17,74	02:17,48	04:59,52
698	00:26,03	00:55,60	02:01,22	04:10,46	08:41,05	17:19,92	00:31,52	01:07,08	02:20,64	00:33,58	01:10,79	02:48,73	00:28,36	01:01,33	02:17,76	02:17,50	04:59,56
697	00:26,03	00:55,61	02:01,23	04:10,50	08:41,13	17:20,07	00:31,53	01:07,10	02:20,66	00:33,58	01:10,80	02:48,75	00:28,36	01:01,34	02:17,78	02:17,52	04:59,61
696	00:26,04	00:55,62	02:01,25	04:10,54	08:41,20	17:20,22	00:31,54	01:07,11	02:20,68	00:33,59	01:10,81	02:48,78	00:28,37	01:01,35	02:17,80	02:17,54	04:59,65
695	00:26,04	00:55,63	02:01,27	04:10,57	08:41,28	17:20,37	00:31,54	01:07,12	02:20,70	00:33,60	01:10,83	02:48,80	00:28,38	01:01,36	02:17,82	02:17,56	04:59,69
694	00:26,05	00:55,64	02:01,29	04:10,61	08:41,35	17:20,52	00:31,55	01:07,14	02:20,72	00:33,61	01:10,84	02:48,83	00:28,38	01:01,37	02:17,84	02:17,58	04:59,74
693	00:26,06	00:55,65	02:01,30	04:10,65	08:41,43	17:20,67	00:31,56	01:07,15	02:20,75	00:33,61	01:10,85	02:48,85	00:28,39	01:01,38	02:17,86	02:17,60	04:59,78
692	00:26,06	00:55,66	02:01,32	04:10,68	08:41,50	17:20,82	00:31,57	01:07,16	02:20,77	00:33,62	01:10,87	02:48,87	00:28,39	01:01,40	02:17,88	02:17,62	04:59,82
691	00:26,07	00:55,67	02:01,34	04:10,72	08:41,58	17:20,97	00:31,57	01:07,17	02:20,79	00:33,63	01:10,88	02:48,90	00:28,40	01:01,41	02:17,90	02:17,64	04:59,87
690	00:26,07	00:55,68	02:01,36	04:10,75	08:41,66	17:21,12	00:31,58	01:07,19	02:20,81	00:33,64	01:10,89	02:48,92	00:28,41	01:01,42	02:17,92	02:17,66	04:59,91
689	00:26,08	00:55,70	02:01,37	04:10,79	08:41,73	17:21,27	00:31,59	01:07,20	02:20,83	00:33,65	01:10,91	02:48,95	00:28,41	01:01,43	02:17,94	02:17,68	04:59,96
688	00:26,09	00:55,71	02:01,39	04:10,83	08:41,81	17:21,43	00:31,59	01:07,21	02:20,85	00:33,65	01:10,92	02:48,97	00:28,42	01:01,44	02:17,96	02:17,70	05:00,00
687	00:26,09	00:55,72	02:01,41	04:10,86	08:41,88	17:21,58	00:31,60	01:07,23	02:20,87	00:33,66	01:10,94	02:49,00	00:28,43	01:01,46	02:17,98	02:17,72	05:00,04
686	00:26,10	00:55,73	02:01,43	04:10,90	08:41,96	17:21,73	00:31,61	01:07,24	02:20,89	00:33,67	01:10,95	02:49,02	00:28,43	01:01,47	02:18,00	02:17,74	05:00,09
685	00:26,10	00:55,74	02:01,44	04:10,94	08:42,04	17:21,88	00:31,62	01:07,25	02:20,91	00:33,68	01:10,96	02:49,05	00:28,44	01:01,48	02:18,02	02:17,76	05:00,13
684	00:26,11	00:55,75	02:01,46	04:10,97	08:42,11	17:22,03	00:31,62	01:07,26	02:20,93	00:33,68	01:10,98	02:49,07	00:28,45	01:01,49	02:18,04	02:17,78	05:00,17
683	00:26,12	00:55,76	02:01,48	04:11,01	08:42,19	17:22,19	00:31,63	01:07,28	02:20,95	00:33,69	01:10,99	02:49,10	00:28,45	01:01,50	02:18,06	02:17,80	05:00,22
682	00:26,12	00:55,77	02:01,50	04:11,05	08:42,27	17:22,34	00:31,64	01:07,29	02:20,97	00:33,70	01:11,00	02:49,12	00:28,46	01:01,52	02:18,08	02:17,82	05:00,26
681	00:26,13	00:55,78	02:01,52	04:11,09	08:42,34	17:22,49	00:31,65	01:07,30	02:20,99	00:33,71	01:11,02	02:49,15	00:28,47	01:01,53	02:18,10	02:17,84	05:00,31
680	00:26,13	00:55,79	02:01,53	04:11,12	08:42,42	17:22,65	00:31,65	01:07,32	02:21,01	00:33,72	01:11,03	02:49,17	00:28,47	01:01,54	02:18,12	02:17,86	05:00,35
679	00:26,14	00:55,80	02:01,55	04:11,16	08:42,50	17:22,80	00:31,66	01:07,33	02:21,03	00:33,72	01:11,05	02:49,20	00:28,48	01:01,55	02:18,14	02:17,88	05:00,40
678	00:26,15	00:55,81	02:01,57	04:11,20	08:42,58	17:22,96	00:31,67	01:07,34	02:21,05	00:33,73	01:11,06	02:49,22	00:28,49	01:01,56	02:18,16	02:17,90	05:00,44
677	00:26,15	00:55,83	02:01,59	04:11,23	08:42,65	17:23,11	00:31,68	01:07,36	02:21,08	00:33,74	01:11,07	02:49,25	00:28,49	01:01,58	02:18,18	02:17,92	05:00,48
676	00:26,16	00:55,84	02:01,61	04:11,27	08:42,73	17:23,27	00:31,68	01:07,37	02:21,10	00:33,75	01:11,09	02:49,27	00:28,50	01:01,59	02:18,20	02:17,94	05:00,53
675	00:26,17	00:55,85	02:01,62	04:11,31	08:42,81	17:23,42	00:31,69	01:07,38	02:21,12	00:33,76	01:11,10	02:49,30	00:28,51	01:01,60	02:18,23	02:17,97	05:00,57
674	00:26,17	00:55,86	02:01,64	04:11,35	08:42,89	17:23,58	00:31,70	01:07,40	02:21,14	00:33,76	01:11,12	02:49,32	00:28,51	01:01,61	02:18,25	02:17,99	05:00,62
673	00:26,18	00:55,87	02:01,66	04:11,38	08:42,96	17:23,73	00:31,71	01:07,41	02:21,16	00:33,77	01:11,13	02:49,35	00:28,52	01:01,62	02:18,27	02:18,01	05:00,66
672	00:26,18	00:55,88	02:01,68	04:11,42	08:43,04	17:23,89	00:31,71	01:07,42	02:21,18	00:33,78	01:11,14	02:49,37	00:28,53	01:01,64	02:18,29	02:18,03	05:00,71
671	00:26,19	00:55,89	02:01,70	04:11,46	08:43,12	17:24,04	00:31,72	01:07,44	02:21,20	00:33,79	01:11,16	02:49,40	00:28,53	01:01,65	02:18,31	02:18,05	05:00,75
670	00:26,20	00:55,90	02:01,71	04:11,50	08:43,20	17:24,20	00:31,73	01:07,45	02:21,22	00:33,80	01:11,17	02:49,42	00:28,54	01:01,66	02:18,33	02:18,07	05:00,80
669	00:26,20	00:55,91	02:01,73	04:11,53	08:43,28	17:24,36	00:31,74	01:07,46	02:21,24	00:33,80	01:11,19	02:49,45	00:28,55	01:01,67	02:18,35	02:18,09	05:00,84
668	00:26,21	00:55,92	02:01,75	04:11,57	08:43,35	17:24,51	00:31,74	01:07,48	02:21,26	00:33,81	01:11,20	02:49,47	00:28,55	01:01,68	02:18,37	02:18,11	05:00,89
667	00:26,22	00:55,94	02:01,77	04:11,61	08:43,43	17:24,67	00:31,75	01:07,49	02:21,29	00:33,82	01:11,21	02:49,50	00:28,56	01:01,70	02:18,39	02:18,13	05:00,93
666	00:26,22	00:55,95	02:01,79	04:11,65	08:43,51	17:24,83	00:31,76	01:07,50	02:21,31	00:33,83	01:11,23	02:49,53	00:28,57	01:01,71	02:18,41	02:18,15	05:00,98
665	00:26,23	00:55,96	02:01,81	04:11,69	08:43,59	17:24,98	00:31,77	01:07,52	02:21,33	00:33,84	01:11,24	02:49,55	00:28,58	01:01,72	02:18,43	02:18,17	05:01,02
664	00:26,23	00:55,97	02:01,82	04:11,72	08:43,67	17:25,14	00:31,77	01:07,53	02:21,35	00:33,84	01:11,26	02:49,58	00:28,58	01:01,73	02:18,45	02:18,19	05:01,07
663	00:26,24	00:55,98	02:01,84	04:11,76	08:43,75	17:25,30	00:31,78	01:07,54	02:21,37	00:33,85	01:11,27	02:49,60	00:28,59	01:01,75	02:18,47	02:18,21	05:01,12
662	00:26,25	00:55,99	02:01,86	04:11,80	08:43,83	17:25,46	00:31,79	01:07,56	02:21,39	00:33,86	01:11,29	02:49,63	00:28,60	01:01,76	02:18,50	02:18,23	05:01,16
661	00:26,25	00:56,00	02:01,88	04:11,84	08:43,91	17:25,62	00:31,80	01:07,57	02:21,41	00:33,87	01:11,30	02:49,65	00:28,60	01:01,77	02:18,52	02:18,26	05:01,21
660	00:26,26	00:56,01	02:01,90	04:11,88	08:43,99	17:25,78	00:31,80	01:07,58	02:21,44	00:33,88	01:11,31	02:49,68	00:28,61	01:01,78	02:18,54	02:18,28	05:01,25
659	00:26,27	00:56,03	02:01,92	04:11,91	08:44,07	17:25,94	00:31,81	01:07,60	02:21,46	00:33,88	01:11,33	02:49,71	00:28,62	01:01,80	02:18,56	02:18,30	05:01,30
658	00:26,27	00:56,04	02:01,94	04:11,95	08:44,15	17:26,09	00:31,82	01:07,61	02:21,48	00:33,89	01:11,34	02:49,73	00:28,62	01:01,81	02:18,58	02:18,32	05:01,34
657	00:26,28	00:56,05	02:01,95	04:11,99	08:44,23	17:26,25	00:31,83	01:07,63	02:21,50	00:33,90	01:11,36	02:49,76	00:28,63	01:01,82	02:18,60	02:18,34	05:01,39
656	00:26,28	00:56,06	02:01,97	04:12,03	08:44,31	17:26,41	00:31,83	01:07,64	02:21,52	00:33,91	01:11,37	02:49,78	00:28,64	01:01,83	02:18,62	02:18,36	05:01,44
655	00:26,29	00:56,07	02:01,99	04:12,07	08:44,39	17:26,57	00:31,84	01:07,65	02:21,54	00:33,92	01:11,39	02:49,81	00:28,64	01:01,85	02:18,64	02:18,38	05:01,48

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
654	00:26,30	00:56,08	02:02,01	04:12,11	08:44,47	17:26,74	00:31,85	01:07,67	02:21,57	00:33,93	01:11,40	02:49,83	00:28,65	01:01,86	02:18,66	02:18,40	05:01,53
653	00:26,30	00:56,09	02:02,03	04:12,15	08:44,55	17:26,90	00:31,86	01:07,68	02:21,59	00:33,93	01:11,42	02:49,86	00:28,66	01:01,87	02:18,69	02:18,42	05:01,57
652	00:26,31	00:56,10	02:02,05	04:12,18	08:44,63	17:27,06	00:31,87	01:07,69	02:21,61	00:33,94	01:11,43	02:49,89	00:28,67	01:01,88	02:18,71	02:18,45	05:01,62
651	00:26,32	00:56,12	02:02,07	04:12,22	08:44,71	17:27,22	00:31,87	01:07,71	02:21,63	00:33,95	01:11,44	02:49,91	00:28,67	01:01,90	02:18,73	02:18,47	05:01,67
650	00:26,32	00:56,13	02:02,08	04:12,26	08:44,79	17:27,38	00:31,88	01:07,72	02:21,65	00:33,96	01:11,46	02:49,94	00:28,68	01:01,91	02:18,75	02:18,49	05:01,71
649	00:26,33	00:56,14	02:02,10	04:12,30	08:44,87	17:27,54	00:31,89	01:07,74	02:21,67	00:33,97	01:11,47	02:49,97	00:28,69	01:01,92	02:18,77	02:18,51	05:01,76
648	00:26,34	00:56,15	02:02,12	04:12,34	08:44,95	17:27,70	00:31,90	01:07,75	02:21,70	00:33,98	01:11,49	02:49,99	00:28,69	01:01,93	02:18,79	02:18,53	05:01,81
647	00:26,34	00:56,16	02:02,14	04:12,38	08:45,04	17:27,87	00:31,90	01:07,76	02:21,72	00:33,98	01:11,50	02:50,02	00:28,70	01:01,95	02:18,81	02:18,55	05:01,85
646	00:26,35	00:56,17	02:02,16	04:12,42	08:45,12	17:28,03	00:31,91	01:07,78	02:21,74	00:33,99	01:11,52	02:50,04	00:28,71	01:01,96	02:18,84	02:18,57	05:01,90
645	00:26,36	00:56,18	02:02,18	04:12,46	08:45,20	17:28,19	00:31,92	01:07,79	02:21,76	00:34,00	01:11,53	02:50,07	00:28,71	01:01,97	02:18,86	02:18,60	05:01,95
644	00:26,36	00:56,20	02:02,20	04:12,50	08:45,28	17:28,35	00:31,93	01:07,80	02:21,78	00:34,01	01:11,55	02:50,10	00:28,72	01:01,98	02:18,88	02:18,62	05:01,99
643	00:26,37	00:56,21	02:02,22	04:12,54	08:45,36	17:28,52	00:31,94	01:07,82	02:21,81	00:34,02	01:11,56	02:50,12	00:28,73	01:02,00	02:18,90	02:18,64	05:02,04
642	00:26,37	00:56,22	02:02,24	04:12,58	08:45,44	17:28,68	00:31,94	01:07,83	02:21,83	00:34,03	01:11,58	02:50,15	00:28,74	01:02,01	02:18,92	02:18,66	05:02,09
641	00:26,38	00:56,23	02:02,26	04:12,62	08:45,53	17:28,85	00:31,95	01:07,85	02:21,85	00:34,03	01:11,59	02:50,18	00:28,74	01:02,02	02:18,94	02:18,68	05:02,14
640	00:26,39	00:56,24	02:02,27	04:12,65	08:45,61	17:29,01	00:31,96	01:07,86	02:21,87	00:34,04	01:11,61	02:50,20	00:28,75	01:02,04	02:18,97	02:18,70	05:02,18
639	00:26,39	00:56,25	02:02,29	04:12,69	08:45,69	17:29,18	00:31,97	01:07,87	02:21,90	00:34,05	01:11,62	02:50,23	00:28,76	01:02,05	02:18,99	02:18,73	05:02,23
638	00:26,40	00:56,27	02:02,31	04:12,73	08:45,77	17:29,34	00:31,98	01:07,89	02:21,92	00:34,06	01:11,64	02:50,26	00:28,76	01:02,06	02:19,01	02:18,75	05:02,28
637	00:26,41	00:56,28	02:02,33	04:12,77	08:45,86	17:29,51	00:31,98	01:07,90	02:21,94	00:34,07	01:11,65	02:50,28	00:28,77	01:02,07	02:19,03	02:18,77	05:02,33
636	00:26,41	00:56,29	02:02,35	04:12,81	08:45,94	17:29,67	00:31,99	01:07,92	02:21,96	00:34,08	01:11,67	02:50,31	00:28,78	01:02,09	02:19,05	02:18,79	05:02,37
635	00:26,42	00:56,30	02:02,37	04:12,85	08:46,02	17:29,84	00:32,00	01:07,93	02:21,98	00:34,08	01:11,68	02:50,34	00:28,79	01:02,10	02:19,08	02:18,81	05:02,42
634	00:26,43	00:56,31	02:02,39	04:12,89	08:46,11	17:30,00	00:32,01	01:07,95	02:22,01	00:34,09	01:11,70	02:50,36	00:28,79	01:02,11	02:19,10	02:18,84	05:02,47
633	00:26,43	00:56,32	02:02,41	04:12,93	08:46,19	17:30,17	00:32,02	01:07,96	02:22,03	00:34,10	01:11,71	02:50,39	00:28,80	01:02,13	02:19,12	02:18,86	05:02,52
632	00:26,44	00:56,34	02:02,43	04:12,97	08:46,27	17:30,34	00:32,02	01:07,97	02:22,05	00:34,11	01:11,73	02:50,42	00:28,81	01:02,14	02:19,14	02:18,88	05:02,57
631	00:26,45	00:56,35	02:02,45	04:13,01	08:46,36	17:30,50	00:32,03	01:07,99	02:22,07	00:34,12	01:11,74	02:50,45	00:28,81	01:02,15	02:19,16	02:18,90	05:02,61
630	00:26,45	00:56,36	02:02,47	04:13,05	08:46,44	17:30,67	00:32,04	01:08,00	02:22,10	00:34,13	01:11,76	02:50,47	00:28,82	01:02,17	02:19,19	02:18,92	05:02,66
629	00:26,46	00:56,37	02:02,49	04:13,09	08:46,52	17:30,84	00:32,05	01:08,02	02:22,12	00:34,14	01:11,77	02:50,50	00:28,83	01:02,18	02:19,21	02:18,95	05:02,71
628	00:26,47	00:56,38	02:02,51	04:13,14	08:46,61	17:31,00	00:32,06	01:08,03	02:22,14	00:34,15	01:11,79	02:50,53	00:28,84	01:02,19	02:19,23	02:18,97	05:02,76
627	00:26,47	00:56,40	02:02,53	04:13,18	08:46,69	17:31,17	00:32,06	01:08,05	02:22,17	00:34,15	01:11,80	02:50,55	00:28,84	01:02,20	02:19,25	02:18,99	05:02,81
626	00:26,48	00:56,41	02:02,55	04:13,22	08:46,78	17:31,34	00:32,07	01:08,06	02:22,19	00:34,16	01:11,82	02:50,58	00:28,85	01:02,22	02:19,27	02:19,01	05:02,86
625	00:26,49	00:56,42	02:02,57	04:13,26	08:46,86	17:31,51	00:32,08	01:08,07	02:22,21	00:34,17	01:11,83	02:50,61	00:28,86	01:02,23	02:19,30	02:19,03	05:02,90
624	00:26,49	00:56,43	02:02,59	04:13,30	08:46,95	17:31,68	00:32,09	01:08,09	02:22,23	00:34,18	01:11,85	02:50,64	00:28,87	01:02,24	02:19,32	02:19,06	05:02,95
623	00:26,50	00:56,44	02:02,61	04:13,34	08:47,03	17:31,85	00:32,10	01:08,10	02:22,26	00:34,19	01:11,86	02:50,66	00:28,87	01:02,26	02:19,34	02:19,08	05:03,00
622	00:26,51	00:56,46	02:02,63	04:13,38	08:47,12	17:32,02	00:32,11	01:08,12	02:22,28	00:34,20	01:11,88	02:50,69	00:28,88	01:02,27	02:19,36	02:19,10	05:03,05
621	00:26,51	00:56,47	02:02,65	04:13,42	08:47,20	17:32,19	00:32,11	01:08,13	02:22,30	00:34,21	01:11,89	02:50,72	00:28,89	01:02,28	02:19,39	02:19,12	05:03,10
620	00:26,52	00:56,48	02:02,67	04:13,46	08:47,29	17:32,36	00:32,12	01:08,15	02:22,33	00:34,21	01:11,91	02:50,75	00:28,90	01:02,30	02:19,41	02:19,15	05:03,15
619	00:26,53	00:56,49	02:02,68	04:13,50	08:47,37	17:32,53	00:32,13	01:08,16	02:22,35	00:34,22	01:11,92	02:50,77	00:28,90	01:02,31	02:19,43	02:19,17	05:03,20
618	00:26,54	00:56,50	02:02,70	04:13,54	08:47,46	17:32,70	00:32,14	01:08,18	02:22,37	00:34,23	01:11,94	02:50,80	00:28,91	01:02,32	02:19,45	02:19,19	05:03,25
617	00:26,54	00:56,52	02:02,72	04:13,58	08:47,54	17:32,87	00:32,15	01:08,19	02:22,40	00:34,24	01:11,95	02:50,83	00:28,92	01:02,34	02:19,48	02:19,21	05:03,30
616	00:26,55	00:56,53	02:02,74	04:13,63	08:47,63	17:33,04	00:32,15	01:08,21	02:22,42	00:34,25	01:11,97	02:50,86	00:28,93	01:02,35	02:19,50	02:19,24	05:03,35
615	00:26,56	00:56,54	02:02,76	04:13,67	08:47,71	17:33,21	00:32,16	01:08,22	02:22,44	00:34,26	01:11,99	02:50,89	00:28,93	01:02,36	02:19,52	02:19,26	05:03,39
614	00:26,56	00:56,55	02:02,78	04:13,71	08:47,80	17:33,39	00:32,17	01:08,24	02:22,46	00:34,27	01:12,00	02:50,91	00:28,94	01:02,38	02:19,55	02:19,28	05:03,44
613	00:26,57	00:56,57	02:02,80	04:13,75	08:47,89	17:33,56	00:32,18	01:08,25	02:22,49	00:34,28	01:12,02	02:50,94	00:28,95	01:02,39	02:19,57	02:19,31	05:03,49
612	00:26,58	00:56,58	02:02,83	04:13,79	08:47,97	17:33,73	00:32,19	01:08,26	02:22,51	00:34,29	01:12,03	02:50,97	00:28,96	01:02,41	02:19,59	02:19,33	05:03,54
611	00:26,58	00:56,59	02:02,85	04:13,83	08:48,06	17:33,90	00:32,20	01:08,28	02:22,53	00:34,29	01:12,05	02:51,00	00:28,96	01:02,42	02:19,61	02:19,35	05:03,59
610	00:26,59	00:56,60	02:02,87	04:13,87	08:48,15	17:34,08	00:32,20	01:08,29	02:22,56	00:34,30	01:12,06	02:51,03	00:28,97	01:02,43	02:19,64	02:19,37	05:03,64
609	00:26,60	00:56,61	02:02,89	04:13,92	08:48,23	17:34,25	00:32,21	01:08,31	02:22,58	00:34,31	01:12,08	02:51,05	00:28,98	01:02,45	02:19,66	02:19,40	05:03,69
608	00:26,60	00:56,63	02:02,91	04:13,96	08:48,32	17:34,42	00:32,22	01:08,32	02:22,61	00:34,32	01:12,09	02:51,08	00:28,99	01:02,46	02:19,68	02:19,42	05:03,74

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
607	00:26,61	00:56,64	02:02,93	04:14,00	08:48,41	17:34,60	00:32,23	01:08,34	02:22,63	00:34,33	01:12,11	02:51,11	00:28,99	01:02,47	02:19,71	02:19,44	05:03,79
606	00:26,62	00:56,65	02:02,95	04:14,04	08:48,50	17:34,77	00:32,24	01:08,35	02:22,65	00:34,34	01:12,13	02:51,14	00:29,00	01:02,49	02:19,73	02:19,47	05:03,84
605	00:26,63	00:56,66	02:02,97	04:14,08	08:48,58	17:34,95	00:32,25	01:08,37	02:22,68	00:34,35	01:12,14	02:51,17	00:29,01	01:02,50	02:19,75	02:19,49	05:03,89
604	00:26,63	00:56,68	02:02,99	04:14,13	08:48,67	17:35,12	00:32,26	01:08,38	02:22,70	00:34,36	01:12,16	02:51,20	00:29,02	01:02,51	02:19,78	02:19,51	05:03,94
603	00:26,64	00:56,69	02:03,01	04:14,17	08:48,76	17:35,30	00:32,26	01:08,40	02:22,72	00:34,37	01:12,17	02:51,22	00:29,02	01:02,53	02:19,80	02:19,54	05:03,99
602	00:26,65	00:56,70	02:03,03	04:14,21	08:48,85	17:35,47	00:32,27	01:08,41	02:22,75	00:34,38	01:12,19	02:51,25	00:29,03	01:02,54	02:19,82	02:19,56	05:04,05
601	00:26,65	00:56,71	02:03,05	04:14,25	08:48,94	17:35,65	00:32,28	01:08,43	02:22,77	00:34,38	01:12,21	02:51,28	00:29,04	01:02,56	02:19,85	02:19,58	05:04,10
600	00:26,66	00:56,73	02:03,07	04:14,30	08:49,02	17:35,83	00:32,29	01:08,44	02:22,79	00:34,39	01:12,22	02:51,31	00:29,05	01:02,57	02:19,87	02:19,61	05:04,15
599	00:26,67	00:56,74	02:03,09	04:14,34	08:49,11	17:36,00	00:32,30	01:08,46	02:22,82	00:34,40	01:12,24	02:51,34	00:29,05	01:02,58	02:19,89	02:19,63	05:04,20
598	00:26,67	00:56,75	02:03,11	04:14,38	08:49,20	17:36,18	00:32,31	01:08,47	02:22,84	00:34,41	01:12,25	02:51,37	00:29,06	01:02,60	02:19,92	02:19,65	05:04,25
597	00:26,68	00:56,76	02:03,13	04:14,42	08:49,29	17:36,36	00:32,32	01:08,49	02:22,87	00:34,42	01:12,27	02:51,40	00:29,07	01:02,61	02:19,94	02:19,68	05:04,30
596	00:26,69	00:56,78	02:03,15	04:14,47	08:49,38	17:36,53	00:32,32	01:08,50	02:22,89	00:34,43	01:12,29	02:51,42	00:29,08	01:02,62	02:19,96	02:19,70	05:04,35
595	00:26,70	00:56,79	02:03,17	04:14,51	08:49,47	17:36,71	00:32,33	01:08,52	02:22,91	00:34,44	01:12,30	02:51,45	00:29,09	01:02,64	02:19,99	02:19,72	05:04,40
594	00:26,70	00:56,80	02:03,19	04:14,55	08:49,56	17:36,89	00:32,34	01:08,54	02:22,94	00:34,45	01:12,32	02:51,48	00:29,09	01:02,65	02:20,01	02:19,75	05:04,45
593	00:26,71	00:56,81	02:03,21	04:14,60	08:49,65	17:37,07	00:32,35	01:08,55	02:22,96	00:34,46	01:12,33	02:51,51	00:29,10	01:02,67	02:20,03	02:19,77	05:04,51
592	00:26,72	00:56,83	02:03,24	04:14,64	08:49,74	17:37,25	00:32,36	01:08,57	02:22,99	00:34,47	01:12,35	02:51,54	00:29,11	01:02,68	02:20,06	02:19,79	05:04,56
591	00:26,72	00:56,84	02:03,26	04:14,68	08:49,83	17:37,43	00:32,37	01:08,58	02:23,01	00:34,48	01:12,37	02:51,57	00:29,12	01:02,69	02:20,08	02:19,82	05:04,61
590	00:26,73	00:56,85	02:03,28	04:14,73	08:49,92	17:37,61	00:32,38	01:08,60	02:23,04	00:34,49	01:12,38	02:51,60	00:29,12	01:02,71	02:20,10	02:19,84	05:04,66
589	00:26,74	00:56,87	02:03,30	04:14,77	08:50,01	17:37,79	00:32,38	01:08,61	02:23,06	00:34,50	01:12,40	02:51,63	00:29,13	01:02,72	02:20,13	02:19,87	05:04,71
588	00:26,75	00:56,88	02:03,32	04:14,81	08:50,10	17:37,97	00:32,39	01:08,63	02:23,08	00:34,50	01:12,42	02:51,66	00:29,14	01:02,74	02:20,15	02:19,89	05:04,76
587	00:26,75	00:56,89	02:03,34	04:14,86	08:50,19	17:38,15	00:32,40	01:08,64	02:23,11	00:34,51	01:12,43	02:51,69	00:29,15	01:02,75	02:20,18	02:19,91	05:04,82
586	00:26,76	00:56,90	02:03,36	04:14,90	08:50,28	17:38,33	00:32,41	01:08,66	02:23,13	00:34,52	01:12,45	02:51,72	00:29,16	01:02,77	02:20,20	02:19,94	05:04,87
585	00:26,77	00:56,92	02:03,38	04:14,94	08:50,37	17:38,51	00:32,42	01:08,67	02:23,16	00:34,53	01:12,46	02:51,75	00:29,16	01:02,78	02:20,22	02:19,96	05:04,92
584	00:26,78	00:56,93	02:03,40	04:14,99	08:50,46	17:38,69	00:32,43	01:08,69	02:23,18	00:34,54	01:12,48	02:51,77	00:29,17	01:02,79	02:20,25	02:19,98	05:04,97
583	00:26,78	00:56,94	02:03,42	04:15,03	08:50,55	17:38,88	00:32,44	01:08,71	02:23,21	00:34,55	01:12,50	02:51,80	00:29,18	01:02,81	02:20,27	02:20,01	05:05,03
582	00:26,79	00:56,96	02:03,45	04:15,07	08:50,64	17:39,06	00:32,45	01:08,72	02:23,23	00:34,56	01:12,51	02:51,83	00:29,19	01:02,82	02:20,30	02:20,03	05:05,08
581	00:26,80	00:56,97	02:03,47	04:15,12	08:50,73	17:39,24	00:32,46	01:08,74	02:23,26	00:34,57	01:12,53	02:51,86	00:29,20	01:02,84	02:20,32	02:20,06	05:05,13
580	00:26,80	00:56,98	02:03,49	04:15,16	08:50,83	17:39,42	00:32,46	01:08,75	02:23,28	00:34,58	01:12,55	02:51,89	00:29,20	01:02,85	02:20,35	02:20,08	05:05,18
579	00:26,81	00:57,00	02:03,51	04:15,21	08:50,92	17:39,61	00:32,47	01:08,77	02:23,31	00:34,59	01:12,56	02:51,92	00:29,21	01:02,87	02:20,37	02:20,11	05:05,24
578	00:26,82	00:57,01	02:03,53	04:15,25	08:51,01	17:39,79	00:32,48	01:08,78	02:23,33	00:34,60	01:12,58	02:51,95	00:29,22	01:02,88	02:20,39	02:20,13	05:05,29
577	00:26,83	00:57,02	02:03,55	04:15,30	08:51,10	17:39,98	00:32,49	01:08,80	02:23,36	00:34,61	01:12,60	02:51,98	00:29,23	01:02,89	02:20,42	02:20,15	05:05,34
576	00:26,83	00:57,03	02:03,57	04:15,34	08:51,19	17:40,16	00:32,50	01:08,82	02:23,38	00:34,62	01:12,61	02:52,01	00:29,24	01:02,91	02:20,44	02:20,18	05:05,40
575	00:26,84	00:57,05	02:03,60	04:15,38	08:51,29	17:40,34	00:32,51	01:08,83	02:23,41	00:34,63	01:12,63	02:52,04	00:29,24	01:02,92	02:20,47	02:20,20	05:05,45
574	00:26,85	00:57,06	02:03,62	04:15,43	08:51,38	17:40,53	00:32,52	01:08,85	02:23,43	00:34,64	01:12,65	02:52,07	00:29,25	01:02,94	02:20,49	02:20,23	05:05,50
573	00:26,86	00:57,07	02:03,64	04:15,47	08:51,47	17:40,72	00:32,53	01:08,86	02:23,46	00:34,65	01:12,66	02:52,10	00:29,26	01:02,95	02:20,52	02:20,25	05:05,56
572	00:26,86	00:57,09	02:03,66	04:15,52	08:51,57	17:40,90	00:32,54	01:08,88	02:23,48	00:34,66	01:12,68	02:52,13	00:29,27	01:02,97	02:20,54	02:20,28	05:05,61
571	00:26,87	00:57,10	02:03,68	04:15,56	08:51,66	17:41,09	00:32,54	01:08,90	02:23,51	00:34,67	01:12,70	02:52,16	00:29,28	01:02,98	02:20,57	02:20,30	05:05,66
570	00:26,88	00:57,11	02:03,70	04:15,61	08:51,75	17:41,27	00:32,55	01:08,91	02:23,53	00:34,68	01:12,71	02:52,19	00:29,28	01:03,00	02:20,59	02:20,33	05:05,72
569	00:26,89	00:57,13	02:03,73	04:15,65	08:51,85	17:41,46	00:32,56	01:08,93	02:23,56	00:34,69	01:12,73	02:52,22	00:29,29	01:03,01	02:20,62	02:20,35	05:05,77
568	00:26,89	00:57,14	02:03,75	04:15,70	08:51,94	17:41,65	00:32,57	01:08,94	02:23,58	00:34,69	01:12,75	02:52,25	00:29,30	01:03,03	02:20,64	02:20,38	05:05,82
567	00:26,90	00:57,15	02:03,77	04:15,74	08:52,03	17:41,84	00:32,58	01:08,96	02:23,61	00:34,70	01:12,77	02:52,28	00:29,31	01:03,04	02:20,66	02:20,40	05:05,88
566	00:26,91	00:57,17	02:03,79	04:15,79	08:52,13	17:42,02	00:32,59	01:08,98	02:23,63	00:34,71	01:12,78	02:52,32	00:29,32	01:03,06	02:20,69	02:20,43	05:05,93
565	00:26,92	00:57,18	02:03,81	04:15,83	08:52,22	17:42,21	00:32,60	01:08,99	02:23,66	00:34,72	01:12,80	02:52,35	00:29,33	01:03,07	02:20,71	02:20,45	05:05,99
564	00:26,92	00:57,19	02:03,84	04:15,88	08:52,32	17:42,40	00:32,61	01:09,01	02:23,68	00:34,73	01:12,82	02:52,38	00:29,33	01:03,08	02:20,74	02:20,48	05:06,04
563	00:26,93	00:57,21	02:03,86	04:15,93	08:52,41	17:42,59	00:32,62	01:09,02	02:23,71	00:34,74	01:12,83	02:52,41	00:29,34	01:03,10	02:20,76	02:20,50	05:06,10
562	00:26,94	00:57,22	02:03,88	04:15,97	08:52,51	17:42,78	00:32,63	01:09,04	02:23,74	00:34,75	01:12,85	02:52,44	00:29,35	01:03,11	02:20,79	02:20,53	05:06,15
561	00:26,95	00:57,23	02:03,90	04:16,02	08:52,60	17:42,97	00:32,64	01:09,06	02:23,76	00:34,76	01:12,87	02:52,47	00:29,36	01:03,13	02:20,82	02:20,55	05:06,21

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
560	00:26,95	00:57,25	02:03,92	04:16,06	08:52,70	17:43,16	00:32,65	01:09,07	02:23,79	00:34,77	01:12,89	02:52,50	00:29,37	01:03,14	02:20,84	02:20,58	05:06,26
559	00:26,96	00:57,26	02:03,95	04:16,11	08:52,79	17:43,35	00:32,66	01:09,09	02:23,81	00:34,78	01:12,90	02:52,53	00:29,38	01:03,16	02:20,87	02:20,60	05:06,31
558	00:26,97	00:57,28	02:03,97	04:16,15	08:52,89	17:43,54	00:32,66	01:09,11	02:23,84	00:34,79	01:12,92	02:52,56	00:29,38	01:03,17	02:20,89	02:20,63	05:06,37
557	00:26,98	00:57,29	02:03,99	04:16,20	08:52,99	17:43,73	00:32,67	01:09,12	02:23,86	00:34,80	01:12,94	02:52,59	00:29,39	01:03,19	02:20,92	02:20,65	05:06,43
556	00:26,99	00:57,30	02:04,01	04:16,25	08:53,08	17:43,93	00:32,68	01:09,14	02:23,89	00:34,81	01:12,95	02:52,62	00:29,40	01:03,20	02:20,94	02:20,68	05:06,48
555	00:26,99	00:57,32	02:04,04	04:16,29	08:53,18	17:44,12	00:32,69	01:09,16	02:23,92	00:34,82	01:12,97	02:52,66	00:29,41	01:03,22	02:20,97	02:20,70	05:06,54
554	00:27,00	00:57,33	02:04,06	04:16,34	08:53,27	17:44,31	00:32,70	01:09,17	02:23,94	00:34,83	01:12,99	02:52,69	00:29,42	01:03,23	02:20,99	02:20,73	05:06,59
553	00:27,01	00:57,34	02:04,08	04:16,39	08:53,37	17:44,50	00:32,71	01:09,19	02:23,97	00:34,84	01:13,01	02:52,72	00:29,43	01:03,25	02:21,02	02:20,75	05:06,65
552	00:27,02	00:57,36	02:04,10	04:16,43	08:53,47	17:44,70	00:32,72	01:09,21	02:23,99	00:34,85	01:13,02	02:52,75	00:29,43	01:03,27	02:21,04	02:20,78	05:06,70
551	00:27,02	00:57,37	02:04,13	04:16,48	08:53,57	17:44,89	00:32,73	01:09,22	02:24,02	00:34,86	01:13,04	02:52,78	00:29,44	01:03,28	02:21,07	02:20,80	05:06,76
550	00:27,03	00:57,38	02:04,15	04:16,53	08:53,66	17:45,08	00:32,74	01:09,24	02:24,05	00:34,87	01:13,06	02:52,81	00:29,45	01:03,30	02:21,10	02:20,83	05:06,81
549	00:27,04	00:57,40	02:04,17	04:16,57	08:53,76	17:45,28	00:32,75	01:09,26	02:24,07	00:34,88	01:13,08	02:52,84	00:29,46	01:03,31	02:21,12	02:20,86	05:06,87
548	00:27,05	00:57,41	02:04,19	04:16,62	08:53,86	17:45,47	00:32,76	01:09,27	02:24,10	00:34,89	01:13,10	02:52,88	00:29,47	01:03,33	02:21,15	02:20,88	05:06,93
547	00:27,06	00:57,43	02:04,22	04:16,67	08:53,96	17:45,67	00:32,77	01:09,29	02:24,13	00:34,90	01:13,11	02:52,91	00:29,48	01:03,34	02:21,17	02:20,91	05:06,98
546	00:27,06	00:57,44	02:04,24	04:16,71	08:54,05	17:45,87	00:32,78	01:09,31	02:24,15	00:34,91	01:13,13	02:52,94	00:29,49	01:03,36	02:21,20	02:20,93	05:07,04
545	00:27,07	00:57,45	02:04,26	04:16,76	08:54,15	17:46,06	00:32,79	01:09,32	02:24,18	00:34,92	01:13,15	02:52,97	00:29,49	01:03,37	02:21,22	02:20,96	05:07,10
544	00:27,08	00:57,47	02:04,29	04:16,81	08:54,25	17:46,26	00:32,80	01:09,34	02:24,21	00:34,93	01:13,17	02:53,00	00:29,50	01:03,39	02:21,25	02:20,98	05:07,15
543	00:27,09	00:57,48	02:04,31	04:16,86	08:54,35	17:46,45	00:32,81	01:09,36	02:24,23	00:34,94	01:13,18	02:53,03	00:29,51	01:03,40	02:21,28	02:21,01	05:07,21
542	00:27,09	00:57,50	02:04,33	04:16,90	08:54,45	17:46,65	00:32,82	01:09,37	02:24,26	00:34,95	01:13,20	02:53,07	00:29,52	01:03,42	02:21,30	02:21,04	05:07,27
541	00:27,10	00:57,51	02:04,35	04:16,95	08:54,55	17:46,85	00:32,83	01:09,39	02:24,29	00:34,96	01:13,22	02:53,10	00:29,53	01:03,43	02:21,33	02:21,06	05:07,32
540	00:27,11	00:57,52	02:04,38	04:17,00	08:54,65	17:47,05	00:32,84	01:09,41	02:24,31	00:34,97	01:13,24	02:53,13	00:29,54	01:03,45	02:21,36	02:21,09	05:07,38
539	00:27,12	00:57,54	02:04,40	04:17,05	08:54,75	17:47,25	00:32,84	01:09,42	02:24,34	00:34,99	01:13,26	02:53,16	00:29,55	01:03,47	02:21,38	02:21,12	05:07,44
538	00:27,13	00:57,55	02:04,42	04:17,09	08:54,85	17:47,44	00:32,85	01:09,44	02:24,37	00:35,00	01:13,27	02:53,19	00:29,55	01:03,48	02:21,41	02:21,14	05:07,49
537	00:27,13	00:57,57	02:04,45	04:17,14	08:54,94	17:47,64	00:32,86	01:09,46	02:24,39	00:35,01	01:13,29	02:53,23	00:29,56	01:03,50	02:21,43	02:21,17	05:07,55
536	00:27,14	00:57,58	02:04,47	04:17,19	08:55,05	17:47,84	00:32,87	01:09,48	02:24,42	00:35,02	01:13,31	02:53,26	00:29,57	01:03,51	02:21,46	02:21,19	05:07,61
535	00:27,15	00:57,60	02:04,49	04:17,24	08:55,15	17:48,04	00:32,88	01:09,49	02:24,45	00:35,03	01:13,33	02:53,29	00:29,58	01:03,53	02:21,49	02:21,22	05:07,67
534	00:27,16	00:57,61	02:04,52	04:17,29	08:55,25	17:48,24	00:32,89	01:09,51	02:24,47	00:35,04	01:13,35	02:53,32	00:29,59	01:03,54	02:21,51	02:21,25	05:07,72
533	00:27,17	00:57,62	02:04,54	04:17,34	08:55,35	17:48,45	00:32,90	01:09,53	02:24,50	00:35,05	01:13,36	02:53,36	00:29,60	01:03,56	02:21,54	02:21,27	05:07,78
532	00:27,18	00:57,64	02:04,56	04:17,38	08:55,45	17:48,65	00:32,91	01:09,54	02:24,53	00:35,06	01:13,38	02:53,39	00:29,61	01:03,58	02:21,57	02:21,30	05:07,84
531	00:27,18	00:57,65	02:04,59	04:17,43	08:55,55	17:48,85	00:32,92	01:09,56	02:24,56	00:35,07	01:13,40	02:53,42	00:29,62	01:03,59	02:21,59	02:21,33	05:07,90
530	00:27,19	00:57,67	02:04,61	04:17,48	08:55,65	17:49,05	00:32,93	01:09,58	02:24,58	00:35,08	01:13,42	02:53,46	00:29,63	01:03,61	02:21,62	02:21,35	05:07,96
529	00:27,20	00:57,68	02:04,63	04:17,53	08:55,75	17:49,25	00:32,94	01:09,60	02:24,61	00:35,09	01:13,44	02:53,49	00:29,63	01:03,62	02:21,65	02:21,38	05:08,02
528	00:27,21	00:57,70	02:04,66	04:17,58	08:55,85	17:49,46	00:32,95	01:09,61	02:24,64	00:35,10	01:13,46	02:53,52	00:29,64	01:03,64	02:21,67	02:21,41	05:08,07
527	00:27,22	00:57,71	02:04,68	04:17,63	08:55,95	17:49,66	00:32,96	01:09,63	02:24,67	00:35,11	01:13,48	02:53,55	00:29,65	01:03,66	02:21,70	02:21,43	05:08,13
526	00:27,22	00:57,73	02:04,71	04:17,68	08:56,06	17:49,86	00:32,97	01:09,65	02:24,69	00:35,12	01:13,49	02:53,59	00:29,66	01:03,67	02:21,73	02:21,46	05:08,19
525	00:27,23	00:57,74	02:04,73	04:17,73	08:56,16	17:50,07	00:32,98	01:09,67	02:24,72	00:35,13	01:13,51	02:53,62	00:29,67	01:03,69	02:21,76	02:21,49	05:08,25
524	00:27,24	00:57,75	02:04,75	04:17,78	08:56,26	17:50,27	00:32,99	01:09,68	02:24,75	00:35,14	01:13,53	02:53,65	00:29,68	01:03,70	02:21,78	02:21,52	05:08,31
523	00:27,25	00:57,77	02:04,78	04:17,83	08:56,36	17:50,48	00:33,00	01:09,70	02:24,78	00:35,15	01:13,55	02:53,69	00:29,69	01:03,72	02:21,81	02:21,54	05:08,37
522	00:27,26	00:57,78	02:04,80	04:17,87	08:56,47	17:50,68	00:33,01	01:09,72	02:24,80	00:35,16	01:13,57	02:53,72	00:29,70	01:03,74	02:21,84	02:21,57	05:08,43
521	00:27,27	00:57,80	02:04,83	04:17,92	08:56,57	17:50,89	00:33,02	01:09,74	02:24,83	00:35,17	01:13,59	02:53,75	00:29,71	01:03,75	02:21,86	02:21,60	05:08,49
520	00:27,27	00:57,81	02:04,85	04:17,97	08:56,67	17:51,10	00:33,03	01:09,76	02:24,86	00:35,19	01:13,61	02:53,79	00:29,72	01:03,77	02:21,89	02:21,62	05:08,55
519	00:27,28	00:57,83	02:04,87	04:18,02	08:56,78	17:51,30	00:33,04	01:09,77	02:24,89	00:35,20	01:13,62	02:53,82	00:29,72	01:03,78	02:21,92	02:21,65	05:08,61
518	00:27,29	00:57,84	02:04,90	04:18,07	08:56,88	17:51,51	00:33,05	01:09,79	02:24,92	00:35,21	01:13,64	02:53,85	00:29,73	01:03,80	02:21,95	02:21,68	05:08,67
517	00:27,30	00:57,86	02:04,92	04:18,12	08:56,99	17:51,72	00:33,06	01:09,81	02:24,94	00:35,22	01:13,66	02:53,89	00:29,74	01:03,82	02:21,97	02:21,71	05:08,73
516	00:27,31	00:57,87	02:04,95	04:18,17	08:57,09	17:51,93	00:33,07	01:09,83	02:24,97	00:35,23	01:13,68	02:53,92	00:29,75	01:03,83	02:22,00	02:21,73	05:08,79
515	00:27,32	00:57,89	02:04,97	04:18,22	08:57,20	17:52,13	00:33,08	01:09,85	02:25,00	00:35,24	01:13,70	02:53,96	00:29,76	01:03,85	02:22,03	02:21,76	05:08,85
514	00:27,32	00:57,90	02:04,99	04:18,27	08:57,30	17:52,34	00:33,09	01:09,86	02:25,03	00:35,25	01:13,72	02:53,99	00:29,77	01:03,87	02:22,06	02:21,79	05:08,91

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
513	00:27,33	00:57,92	02:05,02	04:18,33	08:57,40	17:52,55	00:33,10	01:09,88	02:25,06	00:35,26	01:13,74	02:54,02	00:29,78	01:03,88	02:22,08	02:21,82	05:08,97
512	00:27,34	00:57,93	02:05,04	04:18,38	08:57,51	17:52,76	00:33,11	01:09,90	02:25,09	00:35,27	01:13,76	02:54,06	00:29,79	01:03,90	02:22,11	02:21,85	05:09,03
511	00:27,35	00:57,95	02:05,07	04:18,43	08:57,62	17:52,97	00:33,12	01:09,92	02:25,11	00:35,28	01:13,78	02:54,09	00:29,80	01:03,92	02:22,14	02:21,87	05:09,09
510	00:27,36	00:57,96	02:05,09	04:18,48	08:57,72	17:53,19	00:33,14	01:09,94	02:25,14	00:35,29	01:13,80	02:54,13	00:29,81	01:03,93	02:22,17	02:21,90	05:09,15
509	00:27,37	00:57,98	02:05,12	04:18,53	08:57,83	17:53,40	00:33,15	01:09,95	02:25,17	00:35,31	01:13,81	02:54,16	00:29,82	01:03,95	02:22,20	02:21,93	05:09,21
508	00:27,38	00:57,99	02:05,14	04:18,58	08:57,93	17:53,61	00:33,16	01:09,97	02:25,20	00:35,32	01:13,83	02:54,19	00:29,83	01:03,97	02:22,22	02:21,96	05:09,27
507	00:27,38	00:58,01	02:05,17	04:18,63	08:58,04	17:53,82	00:33,17	01:09,99	02:25,23	00:35,33	01:13,85	02:54,23	00:29,84	01:03,98	02:22,25	02:21,98	05:09,33
506	00:27,39	00:58,02	02:05,19	04:18,68	08:58,15	17:54,03	00:33,18	01:10,01	02:25,26	00:35,34	01:13,87	02:54,26	00:29,84	01:04,00	02:22,28	02:22,01	05:09,39
505	00:27,40	00:58,04	02:05,22	04:18,73	08:58,25	17:54,25	00:33,19	01:10,03	02:25,29	00:35,35	01:13,89	02:54,30	00:29,85	01:04,02	02:22,31	02:22,04	05:09,45
504	00:27,41	00:58,05	02:05,24	04:18,78	08:58,36	17:54,46	00:33,20	01:10,05	02:25,32	00:35,36	01:13,91	02:54,33	00:29,86	01:04,03	02:22,34	02:22,07	05:09,52
503	00:27,42	00:58,07	02:05,27	04:18,84	08:58,47	17:54,67	00:33,21	01:10,06	02:25,34	00:35,37	01:13,93	02:54,37	00:29,87	01:04,05	02:22,37	02:22,10	05:09,58
502	00:27,43	00:58,08	02:05,29	04:18,89	08:58,58	17:54,89	00:33,22	01:10,08	02:25,37	00:35,38	01:13,95	02:54,40	00:29,88	01:04,07	02:22,39	02:22,13	05:09,64
501	00:27,44	00:58,10	02:05,32	04:18,94	08:58,68	17:55,10	00:33,23	01:10,10	02:25,40	00:35,39	01:13,97	02:54,44	00:29,89	01:04,08	02:22,42	02:22,15	05:09,70
500	00:27,44	00:58,12	02:05,34	04:18,99	08:58,79	17:55,32	00:33,24	01:10,12	02:25,43	00:35,41	01:13,99	02:54,47	00:29,90	01:04,10	02:22,45	02:22,18	05:09,76
499	00:27,45	00:58,13	02:05,37	04:19,04	08:58,90	17:55,54	00:33,25	01:10,14	02:25,46	00:35,42	01:14,01	02:54,51	00:29,91	01:04,12	02:22,48	02:22,21	05:09,82
498	00:27,46	00:58,15	02:05,39	04:19,10	08:59,01	17:55,75	00:33,26	01:10,16	02:25,49	00:35,43	01:14,03	02:54,54	00:29,92	01:04,13	02:22,51	02:22,24	05:09,89
497	00:27,47	00:58,16	02:05,42	04:19,15	08:59,12	17:55,97	00:33,27	01:10,18	02:25,52	00:35,44	01:14,05	02:54,58	00:29,93	01:04,15	02:22,54	02:22,27	05:09,95
496	00:27,48	00:58,18	02:05,44	04:19,20	08:59,23	17:56,19	00:33,28	01:10,19	02:25,55	00:35,45	01:14,07	02:54,61	00:29,94	01:04,17	02:22,57	02:22,30	05:10,01
495	00:27,49	00:58,19	02:05,47	04:19,25	08:59,33	17:56,40	00:33,29	01:10,21	02:25,58	00:35,46	01:14,09	02:54,65	00:29,95	01:04,19	02:22,59	02:22,33	05:10,08
494	00:27,50	00:58,21	02:05,49	04:19,31	08:59,44	17:56,62	00:33,30	01:10,23	02:25,61	00:35,47	01:14,11	02:54,68	00:29,96	01:04,20	02:22,62	02:22,36	05:10,14
493	00:27,51	00:58,22	02:05,52	04:19,36	08:59,55	17:56,84	00:33,31	01:10,25	02:25,64	00:35,49	01:14,13	02:54,72	00:29,97	01:04,22	02:22,65	02:22,38	05:10,20
492	00:27,52	00:58,24	02:05,54	04:19,41	08:59,66	17:57,06	00:33,32	01:10,27	02:25,67	00:35,50	01:14,15	02:54,76	00:29,98	01:04,24	02:22,68	02:22,41	05:10,26
491	00:27,52	00:58,26	02:05,57	04:19,46	08:59,77	17:57,28	00:33,34	01:10,29	02:25,70	00:35,51	01:14,17	02:54,79	00:29,99	01:04,26	02:22,71	02:22,44	05:10,33
490	00:27,53	00:58,27	02:05,60	04:19,52	08:59,88	17:57,50	00:33,35	01:10,31	02:25,73	00:35,52	01:14,19	02:54,83	00:30,00	01:04,27	02:22,74	02:22,47	05:10,39
489	00:27,54	00:58,29	02:05,62	04:19,57	08:59,99	17:57,72	00:33,36	01:10,33	02:25,76	00:35,53	01:14,21	02:54,86	00:30,01	01:04,29	02:22,77	02:22,50	05:10,45
488	00:27,55	00:58,30	02:05,65	04:19,62	09:00,11	17:57,94	00:33,37	01:10,35	02:25,79	00:35,54	01:14,23	02:54,90	00:30,02	01:04,31	02:22,80	02:22,53	05:10,52
487	00:27,56	00:58,32	02:05,67	04:19,68	09:00,22	17:58,17	00:33,38	01:10,37	02:25,82	00:35,55	01:14,25	02:54,93	00:30,03	01:04,33	02:22,83	02:22,56	05:10,58
486	00:27,57	00:58,33	02:05,70	04:19,73	09:00,33	17:58,39	00:33,39	01:10,38	02:25,85	00:35,57	01:14,27	02:54,97	00:30,04	01:04,34	02:22,86	02:22,59	05:10,65
485	00:27,58	00:58,35	02:05,73	04:19,78	09:00,44	17:58,61	00:33,40	01:10,40	02:25,88	00:35,58	01:14,29	02:55,01	00:30,05	01:04,36	02:22,89	02:22,62	05:10,71
484	00:27,59	00:58,37	02:05,75	04:19,84	09:00,55	17:58,83	00:33,41	01:10,42	02:25,91	00:35,59	01:14,31	02:55,04	00:30,06	01:04,38	02:22,92	02:22,65	05:10,78
483	00:27,60	00:58,38	02:05,78	04:19,89	09:00,66	17:59,06	00:33,42	01:10,44	02:25,94	00:35,60	01:14,33	02:55,08	00:30,07	01:04,40	02:22,95	02:22,68	05:10,84
482	00:27,61	00:58,40	02:05,80	04:19,95	09:00,78	17:59,28	00:33,43	01:10,46	02:25,97	00:35,61	01:14,35	02:55,12	00:30,08	01:04,41	02:22,98	02:22,71	05:10,90
481	00:27,61	00:58,41	02:05,83	04:20,00	09:00,89	17:59,51	00:33,44	01:10,48	02:26,00	00:35,62	01:14,37	02:55,15	00:30,09	01:04,43	02:23,01	02:22,74	05:10,97
480	00:27,62	00:58,43	02:05,86	04:20,05	09:01,00	17:59,73	00:33,46	01:10,50	02:26,03	00:35,64	01:14,39	02:55,19	00:30,10	01:04,45	02:23,04	02:22,77	05:11,03
479	00:27,63	00:58,45	02:05,88	04:20,11	09:01,12	17:59,96	00:33,47	01:10,52	02:26,06	00:35,65	01:14,41	02:55,23	00:30,11	01:04,47	02:23,07	02:22,80	05:11,10
478	00:27,64	00:58,46	02:05,91	04:20,16	09:01,23	18:00,19	00:33,48	01:10,54	02:26,09	00:35,66	01:14,43	02:55,26	00:30,12	01:04,48	02:23,10	02:22,83	05:11,16
477	00:27,65	00:58,48	02:05,94	04:20,22	09:01,34	18:00,41	00:33,49	01:10,56	02:26,12	00:35,67	01:14,45	02:55,30	00:30,13	01:04,50	02:23,13	02:22,86	05:11,23
476	00:27,66	00:58,50	02:05,96	04:20,27	09:01,46	18:00,64	00:33,50	01:10,58	02:26,15	00:35,68	01:14,47	02:55,34	00:30,14	01:04,52	02:23,16	02:22,89	05:11,30
475	00:27,67	00:58,51	02:05,99	04:20,33	09:01,57	18:00,87	00:33,51	01:10,60	02:26,18	00:35,70	01:14,49	02:55,37	00:30,15	01:04,54	02:23,19	02:22,92	05:11,36
474	00:27,68	00:58,53	02:06,02	04:20,38	09:01,69	18:01,10	00:33,52	01:10,62	02:26,21	00:35,71	01:14,52	02:55,41	00:30,16	01:04,56	02:23,22	02:22,95	05:11,43
473	00:27,69	00:58,54	02:06,04	04:20,44	09:01,80	18:01,33	00:33,53	01:10,64	02:26,24	00:35,72	01:14,54	02:55,45	00:30,17	01:04,57	02:23,25	02:22,98	05:11,49
472	00:27,70	00:58,56	02:06,07	04:20,49	09:01,92	18:01,56	00:33,55	01:10,66	02:26,27	00:35,73	01:14,56	02:55,48	00:30,18	01:04,59	02:23,28	02:23,01	05:11,56
471	00:27,71	00:58,58	02:06,10	04:20,55	09:02,03	18:01,79	00:33,56	01:10,68	02:26,31	00:35,74	01:14,58	02:55,52	00:30,19	01:04,61	02:23,31	02:23,04	05:11,63
470	00:27,72	00:58,59	02:06,12	04:20,60	09:02,15	18:02,02	00:33,57	01:10,70	02:26,34	00:35,76	01:14,60	02:55,56	00:30,20	01:04,63	02:23,34	02:23,07	05:11,69
469	00:27,73	00:58,61	02:06,15	04:20,66	09:02,26	18:02,25	00:33,58	01:10,72	02:26,37	00:35,77	01:14,62	02:55,60	00:30,21	01:04,65	02:23,37	02:23,10	05:11,76
468	00:27,73	00:58,63	02:06,18	04:20,72	09:02,38	18:02,48	00:33,59	01:10,74	02:26,40	00:35,78	01:14,64	02:55,63	00:30,22	01:04,67	02:23,40	02:23,13	05:11,83
467	00:27,74	00:58,64	02:06,20	04:20,77	09:02,49	18:02,71	00:33,60	01:10,76	02:26,43	00:35,79	01:14,66	02:55,67	00:30,23	01:04,68	02:23,43	02:23,16	05:11,89

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
466	00:27,75	00:58,66	02:06,23	04:20,83	09:02,61	18:02,95	00:33,61	01:10,78	02:26,46	00:35,80	01:14,68	02:55,71	00:30,24	01:04,70	02:23,46	02:23,19	05:11,96
465	00:27,76	00:58,68	02:06,26	04:20,88	09:02,73	18:03,18	00:33,63	01:10,80	02:26,49	00:35,82	01:14,71	02:55,75	00:30,25	01:04,72	02:23,49	02:23,22	05:12,03
464	00:27,77	00:58,69	02:06,28	04:20,94	09:02,85	18:03,41	00:33,64	01:10,82	02:26,53	00:35,83	01:14,73	02:55,79	00:30,26	01:04,74	02:23,52	02:23,25	05:12,09
463	00:27,78	00:58,71	02:06,31	04:21,00	09:02,96	18:03,65	00:33,65	01:10,84	02:26,56	00:35,84	01:14,75	02:55,82	00:30,27	01:04,76	02:23,55	02:23,28	05:12,16
462	00:27,79	00:58,73	02:06,34	04:21,05	09:03,08	18:03,88	00:33,66	01:10,86	02:26,59	00:35,85	01:14,77	02:55,86	00:30,28	01:04,78	02:23,59	02:23,32	05:12,23
461	00:27,80	00:58,74	02:06,37	04:21,11	09:03,20	18:04,12	00:33,67	01:10,88	02:26,62	00:35,87	01:14,79	02:55,90	00:30,29	01:04,80	02:23,62	02:23,35	05:12,30
460	00:27,81	00:58,76	02:06,39	04:21,17	09:03,32	18:04,35	00:33,68	01:10,90	02:26,65	00:35,88	01:14,81	02:55,94	00:30,30	01:04,81	02:23,65	02:23,38	05:12,37
459	00:27,82	00:58,78	02:06,42	04:21,22	09:03,44	18:04,59	00:33,69	01:10,92	02:26,69	00:35,89	01:14,83	02:55,98	00:30,31	01:04,83	02:23,68	02:23,41	05:12,43
458	00:27,83	00:58,80	02:06,45	04:21,28	09:03,56	18:04,83	00:33,71	01:10,94	02:26,72	00:35,90	01:14,86	02:56,02	00:30,32	01:04,85	02:23,71	02:23,44	05:12,50
457	00:27,84	00:58,81	02:06,48	04:21,34	09:03,67	18:05,07	00:33,72	01:10,96	02:26,75	00:35,92	01:14,88	02:56,05	00:30,33	01:04,87	02:23,74	02:23,47	05:12,57
456	00:27,85	00:58,83	02:06,51	04:21,40	09:03,79	18:05,31	00:33,73	01:10,98	02:26,78	00:35,93	01:14,90	02:56,09	00:30,34	01:04,89	02:23,77	02:23,50	05:12,64
455	00:27,86	00:58,85	02:06,53	04:21,45	09:03,91	18:05,54	00:33,74	01:11,00	02:26,81	00:35,94	01:14,92	02:56,13	00:30,35	01:04,91	02:23,81	02:23,54	05:12,71
454	00:27,87	00:58,86	02:06,56	04:21,51	09:04,03	18:05,78	00:33,75	01:11,02	02:26,85	00:35,95	01:14,94	02:56,17	00:30,36	01:04,93	02:23,84	02:23,57	05:12,78
453	00:27,88	00:58,88	02:06,59	04:21,57	09:04,15	18:06,02	00:33,77	01:11,04	02:26,88	00:35,97	01:14,96	02:56,21	00:30,37	01:04,95	02:23,87	02:23,60	05:12,85
452	00:27,89	00:58,90	02:06,62	04:21,63	09:04,28	18:06,27	00:33,78	01:11,06	02:26,91	00:35,98	01:14,99	02:56,25	00:30,38	01:04,96	02:23,90	02:23,63	05:12,92
451	00:27,90	00:58,92	02:06,65	04:21,69	09:04,40	18:06,51	00:33,79	01:11,09	02:26,94	00:35,99	01:15,01	02:56,29	00:30,40	01:04,98	02:23,93	02:23,66	05:12,99
450	00:27,91	00:58,93	02:06,67	04:21,74	09:04,52	18:06,75	00:33,80	01:11,11	02:26,98	00:36,00	01:15,03	02:56,33	00:30,41	01:05,00	02:23,97	02:23,69	05:13,05
449	00:27,92	00:58,95	02:06,70	04:21,80	09:04,64	18:06,99	00:33,81	01:11,13	02:27,01	00:36,02	01:15,05	02:56,37	00:30,42	01:05,02	02:24,00	02:23,73	05:13,12
448	00:27,93	00:58,97	02:06,73	04:21,86	09:04,76	18:07,23	00:33,83	01:11,15	02:27,04	00:36,03	01:15,08	02:56,41	00:30,43	01:05,04	02:24,03	02:23,76	05:13,19
447	00:27,94	00:58,99	02:06,76	04:21,92	09:04,88	18:07,48	00:33,84	01:11,17	02:27,08	00:36,04	01:15,10	02:56,45	00:30,44	01:05,06	02:24,06	02:23,79	05:13,27
446	00:27,95	00:59,00	02:06,79	04:21,98	09:05,01	18:07,72	00:33,85	01:11,19	02:27,11	00:36,06	01:15,12	02:56,49	00:30,45	01:05,08	02:24,09	02:23,82	05:13,34
445	00:27,96	00:59,02	02:06,82	04:22,04	09:05,13	18:07,97	00:33,86	01:11,21	02:27,14	00:36,07	01:15,14	02:56,52	00:30,46	01:05,10	02:24,13	02:23,86	05:13,41
444	00:27,97	00:59,04	02:06,84	04:22,10	09:05,25	18:08,21	00:33,87	01:11,23	02:27,18	00:36,08	01:15,16	02:56,56	00:30,47	01:05,12	02:24,16	02:23,89	05:13,48
443	00:27,98	00:59,06	02:06,87	04:22,16	09:05,37	18:08,46	00:33,89	01:11,25	02:27,21	00:36,09	01:15,19	02:56,60	00:30,48	01:05,14	02:24,19	02:23,92	05:13,55
442	00:27,99	00:59,07	02:06,90	04:22,22	09:05,50	18:08,71	00:33,90	01:11,28	02:27,24	00:36,11	01:15,21	02:56,64	00:30,49	01:05,16	02:24,22	02:23,95	05:13,62
441	00:28,00	00:59,09	02:06,93	04:22,28	09:05,62	18:08,95	00:33,91	01:11,30	02:27,28	00:36,12	01:15,23	02:56,68	00:30,50	01:05,18	02:24,26	02:23,99	05:13,69
440	00:28,01	00:59,11	02:06,96	04:22,33	09:05,75	18:09,20	00:33,92	01:11,32	02:27,31	00:36,13	01:15,25	02:56,73	00:30,52	01:05,20	02:24,29	02:24,02	05:13,76
439	00:28,02	00:59,13	02:06,99	04:22,39	09:05,87	18:09,45	00:33,93	01:11,34	02:27,34	00:36,15	01:15,28	02:56,77	00:30,53	01:05,22	02:24,32	02:24,05	05:13,83
438	00:28,03	00:59,14	02:07,02	04:22,45	09:06,00	18:09,70	00:33,95	01:11,36	02:27,38	00:36,16	01:15,30	02:56,81	00:30,54	01:05,24	02:24,36	02:24,08	05:13,91
437	00:28,04	00:59,16	02:07,05	04:22,52	09:06,12	18:09,95	00:33,96	01:11,38	02:27,41	00:36,17	01:15,32	02:56,85	00:30,55	01:05,26	02:24,39	02:24,12	05:13,98
436	00:28,05	00:59,18	02:07,08	04:22,58	09:06,25	18:10,20	00:33,97	01:11,41	02:27,44	00:36,19	01:15,35	02:56,89	00:30,56	01:05,28	02:24,42	02:24,15	05:14,05
435	00:28,06	00:59,20	02:07,11	04:22,64	09:06,37	18:10,45	00:33,98	01:11,43	02:27,48	00:36,20	01:15,37	02:56,93	00:30,57	01:05,30	02:24,46	02:24,18	05:14,12
434	00:28,07	00:59,22	02:07,13	04:22,70	09:06,50	18:10,70	00:34,00	01:11,45	02:27,51	00:36,21	01:15,39	02:56,97	00:30,58	01:05,32	02:24,49	02:24,22	05:14,19
433	00:28,08	00:59,23	02:07,16	04:22,76	09:06,63	18:10,96	00:34,01	01:11,47	02:27,55	00:36,23	01:15,42	02:57,01	00:30,59	01:05,34	02:24,52	02:24,25	05:14,27
432	00:28,09	00:59,25	02:07,19	04:22,82	09:06,75	18:11,21	00:34,02	01:11,49	02:27,58	00:36,24	01:15,44	02:57,05	00:30,60	01:05,36	02:24,56	02:24,28	05:14,34
431	00:28,10	00:59,27	02:07,22	04:22,88	09:06,88	18:11,46	00:34,03	01:11,51	02:27,61	00:36,25	01:15,46	02:57,09	00:30,62	01:05,38	02:24,59	02:24,32	05:14,41
430	00:28,11	00:59,29	02:07,25	04:22,94	09:07,01	18:11,72	00:34,05	01:11,54	02:27,65	00:36,27	01:15,48	02:57,13	00:30,63	01:05,40	02:24,62	02:24,35	05:14,49
429	00:28,12	00:59,31	02:07,28	04:23,00	09:07,13	18:11,97	00:34,06	01:11,56	02:27,68	00:36,28	01:15,51	02:57,17	00:30,64	01:05,42	02:24,66	02:24,39	05:14,56
428	00:28,13	00:59,33	02:07,31	04:23,06	09:07,26	18:12,23	00:34,07	01:11,58	02:27,72	00:36,29	01:15,53	02:57,22	00:30,65	01:05,44	02:24,69	02:24,42	05:14,63
427	00:28,14	00:59,34	02:07,34	04:23,13	09:07,39	18:12,48	00:34,08	01:11,60	02:27,75	00:36,31	01:15,55	02:57,26	00:30,66	01:05,46	02:24,73	02:24,45	05:14,71
426	00:28,15	00:59,36	02:07,37	04:23,19	09:07,52	18:12,74	00:34,10	01:11,63	02:27,79	00:36,32	01:15,58	02:57,30	00:30,67	01:05,48	02:24,76	02:24,49	05:14,78
425	00:28,16	00:59,38	02:07,40	04:23,25	09:07,65	18:13,00	00:34,11	01:11,65	02:27,82	00:36,33	01:15,60	02:57,34	00:30,68	01:05,50	02:24,79	02:24,52	05:14,86
424	00:28,17	00:59,40	02:07,43	04:23,31	09:07,78	18:13,26	00:34,12	01:11,67	02:27,86	00:36,35	01:15,63	02:57,38	00:30,70	01:05,52	02:24,83	02:24,56	05:14,93
423	00:28,18	00:59,42	02:07,46	04:23,37	09:07,91	18:13,52	00:34,14	01:11,69	02:27,89	00:36,36	01:15,65	02:57,43	00:30,71	01:05,54	02:24,86	02:24,59	05:15,00
422	00:28,20	00:59,44	02:07,49	04:23,44	09:08,04	18:13,78	00:34,15	01:11,71	02:27,93	00:36,37	01:15,67	02:57,47	00:30,72	01:05,56	02:24,90	02:24,62	05:15,08
421	00:28,21	00:59,46	02:07,52	04:23,50	09:08,17	18:14,04	00:34,16	01:11,74	02:27,96	00:36,39	01:15,70	02:57,51	00:30,73	01:05,58	02:24,93	02:24,66	05:15,15
420	00:28,22	00:59,47	02:07,55	04:23,56	09:08,30	18:14,30	00:34,17	01:11,76	02:28,00	00:36,40	01:15,72	02:57,55	00:30,74	01:05,60	02:24,97	02:24,69	05:15,23

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
419	00:28,23	00:59,49	02:07,58	04:23,63	09:08,43	18:14,56	00:34,19	01:11,78	02:28,03	00:36,41	01:15,74	02:57,59	00:30,75	01:05,62	02:25,00	02:24,73	05:15,31
418	00:28,24	00:59,51	02:07,61	04:23,69	09:08,56	18:14,82	00:34,20	01:11,81	02:28,07	00:36,43	01:15,77	02:57,64	00:30,77	01:05,64	02:25,03	02:24,76	05:15,38
417	00:28,25	00:59,53	02:07,65	04:23,75	09:08,69	18:15,09	00:34,21	01:11,83	02:28,10	00:36,44	01:15,79	02:57,68	00:30,78	01:05,66	02:25,07	02:24,80	05:15,46
416	00:28,26	00:59,55	02:07,68	04:23,82	09:08,83	18:15,35	00:34,23	01:11,85	02:28,14	00:36,46	01:15,82	02:57,72	00:30,79	01:05,68	02:25,10	02:24,83	05:15,53
415	00:28,27	00:59,57	02:07,71	04:23,88	09:08,96	18:15,61	00:34,24	01:11,87	02:28,18	00:36,47	01:15,84	02:57,77	00:30,80	01:05,70	02:25,14	02:24,87	05:15,61
414	00:28,28	00:59,59	02:07,74	04:23,94	09:09,09	18:15,88	00:34,25	01:11,90	02:28,21	00:36,48	01:15,87	02:57,81	00:30,81	01:05,73	02:25,17	02:24,90	05:15,69
413	00:28,29	00:59,61	02:07,77	04:24,01	09:09,23	18:16,15	00:34,27	01:11,92	02:28,25	00:36,50	01:15,89	02:57,85	00:30,82	01:05,75	02:25,21	02:24,94	05:15,76
412	00:28,30	00:59,63	02:07,80	04:24,07	09:09,36	18:16,41	00:34,28	01:11,94	02:28,28	00:36,51	01:15,91	02:57,89	00:30,84	01:05,77	02:25,25	02:24,97	05:15,84
411	00:28,31	00:59,65	02:07,83	04:24,14	09:09,49	18:16,68	00:34,29	01:11,97	02:28,32	00:36,53	01:15,94	02:57,94	00:30,85	01:05,79	02:25,28	02:25,01	05:15,92
410	00:28,32	00:59,67	02:07,86	04:24,20	09:09,63	18:16,95	00:34,31	01:11,99	02:28,36	00:36,54	01:15,96	02:57,98	00:30,86	01:05,81	02:25,32	02:25,04	05:15,99
409	00:28,34	00:59,68	02:07,89	04:24,27	09:09,76	18:17,22	00:34,32	01:12,01	02:28,39	00:36,56	01:15,99	02:58,03	00:30,87	01:05,83	02:25,35	02:25,08	05:16,07
408	00:28,35	00:59,70	02:07,93	04:24,33	09:09,90	18:17,49	00:34,33	01:12,04	02:28,43	00:36,57	01:16,01	02:58,07	00:30,88	01:05,85	02:25,39	02:25,11	05:16,15
407	00:28,36	00:59,72	02:07,96	04:24,40	09:10,03	18:17,76	00:34,35	01:12,06	02:28,47	00:36,58	01:16,04	02:58,11	00:30,90	01:05,87	02:25,42	02:25,15	05:16,23
406	00:28,37	00:59,74	02:07,99	04:24,46	09:10,17	18:18,03	00:34,36	01:12,08	02:28,50	00:36,60	01:16,06	02:58,16	00:30,91	01:05,90	02:25,46	02:25,19	05:16,30
405	00:28,38	00:59,76	02:08,02	04:24,53	09:10,30	18:18,30	00:34,37	01:12,11	02:28,54	00:36,61	01:16,09	02:58,20	00:30,92	01:05,92	02:25,50	02:25,22	05:16,38
404	00:28,39	00:59,78	02:08,05	04:24,59	09:10,44	18:18,57	00:34,39	01:12,13	02:28,58	00:36,63	01:16,11	02:58,25	00:30,93	01:05,94	02:25,53	02:25,26	05:16,46
403	00:28,40	00:59,80	02:08,08	04:24,66	09:10,58	18:18,84	00:34,40	01:12,15	02:28,61	00:36,64	01:16,14	02:58,29	00:30,94	01:05,96	02:25,57	02:25,29	05:16,54
402	00:28,41	00:59,82	02:08,12	04:24,72	09:10,72	18:19,12	00:34,41	01:12,18	02:28,65	00:36,66	01:16,16	02:58,33	00:30,96	01:05,98	02:25,60	02:25,33	05:16,62
401	00:28,42	00:59,84	02:08,15	04:24,79	09:10,85	18:19,39	00:34,43	01:12,20	02:28,69	00:36,67	01:16,19	02:58,38	00:30,97	01:06,00	02:25,64	02:25,37	05:16,70
400	00:28,44	00:59,86	02:08,18	04:24,86	09:10,99	18:19,67	00:34,44	01:12,23	02:28,72	00:36,68	01:16,21	02:58,42	00:30,98	01:06,03	02:25,68	02:25,40	05:16,78
399	00:28,45	00:59,88	02:08,21	04:24,92	09:11,13	18:19,94	00:34,45	01:12,25	02:28,76	00:36,70	01:16,24	02:58,47	00:30,99	01:06,05	02:25,71	02:25,44	05:16,86
398	00:28,46	00:59,90	02:08,24	04:24,99	09:11,27	18:20,22	00:34,47	01:12,27	02:28,80	00:36,71	01:16,26	02:58,51	00:31,01	01:06,07	02:25,75	02:25,48	05:16,94
397	00:28,47	00:59,92	02:08,28	04:25,06	09:11,41	18:20,50	00:34,48	01:12,30	02:28,84	00:36,73	01:16,29	02:58,56	00:31,02	01:06,09	02:25,79	02:25,51	05:17,02
396	00:28,48	00:59,94	02:08,31	04:25,12	09:11,55	18:20,78	00:34,50	01:12,32	02:28,87	00:36,74	01:16,31	02:58,60	00:31,03	01:06,11	02:25,82	02:25,55	05:17,10
395	00:28,49	00:59,96	02:08,34	04:25,19	09:11,69	18:21,06	00:34,51	01:12,35	02:28,91	00:36,76	01:16,34	02:58,65	00:31,04	01:06,14	02:25,86	02:25,59	05:17,18
394	00:28,50	00:59,98	02:08,37	04:25,26	09:11,83	18:21,34	00:34,52	01:12,37	02:28,95	00:36,77	01:16,37	02:58,69	00:31,06	01:06,16	02:25,90	02:25,62	05:17,26
393	00:28,52	01:00,00	02:08,41	04:25,33	09:11,97	18:21,62	00:34,54	01:12,40	02:28,99	00:36,79	01:16,39	02:58,74	00:31,07	01:06,18	02:25,94	02:25,66	05:17,34
392	00:28,53	01:00,02	02:08,44	04:25,39	09:12,11	18:21,90	00:34,55	01:12,42	02:29,03	00:36,80	01:16,42	02:58,79	00:31,08	01:06,20	02:25,97	02:25,70	05:17,42
391	00:28,54	01:00,04	02:08,47	04:25,46	09:12,25	18:22,18	00:34,57	01:12,44	02:29,06	00:36,82	01:16,44	02:58,83	00:31,09	01:06,23	02:26,01	02:25,74	05:17,50
390	00:28,55	01:00,06	02:08,51	04:25,53	09:12,39	18:22,47	00:34,58	01:12,47	02:29,10	00:36,83	01:16,47	02:58,88	00:31,11	01:06,25	02:26,05	02:25,77	05:17,58
389	00:28,56	01:00,08	02:08,54	04:25,60	09:12,53	18:22,75	00:34,59	01:12,49	02:29,14	00:36,85	01:16,49	02:58,92	00:31,12	01:06,27	02:26,08	02:25,81	05:17,66
388	00:28,57	01:00,10	02:08,57	04:25,67	09:12,68	18:23,03	00:34,61	01:12,52	02:29,18	00:36,86	01:16,52	02:58,97	00:31,13	01:06,29	02:26,12	02:25,85	05:17,75
387	00:28,59	01:00,12	02:08,61	04:25,74	09:12,82	18:23,32	00:34,62	01:12,54	02:29,22	00:36,88	01:16,55	02:59,02	00:31,14	01:06,32	02:26,16	02:25,89	05:17,83
386	00:28,60	01:00,14	02:08,64	04:25,80	09:12,96	18:23,61	00:34,64	01:12,57	02:29,26	00:36,89	01:16,57	02:59,06	00:31,16	01:06,34	02:26,20	02:25,92	05:17,91
385	00:28,61	01:00,17	02:08,67	04:25,87	09:13,11	18:23,89	00:34,65	01:12,59	02:29,30	00:36,91	01:16,60	02:59,11	00:31,17	01:06,36	02:26,24	02:25,96	05:17,99
384	00:28,62	01:00,19	02:08,71	04:25,94	09:13,25	18:24,18	00:34,66	01:12,62	02:29,33	00:36,92	01:16,63	02:59,16	00:31,18	01:06,39	02:26,27	02:26,00	05:18,08
383	00:28,63	01:00,21	02:08,74	04:26,01	09:13,40	18:24,47	00:34,68	01:12,64	02:29,37	00:36,94	01:16,65	02:59,20	00:31,20	01:06,41	02:26,31	02:26,04	05:18,16
382	00:28,65	01:00,23	02:08,77	04:26,08	09:13,54	18:24,76	00:34,69	01:12,67	02:29,41	00:36,95	01:16,68	02:59,25	00:31,21	01:06,43	02:26,35	02:26,08	05:18,24
381	00:28,66	01:00,25	02:08,81	04:26,15	09:13,69	18:25,05	00:34,71	01:12,69	02:29,45	00:36,97	01:16,71	02:59,30	00:31,22	01:06,45	02:26,39	02:26,11	05:18,33
380	00:28,67	01:00,27	02:08,84	04:26,22	09:13,83	18:25,34	00:34,72	01:12,72	02:29,49	00:36,99	01:16,73	02:59,34	00:31,24	01:06,48	02:26,43	02:26,15	05:18,41
379	00:28,68	01:00,29	02:08,88	04:26,29	09:13,98	18:25,64	00:34,74	01:12,74	02:29,53	00:37,00	01:16,76	02:59,39	00:31,25	01:06,50	02:26,47	02:26,19	05:18,50
378	00:28,69	01:00,31	02:08,91	04:26,36	09:14,13	18:25,93	00:34,75	01:12,77	02:29,57	00:37,02	01:16,79	02:59,44	00:31,26	01:06,52	02:26,51	02:26,23	05:18,58
377	00:28,71	01:00,33	02:08,94	04:26,43	09:14,27	18:26,22	00:34,77	01:12,80	02:29,61	00:37,03	01:16,81	02:59,49	00:31,27	01:06,55	02:26,54	02:26,27	05:18,66
376	00:28,72	01:00,35	02:08,98	04:26,51	09:14,42	18:26,52	00:34,78	01:12,82	02:29,65	00:37,05	01:16,84	02:59,53	00:31,29	01:06,57	02:26,58	02:26,31	05:18,75
375	00:28,73	01:00,38	02:09,01	04:26,58	09:14,57	18:26,81	00:34,80	01:12,85	02:29,69	00:37,06	01:16,87	02:59,58	00:31,30	01:06,59	02:26,62	02:26,35	05:18,83
374	00:28,74	01:00,40	02:09,05	04:26,65	09:14,72	18:27,11	00:34,81	01:12,87	02:29,73	00:37,08	01:16,89	02:59,63	00:31,31	01:06,62	02:26,66	02:26,39	05:18,92
373	00:28,75	01:00,42	02:09,08	04:26,72	09:14,87	18:27,41	00:34,83	01:12,90	02:29,77	00:37,09	01:16,92	02:59,68	00:31,33	01:06,64	02:26,70	02:26,43	05:19,01

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
372	00:28,77	01:00,44	02:09,12	04:26,79	09:15,02	18:27,71	00:34,84	01:12,92	02:29,81	00:37,11	01:16,95	02:59,73	00:31,34	01:06,67	02:26,74	02:26,47	05:19,09
371	00:28,78	01:00,46	02:09,15	04:26,86	09:15,17	18:28,00	00:34,86	01:12,95	02:29,85	00:37,13	01:16,98	02:59,78	00:31,35	01:06,69	02:26,78	02:26,50	05:19,18
370	00:28,79	01:00,48	02:09,19	04:26,94	09:15,32	18:28,31	00:34,87	01:12,98	02:29,89	00:37,14	01:17,00	02:59,82	00:31,37	01:06,71	02:26,82	02:26,54	05:19,26
369	00:28,80	01:00,50	02:09,22	04:27,01	09:15,47	18:28,61	00:34,89	01:13,00	02:29,93	00:37,16	01:17,03	02:59,87	00:31,38	01:06,74	02:26,86	02:26,58	05:19,35
368	00:28,82	01:00,53	02:09,26	04:27,08	09:15,62	18:28,91	00:34,90	01:13,03	02:29,97	00:37,17	01:17,06	02:59,92	00:31,39	01:06,76	02:26,90	02:26,62	05:19,44
367	00:28,83	01:00,55	02:09,29	04:27,15	09:15,77	18:29,21	00:34,92	01:13,06	02:30,01	00:37,19	01:17,09	02:59,97	00:31,41	01:06,78	02:26,94	02:26,66	05:19,53
366	00:28,84	01:00,57	02:09,33	04:27,23	09:15,92	18:29,51	00:34,93	01:13,08	02:30,06	00:37,21	01:17,12	03:00,02	00:31,42	01:06,81	02:26,98	02:26,70	05:19,61
365	00:28,85	01:00,59	02:09,36	04:27,30	09:16,08	18:29,82	00:34,95	01:13,11	02:30,10	00:37,22	01:17,14	03:00,07	00:31,44	01:06,83	02:27,02	02:26,74	05:19,70
364	00:28,87	01:00,61	02:09,40	04:27,37	09:16,23	18:30,12	00:34,96	01:13,14	02:30,14	00:37,24	01:17,17	03:00,12	00:31,45	01:06,86	02:27,06	02:26,79	05:19,79
363	00:28,88	01:00,64	02:09,43	04:27,45	09:16,38	18:30,43	00:34,98	01:13,16	02:30,18	00:37,26	01:17,20	03:00,17	00:31,46	01:06,88	02:27,10	02:26,83	05:19,88
362	00:28,89	01:00,66	02:09,47	04:27,52	09:16,54	18:30,74	00:34,99	01:13,19	02:30,22	00:37,27	01:17,23	03:00,22	00:31,48	01:06,91	02:27,14	02:26,87	05:19,97
361	00:28,90	01:00,68	02:09,51	04:27,60	09:16,69	18:31,05	00:35,01	01:13,22	02:30,26	00:37,29	01:17,26	03:00,27	00:31,49	01:06,93	02:27,18	02:26,91	05:20,05
360	00:28,92	01:00,70	02:09,54	04:27,67	09:16,85	18:31,36	00:35,02	01:13,24	02:30,31	00:37,30	01:17,28	03:00,32	00:31,50	01:06,96	02:27,23	02:26,95	05:20,14
359	00:28,93	01:00,73	02:09,58	04:27,75	09:17,00	18:31,67	00:35,04	01:13,27	02:30,35	00:37,32	01:17,31	03:00,37	00:31,52	01:06,98	02:27,27	02:26,99	05:20,23
358	00:28,94	01:00,75	02:09,61	04:27,82	09:17,16	18:31,98	00:35,05	01:13,30	02:30,39	00:37,34	01:17,34	03:00,42	00:31,53	01:07,01	02:27,31	02:27,03	05:20,32
357	00:28,96	01:00,77	02:09,65	04:27,90	09:17,31	18:32,29	00:35,07	01:13,32	02:30,43	00:37,35	01:17,37	03:00,47	00:31,55	01:07,03	02:27,35	02:27,07	05:20,41
356	00:28,97	01:00,79	02:09,69	04:27,97	09:17,47	18:32,60	00:35,08	01:13,35	02:30,47	00:37,37	01:17,40	03:00,52	00:31,56	01:07,06	02:27,39	02:27,11	05:20,50
355	00:28,98	01:00,82	02:09,72	04:28,05	09:17,63	18:32,92	00:35,10	01:13,38	02:30,52	00:37,39	01:17,43	03:00,57	00:31,57	01:07,08	02:27,43	02:27,15	05:20,59
354	00:28,99	01:00,84	02:09,76	04:28,12	09:17,79	18:33,23	00:35,12	01:13,41	02:30,56	00:37,40	01:17,46	03:00,62	00:31,59	01:07,11	02:27,47	02:27,20	05:20,68
353	00:29,01	01:00,86	02:09,80	04:28,20	09:17,95	18:33,55	00:35,13	01:13,43	02:30,60	00:37,42	01:17,49	03:00,68	00:31,60	01:07,13	02:27,52	02:27,24	05:20,77
352	00:29,02	01:00,88	02:09,83	04:28,28	09:18,10	18:33,87	00:35,15	01:13,46	02:30,64	00:37,44	01:17,52	03:00,73	00:31,62	01:07,16	02:27,56	02:27,28	05:20,87
351	00:29,03	01:00,91	02:09,87	04:28,35	09:18,26	18:34,18	00:35,16	01:13,49	02:30,69	00:37,46	01:17,54	03:00,78	00:31,63	01:07,18	02:27,60	02:27,32	05:20,96
350	00:29,05	01:00,93	02:09,91	04:28,43	09:18,42	18:34,50	00:35,18	01:13,52	02:30,73	00:37,47	01:17,57	03:00,83	00:31,65	01:07,21	02:27,64	02:27,36	05:21,05
349	00:29,06	01:00,95	02:09,95	04:28,51	09:18,58	18:34,82	00:35,20	01:13,54	02:30,77	00:37,49	01:17,60	03:00,88	00:31,66	01:07,23	02:27,68	02:27,41	05:21,14
348	00:29,07	01:00,98	02:09,98	04:28,58	09:18,74	18:35,14	00:35,21	01:13,57	02:30,82	00:37,51	01:17,63	03:00,93	00:31,68	01:07,26	02:27,73	02:27,45	05:21,23
347	00:29,09	01:01,00	02:10,02	04:28,66	09:18,91	18:35,47	00:35,23	01:13,60	02:30,86	00:37,52	01:17,66	03:00,99	00:31,69	01:07,28	02:27,77	02:27,49	05:21,33
346	00:29,10	01:01,02	02:10,06	04:28,74	09:19,07	18:35,79	00:35,24	01:13,63	02:30,90	00:37,54	01:17,69	03:01,04	00:31,70	01:07,31	02:27,81	02:27,53	05:21,42
345	00:29,11	01:01,05	02:10,10	04:28,82	09:19,23	18:36,11	00:35,26	01:13,66	02:30,95	00:37,56	01:17,72	03:01,09	00:31,72	01:07,33	02:27,86	02:27,58	05:21,51
344	00:29,13	01:01,07	02:10,13	04:28,89	09:19,39	18:36,44	00:35,28	01:13,69	02:30,99	00:37,58	01:17,75	03:01,14	00:31,73	01:07,36	02:27,90	02:27,62	05:21,61
343	00:29,14	01:01,09	02:10,17	04:28,97	09:19,56	18:36,76	00:35,29	01:13,71	02:31,04	00:37,59	01:17,78	03:01,20	00:31,75	01:07,39	02:27,94	02:27,66	05:21,70
342	00:29,15	01:01,12	02:10,21	04:29,05	09:19,72	18:37,09	00:35,31	01:13,74	02:31,08	00:37,61	01:17,81	03:01,25	00:31,76	01:07,41	02:27,98	02:27,71	05:21,80
341	00:29,17	01:01,14	02:10,25	04:29,13	09:19,88	18:37,42	00:35,33	01:13,77	02:31,13	00:37,63	01:17,84	03:01,30	00:31,78	01:07,44	02:28,03	02:27,75	05:21,89
340	00:29,18	01:01,17	02:10,29	04:29,21	09:20,05	18:37,75	00:35,34	01:13,80	02:31,17	00:37,65	01:17,87	03:01,36	00:31,79	01:07,47	02:28,07	02:27,79	05:21,99
339	00:29,19	01:01,19	02:10,33	04:29,29	09:20,22	18:38,08	00:35,36	01:13,83	02:31,21	00:37,66	01:17,90	03:01,41	00:31,81	01:07,49	02:28,12	02:27,84	05:22,08
338	00:29,21	01:01,21	02:10,36	04:29,37	09:20,38	18:38,41	00:35,38	01:13,86	02:31,26	00:37,68	01:17,93	03:01,46	00:31,82	01:07,52	02:28,16	02:27,88	05:22,18
337	00:29,22	01:01,24	02:10,40	04:29,45	09:20,55	18:38,74	00:35,39	01:13,89	02:31,30	00:37,70	01:17,96	03:01,52	00:31,84	01:07,54	02:28,20	02:27,92	05:22,27
336	00:29,24	01:01,26	02:10,44	04:29,53	09:20,72	18:39,08	00:35,41	01:13,92	02:31,35	00:37,72	01:18,00	03:01,57	00:31,85	01:07,57	02:28,25	02:27,97	05:22,37
335	00:29,25	01:01,29	02:10,48	04:29,61	09:20,88	18:39,41	00:35,43	01:13,95	02:31,39	00:37,73	01:18,03	03:01,63	00:31,87	01:07,60	02:28,29	02:28,01	05:22,46
334	00:29,26	01:01,31	02:10,52	04:29,69	09:21,05	18:39,75	00:35,44	01:13,97	02:31,44	00:37,75	01:18,06	03:01,68	00:31,88	01:07,62	02:28,34	02:28,06	05:22,56
333	00:29,28	01:01,33	02:10,56	04:29,77	09:21,22	18:40,08	00:35,46	01:14,00	02:31,49	00:37,77	01:18,09	03:01,74	00:31,90	01:07,65	02:28,38	02:28,10	05:22,66
332	00:29,29	01:01,36	02:10,60	04:29,85	09:21,39	18:40,42	00:35,48	01:14,03	02:31,53	00:37,79	01:18,12	03:01,79	00:31,91	01:07,68	02:28,43	02:28,15	05:22,76
331	00:29,31	01:01,38	02:10,64	04:29,94	09:21,56	18:40,76	00:35,49	01:14,06	02:31,58	00:37,81	01:18,15	03:01,85	00:31,93	01:07,71	02:28,47	02:28,19	05:22,85
330	00:29,32	01:01,41	02:10,68	04:30,02	09:21,73	18:41,10	00:35,51	01:14,09	02:31,62	00:37,82	01:18,18	03:01,90	00:31,94	01:07,73	02:28,52	02:28,24	05:22,95
329	00:29,33	01:01,43	02:10,72	04:30,10	09:21,90	18:41,44	00:35,53	01:14,12	02:31,67	00:37,84	01:18,21	03:01,96	00:31,96	01:07,76	02:28,56	02:28,28	05:23,05
328	00:29,35	01:01,46	02:10,76	04:30,18	09:22,07	18:41,79	00:35,54	01:14,15	02:31,72	00:37,86	01:18,25	03:02,01	00:31,97	01:07,79	02:28,61	02:28,33	05:23,15
327	00:29,36	01:01,48	02:10,80	04:30,27	09:22,25	18:42,13	00:35,56	01:14,18	02:31,76	00:37,88	01:18,28	03:02,07	00:31,99	01:07,82	02:28,65	02:28,37	05:23,25
326	00:29,38	01:01,51	02:10,84	04:30,35	09:22,42	18:42,47	00:35,58	01:14,21	02:31,81	00:37,90	01:18,31	03:02,12	00:32,01	01:07,84	02:28,70	02:28,42	05:23,35

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
325	00:29,39	01:01,53	02:10,88	04:30,43	09:22,59	18:42,82	00:35,60	01:14,24	02:31,86	00:37,92	01:18,34	03:02,18	00:32,02	01:07,87	02:28,74	02:28,46	05:23,45
324	00:29,41	01:01,56	02:10,92	04:30,52	09:22,77	18:43,17	00:35,61	01:14,27	02:31,90	00:37,93	01:18,37	03:02,24	00:32,04	01:07,90	02:28,79	02:28,51	05:23,55
323	00:29,42	01:01,58	02:10,96	04:30,60	09:22,94	18:43,52	00:35,63	01:14,30	02:31,95	00:37,95	01:18,40	03:02,29	00:32,05	01:07,93	02:28,84	02:28,56	05:23,65
322	00:29,43	01:01,61	02:11,00	04:30,68	09:23,12	18:43,87	00:35,65	01:14,33	02:32,00	00:37,97	01:18,44	03:02,35	00:32,07	01:07,95	02:28,88	02:28,60	05:23,75
321	00:29,45	01:01,63	02:11,04	04:30,77	09:23,29	18:44,22	00:35,67	01:14,37	02:32,04	00:37,99	01:18,47	03:02,41	00:32,08	01:07,98	02:28,93	02:28,65	05:23,85
320	00:29,46	01:01,66	02:11,08	04:30,85	09:23,47	18:44,57	00:35,68	01:14,40	02:32,09	00:38,01	01:18,50	03:02,46	00:32,10	01:08,01	02:28,98	02:28,70	05:23,95
319	00:29,48	01:01,68	02:11,12	04:30,94	09:23,64	18:44,92	00:35,70	01:14,43	02:32,14	00:38,03	01:18,53	03:02,52	00:32,12	01:08,04	02:29,02	02:28,74	05:24,05
318	00:29,49	01:01,71	02:11,16	04:31,02	09:23,82	18:45,28	00:35,72	01:14,46	02:32,19	00:38,05	01:18,57	03:02,58	00:32,13	01:08,07	02:29,07	02:28,79	05:24,15
317	00:29,51	01:01,74	02:11,21	04:31,11	09:24,00	18:45,63	00:35,74	01:14,49	02:32,24	00:38,07	01:18,60	03:02,64	00:32,15	01:08,10	02:29,12	02:28,84	05:24,26
316	00:29,52	01:01,76	02:11,25	04:31,20	09:24,18	18:45,99	00:35,76	01:14,52	02:32,28	00:38,09	01:18,63	03:02,69	00:32,16	01:08,12	02:29,16	02:28,88	05:24,36
315	00:29,54	01:01,79	02:11,29	04:31,28	09:24,36	18:46,35	00:35,77	01:14,55	02:32,33	00:38,11	01:18,67	03:02,75	00:32,18	01:08,15	02:29,21	02:28,93	05:24,46
314	00:29,55	01:01,81	02:11,33	04:31,37	09:24,54	18:46,71	00:35,79	01:14,58	02:32,38	00:38,12	01:18,70	03:02,81	00:32,20	01:08,18	02:29,26	02:28,98	05:24,57
313	00:29,57	01:01,84	02:11,37	04:31,45	09:24,72	18:47,07	00:35,81	01:14,61	02:32,43	00:38,14	01:18,73	03:02,87	00:32,21	01:08,21	02:29,31	02:29,03	05:24,67
312	00:29,58	01:01,87	02:11,42	04:31,54	09:24,90	18:47,43	00:35,83	01:14,65	02:32,48	00:38,16	01:18,77	03:02,93	00:32,23	01:08,24	02:29,35	02:29,07	05:24,77
311	00:29,60	01:01,89	02:11,46	04:31,63	09:25,08	18:47,79	00:35,85	01:14,68	02:32,53	00:38,18	01:18,80	03:02,99	00:32,25	01:08,27	02:29,40	02:29,12	05:24,88
310	00:29,61	01:01,92	02:11,50	04:31,72	09:25,27	18:48,16	00:35,87	01:14,71	02:32,58	00:38,20	01:18,83	03:03,05	00:32,26	01:08,30	02:29,45	02:29,17	05:24,98
309	00:29,63	01:01,95	02:11,54	04:31,81	09:25,45	18:48,52	00:35,88	01:14,74	02:32,63	00:38,22	01:18,87	03:03,11	00:32,28	01:08,33	02:29,50	02:29,22	05:25,09
308	00:29,64	01:01,97	02:11,59	04:31,89	09:25,63	18:48,89	00:35,90	01:14,77	02:32,68	00:38,24	01:18,90	03:03,16	00:32,30	01:08,36	02:29,55	02:29,27	05:25,19
307	00:29,66	01:02,00	02:11,63	04:31,98	09:25,82	18:49,26	00:35,92	01:14,81	02:32,73	00:38,26	01:18,93	03:03,22	00:32,31	01:08,39	02:29,60	02:29,32	05:25,30
306	00:29,67	01:02,03	02:11,67	04:32,07	09:26,00	18:49,63	00:35,94	01:14,84	02:32,78	00:38,28	01:18,97	03:03,28	00:32,33	01:08,41	02:29,65	02:29,36	05:25,41
305	00:29,69	01:02,05	02:11,72	04:32,16	09:26,19	18:50,00	00:35,96	01:14,87	02:32,83	00:38,30	01:19,00	03:03,34	00:32,35	01:08,44	02:29,69	02:29,41	05:25,51
304	00:29,70	01:02,08	02:11,76	04:32,25	09:26,37	18:50,37	00:35,98	01:14,90	02:32,88	00:38,32	01:19,04	03:03,41	00:32,36	01:08,47	02:29,74	02:29,46	05:25,62
303	00:29,72	01:02,11	02:11,80	04:32,34	09:26,56	18:50,75	00:36,00	01:14,94	02:32,93	00:38,34	01:19,07	03:03,47	00:32,38	01:08,50	02:29,79	02:29,51	05:25,73
302	00:29,74	01:02,13	02:11,85	04:32,43	09:26,75	18:51,12	00:36,01	01:14,97	02:32,98	00:38,36	01:19,11	03:03,53	00:32,40	01:08,53	02:29,84	02:29,56	05:25,84
301	00:29,75	01:02,16	02:11,89	04:32,52	09:26,94	18:51,50	00:36,03	01:15,00	02:33,03	00:38,38	01:19,14	03:03,59	00:32,41	01:08,56	02:29,89	02:29,61	05:25,95
300	00:29,77	01:02,19	02:11,93	04:32,61	09:27,13	18:51,88	00:36,05	01:15,04	02:33,08	00:38,40	01:19,18	03:03,65	00:32,43	01:08,59	02:29,94	02:29,66	05:26,05
299	00:29,78	01:02,22	02:11,98	04:32,70	09:27,32	18:52,25	00:36,07	01:15,07	02:33,13	00:38,42	01:19,21	03:03,71	00:32,45	01:08,63	02:29,99	02:29,71	05:26,16
298	00:29,80	01:02,24	02:12,02	04:32,80	09:27,51	18:52,64	00:36,09	01:15,10	02:33,18	00:38,44	01:19,25	03:03,77	00:32,47	01:08,66	02:30,04	02:29,76	05:26,27
297	00:29,82	01:02,27	02:12,07	04:32,89	09:27,70	18:53,02	00:36,11	01:15,14	02:33,23	00:38,46	01:19,28	03:03,83	00:32,48	01:08,69	02:30,09	02:29,81	05:26,38
296	00:29,83	01:02,30	02:12,11	04:32,98	09:27,89	18:53,40	00:36,13	01:15,17	02:33,29	00:38,48	01:19,32	03:03,90	00:32,50	01:08,72	02:30,15	02:29,86	05:26,49
295	00:29,85	01:02,33	02:12,16	04:33,07	09:28,09	18:53,79	00:36,15	01:15,20	02:33,34	00:38,50	01:19,35	03:03,96	00:32,52	01:08,75	02:30,20	02:29,91	05:26,60
294	00:29,86	01:02,36	02:12,20	04:33,17	09:28,28	18:54,17	00:36,17	01:15,24	02:33,39	00:38,53	01:19,39	03:04,02	00:32,54	01:08,78	02:30,25	02:29,96	05:26,72
293	00:29,88	01:02,38	02:12,25	04:33,26	09:28,47	18:54,56	00:36,19	01:15,27	02:33,44	00:38,55	01:19,43	03:04,08	00:32,55	01:08,81	02:30,30	02:30,02	05:26,83
292	00:29,90	01:02,41	02:12,29	04:33,35	09:28,67	18:54,95	00:36,21	01:15,30	02:33,50	00:38,57	01:19,46	03:04,15	00:32,57	01:08,84	02:30,35	02:30,07	05:26,94
291	00:29,91	01:02,44	02:12,34	04:33,45	09:28,86	18:55,34	00:36,23	01:15,34	02:33,55	00:38,59	01:19,50	03:04,21	00:32,59	01:08,87	02:30,40	02:30,12	05:27,05
290	00:29,93	01:02,47	02:12,38	04:33,54	09:29,06	18:55,73	00:36,25	01:15,37	02:33,60	00:38,61	01:19,53	03:04,27	00:32,61	01:08,90	02:30,45	02:30,17	05:27,17
289	00:29,94	01:02,50	02:12,43	04:33,64	09:29,26	18:56,13	00:36,27	01:15,41	02:33,66	00:38,63	01:19,57	03:04,34	00:32,62	01:08,94	02:30,51	02:30,22	05:27,28
288	00:29,96	01:02,53	02:12,48	04:33,73	09:29,46	18:56,52	00:36,29	01:15,44	02:33,71	00:38,65	01:19,61	03:04,40	00:32,64	01:08,97	02:30,56	02:30,28	05:27,39
287	00:29,98	01:02,56	02:12,52	04:33,83	09:29,65	18:56,92	00:36,31	01:15,48	02:33,76	00:38,67	01:19,64	03:04,47	00:32,66	01:09,00	02:30,61	02:30,33	05:27,51
286	00:29,99	01:02,58	02:12,57	04:33,92	09:29,85	18:57,32	00:36,33	01:15,51	02:33,82	00:38,70	01:19,68	03:04,53	00:32,68	01:09,03	02:30,66	02:30,38	05:27,62
285	00:30,01	01:02,61	02:12,61	04:34,02	09:30,05	18:57,72	00:36,35	01:15,55	02:33,87	00:38,72	01:19,72	03:04,60	00:32,70	01:09,06	02:30,72	02:30,43	05:27,74
284	00:30,03	01:02,64	02:12,66	04:34,12	09:30,26	18:58,12	00:36,37	01:15,58	02:33,92	00:38,74	01:19,75	03:04,66	00:32,72	01:09,10	02:30,77	02:30,49	05:27,85
283	00:30,04	01:02,67	02:12,71	04:34,21	09:30,46	18:58,52	00:36,39	01:15,62	02:33,98	00:38,76	01:19,79	03:04,73	00:32,73	01:09,13	02:30,82	02:30,54	05:27,97
282	00:30,06	01:02,70	02:12,76	04:34,31	09:30,66	18:58,92	00:36,41	01:15,65	02:34,03	00:38,78	01:19,83	03:04,79	00:32,75	01:09,16	02:30,88	02:30,59	05:28,09
281	00:30,08	01:02,73	02:12,80	04:34,41	09:30,86	18:59,33	00:36,43	01:15,69	02:34,09	00:38,80	01:19,87	03:04,86	00:32,77	01:09,19	02:30,93	02:30,65	05:28,20
280	00:30,10	01:02,76	02:12,85	04:34,51	09:31,07	18:59,74	00:36,45	01:15,73	02:34,14	00:38,83	01:19,90	03:04,92	00:32,79	01:09,23	02:30,98	02:30,70	05:28,32
279	00:30,11	01:02,79	02:12,90	04:34,61	09:31,27	19:00,15	00:36,47	01:15,76	02:34,20	00:38,85	01:19,94	03:04,99	00:32,81	01:09,26	02:31,04	02:30,75	05:28,44

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
278	00:30,13	01:02,82	02:12,95	04:34,70	09:31,48	19:00,56	00:36,49	01:15,80	02:34,25	00:38,87	01:19,98	03:05,06	00:32,83	01:09,29	02:31,09	02:30,81	05:28,56
277	00:30,15	01:02,85	02:12,99	04:34,80	09:31,69	19:00,97	00:36,51	01:15,83	02:34,31	00:38,89	01:20,02	03:05,12	00:32,85	01:09,32	02:31,15	02:30,86	05:28,67
276	00:30,16	01:02,88	02:13,04	04:34,90	09:31,89	19:01,39	00:36,53	01:15,87	02:34,37	00:38,91	01:20,06	03:05,19	00:32,86	01:09,36	02:31,20	02:30,92	05:28,79
275	00:30,18	01:02,91	02:13,09	04:35,00	09:32,10	19:01,80	00:36,56	01:15,91	02:34,42	00:38,94	01:20,10	03:05,26	00:32,88	01:09,39	02:31,26	02:30,97	05:28,91
274	00:30,20	01:02,94	02:13,14	04:35,10	09:32,31	19:02,22	00:36,58	01:15,94	02:34,48	00:38,96	01:20,13	03:05,33	00:32,90	01:09,42	02:31,31	02:31,03	05:29,03
273	00:30,22	01:02,97	02:13,19	04:35,20	09:32,52	19:02,64	00:36,60	01:15,98	02:34,54	00:38,98	01:20,17	03:05,40	00:32,92	01:09,46	02:31,37	02:31,08	05:29,15
272	00:30,23	01:03,00	02:13,24	04:35,31	09:32,73	19:03,06	00:36,62	01:16,02	02:34,59	00:39,01	01:20,21	03:05,46	00:32,94	01:09,49	02:31,42	02:31,14	05:29,28
271	00:30,25	01:03,03	02:13,29	04:35,41	09:32,94	19:03,48	00:36,64	01:16,05	02:34,65	00:39,03	01:20,25	03:05,53	00:32,96	01:09,53	02:31,48	02:31,20	05:29,40
270	00:30,27	01:03,06	02:13,34	04:35,51	09:33,16	19:03,91	00:36,66	01:16,09	02:34,71	00:39,05	01:20,29	03:05,60	00:32,98	01:09,56	02:31,54	02:31,25	05:29,52
269	00:30,29	01:03,10	02:13,39	04:35,61	09:33,37	19:04,33	00:36,68	01:16,13	02:34,76	00:39,07	01:20,33	03:05,67	00:33,00	01:09,59	02:31,59	02:31,31	05:29,64
268	00:30,31	01:03,13	02:13,44	04:35,72	09:33,58	19:04,76	00:36,71	01:16,17	02:34,82	00:39,10	01:20,37	03:05,74	00:33,02	01:09,63	02:31,65	02:31,36	05:29,77
267	00:30,32	01:03,16	02:13,49	04:35,82	09:33,80	19:05,19	00:36,73	01:16,20	02:34,88	00:39,12	01:20,41	03:05,81	00:33,04	01:09,66	02:31,71	02:31,42	05:29,89
266	00:30,34	01:03,19	02:13,54	04:35,92	09:34,01	19:05,62	00:36,75	01:16,24	02:34,94	00:39,14	01:20,45	03:05,88	00:33,06	01:09,70	02:31,76	02:31,48	05:30,01
265	00:30,36	01:03,22	02:13,59	04:36,03	09:34,23	19:06,05	00:36,77	01:16,28	02:35,00	00:39,17	01:20,49	03:05,95	00:33,08	01:09,73	02:31,82	02:31,54	05:30,14
264	00:30,38	01:03,25	02:13,64	04:36,13	09:34,45	19:06,49	00:36,79	01:16,32	02:35,06	00:39,19	01:20,53	03:06,02	00:33,10	01:09,77	02:31,88	02:31,59	05:30,26
263	00:30,40	01:03,28	02:13,69	04:36,24	09:34,67	19:06,92	00:36,82	01:16,36	02:35,12	00:39,21	01:20,57	03:06,09	00:33,12	01:09,80	02:31,94	02:31,65	05:30,39
262	00:30,42	01:03,32	02:13,74	04:36,34	09:34,89	19:07,36	00:36,84	01:16,40	02:35,17	00:39,24	01:20,61	03:06,16	00:33,14	01:09,84	02:31,99	02:31,71	05:30,52
261	00:30,43	01:03,35	02:13,79	04:36,45	09:35,11	19:07,80	00:36,86	01:16,43	02:35,23	00:39,26	01:20,65	03:06,23	00:33,16	01:09,87	02:32,05	02:31,77	05:30,64
260	00:30,45	01:03,38	02:13,84	04:36,56	09:35,33	19:08,25	00:36,88	01:16,47	02:35,29	00:39,29	01:20,69	03:06,31	00:33,18	01:09,91	02:32,11	02:31,83	05:30,77
259	00:30,47	01:03,41	02:13,89	04:36,66	09:35,55	19:08,69	00:36,91	01:16,51	02:35,35	00:39,31	01:20,74	03:06,38	00:33,20	01:09,95	02:32,17	02:31,88	05:30,90
258	00:30,49	01:03,45	02:13,95	04:36,77	09:35,78	19:09,14	00:36,93	01:16,55	02:35,41	00:39,33	01:20,78	03:06,45	00:33,22	01:09,98	02:32,23	02:31,94	05:31,03
257	00:30,51	01:03,48	02:14,00	04:36,88	09:36,00	19:09,58	00:36,95	01:16,59	02:35,48	00:39,36	01:20,82	03:06,52	00:33,24	01:10,02	02:32,29	02:32,00	05:31,16
256	00:30,53	01:03,51	02:14,05	04:36,99	09:36,23	19:10,03	00:36,97	01:16,63	02:35,54	00:39,38	01:20,86	03:06,60	00:33,26	01:10,05	02:32,35	02:32,06	05:31,29
255	00:30,55	01:03,54	02:14,10	04:37,10	09:36,45	19:10,49	00:37,00	01:16,67	02:35,60	00:39,41	01:20,90	03:06,67	00:33,28	01:10,09	02:32,41	02:32,12	05:31,42
254	00:30,57	01:03,58	02:14,16	04:37,20	09:36,68	19:10,94	00:37,02	01:16,71	02:35,66	00:39,43	01:20,94	03:06,74	00:33,30	01:10,13	02:32,47	02:32,18	05:31,55
253	00:30,59	01:03,61	02:14,21	04:37,31	09:36,91	19:11,39	00:37,04	01:16,75	02:35,72	00:39,46	01:20,99	03:06,82	00:33,32	01:10,16	02:32,53	02:32,24	05:31,68
252	00:30,60	01:03,64	02:14,26	04:37,42	09:37,14	19:11,85	00:37,07	01:16,79	02:35,78	00:39,48	01:21,03	03:06,89	00:33,34	01:10,20	02:32,59	02:32,30	05:31,81
251	00:30,62	01:03,68	02:14,32	04:37,53	09:37,37	19:12,31	00:37,09	01:16,83	02:35,84	00:39,51	01:21,07	03:06,96	00:33,36	01:10,24	02:32,65	02:32,36	05:31,94
250	00:30,64	01:03,71	02:14,37	04:37,65	09:37,60	19:12,77	00:37,11	01:16,87	02:35,91	00:39,53	01:21,11	03:07,04	00:33,39	01:10,27	02:32,71	02:32,42	05:32,07
249	00:30,66	01:03,75	02:14,42	04:37,76	09:37,83	19:13,24	00:37,14	01:16,91	02:35,97	00:39,56	01:21,16	03:07,11	00:33,41	01:10,31	02:32,77	02:32,49	05:32,21
248	00:30,68	01:03,78	02:14,48	04:37,87	09:38,06	19:13,70	00:37,16	01:16,95	02:36,03	00:39,58	01:21,20	03:07,19	00:33,43	01:10,35	02:32,83	02:32,55	05:32,34
247	00:30,70	01:03,81	02:14,53	04:37,98	09:38,30	19:14,17	00:37,18	01:17,00	02:36,10	00:39,61	01:21,24	03:07,27	00:33,45	01:10,39	02:32,90	02:32,61	05:32,48
246	00:30,72	01:03,85	02:14,59	04:38,10	09:38,53	19:14,64	00:37,21	01:17,04	02:36,16	00:39,63	01:21,29	03:07,34	00:33,47	01:10,42	02:32,96	02:32,67	05:32,61
245	00:30,74	01:03,88	02:14,64	04:38,21	09:38,77	19:15,11	00:37,23	01:17,08	02:36,22	00:39,66	01:21,33	03:07,42	00:33,49	01:10,46	02:33,02	02:32,73	05:32,75
244	00:30,76	01:03,92	02:14,70	04:38,32	09:39,01	19:15,59	00:37,26	01:17,12	02:36,29	00:39,68	01:21,38	03:07,50	00:33,52	01:10,50	02:33,08	02:32,80	05:32,88
243	00:30,78	01:03,95	02:14,75	04:38,44	09:39,25	19:16,06	00:37,28	01:17,16	02:36,35	00:39,71	01:21,42	03:07,57	00:33,54	01:10,54	02:33,15	02:32,86	05:33,02
242	00:30,80	01:03,99	02:14,81	04:38,55	09:39,49	19:16,54	00:37,31	01:17,20	02:36,42	00:39,74	01:21,47	03:07,65	00:33,56	01:10,58	02:33,21	02:32,92	05:33,16
241	00:30,82	01:04,02	02:14,87	04:38,67	09:39,73	19:17,02	00:37,33	01:17,25	02:36,48	00:39,76	01:21,51	03:07,73	00:33,58	01:10,62	02:33,27	02:32,99	05:33,30
240	00:30,84	01:04,06	02:14,92	04:38,79	09:39,97	19:17,51	00:37,36	01:17,29	02:36,55	00:39,79	01:21,56	03:07,81	00:33,60	01:10,66	02:33,34	02:33,05	05:33,44
239	00:30,86	01:04,09	02:14,98	04:38,90	09:40,21	19:17,99	00:37,38	01:17,33	02:36,61	00:39,82	01:21,60	03:07,89	00:33,63	01:10,69	02:33,40	02:33,11	05:33,58
238	00:30,88	01:04,13	02:15,03	04:39,02	09:40,46	19:18,48	00:37,40	01:17,38	02:36,68	00:39,84	01:21,65	03:07,97	00:33,65	01:10,73	02:33,47	02:33,18	05:33,72
237	00:30,90	01:04,16	02:15,09	04:39,14	09:40,70	19:18,97	00:37,43	01:17,42	02:36,74	00:39,87	01:21,69	03:08,04	00:33,67	01:10,77	02:33,53	02:33,24	05:33,86
236	00:30,93	01:04,20	02:15,15	04:39,26	09:40,95	19:19,46	00:37,46	01:17,46	02:36,81	00:39,90	01:21,74	03:08,12	00:33,69	01:10,81	02:33,60	02:33,31	05:34,00
235	00:30,95	01:04,24	02:15,21	04:39,38	09:41,20	19:19,95	00:37,48	01:17,51	02:36,88	00:39,92	01:21,78	03:08,20	00:33,72	01:10,85	02:33,66	02:33,37	05:34,14
234	00:30,97	01:04,27	02:15,26	04:39,49	09:41,45	19:20,45	00:37,51	01:17,55	02:36,94	00:39,95	01:21,83	03:08,29	00:33,74	01:10,89	02:33,73	02:33,44	05:34,29
233	00:30,99	01:04,31	02:15,32	04:39,62	09:41,70	19:20,95	00:37,53	01:17,59	02:37,01	00:39,98	01:21,88	03:08,37	00:33,76	01:10,93	02:33,79	02:33,51	05:34,43
232	00:31,01	01:04,35	02:15,38	04:39,74	09:41,95	19:21,45	00:37,56	01:17,64	02:37,08	00:40,00	01:21,92	03:08,45	00:33,78	01:10,97	02:33,86	02:33,57	05:34,57

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
231	00:31,03	01:04,38	02:15,44	04:39,86	09:42,20	19:21,95	00:37,58	01:17,68	02:37,15	00:40,03	01:21,97	03:08,53	00:33,81	01:11,01	02:33,93	02:33,64	05:34,72
230	00:31,05	01:04,42	02:15,50	04:39,98	09:42,45	19:22,46	00:37,61	01:17,73	02:37,22	00:40,06	01:22,02	03:08,61	00:33,83	01:11,06	02:33,99	02:33,71	05:34,86
229	00:31,07	01:04,46	02:15,56	04:40,10	09:42,71	19:22,97	00:37,63	01:17,77	02:37,29	00:40,09	01:22,06	03:08,69	00:33,85	01:11,10	02:34,06	02:33,77	05:35,01
228	00:31,10	01:04,49	02:15,62	04:40,22	09:42,96	19:23,48	00:37,66	01:17,82	02:37,35	00:40,12	01:22,11	03:08,78	00:33,88	01:11,14	02:34,13	02:33,84	05:35,16
227	00:31,12	01:04,53	02:15,68	04:40,35	09:43,22	19:23,99	00:37,69	01:17,86	02:37,42	00:40,14	01:22,16	03:08,86	00:33,90	01:11,18	02:34,20	02:33,91	05:35,31
226	00:31,14	01:04,57	02:15,74	04:40,47	09:43,48	19:24,51	00:37,71	01:17,91	02:37,49	00:40,17	01:22,21	03:08,94	00:33,93	01:11,22	02:34,27	02:33,98	05:35,45
225	00:31,16	01:04,61	02:15,80	04:40,60	09:43,74	19:25,03	00:37,74	01:17,95	02:37,56	00:40,20	01:22,26	03:09,03	00:33,95	01:11,26	02:34,33	02:34,04	05:35,60
224	00:31,18	01:04,65	02:15,86	04:40,72	09:44,00	19:25,55	00:37,77	01:18,00	02:37,63	00:40,23	01:22,31	03:09,11	00:33,97	01:11,31	02:34,40	02:34,11	05:35,75
223	00:31,21	01:04,68	02:15,92	04:40,85	09:44,26	19:26,07	00:37,79	01:18,05	02:37,70	00:40,26	01:22,35	03:09,20	00:34,00	01:11,35	02:34,47	02:34,18	05:35,90
222	00:31,23	01:04,72	02:15,98	04:40,98	09:44,52	19:26,60	00:37,82	01:18,09	02:37,78	00:40,29	01:22,40	03:09,28	00:34,02	01:11,39	02:34,54	02:34,25	05:36,06
221	00:31,25	01:04,76	02:16,04	04:41,10	09:44,79	19:27,12	00:37,85	01:18,14	02:37,85	00:40,31	01:22,45	03:09,37	00:34,05	01:11,43	02:34,61	02:34,32	05:36,21
220	00:31,27	01:04,80	02:16,10	04:41,23	09:45,06	19:27,66	00:37,88	01:18,19	02:37,92	00:40,34	01:22,50	03:09,45	00:34,07	01:11,48	02:34,68	02:34,39	05:36,36
219	00:31,30	01:04,84	02:16,17	04:41,36	09:45,32	19:28,19	00:37,90	01:18,23	02:37,99	00:40,37	01:22,55	03:09,54	00:34,10	01:11,52	02:34,75	02:34,46	05:36,52
218	00:31,32	01:04,88	02:16,23	04:41,49	09:45,59	19:28,73	00:37,93	01:18,28	02:38,06	00:40,40	01:22,60	03:09,63	00:34,12	01:11,56	02:34,83	02:34,53	05:36,67
217	00:31,34	01:04,92	02:16,29	04:41,62	09:45,86	19:29,27	00:37,96	01:18,33	02:38,14	00:40,43	01:22,65	03:09,72	00:34,15	01:11,61	02:34,90	02:34,61	05:36,83
216	00:31,36	01:04,96	02:16,36	04:41,75	09:46,13	19:29,81	00:37,99	01:18,38	02:38,21	00:40,46	01:22,70	03:09,80	00:34,17	01:11,65	02:34,97	02:34,68	05:36,98
215	00:31,39	01:05,00	02:16,42	04:41,88	09:46,41	19:30,35	00:38,01	01:18,43	02:38,28	00:40,49	01:22,75	03:09,89	00:34,20	01:11,69	02:35,04	02:34,75	05:37,14
214	00:31,41	01:05,04	02:16,48	04:42,01	09:46,68	19:30,90	00:38,04	01:18,47	02:38,36	00:40,52	01:22,81	03:09,98	00:34,22	01:11,74	02:35,11	02:34,82	05:37,30
213	00:31,43	01:05,08	02:16,55	04:42,14	09:46,96	19:31,45	00:38,07	01:18,52	02:38,43	00:40,55	01:22,86	03:10,07	00:34,25	01:11,78	02:35,19	02:34,89	05:37,45
212	00:31,46	01:05,12	02:16,61	04:42,28	09:47,23	19:32,00	00:38,10	01:18,57	02:38,51	00:40,58	01:22,91	03:10,16	00:34,27	01:11,83	02:35,26	02:34,97	05:37,61
211	00:31,48	01:05,16	02:16,68	04:42,41	09:47,51	19:32,56	00:38,13	01:18,62	02:38,58	00:40,61	01:22,96	03:10,25	00:34,30	01:11,87	02:35,33	02:35,04	05:37,77
210	00:31,50	01:05,20	02:16,74	04:42,55	09:47,79	19:33,12	00:38,16	01:18,67	02:38,66	00:40,64	01:23,01	03:10,34	00:34,32	01:11,92	02:35,41	02:35,11	05:37,94
209	00:31,53	01:05,24	02:16,81	04:42,68	09:48,07	19:33,68	00:38,19	01:18,72	02:38,73	00:40,67	01:23,07	03:10,43	00:34,35	01:11,96	02:35,48	02:35,19	05:38,10
208	00:31,55	01:05,29	02:16,87	04:42,82	09:48,36	19:34,25	00:38,22	01:18,77	02:38,81	00:40,71	01:23,12	03:10,52	00:34,38	01:12,01	02:35,56	02:35,26	05:38,26
207	00:31,58	01:05,33	02:16,94	04:42,95	09:48,64	19:34,81	00:38,24	01:18,82	02:38,89	00:40,74	01:23,17	03:10,62	00:34,40	01:12,06	02:35,63	02:35,34	05:38,42
206	00:31,60	01:05,37	02:17,01	04:43,09	09:48,93	19:35,38	00:38,27	01:18,87	02:38,96	00:40,77	01:23,22	03:10,71	00:34,43	01:12,10	02:35,71	02:35,41	05:38,59
205	00:31,63	01:05,41	02:17,07	04:43,23	09:49,22	19:35,96	00:38,30	01:18,92	02:39,04	00:40,80	01:23,28	03:10,80	00:34,46	01:12,15	02:35,78	02:35,49	05:38,75
204	00:31,65	01:05,45	02:17,14	04:43,37	09:49,51	19:36,54	00:38,33	01:18,97	02:39,12	00:40,83	01:23,33	03:10,90	00:34,48	01:12,20	02:35,86	02:35,57	05:38,92
203	00:31,68	01:05,50	02:17,21	04:43,51	09:49,80	19:37,12	00:38,36	01:19,03	02:39,20	00:40,86	01:23,39	03:10,99	00:34,51	01:12,24	02:35,94	02:35,64	05:39,09
202	00:31,70	01:05,54	02:17,28	04:43,65	09:50,09	19:37,70	00:38,39	01:19,08	02:39,28	00:40,90	01:23,44	03:11,08	00:34,54	01:12,29	02:36,01	02:35,72	05:39,25
201	00:31,73	01:05,58	02:17,34	04:43,79	09:50,38	19:38,29	00:38,42	01:19,13	02:39,36	00:40,93	01:23,50	03:11,18	00:34,56	01:12,34	02:36,09	02:35,80	05:39,42
200	00:31,75	01:05,63	02:17,41	04:43,93	09:50,68	19:38,88	00:38,45	01:19,18	02:39,44	00:40,96	01:23,55	03:11,27	00:34,59	01:12,39	02:36,17	02:35,88	05:39,59
199	00:31,78	01:05,67	02:17,48	04:44,08	09:50,98	19:39,47	00:38,48	01:19,23	02:39,52	00:40,99	01:23,61	03:11,37	00:34,62	01:12,43	02:36,25	02:35,95	05:39,76
198	00:31,80	01:05,71	02:17,55	04:44,22	09:51,27	19:40,07	00:38,52	01:19,29	02:39,60	00:41,03	01:23,66	03:11,47	00:34,65	01:12,48	02:36,33	02:36,03	05:39,94
197	00:31,83	01:05,76	02:17,62	04:44,36	09:51,57	19:40,67	00:38,55	01:19,34	02:39,68	00:41,06	01:23,72	03:11,57	00:34,68	01:12,53	02:36,41	02:36,11	05:40,11
196	00:31,85	01:05,80	02:17,69	04:44,51	09:51,88	19:41,27	00:38,58	01:19,39	02:39,76	00:41,09	01:23,78	03:11,66	00:34,70	01:12,58	02:36,49	02:36,19	05:40,28
195	00:31,88	01:05,85	02:17,76	04:44,66	09:52,18	19:41,87	00:38,61	01:19,45	02:39,84	00:41,13	01:23,83	03:11,76	00:34,73	01:12,63	02:36,57	02:36,27	05:40,46
194	00:31,90	01:05,89	02:17,83	04:44,80	09:52,49	19:42,48	00:38,64	01:19,50	02:39,92	00:41,16	01:23,89	03:11,86	00:34,76	01:12,68	02:36,65	02:36,35	05:40,63
193	00:31,93	01:05,94	02:17,90	04:44,95	09:52,79	19:43,10	00:38,67	01:19,56	02:40,01	00:41,19	01:23,95	03:11,96	00:34,79	01:12,73	02:36,73	02:36,43	05:40,81
192	00:31,96	01:05,98	02:17,98	04:45,10	09:53,10	19:43,72	00:38,70	01:19,61	02:40,09	00:41,23	01:24,01	03:12,06	00:34,82	01:12,78	02:36,81	02:36,52	05:40,99
191	00:31,98	01:06,03	02:18,05	04:45,25	09:53,41	19:44,34	00:38,74	01:19,67	02:40,18	00:41,26	01:24,06	03:12,16	00:34,85	01:12,83	02:36,89	02:36,60	05:41,17
190	00:32,01	01:06,07	02:18,12	04:45,40	09:53,73	19:44,96	00:38,77	01:19,72	02:40,26	00:41,30	01:24,12	03:12,26	00:34,88	01:12,88	02:36,98	02:36,68	05:41,35
189	00:32,04	01:06,12	02:18,19	04:45,55	09:54,04	19:45,59	00:38,80	01:19,78	02:40,34	00:41,33	01:24,18	03:12,36	00:34,90	01:12,93	02:37,06	02:36,76	05:41,53
188	00:32,06	01:06,17	02:18,27	04:45,70	09:54,36	19:46,22	00:38,83	01:19,83	02:40,43	00:41,37	01:24,24	03:12,47	00:34,93	01:12,98	02:37,14	02:36,85	05:41,71
187	00:32,09	01:06,21	02:18,34	04:45,85	09:54,68	19:46,85	00:38,87	01:19,89	02:40,52	00:41,40	01:24,30	03:12,57	00:34,96	01:13,03	02:37,23	02:36,93	05:41,89
186	00:32,12	01:06,26	02:18,42	04:46,01	09:55,00	19:47,49	00:38,90	01:19,95	02:40,60	00:41,44	01:24,36	03:12,67	00:34,99	01:13,09	02:37,31	02:37,02	05:42,08
185	00:32,15	01:06,31	02:18,49	04:46,16	09:55,32	19:48,13	00:38,93	01:20,00	02:40,69	00:41,47	01:24,42	03:12,78	00:35,02	01:13,14	02:37,40	02:37,10	05:42,26

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
184	00:32,17	01:06,36	02:18,57	04:46,32	09:55,64	19:48,78	00:38,97	01:20,06	02:40,78	00:41,51	01:24,48	03:12,88	00:35,05	01:13,19	02:37,48	02:37,19	05:42,45
183	00:32,20	01:06,40	02:18,64	04:46,48	09:55,97	19:49,43	00:39,00	01:20,12	02:40,86	00:41,54	01:24,54	03:12,99	00:35,08	01:13,24	02:37,57	02:37,27	05:42,63
182	00:32,23	01:06,45	02:18,72	04:46,63	09:56,29	19:50,09	00:39,04	01:20,18	02:40,95	00:41,58	01:24,60	03:13,09	00:35,11	01:13,30	02:37,65	02:37,36	05:42,82
181	00:32,26	01:06,50	02:18,80	04:46,79	09:56,62	19:50,74	00:39,07	01:20,24	02:41,04	00:41,62	01:24,67	03:13,20	00:35,15	01:13,35	02:37,74	02:37,44	05:43,01
180	00:32,29	01:06,55	02:18,87	04:46,95	09:56,96	19:51,41	00:39,10	01:20,30	02:41,13	00:41,65	01:24,73	03:13,31	00:35,18	01:13,40	02:37,83	02:37,53	05:43,20
179	00:32,32	01:06,60	02:18,95	04:47,11	09:57,29	19:52,07	00:39,14	01:20,36	02:41,22	00:41,69	01:24,79	03:13,42	00:35,21	01:13,46	02:37,92	02:37,62	05:43,39
178	00:32,34	01:06,65	02:19,03	04:47,27	09:57,63	19:52,74	00:39,17	01:20,42	02:41,31	00:41,73	01:24,85	03:13,52	00:35,24	01:13,51	02:38,01	02:37,71	05:43,59
177	00:32,37	01:06,70	02:19,11	04:47,44	09:57,96	19:53,42	00:39,21	01:20,48	02:41,40	00:41,76	01:24,92	03:13,63	00:35,27	01:13,57	02:38,10	02:37,80	05:43,78
176	00:32,40	01:06,75	02:19,19	04:47,60	09:58,30	19:54,10	00:39,24	01:20,54	02:41,50	00:41,80	01:24,98	03:13,74	00:35,30	01:13,62	02:38,19	02:37,89	05:43,98
175	00:32,43	01:06,80	02:19,27	04:47,76	09:58,65	19:54,78	00:39,28	01:20,60	02:41,59	00:41,84	01:25,04	03:13,86	00:35,33	01:13,68	02:38,28	02:37,98	05:44,17
174	00:32,46	01:06,85	02:19,35	04:47,93	09:58,99	19:55,47	00:39,32	01:20,66	02:41,68	00:41,88	01:25,11	03:13,97	00:35,37	01:13,73	02:38,37	02:38,07	05:44,37
173	00:32,49	01:06,90	02:19,43	04:48,10	09:59,34	19:56,16	00:39,35	01:20,72	02:41,77	00:41,92	01:25,17	03:14,08	00:35,40	01:13,79	02:38,46	02:38,16	05:44,57
172	00:32,52	01:06,95	02:19,51	04:48,26	09:59,69	19:56,85	00:39,39	01:20,78	02:41,87	00:41,95	01:25,24	03:14,19	00:35,43	01:13,85	02:38,55	02:38,25	05:44,77
171	00:32,55	01:07,00	02:19,59	04:48,43	10:00,04	19:57,55	00:39,42	01:20,84	02:41,96	00:41,99	01:25,31	03:14,31	00:35,46	01:13,90	02:38,64	02:38,35	05:44,97
170	00:32,58	01:07,06	02:19,67	04:48,60	10:00,39	19:58,26	00:39,46	01:20,91	02:42,06	00:42,03	01:25,37	03:14,42	00:35,50	01:13,96	02:38,74	02:38,44	05:45,18
169	00:32,61	01:07,11	02:19,75	04:48,77	10:00,75	19:58,97	00:39,50	01:20,97	02:42,15	00:42,07	01:25,44	03:14,53	00:35,53	01:14,02	02:38,83	02:38,53	05:45,38
168	00:32,64	01:07,16	02:19,84	04:48,94	10:01,10	19:59,68	00:39,54	01:21,03	02:42,25	00:42,11	01:25,51	03:14,65	00:35,56	01:14,08	02:38,93	02:38,63	05:45,59
167	00:32,67	01:07,21	02:19,92	04:49,12	10:01,46	20:00,40	00:39,57	01:21,10	02:42,35	00:42,15	01:25,57	03:14,77	00:35,60	01:14,14	02:39,02	02:38,72	05:45,79
166	00:32,71	01:07,27	02:20,01	04:49,29	10:01,83	20:01,12	00:39,61	01:21,16	02:42,45	00:42,19	01:25,64	03:14,88	00:35,63	01:14,20	02:39,12	02:38,82	05:46,00
165	00:32,74	01:07,32	02:20,09	04:49,47	10:02,19	20:01,85	00:39,65	01:21,23	02:42,54	00:42,23	01:25,71	03:15,00	00:35,67	01:14,26	02:39,21	02:38,91	05:46,21
164	00:32,77	01:07,38	02:20,18	04:49,64	10:02,56	20:02,59	00:39,69	01:21,29	02:42,64	00:42,27	01:25,78	03:15,12	00:35,70	01:14,32	02:39,31	02:39,01	05:46,42
163	00:32,80	01:07,43	02:20,26	04:49,82	10:02,93	20:03,33	00:39,73	01:21,36	02:42,74	00:42,31	01:25,85	03:15,24	00:35,74	01:14,38	02:39,41	02:39,11	05:46,64
162	00:32,83	01:07,49	02:20,35	04:50,00	10:03,30	20:04,07	00:39,76	01:21,43	02:42,84	00:42,36	01:25,92	03:15,36	00:35,77	01:14,44	02:39,51	02:39,21	05:46,85
161	00:32,86	01:07,54	02:20,44	04:50,18	10:03,68	20:04,82	00:39,80	01:21,49	02:42,95	00:42,40	01:25,99	03:15,48	00:35,81	01:14,50	02:39,61	02:39,31	05:47,07
160	00:32,90	01:07,60	02:20,52	04:50,36	10:04,05	20:05,57	00:39,84	01:21,56	02:43,05	00:42,44	01:26,06	03:15,61	00:35,84	01:14,56	02:39,71	02:39,41	05:47,28
159	00:32,93	01:07,65	02:20,61	04:50,55	10:04,43	20:06,33	00:39,88	01:21,63	02:43,15	00:42,48	01:26,13	03:15,73	00:35,88	01:14,62	02:39,81	02:39,51	05:47,50
158	00:32,96	01:07,71	02:20,70	04:50,73	10:04,82	20:07,09	00:39,92	01:21,70	02:43,25	00:42,52	01:26,21	03:15,85	00:35,91	01:14,68	02:39,91	02:39,61	05:47,72
157	00:33,00	01:07,77	02:20,79	04:50,91	10:05,20	20:07,86	00:39,96	01:21,77	02:43,36	00:42,57	01:26,28	03:15,98	00:35,95	01:14,75	02:40,01	02:39,71	05:47,94
156	00:33,03	01:07,82	02:20,88	04:51,10	10:05,59	20:08,64	00:40,00	01:21,83	02:43,46	00:42,61	01:26,35	03:16,10	00:35,99	01:14,81	02:40,11	02:39,81	05:48,17
155	00:33,06	01:07,88	02:20,97	04:51,29	10:05,98	20:09,42	00:40,05	01:21,90	02:43,57	00:42,65	01:26,42	03:16,23	00:36,02	01:14,87	02:40,22	02:39,91	05:48,39
154	00:33,10	01:07,94	02:21,06	04:51,48	10:06,37	20:10,20	00:40,09	01:21,97	02:43,67	00:42,70	01:26,50	03:16,36	00:36,06	01:14,94	02:40,32	02:40,02	05:48,62
153	00:33,13	01:08,00	02:21,16	04:51,67	10:06,77	20:10,99	00:40,13	01:22,05	02:43,78	00:42,74	01:26,57	03:16,49	00:36,10	01:15,00	02:40,42	02:40,12	05:48,85
152	00:33,17	01:08,06	02:21,25	04:51,86	10:07,17	20:11,79	00:40,17	01:22,12	02:43,89	00:42,79	01:26,65	03:16,62	00:36,14	01:15,07	02:40,53	02:40,23	05:49,08
151	00:33,20	01:08,12	02:21,34	04:52,05	10:07,57	20:12,59	00:40,21	01:22,19	02:44,00	00:42,83	01:26,73	03:16,75	00:36,17	01:15,13	02:40,64	02:40,33	05:49,31
150	00:33,24	01:08,18	02:21,44	04:52,25	10:07,98	20:13,40	00:40,25	01:22,26	02:44,11	00:42,88	01:26,80	03:16,88	00:36,21	01:15,20	02:40,74	02:40,44	05:49,54
149	00:33,27	01:08,24	02:21,53	04:52,44	10:08,39	20:14,22	00:40,30	01:22,33	02:44,22	00:42,92	01:26,88	03:17,01	00:36,25	01:15,27	02:40,85	02:40,55	05:49,77
148	00:33,31	01:08,30	02:21,63	04:52,64	10:08,80	20:15,04	00:40,34	01:22,41	02:44,33	00:42,97	01:26,96	03:17,14	00:36,29	01:15,33	02:40,96	02:40,66	05:50,01
147	00:33,34	01:08,36	02:21,72	04:52,84	10:09,21	20:15,87	00:40,38	01:22,48	02:44,44	00:43,02	01:27,03	03:17,28	00:36,33	01:15,40	02:41,07	02:40,77	05:50,25
146	00:33,38	01:08,42	02:21,82	04:53,04	10:09,63	20:16,70	00:40,43	01:22,56	02:44,55	00:43,06	01:27,11	03:17,41	00:36,37	01:15,47	02:41,18	02:40,88	05:50,49
145	00:33,42	01:08,49	02:21,92	04:53,24	10:10,05	20:17,54	00:40,47	01:22,63	02:44,67	00:43,11	01:27,19	03:17,55	00:36,41	01:15,54	02:41,29	02:40,99	05:50,73
144	00:33,45	01:08,55	02:22,02	04:53,45	10:10,47	20:18,38	00:40,52	01:22,71	02:44,78	00:43,16	01:27,27	03:17,68	00:36,45	01:15,61	02:41,40	02:41,10	05:50,97
143	00:33,49	01:08,61	02:22,12	04:53,65	10:10,90	20:19,24	00:40,56	01:22,78	02:44,90	00:43,20	01:27,35	03:17,82	00:36,49	01:15,68	02:41,52	02:41,21	05:51,22
142	00:33,53	01:08,68	02:22,22	04:53,86	10:11,33	20:20,09	00:40,61	01:22,86	02:45,01	00:43,25	01:27,44	03:17,96	00:36,53	01:15,75	02:41,63	02:41,33	05:51,47
141	00:33,57	01:08,74	02:22,32	04:54,07	10:11,76	20:20,96	00:40,65	01:22,94	02:45,13	00:43,30	01:27,52	03:18,10	00:36,57	01:15,82	02:41,74	02:41,44	05:51,72
140	00:33,60	01:08,81	02:22,42	04:54,28	10:12,20	20:21,83	00:40,70	01:23,02	02:45,25	00:43,35	01:27,60	03:18,24	00:36,61	01:15,89	02:41,86	02:41,56	05:51,97
139	00:33,64	01:08,87	02:22,52	04:54,49	10:12,64	20:22,71	00:40,74	01:23,10	02:45,37	00:43,40	01:27,68	03:18,39	00:36,65	01:15,96	02:41,98	02:41,67	05:52,22
138	00:33,68	01:08,94	02:22,63	04:54,70	10:13,09	20:23,60	00:40,79	01:23,18	02:45,49	00:43,45	01:27,77	03:18,53	00:36,69	01:16,04	02:42,09	02:41,79	05:52,48

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
137	00:33,72	01:09,00	02:22,73	04:54,92	10:13,53	20:24,49	00:40,84	01:23,26	02:45,61	00:43,50	01:27,85	03:18,68	00:36,74	01:16,11	02:42,21	02:41,91	05:52,73
136	00:33,76	01:09,07	02:22,83	04:55,14	10:13,98	20:25,39	00:40,89	01:23,34	02:45,73	00:43,55	01:27,94	03:18,82	00:36,78	01:16,18	02:42,33	02:42,03	05:52,99
135	00:33,80	01:09,14	02:22,94	04:55,35	10:14,44	20:26,30	00:40,93	01:23,42	02:45,85	00:43,60	01:28,02	03:18,97	00:36,82	01:16,26	02:42,45	02:42,15	05:53,25
134	00:33,84	01:09,21	02:23,05	04:55,58	10:14,90	20:27,21	00:40,98	01:23,50	02:45,97	00:43,65	01:28,11	03:19,12	00:36,87	01:16,33	02:42,57	02:42,27	05:53,52
133	00:33,88	01:09,27	02:23,15	04:55,80	10:15,36	20:28,14	00:41,03	01:23,58	02:46,10	00:43,71	01:28,20	03:19,27	00:36,91	01:16,41	02:42,70	02:42,39	05:53,78
132	00:33,92	01:09,34	02:23,26	04:56,02	10:15,83	20:29,07	00:41,08	01:23,67	02:46,23	00:43,76	01:28,29	03:19,42	00:36,96	01:16,49	02:42,82	02:42,51	05:54,05
131	00:33,96	01:09,41	02:23,37	04:56,25	10:16,30	20:30,01	00:41,13	01:23,75	02:46,35	00:43,81	01:28,38	03:19,57	00:37,00	01:16,56	02:42,94	02:42,64	05:54,32
130	00:34,00	01:09,48	02:23,48	04:56,48	10:16,77	20:30,95	00:41,18	01:23,84	02:46,48	00:43,86	01:28,47	03:19,72	00:37,04	01:16,64	02:43,07	02:42,76	05:54,59
129	00:34,04	01:09,56	02:23,59	04:56,71	10:17,25	20:31,91	00:41,23	01:23,92	02:46,61	00:43,92	01:28,56	03:19,88	00:37,09	01:16,72	02:43,19	02:42,89	05:54,87
128	00:34,09	01:09,63	02:23,71	04:56,94	10:17,73	20:32,87	00:41,28	01:24,01	02:46,74	00:43,97	01:28,65	03:20,04	00:37,14	01:16,80	02:43,32	02:43,01	05:55,15
127	00:34,13	01:09,70	02:23,82	04:57,17	10:18,22	20:33,84	00:41,33	01:24,10	02:46,87	00:44,03	01:28,74	03:20,19	00:37,18	01:16,88	02:43,45	02:43,14	05:55,43
126	00:34,17	01:09,77	02:23,93	04:57,41	10:18,71	20:34,82	00:41,39	01:24,19	02:47,00	00:44,08	01:28,83	03:20,35	00:37,23	01:16,96	02:43,58	02:43,27	05:55,71
125	00:34,21	01:09,85	02:24,05	04:57,64	10:19,20	20:35,81	00:41,44	01:24,28	02:47,14	00:44,14	01:28,93	03:20,51	00:37,28	01:17,04	02:43,71	02:43,40	05:55,99
124	00:34,26	01:09,92	02:24,16	04:57,88	10:19,70	20:36,80	00:41,49	01:24,37	02:47,27	00:44,20	01:29,02	03:20,67	00:37,32	01:17,12	02:43,84	02:43,54	05:56,28
123	00:34,30	01:10,00	02:24,28	04:58,13	10:20,21	20:37,81	00:41,55	01:24,46	02:47,41	00:44,25	01:29,12	03:20,84	00:37,37	01:17,21	02:43,98	02:43,67	05:56,57
122	00:34,35	01:10,07	02:24,40	04:58,37	10:20,71	20:38,82	00:41,60	01:24,55	02:47,54	00:44,31	01:29,21	03:21,00	00:37,42	01:17,29	02:44,11	02:43,80	05:56,86
121	00:34,39	01:10,15	02:24,52	04:58,62	10:21,23	20:39,85	00:41,65	01:24,64	02:47,68	00:44,37	01:29,31	03:21,17	00:37,47	01:17,37	02:44,25	02:43,94	05:57,16
120	00:34,44	01:10,23	02:24,64	04:58,87	10:21,74	20:40,88	00:41,71	01:24,73	02:47,82	00:44,43	01:29,41	03:21,33	00:37,52	01:17,46	02:44,38	02:44,07	05:57,45
119	00:34,48	01:10,30	02:24,76	04:59,12	10:22,27	20:41,92	00:41,76	01:24,83	02:47,96	00:44,49	01:29,51	03:21,50	00:37,57	01:17,55	02:44,52	02:44,21	05:57,75
118	00:34,53	01:10,38	02:24,88	04:59,37	10:22,79	20:42,97	00:41,82	01:24,92	02:48,11	00:44,55	01:29,61	03:21,67	00:37,62	01:17,63	02:44,66	02:44,35	05:58,06
117	00:34,58	01:10,46	02:25,01	04:59,63	10:23,33	20:44,03	00:41,88	01:25,02	02:48,25	00:44,61	01:29,71	03:21,85	00:37,67	01:17,72	02:44,80	02:44,49	05:58,36
116	00:34,62	01:10,54	02:25,13	04:59,88	10:23,86	20:45,11	00:41,93	01:25,11	02:48,39	00:44,67	01:29,81	03:22,02	00:37,72	01:17,81	02:44,94	02:44,63	05:58,67
115	00:34,67	01:10,62	02:25,26	05:00,15	10:24,41	20:46,19	00:41,99	01:25,21	02:48,54	00:44,73	01:29,92	03:22,20	00:37,77	01:17,90	02:45,09	02:44,78	05:58,98
114	00:34,72	01:10,71	02:25,39	05:00,41	10:24,95	20:47,28	00:42,05	01:25,31	02:48,69	00:44,79	01:30,02	03:22,37	00:37,83	01:17,99	02:45,23	02:44,92	05:59,30
113	00:34,77	01:10,79	02:25,51	05:00,67	10:25,51	20:48,38	00:42,11	01:25,41	02:48,84	00:44,85	01:30,13	03:22,55	00:37,88	01:18,08	02:45,38	02:45,07	05:59,62
112	00:34,82	01:10,87	02:25,64	05:00,94	10:26,06	20:49,50	00:42,17	01:25,51	02:48,99	00:44,92	01:30,23	03:22,73	00:37,93	01:18,17	02:45,53	02:45,21	05:59,94
111	00:34,87	01:10,96	02:25,78	05:01,21	10:26,63	20:50,62	00:42,23	01:25,61	02:49,14	00:44,98	01:30,34	03:22,92	00:37,99	01:18,27	02:45,67	02:45,36	06:00,26
110	00:34,92	01:11,04	02:25,91	05:01,49	10:27,20	20:51,76	00:42,29	01:25,72	02:49,29	00:45,05	01:30,45	03:23,10	00:38,04	01:18,36	02:45,82	02:45,51	06:00,59
109	00:34,97	01:11,13	02:26,04	05:01,76	10:27,77	20:52,91	00:42,35	01:25,82	02:49,45	00:45,11	01:30,56	03:23,29	00:38,10	01:18,45	02:45,98	02:45,66	06:00,92
108	00:35,02	01:11,21	02:26,18	05:02,04	10:28,35	20:54,07	00:42,41	01:25,93	02:49,61	00:45,18	01:30,67	03:23,47	00:38,15	01:18,55	02:46,13	02:45,82	06:01,25
107	00:35,07	01:11,30	02:26,31	05:02,32	10:28,94	20:55,24	00:42,48	01:26,03	02:49,76	00:45,24	01:30,78	03:23,66	00:38,21	01:18,65	02:46,29	02:45,97	06:01,59
106	00:35,12	01:11,39	02:26,45	05:02,61	10:29,53	20:56,42	00:42,54	01:26,14	02:49,92	00:45,31	01:30,89	03:23,86	00:38,27	01:18,75	02:46,44	02:46,13	06:01,93
105	00:35,18	01:11,48	02:26,59	05:02,90	10:30,13	20:57,62	00:42,60	01:26,25	02:50,09	00:45,38	01:31,01	03:24,05	00:38,32	01:18,84	02:46,60	02:46,29	06:02,28
104	00:35,23	01:11,57	02:26,73	05:03,19	10:30,74	20:58,83	00:42,67	01:26,36	02:50,25	00:45,45	01:31,12	03:24,25	00:38,38	01:18,94	02:46,76	02:46,45	06:02,62
103	00:35,28	01:11,66	02:26,87	05:03,48	10:31,35	21:00,05	00:42,73	01:26,47	02:50,41	00:45,52	01:31,24	03:24,44	00:38,44	01:19,05	02:46,92	02:46,61	06:02,98
102	00:35,34	01:11,76	02:27,02	05:03,78	10:31,97	21:01,28	00:42,80	01:26,58	02:50,58	00:45,59	01:31,36	03:24,65	00:38,50	01:19,15	02:47,09	02:46,77	06:03,33
101	00:35,39	01:11,85	02:27,16	05:04,08	10:32,59	21:02,53	00:42,87	01:26,69	02:50,75	00:45,66	01:31,48	03:24,85	00:38,56	01:19,25	02:47,25	02:46,94	06:03,69
100	00:35,45	01:11,95	02:27,31	05:04,38	10:33,22	21:03,79	00:42,94	01:26,81	02:50,92	00:45,73	01:31,60	03:25,05	00:38,62	01:19,36	02:47,42	02:47,10	06:04,05
99	00:35,51	01:12,04	02:27,46	05:04,69	10:33,86	21:05,06	00:43,00	01:26,92	02:51,09	00:45,81	01:31,72	03:25,26	00:38,69	01:19,46	02:47,59	02:47,27	06:04,42
98	00:35,56	01:12,14	02:27,61	05:05,00	10:34,51	21:06,35	00:43,07	01:27,04	02:51,27	00:45,88	01:31,84	03:25,47	00:38,75	01:19,57	02:47,76	02:47,44	06:04,79
97	00:35,62	01:12,24	02:27,76	05:05,32	10:35,16	21:07,66	00:43,14	01:27,16	02:51,44	00:45,96	01:31,97	03:25,68	00:38,81	01:19,68	02:47,93	02:47,61	06:05,17
96	00:35,68	01:12,34	02:27,91	05:05,63	10:35,82	21:08,98	00:43,22	01:27,28	02:51,62	00:46,03	01:32,10	03:25,89	00:38,88	01:19,79	02:48,11	02:47,79	06:05,55
95	00:35,74	01:12,44	02:28,07	05:05,96	10:36,49	21:10,31	00:43,29	01:27,40	02:51,80	00:46,11	01:32,22	03:26,11	00:38,94	01:19,90	02:48,28	02:47,97	06:05,93
94	00:35,80	01:12,54	02:28,23	05:06,28	10:37,17	21:11,66	00:43,36	01:27,52	02:51,99	00:46,19	01:32,35	03:26,33	00:39,01	01:20,01	02:48,46	02:48,14	06:06,32
93	00:35,86	01:12,64	02:28,39	05:06,61	10:37,85	21:13,03	00:43,43	01:27,65	02:52,17	00:46,26	01:32,48	03:26,55	00:39,07	01:20,12	02:48,64	02:48,32	06:06,71
92	00:35,92	01:12,75	02:28,55	05:06,94	10:38,54	21:14,41	00:43,51	01:27,77	02:52,36	00:46,34	01:32,62	03:26,77	00:39,14	01:20,24	02:48,82	02:48,51	06:07,11
91	00:35,99	01:12,85	02:28,71	05:07,28	10:39,24	21:15,81	00:43,58	01:27,90	02:52,55	00:46,42	01:32,75	03:27,00	00:39,21	01:20,35	02:49,01	02:48,69	06:07,52

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
90	00:36,05	01:12,96	02:28,88	05:07,62	10:39,95	21:17,22	00:43,66	01:28,03	02:52,74	00:46,51	01:32,89	03:27,23	00:39,28	01:20,47	02:49,20	02:48,88	06:07,92
89	00:36,11	01:13,07	02:29,04	05:07,96	10:40,67	21:18,65	00:43,74	01:28,16	02:52,93	00:46,59	01:33,02	03:27,46	00:39,35	01:20,59	02:49,39	02:49,07	06:08,34
88	00:36,18	01:13,18	02:29,21	05:08,31	10:41,40	21:20,10	00:43,82	01:28,29	02:53,13	00:46,67	01:33,16	03:27,70	00:39,42	01:20,71	02:49,58	02:49,26	06:08,75
87	00:36,24	01:13,29	02:29,38	05:08,67	10:42,13	21:21,57	00:43,90	01:28,43	02:53,33	00:46,76	01:33,31	03:27,94	00:39,49	01:20,84	02:49,77	02:49,45	06:09,18
86	00:36,31	01:13,40	02:29,56	05:09,03	10:42,88	21:23,06	00:43,98	01:28,56	02:53,53	00:46,84	01:33,45	03:28,18	00:39,56	01:20,96	02:49,97	02:49,65	06:09,61
85	00:36,38	01:13,51	02:29,73	05:09,39	10:43,63	21:24,57	00:44,06	01:28,70	02:53,73	00:46,93	01:33,59	03:28,42	00:39,63	01:21,09	02:50,17	02:49,85	06:10,04
84	00:36,45	01:13,63	02:29,91	05:09,76	10:44,40	21:26,09	00:44,14	01:28,84	02:53,94	00:47,02	01:33,74	03:28,67	00:39,71	01:21,21	02:50,37	02:50,05	06:10,48
83	00:36,52	01:13,75	02:30,09	05:10,13	10:45,17	21:27,64	00:44,23	01:28,98	02:54,15	00:47,11	01:33,89	03:28,92	00:39,79	01:21,34	02:50,58	02:50,26	06:10,92
82	00:36,59	01:13,86	02:30,27	05:10,51	10:45,96	21:29,21	00:44,31	01:29,12	02:54,36	00:47,20	01:34,04	03:29,18	00:39,86	01:21,47	02:50,79	02:50,46	06:11,38
81	00:36,66	01:13,98	02:30,46	05:10,89	10:46,76	21:30,80	00:44,40	01:29,27	02:54,57	00:47,29	01:34,19	03:29,43	00:39,94	01:21,61	02:51,00	02:50,67	06:11,83
80	00:36,73	01:14,11	02:30,65	05:11,28	10:47,56	21:32,41	00:44,49	01:29,41	02:54,79	00:47,39	01:34,35	03:29,70	00:40,02	01:21,74	02:51,21	02:50,89	06:12,30
79	00:36,80	01:14,23	02:30,84	05:11,67	10:48,38	21:34,04	00:44,58	01:29,56	02:55,01	00:47,48	01:34,51	03:29,96	00:40,10	01:21,88	02:51,43	02:51,10	06:12,77
78	00:36,88	01:14,36	02:31,03	05:12,07	10:49,21	21:35,69	00:44,67	01:29,72	02:55,24	00:47,58	01:34,67	03:30,23	00:40,18	01:22,01	02:51,64	02:51,32	06:13,24
77	00:36,96	01:14,48	02:31,22	05:12,47	10:50,05	21:37,37	00:44,76	01:29,87	02:55,46	00:47,67	01:34,83	03:30,50	00:40,26	01:22,16	02:51,87	02:51,54	06:13,73
76	00:37,03	01:14,61	02:31,42	05:12,88	10:50,90	21:39,07	00:44,85	01:30,03	02:55,69	00:47,77	01:34,99	03:30,78	00:40,35	01:22,30	02:52,09	02:51,77	06:14,22
75	00:37,11	01:14,74	02:31,62	05:13,30	10:51,77	21:40,80	00:44,95	01:30,18	02:55,93	00:47,87	01:35,16	03:31,06	00:40,43	01:22,44	02:52,32	02:52,00	06:14,72
74	00:37,19	01:14,88	02:31,83	05:13,72	10:52,65	21:42,56	00:45,04	01:30,34	02:56,16	00:47,98	01:35,33	03:31,34	00:40,52	01:22,59	02:52,55	02:52,23	06:15,22
73	00:37,27	01:15,01	02:32,04	05:14,15	10:53,54	21:44,34	00:45,14	01:30,51	02:56,40	00:48,08	01:35,50	03:31,63	00:40,61	01:22,74	02:52,79	02:52,46	06:15,73
72	00:37,35	01:15,15	02:32,25	05:14,59	10:54,44	21:46,14	00:45,24	01:30,67	02:56,65	00:48,19	01:35,68	03:31,92	00:40,69	01:22,89	02:53,03	02:52,70	06:16,25
71	00:37,44	01:15,29	02:32,46	05:15,03	10:55,36	21:47,98	00:45,34	01:30,84	02:56,90	00:48,29	01:35,86	03:32,22	00:40,79	01:23,04	02:53,27	02:52,95	06:16,78
70	00:37,52	01:15,43	02:32,68	05:15,48	10:56,30	21:49,84	00:45,44	01:31,01	02:57,15	00:48,40	01:36,04	03:32,52	00:40,88	01:23,20	02:53,52	02:53,19	06:17,32
69	00:37,61	01:15,58	02:32,90	05:15,93	10:57,25	21:51,73	00:45,55	01:31,19	02:57,40	00:48,51	01:36,22	03:32,83	00:40,97	01:23,36	02:53,77	02:53,44	06:17,86
68	00:37,69	01:15,72	02:33,12	05:16,39	10:58,21	21:53,65	00:45,65	01:31,36	02:57,66	00:48,63	01:36,41	03:33,14	00:41,07	01:23,52	02:54,02	02:53,70	06:18,42
67	00:37,78	01:15,87	02:33,35	05:16,87	10:59,19	21:55,61	00:45,76	01:31,54	02:57,93	00:48,74	01:36,60	03:33,46	00:41,16	01:23,69	02:54,28	02:53,96	06:18,98
66	00:37,87	01:16,02	02:33,58	05:17,34	11:00,18	21:57,60	00:45,87	01:31,73	02:58,20	00:48,86	01:36,79	03:33,78	00:41,26	01:23,85	02:54,55	02:54,22	06:19,55
65	00:37,96	01:16,18	02:33,82	05:17,83	11:01,20	21:59,62	00:45,98	01:31,91	02:58,47	00:48,98	01:36,98	03:34,11	00:41,36	01:24,02	02:54,81	02:54,48	06:20,14
64	00:38,06	01:16,33	02:34,06	05:18,33	11:02,23	22:01,67	00:46,09	01:32,10	02:58,75	00:49,10	01:37,18	03:34,44	00:41,46	01:24,20	02:55,09	02:54,76	06:20,73
63	00:38,15	01:16,49	02:34,30	05:18,83	11:03,27	22:03,76	00:46,21	01:32,29	02:59,03	00:49,22	01:37,39	03:34,78	00:41,57	01:24,37	02:55,36	02:55,03	06:21,33
62	00:38,25	01:16,66	02:34,55	05:19,34	11:04,34	22:05,89	00:46,33	01:32,49	02:59,32	00:49,35	01:37,59	03:35,13	00:41,67	01:24,55	02:55,64	02:55,31	06:21,94
61	00:38,35	01:16,82	02:34,80	05:19,86	11:05,42	22:08,05	00:46,45	01:32,69	02:59,61	00:49,47	01:37,81	03:35,48	00:41,78	01:24,73	02:55,93	02:55,60	06:22,57
60	00:38,45	01:16,99	02:35,06	05:20,39	11:06,53	22:10,26	00:46,57	01:32,89	02:59,91	00:49,60	01:38,02	03:35,84	00:41,89	01:24,92	02:56,22	02:55,89	06:23,20
59	00:38,55	01:17,16	02:35,32	05:20,93	11:07,65	22:12,50	00:46,69	01:33,10	03:00,21	00:49,74	01:38,24	03:36,20	00:42,00	01:25,11	02:56,52	02:56,19	06:23,85
58	00:38,66	01:17,34	02:35,59	05:21,48	11:08,80	22:14,79	00:46,82	01:33,31	03:00,52	00:49,87	01:38,46	03:36,57	00:42,12	01:25,30	02:56,82	02:56,49	06:24,51
57	00:38,77	01:17,52	02:35,86	05:22,05	11:09,97	22:17,12	00:46,95	01:33,53	03:00,84	00:50,01	01:38,69	03:36,95	00:42,24	01:25,50	02:57,13	02:56,80	06:25,18
56	00:38,88	01:17,70	02:36,13	05:22,62	11:11,16	22:19,50	00:47,08	01:33,75	03:01,16	00:50,15	01:38,92	03:37,34	00:42,35	01:25,70	02:57,45	02:57,11	06:25,86
55	00:38,99	01:17,88	02:36,42	05:23,20	11:12,37	22:21,92	00:47,22	01:33,97	03:01,49	00:50,30	01:39,16	03:37,73	00:42,48	01:25,91	02:57,77	02:57,43	06:26,56
54	00:39,10	01:18,07	02:36,71	05:23,80	11:13,61	22:24,40	00:47,36	01:34,20	03:01,82	00:50,44	01:39,40	03:38,13	00:42,60	01:26,11	02:58,10	02:57,76	06:27,27
53	00:39,22	01:18,27	02:37,00	05:24,41	11:14,88	22:26,92	00:47,50	01:34,43	03:02,16	00:50,59	01:39,65	03:38,54	00:42,73	01:26,33	02:58,43	02:58,10	06:28,00
52	00:39,34	01:18,46	02:37,30	05:25,03	11:16,17	22:29,50	00:47,64	01:34,67	03:02,51	00:50,75	01:39,90	03:38,96	00:42,86	01:26,55	02:58,77	02:58,44	06:28,74
51	00:39,46	01:18,67	02:37,61	05:25,66	11:17,49	22:32,13	00:47,79	01:34,92	03:02,87	00:50,90	01:40,16	03:39,39	00:42,99	01:26,77	02:59,12	02:58,78	06:29,50
50	00:39,58	01:18,87	02:37,92	05:26,31	11:18,83	22:34,82	00:47,94	01:35,17	03:03,23	00:51,06	01:40,42	03:39,82	00:43,12	01:27,00	02:59,48	02:59,14	06:30,28
49	00:39,71	01:19,09	02:38,24	05:26,97	11:20,21	22:37,57	00:48,09	01:35,42	03:03,60	00:51,23	01:40,69	03:40,27	00:43,26	01:27,23	02:59,84	02:59,50	06:31,07
48	00:39,84	01:19,30	02:38,57	05:27,65	11:21,62	22:40,38	00:48,25	01:35,68	03:03,98	00:51,40	01:40,96	03:40,72	00:43,41	01:27,47	03:00,21	02:59,87	06:31,88
47	00:39,97	01:19,52	02:38,90	05:28,34	11:23,06	22:43,26	00:48,41	01:35,95	03:04,37	00:51,57	01:41,25	03:41,19	00:43,55	01:27,72	03:00,60	03:00,26	06:32,71
46	00:40,11	01:19,75	02:39,25	05:29,05	11:24,54	22:46,20	00:48,58	01:36,23	03:04,77	00:51,75	01:41,54	03:41,67	00:43,70	01:27,97	03:00,99	03:00,64	06:33,56
45	00:40,25	01:19,98	02:39,60	05:29,78	11:26,05	22:49,22	00:48,75	01:36,51	03:05,18	00:51,93	01:41,83	03:42,16	00:43,85	01:28,22	03:01,38	03:01,04	06:34,42
44	00:40,40	01:20,22	02:39,96	05:30,52	11:27,60	22:52,31	00:48,92	01:36,79	03:05,60	00:52,11	01:42,14	03:42,66	00:44,01	01:28,49	03:01,79	03:01,45	06:35,31

FFSA Table Cotation Para Natation Adaptée 2026 - Messieurs

Points	50 NL DE	100 NL DE	200 NL DE	400 NL DE	800 NL DE	1500 NL DE	50 DOS DE	100 DOS DE	200 DOS DE	50 Bra DE	100 Bra DE	200 Bra DE	50 PAP DE	100 PAP DE	200 PAP DE	200 4N DE	400 4N DE
43	00:40,54	01:20,47	02:40,33	05:31,28	11:29,19	22:55,48	00:49,10	01:37,09	03:06,03	00:52,30	01:42,45	03:43,17	00:44,17	01:28,76	03:02,21	03:01,87	06:36,23
42	00:40,69	01:20,72	02:40,71	05:32,07	11:30,81	22:58,73	00:49,29	01:37,39	03:06,47	00:52,50	01:42,77	03:43,70	00:44,34	01:29,03	03:02,64	03:02,30	06:37,16
41	00:40,85	01:20,98	02:41,10	05:32,87	11:32,49	23:02,07	00:49,48	01:37,71	03:06,92	00:52,70	01:43,10	03:44,24	00:44,51	01:29,32	03:03,09	03:02,74	06:38,13
40	00:41,01	01:21,24	02:41,50	05:33,70	11:34,21	23:05,50	00:49,67	01:38,03	03:07,38	00:52,91	01:43,44	03:44,80	00:44,68	01:29,61	03:03,54	03:03,20	06:39,11
39	00:41,18	01:21,52	02:41,91	05:34,55	11:35,97	23:09,02	00:49,87	01:38,36	03:07,86	00:53,12	01:43,78	03:45,37	00:44,86	01:29,91	03:04,01	03:03,66	06:40,13
38	00:41,35	01:21,80	02:42,33	05:35,42	11:37,79	23:12,65	00:50,08	01:38,70	03:08,35	00:53,34	01:44,14	03:45,96	00:45,05	01:30,22	03:04,49	03:04,14	06:41,17
37	00:41,52	01:22,09	02:42,76	05:36,32	11:39,66	23:16,38	00:50,29	01:39,04	03:08,85	00:53,57	01:44,51	03:46,56	00:45,24	01:30,54	03:04,98	03:04,63	06:42,25
36	00:41,71	01:22,39	02:43,21	05:37,24	11:41,58	23:20,22	00:50,51	01:39,41	03:09,37	00:53,80	01:44,89	03:47,19	00:45,44	01:30,87	03:05,49	03:05,14	06:43,36
35	00:41,89	01:22,70	02:43,67	05:38,20	11:43,57	23:24,18	00:50,74	01:39,78	03:09,91	00:54,04	01:45,28	03:47,83	00:45,64	01:31,21	03:06,02	03:05,67	06:44,50
34	00:42,09	01:23,01	02:44,15	05:39,18	11:45,62	23:28,28	00:50,97	01:40,16	03:10,46	00:54,29	01:45,69	03:48,50	00:45,85	01:31,56	03:06,56	03:06,21	06:45,68
33	00:42,29	01:23,34	02:44,64	05:40,20	11:47,74	23:32,50	00:51,21	01:40,56	03:11,03	00:54,55	01:46,11	03:49,18	00:46,07	01:31,93	03:07,12	03:06,77	06:46,89
32	00:42,49	01:23,68	02:45,15	05:41,25	11:49,92	23:36,87	00:51,47	01:40,97	03:11,62	00:54,82	01:46,54	03:49,89	00:46,30	01:32,30	03:07,70	03:07,34	06:48,15
31	00:42,71	01:24,04	02:45,68	05:42,34	11:52,19	23:41,39	00:51,73	01:41,40	03:12,24	00:55,10	01:46,99	03:50,62	00:46,53	01:32,69	03:08,30	03:07,94	06:49,45
30	00:42,93	01:24,40	02:46,23	05:43,47	11:54,54	23:46,07	00:52,00	01:41,84	03:12,87	00:55,39	01:47,46	03:51,38	00:46,77	01:33,10	03:08,92	03:08,56	06:50,80
29	00:43,16	01:24,78	02:46,79	05:44,64	11:56,97	23:50,93	00:52,28	01:42,30	03:13,53	00:55,68	01:47,94	03:52,17	00:47,03	01:33,52	03:09,56	03:09,20	06:52,20
28	00:43,41	01:25,18	02:47,38	05:45,86	11:59,50	23:55,98	00:52,57	01:42,78	03:14,21	00:56,00	01:48,45	03:52,99	00:47,29	01:33,95	03:10,23	03:09,87	06:53,66
27	00:43,66	01:25,59	02:47,99	05:47,12	12:02,13	24:01,23	00:52,88	01:43,27	03:14,92	00:56,32	01:48,97	03:53,84	00:47,56	01:34,41	03:10,92	03:10,57	06:55,17
26	00:43,92	01:26,02	02:48,63	05:48,44	12:04,87	24:06,70	00:53,19	01:43,79	03:15,66	00:56,66	01:49,52	03:54,73	00:47,85	01:34,88	03:11,65	03:11,29	06:56,74
25	00:44,20	01:26,47	02:49,30	05:49,81	12:07,73	24:12,40	00:53,53	01:44,33	03:16,43	00:57,01	01:50,09	03:55,66	00:48,15	01:35,38	03:12,40	03:12,04	06:58,39
24	00:44,48	01:26,94	02:49,99	05:51,25	12:10,72	24:18,37	00:53,88	01:44,90	03:17,24	00:57,39	01:50,69	03:56,62	00:48,46	01:35,89	03:13,19	03:12,83	07:00,10
23	00:44,79	01:27,43	02:50,72	05:52,75	12:13,84	24:24,61	00:54,24	01:45,49	03:18,08	00:57,78	01:51,31	03:57,64	00:48,79	01:36,44	03:14,02	03:13,66	07:01,90
22	00:45,10	01:27,95	02:51,48	05:54,33	12:17,12	24:31,15	00:54,63	01:46,12	03:18,97	00:58,19	01:51,97	03:58,70	00:49,14	01:37,01	03:14,89	03:14,52	07:03,79
21	00:45,44	01:28,49	02:52,28	05:55,99	12:20,57	24:38,04	00:55,03	01:46,77	03:19,90	00:58,62	01:52,67	03:59,81	00:49,50	01:37,61	03:15,80	03:15,43	07:05,77
20	00:45,79	01:29,07	02:53,13	05:57,73	12:24,21	24:45,29	00:55,46	01:47,47	03:20,88	00:59,07	01:53,40	04:00,99	00:49,89	01:38,24	03:16,76	03:16,39	07:07,86
19	00:46,17	01:29,68	02:54,02	05:59,58	12:28,05	24:52,96	00:55,91	01:48,20	03:21,91	00:59,56	01:54,17	04:02,23	00:50,30	01:38,91	03:17,78	03:17,40	07:10,07
18	00:46,57	01:30,32	02:54,97	06:01,54	12:32,12	25:01,08	00:56,40	01:48,98	03:23,01	01:00,07	01:54,99	04:03,55	00:50,73	01:39,62	03:18,85	03:18,48	07:12,41
17	00:46,99	01:31,01	02:55,98	06:03,61	12:36,44	25:09,71	00:56,91	01:49,81	03:24,18	01:00,62	01:55,87	04:04,95	00:51,20	01:40,38	03:20,00	03:19,62	07:14,90
16	00:47,45	01:31,74	02:57,05	06:05,83	12:41,06	25:18,92	00:57,46	01:50,69	03:25,43	01:01,21	01:56,80	04:06,45	00:51,69	01:41,19	03:21,22	03:20,84	07:17,55
15	00:47,94	01:32,53	02:58,20	06:08,21	12:46,00	25:28,79	00:58,06	01:51,65	03:26,76	01:01,84	01:57,81	04:08,05	00:52,23	01:42,06	03:22,52	03:22,14	07:20,39
14	00:48,46	01:33,38	02:59,44	06:10,77	12:51,33	25:39,41	00:58,70	01:52,67	03:28,20	01:02,52	01:58,89	04:09,77	00:52,80	01:43,00	03:23,93	03:23,55	07:23,45
13	00:49,04	01:34,31	03:00,78	06:13,54	12:57,08	25:50,90	00:59,39	01:53,79	03:29,75	01:03,26	02:00,07	04:11,64	00:53,43	01:44,02	03:25,45	03:25,07	07:26,76
12	00:49,67	01:35,31	03:02,23	06:16,55	13:03,35	26:03,41	01:00,15	01:55,00	03:31,44	01:04,07	02:01,35	04:13,67	00:54,11	01:45,13	03:27,11	03:26,72	07:30,36
11	00:50,36	01:36,42	03:03,83	06:19,85	13:10,22	26:17,12	01:00,99	01:56,34	03:33,30	01:04,97	02:02,76	04:15,89	00:54,87	01:46,35	03:28,93	03:28,53	07:34,31
10	00:51,13	01:37,65	03:05,60	06:23,50	13:17,81	26:32,27	01:01,92	01:57,82	03:35,35	01:05,96	02:04,32	04:18,35	00:55,70	01:47,70	03:30,93	03:30,54	07:38,68
9	00:51,99	01:39,02	03:07,57	06:27,58	13:26,29	26:49,20	01:02,97	01:59,47	03:37,64	01:07,07	02:06,07	04:21,10	00:56,65	01:49,22	03:33,18	03:32,77	07:43,55
8	00:52,98	01:40,58	03:09,80	06:32,18	13:35,88	27:08,33	01:04,16	02:01,35	03:40,22	01:08,34	02:08,05	04:24,20	00:57,72	01:50,94	03:35,71	03:35,30	07:49,07
7	00:54,11	01:42,38	03:12,36	06:37,47	13:46,88	27:30,29	01:05,54	02:03,52	03:43,19	01:09,81	02:10,34	04:27,76	00:58,96	01:52,92	03:38,62	03:38,21	07:55,39
6	00:55,46	01:44,49	03:15,36	06:43,67	13:59,77	27:56,02	01:07,16	02:06,08	03:46,67	01:11,54	02:13,03	04:31,94	01:00,42	01:55,25	03:42,03	03:41,61	08:02,80
5	00:57,09	01:47,05	03:18,97	06:51,12	14:15,28	28:26,96	01:09,14	02:09,16	03:50,86	01:13,65	02:16,29	04:36,96	01:02,20	01:58,07	03:46,13	03:45,70	08:11,72
4	00:59,15	01:50,26	03:23,47	07:00,43	14:34,64	29:05,62	01:11,64	02:13,04	03:56,09	01:16,31	02:20,38	04:43,23	01:04,44	02:01,62	03:51,25	03:50,81	08:22,85
3	01:01,92	01:54,55	03:29,43	07:12,75	15:00,26	29:56,74	01:14,99	02:18,22	04:03,00	01:19,88	02:25,84	04:51,52	01:07,46	02:06,35	03:58,02	03:57,57	08:37,58
2	01:06,04	02:00,88	03:38,13	07:30,72	15:37,64	31:11,35	01:19,99	02:25,85	04:13,09	01:25,20	02:33,90	05:03,63	01:11,95	02:13,33	04:07,90	04:07,44	08:59,07
1	01:13,74	02:12,52	03:53,84	08:03,18	16:45,18	33:26,14	01:29,31	02:39,90	04:31,32	01:35,13	02:48,72	05:25,50	01:20,34	02:26,17	04:25,76	04:25,26	09:37,90